

Biegaj w Siechnicach 2015

WYNIKI ZAWODÓW

Open

Organizator: Stowarzyszenie Pro-Run Wrocław

Termin: 23.05.2015

Miejsce: Siechnice

Dystans: 10 km

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Netto	[min/km]
Open KATEGORIA:K60										
1	549	ŁABUZ Ewa	WROCLAW		POL	55	K60/1 (K)67	00:56:50	00:56:44	05.40
2	241	SRZEDNICKA Jolanta	WROCLAW		POL	49	K60/2 (K)95	01:01:41	01:01:09	06.06
Open KATEGORIA:K50										
1	460	KOWALSKA Krystyna	WROCLAW		POL	56	K50/1 (K)27	00:48:46	00:48:40	04.52
2	585	POPRAWSKA Beata	WROCLAW		POL	62	K50/2 (K)78	00:58:32	00:58:07	05.48
3	367	STROJWAŚ Anna	WROCLAW		POL	57	K50/3 (K)102	01:04:34	01:04:12	06.25
4	519	DURAWA Ewa	ŻÓRAWINA		POL	60	K50/4 (K)110	01:07:10	01:06:47	06.40
Open KATEGORIA:K40										
1	323	KROWICKA Dorota	WROCLAW		POL	69	K40/1 (K)6	00:44:04	00:43:59	04.23
2	486	FOJTAR Dorota	KRZEPTÓW		POL	75	K40/2 (K)18	00:46:56	00:46:48	04.40
3	165	ZIELIŃSKA Mirona	WROCLAW		POL	75	K40/3 (K)35	00:50:47	00:50:31	05.03
4	183	KOSSAKOWSKA Katarzyna	WARSZAWA		POL	74	K40/4 (K)38	00:51:34	00:51:10	05.07
5	320	DUDEK Emilia	NYSA		POL	72	K40/5 (K)45	00:53:29	00:53:03	05.18
6	262	MARCINKIEWICZ Marta	WROCLAW		POL	69	K40/6 (K)54	00:54:57	00:54:31	05.27
7	136	KOŁODZIEJCZYK Agnieszka	WROCLAW		POL	75	K40/7 (K)66	00:56:39	00:56:12	05.37
8	59	GRYGIEL Agnieszka	WROCLAW		POL	71	K40/8 (K)80	00:58:39	00:58:25	05.50
9	464	SIKORA Agnieszka	KARWIANY		POL	72	K40/9 (K)81	00:58:40	00:58:12	05.49
10	417	HECHNER Agata	WROCLAW		POL	70	K40/10 (K)85	00:59:31	00:59:26	05.56
11	236	JASICZAK Aleksandra	BELCHATÓW		POL	72	K40/11 (K)87	00:59:44	00:59:18	05.55
12	439	KLIMEK Justyna	SMOLEC		POL	73	K40/12 (K)96	01:01:56	01:01:46	06.10
13	482	GRODZKA Anna	WROCLAW		POL	69	K40/13 (K)103	01:04:44	01:04:11	06.25
14	230	LISIEWICZ-KALETA Agata	WROCLAW		POL	72	K40/14 (K)105	01:04:57	01:04:33	06.27
15	121	KACZMAREK-STEC Jolanta	OLAWA		POL	74	K40/15 (K)113	01:08:36	01:08:20	06.50
16	410	BULKOWSKA Elzbieta	BIERUTÓW		POL	68	K40/16 (K)114	01:08:37	01:08:08	06.48
17	467	STONCEL-LEBIEDŹ Katarzyna	SIECHNICE		POL	74	K40/17 (K)126	01:25:19	01:24:44	08.28
Open KATEGORIA:K30										
1	144	WIĘCEK Anna	WROCLAW		POL	80	K30/1 (K)2	00:41:26	00:41:22	04.08
2	600	TEKIELI Agata	WROCLAW		POL	84	K30/2 (K)3	00:41:58	00:41:55	04.11
3	18	PAWLUS Violetta	SIECHNICE		POL	78	K30/3 (K)4	00:42:57	00:42:48	04.16
4	31	ŻELAZOWSKA Ola	WROCLAW		POL	85	K30/4 (K)7	00:44:23	00:44:14	04.25
5	490	KOLANKO Sylwia	NYSA		POL	84	K30/5 (K)8	00:44:48	00:44:44	04.28
6	469	ŁOWICKA Magdalena	WROCLAW		POL	85	K30/6 (K)11	00:45:36	00:45:21	04.32
7	308	KOMOROWSKA Kamila	WROCLAW		POL	80	K30/7 (K)13	00:45:51	00:45:49	04.34
8	261	STECZKOWSKA Anna	OLAWA		POL	82	K30/8 (K)14	00:46:04	00:45:57	04.35
9	63	GOCHA Monika	WROCLAW		POL	76	K30/9 (K)16	00:46:23	00:45:56	04.35
10	164	KRYM Katarzyna	SMOLEC		POL	77	K30/10 (K)17	00:46:42	00:46:26	04.38
11	38	JANKOWICZ Agnieszka	WALBRZYCH		POL	81	K30/11 (K)23	00:48:18	00:47:49	04.46
12	291	ŚWIĘTEK-OZDOBA Sylwia	SIECHNICE		POL	77	K30/12 (K)25	00:48:37	00:48:28	04.50
13	338	DULEBA Marzanna	WROCLAW		POL	77	K30/13 (K)26	00:48:40	00:48:30	04.51
14	176	KLUZ Adrianna	WROCLAW		POL	83	K30/14 (K)28	00:49:00	00:48:35	04.51
15	358	ANDRZEJAK Kamila	WROCLAW		POL	84	K30/15 (K)30	00:49:27	00:49:07	04.54
16	510	ŻABICKA Katarzyna	WROCLAW		POL	84	K30/16 (K)34	00:50:27	00:49:58	04.59
17	269	SZCZEPANSKA Barbara	WROCLAW		POL	82	K30/17 (K)37	00:51:24	00:51:13	05.07
18	577	PRZEŹDZIECKA	WROCLAW		POL	78	K30/18 (K)39	00:51:48	00:51:30	05.09
19	110	ŁADOŃSKA Katarzyna	WROCLAW		POL	82	K30/19 (K)41	00:52:22	00:51:53	05.11

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Netto	[min/km]
20	292	DĄBROWSKA Ewelina	WROCLAW	POL		76	K30/20 (K)43	00:52:51	00:52:50	05.17
21	443	ZAWADZKA Monika	SIECHNICE	POL		85	K30/21 (K)47	00:53:56	00:53:25	05.20
22	449	PRUSAK Anna	WROCLAW	POL		81	K30/22 (K)48	00:54:02	00:53:27	05.20
23	576	KUSZNIR Olga	WROCLAW	POL		78	K30/23 (K)49	00:54:15	00:54:05	05.24
24	428	JAROSŁAWSKA Dorota	OLAWA	POL		77	K30/24 (K)50	00:54:38	00:54:11	05.25
25	452	SZLUFIK Marta	WROCLAW	POL		85	K30/25 (K)51	00:54:40	00:54:15	05.25
26	398	BANACH Joanna	WROCLAW	POL		82	K30/26 (K)52	00:54:52	00:54:22	05.26
27	70	KORDEL Joanna	WROCLAW	POL		80	K30/27 (K)53	00:54:56	00:54:25	05.26
28	361	MAZURCZAK Ewa	KIELCZÓWEK	POL		77	K30/28 (K)57	00:55:21	00:54:56	05.29
29	345	BISKUP Agnieszka	WROCLAW	POL		84	K30/29 (K)58	00:55:53	00:55:22	05.32
30	294	TRONINA Adriana	WROCLAW	POL		82	K30/30 (K)59	00:55:56	00:55:31	05.33
31	497	MULARCZYK Malgorzata	ZARY	POL		84	K30/31 (K)60	00:56:13	00:55:51	05.35
32	117	JAGIEŁŁO-KOLAWA Katarzyna	WROCLAW	POL		77	K30/32 (K)62	00:56:18	00:55:52	05.35
33	180	ALFAWICKA Marta	OLAWA	POL		81	K30/33 (K)63	00:56:22	00:56:16	05.37
34	326	KULPA Dorota	NYSA	POL		78	K30/34 (K)68	00:56:54	00:56:35	05.39
35	525	NIEPIEKŁO Aleksandra	GROBLICE	POL		81	K30/35 (K)69	00:56:55	00:56:29	05.38
36	481	GAWLIK Joanna	WROCLAW	POL		85	K30/36 (K)71	00:57:03	00:56:40	05.40
37	352	PASZKOWSKA Joanna	WROCLAW	POL		76	K30/37 (K)72	00:57:05	00:56:29	05.38
38	298	ZENDWALEWICZ Ewa	MIŁOSZYCE	POL		82	K30/38 (K)73	00:57:17	00:57:08	05.42
39	546	ŚCISŁOWSKA Katarzyna	JAWORZYNA ŚLĄSKA	POL		80	K30/39 (K)74	00:57:24	00:56:59	05.41
40	586	PRZYMEL Joanna	ŚW. KATARZYNA	POL		81	K30/40 (K)75	00:57:51	00:57:36	05.45
41	71	KORDEL Malgorzata	WROCLAW	POL		82	K30/41 (K)76	00:57:57	00:57:26	05.44
42	479	JANICKA Aneta	WROCLAW	POL		76	K30/42 (K)77	00:58:13	00:57:54	05.47
43	83	GÓRECKA Anna	WROCLAW	POL		82	K30/43 (K)82	00:59:15	00:58:47	05.52
44	435	SKOWRONEK Katarzyna	WROCLAW	POL		81	K30/44 (K)84	00:59:20	00:58:43	05.52
45	450	KRAJEWSKA Magdalena	WROCLAW	POL		76	K30/45 (K)86	00:59:36	00:59:02	05.54
46	218	STASZEK-SZEWCZYK Urszula	TYNYEC MAŁY	POL		77	K30/46 (K)88	00:59:46	00:59:11	05.55
47	426	WATRAS Aleksandra	SIECHNICE	POL		78	K30/47 (K)89	00:59:46	00:59:26	05.56
48	234	SWOBODA Anna	WROCLAW	POL		80	K30/48 (K)93	01:01:12	01:00:46	06.04
49	296	CHOMIAK Anna	JELCZ-LASKOWICE	POL		78	K30/49 (K)94	01:01:19	01:01:10	06.07
50	109	ŚWIĄTKOWSKA Ewelina	WROCLAW	POL		79	K30/50 (K)99	01:02:45	01:02:29	06.14
51	11	ŁAKOTA Izabela	SIECHNICE	POL		78	K30/51 (K)100	01:02:59	01:02:31	06.15
52	35	TOMASZ Magdalena	WROCLAW	POL		83	K30/52 (K)101	01:04:11	01:03:47	06.22
53	524	ZIELIŃSKA Joanna	KIELCZÓW	POL		80	K30/53 (K)104	01:04:44	01:04:11	06.25
54	61	NAJDUCH Joanna	WROCLAW	POL		77	K30/54 (K)106	01:05:03	01:04:40	06.28
55	114	PRUKOP Agata	ZAWONIA	POL		78	K30/55 (K)108	01:06:12	01:05:35	06.33
56	506	GALEK Agnieszka	WROCLAW	POL		76	K30/56 (K)109	01:06:46	01:06:12	06.37
57	91	KUKUŁA Ewa	WROCLAW	POL		79	K30/57 (K)111	01:08:22	01:07:51	06.47
58	346	PAŚNIK Justyna	WROCLAW	POL		79	K30/58 (K)112	01:08:31	01:07:56	06.47
59	371	SANDRYK Anna	OLAWA	POL		78	K30/59 (K)116	01:08:58	01:08:36	06.51
60	495	WRONA Joanna	WROCLAW	POL		79	K30/60 (K)117	01:09:21	01:08:47	06.52
61	350	RASZEWSKA Agata	WROCLAW	POL		79	K30/61 (K)119	01:11:16	01:11:00	07.06
62	337	DRABOWICZ-BURY Agnieszka	WROCLAW	POL		84	K30/62 (K)122	01:12:46	01:12:29	07.14
63	73	LUDKA Aleksandra	MARCINKOWICE	POL		76	K30/63 (K)123	01:14:25	01:14:18	07.25

Open KATEGORIA:K20

1	569	JĘDRZEJEWSKA Aleksandra	WROCLAW	POL		91	K20/1 (K)1	00:40:46	00:40:43	04.04
2	509	ROZUMKIEWICZ Sonia	ŚWIDNICA	POL		90	K20/2 (K)5	00:43:01	00:43:00	04.18
3	423	LATOSEK Angelika	WIELOGÓRA	POL		93	K20/3 (K)9	00:45:30	00:45:24	04.32
4	535	JELEŃ Klaudia	RZECZYCA	POL		91	K20/4 (K)10	00:45:31	00:45:24	04.32
5	301	MIKOŁAJEK Malgorzata	WROCLAW	POL		86	K20/5 (K)12	00:45:45	00:45:33	04.33
6	105	LEWICKA Justyna	WROCLAW	POL		88	K20/6 (K)15	00:46:10	00:45:52	04.35
7	552	SMOLAREK Bogumiła	WROCLAW	POL		88	K20/7 (K)20	00:47:05	00:46:55	04.41
8	511	WALCZAK Paulina	ŚWIDNICA	POL		88	K20/8 (K)21	00:47:37	00:47:29	04.44
9	408	JURASIK Magda	WROCLAW	POL		90	K20/9 (K)22	00:47:38	00:47:33	04.45
10	244	SMALIRA Beata	GLUCHOŁAZY	POL		90	K20/10 (K)29	00:49:01	00:48:47	04.52
11	174	SAP Patrycja	GLIWICE	POL		90	K20/11 (K)31	00:49:38	00:49:26	04.56
12	507	KAWULAK Edyta	JELCZ-LASKOWICE	POL		88	K20/12 (K)32	00:49:53	00:49:51	04.59
13	559	ADAMSKA Aleksandra	WROCLAW	POL		90	K20/13 (K)33	00:50:25	00:50:12	05.01

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Netto	[min/km]
14	267	SEKUŁA Martyna	LEGNICA	POL		90	K20/14 (K)36	00:51:07	00:50:38	05.03
15	228	STAROŃ Antonina	BRZEG	POL		86	K20/15 (K)40	00:51:57	00:51:49	05.10
16	539	WLAŻŁAK Agnieszka	WROCLAW	POL		92	K20/16 (K)42	00:52:46	00:52:15	05.13
17	303	DUDEK Paulina	ŚWIĘTA KATARZYNA	POL		86	K20/17 (K)44	00:52:59	00:52:51	05.17
18	133	TRZANIEC Joanna	GŁOGÓW	POL		93	K20/18 (K)46	00:53:37	00:53:03	05.18
19	36	SUCHECKA Lucyna	OPOLE	POL		86	K20/19 (K)55	00:55:02	00:54:46	05.28
20	88	MACIEJEWSKA Katarzyna	WROCLAW	POL		88	K20/20 (K)56	00:55:08	00:54:52	05.29
21	311	FULAWKA Marta	WROCLAW	POL		86	K20/21 (K)61	00:56:16	00:55:50	05.35
22	140	GENEJA Julia	KAMIENIEC	POL		92	K20/22 (K)64	00:56:35	00:56:01	05.36
23	206	AGNIESZKA Surdyka	WROCLAW	POL		88	K20/23 (K)65	00:56:36	00:56:15	05.37
24	147	PIĘTAK Ewelina	WROCLAW	POL		92	K20/24 (K)70	00:57:00	00:56:46	05.40
25	421	KOZAK Monika	KAMIEŃ	POL		92	K20/25 (K)79	00:58:35	00:58:20	05.50
26	400	GAWDA Monika	WROCLAW	POL		86	K20/26 (K)83	00:59:20	00:58:47	05.52
27	514	HEWCZUK Katarzyna	WROCLAW	POL		86	K20/27 (K)90	00:59:47	00:59:33	05.57
28	455	ŻUREK Joanna	WROCLAW	POL		93	K20/28 (K)91	01:00:31	01:00:03	06.00
29	286	PUCHALSKA Barbara	WROCLAW	POL		87	K20/29 (K)92	01:00:42	01:00:27	06.02
30	462	KOWALSKA Agnieszka	WROCLAW	POL		90	K20/30 (K)97	01:02:01	01:01:52	06.11
31	275	NIEUŻYŁA Katarzyna	WROCLAW	POL		88	K20/31 (K)98	01:02:43	01:02:30	06.15
32	158	PRUKOP Iwona	WROCLAW	POL		94	K20/32 (K)107	01:06:11	01:05:34	06.33
33	297	DYRAS Marta	JELCZ-LASKOWICE	POL		89	K20/33 (K)115	01:08:54	01:08:53	06.53
34	543	MACIEJCZAK Mariola	WROCLAW	POL		87	K20/34 (K)118	01:10:27	01:10:10	07.01
35	356	NAJSAREK Aleksandra	WROCLAW	POL		90	K20/35 (K)120	01:11:24	01:10:49	07.04
36	188	BANDYK Małgorzata	WROCLAW	POL		87	K20/36 (K)121	01:11:38	01:11:20	07.08
37	187	PIETRUSIEWICZ Magdalena	WROCLAW	POL		87	K20/37 (K)124	01:16:04	01:15:46	07.34
38	475	CIERKOSZ Sylwia	WROCLAW	POL		88	K20/38 (K)125	01:16:27	01:15:55	07.35

Open KATEGORIA:M16

1	142	MICHALAK Daniel	OLAWA	POL		99	M16/1 (M)22	00:40:24	00:40:21	04.02
2	431	TRZCIŃSKI Mirosław	SULIMÓW	POL		96	M16/2 (M)206	00:50:53	00:50:38	05.03

Open KATEGORIA:M60

1	380	JENDRASZAK Zdzisław	JELCZ-LASKOWICE	POL		53	M60/1 (M)90	00:44:42	00:44:42	04.28
2	108	CHOJNACKI Ryszard	WROCLAW	POL		47	M60/2 (M)149	00:48:02	00:47:47	04.46
3	516	BARABASZ Jerzy	WROCLAW	POL		50	M60/3 (M)160	00:48:34	00:48:24	04.50
4	159	TOM Andrzej	WROCLAW	POL		52	M60/4 (M)165	00:48:43	00:48:19	04.49
5	131	WANAT Wacław	WROCLAW	POL		46	M60/5 (M)213	00:51:22	00:51:04	05.06
6	572	KOWALCZYK Tadeusz	BOROWA	POL		55	M60/6 (M)226	00:52:19	00:51:57	05.11
7	493	GONERA Kazimierz	MIŁOSZYCE	POL		55	M60/7 (M)247	00:53:55	00:53:22	05.20
8	160	KACIŁOWICZ Jacek	OPOLE	POL		53	M60/8 (M)259	00:55:03	00:54:25	05.26
9	420	RUDNO-RUDZIŃSKI Krzysztof	WROCLAW	POL		49	M60/9 (M)267	00:55:59	00:55:34	05.33
10	463	KAWOŃ Andrzej	NAMYSŁÓW	POL		54	M60/10 (M)269	00:56:11	00:55:55	05.35
11	285	PRZYBYLSKI Jan	ŻARÓW	POL		55	M60/11 (M)284	00:58:08	00:57:38	05.45
12	503	WIERZEJSKI Henryk	WROCLAW	POL		54	M60/12 (M)305	01:08:39	01:08:07	06.48

Open KATEGORIA:M50

1	404	RYBA Jan	WROCLAW	POL		62	M50/1 (M)50	00:41:55	00:41:52	04.11
2	255	ŻUKOWSKI Marian	KWIATKOWICE	POL		62	M50/2 (M)53	00:41:56	00:41:46	04.10
3	128	WOJDANOWSKI Jan	JELCZ-LASKOWICE	POL		62	M50/3 (M)54	00:42:00	00:41:56	04.11
4	461	ŁACIŃSKI Bogusław	BRZEG	POL		61	M50/4 (M)57	00:42:23	00:42:14	04.13
5	153	STRZELCZAK Henryk	NOWA RUDA	POL		58	M50/5 (M)63	00:42:39	00:42:38	04.15
6	331	ŁOKIETKO Kazimierz	WABIENICE	POL		62	M50/6 (M)94	00:44:55	00:44:53	04.29
7	333	MAREK Romuald	WROCLAW	POL		59	M50/7 (M)107	00:45:29	00:45:25	04.32
8	593	JANIK Bogusław	NYSA	POL		62	M50/8 (M)117	00:45:55	00:45:42	04.34
9	369	ŁUKASIK Leszek	OLAWA	POL		59	M50/9 (M)137	00:46:58	00:46:47	04.40
10	388	NOWAKOWSKI Wiesław	WROCLAW	POL		64	M50/10 (M)138	00:47:06	00:46:48	04.40
11	578	JACH Paweł	WROCLAW	POL		64	M50/11 (M)145	00:47:47	00:47:07	04.42
12	485	NORKOWSKI Grzegorz	WROCLAW	POL		62	M50/12 (M)152	00:48:12	00:48:04	04.48
13	193	WAŁEK Jarosław	JELCZ-LASKOWICE	POL		65	M50/13 (M)154	00:48:15	00:47:53	04.47
14	4	OSTROPOLSKI Henryk	DZIERŻONIÓW	POL		57	M50/14 (M)167	00:48:51	00:48:47	04.52
15	154	FABJAŃSKI Augustyn	WROCLAW	POL		57	M50/15 (M)174	00:49:14	00:48:56	04.53

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Netto	[min/km]
16	584	STROMCZAK Krzysztof	WROCLAW	POL		64	M50/16 (M)217	00:51:48	00:51:31	05.09
17	433	WASILEWSKI Adam	WROCLAW	POL		65	M50/17 (M)222	00:52:11	00:51:49	05.10
18	401	ŁABUZ Marek	WROCLAW	POL		56	M50/18 (M)225	00:52:15	00:52:09	05.12
19	122	SZAŁAJKO Jerzy	WROCLAW	POL		62	M50/19 (M)231	00:52:43	00:52:24	05.14
20	111	ŁADOŃSKI Ryszard	WROCLAW	POL		57	M50/20 (M)238	00:53:17	00:52:48	05.16
21	146	SOKULSKI Bogdan	WROCLAW	POL		63	M50/21 (M)248	00:54:01	00:53:25	05.20
22	20	PIENIAŻEK Waldemar	RADWANICE	POL		63	M50/22 (M)264	00:55:51	00:55:23	05.32

Open KATEGORIA:M40

1	411	SPALIŃSKI Piotr	OLAWA	POL		68	M40/1 (M)4	00:37:33	00:37:33	03.45
2	386	WIŚNIEWSKI Sławomir	WROCLAW	POL		73	M40/2 (M)13	00:39:22	00:39:18	03.55
3	390	ZIENIEWICZ Wojciech	WROCLAW	POL		75	M40/3 (M)15	00:39:35	00:39:34	03.57
4	325	MIELECKI Radosław	WROCLAW	POL		75	M40/4 (M)21	00:40:23	00:40:19	04.01
5	484	KUCZMA Jakub	WROCLAW	POL		74	M40/5 (M)31	00:40:59	00:40:49	04.04
6	409	PIOTROWSKI Marek	OLEŚNICA	POL		75	M40/6 (M)34	00:41:02	00:41:00	04.06
7	30	RYGIEL Krzysztof	KAMIENIEC	POL		74	M40/7 (M)37	00:41:20	00:41:18	04.07
8	68	GŁOWACKI Tomasz	SIECHNICE	POL		75	M40/8 (M)38	00:41:23	00:41:17	04.07
9	49	KOWNACKI Jacek	WROCLAW	POL		72	M40/9 (M)41	00:41:38	00:41:35	04.09
10	488	JAKOBSZE Wojciech	MARCINKOWICE	POL		74	M40/10 (M)43	00:41:40	00:41:36	04.09
11	302	LIPNICKI Tomasz	WROCLAW	POL		70	M40/11 (M)45	00:41:43	00:41:38	04.09
12	148	RADECKI Jakub	WROCLAW	POL		75	M40/12 (M)49	00:41:54	00:41:49	04.10
13	249	CHMURA Tomasz	WROCLAW	POL		68	M40/13 (M)59	00:42:27	00:42:23	04.14
14	557	SZCZĘŚNIK Jerzy	WROCLAW	POL		68	M40/14 (M)71	00:43:23	00:43:20	04.20
15	349	CIECIELĄG Jarosław	NYSA	POL		68	M40/15 (M)77	00:43:44	00:43:30	04.21
16	98	SKWAREK Stanisław	KĄTY WROCLAWSKIE	POL		72	M40/16 (M)87	00:44:34	00:44:28	04.26
17	57	HARMAZY Sebastian	WROCLAW	POL		74	M40/17 (M)88	00:44:36	00:44:15	04.25
18	317	BORKOWSKI Maciej	MIŁOSZYCE	POL		75	M40/18 (M)89	00:44:38	00:44:22	04.26
19	397	BRONOWICKI Jarosław	JAKUBKOWICE	POL		72	M40/19 (M)97	00:45:00	00:44:46	04.28
20	112	WENCEL Andrzej	RADWANICE	POL		75	M40/20 (M)100	00:45:16	00:45:05	04.30
21	37	JAMROZIŃSKI Michał	WROCLAW	POL		74	M40/21 (M)102	00:45:18	00:45:04	04.30
22	575	KRAUZE Tomasz adam	WROCLAW	POL		67	M40/22 (M)108	00:45:36	00:45:22	04.32
23	141	MICHALAK Mariusz	OLAWA	POL		73	M40/23 (M)118	00:46:05	00:45:58	04.35
24	27	KUCHAREWICZ Przemysław	SIECHNICE	POL		74	M40/24 (M)119	00:46:06	00:46:01	04.36
25	39	DEPCZYŃSKI Wojciech	SIECHNICE	POL		72	M40/25 (M)128	00:46:35	00:46:13	04.37
26	570	SYPEREK Marcin	WROCLAW	POL		74	M40/26 (M)129	00:46:35	00:46:19	04.37
27	456	GŁĘBOCKI Piotr	SIECHNICE	POL		74	M40/27 (M)131	00:46:42	00:46:23	04.38
28	60	KOIS Robert	WROCLAW	POL		73	M40/28 (M)132	00:46:47	00:46:28	04.38
29	438	WÓJCİK Adrian	WROCLAW	POL		74	M40/29 (M)133	00:46:50	00:46:29	04.38
30	558	KOŁODZIEJ Waldemar	GÓRKI	POL		71	M40/30 (M)134	00:46:53	00:46:27	04.38
31	579	ANDRZEJAK Dariusz		POL		67	M40/31 (M)142	00:47:20	00:47:16	04.43
32	226	DĄBROWSKI Roman	WROCLAW	POL		70	M40/32 (M)151	00:48:12	00:48:08	04.48
33	95	BASIŃSKI Krzysztof	OLAWA	POL		74	M40/33 (M)161	00:48:34	00:48:05	04.48
34	565	LASKOWSKI Jarosław		POL		74	M40/34 (M)162	00:48:39	00:48:39	04.51
35	9	TABAKA Andrzej	WROCLAW	POL		72	M40/35 (M)164	00:48:42	00:48:17	04.49
36	366	ALEKSANDROWICZ Krzysztof	CHRZAŚTAWA WIELKA	POL		66	M40/36 (M)178	00:49:23	00:49:14	04.55
37	508	ORŁOWSKI Wojciech	ŚWIDNICA	POL		75	M40/37 (M)179	00:49:24	00:49:08	04.54
38	406	KOZIOŁ Bogusław	WAŁBRZYCH	POL		73	M40/38 (M)182	00:49:27	00:49:07	04.54
39	202	SEBZDA Dariusz	SIECHNICE	POL		70	M40/39 (M)185	00:49:37	00:49:35	04.57
40	33	BUDZIAK Piotr	GROBLICE	POL		71	M40/40 (M)187	00:49:44	00:49:24	04.56
41	430	MAŁAS Piotr	WROCLAW	POL		66	M40/41 (M)188	00:49:44	00:49:31	04.57
42	132	SZYMCZYNA Marcin	OLAWA	POL		75	M40/42 (M)189	00:49:44	00:49:36	04.57
43	364	BEDNARCZYK Bogusław	WROCLAW	POL		67	M40/43 (M)193	00:50:13	00:50:00	05.00
44	529	KRAL Artur	WROCLAW	POL		72	M40/44 (M)195	00:50:22	00:50:13	05.01
45	157	PRUKOP Wojciech	WROCLAW	POL		67	M40/45 (M)197	00:50:24	00:50:09	05.00
46	344	ADAMSKI Rafał	WROCLAW	POL		68	M40/46 (M)203	00:50:44	00:50:30	05.03
47	437	GALEWSKI Piotr	WROCLAW	POL		69	M40/47 (M)209	00:50:56	00:50:48	05.04
48	427	JAROSŁAWSKI Mariusz	OLAWA	POL		72	M40/48 (M)210	00:50:56	00:50:29	05.02
49	315	BORKOWSKI Marek	MIŁOSZYCE	POL		74	M40/49 (M)212	00:51:04	00:50:47	05.04
50	363	ZIELIŃSKI Marcin	ŚWIĘTA KATARZYNA	POL		74	M40/50 (M)215	00:51:44	00:51:13	05.07

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Netto	[min/km]
51	274	KUPCZYŃSKI Robert	DOBRYZKOWICE	POL		72	M40/51 (M)220	00:51:57	00:51:47	05.10
52	252	PALUSZCZAK Roman	MARCINKOWICE	POL		71	M40/52 (M)223	00:52:12	00:51:58	05.11
53	32	CHELMINIAK Dominik	KRÓLIKOWICE	POL		73	M40/53 (M)224	00:52:15	00:51:47	05.10
54	385	ZATOŃSKI Tomasz	WROCLAW	POL		71	M40/54 (M)227	00:52:20	00:52:12	05.13
55	341	FABIN Marek	BARDO	POL		73	M40/55 (M)229	00:52:27	00:52:14	05.13
56	16	SUTY Piotr	SIECHNICE	POL		71	M40/56 (M)235	00:52:52	00:52:37	05.15
57	201	DOLIŃSKI Wojciech	RADWANICE	POL		75	M40/57 (M)236	00:52:57	00:52:24	05.14
58	405	SUCHENIA Daniel	WAŁBRZYCH	POL		71	M40/58 (M)239	00:53:19	00:52:59	05.17
59	43	MADEJ Jacek	SIECHNICE	POL		74	M40/59 (M)243	00:53:33	00:52:57	05.17
60	553	NOWACKI Krzysztof	WROCLAW	POL		74	M40/60 (M)245	00:53:47	00:53:17	05.19
61	200	JASICZAK Andrzej	BELCHATÓW	POL		71	M40/61 (M)246	00:53:50	00:53:23	05.20
62	134	MAĆKÓW Zbigniew	WROCLAW/SIECHNICE	POL		69	M40/62 (M)249	00:54:02	00:53:25	05.20
63	195	ZARĘBA Daniel	WROCLAW	POL		72	M40/63 (M)250	00:54:04	00:53:35	05.21
64	383	ZAPAŚNIK Filip	WROCLAW	POL		75	M40/64 (M)263	00:55:50	00:55:24	05.32
65	555	MACYSZYN Adam	SIECHNICE	POL		71	M40/65 (M)265	00:55:52	00:55:28	05.32
66	247	DRABIŃSKI Marek	OLAWA	POL		75	M40/66 (M)271	00:56:17	00:55:51	05.35
67	416	BOROWIECKI Rafał	WROCLAW	POL		75	M40/67 (M)275	00:57:04	00:56:59	05.41
68	378	WIĘCKIEWICZ Krzysztof	ŚWIĘTA KATARZYNA	POL		71	M40/68 (M)285	00:58:10	00:57:54	05.47
69	162	KOZIŃSKI Jędrzej	WROCLAW	POL		73	M40/69 (M)289	00:58:56	00:58:18	05.49
70	518	KALETA Przemysław	WROCLAW	POL		72	M40/70 (M)290	00:58:59	00:58:34	05.51
71	432	JUSZCZYK Tomasz	RADWANICE	POL		74	M40/71 (M)294	01:00:04	00:59:52	05.59
72	127	NIEŁACNY Jarosław	WROCLAW	POL		71	M40/72 (M)296	01:01:09	01:00:41	06.04
73	473	CHORAŻEWSKI Krzysztof	GALÓW	POL		75	M40/73 (M)298	01:01:36	01:00:57	06.05
74	453	KRZEMIENIEWSKI Grzegorz	WROCLAW	POL		72	M40/74 (M)302	01:03:17	01:03:11	06.19
75	470	PUCEK Przemysław	SMOLEC	POL		72	M40/75 (M)303	01:03:29	01:02:59	06.17
76	491	KOŁODZIEJCZYK Tomasz	WROCLAW	POL		73	M40/76 (M)309	01:09:58	01:09:30	06.57
77	441	GŁUCHOWICZ Rafał	WROCLAW	POL		69	M40/77 (M)310	01:10:57	01:10:24	07.02
78	384	ZARZYCKI Rafał	WROCLAW	POL		74	M40/78 (M)314	01:15:50	01:15:23	07.32

Open KATEGORIA:M30

1	220	BRYL Karol	WROCLAW	POL		82	M30/1 (M)1	00:35:02	00:35:02	03.30
2	29	PELC Paweł	WROCLAW	POL		78	M30/2 (M)2	00:35:56	00:35:56	03.35
3	494	KALEMBKIEWICZ Mirek	WROCLAW	POL		76	M30/3 (M)10	00:38:48	00:38:48	03.52
4	222	WCISŁO Grzegorz	WROCLAW	POL		82	M30/4 (M)12	00:39:05	00:39:03	03.54
5	526	SZMIT Radosław	BIAŁY KOŚCIÓŁ	POL		79	M30/5 (M)14	00:39:30	00:39:27	03.56
6	205	MISZTAŁ Przemek	NOWA SÓL	POL		83	M30/6 (M)18	00:40:09	00:40:07	04.00
7	293	KOSTERKIEWICZ Jarosław	NIEMODLIN	POL		84	M30/7 (M)19	00:40:10	00:39:58	03.59
8	498	MESSYASZ Krzysztof	GAC	POL		81	M30/8 (M)20	00:40:22	00:40:17	04.01
9	130	PRYSTASZ Krzysztof	OLAWA	POL		78	M30/9 (M)24	00:40:28	00:40:25	04.02
10	96	KORZEŃ Artur	OLAWA	POL		76	M30/10 (M)26	00:40:36	00:40:32	04.03
11	399	ŚWIĘCICKI Daniel	ŚWIDNICA	POL		79	M30/11 (M)27	00:40:48	00:40:43	04.04
12	143	ZALUBSKI Jacek	JELCZ-LASKOWICE	POL		85	M30/12 (M)28	00:40:49	00:40:48	04.04
13	46	CHOCIAJ Bartosz	WROCLAW	POL		79	M30/13 (M)32	00:41:00	00:40:53	04.05
14	279	SIKORSKI Wojciech	SIECHNICE	POL		77	M30/14 (M)33	00:41:00	00:40:54	04.05
15	327	GANCZAREK Jacek	WAŁBRZYCH	POL		76	M30/15 (M)39	00:41:29	00:41:27	04.08
16	370	WÓJCIK Rafał	WROCLAW	POL		77	M30/16 (M)42	00:41:38	00:41:33	04.09
17	413	WNUKOWSKI Marcin	TRZEBNICA	POL		79	M30/17 (M)46	00:41:47	00:41:25	04.08
18	100	ŻYŻA Sebastian	DLUGOŁĘKA	POL		80	M30/18 (M)47	00:41:49	00:41:48	04.10
19	324	PRUCIAK Krzysztof	PIEKARY ŚLĄSKIE	POL		84	M30/19 (M)48	00:41:52	00:41:52	04.11
20	184	SZYMAŃSKI Arkadiusz	WARSZAWA	POL		77	M30/20 (M)51	00:41:55	00:41:31	04.09
21	520	KALUŻNY Sebastian	WROCLAW	POL		79	M30/21 (M)52	00:41:56	00:41:51	04.11
22	589	ŚWIĘCICKI Piotr	ŚWIDNICA	POL		80	M30/22 (M)56	00:42:23	00:42:17	04.13
23	522	DĄBROWSKI Artur	WROCLAW	POL		78	M30/23 (M)58	00:42:24	00:42:22	04.14
24	551	KALISZCZAK Dawid	JAWOR	POL		77	M30/24 (M)60	00:42:29	00:42:20	04.14
25	547	GWARDZIK Piotr	WROCLAW	POL		79	M30/25 (M)61	00:42:33	00:42:30	04.15
26	531	HUTYRA Marcin	WROCLAW	POL		78	M30/26 (M)62	00:42:34	00:42:29	04.14
27	365	OLAWIŃSKI Karol	KOBIERZYCE	POL		79	M30/27 (M)64	00:42:46	00:42:38	04.15
28	84	POLOMSKI Daniel	JELCZ-LASKOWICE	POL		76	M30/28 (M)66	00:43:08	00:42:59	04.17
29	419	DUPLA Konrad	WROCLAW	POL		79	M30/29 (M)67	00:43:14	00:42:44	04.16

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Netto	[min/km]
30	446	NOWAK Łukasz	WROCLAW	POL		84	M30/30 (M)68	00:43:15	00:43:09	04.18
31	587	PRZYMEL Piotr	ŚW. KATARZYNA	POL		83	M30/31 (M)69	00:43:16	00:42:56	04.17
32	560	DĄBROWSKI Andrzej	WROCLAW	POL		85	M30/32 (M)72	00:43:26	00:43:23	04.20
33	6	KLIMOWICZ Daniel	WROCLAW	POL		77	M30/33 (M)74	00:43:35	00:43:25	04.20
34	94	KOCHANIEC Paweł	RADWANICE	POL		83	M30/34 (M)75	00:43:37	00:43:34	04.21
35	257	GÓRSKI Łukasz	WROCLAW	POL		82	M30/35 (M)76	00:43:38	00:43:27	04.20
36	254	POMIANOWSKI Szymon	WRONKI / WROCLAW	POL		84	M30/36 (M)79	00:43:51	00:43:38	04.21
37	336	OŻÓG Tomasz	WROCLAW	POL		80	M30/37 (M)80	00:43:52	00:43:37	04.21
38	556	SIEWRUK Wojciech	ZĄBKOWICE ŚLĄSKIE	POL		78	M30/38 (M)84	00:44:18	00:44:18	04.25
39	82	MRUGAŁA Maciej	WROCLAW	POL		85	M30/39 (M)85	00:44:24	00:44:17	04.25
40	248	SOCHA Grzegorz	OLAWA	POL		79	M30/40 (M)86	00:44:27	00:44:18	04.25
41	537	SZLUFIK Krzysztof	NAMYŚLÓW	POL		77	M30/41 (M)92	00:44:44	00:44:37	04.27
42	354	TRUSZKIEWICZ Bartosz	OLAWA	POL		78	M30/42 (M)93	00:44:47	00:44:36	04.27
43	412	MIELCZAREK Dawid	KĘPNO	POL		82	M30/43 (M)96	00:44:59	00:44:49	04.28
44	235	BURZEC Tomasz	WROCLAW	POL		79	M30/44 (M)98	00:45:10	00:44:51	04.29
45	253	WYDRO Piotr	WROCLAW	POL		80	M30/45 (M)99	00:45:12	00:45:06	04.30
46	597	Czykinowski Adam	Wroclaw	POL		76	M30/46 (M)103	00:45:19	00:44:50	04.29
47	233	SZCZEPANKIEWICZ Marcin	WROCLAW	POL		81	M30/47 (M)105	00:45:27	00:45:14	04.31
48	182	ZIELIŃSKI Artur	WROCLAW	POL		78	M30/48 (M)106	00:45:28	00:45:19	04.31
49	583	PRZYSTAWSKI Jarosław	OLAWA	POL		80	M30/49 (M)109	00:45:39	00:45:34	04.33
50	472	MACIEJEWSKI Łukasz	SMOLEC	POL		78	M30/50 (M)111	00:45:42	00:45:34	04.33
51	72	HOJNOR Piotr	WROCLAW	POL		78	M30/51 (M)112	00:45:43	00:45:35	04.33
52	97	PIOTROWSKI Marek	WROCLAW	POL		84	M30/52 (M)114	00:45:48	00:45:43	04.34
53	387	FRYDEL Łukasz	ŻELECHÓW	POL		84	M30/53 (M)115	00:45:51	00:45:40	04.34
54	21	POTORSKI Przemysław	WROCLAW	POL		85	M30/54 (M)116	00:45:53	00:45:25	04.32
55	544	ZAWADZKI Andrzej	SIECHNICE	POL		83	M30/55 (M)121	00:46:17	00:45:54	04.35
56	362	KALEMBKIEWICZ Piotr	WROCLAW	POL		78	M30/56 (M)123	00:46:23	00:46:10	04.37
57	429	PIETRUSZEWSKI Przemysław	WROCLAW	POL		81	M30/57 (M)125	00:46:31	00:46:22	04.38
58	339	DRZEWIECKI Łukasz	WYSOKA	POL		82	M30/58 (M)130	00:46:40	00:46:20	04.38
59	501	Borowik Łukasz	Oleśnica	POL		82	M30/59 (M)135	00:46:57	00:46:38	04.39
60	500	Karczyński Dariusz	Oleśnica	POL		76	M30/60 (M)136	00:46:58	00:46:37	04.39
61	515	KUŚ Piotr	WROCLAW	POL		82	M30/61 (M)139	00:47:12	00:47:01	04.42
62	216	CHROMICZ Krzysztof	SMOLEC	POL		85	M30/62 (M)140	00:47:13	00:46:50	04.41
63	34	DĄBROWSKI Jacek	WILCZYCE	POL		84	M30/63 (M)141	00:47:15	00:46:57	04.41
64	347	WASZKIS Jakub	WROCLAW	POL		77	M30/64 (M)143	00:47:25	00:47:17	04.43
65	379	KOSENDA Dominik	WROCLAW	POL		79	M30/65 (M)144	00:47:32	00:47:26	04.44
66	3	ŁAZAREWICZ Paweł	JELEŃ GÓRA	POL		84	M30/66 (M)147	00:47:56	00:47:22	04.44
67	355	MIKOŁAJCZAK Jacek	WROCLAW	POL		82	M30/67 (M)148	00:47:58	00:47:42	04.46
68	242	SKARŻYŃSKI Wojciech	OLAWA	POL		84	M30/68 (M)150	00:48:06	00:47:41	04.46
69	103	MACHELSKI Krzysztof	WROCLAW	POL		78	M30/69 (M)153	00:48:13	00:48:02	04.48
70	580	SZCZEPAŃSKI	WROCLAW	POL		82	M30/70 (M)155	00:48:17	00:48:06	04.48
71	459	SOBCZAK Wojciech	ŚWIĘTA KATARZYNA	POL		80	M30/71 (M)156	00:48:24	00:47:48	04.46
72	25	RYTKA Damian	SIECHNICE	POL		76	M30/72 (M)157	00:48:29	00:48:18	04.49
73	368	OCHOCIŃSKI Przemek	WROCLAW	POL		85	M30/73 (M)158	00:48:31	00:48:13	04.49
74	179	ALFAWICKI Adrian	OLAWA	POL		83	M30/74 (M)163	00:48:42	00:48:34	04.51
75	444	POPIELARSKI Tomasz	WROCLAW	POL		83	M30/75 (M)166	00:48:48	00:48:22	04.50
76	392	FRANEK Krzysztof	WROCLAW	POL		84	M30/76 (M)168	00:48:51	00:48:40	04.52
77	395	SKRZEK Marcin	WROCLAW	POL		80	M30/77 (M)171	00:48:59	00:48:47	04.52
78	2	CIURA Paweł	SIECHNICE	POL		77	M30/78 (M)172	00:49:10	00:49:02	04.54
79	375	KITKOWSKI Arkadiusz	ŁĄDEK ZDRÓJ	POL		76	M30/79 (M)173	00:49:11	00:49:06	04.54
80	513	PAPRZYCKI Maciej	WROCLAW	POL		79	M30/80 (M)175	00:49:19	00:49:06	04.54
81	348	CZERWIŃSKI Łukasz	NADOLICE WIELKIE	POL		83	M30/81 (M)176	00:49:22	00:49:01	04.54
82	499	MULARCZYK Dominik	ŻARY	POL		84	M30/82 (M)177	00:49:23	00:49:01	04.54
83	250	SZTEJKOWSKI Tomasz	WROCLAW	POL		76	M30/83 (M)183	00:49:33	00:49:11	04.55
84	7	WRÓBEL Jacek	BRZEG	POL		77	M30/84 (M)184	00:49:34	00:48:58	04.53
85	277	KOWAL Krzysztof	WROCLAW	POL		83	M30/85 (M)186	00:49:38	00:49:10	04.55
86	171	WIECZOREK Sebastian	WROCLAW	POL		77	M30/86 (M)190	00:50:07	00:50:00	05.00
87	288	BAKALARCZYK Tomasz	SIECHNICE	POL		78	M30/87 (M)191	00:50:08	00:49:48	04.58

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Netto	[min/km]
88	442	RYBAK Artur	SIECHNICE	POL		83	M30/88 (M)192	00:50:12	00:49:38	04.57
89	335	HRYNICZUK Maciej	ZĘBICE	POL		79	M30/89 (M)194	00:50:20	00:50:09	05.00
90	451	KARBOWIAK Szymon	WROCLAW	POL		83	M30/90 (M)196	00:50:24	00:50:05	05.00
91	489	KULIŃSKI Krzysztof	SIECHNICE	POL		84	M30/91 (M)200	00:50:41	00:50:26	05.02
92	478	TARCZYŃSKI Piotr	WROCLAW	POL		79	M30/92 (M)201	00:50:42	00:50:21	05.02
93	382	ZIELIŃSKI Sebastian	WROCLAW	POL		76	M30/93 (M)204	00:50:48	00:50:25	05.02
94	418	STAWSKI Przemysław	WROCLAW	POL		77	M30/94 (M)205	00:50:51	00:50:37	05.03
95	64	KUŚ Krzysztof	BIELANY WROCLAWSKIE	POL		84	M30/95 (M)207	00:50:53	00:50:37	05.03
96	318	FURGOL Michał	WROCLAW	POL		78	M30/96 (M)216	00:51:45	00:51:19	05.07
97	440	KARGUL Tomasz	WROCLAW	POL		84	M30/97 (M)218	00:51:50	00:51:11	05.07
98	373	GALEK Wojciech	WROCLAW	POL		76	M30/98 (M)219	00:51:51	00:51:15	05.07
99	186	ŚMIECH Daniel	JELCZ-LASKOWICE	POL		79	M30/99 (M)221	00:52:00	00:51:50	05.11
100	123	SZWABOWICZ Artur	KOTOWICE	POL		80	M30/100 (M)228	00:52:26	00:51:57	05.11
101	480	CIEMNY Kamil	WROCLAW	POL		82	M30/101 (M)230	00:52:30	00:51:57	05.11
102	534	HAMZIK Ireneusz	WROCLAW	POL		78	M30/102 (M)232	00:52:43	00:52:30	05.15
103	396	KIJAK Michał	WĘGRY	POL		80	M30/103 (M)237	00:53:16	00:52:50	05.17
104	574	KRUCZKIEWICZ Mateusz	WROCLAW	POL		79	M30/104 (M)240	00:53:21	00:52:58	05.17
105	76	JON Marcin	SIECHNICE	POL		76	M30/105 (M)241	00:53:22	00:52:46	05.16
106	28	MADZIARSKI Marek	ŻERNIKI WROCLAWSKIE	POL		82	M30/106 (M)244	00:53:45	00:53:31	05.21
107	448	URBAŃSKI Gerard	WŁOCLAWEK	POL		78	M30/107 (M)251	00:54:08	00:53:41	05.22
108	457	GŁĘBOCKI Marcin	LUBLIN	POL		79	M30/108 (M)252	00:54:22	00:54:00	05.24
109	101	CHMIELEWSKI Paweł	WROCLAW	POL		82	M30/109 (M)253	00:54:36	00:54:11	05.25
110	458	BŁASZCZYK Piotr	WROCLAW	POL		85	M30/110 (M)254	00:54:49	00:54:15	05.25
111	152	ŚWIDER Tomek	WROCLAW	POL		84	M30/111 (M)255	00:54:52	00:54:20	05.26
112	306	BASIŃSKI Adam	OLAWA	POL		77	M30/112 (M)256	00:54:53	00:54:22	05.26
113	150	ŁAZARSKI Jarosław	WROCLAW	POL		81	M30/113 (M)257	00:54:53	00:54:38	05.27
114	75	MULARCZYK Jarosław	SIECHNICE	POL		81	M30/114 (M)262	00:55:39	00:55:16	05.31
115	240	KOLAWA Piotr	KOBIERZYCE	POL		76	M30/115 (M)266	00:55:58	00:55:56	05.35
116	588	PRISZLER Fulop	WROCLAW	POL		81	M30/116 (M)268	00:56:05	00:55:26	05.32
117	196	PROSTAK Paweł	WROCLAW	POL		85	M30/117 (M)270	00:56:16	00:55:54	05.35
118	351	KOPEK Marcin	OLAWA	POL		78	M30/118 (M)274	00:56:36	00:56:15	05.37
119	272	TRZCINOWICZ Maciej	SIECHNICE	POL		77	M30/119 (M)276	00:57:09	00:57:02	05.42
120	258	BATOR Michał	NADOLICE WIELKIE	POL		84	M30/120 (M)277	00:57:11	00:56:40	05.40
121	316	CZUCHWICKI Marek	WROCLAW	POL		76	M30/121 (M)278	00:57:17	00:56:46	05.40
122	477	BOBEL Artur	WROCLAW	POL		83	M30/122 (M)279	00:57:21	00:56:50	05.41
123	185	BOCZOŃ Tomasz	OLAWA	POL		83	M30/123 (M)280	00:57:24	00:56:52	05.41
124	178	JAWOR Marcin	JELCZ-LASKOWICE	POL		85	M30/124 (M)282	00:57:56	00:57:19	05.43
125	561	MAKEDOŃSKI Marcin	WROCLAW	POL		77	M30/125 (M)283	00:57:58	00:57:31	05.45
126	67	ŚWIĄTKIEWICZ Michał	WROCLAW	POL		81	M30/126 (M)287	00:58:39	00:58:15	05.49
127	270	NOWIŃSKI Szymon	IWINY	POL		82	M30/127 (M)288	00:58:54	00:58:35	05.51
128	265	KOPEĆ Tomasz	WROCLAW	POL		84	M30/128 (M)291	00:59:19	00:59:03	05.54
129	571	DAMARYCH Łukasz	OZORZYCE	POL		82	M30/129 (M)297	01:01:33	01:00:55	06.05
130	359	SEMCIUK Paweł	SIECHNICE	POL		81	M30/130 (M)299	01:01:36	01:00:58	06.05
131	44	SZUMNY Marek	SIECHNICE	POL		85	M30/131 (M)306	01:08:58	01:08:26	06.50
132	566	MICHALSKI Łukasz	WROCLAW	POL		80	M30/132 (M)307	01:09:03	01:08:27	06.50
133	334	RYŻY Mariusz	SIECHNICE	POL		76	M30/133 (M)308	01:09:21	01:08:47	06.52
134	129	LUDKA Łukasz	MARCINKOWICE	POL		81	M30/134 (M)311	01:11:13	01:11:05	07.06
135	590	SOWIŃSKI Łukasz	WROCLAW	POL		85	M30/135 (M)312	01:11:59	01:11:27	07.08
136	540	WALIGÓRSKI Sebastian	WROCLAW	POL		82	M30/136 (M)313	01:14:33	01:13:58	07.23


Open KATEGORIA:M20

1	468	CZARNOTA Dariusz	WSCHOWA	POL		89	M20/1 (M)3	00:37:30	00:37:28	03.44
2	192	ZIOBER Zbigniew	ŻMIGRÓD	POL		92	M20/2 (M)5	00:37:51	00:37:49	03.46
3	592	JANIK Krzysztof	NYSA	POL		90	M20/3 (M)6	00:38:01	00:37:59	03.47
4	594	JANIK Bartosz	NYSA	POL		88	M20/4 (M)7	00:38:12	00:38:10	03.49
5	312	ŻARECKI Łukasz	SIECHNICE	POL		86	M20/5 (M)8	00:38:20	00:38:19	03.49
6	322	KACZMARCZYK Łukasz	JASZOWICE	POL		88	M20/6 (M)9	00:38:35	00:38:34	03.51
7	377	SAMOLUK Adrian	BIAŁY KOŚCIÓŁ	POL		93	M20/7 (M)11	00:38:53	00:38:51	03.53
8	19	DUKIELSKI Mariusz	BOLECHÓW	POL		94	M20/8 (M)16	00:39:43	00:39:41	03.58

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Netto	[min/km]
9	573	KRĘZEL Krzysztof	WISZNIA MAŁA	POL		91	M20/9 (M)17	00:39:55	00:39:55	03.59
10	550	OLCZYK Grzegorz	JELEŃ GÓRA	POL		90	M20/10 (M)23	00:40:24	00:40:19	04.01
11	203	ADAMEK Paweł	WROCLAW	POL		88	M20/11 (M)25	00:40:31	00:40:29	04.02
12	189	WIECZORKIEWICZ Adam	JELCZ-LASKOWICE	POL		87	M20/12 (M)29	00:40:49	00:40:49	04.04
13	77	KORKUŚ Jarosław	WROCLAW	POL		86	M20/13 (M)30	00:40:59	00:40:56	04.05
14	554	KUTAJ Dawid	HENRYKÓW	POL		90	M20/14 (M)35	00:41:18	00:41:12	04.07
15	197	STAWIARZ Paweł	WROCLAW	POL		86	M20/15 (M)36	00:41:19	00:41:12	04.07
16	237	KARGUL Michał	WROCLAW	POL		87	M20/16 (M)40	00:41:35	00:41:29	04.08
17	139	CZARNECKI Krzysztof	OŁAWA	POL		89	M20/17 (M)44	00:41:43	00:41:38	04.09
18	434	CALY Adam	WROCLAW / SOBÓTKA	POL		88	M20/18 (M)55	00:42:19	00:42:16	04.13
19	309	ORŁOWSKI Kacper	WROCLAW	POL		89	M20/19 (M)65	00:43:00	00:42:57	04.17
20	598	Lota Stanisław	Oleśnica	POL		90	M20/20 (M)70	00:43:18	00:42:59	04.17
21	541	MAZUR Adam	WOJNOWICE	POL		95	M20/21 (M)73	00:43:29	00:43:25	04.20
22	107	LACROIX Konrad	LEGNICA	POL		88	M20/22 (M)78	00:43:45	00:43:34	04.21
23	567	CIECHANOWSKI Tadeusz	WROCLAW	POL		92	M20/23 (M)81	00:43:59	00:43:55	04.23
24	483	JASIONEK Jerzy	WROCLAW	POL		89	M20/24 (M)82	00:44:04	00:43:51	04.23
25	328	OPYDO Adrian	KOTOWICE	POL		88	M20/25 (M)83	00:44:07	00:44:04	04.24
26	528	MORAWSKI Piotr	GRZYBIANY	POL		90	M20/26 (M)91	00:44:44	00:44:36	04.27
27	198	BARCZAK Piotr	SIECHNICE	POL		87	M20/27 (M)95	00:44:55	00:44:21	04.26
28	466	RAĆ Krzysztof	WROCLAW	POL		90	M20/28 (M)101	00:45:18	00:45:00	04.30
29	69	KĘDZIA Dawid	WROCLAW	POL		92	M20/29 (M)104	00:45:27	00:45:08	04.30
30	204	CHORZĘPA Marcin	JELCZ-LASKOWICE	POL		87	M20/30 (M)110	00:45:41	00:45:12	04.31
31	542	WRÓBEL Paweł	WROCLAW	POL		89	M20/31 (M)113	00:45:47	00:45:37	04.33
32	548	ŁOBEJKO Adam	WROCLAW	POL		91	M20/32 (M)120	00:46:08	00:45:50	04.35
33	86	KOZICZAK Michał	WROCLAW	POL		88	M20/33 (M)122	00:46:21	00:46:05	04.36
34	527	ŻUKOWSKI Łukasz	KWIATKOWICE	POL		90	M20/34 (M)124	00:46:29	00:46:07	04.36
35	394	KLATKA Łukasz	LEGNICA	POL		88	M20/35 (M)126	00:46:33	00:46:26	04.38
36	374	NOSZCZYK Tomasz	NOWA RUDA	POL		94	M20/36 (M)127	00:46:34	00:46:16	04.37
37	282	PIEKARSKI Filip	WROCLAW	POL		89	M20/37 (M)146	00:47:54	00:47:21	04.44
38	229	GROCHAŁSKI Andrzej	PRUDNIK	POL		86	M20/38 (M)159	00:48:33	00:48:21	04.50
39	245	GREGULSKI Bartosz	DLUGOŁĘKA	POL		91	M20/39 (M)169	00:48:54	00:48:43	04.52
40	465	KOLASA Piotr	WROCLAW	POL		90	M20/40 (M)170	00:48:57	00:48:45	04.52
41	145	SOKULSKI Tomasz	WROCLAW	POL		87	M20/41 (M)180	00:49:25	00:48:49	04.52
42	329	SZYMACHA Michał	TRZEBNICA	POL		87	M20/42 (M)181	00:49:25	00:49:09	04.54
43	280	WILKOWSKI Piotr	WROCLAW	POL		88	M20/43 (M)198	00:50:26	00:50:09	05.00
44	115	KOZŁOWSKI Szymon	WROCLAW	POL		86	M20/44 (M)199	00:50:35	00:50:13	05.01
45	342	GABARA-PIĘTKA Piotr	WROCLAW	POL		87	M20/45 (M)202	00:50:42	00:50:22	05.02
46	564	PĘDZIŃSKI Paweł	LEGNICA	POL		93	M20/46 (M)208	00:50:54	00:50:42	05.04
47	313	SŁOWIKOWSKI Kamil	WIĄZÓW	POL		88	M20/47 (M)211	00:51:01	00:50:31	05.03
48	264	WOJTYŁKO Kamil	WROCLAW	POL		86	M20/48 (M)214	00:51:43	00:51:15	05.07
49	538	KUJAWSKI Tomasz	BYTÓW	POL		91	M20/49 (M)233	00:52:46	00:52:16	05.13
50	563	Cieślakiewicz Klaudia	Wrocław	POL		87	M20/50 (M)234	00:52:47	00:52:26	05.14
51	474	KOWALEWSKI Mateusz	WROCLAW	POL		92	M20/51 (M)242	00:53:29	00:53:15	05.19
52	512	STEFANISZYN Marcin	BRZEG	POL		86	M20/52 (M)258	00:54:54	00:54:33	05.27
53	207	ROZUMKIEWICZ Paweł	ŚWIDNICA	POL		87	M20/53 (M)260	00:55:10	00:55:09	05.30
54	213	NOSZCZYK Paweł	WROCLAW	POL		89	M20/54 (M)261	00:55:14	00:54:52	05.29
55	163	KUBIAK Marcin	WROCLAW	POL		91	M20/55 (M)272	00:56:22	00:55:49	05.34
56	533	CZERNIAK Bartosz	MYŚLIBÓRZ	POL		88	M20/56 (M)273	00:56:27	00:56:04	05.36
57	124	MISIEWICZ Arkadiusz	WROCLAW	POL		90	M20/57 (M)281	00:57:48	00:57:29	05.44
58	340	PORĘBSKI Tomasz	KAMIENNA GÓRA	POL		89	M20/58 (M)286	00:58:33	00:57:56	05.47
59	155	SMOLIŃSKI Adam	WROCLAW	POL		86	M20/59 (M)292	00:59:20	00:58:51	05.53
60	595	CHYRZYŃSKI Marcin		POL		92	M20/60 (M)293	00:59:52	00:59:16	05.55
61	530	WANICKI Piotr	GLUCHOŁAZY	POL		90	M20/61 (M)295	01:00:11	00:59:42	05.58
62	156	BORODZICZ Tomasz	WROCLAW	POL		86	M20/62 (M)300	01:01:37	01:01:05	06.06
63	414	WILKOSZ Błażej	HENRYKÓW	POL		88	M20/63 (M)301	01:02:25	01:01:49	06.10
64	299	KWIATKOWSKI Łukasz	BIELSKO-BIAŁA	POL		93	M20/64 (M)304	01:04:31	01:04:05	06.24

Open KATEGORIA:K16

1	599	JANICKA Zuzanna	WROCLAW	POL		04	K16/1 (K)19	00:46:59	00:46:40	04.40
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<i>Miejsce Rank</i>	<i>Nr Bib</i>	<i>Nazwisko i imię Name</i>	<i>Miejscowość City</i>	<i>Kraj Nat</i>	<i>Drużyna Team</i>	<i>R-k YoB</i>	<i>W kategorii in Age</i>	<i>Sex</i>	<i>Czas Time</i>	<i>Netto</i>	<i>[min/km]</i>
2	227	ZEMANKIEWICZ Hanna	OŁAWA	 POL		99	K16/2	(K)24	00:48:32	00:48:28	04.50