

Bielañski Bieg Rodzinny - 10 km

WYNIKI ZAWODÓW

Open

Organizator: Stowarzyszenie Pro-Run Wrocław

Termin: 20.09.2015

Miejsce: Bielany Wrocławskie

Dystans: 10 km

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Czas Time	Netto	[min/km]
Open KATEGORIA:K50											
1	157	ŚWIERK Krystyna	JANOWICE WIELKIE		POL	57	K50/1	(K)25	00:51:32	00:51:23	05.08
2	338	STROJWAŚ Anna	WROCLAW		POL	57	K50/2	(K)65	01:02:16	01:02:09	06.12
3	394	DOMINO Małgorzata	WROCLAW		POL	64	K50/3	(K)69	01:02:48	01:02:30	06.15
Open KATEGORIA:K40											
1	84	FOJTAR Dorota	WROCLAW		POL	75	K40/1	(K)6	00:45:23	00:45:18	04.31
2	109	MAZURKIEWICZ-WARCHAŁOWSKA Agnieszka	WROCLAW		POL	75	K40/2	(K)15	00:49:18	00:48:59	04.53
3	446	CHORAŻYKIEWICZ Anna	POLKOWICE		POL	72	K40/3	(K)17	00:50:09	00:49:44	04.58
4	200	PAWLIK Agnieszka	NYSA		POL	73	K40/4	(K)30	00:53:19	00:53:01	05.18
5	224	KLIMEK Justyna	SMOLEC		POL	73	K40/5	(K)35	00:54:35	00:54:19	05.25
6	377	ZIELIŃSKA Mirona	WROCLAW		POL	75	K40/6	(K)42	00:55:27	00:55:11	05.31
7	326	DANIŁÓW Danuta	WROCLAW		POL	73	K40/7	(K)46	00:57:16	00:57:10	05.43
8	173	SIKOŃ-WILCZYŃSKA Magdalena	WROCLAW		POL	75	K40/8	(K)47	00:57:16	00:57:04	05.42
9	197	CYNK Alicja	DOMASŁAW		POL	74	K40/9	(K)51	00:57:47	00:57:27	05.44
10	329	STRAUCHOLD Anna	KAMIENIEC		POL	72	K40/10	(K)53	00:59:18	00:58:57	05.53
11	469	KALINKIEWICZ Marta	WROCLAW		POL	75	K40/11	(K)54	00:59:34	00:59:23	05.56
12	327	DWORAK Agnieszka	WAŁBRZYCH		POL	74	K40/12	(K)57	00:59:55	00:59:40	05.58
13	9	GRODZKA Anna	WROCLAW		POL	69	K40/13	(K)61	01:00:59	01:00:49	06.04
14	419	SZULC Elżbieta	WAŁBRZYCH		POL	69	K40/14	(K)64	01:02:13	01:02:10	06.13
15	353	DUTKIEWICZ Magdalena	KOMOROWICE		POL	68	K40/15	(K)70	01:02:55	01:02:48	06.16
16	276	ZATOŃSKA Katarzyna	WROCLAW		POL	71	K40/16	(K)73	01:03:19	01:03:07	06.18
17	427	PAPCIAK Karolina	SMOLEC		POL	75	K40/17	(K)74	01:03:33	01:03:19	06.19
18	465	PLAN Magdalena	BIELANY WROCLAWSKIE		POL	74	K40/18	(K)78	01:04:27	01:04:18	06.25
19	479	BARTELA Ela	WROCLAW		POL	69	K40/19	(K)83	01:13:19	01:12:51	07.17
Open KATEGORIA:K30											
1	112	WIĘCEK Anna	WROCLAW		POL	80	K30/1	(K)1	00:40:21	00:40:18	04.01
2	144	GRZEŚKOWIAK Anna	WAŁBRZYCH		POL	82	K30/2	(K)3	00:43:49	00:43:45	04.22
3	365	ŻELAZOWSKA Ola	WROCLAW		POL	85	K30/3	(K)4	00:43:54	00:43:47	04.22
4	369	ŁOWICKA Magdalena	WROCLAW		POL	85	K30/4	(K)5	00:45:17	00:45:08	04.30
5	148	STECZKOWSKA Anna	OŁAWA		POL	82	K30/5	(K)7	00:45:23	00:45:19	04.31
6	343	BRONIKOWSKA Agata	KOMOROWICE		POL	80	K30/6	(K)8	00:46:03	00:45:56	04.35
7	214	RAJMUND Agnieszka	WROCLAW		POL	79	K30/7	(K)10	00:46:26	00:46:23	04.38
8	107	JANKOWICZ Agnieszka	WAŁBRZYCH		POL	81	K30/8	(K)11	00:46:37	00:46:25	04.38
9	100	KLUZ Adrianna	WROCLAW		POL	83	K30/9	(K)12	00:46:54	00:46:43	04.40
10	67	KRYM Katarzyna	SMOLEC		POL	77	K30/10	(K)13	00:47:17	00:47:02	04.42
11	444	KLUZEK Agnieszka	WAŁBRZYCH		POL	77	K30/11	(K)14	00:49:06	00:49:00	04.54
12	62	GŁOWACKA Edyta	WILKSZYN		POL	79	K30/12	(K)16	00:49:22	00:49:11	04.55
13	272	WIŚNIEWSKA Patrycja	WROCLAW		POL	84	K30/13	(K)18	00:50:17	00:50:04	05.00
14	486	Jabłońska Monika			POL	77	K30/14	(K)20	00:50:23	00:50:09	05.00
15	398	ALFAWICKA Marta	OŁAWA		POL	81	K30/15	(K)21	00:50:25	00:50:20	05.02
16	29	ŁADOŃSKA Katarzyna	WROCLAW		POL	82	K30/16	(K)22	00:50:37	00:50:19	05.01
17	165	KRZEŚNIAK Marlena	BIELANY WROCLAWSKIE		POL	85	K30/17	(K)23	00:50:48	00:50:43	05.04
18	241	CICHOWICZ Agnieszka	ŚWIDNICA		POL	78	K30/18	(K)24	00:51:16	00:51:05	05.06
19	311	JARACZ-PATEREK Alina	WROCLAW		POL	80	K30/19	(K)28	00:52:53	00:52:27	05.14
20	368	BARAN Ewa	WROCLAW		POL	78	K30/20	(K)29	00:53:15	00:52:54	05.17

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Czas Time	Netto	[min/km]
21	495	SZYMAŃSKA Karolina	KŁODZKO	POL		82	K30/21	(K)32	00:54:07	00:53:54	05.23
22	18	DĄBROWSKA Ewelina	WROCLAW	POL		76	K30/22	(K)33	00:54:24	00:53:55	05.23
23	490	Szlufik Marta		POL		85	K30/23	(K)36	00:54:37	00:54:26	05.26
24	334	SKUPIEŃ Anna	WROCLAW	POL		76	K30/24	(K)37	00:54:42	00:54:36	05.27
25	27	PRUSAK Anna	WROCLAW	POL		81	K30/25	(K)39	00:55:05	00:54:45	05.28
26	159	SZCZEPAŃSKA Magdalena	WROCLAW	POL		82	K30/26	(K)40	00:55:14	00:54:57	05.29
27	283	ZIMERSKA Dorota	WROCLAW	POL		83	K30/27	(K)43	00:55:28	00:55:13	05.31
28	30	GRELA Agnieszka	WROCLAW	POL		82	K30/28	(K)45	00:57:16	00:57:10	05.43
29	164	TRONINA Adriana	WROCLAW	POL		82	K30/29	(K)48	00:57:24	00:57:13	05.43
30	378	SZAŁACHA Magda	WROCLAW	POL		80	K30/30	(K)49	00:57:30	00:57:20	05.44
31	119	MONIKA Bogacz	PEŁCZYCE	POL		78	K30/31	(K)55	00:59:41	00:59:17	05.55
32	389	KUKUŁA Ewa	WROCLAW	POL		79	K30/32	(K)56	00:59:52	00:59:28	05.56
33	182	WŁODARCZYK Justyna	PEŁCZYCE	POL		80	K30/33	(K)59	01:00:06	00:59:41	05.58
34	395	POLIWODA Paulina	WYSOKA	POL		80	K30/34	(K)60	01:00:58	01:00:38	06.03
35	396	ZIELIŃSKA Joanna	KIEŁCZÓW	POL		80	K30/35	(K)62	01:00:59	01:00:49	06.04
36	476	KEMPA Joanna	BRZEZIA ŁĄKA	POL		83	K30/36	(K)63	01:01:53	01:01:26	06.08
37	435	SZARAFIŃSKA-JUSZCZAK Dorota	WROCLAW	POL		76	K30/37	(K)66	01:02:19	01:01:56	06.11
38	28	MAZURCZAK Ewa	KIEŁCZÓWEK	POL		77	K30/38	(K)67	01:02:45	01:02:30	06.15
39	348	PAWLAK Katarzyna	WROCLAW	POL		76	K30/39	(K)68	01:02:45	01:02:38	06.15
40	110	DYMAŁA Natalia	MIĘDZYBÓRZ	POL		85	K30/40	(K)71	01:02:57	01:02:42	06.16
41	325	ANISKIEWICZ Aneta	BIELANY WROCLAWSKIE	POL		79	K30/41	(K)75	01:03:34	01:03:24	06.20
42	185	JEZIERSKA Justyna	SOSNÓWKA	POL		83	K30/42	(K)79	01:04:50	01:04:39	06.27
43	145	SIDORSKA Karolina	WROCLAW	POL		81	K30/43	(K)80	01:06:07	01:05:53	06.35
44	264	ANDRUSIEWICZ Edyta	BIELANY WROCLAWSKIE	POL		81	K30/44	(K)81	01:07:08	01:06:47	06.40
45	461	OLGA Młodyszewska	POZNAŃ	POL		81	K30/45	(K)82	01:07:08	01:06:46	06.40
46	339	LUDKA Aleksandra	MARCINKOWICE	POL		76	K30/46	(K)84	01:22:08	01:21:59	08.11

Open KATEGORIA:K20

1	230	ROZUMKIEWICZ Sonia	ŚWIDNICA	POL		90	K20/1	(K)2	00:41:02	00:40:59	04.05
2	201	LATOSEK Angelika	WIELOGÓRA	POL		93	K20/2	(K)9	00:46:04	00:46:02	04.36
3	414	DUTKA Natalia	WROCLAW	POL		89	K20/3	(K)26	00:52:24	00:52:08	05.12
4	429	TABISZEWSKA Angelika	KATY WROCLAWSKIE	POL		90	K20/4	(K)34	00:54:26	00:53:59	05.23
5	452	MŁYNARCZYK Kamila87	WROCLAW	POL		87	K20/5	(K)41	00:55:16	00:54:56	05.29
6	16	FUŁAWKA Marta	WROCLAW	POL		86	K20/6	(K)44	00:55:49	00:55:22	05.32
7	89	PIĘTAK Ewelina	WROCLAW	POL		92	K20/7	(K)50	00:57:42	00:57:31	05.45
8	245	MADEJ Liwia	ZIELONA GÓRA	POL		92	K20/8	(K)52	00:59:06	00:58:56	05.53
9	386	NIEUŻYŁA Anna	WROCLAW	POL		87	K20/9	(K)72	01:02:59	01:02:49	06.16
10	64	NIEUŻYŁA Katarzyna	WROCLAW	POL		88	K20/10	(K)76	01:03:46	01:03:35	06.21
11	401	CZEKAJ Renata	WROCLAW	POL		86	K20/11	(K)77	01:04:04	01:03:48	06.22
12	428	REKOWSKA Katarzyna	GŁOGÓW	POL		86	K20/12	(K)85	01:22:48	01:22:32	08.15

Open KATEGORIA:M16

1	24	DOBROWOLSKI Alan	BOGUSZÓW	POL		96	M16/1	(M)1	00:35:03	00:35:03	03.30
2	493	Izydorek Michał		POL		99	M16/2	(M)5	00:36:46	00:36:37	03.39
3	252	SŁOWICKI Mateusz	WAŁBRZYCH	POL		99	M16/3	(M)22	00:40:19	00:40:15	04.01
4	218	KLUZEK Adam	WAŁBRZYCH	POL		99	M16/4	(M)28	00:40:54	00:40:53	04.05
5	6	KORNAŚ Krzysztof	PUSTKÓW ŻURAWSKI	POL		97	M16/5	(M)55	00:43:36	00:43:30	04.21
6	257	KUŻBA Dawid	WROCLAW	POL		97	M16/6	(M)76	00:45:28	00:45:23	04.32
7	459	FUTA Paweł	WROCLAW	POL		97	M16/7	(M)97	00:47:12	00:47:05	04.42
8	317	MIJAS Wojtek	LEGNICA	POL		98	M16/8	(M)151	00:51:10	00:51:10	05.07
9	31	BIENIASZ Jan	WROCLAW	POL		97	M16/9	(M)220	00:59:45	00:59:20	05.56
10	346	MŁYŃSKI Aleksander	WROCLAW	POL		97	M16/10	(M)222	00:59:58	00:59:32	05.57

Open KATEGORIA:M70

1	356	PRZYBYŁO Władysław	WROCLAW	POL		32	M70/1	(M)235	01:24:32	01:24:18	08.25
---	-----	--------------------	---------	-----	--	----	-------	--------	----------	----------	-------

Open KATEGORIA:M60

1	147	CHOJNACKI Ryszard	WROCLAW	POL		47	M60/1	(M)100	00:47:35	00:47:29	04.44
2	174	TOM Andrzej	WROCLAW	POL		52	M60/2	(M)106	00:48:05	00:47:51	04.47
3	430	GREMPKA Ryszard	WROCLAW	POL		51	M60/3	(M)107	00:48:05	00:47:41	04.46
4	76	RUDNO-RUDZIŃSKI Krzysztof	WROCLAW	POL		49	M60/4	(M)186	00:54:47	00:54:26	05.26

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Czas Time	Netto	[min/km]
5	470	BUNDYRA Czesław	WROCLAW	POL		50	M60/5	(M)196	00:55:42	00:55:16	05.31
6	183	WANAT Waclaw	WROCLAW	POL		46	M60/6	(M)203	00:56:25	00:56:25	05.38
Open KATEGORIA:M50											
1	485	Basiński Leszek		POL		64	M50/1	(M)14	00:39:14	00:39:13	03.55
2	149	WOJDANOWSKI Jan	JELCZ-LASKOWICE	POL		62	M50/2	(M)35	00:41:29	00:41:26	04.08
3	132	RYBA Jan	WROCLAW	POL		62	M50/3	(M)47	00:42:49	00:42:46	04.16
4	25	KALISZ Dariusz	WAŁBRZYCH	POL		64	M50/4	(M)61	00:43:51	00:43:51	04.23
5	290	SMOLIŃSKI Paweł	WROCLAW	POL		64	M50/5	(M)69	00:45:08	00:45:04	04.30
6	341	JURECKI Zygfryd	WROCLAW	POL		65	M50/6	(M)98	00:47:29	00:47:07	04.42
7	155	ŚWIERK Stanisław	JANOWICE WIELKIE	POL		56	M50/7	(M)156	00:51:33	00:51:23	05.08
8	410	MITROSZ Andrzej	WROCLAW	POL		56	M50/8	(M)157	00:51:35	00:51:23	05.08
9	98	OSTROPOLSKI Henryk	DZIERŻONIÓW	POL		57	M50/9	(M)160	00:52:06	00:52:02	05.12
10	143	SZAŁAJKO Jerzy	WROCLAW	POL		62	M50/10	(M)164	00:52:39	00:52:18	05.13
11	294	MARKOWICZ Grzegorz	WROCLAW	POL		62	M50/11	(M)178	00:53:37	00:53:23	05.20
12	32	ŁADOŃSKI Ryszard	WROCLAW	POL		57	M50/12	(M)185	00:54:33	00:54:10	05.25
13	316	KUŹNIEWICZ Mariusz	BIELANY WROCLAWSKIE	POL		65	M50/13	(M)189	00:55:01	00:54:52	05.29
14	432	KLAUS Krzysztof	WROCLAW	POL		60	M50/14	(M)223	01:00:56	01:00:33	06.03
15	253	STĘPIEŃ Tomasz	KOBIERZYCE	POL		60	M50/15	(M)229	01:02:12	01:01:54	06.11
Open KATEGORIA:M40											
1	111	RADECKI Jakub	WROCLAW	POL		75	M40/1	(M)16	00:39:24	00:39:23	03.56
2	487	Wiśniewski Sławomir		POL		73	M40/2	(M)17	00:39:26	00:39:24	03.56
3	275	WOJARNIK Krzysztof	WYSOKA	POL		72	M40/3	(M)23	00:40:38	00:40:28	04.02
4	142	CHORAŻY Dariusz	WAŁBRZYCH	POL		69	M40/4	(M)26	00:40:47	00:40:46	04.04
5	115	KOWNACKI Jacek	WROCLAW	POL		72	M40/5	(M)27	00:40:52	00:40:47	04.04
6	262	BOCZKOWSKI Jerzy	NOWA RUDA	POL		75	M40/6	(M)29	00:40:57	00:40:56	04.05
7	37	CYGAN Piotr	BIELANY WROCLAWSKIE	POL		69	M40/7	(M)31	00:41:05	00:41:04	04.06
8	235	LIPNICKI Tomasz	WROCLAW	POL		70	M40/8	(M)34	00:41:20	00:41:14	04.07
9	34	GŁOWACKI Tomasz	SIECHNICE	POL		75	M40/9	(M)38	00:41:54	00:41:48	04.10
10	293	DRABIŃSKI Marek	OLAWA	POL		75	M40/10	(M)45	00:42:32	00:42:25	04.14
11	364	WEŻYK Grzegorz	LEGNICA	POL		68	M40/11	(M)49	00:43:07	00:43:05	04.18
12	437	PAWLIK Marek	NYSA	POL		74	M40/12	(M)51	00:43:20	00:43:10	04.19
13	96	MACHOWSKI Krzysztof	JEDLINA ZDRÓJ	POL		72	M40/13	(M)57	00:43:37	00:43:35	04.21
14	52	KUPIŃSKI Cezary		POL		68	M40/14	(M)59	00:43:47	00:43:43	04.22
15	367	SKWAREK Stanisław	KĄTY WROCLAWSKIE	POL		72	M40/15	(M)62	00:43:53	00:43:51	04.23
16	344	FOJTAR Zbigniew	WROCLAW	POL		72	M40/16	(M)77	00:45:29	00:45:23	04.32
17	471	JORDAN Piotr	WROCLAW	POL		69	M40/17	(M)81	00:45:50	00:45:43	04.34
18	203	BANAŚ Tomasz	BIELANY WROCLAWSKIE	POL		71	M40/18	(M)87	00:46:21	00:46:17	04.37
19	387	TABAKA Andrzej	WROCLAW	POL		72	M40/19	(M)88	00:46:23	00:46:11	04.37
20	20	BASIŃSKI Krzysztof	OLAWA	POL		74	M40/20	(M)89	00:46:24	00:46:18	04.37
21	270	CHAJĘCKI Krzysztof	WROCLAW	POL		68	M40/21	(M)91	00:46:27	00:46:23	04.38
22	448	RZECZKOWSKI Dariusz	WROCLAW	POL		68	M40/22	(M)92	00:46:41	00:46:36	04.39
23	384	KOIS Robert	WROCLAW	POL		73	M40/23	(M)99	00:47:35	00:47:24	04.44
24	238	SEBZDA Dariusz	SIECHNICE	POL		70	M40/24	(M)101	00:47:37	00:47:37	04.45
25	150	BIELAWSKI Robert	DOBROSZYCE	POL		71	M40/25	(M)102	00:47:41	00:47:36	04.45
26	413	DRUKIER Arkadiusz	WROCLAW	POL		72	M40/26	(M)108	00:48:09	00:47:56	04.47
27	335	Adamski Rafał	Wrocław	POL		68	M40/27	(M)111	00:48:19	00:47:58	04.47
28	105	KALINOWSKI Grzegorz	BIELANY WROCLAWSKIE	POL		75	M40/28	(M)114	00:48:30	00:48:18	04.49
29	457	GARBACZ Marek	PRUSZOWICE	POL		72	M40/29	(M)115	00:48:30	00:48:24	04.50
30	489	Syperek Marcin		POL		74	M40/30	(M)117	00:48:39	00:48:23	04.50
31	277	ZATOŃSKI Tomasz	WROCLAW	POL		71	M40/31	(M)121	00:49:13	00:49:02	04.54
32	60	CZYŻYK Marcin	BIELANY WROCLAWSKIE	POL		72	M40/32	(M)122	00:49:14	00:48:52	04.53
33	297	DROCHOMIRECKI Tomasz	WAŁBRZYCH	POL		72	M40/33	(M)123	00:49:15	00:49:07	04.54
34	228	PIETRZAK Jerzy	WROCLAW	POL		70	M40/34	(M)131	00:49:54	00:49:48	04.58
35	3	CHOLUBEK Dariusz	OLAWA	POL		74	M40/35	(M)132	00:50:06	00:49:48	04.58
36	268	KRĘŻEL Piotr	WROCLAW	POL		72	M40/36	(M)145	00:50:40	00:50:28	05.02
37	122	MAŁAS Piotr	WROCLAW	POL		66	M40/37	(M)147	00:50:52	00:50:31	05.03
38	296	BUDZIAK Piotr	GROBLICE	POL		71	M40/38	(M)152	00:51:16	00:51:07	05.06
39	409	BEDNARCZYK Bogdan	WROCLAW	POL		67	M40/39	(M)154	00:51:24	00:51:05	05.06

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Czas Time	Netto	[min/km]
40	412	GABRYŚ Łukasz	BIELANY WROCŁAWSKIE	POL		72	M40/40	(M)155	00:51:28	00:51:20	05.08
41	91	OTRĘBUS Krzysztof	GNIECHOWICE	POL		75	M40/41	(M)158	00:52:00	00:51:47	05.10
42	85	GALEWSKI Piotr	WROCŁAW	POL		69	M40/42	(M)159	00:52:00	00:51:53	05.11
43	72	KURNYTA Stanisław	WITKÓW	POL		69	M40/43	(M)161	00:52:11	00:52:00	05.12
44	254	ZARĘBA Daniel	WROCŁAW	POL		72	M40/44	(M)166	00:52:55	00:52:39	05.15
45	336	OLEKSA Robert	KARWIANY	POL		72	M40/45	(M)169	00:52:59	00:52:46	05.16
46	116	SZCZEPANIAK Tomasz	WILCZYCE	POL		74	M40/46	(M)172	00:53:10	00:52:40	05.16
47	292	KRAKOWIAK Krzysztof	SZEWCZE	POL		75	M40/47	(M)174	00:53:18	00:53:12	05.19
48	463	WÓJCIK Krzysztof	WYSOKA	POL		75	M40/48	(M)177	00:53:35	00:53:22	05.20
49	379	LENORT Jarosław	GÓRA	POL		70	M40/49	(M)179	00:54:03	00:53:56	05.23
50	302	PURZYCKI Rafał	WROCŁAW	POL		75	M40/50	(M)180	00:54:16	00:53:52	05.23
51	323	NOWAKOWSKI Robert	WROCŁAW	POL		68	M40/51	(M)182	00:54:26	00:54:01	05.24
52	483	Tarnawa Rafał		POL		75	M40/52	(M)187	00:54:49	00:54:22	05.26
53	318	POGORZAŁY Tomasz	WROCŁAW	POL		67	M40/53	(M)197	00:55:46	00:55:26	05.32
54	492	Bernatek Paweł		POL		75	M40/54	(M)198	00:56:01	00:55:35	05.33
55	103	RATAJCZAK Zbigniew	BRZEZIA ŁĄKA	POL		70	M40/55	(M)202	00:56:13	00:55:50	05.35
56	464	JABŁOŃSKI Robert	KŁODZKO	POL		75	M40/56	(M)204	00:56:37	00:56:23	05.38
57	204	CYŃK Robert	DOMASŁAW	POL		68	M40/57	(M)208	00:57:46	00:57:27	05.44
58	35	ADAM Banasiak	WROCŁAW	POL		75	M40/58	(M)209	00:57:49	00:57:47	05.46
59	51	KRZEMIENIEWSKI Grzegorz	WROCŁAW	POL		72	M40/59	(M)210	00:57:58	00:57:40	05.46
60	189	KALETA Przemysław	WROCŁAW	POL		72	M40/60	(M)211	00:58:06	00:57:40	05.46
61	497	Sztandera Sławomir		POL		70	M40/61	(M)212	00:58:08	00:57:54	05.47
62	484	DUDRAKOWSKI Artur	WROCŁAW	POL		70	M40/62	(M)218	00:59:10	00:59:02	05.54
63	267	RZEPA Arkadiusz	SLEZA	POL		73	M40/63	(M)219	00:59:42	00:59:19	05.55
64	320	GOLANOWSKI Krzysztof	SZCZECIN	POL		74	M40/64	(M)221	00:59:56	00:59:40	05.58
65	82	UZDROWSKI Stanisław	BIELANY WROCŁAWSKIE	POL		69	M40/65	(M)224	01:01:19	01:00:59	06.05
66	11	CHORAŻEWSKI Krzysztof	GAŁÓW	POL		75	M40/66	(M)225	01:01:22	01:00:51	06.05
67	46	PUCEK Przemysław	SMOLEC	POL		72	M40/67	(M)230	01:04:05	01:03:48	06.22
68	478	JANIK Jacek	WROCŁAW	POL		67	M40/68	(M)233	01:13:20	01:12:50	07.17

Open KATEGORIA:M30

1	308	CZERNIAK Paweł	SOSNOWKA	POL		85	M30/1	(M)3	00:36:14	00:36:14	03.37
2	417	BRYL Karol	WROCŁAW	POL		82	M30/2	(M)4	00:36:31	00:36:31	03.39
3	363	PRYSTASZ Krzysztof	OLAWA	POL		78	M30/3	(M)7	00:37:29	00:37:28	03.44
4	431	DUDZIŃSKI Marcin	WAŁBRZYCH	POL		78	M30/4	(M)9	00:38:12	00:38:12	03.49
5	193	JOWIK Kamil	WAŁBRZYCH	POL		77	M30/5	(M)10	00:38:33	00:38:33	03.51
6	420	GROMAŁA Krzysztof	WAŁBRZYCH	POL		81	M30/6	(M)11	00:38:43	00:38:43	03.52
7	101	PAWŁOWSKI Mariusz	JESZKOWICE	POL		79	M30/7	(M)12	00:38:56	00:38:54	03.53
8	349	KOSTERKIEWICZ Jarosław	JORDANÓW ŚLĄSKI	POL		82	M30/8	(M)15	00:39:22	00:39:14	03.55
9	404	CHOCIAJ Bartosz	WROCŁAW	POL		79	M30/9	(M)19	00:39:30	00:39:30	03.57
10	121	ŻYŻA Sebastian	DLUGOŁĘKA	POL		80	M30/10	(M)20	00:40:10	00:40:10	04.01
11	80	KORZEŃ Artur	OLAWA	POL		76	M30/11	(M)24	00:40:43	00:40:38	04.03
12	152	WOJCIECH Siewruk	ZĄBKOWICE ŚLĄSKIE	POL		78	M30/12	(M)25	00:40:45	00:40:40	04.04
13	184	JEZERSKI Radosław	SOSNOWKA	POL		78	M30/13	(M)32	00:41:09	00:41:05	04.06
14	494	Garbera Janusz		POL		78	M30/14	(M)33	00:41:13	00:41:10	04.07
15	480	BRZOZA Paweł	BIELANY WROCŁAWSKIE	POL		82	M30/15	(M)36	00:41:38	00:41:34	04.09
16	114	MARUDA Krzysztof	WROCŁAW	POL		80	M30/16	(M)39	00:42:00	00:41:58	04.11
17	456	ELLEFSSEN Thor	OSŁO	NOR		79	M30/17	(M)41	00:42:17	00:42:08	04.12
18	68	KALUŻNY Sebastian	WROCŁAW	POL		79	M30/18	(M)42	00:42:21	00:42:18	04.13
19	233	WALCZAK Krzysztof	WŁODOWICE	POL		79	M30/19	(M)44	00:42:24	00:42:17	04.13
20	226	OLAWIŃSKI Karol	KOBIERZYCE	POL		79	M30/20	(M)46	00:42:35	00:42:33	04.15
21	411	BYZIA Piotr	WROCŁAW	POL		82	M30/21	(M)48	00:42:51	00:42:49	04.16
22	249	OLEJNIK Marcin	ŻERNIKI WROCŁAWSKIE	POL		82	M30/22	(M)50	00:43:17	00:43:15	04.19
23	454	JÓŹWIAK Damian	WROCŁAW	POL		84	M30/23	(M)52	00:43:25	00:43:23	04.20
24	358	DZIESZUK Grzegorz	WAŁBRZYCH	POL		80	M30/24	(M)54	00:43:33	00:43:29	04.20
25	441	BODZIUCH Grzegorz	WROCŁAW	POL		79	M30/25	(M)58	00:43:42	00:43:42	04.22
26	88	WÓJCIK Jerzy	UJÓW	POL		81	M30/26	(M)60	00:43:49	00:43:37	04.21
27	180	KOWALIK Rafał	ŚWIEBODZICE	POL		77	M30/27	(M)63	00:43:57	00:43:50	04.23
28	274	BUSZ Artur	MIEROSZÓW	POL		82	M30/28	(M)64	00:44:07	00:44:00	04.24

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Czas Time	Netto	[min/km]
29	371	BURZEC Tomasz	WROCLAW	POL		79	M30/29	(M)65	00:44:14	00:43:55	04.23
30	440	TCHIR Łukasz	WROCLAW	POL		84	M30/30	(M)66	00:44:53	00:44:46	04.28
31	299	SZCZEPANKIEWICZ Marcin	WROCLAW	POL		81	M30/31	(M)67	00:44:58	00:44:49	04.28
32	129	DĄBROWSKI Jacek	WILCZYCE	POL		84	M30/32	(M)68	00:45:02	00:44:59	04.29
33	188	PIK Krzysztof	WROCLAW	POL		81	M30/33	(M)70	00:45:10	00:45:03	04.30
34	357	MACIEJEWSKI Karol	WROCLAW	POL		82	M30/34	(M)72	00:45:12	00:45:07	04.30
35	71	FAJER Łukasz	GROBLICE	POL		82	M30/35	(M)73	00:45:25	00:45:16	04.31
36	280	JAKUBOWSKI Michał	ZĄBKOWICE ŚLĄSKIE	POL		82	M30/36	(M)74	00:45:26	00:45:18	04.31
37	92	GRZEGORCZYK Wojciech	WROCLAW	POL		80	M30/37	(M)78	00:45:38	00:45:35	04.33
38	77	KLESZCZ Tomek	WROCLAW	POL		82	M30/38	(M)79	00:45:41	00:45:21	04.32
39	382	HOJNOR Piotr	WROCLAW	POL		78	M30/39	(M)80	00:45:46	00:45:45	04.34
40	279	HEŚ Michał	BOGATYNIA	POL		84	M30/40	(M)82	00:45:51	00:45:40	04.34
41	69	ALFAWICKI Adrian	OŁAWA	POL		83	M30/41	(M)83	00:46:05	00:46:00	04.36
42	187	ROMANOWICZ Robert	WROCLAW	POL		76	M30/42	(M)84	00:46:11	00:45:56	04.35
43	423	ALTEWĘGIER Jarosław	KRAKÓW	POL		78	M30/43	(M)85	00:46:15	00:45:55	04.35
44	426	PINDOR Krystian	WROCLAW	POL		80	M30/44	(M)86	00:46:20	00:46:16	04.37
45	192	KRZYSZEK Dominik	JAWORZYNA ŚLĄSKA	POL		78	M30/45	(M)93	00:47:01	00:46:51	04.41
46	288	PAŚCIAK Janek	ŚWIEBODZICE	POL		85	M30/46	(M)94	00:47:04	00:46:43	04.40
47	460	FRAŚCZAK Krzysztof	WAŁBRZYCH	POL		81	M30/47	(M)95	00:47:07	00:47:04	04.42
48	400	KOSZYKA Krzysztof	WAŁBRZYCH	POL		85	M30/48	(M)96	00:47:11	00:47:05	04.42
49	123	MIKOŁAJCZAK Jacek	WROCLAW	POL		82	M30/49	(M)103	00:47:47	00:47:32	04.45
50	163	KRÓL Daniel	NIEMODLIN	POL		84	M30/50	(M)104	00:47:58	00:47:43	04.46
51	171	DAMOISEAUX Szymon	GŁOGÓW	POL		83	M30/51	(M)105	00:48:02	00:47:44	04.46
52	13	SZARZYŃSKI Damian	ŚWIEBODZICE	POL		85	M30/52	(M)109	00:48:10	00:48:04	04.48
53	97	KOWAL Krzysztof	WROCLAW	POL		83	M30/53	(M)113	00:48:28	00:48:09	04.48
54	337	KARGUL Tomasz	WROCLAW	POL		84	M30/54	(M)116	00:48:37	00:48:06	04.48
55	63	GŁOWACKI Maciej	WILKSZYN	POL		78	M30/55	(M)118	00:48:58	00:48:51	04.53
56	130	ŁEPKOWSKI Arkadiusz	ŚWIDNICA	POL		81	M30/56	(M)119	00:49:01	00:48:50	04.53
57	309	GNIADK Daniel	ZĄBKOWICE ŚLĄSKIE	POL		76	M30/57	(M)120	00:49:07	00:49:01	04.54
58	141	STASIUKIEWICZ Wojciech	BIELANY WROCLAWSKIE	POL		79	M30/58	(M)124	00:49:22	00:49:14	04.55
59	244	GÓRKOWY Piotr	POPOWICE	POL		84	M30/59	(M)125	00:49:32	00:49:18	04.55
60	271	WIŚNIEWSKI Sławoj	WROCLAW	POL		85	M30/60	(M)126	00:49:40	00:49:27	04.56
61	248	WOJDA Przemysław	WAŁBRZYCH	POL		85	M30/61	(M)128	00:49:40	00:49:27	04.56
62	61	ZAKRZEWSKI Tomasz	WROCLAW	POL		76	M30/62	(M)129	00:49:43	00:49:31	04.57
63	242	CICHOWICZ Mariusz	ŚWIDNICA	POL		80	M30/63	(M)130	00:49:47	00:49:36	04.57
64	421	CHOLUBEK Marek	OŁAWA	POL		80	M30/64	(M)133	00:50:07	00:49:49	04.58
65	269	FERENZ Tomasz	WROCLAW	POL		81	M30/65	(M)134	00:50:09	00:50:01	05.00
66	258	KUKULSKI Artur	WROCLAW	POL		84	M30/66	(M)136	00:50:09	00:50:09	05.00
67	397	JAROSZ Michał	LODZ	POL		77	M30/67	(M)137	00:50:16	00:50:06	05.00
68	186	WRZALIK Piotr	BIELANY WROCLAWSKIE	POL		76	M30/68	(M)138	00:50:17	00:49:54	04.59
69	83	MADZIARSKI Marek	ŻERNIKI WROCLAWSKIE	POL		82	M30/69	(M)139	00:50:27	00:50:13	05.01
70	250	ŁYSZCZAK Piotr	BIELANY WROCLAWSKIE	POL		82	M30/70	(M)140	00:50:28	00:50:18	05.01
71	7	SZACHEWICZ Sławomir	WROCLAW	POL		79	M30/71	(M)141	00:50:29	00:50:09	05.00
72	213	KRZEMIŃSKI Rafał	KĄTY WROCLAWSKIE	POL		82	M30/72	(M)143	00:50:34	00:50:17	05.01
73	383	GAWROŃSKI Grzegorz	WROCLAW	POL		85	M30/73	(M)144	00:50:36	00:50:18	05.01
74	2	ZAWADZKI Krzysztof	BIELANY WROCLAWSKIE	POL		85	M30/74	(M)146	00:50:49	00:50:45	05.04
75	21	KRUCZKIEWICZ Mateusz	WROCLAW	POL		79	M30/75	(M)148	00:50:55	00:50:29	05.02
76	333	PYZIK Łukasz	PIETRZYKOWICE	POL		78	M30/76	(M)149	00:51:00	00:50:43	05.04
77	366	JON Marcin	SIECHNICE	POL		76	M30/77	(M)150	00:51:03	00:50:54	05.05
78	215	KARBOWIAK Szymon	WROCLAW	POL		83	M30/78	(M)153	00:51:20	00:51:15	05.07
79	146	CHMIELEWSKI Paweł	WROCLAW	POL		82	M30/79	(M)162	00:52:18	00:52:08	05.12
80	451	WAWRZYŃIAK Damian	RADOMSKO	POL		84	M30/80	(M)163	00:52:21	00:52:00	05.12
81	462	PIEROG Grzegorz	BIELANY WROCLAWSKIE	POL		76	M30/81	(M)165	00:52:55	00:52:39	05.15
82	388	CZECHOWSKI Paweł	WROCLAW	POL		79	M30/82	(M)167	00:52:57	00:52:43	05.16
83	433	TARŁOWSKI Norbert	WROCLAW	POL		78	M30/83	(M)168	00:52:57	00:52:44	05.16
84	240	WILK Piotr	WROCLAW	POL		82	M30/84	(M)171	00:53:06	00:52:55	05.17
85	472	DIMAKOPOLOS Fotis	WROCLAW	POL		82	M30/85	(M)173	00:53:15	00:53:01	05.18
86	236	KULESA Krzysztof	WROCLAW	POL		83	M30/86	(M)175	00:53:27	00:53:12	05.19
87	19	DĄBROWSKI Artur	WROCLAW	POL		78	M30/87	(M)181	00:54:24	00:53:55	05.23

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Czas Time	Netto	[min/km]
88	370	HAMZIK Ireneusz	WROCLAW	POL		78	M30/88	(M)183	00:54:31	00:54:10	05.25
89	416	KLUCZKA Marcin	WROCLAW	POL		83	M30/89	(M)184	00:54:32	00:54:20	05.26
90	151	ROK Łukasz	PORĘBA	POL		79	M30/90	(M)188	00:54:54	00:54:32	05.27
91	405	WILCZURA Grzegorz	WROCLAW	POL		85	M30/91	(M)190	00:55:06	00:54:53	05.29
92	482	Bundyra Wojciech		POL		81	M30/92	(M)191	00:55:10	00:54:42	05.28
93	319	TRYBUS Ryszard	WROCLAW	POL		85	M30/93	(M)194	00:55:27	00:55:22	05.32
94	176	HETMANN Maciej	OPOLE	POL		79	M30/94	(M)195	00:55:40	00:55:25	05.32
95	298	ORYSIK Marcin	WROCLAW	POL		79	M30/95	(M)200	00:56:06	00:55:39	05.33
96	289	ŚLEZAK Jarosław	BRZEZINKA ŚREDZKA	POL		78	M30/96	(M)201	00:56:10	00:55:48	05.34
97	205	SULICH Grzegorz	WROCLAW	POL		81	M30/97	(M)205	00:57:01	00:56:50	05.41
98	450	CZUCHWICKI Marek	WROCLAW	POL		76	M30/98	(M)207	00:57:04	00:56:44	05.40
99	43	ŚWITA Tomasz	BIELANY WROCLAWSKIE	POL		83	M30/99	(M)213	00:58:39	00:58:18	05.49
100	345	PIĘTA Piotr	WROCLAW	POL		79	M30/100	(M)214	00:58:43	00:58:21	05.50
101	408	KURKOWIAK Krzysztof	WROCLAW	POL		83	M30/101	(M)215	00:58:47	00:58:30	05.51
102	313	GAWŁOWSKI Paweł	WROCLAW	POL		80	M30/102	(M)216	00:58:51	00:58:23	05.50
103	217	MOSKA Marek	KOBIERZYCE	POL		76	M30/103	(M)217	00:58:58	00:58:54	05.53
104	390	LEŚNIEWSKI Michał	WROCLAW	POL		82	M30/104	(M)226	01:01:47	01:01:22	06.08
105	44	KEMPA Paweł	BRZEZIA ŁĄKA	POL		76	M30/105	(M)227	01:01:54	01:01:26	06.08
106	434	KOPEĆ Tomasz	WROCLAW	POL		84	M30/106	(M)228	01:01:58	01:01:39	06.09
107	216	HUB Mał	PEŁCZYCE	POL		78	M30/107	(M)231	01:04:40	01:04:15	06.25
108	491	Kalita Michał		POL		84	M30/108	(M)232	01:10:47	01:10:34	07.03
109	330	LUDKA Łukasz	MARCINKOWICE	POL		81	M30/109	(M)234	01:14:37	01:14:27	07.26

Open KATEGORIA:M20

1	312	SOCHA Artur	WAŁBRZYCH	POL		89	M20/1	(M)2	00:35:53	00:35:53	03.35
2	128	KACZMARCZYK Łukasz	JASZOWICE	POL		88	M20/2	(M)6	00:37:03	00:37:03	03.42
3	57	CZARNOTA Dariusz	WSCHOWA	POL		89	M20/3	(M)8	00:38:10	00:38:10	03.49
4	36	KUTAJ Dawid	HENRYKÓW	POL		90	M20/4	(M)13	00:39:03	00:39:01	03.54
5	285	BAŃSKI Sebastian	KAMIENNA GÓRA	POL		92	M20/5	(M)18	00:39:29	00:39:27	03.56
6	286	TOCZEK Arkadiusz	ZAWOJA	POL		95	M20/6	(M)21	00:40:18	00:40:18	04.01
7	160	NIENARTOWICZ Jakub	SMOLEC	POL		89	M20/7	(M)30	00:41:01	00:40:56	04.05
8	227	LABUSEK Łukasz	RYDULTOWY	POL		92	M20/8	(M)37	00:41:48	00:41:48	04.10
9	207	KĘDZIA Dawid	WROCLAW	POL		92	M20/9	(M)40	00:42:16	00:42:08	04.12
10	361	KOZŁOWICZ Tomasz	WIELKA LIPA	POL		92	M20/10	(M)43	00:42:22	00:42:11	04.13
11	4	SZAFRAN Krzysztof	WROCLAW	POL		88	M20/11	(M)53	00:43:25	00:43:16	04.19
12	324	KLATKA Łukasz	LEGNICA	POL		88	M20/12	(M)56	00:43:36	00:43:32	04.21
13	473	RAMUŚ Krystian	HENRYKÓW	POL		88	M20/13	(M)71	00:45:11	00:45:07	04.30
14	133	CZAPLEJEWICZ Wojciech	WROCLAW	POL		87	M20/14	(M)75	00:45:28	00:45:26	04.32
15	306	IWANIEC Marcin	WROCLAW	POL		87	M20/15	(M)90	00:46:27	00:46:18	04.37
16	73	KRUK Michał	WROCLAW	POL		88	M20/16	(M)110	00:48:12	00:48:00	04.48
17	136	KAMIŃSKI Krzysztof	WROCLAW	POL		92	M20/17	(M)112	00:48:28	00:48:07	04.48
18	475	ZIEMBICKI Roman	WAŁBRZYCH	POL		89	M20/18	(M)127	00:49:40	00:49:27	04.56
19	291	FLORCZAK Patryk	BOGATYNIA	POL		91	M20/19	(M)135	00:50:09	00:49:53	04.59
20	59	GRZYWNIK Łukasz	JORDANÓW ŚLĄSKI	POL		89	M20/20	(M)142	00:50:32	00:50:17	05.01
21	332	JURKIN Damian	WYSOKA	POL		86	M20/21	(M)170	00:53:00	00:52:41	05.16
22	108	STANKIEWICZ Rafał	SMOLEC	POL		89	M20/22	(M)176	00:53:29	00:53:26	05.20
23	158	STANISZ Robert	SMOLEC	POL		88	M20/23	(M)192	00:55:15	00:54:51	05.29
24	206	KWIATKOWSKI Łukasz	BIELSKO-BIAŁA	POL		93	M20/24	(M)193	00:55:16	00:54:58	05.29
25	499	Lipka Natalia		POL		90	M20/25	(M)199	00:56:01	00:55:42	05.34
26	322	MUDRY Paweł	KOSTOMŁOTY	POL		87	M20/26	(M)206	00:57:02	00:56:39	05.39

Open KATEGORIA:K16

1	406	STANISŁAWSKA Natalia	KĘPNO	POL		98	K16/1	(K)19	00:50:18	00:50:17	05.01
2	178	SZULC Dominika	WAŁBRZYCH	POL		98	K16/2	(K)27	00:52:51	00:52:49	05.16
3	467	MARKOWICZ Katarzyna	WROCLAW	POL		98	K16/3	(K)31	00:53:37	00:53:22	05.20
4	315	KUŹNIEWICZ Kasia	BIELANY WROCLAWSKIE	POL		99	K16/4	(K)38	00:55:00	00:54:51	05.29
5	347	MICHALAK Aleksandra	WROCLAW	POL		97	K16/5	(K)58	00:59:58	00:59:33	05.57