

Wrocławska Trzydziestka

WYNIKI ZAWODÓW

Open

Organizator: Stowarzyszenie Pro-Run Wrocław

Termin: 28.02.2016



























































Miejsce: Wrocław

Dystans: 30km

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Czas Time	[min/km]
Open KATEGORIA:M20										
1	16	STEFAŃSKI Dawid	POZNAŃ	POL		89	M20/1	(M)2	01:49:15	03.38
2	467	KALUŻA Mateusz	CZĘSTOCHOWA	POL		94	M20/2	(M)7	02:01:07	04.02
3	607	SKUDLARSKI Jakub	WROCLAW	POL		91	M20/3	(M)13	02:04:56	04.09
4	347	ZARCZUK Paweł	WROCLAW	POL		88	M20/4	(M)21	02:10:41	04.21
5	136	SMOLAK Dawid	OLEŚNICA	POL		89	M20/5	(M)27	02:12:47	04.25
6	85	WNĘK Jarosław	KLUCZBORK	POL		88	M20/6	(M)28	02:13:04	04.25
7	444	LAGRANGE Clément	WROCLAW	POL		94	M20/7	(M)32	02:14:06	04.27
8	187	TATARA Wojciech	TRZEBNICA	POL		93	M20/8	(M)43	02:19:25	04.38
9	615	KOŁODZIEJ Michał	ZŁOTORYJA	POL		88	M20/9	(M)46	02:20:28	04.40
10	214	DUDEK Mateusz	KLUCZBORK	POL		88	M20/10	(M)48	02:20:46	04.41
11	409	MAZUR Adam	WOJNOWICE	POL		95	M20/11	(M)49	02:20:48	04.41
12	115	ORŁOWSKI Łukasz	SULECHÓW	POL		87	M20/12	(M)55	02:21:37	04.43
13	277	GONSIOR Rafał	NIEMODLIN	POL		88	M20/13	(M)59	02:22:23	04.44
14	408	JASIONEK Jerzy	WROCLAW	POL		89	M20/14	(M)67	02:23:49	04.47
15	265	TUBEK Sebastian	WROCLAW	POL		96	M20/15	(M)71	02:24:13	04.48
16	555	LENART Rafał	KĘTRZYN	POL		89	M20/16	(M)78	02:25:32	04.51
17	440	PUDELKO Roman	CHRÓŚCINA	POL		88	M20/17	(M)90	02:28:31	04.57
18	130	KORNAŚ Krzysztof	PUSTKÓW ŻURAWSKI	POL		97	M20/18	(M)91	02:28:36	04.57
19	83	ŁOPOSZKO Cyprian	KOBIERZYCE	POL		87	M20/19	(M)98	02:29:39	04.59
20	322	GIEMZA Michał	JAWOR	POL		89	M20/20	(M)99	02:29:44	04.59
21	564	GRĄDOWSKI Krzysztof	GŁUCHOŁAZY	POL		88	M20/21	(M)119	02:36:29	05.12
22	583	KLATKA Łukasz	LEGNICA	POL		88	M20/22	(M)122	02:37:21	05.14
23	11	SOCHACKI Damian	SIENIAWKA	POL		94	M20/23	(M)130	02:39:25	05.18
24	488	ŁOBEJKO Adam	WROCLAW	POL		91	M20/24	(M)142	02:43:00	05.26
25	362	KASPRZYCKI Bartłomiej	WROCLAW	POL		88	M20/25	(M)150	02:44:04	05.28
26	109	RABCEWICZ Marek	LUBIN	POL		92	M20/26	(M)162	02:51:01	05.42
27	233	CZAJKOWSKI Adam	LEGNICA	POL		93	M20/27	(M)170	02:52:28	05.44
28	622	WIKTOR Tátray	LEGNICA	POL		95	M20/28	(M)171	02:53:06	05.46
29	623	TOMASZ Podstawka	LEGNICA	POL		87	M20/29	(M)172	02:53:08	05.46
30	275	ADAMSKI Maciej	WROCLAW	POL		94	M20/30	(M)197	03:05:39	06.11
31	578	SULIKOWSKI Rafał	MIROSZOWICE	POL		92	M20/31	(M)198	03:07:06	06.14
32	448	ŚWIĄTEK Michał	NOWOGRÓD	POL		93	M20/32	(M)206	03:14:37	06.29

Open KATEGORIA:M30

1	471	OKRZESIK Krzysztof	LUTOMIA GORNA	POL		84	M30/1	(M)3	01:55:48	03.51
2	431	BOJCZUK Krzysztof	WROCLAW	POL		84	M30/2	(M)4	01:58:32	03.57
3	86	MUSIAŁ Mateusz	OLEŚNICA	POL		86	M30/3	(M)5	01:59:00	03.58
4	629	WCISŁO Grzegorz	WROCLAW	POL		82	M30/4	(M)6	02:00:56	04.01
5	67	GULAJ Artur	LEGNICA	POL		77	M30/5	(M)8	02:01:31	04.03
6	491	BRYL Karol	WROCLAW	POL		82	M30/6	(M)11	02:04:08	04.08
7	35	GRAD Łukasz	LEGNICA	POL		83	M30/7	(M)14	02:06:46	04.13
8	291	BUDNIK Łukasz	WROCLAW	POL		84	M30/8	(M)17	02:09:34	04.19
9	560	DUPLA Konrad	WROCLAW	POL		79	M30/9	(M)18	02:10:11	04.19
10	323	ŚMIEIŃSKI Filip	SZKLARY GÓRNE	POL		85	M30/10	(M)20	02:10:25	04.20
11	439	KOSAREWICZ Paweł	JELCZ - LASKOWICE	POL		85	M30/11	(M)24	02:12:33	04.25
12	493	GMYREK Damian	LUBIN	POL		83	M30/12	(M)29	02:13:18	04.26
13	569	SKRZYPCZAK Tomasz	WROCLAW	POL		85	M30/13	(M)30	02:13:58	04.27

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Czas Time	[min/km]
14	636	PALACZ Marcin	BRZEG	 POL		77	M30/14	(M)38	02:17:02	04.34
15	519	ZYCH Marcin	WROCLAW	 POL		81	M30/15	(M)39	02:17:08	04.34
16	61	STEFANICKI Tomasz	WROCLAW	 POL		80	M30/16	(M)40	02:17:33	04.35
17	377	MICHELEWICZ Krzysztof	WARSZAWA	 POL		86	M30/17	(M)41	02:18:49	04.37
18	4	RAGAN Pawel	WROCLAW	 POL		80	M30/18	(M)54	02:21:28	04.42
19	143	GDANIEC Jakub	WROCLAW	 POL		84	M30/19	(M)60	02:22:27	04.44
20	122	ZIĘTERSKI Robert	KŁODZKO	 POL		77	M30/20	(M)61	02:22:52	04.45
21	537	SKRZEK Marcin	WROCLAW	 POL		80	M30/21	(M)62	02:23:08	04.46
22	84	NOWAK Piotr	OLEŚNICA	 POL		77	M30/22	(M)64	02:23:25	04.46
23	103	MELNYK Ivan	WROCLAW	 UKR		86	M30/23	(M)65	02:23:43	04.47
24	171	LIPIŃSKI Mateusz	WROCLAW	 POL		83	M30/24	(M)66	02:23:48	04.47
25	575	GRONDYS Paweł	WROCLAW	 POL		80	M30/25	(M)68	02:24:01	04.48
26	532	DYM Grzegorz	LUBIN	 POL		79	M30/26	(M)70	02:24:06	04.48
27	612	GARNEK Piotr	WROCLAW	 POL		79	M30/27	(M)79	02:25:35	04.51
28	388	DĄBROWSKI Andrzej	WROCLAW	 POL		85	M30/28	(M)80	02:25:58	04.51
29	373	GWARZIK Piotr	WROCLAW	 POL		79	M30/29	(M)81	02:26:08	04.52
30	334	NOWAK Mariusz	WROCLAW	 POL		81	M30/30	(M)83	02:26:20	04.52
31	342	STYCZYŃSKI Marcin	WROCLAW	 POL		86	M30/31	(M)85	02:26:52	04.53
32	642	PIECHOCKI Adam	WARSZAWA	 POL		77	M30/32	(M)86	02:27:30	04.55
33	417	BANDURA Robert	WROCLAW	 POL		83	M30/33	(M)92	02:29:10	04.58
34	481	POTOCKI Marcin	ŻARY	 POL		78	M30/34	(M)96	02:29:35	04.59
35	469	MŁYNARCZYK Łukasz	WROCLAW	 POL		78	M30/35	(M)97	02:29:36	04.59
36	571	AKUTKO Sebastian	WROCLAW	 POL		77	M30/36	(M)102	02:30:39	05.01
37	603	ŻABIAREK Bogumił	KALISZ	 POL		79	M30/37	(M)103	02:30:43	05.01
38	610	ŁAWRYNOWICZ Jakub	WROCLAW	 POL		80	M30/38	(M)105	02:31:11	05.02
39	494	OBAL Marcin	ZDUNY	 POL		82	M30/39	(M)108	02:31:47	05.03
40	561	SĘK Maciej	WROCLAW	 POL		81	M30/40	(M)111	02:33:17	05.06
41	563	KRAKOWIAN Sławek	WROCLAW	 POL		86	M30/41	(M)116	02:35:24	05.10
42	492	DOMAŃSKI Maciej	OLEŚNICA	 POL		77	M30/42	(M)121	02:36:57	05.13
43	620	KRUPA Łukasz	WIERUSZÓW	 POL		81	M30/43	(M)124	02:37:36	05.15
44	507	MESJASZ Marek	LUBIN	 POL		85	M30/44	(M)126	02:38:08	05.16
45	433	WASILEWICZ Marcin	WAŁBRZYCH	 POL		80	M30/45	(M)128	02:38:54	05.17
46	614	SZEREMETA Krzysztof	CEGLÓW	 POL		80	M30/46	(M)129	02:39:12	05.18
47	472	KOSENDA Dominik	WROCLAW	 POL		79	M30/47	(M)132	02:39:40	05.19
48	539	WRÓBLEWSKI Tomasz	BOLESŁAWIEC	 POL		83	M30/48	(M)135	02:40:45	05.21
49	62	LLORCA GARCIA Ivan	ALICANTE	 ESP		85	M30/49	(M)137	02:41:46	05.23
50	383	BOROWIEC Bartosz	WROCLAW	 POL		83	M30/50	(M)138	02:42:20	05.24
51	630	LASIK Marcin	LEGNICA	 POL		79	M30/51	(M)139	02:42:29	05.24
52	621	KOWAL Krzysztof	WROCLAW	 POL		83	M30/52	(M)141	02:42:55	05.25
53	570	KULESA Krzysztof	WROCLAW	 POL		83	M30/53	(M)143	02:43:15	05.26
54	550	KAZUBSKI Mariusz	WROCLAW	 POL		81	M30/54	(M)144	02:43:32	05.27
55	27	HOTAŁA Piotr	WROCLAW	 POL		79	M30/55	(M)146	02:43:41	05.27
56	116	NAPORA Przemysław	LUBIN	 POL		85	M30/56	(M)148	02:43:51	05.27
57	605	DZIMIRA Paweł	WROCLAW	 POL		77	M30/57	(M)149	02:43:58	05.27
58	639	BYŁÓW Andrzej	WROCLAW	 POL		77	M30/58	(M)153	02:46:54	05.33
59	112	JADACH Grzegorz	WIĄZÓW	 POL		82	M30/59	(M)156	02:47:15	05.34
60	600	ROŚLICKI Jarosław	WROCLAW	 POL		80	M30/60	(M)159	02:49:31	05.39
61	43	SKOWROŃSKI Bartosz	WROCLAW	 POL		85	M30/61	(M)164	02:51:08	05.42
62	151	KULIŃSKI Krzysztof	SIECHNICE	 POL		84	M30/62	(M)165	02:51:22	05.42
63	57	MADZIARSKI Marek	ŻERNIKI WROCLAWSKIE	 POL		82	M30/63	(M)167	02:51:51	05.43
64	267	KORDYSZ Jarosław	LUBIN	 POL		80	M30/64	(M)173	02:54:01	05.48
65	497	BRZUZY Sebastian	WROCLAW	 POL		83	M30/65	(M)174	02:54:32	05.49
66	586	JACYSZYN Jacek	NYSA	 POL		80	M30/66	(M)175	02:55:02	05.50
67	587	ZIOBRO Kamil	WROCLAW	 POL		80	M30/67	(M)176	02:55:07	05.50
68	527	STRUMIŃSKI Kamil	WROCLAW	 POL		83	M30/68	(M)181	02:57:41	05.55
69	625	WOJKOWSKI Kamil	WROCLAW	 POL		81	M30/69	(M)183	02:58:02	05.56
70	643	STAWOWY Jan		 POL		85	M30/70	(M)191	03:03:46	06.07
71	513	KOWALCZYK Michał	OPOLE	 POL		85	M30/71	(M)192	03:03:47	06.07
72	92	CIEMNY Kamil	WROCLAW	POL		82	M30/72	(M)193	03:03:57	06.07

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Czas Time	[min/km]
73	525	KONOPKA Sebastian	WROCLAW	POL		78	M30/73	(M)194	03:04:12	06.08
74	96	SULICH Grzegorz	WROCLAW	POL		81	M30/74	(M)200	03:07:32	06.15
75	585	PTAK Arkadiusz	WILKSZYN	POL		79	M30/75	(M)201	03:07:48	06.15
76	428	PIOTROWSKI Mariusz	WROCLAW	POL		81	M30/76	(M)203	03:08:30	06.17
77	577	NOSKO Jędrzej	WROCLAW	POL		85	M30/77	(M)207	03:15:22	06.30
78	176	KRUCZKIEWICZ Mateusz	WROCLAW	POL		79	M30/78	(M)211	03:29:50	06.59
Open KATEGORIA:M40										
1	173	GRONOSTAJ Grzegorz	WROCLAW	POL		74	M40/1	(M)1	01:45:16	03.30
2	457	WIŚNIEWSKI Sławomir	WROCLAW	POL		73	M40/2	(M)10	02:02:29	04.04
3	426	KORZEŃ Artur	OŁAWA	POL		76	M40/3	(M)12	02:04:12	04.08
4	573	ŚCISŁO Przemysław	POLKOWICE	POL		71	M40/4	(M)15	02:07:48	04.15
5	552	KUBIAK Przemysław	WILCZYCE	POL		72	M40/5	(M)19	02:10:23	04.20
6	474	HEŁMECKI Dariusz	WILCZYCE	POL		71	M40/6	(M)23	02:12:28	04.24
7	557	BANASZEWSKI Adam	OLEŚNICA	POL		74	M40/7	(M)26	02:12:38	04.25
8	480	SZCZOT Andrzej	WROCLAW	POL		76	M40/8	(M)33	02:14:20	04.28
9	553	SROKA Paweł	KOWARY	POL		74	M40/9	(M)34	02:16:27	04.32
10	558	CYGAN Piotr	BIELANY WROCLAWSKIE	POL		69	M40/10	(M)35	02:16:36	04.33
11	196	JAKOBSZE Wojciech	MARCINKOWICE	POL		74	M40/11	(M)36	02:16:40	04.33
12	572	PAŚ Tomasz	WROCLAW	POL		75	M40/12	(M)37	02:16:54	04.33
13	443	TYCZKOWSKI Mariusz	WROCLAW	POL		67	M40/13	(M)42	02:19:06	04.38
14	616	DURA Piotr	POZNAŃ	POL		67	M40/14	(M)45	02:20:17	04.39
15	490	DĄBROWSKI Roman	WROCLAW	POL		70	M40/15	(M)47	02:20:32	04.40
16	632	SORÓBKA Tomasz	SMOLEC	POL		73	M40/16	(M)50	02:20:50	04.41
17	624	FOLGA Marek	WROCLAW	POL		75	M40/17	(M)51	02:21:23	04.42
18	598	KNAPIK Piotr	WROCLAW	POL		73	M40/18	(M)52	02:21:25	04.42
19	59	SEMPIK Robert	RĘKÓW	POL		73	M40/19	(M)56	02:21:50	04.43
20	206	LIPNICKI Tomasz	WROCLAW	POL		70	M40/20	(M)57	02:21:53	04.43
21	255	SULIMA Grzegorz	STRZEGOM	POL		67	M40/21	(M)58	02:21:58	04.43
22	252	JANUSZ Tomasz	WROCLAW	POL		76	M40/22	(M)63	02:23:13	04.46
23	394	BRONOWICKI Jarosław	JAKUBKOWICE	POL		72	M40/23	(M)72	02:24:14	04.48
24	97	RZECZKOWSKI Dariusz	WROCLAW	POL		68	M40/24	(M)73	02:24:45	04.49
25	7	KAMIŃSKI Ireneusz	ŚWIDNICA	POL		75	M40/25	(M)74	02:24:46	04.49
26	226	SKWAREK Stanisław	KĄTY WROCLAWSKIE	POL		72	M40/26	(M)75	02:25:12	04.50
27	606	WOŹNICA Andrzej	WILCZYCE	POL		70	M40/27	(M)82	02:26:15	04.52
28	565	SABOK Bernard	WROCLAW	POL		74	M40/28	(M)84	02:26:40	04.53
29	46	SZCZYGIELSKI Bartłomiej	WROCLAW	POL		73	M40/29	(M)87	02:27:31	04.55
30	626	GRAUMANN Janusz	CHODECZ	POL		72	M40/30	(M)88	02:27:59	04.55
31	238	KRAUZE Tomasz adam	WROCLAW	POL		67	M40/31	(M)89	02:28:08	04.56
32	163	OLĄNSKI Krzysztof	WROCLAW	POL		73	M40/32	(M)93	02:29:25	04.58
33	71	KARCZYŃSKI Dariusz	OLEŚNICA	POL		76	M40/33	(M)94	02:29:34	04.59
34	427	STAWARZ Paweł	OLEŚNICA	POL		69	M40/34	(M)95	02:29:35	04.59
35	574	BOGUCKI Jarosław	OŁAWA	POL		72	M40/35	(M)100	02:29:54	04.59
36	584	BORECKI Daniel	BRZEZINA	POL		71	M40/36	(M)101	02:30:20	05.00
37	400	RYBAŁKO Lech	WILCZYCE	POL		67	M40/37	(M)106	02:31:17	05.02
38	107	RECZUCH Andrzej	WROCLAW	POL		76	M40/38	(M)107	02:31:22	05.02
39	200	ZAJĄCZKOWSKI Sławomir	WROCLAW	POL		75	M40/39	(M)109	02:31:54	05.03
40	248	MYSZKA Mariusz	PIESZYCE	POL		73	M40/40	(M)110	02:33:09	05.06
41	358	GALANT Sławomir	WROCLAW	POL		75	M40/41	(M)112	02:33:20	05.06
42	241	BORKOWSKI Maciej	MIŁOSZYCE	POL		75	M40/42	(M)113	02:33:36	05.07
43	398	BARAN Jarosław	WROCLAW	POL		74	M40/43	(M)114	02:34:17	05.08
44	89	PIEKARNIAK Rafał	OLEŚNICA	POL		74	M40/44	(M)115	02:34:30	05.09
45	221	BLACHOWSKI Jan	WROCLAW	POL		74	M40/45	(M)118	02:36:28	05.12
46	327	WAWRZYŃIAK Hubert	WROCLAW	POL		71	M40/46	(M)120	02:36:42	05.13
47	599	RAŃCKI Dariusz	WAŁBRZYCH	POL		70	M40/47	(M)125	02:38:04	05.16
48	495	MOLENDĄ Michał	WROCLAW	POL		71	M40/48	(M)127	02:38:31	05.17
49	477	KUBIAK Maciej	OSTRÓW WIELKOPOLSKI	POL		73	M40/49	(M)133	02:40:06	05.20
50	228	KWINTA Maciej	WROCLAW	POL		72	M40/50	(M)136	02:41:38	05.23
51	411	GRYGIEL Leszek	WROCLAW	POL		69	M40/51	(M)140	02:42:50	05.25

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Czas Time	[min/km]
52	349	JANUCHTA Przemysław	LUBIN	POL		72	M40/52	(M)145	02:43:34	05.27
53	412	ANTOSZEWSKI Robert	MIŁOSZYCE	POL		76	M40/53	(M)147	02:43:49	05.27
54	604	BEDNARCZYK Bogdan	WROCLAW	POL		67	M40/54	(M)151	02:44:55	05.29
55	464	ROMANOWICZ Robert	WROCLAW	POL		76	M40/55	(M)152	02:45:36	05.31
56	554	ZAJĄCZKOWSKI Dariusz	TRZEBNICA	POL		68	M40/56	(M)154	02:46:59	05.33
57	455	PRUKOP Wojciech	WROCLAW	POL		67	M40/57	(M)155	02:47:11	05.34
58	237	PIETRASZEK Piotr	WROCLAW	POL		75	M40/58	(M)157	02:48:36	05.37
59	270	SOLBIATI Davide	WROCLAW	POL		71	M40/59	(M)160	02:49:36	05.39
60	105	ZDIARSKI Tomasz	WROCLAW	POL		73	M40/60	(M)163	02:51:05	05.42
61	234	HRUSZOWIEC Paweł	WOŁÓW	POL		72	M40/61	(M)166	02:51:47	05.43
62	458	JĘDRYCH Dariusz	WROCLAW	POL		70	M40/62	(M)168	02:52:08	05.44
63	258	LEŚNIAK Adam	OLEŚNICA	POL		70	M40/63	(M)169	02:52:12	05.44
64	473	OWCZAREK Marcin	LUBIN	POL		74	M40/64	(M)177	02:56:11	05.52
65	39	SPYCHAŁA Marek	WROCLAW	POL		75	M40/65	(M)178	02:57:23	05.54
66	451	WASILEWICZ Tomasz	WAŁBRZYCH	POL		76	M40/66	(M)182	02:58:01	05.56
67	468	BARANOWSKI Robert	WROCLA	POL		71	M40/67	(M)184	02:58:44	05.57
68	384	GIEŁDA Adam	ŚREM	POL		71	M40/68	(M)186	03:00:07	06.00
69	522	MOSKWIAK Tomasz	WROCLAW	POL		72	M40/69	(M)188	03:01:47	06.03
70	593	BEDNAREK Janusz	LEWKÓW	POL		69	M40/70	(M)189	03:01:54	06.03
71	617	DUMAŃSKI Adam	NYSA	POL		72	M40/71	(M)190	03:03:20	06.06
72	641	SZYLAR Sylwester	CZERNICA	POL		73	M40/72	(M)195	03:05:18	06.10
73	618	ANTCZAK Jacek	WROCLAW	POL		69	M40/73	(M)196	03:05:25	06.10
74	438	RYBAK Wojciech	SUCHY BÓR	POL		70	M40/74	(M)202	03:08:24	06.16
75	446	RECZUCH Adam	WROCLAW	POL		74	M40/75	(M)209	03:25:57	06.51
76	100	ZNAMIROWSKI Krzysztof	WROCLAW	POL		72	M40/76	(M)210	03:27:04	06.54
77	635	KEMBŁOWSKI Arkadiusz		POL		75	M40/77	(M)214	03:41:18	07.22

Open KATEGORIA:M50

1	82	KURIATA Robert	ZŁOTORYJA	POL		66	M50/1	(M)9	02:02:02	04.04
2	634	SOBERA Jan		POL		63	M50/2	(M)16	02:07:50	04.15
3	534	JAWORSKI Waldemar	STRZEGOM	POL		62	M50/3	(M)22	02:11:36	04.23
4	592	ZAGROBELNY Radosław	WROCLAW	POL		64	M50/4	(M)25	02:12:37	04.25
5	640	WILK Czesław	WĘGRÓW	POL		58	M50/5	(M)31	02:14:03	04.28
6	499	CYBULSKI Piotr	BRZEZINA	POL		59	M50/6	(M)69	02:24:04	04.48
7	288	BRYŃSKI Dariusz	ZIELONA GÓRA	POL		63	M50/7	(M)76	02:25:17	04.50
8	162	GERUS Wiesław	WROCLAW	POL		65	M50/8	(M)77	02:25:25	04.50
9	528	BARAŃSKI Andrzej	WROCLAW	POL		60	M50/9	(M)117	02:35:25	05.10
10	633	MATKOWSKI Kazimierz	SMOLEC	POL		62	M50/10	(M)123	02:37:23	05.14
11	91	BALKIEWICZ Henryk	LEGNICA	POL		63	M50/11	(M)131	02:39:27	05.18
12	40	KOŻUSZEK Jacek	WROCLAW	POL		65	M50/12	(M)134	02:40:27	05.20
13	203	HACKEMER Marek	WROCLAW	POL		58	M50/13	(M)161	02:50:52	05.41
14	72	JĘDRZEJEWSKI Zbigniew	WROCLAW	POL		63	M50/14	(M)179	02:57:39	05.55
15	609	ŁADOŃSKI Ryszard	WROCLAW	POL		57	M50/15	(M)180	02:57:41	05.55
16	289	PALIWODA Ryszard	NIEMODLIN	POL		65	M50/16	(M)185	02:59:33	05.59
17	159	WARWAS Artur	WROCLAW	POL		66	M50/17	(M)199	03:07:08	06.14
18	611	MACHALSKI Dariusz	DOBZYKOWICE	POL		58	M50/18	(M)212	03:31:53	07.03
19	590	KRYSIAK Dariusz	WROCLAW	POL		60	M50/19	(M)213	03:40:50	07.21

Open KATEGORIA:M60

1	346	TWARÓG Zbigniew	STRZEGOM	POL		52	M60/1	(M)44	02:19:40	04.39
2	268	CIBORSKI Ireneusz	WROCLAW	POL		53	M60/2	(M)53	02:21:27	04.42
3	437	TASAREK Ryszard	NYSA	POL		52	M60/3	(M)104	02:30:56	05.01
4	164	MITROSZ Andrzej	WROCLAW	POL		56	M60/4	(M)158	02:49:10	05.38
5	597	ŻÓŁTOWSKI Krzysztof	WROCLAW	POL		56	M60/5	(M)187	03:01:09	06.02
6	461	JABŁOŃSKI Kazimierz	PRĄDY	POL		51	M60/6	(M)204	03:10:39	06.21
7	531	PETRYNA Leszek	WROCLAW	POL		56	M60/7	(M)205	03:10:43	06.21
8	430	LEWANDOWSKI Tadeusz	WROCLAW	POL		49	M60/8	(M)208	03:18:46	06.37

Open KATEGORIA:K20

1	580	ZAJĄCZKOWSKA Anna	TRZEBNICA	POL		93	K20/1	(K)1	02:19:25	04.38
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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Czas Time	[min/km]
2	423	OBSTÓJ Karolina	KIEŁCZÓW	POL		90	K20/2	(K)4	02:25:29	04.50
3	465	SMALIRA Beata	GLUCHOŁAZY	POL		90	K20/3	(K)9	02:34:50	05.09
4	419	OSMOLAK Agnieszka	WROCLAW	POL		88	K20/4	(K)10	02:38:07	05.16
5	602	SAP Patrycja	GLIWICE	POL		90	K20/5	(K)16	02:41:47	05.23
6	510	PETRYNA Jagoda	WROCLAW	POL		88	K20/6	(K)18	02:44:12	05.28
7	637	CIEŚLA Karol	WROCLAW	POL		92	K20/7	(K)26	02:52:11	05.44
8	595	CZARNIECKA Agata	WROCLAW	POL		93	K20/8	(K)30	02:56:23	05.52
9	631	KORCZYC Anna	ŁWÓWEK ŚLĄSKI	POL		92	K20/9	(K)43	03:10:21	06.20

Open KATEGORIA:K30

1	179	ŁOWICKA Magdalena	WROCLAW	POL		85	K30/1	(K)2	02:21:50	04.43
2	543	KRYM Katarzyna	SMOLEC	POL		77	K30/2	(K)3	02:24:18	04.48
3	312	ŁAMPIKA Kinga	SMOLEC	POL		80	K30/3	(K)5	02:28:30	04.57
4	485	STĘPNIOWSKA Ewelina	WROCLAW	POL		83	K30/4	(K)7	02:31:48	05.03
5	250	KOZAK-SROKA Bożena	KOWARY	POL		78	K30/5	(K)8	02:34:18	05.08
6	198	ŻELAZOWSKA Ola	WROCLAW	POL		85	K30/6	(K)12	02:39:32	05.19
7	453	ŻUROW Karolina	WROCLAW	POL		82	K30/7	(K)13	02:39:57	05.19
8	613	HADZICKA Sylwia	WROCLAW	POL		80	K30/8	(K)17	02:43:16	05.26
9	566	BANACH Joanna	WROCLAW	POL		82	K30/9	(K)20	02:44:57	05.29
10	217	LATAROWSKA Małgorzata	LWÓWEK ŚLĄSKI	POL		84	K30/10	(K)21	02:45:18	05.30
11	229	KACZMARCZYK Urszula	WROCLAW	POL		79	K30/11	(K)22	02:47:12	05.34
12	204	ŁADOŃSKA Katarzyna	WROCLAW	POL		82	K30/12	(K)23	02:47:13	05.34
13	434	FIDOT Aleksandra	GŁOGÓWEK	POL		82	K30/13	(K)25	02:51:49	05.43
14	142	WYSTĘPEK Daria	WROCLAW	POL		86	K30/14	(K)29	02:55:02	05.50
15	186	LACH-PAPCIAK Katarzyna	JAWOR	POL		78	K30/15	(K)31	03:01:27	06.02
16	317	WAJZER Mariola	JAWOR	POL		77	K30/16	(K)33	03:01:47	06.03
17	207	KRAWCZYK Anna	GORZYCE WIELKIE	POL		80	K30/17	(K)34	03:01:53	06.03
18	487	CIOŁKOWSKA Katarzyna	WROCLAW	POL		81	K30/18	(K)37	03:02:08	06.04
19	269	SZAŃCA Monika	WROCLAW	POL		79	K30/19	(K)42	03:08:37	06.17
20	601	KOZIEŁ Mariola	WROCLAW	POL		79	K30/20	(K)44	03:20:33	06.41
21	254	MAJEWSKA Sylwia	LUBIN	POL		80	K30/21	(K)46	03:27:52	06.55
22	486	ZAGROBELNA Magdalena	WROCLAW	POL		78	K30/22	(K)48	03:31:05	07.02
23	148	WAWRZYNIAK Barbara	WROCLAW	POL		82	K30/23	(K)49	03:39:24	07.18

Open KATEGORIA:K40

1	559	FOJTAR Dorota	WROCLAW	POL		75	K40/1	(K)6	02:31:24	05.02
2	197	ROT Magdalena	WROCLAW	POL		69	K40/2	(K)11	02:39:32	05.19
3	432	PATALAS Blanka	SOŚNIE	POL		76	K40/3	(K)14	02:40:13	05.20
4	548	KUBIAK Joanna	WILCZYCE	POL		74	K40/4	(K)15	02:41:42	05.23
5	401	WRÓBLEWSKA-CWENAR Dorota	WROCLAW	POL		71	K40/5	(K)24	02:51:12	05.42
6	452	SOBCZAK Beata	WROCLAW	POL		76	K40/6	(K)27	02:54:07	05.48
7	133	PAWLAK Katarzyna	WROCLAW	POL		76	K40/7	(K)28	02:54:55	05.49
8	335	TERMENA Anna	JAWOR	POL		73	K40/8	(K)32	03:01:32	06.03
9	619	ANTCZAK Riwana	WROCLAW	POL		68	K40/9	(K)36	03:01:57	06.03
10	77	SKUPIEŃ Anna	WROCLAW	POL		76	K40/10	(K)38	03:03:32	06.07
11	174	BRODALA Agnieszka	WROCLAW	POL		76	K40/11	(K)39	03:04:03	06.08
12	476	GRYGIEL Agnieszka	WROCLAW	POL		71	K40/12	(K)40	03:05:40	06.11
13	70	KLIMOWICZ-BODYS Małgorzata	WROCLAW	POL		76	K40/13	(K)41	03:06:05	06.12
14	638	JANICKA Aneta		POL		76	K40/14	(K)45	03:27:32	06.55
15	147	PAŁĘZA Magdalena	WROCLAW	POL		76	K40/15	(K)47	03:30:13	07.00

Open KATEGORIA:K50

1	369	BERDOWSKA Izabela	WROCLAW	POL		66	K50/1	(K)19	02:44:24	05.28
2	396	PLÓCIENNIK Renata	OSTRÓW WIELKOPOLSKI	POL		63	K50/2	(K)35	03:01:53	06.03