

# Enervit Classic 5 km

## WYNIKI ZAWODÓW

**Organizator:** Stowarzyszenie Bieg Piastów

**Termin:** 07.01.2017

**Miejsce:** Jakuszyce

**Dystans:** 5 km

| Miejsce Rank              | Nr Bib | Nazwisko i imię Name       | Miejscowość City   | Kraj Nat | Drużyna Team  | R-k YoB | W kategorii in Age | Sex    | Czas Time | [min/km] |
|---------------------------|--------|----------------------------|--------------------|----------|---|---------|--------------------|--------|-----------|----------|
| <b>5 km CL - M16 [11]</b> |        |                            |                    |          |   |         |                    |        |           |          |
| 1                         | 91     | BROJ Marcel                | ŻLINICE            | POL      | BROJ TEAM ZLINICE   | 00      | M16/1              | (M)30  | 00:21:07  | 04.13    |
| 2                         | 46     | MARCINIAK Mikołaj          | KARPACZ            | POL      | I LO JELENIA GÓRA   | 99      | M16/2              | (M)60  | 00:23:52  | 04.46    |
| 3                         | 162    | NADACHOWSKI Artur          | ZACHARZEW          | POL      | 1 LO OSTRÓW WIELKOPOLSKI  | 00      | M16/3              | (M)66  | 00:24:38  | 04.55    |
| 4                         | 246    | GRZYMAŁA Stanisław         | KOŚCIAN            | POL      | TARTAK SZCZODROWO TEAM  | 98      | M16/4              | (M)76  | 00:26:34  | 05.18    |
| 5                         | 93     | BROJ Kornel                | ŻLINICE            | POL      | BROJ TEAM ZLINICE   | 98      | M16/5              | (M)89  | 00:27:50  | 05.34    |
| 6                         | 165    | BARTKOWIAK Jan             | SŁUPCA             | POL      | BARTKOWIAK TEAM   | 02      | M16/6              | (M)99  | 00:29:09  | 05.49    |
| 7                         | 144    | JAWORSKI Michał            | KRZYŻ WIELKOPOLSKI | POL      | LO TRZCIANKA  | 99      | M16/7              | (M)101 | 00:29:11  | 05.50    |
| 8                         | 47     | MARCINIAK Piotr            | KARPACZ            | POL      | GIMNAZJUM KARPACZ   | 03      | M16/8              | (M)132 | 00:32:11  | 06.26    |
| 9                         | 56     | DWORNIK Dominik            | RADŁÓW             | POL      | ZST TECHNICZNYCH.   | 00      | M16/9              | (M)155 | 00:40:52  | 08.10    |
| 10                        | 15     | DWORNIK Jacek              | RADŁÓW             | POL      | ZST TECHNICZNYCH.   | 98      | M16/10             | (M)159 | 00:41:50  | 08.22    |
| 11                        | 218    | WRÓBEL Bartosz             | WARSZAWA           | POL      |   | 04      | M16/11             | (M)166 | 00:49:52  | 09.58    |
| <b>5 km CL - M20 [15]</b> |        |                            |                    |          |   |         |                    |        |           |          |
| 1                         | 219    | MAŁKIŃSKI Krzysztof        | SEJNY              | POL      |   | 95      | M20/1              | (M)4   | 00:15:51  | 03.10    |
| 2                         | 158    | HABRAT Piotr               | KROSNO             | POL      | WYŻSZA SZKOŁA OFICERSKA WOJSK<br>LĄDOWYCH IM. GENERAŁA TADEUSZA<br>KOŚCIUSZKI | 93      | M20/2              | (M)12  | 00:17:33  | 03.30    |
| 3                         | 90     | DZIADKOWIEC-MICHOŃ Mariusz | JELENIA GÓRA       | POL      | BIEG PIASTÓW  | 93      | M20/3              | (M)13  | 00:17:39  | 03.31    |
| 4                         | 192    | KOBRYŃ Jan                 | BYSTRZYCA KŁODZKA  | POL      |   | 94      | M20/4              | (M)23  | 00:19:28  | 03.53    |
| 5                         | 70     | MAZUREK Patryk             | JEDLINA - ZDRÓJ    | POL      | AZS AWF KATOWICE  | 94      | M20/5              | (M)29  | 00:21:03  | 04.12    |
| 6                         | 152    | KACZYŃSKI Kamil            | GDAŃSK             | POL      | TEAM NABIEGOWKACH.PL  | 90      | M20/6              | (M)53  | 00:23:09  | 04.37    |
| 7                         | 8      | KASPRZAK Piotr             | LUBLIN             | POL      |   | 96      | M20/7              | (M)58  | 00:23:26  | 04.41    |
| 8                         | 159    | LIEGIER Paweł              | MIŁOSZÓW           | POL      | NADLEŚNICTWO ŚWIERADÓW  | 88      | M20/8              | (M)65  | 00:24:36  | 04.55    |
| 9                         | 119    | GŁADKOW Maksym             | GRYFINO            | POL      | ROWEREM HEN HEN   | 88      | M20/9              | (M)68  | 00:25:06  | 05.01    |
| 10                        | 89     | MINKO Dawid                | OLSZYNA            | POL      | NADLEŚNICTWO ŚWIERADÓW  | 90      | M20/10             | (M)90  | 00:28:27  | 05.41    |
| 11                        | 83     | ŁAWNICZAK Patryk           | GRĘBOCICE          | POL      | KSRG ZG RUDNA   | 94      | M20/11             | (M)93  | 00:28:53  | 05.46    |
| 12                        | 20     | RAĆ Krzysztof              | WROCLAW            | POL      | AMATOR  | 90      | M20/12             | (M)94  | 00:28:58  | 05.47    |
| 13                        | 127    | PODGÓRNY Patryk            | WSCHOWA            | POL      | KSRG ZG RUDNA   | 89      | M20/13             | (M)96  | 00:29:01  | 05.48    |
| 14                        | 96     | BOJKOWSKI Piotr            | ŚWIERADÓW-ZDRÓJ    | POL      | NADLEŚNICTWO ŚWIERADÓW  | 88      | M20/14             | (M)109 | 00:29:59  | 05.59    |
| 15                        | 87     | PIECHOTA Tomasz            | LUBIN              | POL      | KSRG ZG RUDNA   | 89      | M20/15             | (M)141 | 00:34:13  | 06.50    |
| <b>5 km CL - M30 [36]</b> |        |                            |                    |          |   |         |                    |        |           |          |
| 1                         | 205    | SRETR Radek                | MALE SVATONOVICE   | POL      |   | 82      | M30/1              | (M)1   | 00:15:19  | 03.03    |
| 2                         | 243    | IWANOWSKI Daniel           |                    | POL      |   | 85      | M30/2              | (M)2   | 00:15:21  | 03.04    |
| 3                         | 202    | KALUŻNY Tomasz             | JELENIA GÓRA       | POL      | ENERVIT YOKO TEAM   | 80      | M30/3              | (M)5   | 00:16:02  | 03.12    |
| 4                         | 71     | SMYKOWSKI Wojciech         | JANOWICE WIELKIE   | POL      | RETRO SPORT&FITNESS   | 82      | M30/4              | (M)6   | 00:16:30  | 03.18    |
| 5                         | 204    | BRONOWICKI Łukasz          | JELENIA GÓRA       | POL      | ENERVIT YOKO TEAM   | 82      | M30/5              | (M)8   | 00:16:57  | 03.23    |
| 6                         | 184    | GOCYŁA Mateusz             | POSTĘP             | POL      | KS JURAJSKIE ORŁY   | 81      | M30/6              | (M)15  | 00:18:14  | 03.38    |
| 7                         | 110    | JUDKA Paweł                | JELENIA GÓRA       | POL      | BIEGÓWKI.EU   | 83      | M30/7              | (M)21  | 00:18:51  | 03.46    |
| 8                         | 146    | OSYDA Artur                | JELENIA GÓRA       | POL      |   | 85      | M30/8              | (M)22  | 00:19:21  | 03.52    |
| 9                         | 201    | MICHAŁKÓW Michał           | SZKLARSKA PORĘBA   | POL      | ENERVIT YOKO TEAM   | 86      | M30/9              | (M)24  | 00:19:32  | 03.54    |
| 10                        | 53     | WIECZORKIEWICZ Ryszard     | JEZÓW SUDECKI      | POL      | ENERVIT YOKO TEAM   | 82      | M30/10             | (M)26  | 00:20:28  | 04.05    |
| 11                        | 129    | ŻUREK Tomasz               | BOROWIANKA         | POL      | ST TEAM   | 79      | M30/11             | (M)34  | 00:21:31  | 04.18    |
| 12                        | 161    | KUROWSKI Jakub             | WARSZAWA           | POL      | TEAM NABIEGOWKACH.PL  | 83      | M30/12             | (M)36  | 00:21:52  | 04.22    |
| 13                        | 245    | CZAPLEWSKI Kuba            | GDAŃSK             | POL      |   | 87      | M30/13             | (M)41  | 00:22:16  | 04.27    |
| 14                        | 42     | LESZKO Michał              | ŚWIDNICA           | POL      | UKS SOKOŁOWSKO  | 80      | M30/14             | (M)42  | 00:22:17  | 04.27    |
| 15                        | 232    | OBARSKI Mirosław           | JELENIA GÓRA       | POL      |   | 82      | M30/15             | (M)44  | 00:22:21  | 04.28    |
| 16                        | 104    | GRĄDZKI Jan                | WARSZAWA           | POL      | JUTRZNIJA WARSZAWA / LEŚNICZÓWKA  | 82      | M30/16             | (M)51  | 00:23:04  | 04.36    |

JAKUSZYCE

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team                       | R-k YoB | W kategorii in Age | (M) Sex | Czas Time | [min/km] |
|--------------|--------|----------------------|------------------|----------|------------------------------------|---------|--------------------|---------|-----------|----------|
| 17           | 97     | TAPEREK Robert       | PIASTECZNO       |          | POL TEAM NABIEGOWKACH.PL           | 83      | M30/17             | (M)55   | 00:23:13  | 04.38    |
| 18           | 178    | GAJOWSKI Maciej      | KOWARY           |          | POL                                | 78      | M30/18             | (M)59   | 00:23:26  | 04.41    |
| 19           | 147    | FALKOWSKI Sebastian  | BOGUSZÓW GORCE   |          | POL                                | 82      | M30/19             | (M)61   | 00:24:13  | 04.50    |
| 20           | 73     | STASZCZAK Łukasz     | LUBAŃ            |          | POL KWISA LUBAŃ                    | 79      | M30/20             | (M)77   | 00:26:37  | 05.19    |
| 21           | 107    | LESZCZYŃSKI Lubomir  | ŚWIERADÓW-ZDRÓJ  |          | POL NADLEŚNICTWO ŚWIERADÓW         | 81      | M30/21             | (M)81   | 00:26:49  | 05.21    |
| 22           | 121    | SAWICKI Marcin       | ŚWIERADÓW ZDRÓJ  |          | POL NADLEŚNICTWO ŚWIERADÓW         | 84      | M30/22             | (M)97   | 00:29:01  | 05.48    |
| 23           | 86     | BRONIECKI Marcin     | MILICZ           |          | POL                                | 80      | M30/23             | (M)113  | 00:30:22  | 06.04    |
| 24           | 225    | KULA Lesław          | CHMIELOWICE      |          | POL                                | 78      | M30/24             | (M)116  | 00:30:50  | 06.10    |
| 25           | 81     | KOZIEŁ Łukasz        | LUBIN            |          | POL KSRG ZG RUDNA                  | 82      | M30/25             | (M)121  | 00:31:17  | 06.15    |
| 26           | 194    | KARCZEWSKI Jacek     |                  |          | POL TN BIEGÓWKI WESOŁA             | 78      | M30/26             | (M)123  | 00:31:26  | 06.17    |
| 27           | 177    | POMIRSKI Patryk      | POLKOWICE        |          | POL KSRG ZG RUDNA                  | 80      | M30/27             | (M)125  | 00:31:42  | 06.20    |
| 28           | 120    | WAWRYNOWICZ Paweł    | SOBIN            |          | POL KSRG ZG RUDNA                  | 82      | M30/28             | (M)129  | 00:31:48  | 06.21    |
| 29           | 140    | ZIMNOWODZKI Paweł    | SOKOŁOWSKO       |          | POL KM PSP WAŁBRZYCH               | 79      | M30/29             | (M)134  | 00:32:21  | 06.28    |
| 30           | 13     | SUŚ Piotr            | ŚWIERADÓW-ZDRÓJ  |          | POL NADLEŚNICTWO ŚWIERADÓW         | 87      | M30/30             | (M)138  | 00:33:20  | 06.40    |
| 31           | 19     | DUTKIEWICZ Wojciech  | PIOTROWICE       |          | POL ROWEROWE PIOTROWICE ŚWIDNICKIE | 81      | M30/31             | (M)143  | 00:35:24  | 07.04    |
| 32           | 210    | ZUCHOWICZ Bartłomiej | GŁOGÓW           |          | POL KSRG RUDNA                     | 83      | M30/32             | (M)144  | 00:35:53  | 07.10    |
| 33           | 36     | RĄCZKOWSKI Daniel    | CHOCIANÓW        |          | POL                                | 85      | M30/33             | (M)145  | 00:35:54  | 07.10    |
| 34           | 102    | MOSKALUK Przemysław  | POLKOWICE        |          | POL KSRG ZG RUDNA                  | 80      | M30/34             | (M)146  | 00:36:12  | 07.14    |
| 35           | 113    | WRÓBEL Paweł         | WARSZAWA         |          | POL WRÓBLE4                        | 79      | M30/35             | (M)167  | 00:49:59  | 09.59    |
| 36           | 49     | PIETRZKOWSKI Tomasz  | WARSZAWA         |          | POL AMATOR                         | 79      | M30/36             | (M)169  | 00:53:23  | 10.40    |

### 5 km CL - M40 [54]

|    |     |                       |                 |  |   |    |        |        |          |       |
|----|-----|-----------------------|-----------------|--|---|----|--------|--------|----------|-------|
| 1  | 196 | LEGIERSKI Grzegorz    | KONIAKÓW        |  | POL TEAM NABIEGOWKACH.PL                  | 71 | M40/1  | (M)7   | 00:16:41 | 03.20 |
| 2  | 191 | MROZIŃSKI Jakub       | JELEŃ GÓRA      |  | POL                                       | 75 | M40/2  | (M)9   | 00:17:05 | 03.25 |
| 3  | 198 | ŁACEK Jan             | JAWORZYŃKA      |  | POL TEAM NABIEGOWKACH.PL                  | 69 | M40/3  | (M)10  | 00:17:10 | 03.26 |
| 4  | 112 | FILIP Daniel          | CZARNY BÓR      |  | POL CZARNY BÓR                            | 77 | M40/4  | (M)14  | 00:17:43 | 03.32 |
| 5  | 78  | NOWICKI Andrzej       | SOKOŁOWSKO      |  | POL UKS SOKOŁOWSKO                        | 71 | M40/5  | (M)16  | 00:18:17 | 03.39 |
| 6  | 213 | CHUDZIKIEWICZ Tomasz  | WOJCIESZÓW      |  | POL BIEG PIASTÓW                          | 76 | M40/6  | (M)17  | 00:18:18 | 03.39 |
| 7  | 145 | KORYCIŃSKI Rafał      | GDAŃSK          |  | POL TEAM NABIEGOWKACH.PL CARTUSIA KARTUZY | 71 | M40/7  | (M)18  | 00:18:36 | 03.43 |
| 8  | 99  | MAZUREK Artur         | CZARNY BÓR      |  | POL KACZMAREK ELECTRIC                    | 70 | M40/8  | (M)20  | 00:18:48 | 03.45 |
| 9  | 199 | ROLSKI Michał         | WROCLAW         |  | POL TEAM NABIEGOWKACH.PL                  | 74 | M40/9  | (M)25  | 00:19:44 | 03.56 |
| 10 | 180 | CABAŁA Adam           | CZARNY BÓR      |  | POL                                       | 75 | M40/10 | (M)27  | 00:20:38 | 04.07 |
| 11 | 125 | MICHAJLUK Stanisław   | POLKOWICE       |  | POL POLKOWICE                             | 69 | M40/11 | (M)28  | 00:20:52 | 04.10 |
| 12 | 173 | STRZAŁKOWSKI Artur    | PIECHOWICE      |  | POL PIECHOWICE                            | 71 | M40/12 | (M)33  | 00:21:23 | 04.16 |
| 13 | 92  | BROJ Adrian           | ŻLINICE         |  | POL BROJ TEAM ZLINICE                     | 68 | M40/13 | (M)46  | 00:22:24 | 04.28 |
| 14 | 207 | KOJRO Waldemar        | PIECHOWICE      |  | POL UKS KROKUS PIECHOWICE                 | 75 | M40/14 | (M)47  | 00:22:26 | 04.29 |
| 15 | 248 | DOBIAS David          | PRAHA 2         |  | CZE COMPUTER SYSTEM GROUP                 | 77 | M40/15 | (M)48  | 00:22:32 | 04.30 |
| 16 | 76  | POLAK Grzegorz        | JEŻÓW SUDECKI   |  | POL                                       | 71 | M40/16 | (M)49  | 00:22:44 | 04.32 |
| 17 | 134 | BONDIA Jacek          | ZIELONA GÓRA    |  | POL SOGEST-GIANT                          | 69 | M40/17 | (M)57  | 00:23:25 | 04.41 |
| 18 | 223 | BEZULSKI Michał       | GORZÓW WLKP     |  | POL                                       | 71 | M40/18 | (M)62  | 00:24:14 | 04.50 |
| 19 | 163 | NADACHOWSKI Marek     | ZACHARZEW       |  | POL OSTRÓW WIELKOPOLSKI MASTERS TEAM      | 72 | M40/19 | (M)63  | 00:24:19 | 04.51 |
| 20 | 221 | SZUMOWSKI Krzysztof   | LEGIONOWO       |  | POL                                       | 68 | M40/20 | (M)64  | 00:24:36 | 04.55 |
| 21 | 21  | DAWCZYK Grzegorz      | ŻARY            |  | POL BRAK                                  | 75 | M40/21 | (M)69  | 00:25:06 | 05.01 |
| 22 | 187 | MARCZAK Michał        | BLOK DOBRYSZYCE |  | POL TEAM JAGÓDKA                          | 76 | M40/22 | (M)70  | 00:25:58 | 05.11 |
| 23 | 155 | GURTOWSKI Tomasz      | TORUŃ           |  | POL GURTEAM                               | 72 | M40/23 | (M)74  | 00:26:25 | 05.17 |
| 24 | 193 | SOKOŁOWSKI Andrzej    | WARSZAWA        |  | POL                                       | 70 | M40/24 | (M)75  | 00:26:33 | 05.18 |
| 25 | 108 | PRUSAKOWSKI Grzegorz  | JELEŃ GÓRA      |  | POL                                       | 68 | M40/25 | (M)79  | 00:26:45 | 05.21 |
| 26 | 57  | KALTBACH Kordian      | KRAPKOWICE      |  | POL JLL CYCLING TEAM                      | 68 | M40/26 | (M)82  | 00:26:52 | 05.22 |
| 27 | 16  | ZAKRZEWSKI Robert     | JELEŃ GÓRA      |  | POL                                       | 72 | M40/27 | (M)87  | 00:27:33 | 05.30 |
| 28 | 40  | KUCZAK Waldemar       | ZIELONA GÓRA    |  | POL PIĘKNY UŚMIECH                        | 70 | M40/28 | (M)88  | 00:27:46 | 05.33 |
| 29 | 179 | TRUCHANOWICZ Grzegorz | KARPACZ         |  | POL GOK-MYŚLAKOWICE/KARPACZ               | 72 | M40/29 | (M)92  | 00:28:47 | 05.45 |
| 30 | 74  | MALUNG Jarosław       | OLSZYNA         |  | POL NADLEŚNICTWO ŚWIERADÓW                | 71 | M40/30 | (M)100 | 00:29:10 | 05.50 |
| 31 | 54  | KITA Michał           | WROCLAW         |  | POL PĘDZĄCY W MIEJSCU                     | 75 | M40/31 | (M)102 | 00:29:16 | 05.51 |
| 32 | 84  | POREBSKI Piotr        | LEŚNA           |  | POL NADLEŚNICTWO ŚWIERADÓW                | 73 | M40/32 | (M)103 | 00:29:35 | 05.55 |
| 33 | 45  | MARCINIAK Bartłomiej  | KARPACZ         |  | POL KARPACZ                               | 74 | M40/33 | (M)105 | 00:29:38 | 05.55 |
| 34 | 150 | ŻYTKIEWICZ Krzysztof  | PLEWISKA        |  | POL                                       | 73 | M40/34 | (M)106 | 00:29:40 | 05.56 |
| 35 | 27  | GRZYMAŁA Piotr        | SZCZODROWO      |  | POL TARTAK SZCZODROWO TEAM                | 73 | M40/35 | (M)108 | 00:29:55 | 05.59 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City    | Kraj Nat | Drużyna Team        | R-k YoB | W kategorii in Age | Sex    | Czas Time | [min/km] |
|--------------|--------|----------------------|---------------------|----------|---------------------|---------|--------------------|--------|-----------|----------|
| 36           | 209    | ROMAN Jacek          | JELEŃ GÓRA          | POL      |                     | 69      | M40/36             | (M)111 | 00:30:10  | 06.02    |
| 37           | 123    | WIERCIOCH Sławomir   | LUBIN               | POL      | DRUZYNA JODRI       | 73      | M40/37             | (M)112 | 00:30:19  | 06.03    |
| 38           | 106    | PILIP Dominik        | SZCZECIN            | POL      |                     | 74      | M40/38             | (M)114 | 00:30:46  | 06.09    |
| 39           | 242    | HROMYKO Aleksander   |                     | POL      |                     | 68      | M40/39             | (M)115 | 00:30:49  | 06.09    |
| 40           | 55     | STASIAK Dariusz      | LWOWEK SLASKI       | POL      | FREE RUNNING        | 72      | M40/40             | (M)118 | 00:30:59  | 06.11    |
| 41           | 82     | GABORSKI Marcin      | SZCZECIN            | POL      | KLINIKA HAHS        | 74      | M40/41             | (M)119 | 00:31:00  | 06.12    |
| 42           | 154    | DZIURMAN Mariusz     | LUBIN               | POL      |                     | 70      | M40/42             | (M)124 | 00:31:41  | 06.20    |
| 43           | 149    | KACZMAREK Radosław   | POZNAŃ              | POL      |                     | 76      | M40/43             | (M)126 | 00:31:43  | 06.20    |
| 44           | 128    | WOWKONOWICZ Wojciech | WROCLAW             | POL      |                     | 69      | M40/44             | (M)133 | 00:32:13  | 06.26    |
| 45           | 138    | LADAK Marcin         | SOLEC, MAZOWIECKIE  | POL      | SOLEC               | 68      | M40/45             | (M)139 | 00:33:27  | 06.41    |
| 46           | 244    | WOJDAN Krzysztof     |                     | POL      |                     | 68      | M40/46             | (M)140 | 00:33:32  | 06.42    |
| 47           | 137    | BEDNAREK Dariusz     | KONSTANCIN-JEZIORNA | POL      |                     | 72      | M40/47             | (M)142 | 00:34:28  | 06.53    |
| 48           | 65     | CHOROŚ Jarosław      | POLKOWICE           | POL      | WYBIEGANI POLKOWICE | 68      | M40/48             | (M)149 | 00:36:45  | 07.21    |
| 49           | 300    | ZIELIŃSKI Marek      | SZCZAWNO ZDRÓJ      | POL      | DATASPORT           | 68      | M40/49             | (M)152 | 00:38:53  | 07.46    |
| 50           | 153    | RÓŻCZKA Leszek       | NOWY LUBOSZ         | POL      |                     | 72      | M40/50             | (M)156 | 00:41:27  | 08.17    |
| 51           | 236    | OLEJNICZAK Daniel    | SOLEC               | POL      | SOLEC               | 74      | M40/51             | (M)157 | 00:41:29  | 08.17    |
| 52           | 5      | KARP Dariusz         | BIAŁY KOŚCIÓŁ       | POL      | KARP SKI TEAM       | 73      | M40/52             | (M)164 | 00:48:16  | 09.39    |
| 53           | 35     | BARANOWSKI Piotr     | POZNAŃ              | POL      |                     | 71      | M40/53             | (M)165 | 00:49:29  | 09.53    |
| 54           | 23     | SELBIRAK Artur       | KROTOSZYN           | POL      |                     | 68      | M40/54             | (M)168 | 00:50:51  | 10.10    |

### 5 km CL - M50 [22]

|    |     |                      |                  |     |                        |    |        |        |          |       |
|----|-----|----------------------|------------------|-----|------------------------|----|--------|--------|----------|-------|
| 1  | 195 | MICHAŁEK Piotr       | JAWORZYŃKA       | POL | TEAM NABIEGOWKACH.PL   | 67 | M50/1  | (M)3   | 00:15:49 | 03.09 |
| 2  | 181 | OLSZOWSKI Władysław  | MIEÐZYBRODZIE    | POL | TEAM NABIEGOWKACH.PL   | 67 | M50/2  | (M)11  | 00:17:30 | 03.30 |
| 3  | 69  | WOJTAS Grzegorz      | CZARNY BÓR       | POL | BRAK                   | 65 | M50/3  | (M)19  | 00:18:46 | 03.45 |
| 4  | 206 | SKOWRON Mieczysław   | JELEŃ GÓRA       | POL |                        | 64 | M50/4  | (M)31  | 00:21:15 | 04.15 |
| 5  | 216 | ZAWÓŁ Stanisław      | SZKLARSKA PORĘBA | POL |                        | 66 | M50/5  | (M)35  | 00:21:36 | 04.19 |
| 6  | 61  | ROSTKOWSKI Piotr     | JELEŃ GÓRA       | POL | LZS 'PROFI' JELEŃ GÓRA | 59 | M50/6  | (M)37  | 00:21:59 | 04.23 |
| 7  | 141 | GLUSZAK Karol        | SZKLARSKA PORĘBA | POL |                        | 63 | M50/7  | (M)38  | 00:22:03 | 04.24 |
| 8  | 67  | ODROBINA Mirosław    | POLKOWICE        | POL | ZG RUDNA KGHM          | 63 | M50/8  | (M)39  | 00:22:06 | 04.25 |
| 9  | 88  | WAWRZYŃIAK Bogusław  | GORZYCE WIELKIE  | POL | ZST TECHNICZNYCH.      | 65 | M50/9  | (M)40  | 00:22:11 | 04.26 |
| 10 | 226 | KALITA Dariusz       | WAŁBRZYCH        | POL | TEMPO WAŁBRZYCH        | 65 | M50/10 | (M)43  | 00:22:19 | 04.27 |
| 11 | 228 | DUDKOWIAK Jacek      | DRZONKÓW         | POL | ZKS-DRZONKÓW           | 65 | M50/11 | (M)50  | 00:22:55 | 04.35 |
| 12 | 116 | PULAWSKI Bogumił     | POZNAŃ           | POL |                        | 65 | M50/12 | (M)73  | 00:26:05 | 05.13 |
| 13 | 30  | TOPOLEWSKI Paweł     | WARSZAWA         | POL | TN BIEGÓWKI WESOŁA     | 64 | M50/13 | (M)83  | 00:27:02 | 05.24 |
| 14 | 215 | KWOLEK Jarosław      | BOLESŁAWIEC      | POL |                        | 64 | M50/14 | (M)84  | 00:27:09 | 05.25 |
| 15 | 95  | MAGIERECKI Krzysztof | LEŚNA            | POL | LEŚNIK                 | 61 | M50/15 | (M)91  | 00:28:29 | 05.41 |
| 16 | 247 | CZERNY Bogusław      |                  | POL |                        | 59 | M50/16 | (M)98  | 00:29:04 | 05.48 |
| 17 | 164 | WYTRYKUS Jarosław    | ZIELONA GÓRA     | POL |                        | 66 | M50/17 | (M)110 | 00:30:02 | 06.00 |
| 18 | 17  | MAZURCZAK Zdzisław   | BOLESŁAWIEC      | POL | AMATOR                 | 60 | M50/18 | (M)137 | 00:33:15 | 06.39 |
| 19 | 188 | LOROCH Grzegorz      | OCHLA            | POL |                        | 67 | M50/19 | (M)151 | 00:38:39 | 07.43 |
| 20 | 52  | STUDNIAREK Sławomir  | JELEŃ GÓRA       | POL | FUJIZ3                 | 59 | M50/20 | (M)154 | 00:39:27 | 07.53 |
| 21 | 79  | SOKOLIŃSKI Grzegorz  |                  | POL |                        | 60 | M50/21 | (M)160 | 00:42:22 | 08.28 |
| 22 | 98  | DROZD Ireneusz       | BIAŁY KOŚCIÓŁ    | POL | KARP SKI TEAM          | 59 | M50/22 | (M)163 | 00:48:14 | 09.38 |

### 5 km CL - M60 [26]

|    |     |                       |                  |     |  |    |        |        |          |       |
|----|-----|-----------------------|------------------|-----|--|----|--------|--------|----------|-------|
| 1  | 139 | NECHANICKY Radim      | HARRACHOV        | CZE |  | 55 | M60/1  | (M)45  | 00:22:24 | 04.28 |
| 2  | 62  | GÓRNICKI Mirosław     | JELEŃ GÓRA       | POL | LZS 'PROFI' JELEŃ GÓRA                     | 49 | M60/2  | (M)52  | 00:23:05 | 04.37 |
| 3  | 211 | RUTKOWSKI Michał      | ŚWIERADÓW ZDRÓJ  | POL |  | 53 | M60/3  | (M)54  | 00:23:11 | 04.38 |
| 4  | 48  | WOŁOSKOWSKI Eugeniusz | BOGATYNIA        | POL |  | 54 | M60/4  | (M)56  | 00:23:23 | 04.40 |
| 5  | 183 | MACIUKIEWICZ Wojciech | WROCLAW          | POL | NIEZRZESZONY                               | 52 | M60/5  | (M)67  | 00:24:42 | 04.56 |
| 6  | 231 | ŚWIRNIAK Bernard      | STRZEGOM         | POL | STRZEGOMSKA 12-KA                          | 55 | M60/6  | (M)71  | 00:26:00 | 05.12 |
| 7  | 6   | JANIA Józef           | NADOLICE WIELKIE | POL | BRAK                                       | 57 | M60/7  | (M)78  | 00:26:42 | 05.20 |
| 8  | 10  | DOBROWOLSKI Robert    | JELEŃ GÓRA       | POL | AMATOR                                     | 57 | M60/8  | (M)80  | 00:26:47 | 05.21 |
| 9  | 130 | JĘDRZEJCZAK Maciej    | WARSZAWA         | POL | TN BIEGÓWKI WESOŁA                         | 53 | M60/9  | (M)85  | 00:27:29 | 05.29 |
| 10 | 58  | BARTKOWIAK Edward     | JELEŃ GÓRA       | POL | GRUNWALD POZNAŃ                            | 48 | M60/10 | (M)86  | 00:27:30 | 05.30 |
| 11 | 148 | STOLZ Gerhard         | COTTBUS          | GER |  | 53 | M60/11 | (M)95  | 00:28:59 | 05.47 |
| 12 | 105 | GRĄDZKI Paweł         | WARSZAWA         | POL | LEŚNICZÓWKA JAKUSZYCE / KOLARSKI.EU53 TEAM | 53 | M60/12 | (M)104 | 00:29:37 | 05.55 |
| 13 | 32  | STOŃ Zenon            | KARPACZ          | POL | KARPACZ                                    | 52 | M60/13 | (M)107 | 00:29:44 | 05.56 |

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat | Drużyna<br>Team   | R-k<br>YoB | W kategorii<br>in Age | Sex    | Czas<br>Time | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-------------|-------------------|------------|-----------------------|--------|--------------|----------|
| 14              | 118       | KNOP Krzysztof          | ŻARY                | POL         |                   | 57         | M60/14                | (M)117 | 00:30:57     | 06.11    |
| 15              | 175       | KUPISZ Andrzej          | BOLESŁAWIEC         | POL         |                   | 57         | M60/15                | (M)122 | 00:31:23     | 06.16    |
| 16              | 80        | KARTUNOWICZ Stanisław   | JELEŃ GÓRA          | POL         |                   | 57         | M60/16                | (M)127 | 00:31:45     | 06.21    |
| 17              | 43        | LESZKO Jerzy            | SOKOŁOWSKO          | POL         | UKS SOKOŁOWSKO    | 55         | M60/17                | (M)128 | 00:31:46     | 06.21    |
| 18              | 38        | SZCZEPEK Tadeusz        | HENRYKÓW            | POL         | TADEUSZ SZCZEPEK  | 53         | M60/18                | (M)130 | 00:31:53     | 06.22    |
| 19              | 224       | ŚLIWKA Ryszard          | NOWA RUDA           | POL         |                   | 55         | M60/19                | (M)131 | 00:32:07     | 06.25    |
| 20              | 229       | BUCZYŃSKI Zbigniew      | SIEDLEĆCIN          | POL         | WORD              | 52         | M60/20                | (M)135 | 00:32:25     | 06.29    |
| 21              | 51        | MUSUR Adam              | OLEŚNICA            | POL         | KB LUPUS OLEŚNICA | 53         | M60/21                | (M)136 | 00:32:27     | 06.29    |
| 22              | 234       | LEWICZ Zenon            | BOGACZÓW            | POL         | BUDOWLANI         | 57         | M60/22                | (M)147 | 00:36:13     | 07.14    |
| 23              | 133       | PIETRZYCKI Waldemar     | PIŁA                | POL         |                   | 56         | M60/23                | (M)148 | 00:36:27     | 07.17    |
| 24              | 33        | LEHKI Ryszard           | STRZEGOM            | POL         |                   | 55         | M60/24                | (M)153 | 00:39:00     | 07.48    |
| 25              | 185       | ŁYSIAK Janusz           | BOLESŁAWIEC         | POL         |                   | 53         | M60/25                | (M)158 | 00:41:45     | 08.21    |
| 26              | 166       | SZCZUDŁOWSKI Witold     | KARPACZ             | POL         |                   | 53         | M60/26                | (M)161 | 00:42:25     | 08.29    |

### 5 km CL - M70 [2]

|   |    |                     |            |     |  |    |       |        |          |       |
|---|----|---------------------|------------|-----|--|----|-------|--------|----------|-------|
| 1 | 22 | MROZIŃSKI Stanisław | JELEŃ GÓRA | POL |  | 43 | M70/1 | (M)72  | 00:26:02 | 05.12 |
| 2 | 26 | DĄBROWSKI Stanisław | WAŁBRZYCH  | POL |  | 46 | M70/2 | (M)120 | 00:31:03 | 06.12 |

### 5 km CL - K16 [6]

|   |     |                      |               |     |         |    |       |       |          |       |
|---|-----|----------------------|---------------|-----|---------|----|-------|-------|----------|-------|
| 1 | 217 | DEJA Daria           | JELEŃ GÓRA    | POL |         | 01 | K16/1 | (K)4  | 00:22:08 | 04.25 |
| 2 | 208 | ROMAN Martyna        | JELEŃ GÓRA    | POL |         | 03 | K16/2 | (K)25 | 00:33:43 | 06.44 |
| 3 | 136 | TRUCHANOWICZ Alicja  | KARPACZ       | POL |         | 04 | K16/3 | (K)31 | 00:35:23 | 07.04 |
| 4 | 190 | SOKOŁOWSKA Magdalena | SZCZECIN      | POL |         | 04 | K16/4 | (K)35 | 00:37:03 | 07.24 |
| 5 | 114 | WRÓBEL Weronika      | WARSZAWA      | POL | WRÓBLE4 | 03 | K16/5 | (K)48 | 00:44:23 | 08.52 |
| 6 | 143 | KARP Agata           | BIAŁY KOŚCIÓŁ | POL |         | 03 | K16/6 | (K)51 | 00:45:54 | 09.10 |

### 5 km CL - K20 [6]








|   |     |                      |                 |     |                           |    |       |       |          |       |
|---|-----|----------------------|-----------------|-----|---------------------------|----|-------|-------|----------|-------|
| 1 | 168 | KIEDROWSKA Kamila    | KARTUZY         | POL | MKS HALICZ USTRZYKI DOLNE | 95 | K20/1 | (K)5  | 00:22:09 | 04.25 |
| 2 | 103 | KLUPŚ Dominika       | ZACHELMIE       | POL |                           | 89 | K20/2 | (K)18 | 00:30:09 | 06.01 |
| 3 | 182 | MACIUKIEWICZ Barbara | WROCLAW         | POL |                           | 89 | K20/3 | (K)20 | 00:31:09 | 06.13 |
| 4 | 37  | GAN Katarzyna        | ŚWIERADÓW ZDRÓJ | POL |                           | 88 | K20/4 | (K)27 | 00:34:19 | 06.51 |
| 5 | 60  | BOTUR Dagmara        | JELEŃ GÓRA      | POL |                           | 97 | K20/5 | (K)29 | 00:34:32 | 06.54 |
| 6 | 31  | ŁUKASIK Anita        | PASIKUROWICE    | POL |                           | 91 | K20/6 | (K)46 | 00:41:52 | 08.22 |

### 5 km CL - K30 [15]










|    |     |                          |                 |     |   |    |        |       |          |       |
|----|-----|--------------------------|-----------------|-----|---|----|--------|-------|----------|-------|
| 1  | 132 | WITEK Katarzyna          | WARSZAWA-WESOLA | POL | TEAM NABIEGOWKACH.PL/TN BIEGÓWKI WESOLA                 | 87 | K30/1  | (K)1  | 00:19:55 | 03.59 |
| 2  | 111 | JUDKA Monika             | JELEŃ GÓRA      | POL | BIEGÓWKI. EU  | 81 | K30/2  | (K)2  | 00:20:54 | 04.10 |
| 3  | 174 | GALEK Anna               | JELEŃ GÓRA      | POL | ENERVIT YOKO TEAM                                       | 82 | K30/3  | (K)3  | 00:20:55 | 04.11 |
| 4  | 101 | GREGOR Marta             | SULECHÓW        | POL | ENERVIT YOKO TEAM                                       | 81 | K30/4  | (K)7  | 00:23:56 | 04.47 |
| 5  | 222 | BEZULSKA Anna            | GORZÓW WLKP.    | POL |   | 78 | K30/5  | (K)10 | 00:25:05 | 05.01 |
| 6  | 59  | MATYSIAK Agnieszka       | LUBAŃ           | POL | BRAK  | 80 | K30/6  | (K)12 | 00:25:26 | 05.05 |
| 7  | 85  | KULIK Anna               | BOROWICE        | POL | NADLEŚNICTWO ŚWIERADÓW                                  | 82 | K30/7  | (K)13 | 00:26:05 | 05.13 |
| 8  | 12  | PRZYBYŁ Aleksandra       | ŁÓDŹ            | POL |   | 80 | K30/8  | (K)16 | 00:28:04 | 05.36 |
| 9  | 167 | HAHS-GABORSKA Joanna     | SZCZECIN        | POL | KLINIKA HAHS  | 78 | K30/9  | (K)21 | 00:31:18 | 06.15 |
| 10 | 14  | GARAS Eliza              | POZNAŃ          | POL | KB GEPARD MUROWANA GOŚLINA/ 31 BATALION RADIOTECHNICZNY | 86 | K30/10 | (K)23 | 00:31:53 | 06.22 |
| 11 | 75  | DZIADKOWIEC-MICHOŃ Kinga | JELEŃ GÓRA      | POL | BIEG PIASTÓW  | 87 | K30/11 | (K)26 | 00:34:18 | 06.51 |
| 12 | 172 | GARDZIEJEWSKA Anna       | KRAKÓW          | POL | AMATOR  | 87 | K30/12 | (K)28 | 00:34:26 | 06.53 |
| 13 | 28  | KOCISZEWSKA Paulina      | WARSZAWA        | POL |   | 82 | K30/13 | (K)41 | 00:40:41 | 08.08 |
| 14 | 115 | WRÓBEL Marta             | WARSZAWA        | POL | WRÓBLE4   | 79 | K30/14 | (K)52 | 00:47:16 | 09.27 |
| 15 | 230 | PIETRZKOWSKA Katarzyna   | WARSZAWA        | POL | AMATOR  | 79 | K30/15 | (K)55 | 00:53:25 | 10.41 |

### 5 km CL - K40 [14]





|   |     |                         |                  |     |                     |    |       |       |          |       |
|---|-----|-------------------------|------------------|-----|---------------------|----|-------|-------|----------|-------|
| 1 | 233 | ANDRZEJEWSKA Magdalena  | JANOWICE WIELKIE | POL | RETRO SPORT&FITNESS | 77 | K40/1 | (K)8  | 00:24:09 | 04.49 |
| 2 | 249 | JĘDRUCH Marta           | RĘDZINY          | POL |                     | 76 | K40/2 | (K)9  | 00:24:37 | 04.55 |
| 3 | 238 | HOFMAN Ewa              | ŚWIERADÓW ZDRÓJ  | POL |                     | 76 | K40/3 | (K)11 | 00:25:11 | 05.02 |
| 4 | 4   | DZIURA Beata            | WAŁBRZYCH        | POL |                     | 76 | K40/4 | (K)15 | 00:26:48 | 05.21 |
| 5 | 126 | MICHAJLUK Jolanta       | POLKOWICE        | POL | POLKOWICE           | 69 | K40/5 | (K)17 | 00:28:30 | 05.42 |
| 6 | 240 | SZELAŃGOWSKA Małgorzata | STANISZÓW        | POL |                     | 73 | K40/6 | (K)33 | 00:35:44 | 07.08 |
| 7 | 44  | MARCINIAK Małgorzata    | KARPACZ          | POL | KARPACZ             | 73 | K40/7 | (K)34 | 00:36:28 | 07.17 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name         | Miejscowość City | Kraj Nat  | Drużyna Team    | R-k YoB | W kategorii in Age | (K) Sex | Czas Time | [min/km] |
|--------------|--------|------------------------------|------------------|---|-----------------|---------|--------------------|---------|-----------|----------|
| 8            | 160    | BOBROWSKA-BARTKOWIAK Natalia | SŁUPCA           |  POL | BARTKOWIAK TEAM | 71      | K40/8              | (K)37   | 00:37:21  | 07.28    |
| 9            | 189    | LOROCH Małgorzata            | ZIELONA GÓRA     |  POL |                 | 68      | K40/9              | (K)38   | 00:38:47  | 07.45    |
| 10           | 124    | WIERCIOCH Iwona              | LUBIN            |  POL | DRUZYNA JODRI   | 71      | K40/10             | (K)39   | 00:39:35  | 07.55    |
| 11           | 169    | NAHAJOWSKA Dorota            | SZKLARSKA PORĘBA |  POL |                 | 70      | K40/11             | (K)40   | 00:40:01  | 08.00    |
| 12           | 117    | SZYMCZAK Justyna             | GNIEZNO          |  POL |                 | 76      | K40/12             | (K)42   | 00:40:47  | 08.09    |
| 13           | 41     | KUCZAK Małgorzata            | ZIELONA GÓRA     |  POL | PIĘKNY UŚMIECH  | 70      | K40/13             | (K)45   | 00:41:08  | 08.13    |
| 14           | 9      | GARGAŁA Aldona               | LUBIN            |  POL |                 | 72      | K40/14             | (K)49   | 00:44:54  | 08.58    |

### 5 km CL - K50 [9]

|   |     |                             |                  |   |                       |    |       |       |          |       |
|---|-----|-----------------------------|------------------|---|-----------------------|----|-------|-------|----------|-------|
| 1 | 170 | JINDROSKOVA Alena           |                  |  CZE |                       | 61 | K50/1 | (K)6  | 00:22:38 | 04.31 |
| 2 | 214 | SZMEL Ewa                   | PIECHOWICE       |  POL |                       | 58 | K50/2 | (K)14 | 00:26:43 | 05.20 |
| 3 | 176 | DAHRENDORF Dorota           | SZKLARSKA POREBA |  POL |                       | 67 | K50/3 | (K)19 | 00:30:52 | 06.10 |
| 4 | 68  | ODROBINA Hanna              | POLKOWICE        |  POL | POLSKA MIEDŹ          | 63 | K50/4 | (K)22 | 00:31:25 | 06.17 |
| 5 | 29  | SEMICZEK Marta              | WROCLAW          |  POL | TEAM NA BIEGÓWKACH.PL | 65 | K50/5 | (K)24 | 00:33:10 | 06.38 |
| 6 | 109 | STĘPKOWSKA Alicja           | POLKOWICE        |  POL | POLKOWICE             | 61 | K50/6 | (K)32 | 00:35:25 | 07.05 |
| 7 | 131 | SOKOŁOWSKA Elwira           | SZCZECIN         |  POL |                       | 67 | K50/7 | (K)36 | 00:37:13 | 07.26 |
| 8 | 239 | MAKOWIECKA ZIELIŃSKA Joanna | SZCZAWNO-ZDRÓJ   |  POL |                       | 67 | K50/8 | (K)47 | 00:42:49 | 08.33 |
| 9 | 24  | SELBIRAK Alina              | KROTOSZYN        |  POL |                       | 65 | K50/9 | (K)54 | 00:49:44 | 09.56 |

### 5 km CL - K60 [4]

|   |     |                    |            |   |                   |    |       |       |          |       |
|---|-----|--------------------|------------|---|-------------------|----|-------|-------|----------|-------|
| 1 | 227 | DOBROWOLSKA Bożena | JELEŃ GÓRA |  POL | SPORTOWA EMERYTKA | 52 | K60/1 | (K)30 | 00:35:00 | 07.00 |
| 2 | 186 | SZELAĞOWSKA Irena  | JELEŃ GÓRA |  POL | KOD-DJ            | 48 | K60/2 | (K)43 | 00:40:55 | 08.11 |
| 3 | 64  | SOBCZAK Renata     | OLEŚNICA   |  POL | KB LUPUS OLEŚNICA | 53 | K60/3 | (K)44 | 00:41:01 | 08.12 |
| 4 | 94  | LEWICZ Hanna       | BOGACZOW   |  POL | PIELEGNIARKI      | 56 | K60/4 | (K)50 | 00:45:07 | 09.01 |