

printed: 02.07.2017 16:42:00

































| | | |
|-----------------------------------|---|--|
| Miasto: Skarżysko Kamienna | Dystans: 0,75 km - 20 km -5km | Organizator: Tomasz Wąsowski, Karol |
| Data: 02.07.2017 | Sędzia Główny: Sufranowicz Jerzy | Mochocki, Gerard Magdziarz |

Sprint 0,75 km - 20 km - 5km





| Msc Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | R-k YoB | W kategorii in Age | Pływanie Swim | T1 Poz. po T1 | Rower Bike | T2 Poz. po T2 | Bieg Run | Wynik Time | Strata Diff. |
|-------------|-----------|-------------------------|--------------|--|------------|-----------------------|------------------|------------------|---------------|------------------|---------------|---------------|-----------------|
| 1 | 2 | KUSTER SYLWESTER | POL | TRIATHLON X-TEAM | 85M30/1 | M / 1 | 00:09:27 / 7 | 00:01:28 / 3 | 00:31:54 / 1 | 00:02:00 / 1 | 00:15:03 / 1 | 00:59:52 | 00:00:00 |
| 2 | 9 | MARCINEK TOMASZ | POL | AZS AWF KATOWICE | 91M16/1 | M / 2 | 00:09:24 / 4 | 00:01:27 / 1 | 00:31:54 / 2 | 00:02:00 / 2 | 00:15:54 / 2 | 01:00:39 | 00:00:47 |
| 3 | 5 | ZDUN KONRAD | POL | UKS 9 KALISZ | 95M16/2 | M / 3 | 00:09:26 / 6 | 00:01:31 / 4 | 00:31:56 / 3 | 00:02:00 / 3 | 00:17:06 / 3 | 01:01:59 | 00:02:07 |
| 4 | 249 | LIS ŁUKASZ | POL | | 86M30/2 | M / 4 | 00:09:31 / 8 | 00:01:38 / 5 | 00:32:31 / 6 | 00:01:56 / 6 | 00:19:33 / 4 | 01:05:09 | 00:05:17 |
| 5 | 400 | JASIŃSKI JAKUB | POL | GO RIDE RACING TEAM / AKTYWNA STRONA ŻYCIA | 87M30/3 | M / 5 | 00:09:26 / 5 | 00:01:28 / 2 | 00:32:49 / 9 | 00:02:11 / 9 | 00:21:27 / 22 | 01:07:21 | 00:07:29 |
| 6 | 335 | POPLAWSKI JAN | POL | NEON TEAM | 93M16/3 | M / 6 | 00:11:31 / 18 | 00:01:50 / 13 | 00:32:01 / 4 | 00:02:03 / 4 | 00:20:40 / 11 | 01:08:05 | 00:08:13 |
| 7 | 279 | MAZUREK MARCIN | POL | | 80M30/4 | M / 7 | 00:10:23 / 11 | 00:01:56 / 8 | 00:33:05 / 10 | 00:02:09 / 10 | 00:20:39 / 10 | 01:08:12 | 00:08:20 |
| 8 | 255 | RUDZIŃSKA ALEKSANDRA | POL | | 94K16/1 | K / 1 | 00:10:23 / 10 | 00:01:28 / 7 | 00:35:27 / 28 | 00:01:01 / 28 | 00:20:08 / 6 | 01:08:27 | 00:08:35 |
| 9 | 316 | MIELKE DAWID | POL | YMCA KRAKÓW | 01M16/4 | M / 8 | 00:11:37 / 19 | 00:02:00 / 15 | 00:32:23 / 5 | 00:02:09 / 5 | 00:20:36 / 8 | 01:08:45 | 00:08:53 |
| 10 | 12 | ULATOWSKA ALICJA | POL | WLKS KMICIC CZĘSTOCHOWA | 96K16/2 | K / 2 | 00:09:50 / 9 | 00:01:26 / 6 | 00:35:49 / 31 | 00:00:58 / 31 | 00:20:47 / 12 | 01:08:50 | 00:08:58 |
| 11 | 258 | PYTEL MARIA | POL | SZYMANOWSKI TRIATHLON TEAM | 86K30/1 | K / 3 | 00:10:48 / 13 | 00:01:41 / 9 | 00:33:32 / 12 | 00:02:02 / 12 | 00:21:06 / 14 | 01:09:09 | 00:09:17 |
| 12 | 275 | KWAŚKIEWICZ OLIWIA | POL | WLKS KMICIC CZĘSTOCHOWA | 98K16/3 | K / 4 | 00:11:39 / 21 | 00:01:41 / 12 | 00:32:41 / 8 | 00:02:01 / 8 | 00:21:36 / 24 | 01:09:38 | 00:09:46 |
| 13 | 370 | DYBEK MATEUSZ | POL | KINESIS FIZJOTERAPIA KRAKÓW | 80M30/5 | M / 9 | 00:11:07 / 16 | 00:01:50 / 11 | 00:32:36 / 7 | 00:02:39 / 7 | 00:22:28 / 33 | 01:10:40 | 00:10:48 |
| 14 | 321 | PIETRAS ADAM | POL | KUMPLE GRZMOTKA | 98M16/5 | M / 10 | 00:12:13 / 25 | 00:02:18 / 20 | 00:35:16 / 25 | 00:01:49 / 25 | 00:21:11 / 16 | 01:12:47 | 00:12:55 |
| 15 | 362 | KURCZEWSKI KAMIL | POL | PULS TRI TEAM | 88M16/6 | M / 11 | 00:13:35 / 35 | 00:02:17 / 25 | 00:33:55 / 14 | 00:02:16 / 14 | 00:21:17 / 18 | 01:13:20 | 00:13:28 |
| 16 | 337 | KOZIÓŁ ŁUKASZ | POL | MARATOŃCZYK DĘBICA | 83M30/6 | M / 12 | 00:14:12 / 46 | 00:02:00 / 32 | 00:35:02 / 23 | 00:02:42 / 23 | 00:19:46 / 5 | 01:13:42 | 00:13:50 |
| 17 | 396 | KLUŻNIAK JACEK | POL | KKL KIELCE | 75M40/1 | M / 13 | 00:12:22 / 28 | 00:02:24 / 21 | 00:35:01 / 21 | 00:02:54 / 21 | 00:21:14 / 17 | 01:13:55 | 00:14:03 |
| 18 | 367 | DANIELAK ŁUKASZ | POL | KK CYKLON WARSZAWA | 89M16/7 | M / 14 | 00:14:46 / 53 | 00:02:10 / 41 | 00:33:17 / 11 | 00:02:30 / 11 | 00:21:18 / 19 | 01:14:01 | 00:14:09 |
| 19 | 379 | SARNA TOMASZ | POL | SWIM TRI RZESZÓW | 75M40/2 | M / 15 | 00:10:32 / 12 | 00:02:08 / 10 | 00:36:36 / 45 | 00:02:26 / 45 | 00:22:22 / 31 | 01:14:04 | 00:14:12 |
| 20 | 344 | SOBIELGA AGATA | POL | POSNANIA | 85K30/2 | K / 5 | 00:13:56 / 43 | 00:01:32 / 24 | 00:34:20 / 16 | 00:02:06 / 16 | 00:23:13 / 45 | 01:15:07 | 00:15:15 |
| 21 | 380 | ROZUMSKI TOMASZ | POL | STREFATRIATHLONU | 74M40/3 | M / 16 | 00:04:26 / 1 | 00:12:35 / 44 | 00:34:25 / 17 | 00:02:23 / 17 | 00:21:46 / 26 | 01:15:35 | 00:15:43 |
| 22 | 338 | WILK PIOTR | POL | | 81M30/7 | M / 17 | 00:12:03 / 24 | 00:02:12 / 18 | 00:38:43 / 67 | 00:02:21 / 67 | 00:20:38 / 9 | 01:15:57 | 00:16:05 |
| 23 | 366 | BUDZYŃSKI BOGDAN | POL | | 76M40/4 | M / 18 | 00:15:13 / 58 | 00:02:40 / 52 | 00:34:09 / 15 | 00:02:36 / 15 | 00:21:34 / 23 | 01:16:12 | 00:16:20 |
| 24 | 292 | FILUŚ STANISŁAW | POL | KRS TKKF TRIATHLON DĄBROWA GÓRNICZA | 65M50/1 | M / 19 | 00:14:09 / 45 | 00:02:28 / 36 | 00:36:21 / 41 | 00:02:21 / 41 | 00:21:18 / 20 | 01:16:37 | 00:16:45 |
| 25 | 360 | KOCZAJEWSKI SEWERYN | POL | JĘDRZEJOWSKI KLUB KOLARSKI | 76M40/5 | M / 20 | 00:13:20 / 31 | 00:03:16 / 35 | 00:35:32 / 29 | 00:02:19 / 29 | 00:22:14 / 29 | 01:16:41 | 00:16:49 |
| 26 | 269 | OGRODOWCZYK DARIA | POL | CELIRONMAN / DECATHLON PASAŻ ŁÓDZKI | 94K16/4 | K / 6 | 00:13:47 / 40 | 00:02:24 / 31 | 00:35:15 / 24 | 00:02:24 / 24 | 00:22:53 / 38 | 01:16:43 | 00:16:51 |
| 27 | 268 | BARUL STANISŁAW | POL | HUROM POLSKA | 76M40/6 | M / 21 | 00:15:16 / 59 | 00:02:19 / 47 | 00:35:46 / 30 | 00:02:18 / 30 | 00:21:07 / 15 | 01:16:46 | 00:16:54 |

| Msc Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | R-k YoB | W kategorii in Age | Pływanie Swim | T1 Poz. po T1 | Rower Bike | T2 Poz. po T2 | Bieg Run | Wynik Time | Strata Diff. |
|-------------|-----------|-------------------------|--------------|---|------------|-----------------------|------------------|------------------|---------------|------------------|---------------|---------------|-----------------|
| 28 | 324 | DZIUK DARIUSZ | POL | HECKSHER.PL | | 80M30/8 M / 22 | 00:14:32 / 49 | 00:02:26 / 42 | 00:34:51 / 19 | 00:02:32 / 19 | 00:22:27 / 32 | 01:16:48 | 00:16:56 |
| 29 | 256 | NADROWSKI TOMASZ | POL | WIĘCEJ FUNKU! / BIEGIEMNAPOMOC.PL | | 82M30/9 M / 23 | 00:13:45 / 39 | 00:02:23 / 27 | 00:35:00 / 20 | 00:02:48 / 20 | 00:23:00 / 39 | 01:16:56 | 00:17:04 |
| 30 | 253 | NAROZNIK MACIEJ | POL | DEMOPROJEKT TRI TEAM | | 86M30/10 M / 24 | 00:11:41 / 22 | 00:02:30 / 16 | 00:36:10 / 36 | 00:03:43 / 36 | 00:23:38 / 49 | 01:17:42 | 00:17:50 |
| 31 | 267 | RAGAN PAWEŁ | POL | | | 80M30/11 M / 25 | 00:13:24 / 33 | 00:02:47 / 30 | 00:36:16 / 38 | 00:03:04 / 38 | 00:22:16 / 30 | 01:17:47 | 00:17:55 |
| 32 | 297 | GLADYŚ PAWEŁ | POL | | | 00M16/8 M / 26 | 00:13:15 / 30 | 00:02:56 / 28 | 00:33:39 / 13 | 00:02:44 / 13 | 00:25:31 / 73 | 01:18:05 | 00:18:13 |
| 33 | 358 | GUGAŁA MACIEJ | POL | BBL STRAWCZYN | | 76M40/7 M / 27 | 00:15:30 / 61 | 00:02:22 / 50 | 00:34:35 / 18 | 00:02:54 / 18 | 00:23:07 / 42 | 01:18:28 | 00:18:36 |
| 34 | 277 | IZBIŃSKI RAFAŁ | POL | STS SKARZYSKO KAMIENNA/SZYMANOWSKI TRIATHLON TEAM | | 79M30/12 M / 28 | 00:16:11 / 71 | 00:02:45 / 65 | 00:35:53 / 33 | 00:03:24 / 33 | 00:20:27 / 7 | 01:18:40 | 00:18:48 |
| 35 | 315 | MIELKE RAPHAEL | POL | YMCA KRAKÓW | | 66M50/2 M / 29 | 00:14:51 / 55 | 00:02:01 / 40 | 00:35:01 / 22 | 00:02:47 / 22 | 00:24:07 / 58 | 01:18:47 | 00:18:55 |
| 36 | 361 | ŁOMNICKI ROBERT | POL | STEFATRIATHLONU | | 81M30/13 M / 30 | 00:14:45 / 52 | 00:01:50 / 34 | 00:37:01 / 53 | 00:02:27 / 53 | 00:23:10 / 43 | 01:19:13 | 00:19:21 |
| 37 | 229 | PRZYBYLSKI PIOTR | POL | GO SPORT AK SPED TEAM | | 81M30/14 M / 31 | 00:11:14 / 17 | 00:02:15 / 14 | 00:36:21 / 40 | 00:02:34 / 40 | 00:27:15 / 97 | 01:19:39 | 00:19:47 |
| 38 | 359 | ZAGDAŃSKI DARIUSZ | POL | KKL KIELCE | | 89M16/9 M / 32 | 00:13:37 / 37 | 00:06:19 / 76 | 00:36:49 / 50 | 00:02:26 / 50 | 00:21:00 / 13 | 01:20:11 | 00:20:19 |
| 39 | 236 | KARBOWIAK DANIEL | POL | KT WATER KNIGHTS | | 91M16/10 M / 33 | 00:13:40 / 38 | 00:03:01 / 37 | 00:37:47 / 59 | 00:02:38 / 59 | 00:24:37 / 62 | 01:21:43 | 00:21:51 |
| 40 | 312 | ZIENTAL DARIUSZ | POL | | | 67M50/3 M / 34 | 00:16:24 / 75 | 00:02:31 / 64 | 00:35:18 / 27 | 00:02:56 / 27 | 00:24:47 / 66 | 01:21:56 | 00:22:04 |
| 41 | 270 | TUDEK AGATA | POL | LDI | | 85K30/3 K / 7 | 00:13:21 / 32 | 00:01:56 / 22 | 00:40:13 / 81 | 00:03:07 / 81 | 00:23:27 / 48 | 01:22:04 | 00:22:12 |
| 42 | 354 | JAKUS TOMASZ | POL | JĘDRZEJOWSKI KLUB KOLARSKI | | 84M30/15 M / 35 | 00:16:14 / 72 | 00:02:54 / 68 | 00:36:19 / 39 | 00:03:10 / 39 | 00:23:53 / 55 | 01:22:30 | 00:22:38 |
| 43 | 272 | LIPKA ŁUKASZ | POL | | | 97M16/11 M / 36 | 00:14:39 / 50 | 00:03:26 / 53 | 00:36:04 / 34 | 00:03:15 / 34 | 00:25:18 / 71 | 01:22:42 | 00:22:50 |
| 44 | 364 | WALUSINSKI JAROSŁAW | POL | | | 91M16/12 M / 37 | 00:17:29 / 90 | 00:02:13 / 73 | 00:36:57 / 52 | 00:02:04 / 52 | 00:23:59 / 56 | 01:22:42 | 00:22:50 |
| 45 | 293 | MAŁECKI MICHAŁ | POL | | | 94M16/13 M / 38 | 00:17:10 / 83 | 00:03:05 / 79 | 00:35:17 / 26 | 00:03:28 / 26 | 00:23:49 / 52 | 01:22:49 | 00:22:57 |
| 46 | 283 | STADNICKI PIOTR | POL | TRICLUB | | 83M30/16 M / 39 | 00:15:40 / 64 | 00:03:06 / 60 | 00:37:02 / 54 | 00:03:55 / 54 | 00:23:10 / 44 | 01:22:53 | 00:23:01 |
| 47 | 377 | ZARZECZNA AGNIESZKA | POL | OIL WARSZAWA | | 79K30/4 K / 8 | 00:17:25 / 88 | 00:02:10 / 71 | 00:37:20 / 56 | 00:02:26 / 56 | 00:23:50 / 53 | 01:23:11 | 00:23:19 |
| 48 | 278 | SOWA KATARZYNA | POL | HOTEL PODIUM DIAGNOSTIX TEAM | | 75K40/1 K / 9 | 00:14:44 / 51 | 00:03:25 / 54 | 00:36:05 / 35 | 00:03:00 / 35 | 00:26:09 / 87 | 01:23:23 | 00:23:31 |
| 49 | 266 | ZIELIŃSKI JAROSŁAW | POL | HAPPY TRITEAM | | 82M30/17 M / 40 | 00:13:06 / 29 | 00:03:05 / 29 | 00:39:21 / 73 | 00:02:18 / 73 | 00:25:39 / 82 | 01:23:29 | 00:23:37 |
| 50 | 311 | BRÓDKA PAWEŁ | POL | BIEGIEM RADOM! | | 74M40/8 M / 41 | 00:15:46 / 67 | 00:02:52 / 57 | 00:37:53 / 61 | 00:03:20 / 61 | 00:23:38 / 50 | 01:23:29 | 00:23:37 |
| 51 | 376 | KOSELNIK ADAM | POL | | | 82M30/18 M / 42 | 00:17:25 / 87 | 00:02:49 / 78 | 00:36:25 / 43 | 00:02:28 / 43 | 00:24:25 / 60 | 01:23:32 | 00:23:40 |
| 52 | 11 | SZYMANOWSKI TOMASZ | POL | SZYMANOWSKI TRIATHLON TEAM | | 81M30/19 M / 43 | 00:16:40 / 76 | 00:03:43 / 80 | 00:37:24 / 57 | 00:03:14 / 57 | 00:23:04 / 41 | 01:24:05 | 00:24:13 |
| 53 | 319 | PASZKIEL JAKUB | POL | KAMARO SPORT LINE SKARŻYSKO - KAMIENNA | | 83M30/20 M / 44 | 00:18:49 / 103 | 00:03:09 / 95 | 00:36:43 / 48 | 00:02:48 / 48 | 00:22:46 / 35 | 01:24:15 | 00:24:23 |
| 54 | 285 | KUSZEWSKI MARIUSZ | POL | | | 76M40/9 M / 45 | 00:18:31 / 97 | 00:02:20 / 85 | 00:36:41 / 47 | 00:02:41 / 47 | 00:24:05 / 57 | 01:24:18 | 00:24:26 |
| 55 | 282 | PIWOWAR KAMIL | POL | | | 85M30/21 M / 46 | 00:18:39 / 101 | 00:02:03 / 84 | 00:38:10 / 62 | 00:02:48 / 62 | 00:22:42 / 34 | 01:24:22 | 00:24:30 |
| 56 | 390 | JANOSZ PIOTR | POL | | | 79M30/22 M / 47 | 00:10:48 / 14 | 00:09:03 / 74 | 00:36:50 / 51 | 00:02:30 / 51 | 00:25:35 / 78 | 01:24:46 | 00:24:54 |
| 57 | 273 | RYCHTER KAMIL | POL | TRIATHLON X-TEAM | | 84M30/23 M / 48 | 00:16:03 / 69 | 00:02:42 / 59 | 00:38:56 / 72 | 00:02:27 / 72 | 00:25:02 / 68 | 01:25:10 | 00:25:18 |
| 58 | 369 | CABAJ TOMASZ | POL | | | 88M16/14 M / 49 | 00:16:23 / 74 | 00:03:47 / 77 | 00:36:48 / 49 | 00:03:00 / 49 | 00:25:33 / 76 | 01:25:31 | 00:25:39 |
| 59 | 343 | KUŹDUB PIOTR | POL | RUNNING BROTHERS | | 90M16/15 M / 50 | 00:21:59 / 147 | 00:02:13 / 128 | 00:36:37 / 46 | 00:01:56 / 46 | 00:22:47 / 36 | 01:25:32 | 00:25:40 |
| 60 | 274 | ŚLIWIŃSKI ALEKSANDER | POL | | | 80M30/24 M / 51 | 00:16:58 / 80 | 00:02:33 / 70 | 00:37:15 / 55 | 00:02:59 / 55 | 00:25:52 / 84 | 01:25:37 | 00:25:45 |

| Msc Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | R-k YoB | W kategorii in Age | Pływanie Swim | T1 Poz. po T1 | Rower Bike | T2 Poz. po T2 | Bieg Run | Wynik Time | Strata Diff. |
|----------|--------|-------------------------|-----------|-------------------------------------|---------|--------------------|----------------|----------------|----------------|----------------|----------------|-----------------|--------------|
| 61 | 398 | NIEDZIELA SŁAWOMIR | POL | SPORT MEDICAL REHABILITACJA | | 74M40/10 M / 52 | 00:19:02 / 107 | 00:04:15 / 115 | 00:38:31 / 63 | 00:02:36 / 63 | 00:21:25 / 21 | 01:25:49 | 00:25:57 |
| 62 | 248 | LIZIS BARBARA | POL | HOTEL PODIUM DIAGNOSTIX TEAM | | 67K50/1 K / 10 | 00:15:43 / 66 | 00:03:10 / 61 | 00:36:25 / 44 | 00:03:46 / 44 | 00:26:53 / 94 | 01:25:57 | 00:26:05 |
| 63 | 232 | CIERNIAK JAROSŁAW | POL | PATOLNIA CREW | | 92M16/16 M / 53 | 00:16:17 / 73 | 00:02:37 / 62 | 00:38:48 / 70 | 00:02:46 / 70 | 00:25:32 / 75 | 01:26:00 | 00:26:08 |
| 64 | 287 | DĄBROWSKI MICHAŁ | POL | | | 84M30/25 M / 54 | 00:17:16 / 84 | 00:02:11 / 69 | 00:40:50 / 88 | 00:02:23 / 88 | 00:23:21 / 47 | 01:26:01 | 00:26:09 |
| 65 | 295 | LIPIŃSKI ADAM | POL | | | 82M30/26 M / 55 | 00:16:49 / 78 | 00:04:24 / 87 | 00:38:46 / 68 | 00:02:16 / 68 | 00:23:53 / 54 | 01:26:08 | 00:26:16 |
| 66 | 244 | KALUŻA TOMASZ | POL | HOTEL KANTORIA | | 90M16/17 M / 56 | 00:13:53 / 42 | 00:02:57 / 38 | 00:39:28 / 74 | 00:03:28 / 74 | 00:26:22 / 90 | 01:26:08 | 00:26:16 |
| 67 | 392 | RAJTAR PAWEŁ | POL | DOTSPORT | | 96M16/18 M / 57 | 00:14:25 / 47 | 00:02:51 / 45 | 00:36:22 / 42 | 00:03:08 / 42 | 00:29:27 / 124 | 01:26:13 | 00:26:21 |
| 68 | 225 | ZARYCHTA ANITA | POL | AKWEDUKT KIELCE | | 98K16/5 K / 11 | 00:11:03 / 15 | 00:03:17 / 19 | 00:44:03 / 122 | 00:02:17 / 122 | 00:25:34 / 77 | 01:26:14 | 00:26:22 |
| 69 | 388 | ZIACH MARIUSZ | POL | KRS TKKF TRIATHLON DĄBROWA GÓRNICZA | | 73M40/11 M / 58 | 00:21:47 / 141 | 00:03:34 / 134 | 00:36:11 / 37 | 00:03:20 / 37 | 00:21:39 / 25 | 01:26:31 | 00:26:39 |
| 70 | 259 | KAWECKI DAMIAN | POL | ITMANAGE | | 77M40/12 M / 59 | 00:15:41 / 65 | 00:03:20 / 66 | 00:37:51 / 60 | 00:02:39 / 60 | 00:27:01 / 95 | 01:26:32 | 00:26:40 |
| 71 | 224 | ZAWOLIK WIKTORIA | POL | AKWEDUKT KIELCE | | 97K16/6 K / 12 | 00:13:27 / 34 | 00:03:24 / 39 | 00:43:01 / 109 | 00:02:31 / 109 | 00:24:21 / 59 | 01:26:44 | 00:26:52 |
| 72 | 242 | GORAJ MAREK | POL | | | 65M50/4 M / 60 | 00:19:17 / 114 | 00:04:06 / 119 | 00:37:29 / 58 | 00:03:05 / 58 | 00:23:03 / 40 | 01:27:00 | 00:27:08 |
| 73 | 347 | ŚLIWSKI ARKADIUSZ | POL | | | 74M40/13 M / 61 | 00:15:34 / 62 | 00:03:31 / 67 | 00:39:30 / 76 | 00:02:15 / 76 | 00:26:18 / 89 | 01:27:08 | 00:27:16 |
| 74 | 340 | BIENIAS PAULINA | POL | | | 92K16/7 K / 13 | 00:15:36 / 63 | 00:02:12 / 48 | 00:40:55 / 89 | 00:03:06 / 89 | 00:25:37 / 81 | 01:27:26 | 00:27:34 |
| 75 | 247 | DĄBROWSKA-BIEŃ JUSTYNA | POL | WARSAW MASTERS TEAM | | 80K30/5 K / 14 | 00:15:12 / 57 | 00:02:40 / 51 | 00:41:03 / 90 | 00:02:36 / 90 | 00:25:56 / 85 | 01:27:27 | 00:27:35 |
| 76 | 226 | PILINSKA ADRIANNA | POL | AKWEDUKT KIELCE | | 99K16/8 K / 15 | 00:11:37 / 20 | 00:03:50 / 23 | 00:41:33 / 92 | 00:02:24 / 92 | 00:28:04 / 108 | 01:27:28 | 00:27:36 |
| 77 | 261 | URBAŃCZYK PAWEŁ | POL | HOTEL PODIUM DIAGNOSTIX TEAM | | 81M30/27 M / 62 | 00:21:32 / 138 | 00:03:30 / 131 | 00:35:51 / 32 | 00:03:00 / 32 | 00:23:45 / 51 | 01:27:38 | 00:27:46 |
| 78 | 251 | KAŻMIERCZAK PIOTR | POL | RUCH KLUCH | | 82M30/28 M / 63 | 00:14:31 / 48 | 00:02:29 / 43 | 00:40:02 / 79 | 00:02:52 / 79 | 00:27:49 / 103 | 01:27:43 | 00:27:51 |
| 79 | 353 | WAŚIK MARCIN | POL | | | 74M40/14 M / 64 | 00:18:34 / 100 | 00:04:17 / 104 | 00:38:49 / 71 | 00:03:22 / 71 | 00:23:16 / 46 | 01:28:18 | 00:28:26 |
| 80 | 346 | CZAJKOWSKI GRZEGORZ | POL | | | 83M30/29 M / 65 | 00:13:37 / 36 | 00:02:23 / 26 | 00:42:49 / 106 | 00:03:28 / 106 | 00:26:09 / 88 | 01:28:26 | 00:28:34 |
| 81 | 40 | POSZELEŹNY ANDRZEJ | POL | EXATEL | | 80M30/30 M / 66 | 00:17:17 / 85 | 00:03:12 / 82 | 00:40:33 / 85 | 00:02:39 / 85 | 00:25:31 / 74 | 01:29:12 | 00:29:20 |
| 82 | 254 | WASIAK WOJCIECH | POL | WATER KNIGHTS | | 60M50/5 M / 67 | 00:15:57 / 68 | 00:02:58 / 63 | 00:42:34 / 102 | 00:03:09 / 102 | 00:24:38 / 63 | 01:29:16 | 00:29:24 |
| 83 | 296 | KHAN DAVID | POL | DYSTANS LESZNO | | 79M30/31 M / 68 | 00:17:30 / 91 | 00:03:40 / 86 | 00:43:01 / 107 | 00:02:35 / 107 | 00:22:49 / 37 | 01:29:35 | 00:29:43 |
| 84 | 318 | BEYER-WRÓBLEWSKA MONIKA | POL | MEWA GDYNIA | | 75K40/2 K / 16 | 00:17:31 / 93 | 00:02:54 / 81 | 00:41:19 / 91 | 00:02:50 / 91 | 00:25:02 / 69 | 01:29:36 | 00:29:44 |
| 85 | 317 | WIEWIÓRA BARTŁOMIEJ | POL | | | 00M16/19 M / 69 | 00:18:50 / 104 | 00:03:06 / 93 | 00:39:43 / 77 | 00:02:35 / 77 | 00:25:35 / 79 | 01:29:49 | 00:29:57 |
| 86 | 257 | THUMS CHRISTIAN | POL | | | 76M40/15 M / 70 | 00:18:31 / 98 | 00:03:56 / 99 | 00:38:40 / 65 | 00:03:16 / 65 | 00:25:49 / 83 | 01:30:12 | 00:30:20 |
| 87 | 399 | MAJOS PAULINA | POL | AZS UJK KIELCE | | 96K16/9 K / 17 | 00:12:19 / 27 | 00:01:53 / 17 | 00:43:17 / 113 | 00:02:39 / 113 | 00:30:22 / 129 | 01:30:30 | 00:30:38 |
| 88 | 124 | JAROSZ ARTUR | POL | | | 79M30/32 M / 71 | 00:17:31 / 92 | 00:02:11 / 72 | 00:38:36 / 64 | 00:03:37 / 64 | 00:28:47 / 118 | 01:30:42 | 00:30:50 |
| 89 | 384 | BYSIEK KRZYSZTOF | POL | BYSIEK TEAM | | 82M30/33 M / 72 | 00:15:12 / 56 | 00:03:07 / 55 | 00:40:22 / 82 | 00:03:14 / 82 | 00:28:58 / 121 | 01:30:53 | 00:31:01 |
| 90 | 401 | GÓRECKI DARIUSZ | POL | | | 83M30/34 M / 73 | 00:21:34 / 139 | 00:02:00 / 120 | 00:40:28 / 83 | 00:01:52 / 83 | 00:25:07 / 70 | 01:31:01 | 00:31:09 |
| 91 | 397 | KORNAŚ BARTOSZ | POL | | | 00M16/20 M / 74 | 00:12:16 / 26 | 00:04:04 / 33 | 00:43:06 / 110 | 00:03:36 / 110 | 00:28:10 / 109 | 01:31:12 | 00:31:20 |
| 92 | 245 | SALWA PAWEŁ | POL | FREEDOM | | 78M30/35 M / 75 | 00:19:48 / 123 | 00:03:28 / 114 | 00:39:29 / 75 | 00:03:18 / 75 | 00:25:20 / 72 | 01:31:23 | 00:31:31 |
| 93 | 381 | GÓDŹ WOJTEK | POL | SPELEOKLUB ŚWIĘTOKRZYSKI | | 74M40/16 M / 76 | 00:17:23 / 86 | 00:05:44 / 109 | 00:40:30 / 84 | 00:03:16 / 84 | 00:24:31 / 61 | 01:31:24 | 00:31:32 |

| Msc Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | R-k YoB | W kategorii in Age | Pływanie Swim | T1 Poz. po T1 | Rower Bike | T2 Poz. po T2 | Bieg Run | Wynik Time | Strata Diff. |
|-------------|-----------|---------------------------------|---|---|------------|-----------------------|------------------|------------------|----------------|------------------|----------------|-----------------|-----------------|
| 94 | 389 | PAWLAK ROBERT |  | POL RUDYKON | | 80M30/36 M / 77 | 00:18:43 / 102 | 00:03:45 / 100 | 00:44:31 / 123 | 00:02:24 / 123 | 00:22:05 / 28 | 01:31:28 | 00:31:36 |
| 95 | 286 | WÓJCIK WOJCIECH |  | POL | | 75M40/17 M / 78 | 00:18:28 / 96 | 00:03:55 / 98 | 00:38:41 / 66 | 00:02:48 / 66 | 00:27:45 / 101 | 01:31:37 | 00:31:45 |
| 96 | 281 | CIOK JAKUB |  | POL | | 86M30/37 M / 79 | 00:19:52 / 125 | 00:03:31 / 118 | 00:43:07 / 111 | 00:03:10 / 111 | 00:22:01 / 27 | 01:31:41 | 00:31:49 |
| 97 | 313 | SIDLO DAMIAN |  | POL | | 82M30/38 M / 80 | 00:20:45 / 130 | 00:02:12 / 106 | 00:40:49 / 87 | 00:03:23 / 87 | 00:24:39 / 64 | 01:31:48 | 00:31:56 |
| 98 | 265 | GROMNY KONRAD |  | POL | | 79M30/39 M / 81 | 00:14:50 / 54 | 00:03:01 / 49 | 00:42:34 / 101 | 00:03:02 / 101 | 00:28:41 / 116 | 01:32:08 | 00:32:16 |
| 99 | 28 | KASZUBA ROBERT |  | POL ZAGNAŃSKIE STOWARZYSZENIE ROWEROWE' POD BARTKIEM' | | 73M40/18 M / 82 | 00:19:54 / 126 | 00:03:00 / 105 | 00:40:41 / 86 | 00:03:20 / 86 | 00:25:37 / 80 | 01:32:32 | 00:32:40 |
| 100 | 391 | WITKOWSKI PAWEŁ |  | POL | | 81M30/40 M / 83 | 00:17:09 / 82 | 00:02:44 / 75 | 00:39:54 / 78 | 00:03:51 / 78 | 00:29:00 / 122 | 01:32:38 | 00:32:46 |
| 101 | 303 | KORDULA PAWEŁ |  | POL | | 80M30/41 M / 84 | 00:19:00 / 105 | 00:02:54 / 91 | 00:42:05 / 97 | 00:02:44 / 97 | 00:26:30 / 91 | 01:33:13 | 00:33:21 |
| 102 | 336 | MAŁEK ARKADIUSZ |  | POL PMP RADOM | | 69M40/19 M / 85 | 00:19:37 / 117 | 00:02:19 / 92 | 00:40:04 / 80 | 00:02:56 / 80 | 00:28:17 / 112 | 01:33:13 | 00:33:21 |
| 103 | 385 | KOZIEŁ DANIEL |  | POL | | 93M16/21 M / 86 | 00:21:30 / 137 | 00:02:41 / 127 | 00:42:26 / 99 | 00:02:24 / 99 | 00:24:49 / 67 | 01:33:50 | 00:33:58 |
| 104 | 341 | FEDORÓW KAROLINA |  | POL | | 83K30/6 K / 18 | 00:15:20 / 60 | 00:03:22 / 58 | 00:42:38 / 104 | 00:04:10 / 104 | 00:28:57 / 120 | 01:34:27 | 00:34:35 |
| 105 | 262 | ŻOŁĄDEK JUSTYNA |  | POL BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ | | 77K40/3 K / 19 | 00:13:48 / 41 | 00:08:29 / 97 | 00:42:14 / 98 | 00:02:59 / 98 | 00:27:25 / 100 | 01:34:55 | 00:35:03 |
| 106 | 177 | LIPIŃSKI KAROL |  | POL JARMOŁOWICZ TEAM | | 85M30/42 M / 87 | 00:19:08 / 110 | 00:02:49 / 94 | 00:42:36 / 103 | 00:02:56 / 103 | 00:27:54 / 107 | 01:35:23 | 00:35:31 |
| 107 | 227 | JÓŻWIK MARCIN |  | POL MORSJANIE KOZIENICE | | 73M40/20 M / 88 | 00:16:59 / 81 | 00:03:31 / 83 | 00:43:27 / 117 | 00:02:51 / 117 | 00:28:52 / 119 | 01:35:40 | 00:35:48 |
| 108 | 228 | SOJA DAMIAN |  | POL | | 91M16/22 M / 89 | 00:20:48 / 131 | 00:02:24 / 112 | 00:43:01 / 108 | 00:02:19 / 108 | 00:27:17 / 98 | 01:35:49 | 00:35:57 |
| 109 | 246 | PLUTA KAMIL |  | POL | | 89M16/23 M / 90 | 00:19:05 / 108 | 00:03:33 / 102 | 00:45:01 / 127 | 00:02:25 / 127 | 00:26:03 / 86 | 01:36:07 | 00:36:15 |
| 110 | 294 | DEC MICHAŁ |  | POL | | 92M16/24 M / 91 | 00:16:03 / 70 | 00:02:16 / 56 | 00:43:10 / 112 | 00:03:28 / 112 | 00:31:27 / 136 | 01:36:24 | 00:36:32 |
| 111 | 382 | BARTOSIEWICZ DARIUSZ |  | POL | | 66M50/6 M / 92 | 00:18:24 / 95 | 00:02:58 / 88 | 00:44:39 / 125 | 00:03:29 / 125 | 00:27:08 / 96 | 01:36:38 | 00:36:46 |
| 112 | 290 | WILK PIOTR |  | POL | | 81M30/43 M / 93 | 00:17:26 / 89 | 00:04:23 / 89 | 00:43:38 / 118 | 00:03:42 / 118 | 00:27:49 / 104 | 01:36:58 | 00:37:06 |
| 113 | 231 | PIETRYKA SYLWESTER |  | POL ŁUKASZ WOŹNIAK RUNNING TEAM | | 83M30/44 M / 94 | 00:19:10 / 111 | 00:03:59 / 111 | 00:43:58 / 121 | 00:02:36 / 121 | 00:28:11 / 110 | 01:37:54 | 00:38:02 |
| 114 | 299 | HORBATY JERZY |  | POL WARSAW TRATHLON TEAM | | 66M50/7 M / 95 | 00:17:42 / 94 | 00:05:40 / 116 | 00:43:24 / 115 | 00:04:32 / 115 | 00:26:45 / 93 | 01:38:03 | 00:38:11 |
| 115 | 300 | ***** | | | | M / 96 | 00:16:42 / 77 | 00:06:40 / 117 | 00:43:24 / 116 | 00:04:33 / 116 | 00:26:45 / 92 | 01:38:04 | 00:38:12 |
| 116 | 332 | BAŁCHANOWSKI KRZYSZTOF |  | POL HNS TEAM | | 84M30/45 M / 97 | 00:21:43 / 140 | 00:03:23 / 132 | 00:41:40 / 94 | 00:03:55 / 94 | 00:28:16 / 111 | 01:38:57 | 00:39:05 |
| 117 | 357 | WINIARCZYK TOMASZ |  | POL AZS UJK KIELCE | | 70M40/21 M / 98 | 00:16:57 / 79 | 00:06:02 / 107 | 00:43:47 / 120 | 00:04:04 / 120 | 00:28:41 / 117 | 01:39:31 | 00:39:39 |
| 118 | 395 | MALINOWSKI PRZEMYSŁAW |  | POL | | 72M40/22 M / 99 | 00:19:40 / 119 | 00:03:25 / 108 | 00:41:57 / 96 | 00:03:48 / 96 | 00:31:03 / 134 | 01:39:53 | 00:40:01 |
| 119 | 243 | GRESZTA KATARZYNA |  | POL EUROPA UBEZPIECZENIA | | 74K40/4 K / 20 | 00:19:13 / 113 | 00:03:56 / 110 | 00:46:41 / 134 | 00:02:49 / 134 | 00:27:19 / 99 | 01:39:58 | 00:40:06 |
| 120 | 325 | SOJA MICHAŁ |  | POL PATOLNIA CREW | | 92M16/25 M / 100 | 00:18:32 / 99 | 00:03:21 / 90 | 00:45:39 / 130 | 00:02:31 / 130 | 00:30:15 / 128 | 01:40:18 | 00:40:26 |
| 121 | 320 | BOLECHOWSKA - PASZKIEL LUIZA |  | POL KAMARO SPORT LINE SKARŻYSKO - KAMIENNA | | 84K30/7 K / 21 | 00:19:06 / 109 | 00:03:38 / 103 | 00:46:56 / 136 | 00:03:06 / 136 | 00:27:54 / 106 | 01:40:40 | 00:40:48 |
| 122 | 378 | MUNIAK MARIUSZ |  | POL TEAM MIELEC | | 77M40/23 M / 101 | 00:05:48 / 2 | 00:18:20 / 125 | 00:38:46 / 69 | 00:04:32 / 69 | 00:33:23 / 141 | 01:40:49 | 00:40:57 |
| 123 | 280 | KAPUSTA ANNA |  | POL | | 93K16/10 K / 22 | 00:21:29 / 136 | 00:08:26 / 151 | 00:41:34 / 93 | 00:02:40 / 93 | 00:27:49 / 105 | 01:41:58 | 00:42:06 |
| 124 | 333 | NOWEK DANIEL |  | POL PATOLNIA CREW | | 92M16/26 M / 102 | 00:22:01 / 148 | 00:03:00 / 130 | 00:45:33 / 129 | 00:02:50 / 129 | 00:28:36 / 115 | 01:42:00 | 00:42:08 |
| 125 | 276 | JAREMEK PIOTR |  | POL | | M / 103 | 00:19:18 / 115 | 00:05:59 / 133 | 00:48:59 / 141 | 00:03:00 / 141 | 00:24:45 / 65 | 01:42:01 | 00:42:09 |
| 126 | 374 | KĘPIŃSKI LESZEK |  | POL --KĘPA SPORT TARNÓW | | 57M60/1 M / 104 | 00:19:39 / 118 | 00:04:01 / 121 | 00:43:40 / 119 | 00:04:10 / 119 | 00:30:41 / 131 | 01:42:11 | 00:42:19 |

| Msc Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | R-k YoB | W kategorii in Age | Pływanie Swim | T1 Poz. po T1 | Rower Bike | T2 Poz. po T2 | Bieg Run | Wynik Time | Strata Diff. | |
|-------------|-----------|----------------------------|--------------|--------------------------------|------------|-----------------------|------------------|------------------|----------------|------------------|----------------|----------------|-----------------|----------|
| 127 | 271 | ORLICZ ROBERT | POL | TRICLUB | | 76M40/24 | M / 105 | 00:19:51 / 124 | 00:02:42 / 101 | 00:45:59 / 132 | 00:03:34 / 132 | 00:31:30 / 137 | 01:43:36 | 00:43:44 |
| 128 | 371 | WOJCIECHOWSKA KATARZYNA | POL | TSA SANDOMIERZ | | 77K40/5 | K / 23 | 00:21:53 / 143 | 00:04:16 / 138 | 00:46:44 / 135 | 00:03:00 / 135 | 00:27:47 / 102 | 01:43:40 | 00:43:48 |
| 129 | 112 | KRALKA MARIUSZ | POL | | | 80M30/46 | M / 106 | 00:21:10 / 133 | 00:05:27 / 139 | 00:42:45 / 105 | 00:04:55 / 105 | 00:29:23 / 123 | 01:43:40 | 00:43:48 |
| 130 | 323 | SMAGOWSKI SLAWOMIR | POL | | | 82M30/47 | M / 107 | 00:21:54 / 145 | 00:04:13 / 137 | 00:45:08 / 128 | 00:03:02 / 128 | 00:29:27 / 125 | 01:43:44 | 00:43:52 |
| 131 | 331 | BIERNACKI TOMASZ | POL | | | 74M40/25 | M / 108 | 00:21:53 / 144 | 00:04:47 / 140 | 00:45:43 / 131 | 00:03:06 / 131 | 00:28:35 / 114 | 01:44:04 | 00:44:12 |
| 132 | 334 | ŻAK RAFAŁ | POL | | | 75M40/26 | M / 109 | 00:19:00 / 106 | 00:04:46 / 122 | 00:48:11 / 138 | 00:02:57 / 138 | 00:29:52 / 126 | 01:44:46 | 00:44:54 |
| 133 | 264 | ROGOWSKI DARIUSZ | POL | HAPPY TRITEAM | | 68M40/27 | M / 110 | 00:21:56 / 146 | 00:04:50 / 141 | 00:41:53 / 95 | 00:03:53 / 95 | 00:32:56 / 140 | 01:45:28 | 00:45:36 |
| 134 | 393 | WOJTAL JACEK | POL | PRODENTICATEAM | | 72M40/28 | M / 111 | 00:19:27 / 116 | 00:10:06 / 149 | 00:42:34 / 100 | 00:03:29 / 100 | 00:30:43 / 132 | 01:46:19 | 00:46:27 |
| 135 | 394 | WOJTAL IWONA | POL | PRODENTICATEAM | | 80K30/8 | K / 24 | 00:07:38 / 3 | 00:17:50 / 135 | 00:48:56 / 140 | 00:03:48 / 140 | 00:28:22 / 113 | 01:46:34 | 00:46:42 |
| 136 | 368 | CHMIELEWSKA BOŻENA | POL | TSA SANDOMIERZ | | 67K50/2 | K / 25 | 00:19:47 / 122 | 00:04:24 / 126 | 00:48:43 / 139 | 00:03:10 / 139 | 00:30:43 / 133 | 01:46:47 | 00:46:55 |
| 137 | 309 | WÓJCİK KRZYSZTOF | POL | | | 86M30/48 | M / 112 | 00:19:46 / 121 | 00:04:13 / 123 | 00:50:30 / 142 | 00:03:41 / 142 | 00:30:33 / 130 | 01:48:43 | 00:48:51 |
| 138 | 363 | MOSKWA JACEK | POL | | | 70M40/29 | M / 113 | 00:23:08 / 149 | 00:05:27 / 147 | 00:46:34 / 133 | 00:04:23 / 133 | 00:30:00 / 127 | 01:49:32 | 00:49:40 |
| 139 | 327 | ZATORSKI RADOSŁAW | POL | | | 78M30/49 | M / 114 | 00:20:13 / 128 | 00:04:48 / 129 | 00:44:40 / 126 | 00:05:14 / 126 | 00:37:34 / 147 | 01:52:29 | 00:52:37 |
| 140 | 345 | WÓJCICKI MARIUSZ | POL | GB SPORT RZESZÓW | | 77M40/30 | M / 115 | 00:14:01 / 44 | 00:03:34 / 46 | 00:52:18 / 146 | 00:05:17 / 146 | 00:39:04 / 149 | 01:54:14 | 00:54:22 |
| 141 | 284 | ODZINKOWSKI ŁUKASZ | POL | TRINEGU | | 79M30/50 | M / 116 | 00:20:55 / 132 | 00:04:54 / 136 | 00:50:43 / 143 | 00:03:32 / 143 | 00:35:19 / 146 | 01:55:23 | 00:55:31 |
| 142 | 252 | WARTAK AGATA | POL | FORMACJA TRANSFORMACJA | | 87K30/9 | K / 26 | 00:23:29 / 151 | 00:06:07 / 150 | 00:51:00 / 145 | 00:03:47 / 145 | 00:31:09 / 135 | 01:55:32 | 00:55:40 |
| 143 | 298 | JURKIEWICZ MARTYNA | POL | ATMOSFERA | | 87K30/10 | K / 27 | 00:19:56 / 127 | 00:04:09 / 124 | 00:54:19 / 150 | 00:03:29 / 150 | 00:34:23 / 145 | 01:56:16 | 00:56:24 |
| 144 | 322 | WYDRZYŃSKI WOJCIECH | POL | PATOLNIA CREW | | 96M16/27 | M / 117 | 00:24:09 / 152 | 00:03:23 / 142 | 00:53:39 / 148 | 00:02:33 / 148 | 00:32:38 / 139 | 01:56:22 | 00:56:30 |
| 145 | 263 | WRZOSEK JUSTYNA | POL | | | 86K30/11 | K / 28 | 00:21:16 / 134 | 00:06:23 / 145 | 00:52:38 / 147 | 00:03:59 / 147 | 00:33:52 / 143 | 01:58:08 | 00:58:16 |
| 146 | 306 | PAWELEC JUSTYNA | POL | | | 83K30/12 | K / 29 | 00:21:28 / 135 | 00:06:09 / 144 | 00:53:47 / 149 | 00:02:52 / 149 | 00:33:55 / 144 | 01:58:11 | 00:58:19 |
| 147 | 260 | MICHALCZUK ZENON | POL | | | 57M60/2 | M / 118 | 00:24:55 / 153 | 00:05:39 / 153 | 00:44:37 / 124 | 00:03:57 / 124 | 00:39:24 / 150 | 01:58:32 | 00:58:40 |
| 148 | 235 | MIKA JAROSŁAW | POL | | | 77M40/31 | M / 119 | 00:23:19 / 150 | 00:04:17 / 143 | 00:47:13 / 137 | 00:04:26 / 137 | 00:39:46 / 151 | 01:59:01 | 00:59:09 |
| 149 | 329 | PIETRASIEWICZ KAMIL | POL | | | 82M30/51 | M / 120 | 00:21:51 / 142 | 00:07:25 / 148 | 00:57:11 / 153 | 00:03:54 / 153 | 00:31:48 / 138 | 02:02:09 | 01:02:17 |
| 150 | 375 | KĘPIŃSKA ELŻBIETA | POL | KĘPA SPORT | | 65K50/3 | K / 30 | 00:26:03 / 154 | 00:04:16 / 152 | 00:54:40 / 151 | 00:04:25 / 151 | 00:33:50 / 142 | 02:03:14 | 01:03:22 |
| 151 | 289 | STAWIARSKI ALEKSANDER | POL | | | 01M16/28 | M / 121 | 00:19:12 / 112 | 00:08:58 / 146 | 00:50:53 / 144 | 00:04:15 / 144 | 00:41:58 / 152 | 02:05:16 | 01:05:24 |
| 152 | 372 | PIASEK ANNA | POL | | | 70K40/6 | K / 31 | 00:11:42 / 23 | 00:20:03 / 154 | 00:55:05 / 152 | 00:03:56 / 152 | 00:38:46 / 148 | 02:09:32 | 01:09:40 |
| | 326 | PAWELEC NORBERT | POL | PMP RADOM | | 77 | | | | 02:57:41 / 154 | | | DNF | |
| | 342 | KUŹDUB ROBERT | POL | RUNNING BROTHERS | | 93 | | | | | | | DNF | |
| | 348 | CZAJA WAŁAW | POL | | | 74 | | | | | | | DNF | |
| | 355 | WAWRO TADEUSZ | POL | KT WATER KNIGHTS | | 77 | | | | | | | DNF | |
| | 356 | JAROSZCZYK ANETA | POL | | | 70 | | 00:20:14 / 129 | | | | | DNF | |
| | 386 | MADEJSKA BEATA | POL | BEA-STAR STARACHOWICE | | 73 | | 00:19:43 / 120 | 00:02:16 / 96 | 00:43:18 / 114 | 02:10:02 / 114 | | DNF | |
| | 387 | SULIK JUSTYNA | POL | TRI RODZINY/SPORT MEDICAL TEAM | | 79 | | | | 03:24:50 / 155 | | | DNF | |

| Msc Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | R-k YoB | W kategorii in Age | Pływanie Swim | T1 Poz. po T1 | Rowery Bike | T2 Poz. po T2 | Bieg Run | Wynik Time | Strata Diff. |
|-------------|-----------|-------------------------|---|----------------------------|------------|-----------------------|------------------|------------------|----------------|------------------|-------------|---------------|-----------------|
| | 301 | MASŁOWSKI MARCIN |  POL | TRICLUB | | 76 | | | | | | DNS | |
| | 304 | OLSZEWSKI TOMASZ |  POL | MARATOŃCZYK DĘBICA | | 77 | | | | | | DNS | |
| | 328 | JONKISZ MAKSYMILIAN |  POL | | | 86 | | | | | | DNS | |
| | 349 | TARNOWSKI DAWID |  POL | FUNDACJA CAN-PACK DEV TEAM | | 83 | | | | | | DNS | |

| | | | | | | | |
|--------------|-----|---------------|-----|---------------|-----|------------|-----|
| Zgłoszonych: | 179 | Odebrało nr.: | 162 | Wystartowało: | 159 | Ukończyło: | 152 |
|--------------|-----|---------------|-----|---------------|-----|------------|-----|