

16. Bieg Ulicą Piotrkowską

WYNIKI ZAWODÓW

Organizator: Stowarzyszenie Akademia Sport i Zdrowie, Blersport, Beauty Sport, Miasto Łódź

Termin: 26.05.2018

Miejsce: Łódź

Dystans: 10 km



| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | (K) Sex | Czas Time | [min/km] |
|------------------------------|--------|----------------------|--------------------|----------|------------------------|---------|--------------------|---------|-----------|----------|
| Bieg 10 km - K16 [41] | | | | | | | | | | |
| 4 | 969 | RATALEWSKA Zuzanna | ŁÓDŹ | POL | | 01 | K16/4 | (K)155 | 00:49:48 | 04.58 |
| 11 | 1214 | KUROWSKA Zuzanna | ŁÓDŹ | POL | ROSSBIEGANI | 99 | K16/11 | (K)577 | 00:57:24 | 05.44 |
| 1 | 1413 | BŁASZCZYK Adela | ŁÓDŹ | POL | | 01 | K16/1 | (K)29 | 00:43:15 | 04.19 |
| 21 | 1511 | PODSEDEK Ola | ŁÓDŹ | POL | ŁÓDŹ KOCHA SPORT | 02 | K16/21 | (K)1109 | 01:04:20 | 06.26 |
| 10 | 1773 | MACIEJEWSKA Anna | ŁÓDŹ | POL | M-TEAM | 00 | K16/10 | (K)436 | 00:55:31 | 05.33 |
| 5 | 2076 | RAPACKA Magdalena | GAŁKÓW MAŁY | POL | PIETRZYK RUNNING TEAM | 00 | K16/5 | (K)239 | 00:51:53 | 05.11 |
| 30 | 2194 | ZASADA Magdalena | STRYKÓW | POL | | 00 | K16/30 | (K)1284 | 01:07:33 | 06.45 |
| 2 | 2200 | KOWALSKA Julia | KAMIENSK | POL | AKTYWNI KAMIENSK | 00 | K16/2 | (K)41 | 00:44:37 | 04.27 |
| 29 | 2274 | SULIGA Julia | ŁÓDŹ | POL | | 01 | K16/29 | (K)1266 | 01:07:04 | 06.42 |
| 6 | 2471 | GOGOLEWSKA Daria | ZDUŃSKA WOLA | POL | | 00 | K16/6 | (K)258 | 00:52:25 | 05.14 |
| 14 | 2544 | MASTERNAK Emilia | ŁÓDŹ | POL | - | 00 | K16/14 | (K)765 | 00:59:40 | 05.58 |
| 15 | 2614 | MĘDREK Sara | KOLUSZKI | POL | | 99 | K16/15 | (K)769 | 00:59:43 | 05.58 |
| 16 | 2664 | KLEKOWSKA Karolina | RADOMSKO | POL | AKTYWNI KAMIENSK | 99 | K16/16 | (K)813 | 01:00:25 | 06.02 |
| 28 | 2771 | BOŃCZAK Alicja | ALEKSANDRÓW ŁÓDZKI | POL | | 00 | K16/28 | (K)1237 | 01:06:38 | 06.39 |
| 7 | 2957 | JAWORSKA Jagoda | ŁÓDŹ | POL | BIEGAM BO LUBIĘ | 99 | K16/7 | (K)297 | 00:53:15 | 05.19 |
| 18 | 3022 | BLACHOWSKA Kinga | ŁÓDŹ | POL | ATLAS RUNNING TEAM | 99 | K16/18 | (K)836 | 01:00:42 | 06.04 |
| 12 | 3047 | ZAJĄC Aleksandra | ŁÓDŹ | POL | ATLAS RUNNING TEAM | 99 | K16/12 | (K)594 | 00:57:39 | 05.45 |
| 40 | 3225 | BILSKA Maria | ZDUŃSKA WOLA | POL | | 99 | K16/40 | (K)1568 | 01:21:15 | 08.07 |
| 17 | 3451 | SOSZKA Agnieszka | KUROWICE | POL | | 99 | K16/17 | (K)821 | 01:00:29 | 06.02 |
| 23 | 3651 | OLECHNOWICZ Julia | ALEKSANDRÓW ŁÓDZKI | POL | | 00 | K16/23 | (K)1114 | 01:04:27 | 06.26 |
| 38 | 3742 | BUCZYŃSKA Wiktoria | ŁÓDŹ | POL | | 00 | K16/38 | (K)1541 | 01:17:48 | 07.46 |
| 24 | 4156 | SOBCZYK Julia | TUSZYN | POL | - | 00 | K16/24 | (K)1136 | 01:04:51 | 06.29 |
| 8 | 4308 | MASTALERZ Kinga | ŁÓDŹ | POL | | 00 | K16/8 | (K)321 | 00:53:45 | 05.22 |
| 34 | 4343 | GRZYBOWSKA Weronika | ŁÓDŹ | POL | | 01 | K16/34 | (K)1407 | 01:10:53 | 07.05 |
| 3 | 4423 | KUMIDAJ Hanna | STRYKÓW | POL | | 01 | K16/3 | (K)134 | 00:49:21 | 04.56 |
| 36 | 4531 | NOWAK Natalia | LEŻNICA WIELKA | POL | | 99 | K16/36 | (K)1516 | 01:15:47 | 07.34 |
| 20 | 4685 | BUSSE Kamila | POLSKA | POL | | 99 | K16/20 | (K)1077 | 01:03:47 | 06.22 |
| 13 | 4778 | ANDRYSZAK Vanessa | NOWA WIEŚ WIELKA | POL | BRZOZA BIEGA | 01 | K16/13 | (K)760 | 00:59:38 | 05.57 |
| 9 | 4874 | SZYMCZAK Agata | ŁÓDŹ | POL | BIEGAM Z ROSSMANEM :)) | 02 | K16/9 | (K)435 | 00:55:30 | 05.33 |
| 19 | 5024 | RAKOWSKA Aleksandra | PIOTRKÓW | POL | | 01 | K16/19 | (K)886 | 01:01:08 | 06.06 |
| 22 | 5072 | KŁYS Joanna | ŁÓDŹ | POL | | 00 | K16/22 | (K)1111 | 01:04:22 | 06.26 |
| 26 | 5115 | CHMIELEWSKA Maja | ZGIERZ | POL | | 01 | K16/26 | (K)1184 | 01:05:46 | 06.34 |
| 35 | 5139 | PODEMSKA Gabriela | ALEKSANDRÓW ŁÓDZKI | POL | | 00 | K16/35 | (K)1445 | 01:12:16 | 07.13 |
| 31 | 5211 | KOZIOL Joanna | ŁÓDŹ | POL | | 99 | K16/31 | (K)1293 | 01:07:43 | 06.46 |
| 32 | 5275 | BULIŃSKA Wiktoria | STRYKÓW | POL | | 00 | K16/32 | (K)1328 | 01:08:37 | 06.51 |
| 33 | 5292 | DOLIK Weronika | ŁÓDŹ | POL | MONAR | 99 | K16/33 | (K)1347 | 01:09:18 | 06.55 |
| 27 | 5294 | KRASICKA Aleksandra | ŁÓDŹ | POL | MONAR | 99 | K16/27 | (K)1207 | 01:06:13 | 06.37 |
| 25 | 5300 | SUCHODOLSKA Luiza | OZORKÓW | POL | - | 00 | K16/25 | (K)1137 | 01:04:52 | 06.29 |
| 37 | 5325 | NOWAKOWSKA Zuzanna | ŁÓDŹ | POL | MONAR | 00 | K16/37 | (K)1536 | 01:17:18 | 07.43 |
| 39 | 5469 | BIAŁECKA Kamila | ŁÓDŹ | POL | | 00 | K16/39 | (K)1562 | 01:20:16 | 08.01 |

Bieg 10 km - K20 [437]

| | | | | | | | | | | |
|-----|----|----------------------------|-----------|--------|--|----|---------|--------|----------|-------|
| 2 | 5 | BRZEZIŃSKA Aleksandra | BYDGOSZCZ | POL | BRZEZIŃSKI RUN CLUB/ ASICS FRONTRUNNER POLAND | 91 | K20/2 | (K)3 | 00:34:06 | 03.24 |
| 1 | 7 | FISKOWICZ Lilia | TIRASPOL | MDALKB | RUDNIK | 89 | K20/1 | (K)1 | 00:33:45 | 03.22 |
| 3 | 16 | ONYANCHA Yunes movaa | | KEN | | 95 | K20/3 | (K)6 | 00:36:40 | 03.40 |
| 202 | 29 | JANIAK Inez | ŁĘCZYCA | POL | | 91 | K20/202 | (K)780 | 00:59:55 | 05.59 |
| 249 | 37 | GAWŁOWSKA-STASIAK Elżbieta | WARSZAWA | POL | | 91 | K20/249 | (K)968 | 01:02:07 | 06.12 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | (K) Sex | Czas Time | [min/km] |
|--------------|--------|-------------------------|---------------------|----------|--|---------|--------------------|---------|-----------|----------|
| 271 | 62 | SINIARSKA Paulina | WARSZAWA | | POL | 92 | K20/271 | (K)1032 | 01:03:12 | 06.19 |
| 406 | 80 | PIETRASIAK Magdalena | WIEWIÓRCZYN | | POL DRUŻYNA BSS | 93 | K20/406 | (K)1499 | 01:14:32 | 07.27 |
| 433 | 135 | GADOMSKA Małgorzata | ŁÓDŹ | | POL | 92 | K20/433 | (K)1574 | 01:22:56 | 08.17 |
| 357 | 143 | ALEKSANDROWICZ Angelika | ŁÓDŹ | | POL MAMY-BIEGAMY | 92 | K20/357 | (K)1322 | 01:08:31 | 06.51 |
| 289 | 210 | MARCINKOWSKA Ewa | ROZGARTY | | POL | 93 | K20/289 | (K)1093 | 01:04:09 | 06.24 |
| 113 | 211 | KOSECKA Agata | ZDUŃSKA WOLA | | POL OSP JANISZEWICE WWW.BIEGAJZOSP.PL | 91 | K20/113 | (K)462 | 00:55:48 | 05.34 |
| 382 | 224 | MIZERSKA Anna | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 89 | K20/382 | (K)1424 | 01:11:37 | 07.09 |
| 422 | 291 | FISZBAK Aleksandra | ŁÓDŹ | | POL | 91 | K20/422 | (K)1544 | 01:18:12 | 07.49 |
| 110 | 312 | GAWRON Marlena | ŁÓDŹ | | POL | 94 | K20/110 | (K)439 | 00:55:34 | 05.33 |
| 35 | 320 | LEWANDOWSKA Emilia | ŁÓDŹ | | POL | 94 | K20/35 | (K)141 | 00:49:27 | 04.56 |
| 131 | 321 | KLESZCZ Anna | WARSZAWA | | POL | 91 | K20/131 | (K)506 | 00:56:28 | 05.38 |
| 163 | 364 | TUTAK Magdalena | ŁÓDŹ | | POL - | 92 | K20/163 | (K)645 | 00:58:20 | 05.50 |
| 344 | 377 | MAJEWSKA Anna | BŁĘDÓW | | POL | 96 | K20/344 | (K)1271 | 01:07:09 | 06.42 |
| 178 | 381 | GAWOT Kamila | ŁÓDŹ | | POL | 89 | K20/178 | (K)684 | 00:58:52 | 05.53 |
| 240 | 387 | BRZEZIŃSKA Anita | OSTRÓW WIELKOPOLSKI | | POL | 89 | K20/240 | (K)931 | 01:01:43 | 06.10 |
| 19 | 435 | SOLYGA Anna | OSTRZESZÓW | | POL AKTYWNY OSTRZESZÓW | 93 | K20/19 | (K)55 | 00:45:52 | 04.35 |
| 165 | 475 | SEKOWSKA Kinga | KOŃSKIE | | POL | 92 | K20/165 | (K)658 | 00:58:31 | 05.51 |
| 410 | 493 | KWESTARZ Bogumiła | ŁÓDŹ | | POL | 90 | K20/410 | (K)1510 | 01:15:24 | 07.32 |
| 290 | 503 | SĘCZKOWSKA Kinga | ŁÓDŹ | | POL | 96 | K20/290 | (K)1097 | 01:04:11 | 06.25 |
| 109 | 506 | WAŚIEWICZ Małgorzata | ŁÓDŹ | | POL SRTG ŁÓDŹ | 93 | K20/109 | (K)437 | 00:55:33 | 05.33 |
| 216 | 527 | STĘPIEŃ Kamila | ŁÓDŹ | | POL | 93 | K20/216 | (K)845 | 01:00:48 | 06.04 |
| 103 | 549 | MUSIAŁ Anna | POZNAŃ | | POL ZHP WLKP. | 91 | K20/103 | (K)396 | 00:54:54 | 05.29 |
| 276 | 561 | CHRUSTOWSKA Paulina | ŁÓDŹ | | POL | 90 | K20/276 | (K)1042 | 01:03:20 | 06.20 |
| 206 | 574 | KOŁACZYŃSKA Marta | BIELAWY | | POL AMATORSKI | 90 | K20/206 | (K)795 | 01:00:05 | 06.00 |
| 421 | 578 | ZAWGORODNIA Julia | ŁÓDŹ | | POL | 93 | K20/421 | (K)1543 | 01:18:00 | 07.48 |
| 149 | 584 | SĘTKOWSKA Małgorzata | ŁÓDŹ | | POL | 89 | K20/149 | (K)570 | 00:57:18 | 05.43 |
| 118 | 589 | SĘTKOWSKA Martyna | ŁÓDŹ | | POL | 94 | K20/118 | (K)477 | 00:55:55 | 05.35 |
| 230 | 592 | KOWALCZYK Agata | ŁÓDŹ | | POL DZIKIE SIOSTRY | 90 | K20/230 | (K)892 | 01:01:10 | 06.07 |
| 219 | 626 | MATYSZCZYK Anna | PRAGA | | CZE LACTIC ACID JUNKIES | 90 | K20/219 | (K)863 | 01:00:54 | 06.05 |
| 351 | 642 | SZPOTAŃSKA Urszula | ŁÓDŹ | | POL | 90 | K20/351 | (K)1303 | 01:08:02 | 06.48 |
| 138 | 667 | MAZERANT Karolina | ŁÓDŹ | | POL BAZINGA! | 89 | K20/138 | (K)535 | 00:56:53 | 05.41 |
| 331 | 679 | ZAWIŚLAK Agata | KRAKÓW | | POL | 95 | K20/331 | (K)1227 | 01:06:31 | 06.39 |
| 6 | 690 | BALCERZAK Martyna | ZDUŃSKA WOLA | | POL AKADEMIABIEGACZA.PL S.L. SALOS-WODNA | 94 | K20/6 | (K)9 | 00:37:42 | 03.46 |
| | | | ŁÓDŹ | | | | | | | |
| 34 | 735 | DIONIZY Anna | ŁÓDŹ | | POL | 89 | K20/34 | (K)131 | 00:49:14 | 04.55 |
| 339 | 759 | KLIMCZAK Karolina | GLIWICE | | POL - | 89 | K20/339 | (K)1258 | 01:06:55 | 06.41 |
| 208 | 788 | KONOPKA Martyna | ŁÓDŹ | | POL | 94 | K20/208 | (K)800 | 01:00:10 | 06.01 |
| 379 | 794 | BODEK Jagoda | ŁYSZKOWICE | | POL - | 89 | K20/379 | (K)1412 | 01:11:04 | 07.06 |
| 366 | 813 | ZAJĄCZKOWSKA Paulina | ŁÓDŹ | | POL - | 95 | K20/366 | (K)1381 | 01:10:18 | 07.01 |
| 363 | 842 | BANDURSKA Magdalena | ŁÓDŹ | | POL | 95 | K20/363 | (K)1356 | 01:09:35 | 06.57 |
| 72 | 850 | BRYL Marta | KAZIMIERZ | | POL - | 94 | K20/72 | (K)282 | 00:52:51 | 05.17 |
| 320 | 854 | ZIELIŃSKA Karolina | ŁÓDŹ | | POL | 93 | K20/320 | (K)1191 | 01:05:55 | 06.35 |
| 37 | 858 | MIELCZAREK Ewa | ZDUŃSKA WOLA | | POL AKADEMIABIEGACZA.PL S.L. SALOS-WODNA | 89 | K20/37 | (K)146 | 00:49:39 | 04.57 |
| | | | ŁÓDŹ | | | | | | | |
| 233 | 869 | KOŁUDZKA Anna | ŁÓDŹ | | POL RYSIE | 90 | K20/233 | (K)904 | 01:01:19 | 06.07 |
| 86 | 877 | PETROVA Mariia | KYIV | | UKR | 92 | K20/86 | (K)337 | 00:54:02 | 05.24 |
| 305 | 881 | WOJCIECHOWSKA Monika | ŁÓDŹ | | POL | 91 | K20/305 | (K)1147 | 01:05:04 | 06.30 |
| 46 | 883 | SROKA Magdalena | ŁÓDŹ | | POL | 92 | K20/46 | (K)182 | 00:50:37 | 05.03 |
| 158 | 886 | BONCZAROWSKA Marta | ŁÓDŹ | | POL | 90 | K20/158 | (K)610 | 00:57:51 | 05.47 |
| 16 | 902 | JACH Agnieszka | PABIANICE | | POL | 93 | K20/16 | (K)43 | 00:44:48 | 04.28 |
| 362 | 906 | KRAKOWIAK Ewelina | ŁÓDŹ | | POL AFLOFARM RUNNING TEAM | 89 | K20/362 | (K)1352 | 01:09:23 | 06.56 |
| 137 | 932 | GRABARCZYK Ewelina | ŁÓDŹ | | POL | 89 | K20/137 | (K)532 | 00:56:49 | 05.40 |
| 296 | 957 | BOCIEK Małgorzata | ŁÓDŹ | | POL MORENA CZOŁOWA | 91 | K20/296 | (K)1113 | 01:04:25 | 06.26 |
| 372 | 993 | KRYCZKA Paulina | JUSTYNÓW | | POL SPORTOWE GŁODOMORY | 90 | K20/372 | (K)1393 | 01:10:32 | 07.03 |
| 132 | 1001 | WYPCHŁO Katarzyna | STAROWA GÓRA | | POL ROSSBIEGANI | 91 | K20/132 | (K)512 | 00:56:36 | 05.39 |
| 286 | 1006 | PATOKA Joanna | POZNAŃ | | POL ROSSBIEGANI | 91 | K20/286 | (K)1080 | 01:03:51 | 06.23 |
| 56 | 1008 | WALCZAK Magdalena | CYCÓW | | POL ROSSBIEGANI | 92 | K20/56 | (K)219 | 00:51:28 | 05.08 |
| 114 | 1009 | JANICKA Daria | SYCÓW | | POL ROSSBIEGANI | 93 | K20/114 | (K)463 | 00:55:48 | 05.34 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------|-----------|----------------------------|---------------------|-------------|-------------------------------|------------|-----------------------|---------|--------------|----------|
| 308 | 1016 | TARGOSZ - GRABOWSKA Sabina | ANDRYCHÓW | | POL ROSSBIEGANI | 89 | K20/308 | (K)1151 | 01:05:07 | 06.30 |
| 430 | 1018 | SZYMASZEK Dominika | GŁOGÓW | | POL ROSSBIEGANI | 92 | K20/430 | (K)1565 | 01:20:58 | 08.05 |
| 221 | 1024 | OLEJNICZAK Izabela | ŁÓDŹ | | POL ROSSBIEGANI | 94 | K20/221 | (K)866 | 01:00:56 | 06.05 |
| 254 | 1035 | WIKTOROWICZ Karolina | ŁÓDŹ | | POL ROSSBIEGANI | 91 | K20/254 | (K)984 | 01:02:14 | 06.13 |
| 364 | 1039 | STANIOCHA Katarzyna | ŚWIERKI | | POL ROSSBIEGANI | 89 | K20/364 | (K)1359 | 01:09:40 | 06.58 |
| 256 | 1044 | KLIMEK Karolina | GDAŃSK | | POL ROSSBIEGANI | 91 | K20/256 | (K)991 | 01:02:26 | 06.14 |
| 203 | 1050 | PICIŃSKA Katarzyna | ŁÓDŹ | | POL ROSSBIEGANI | 92 | K20/203 | (K)781 | 00:59:55 | 05.59 |
| 345 | 1074 | MATYSZCZYK Monika maria | DOBRE MIASTO | | POL ROSSBIEGANI | 92 | K20/345 | (K)1279 | 01:07:25 | 06.44 |
| 324 | 1077 | FRAŃCZAK Żaneta | ŁÓDŹ | | POL ROSSBIEGANI | 89 | K20/324 | (K)1205 | 01:06:09 | 06.36 |
| 244 | 1079 | WOJTAS Joanna | ŁÓDŹ | | POL ROSSBIEGANI | 95 | K20/244 | (K)950 | 01:01:58 | 06.11 |
| 373 | 1086 | BERG Magdalena | ZAWADZKIE | | POL ROSSBIEGANI | 91 | K20/373 | (K)1402 | 01:10:46 | 07.04 |
| 228 | 1089 | WÓJCIK Aleksandra | MYSŁOWICE | | POL ROSSBIEGANI | 93 | K20/228 | (K)884 | 01:01:07 | 06.06 |
| 402 | 1095 | DĄBROWSKA Karolina | ŁOMIANKI | | POL ROSSBIEGANI | 95 | K20/402 | (K)1486 | 01:13:43 | 07.22 |
| 416 | 1100 | BODLAK Anna | DOBRA | | POL ROSSBIEGANI | 94 | K20/416 | (K)1526 | 01:16:26 | 07.38 |
| 159 | 1102 | TURULSKA Joanna | TORUŃ | | POL ROSSBIEGANI | 91 | K20/159 | (K)612 | 00:57:51 | 05.47 |
| 144 | 1104 | CZUMA Aneta | ŁÓDŹ | | POL ROSSBIEGANI | 90 | K20/144 | (K)557 | 00:57:08 | 05.42 |
| 107 | 1105 | GALANCIAK Paulina | ŁÓDŹ | | POL ROSSBIEGANI | 92 | K20/107 | (K)410 | 00:55:09 | 05.30 |
| 429 | 1129 | SMOLEC Monika | GŁOGÓW | | POL ROSSBIEGANI | 89 | K20/429 | (K)1564 | 01:20:55 | 08.05 |
| 303 | 1146 | SZUDOBAJ Agnieszka | SWARZĘDZ | | POL ROSSBIEGANI | 89 | K20/303 | (K)1132 | 01:04:47 | 06.28 |
| 83 | 1149 | CIEŚLA Agnieszka anna | WROCLAW | | POL ROSSBIEGANI | 91 | K20/83 | (K)318 | 00:53:39 | 05.21 |
| 84 | 1157 | GRELKA Adrianna | OPALENICA | | POL ROSSBIEGANI | 91 | K20/84 | (K)327 | 00:53:51 | 05.23 |
| 311 | 1161 | JENCZKE Julita | ŁÓDŹ | | POL ROSSBIEGANI | 90 | K20/311 | (K)1164 | 01:05:22 | 06.32 |
| 413 | 1163 | GAŁKIEWICZ Sylwia | PABIANICE | | POL ROSSBIEGANI | 92 | K20/413 | (K)1515 | 01:15:38 | 07.33 |
| 301 | 1171 | SARNA Paulina | POZNAŃ | | POL ROSSBIEGANI | 92 | K20/301 | (K)1128 | 01:04:43 | 06.28 |
| 304 | 1174 | FORDYMACKA Sylwia | KATOWICE | | POL ROSSBIEGANI | 92 | K20/304 | (K)1140 | 01:04:56 | 06.29 |
| 264 | 1192 | GRZYMAŁSKA Amanda | ŁÓDŹ | | POL ROSSBIEGANI | 93 | K20/264 | (K)1016 | 01:02:46 | 06.16 |
| 239 | 1234 | PAWŁOWSKA Ewelina | GDAŃSK | | POL ROSSBIEGANI | 92 | K20/239 | (K)926 | 01:01:37 | 06.09 |
| 255 | 1240 | KOŁODZIEJCZYK Marta | ŁÓDŹ | | POL ROSSBIEGANI | 98 | K20/255 | (K)988 | 01:02:23 | 06.14 |
| 129 | 1241 | MIKINA Aleksandra | ŁÓDŹ | | POL ROSSBIEGANI | 94 | K20/129 | (K)502 | 00:56:25 | 05.38 |
| 245 | 1253 | TARNOWSKA Ewa | ŁÓDŹ | | POL ROSSBIEGANI | 92 | K20/245 | (K)953 | 01:02:01 | 06.12 |
| 141 | 1254 | AUGUSTYNIAK Karolina | ŁÓDŹ | | POL ROSSBIEGANI | 90 | K20/141 | (K)546 | 00:57:01 | 05.42 |
| 385 | 1262 | DĄBROWSKA Dominika | ŁOMIANKI | | POL ROSSBIEGANI | 90 | K20/385 | (K)1430 | 01:11:50 | 07.11 |
| 183 | 1263 | GODZINA Agnieszka | SKARŻYSKOKAMIENNA | | POL ROSSBIEGANI | 89 | K20/183 | (K)704 | 00:59:02 | 05.54 |
| 193 | 1289 | NAJS Magdalena | SWARZĘDZ | | POL ROSSBIEGANI | 89 | K20/193 | (K)740 | 00:59:26 | 05.56 |
| 265 | 1303 | PRZESMYCKA Aneta | PABIANICE | | POL ROSSBIEGANI | 96 | K20/265 | (K)1018 | 01:02:49 | 06.16 |
| 192 | 1312 | OZIMEK Anna | GRABICA | | POL ROSSBIEGANI | 91 | K20/192 | (K)738 | 00:59:25 | 05.56 |
| 336 | 1324 | GLOR Karolina | ŁÓDŹ | | POL ROSSBIEGANI | 93 | K20/336 | (K)1240 | 01:06:40 | 06.40 |
| 352 | 1329 | ŚLIWIŃSKA Liliana | ŁÓDŹ | | POL ROSSBIEGANI | 90 | K20/352 | (K)1305 | 01:08:06 | 06.48 |
| 314 | 1368 | PEKALA Aleksandra | BOROWA | | POL | 94 | K20/314 | (K)1176 | 01:05:36 | 06.33 |
| 251 | 1373 | GLUZ Małgorzata | WROCLAW | | POL FITQBE | 93 | K20/251 | (K)973 | 01:02:08 | 06.12 |
| 252 | 1383 | KOWALSKA Kaja | ŁÓDŹ | | POL | 97 | K20/252 | (K)978 | 01:02:10 | 06.13 |
| 253 | 1390 | ZAWODNIK Anonimowy | | | POL | | K20/253 | (K)980 | 01:02:12 | 06.13 |
| 361 | 1399 | SADOWSKA Joanna | PABIANICE | | POL | 96 | K20/361 | (K)1343 | 01:09:09 | 06.54 |
| 58 | 1410 | MAGAJ Kasia | OPOLE | | POL | 95 | K20/58 | (K)226 | 00:51:39 | 05.09 |
| 74 | 1433 | ZAJĄCZKOWSKA Agnieszka | TRZEBNICA | | POL | 96 | K20/74 | (K)288 | 00:52:55 | 05.17 |
| 277 | 1442 | WOJDYŁA Anna | ŁÓDŹ | | POL INFOSYS RUN | 89 | K20/277 | (K)1043 | 01:03:21 | 06.20 |
| 269 | 1448 | KANWISZER Aneta | ŁÓDŹ | | POL PHILIPS RUNNING TEAM ŁÓDŹ | 91 | K20/269 | (K)1029 | 01:03:10 | 06.19 |
| 154 | 1463 | ANDRZEJEWSKA Katarzyna | DĄBIE | | POL MKS RUN TEAM DĄBIE | 93 | K20/154 | (K)587 | 00:57:36 | 05.45 |
| 338 | 1466 | BRODZISZEWSKA Dagmara | SWARZĘDZ | | POL | 96 | K20/338 | (K)1247 | 01:06:45 | 06.40 |
| 126 | 1484 | KACPERSKA Monika | PIOTRKÓW TRYB. | | POL | 93 | K20/126 | (K)494 | 00:56:14 | 05.37 |
| 164 | 1485 | OLCZYK Anna | ALEKSANDRÓW ŁÓDZKI | | POL --- | 89 | K20/164 | (K)656 | 00:58:30 | 05.51 |
| 184 | 1513 | SUCHANOWSKA Anna | ŁÓDŹ | | POL | 89 | K20/184 | (K)707 | 00:59:03 | 05.54 |
| 89 | 1542 | SZCZEGIELNIAK Anna | ŁÓDŹ | | POL | 93 | K20/89 | (K)354 | 00:54:13 | 05.25 |
| 371 | 1556 | BORCZYK Emilia | PĘCZNIOW | | POL BIEGACZKI.PL | 97 | K20/371 | (K)1388 | 01:10:24 | 07.02 |
| 123 | 1560 | JACHÓLKOWSKA Małgorzata | STRYKÓW | | POL - | 93 | K20/123 | (K)489 | 00:56:09 | 05.36 |
| 64 | 1566 | PIETRUSIŃSKA Karolina | ŁÓDŹ | | POL | 94 | K20/64 | (K)250 | 00:52:10 | 05.13 |
| 405 | 1578 | SZKATULNIK Karolina | PARADYŻ | | POL EKSOC BIEGA | 95 | K20/405 | (K)1497 | 01:14:15 | 07.25 |
| 162 | 1584 | LIPIŃSKA Anna | KWIDZYN | | POL ŻÓŁWIK | 98 | K20/162 | (K)641 | 00:58:16 | 05.49 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | (K) Sex | Czas Time | [min/km] |
|--------------|--------|--------------------------|------------------|----------|--|---------|--------------------|----------|-----------|----------|
| 130 | 1586 | KOZŁOWSKA Katarzyna | RADOM | | POL | 89 | K20/130 | (K)504 | 00:56:26 | 05.38 |
| 79 | 1596 | PAWLIKIEWICZ Małgorzata | ŁÓDŹ | | POL | 92 | K20/79 | (K)306 | 00:53:28 | 05.20 |
| 173 | 1611 | PIETRZAK Daria | DZIERŻĄZNA | | POL GLOBCOLOR | 91 | K20/173 | (K)673 | 00:58:42 | 05.52 |
| 77 | 1626 | HOWANIEC Agata | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 89 | K20/77 | (K)303 | 00:53:25 | 05.20 |
| 29 | 1667 | STASIAK Wiktoria | ŁÓDŹ | | POL | 97 | K20/29 | (K)120 | 00:48:53 | 04.53 |
| 261 | 1681 | WOJTYLAK Sandra | ŁÓDŹ | | POL TOMTOM RUNNERS | 91 | K20/261 | (K)1009 | 01:02:41 | 06.16 |
| 396 | 1703 | PRZYBYŁ Karolina | ŁÓDŹ | | POL SKRZYWANA FACTORY | 92 | K20/396 | (K)1470 | 01:13:17 | 07.19 |
| 291 | 1709 | DROBNIK Marta | ŁÓDŹ | | POL | 94 | K20/291 | (K)1098 | 01:04:13 | 06.25 |
| 190 | 1715 | SZARWARK Natalia | ŁÓDŹ | | POL | 92 | K20/190 | (K)729 | 00:59:17 | 05.55 |
| 227 | 1717 | TURKOWSKA Agnieszka | ŁÓDŹ | | POL | 89 | K20/227 | (K)880 | 01:01:03 | 06.06 |
| 411 | 1721 | BARAN Magdalena | ŁÓDŹ | | POL MBANK | 89 | K20/411 | (K)1511 | 01:15:27 | 07.32 |
| 55 | 1725 | GAWROŃSKA Anna | ŁÓDŹ | | POL FIT LAMY | 90 | K20/55 | (K)215 | 00:51:20 | 05.08 |
| 22 | 1726 | GAWROŃSKA Karolina | WROCLAW | | POL TEAM KOPEĆ | 89 | K20/22 | (K)73 | 00:47:23 | 04.44 |
| 375 | 1746 | ILKO Patrycja | ŁÓDŹ | | POL | 95 | K20/375 | (K)1406 | 01:10:49 | 07.04 |
| 153 | 1749 | RACISZ Kinga | ŁÓDŹ | | POL SZALONE ŁASICZKI | 98 | K20/153 | (K)585 | 00:57:34 | 05.45 |
| 374 | 1750 | SZYMAŃSKA Justyna | ŁÓDŹ | | POL | 92 | K20/374 | (K)1405 | 01:10:48 | 07.04 |
| 65 | 1760 | ISYCHKO Iryna | ŁÓDŹ | | POL | 92 | K20/65 | (K)251 | 00:52:12 | 05.13 |
| 326 | 1762 | BŁASIAK Martyna | SIERADZ | | POL RAJSPORT ACTIVE | 94 | K20/326 | (K)1209 | 01:06:17 | 06.37 |
| 98 | 1768 | GONCIARZ Weronika | STĄPORKÓW | | POL - | 91 | K20/98 | (K)375 | 00:54:31 | 05.27 |
| 57 | 1785 | EL-SAYED Agnieszka | WROCLAW | | POL | 90 | K20/57 | (K)225 | 00:51:39 | 05.09 |
| 38 | 1788 | KACZMARCZYK Karolina | DRZEWICA | | POL | 90 | K20/38 | (K)147 | 00:49:40 | 04.58 |
| 142 | 1790 | NICIEJEWSKA Monika | CZARNOŻYŁY | | POL WIELUŃ BIEGA | 93 | K20/142 | (K)551 | 00:57:04 | 05.42 |
| 54 | 1793 | ADAMUS Paulina | ROKICINY | | POL | 97 | K20/54 | (K)210 | 00:51:13 | 05.07 |
| 274 | 1804 | KOWALCZYK Ilona | ŁÓDŹ | | POL MAMY-BIEGAMY | 90 | K20/274 | (K)1038 | 01:03:15 | 06.19 |
| 160 | 1807 | ZIEMIAŃSKA-PIĘTA Anna | RZESZÓW | | POL PIETATEAM | 92 | K20/160 | (K)619 | 00:57:59 | 05.47 |
| 199 | 1808 | MAJZNER Pamela | ZGIERZ | | POL RL9 | 96 | K20/199 | (K)759 | 00:59:38 | 05.57 |
| 198 | 1809 | OKRASA Monika | ZGIERZ | | POL RL9 | 96 | K20/198 | (K)758 | 00:59:38 | 05.57 |
| 241 | 1819 | NAZE Paulina | ŁÓDŹ | | POL | 91 | K20/241 | (K)937 | 01:01:47 | 06.10 |
| 328 | 1863 | KARPIŃSKA Paulina | ŁÓDŹ | | POL | 91 | K20/328 | (K)1213 | 01:06:18 | 06.37 |
| 197 | 1872 | SITKIEWICZ Natalia | ŁÓDŹ | | POL | 90 | K20/197 | (K)750 | 00:59:33 | 05.57 |
| 7 | 1902 | ŚLIWIAK Justyna | WARSZAWA | | POL | 89 | K20/7 | (K)11 | 00:38:02 | 03.48 |
| 172 | 1915 | STARZYCKA-WESZKA Klaudia | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 92 | K20/172 | (K)672 | 00:58:42 | 05.52 |
| 409 | 1925 | KUPIEC Weronika | ŁÓDŹ | | POL | 93 | K20/409 | (K)1509 | 01:15:11 | 07.31 |
| 99 | 1932 | ADAMKIEWICZ Natalia | ŁÓDŹ | | POL KS GŁOWNO W BIEGU | 89 | K20/99 | (K)381 | 00:54:38 | 05.27 |
| 263 | 1937 | WIELGOPOLAN Paulina | ŁÓDŹ | | POL | 90 | K20/263 | (K)1014 | 01:02:44 | 06.16 |
| 329 | 1979 | MRÓWCZYŃSKA Kamila | BEDOŃ | | POL | 90 | K20/329 | (K)1215 | 01:06:19 | 06.37 |
| 234 | 1980 | NOWAK Małgorzata | ŁÓDŹ | | POL | 90 | K20/234 | (K)907 | 01:01:21 | 06.08 |
| 306 | 2003 | LINKIEWICZ Ewa | BIALYSTOK | | POL | 91 | K20/306 | (K)1149 | 01:05:05 | 06.30 |
| 13 | 2043 | MATUSIAK Karolina | ŁÓDŹ | | POL AKADEMIABIEGACZA.PL S.L. SALOS-WODNA90 | K20/13 | (K)35 | 00:43:48 | 04.22 | |
| ŁÓDŹ | | | | | | | | | | |
| 309 | 2064 | ZALEWSKA Iga | HRUBIESZÓW | | POL | 92 | K20/309 | (K)1153 | 01:05:10 | 06.31 |
| 27 | 2112 | DRAŹEK Monika | BELCHATÓW | | POL | 96 | K20/27 | (K)116 | 00:48:50 | 04.53 |
| 52 | 2115 | JACHNIK Joanna | KOŁO | | POL | 94 | K20/52 | (K)206 | 00:51:08 | 05.06 |
| 96 | 2145 | MIDDELHAUFE Charlotte | ŁÓDŹ | | POL UMED ŁÓDŹ | 93 | K20/96 | (K)370 | 00:54:26 | 05.26 |
| 350 | 2149 | ZDANOWICZ Paulina | ŁÓDŹ | | POL | 91 | K20/350 | (K)1300 | 01:07:57 | 06.47 |
| 90 | 2152 | CIEŚLUK Joanna | WARSZAWA | | POL ADIDAS RUNNERS WARSAW | 91 | K20/90 | (K)359 | 00:54:18 | 05.25 |
| 104 | 2157 | OLSZEWSKA Milena | ŁÓDŹ | | POL | 92 | K20/104 | (K)401 | 00:54:58 | 05.29 |
| 152 | 2176 | WIŚNIEWSKA Zuzanna | ŁÓDŹ | | POL | 96 | K20/152 | (K)582 | 00:57:28 | 05.44 |
| 280 | 2212 | DZIAĞ Magdalena | GŁUCHÓW | | POL | 92 | K20/280 | (K)1057 | 01:03:29 | 06.20 |
| 41 | 2224 | LORENCKA Aneta | ŁÓDŹ | | POL | 91 | K20/41 | (K)169 | 00:50:18 | 05.01 |
| 247 | 2247 | NOWOCIEŃ Klaudia | RADOM | | POL | 94 | K20/247 | (K)962 | 01:02:04 | 06.12 |
| 292 | 2249 | BRZAKAŁA Malwina | ŁÓDŹ | | POL | 91 | K20/292 | (K)1099 | 01:04:14 | 06.25 |
| 139 | 2253 | KOWALSKA Kinga | WROCLAW | | POL NOA | 97 | K20/139 | (K)542 | 00:56:57 | 05.41 |
| 217 | 2259 | JAKUBOWSKA Magdalena | SIERADZ | | POL | 89 | K20/217 | (K)848 | 01:00:48 | 06.04 |
| 63 | 2265 | ŚMIGIELSKA Kinga | DRUŻBICE | | POL | 92 | K20/63 | (K)248 | 00:52:08 | 05.12 |
| 61 | 2293 | CIEŚLAK Justyna | BUCZEK | | POL | 94 | K20/61 | (K)235 | 00:51:48 | 05.10 |
| 342 | 2295 | FRĄCZAK Katarzyna | DOBRA-NOWINY | | POL | 92 | K20/342 | (K)1268 | 01:07:06 | 06.42 |
| 317 | 2300 | CHIŻYŃSKA Agata | ŁÓDŹ | | POL | 92 | K20/317 | (K)1181 | 01:05:42 | 06.34 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | (K) Sex | Czas Time | [min/km] |
|--------------|--------|---------------------------|------------------|----------|------------------------------|---------|--------------------|---------|-----------|----------|
| 340 | 2324 | BEDNAROWICZ Maja | ŁÓDŹ | | POL GLOBITEL | 97 | K20/340 | (K)1264 | 01:07:04 | 06.42 |
| 115 | 2325 | ZAWODNIK Anonimowy | | | POL | | K20/115 | (K)466 | 00:55:50 | 05.35 |
| 408 | 2332 | FRAŚCZAK Małgorzata | ŁÓDŹ | | POL | 93 | K20/408 | (K)1508 | 01:15:10 | 07.31 |
| 283 | 2336 | SZYMAŃSKA Karolina | ŁÓDŹ | | POL RKS ŁÓDŹ | 93 | K20/283 | (K)1066 | 01:03:40 | 06.22 |
| 9 | 2375 | JAGIELSKA Agnieszka | WIDAWA | | POL - | 97 | K20/9 | (K)14 | 00:40:00 | 04.00 |
| 205 | 2401 | PECZYŃSKA Anna-maria | ŁÓDŹ | | POL | 91 | K20/205 | (K)794 | 01:00:05 | 06.00 |
| 101 | 2415 | KOWALEWCZANY Dominika | ŁÓDŹ | | POL | 92 | K20/101 | (K)393 | 00:54:50 | 05.29 |
| 318 | 2427 | STĘPIEŃ Karolina | ŁÓDŹ | | POL | 89 | K20/318 | (K)1186 | 01:05:50 | 06.35 |
| 67 | 2439 | KLIMEK Marta | ŁÓDŹ | | POL | 92 | K20/67 | (K)262 | 00:52:28 | 05.14 |
| 297 | 2453 | PIETRZAK Anna | ŁÓDŹ | | POL | 92 | K20/297 | (K)1118 | 01:04:35 | 06.27 |
| 28 | 2455 | SKOWROŃSKA Maja | ŁÓDŹ | | POL | 89 | K20/28 | (K)118 | 00:48:52 | 04.53 |
| 388 | 2461 | ZAGAJEWSKA Róża | ŁÓDŹ | | POL | 91 | K20/388 | (K)1452 | 01:12:39 | 07.15 |
| 146 | 2464 | AUGUSTYŃIAK Anna | ŁÓDŹ | | POL | 89 | K20/146 | (K)560 | 00:57:09 | 05.42 |
| 75 | 2472 | ZAWODNIK Anonimowy | | | POL MORENA CZOŁOWA | | K20/75 | (K)295 | 00:53:07 | 05.18 |
| 69 | 2476 | KWIATKOWSKA Paulina | ŁÓDŹ | | POL | 90 | K20/69 | (K)271 | 00:52:42 | 05.16 |
| 376 | 2493 | JUSIUK Aleksandra | ŁÓDŹ | | POL - | 90 | K20/376 | (K)1408 | 01:10:57 | 07.05 |
| 204 | 2509 | LEWICKA Marta | ŁÓDŹ | | POL | 94 | K20/204 | (K)784 | 00:59:58 | 05.59 |
| 70 | 2518 | BIENIEK Dorota | PIOTRKÓW | | POL | 89 | K20/70 | (K)272 | 00:52:42 | 05.16 |
| 223 | 2519 | ADAMSKA Anna | GRUDZIĄDZ | | POL | 90 | K20/223 | (K)871 | 01:00:58 | 06.05 |
| 323 | 2616 | LESIAK-WŁAZŁO Iwona | ŁÓDŹ | | POL BRAK | 89 | K20/323 | (K)1200 | 01:06:04 | 06.36 |
| 287 | 2625 | WYCZOLKOWSKA Joanna | ŁÓDŹ | | POL | 91 | K20/287 | (K)1082 | 01:03:57 | 06.23 |
| 380 | 2630 | GIERCARZ Monika | RZGÓW | | POL | 89 | K20/380 | (K)1420 | 01:11:26 | 07.08 |
| 334 | 2659 | KROPIDŁOWSKA Aleksandra | ŁÓDŹ | | POL | 91 | K20/334 | (K)1238 | 01:06:38 | 06.39 |
| 401 | 2674 | PIECYK Joanna | PIOTRKÓW | | POL | 92 | K20/401 | (K)1485 | 01:13:40 | 07.22 |
| 92 | 2715 | HAZUBSKA Anna | OSTRZESZÓW | | POL SFB POLSKA_OSTRZESZOW | 91 | K20/92 | (K)362 | 00:54:20 | 05.26 |
| 398 | 2746 | PIETROŃ Emilia | ŁÓDŹ | | POL | 89 | K20/398 | (K)1472 | 01:13:26 | 07.20 |
| 397 | 2750 | OLSZÓWKA Renata | PIĄTKOWISKO | | POL | 90 | K20/397 | (K)1471 | 01:13:24 | 07.20 |
| 226 | 2757 | WOJCIECHOWSKA Anna | PABIANICE | | POL DLA MAMY | 93 | K20/226 | (K)878 | 01:01:01 | 06.06 |
| 181 | 2768 | PULA Anna | ŁÓDŹ | | POL | 94 | K20/181 | (K)698 | 00:58:59 | 05.53 |
| 11 | 2789 | REDES Paulina | SOCHACZEW | | POL | 93 | K20/11 | (K)22 | 00:42:18 | 04.13 |
| 424 | 2802 | OSIŃSKA Agnieszka | KAMIENSK | | POL BRAK | 90 | K20/424 | (K)1550 | 01:18:44 | 07.52 |
| 367 | 2804 | CYPRYS Daria | KOCHANOWICE | | POL | 94 | K20/367 | (K)1383 | 01:10:18 | 07.01 |
| 175 | 2809 | MASZTAL Aleksandra | BRÓJCE | | POL B/S/H/ ŁÓDŹ RUNNING TEAM | 90 | K20/175 | (K)681 | 00:58:48 | 05.52 |
| 33 | 2818 | KLIMKOWSKA Agata | ŁÓDŹ | | POL DECATHLON CAR ŁÓDŹ | 93 | K20/33 | (K)130 | 00:49:11 | 04.55 |
| 377 | 2825 | ZAWODNIK Anonimowy | | | POL | | K20/377 | (K)1409 | 01:10:58 | 07.05 |
| 170 | 2829 | FIGURA Kamila | ZGIERZ | | POL ADRIAN! BLAGAM WOLNIEJ | 93 | K20/170 | (K)670 | 00:58:40 | 05.52 |
| 39 | 2832 | CZULEK Magdalena | ŁOWICZ | | POL | 92 | K20/39 | (K)162 | 00:50:05 | 05.00 |
| 210 | 2839 | STĘPIAK Paulina | ZGIERZ | | POL | 93 | K20/210 | (K)811 | 01:00:22 | 06.02 |
| 26 | 2854 | PASTWIŃSKA Justyna | ŁÓDŹ | | POL ŁÓDŹ RUNNING TEAM | 89 | K20/26 | (K)95 | 00:48:14 | 04.49 |
| 419 | 2866 | BUKOWSKA-KMIN Dorota | ŁÓDŹ | | POL | 90 | K20/419 | (K)1539 | 01:17:28 | 07.44 |
| 196 | 2884 | PAKUŁA Magdalena | ŁÓDŹ | | POL TME | 91 | K20/196 | (K)747 | 00:59:32 | 05.57 |
| 180 | 2895 | DZIECIOŁ Kamila | ŁÓDŹ | | POL | 90 | K20/180 | (K)689 | 00:58:55 | 05.53 |
| 23 | 2900 | SZYPORTA Maria | NAMYSŁÓW | | POL ACTIVRUN NAMYSŁÓW | 91 | K20/23 | (K)80 | 00:47:46 | 04.46 |
| 420 | 2930 | KUROWSKA Katarzyna | ŁĘCZYCA | | POL ZANIEŚCIE MNIE DO METY | 97 | K20/420 | (K)1542 | 01:17:51 | 07.47 |
| 428 | 2940 | KULAK Żaneta | SZADEK | | POL RAJSFORT ACTIVE | 92 | K20/428 | (K)1563 | 01:20:31 | 08.03 |
| 423 | 3021 | BLACHOWSKA Iga | ŁÓDŹ | | POL ATLAS RUNNING TEAM | 96 | K20/423 | (K)1548 | 01:18:43 | 07.52 |
| 358 | 3025 | BŁOCH Anna | DŁUTÓW | | POL ATLAS RUNNING TEAM | 96 | K20/358 | (K)1330 | 01:08:42 | 06.52 |
| 191 | 3037 | NADEL Agnieszka | ŁÓDŹ | | POL ATLAS RUNNING TEAM | 91 | K20/191 | (K)735 | 00:59:23 | 05.56 |
| 278 | 3066 | NOWAK Agnieszka | ŁÓDŹ | | POL MBANK | 89 | K20/278 | (K)1049 | 01:03:23 | 06.20 |
| 267 | 3094 | KARCZEWSKA Marta | POZNAŃ | | POL - | 92 | K20/267 | (K)1023 | 01:03:02 | 06.18 |
| 85 | 3144 | DONIAK Joanna | ŁÓDŹ | | POL | 97 | K20/85 | (K)332 | 00:53:56 | 05.23 |
| 262 | 3151 | ANIELAK Karolina | ŁÓDŹ | | POL ING BANK ŚLĄSKI | 92 | K20/262 | (K)1013 | 01:02:44 | 06.16 |
| 50 | 3167 | DĄBROWSKA Patrycja | ŁÓDŹ | | POL | 94 | K20/50 | (K)189 | 00:50:45 | 05.04 |
| 157 | 3168 | DRECHSLER-NOWAK Magdalena | ZBROSŁAWICE | | POL | 90 | K20/157 | (K)607 | 00:57:46 | 05.46 |
| 212 | 3173 | SZCZĘSNA Michalina | ŁĘKIŃSKO | | POL | 89 | K20/212 | (K)818 | 01:00:27 | 06.02 |
| 348 | 3180 | BODEK Marta | ŁYSZKOWICE | | POL | 96 | K20/348 | (K)1292 | 01:07:41 | 06.46 |
| 14 | 3202 | GULBIŃSKA Olga | WILKÓW | | POL ACTIVRUN NAMYSŁÓW | 94 | K20/14 | (K)37 | 00:43:59 | 04.23 |
| 407 | 3207 | JANKOWSKA Marta | ŁÓDŹ | | POL - | 93 | K20/407 | (K)1501 | 01:14:34 | 07.27 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Czas Time | [min/km] |
|--------------|--------|----------------------------|---------------------|----------|----------------------------|---------|--------------------|-----------|----------|
| 300 | 3213 | RYMAROWICZ Olga | TORUŃ | | POL | 89 | K20/300 (K)1124 | 01:04:38 | 06.27 |
| 313 | 3217 | BROLA Elwira | OPOCZNO | | POL | 89 | K20/313 (K)1172 | 01:05:31 | 06.33 |
| 354 | 3232 | CIESIELSKA Katarzyna | ŁÓDŹ | | POL | 91 | K20/354 (K)1316 | 01:08:21 | 06.50 |
| 225 | 3247 | OGIŃSKA Marta | ŁÓDŹ | | POL | 93 | K20/225 (K)877 | 01:01:00 | 06.06 |
| 120 | 3261 | MATUSIAK Martyna | ŁÓDŹ | | POL | 97 | K20/120 (K)484 | 00:56:05 | 05.36 |
| 260 | 3264 | OLCZYK Joanna | SAS | | POL | 91 | K20/260 (K)1007 | 01:02:40 | 06.16 |
| 4 | 3269 | MOKROS Zuzanna | PABIANICE | | POL RKS ŁÓDŹ/ TRUCHT.COM | 93 | K20/4 (K)7 | 00:36:49 | 03.40 |
| 383 | 3279 | EFENBERGER Joanna | ŁÓDŹ | | POL | 90 | K20/383 (K)1426 | 01:11:40 | 07.10 |
| 266 | 3290 | ZOBEL Hanna | ŁUBOWO | | POL - | 93 | K20/266 (K)1022 | 01:02:58 | 06.17 |
| 122 | 3331 | WENCLAWEK Katarzyna | PLESZEW | | POL PLESZEW | 91 | K20/122 (K)487 | 00:56:07 | 05.36 |
| 17 | 3344 | JAROS Dagmara | STAROWA GÓRA | | POL | 89 | K20/17 (K)53 | 00:45:47 | 04.34 |
| 134 | 3353 | TABOR Diana | ŁÓDŹ | | POL | 91 | K20/134 (K)521 | 00:56:40 | 05.40 |
| 434 | 3361 | BOGUCKA Honorata | ŁÓDŹ | | POL | 94 | K20/434 (K)1577 | 01:23:12 | 08.19 |
| 20 | 3367 | ZIĘTEK Alicja | ŁANIĘTA | | POL | 92 | K20/20 (K)64 | 00:46:59 | 04.41 |
| 224 | 3371 | SIKORA Dorota | NOWY KAWĘCZYN | | POL - | 91 | K20/224 (K)872 | 01:00:59 | 06.05 |
| 360 | 3376 | JEDRZEJCZAK Agata | ZGIERZ | | POL NOVOTEL ŁÓDŹ CENTRUM | 89 | K20/360 (K)1339 | 01:09:02 | 06.54 |
| 395 | 3379 | NAPIERALSKA Paulina | ZDUŃSKA WOLA | | POL NOVOTEL ŁÓDŹ CENTRUM | 96 | K20/395 (K)1469 | 01:13:12 | 07.19 |
| 258 | 3388 | YIN Yeou shy | ŁÓDŹ | | MAS - | 96 | K20/258 (K)993 | 01:02:26 | 06.14 |
| 387 | 3433 | PIĄTEK Anna | ŁÓDŹ | | POL - | 94 | K20/387 (K)1447 | 01:12:23 | 07.14 |
| 147 | 3434 | HAGEMAJER Klaudia | NOWY DWÓR | | POL | 92 | K20/147 (K)565 | 00:57:15 | 05.43 |
| 394 | 3441 | KACZMAREK Agnieszka | KONSTANTYNÓW ŁÓDZKI | | POL UBIS RUNNING TEAM | 91 | K20/394 (K)1467 | 01:13:05 | 07.18 |
| 288 | 3448 | ZAWODNIK Anonimowy | | | POL | | K20/288 (K)1085 | 01:03:58 | 06.23 |
| 231 | 3453 | ANDRZEJCZAK Joanna | ŁĘCZYCA | | POL | 90 | K20/231 (K)896 | 01:01:12 | 06.07 |
| 400 | 3455 | SOWIŃSKA Katarzyna | ŁĘCZYCA | | POL | 90 | K20/400 (K)1484 | 01:13:38 | 07.21 |
| 68 | 3462 | TOLKACZ Marta | MALBORK | | POL RAZEM TRENUJEMY SPORT | 89 | K20/68 (K)268 | 00:52:38 | 05.15 |
| 282 | 3465 | KOT Katarzyna | ŁÓDŹ | | POL - | 94 | K20/282 (K)1065 | 01:03:37 | 06.21 |
| 12 | 3475 | WIECHA Dominika | ŁÓDŹ | | POL ORIENTUŚ ŁÓDŹ | 98 | K20/12 (K)25 | 00:42:34 | 04.15 |
| 112 | 3479 | RÓŻYCKA Natalia | ŁÓDŹ | | POL FUJITSU RUNNING TEAM | 95 | K20/112 (K)455 | 00:55:45 | 05.34 |
| 5 | 3485 | ZAJĄCZKOWSKA Anna | TRZEBNICA | | POL ATHLETICS TEAM PRUSICE | 93 | K20/5 (K)8 | 00:37:27 | 03.44 |
| 347 | 3492 | ZARZECZNA Monika | ALEKSANDRÓW ŁÓDZKI | | POL | 89 | K20/347 (K)1290 | 01:07:39 | 06.45 |
| 88 | 3498 | ŚLĘZAK Ewelina | WIDAWA | | POL BBL ZDUŃSKA WOLA | 90 | K20/88 (K)342 | 00:54:05 | 05.24 |
| 294 | 3511 | OLAS Paulina | PODDĘBICE | | POL | 92 | K20/294 (K)1106 | 01:04:18 | 06.25 |
| 214 | 3519 | ZAJDLIC Marlena | ŁÓDŹ | | POL | 90 | K20/214 (K)823 | 01:00:30 | 06.03 |
| 418 | 3526 | MUSIEROWICZ-KUCZAWSKA Anna | ŁÓDŹ | | POL | 90 | K20/418 (K)1531 | 01:16:46 | 07.40 |
| 36 | 3543 | PATORA Karolina | BRATOSZEWICE | | POL | 93 | K20/36 (K)145 | 00:49:37 | 04.57 |
| 284 | 3551 | PACHOLICKA Katarzyna | ŁÓDŹ | | POL | 94 | K20/284 (K)1067 | 01:03:40 | 06.22 |
| 91 | 3558 | KUBIAK Edyta | WODZISLAW ŚLĄSKI | | POL | 96 | K20/91 (K)361 | 00:54:19 | 05.25 |
| 389 | 3573 | SZKOPEK Angelika | ŁÓDŹ | | POL | 89 | K20/389 (K)1454 | 01:12:40 | 07.16 |
| 272 | 3587 | ZIELIŃSKA Oliwia | ŁÓDŹ | | POL | 89 | K20/272 (K)1033 | 01:03:14 | 06.19 |
| 211 | 3620 | KACZMARZYK Katarzyna | TOMASZÓW MAZ | | POL WANDA PANFIL TEAM | 89 | K20/211 (K)812 | 01:00:23 | 06.02 |
| 341 | 3621 | WOJTASIK E iżbieta | ŁÓDŹ | | POL | 91 | K20/341 (K)1267 | 01:07:06 | 06.42 |
| 319 | 3633 | MALINOWSKA Małgorzata | ALEKSANDRÓW ŁÓDZKI | | POL TAKEDA RUNNING TEAM | 91 | K20/319 (K)1189 | 01:05:52 | 06.35 |
| 47 | 3635 | PLICH Angelika | ŁÓDŹ | | POL TAKEDA RUNNING TEAM | 91 | K20/47 (K)184 | 00:50:40 | 05.04 |
| 229 | 3677 | POPŁONIKOWSKA Katarzyna | BŁASZKI | | POL WRZAÇA TEAM | 95 | K20/229 (K)887 | 01:01:08 | 06.06 |
| 369 | 3687 | DA CRUZE Janine | ŁÓDŹ | | BRA CLARIANT | 89 | K20/369 (K)1385 | 01:10:19 | 07.01 |
| 370 | 3689 | DE ARAUJO Suellen | ŁÓDŹ | | BRA CLARIANT | 89 | K20/370 (K)1386 | 01:10:21 | 07.02 |
| 312 | 3690 | DE LIMA Julia | ŁÓDŹ | | BRA CLARIANT | 92 | K20/312 (K)1167 | 01:05:24 | 06.32 |
| 179 | 3717 | ZAWODNIK Anonimowy | | | POL | | K20/179 (K)687 | 00:58:52 | 05.53 |
| 268 | 3720 | BASIAK Barbara | LUDWIKÓW | | POL | 90 | K20/268 (K)1025 | 01:03:06 | 06.18 |
| 353 | 3729 | KALUŻYŃSKA Mariola | ŁÓDŹ | | POL DECATHLON CAR ŁÓDŹ | 91 | K20/353 (K)1312 | 01:08:16 | 06.49 |
| 238 | 3732 | JĘDRYKA Magdalena | ŁÓDŹ | | POL WKURW_TEAM | 92 | K20/238 (K)925 | 01:01:35 | 06.09 |
| 124 | 3735 | DUCH Weronika | ŁÓDŹ | | POL DECATHLON CAR ŁÓDŹ | 93 | K20/124 (K)491 | 00:56:11 | 05.37 |
| 168 | 3763 | NIEŚCIORUK Olga | ŁÓDŹ | | POL WHIRLPOOL RUNNING TEAM | 91 | K20/168 (K)667 | 00:58:37 | 05.51 |
| 80 | 3772 | LALEK Aneta | ŁÓDŹ | | POL TEAM ROCKET | 89 | K20/80 (K)309 | 00:53:32 | 05.21 |
| 335 | 3774 | FRAŃCZAK Natalia | ŁĘCZYCA | | POL --- | 90 | K20/335 (K)1239 | 01:06:39 | 06.39 |
| 218 | 3776 | LECH Ewelina | ŁÓDŹ | | POL | 89 | K20/218 (K)851 | 01:00:50 | 06.05 |
| 435 | 3779 | ŚMIECHOWICZ Ilona | PABIANICE | | POL | 89 | K20/435 (K)1580 | 01:25:22 | 08.32 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | (K) Sex | Czas Time | [min/km] |
|--------------|--------|------------------------|---------------------|----------|--|---------|--------------------|---------|-----------|----------|
| 200 | 3792 | MOSKALIK Magdalena | OSTROWIEC | | POL | 94 | K20/200 | (K)774 | 00:59:49 | 05.58 |
| 25 | 3794 | CZARNECKA Paulina | CZAPLINEK | | POL | 98 | K20/25 | (K)93 | 00:48:09 | 04.48 |
| 10 | 3801 | MARCINIAK Weronika | ŁÓDŹ | | POL AKADEMIABIEGACZA.PL S.L. SALOS-WODNA | 95 | K20/10 | (K)16 | 00:41:17 | 04.07 |
| ŁÓDŹ | | | | | | | | | | |
| 209 | 3812 | JANIAK Paula | ALEKSANDRÓW ŁÓDZKI | | POL CPM | 95 | K20/209 | (K)804 | 01:00:18 | 06.01 |
| 156 | 3871 | UMIŃSKA Dominika | ŁÓDŹ | | POL CRAZY RUNNERFUCKERS | 94 | K20/156 | (K)604 | 00:57:44 | 05.46 |
| 66 | 3880 | BORCZYŃSKA Aleksandra | KUTNO | | POL | 91 | K20/66 | (K)256 | 00:52:22 | 05.14 |
| 145 | 3892 | PASZTOR Ania | KOŁOBRZEG | | POL | 90 | K20/145 | (K)558 | 00:57:08 | 05.42 |
| 307 | 3894 | KOPEREK Karolina | ŁÓDŹ | | POL KOPERSKY | 89 | K20/307 | (K)1150 | 01:05:07 | 06.30 |
| 325 | 3898 | KALISIAK Aleksandra | ŁÓDŹ | | POL | 89 | K20/325 | (K)1206 | 01:06:11 | 06.37 |
| 105 | 3927 | MIKULSKA Kamila | ŁÓDŹ | | POL GE_POWER | 89 | K20/105 | (K)404 | 00:55:05 | 05.30 |
| 100 | 3934 | MICHALSKA Żaneta | ŻYCHLIN | | POL GE_POWER | 89 | K20/100 | (K)383 | 00:54:39 | 05.27 |
| 136 | 3950 | BROSCZYK Klaudia | OPOCZNO | | POL | 96 | K20/136 | (K)524 | 00:56:41 | 05.40 |
| 201 | 3963 | ZIMOŃ Sandra | ŁÓDŹ | | POL TOMTOM RUNNERS | 90 | K20/201 | (K)778 | 00:59:54 | 05.59 |
| 273 | 3968 | CIUPIŃSKA Marcelina | ŁÓDŹ | | POL NIE ZRZESZONY | 98 | K20/273 | (K)1037 | 01:03:15 | 06.19 |
| 399 | 3979 | WOJTCZAK Ania | OZORKÓW | | POL | 93 | K20/399 | (K)1473 | 01:13:26 | 07.20 |
| 404 | 4010 | BUCHTA Ewelina | ŁÓDŹ | | POL SII RUNNING TEAM | 95 | K20/404 | (K)1493 | 01:13:57 | 07.23 |
| 166 | 4035 | ROSKOWSKA Agata | ŁÓDŹ | | POL FUJITSU RUNNING TEAM | 93 | K20/166 | (K)659 | 00:58:32 | 05.51 |
| 186 | 4038 | GESTEIRA Olaya | ŁÓDŹ | | ESP FUJITSU RUNNING TEAM | 90 | K20/186 | (K)712 | 00:59:06 | 05.54 |
| 140 | 4045 | GALLUS Maria | ŁÓDŹ | | POL FUJITSU RUNNING TEAM ŁÓDŹ | 90 | K20/140 | (K)543 | 00:56:58 | 05.41 |
| 81 | 4056 | KMIECIAK Małgorzata | OZORKÓW | | POL | 90 | K20/81 | (K)315 | 00:53:37 | 05.21 |
| 119 | 4063 | JAWORSKA Milena | ŁÓDŹ | | POL | 93 | K20/119 | (K)480 | 00:55:58 | 05.35 |
| 299 | 4106 | MALINOWSKA Martyna | BIAŁA | | POL | 94 | K20/299 | (K)1120 | 01:04:36 | 06.27 |
| 295 | 4118 | JANKOWSKA Justyna | ŁÓDŹ | | POL NIE MAM POMYSŁU | 89 | K20/295 | (K)1108 | 01:04:19 | 06.25 |
| 177 | 4127 | FERENSZTAJN Małgorzata | OPOCZNO | | POL | 90 | K20/177 | (K)683 | 00:58:51 | 05.53 |
| 18 | 4131 | SMOLNIK Daria | WIELUŃ | | POL WIELUŃ BIEGA | 93 | K20/18 | (K)54 | 00:45:50 | 04.35 |
| 182 | 4151 | JAŚKIEWICZ Aleksandra | ŁĘCZYCA | | POL | 89 | K20/182 | (K)700 | 00:59:00 | 05.54 |
| 220 | 4162 | MRUKLIK Tamara | ŁÓDŹ | | POL BIEGAM Z ROSSMANEM :)) | 89 | K20/220 | (K)864 | 01:00:54 | 06.05 |
| 169 | 4187 | TYLUŚ Paulina | ZELÓW | | POL BIEGING TEAM ZELÓW | 98 | K20/169 | (K)669 | 00:58:39 | 05.51 |
| 281 | 4195 | RUDNICKA Klaudia | ŁÓDŹ | | POL 1991 | 91 | K20/281 | (K)1064 | 01:03:37 | 06.21 |
| 378 | 4209 | JANKOWSKA Ewelina | SIERPC | | POL POZIOMKI | 94 | K20/378 | (K)1410 | 01:10:58 | 07.05 |
| 73 | 4230 | JAKUBOWSKA Justyna | SIERADZ | | POL NORDEA RUNNERS | 93 | K20/73 | (K)283 | 00:52:51 | 05.17 |
| 174 | 4231 | JANKIEWICZ Katarzyna | ŁÓDŹ | | POL NORDEA RUNNERS | 89 | K20/174 | (K)680 | 00:58:47 | 05.52 |
| 60 | 4235 | KAWCZYŃSKA Olga | ŁÓDŹ | | POL NORDEA RUNNERS | 91 | K20/60 | (K)230 | 00:51:40 | 05.10 |
| 237 | 4248 | WALCZAK Aleksandra | ŁÓDŹ | | POL NORDEA RUNNERS | 90 | K20/237 | (K)924 | 01:01:35 | 06.09 |
| 384 | 4251 | WILK Katarzyna | ŁÓDŹ | | POL NORDEA RUNNERS | 91 | K20/384 | (K)1428 | 01:11:45 | 07.10 |
| 427 | 4258 | ZAWODNIK Anonimowy | | | POL | | K20/427 | (K)1560 | 01:19:45 | 07.58 |
| 337 | 4262 | WOJCIECHOWSKA Magda | OPATÓWEK | | POL | 95 | K20/337 | (K)1243 | 01:06:41 | 06.40 |
| 188 | 4263 | ADAMCZYK Ewelina | ŁÓDŹ | | POL | 89 | K20/188 | (K)720 | 00:59:10 | 05.55 |
| 315 | 4264 | BUSS Ewa | ŁÓDŹ | | POL | 90 | K20/315 | (K)1177 | 01:05:39 | 06.33 |
| 293 | 4270 | WACŁAW Katarzyna | SOSNOWIEC | | POL - | 96 | K20/293 | (K)1101 | 01:04:15 | 06.25 |
| 426 | 4273 | MARCINIAK Agata | BEDOŃ PRZYKOŚCIELNY | | POL | 89 | K20/426 | (K)1557 | 01:19:14 | 07.55 |
| 8 | 4276 | PIERZAK Olga | DROCHÓW DOLNY | | POL LACHO TEAM | 94 | K20/8 | (K)12 | 00:39:44 | 03.58 |
| 259 | 4281 | BANASZCZAK Karina | KOLUSZKI | | POL - | 91 | K20/259 | (K)1004 | 01:02:37 | 06.15 |
| 42 | 4292 | MILEWSKA Aleksandra | ŁÓDŹ | | POL | 89 | K20/42 | (K)171 | 00:50:21 | 05.02 |
| 355 | 4306 | DĄBROWSKA Anna | ZGIERZ | | POL | 90 | K20/355 | (K)1319 | 01:08:26 | 06.50 |
| 53 | 4364 | STASZCZYK Anna | ŁÓDŹ | | POL | 91 | K20/53 | (K)207 | 00:51:09 | 05.06 |
| 302 | 4371 | TARCZYŃSKA Paulina | CZĘSTOCHOWA | | POL | 91 | K20/302 | (K)1130 | 01:04:47 | 06.28 |
| 213 | 4375 | KRZESZEWSKA Martyna | ŁÓDŹ | | POL | 90 | K20/213 | (K)822 | 01:00:29 | 06.02 |
| 111 | 4394 | BEKIER Magdalena | ŁÓDŹ | | POL B/S/H/ ŁÓDŹ RUNNING TEAM | 93 | K20/111 | (K)452 | 00:55:43 | 05.34 |
| 71 | 4398 | LEONIAK Katarzyna | ŁÓDŹ | | POL B/S/H/ ŁÓDŹ RUNNING TEAM | 93 | K20/71 | (K)273 | 00:52:43 | 05.16 |
| 432 | 4404 | MYSZKA Katarzyna | ŁÓDŹ | | POL B/S/H/ ŁÓDŹ RUNNING TEAM | 94 | K20/432 | (K)1567 | 01:21:13 | 08.07 |
| 349 | 4405 | WALASZEK Natalia | ŁÓDŹ | | POL B/S/H/ ŁÓDŹ RUNNING TEAM | 92 | K20/349 | (K)1297 | 01:07:51 | 06.47 |
| 127 | 4410 | BOLIZHEVSKA Yuliia | ŁÓDŹ | | POL B/S/H/ ŁÓDŹ RUNNING TEAM | 94 | K20/127 | (K)498 | 00:56:22 | 05.38 |
| 242 | 4430 | SZURMIEJ Karolina | ŁÓDŹ | | POL | 90 | K20/242 | (K)947 | 01:01:57 | 06.11 |
| 257 | 4433 | SWĘDROWSKA Ewelina | KONIN | | POL | 90 | K20/257 | (K)992 | 01:02:26 | 06.14 |
| 31 | 4447 | RAŚ Magdalena | KROTOSZYN | | POL | 91 | K20/31 | (K)125 | 00:49:00 | 04.54 |
| 48 | 4451 | GERUS Anna | WARSZAWA | | POL | 96 | K20/48 | (K)185 | 00:50:42 | 05.04 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------|-----------|--------------------------|---------------------|-------------|-----------------------------|------------|-----------------------|---------|--------------|----------|
| 189 | 4463 | SOBCZAK Justyna | ŁÓDŹ | | POL --- | 91 | K20/189 | (K)724 | 00:59:12 | 05.55 |
| 246 | 4469 | PAWŁOWSKA Katarzyna | ŁÓDŹ | | POL TOMTOM RUNNERS | 89 | K20/246 | (K)957 | 01:02:03 | 06.12 |
| 332 | 4470 | RZESZUTEK Maria | ŁÓDŹ | | POL --- | 90 | K20/332 | (K)1231 | 01:06:34 | 06.39 |
| 116 | 4480 | MICOR Jolanta | ŁÓDŹ | | POL UMED ŁÓDŹ | 92 | K20/116 | (K)470 | 00:55:51 | 05.35 |
| 248 | 4554 | DUZIAK Małgorzata | WROCLAW | | POL | 91 | K20/248 | (K)964 | 01:02:05 | 06.12 |
| 21 | 4564 | ŚLIWOWSKA Justyna | TUSZYN | | POL KS STASZEWSKY | 92 | K20/21 | (K)72 | 00:47:22 | 04.44 |
| 171 | 4566 | WIÓRKIEWICZ Ewa | ŁÓDŹ | | POL | 96 | K20/171 | (K)671 | 00:58:42 | 05.52 |
| 59 | 4570 | STEINBERG Patrycja | ŁÓDŹ | | POL | 95 | K20/59 | (K)228 | 00:51:40 | 05.10 |
| 121 | 4576 | DOLIŃSKA Aneta | SOKOŁÓW PODLASKI | | POL - | 90 | K20/121 | (K)486 | 00:56:05 | 05.36 |
| 235 | 4579 | ROSS Małgorzata | ŁÓDŹ | | POL BIEGAM DLA SIEBIE | 94 | K20/235 | (K)917 | 01:01:29 | 06.08 |
| 128 | 4589 | GAJEK Magdalena | ŁÓDŹ | | POL | 92 | K20/128 | (K)501 | 00:56:23 | 05.38 |
| 403 | 4603 | HUSSAR Małgorzata | BIŁGORAJ | | POL | 95 | K20/403 | (K)1488 | 01:13:47 | 07.22 |
| 155 | 4625 | TOMANEK Sandra | ŁÓDŹ | | POL | 98 | K20/155 | (K)595 | 00:57:39 | 05.45 |
| 381 | 4661 | CYGANOWICZ Julia | BUKOWIEC | | POL | 98 | K20/381 | (K)1423 | 01:11:33 | 07.09 |
| 187 | 4672 | KOTASIŃSKA Adrianna | ŁÓDŹ | | POL PEEK & CLOPPENBURG | 93 | K20/187 | (K)713 | 00:59:07 | 05.54 |
| 62 | 4688 | PAWLAK Marta | PODDĘBICE | | POL | 89 | K20/62 | (K)242 | 00:51:59 | 05.11 |
| 412 | 4690 | SZADKOWSKA Aleksandra | ŁÓDŹ | | POL | 92 | K20/412 | (K)1514 | 01:15:35 | 07.33 |
| 417 | 4700 | URBAŃSKA Marta | ŁÓDŹ | | POL | 94 | K20/417 | (K)1529 | 01:16:41 | 07.40 |
| 32 | 4705 | KUJACZYŃSKA Iga | TORUŃ | | POL TURNEO | 90 | K20/32 | (K)129 | 00:49:11 | 04.55 |
| 102 | 4736 | GRZYBOWSKA Aleksandra | SZYDŁOWIEC | | POL | 98 | K20/102 | (K)395 | 00:54:54 | 05.29 |
| 143 | 4737 | KALUZIŃSKA Karolina | ŁÓDŹ | | POL ŁÓDZKIE DZIKI | 94 | K20/143 | (K)554 | 00:57:06 | 05.42 |
| 390 | 4746 | CHOJECKA Paulina | DŁUTÓW | | POL | 89 | K20/390 | (K)1458 | 01:12:47 | 07.16 |
| 222 | 4766 | WOJNAROWSKA Joanna | ŁÓDŹ | | POL --- | 92 | K20/222 | (K)867 | 01:00:57 | 06.05 |
| 93 | 4772 | PIETRASZEWSKA Karolina | TRZEBNICA | | POL ATHLETICS TEAM PRUSICE | 92 | K20/93 | (K)363 | 00:54:21 | 05.26 |
| 343 | 4804 | BARCICKA Martyna | ŁÓDŹ | | POL VEOLIA | 91 | K20/343 | (K)1269 | 01:07:08 | 06.42 |
| 151 | 4818 | MAJKA Monika | KRAŚNIK | | POL VEOLIA | 90 | K20/151 | (K)572 | 00:57:20 | 05.44 |
| 356 | 4847 | GOLAŃSKA Natalia | ŁÓDŹ | | POL | 98 | K20/356 | (K)1320 | 01:08:27 | 06.50 |
| 243 | 4856 | WOŹNIAK Joanna | ŁÓDŹ | | POL | 90 | K20/243 | (K)948 | 01:01:58 | 06.11 |
| 207 | 4862 | NAPIERAŁA Anna | ŁÓDŹ | | POL | 92 | K20/207 | (K)799 | 01:00:09 | 06.00 |
| 316 | 4866 | MATCZAK Paula | ŁÓDŹ | | POL | 91 | K20/316 | (K)1179 | 01:05:41 | 06.34 |
| 285 | 4868 | JANKOWSKA Magdalena | ZGIERZ | | POL | 92 | K20/285 | (K)1076 | 01:03:46 | 06.22 |
| 270 | 4875 | WAWRZYŃSKA Anna | ŁÓDŹ | | POL | 89 | K20/270 | (K)1030 | 01:03:11 | 06.19 |
| 176 | 4880 | PERKA Agnieszka | ŁÓDŹ | | POL | 94 | K20/176 | (K)682 | 00:58:50 | 05.53 |
| 185 | 4881 | DOCZEKALSKA Ola | PLESZEW | | POL - | 96 | K20/185 | (K)711 | 00:59:06 | 05.54 |
| 24 | 4882 | FUCHYZHY Yevheniia | PYSKOWICE | | POL ROSSBIEGANI | 90 | K20/24 | (K)91 | 00:48:08 | 04.48 |
| 108 | 4886 | KOMAROVA Uliana | ŁÓDŹ | | POL | 95 | K20/108 | (K)429 | 00:55:21 | 05.32 |
| 30 | 4889 | SZTACHAŃSKA Joanna | ŁÓDŹ | | POL | 91 | K20/30 | (K)123 | 00:48:57 | 04.53 |
| 44 | 4898 | ZIĘBA Agnieszka | ŁÓDŹ | | POL ASSECO ACTIVE TEAM | 89 | K20/44 | (K)174 | 00:50:29 | 05.02 |
| 135 | 4914 | MARCZAK Paulina | ZELÓW | | POL | 92 | K20/135 | (K)523 | 00:56:41 | 05.40 |
| 40 | 4931 | CHUDZIK-WARZECHA Justyna | ZELÓW | | POL KLUB BIEGACZA ACCENTURE | 90 | K20/40 | (K)163 | 00:50:09 | 05.00 |
| 386 | 4943 | WOLNIEWICZ Natalia | ŁÓDŹ | | POL NEW BALANCE ESKA TEAM | 96 | K20/386 | (K)1439 | 01:12:02 | 07.12 |
| 106 | 4945 | KIEDOS Katarzyna | ŁÓDŹ | | POL RECTICEL TEAM | 93 | K20/106 | (K)406 | 00:55:07 | 05.30 |
| 78 | 4978 | ZIÓŁKOWSKA Paulina | SKIERNIEWICE | | POL PARKRUN SKIERNIEWICE | 96 | K20/78 | (K)304 | 00:53:26 | 05.20 |
| 414 | 5013 | KALUCKA Agnieszka | ŁÓDŹ | | POL FITAQUA | 90 | K20/414 | (K)1522 | 01:16:10 | 07.37 |
| 415 | 5014 | KOZERA Milena | ŁÓDŹ | | POL FITAQUA | 89 | K20/415 | (K)1525 | 01:16:13 | 07.37 |
| 279 | 5021 | ZAWODNIK Anonimowy | | | POL | | K20/279 | (K)1050 | 01:03:24 | 06.20 |
| 97 | 5025 | BANAŚ Agnieszka | ŁÓDŹ | | POL | 96 | K20/97 | (K)373 | 00:54:27 | 05.26 |
| 133 | 5045 | RADOSIEWICZ Dagmara | ŁÓDŹ | | POL | 94 | K20/133 | (K)517 | 00:56:38 | 05.39 |
| 161 | 5052 | STĘPŁOWSKA Olga | ŁÓDŹ | | POL | 91 | K20/161 | (K)623 | 00:58:00 | 05.48 |
| 45 | 5078 | OWCZARCZYK Anna | PABIANICE | | POL UMED ŁÓDŹ | 92 | K20/45 | (K)175 | 00:50:29 | 05.02 |
| 250 | 5107 | ZAWODNIK Anonimowy | | | POL SPORTERA OCR | | K20/250 | (K)969 | 01:02:07 | 06.12 |
| 392 | 5113 | WALASIK Anna | RUSINÓW | | POL AMATORSKI | 90 | K20/392 | (K)1461 | 01:12:51 | 07.17 |
| 43 | 5145 | WNUK Eliza | ŁÓDŹ | | POL SPORTERA RUNNING TEAM | 97 | K20/43 | (K)173 | 00:50:25 | 05.02 |
| 391 | 5148 | ROSINSKA Marta | ŁÓDŹ | | POL | 90 | K20/391 | (K)1460 | 01:12:51 | 07.17 |
| 365 | 5149 | DOMARAŃCZYK Zofia | PIOTRKÓW | | POL | 89 | K20/365 | (K)1368 | 01:10:00 | 07.00 |
| 425 | 5155 | WASIAK Paulina | ŁÓDŹ | | POL | 91 | K20/425 | (K)1551 | 01:18:54 | 07.53 |
| 215 | 5160 | KUCIŃSKA Agnieszka | ŁĘCZYCA | | POL INFOSYS RUN | 92 | K20/215 | (K)828 | 01:00:33 | 06.03 |
| 167 | 5165 | MASICA Monika | ŁÓDŹ | | POL INFOSYS RUN | 94 | K20/167 | (K)662 | 00:58:33 | 05.51 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | (K) Sex | Czas Time | [min/km] |
|--------------|--------|----------------------|---------------------|----------|--------------------------|---------|--------------------|---------|-----------|----------|
| 150 | 5173 | JANCZAK Klaudia | ŁÓDŹ | | POL INFOSYS RUN | 96 | K20/150 | (K)571 | 00:57:18 | 05.43 |
| 148 | 5174 | BERDYCH Angelika | ŁÓDŹ | | POL INFOSYS RUN | 96 | K20/148 | (K)569 | 00:57:18 | 05.43 |
| 117 | 5175 | PATYKOWSKA Agnieszka | ŁÓDŹ | | POL INFOSYS RUN | 94 | K20/117 | (K)472 | 00:55:52 | 05.35 |
| 333 | 5176 | CHOJNACKA Kinga | ŁÓDŹ | | POL INFOSYS RUN | 90 | K20/333 | (K)1233 | 01:06:36 | 06.39 |
| 368 | 5184 | KIELKIEWICZ Natalia | ŁÓDŹ | | POL INFOSYS RUN | 91 | K20/368 | (K)1384 | 01:10:19 | 07.01 |
| 359 | 5207 | WOLIŃSKA Katarzyna | KUTNO | | POL - | 92 | K20/359 | (K)1333 | 01:08:49 | 06.52 |
| 321 | 5231 | WASILONEK Agnieszka | WARSZAWA | | POL WKURW_TEAM | 89 | K20/321 | (K)1192 | 01:05:56 | 06.35 |
| 232 | 5239 | ZAWODNIK Anonimowy | | | POL | | K20/232 | (K)901 | 01:01:17 | 06.07 |
| 431 | 5248 | ŚWIĘCICKA Natalia | ŁÓDŹ | | POL | 96 | K20/431 | (K)1566 | 01:21:00 | 08.06 |
| 51 | 5256 | PIOTROWSKA Anna | BIALYSTOK | | POL | 89 | K20/51 | (K)190 | 00:50:47 | 05.04 |
| 76 | 5258 | EULITZ Charlotte | POZNAŃ | | POL | 94 | K20/76 | (K)298 | 00:53:18 | 05.19 |
| 82 | 5260 | KIELER Aleksandra | WIĄCZYŃ DOLNY | | POL DZIK KOMANDO | 93 | K20/82 | (K)316 | 00:53:39 | 05.21 |
| 95 | 5267 | WALKOWIAK Natalia | ŁÓDŹ | | POL MBANK | 89 | K20/95 | (K)366 | 00:54:23 | 05.26 |
| 195 | 5276 | CHORAŻY Martyna | ŁÓDŹ | | POL | 93 | K20/195 | (K)745 | 00:59:32 | 05.57 |
| 330 | 5297 | SŁAWSKA Patrycja | KUNÓW | | POL MONAR | 92 | K20/330 | (K)1220 | 01:06:25 | 06.38 |
| 327 | 5306 | SKRZYŃSKA Maja | ŁÓDŹ | | POL MONAR | 97 | K20/327 | (K)1210 | 01:06:17 | 06.37 |
| 310 | 5308 | SZYMANOWSKA Ewelina | PRZYKONA | | POL KB GEOTERMIA UNIEJÓW | 93 | K20/310 | (K)1154 | 01:05:15 | 06.31 |
| 322 | 5312 | SUŚNIŁO Aleksandra | ŁÓDŹ | | POL | 91 | K20/322 | (K)1196 | 01:06:00 | 06.36 |
| 94 | 5318 | TOMCZYK Sylwia | TOMASZOW | | POL | 96 | K20/94 | (K)364 | 00:54:22 | 05.26 |
| 87 | 5358 | MIELNICZUK Marta | ZABRZE | | POL UKS OLIMPIA ZABRZE | 95 | K20/87 | (K)339 | 00:54:02 | 05.24 |
| 346 | 5374 | WALCZAK Dorota | PABIANICE | | POL ŁÓDŹ RUNNING TEAM | 95 | K20/346 | (K)1282 | 01:07:30 | 06.45 |
| 15 | 5380 | KOLATEK Paulina | MAZURY | | POL | 91 | K20/15 | (K)40 | 00:44:23 | 04.26 |
| 298 | 5381 | MALINOWSKA Marika | BIAŁA | | POL | 95 | K20/298 | (K)1119 | 01:04:35 | 06.27 |
| 125 | 5391 | SATAŁA Joanna | ŁÓDŹ | | POL | 93 | K20/125 | (K)493 | 00:56:12 | 05.37 |
| 194 | 5392 | MATYSZCZAK Malwina | ŁÓDŹ | | POL | 93 | K20/194 | (K)741 | 00:59:28 | 05.56 |
| 236 | 5433 | KRASZEWSKA Zuzia | | | POL | 90 | K20/236 | (K)918 | 01:01:30 | 06.09 |
| 275 | 5487 | LISIAK Patrycja | ŁÓDŹ | | POL BRAK | 91 | K20/275 | (K)1039 | 01:03:17 | 06.19 |
| 393 | 5502 | WITKOWSKA Katarzyna | WROCLAW | | POL PRO-RUN | 90 | K20/393 | (K)1464 | 01:12:59 | 07.17 |
| 49 | 5550 | PŁÓCIENNICZAK Monika | KONSTANTYNÓW ŁÓDZKI | | POL | 89 | K20/49 | (K)186 | 00:50:42 | 05.04 |

Bieg 10 km - K30 [630]

| | | | | | | | | | | |
|-----|-----|-------------------------------|---------------------|--|---------------------------------------|----|---------|---------|----------|-------|
| 2 | 6 | STELMACH Dominika | WARSZAWA | | POL DUKLANOWSKI TEAM | 82 | K30/2 | (K)4 | 00:36:04 | 03.36 |
| 3 | 10 | PARSZCZYŃSKA Izabela | WARSZAWA | | POL ADIDAS RUNNERS WARSAW | 88 | K30/3 | (K)5 | 00:36:27 | 03.38 |
| 1 | 14 | OIGO Christine moraa | | | KEN | 86 | K30/1 | (K)2 | 00:33:55 | 03.23 |
| 333 | 51 | SZULECKA Kamila | ŁÓDŹ | | POL RAZEM TRENUJEMY SPORT | 82 | K30/333 | (K)817 | 01:00:26 | 06.02 |
| 122 | 66 | WOJTCZAK Justyna | ŁÓDŹ | | POL | 82 | K30/122 | (K)292 | 00:53:04 | 05.18 |
| 75 | 79 | KORYCKA Mariola | ZGIERZ | | POL JEŻOZWIERZE | 82 | K30/75 | (K)158 | 00:49:51 | 04.59 |
| 215 | 87 | KOŁOWACIK Magdalena | KUTNO | | POL KUTNO BIEGA | 86 | K30/215 | (K)518 | 00:56:39 | 05.39 |
| 109 | 97 | GOLĘDZINOWSKA Marzena | ŁÓDŹ | | POL WATAHA - ŁĄCZY NAS BIEGANIE | 85 | K30/109 | (K)257 | 00:52:23 | 05.14 |
| 518 | 99 | WOJNAR Magdalena | ZDUŃSKA WOLA | | POL DZIKIE SIOSTRY | 88 | K30/518 | (K)1278 | 01:07:21 | 06.44 |
| 394 | 102 | ADAMCZYK Julita | ŁÓDŹ | | POL | 82 | K30/394 | (K)946 | 01:01:56 | 06.11 |
| 313 | 114 | WESOŁOWSKA Paulina | ŁÓDŹ | | POL | 79 | K30/313 | (K)767 | 00:59:40 | 05.58 |
| 160 | 126 | PAWLAK Joanna | ŁÓDŹ | | POL | 80 | K30/160 | (K)387 | 00:54:41 | 05.28 |
| 120 | 137 | ZAWIASA Dorota | ŁÓDŹ | | POL MORENA DENNA | 83 | K30/120 | (K)289 | 00:52:55 | 05.17 |
| 116 | 139 | KRAUZE-PYRGIEL Kamila | ŁÓDŹ | | POL TRUCHT TEAM | 84 | K30/116 | (K)279 | 00:52:48 | 05.16 |
| 4 | 140 | WIERZCHOWSKA Izabela | KALISZ | | POL SUPERMARATON KALISZ | 81 | K30/4 | (K)10 | 00:37:56 | 03.47 |
| 445 | 148 | INGIELEWICZ Agata | ŁÓDŹ | | POL WKURW_TEAM | 81 | K30/445 | (K)1079 | 01:03:50 | 06.23 |
| 25 | 156 | WESOŁOWSKA-GABRYEL Renata | BRZEG | | POL | 85 | K30/25 | (K)49 | 00:45:29 | 04.32 |
| 7 | 185 | WALISZEK Paulina | ŁÓDŹ | | POL BRAK | 87 | K30/7 | (K)17 | 00:41:21 | 04.08 |
| 43 | 187 | ZAGDAŃSKA Małgorzata | ŁÓDŹ | | POL VERA RUNNING TEAM | 79 | K30/43 | (K)83 | 00:47:54 | 04.47 |
| 250 | 198 | BALICKA Olimpia | TOMASZÓW MAZ | | POL CITY TEAM | 82 | K30/250 | (K)605 | 00:57:45 | 05.46 |
| 62 | 208 | KULAWIECKA - MIKOŁAJCZYK Anna | ZDUŃSKA WOLA | | POL OSP JANISZEWICE WWW.BIEGAJZOSP.PL | 88 | K30/62 | (K)127 | 00:49:09 | 04.54 |
| 412 | 218 | LEŚNIAK Magdalena | OSTRÓW WIELKOPOLSKI | | POL LEŚNIAK TEAM | 81 | K30/412 | (K)990 | 01:02:24 | 06.14 |
| 407 | 226 | PERKA Agnieszka | ZGIERZ | | POL JEŻOZWIERZE | 82 | K30/407 | (K)982 | 01:02:12 | 06.13 |
| 131 | 243 | MIKOŁAJCZYK Marta | ŁÓDŹ | | POL CRAZY RACING TEAM | 79 | K30/131 | (K)313 | 00:53:36 | 05.21 |
| 72 | 245 | BEK Małgorzata | ŁÓDŹ | | POL DRUŻYNA BSS | 80 | K30/72 | (K)153 | 00:49:45 | 04.58 |
| 485 | 251 | ADAMCZYK Karolina | ŁÓDŹ | | POL SPORTERA RUNNING TEAM | 83 | K30/485 | (K)1188 | 01:05:51 | 06.35 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | (K) Sex | Czas Time | [min/km] |
|--------------|--------|----------------------------|------------------|----------|--|---------|--------------------|---------|-----------|----------|
| 121 | 254 | CZYŻNIELEWSKA Aleksandra | ŁÓDŹ | | POL FAJNI.PL | 81 | K30/121 | (K)291 | 00:53:02 | 05.18 |
| 22 | 258 | HAJZER Ewa | ŁÓDŹ | | POL EVERRUN | 86 | K30/22 | (K)45 | 00:45:15 | 04.31 |
| 601 | 260 | PIASECKA Marta | KUTNO | | POL | 85 | K30/601 | (K)1496 | 01:14:13 | 07.25 |
| 276 | 265 | BARASIŃSKA Aleksandra | ŁÓDŹ | | POL - | 84 | K30/276 | (K)675 | 00:58:43 | 05.52 |
| 144 | 269 | MICHALAK Małgorzata | ŁÓDŹ | | POL | 88 | K30/144 | (K)344 | 00:54:06 | 05.24 |
| 307 | 279 | MITROWSKA Kasia | SIERADZ | | POL | 85 | K30/307 | (K)757 | 00:59:36 | 05.57 |
| 510 | 280 | PIETRZENIUK Katarzyna | ŁÓDŹ | | POL GLOBCOLOR | 80 | K30/510 | (K)1255 | 01:06:49 | 06.40 |
| 305 | 283 | HAREMZA Małgorzata | ŁÓDŹ | | POL KUNG-FU MAŁPY | 84 | K30/305 | (K)754 | 00:59:34 | 05.57 |
| 87 | 314 | BADOWSKA Sylwia | ŁÓDŹ | | POL KB ARTURÓWEK/FAN-RUN TEAM | 80 | K30/87 | (K)195 | 00:50:50 | 05.05 |
| 618 | 347 | BALIŃSKA Karolina | ŁÓDŹ | | POL | 85 | K30/618 | (K)1545 | 01:18:14 | 07.49 |
| 626 | 352 | ZAWODNIK Anonimowy | | | POL | | K30/626 | (K)1573 | 01:22:36 | 08.15 |
| 548 | 354 | PEKRUL Edyta | WARSZAWA | | POL - | 79 | K30/548 | (K)1363 | 01:09:53 | 06.59 |
| 361 | 371 | PAWŁOWSKA Joanna | ŁÓDŹ | | POL | 79 | K30/361 | (K)874 | 01:01:00 | 06.06 |
| 231 | 374 | GRZEGORCZYK Aleksandra | ŁÓDŹ | | POL - | 83 | K30/231 | (K)553 | 00:57:06 | 05.42 |
| 568 | 375 | SOLTYS Agata | ŁÓDŹ | | POL RAZEM TRENUJEMY SPORT | 80 | K30/568 | (K)1411 | 01:11:02 | 07.06 |
| 596 | 379 | ZDANOWSKA Anna | ŁÓDŹ | | POL RAZEM TRENUJEMY SPORT | 83 | K30/596 | (K)1487 | 01:13:46 | 07.22 |
| 491 | 384 | STANISŁAWSKA Katarzyna | ŁÓDŹ | | POL MBANK | 85 | K30/491 | (K)1208 | 01:06:14 | 06.37 |
| 586 | 398 | WIECZOREK Ewelina | ŁÓDŹ | | POL MBANK | 87 | K30/586 | (K)1446 | 01:12:21 | 07.14 |
| 605 | 402 | ROSIAK Magdalena | ŁÓDŹ | | POL - | 84 | K30/605 | (K)1505 | 01:14:58 | 07.29 |
| 114 | 404 | KALICIŃSKA Anna | KALISZ | | POL | 81 | K30/114 | (K)277 | 00:52:47 | 05.16 |
| 82 | 420 | ŁASZCZUK Izabela | ŁÓDŹ | | POL WATAHA | 83 | K30/82 | (K)177 | 00:50:33 | 05.03 |
| 339 | 426 | SIENKIEWICZ Anna | ŁÓDŹ | | POL | 86 | K30/339 | (K)833 | 01:00:41 | 06.04 |
| 57 | 441 | WYTYKOWSKA Joanna | ŁÓDŹ | | POL RYSIE | 80 | K30/57 | (K)114 | 00:48:45 | 04.52 |
| 533 | 451 | TRZEWIKOWSKA Paulina | ŁÓDŹ | | POL SPORTERA OCR | 83 | K30/533 | (K)1321 | 01:08:28 | 06.50 |
| 343 | 458 | WAWRZOŁA Magdalena | ROGOŹNIK | | POL LECYMY DURŚ | 86 | K30/343 | (K)840 | 01:00:44 | 06.04 |
| 455 | 460 | HERKT Monika | ŁÓDŹ | | POL HERKTTEAM | 81 | K30/455 | (K)1102 | 01:04:17 | 06.25 |
| 61 | 484 | TITZ KOZA Julita | ŁÓDŹ | | POL | 81 | K30/61 | (K)124 | 00:48:58 | 04.53 |
| 607 | 518 | SZYMCZAK Anna | ŁÓDŹ | | POL | 85 | K30/607 | (K)1518 | 01:15:48 | 07.34 |
| 524 | 526 | WOJCIECHOWSKA Dorota | ŁÓDŹ | | POL | 81 | K30/524 | (K)1295 | 01:07:48 | 06.46 |
| 593 | 528 | KIESZKOWSKA Katarzyna | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 81 | K30/593 | (K)1465 | 01:13:01 | 07.18 |
| 436 | 534 | ŻEGNALEK Daria | ŁÓDŹ | | POL | 88 | K30/436 | (K)1047 | 01:03:22 | 06.20 |
| 86 | 540 | CIEMIENIEWSKA Milena | ŁÓDŹ | | POL AKADEMIA JUDO ŁÓDŹ | 82 | K30/86 | (K)187 | 00:50:42 | 05.04 |
| 355 | 550 | KUL Anna | ŁÓDŹ | | POL BEAUTY SPORT | 80 | K30/355 | (K)858 | 01:00:52 | 06.05 |
| 311 | 568 | PLUCIŃSKA-NOWACKA Anna | ZELÓW | | POL BIEGING TEAM ZELÓW | 86 | K30/311 | (K)764 | 00:59:39 | 05.57 |
| 573 | 580 | MOSPINEK Ludwika | ŁÓDŹ | | POL | 84 | K30/573 | (K)1419 | 01:11:24 | 07.08 |
| 480 | 581 | SADOWSKA Agnieszka | KOLONIA BRUŻYCA | | POL CENTRUM UBEZPIECZEN AGNIESZKA SADOWSKA | 79 | K30/480 | (K)1174 | 01:05:33 | 06.33 |
| 201 | 583 | GRAJLICH Małgorzata | ŁÓDŹ | | POL | 83 | K30/201 | (K)479 | 00:55:57 | 05.35 |
| 23 | 598 | ZDUŃCZYK Paulina | ŁÓDŹ | | POL EVERRUN | 86 | K30/23 | (K)47 | 00:45:18 | 04.31 |
| 330 | 617 | GNIDZINSKA Katarzyna | KSZAWERÓW | | POL - | 85 | K30/330 | (K)814 | 01:00:25 | 06.02 |
| 118 | 621 | WIERZBICKA Marta | ŁÓDŹ | | POL VERA RUNNING TEAM | 88 | K30/118 | (K)285 | 00:52:54 | 05.17 |
| 358 | 632 | JARANOWSKA Karolina | ŁÓDŹ | | POL - | 81 | K30/358 | (K)861 | 01:00:53 | 06.05 |
| 529 | 656 | OKOŃSKA Maria | ŁÓDŹ | | POL | 84 | K30/529 | (K)1307 | 01:08:06 | 06.48 |
| 294 | 662 | KORNECKA Anna | BRZEZINY | | POL | 88 | K30/294 | (K)723 | 00:59:12 | 05.55 |
| 285 | 664 | TARCZYŃSKA Lidia | ŁÓDŹ | | POL - | 83 | K30/285 | (K)699 | 00:59:00 | 05.54 |
| 30 | 668 | WIKTOROWSKA Anna | GAŁKÓW DUŻY | | POL - | 81 | K30/30 | (K)58 | 00:46:04 | 04.36 |
| 526 | 685 | CZAJKOWSKA Nina | KUTNO | | POL | 80 | K30/526 | (K)1298 | 01:07:56 | 06.47 |
| 9 | 688 | WYSOCKA Agnieszka | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 81 | K30/9 | (K)19 | 00:41:47 | 04.10 |
| 209 | 692 | MISZCZAK Wioletta | ŁÓDŹ | | POL | 84 | K30/209 | (K)503 | 00:56:25 | 05.38 |
| 539 | 719 | PABJANEK Sandra | ŁÓDŹ | | POL LUZAKI NA FANTAZJI | 84 | K30/539 | (K)1340 | 01:09:06 | 06.54 |
| 241 | 726 | LALEKO-WICENCIAK Michalina | KALISZ | | POL | 88 | K30/241 | (K)586 | 00:57:34 | 05.45 |
| 27 | 729 | PAWLIK Marta | BELCHATÓW | | POL HERKTTEAM | 85 | K30/27 | (K)52 | 00:45:44 | 04.34 |
| 260 | 736 | MICHALAK Milena | OZORKÓW | | POL - | 85 | K30/260 | (K)631 | 00:58:06 | 05.48 |
| 382 | 741 | DEKA Agnieszka | ŁÓDŹ | | POL | 79 | K30/382 | (K)921 | 01:01:32 | 06.09 |
| 328 | 755 | JONCZYK Joanna | ŁÓDŹ | | POL - | 79 | K30/328 | (K)798 | 01:00:08 | 06.00 |
| 563 | 781 | SNOPKOWSKA Weronika | KSZAWERÓW | | POL | 84 | K30/563 | (K)1396 | 01:10:35 | 07.03 |
| 599 | 792 | WOJCIECHOWSKA Monika | ŁÓDŹ | | POL SLOW JOGGING ŁÓDŹ | 82 | K30/599 | (K)1491 | 01:13:50 | 07.23 |
| 354 | 793 | KOŁODZIEJAK Joanna | LUBLIN | | POL | 87 | K30/354 | (K)856 | 01:00:50 | 06.05 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------|-----------|------------------------------|---------------------|-------------|--------------------------|------------|-----------------------|---------|--------------|----------|
| 425 | 798 | ŚWIEŻAWSKA Alicja | KUTNO | | POL KUTNO BIEGA | 80 | K30/425 | (K)1021 | 01:02:54 | 06.17 |
| 140 | 801 | KOŁODZIEJCZYK Dorota | ŁÓDŹ | | POL | 86 | K30/140 | (K)335 | 00:53:59 | 05.23 |
| 151 | 809 | PIECHURA Agnieszka | ŁÓDŹ | | POL | 79 | K30/151 | (K)355 | 00:54:13 | 05.25 |
| 385 | 810 | BUDZIAREK Marta | ŁÓDŹ | | POL RYSIE | 84 | K30/385 | (K)929 | 01:01:42 | 06.10 |
| 532 | 814 | ŻURAWICZ Katarzyna | ŁÓDŹ | | POL VITADENT | 85 | K30/532 | (K)1314 | 01:08:17 | 06.49 |
| 169 | 828 | GIEJBA Izabella | ŁÓDŹ | | POL | 79 | K30/169 | (K)408 | 00:55:08 | 05.30 |
| 348 | 833 | URBAŃCZYK Monika | OPOCZNO | | POL - | 88 | K30/348 | (K)846 | 01:00:48 | 06.04 |
| 447 | 834 | MROZOWSKA Anna | ŁÓDŹ | | POL SNG WILD DUCKS | 79 | K30/447 | (K)1083 | 01:03:57 | 06.23 |
| 287 | 838 | KRAWIEC Wioletta | ŁÓDŹ | | POL | 79 | K30/287 | (K)702 | 00:59:00 | 05.54 |
| 530 | 840 | STACHOWSKA Joanna | ŁÓDŹ | | POL -RYSIOTEAM | 79 | K30/530 | (K)1308 | 01:08:07 | 06.48 |
| 534 | 847 | TOMICZEK-KUDŁA Karolina | OPOLE | | POL RAJSPOORT ACTIVE | 83 | K30/534 | (K)1323 | 01:08:33 | 06.51 |
| 378 | 861 | CIESIELSKA Katarzyna | ŁÓDŹ | | POL | 80 | K30/378 | (K)913 | 01:01:28 | 06.08 |
| 181 | 868 | MAZUR Marzena | ŁÓDŹ | | POL ONCOARENDI | 79 | K30/181 | (K)433 | 00:55:29 | 05.32 |
| 142 | 870 | LEDZION -POLEWACZ Małgorzata | ŁÓDŹ | | POL BANAN CREW | 80 | K30/142 | (K)340 | 00:54:03 | 05.24 |
| 200 | 874 | KRYSIAK Dorota | PABIANICE | | POL RAJSPOORT ACTIVE | 83 | K30/200 | (K)473 | 00:55:53 | 05.35 |
| 136 | 893 | PIORUN Ewelina | SKIERNIEWICE | | POL PARKRUN SKIERNIEWICE | 79 | K30/136 | (K)326 | 00:53:50 | 05.23 |
| 17 | 904 | WOSZCZYK Monika | PIOTRKÓW | | POL PASSION LIFE JOY | 81 | K30/17 | (K)33 | 00:43:46 | 04.22 |
| 210 | 914 | SZWED Marzena | ŁÓDŹ | | POL BYLE NIE OSTATNI | 79 | K30/210 | (K)505 | 00:56:27 | 05.38 |
| 610 | 935 | SOBCZAK GWIZDEK Ewa | ŁÓDŹ | | POL - | 82 | K30/610 | (K)1528 | 01:16:37 | 07.39 |
| 536 | 937 | ZAWODNIK Anonimowy | | | POL | | K30/536 | (K)1331 | 01:08:49 | 06.52 |
| 101 | 971 | KRAJEWSKA Natalia | ALEKSANDRÓW ŁÓDZKI | | POL CELIRONMAN | 84 | K30/101 | (K)227 | 00:51:40 | 05.10 |
| 535 | 974 | CZUBAK Katarzyna | PŁOCK | | POL ACTIVE RUNNERS PŁOCK | 79 | K30/535 | (K)1325 | 01:08:34 | 06.51 |
| 269 | 975 | NOWAK Agnieszka | ŁÓDŹ | | POL RYSIOTEAM | 80 | K30/269 | (K)650 | 00:58:27 | 05.50 |
| 117 | 984 | WODZINSKA Edyta | ŁÓDŹ | | POL | 85 | K30/117 | (K)280 | 00:52:48 | 05.16 |
| 292 | 1003 | LEPKA Monika | OPOLE | | POL ROSSBIEGANI | 82 | K30/292 | (K)721 | 00:59:10 | 05.55 |
| 381 | 1004 | ŁUKASZEWSKA Krzysztofa | KWIDZYN | | POL ROSSBIEGANI | 82 | K30/381 | (K)920 | 01:01:31 | 06.09 |
| 429 | 1012 | ILSKA Anna | ŁÓDŹ | | POL ROSSBIEGANI | 79 | K30/429 | (K)1034 | 01:03:14 | 06.19 |
| 487 | 1017 | MADEJ Monika | ŁÓDŹ | | POL ROSSBIEGANI | 80 | K30/487 | (K)1197 | 01:06:00 | 06.36 |
| 614 | 1019 | GALUSZKA Justyna | PAWŁOWICE | | POL ROSSBIEGANI | 81 | K30/614 | (K)1534 | 01:17:10 | 07.43 |
| 133 | 1020 | BRACHA Joanna | KONSTANTYNÓW | | POL ROSSBIEGANI | 80 | K30/133 | (K)320 | 00:53:42 | 05.22 |
| 327 | 1021 | RAKHVALIAK Ivanna | OPOLE | | POL ROSSBIEGANI | 88 | K30/327 | (K)797 | 01:00:06 | 06.00 |
| 213 | 1026 | TADEUSIAK Olga | ŁÓDŹ | | POL ROSSBIEGANI | 83 | K30/213 | (K)511 | 00:56:35 | 05.39 |
| 334 | 1028 | ADAMCZYK Ewelina | TORUŃ | | POL ROSSBIEGANI | 88 | K30/334 | (K)820 | 01:00:29 | 06.02 |
| 350 | 1034 | BECK GRODEK Katarzyna | ŁÓDŹ | | POL ROSSBIEGANI | 86 | K30/350 | (K)850 | 01:00:50 | 06.05 |
| 477 | 1041 | OWCZAREK Katarzyna | OLEŚNICA | | POL ROSSBIEGANI | 85 | K30/477 | (K)1162 | 01:05:21 | 06.32 |
| 177 | 1045 | ZIELIŃSKA Anna | BYTOM | | POL ROSSBIEGANI | 81 | K30/177 | (K)419 | 00:55:14 | 05.31 |
| 125 | 1048 | GRZYB Małgorzata | ALEKSANDRÓW ŁÓDZKI | | POL ROSSBIEGANI | 79 | K30/125 | (K)296 | 00:53:07 | 05.18 |
| 325 | 1062 | HAJEK Kamila | ŁÓDŹ | | POL ROSSBIEGANI | 86 | K30/325 | (K)792 | 01:00:04 | 06.00 |
| 629 | 1063 | SZYMANIAK Anna | ŁÓDŹ | | POL ROSSBIEGANI | 81 | K30/629 | (K)1579 | 01:23:21 | 08.20 |
| 360 | 1065 | WOJCIECHOWSKA Anna | ŁÓDŹ | | POL ROSSBIEGANI | 87 | K30/360 | (K)865 | 01:00:56 | 06.05 |
| 569 | 1069 | SZYMAŃSKA Beata | KWIDZYN | | POL ROSSBIEGANI | 79 | K30/569 | (K)1414 | 01:11:12 | 07.07 |
| 366 | 1082 | LEWANDOWSKA Agnieszka | LEGIONOWO | | POL ROSSBIEGANI | 83 | K30/366 | (K)894 | 01:01:11 | 06.07 |
| 553 | 1084 | PRZYBYŁA Adriana | OPOLE | | POL ROSSBIEGANI | 86 | K30/553 | (K)1370 | 01:10:06 | 07.00 |
| 135 | 1098 | CIEŚLAK Marzena | ŁÓDŹ | | POL ROSSBIEGANI | 84 | K30/135 | (K)323 | 00:53:47 | 05.22 |
| 576 | 1101 | BLICHAZ Danuta | KOŚCIELISKO | | POL ROSSBIEGANI | 88 | K30/576 | (K)1425 | 01:11:38 | 07.09 |
| 48 | 1109 | BANASIAK Anna | ZGIERZ | | POL ROSSBIEGANI | 85 | K30/48 | (K)94 | 00:48:11 | 04.49 |
| 566 | 1110 | FLORCZAK Magdalena | ŁÓDŹ | | POL ROSSBIEGANI | 85 | K30/566 | (K)1400 | 01:10:43 | 07.04 |
| 376 | 1114 | HYLASZEK Katarzyna | ŁÓDŹ | | POL ROSSBIEGANI | 86 | K30/376 | (K)911 | 01:01:25 | 06.08 |
| 195 | 1121 | DĘBSKA Katarzyna | ZGIERZ | | POL ROSSBIEGANI | 79 | K30/195 | (K)465 | 00:55:49 | 05.34 |
| 508 | 1140 | ARCISZEWSKA Justyna | POZNAN | | POL ROSSBIEGANI | 85 | K30/508 | (K)1253 | 01:06:48 | 06.40 |
| 443 | 1141 | WAWRZAK Katarzyna | OPOLE | | POL ROSSBIEGANI | 84 | K30/443 | (K)1074 | 01:03:46 | 06.22 |
| 47 | 1144 | JUREK Magdalena | SOSNOWIEC | | POL ROSSBIEGANI | 87 | K30/47 | (K)88 | 00:48:01 | 04.48 |
| 180 | 1145 | CZERWIŃSKA Joanna | BYGDOSZCZ | | POL ROSSBIEGANI | 86 | K30/180 | (K)427 | 00:55:20 | 05.32 |
| 504 | 1147 | RZEPECKA Marta | ŻORY | | POL ROSSBIEGANI | 86 | K30/504 | (K)1241 | 01:06:40 | 06.40 |
| 196 | 1165 | SAMBORSKA Anna | ŁÓDŹ | | POL ROSSBIEGANI | 85 | K30/196 | (K)467 | 00:55:50 | 05.35 |
| 628 | 1168 | GOLLNIK Daria | NOWY DWÓR | | POL ROSSBIEGANI | 86 | K30/628 | (K)1578 | 01:23:13 | 08.19 |
| 515 | 1182 | SIUTA Magdalena | USTRONIE | | POL ROSSBIEGANI | 87 | K30/515 | (K)1273 | 01:07:14 | 06.43 |
| 29 | 1186 | KACZYŃSKA Monika | ŁÓDŹ | | POL ROSSBIEGANI | 84 | K30/29 | (K)57 | 00:45:55 | 04.35 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | (K) Sex | Czas Time | [min/km] |
|--------------|--------|----------------------------|---------------------|----------|--------------------------------|---------|--------------------|---------|-----------|----------|
| 39 | 1189 | KRYSAK Dorota | TORUŃ | | POL ROSSBIEGANI | 82 | K30/39 | (K)74 | 00:47:24 | 04.44 |
| 167 | 1190 | PASTERNAK Justyna | ŁOMIANKI | | POL ROSSBIEGANI | 79 | K30/167 | (K)405 | 00:55:06 | 05.30 |
| 541 | 1191 | LELONKIEWICZ Agnieszka | STRZELCE OPOLSKIE | | POL ROSSBIEGANI | 79 | K30/541 | (K)1344 | 01:09:13 | 06.55 |
| 270 | 1193 | SIKORA Renata | BYTOM | | POL ROSSBIEGANI | 83 | K30/270 | (K)651 | 00:58:27 | 05.50 |
| 134 | 1197 | CIEŚLAK Iwona | ŁÓDŹ | | POL ROSSBIEGANI | 80 | K30/134 | (K)322 | 00:53:46 | 05.22 |
| 150 | 1202 | AGIER-CHOJA Ewelina | TUSZYN | | POL ROSSBIEGANI | 87 | K30/150 | (K)352 | 00:54:13 | 05.25 |
| 488 | 1219 | CHUDAŚ Aleksandra | KONSTANTYNÓW ŁÓDZKI | | POL ROSSBIEGANI | 83 | K30/488 | (K)1198 | 01:06:01 | 06.36 |
| 326 | 1237 | STĘPIEŃ Justyna | | | POL ROSSBIEGANI | 82 | K30/326 | (K)793 | 01:00:04 | 06.00 |
| 577 | 1242 | STASIAK Kamila | USTRONIE | | POL ROSSBIEGANI | 87 | K30/577 | (K)1427 | 01:11:42 | 07.10 |
| 284 | 1247 | PATURA Paulina | ŁÓDŹ | | POL ROSSBIEGANI | 84 | K30/284 | (K)696 | 00:58:58 | 05.53 |
| 472 | 1271 | BRATEK Magda | ZGIERZ | | POL ROSSBIEGANI | 81 | K30/472 | (K)1152 | 01:05:09 | 06.30 |
| 212 | 1282 | SZULC Katarzyna | ŁÓDŹ | | POL ROSSBIEGANI | 83 | K30/212 | (K)509 | 00:56:33 | 05.39 |
| 492 | 1295 | LEŚNIEWSKA Katarzyna | ŁÓDŹ | | POL ROSSBIEGANI | 83 | K30/492 | (K)1212 | 01:06:17 | 06.37 |
| 468 | 1309 | TARAPATA Agnieszka | KATOWICE | | POL ROSSBIEGANI | 83 | K30/468 | (K)1141 | 01:04:58 | 06.29 |
| 377 | 1311 | LACHOWSKA Ilona | TOMASZÓW MAZ | | POL ROSSBIEGANI | 85 | K30/377 | (K)912 | 01:01:26 | 06.08 |
| 238 | 1325 | TURBINSKA Katarzyna | BRZEZINY | | POL ROSSBIEGANI | 80 | K30/238 | (K)576 | 00:57:22 | 05.44 |
| 448 | 1331 | SZYMAŃSKA Karolina | PAWŁOWICE | | POL ROSSBIEGANI | 86 | K30/448 | (K)1084 | 01:03:58 | 06.23 |
| 319 | 1334 | WOJTCZAK Karolina | OZORKÓW | | POL ROSSBIEGANI | 81 | K30/319 | (K)782 | 00:59:58 | 05.59 |
| 95 | 1415 | BIJAŁAS Ewa | ŁÓDŹ | | POL | 84 | K30/95 | (K)208 | 00:51:09 | 05.06 |
| 329 | 1420 | HARAJDA-TARNECKA Agnieszka | ROSANÓW | | POL SNG WILD DUCKS | 82 | K30/329 | (K)806 | 01:00:19 | 06.01 |
| 567 | 1424 | ZAWODNIK Anonimowy | | | POL | | K30/567 | (K)1404 | 01:10:48 | 07.04 |
| 367 | 1430 | WILK - SNOPCZYK Aleksandra | ŁÓDŹ | | POL | 82 | K30/367 | (K)895 | 01:01:12 | 06.07 |
| 37 | 1432 | JASTRĄBEK Agnieszka | ŁÓDŹ | | POL EVERRUN | 84 | K30/37 | (K)68 | 00:47:10 | 04.43 |
| 624 | 1434 | BEDNAREK Monika | ŁÓDŹ | | POL GLOBITEL | 81 | K30/624 | (K)1559 | 01:19:43 | 07.58 |
| 375 | 1438 | GRONCZEWSKA Aleksandra | ŁÓDŹ | | POL | 87 | K30/375 | (K)910 | 01:01:24 | 06.08 |
| 322 | 1444 | DROŹDŹEWSKA Aneta | ŁÓDŹ | | POL INFOSYS RUN | 85 | K30/322 | (K)789 | 01:00:02 | 06.00 |
| 240 | 1445 | DYBAŚ Edyta | ŁÓDŹ | | POL KLUB BIEGACZA ACCENTURE | 81 | K30/240 | (K)581 | 00:57:26 | 05.44 |
| 430 | 1454 | ZARZYCKA Karolina | ŁÓDŹ | | POL PHILIPS RUNNING TEAM ŁÓDŹ | 88 | K30/430 | (K)1035 | 01:03:14 | 06.19 |
| 51 | 1471 | WOJTECKA Sylwia | ŁÓDŹ | | POL | 87 | K30/51 | (K)105 | 00:48:31 | 04.51 |
| 460 | 1473 | ZAWODNIK Anonimowy | | | POL CELIRONMAN | | K30/460 | (K)1116 | 01:04:28 | 06.26 |
| 402 | 1508 | SZARLEJ Anna | PIOTRKÓW | | POL FUDU&CO. SPORT TEAM | 86 | K30/402 | (K)963 | 01:02:05 | 06.12 |
| 186 | 1523 | SŁOMSKA Aleksandra | ALEKSANDRÓW ŁÓDZKI | | POL | 79 | K30/186 | (K)445 | 00:55:39 | 05.33 |
| 21 | 1533 | SYCHNIAK Agnieszka | ŁÓDŹ | | POL ATMOSFERA FITNESS&WELLNESS | 80 | K30/21 | (K)44 | 00:44:49 | 04.28 |
| 156 | 1537 | FORYŚ Agnieszka | ŁÓDŹ | | POL MOBICA | 80 | K30/156 | (K)374 | 00:54:28 | 05.26 |
| 256 | 1562 | KARCZYNSKA Justyna | OPOLE | | POL RAJSPOORT ACTIVE | 82 | K30/256 | (K)625 | 00:58:01 | 05.48 |
| 242 | 1564 | CZEKALAK Anna | STARE KRASNOBĘBY | | POL | 84 | K30/242 | (K)588 | 00:57:37 | 05.45 |
| 279 | 1568 | SOBAŃSKA Paulina | TARNOWO PODGÓRNE | | POL TARNOWO PODGÓRNE BIEGA | 82 | K30/279 | (K)686 | 00:58:52 | 05.53 |
| 165 | 1569 | KRUK-KAMIŃSKA Agnieszka | ŁÓDŹ | | POL | 85 | K30/165 | (K)402 | 00:55:05 | 05.30 |
| 519 | 1577 | BARTKIEWICZ Beata | CHECHŁO DRUGIE | | POL | 87 | K30/519 | (K)1280 | 01:07:26 | 06.44 |
| 127 | 1588 | WĘŻYK Kamila | BEDOŃ PRZYKOŚCIELNY | | POL RAZEM TRENUJEMY SPORT | 84 | K30/127 | (K)300 | 00:53:21 | 05.20 |
| 368 | 1604 | ŁUCZKOWSKA Anna | ŁÓDŹ | | POL ING BANK ŚLĄSKI | 88 | K30/368 | (K)897 | 01:01:13 | 06.07 |
| 92 | 1612 | KICINSKA-KOKOTEK Beata | ŁÓDŹ | | POL KITA TEAM | 81 | K30/92 | (K)203 | 00:51:06 | 05.06 |
| 543 | 1616 | APANASOWICZ Anna | ŁÓDŹ | | POL | 83 | K30/543 | (K)1349 | 01:09:21 | 06.56 |
| 431 | 1625 | GÓRECKA Małgorzata | ŁÓDŹ | | POL MAKOLAB RUNNING TEAM | 83 | K30/431 | (K)1036 | 01:03:14 | 06.19 |
| 595 | 1635 | KNOPEK Aleksandra | ŁÓDŹ | | POL | 82 | K30/595 | (K)1483 | 01:13:37 | 07.21 |
| 554 | 1640 | KOPEĆ Aneta | KSAWERÓW | | POL AQ WIRING SYSTEMS TEAM | 82 | K30/554 | (K)1371 | 01:10:08 | 07.00 |
| 68 | 1644 | KRUK Patrycja | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 85 | K30/68 | (K)144 | 00:49:33 | 04.57 |
| 439 | 1692 | TOMCZAK Beata | KUTNO | | POL | 88 | K30/439 | (K)1060 | 01:03:34 | 06.21 |
| 423 | 1702 | MOTYLIŃSKA Monika | ŁÓDŹ | | POL SKRZYWANA FACTORY | 87 | K30/423 | (K)1017 | 01:02:47 | 06.16 |
| 172 | 1733 | DUDA Barbara | JUSTYNÓW | | POL | 88 | K30/172 | (K)412 | 00:55:10 | 05.31 |
| 547 | 1736 | SOWA Alicja | ŁÓDŹ | | POL ŻADNA REWELACJA | 80 | K30/547 | (K)1360 | 01:09:42 | 06.58 |
| 395 | 1737 | AUGUSTOWSKA Monika | TUSZYN | | POL | 81 | K30/395 | (K)954 | 01:02:01 | 06.12 |
| 558 | 1748 | KACZOR Jolanta | LUBLINIEC | | POL | 79 | K30/558 | (K)1379 | 01:10:17 | 07.01 |
| 222 | 1752 | KŁOS Ewelina | BUCZEK | | POL BIEGING TEAM ZELÓW | 86 | K30/222 | (K)534 | 00:56:50 | 05.41 |
| 220 | 1756 | NIECKARZ Renata | DĄBROWA GÓRNICZA | | POL ADRIAN! BLAGAM WOLNIEJ | 80 | K30/220 | (K)528 | 00:56:43 | 05.40 |
| 310 | 1775 | ŁABUZA Kamila | ŁÓDŹ | | POL | 86 | K30/310 | (K)763 | 00:59:39 | 05.57 |
| 340 | 1792 | WŁODARCZYK Paulina | BEDOŃ PRZYKOŚCIELNY | | POL | 86 | K30/340 | (K)834 | 01:00:42 | 06.04 |
| 403 | 1795 | ZAKABŁUKOWSKA Angelika | WARSZAWA | | POL BIEGACZKI.PL | 79 | K30/403 | (K)972 | 01:02:08 | 06.12 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | (K) Sex | Czas Time | [min/km] |
|--------------|--------|-------------------------------|--------------------|----------|---|---------|--------------------|---------|-----------|----------|
| 451 | 1829 | GALOCH Anna | BELCHATÓW | | POL -CZARNI SZCZERCÓW | 81 | K30/451 | (K)1090 | 01:04:04 | 06.24 |
| 371 | 1836 | SZOSTAK Aleksandra | ŁÓDŹ | | POL ROSSBIEGANI | 82 | K30/371 | (K)903 | 01:01:18 | 06.07 |
| 223 | 1869 | KRYSTERA Monika | PABIANICE | | POL O CO BIEGA | 79 | K30/223 | (K)536 | 00:56:54 | 05.41 |
| 219 | 1877 | OSYDA Sylwia | ŁÓDŹ | | POL | 86 | K30/219 | (K)527 | 00:56:43 | 05.40 |
| 559 | 1887 | STASIAK Magdalena | BELCHATÓW | | POL | 79 | K30/559 | (K)1380 | 01:10:18 | 07.01 |
| 574 | 1888 | DURKA Anna | ŁÓDŹ | | POL | 84 | K30/574 | (K)1421 | 01:11:26 | 07.08 |
| 590 | 1890 | ŁUCAK Marzena | ŁOCHÓW | | POL CST | 85 | K30/590 | (K)1456 | 01:12:41 | 07.16 |
| 239 | 1894 | ROGULSKA Agnieszka | POZNAŃ | | POL | 82 | K30/239 | (K)579 | 00:57:25 | 05.44 |
| 401 | 1898 | STELMACH Marta | ZGIERZ | | POL | 83 | K30/401 | (K)961 | 01:02:04 | 06.12 |
| 34 | 1900 | JAROS Agnieszka | ŁÓDŹ | | POL | 79 | K30/34 | (K)63 | 00:46:55 | 04.41 |
| 182 | 1904 | KOZIK Małgorzata | KAMIENSK | | POL AKTYWNI KAMIENSK | 79 | K30/182 | (K)434 | 00:55:29 | 05.32 |
| 243 | 1918 | DYRKACZ Sylwia | ŁÓDŹ | | POL MORENA CZOŁOWA | 80 | K30/243 | (K)590 | 00:57:37 | 05.45 |
| 183 | 1920 | STROJNY Joanna | KAMIENSK | | POL AKTYWNI KAMIENSK | 84 | K30/183 | (K)440 | 00:55:36 | 05.33 |
| 611 | 1922 | KUBACKA Joanna | ŁÓDŹ | | POL | 83 | K30/611 | (K)1530 | 01:16:42 | 07.40 |
| 271 | 1930 | SZCZEPÓCKA Aneta | GOMUNICE | | POL AKTYWNI KAMIENSK | 80 | K30/271 | (K)654 | 00:58:30 | 05.51 |
| 388 | 1947 | GALANT Agnieszka | ŁÓDŹ | | POL SBRT MOC ENERGIA ENDORFINA | 83 | K30/388 | (K)933 | 01:01:43 | 06.10 |
| 353 | 1954 | MISZTELA Anna | PIOTRKÓW TRYB. | | POL TABATA RADEK TEAM | 86 | K30/353 | (K)855 | 01:00:50 | 06.05 |
| 606 | 1968 | SIWOCHA Dominika | ŁÓDŹ | | POL MBANK | 82 | K30/606 | (K)1512 | 01:15:29 | 07.32 |
| 228 | 1984 | BORKOWSKA Monika | STAROWA GÓRA | | POL ING BANK ŚLĄSKI | 79 | K30/228 | (K)547 | 00:57:01 | 05.42 |
| 585 | 1986 | GIEJBA Małgorzata | ŁÓDŹ | | POL B/S/H/ ŁÓDŹ RUNNING TEAM | 85 | K30/585 | (K)1443 | 01:12:13 | 07.13 |
| 597 | 1999 | MATCZAK Anna | KALISZ | | POL | 87 | K30/597 | (K)1489 | 01:13:49 | 07.22 |
| 380 | 2004 | JANUS Katarzyna | ŁÓDŹ | | POL | 85 | K30/380 | (K)915 | 01:01:28 | 06.08 |
| 77 | 2010 | KIERLIK - ŚMIESZKOWICZ Aldona | ALEKSANDRÓW ŁÓDZKI | | POL | 79 | K30/77 | (K)161 | 00:50:03 | 05.00 |
| 462 | 2019 | CZARNECKA-SZPAK Justyna | ŁÓDŹ | | POL | 82 | K30/462 | (K)1122 | 01:04:37 | 06.27 |
| 11 | 2022 | GAPYS Dorota | ŁÓDŹ | | POL AKADEMIABIEGACZA.PL S.L. SALOS-WODNA84 ŁÓDŹ | 84 | K30/11 | (K)21 | 00:42:12 | 04.13 |
| 45 | 2035 | JAKUBOWSKA Agata | SIERADZ | | POL | 88 | K30/45 | (K)86 | 00:48:00 | 04.48 |
| 538 | 2038 | LACHOWICZ Anna | ŁÓDŹ | | POL 1982 | 82 | K30/538 | (K)1336 | 01:09:01 | 06.54 |
| 59 | 2040 | KOZŁOWSKA Renata | ŁÓDŹ | | POL | 87 | K30/59 | (K)121 | 00:48:54 | 04.53 |
| 168 | 2042 | URBAŃSKA Marta | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 81 | K30/168 | (K)407 | 00:55:08 | 05.30 |
| 609 | 2066 | SZULOWSKA Beata | TOMASZÓW MAZ. | | POL BBL TOMASZÓW MAZ. | 79 | K30/609 | (K)1524 | 01:16:11 | 07.37 |
| 444 | 2070 | ANTCZAK Magdalena | ŁÓDŹ | | POL | 85 | K30/444 | (K)1078 | 01:03:48 | 06.22 |
| 450 | 2075 | ZAJĄC Katarzyna | ŁÓDŹ | | POL | 84 | K30/450 | (K)1088 | 01:04:01 | 06.24 |
| 93 | 2077 | MICHNIEWSKA Edyta | GALKOW MALY | | POL PIETRZYK RUNNING TEAM | 85 | K30/93 | (K)204 | 00:51:07 | 05.06 |
| 291 | 2095 | KLUZA-WIECZOREK Ewa | RADOMSKO | | POL BIEGACZE W RADOMSKU | 81 | K30/291 | (K)719 | 00:59:10 | 05.55 |
| 76 | 2101 | GAJDA Iwona | BUDY DŁUTOWSKIE | | POL AMATOR | 81 | K30/76 | (K)160 | 00:49:59 | 04.59 |
| 96 | 2108 | KRYSTOFIAK Karolina | KROTOSZYN | | POL KROTOSZYŃSKA GRUPA BIEGOWA | 86 | K30/96 | (K)213 | 00:51:16 | 05.07 |
| 97 | 2109 | MARKIEWICZ Luiza | ŁÓDŹ | | POL | 79 | K30/97 | (K)214 | 00:51:20 | 05.08 |
| 85 | 2110 | PILICHOWSKA Katarzyna | WARTA | | POL - | 80 | K30/85 | (K)183 | 00:50:40 | 05.04 |
| 521 | 2117 | KARECKA Anka | PIASECZNO | | POL | 83 | K30/521 | (K)1283 | 01:07:31 | 06.45 |
| 400 | 2129 | RADKE Magdalena | OZORKÓW | | POL NIEZRZESZONY | 79 | K30/400 | (K)960 | 01:02:03 | 06.12 |
| 525 | 2137 | OLEK-WYSOCKA Monika | WŁADYSŁAWÓW | | POL MORSY TUREK | 81 | K30/525 | (K)1296 | 01:07:49 | 06.46 |
| 81 | 2161 | FOGIEL Dominika | ZDUŃSKA WOLA | | POL | 84 | K30/81 | (K)172 | 00:50:23 | 05.02 |
| 476 | 2162 | KŁODNICKA Sandra | ŁÓDŹ | | POL | 88 | K30/476 | (K)1161 | 01:05:20 | 06.32 |
| 78 | 2167 | SIERADZKA Marta | ŁÓDŹ | | POL EVERRUN | 80 | K30/78 | (K)164 | 00:50:09 | 05.00 |
| 54 | 2180 | DROZDEK Justyna | ŁÓDŹ | | POL | 87 | K30/54 | (K)109 | 00:48:38 | 04.51 |
| 550 | 2184 | BRUDZEŃSKA Martyna | PŁOCK | | POL NOVOTEL ŁÓDŹ CENTRUM | 88 | K30/550 | (K)1365 | 01:09:54 | 06.59 |
| 494 | 2196 | HUCHLER Anna | ŁÓDŹ | | POL | 82 | K30/494 | (K)1216 | 01:06:21 | 06.38 |
| 46 | 2208 | PLUŻAŃSKA Katarzyna | ŁÓDŹ | | POL BEAUTY SPORT | 86 | K30/46 | (K)87 | 00:48:01 | 04.48 |
| 516 | 2218 | PORCZYŃSKA Katarzyna | ŁÓDŹ | | POL | 82 | K30/516 | (K)1274 | 01:07:16 | 06.43 |
| 52 | 2227 | RYTKO Katarzyna | ŁÓDŹ | | POL | 87 | K30/52 | (K)106 | 00:48:32 | 04.51 |
| 617 | 2229 | ZAWODNIK Anonimowy | | | POL | | K30/617 | (K)1540 | 01:17:33 | 07.45 |
| 449 | 2233 | JAKUBIAK Iwona | ŁÓDŹ | | POL | 83 | K30/449 | (K)1087 | 01:04:00 | 06.24 |
| 178 | 2235 | KULA Ewa | BELCHATÓW | | POL DRUŻYNA PIERŚCIENIA | 84 | K30/178 | (K)420 | 00:55:15 | 05.31 |
| 193 | 2245 | MILCZARSKA Beata | PRUSZKÓW | | POL | 83 | K30/193 | (K)461 | 00:55:47 | 05.34 |
| 19 | 2263 | PIEPRZ Anna | ŁÓDŹ | | POL EVERRUN | 84 | K30/19 | (K)36 | 00:43:52 | 04.23 |
| 608 | 2264 | SZYMAŃSKA Paulina | ŁÓDŹ | | POL GLORIOSA.PL | 87 | K30/608 | (K)1523 | 01:16:11 | 07.37 |
| 331 | 2268 | ANTOSIAK Aleksandra | WYDRZYN | | POL | 87 | K30/331 | (K)815 | 01:00:26 | 06.02 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------|-----------|------------------------------|---------------------|-------------|--------------------------------|------------|-----------------------|---------|--------------|----------|
| 104 | 2271 | OLENDER-BARTOSIK Renata | ŁÓDŹ | | POL | 81 | K30/104 | (K)237 | 00:51:49 | 05.10 |
| 453 | 2272 | PAWLINA Karolina | KONSTANTYNÓW | | POL ŁÓDZKIE MORSY | 83 | K30/453 | (K)1092 | 01:04:06 | 06.24 |
| 309 | 2283 | BRZEZIŃSKA Agnieszka | SKIERNIEWICE | | POL | 81 | K30/309 | (K)762 | 00:59:39 | 05.57 |
| 69 | 2286 | DYZIO Katarzyna | ŁÓDŹ | | POL | 88 | K30/69 | (K)148 | 00:49:40 | 04.58 |
| 190 | 2308 | WÓJCIK Maria | TRĄBIN | | POL RUNNING SUCKS | 85 | K30/190 | (K)456 | 00:55:45 | 05.34 |
| 185 | 2315 | OLEJNICZAK Elwira | ŁÓDŹ | | POL | 84 | K30/185 | (K)442 | 00:55:37 | 05.33 |
| 205 | 2318 | SÓJKA Elżbieta | KALISZ | | POL | 79 | K30/205 | (K)492 | 00:56:12 | 05.37 |
| 542 | 2338 | ZIOMEK Diana | ŁÓDŹ | | POL | 86 | K30/542 | (K)1348 | 01:09:19 | 06.55 |
| 60 | 2343 | MARKIEWICZ Monika | PUŁAWY | | POL BRAK | 83 | K30/60 | (K)122 | 00:48:56 | 04.53 |
| 214 | 2345 | MISKIEWICZ Małgorzata | ŁÓDŹ | | POL SBRT MOC ENERGIA ENDORFINA | 88 | K30/214 | (K)516 | 00:56:38 | 05.39 |
| 600 | 2366 | SIEWIERA Magdalena | SZCZERCÓW | | POL ŁÓDŹ | 85 | K30/600 | (K)1495 | 01:14:11 | 07.25 |
| 623 | 2369 | PATURA Joanna | ŁÓDŹ | | POL BIEGACZKI.PL | 83 | K30/623 | (K)1556 | 01:19:12 | 07.55 |
| 171 | 2371 | SACIUK Małgorzata | ŁÓDŹ | | POL | 86 | K30/171 | (K)411 | 00:55:09 | 05.30 |
| 263 | 2389 | FJAŁKOWSKA Katarzyna | SZYNKIELÓW | | POL | 87 | K30/263 | (K)637 | 00:58:12 | 05.49 |
| 523 | 2390 | GOŚCIAŃSKA Anna | ŁÓDŹ | | POL | 86 | K30/523 | (K)1287 | 01:07:36 | 06.45 |
| 272 | 2399 | OLCZYK Dorota | KONSTANTYNÓW ŁÓDZKI | | POL - | 82 | K30/272 | (K)655 | 00:58:30 | 05.51 |
| 555 | 2402 | RABIEGA Agnieszka | ŁÓDŹ | | POL | 84 | K30/555 | (K)1372 | 01:10:09 | 07.00 |
| 65 | 2435 | KIERZKOWSKA Małgorzata | KAMIENSK | | POL AKTYWNI KAMIENSK | 79 | K30/65 | (K)137 | 00:49:24 | 04.56 |
| 303 | 2444 | KRAJKA Marta | ŁÓDŹ | | POL | 88 | K30/303 | (K)746 | 00:59:32 | 05.57 |
| 211 | 2447 | MALINOWSKA Monika | DĘLUTÓW | | POL HERKTTEAM | 81 | K30/211 | (K)508 | 00:56:32 | 05.39 |
| 130 | 2448 | MIKOŁAJCZYK Agnieszka | ŁÓDŹ | | POL | 85 | K30/130 | (K)312 | 00:53:36 | 05.21 |
| 383 | 2449 | MŁYNARSKA Paulina | ŁÓDŹ | | POL | 88 | K30/383 | (K)922 | 01:01:34 | 06.09 |
| 621 | 2452 | PIERZCHAŁA Ewa | ŁÓDŹ | | POL | 83 | K30/621 | (K)1552 | 01:18:57 | 07.53 |
| 324 | 2469 | GALANT Paulina | BRATOSZEWICE | | POL 1986 | 86 | K30/324 | (K)791 | 01:00:03 | 06.00 |
| 83 | 2479 | OLCZAK Małgorzata | ŁÓDŹ | | POL | 88 | K30/83 | (K)178 | 00:50:34 | 05.03 |
| 346 | 2484 | ROSKOWSKA Sylwia | ŁÓDŹ | | POL EKSOBIEGA | 81 | K30/346 | (K)843 | 01:00:46 | 06.04 |
| 18 | 2489 | WROŃSKA Beata | JASŁO | | POL ROSSBIEGANI | 80 | K30/18 | (K)34 | 00:43:47 | 04.22 |
| 615 | 2495 | KUCHARSKA-GAŚIOREK Agnieszka | KAMIENSK | | POL AKTYWNI KAMIENSK | 79 | K30/615 | (K)1535 | 01:17:13 | 07.43 |
| 56 | 2500 | RADKIEWICZ Martyna | ŻYRARDÓW | | POL TEAMKARAS | 88 | K30/56 | (K)113 | 00:48:44 | 04.52 |
| 364 | 2503 | FILIPCZAK Karolina | ZDUŃSKA WOLA | | POL | 86 | K30/364 | (K)891 | 01:01:09 | 06.06 |
| 226 | 2515 | ZIELIŃSKA Katarzyna | BĘDZIN | | POL | 86 | K30/226 | (K)544 | 00:57:00 | 05.42 |
| 347 | 2520 | ADAMSKA Małgorzata | GRUDZIĄDZ | | POL | 84 | K30/347 | (K)844 | 01:00:47 | 06.04 |
| 264 | 2526 | SOBOLEWSKA Janina | CZATKOWICE | | POL CZATKOWICE TEŻ POTRAFIĄ | 80 | K30/264 | (K)638 | 00:58:13 | 05.49 |
| 612 | 2527 | SEKUŁA Anna | ŁÓDŹ | | POL - | 81 | K30/612 | (K)1532 | 01:16:52 | 07.41 |
| 315 | 2531 | KOLECZEK Anna | ZGIERZ | | POL - | 86 | K30/315 | (K)770 | 00:59:44 | 05.58 |
| 603 | 2537 | BOCIANOWSKA Paulina | ŁÓDŹ | | POL GUNOLD | 84 | K30/603 | (K)1502 | 01:14:40 | 07.28 |
| 452 | 2550 | BŁAUŻ Justyna | ŁÓDŹ | | POL | 83 | K30/452 | (K)1091 | 01:04:05 | 06.24 |
| 288 | 2558 | DOROŻAŁA Natalia | ŁÓDŹ | | POL | 86 | K30/288 | (K)705 | 00:59:03 | 05.54 |
| 396 | 2559 | BARASIŃSKA Marta | OSTRÓW WIELKOPOLSKI | | POL | 84 | K30/396 | (K)955 | 01:02:02 | 06.12 |
| 454 | 2574 | KONDRAS Milena | ŁĘCZYCA | | POL | 88 | K30/454 | (K)1095 | 01:04:11 | 06.25 |
| 197 | 2599 | NOWAKOWSKA Ewelina | OPOCZNO | | POL | 86 | K30/197 | (K)468 | 00:55:50 | 05.35 |
| 546 | 2604 | SKAŁA Renata | ZAWIERCIE | | POL GRUPA JURA'PL | 79 | K30/546 | (K)1358 | 01:09:36 | 06.57 |
| 428 | 2605 | KOZARZEWSKA Anna | ŁÓDŹ | | POL SNG WILD DUCKS | 83 | K30/428 | (K)1028 | 01:03:10 | 06.19 |
| 404 | 2609 | ŻOŁNOWSKA Aldona | ŁÓDŹ | | POL | 86 | K30/404 | (K)976 | 01:02:10 | 06.13 |
| 620 | 2619 | WOŹNIAK Anna | ZGIERZ | | POL | 79 | K30/620 | (K)1549 | 01:18:43 | 07.52 |
| 194 | 2621 | ZIÓŁKOWSKA Kinga | ŁÓDŹ | | POL FITAQUA | 88 | K30/194 | (K)464 | 00:55:49 | 05.34 |
| 379 | 2624 | WYCZOLKOWSKA Magda | WARSZAWA | | POL | 87 | K30/379 | (K)914 | 01:01:28 | 06.08 |
| 406 | 2626 | CUPER-KONWERSKA Małgorzata | ŁÓDŹ | | POL BIEGAMPOLODZI.PL | 86 | K30/406 | (K)979 | 01:02:11 | 06.13 |
| 560 | 2627 | KUJAWSKA Kamila | ŻELECHLIN | | POL | 83 | K30/560 | (K)1387 | 01:10:22 | 07.02 |
| 70 | 2633 | GOZDALIK Małgorzata | SIERADZ | | POL | 82 | K30/70 | (K)149 | 00:49:41 | 04.58 |
| 604 | 2639 | MARIASIK Karolina | ŁÓDŹ | | POL | 84 | K30/604 | (K)1504 | 01:14:57 | 07.29 |
| 502 | 2643 | JEZIEWSKA Iza | ŁÓDŹ | | POL BIEGACZKI.PL | 80 | K30/502 | (K)1234 | 01:06:37 | 06.39 |
| 282 | 2648 | KUCIĘBA Paulina | ŁÓDŹ | | POL B/S/H/ ŁÓDŹ RUNNING TEAM | 85 | K30/282 | (K)694 | 00:58:57 | 05.53 |
| 369 | 2656 | KRYSTERA Anna | CZARNOCIN | | POL PGE OBRÓT RUN | 88 | K30/369 | (K)898 | 01:01:14 | 06.07 |
| 141 | 2657 | SASIN Magdalena | ŁÓDŹ | | POL PGE OBRÓT RUN | 79 | K30/141 | (K)336 | 00:54:00 | 05.24 |
| 35 | 2658 | WICIŃSKA-REUS Dominika | ŁÓDŹ | | POL PGE OBRÓT RUN | 79 | K30/35 | (K)65 | 00:47:00 | 04.42 |
| 94 | 2665 | KOCHELSKA Kamila | OSIEDLE NIEWIADÓW | | POL | 79 | K30/94 | (K)205 | 00:51:07 | 05.06 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------|-----------|-------------------------------|---------------------|-------------|------------------------------------|------------|-----------------------|---------|--------------|----------|
| 108 | 2673 | KUCHARSKA Wioleta | ŁÓDŹ | | POL CELIRONMAN | 79 | K30/108 | (K)246 | 00:52:05 | 05.12 |
| 511 | 2677 | LASZCZYK Katarzyna | BURZENIN | | POL ATLAS RUNNING TEAM | 81 | K30/511 | (K)1256 | 01:06:50 | 06.41 |
| 426 | 2681 | DANIELEK Ewa | BYDGOSZCZ | | POL REEBOK RUN CREW | 83 | K30/426 | (K)1024 | 01:03:03 | 06.18 |
| 67 | 2683 | BANACH Iwona | ROKICINY | | POL | 81 | K30/67 | (K)140 | 00:49:27 | 04.56 |
| 252 | 2702 | PAWLIK Monika | OZORKÓW | | POL - | 85 | K30/252 | (K)615 | 00:57:56 | 05.47 |
| 262 | 2724 | SZYNDLAR Anna | ŁÓDŹ | | POL | 85 | K30/262 | (K)634 | 00:58:09 | 05.48 |
| 335 | 2727 | GÓRNIK Anna | ŁÓDŹ | | POL - | 84 | K30/335 | (K)824 | 01:00:31 | 06.03 |
| 321 | 2733 | KRUPA Magdalena | ŁÓDŹ | | POL | 83 | K30/321 | (K)787 | 01:00:02 | 06.00 |
| 312 | 2749 | COLONNA-WALEWSKA Magdalena | ŁÓDŹ | | POL SZWADRON WILCZKÓW ALFA | 88 | K30/312 | (K)766 | 00:59:40 | 05.58 |
| 457 | 2758 | NADULSKA Sylwia | WARSZAWA | | POL WYBIERZ | 80 | K30/457 | (K)1110 | 01:04:21 | 06.26 |
| 208 | 2760 | NIEDŹWIECKA Lucyna | UJAZD | | POL - | 83 | K30/208 | (K)499 | 00:56:22 | 05.38 |
| 259 | 2763 | MAŚLANKO Iwona | ŁÓDŹ | | POL | 80 | K30/259 | (K)630 | 00:58:05 | 05.48 |
| 253 | 2775 | KARIOZEN Agata | WARSZAWA | | POL | 81 | K30/253 | (K)616 | 00:57:56 | 05.47 |
| 464 | 2788 | KANTORSKA Kalina | ŁÓDŹ | | POL | 85 | K30/464 | (K)1129 | 01:04:46 | 06.28 |
| 106 | 2791 | KISIELEWSKA Katarzyna | ŁASK | | POL | 79 | K30/106 | (K)244 | 00:52:02 | 05.12 |
| 506 | 2803 | LUDWIG Dorota | CHORZOW | | POL | 85 | K30/506 | (K)1251 | 01:06:47 | 06.40 |
| 495 | 2836 | JENSZAK Magdalena | ŁÓDŹ | | POL | 88 | K30/495 | (K)1217 | 01:06:21 | 06.38 |
| 170 | 2837 | DOBROWOLSKA Katarzyna | ŁASK | | POL RAJSPORT ACTIVE | 88 | K30/170 | (K)409 | 00:55:09 | 05.30 |
| 55 | 2843 | SZCZEPANIAK Urszula | ŁÓDŹ | | POL | 82 | K30/55 | (K)110 | 00:48:41 | 04.52 |
| 474 | 2844 | ŁAWNICZAK Aleksandra | ALEKSANDRÓW ŁÓDZKI | | POL | 79 | K30/474 | (K)1159 | 01:05:19 | 06.31 |
| 124 | 2851 | DAWID Małgorzata | OSJAKÓW | | POL | 81 | K30/124 | (K)294 | 00:53:06 | 05.18 |
| 466 | 2853 | GARCZARCZYK Paulina | ŁÓDŹ | | POL | 88 | K30/466 | (K)1138 | 01:04:53 | 06.29 |
| 296 | 2860 | LATAŃSKA Agnieszka | KOŃSKIE | | POL DBAM O ZDROWIE | 82 | K30/296 | (K)726 | 00:59:15 | 05.55 |
| 295 | 2861 | WRONISZEWSKA Magdalena | ALEKSANDRÓW | | POL DBAM O ZDROWIE | 81 | K30/295 | (K)725 | 00:59:14 | 05.55 |
| 616 | 2867 | GWIAZDA Izabela | LUBLIN | | POL | 85 | K30/616 | (K)1538 | 01:17:25 | 07.44 |
| 427 | 2875 | BORS Agnieszka | ŁÓDŹ | | POL | 85 | K30/427 | (K)1027 | 01:03:09 | 06.18 |
| 173 | 2885 | WITORZEŃC Izabela | ŁÓDŹ | | POL | 84 | K30/173 | (K)413 | 00:55:10 | 05.31 |
| 154 | 2889 | MICHALAK Martyna | KOŚCIELNA WIEŚ | | POL | 86 | K30/154 | (K)365 | 00:54:22 | 05.26 |
| 570 | 2893 | HALASZ Marzena | KWILCZ | | POL | 79 | K30/570 | (K)1415 | 01:11:14 | 07.07 |
| 112 | 2903 | BRYKOWSKA Adrianna | PABIANICE | | POL | 86 | K30/112 | (K)269 | 00:52:39 | 05.15 |
| 475 | 2910 | ZIENKIEWICZ Agnieszka | OSINY | | POL RAJSPORT ACTIVE | 79 | K30/475 | (K)1160 | 01:05:19 | 06.31 |
| 314 | 2918 | RŽANEK Ewa | ŁÓDŹ | | POL WYBIERZ | 83 | K30/314 | (K)768 | 00:59:42 | 05.58 |
| 598 | 2923 | KIELAK Natalia | WARSZAWA | | POL NIKE+ RUN CLUB WARSAW | 88 | K30/598 | (K)1490 | 01:13:49 | 07.22 |
| 514 | 2924 | KAMIŃSKA Sylwia | ŁÓDŹ | | POL ONCOARENDI | 88 | K30/514 | (K)1265 | 01:07:04 | 06.42 |
| 435 | 2925 | KACZOROWSKA Marta | ŁÓDŹ | | POL | 86 | K30/435 | (K)1046 | 01:03:21 | 06.20 |
| 619 | 2927 | SUROWIECKA Barbara | GAŁKÓWEK | | POL NIEZSZERZONY | 82 | K30/619 | (K)1547 | 01:18:42 | 07.52 |
| 258 | 2932 | ANTOSIAK Anna | BELCHATÓW | | POL KB SPARTAKUS BELCHATÓW | 80 | K30/258 | (K)628 | 00:58:04 | 05.48 |
| 349 | 2941 | TRAFALSKA Magdalena | ALEKSANDRÓW ŁÓDZKI | | POL BLU-FITNESS ALEKSANDRÓW ŁÓDZKI | 79 | K30/349 | (K)849 | 01:00:48 | 06.04 |
| 32 | 2959 | SYKUŁA Zofia | UJAZD | | POL | 83 | K30/32 | (K)60 | 00:46:37 | 04.39 |
| 42 | 2967 | DĄBROWSKA-KONA Aleksandra | ŁÓDŹ | | POL --- | 87 | K30/42 | (K)82 | 00:47:51 | 04.47 |
| 179 | 2973 | SZYMELFENIG Gabriela | ŁÓDŹ | | POL | 84 | K30/179 | (K)425 | 00:55:19 | 05.31 |
| 107 | 2994 | MALECKA Anita | ŁÓDŹ | | POL TATE & LYLE ACTIVE TEAM | 88 | K30/107 | (K)245 | 00:52:04 | 05.12 |
| 501 | 3012 | KACPRZAK Ewa | ŁÓDŹ | | POL | 83 | K30/501 | (K)1232 | 01:06:36 | 06.39 |
| 298 | 3013 | RATYŃSKA Olga | WĘGRÓW | | POL AKTYWNI WĘGRÓW | 79 | K30/298 | (K)730 | 00:59:19 | 05.55 |
| 99 | 3018 | BARTOSIK Anna | ŁÓDŹ | | POL ATLAS RUNNING TEAM | 86 | K30/99 | (K)218 | 00:51:27 | 05.08 |
| 473 | 3024 | BŁASZCZYK Sylwia | DOBRA | | POL ATLAS RUNNING TEAM | 87 | K30/473 | (K)1156 | 01:05:18 | 06.31 |
| 289 | 3028 | ZAWODNIK Anonimowy | | | POL ATLAS RUNNING TEAM | | K30/289 | (K)709 | 00:59:04 | 05.54 |
| 198 | 3029 | KLONOWSKA Eizbieta | KSAWERÓW | | POL ATLAS RUNNING TEAM | 82 | K30/198 | (K)469 | 00:55:50 | 05.35 |
| 138 | 3048 | ZNAJDEK Katarzyna | ŁÓDŹ | | POL ATLAS RUNNING TEAM | 83 | K30/138 | (K)331 | 00:53:56 | 05.23 |
| 283 | 3053 | DAMIĘCKA Katarzyna | WARSZAWA | | POL JOHNSON & JOHNSON | 84 | K30/283 | (K)695 | 00:58:57 | 05.53 |
| 552 | 3054 | WIELEC Monika | ŁÓDŹ | | POL LUZAKI NA FANTAZJI | 80 | K30/552 | (K)1367 | 01:09:58 | 06.59 |
| 221 | 3055 | BARZYK Marzena | PIOTRKÓW | | POL | 82 | K30/221 | (K)530 | 00:56:47 | 05.40 |
| 386 | 3083 | WILKOWSKA Ewelina | CIOSNY | | POL | 87 | K30/386 | (K)930 | 01:01:42 | 06.10 |
| 166 | 3097 | DEMBOWSKA Anna | ŁÓDŹ | | POL | 87 | K30/166 | (K)403 | 00:55:05 | 05.30 |
| 300 | 3098 | CIOTUCHA Monika | TOMASZÓW MAZ | | POL | 83 | K30/300 | (K)742 | 00:59:29 | 05.56 |
| 580 | 3102 | DĄBROWSKA Paulina | ŁÓDŹ | | POL | 88 | K30/580 | (K)1435 | 01:11:56 | 07.11 |
| 64 | 3103 | RADOMSKA Karolina | KALISZ | | POL PKB KMP KALISZ | 82 | K30/64 | (K)136 | 00:49:24 | 04.56 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | (K) Sex | Czas Time | [min/km] |
|--------------|--------|-----------------------------|--------------------|----------|-----------------------------------|---------|--------------------|---------|-----------|----------|
| 528 | 3109 | SZEWczyk Karolina | POZNAŃ | | POL | 81 | K30/528 | (K)1302 | 01:07:59 | 06.47 |
| 189 | 3129 | KRUSZYŃSKA Katarzyna | ŁÓDŹ | | POL | 80 | K30/189 | (K)451 | 00:55:43 | 05.34 |
| 301 | 3130 | TREBSKA Izabela | ŁÓDŹ | | POL | 83 | K30/301 | (K)743 | 00:59:30 | 05.57 |
| 405 | 3135 | BIAŁEK Aleksandra | KOLUSZKI | | POL | 82 | K30/405 | (K)977 | 01:02:10 | 06.13 |
| 225 | 3143 | RAJCZAK Natalia | ŁÓDŹ | | POL | 85 | K30/225 | (K)540 | 00:56:57 | 05.41 |
| 498 | 3149 | STRASZYŃSKA Monika | ŁÓDŹ | | POL | 88 | K30/498 | (K)1224 | 01:06:29 | 06.38 |
| 463 | 3152 | ŁĘCKA Lena | ŁÓDŹ | | POL | 81 | K30/463 | (K)1123 | 01:04:37 | 06.27 |
| 74 | 3156 | MUSIAL Margita | ŁÓDŹ | | POL BIEGANIEPOGODZINACH | 79 | K30/74 | (K)156 | 00:49:49 | 04.58 |
| 503 | 3176 | GOLA Magdalena | ŁÓDŹ | | POL | 82 | K30/503 | (K)1236 | 01:06:38 | 06.39 |
| 218 | 3186 | CIECHAROWSKA Justyna | ŻYRARDÓW | | POL - | 85 | K30/218 | (K)525 | 00:56:43 | 05.40 |
| 512 | 3209 | SZCZEPANIAK Agata | ŁÓDŹ | | POL | 79 | K30/512 | (K)1259 | 01:06:56 | 06.41 |
| 545 | 3214 | WÓJT Ola | SKIERNIEWICE | | POL | 83 | K30/545 | (K)1357 | 01:09:36 | 06.57 |
| 588 | 3222 | KARNICKA Katarzyna | ŁÓDŹ | | POL | 81 | K30/588 | (K)1453 | 01:12:39 | 07.15 |
| 409 | 3239 | OSTROWSKA Magdalena | WARSZAWA | | POL | 83 | K30/409 | (K)985 | 01:02:21 | 06.14 |
| 565 | 3244 | SIENKIEWICZ Justyna | OLSZTYN | | POL OLSZTYN | 82 | K30/565 | (K)1399 | 01:10:40 | 07.04 |
| 490 | 3291 | LESISZ Barbara | ŁÓDŹ | | POL | 86 | K30/490 | (K)1203 | 01:06:08 | 06.36 |
| 422 | 3292 | ZIELIŃSKA Anna | ZELÓW | | POL BIEGING TEAM ZELÓW | 80 | K30/422 | (K)1011 | 01:02:43 | 06.16 |
| 304 | 3308 | CIESIELSKA Julia | WARSZAWA | | POL BAGIETEK | 87 | K30/304 | (K)748 | 00:59:33 | 05.57 |
| 230 | 3323 | NIEWIADOMSKA Gabriela | CZAPLINEK | | POL | 80 | K30/230 | (K)550 | 00:57:04 | 05.42 |
| 583 | 3327 | BUCKA Iwona | ŁÓDŹ | | POL | 83 | K30/583 | (K)1440 | 01:12:03 | 07.12 |
| 509 | 3335 | ZAWODNIK Anonimowy | | | POL | | K30/509 | (K)1254 | 01:06:49 | 06.40 |
| 153 | 3339 | KUDRA Aleksandra | WIELUŃ | | POL WIELUŃ BIEGA | 81 | K30/153 | (K)357 | 00:54:14 | 05.25 |
| 71 | 3369 | BILSKA-ZAJĄC Ewa | PULAWY | | POL MULTIMEDIA RUNNERS PULAWY | 84 | K30/71 | (K)150 | 00:49:43 | 04.58 |
| 419 | 3373 | PAPROCKA Monika | ZELÓW | | POL BIEGING TEAM ZELÓW | 81 | K30/419 | (K)1003 | 01:02:33 | 06.15 |
| 625 | 3375 | FOHUE Magdalena | ŁÓDŹ | | POL NOVOTEL ŁÓDŹ CENTRUM | 82 | K30/625 | (K)1572 | 01:22:17 | 08.13 |
| 627 | 3381 | PLUTA ZDROJEWSKA Dominika | ŁÓDŹ | | POL NOVOTEL ŁÓDŹ CENTRUM | 83 | K30/627 | (K)1576 | 01:22:59 | 08.17 |
| 33 | 3411 | GIŻYŃSKA Karolina | PŁOCK | | POL TKKF PŁOCK | 81 | K30/33 | (K)62 | 00:46:54 | 04.41 |
| 579 | 3425 | JABŁOŃSKA Agnieszka | ŁÓDŹ | | POL | 87 | K30/579 | (K)1434 | 01:11:56 | 07.11 |
| 581 | 3427 | JABŁOŃSKA Kamila | ŁÓDŹ | | POL | 88 | K30/581 | (K)1436 | 01:11:57 | 07.11 |
| 275 | 3438 | WOŹNIAK Agnieszka | PABIANICE | | POL | 84 | K30/275 | (K)665 | 00:58:35 | 05.51 |
| 418 | 3459 | HAJDAS Monika | SUCHY DWÓR | | POL | 79 | K30/418 | (K)1000 | 01:02:32 | 06.15 |
| 537 | 3473 | SZKLARCZYK-WOJDAK Justyna | ŁÓDŹ | | POL RUN-LOG.COM | 83 | K30/537 | (K)1334 | 01:08:58 | 06.53 |
| 268 | 3484 | LENCZEWSKA-MACIĄG Dorota | ZGIERZ | | POL | 79 | K30/268 | (K)648 | 00:58:26 | 05.50 |
| 461 | 3489 | DĄBROWSKA Agnieszka | ALEKSANDRÓW ŁÓDZKI | | POL NORDEA RUNNERS | 82 | K30/461 | (K)1117 | 01:04:29 | 06.26 |
| 261 | 3493 | JAWORSKA Marlena | GOSTYNIN | | POL | 81 | K30/261 | (K)632 | 00:58:07 | 05.48 |
| 344 | 3506 | MUSZYŃSKA-JANISZEWSKA Kinga | ŁÓDŹ | | POL 1982 | 82 | K30/344 | (K)841 | 01:00:46 | 06.04 |
| 507 | 3509 | FALENDER Kinga | SIERADZ | | POL | 86 | K30/507 | (K)1252 | 01:06:48 | 06.40 |
| 479 | 3516 | SIKORSKA Martyna | ŁÓDŹ GM. NOWOSOLNA | | POL EKIPA Z ARTURÓWKA | 85 | K30/479 | (K)1169 | 01:05:27 | 06.32 |
| 505 | 3520 | CZARNECKA Justyna | ŁÓDŹ | | POL --- | 86 | K30/505 | (K)1249 | 01:06:46 | 06.40 |
| 148 | 3529 | JANOSIK Joanna | ŁÓDŹ | | POL | 84 | K30/148 | (K)350 | 00:54:12 | 05.25 |
| 551 | 3542 | ADAMOWSKA Katarzyna | PIOTRKÓW | | POL GRUPA UBEZPIECZENIOWA SZAJDER | 79 | K30/551 | (K)1366 | 01:09:57 | 06.59 |
| 561 | 3553 | OTTO Emilia | MILANÓWEK | | POL | 80 | K30/561 | (K)1389 | 01:10:26 | 07.02 |
| 149 | 3566 | STAJUDA Marta | ŁÓDŹ | | POL | 85 | K30/149 | (K)351 | 00:54:13 | 05.25 |
| 110 | 3567 | WOJEWODA Marta | ŁÓDŹ | | POL 1985 | 85 | K30/110 | (K)261 | 00:52:28 | 05.14 |
| 145 | 3576 | POTAPOVA Natalia | ŁÓDŹ | | RUS | 86 | K30/145 | (K)345 | 00:54:06 | 05.24 |
| 499 | 3579 | LUBERA Kasia | ŁÓDŹ | | POL LUZAKI NA FANTAZJI | 88 | K30/499 | (K)1229 | 01:06:34 | 06.39 |
| 191 | 3585 | KĄZMIERCZAK Barbara | ZGIERZ | | POL SNG WILD DUCKS | 85 | K30/191 | (K)457 | 00:55:45 | 05.34 |
| 320 | 3592 | MIELCZAREK Magda | ŁÓDŹ | | POL 1986 | 86 | K30/320 | (K)786 | 01:00:01 | 06.00 |
| 234 | 3597 | LANGOWSKA Magdalena | PABIANICE | | POL FABRYKANCY RUGBY CLUB | 79 | K30/234 | (K)564 | 00:57:14 | 05.43 |
| 233 | 3603 | WRÓBEL Iłona | UJAZD | | POL | 82 | K30/233 | (K)561 | 00:57:11 | 05.43 |
| 424 | 3614 | MODLIŃSKA-NOWAK Marta | ŁÓDŹ | | POL VERA RUNNING TEAM | 88 | K30/424 | (K)1019 | 01:02:49 | 06.16 |
| 469 | 3618 | CYNIAK Joanna | ŁÓDŹ | | POL | 84 | K30/469 | (K)1142 | 01:05:00 | 06.30 |
| 332 | 3624 | SITKIEWICZ Paulina | PŁOCK | | POL ROZBIEGANI-ŻYCHLIN | 87 | K30/332 | (K)816 | 01:00:26 | 06.02 |
| 188 | 3644 | SAZON Agnieszka | PRZYWÓZ | | POL WIELUŃ BIEGA | 82 | K30/188 | (K)449 | 00:55:41 | 05.34 |
| 517 | 3650 | OPALSKA Anna | STAROWA GÓRA | | POL | 81 | K30/517 | (K)1276 | 01:07:18 | 06.43 |
| 163 | 3652 | PARUSZEWSKA Katarzyna | GDYNIA | | POL BOJANO BIEGA | 81 | K30/163 | (K)391 | 00:54:45 | 05.28 |
| 365 | 3660 | JAKUBOWSKA Anna | PIASECZNO | | POL GANG ENDORFIN | 80 | K30/365 | (K)893 | 01:01:11 | 06.07 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | (K) Sex | Czas Time | [min/km] |
|--------------|--------|---------------------------------|------------------|----------|-------------------------------|---------|--------------------|---------|-----------|----------|
| 370 | 3663 | MROCZEK Marta | ŁÓDŹ | | POL | 83 | K30/370 | (K)899 | 01:01:17 | 06.07 |
| 589 | 3679 | FILIPIAK Anna | ŁÓDŹ | | POL | 86 | K30/589 | (K)1455 | 01:12:41 | 07.16 |
| 497 | 3684 | BURMEISTER Ines | ŁÓDŹ | | GER CLARIANT | 79 | K30/497 | (K)1223 | 01:06:27 | 06.38 |
| 496 | 3693 | FERRARI Andrea | ŁÓDŹ | | BRA CLARIANT | 83 | K30/496 | (K)1219 | 01:06:24 | 06.38 |
| 471 | 3695 | JIMENEZ PENA Gloria | ŁÓDŹ | | ESP CLARIANT | 81 | K30/471 | (K)1145 | 01:05:02 | 06.30 |
| 391 | 3696 | KĘDZIERSKA Magdalena | ŁÓDŹ | | POL - | 83 | K30/391 | (K)939 | 01:01:49 | 06.10 |
| 613 | 3708 | TRAJANO Sheila | ŁÓDŹ | | BRA CLARIANT | 84 | K30/613 | (K)1533 | 01:16:52 | 07.41 |
| 411 | 3709 | WAWRZYŃIAK Ilona | ŁÓDŹ | | POL CLARIANT | 83 | K30/411 | (K)989 | 01:02:24 | 06.14 |
| 175 | 3716 | LEŚNICZAK Magda | INCZEW | | POL RAJSPOORT ACTIVE | 85 | K30/175 | (K)415 | 00:55:12 | 05.31 |
| 206 | 3722 | CHMIELECKA-RUTKOWSKA Jolanta | ŁÓDŹ | | POL FIT LAMY | 82 | K30/206 | (K)496 | 00:56:14 | 05.37 |
| 357 | 3723 | WOJNA Magdalena | ŁÓDŹ | | POL | 87 | K30/357 | (K)860 | 01:00:52 | 06.05 |
| 478 | 3743 | GŁOWACKA Anna | HELENÓW | | POL | 80 | K30/478 | (K)1163 | 01:05:22 | 06.32 |
| 483 | 3760 | DEMIANIUK-WIŚNIEWSKA Aneta | ŁÓDŹ | | POL WHIRLPOOL RUNNING TEAM | 80 | K30/483 | (K)1180 | 01:05:41 | 06.34 |
| 132 | 3762 | MEBENGA Joanna | ŁÓDŹ | | POL WHIRLPOOL RUNNING TEAM | 85 | K30/132 | (K)319 | 00:53:40 | 05.22 |
| 484 | 3765 | WILINSKA Magdalena | ŁÓDŹ | | POL WHIRLPOOL RUNNING TEAM | 85 | K30/484 | (K)1182 | 01:05:43 | 06.34 |
| 265 | 3777 | STRYCZEK Bogusława | OPOLE | | POL RAJSPOORT ACTIVE | 85 | K30/265 | (K)640 | 00:58:15 | 05.49 |
| 14 | 3783 | NOWAKOWSKA Paulina | ŁÓDŹ | | POL #BLOGERZYBIEGAJA | 87 | K30/14 | (K)27 | 00:42:36 | 04.15 |
| 318 | 3800 | CHRUŚLIŃSKA Monika | ANDRESPOL | | POL | 81 | K30/318 | (K)777 | 00:59:53 | 05.59 |
| 102 | 3825 | FOGIEL Aleksandra | KOSOW | | POL PEKAES TEAM | 79 | K30/102 | (K)229 | 00:51:40 | 05.10 |
| 204 | 3839 | BROWN Edyta | AURORA IL | | USA | 79 | K30/204 | (K)485 | 00:56:05 | 05.36 |
| 591 | 3850 | ALEKSANDROWICZ Monika | ŁÓDŹ | | POL | 80 | K30/591 | (K)1457 | 01:12:43 | 07.16 |
| 572 | 3857 | PLUDRAK Magdalena | ŁÓDŹ | | POL MACIEJ | 87 | K30/572 | (K)1418 | 01:11:21 | 07.08 |
| 229 | 3869 | MAŚLANKA Joanna | BELCHATÓW | | POL | 80 | K30/229 | (K)548 | 00:57:02 | 05.42 |
| 544 | 3876 | PLOSZKA Aldona | ŁÓDŹ | | POL MORENA CZOŁOWA | 87 | K30/544 | (K)1351 | 01:09:22 | 06.56 |
| 249 | 3883 | SZCZEŚNIAK Katarzyna | ŁÓDŹ | | POL | 87 | K30/249 | (K)602 | 00:57:44 | 05.46 |
| 500 | 3888 | BIEL Agnieszka | KATOWICE | | POL | 79 | K30/500 | (K)1230 | 01:06:34 | 06.39 |
| 100 | 3897 | GAŚSIOROWSKA Agnieszka | ŁÓDŹ | | POL | 82 | K30/100 | (K)223 | 00:51:39 | 05.09 |
| 126 | 3902 | KRENC Wioletta | ŁÓDŹ | | POL | 80 | K30/126 | (K)299 | 00:53:19 | 05.19 |
| 237 | 3928 | KLEPACZ Karolina | BEDON | | POL GE POWER | 83 | K30/237 | (K)575 | 00:57:21 | 05.44 |
| 63 | 3938 | NIKODEMIAK Paulina | KUTNOBIEGA | | POL KUTNO BIEGA | 87 | K30/63 | (K)128 | 00:49:09 | 04.54 |
| 24 | 3965 | JEZIERSKA Aleksandra | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 81 | K30/24 | (K)48 | 00:45:21 | 04.32 |
| 12 | 3970 | RETMANIAK Sylwia ewa | SKUBIANKA | | POL DRUŻYNA TVN | 87 | K30/12 | (K)24 | 00:42:30 | 04.15 |
| 446 | 3973 | KUBISZEWSKA Kinga | ŁÓDŹ | | POL 1985 | 85 | K30/446 | (K)1081 | 01:03:52 | 06.23 |
| 224 | 3976 | WOJNO Małgorzata | ŁÓDŹ | | POL HUSARIA RACE TEAM | 84 | K30/224 | (K)537 | 00:56:54 | 05.41 |
| 587 | 3980 | KALISZ Dagmara | ŁÓDŹ | | POL #BLOGERZYBIEGAJA | 79 | K30/587 | (K)1448 | 01:12:27 | 07.14 |
| 217 | 3986 | LUTOMIRSKA Blanka | ŁÓDŹ | | POL | 79 | K30/217 | (K)522 | 00:56:40 | 05.40 |
| 390 | 4004 | THUL Anna-Iena | ŁÓDŹ | | POL - | 85 | K30/390 | (K)938 | 01:01:48 | 06.10 |
| 161 | 4007 | KARLIKOWSKA-ANTOSIAK Małgorzata | ŁĘCZYCA | | POL - | 79 | K30/161 | (K)389 | 00:54:43 | 05.28 |
| 80 | 4023 | KUCHARSKA Aleksandra | WARSZAWA | | POL DREAM RUN | 88 | K30/80 | (K)170 | 00:50:19 | 05.01 |
| 493 | 4024 | MACIOŁ Berta | ŁÓDŹ | | POL | 88 | K30/493 | (K)1214 | 01:06:19 | 06.37 |
| 290 | 4031 | BASTOS Amanda | ŁÓDŹ | | POL FUJITSU RUNNING TEAM | 86 | K30/290 | (K)710 | 00:59:06 | 05.54 |
| 575 | 4044 | BRZOWSKA Karolina | ŁÓDŹ | | POL FUJITSU RUNNING TEAM | 84 | K30/575 | (K)1422 | 01:11:33 | 07.09 |
| 564 | 4049 | OKROJEK Aleksandra | ŁÓDŹ | | POL FUJITSU RUNNING TEAM ŁÓDŹ | 87 | K30/564 | (K)1398 | 01:10:38 | 07.03 |
| 373 | 4055 | DARCZYŃSKA Kinga | SMARDZEWICE | | POL - | 86 | K30/373 | (K)908 | 01:01:21 | 06.08 |
| 421 | 4058 | KOCZOROWSKA Anna | RADIÓWEK | | POL KOCZORY | 81 | K30/421 | (K)1010 | 01:02:41 | 06.16 |
| 359 | 4064 | KOWALSKA - BIENIEK Maria | ŁÓDŹ | | POL | 82 | K30/359 | (K)862 | 01:00:53 | 06.05 |
| 486 | 4076 | SKROBEK Kamila | ŁÓDŹ | | POL | 80 | K30/486 | (K)1194 | 01:05:58 | 06.35 |
| 41 | 4077 | WAWRZONKOWSKA Anna | LUBANIE | | POL - | 82 | K30/41 | (K)77 | 00:47:40 | 04.46 |
| 245 | 4079 | GRZYWACZ-PAWLICKA Agata | ŁÓDŹ | | POL | 82 | K30/245 | (K)593 | 00:57:38 | 05.45 |
| 467 | 4084 | WOŹNIAK Joanna | ŁÓDŹ | | POL DRUŻYNA SZPIKU | 84 | K30/467 | (K)1139 | 01:04:55 | 06.29 |
| 592 | 4085 | BALDWIN Agata | ŁÓDŹ | | POL | 79 | K30/592 | (K)1459 | 01:12:50 | 07.17 |
| 434 | 4086 | BUDARINA Olena | WARSZAWA | | POL - | 84 | K30/434 | (K)1045 | 01:03:21 | 06.20 |
| 79 | 4096 | KUROWSKA Aneta | UJAZD | | POL WHIRLPOOL RUNNING TEAM | 88 | K30/79 | (K)165 | 00:50:09 | 05.00 |
| 374 | 4105 | PAWEŁCZYK-WOŹNIAK Justyna | ŁÓDŹ | | POL WHIRLPOOL RUNNING TEAM | 84 | K30/374 | (K)909 | 01:01:24 | 06.08 |
| 582 | 4129 | ZAWODNIK Anonimowy | | | POL WKURW_TEAM | | K30/582 | (K)1438 | 01:12:01 | 07.12 |
| 162 | 4132 | ZAJĄC Małgorzata | TOMASZÓW | | POL WANDA PANFIL TEAM | 85 | K30/162 | (K)390 | 00:54:44 | 05.28 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | (K) Sex | Czas Time | [min/km] |
|--------------|--------|--------------------------|----------------------|----------|----------------------------|---------|--------------------|---------|-----------|----------|
| 236 | 4134 | PRZYPIŚ Kamila | BELCHATÓW | POL | | 84 | K30/236 | (K)574 | 00:57:20 | 05.44 |
| 280 | 4135 | ADAMIAK Marta | ZŁOTY STOK | POL | ABY DO METY | 83 | K30/280 | (K)690 | 00:58:55 | 05.53 |
| 10 | 4141 | KOWALCZYK Agnieszka | LESZNO | POL | ADIDAS RUNNERS WARSAW | 85 | K30/10 | (K)20 | 00:41:52 | 04.11 |
| 247 | 4148 | KRAWIEC Angelika | STARE KRASNOĘBY | POL | 1986 | 86 | K30/247 | (K)599 | 00:57:42 | 05.46 |
| 317 | 4158 | KORZENIEWSKA Agnieszka | WROCLAW | POL | | 87 | K30/317 | (K)773 | 00:59:49 | 05.58 |
| 207 | 4163 | PIECH Monika | ŁÓDŹ | POL | BIEGAM Z ROSSMANEM :)) | 82 | K30/207 | (K)497 | 00:56:22 | 05.38 |
| 129 | 4169 | HRYNIEWICZ Agnieszka | ŁÓDŹ | POL | | 83 | K30/129 | (K)305 | 00:53:28 | 05.20 |
| 299 | 4178 | SKOCZYŃSKA Aleksandra | ŁÓDŹ | POL | | 83 | K30/299 | (K)731 | 00:59:20 | 05.56 |
| 594 | 4214 | ZAWODNIK Anonimowy | | POL | | | K30/594 | (K)1466 | 01:13:05 | 07.18 |
| 40 | 4222 | CYWIŃSKA Anna | PABIANICE | POL | TOMTOM RUNNERS | 81 | K30/40 | (K)75 | 00:47:36 | 04.45 |
| 556 | 4228 | HOLÓWKA Karolina | ŁÓDŹ | POL | NORDEA RUNNERS | 87 | K30/556 | (K)1374 | 01:10:14 | 07.01 |
| 251 | 4240 | MARSZALEK Anna | | POL | NORDEA RUNNERS | 82 | K30/251 | (K)606 | 00:57:46 | 05.46 |
| 557 | 4242 | SMUS Monika | ŁÓDŹ | POL | | 84 | K30/557 | (K)1378 | 01:10:17 | 07.01 |
| 306 | 4253 | MAJERKOWSKA Monika | ŁÓDŹ | POL | ARCHIMIKA TEAM | 80 | K30/306 | (K)755 | 00:59:35 | 05.57 |
| 38 | 4266 | WALCZAK Paulina | KROTOSZYN | POL | KROTOSZYŃSKA GRUPA BIEGOWA | 85 | K30/38 | (K)70 | 00:47:20 | 04.44 |
| 119 | 4280 | SZTENDEREWICZ Renata | WŁOCŁAWEK | POL | | 82 | K30/119 | (K)287 | 00:52:55 | 05.17 |
| 438 | 4311 | PRZYBYŁOWSKA Magdalena | ŁÓDŹ | POL | KLUB DAWCY DKMS | 80 | K30/438 | (K)1054 | 01:03:27 | 06.20 |
| 527 | 4312 | APOLINARZAK Justyna | ŁÓDŹ | POL | SPRZEDALI MI PIEROGI | 85 | K30/527 | (K)1301 | 01:07:57 | 06.47 |
| 26 | 4323 | BYTNER Monika | WARSZAWA | POL | | 86 | K30/26 | (K)50 | 00:45:40 | 04.34 |
| 202 | 4329 | BOGACKA Aleksandra | ŁASK | POL | RAJSPOORT ACTIVE | 79 | K30/202 | (K)482 | 00:56:03 | 05.36 |
| 387 | 4336 | KOWALSKA Joanna | ŁÓDŹ | POL | | 85 | K30/387 | (K)932 | 01:01:43 | 06.10 |
| 410 | 4349 | WESOŁOWSKA Sylwia | ŁÓDŹ | POL | | 87 | K30/410 | (K)986 | 01:02:22 | 06.14 |
| 416 | 4353 | MARTYNIAK Marta | ŁOWICZ | POL | | 82 | K30/416 | (K)998 | 01:02:30 | 06.15 |
| 16 | 4367 | WOLSKA Katarzyna | ŁÓDŹ | POL | MBANK | 83 | K30/16 | (K)31 | 00:43:21 | 04.20 |
| 28 | 4370 | PIETRUSZEWSKA Ewa | ŁÓDŹ | POL | RYSIOTEAM/NORDEA RUNNERS | 88 | K30/28 | (K)56 | 00:45:55 | 04.35 |
| 465 | 4380 | ZAWODNIK Anonimowy | | POL | | | K30/465 | (K)1133 | 01:04:49 | 06.28 |
| 433 | 4382 | KOBYLARCZYK Magdalena | PABIANICE | POL | - | 85 | K30/433 | (K)1041 | 01:03:20 | 06.20 |
| 362 | 4389 | KAMIŃSKA-DĘBSKA Anna | ŁÓDŹ | POL | B/S/H/ ŁÓDŹ RUNNING TEAM | 88 | K30/362 | (K)876 | 01:01:00 | 06.06 |
| 341 | 4403 | PYLYPENKO Tetiana | ŁÓDŹ | POL | B/S/H/ ŁÓDŹ RUNNING TEAM | 88 | K30/341 | (K)837 | 01:00:43 | 06.04 |
| 562 | 4406 | STĘPIEŃ Monika | TUSZYN | POL | B/S/H/ ŁÓDŹ RUNNING TEAM | 88 | K30/562 | (K)1390 | 01:10:26 | 07.02 |
| 199 | 4412 | RUCIŃSKA Aleksandra | CHOCEŃ | POL | | 87 | K30/199 | (K)471 | 00:55:51 | 05.35 |
| 520 | 4416 | ERENBERG Małgorzata | PIOTRKÓW | POL | FUDU&CO. SPORT TEAM | 84 | K30/520 | (K)1281 | 01:07:30 | 06.45 |
| 146 | 4420 | TATARA Paulina | CZECHOWICE-DZIEDZICE | POL | | 88 | K30/146 | (K)346 | 00:54:08 | 05.24 |
| 531 | 4431 | DEC Małgorzata | OPOLE | POL | RAJSPOORT ACTIVE | 84 | K30/531 | (K)1311 | 01:08:15 | 06.49 |
| 15 | 4434 | FURTEK Iwona | KRAKÓW | POL | LACHO TEAM | 82 | K30/15 | (K)30 | 00:43:18 | 04.19 |
| 399 | 4435 | KACZMAREK Anna | ŁÓDŹ | POL | | 85 | K30/399 | (K)959 | 01:02:03 | 06.12 |
| 84 | 4443 | BŁASZCZYK Iwona | ŁÓDŹ | POL | SUPER TEAM | 82 | K30/84 | (K)181 | 00:50:36 | 05.03 |
| 248 | 4448 | PIETRZYK Joanna | ŁÓDŹ | POL | MORENA CZOŁOWA | 88 | K30/248 | (K)600 | 00:57:43 | 05.46 |
| 470 | 4487 | BARZEL Justyna | ŁÓDŹ | POL | DIGITAL WORKFORCE | 83 | K30/470 | (K)1143 | 01:05:00 | 06.30 |
| 111 | 4488 | GASIK-POWAŁKA Małgorzata | OŻARÓW MAZOWIECKI | POL | KB OŻARÓW MAZOWIECKI BIEGA | 80 | K30/111 | (K)263 | 00:52:29 | 05.14 |
| 176 | 4490 | SZNEJFUS Beata | PRUSZKÓW | POL | ROZBIEGANY PIASTÓW | 80 | K30/176 | (K)417 | 00:55:13 | 05.31 |
| 44 | 4501 | JASIŃSKA Sylwia | WARSZAWA | POL | | 84 | K30/44 | (K)84 | 00:47:56 | 04.47 |
| 277 | 4516 | LATER Marta | ŁÓDŹ | POL | | 86 | K30/277 | (K)677 | 00:58:45 | 05.52 |
| 338 | 4527 | PAWŁOWSKA Agnieszka | ŁÓDŹ | POL | | 82 | K30/338 | (K)831 | 01:00:38 | 06.03 |
| 8 | 4534 | WOŹNA Magdalena | BRÓJCE | POL | MOCNI W DUCHU - ZABIEGANI | 84 | K30/8 | (K)18 | 00:41:41 | 04.10 |
| 316 | 4550 | KALBARCZYK Izabella | WARSZAWA | POL | ADIDAS RUNNERS WARSAW | 80 | K30/316 | (K)771 | 00:59:46 | 05.58 |
| 432 | 4552 | KOLEC Justyna | ŁÓDŹ | POL | | 83 | K30/432 | (K)1040 | 01:03:17 | 06.19 |
| 5 | 4558 | OLEŚ Katarzyna | ŁÓDŹ | POL | RUFFUS TEAM | 86 | K30/5 | (K)13 | 00:39:54 | 03.59 |
| 408 | 4584 | GUNTHER Marta | ŁÓDŹ | POL | - | 84 | K30/408 | (K)983 | 01:02:14 | 06.13 |
| 6 | 4602 | GRZYWACZEWSKA Justyna | LUBLIN | POL | CITY TRAIL TEAM | 88 | K30/6 | (K)15 | 00:40:51 | 04.05 |
| 91 | 4606 | KOŹBA Agnieszka | ŁÓDŹ | POL | EVERRUN | 80 | K30/91 | (K)201 | 00:51:00 | 05.06 |
| 152 | 4607 | KSYT Karolina | SMARDZEWICE | POL | | 87 | K30/152 | (K)356 | 00:54:14 | 05.25 |
| 159 | 4612 | KELLER Izabela | OSTRÓWEK | POL | WIELUŃ BIEGA | 84 | K30/159 | (K)382 | 00:54:38 | 05.27 |
| 88 | 4613 | KURZAJ Aleksandra | ŁASK | POL | WGD RUN | 80 | K30/88 | (K)196 | 00:50:51 | 05.05 |
| 397 | 4628 | DRABIK Anna | ŁÓDŹ | POL | | 80 | K30/397 | (K)956 | 01:02:02 | 06.12 |
| 20 | 4639 | MARCINKIEWICZ Agnieszka | ŁÓDŹ | POL | RODZINKA NA MEDAL | 88 | K30/20 | (K)42 | 00:44:46 | 04.28 |
| 254 | 4646 | ZAWODNIK Anonimowy | | POL | | | K30/254 | (K)618 | 00:57:58 | 05.47 |
| 267 | 4647 | PISZCZYŃSKA Ewa | GŁOWNO | POL | KS GŁOWNO W BIEGU | 79 | K30/267 | (K)644 | 00:58:19 | 05.49 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------|-----------|------------------------------|---------------------|-------------|--|------------|-----------------------|---------|--------------|----------|
| 203 | 4656 | RATOWSKA - DZIOBIAK Eleonora | ŁÓDŹ | | POL EKSOC BIEGA | 80 | K30/203 | (K)483 | 00:56:04 | 05.36 |
| 155 | 4664 | SZYMANEK-SETECKA Monika | OSTRÓW WIELKOPOLSKI | | POL TITANIUM PARTNERS RUNNING TEAM | 79 | K30/155 | (K)369 | 00:54:25 | 05.26 |
| 630 | 4676 | SOWIŃSKA Agnieszka | ŁÓDŹ | | POL ING BANK ŚLĄSKI | 83 | K30/630 | (K)1581 | 01:27:39 | 08.45 |
| 336 | 4677 | SZAMBELAN Mirosława | TOMASZÓW | | POL ING BANK ŚLĄSKI | 81 | K30/336 | (K)826 | 01:00:31 | 06.03 |
| 36 | 4681 | GLONEK-SIKORA Monika | ŻYRARDÓW | | POL LKS KOLUSZKI | 81 | K30/36 | (K)67 | 00:47:06 | 04.42 |
| 278 | 4712 | HUSSAR Anna | BIŁGORAJ | | POL | 87 | K30/278 | (K)685 | 00:58:52 | 05.53 |
| 351 | 4716 | ROJEK Aleksandra | ŁÓDŹ | | POL | 88 | K30/351 | (K)853 | 01:00:50 | 06.05 |
| 227 | 4717 | SOKOŁOWSKA Anna | ŁÓDŹ | | POL | 81 | K30/227 | (K)545 | 00:57:00 | 05.42 |
| 147 | 4722 | STĘPIEŃ-DZIADOSZ Emilia | ŁÓDŹ | | POL ROAD RUNNERS COBOUW POLSKA | 84 | K30/147 | (K)347 | 00:54:09 | 05.24 |
| 437 | 4754 | LEWAŃSKA Magdalena | KUTNO | | POL | 85 | K30/437 | (K)1052 | 01:03:25 | 06.20 |
| 266 | 4762 | ZBUDNIEWEK Adrianna | ŁÓDŹ | | POL | 80 | K30/266 | (K)643 | 00:58:18 | 05.49 |
| 158 | 4789 | NAPIERAŁA Karolina | WARSZAWA | | POL | 82 | K30/158 | (K)379 | 00:54:37 | 05.27 |
| 281 | 4802 | JANKOWSKA Małgorzata | POZNAŃ | | POL TAKE RUN | 82 | K30/281 | (K)691 | 00:58:56 | 05.53 |
| 244 | 4814 | KAMIŃSKA Małgorzata | ŁÓDŹ | | POL VEOLIA | 83 | K30/244 | (K)591 | 00:57:37 | 05.45 |
| 323 | 4819 | MIZERSKA Magdalena | ŁÓDŹ | | POL VEOLIA | 87 | K30/323 | (K)790 | 01:00:02 | 06.00 |
| 459 | 4835 | ZIEMBIĆKA Kornelia | SZCZAWNO ZDÓJ | | POL KARKONOSZ RUNNING TEAM | 84 | K30/459 | (K)1115 | 01:04:27 | 06.26 |
| 192 | 4838 | HAJDUK Dagmara | ŁÓDŹ | | POL MAMY | 82 | K30/192 | (K)458 | 00:55:45 | 05.34 |
| 49 | 4864 | RYDZYŃSKA Kamila | PABIANICE | | POL | 83 | K30/49 | (K)96 | 00:48:14 | 04.49 |
| 584 | 4870 | ŚCIBOR Aleksandra | ŁÓDŹ | | POL --- | 82 | K30/584 | (K)1442 | 01:12:05 | 07.12 |
| 115 | 4885 | PIETRUSIAK Magdalena | ŁÓDŹ | | POL | 83 | K30/115 | (K)278 | 00:52:47 | 05.16 |
| 128 | 4891 | BAWIEC Katarzyna | WAŁBRZYCH | | POL | 82 | K30/128 | (K)302 | 00:53:23 | 05.20 |
| 273 | 4895 | TLOŁKA Iwona | ŻORY | | POL | 79 | K30/273 | (K)657 | 00:58:31 | 05.51 |
| 342 | 4906 | PLEWKA Magdalena | ŁÓDŹ | | POL LEKARZE | 87 | K30/342 | (K)839 | 01:00:43 | 06.04 |
| 622 | 4922 | KUCIŃSKA Mirosława | ŁÓDŹ | | POL INFOSYS RUN | 80 | K30/622 | (K)1553 | 01:19:02 | 07.54 |
| 174 | 4928 | ZAWADOWSKA Marta | ŁÓDŹ | | POL | 85 | K30/174 | (K)414 | 00:55:10 | 05.31 |
| 73 | 4937 | KAŹMIERCZAK - SOWA Adriana | ŁÓDŹ | | POL RUCH KLUCH | 82 | K30/73 | (K)154 | 00:49:48 | 04.58 |
| 363 | 4949 | TUREK Aneta | ŁÓDŹ | | POL RECTICEL TEAM | 81 | K30/363 | (K)879 | 01:01:02 | 06.06 |
| 578 | 4968 | RAWECKA Marta | ŁÓDŹ | | POL RYSIE | 81 | K30/578 | (K)1431 | 01:11:51 | 07.11 |
| 345 | 4970 | LEWIŃSKA Małgorzata | GAŁKÓW DUŻY | | POL - | 82 | K30/345 | (K)842 | 01:00:46 | 06.04 |
| 90 | 4972 | GOŹDZIK-ZARĘBA Aneta | ŁÓDŹ | | POL ŁKS | 80 | K30/90 | (K)200 | 00:51:00 | 05.06 |
| 274 | 4973 | STANIK Karolina | OPOCZNO | | POL | 86 | K30/274 | (K)661 | 00:58:32 | 05.51 |
| 549 | 4989 | MELKOWSKA Joanna | PŁOCK | | POL - | 84 | K30/549 | (K)1364 | 01:09:54 | 06.59 |
| 389 | 4993 | ORZELSKA Dominika | ŁÓDŹ | | POL | 81 | K30/389 | (K)936 | 01:01:46 | 06.10 |
| 50 | 5002 | ROZNER Żaneta | SWOLSZEWICE MAŁE | | POL - | 83 | K30/50 | (K)100 | 00:48:22 | 04.50 |
| 257 | 5010 | BARANOWSKA Alla | RIGA | | LAT FITAQUA | 84 | K30/257 | (K)627 | 00:58:02 | 05.48 |
| 143 | 5018 | ZUGAJ Aleksandra | ŁÓDŹ | | POL | 88 | K30/143 | (K)343 | 00:54:05 | 05.24 |
| 66 | 5031 | IZA Remba | BELCHATÓW | | POL | 82 | K30/66 | (K)138 | 00:49:25 | 04.56 |
| 137 | 5033 | JANISZEWSKA Sylwia | ŁÓDŹ | | POL --- | 82 | K30/137 | (K)329 | 00:53:52 | 05.23 |
| 255 | 5038 | SADOWSKA Dorota | ŁÓDŹ | | POL GFT POLAND | 84 | K30/255 | (K)622 | 00:57:59 | 05.47 |
| 415 | 5039 | GLIJER Katarzyna | SUCHEDNIÓW | | POL | 86 | K30/415 | (K)997 | 01:02:30 | 06.15 |
| 53 | 5041 | SZKUDLAREK Katarzyna | PIOTRKÓW | | POL | 82 | K30/53 | (K)107 | 00:48:34 | 04.51 |
| 356 | 5043 | SIERACHAN Wioleta | PABIANICE | | POL | 87 | K30/356 | (K)859 | 01:00:52 | 06.05 |
| 393 | 5050 | NIEMIRO Aleksandra | ŁÓDŹ | | POL | 82 | K30/393 | (K)944 | 01:01:53 | 06.11 |
| 442 | 5053 | MARCINIAK Agnieszka | KROSNIOWICE | | POL - | 84 | K30/442 | (K)1069 | 01:03:41 | 06.22 |
| 164 | 5061 | ANDRZEJEWSKA Anna | KONSTANTYNÓW ŁÓDZKI | | POL | 84 | K30/164 | (K)392 | 00:54:50 | 05.29 |
| 352 | 5081 | SZCZEPAŃSKA Aneta | GLIWICE | | POL | 80 | K30/352 | (K)854 | 01:00:50 | 06.05 |
| 293 | 5091 | NARUSZEWICZ Anna | ŁÓDŹ | | POL | 85 | K30/293 | (K)722 | 00:59:11 | 05.55 |
| 139 | 5102 | FELICIAK Ewelina | PŁOCK | | POL | 86 | K30/139 | (K)333 | 00:53:56 | 05.23 |
| 571 | 5105 | SOKÓŁ Marta | ŁÓDŹ | | POL | 83 | K30/571 | (K)1417 | 01:11:19 | 07.07 |
| 286 | 5129 | KOWALCZYK Magdalena | RABIEŃ | | POL | 83 | K30/286 | (K)701 | 00:59:00 | 05.54 |
| 297 | 5132 | OLEKSIEWICZ-HOFFER Karolina | BELCHATÓW | | POL BIEGAJ Z JUWENĄ | 79 | K30/297 | (K)728 | 00:59:16 | 05.55 |
| 89 | 5133 | PROKOPCZYK Izabela | ŁÓDŹ | | POL | 87 | K30/89 | (K)199 | 00:50:57 | 05.05 |
| 513 | 5134 | WOJCIECHOWSKA Beata | WROCLAW | | POL | 80 | K30/513 | (K)1263 | 01:07:02 | 06.42 |
| 113 | 5136 | NOWAK-KABZINSKA Joanna | PIOTRKÓW TRYB. | | POL PIOTRKOWSKI KLUB BIEGACZA `ENDORFINA | 82 | K30/113 | (K)276 | 00:52:47 | 05.16 |
| 420 | 5140 | ZIELIŃSKA Karolina | ŁÓDŹ | | POL | 82 | K30/420 | (K)1005 | 01:02:39 | 06.15 |
| 13 | 5142 | BANACHOWSKA Alicja | BRZEG | | POL WALVET | 81 | K30/13 | (K)26 | 00:42:35 | 04.15 |
| 31 | 5159 | DĄBROWSKA Ewelina | ŁÓDŹ | | POL AKADEMIABIEGACZA.PL S.L. SALOS-WODNA | 87 | K30/31 | (K)59 | 00:46:29 | 04.38 |

ŁÓDŹ

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | (K) Sex | Czas Time | [min/km] |
|--------------|--------|------------------------|---------------------|----------|-----------------------------|---------|--------------------|---------|-----------|----------|
| 441 | 5163 | OLSZEWSKA Emilia | ŁÓDŹ | | POL INFOSYS RUN | 82 | K30/441 | (K)1062 | 01:03:36 | 06.21 |
| 187 | 5169 | KRAKOWSKA Monika | ŁÓDŹ | | POL INFOSYS RUN | 88 | K30/187 | (K)447 | 00:55:40 | 05.34 |
| 417 | 5190 | WANKIEWICZ Agnieszka | ŁÓDŹ | | POL | 86 | K30/417 | (K)999 | 01:02:31 | 06.15 |
| 58 | 5191 | CHOJECKA Weronika | BŁASZKI | | POL SIERADZBIEGA.PL | 84 | K30/58 | (K)115 | 00:48:47 | 04.52 |
| 414 | 5192 | DOBROWOLSKA Justyna | ŁÓDŹ | | POL | 87 | K30/414 | (K)996 | 01:02:29 | 06.14 |
| 602 | 5194 | GAJDOWICZ Małgorzata | ŁÓDŹ | | POL | 82 | K30/602 | (K)1498 | 01:14:18 | 07.25 |
| 246 | 5197 | ŚNIEG Mariola | ŁÓDŹ | | POL | 86 | K30/246 | (K)598 | 00:57:42 | 05.46 |
| 413 | 5198 | TOMCZYK Jolanta | ŁÓDŹ | | POL RYSIE | 87 | K30/413 | (K)995 | 01:02:27 | 06.14 |
| 384 | 5199 | JAKÓBCZAK Sylwia | BŁASZKI/ŁÓDŹ | | POL | 88 | K30/384 | (K)928 | 01:01:42 | 06.10 |
| 232 | 5222 | FELCZAK Anna | ŁÓDŹ | | POL P. O. MA.R.A.Ń.C.Z.K.I. | 80 | K30/232 | (K)559 | 00:57:08 | 05.42 |
| 522 | 5223 | LUTZ Agnieszka | ŁÓDŹ | | POL | 82 | K30/522 | (K)1286 | 01:07:35 | 06.45 |
| 103 | 5226 | DĄBROWSKA Klaudia | SKIERNIEWICE | | POL | 88 | K30/103 | (K)236 | 00:51:49 | 05.10 |
| 123 | 5234 | FABISIAK Agnieszka | GOSTYNIN | | POL | 84 | K30/123 | (K)293 | 00:53:06 | 05.18 |
| 337 | 5241 | MODRZYŃSKA Katarzyna | KROTOSZYN | | POL | 83 | K30/337 | (K)829 | 01:00:34 | 06.03 |
| 98 | 5250 | SŁOWIKOWSKA Martyna | BRZEZINY | | POL - | 87 | K30/98 | (K)216 | 00:51:23 | 05.08 |
| 216 | 5255 | DZIDO-MIELCAREK Ilona | RADZIEJÓW | | POL KS ZRYW RADZIEJÓW | 80 | K30/216 | (K)520 | 00:56:40 | 05.40 |
| 372 | 5262 | STANKIEWICZ Julia | ŁÓDŹ | | POL RUNNING CARROTS | 82 | K30/372 | (K)905 | 01:01:19 | 06.07 |
| 440 | 5264 | KLIMCZAK Aleksandra | PABIANICE | | POL TATE & LYLE ACTIVE TEAM | 87 | K30/440 | (K)1061 | 01:03:36 | 06.21 |
| 302 | 5269 | ZJAWIONA Beata | ŁÓDŹ | | POL | 88 | K30/302 | (K)744 | 00:59:30 | 05.57 |
| 482 | 5284 | ZIELIŃSKA Dorota | ŁÓDŹ | | POL ATLAS RUNNING TEAM | 85 | K30/482 | (K)1178 | 01:05:41 | 06.34 |
| 235 | 5330 | DĘBOWSKA Karolina | KONSTANTYNÓW ŁÓDZKI | | POL | 86 | K30/235 | (K)573 | 00:57:20 | 05.44 |
| 456 | 5342 | OROZCO GARCIA Thalía | ŁÓDŹ | | MEX INFOSYS RUN TEAM | 81 | K30/456 | (K)1105 | 01:04:18 | 06.25 |
| 157 | 5343 | WITEK Marta | ŁÓDŹ | | POL WHIRLPOOL RUNNING TEAM | 88 | K30/157 | (K)378 | 00:54:36 | 05.27 |
| 398 | 5355 | KINDA Dorota | SOPOT | | POL FC MILESZKI | 83 | K30/398 | (K)958 | 01:02:03 | 06.12 |
| 308 | 5395 | WŁODARCZYK Dorota | OPOCZNO | | POL EVERRUN | 82 | K30/308 | (K)761 | 00:59:39 | 05.57 |
| 184 | 5396 | MADEJ Anna | WARSZAWA | | POL | 81 | K30/184 | (K)441 | 00:55:36 | 05.33 |
| 481 | 5424 | WANKOWICZ Ewelina | GUBIN | | POL ROSSBIEGANI | 84 | K30/481 | (K)1175 | 01:05:35 | 06.33 |
| 392 | 5425 | PYĆ Bogusława | ŁÓDŹ | | POL MPK- ŁÓDŹ | 88 | K30/392 | (K)942 | 01:01:53 | 06.11 |
| 105 | 5426 | RADWAŃSKA Justyna | ŁÓDŹ | | POL ATLAS RUNNING TEAM | 83 | K30/105 | (K)238 | 00:51:51 | 05.11 |
| 458 | 5458 | ŚLIWA-WROCŁAWSKA Hanna | SIEWIERZ | | POL BRAK | 80 | K30/458 | (K)1112 | 01:04:23 | 06.26 |
| 489 | 5466 | MACHTAŁOWICZ Beata | ŁÓDŹ | | POL | 84 | K30/489 | (K)1202 | 01:06:07 | 06.36 |
| 540 | 5500 | BARNAŚ Ilona | WARSZAWA | | POL PRETTYFITTEAM | 82 | K30/540 | (K)1342 | 01:09:08 | 06.54 |

Bieg 10 km - K40 [387]

| | | | | | | | | | | |
|-----|-----|-----------------------|------------|--|----------------------------|----|---------|---------|----------|-------|
| 108 | 26 | OKÓLSKA Sylwia | TOMASZÓW | | POL TIME4RUNNING | 78 | K40/108 | (K)397 | 00:54:54 | 05.29 |
| 280 | 50 | RAKOWSKA-TRELA Anna | ŁÓDŹ | | POL | 78 | K40/280 | (K)1096 | 01:04:11 | 06.25 |
| 358 | 69 | PRĘTKIEWICZ Agnieszka | ŁÓDŹ | | POL | 70 | K40/358 | (K)1449 | 01:12:30 | 07.15 |
| 161 | 91 | PTAK Dorota | ŁÓDŹ | | POL | 71 | K40/161 | (K)617 | 00:57:56 | 05.47 |
| 77 | 115 | RUDNICKA Agnieszka | KROTOSZYN | | POL | 74 | K40/77 | (K)274 | 00:52:43 | 05.16 |
| 41 | 123 | WILK Magdalena | WARSZAWA | | POL | 76 | K40/41 | (K)167 | 00:50:12 | 05.01 |
| 183 | 130 | STUSIO Magdalena | ŁÓDŹ | | POL ATLAS RUNNING TEAM | 70 | K40/183 | (K)703 | 00:59:01 | 05.54 |
| 209 | 169 | STERCZEWSKA Agnieszka | ŁÓDŹ | | POL | 77 | K40/209 | (K)805 | 01:00:19 | 06.01 |
| 90 | 196 | TOKARSKA Mariola | JASTRZĘBIE | | POL ACTIVRUN NAMYSŁÓW | 76 | K40/90 | (K)330 | 00:53:53 | 05.23 |
| 14 | 199 | WRÓBLEWSKA Izabela | SANIE | | POL MBANK | 76 | K40/14 | (K)85 | 00:47:59 | 04.47 |
| 115 | 206 | MARCINKOWSKA Jadwiga | ROZGARTY | | POL | 70 | K40/115 | (K)423 | 00:55:18 | 05.31 |
| 333 | 219 | ZARYCHTA Agata | ŁÓDŹ | | POL | 69 | K40/333 | (K)1329 | 01:08:39 | 06.51 |
| 218 | 238 | MAJAK Małgorzata | ŁÓDŹ | | POL | 74 | K40/218 | (K)835 | 01:00:42 | 06.04 |
| 285 | 242 | MIKULSKA Agnieszka | ŁÓDŹ | | POL JACY TACY JANOWIACY | 75 | K40/285 | (K)1125 | 01:04:41 | 06.28 |
| 254 | 264 | KACZMAREK Malgosia | ŁÓDŹ | | POL | 76 | K40/254 | (K)994 | 01:02:27 | 06.14 |
| 204 | 292 | OGÓREK Joanna zuzanna | BELCHATÓW | | POL KB SPARTAKUS BELCHATÓW | 75 | K40/204 | (K)788 | 01:00:02 | 06.00 |
| 25 | 302 | NORKOWSKA Aleksandra | WARSZAWA | | POL ORANGE POLSKA | 78 | K40/25 | (K)108 | 00:48:36 | 04.51 |
| 340 | 306 | KACZMAREK Stella | ŁÓDŹ | | POL | 76 | K40/340 | (K)1354 | 01:09:25 | 06.56 |
| 287 | 315 | GOLNIK Agata | ŁÓDŹ | | POL JACY TACY JANOWIACY | 77 | K40/287 | (K)1127 | 01:04:42 | 06.28 |
| 98 | 326 | FLORCZAK Sylwia | ŁÓDŹ | | POL KB HERON | 74 | K40/98 | (K)360 | 00:54:18 | 05.25 |
| 250 | 328 | SYBILSKA Edyta | ŁÓDŹ | | POL | 75 | K40/250 | (K)971 | 01:02:08 | 06.12 |
| 66 | 366 | MIKSA Judyta | ŁÓDŹ | | POL | 75 | K40/66 | (K)243 | 00:52:02 | 05.12 |
| 313 | 382 | KICIŃSKA Anita | ŁÓDŹ | | POL | 78 | K40/313 | (K)1244 | 01:06:43 | 06.40 |
| 105 | 385 | MARCINIAK Agata | ŁÓDŹ | | POL RAZEM TRENUJEMY SPORT | 76 | K40/105 | (K)385 | 00:54:40 | 05.28 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | (K) Sex | Czas Time | [min/km] |
|--------------|--------|-------------------------------|---------------------|----------|-------------------------|---------|--------------------|---------|-----------|----------|
| 289 | 394 | KACZOROWSKA Ewa | WŁOCŁAWEK | POL | | 76 | K40/289 | (K)1146 | 01:05:03 | 06.30 |
| 270 | 432 | GUZIŃSKA Krysia | PIOTRKÓW | POL | | 72 | K40/270 | (K)1058 | 01:03:33 | 06.21 |
| 84 | 436 | JUCHA Lidia | ŁÓDŹ | POL | | 72 | K40/84 | (K)310 | 00:53:34 | 05.21 |
| 158 | 445 | WACŁAWSKA Izabela | ŁÓDŹ | POL | ŁÓDZKIE MORSY | 72 | K40/158 | (K)603 | 00:57:44 | 05.46 |
| 144 | 448 | STACHURSKA Monika | DRUŻBICE | POL | KOBYŁKI | 70 | K40/144 | (K)555 | 00:57:07 | 05.42 |
| 239 | 462 | PIETRASZEWSKA Aleksandra | ŁÓDŹ | POL | | 75 | K40/239 | (K)935 | 01:01:44 | 06.10 |
| 379 | 467 | FELDMAN Agnieszka | ŁÓDŹ | POL | RAJSPOORT ACTIVE | 76 | K40/379 | (K)1571 | 01:22:16 | 08.13 |
| 20 | 471 | KADZIDŁOWSKA Aleksandra | ŁÓDŹ | POL | PARKRUN ŁÓDŹ | 76 | K40/20 | (K)99 | 00:48:21 | 04.50 |
| 277 | 476 | ZAWODNIK Anonimowy | | POL | | | K40/277 | (K)1075 | 01:03:46 | 06.22 |
| 322 | 507 | TOMCZYK Dorota | ŁÓDŹ | POL | | 69 | K40/322 | (K)1285 | 01:07:33 | 06.45 |
| 201 | 545 | MODRZEJEWSKA Lidia | GRABÓW NAD PROSNĄ | POL | MOJA RODZINA | 72 | K40/201 | (K)775 | 00:59:51 | 05.59 |
| 138 | 559 | KUBIAK Agnieszka | KOLUSZKI | POL | PIETRZYK RUNNING TEAM | 76 | K40/138 | (K)519 | 00:56:40 | 05.40 |
| 34 | 577 | ANDRZEJEWSKA Anna | WARSZAWA | POL | CALYPSO WARSZAWA | 78 | K40/34 | (K)139 | 00:49:26 | 04.56 |
| 150 | 596 | PETRYKOWSKA Agnieszka | ŁĘCZYCA | POL | CAUCHY TEAM | 71 | K40/150 | (K)578 | 00:57:24 | 05.44 |
| 88 | 602 | DYBOWSKA Małgorzata | ŁÓDŹ | POL | | 74 | K40/88 | (K)325 | 00:53:50 | 05.23 |
| 69 | 604 | ZIMIŃSKA Joanna | ŁÓDŹ | POL | BIEGACZKI.PL | 71 | K40/69 | (K)252 | 00:52:13 | 05.13 |
| 12 | 605 | SZWEBS Wioletta | ŁÓDŹ | POL | | 76 | K40/12 | (K)79 | 00:47:46 | 04.46 |
| 19 | 631 | TYLMAN Małgorzata | ŁÓDŹ | POL | RETKINIA RUN | 76 | K40/19 | (K)98 | 00:48:17 | 04.49 |
| 132 | 637 | MUCHA Agnieszka | ŁÓDŹ | POL | MUCHA | 78 | K40/132 | (K)500 | 00:56:22 | 05.38 |
| 279 | 648 | WITWICKA Katarzyna | BOLESŁAWIEC | POL | | 78 | K40/279 | (K)1089 | 01:04:02 | 06.24 |
| 304 | 663 | KACPRZAK Agnieszka | ŁÓDŹ | POL | - | 73 | K40/304 | (K)1201 | 01:06:05 | 06.36 |
| 219 | 674 | PERKA Barbara | PRÓSZKÓW | POL | | 72 | K40/219 | (K)838 | 01:00:43 | 06.04 |
| 260 | 676 | BUDZYŃSKA Monika | ZGIERZ | POL | JEŻOZWIERZE | 78 | K40/260 | (K)1015 | 01:02:46 | 06.16 |
| 141 | 677 | GORTAT Agnieszka | ŁÓDŹ | POL | BAZINGA | 76 | K40/141 | (K)538 | 00:56:55 | 05.41 |
| 106 | 700 | MAŁKIEWICZ Beata | ŁÓDŹ | POL | SNG WILD DUCKS | 73 | K40/106 | (K)388 | 00:54:43 | 05.28 |
| 130 | 701 | SITEK KRAKOWIAK Anna | ŁÓDŹ | POL | | 75 | K40/130 | (K)478 | 00:55:56 | 05.35 |
| 212 | 743 | KWIECIEN - LIPIŃSKA Kamila | ŁÓDŹ | POL | TIGERS TEAM | 75 | K40/212 | (K)810 | 01:00:22 | 06.02 |
| 119 | 744 | GONCIARZ Marta | ŁÓDŹ | POL | RETKINIA RUN | 77 | K40/119 | (K)431 | 00:55:23 | 05.32 |
| 107 | 763 | MROZIŃSKA Renata | ALEKSANDRÓW ŁÓDZKI | POL | AMATOR | 78 | K40/107 | (K)394 | 00:54:52 | 05.29 |
| 30 | 776 | BAK Aneta | ŁÓDŹ | POL | | 73 | K40/30 | (K)126 | 00:49:08 | 04.54 |
| 350 | 778 | UBYCH Aneta | ŁÓDŹ | POL | | 76 | K40/350 | (K)1401 | 01:10:43 | 07.04 |
| 316 | 799 | NOWAKOWSKA Katarzyna | ŁÓDŹ | POL | | 75 | K40/316 | (K)1260 | 01:06:59 | 06.41 |
| 199 | 804 | STOLARCZYK Iwona | ŁÓDŹ | POL | | 76 | K40/199 | (K)756 | 00:59:35 | 05.57 |
| 112 | 819 | POLA Magdalena | ŁÓDŹ | POL | ŁÓDŹ KOCHA SPORT | 78 | K40/112 | (K)416 | 00:55:13 | 05.31 |
| 267 | 824 | MORAWIEC Ewa | ŁÓDŹ | POL | | 76 | K40/267 | (K)1053 | 01:03:26 | 06.20 |
| 82 | 827 | TREPKA Joanna | ŁÓDŹ | POL | -RYSIOTEAM | 77 | K40/82 | (K)290 | 00:52:57 | 05.17 |
| 221 | 832 | DEDEW Katarzyna | ŁÓDŹ | POL | | 71 | K40/221 | (K)852 | 01:00:50 | 06.05 |
| 231 | 846 | GAGAS Aleksandra | ŁÓDŹ | POL | KS CELIRONMAN/KITA TEAM | 78 | K40/231 | (K)889 | 01:01:09 | 06.06 |
| 339 | 849 | DĘBICKA Dorota | ŁÓDŹ | POL | | 71 | K40/339 | (K)1350 | 01:09:21 | 06.56 |
| 367 | 857 | RENKEL Izabela | KONSTANTYNÓW ŁÓDZKI | POL | | 77 | K40/367 | (K)1500 | 01:14:33 | 07.27 |
| 298 | 860 | BUGAŁA Anna | ŁÓDŹ | POL | - | 78 | K40/298 | (K)1183 | 01:05:45 | 06.34 |
| 268 | 867 | SIERPOWSKA-BARTOSIK Agnieszka | ŁÓDŹ | POL | VEGE RUNNERS | 76 | K40/268 | (K)1055 | 01:03:27 | 06.20 |
| 32 | 871 | PATURA Ania | ŁÓDŹ | POL | ŁÓDŹ RUNNING TEAM | 69 | K40/32 | (K)133 | 00:49:20 | 04.56 |
| 116 | 888 | MISZTELA Magdalena | | POL | CITY TEAM | 78 | K40/116 | (K)424 | 00:55:18 | 05.31 |
| 311 | 900 | WOŹNIAK Teresa | ŁÓDŹ | POL | | 69 | K40/311 | (K)1235 | 01:06:37 | 06.39 |
| 64 | 915 | CYTROWSKA Małgorzata | ANDRESPOL | POL | | 69 | K40/64 | (K)240 | 00:51:53 | 05.11 |
| 74 | 917 | KOWALIK Dorota | RĘDZINY | POL | STREFA FITNESS | 78 | K40/74 | (K)265 | 00:52:34 | 05.15 |
| 305 | 922 | ŻUCHOWSKA Ewelina | ŁÓDŹ | POL | | 75 | K40/305 | (K)1204 | 01:06:08 | 06.36 |
| 10 | 930 | SURMA Dorota | WIELUŃ | POL | WIELUŃ BIEGA | 73 | K40/10 | (K)76 | 00:47:39 | 04.45 |
| 240 | 934 | RZEPNIKOWSKA Edyta | ŁÓDŹ | POL | | 78 | K40/240 | (K)940 | 01:01:49 | 06.10 |
| 114 | 939 | KOPKA Elżbieta | KOLONIA BRUŻYCA | POL | -AGB TORFY | 73 | K40/114 | (K)422 | 00:55:16 | 05.31 |
| 185 | 953 | BEDNARCZYK - ICIEK Aneta | RADOMSKO | POL | AKTYWNI KAMIENSK | 74 | K40/185 | (K)715 | 00:59:08 | 05.54 |
| 249 | 954 | SZYMCZAK Joanna | ŁÓDŹ | POL | | 76 | K40/249 | (K)970 | 01:02:08 | 06.12 |
| 39 | 962 | KWIATKOWSKA Monika | TOMASZÓW | POL | DRUŻYNA WANDY PANFIL | 78 | K40/39 | (K)159 | 00:49:54 | 04.59 |
| 71 | 972 | MUSIELAK Wioleta | MILICZ | POL | RUNNING CLUB MILICZ | 74 | K40/71 | (K)255 | 00:52:21 | 05.14 |
| 262 | 999 | SZYMCZAK Agnieszka | ZGIERZ | POL | JEŻOZWIERZE | 77 | K40/262 | (K)1026 | 01:03:07 | 06.18 |
| 44 | 1015 | IMIOLCZYK Izabela | BYTOM | POL | ROSSBIEGANI | 77 | K40/44 | (K)179 | 00:50:34 | 05.03 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | (K) Sex | Czas Time | [min/km] |
|--------------|--------|----------------------------------|--------------------|----------|--------------------------------|---------|--------------------|---------|-----------|----------|
| 58 | 1027 | CHORAŻEWSKA Andżelika | GOLENIÓW | | POL ROSSBIEGANI | 76 | K40/58 | (K)221 | 00:51:31 | 05.09 |
| 234 | 1029 | BURCZYŃSKA Beata | WARSZAWA | | POL ROSSBIEGANI | 75 | K40/234 | (K)906 | 01:01:19 | 06.07 |
| 252 | 1032 | PAPUZIŃSKA Ewa | ŁÓDŹ | | POL ROSSBIEGANI | 78 | K40/252 | (K)975 | 01:02:09 | 06.12 |
| 282 | 1046 | ROSIAK Agnieszka | | | POL ROSSBIEGANI | 78 | K40/282 | (K)1103 | 01:04:17 | 06.25 |
| 346 | 1051 | KIERZEK Ewa | ŁÓDŹ | | POL SBRT MOC ENERGIA ENDORFINA | 77 | K40/346 | (K)1377 | 01:10:16 | 07.01 |
| 177 | 1054 | KOŁODZIEJCZYK Małgorzata | ŁÓDŹ | | POL ROSSBIEGANI | 77 | K40/177 | (K)674 | 00:58:43 | 05.52 |
| 330 | 1061 | ZAGÓRSKA KWIECIEN Aleksandra | BYTOM | | POL ROSSBIEGANI | 76 | K40/330 | (K)1324 | 01:08:33 | 06.51 |
| 349 | 1064 | BERNACIAK Monika | RUDA BUGAJ | | POL ROSSBIEGANI | 78 | K40/349 | (K)1394 | 01:10:33 | 07.03 |
| 288 | 1066 | TOMCZYK Małgorzata | ŁÓDŹ | | POL ROSSBIEGANI | 77 | K40/288 | (K)1135 | 01:04:49 | 06.28 |
| 123 | 1073 | ŁĄCZKOWICZ Monika | PIOTRKÓW | | POL ROSSBIEGANI | 76 | K40/123 | (K)446 | 00:55:39 | 05.33 |
| 377 | 1083 | ZAWODNIK Anonimowy | | | POL ROSSBIEGANI | | K40/377 | (K)1569 | 01:21:21 | 08.08 |
| 335 | 1094 | JAWORSKA Agnieszka | TORUŃ | | POL ROSSBIEGANI | 77 | K40/335 | (K)1338 | 01:09:02 | 06.54 |
| 321 | 1107 | SZATKA Katarzyna | BYTOM | | POL ROSSBIEGANI | 77 | K40/321 | (K)1277 | 01:07:18 | 06.43 |
| 315 | 1112 | WALCZAK-DĘBOWSKA Iwona | ŁÓDŹ | | POL ROSSBIEGANI | 78 | K40/315 | (K)1250 | 01:06:47 | 06.40 |
| 312 | 1117 | SZUMIŃSKA Małgorzata | ALEKSANDRÓW Ł. | | POL ROSSBIEGANI | 75 | K40/312 | (K)1242 | 01:06:41 | 06.40 |
| 157 | 1159 | TOBIJAŃSKA-NOWAKOWSKA Danuta | POZNAŃ | | POL ROSSBIEGANI | 75 | K40/157 | (K)601 | 00:57:43 | 05.46 |
| 47 | 1188 | DUDEK Barbara | LUBLIN | | POL ROSSBIEGANI | 70 | K40/47 | (K)191 | 00:50:47 | 05.04 |
| 7 | 1195 | KRAMARZ Aneta | KOSZALIN | | POL ROSSBIEGANI | 78 | K40/7 | (K)61 | 00:46:39 | 04.39 |
| 364 | 1245 | IDCZAK Marta | ŁÓDŹ | | POL ROSSBIEGANI | 71 | K40/364 | (K)1482 | 01:13:33 | 07.21 |
| 178 | 1258 | TOMCZYK Krystyna | ŁÓDŹ | | POL ROSSBIEGANI | 74 | K40/178 | (K)678 | 00:58:46 | 05.52 |
| 336 | 1265 | RADZIKOWSKA Renata | ŁÓDŹ | | POL ROSSBIEGANI | 76 | K40/336 | (K)1341 | 01:09:06 | 06.54 |
| 23 | 1317 | STAWARSKA Elżbieta | TORUŃ | | POL ROSSBIEGANI | 77 | K40/23 | (K)103 | 00:48:29 | 04.50 |
| 331 | 1327 | ŻYCHLIŃSKA Dominika | ŁÓDŹ | | POL ROSSBIEGANI | 75 | K40/331 | (K)1326 | 01:08:35 | 06.51 |
| 94 | 1363 | ADAMCZYK Edyta | STRZALKOWO | | POL | 78 | K40/94 | (K)348 | 00:54:11 | 05.25 |
| 257 | 1369 | ZAWODNIK Dorota | KONIN | | POL BIEGANIEPOGODZINACH | 72 | K40/257 | (K)1006 | 01:02:40 | 06.16 |
| 332 | 1408 | BŁOTNA Paulina | KALISZ | | POL | 75 | K40/332 | (K)1327 | 01:08:35 | 06.51 |
| 376 | 1435 | WEŻYK Iza | ŁÓDŹ | | POL GLOBITEL | 77 | K40/376 | (K)1558 | 01:19:42 | 07.58 |
| 342 | 1439 | KACZMAREK Iwona | RZGÓW | | POL | 72 | K40/342 | (K)1362 | 01:09:51 | 06.59 |
| 151 | 1468 | DĘBOWSKA Agnieszka | TOMASZÓW | | POL TOMASZÓW RUN TEAM | 71 | K40/151 | (K)580 | 00:57:25 | 05.44 |
| 63 | 1509 | KOTUSIEWICZ Ewa | PIOTRKÓW | | POL FUDU&CO. SPORT TEAM | 76 | K40/63 | (K)234 | 00:51:47 | 05.10 |
| 187 | 1516 | NOWAK Izabela | ALEKSANDRÓW ŁÓDZKI | | POL | 75 | K40/187 | (K)717 | 00:59:09 | 05.54 |
| 354 | 1526 | KASPERSKA Marlena | ŁÓDŹ | | POL | 76 | K40/354 | (K)1433 | 01:11:56 | 07.11 |
| 155 | 1536 | LEMIESEWSKA Izabela | ŁÓDŹ | | POL | 78 | K40/155 | (K)592 | 00:57:38 | 05.45 |
| 301 | 1540 | ZASADA Katarzyna | STRYKÓW | | POL | 75 | K40/301 | (K)1193 | 01:05:58 | 06.35 |
| 273 | 1563 | KORWIN-PIOTROWSKA Ewa | OLSZTYN | | POL URWIS BIEGA | 73 | K40/273 | (K)1070 | 01:03:43 | 06.22 |
| 164 | 1572 | KOZŁOWSKA-ŚRÓDKA Joanna | ŁÓDŹ | | POL | 78 | K40/164 | (K)626 | 00:58:02 | 05.48 |
| 72 | 1598 | RAJCA Agnieszka | ŁÓDŹ | | POL --- | 72 | K40/72 | (K)259 | 00:52:26 | 05.14 |
| 263 | 1599 | BEDNAROWICZ Dominika | ŁÓDŹ | | POL GLOBITEL | 70 | K40/263 | (K)1031 | 01:03:12 | 06.19 |
| 92 | 1607 | ROGUT Katarzyna | RĄBIEN AB | | POL -AGB TORFY | 71 | K40/92 | (K)338 | 00:54:02 | 05.24 |
| 26 | 1609 | MIŁOSZ Magdalena | SIERADZ | | POL SIERADZBIEGA.PL | 77 | K40/26 | (K)111 | 00:48:42 | 04.52 |
| 372 | 1615 | BORZUCHOWSKA Monika | ŁÓDŹ | | POL SLOW JOGGING ŁÓDŹ | 74 | K40/372 | (K)1521 | 01:16:09 | 07.36 |
| 195 | 1622 | CZECH Dorota | PABIANICE | | POL O CO BIEGA | 74 | K40/195 | (K)749 | 00:59:33 | 05.57 |
| 70 | 1631 | KALINOWSKA Anna | ŁÓDŹ | | POL SUPER TEAM | 78 | K40/70 | (K)253 | 00:52:16 | 05.13 |
| 198 | 1636 | KOBUS Aneta | CHODECZ | | POL CHODECZ | 74 | K40/198 | (K)753 | 00:59:34 | 05.57 |
| 283 | 1639 | KONDASZEWSKA Halina | ŁÓDŹ | | POL | 71 | K40/283 | (K)1104 | 01:04:18 | 06.25 |
| 46 | 1642 | KOSIELSKA Beata | ŁÓDŹ | | POL | 78 | K40/46 | (K)188 | 00:50:43 | 05.04 |
| 127 | 1649 | LISKE Dorota | ŁÓDŹ | | POL | 73 | K40/127 | (K)460 | 00:55:46 | 05.34 |
| 258 | 1650 | MASIEREK Edyta | ŁÓDŹ | | POL | 77 | K40/258 | (K)1008 | 01:02:40 | 06.16 |
| 294 | 1669 | STUDZIANNA-KAPUŚCIŃSKA Agnieszka | ŁÓDŹ | | POL - | 76 | K40/294 | (K)1168 | 01:05:25 | 06.32 |
| 135 | 1670 | SZCZEPAŃSKA Iwona | INOWŁÓDZ | | POL - | 75 | K40/135 | (K)513 | 00:56:37 | 05.39 |
| 4 | 1679 | WŁODARCZYK Magdalena | OKALEW | | POL WIELUŃ BIEGA | 77 | K40/4 | (K)39 | 00:44:12 | 04.25 |
| 337 | 1699 | LEWANDOWSKA Agnieszka | ŁÓDŹ | | POL | 77 | K40/337 | (K)1345 | 01:09:13 | 06.55 |
| 96 | 1720 | DUDEK-BARANOWSKA Barbara | ŁÓDŹ | | POL ADRIAN! BŁAGAM WOLNIEJ | 74 | K40/96 | (K)353 | 00:54:13 | 05.25 |
| 216 | 1739 | BIAŁECKA Sylwia | ŁÓDŹ | | POL BIEGAM POLESIE | 73 | K40/216 | (K)830 | 01:00:36 | 06.03 |
| 232 | 1766 | WIERUCKA Małgorzata | BŁASZKI | | POL | 71 | K40/232 | (K)890 | 01:01:09 | 06.06 |
| 61 | 1770 | MACIEJEWSKA Joanna | ŁÓDŹ | | POL M-TEAM | 71 | K40/61 | (K)231 | 00:51:41 | 05.10 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Czas Time | [min/km] |
|--------------|--------|--------------------------------|------------------|----------|---|---------|--------------------|-----------|----------|
| 324 | 1799 | ROSIAK Katarzyna | ŁÓDŹ | | POL RYSIOTEAM | 74 | K40/324 (K)1294 | 01:07:46 | 06.46 |
| 134 | 1803 | WELKIER Monika | WARSZAWA | | POL | 74 | K40/134 (K)510 | 00:56:34 | 05.39 |
| 194 | 1821 | RYTEL Izabela | PIOTRKÓW | | POL | 75 | K40/194 (K)739 | 00:59:26 | 05.56 |
| 233 | 1832 | KORYCKA-KORZENIOWSKA Magdalena | ŁÓDŹ | | POL - | 72 | K40/233 (K)900 | 01:01:17 | 06.07 |
| 248 | 1841 | CHOJNACKA Joanna | KOLUSZKI | | POL | 78 | K40/248 (K)967 | 01:02:07 | 06.12 |
| 149 | 1856 | TORZEWSKA Agnieszka | WARSZAWA | | POL | 74 | K40/149 (K)567 | 00:57:16 | 05.43 |
| 182 | 1864 | KOWALSKA Anna | KAMIENSK | | POL AKTYWNI KAMIENSK | 76 | K40/182 (K)697 | 00:58:58 | 05.53 |
| 202 | 1866 | BALCERZAK Krystyna | ŁÓDŹ | | POL | 78 | K40/202 (K)783 | 00:59:58 | 05.59 |
| 85 | 1874 | JURCZYK Ewa | KLETNIA | | POL AKTYWNI KAMIENSK | 78 | K40/85 (K)314 | 00:53:36 | 05.21 |
| 124 | 1896 | FRIEZE Tatiana | ŁÓDŹ | | POL | 78 | K40/124 (K)448 | 00:55:41 | 05.34 |
| 251 | 1906 | RUTKOWSKA Monika | OBORNIKI ŚLĄSKIE | | POL | 76 | K40/251 (K)974 | 01:02:08 | 06.12 |
| 51 | 1907 | ŚCIBIOREK Małgorzata | ŁÓDŹ | | POL | 71 | K40/51 (K)197 | 00:50:55 | 05.05 |
| 126 | 1913 | STALIŃSKA Monika | ŁÓDŹ | | POL | 73 | K40/126 (K)453 | 00:55:44 | 05.34 |
| 320 | 1924 | KŁACZKOWSKA Agnieszka | STARGARD | | POL SHEN LONG RUN | 71 | K40/320 (K)1275 | 01:07:16 | 06.43 |
| 256 | 1934 | PASIŃSKA Anna | PABIANICE | | POL VERA RUNNING TEAM | 75 | K40/256 (K)1002 | 01:02:32 | 06.15 |
| 360 | 1938 | GAWIŃSKA Anna | KAMIENSK | | POL AKTYWNI KAMIENSK | 75 | K40/360 (K)1451 | 01:12:31 | 07.15 |
| 136 | 1943 | GROMEK Katarzyna | ŁÓDŹ | | POL TEAM GROMKOWIE | 71 | K40/136 (K)514 | 00:56:38 | 05.39 |
| 286 | 1945 | RATUSZYŃSKA Katarzyna | OLSZTYN | | POL URWIS BIEGA | 75 | K40/286 (K)1126 | 01:04:42 | 06.28 |
| 110 | 1955 | CZAJKOWSKA Sylwia | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 76 | K40/110 (K)399 | 00:54:57 | 05.29 |
| 6 | 1958 | HERBICH-SAR Violetta | PIOTRKÓW | | POL FUDU&CO. SPORT TEAM | 78 | K40/6 (K)51 | 00:45:44 | 04.34 |
| 76 | 1971 | KRÓLIKIEWICZ Dagmara | PIOTRKÓW | | POL | 76 | K40/76 (K)270 | 00:52:39 | 05.15 |
| 300 | 1973 | MATYJASIK Edyta | ŁÓDŹ | | POL | 72 | K40/300 (K)1190 | 01:05:55 | 06.35 |
| 338 | 1978 | GRABOWSKA Katarzyna | ŁÓDŹ | | POL | 77 | K40/338 (K)1346 | 01:09:16 | 06.55 |
| 54 | 2005 | SZCZECHOWICZ Marzena | BRZEZINY | | POL WYBIERZ | 72 | K40/54 (K)209 | 00:51:11 | 05.07 |
| 369 | 2017 | KOPER Beata | ŁÓDŹ | | POL RKS ŁÓDŹ | 70 | K40/369 (K)1507 | 01:15:04 | 07.30 |
| 246 | 2029 | NALEWAJCZYK Małgorzata | ŁÓDŹ | | POL | 75 | K40/246 (K)952 | 01:02:01 | 06.12 |
| 35 | 2048 | PIETRUSZCZAK Agnieszka | TOMASZÓW | | POL | 70 | K40/35 (K)143 | 00:49:30 | 04.57 |
| 259 | 2051 | ZATORSKA Joanna | ŁÓDŹ | | POL WYBIERZ | 73 | K40/259 (K)1012 | 01:02:43 | 06.16 |
| 236 | 2054 | SZTENGERT Edyta | PABIANICE | | POL O CO BIEGA | 75 | K40/236 (K)919 | 01:01:30 | 06.09 |
| 55 | 2058 | ROSA Agnieszka | SKIERNIEWICE | | POL PARKRUN SKIERNIEWICE | 73 | K40/55 (K)211 | 00:51:13 | 05.07 |
| 381 | 2068 | FIT Agnieszka | KIELCE | | POL ING BANK ŚLĄSKI | 72 | K40/381 (K)1582 | 01:27:44 | 08.46 |
| 109 | 2074 | KARWACKA Monika | KOLUSZKI | | POL | 77 | K40/109 (K)398 | 00:54:55 | 05.29 |
| 21 | 2079 | RAPACKA Renata | GALKOW MALY | | POL PIETRZYK RUNNING TEAM | 77 | K40/21 (K)101 | 00:48:24 | 04.50 |
| 325 | 2125 | WYSOCKA Anna | SKIERNIEWICE | | POL PARKRUN SKIERNIEWICE | 69 | K40/325 (K)1299 | 01:07:56 | 06.47 |
| 128 | 2127 | GAJEWSKA Magdalena | ŁÓDŹ | | POL | 71 | K40/128 (K)474 | 00:55:53 | 05.35 |
| 189 | 2136 | MUSIAL Marta | CZĘSTOCHOWA | | POL ZABIEGANI CZĘSTOCHOWA | 69 | K40/189 (K)732 | 00:59:20 | 05.56 |
| 272 | 2138 | SALADAJCZYK Ewelina | PABIANICE | | POL | 76 | K40/272 (K)1063 | 01:03:36 | 06.21 |
| 353 | 2170 | RUZICKA Alicja | ŁÓDŹ | | POL | 78 | K40/353 (K)1432 | 01:11:54 | 07.11 |
| 352 | 2174 | WIŚNIEWSKA Magdalena | ŁÓDŹ | | POL | 71 | K40/352 (K)1416 | 01:11:18 | 07.07 |
| 235 | 2178 | JAKUBOWICZ Małgorzata | ŁÓDŹ | | POL | 73 | K40/235 (K)916 | 01:01:29 | 06.08 |
| 374 | 2183 | BIENIAS Monika | WARSZAWA | | POL BIEGAM DLA SIEBIE | 71 | K40/374 (K)1537 | 01:17:19 | 07.43 |
| 299 | 2185 | SZTRANEK Iwona | PABIANICE | | POL UKS AZYMUT PABIANICE | 74 | K40/299 (K)1187 | 01:05:50 | 06.35 |
| 224 | 2187 | ŻARSKA Izabela | PIOTRKÓW TRYB. | | POL FUDU&CO. SPORT TEAM | 75 | K40/224 (K)869 | 01:00:57 | 06.05 |
| 36 | 2189 | FILIPEK Donata | PIOTRKÓW | | POL PIOTRKOWSKI KLUB BIEGACZA ENDORFINA70 | 70 | K40/36 (K)151 | 00:49:43 | 04.58 |
| 83 | 2191 | KOTLICKA Beata | PIOTRKÓW | | POL FUDU&CO. SPORT TEAM | 78 | K40/83 (K)301 | 00:53:21 | 05.20 |
| 40 | 2202 | PATROWICZ Ewa | ŁÓDŹ | | POL MOCNI W DUCHU - ZABIEGANI | 75 | K40/40 (K)166 | 00:50:11 | 05.01 |
| 226 | 2221 | WOJCIECHOWSKA Grażyna | PABIANICE | | POL MBANK | 71 | K40/226 (K)873 | 01:00:59 | 06.05 |
| 290 | 2230 | WAWRZENIAK Aleksandra | ŁÓDŹ | | POL RAZEM TRENUJEMY SPORT | 74 | K40/290 (K)1148 | 01:05:04 | 06.30 |
| 271 | 2241 | JĘDRZEJAK Sylwia | ŁÓDŹ | | POL | 76 | K40/271 (K)1059 | 01:03:33 | 06.21 |
| 266 | 2244 | KLUSEK Jolanta | WARSZAWA | | POL ADIDAS RUNNERS WARSAW | 70 | K40/266 (K)1051 | 01:03:24 | 06.20 |
| 284 | 2252 | ZAWADZKA Beata | ZGIERZ | | POL RECTICEL TEAM | 71 | K40/284 (K)1121 | 01:04:37 | 06.27 |
| 5 | 2266 | TRYLAŃSKA Ewelina | PABIANICE | | POL | 77 | K40/5 (K)46 | 00:45:17 | 04.31 |
| 65 | 2277 | BALCERAK- KOLASA Joanna | ŁÓDŹ | | POL EPOKA NORDICA | 74 | K40/65 (K)241 | 00:51:57 | 05.11 |
| 206 | 2292 | PUTZ Monika | WŁOCLAWEK | | POL | 77 | K40/206 (K)801 | 01:00:11 | 06.01 |
| 205 | 2296 | KWINTA Sylwia | WARSZAWA | | POL | 77 | K40/205 (K)796 | 01:00:05 | 06.00 |
| 328 | 2307 | SZCZEPOCKA Joanna | ŁÓDŹ | | POL | 75 | K40/328 (K)1317 | 01:08:22 | 06.50 |
| 378 | 2317 | PROMIŃSKA-GOSS Eliza | NOWE CHRUSTY | | POL RAJSPOORT ACTIVE | 78 | K40/378 (K)1570 | 01:21:58 | 08.11 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | (K) Sex | Czas Time | [min/km] |
|--------------|--------|--------------------------------|--------------------|----------|------------------------------------|---------|--------------------|---------|-----------|----------|
| 11 | 2320 | GŁOWACKA Renata | PIOTRKÓW | | POL TRI AKTYWNY PIOTRKÓW | 71 | K40/11 | (K)78 | 00:47:44 | 04.46 |
| 9 | 2376 | MILCZAREK Danuta | OLSZTYN | | POL PSZCZÓŁKOWSKI TEAM | 73 | K40/9 | (K)71 | 00:47:21 | 04.44 |
| 303 | 2416 | LESIEWICZ Monika | ŁÓDŹ | | POL | 77 | K40/303 | (K)1199 | 01:06:02 | 06.36 |
| 373 | 2426 | SOKOŁOWSKA- JESKE Agnieszka | TOMASZÓW MAZ. | | POL BBL TOMASZÓW MAZ. | 78 | K40/373 | (K)1527 | 01:16:28 | 07.38 |
| 43 | 2432 | FALISZEWSKA Monika | ŁÓDŹ | | POL --- | 76 | K40/43 | (K)176 | 00:50:32 | 05.03 |
| 361 | 2437 | KLEPACZ Elżbieta | ŁÓDŹ | | POL | 70 | K40/361 | (K)1474 | 01:13:26 | 07.20 |
| 16 | 2440 | KŁYSZEJKO Sylwia | ŁÓDŹ | | POL | 77 | K40/16 | (K)90 | 00:48:06 | 04.48 |
| 163 | 2462 | ZENDEROWSKA Dorota | K-KI | | POL | 73 | K40/163 | (K)624 | 00:58:00 | 05.48 |
| 17 | 2467 | DZIAKOŃSKA Małgorzata | ŁÓDŹ | | POL RYSIOTEAM | 71 | K40/17 | (K)92 | 00:48:09 | 04.48 |
| 174 | 2501 | ROCZEK Joanna | ŁÓDŹ | | POL CITY RUNNING TEAM | 75 | K40/174 | (K)653 | 00:58:30 | 05.51 |
| 265 | 2505 | HAJNY - BEDNAREK Joanna | CZĘSTOCHOWA | | POL | 75 | K40/265 | (K)1048 | 01:03:22 | 06.20 |
| 99 | 2532 | MARSZALKOWSKA Magdalena | PIOTROWICE | | POL KMP KONIN | 78 | K40/99 | (K)367 | 00:54:24 | 05.26 |
| 247 | 2546 | MACIEJEWSKA Ewa | ŁÓDŹ | | POL M-TEAM | 71 | K40/247 | (K)965 | 01:02:06 | 06.12 |
| 78 | 2553 | KOWALIK Alicja | NAMYSŁÓW | | POL ACTIVRUN NAMYSŁÓW | 78 | K40/78 | (K)275 | 00:52:45 | 05.16 |
| 228 | 2562 | ZIELIŃSKA CZERBNIAK Izabela | SKÓRZEWO | | POL TARNOWO PODGÓRNE BIEGA | 77 | K40/228 | (K)881 | 01:01:06 | 06.06 |
| 153 | 2570 | MICHALSKA Beata | ŁÓDŹ | | POL | 72 | K40/153 | (K)584 | 00:57:31 | 05.45 |
| 93 | 2579 | DYBAŁA-DEFRATYKA Agnieszka | ŁÓDŹ | | POL | 73 | K40/93 | (K)341 | 00:54:04 | 05.24 |
| 50 | 2583 | CYRULEWSKA Małgorzata | GLINNIK | | POL MPK- ŁÓDŹ | 71 | K40/50 | (K)194 | 00:50:49 | 05.04 |
| 220 | 2587 | KĘPKA Renata | GAŁKÓW DUŻY | | POL MPK ŁÓDŹ | 72 | K40/220 | (K)847 | 01:00:48 | 06.04 |
| 188 | 2601 | ZALEGA Luiza | RĄBIEŃ | | POL -AGB TORFY | 72 | K40/188 | (K)727 | 00:59:15 | 05.55 |
| 319 | 2606 | ZAWODNIK Anonimowy | | | POL RAJSPOORT ACTIVE | | K40/319 | (K)1272 | 01:07:13 | 06.43 |
| 100 | 2607 | ZYNER Sylwia | ŁÓDŹ | | POL | 76 | K40/100 | (K)368 | 00:54:25 | 05.26 |
| 42 | 2685 | ROŹNIATA Iwona monika | GŁOWNO | | POL KS GŁOWNO W BIEGU | 73 | K40/42 | (K)168 | 00:50:17 | 05.01 |
| 122 | 2686 | KANIEWSKA Monika | SKIERNIEWICE | | POL PARKRUN SKIERNIEWICE | 76 | K40/122 | (K)444 | 00:55:37 | 05.33 |
| 56 | 2705 | SZMIDT-PAWŁOWSKA Anna | PABIANICE | | POL | 77 | K40/56 | (K)212 | 00:51:14 | 05.07 |
| 196 | 2706 | ANTCZAK Dorota | TUSZYN | | POL B/S/H/ ŁÓDŹ RUNNING TEAM | 73 | K40/196 | (K)751 | 00:59:33 | 05.57 |
| 359 | 2710 | SOBCZAK Anna | NOWA IWICZNA | | POL HARD RUNNERS IWICZNA TEAM | 72 | K40/359 | (K)1450 | 01:12:31 | 07.15 |
| 190 | 2736 | CZOŁNOWSKA-MUSIOŁ Magdalena | RADOMSKO | | POL | 75 | K40/190 | (K)733 | 00:59:21 | 05.56 |
| 208 | 2738 | LEWICKA Monika | WÓDKA | | POL | 76 | K40/208 | (K)803 | 01:00:16 | 06.01 |
| 15 | 2744 | MICHALCZEWSKA Marzena | ŁÓDŹ | | POL | 74 | K40/15 | (K)89 | 00:48:05 | 04.48 |
| 117 | 2759 | KUMOR Weronika | ŁÓDŹ | | POL | 78 | K40/117 | (K)426 | 00:55:19 | 05.31 |
| 91 | 2764 | PRUK Marzena | ŁÓDŹ | | POL 1976 | 76 | K40/91 | (K)334 | 00:53:57 | 05.23 |
| 125 | 2780 | BOROŃ Izabela | NOWA IWICZNA | | POL | 75 | K40/125 | (K)450 | 00:55:42 | 05.34 |
| 238 | 2783 | KULIKOWSKA Agnieszka | ŁÓDŹ | | POL | 74 | K40/238 | (K)934 | 01:01:43 | 06.10 |
| 167 | 2787 | GROCHOLINSKA Magdalena | ŁÓDŹ | | POL | 75 | K40/167 | (K)636 | 00:58:10 | 05.49 |
| 217 | 2795 | PIETRUSZ Małgorzata | ALEKSANDRÓW ŁÓDZKI | | POL BLU-FITNESS ALEKSANDRÓW ŁÓDZKI | 72 | K40/217 | (K)832 | 01:00:41 | 06.04 |
| 318 | 2810 | STOPCZYK Marta | ŁÓDŹ | | POL | 77 | K40/318 | (K)1270 | 01:07:09 | 06.42 |
| 223 | 2811 | KORC Anna | ALEKSANDRÓW ŁÓDZKI | | POL BLU FITNESS | 76 | K40/223 | (K)868 | 01:00:57 | 06.05 |
| 22 | 2817 | SUSKA Katarzyna | ŁÓDŹ | | POL | 77 | K40/22 | (K)102 | 00:48:28 | 04.50 |
| 334 | 2819 | TRZECIAK Agnieszka | ŁÓDŹ | | POL BIEGAM I ZWIEDZAM ŁÓDŹ | 72 | K40/334 | (K)1332 | 01:08:49 | 06.52 |
| 197 | 2849 | SIKORSKA Katarzyna | ALEKSANDRÓW ŁÓDZKI | | POL | 77 | K40/197 | (K)752 | 00:59:34 | 05.57 |
| 75 | 2865 | RUTKOWSKA Jolanta | SŁUPSK | | POL | 71 | K40/75 | (K)267 | 00:52:37 | 05.15 |
| 242 | 2869 | MARCINIAK Monika | SKOTNIKI | | POL | 76 | K40/242 | (K)943 | 01:01:53 | 06.11 |
| 368 | 2888 | WARDOWSKA Magdalena | ŁÓDŹ | | POL | 71 | K40/368 | (K)1506 | 01:15:03 | 07.30 |
| 173 | 2899 | BYKOWSKA Małgorzata | ŁÓDŹ | | POL T-MOBILE RUNNING TEAM | 77 | K40/173 | (K)652 | 00:58:29 | 05.50 |
| 68 | 2909 | PAWŁOWSKA-GULDZIŃSKA Magdalena | ŁÓDŹ | | POL AQ WIRING SYSTEMS TEAM | 76 | K40/68 | (K)249 | 00:52:09 | 05.12 |
| 245 | 2914 | BĘBNOWSKA Marzena | ŁÓDŹ | | POL | 72 | K40/245 | (K)951 | 01:01:59 | 06.11 |
| 166 | 2935 | SOKOŁOWSKA Barbara | NAMYSŁÓW | | POL DIEHL CONTROLS RUNNING TEAM | 73 | K40/166 | (K)635 | 00:58:09 | 05.48 |
| 370 | 2936 | SOŚNIAK Agnieszka | NAMYSŁÓW | | POL DELL RUNNING TEAM | 77 | K40/370 | (K)1513 | 01:15:31 | 07.33 |
| 275 | 2965 | KUCINA Monika | ALEKSANDRÓW ŁÓDZKI | | POL | 74 | K40/275 | (K)1072 | 01:03:44 | 06.22 |
| 179 | 2977 | KRUK Aleksandra | ŁÓDŹ | | POL | 74 | K40/179 | (K)679 | 00:58:47 | 05.52 |
| 222 | 2983 | KLAK Izabela | PLESZEW | | POL | 78 | K40/222 | (K)857 | 01:00:50 | 06.05 |
| 27 | 3015 | DRZAZGA-KOCH Agnieszka | ŁÓDŹ | | POL AFLOFARM RUNNING TEAM | 75 | K40/27 | (K)112 | 00:48:44 | 04.52 |
| 33 | 3017 | MISIAK Agnieszka | PABIANICE | | POL O CO BIEGA | 76 | K40/33 | (K)135 | 00:49:23 | 04.56 |
| 230 | 3019 | BIK Ania | WÓDKA | | POL ATLAS RUNNING TEAM | 78 | K40/230 | (K)885 | 01:01:07 | 06.06 |
| 38 | 3063 | MATUSIAK Anna | SIERADZ | | POL RAJSPOORT ACTIVE | 76 | K40/38 | (K)157 | 00:49:49 | 04.58 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | (K) Sex | Czas Time | [min/km] |
|--------------|--------|-----------------------------|--------------------|----------|------------------------------------|---------|--------------------|---------|-----------|----------|
| 2 | 3068 | TRAWCZYŃSKA Ewelina | ŁÓDŹ | | POL BEAUTY SPORT | 77 | K40/2 | (K)32 | 00:43:25 | 04.20 |
| 317 | 3071 | KUREK Marta | OLESNICA | | POL - | 69 | K40/317 | (K)1262 | 01:07:00 | 06.42 |
| 214 | 3086 | SADOWSKA-PYRKOSZ Dorota | ŁÓDŹ | | POL FLINTENSIVE RUNNING | 71 | K40/214 | (K)825 | 01:00:31 | 06.03 |
| 103 | 3100 | LENARCZYK Agnieszka | ŁÓDŹ | | POL | 71 | K40/103 | (K)377 | 00:54:34 | 05.27 |
| 192 | 3136 | SKUBISZ Małgorzata | BIAŁA | | POL | 75 | K40/192 | (K)736 | 00:59:24 | 05.56 |
| 186 | 3146 | JAGAS Agnieszka | GRABINA | | POL CELIROMEN | 74 | K40/186 | (K)716 | 00:59:09 | 05.54 |
| 362 | 3183 | NIEDZIAŁEK BUJAK Izabela | ŁÓDŹ | | POL | 76 | K40/362 | (K)1475 | 01:13:27 | 07.20 |
| 302 | 3193 | DUDZISZ Monika | GOSPODARZ | | POL | 74 | K40/302 | (K)1195 | 01:05:59 | 06.35 |
| 81 | 3221 | ROSLONIEC Agnieszka | WARSZAWA | | POL | 77 | K40/81 | (K)286 | 00:52:54 | 05.17 |
| 154 | 3238 | NASARZEWSKA Joanna | STRYKÓW | | POL | 75 | K40/154 | (K)589 | 00:57:37 | 05.45 |
| 143 | 3254 | BARTCZAK Renata | ŁÓDŹ | | POL 1997 | 75 | K40/143 | (K)541 | 00:56:57 | 05.41 |
| 80 | 3311 | WALENTYNOWICZ Aneta | PRUSZCZ GDAŃSKI | | POL PRUSZCZ BIEGA | 77 | K40/80 | (K)284 | 00:52:53 | 05.17 |
| 306 | 3324 | STARZYŃSKA Katarzyna | ANDRESPOL | | POL | 74 | K40/306 | (K)1211 | 01:06:17 | 06.37 |
| 89 | 3350 | RYDER Edyta | PABIANICE | | POL O CO BIEGA | 72 | K40/89 | (K)328 | 00:53:51 | 05.23 |
| 13 | 3359 | MOSKAL Izabella | POZNAŃ | | POL TKKF MPK POZNAŃ | 73 | K40/13 | (K)81 | 00:47:50 | 04.47 |
| 227 | 3365 | PLEWIŃSKA Renata | POZNAŃ | | POL | 69 | K40/227 | (K)875 | 01:01:00 | 06.06 |
| 323 | 3391 | OLCZYK Anna | PRZEDBÓRZ | | POL | 70 | K40/323 | (K)1289 | 01:07:39 | 06.45 |
| 24 | 3392 | PLICH Agnieszka | TOMASZÓW | | POL WANDA PANFIL TEAM | 75 | K40/24 | (K)104 | 00:48:30 | 04.51 |
| 67 | 3420 | KOSTRZEWSKA Ewa | GRÓJEC | | POL LOGWIN TEAM | 78 | K40/67 | (K)247 | 00:52:06 | 05.12 |
| 18 | 3449 | KOZIRÓG Dagmara | PABIANICE | | POL - | 72 | K40/18 | (K)97 | 00:48:16 | 04.49 |
| 365 | 3468 | SZYMCZAK Magdalena | ŁÓDŹ | | POL STRIPONS/MZK | 76 | K40/365 | (K)1492 | 01:13:51 | 07.23 |
| 131 | 3476 | WIECHA Małgorzata | ŁÓDŹ | | POL | 70 | K40/131 | (K)488 | 00:56:08 | 05.36 |
| 200 | 3502 | RADZKA Beata | GOSTYNIN | | POL | 77 | K40/200 | (K)772 | 00:59:47 | 05.58 |
| 52 | 3537 | SADOWSKA Dagmara | BOROWA | | POL ATLAS RUNNING TEAM | 75 | K40/52 | (K)198 | 00:50:56 | 05.05 |
| 53 | 3564 | MARKIEWICZ Ania | WROCLAW | | POL --- | 75 | K40/53 | (K)202 | 00:51:00 | 05.06 |
| 184 | 3568 | SITAREK Iwona | GRÓJEC | | POL PKO BANK POLSKI | 69 | K40/184 | (K)706 | 00:59:03 | 05.54 |
| 60 | 3570 | KEBLOWSKA-WOSZCZEK Dominika | ŁÓDŹ | | POL GAIA | 77 | K40/60 | (K)224 | 00:51:39 | 05.09 |
| 102 | 3577 | SIWEK Anna | WARSZAWA | | POL --- | 77 | K40/102 | (K)376 | 00:54:33 | 05.27 |
| 210 | 3584 | ZAWODNIK Anonimowy | | | POL WANDA PANFIL TEAM | | K40/210 | (K)807 | 01:00:20 | 06.02 |
| 229 | 3609 | BIAŁECKA Marlena | ŁÓDŹ | | POL | 77 | K40/229 | (K)883 | 01:01:07 | 06.06 |
| 45 | 3623 | SAMOSIEJ Anna | ŁÓDŹ | | POL | 75 | K40/45 | (K)180 | 00:50:36 | 05.03 |
| 175 | 3658 | LUBICKA-MICHALAK Agnieszka | TOMASZÓW MAZ. | | POL | 78 | K40/175 | (K)660 | 00:58:32 | 05.51 |
| 244 | 3669 | BRACICHOWICZ Anna | ŁÓDŹ | | POL SBRT MOC ENERGIA ENDORFINA | 77 | K40/244 | (K)949 | 01:01:58 | 06.11 |
| 59 | 3670 | GUTRAL Magdalena | WŁOCŁAWEK | | POL | 78 | K40/59 | (K)222 | 00:51:32 | 05.09 |
| 1 | 3711 | BALICKA Anna | PORAJ | | POL LEŚNY KONIK | 73 | K40/1 | (K)28 | 00:43:11 | 04.19 |
| 348 | 3713 | KARABIN Violetta | ŁÓDŹ | | POL | 73 | K40/348 | (K)1391 | 01:10:28 | 07.02 |
| 172 | 3738 | GAWROŃSKA Beata | ŁÓDŹ | | POL | 77 | K40/172 | (K)649 | 00:58:26 | 05.50 |
| 341 | 3753 | DOROCIAK Violetta | WILKÓW | | POL DOROCIAK TEAM | 74 | K40/341 | (K)1355 | 01:09:27 | 06.56 |
| 181 | 3754 | POPIELARCZYK Monika | ŁÓDŹ | | POL PRZYCZAJONY TYGRYS UKRYTY SMOK | 78 | K40/181 | (K)692 | 00:58:56 | 05.53 |
| 49 | 3758 | KNOPPEK Monika | WROCLAW | | POL WOŚIEK TEAM | 78 | K40/49 | (K)193 | 00:50:48 | 05.04 |
| 243 | 3780 | ZIELIŃSKA Agnieszka | ŁÓDŹ | | POL | 70 | K40/243 | (K)945 | 01:01:53 | 06.11 |
| 8 | 3811 | GRABOWSKA Karolina | WARSZAWA | | POL GAZELLA TEAM | 72 | K40/8 | (K)66 | 00:47:01 | 04.42 |
| 327 | 3813 | LESIAK Beata | ZGIERZ | | POL | 70 | K40/327 | (K)1310 | 01:08:13 | 06.49 |
| 344 | 3848 | DYCHTO Jolanta | ŁÓDŹ | | POL JOLA Z MĘŻEM TEAM | 76 | K40/344 | (K)1373 | 01:10:12 | 07.01 |
| 291 | 3854 | FRÖBEL Krystyna | ZDUNSKA WOLA | | POL | 73 | K40/291 | (K)1158 | 01:05:19 | 06.31 |
| 31 | 3859 | SUT Iwona | GŁOWNO | | POL KS GŁOWNO W BIEGU | 75 | K40/31 | (K)132 | 00:49:18 | 04.55 |
| 57 | 3879 | PIENIAŻEK Katarzyna | TOMASZÓW | | POL | 76 | K40/57 | (K)217 | 00:51:24 | 05.08 |
| 366 | 3884 | BURNA Iweta | PLOCK | | POL ORLEN RUNNING TEAM | 73 | K40/366 | (K)1494 | 01:14:03 | 07.24 |
| 113 | 3887 | SPALIŃSKA Kamila | WARSZAWA | | POL | 78 | K40/113 | (K)421 | 00:55:16 | 05.31 |
| 28 | 3913 | BOROWCZYK Julita | TOMASZÓW MAZ. | | POL ANTEK TEAM | 74 | K40/28 | (K)117 | 00:48:52 | 04.53 |
| 253 | 3914 | DZIEGIELEWSKA Ewa | ŁÓDŹ | | POL - | 72 | K40/253 | (K)987 | 01:02:22 | 06.14 |
| 261 | 3936 | NAPIERAJ Monika | ŁÓDŹ | | POL ACCENTURE | 76 | K40/261 | (K)1020 | 01:02:52 | 06.17 |
| 133 | 3946 | WALIS Grażyna | OZORKÓW | | POL - | 69 | K40/133 | (K)507 | 00:56:30 | 05.39 |
| 48 | 3997 | BLIŹNIEWSKA Katarzyna | GŁOWNO | | POL KS GŁOWNO W BIEGU | 76 | K40/48 | (K)192 | 00:50:48 | 05.04 |
| 129 | 4019 | RATAJCZYK Agnieszka | KALISZ | | POL | 70 | K40/129 | (K)476 | 00:55:55 | 05.35 |
| 169 | 4053 | OWCZAREK Joanna | WARSZAWA | | POL PAIR TEAM | 74 | K40/169 | (K)642 | 00:58:18 | 05.49 |
| 269 | 4067 | BLASZCZYK Agnieszka | ALEKSANDRÓW ŁÓDZKI | | POL | 75 | K40/269 | (K)1056 | 01:03:29 | 06.20 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | (K) Sex | Czas Time | [min/km] |
|--------------|--------|------------------------------|------------------|----------|--|---------|--------------------|---------|-----------|----------|
| 152 | 4070 | MAJCHRZAK Ania | WARSZAWA | | POL | 77 | K40/152 | (K)583 | 00:57:29 | 05.44 |
| 293 | 4161 | SŁAWSKA-BONIECKA Izabela | ŁÓDŹ | | POL | 78 | K40/293 | (K)1166 | 01:05:23 | 06.32 |
| 111 | 4167 | POLINCUSZ Katarzyna | ŁÓDŹ | | POL MOCNI W DUCHU ZABIEGANI | 72 | K40/111 | (K)400 | 00:54:58 | 05.29 |
| 147 | 4168 | WACŁAW Maria | SOSNOWIEC | | POL NIEZRZESZONY | 74 | K40/147 | (K)563 | 00:57:13 | 05.43 |
| 160 | 4186 | SERAFIN Magdalena | STARACHOWICE | | POL ZABIEGANE STARACHOWICE | 77 | K40/160 | (K)614 | 00:57:54 | 05.47 |
| 347 | 4190 | PRZYWARA Katarzyna | ŁÓDŹ | | POL | 78 | K40/347 | (K)1382 | 01:10:18 | 07.01 |
| 351 | 4192 | RASZEWSKA Małgorzata | PABIANICE | | POL | 78 | K40/351 | (K)1403 | 01:10:47 | 07.04 |
| 203 | 4213 | BIEGAŃSKA Renata | ŁÓDŹ | | POL | 74 | K40/203 | (K)785 | 01:00:00 | 06.00 |
| 356 | 4255 | HANKE Ilona | WARSZAWA | | POL SUNMAKE | 76 | K40/356 | (K)1441 | 01:12:03 | 07.12 |
| 162 | 4265 | PĘDZIWIATR Urszula | SIERADZ | | POL | 73 | K40/162 | (K)621 | 00:57:59 | 05.47 |
| 211 | 4288 | JAROSZ Dorota | ŁÓDŹ | | POL #BLOGERZYBIEGAJĄ | 75 | K40/211 | (K)808 | 01:00:20 | 06.02 |
| 237 | 4302 | KYRCZ Marta | STARA IWICZNA | | POL | 75 | K40/237 | (K)923 | 01:01:34 | 06.09 |
| 343 | 4303 | CHEŃCINSKA Beata | NOWE CHRUSTY | | POL | 71 | K40/343 | (K)1369 | 01:10:05 | 07.00 |
| 329 | 4322 | JEŻYŃSKA Anna | ŁÓDŹ | | POL | 72 | K40/329 | (K)1318 | 01:08:24 | 06.50 |
| 79 | 4339 | KALUŻA-PAWŁOWSKA Joanna | BELCHATÓW | | POL KB SPARTAKUS BELCHATÓW | 74 | K40/79 | (K)281 | 00:52:49 | 05.16 |
| 307 | 4341 | BIELSKA Agnieszka | WARSZAWA | | POL ACCS | 70 | K40/307 | (K)1218 | 01:06:22 | 06.38 |
| 62 | 4350 | SZOSTEK Katarzyna | KOLUSZKI | | POL | 69 | K40/62 | (K)233 | 00:51:45 | 05.10 |
| 371 | 4374 | JACH Halina | ŁÓDŹ | | POL | 75 | K40/371 | (K)1519 | 01:15:54 | 07.35 |
| 292 | 4396 | OLEJNICZAK Dorota | ŁÓDŹ | | POL B/S/H/ ŁÓDŹ RUNNING TEAM | 72 | K40/292 | (K)1165 | 01:05:22 | 06.32 |
| 296 | 4440 | GUTT Marlena | GORZÓW WLKP. | | POL PUE TEAM | 77 | K40/296 | (K)1171 | 01:05:30 | 06.33 |
| 295 | 4445 | STASZCZYK-GUTT Monika | GRYFINO | | POL | 74 | K40/295 | (K)1170 | 01:05:29 | 06.32 |
| 180 | 4454 | PROSIANOWSKA Joanna | SWARZĘDZ | | POL JANOWY MŁYN | 75 | K40/180 | (K)688 | 00:58:54 | 05.53 |
| 73 | 4482 | ŚREDNIAK Agnieszka | ŁÓDŹ | | POL SZAKALE BALUT ŁÓDŹ | 78 | K40/73 | (K)264 | 00:52:33 | 05.15 |
| 191 | 4508 | BALAŻY Adriana | WARSZAWA | | POL | 78 | K40/191 | (K)734 | 00:59:22 | 05.56 |
| 3 | 4519 | OKUŃSKA-WEJDMAN Aneta | ŁÓDŹ | | POL EVERRUN | 76 | K40/3 | (K)38 | 00:44:09 | 04.24 |
| 207 | 4522 | GRZEJSZCZYK Julita | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 78 | K40/207 | (K)802 | 01:00:14 | 06.01 |
| 278 | 4523 | LEWANDOWSKA Katarzyna | ŁÓDŹ | | POL | 71 | K40/278 | (K)1086 | 01:03:59 | 06.23 |
| 140 | 4524 | MARCZEWSKA-ADAMIEC Agnieszka | WIADERNO | | POL | 78 | K40/140 | (K)531 | 00:56:49 | 05.40 |
| 380 | 4529 | ZROBEK Kasia | BOROWA | | POL | 71 | K40/380 | (K)1575 | 01:22:57 | 08.17 |
| 37 | 4539 | SZYPORTA Ewa | NAMYSŁÓW | | POL ACTIVRUN NAMYSŁÓW | 77 | K40/37 | (K)152 | 00:49:44 | 04.58 |
| 314 | 4553 | STARCZEWSKA Anna | ŁÓDŹ | | POL | 70 | K40/314 | (K)1246 | 01:06:44 | 06.40 |
| 145 | 4561 | CENTKOWSKA Iwona | RADZIEJÓW | | POL KS ZRYW RADZIEJÓW | 76 | K40/145 | (K)556 | 00:57:08 | 05.42 |
| 357 | 4609 | MALISZEWSKA Sylwia | LUBIN | | POL BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA | 71 | K40/357 | (K)1444 | 01:12:15 | 07.13 |
| 95 | 4627 | DARNOWSKA Agnieszka | ŁÓDŹ | | POL | 75 | K40/95 | (K)349 | 00:54:11 | 05.25 |
| 156 | 4631 | SOBOCIŃSKA Agnieszka | ŁÓDŹ | | POL PARKRUN ŁÓDŹ | 71 | K40/156 | (K)596 | 00:57:40 | 05.46 |
| 345 | 4635 | DZIŚNIEŃSKA Renata | ŁÓDŹ | | POL SBRT MOC ENERGIA ENDORFINA | 76 | K40/345 | (K)1375 | 01:10:14 | 07.01 |
| 213 | 4636 | KOBIERECKA Monika | GŁÓWNO | | POL KS GŁÓWNO W BIEGU | 77 | K40/213 | (K)819 | 01:00:28 | 06.02 |
| 118 | 4663 | JUREK Elżbieta | PABIANICE | | POL MOCNI W DUCHU - ZABIEGANI | 73 | K40/118 | (K)430 | 00:55:23 | 05.32 |
| 276 | 4687 | BUSSE Urszula | IWANOWICE | | POL | 75 | K40/276 | (K)1073 | 01:03:45 | 06.22 |
| 171 | 4696 | MELLER Elżbieta | ŁÓDŹ | | POL RETKINIA RUN | 78 | K40/171 | (K)647 | 00:58:23 | 05.50 |
| 170 | 4697 | KRUSZEWSKA Renata | WROCLAW | | POL | 72 | K40/170 | (K)646 | 00:58:23 | 05.50 |
| 137 | 4708 | MIERNIK Marzena | MYŚLENICE | | POL | 73 | K40/137 | (K)515 | 00:56:38 | 05.39 |
| 310 | 4710 | RODZIEWICZ Anna | WIŚNIOWA GÓRA | | POL TECHNITEL | 76 | K40/310 | (K)1226 | 01:06:31 | 06.39 |
| 139 | 4719 | ABEL Aneta | ŁÓDŹ | | POL DRUŻYNA SAPERÓW | 76 | K40/139 | (K)529 | 00:56:47 | 05.40 |
| 168 | 4727 | WDÓWKA Małgorzata | OPOCZNO | | POL DOBRY DIETETYK | 77 | K40/168 | (K)639 | 00:58:13 | 05.49 |
| 86 | 4742 | ROGOWSKA Izabela | OPOLE | | POL | 72 | K40/86 | (K)317 | 00:53:39 | 05.21 |
| 121 | 4815 | KMIECIAK Aneta | PABIANICE | | POL VEOLIA | 73 | K40/121 | (K)438 | 00:55:33 | 05.33 |
| 165 | 4840 | SZYMCZYK Kalina | ZGIERZ | | POL ZGIERZOŁAKI | 78 | K40/165 | (K)633 | 00:58:07 | 05.48 |
| 225 | 4887 | KOPCZYŃSKA Judyta | MARKI | | POL | 78 | K40/225 | (K)870 | 01:00:57 | 06.05 |
| 142 | 4894 | OLECHNO Urszula | BIALYSTOK | | POL | 77 | K40/142 | (K)539 | 00:56:57 | 05.41 |
| 101 | 4903 | KOPER Sylwia | WARSZAWA | | POL GRAVITAN | 77 | K40/101 | (K)372 | 00:54:27 | 05.26 |
| 120 | 4911 | KARASIEWICZ Katarzyna | KULIGÓW | | POL | 71 | K40/120 | (K)432 | 00:55:28 | 05.32 |
| 281 | 4926 | CHOŚCIŃSKA Agnieszka | TORUŃ | | POL RUN FOR FUN | 77 | K40/281 | (K)1100 | 01:04:14 | 06.25 |
| 241 | 4935 | DURKOWSKA Magdalena | ŁÓDŹ | | POL | 78 | K40/241 | (K)941 | 01:01:52 | 06.11 |
| 87 | 4957 | FELIGA Żaneta | WARSZAWA | | POL | 76 | K40/87 | (K)324 | 00:53:48 | 05.22 |
| 255 | 5040 | ZAWODNIK Anonimowy | | | POL | | K40/255 | (K)1001 | 01:02:32 | 06.15 |
| 264 | 5063 | MAJCHRZAK Jolanta | ŁÓDŹ | | POL | 74 | K40/264 | (K)1044 | 01:03:21 | 06.20 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | (K) Sex | Czas Time | [min/km] |
|--------------|--------|---------------------------|------------------|----------|-----------------------|---------|--------------------|---------|-----------|----------|
| 159 | 5070 | WOJCIECHOWSKA Dorota | WARSZAWA | | POL GANIANIE.PL | 73 | K40/159 | (K)613 | 00:57:52 | 05.47 |
| 146 | 5089 | CHACHULA Ewa | WAŃWAŁ | | POL WANDA PANFIL TEAM | 75 | K40/146 | (K)562 | 00:57:12 | 05.43 |
| 148 | 5095 | ANTECZEK Ewa | WAŃWAŁ | | POL | 75 | K40/148 | (K)566 | 00:57:15 | 05.43 |
| 326 | 5104 | ZAŃKO Anna | WARSZAWA | | POL | 70 | K40/326 | (K)1304 | 01:08:03 | 06.48 |
| 309 | 5157 | SZCZECH-GAWRYCH Agnieszka | ŁÓDŹ | | POL GLOBITEL | 70 | K40/309 | (K)1225 | 01:06:30 | 06.39 |
| 97 | 5172 | BRYSEWSKA Marta | ZGIERZ | | POL INFOSYS RUN | 78 | K40/97 | (K)358 | 00:54:17 | 05.25 |
| 29 | 5205 | KUBICKA Magdalena | FLORENTYNÓW | | POL EVERRUN | 76 | K40/29 | (K)119 | 00:48:53 | 04.53 |
| 176 | 5212 | STANISŁAWSKA Joanna | ŁÓDŹ | | POL SNG WILD DUCKS | 76 | K40/176 | (K)664 | 00:58:35 | 05.51 |
| 193 | 5237 | SROCZYŃSKA Ewa | KALISZ | | POL TIRAMISU.NET.PL | 74 | K40/193 | (K)737 | 00:59:24 | 05.56 |
| 308 | 5301 | TOKARSKA Barbara | ŁÓDŹ | | POL MONAR | 74 | K40/308 | (K)1222 | 01:06:26 | 06.38 |
| 274 | 5333 | WITCZAK Katarzyna | | | POL | 78 | K40/274 | (K)1071 | 01:03:43 | 06.22 |
| 363 | 5340 | FORZPAŃCZYK Agnieszka | ŁÓDŹ | | POL | 72 | K40/363 | (K)1476 | 01:13:31 | 07.21 |
| 375 | 5360 | WYPŁOSZ Anna | ŁÓDŹ | | POL RYSIOTEAM | 69 | K40/375 | (K)1555 | 01:19:12 | 07.55 |
| 297 | 5401 | PLÓCIENNIK Monika | ŁASK | | POL | 75 | K40/297 | (K)1173 | 01:05:32 | 06.33 |
| 104 | 5402 | GRZESIAK Milenia | ŁÓDŹ | | POL INFOSYS RUN | 76 | K40/104 | (K)384 | 00:54:39 | 05.27 |
| 355 | 5501 | KWIATKOWSKA-PUDŁO Anna | INOWROCŁAW | | POL ROSSBIEGANI | 76 | K40/355 | (K)1437 | 01:12:00 | 07.12 |
| 215 | 5514 | MILER Urszula | RADOMSKO | | POL KBKS RADOMSKO | 78 | K40/215 | (K)827 | 01:00:33 | 06.03 |

Bieg 10 km - K50 [82]

| | | | | | | | | | | |
|----|------|-------------------------------|-----------|--|-----------------------------------|----|--------|---------|----------|-------|
| 1 | 33 | PANFIL Wanda | TOMASZÓW | | POL WANDA PANFIL TEAM | 59 | K50/1 | (K)23 | 00:42:29 | 04.14 |
| 5 | 38 | GAWŁOWSKA Teresa | BELCHATÓW | | POL | 61 | K50/5 | (K)254 | 00:52:19 | 05.13 |
| 62 | 110 | KOWAL Alicja | ŁÓDŹ | | POL GAZELLES FLYING TEAM | 67 | K50/62 | (K)1315 | 01:08:21 | 06.50 |
| 64 | 136 | KOSIŃSKA Anna | ŁÓDŹ | | POL | 59 | K50/64 | (K)1337 | 01:09:01 | 06.54 |
| 65 | 166 | WITMAN Iwona | ŁÓDŹ | | POL RYSIOTEAM | 65 | K50/65 | (K)1353 | 01:09:23 | 06.56 |
| 41 | 177 | TOMASZEWICZ Aleksandra | ZGIERZ | | POL | 64 | K50/41 | (K)902 | 01:01:18 | 06.07 |
| 25 | 188 | MADEJ Elżbieta | ŁÓDŹ | | POL BRAK | 60 | K50/25 | (K)608 | 00:57:48 | 05.46 |
| 63 | 298 | KRAWCZYŃSKA Joanna | ŁÓDŹ | | POL | 68 | K50/63 | (K)1335 | 01:08:59 | 06.53 |
| 20 | 361 | SKIBA Ewa | ŁÓDŹ | | POL SKIBKI | 66 | K50/20 | (K)495 | 00:56:14 | 05.37 |
| 36 | 401 | STANEK Małgorzata | ŁÓDŹ | | POL | 60 | K50/36 | (K)776 | 00:59:52 | 05.59 |
| 53 | 477 | GOSS Kamilla | ŁÓDŹ | | POL | 68 | K50/53 | (K)1228 | 01:06:33 | 06.39 |
| 18 | 488 | SZTAJNERT Katarzyna | ŁÓDŹ | | POL | 62 | K50/18 | (K)481 | 00:55:59 | 05.35 |
| 28 | 563 | ŚMIETAŃSKA Agnieszka | ŁÓDŹ | | POL | 67 | K50/28 | (K)629 | 00:58:05 | 05.48 |
| 80 | 889 | BONCZAROWSKA Marzena | ŁÓDŹ | | POL | 67 | K50/80 | (K)1561 | 01:19:48 | 07.58 |
| 29 | 901 | SEKIETA Dorota | PABIANICE | | POL MBANK | 66 | K50/29 | (K)663 | 00:58:34 | 05.51 |
| 45 | 943 | SUJKA Grażyna | WIELUŃ | | POL WIELUŃ BIEGA | 64 | K50/45 | (K)1107 | 01:04:19 | 06.25 |
| 77 | 1360 | KOWALCZYK-CHRZUSZCZ Katarzyna | ŁÓDŹ | | POL SLOW JOGGING ŁÓDŹ | 63 | K50/77 | (K)1503 | 01:14:42 | 07.28 |
| 9 | 1381 | KARAŚ Aleksandra | ŁÓDŹ | | POL RYSIOTEAM | 62 | K50/9 | (K)311 | 00:53:35 | 05.21 |
| 54 | 1427 | CZAPSKA Alicja | ŁÓDŹ | | POL FIT FABRIC | 66 | K50/54 | (K)1245 | 01:06:43 | 06.40 |
| 43 | 1436 | SZPERNAL Beata | PŁOCK | | POL | 64 | K50/43 | (K)966 | 01:02:06 | 06.12 |
| 51 | 1591 | DZIARMAGA Danuta | ZGIERZ | | POL | 65 | K50/51 | (K)1185 | 01:05:48 | 06.34 |
| 55 | 1811 | JAKUBOWSKA Jolanta | WIELUŃ | | POL WIELUŃ BIEGA | 63 | K50/55 | (K)1248 | 01:06:45 | 06.40 |
| 35 | 1838 | SOSULSKA Janina | WŁODARY | | POL ATHLETICS NYSA | 65 | K50/35 | (K)718 | 00:59:09 | 05.54 |
| 72 | 1845 | JANICKA Elżbieta | ŁÓDŹ | | POL | 60 | K50/72 | (K)1477 | 01:13:31 | 07.21 |
| 14 | 1976 | BŁAŻEJCZYK Agnieszka | ŁÓDŹ | | POL - | 65 | K50/14 | (K)443 | 00:55:37 | 05.33 |
| 48 | 1983 | WITKOWSKA Beata | ŁÓDŹ | | POL EPOKA NORDICA | 68 | K50/48 | (K)1144 | 01:05:01 | 06.30 |
| 13 | 2007 | KAPELAK Elżbieta | ŁÓDŹ | | POL | 65 | K50/13 | (K)418 | 00:55:13 | 05.31 |
| 49 | 2041 | KURMAN Marzena | ŁOWICZ | | POL STARZYŃSKIEGO BIEGA ŁOWICZ | 68 | K50/49 | (K)1155 | 01:05:16 | 06.31 |
| 66 | 2082 | CHIŻYŃSKA Agnieszka | ŁÓDŹ | | POL BIEGACZKI.PL | 63 | K50/66 | (K)1361 | 01:09:47 | 06.58 |
| 24 | 2084 | MOSTOWA-MAŁECKA Anna | ŁÓDŹ | | POL | 62 | K50/24 | (K)568 | 00:57:17 | 05.43 |
| 44 | 2099 | OSIŃSKA Elżbieta | ŁÓDŹ | | POL E&S | 64 | K50/44 | (K)1094 | 01:04:09 | 06.24 |
| 67 | 2114 | JACHNIK Anna | KOŁO | | POL PRZYJACIELE ŚWIĘTEGO MIKOŁAJA | 65 | K50/67 | (K)1376 | 01:10:15 | 07.01 |
| 76 | 2140 | BRZAŃKA Beata | ŁÓDŹ | | POL SLOW JOGGING ŁÓDŹ | 65 | K50/76 | (K)1481 | 01:13:33 | 07.21 |
| 19 | 2209 | SZYMCZAK Katarzyna | KALISZ | | POL | 68 | K50/19 | (K)490 | 00:56:11 | 05.37 |
| 34 | 2219 | WAWRZYNIUK Małgorzata | TUREK | | POL MORSY TUREK | 68 | K50/34 | (K)714 | 00:59:08 | 05.54 |
| 75 | 2239 | BAKALARZ Aleksandra | ŁÓDŹ | | POL EPOKA NORDICA | 61 | K50/75 | (K)1480 | 01:13:32 | 07.21 |
| 7 | 2269 | KLUSKA Joanna | TUREK | | POL KB MARATON TUREK | 68 | K50/7 | (K)266 | 00:52:37 | 05.15 |
| 61 | 2344 | MISKIEWICZ Anna | ŁÓDŹ | | POL SBRT MOC ENERGIA ENDORFINA | 62 | K50/61 | (K)1313 | 01:08:17 | 06.49 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------|-----------|---------------------------|---------------------|-------------|--|------------|-----------------------|---------|--------------|----------|
| 2 | 2365 | JAGIELLO Małgorzata | KOLUSZKI | | POL PIETRZYK RUNNING TEAM | 67 | K50/2 | (K)69 | 00:47:11 | 04.43 |
| 50 | 2411 | GIERZ Dorota | OLSZTYN | | POL URWIS BIEGA | 60 | K50/50 | (K)1157 | 01:05:18 | 06.31 |
| 21 | 2536 | EDYK Anna | TOMASZÓW MAZ. | | POL ANTEK TEAM | 64 | K50/21 | (K)526 | 00:56:43 | 05.40 |
| 46 | 2556 | ZIMECKA Barbara | ŁOWICZ | | POL STARZYŃSKIEGO BIEGA ŁOWICZ | 66 | K50/46 | (K)1131 | 01:04:47 | 06.28 |
| 11 | 2613 | MĘDREK Joanna | KOLUSZKI | | POL PIETRZYK RUNNING TEAM | 67 | K50/11 | (K)380 | 00:54:38 | 05.27 |
| 31 | 2753 | KALBARCZYK Beata | OTWOCK | | POL ORANGE POLSKA | 67 | K50/31 | (K)668 | 00:58:37 | 05.51 |
| 73 | 2808 | WIKTORO Katarzyna | ŁÓDŹ | | POL | 68 | K50/73 | (K)1478 | 01:13:31 | 07.21 |
| 58 | 2822 | PASTUSZKA Joanna | ŁÓDŹ | | POL RUN ŁDZ | 65 | K50/58 | (K)1288 | 01:07:39 | 06.45 |
| 6 | 2891 | AKIMOW Anna | PŁOCK | | POL TKKF PŁOCK | 67 | K50/6 | (K)260 | 00:52:27 | 05.14 |
| 3 | 3002 | SADOWSKA Dorota | LIDZBARK | | POL LO LIDZBARK | 64 | K50/3 | (K)142 | 00:49:28 | 04.56 |
| 71 | 3010 | ŚLUSAREK Agnieszka | ŁÓDŹ | | POL OLIMPIJSKA AKADEMIA BIEGANIA PIOTR KĘDZIA | 68 | K50/71 | (K)1468 | 01:13:09 | 07.18 |
| 78 | 3189 | BARTCZAK Zofia | ŁÓDŹ | | POL | 65 | K50/78 | (K)1520 | 01:16:06 | 07.36 |
| 16 | 3240 | BOBRYCKA Mariola | ŁASK | | POL BGB | 68 | K50/16 | (K)459 | 00:55:46 | 05.34 |
| 30 | 3252 | STELMASZEWSKA Renata | ZYCHLIN | | POL ROZBIEGANI-ŻYCHLIN | 66 | K50/30 | (K)666 | 00:58:36 | 05.51 |
| 40 | 3259 | MATUSIAK Anna | ŁÓDŹ | | POL | 62 | K50/40 | (K)888 | 01:01:08 | 06.06 |
| 39 | 3263 | ROSIŃSKA Katarzyna | ŁÓDŹ | | POL | 60 | K50/39 | (K)882 | 01:01:06 | 06.06 |
| 59 | 3285 | FIGARSKA Joanna | ŁÓDŹ | | POL | 68 | K50/59 | (K)1291 | 01:07:40 | 06.46 |
| 22 | 3352 | TABOR Danuta | JEŹOWE | | POL | 68 | K50/22 | (K)549 | 00:57:04 | 05.42 |
| 10 | 3385 | KWAPISIEWICZ Małgorzata | ŁÓDŹ | | POL | 68 | K50/10 | (K)371 | 00:54:27 | 05.26 |
| 79 | 3444 | NOWAK Iwona | ŁÓDŹ | | POL | 66 | K50/79 | (K)1546 | 01:18:33 | 07.51 |
| 32 | 3555 | SUTOR Małgorzata | LUBIN | | POL BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA | 66 | K50/32 | (K)676 | 00:58:44 | 05.52 |
| 12 | 3617 | PTASZEK Ewa | BOGUCHWAŁA | | POL | 59 | K50/12 | (K)386 | 00:54:41 | 05.28 |
| 69 | 3692 | DURAN Carmen | ŁÓDŹ | | VEN CLARIANT | 68 | K50/69 | (K)1397 | 01:10:36 | 07.03 |
| 68 | 3778 | LIMIERA Iwona | PABIANICE | | POL PRZYCAJONY TYGRYS | 63 | K50/68 | (K)1395 | 01:10:34 | 07.03 |
| 56 | 3798 | PODGÓRSKA Joanna | TARNOWSKIE GÓRY | | POL | 68 | K50/56 | (K)1257 | 01:06:53 | 06.41 |
| 57 | 3823 | ADACH Agnieszka | SULEJÓW | | POL | 68 | K50/57 | (K)1261 | 01:07:00 | 06.42 |
| 38 | 4071 | OSIEJA Elżbieta | PABIANICE | | POL FORMA NA PIĄTKĘ | 67 | K50/38 | (K)809 | 01:00:21 | 06.02 |
| 23 | 4114 | MROWICKA Małgorzata | ŁÓDŹ | | POL | 67 | K50/23 | (K)552 | 00:57:06 | 05.42 |
| 47 | 4381 | OSTROWSKA Iwona | STAROGARD GDAŃSKI | | POL | 65 | K50/47 | (K)1134 | 01:04:49 | 06.28 |
| 74 | 4452 | GERUS Urszula | WROCLAW | | POL | 65 | K50/74 | (K)1479 | 01:13:32 | 07.21 |
| 52 | 4491 | SZTACHAŃSKA Małgorzata | ŁÓDŹ | | POL | 67 | K50/52 | (K)1221 | 01:06:25 | 06.38 |
| 8 | 4495 | TLAŁKA Krystyna | BELCHATÓW | | POL NIEZRZESZONY | 59 | K50/8 | (K)307 | 00:53:29 | 05.20 |
| 15 | 4724 | BRYCHT Bożena | ŁÓDŹ | | POL | 63 | K50/15 | (K)454 | 00:55:45 | 05.34 |
| 37 | 4767 | ŻADLAK Dorota | ALEKSANDRÓW ŁÓDZKI | | POL --- | 65 | K50/37 | (K)779 | 00:59:55 | 05.59 |
| 27 | 4791 | RACZYŃSKA Anna | ALEKSANDRÓW ŁÓDZKI | | POL | 61 | K50/27 | (K)620 | 00:57:59 | 05.47 |
| 70 | 4930 | WOŹNICA Urszula | ŁÓDŹ | | POL STUDIO PULS ACTIVE TEAM | 59 | K50/70 | (K)1429 | 01:11:49 | 07.10 |
| 42 | 4947 | MOSZCZYŃSKA-GAPIŃSKA Anna | ZGIERZ | | POL RECTICEL TEAM | 68 | K50/42 | (K)927 | 01:01:41 | 06.10 |
| 33 | 4984 | JUCHNOWICZ Bożena | ALEKEKSANDRÓW | | POL 1968 | 68 | K50/33 | (K)708 | 00:59:03 | 05.54 |
| 17 | 5079 | GRABOWSKA Krystyna | KRAKÓW | | POL ESKADRA KRAKÓW | 62 | K50/17 | (K)475 | 00:55:54 | 05.35 |
| 4 | 5087 | KĄZMIERCZAK Agnieszka | ŁÓDŹ | | POL | 67 | K50/4 | (K)220 | 00:51:31 | 05.09 |
| 60 | 5122 | PASIKOWSKA Mariola | ŁÓDŹ | | POL - | 61 | K50/60 | (K)1306 | 01:08:06 | 06.48 |
| 26 | 5400 | BERNECKA Bożena | ŁÓDŹ | | POL | 61 | K50/26 | (K)611 | 00:57:51 | 05.47 |

Bieg 10 km - K60 [13]

| | | | | | | | | | | |
|----|------|-------------------------|-------------|--|---------------------------------|----|--------|---------|----------|-------|
| 8 | 49 | KAPUŚCIŃSKA Anna | ŁÓDŹ | | POL OŚRODEK JOGGINGU | 52 | K60/8 | (K)1068 | 01:03:40 | 06.22 |
| 12 | 175 | KOLASA Barbara | WARSZAWA | | POL KLUB J.SŁOWACKIEGO | 56 | K60/12 | (K)1517 | 01:15:47 | 07.34 |
| 4 | 399 | FRANKENBERG Małgorzata | ŁÓDŹ | | POL BIEGACZ NOWOSOLNA | 55 | K60/4 | (K)597 | 00:57:40 | 05.46 |
| 6 | 895 | STOLARSKA Danuta | WŁOCLAWEK | | POL - | 57 | K60/6 | (K)693 | 00:58:56 | 05.53 |
| 7 | 1682 | WÓJCIK Dorota | ŁÓDŹ | | POL - | 57 | K60/7 | (K)981 | 01:02:12 | 06.13 |
| 3 | 1893 | MARCZAK Grażyna | WARSZAWA | | POL LECZO TEAM | 53 | K60/3 | (K)428 | 00:55:21 | 05.32 |
| 11 | 2387 | BRAC-WALCZYK Małgorzata | DOLNA GRUPA | | POL AKADEMIA BIEGANIA GRUDZIĄDZ | 58 | K60/11 | (K)1413 | 01:11:12 | 07.07 |
| 1 | 2488 | TULA Renata | WARSZAWA | | POL MYKMYK | 52 | K60/1 | (K)232 | 00:51:44 | 05.10 |
| 13 | 3008 | BARTOSIK Krystyna | ZGIERZ | | POL | 58 | K60/13 | (K)1554 | 01:19:06 | 07.54 |
| 5 | 3349 | KLIMCZAK Alicja | ŁASK | | POL - | 58 | K60/5 | (K)609 | 00:57:49 | 05.46 |
| 9 | 4018 | KURZAWSKA Renata | ŁÓDŹ | | POL KB GAPA ŁÓDŹ | 50 | K60/9 | (K)1309 | 01:08:13 | 06.49 |
| 2 | 4604 | JASIŃSKA Teresa | WARSZAWA | | POL | 56 | K60/2 | (K)308 | 00:53:29 | 05.20 |
| 10 | 5242 | PACZUSKA Małgorzata | ŁÓDŹ | | POL FOREVER YOUNG ŁÓDŹ | 57 | K60/10 | (K)1392 | 01:10:30 | 07.03 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-------------------------------|-----------|-------------------------|---------------------|-------------|--|------------|-----------------------|---------|--------------|----------|
| Bieg 10 km - K70 [1] | | | | | | | | | | |
| 1 | 4897 | ROSIŃSKA Janina | PABIANICE | | POL | 36 | K70/1 | (K)1583 | 01:39:27 | 09.56 |
| Bieg 10 km - M16 [53] | | | | | | | | | | |
| 6 | 463 | WOŹNIAKOWSKI Łukasz | KOŃSKIE | | POL | 01 | M16/6 | (M)642 | 00:45:23 | 04.32 |
| 32 | 532 | PIETRZAK Jan | ŁÓDŹ | | POL | 01 | M16/32 | (M)2012 | 00:54:30 | 05.27 |
| 11 | 705 | BOROWIECKI Filip | ŁÓDŹ | | POL - | 01 | M16/11 | (M)837 | 00:46:47 | 04.40 |
| 35 | 966 | DZIAŁDOWSKI Dawid | TORUN | | POL ROSSBIEGANI | 00 | M16/35 | (M)2081 | 00:55:04 | 05.30 |
| 9 | 1404 | WOŹNIAK Kacper | BRZEZINY | | POL | 01 | M16/9 | (M)817 | 00:46:39 | 04.39 |
| 43 | 1501 | SERAFICKI Maciek | ŁÓDŹ | | POL RYSIE | 00 | M16/43 | (M)2346 | 00:57:29 | 05.44 |
| 38 | 1660 | ROMANOWSKI Aleksander | ŁÓDŹ | | POL | 02 | M16/38 | (M)2140 | 00:55:36 | 05.33 |
| 19 | 1738 | KORGOL Fabian | ŁÓDŹ | | POL | 99 | M16/19 | (M)1161 | 00:48:51 | 04.53 |
| 45 | 1861 | DĄBROWSKI Jan | GŁOWNO | | POL SZWAGRY | 00 | M16/45 | (M)2565 | 00:59:39 | 05.57 |
| 16 | 1948 | GROMEK Piotr | ŁÓDŹ | | POL TEAM GROMKOWIE | 01 | M16/16 | (M)1015 | 00:47:58 | 04.47 |
| 13 | 1956 | CZAJKOWSKI Norbert | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 02 | M16/13 | (M)962 | 00:47:42 | 04.46 |
| 34 | 2370 | PRASAL Konrad | ŁÓDŹ | | POL #BLOGERZYBIEGAJĄ | 01 | M16/34 | (M)2074 | 00:55:00 | 05.30 |
| 53 | 2388 | CZUJ Kamil | ŁÓDŹ | | POL | 00 | M16/53 | (M)3007 | 01:16:29 | 07.38 |
| 2 | 2404 | TELĄŻKA Bartek | ŁÓDŹ | | POL | 01 | M16/2 | (M)108 | 00:39:00 | 03.54 |
| 26 | 3134 | SKUBISZ Antoni | BIAŁA | | POL | 00 | M16/26 | (M)1434 | 00:50:15 | 05.01 |
| 50 | 3363 | MIKOŁAJEWSKI Michał | ŁÓDŹ | | POL - | 99 | M16/50 | (M)2758 | 01:03:07 | 06.18 |
| 51 | 3423 | PAŁASZYŃSKI Robert | ŁÓDŹ | | POL | 01 | M16/51 | (M)2791 | 01:03:55 | 06.23 |
| 27 | 3556 | SUTOR Radosław | LUBIN | | POL BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA | 01 | M16/27 | (M)1436 | 00:50:16 | 05.01 |
| 46 | 3739 | PYJEK Mateusz | ŁÓDŹ | | POL | 00 | M16/46 | (M)2589 | 01:00:01 | 06.00 |
| 31 | 3782 | JABŁOŃSKI Jakub | ŁÓDŹ | | POL | 02 | M16/31 | (M)1835 | 00:53:07 | 05.18 |
| 30 | 3835 | UMIŃSKI Łukasz | ŁÓDŹ | | POL | 00 | M16/30 | (M)1771 | 00:52:42 | 05.16 |
| 14 | 3948 | OLSZEWSKI Jakub | ŁÓDŹ | | POL | 01 | M16/14 | (M)990 | 00:47:50 | 04.47 |
| 18 | 3966 | BIAŁECKI Patryk | ŁÓDŹ | | POL | 02 | M16/18 | (M)1087 | 00:48:25 | 04.50 |
| 47 | 4029 | MOSKWA Mateusz | ŁÓDŹ | | POL | 99 | M16/47 | (M)2593 | 01:00:03 | 06.00 |
| 39 | 4328 | MAKATUN Adam | STRYKÓW | | POL | 00 | M16/39 | (M)2173 | 00:55:53 | 05.35 |
| 36 | 4422 | JEŻYŃSKI Adam | ŁÓDŹ | | POL | 01 | M16/36 | (M)2097 | 00:55:12 | 05.31 |
| 52 | 4432 | BAJERSKI Robert | ŁÓDŹ | | POL | 02 | M16/52 | (M)2889 | 01:07:22 | 06.44 |
| 5 | 4510 | ZAWODNIK Anonimowy | | | POL | | M16/5 | (M)626 | 00:45:13 | 04.31 |
| 3 | 4538 | STRYCHAŁSKI Przemek | CHWABORZYCE | | POL | 00 | M16/3 | (M)302 | 00:42:24 | 04.14 |
| 12 | 4563 | PROSZEWSKI Jakub | SIERADZ | | POL | 02 | M16/12 | (M)961 | 00:47:41 | 04.46 |
| 4 | 4575 | BENKES Jakub | ŁÓDŹ | | POL | 00 | M16/4 | (M)504 | 00:44:25 | 04.26 |
| 8 | 4598 | DESZCZ Michał | ŁÓDŹ | | POL METALOWIEC ŁÓDŹ | 01 | M16/8 | (M)806 | 00:46:36 | 04.39 |
| 10 | 4641 | MARZAK Jakub | ŁÓDŹ | | POL UKS WŁÓKIENNIK | 00 | M16/10 | (M)823 | 00:46:43 | 04.40 |
| 48 | 4765 | DĄBKIEWICZ Iwo | ŁÓDŹ | | POL UKS WŁÓKIENNIK | 01 | M16/48 | (M)2706 | 01:01:52 | 06.11 |
| 29 | 4929 | MICHALAK Marcin | NOWE MIASTO NAD | | POL WANDA PANFIL TEAM | 00 | M16/29 | (M)1708 | 00:52:03 | 05.12 |
| 15 | 4983 | POPIELEWSKI Łukasz | ALEKSANDRÓW ŁÓDZKI | | POL - | 01 | M16/15 | (M)997 | 00:47:51 | 04.47 |
| 7 | 5020 | LÓSSA Michał | ŻAGAŃ | | POL BIEG NIEPODLEGŁOŚCI ŻAGAŃ | 99 | M16/7 | (M)750 | 00:46:17 | 04.37 |
| 42 | 5099 | ZAWODNIK Anonimowy | | | POL | | M16/42 | (M)2237 | 00:56:29 | 05.38 |
| 1 | 5161 | MORDAŁSKI Jacek | DZIAŁOSZYN | | POL WIELUŃ BIEGA | 99 | M16/1 | (M)106 | 00:38:59 | 03.53 |
| 21 | 5214 | WIECZOREK Franciszek | ŁÓDŹ | | POL | 99 | M16/21 | (M)1202 | 00:49:03 | 04.54 |
| 24 | 5263 | CIESIELSKI Konrad | ŁÓDŹ | | POL | 99 | M16/24 | (M)1392 | 00:50:00 | 05.00 |
| 23 | 5298 | SOJA Tomasz | OZORKÓW | | POL --- | 00 | M16/23 | (M)1307 | 00:49:33 | 04.57 |
| 41 | 5299 | STEFANOWICZ Dawid | OZORKÓW | | POL - | 00 | M16/41 | (M)2208 | 00:56:13 | 05.37 |
| 22 | 5302 | WAŁEJKO Kamil | OZORKÓW | | POL | 99 | M16/22 | (M)1299 | 00:49:32 | 04.57 |
| 25 | 5303 | WASIELEWSKI Łukasz | ŁÓDŹ | | POL MONAR | 99 | M16/25 | (M)1396 | 00:50:00 | 05.00 |
| 44 | 5304 | WOJDAT Irek | OZORKÓW | | POL - | 00 | M16/44 | (M)2417 | 00:58:07 | 05.48 |
| 17 | 5305 | WOLSKI Kacper | OZORKÓW | | POL - | 00 | M16/17 | (M)1028 | 00:48:01 | 04.48 |
| 40 | 5327 | KACPRZAK Jakub | PODDĘBICE | | POL | 01 | M16/40 | (M)2205 | 00:56:12 | 05.37 |
| 28 | 5336 | TOMCZAK Mateusz | ŁÓDŹ | | POL | 99 | M16/28 | (M)1677 | 00:51:48 | 05.10 |
| 37 | 5394 | MIKOŁAJCZYK Igor | KARLIN | | POL | 01 | M16/37 | (M)2134 | 00:55:30 | 05.33 |
| 33 | 5436 | BEDNAREK Piotr | ŁÓDŹ | | POL | 02 | M16/33 | (M)2041 | 00:54:47 | 05.28 |
| 49 | 5439 | WOJTCZAK Patryk | ŁÓDŹ | | POL | 01 | M16/49 | (M)2756 | 01:03:06 | 06.18 |
| 20 | 5461 | GÓRNIK Rafał | ŁÓDŹ | | POL | 01 | M16/20 | (M)1201 | 00:49:03 | 04.54 |
| Bieg 10 km - M20 [591] | | | | | | | | | | |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------|-----------|------------------------------|---------------------|-------------|--|------------|-----------------------|---------|--------------|----------|
| 2 | 1 | MUMO Joseph mutwanthei | | | KEN | 97 | M20/2 | (M)3 | 00:30:30 | 03.02 |
| 4 | 3 | JASTRZĘBSKI Kamil | KRAŚNIK | | POL DUKLANOWSKITEAM / SKB KRAŚNIK | 92 | M20/4 | (M)6 | 00:30:58 | 03.05 |
| 1 | 17 | KIMAIYO Hillary kiptum maiyo | | | KEN | 94 | M20/1 | (M)1 | 00:29:33 | 02.57 |
| 3 | 18 | KARBOWIAK Kamil | BRZEG | | POL WOŚIEK TEAM/ KOTWICA BRZEG | 95 | M20/3 | (M)4 | 00:30:38 | 03.03 |
| 45 | 21 | SKRZYPEK Bartosz | KONSTANTYNÓW ŁÓDZKI | | POL ŁÓDŹ KOCHA SPORT | 95 | M20/45 | (M)135 | 00:39:36 | 03.57 |
| 123 | 24 | BARTNIAK Łukasz | MAZEW | | POL PACEMAKER | 94 | M20/123 | (M)572 | 00:44:50 | 04.29 |
| 43 | 31 | WELBER Michał | NOWE MIASTO NAD | | POL LACHO TEAM | 89 | M20/43 | (M)131 | 00:39:34 | 03.57 |
| 93 | 35 | STASIAK Wojciech | | | POL | 91 | M20/93 | (M)374 | 00:43:20 | 04.20 |
| 107 | 52 | LEWICKI Tomasz | ŁÓDŹ | | POL | 92 | M20/107 | (M)465 | 00:44:06 | 04.24 |
| 108 | 53 | PSZCZÓŁKOWSKI Krzysztof | KOLUSZKI | | POL | 93 | M20/108 | (M)476 | 00:44:12 | 04.25 |
| 81 | 67 | KRÓL Paweł | ŁÓDŹ | | POL RAZEM TRENUJEMY SPORT | 89 | M20/81 | (M)320 | 00:42:43 | 04.16 |
| 98 | 68 | KOWALSKI Bartłomiej | PODDĘBICE | | POL ROSSBIEGANI | 89 | M20/98 | (M)408 | 00:43:36 | 04.21 |
| 461 | 94 | JATCZAK Arkadiusz | KOLUSZKI | | POL | 90 | M20/461 | (M)2421 | 00:58:10 | 05.49 |
| 510 | 100 | KUCZER Michał | BIELANY WROCŁAWSKIE | | POL | 95 | M20/510 | (M)2629 | 01:00:33 | 06.03 |
| 495 | 101 | BOCZEK Krzysztof | TOMASZÓW | | POL | 92 | M20/495 | (M)2566 | 00:59:39 | 05.57 |
| 435 | 122 | PAWLAK Daniel | ŁÓDŹ | | POL FORWEB TEAM | 89 | M20/435 | (M)2298 | 00:57:03 | 05.42 |
| 28 | 129 | CIECHAŃSKI Adam | BUKOWIEC | | POL TRUCHT TEAM | 96 | M20/28 | (M)65 | 00:37:31 | 03.45 |
| 59 | 131 | KOSIŃSKI Michał | ŁÓDŹ | | POL ERICSSON RUN++ | 90 | M20/59 | (M)218 | 00:40:57 | 04.05 |
| 217 | 133 | GWARDJAN Arkadiusz | ŁÓDŹ | | POL | 90 | M20/217 | (M)1159 | 00:48:50 | 04.53 |
| 114 | 144 | GŁOWACKI Krzysztof | ŁÓDŹ | | POL RAZEM TRENUJEMY SPORT | 89 | M20/114 | (M)526 | 00:44:33 | 04.27 |
| 219 | 159 | BAUER Piotr | ŁÓDŹ | | POL | 89 | M20/219 | (M)1171 | 00:48:53 | 04.53 |
| 231 | 163 | FRICKERT Karol | ŁÓDŹ | | POL 1991 | 91 | M20/231 | (M)1261 | 00:49:23 | 04.56 |
| 545 | 180 | PILARSKI Piotr | ŁÓDŹ | | POL FUJITSU RUNNING TEAM | 89 | M20/545 | (M)2800 | 01:04:04 | 06.24 |
| 460 | 221 | FJAŁKOWSKI Przemysław | GŁOWNO | | POL KS GŁOWNO W BIEGU | 90 | M20/460 | (M)2419 | 00:58:09 | 05.48 |
| 6 | 228 | WYCHOWALEK Jan | PIOTRKÓW | | POL AKADEMIABIEGACZA.PL S.L. SALOS-WODNA | 90 | M20/6 | (M)15 | 00:33:39 | 03.21 |
| | | | ŁÓDŹ | | | | | | | |
| 444 | 237 | DANIELSKI Marcin | BRATOSZEWICE | | POL MBANK | 89 | M20/444 | (M)2355 | 00:57:31 | 05.45 |
| 506 | 268 | STELA Michał | SKIERNIEWICE | | POL | 90 | M20/506 | (M)2616 | 01:00:26 | 06.02 |
| 14 | 274 | KOZŁOWICZ Tomasz | WIELKA LIPA | | POL ATHLETICS TEAM PRUSICE | 92 | M20/14 | (M)27 | 00:35:15 | 03.31 |
| 52 | 290 | PIEKARCZYK Sławomir | OSTRZESZÓW | | POL UNIWERSYTET ŚLĄSKI | 89 | M20/52 | (M)178 | 00:40:14 | 04.01 |
| 166 | 308 | ŚWIERCZYŃSKI Radosław | ŁÓDŹ | | POL BIEGIEM PO PIWO | 92 | M20/166 | (M)854 | 00:46:57 | 04.41 |
| 454 | 313 | KOZAK Wojciech | WARTKOWICE | | POL | 94 | M20/454 | (M)2392 | 00:57:56 | 05.47 |
| 63 | 333 | PACKI Michał | WIELUŃ | | POL WIELUŃ BIEGA | 91 | M20/63 | (M)231 | 00:41:07 | 04.06 |
| 338 | 343 | BŁASZCZYK Mateusz | ŁĘDZINY | | POL FITQBE | 92 | M20/338 | (M)1782 | 00:52:46 | 05.16 |
| 191 | 344 | SZYMAŃSKI Marcin | OPOLE | | POL FITQBE | 92 | M20/191 | (M)993 | 00:47:51 | 04.47 |
| 161 | 345 | WITASZCZYK Artur | ŁÓDŹ | | POL | 93 | M20/161 | (M)819 | 00:46:40 | 04.40 |
| 260 | 360 | SPINEK Damian | POŚWIĘTNE | | POL CYBERRUNNERS | 92 | M20/260 | (M)1386 | 00:49:56 | 04.59 |
| 227 | 418 | SOCHA Maciej | ŁÓDŹ | | POL WWW DRUŻYNA BIEGOWA | 97 | M20/227 | (M)1216 | 00:49:06 | 04.54 |
| 220 | 437 | KALUŻNY Szymon | PABIANICE | | POL | 98 | M20/220 | (M)1172 | 00:48:54 | 04.53 |
| 315 | 444 | ZELEŃCHUK Stanislav | ŁÓDŹ | | POL - | 92 | M20/315 | (M)1652 | 00:51:38 | 05.09 |
| 133 | 478 | ŁOBODA Jacek | PABIANICE | | POL | 89 | M20/133 | (M)669 | 00:45:35 | 04.33 |
| 94 | 479 | URBAŃSKI Kamil | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 91 | M20/94 | (M)384 | 00:43:24 | 04.20 |
| 73 | 498 | SKRĘTA Krzysztof | SKIERNIEWICE | | POL PARKRUN SKIERNIEWICE | 90 | M20/73 | (M)282 | 00:41:59 | 04.11 |
| 202 | 519 | KUCZKOWSKI Andrzej | ŁÓDŹ | | POL | 94 | M20/202 | (M)1085 | 00:48:24 | 04.50 |
| 153 | 523 | WARSZAWSKI Patryk | ŁÓDŹ | | POL CRAZY RUNNERFUCKERS | 91 | M20/153 | (M)768 | 00:46:26 | 04.38 |
| 543 | 531 | KRZAK Piotr | ŁÓDŹ | | POL | 93 | M20/543 | (M)2796 | 01:03:59 | 06.23 |
| 226 | 538 | MACHACZ Michał | BEDOŃ PRZYKOŚCIELNY | | POL | 91 | M20/226 | (M)1206 | 00:49:04 | 04.54 |
| 538 | 539 | SZYBKA Tomasz | ŁÓDŹ | | POL SZYBCY | 89 | M20/538 | (M)2768 | 01:03:19 | 06.19 |
| 423 | 546 | WŁOSTEK Jakub | BIAŁA | | POL SRTG ŁÓDŹ | 95 | M20/423 | (M)2249 | 00:56:35 | 05.39 |
| 33 | 552 | ŁĘGOCKI Marcin | ŻAKOWICE | | POL PIETRZYK RUNNING TEAM | 89 | M20/33 | (M)80 | 00:38:24 | 03.50 |
| 119 | 553 | PANIENKOWSKI Bartosz | STAROWA GÓRA | | POL | 94 | M20/119 | (M)546 | 00:44:41 | 04.28 |
| 32 | 556 | SMOLIŃSKI Michał | ŁÓDŹ | | POL ABB RUN 1.0 | 90 | M20/32 | (M)79 | 00:38:23 | 03.50 |
| 537 | 564 | LIPIJKO Michał | ŁÓDŹ | | POL | 90 | M20/537 | (M)2766 | 01:03:17 | 06.19 |
| 455 | 566 | BARTOSZEK Miłosz | PABIANICE | | POL | 91 | M20/455 | (M)2401 | 00:57:59 | 05.47 |
| 363 | 582 | FELSZTUKIER Ferdynand | ŁÓDŹ | | POL | 97 | M20/363 | (M)1926 | 00:53:44 | 05.22 |
| 80 | 585 | PILARSKI Kordian | WIELUŃ | | POL WIELUŃ BIEGA | 91 | M20/80 | (M)318 | 00:42:42 | 04.16 |
| 31 | 601 | WOJTUNIK Karol | PABIANICE | | POL | 92 | M20/31 | (M)77 | 00:38:16 | 03.49 |
| 553 | 627 | ZDUN Daniel | ŁÓDŹ | | POL | 90 | M20/553 | (M)2884 | 01:06:58 | 06.41 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-------------|-------------------------------------|------------|-----------------------|---------|--------------|----------|
| 186 | 643 | NAPIÓRA Michał | ŁASK | | POL - | 90 | M20/186 | (M)969 | 00:47:45 | 04.46 |
| 289 | 652 | KONECKI Kamil | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 90 | M20/289 | (M)1541 | 00:50:52 | 05.05 |
| 496 | 691 | KOWALCZYK Patryk | BORCHÓWKA | | POL | 91 | M20/496 | (M)2567 | 00:59:40 | 05.58 |
| 88 | 694 | PETERSON Damian | ŁÓDŹ | | POL UMED ŁÓDŹ | 96 | M20/88 | (M)363 | 00:43:12 | 04.19 |
| 554 | 702 | PRZEWOŻNY Jeremi | ŁÓDŹ | | POL RAZEM TRENUJEMY SPORT | 98 | M20/554 | (M)2893 | 01:07:34 | 06.45 |
| 75 | 737 | RYBUS Kamil | BOCHEŃ | | POL OSP BOCHEŃ | 90 | M20/75 | (M)297 | 00:42:18 | 04.13 |
| 55 | 771 | STANGRECIAK Adam | ŁÓDŹ | | POL TIGRES DEL PAPA | 89 | M20/55 | (M)197 | 00:40:38 | 04.03 |
| 156 | 800 | PICH Mateusz | BELCHATÓW | | POL | 97 | M20/156 | (M)779 | 00:46:29 | 04.38 |
| 324 | 823 | KACZMAREK Michał | ŁÓDŹ | | POL | 92 | M20/324 | (M)1688 | 00:51:54 | 05.11 |
| 198 | 830 | STĘPNIK Paweł | SZADEK | | POL SZADKOBIEGACZE | 90 | M20/198 | (M)1042 | 00:48:06 | 04.48 |
| 200 | 851 | KOMINIAK Rafał | PIĄTEK | | POL TEMPIO PIĄTKOWSKI KLUB BIEGACZA | 90 | M20/200 | (M)1077 | 00:48:18 | 04.49 |
| 174 | 865 | NIECKARZ Adam | ZGIERZ | | POL ADRIANI! BŁAGAM WOLNIEJ | 93 | M20/174 | (M)901 | 00:47:18 | 04.43 |
| 526 | 873 | ORCZYKOWSKI Mateusz | ŁÓDŹ | | POL | 94 | M20/526 | (M)2708 | 01:01:55 | 06.11 |
| 340 | 894 | NOWAK Jakub | ŁÓDŹ | | POL | 89 | M20/340 | (M)1795 | 00:52:51 | 05.17 |
| 177 | 908 | BOREK Bartłomiej | ŁÓDŹ | | POL ONCOARENDI | 89 | M20/177 | (M)915 | 00:47:22 | 04.44 |
| 333 | 911 | KUPCZAK Maciej | KŁOMNICE | | POL UMED ŁÓDŹ | 95 | M20/333 | (M)1732 | 00:52:16 | 05.13 |
| 30 | 916 | SELIGA Patryk | GŁOWNO | | POL KS GŁOWNO W BIEGU | 90 | M20/30 | (M)76 | 00:38:11 | 03.49 |
| 544 | 936 | SOBCZAK Tomasz | STRYKÓW | | POL | 89 | M20/544 | (M)2799 | 01:04:02 | 06.24 |
| 65 | 946 | ZGADZAJ Alexander | ŁÓDŹ | | POL UMED ŁÓDŹ | 97 | M20/65 | (M)244 | 00:41:19 | 04.07 |
| 87 | 948 | ŻYCZYK Paweł | ŁÓDŹ | | POL | 89 | M20/87 | (M)358 | 00:43:09 | 04.18 |
| 524 | 982 | ZIELIŃSKI Michał | TOMASZÓW | | POL | 91 | M20/524 | (M)2700 | 01:01:44 | 06.10 |
| 48 | 987 | LIPIŃSKI Mariusz | KWIDZYN | | POL UMED ŁÓDŹ | 96 | M20/48 | (M)155 | 00:39:54 | 03.59 |
| 481 | 995 | KAMIŃSKI Michał | ŁÓDŹ | | POL DELL RUNNING TEAM | 91 | M20/481 | (M)2512 | 00:59:06 | 05.54 |
| 25 | 1014 | KUROWSKI Filip | ŁÓDŹ | | POL ROSSBIEGANI | 93 | M20/25 | (M)57 | 00:37:13 | 03.43 |
| 458 | 1025 | KRAŚIŃSKI Bartłomiej | PABIANICE | | POL ROSSBIEGANI | 93 | M20/458 | (M)2406 | 00:58:01 | 05.48 |
| 223 | 1072 | OLCZYK Marcin | | | POL ROSSBIEGANI | 91 | M20/223 | (M)1184 | 00:48:57 | 04.53 |
| 152 | 1106 | WOJCIECHOWSKI Piotr | ŁÓDŹ | | POL ROSSBIEGANI | 89 | M20/152 | (M)762 | 00:46:23 | 04.38 |
| 282 | 1122 | WYDERKA Dariusz | ALEKSANDRÓW ŁÓDZKI | | POL ROSSBIEGANI | 92 | M20/282 | (M)1495 | 00:50:37 | 05.03 |
| 386 | 1131 | DUDZIK Juliusz | GRUDZIĄDZ | | POL ROSSBIEGANI | 89 | M20/386 | (M)2076 | 00:55:01 | 05.30 |
| 125 | 1143 | MIKRUT Damian | GRUDZIĄDZ | | POL ROSSBIEGANI | 92 | M20/125 | (M)582 | 00:44:54 | 04.29 |
| 499 | 1150 | LECHAŃSKI Mateusz | ŁÓDŹ | | POL ROSSBIEGANI | 95 | M20/499 | (M)2578 | 00:59:53 | 05.59 |
| 515 | 1154 | BEDNARCZYK Artur | ŁÓDŹ | | POL ROSSBIEGANI | 89 | M20/515 | (M)2668 | 01:01:13 | 06.07 |
| 158 | 1162 | ANISZEWSKI Bartłomiej | ŁÓDŹ | | POL ROSSBIEGANI | 91 | M20/158 | (M)796 | 00:46:34 | 04.39 |
| 457 | 1169 | INGLOT Konrad | PABIANICE | | POL ROSSBIEGANI | 91 | M20/457 | (M)2404 | 00:58:00 | 05.48 |
| 285 | 1170 | BEIER Artur | ŁÓDŹ | | POL ROSSBIEGANI | 89 | M20/285 | (M)1509 | 00:50:40 | 05.04 |
| 374 | 1183 | ŁASKI Kamil | PIOTRKÓW | | POL ROSSBIEGANI | 92 | M20/374 | (M)2006 | 00:54:25 | 05.26 |
| 193 | 1187 | BŁASIAK Jacek | ŁÓDŹ | | POL ROSSBIEGANI | 93 | M20/193 | (M)1011 | 00:47:56 | 04.47 |
| 552 | 1199 | NIEMCZYK Paweł | ŁÓDŹ | | POL ROSSBIEGANI | 92 | M20/552 | (M)2879 | 01:06:41 | 06.40 |
| 561 | 1204 | SZCZEPAŃSKI Patryk | ŁÓDŹ | | POL ROSSBIEGANI | 96 | M20/561 | (M)2911 | 01:08:18 | 06.49 |
| 404 | 1211 | ROMAŃCZYK Daniel | WROCLAW | | POL ROSSBIEGANI | 95 | M20/404 | (M)2163 | 00:55:47 | 05.34 |
| 512 | 1221 | JANIAK Michał | ALEKSANDRÓW ŁÓDZKI | | POL ROSSBIEGANI | 95 | M20/512 | (M)2655 | 01:00:56 | 06.05 |
| 530 | 1229 | KASUMOVIĆ Piotr | ŁÓDŹ | | POL ROSSBIEGANI | 91 | M20/530 | (M)2725 | 01:02:14 | 06.13 |
| 549 | 1244 | JANIAK Przemysław | ALEKSANDRÓW ŁÓDZKI | | POL ROSSBIEGANI | 97 | M20/549 | (M)2832 | 01:05:05 | 06.30 |
| 62 | 1249 | WANDZIOCH Krzysztof | SUWAŁKI | | POL ROSSBIEGANI | 92 | M20/62 | (M)228 | 00:41:05 | 04.06 |
| 179 | 1260 | KULESZA Sebastian | ŁÓDŹ | | POL ROSSBIEGANI | 96 | M20/179 | (M)923 | 00:47:24 | 04.44 |
| 579 | 1266 | CERAN Marek | ŁÓDŹ | | POL ROSSBIEGANI | 91 | M20/579 | (M)3006 | 01:16:24 | 07.38 |
| 230 | 1268 | OCHOTA Jakub | OZORKÓW | | POL ROSSBIEGANI | 90 | M20/230 | (M)1223 | 00:49:09 | 04.54 |
| 361 | 1292 | CIEŚLA Krzysztof | WROCLAW | | POL ROSSBIEGANI | 91 | M20/361 | (M)1919 | 00:53:42 | 05.22 |
| 534 | 1302 | GAŁKIEWICZ Patryk | PABIANICE | | POL ROSSBIEGANI | 93 | M20/534 | (M)2745 | 01:02:47 | 06.16 |
| 269 | 1304 | SAMBORSKI Artur | BELCHATÓW | | POL ROSSBIEGANI | 95 | M20/269 | (M)1442 | 00:50:17 | 05.01 |
| 189 | 1314 | SAŁACIŃSKI Łukasz | ŁÓDŹ | | POL ROSSBIEGANI | 89 | M20/189 | (M)983 | 00:47:48 | 04.46 |
| 284 | 1315 | SKONECZNY Jacek | PABIANICE | | POL ROSSBIEGANI | 92 | M20/284 | (M)1500 | 00:50:38 | 05.03 |
| 197 | 1326 | AGIER Mateusz | TUSZYN | | POL ROSSBIEGANI | 89 | M20/197 | (M)1029 | 00:48:02 | 04.48 |
| 385 | 1333 | OCHOTA Łukasz | OZORKÓW | | POL ROSSBIEGANI | 90 | M20/385 | (M)2075 | 00:55:01 | 05.30 |
| 150 | 1361 | KRÓLAK Damian | ŁASK | | POL ASSECO ACTIVE TEAM | 91 | M20/150 | (M)755 | 00:46:19 | 04.37 |
| 242 | 1364 | LALIK Maciej | ŁÓDŹ | | POL | 89 | M20/242 | (M)1312 | 00:49:35 | 04.57 |
| 190 | 1365 | WARDA Marcin | SZPETAL GÓRNY | | POL | 91 | M20/190 | (M)984 | 00:47:49 | 04.46 |
| 268 | 1377 | ZAKRZEWSKI Stanisław | ŁÓDŹ | | POL WWW DRUŻYNA BIEGOWA | 97 | M20/268 | (M)1441 | 00:50:17 | 05.01 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | M | Sex | Czas Time | [min/km] |
|--------------|--------|----------------------|---------------------|----------|--------------------------------|---------|--------------------|---------|-----|-----------|----------|
| 106 | 1392 | KAZUSEK Norbert | OPOCZNO | | POL | 92 | M20/106 | (M)457 | | 00:44:02 | 04.24 |
| 354 | 1401 | NOWAK Michal | ŁÓDŹ | | POL ZLY NOCNY BOMBOWIEC | 95 | M20/354 | (M)1888 | | 00:53:26 | 05.20 |
| 121 | 1411 | PODORSKI Jakub | ŁÓDŹ | | POL MAŁPSCY | 89 | M20/121 | (M)561 | | 00:44:47 | 04.28 |
| 172 | 1419 | GRZELAK Kamil | ŁÓDŹ | | POL - | 96 | M20/172 | (M)896 | | 00:47:16 | 04.43 |
| 263 | 1423 | BRAUN Marcin | SIERADZ | | POL | 89 | M20/263 | (M)1401 | | 00:50:02 | 05.00 |
| 438 | 1437 | BOCZKOWSKI Marcin | ŁÓDŹ | | POL | 90 | M20/438 | (M)2312 | | 00:57:13 | 05.43 |
| 410 | 1441 | NADOLSKI Jakub | WŁOCŁAWEK | | POL INFOSYS RUN | 89 | M20/410 | (M)2194 | | 00:56:06 | 05.36 |
| 100 | 1446 | JANOWSKI Maciej | ŁÓDŹ | | POL PHILIPS RUNNING TEAM ŁÓDŹ | 93 | M20/100 | (M)428 | | 00:43:47 | 04.22 |
| 313 | 1449 | KLUSKA Kamil | ŁÓDŹ | | POL PHILIPS RUNNING TEAM ŁÓDŹ | 91 | M20/313 | (M)1646 | | 00:51:36 | 05.09 |
| 346 | 1452 | UZARSKI Maciej | ŁÓDŹ | | POL ACCENTURE RUNNERS CLUB | 89 | M20/346 | (M)1819 | | 00:52:57 | 05.17 |
| 463 | 1456 | BĄCZYŃSKI Piotr | SZADEK | | POL RAJSPOORT ACTIVE | 91 | M20/463 | (M)2430 | | 00:58:14 | 05.49 |
| 353 | 1458 | ZAWODNIK Anonimowy | | | POL | | M20/353 | (M)1884 | | 00:53:23 | 05.20 |
| 472 | 1462 | JASIŃSKI Artur | ZGIERZ | | POL NIE ZRZESZONY | 90 | M20/472 | (M)2471 | | 00:58:42 | 05.52 |
| 29 | 1481 | WOLSKI Konrad | ZDUNY | | POL | 90 | M20/29 | (M)66 | | 00:37:34 | 03.45 |
| 370 | 1489 | STAŃCZAK Patryk | PABIANICE | | POL TEAM SC | 95 | M20/370 | (M)1980 | | 00:54:13 | 05.25 |
| 514 | 1497 | WARDEŚZKIEWICZ Jan | WARSZAWA | | POL ITISAKNOCKOUT | 95 | M20/514 | (M)2664 | | 01:01:07 | 06.06 |
| 273 | 1522 | KIZEWETER Kamil | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 91 | M20/273 | (M)1451 | | 00:50:20 | 05.02 |
| 97 | 1530 | MICHALAK Jonasz | ŁÓDŹ | | POL CIĘŻKIE MŁOTY | 96 | M20/97 | (M)406 | | 00:43:35 | 04.21 |
| 164 | 1531 | GRUSZCZELAK Łukasz | ŁĘCZYCA | | POL CIĘŻKIE MŁOTY | 96 | M20/164 | (M)845 | | 00:46:51 | 04.41 |
| 224 | 1544 | GABRYŚIAK Łukasz | WIELUŃ | | POL WIELUŃ BIEGA | 90 | M20/224 | (M)1189 | | 00:48:59 | 04.53 |
| 154 | 1549 | ADAMCZYK Kuba | KRYNICA-ZDRÓJ | | POL MTB KRYNICA-ZDRÓJ | 89 | M20/154 | (M)771 | | 00:46:27 | 04.38 |
| 256 | 1550 | WAWROCKI Sebastian | OSTRÓW WIELKOPOLSKI | | POL | 91 | M20/256 | (M)1374 | | 00:49:51 | 04.59 |
| 259 | 1570 | KOLASA Łukasz | ŁÓDŹ | | POL CITY TEAM | 90 | M20/259 | (M)1381 | | 00:49:54 | 04.59 |
| 379 | 1583 | GIDZGIER Andrzej | STRYKÓW | | POL WYBIERZ | 91 | M20/379 | (M)2043 | | 00:54:48 | 05.28 |
| 194 | 1587 | ZAJFERT Adam | ŁÓDŹ | | POL KROTOSKI-CICHY ŁÓDŹ | 90 | M20/194 | (M)1019 | | 00:47:59 | 04.47 |
| 311 | 1592 | CHĘCIŃSKI Rafał | ŁÓDŹ | | POL | 89 | M20/311 | (M)1642 | | 00:51:33 | 05.09 |
| 128 | 1594 | CHĘCIŃSKI Paweł | ŁÓDŹ | | POL | 90 | M20/128 | (M)637 | | 00:45:20 | 04.32 |
| 84 | 1595 | SZYMANIAK Paweł | RAWA MAZOWIECKA | | POL | 93 | M20/84 | (M)338 | | 00:42:55 | 04.17 |
| 422 | 1600 | SZCZEGIELNIAK Adam | ŁÓDŹ | | POL ATMOSFERA FITNESS&WELLNESS | 92 | M20/422 | (M)2246 | | 00:56:35 | 05.39 |
| 323 | 1603 | KRYŚCIAK Michał | SIERADZ | | POL | 90 | M20/323 | (M)1681 | | 00:51:51 | 05.11 |
| 105 | 1627 | JANECKA Mateusz | ŁASK | | POL | 92 | M20/105 | (M)454 | | 00:44:01 | 04.24 |
| 532 | 1654 | NOGALA Dominik | ŁÓDŹ | | POL DRAGON BALL | 92 | M20/532 | (M)2734 | | 01:02:31 | 06.15 |
| 221 | 1697 | SZYMAŃSKI Tomasz | | | POL | 90 | M20/221 | (M)1180 | | 00:48:55 | 04.53 |
| 246 | 1700 | LISIAK Jakub | ŁÓDŹ | | POL SKRZYWANA FACTORY | 93 | M20/246 | (M)1321 | | 00:49:37 | 04.57 |
| 486 | 1716 | WITKOWSKI Maciej | ŁÓDŹ | | POL | 90 | M20/486 | (M)2527 | | 00:59:17 | 05.55 |
| 129 | 1719 | CHUMAKOV Dmytro | ŁÓDŹ | | POL IDEMBIEGAĆ TEAM | 91 | M20/129 | (M)644 | | 00:45:24 | 04.32 |
| 500 | 1728 | FRAŹCZKOWSKI Adrian | ŁÓDŹ | | POL | 92 | M20/500 | (M)2580 | | 00:59:54 | 05.59 |
| 293 | 1740 | MATUSZEWSKI Piotr | TOMASZÓW | | POL TOMASZÓW RUN TEAM | 89 | M20/293 | (M)1555 | | 00:50:59 | 05.05 |
| 41 | 1745 | GOSIK Piotr | SKIERNIEWICE | | POL PARKRUN SKIERNIEWICE | 90 | M20/41 | (M)117 | | 00:39:14 | 03.55 |
| 445 | 1754 | KRAKOWIAK Paweł | ALEKSANDRÓW ŁÓDZKI | | POL SZALONE ŁASICZKI | 98 | M20/445 | (M)2359 | | 00:57:35 | 05.45 |
| 149 | 1761 | PIETRASIK Gabor | ŁÓDŹ | | POL RYTM | 94 | M20/149 | (M)746 | | 00:46:15 | 04.37 |
| 181 | 1764 | KŁOS Marcin | ŁÓDŹ | | POL | 93 | M20/181 | (M)948 | | 00:47:37 | 04.45 |
| 78 | 1784 | BUKOWSKI Jakub | TOMASZÓW | | POL WANDA PANFIL TEAM | 93 | M20/78 | (M)303 | | 00:42:25 | 04.14 |
| 182 | 1791 | STAŃCZYK Michał | BIAŁA RAWSKA | | POL MBANK | 95 | M20/182 | (M)956 | | 00:47:40 | 04.46 |
| 241 | 1802 | TOMCZAK Kamil | ŁÓDŹ | | POL EXCELSIOR CREW | 93 | M20/241 | (M)1311 | | 00:49:34 | 04.57 |
| 485 | 1805 | ADAMUS Adrian | ŁÓDŹ | | POL | 91 | M20/485 | (M)2526 | | 00:59:16 | 05.55 |
| 427 | 1806 | PIĘTA Mirosław | RZESZÓW | | POL PIETATEAM | 89 | M20/427 | (M)2273 | | 00:56:48 | 05.40 |
| 575 | 1812 | JANICKI Dariusz | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 89 | M20/575 | (M)2984 | | 01:13:23 | 07.20 |
| 321 | 1816 | BEDNAREK Jakub | ŁÓDŹ | | POL | 91 | M20/321 | (M)1678 | | 00:51:49 | 05.10 |
| 46 | 1818 | LEWANDOWSKI Bartosz | ELBLĄG | | POL | 90 | M20/46 | (M)138 | | 00:39:36 | 03.57 |
| 564 | 1871 | SITKIEWICZ Kamil | ŁÓDŹ | | POL 2017 | 90 | M20/564 | (M)2936 | | 01:09:26 | 06.56 |
| 68 | 1910 | GRZYB Konrad | ŁÓDŹ | | POL RYSIOTEAM/MORENA CZOŁOWA | 90 | M20/68 | (M)266 | | 00:41:42 | 04.10 |
| 38 | 1951 | CICHOSZ Maciej | CHOCIANÓW | | POL UMED ŁÓDŹ | 94 | M20/38 | (M)102 | | 00:38:55 | 03.53 |
| 345 | 1959 | KONIECZNY Sebastian | ZDUŃSKA WOLA | | POL | 93 | M20/345 | (M)1811 | | 00:52:55 | 05.17 |
| 301 | 1966 | SZADKOWSKI Piotr | ZGIERZ | | POL WS ZGIERZ | 94 | M20/301 | (M)1601 | | 00:51:14 | 05.07 |
| 110 | 1967 | BEZUCH Michał | WARSZAWA | | POL | 90 | M20/110 | (M)480 | | 00:44:14 | 04.25 |
| 112 | 1977 | CHIŻYŃSKI Michał | ŁÓDŹ | | POL | 90 | M20/112 | (M)503 | | 00:44:25 | 04.26 |
| 576 | 2009 | DĄBROWSKI Jakub | ZGIERZ | | POL | 94 | M20/576 | (M)2991 | | 01:13:46 | 07.22 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | M Sex | Czas Time | [min/km] |
|--------------|--------|-------------------------|---------------------|----------|------------------------------------|---------|--------------------|---------|-----------|----------|
| 479 | 2015 | PACZESNY Michał | KALISZ | | POL | 92 | M20/479 | (M)2509 | 00:59:04 | 05.54 |
| 36 | 2023 | KASZUBSKI Rafał | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 89 | M20/36 | (M)96 | 00:38:44 | 03.52 |
| 170 | 2046 | LENART Damian | ŁÓDŹ | | POL | 89 | M20/170 | (M)881 | 00:47:09 | 04.42 |
| 467 | 2050 | TOMASIK Bartłomiej | ŁÓDŹ | | POL ONKOTEAM | 89 | M20/467 | (M)2450 | 00:58:29 | 05.50 |
| 23 | 2069 | ROMANOWICZ Daniel | ALEKSANDRÓW | | POL | 90 | M20/23 | (M)53 | 00:36:50 | 03.41 |
| 383 | 2098 | KULESZA Sebastian | ŁÓDŹ | | POL ATLAS RUNNING TEAM | 97 | M20/383 | (M)2070 | 00:54:59 | 05.29 |
| 120 | 2105 | PASTUSZKA Marek | ŁÓDŹ | | POL | 89 | M20/120 | (M)554 | 00:44:43 | 04.28 |
| 292 | 2147 | ROSZEWSKI Bartosz | GŁOGOWIEC | | POL BIEGAJĄCY NA WZNIESIENIACH | 90 | M20/292 | (M)1553 | 00:50:58 | 05.05 |
| 557 | 2150 | ZDANOWICZ Przemysław | ŁÓDŹ | | POL | 89 | M20/557 | (M)2905 | 01:07:58 | 06.47 |
| 405 | 2155 | KLUCH Łukasz | DOBROŃ | | POL | 93 | M20/405 | (M)2172 | 00:55:52 | 05.35 |
| 517 | 2158 | PIETRASIAK Jakub | ŁÓDŹ | | POL | 91 | M20/517 | (M)2683 | 01:01:31 | 06.09 |
| 352 | 2188 | CZAJ Artur | DĄBROWA GÓRNICZA | | POL WYDZIRUNI | 92 | M20/352 | (M)1861 | 00:53:15 | 05.19 |
| 413 | 2198 | JABŁOŃSKI Marcin | ŁÓDŹ | | POL GLOBITEL | 90 | M20/413 | (M)2202 | 00:56:10 | 05.37 |
| 310 | 2214 | KŁONOWSKI Gracjan | MILICZ | | POL RUNNING CLUB MILICZ | 95 | M20/310 | (M)1639 | 00:51:33 | 05.09 |
| 373 | 2257 | ANDERSSON Zacharias | ŁÓDŹ | | SWE | 95 | M20/373 | (M)2004 | 00:54:22 | 05.26 |
| 132 | 2279 | KRÓLAK Jonatan | ŁÓDŹ | | POL B/S/H/ ŁÓDŹ RUNNING TEAM | 93 | M20/132 | (M)660 | 00:45:33 | 04.33 |
| 26 | 2285 | DRAŹEK Michał | BELCHATÓW | | POL DECATHLON CAR ŁÓDŹ | 93 | M20/26 | (M)58 | 00:37:17 | 03.43 |
| 318 | 2291 | OLSZEWSKI Michał | ZGIERZ | | POL - | 89 | M20/318 | (M)1661 | 00:51:42 | 05.10 |
| 387 | 2303 | MARKIEWICZ Mateusz | ŁÓDŹ | | POL GROT ŁÓDŹ | 94 | M20/387 | (M)2079 | 00:55:03 | 05.30 |
| 459 | 2316 | PIREK Piotr | GRABICA | | POL --- | 91 | M20/459 | (M)2414 | 00:58:04 | 05.48 |
| 213 | 2323 | BATOR Sebastian | ZDUŃSKA WOLA | | POL | 89 | M20/213 | (M)1137 | 00:48:44 | 04.52 |
| 270 | 2339 | FIDOR Michał | ŁÓDŹ | | POL | 90 | M20/270 | (M)1447 | 00:50:19 | 05.01 |
| 85 | 2354 | KOZŁOWSKI Mateusz | ŁÓDŹ | | POL | 91 | M20/85 | (M)344 | 00:42:58 | 04.17 |
| 491 | 2363 | DETNERSKI Kamil | ŁÓDŹ | | POL | 91 | M20/491 | (M)2546 | 00:59:29 | 05.56 |
| 245 | 2367 | MARCZEWSKI Maciej | ŁÓDŹ | | POL | 90 | M20/245 | (M)1316 | 00:49:35 | 04.57 |
| 264 | 2372 | WIECHA Marcin | ŁÓDŹ | | POL | 93 | M20/264 | (M)1423 | 00:50:12 | 05.01 |
| 482 | 2374 | GROCHULSKI Mariusz | TUSZYN | | POL TSN RUNNERS | 89 | M20/482 | (M)2515 | 00:59:10 | 05.55 |
| 430 | 2381 | REJMONCZYK Wojtek | ZELÓW | | POL BIEGING TEAM ZELÓW | 90 | M20/430 | (M)2280 | 00:56:50 | 05.41 |
| 10 | 2384 | WOJNICKI Łukasz | KUTNO | | POL TIME4S | 90 | M20/10 | (M)20 | 00:34:23 | 03.26 |
| 39 | 2385 | ZAKRZEWSKI Wojciech | WROCLAW | | POL OIRP WROCLAW | 90 | M20/39 | (M)103 | 00:38:55 | 03.53 |
| 429 | 2392 | JEZIORSKI Marcin | ŁÓDŹ | | POL | 90 | M20/429 | (M)2278 | 00:56:50 | 05.41 |
| 192 | 2418 | LEWANDOWSKI Paweł | SIERADZ | | POL | 89 | M20/192 | (M)1005 | 00:47:54 | 04.47 |
| 555 | 2420 | MARCINIAK Piotr | STRYKÓW | | POL | 92 | M20/555 | (M)2895 | 01:07:41 | 06.46 |
| 376 | 2423 | PUDLARZ Damian | ŁÓDŹ | | POL | 92 | M20/376 | (M)2021 | 00:54:36 | 05.27 |
| 369 | 2428 | SZEWCZYK Arkadiusz | TUSZYN | | POL | 93 | M20/369 | (M)1977 | 00:54:11 | 05.25 |
| 67 | 2429 | KRÓL Dariusz | TOMASZÓW | | POL | 96 | M20/67 | (M)265 | 00:41:41 | 04.10 |
| 339 | 2430 | WRÓŃSKI Dariusz | JUSTYNÓW | | POL SRTG ŁÓDŹ | 91 | M20/339 | (M)1790 | 00:52:48 | 05.16 |
| 572 | 2431 | DOMINIAK Jarosław | ŁÓDŹ | | POL | 89 | M20/572 | (M)2973 | 01:12:36 | 07.15 |
| 556 | 2438 | KLEPACZ Kamil | ŁÓDŹ | | POL | 98 | M20/556 | (M)2896 | 01:07:41 | 06.46 |
| 187 | 2454 | PIETRZAK Damian | ŁÓDŹ | | POL TOMTOM RUNNERS | 92 | M20/187 | (M)973 | 00:47:45 | 04.46 |
| 53 | 2456 | STUPNOWICZ Przemek | ŁÓDŹ | | POL EPOKA NORDICA ŁÓDŹ | 95 | M20/53 | (M)189 | 00:40:31 | 04.03 |
| 536 | 2459 | BOLIMOWSKI Bartłomiej | ŁÓDŹ | | POL UKS CZERWONA | 91 | M20/536 | (M)2759 | 01:03:08 | 06.18 |
| 116 | 2481 | PONIECKI Piotr | ŁÓDŹ | | POL | 96 | M20/116 | (M)535 | 00:44:37 | 04.27 |
| 225 | 2492 | FRAŃCZKOWSKI Damian | KOLUSZKI | | POL | 90 | M20/225 | (M)1204 | 00:49:03 | 04.54 |
| 350 | 2497 | KUŹNICKI Łukasz | ZADZIM | | POL | 94 | M20/350 | (M)1852 | 00:53:13 | 05.19 |
| 390 | 2508 | KUŹNICKI Mariusz | ZADZIM | | POL | 92 | M20/390 | (M)2089 | 00:55:06 | 05.30 |
| 222 | 2512 | SZYMAŃSKI Jakub | ZGIERZ | | POL | 94 | M20/222 | (M)1182 | 00:48:56 | 04.53 |
| 565 | 2516 | KOZIKOWSKI Mieszko | RĄBCZYN | | POL | 92 | M20/565 | (M)2946 | 01:10:25 | 07.02 |
| 548 | 2523 | ZAREMBA Adam | GRUDZIĄDZ | | POL | 93 | M20/548 | (M)2826 | 01:04:56 | 06.29 |
| 417 | 2524 | FELSZTUKIER Maksymilian | ŁÓDŹ | | POL | 96 | M20/417 | (M)2215 | 00:56:16 | 05.37 |
| 406 | 2528 | ZAWODNIK Anonimowy | | | POL | | M20/406 | (M)2176 | 00:55:55 | 05.35 |
| 265 | 2542 | NOWICKI Artur | KONSTANTYNÓW ŁÓDZKI | | POL RAZEM TRENUJEMY SPORT | 89 | M20/265 | (M)1429 | 00:50:14 | 05.01 |
| 348 | 2566 | SZYMKOWICZ Michał | ŁÓDŹ | | POL OPENRUN | 89 | M20/348 | (M)1832 | 00:53:05 | 05.18 |
| 394 | 2571 | MACIEJEWSKI Mateusz | PŁOCK | | POL JEDNOSTKA STRZELECKA 4008 ŁÓDŹ | 93 | M20/394 | (M)2106 | 00:55:18 | 05.31 |
| 568 | 2620 | NOWICKI Łukasz | ŁÓDŹ | | POL | 97 | M20/568 | (M)2955 | 01:11:03 | 07.06 |
| 407 | 2653 | JUSZKO Krzysztof | PABIANICE | | POL PGE OBRÓT RUN | 89 | M20/407 | (M)2177 | 00:55:56 | 05.35 |
| 240 | 2660 | WOŹNIAK Krzysztof | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 89 | M20/240 | (M)1303 | 00:49:32 | 04.57 |
| 509 | 2668 | POPIEL Robert | ŁÓDŹ | | POL | 95 | M20/509 | (M)2624 | 01:00:29 | 06.02 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | (M) Sex | Czas Time | [min/km] |
|--------------|--------|-----------------------|------------------|----------|---|---------|--------------------|---------|-----------|----------|
| 540 | 2676 | TECŁAW Piotr | KUTNO | | POL AUTO GARAGE-TECŁAW | 92 | M20/540 | (M)2782 | 01:03:43 | 06.22 |
| 216 | 2717 | KOSIK Łukasz | OSTRZESZÓW | | POL SFB POLSKA_OSTRZESZOW | 91 | M20/216 | (M)1157 | 00:48:49 | 04.52 |
| 113 | 2718 | MACHAJ Krzysztof | OSTRZESZÓW | | POL SFB POLSKA_OSTRZESZOW | 90 | M20/113 | (M)523 | 00:44:32 | 04.27 |
| 104 | 2735 | TOMCZAK Błażej | BRZOZÓWKA | | POL | 89 | M20/104 | (M)453 | 00:44:01 | 04.24 |
| 74 | 2755 | ŻUREK Wojciech | OPOLE | | POL AKTYWNY OSTRZESZÓW | 92 | M20/74 | (M)296 | 00:42:18 | 04.13 |
| 294 | 2777 | FUDALI Paweł | ŁOWCE | | POL | 91 | M20/294 | (M)1557 | 00:51:00 | 05.06 |
| 412 | 2779 | WLAŻŁAK Radosław | PABIANICE | | POL | 93 | M20/412 | (M)2201 | 00:56:10 | 05.37 |
| 278 | 2781 | PRZYBYLSKI Łukasz | SZADEK | | POL DUCH POSTEPU | 90 | M20/278 | (M)1467 | 00:50:27 | 05.02 |
| 215 | 2835 | CIEŚLAK Dariusz | SĘDZIEJOWICE | | POL RAJSPORT ACTIVE TEAM | 89 | M20/215 | (M)1153 | 00:48:48 | 04.52 |
| 37 | 2842 | SALDAN Grzegorz | BUSZKOWICE | | POL | 91 | M20/37 | (M)99 | 00:38:49 | 03.52 |
| 272 | 2847 | CHODOROWSKI Jarosław | KUTNO | | POL | 93 | M20/272 | (M)1450 | 00:50:20 | 05.02 |
| 290 | 2848 | KUCIŃSKI Damian | ŁOWICZ | | POL BIEGIEM PO PIWO | 93 | M20/290 | (M)1548 | 00:50:55 | 05.05 |
| 362 | 2862 | OLCZYK Łukasz | SIERADZ | | POL | 91 | M20/362 | (M)1921 | 00:53:43 | 05.22 |
| 82 | 2882 | BAK Jędrzej | ŁÓDŹ | | POL TME | 91 | M20/82 | (M)324 | 00:42:47 | 04.16 |
| 184 | 2896 | KACPERSKI Marcin | PIOTRKÓW | | POL | 94 | M20/184 | (M)959 | 00:47:41 | 04.46 |
| 145 | 2897 | WALCZAK Piotr | ŁÓDŹ | | POL | 94 | M20/145 | (M)728 | 00:46:06 | 04.36 |
| 126 | 2906 | MODRANKA Damian | SIERADZ | | POL RAJSPORT ACTIVE | 92 | M20/126 | (M)590 | 00:44:58 | 04.29 |
| 180 | 2916 | MĘDRZYCKI Piotr | ŁÓDŹ | | POL | 89 | M20/180 | (M)942 | 00:47:35 | 04.45 |
| 27 | 2926 | KOSSOWSKI Igor | ŁÓDŹ | | POL | 90 | M20/27 | (M)64 | 00:37:31 | 03.45 |
| 111 | 2931 | PYSZKO Mateusz | ŁÓDŹ | | POL | 93 | M20/111 | (M)495 | 00:44:21 | 04.26 |
| 35 | 2933 | HURMAN Mirosław | NAMYSŁÓW | | POL ACTIVRUN NAMYSŁÓW/DIEHL CONTROLS RUNNING TEAM | 89 | M20/35 | (M)87 | 00:38:37 | 03.51 |
| 34 | 2939 | MASIAREK Maciej | PIOTRKÓW | | POL | 93 | M20/34 | (M)82 | 00:38:30 | 03.51 |
| 176 | 2942 | GRABARSKI Karol | ŁÓDŹ | | POL CELIRONMAN | 90 | M20/176 | (M)913 | 00:47:21 | 04.44 |
| 336 | 2943 | KŁĄB Tomasz | KOLUSZKI | | POL | 92 | M20/336 | (M)1779 | 00:52:44 | 05.16 |
| 19 | 2949 | HURMAN Piotr | NAMYSŁÓW | | POL ACTIVRUN NAMYSŁÓW | 91 | M20/19 | (M)38 | 00:36:11 | 03.36 |
| 389 | 2961 | GALANT Łukasz | ŁÓDŹ | | POL TATE & LYLE ACTIVE TEAM | 92 | M20/389 | (M)2084 | 00:55:05 | 05.30 |
| 183 | 2962 | MAJCHRZAK Łukasz | ŁÓDŹ | | POL PIETRZYK RUNNING TEAM | 91 | M20/183 | (M)958 | 00:47:41 | 04.46 |
| 96 | 2986 | BARTNICKI Jędrzej | SIERADZ | | POL SIERADZBIEGA.PL | 94 | M20/96 | (M)394 | 00:43:28 | 04.20 |
| 351 | 2989 | JACKOWSKI Marcin | ŁÓDŹ | | POL VITADIET SPORT TEAM | 91 | M20/351 | (M)1859 | 00:53:14 | 05.19 |
| 489 | 2991 | KOZUBSKI Marcin | ŁÓDŹ | | POL VITADIET SPORT TEAM | 90 | M20/489 | (M)2537 | 00:59:23 | 05.56 |
| 329 | 2992 | KUROWSKI Przemysław | ŻAKOWICE | | POL VITADIET SPORT TEAM | 92 | M20/329 | (M)1725 | 00:52:11 | 05.13 |
| 447 | 2997 | TWARDOWSKI Kamil | ŁÓDŹ | | POL VITADIET SPORT TEAM | 92 | M20/447 | (M)2368 | 00:57:41 | 05.46 |
| 79 | 2999 | KŁOSOWSKI Michał | ŁÓDŹ | | POL GRZAŁKA RUNNERS! | 89 | M20/79 | (M)308 | 00:42:33 | 04.15 |
| 291 | 3009 | NOWOCIEŃ Maciej | MRAĞOWO | | POL CYTRYNKI | 90 | M20/291 | (M)1551 | 00:50:58 | 05.05 |
| 130 | 3026 | DUDAS Arkadiusz | ŁÓDŹ | | POL ATLAS RUNNING TEAM | 94 | M20/130 | (M)649 | 00:45:27 | 04.32 |
| 581 | 3040 | STANISZ Marek | ŁÓDŹ | | POL ATLAS RUNNING TEAM | 91 | M20/581 | (M)3013 | 01:17:08 | 07.42 |
| 250 | 3043 | SZUBIELSKI Marcin | ŁÓDŹ | | POL ATLAS RUNNING TEAM | 93 | M20/250 | (M)1355 | 00:49:48 | 04.58 |
| 159 | 3052 | WEDER Mateusz | ŁÓDŹ | | POL | 93 | M20/159 | (M)797 | 00:46:34 | 04.39 |
| 397 | 3062 | BIŚ Kamil | ŁÓDŹ | | POL | 95 | M20/397 | (M)2125 | 00:55:27 | 05.32 |
| 456 | 3110 | HUGUES Dubois | ŁÓDŹ | | POL FUJITSU RUNNING TEAM | 89 | M20/456 | (M)2403 | 00:57:59 | 05.47 |
| 247 | 3117 | KOPCZYŃSKI Mateusz | ANDRESPOL | | POL | 92 | M20/247 | (M)1331 | 00:49:41 | 04.58 |
| 563 | 3140 | STOLINSKI Adrian | ŁÓDŹ | | POL | 92 | M20/563 | (M)2921 | 01:08:39 | 06.51 |
| 302 | 3148 | MICHALSKI Tomasz | ŁÓDŹ | | POL KB ARTURÓWEK | 89 | M20/302 | (M)1611 | 00:51:20 | 05.08 |
| 399 | 3161 | PODMAJSTRZY Jacek | ŁÓDŹ | | POL | 93 | M20/399 | (M)2142 | 00:55:37 | 05.33 |
| 566 | 3166 | LUTY Paweł | ŁÓDŹ | | POL | 89 | M20/566 | (M)2951 | 01:10:45 | 07.04 |
| 64 | 3177 | GABARA Dawid | ŁÓDŹ | | POL SPORTERA OCR | 89 | M20/64 | (M)236 | 00:41:12 | 04.07 |
| 381 | 3187 | BARTCZAK Artur | ŁÓDŹ | | POL | 89 | M20/381 | (M)2057 | 00:54:55 | 05.29 |
| 391 | 3192 | BLACHOWICZ Alex | POZNAN | | POL | 95 | M20/391 | (M)2091 | 00:55:07 | 05.30 |
| 99 | 3208 | PĄCZKOWSKI Maciej | GOSZCZANÓW | | POL | 93 | M20/99 | (M)422 | 00:43:42 | 04.22 |
| 585 | 3226 | BORUCH Artur | ZDUŃSKA WOLA | | POL BBL ZDUŃSKA WOLA | 91 | M20/585 | (M)3026 | 01:21:18 | 08.07 |
| 523 | 3230 | PNIEWSKI Krzysztof | ŁÓDŹ | | POL | 92 | M20/523 | (M)2699 | 01:01:43 | 06.10 |
| 513 | 3248 | LIZAK Mateusz | ŁÓDŹ | | POL | 92 | M20/513 | (M)2660 | 01:01:01 | 06.06 |
| 257 | 3258 | LIPCZYŃSKI Rafał | PABIANICE | | POL COMARCH | 89 | M20/257 | (M)1375 | 00:49:51 | 04.59 |
| 131 | 3270 | STASZEWSKI Bartłomiej | KALISZ | | POL RAJSPORT ACTIVE | 89 | M20/131 | (M)650 | 00:45:28 | 04.32 |
| 169 | 3276 | GRZĘDA Jarosław | MAŁA WIEŚ | | POL MWA | 98 | M20/169 | (M)876 | 00:47:08 | 04.42 |
| 527 | 3277 | KOMOREK Krzysztof | RADOM | | POL | 94 | M20/527 | (M)2716 | 01:02:03 | 06.12 |
| 141 | 3282 | SZYMAŃSKI Kamil | ŁÓDŹ | | POL SPORTERA OCR | 95 | M20/141 | (M)719 | 00:46:02 | 04.36 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Czas Time | [min/km] |
|--------------|--------|-----------------------|---------------------|----------|--|---------|--------------------|-----------|----------|
| 347 | 3328 | DOBROWOLSKI Michał | ŁÓDŹ | | POL | 91 | M20/347 (M)1826 | 00:53:00 | 05.18 |
| 366 | 3330 | BOCHEN Przemysław | KALISZ | | POL KALISZ | 91 | M20/366 (M)1943 | 00:53:54 | 05.23 |
| 503 | 3334 | PIETRASZEK Igor | ŁÓDŹ | | POL | 89 | M20/503 (M)2604 | 01:00:16 | 06.01 |
| 207 | 3343 | BERCZAK Michał | STRYKÓW | | POL | 92 | M20/207 (M)1106 | 00:48:31 | 04.51 |
| 9 | 3347 | JASZCZAK Mateusz | OZORKÓW | | POL AKADEMIABIEGACZA.PL S.L. SALOS-WODNA | 90 | M20/9 (M)18 | 00:34:17 | 03.25 |
| ŁÓDŹ | | | | | | | | | |
| 57 | 3366 | CYGAŃSKI Adam | ŁANIĘTA | | POL | 91 | M20/57 (M)204 | 00:40:46 | 04.04 |
| 421 | 3374 | PUSTOLKA Michał | RYBNIK | | POL | 95 | M20/421 (M)2243 | 00:56:31 | 05.39 |
| 254 | 3383 | STASIAK Adrian | ŁÓDŹ | | POL NOVOTEL ŁÓDŹ CENTRUM | 91 | M20/254 (M)1366 | 00:49:50 | 04.59 |
| 542 | 3393 | PIETRUSZKA Przemysław | DĄBROWA GÓRNICZA | | POL | 94 | M20/542 (M)2794 | 01:03:58 | 06.23 |
| 50 | 3407 | WITEK Marcin | ŁÓDŹ | | POL ABB RUN 1.0 | 90 | M20/50 (M)161 | 00:39:57 | 03.59 |
| 60 | 3414 | CHODOROWICZ Mariusz | ZELÓW | | POL BIEGING TEAM ZELÓW | 92 | M20/60 (M)224 | 00:41:01 | 04.06 |
| 332 | 3416 | FILIPCZAK Łukasz | ŁÓDŹ | | POL | 95 | M20/332 (M)1731 | 00:52:13 | 05.13 |
| 452 | 3417 | FIJAŁKOWSKI Piotr | ŁÓDŹ | | POL FLEX | 90 | M20/452 (M)2387 | 00:57:52 | 05.47 |
| 255 | 3419 | DZIOMDZIORA Adam | ŁÓDŹ | | POL CYBERRUNNERS | 94 | M20/255 (M)1368 | 00:49:50 | 04.59 |
| 266 | 3429 | BOŃCZAK Kamil | SĘDZISZÓW | | POL UMED ŁÓDŹ | 94 | M20/266 (M)1431 | 00:50:14 | 05.01 |
| 136 | 3431 | NAZARCZYK Oskar | WODZIERADY | | POL LODZ KOCHA SPORT | 97 | M20/136 (M)675 | 00:45:40 | 04.34 |
| 573 | 3442 | KALUSIŃSKI Przemysław | PIĄTEK | | POL | 90 | M20/573 (M)2980 | 01:13:06 | 07.18 |
| 425 | 3447 | KACPRZAK Maciej | ŁÓDŹ | | POL | 90 | M20/425 (M)2268 | 00:56:45 | 05.40 |
| 492 | 3463 | MUSIAŁ Krzysztof | ŁÓDŹ | | POL | 89 | M20/492 (M)2548 | 00:59:30 | 05.57 |
| 372 | 3478 | KUBICA Maciej | OSTRZESZÓW | | POL | 90 | M20/372 (M)1993 | 00:54:19 | 05.25 |
| 271 | 3482 | MARCINIAK Paweł | ŁÓDŹ | | POL STRAŻNICY HOLDING | 94 | M20/271 (M)1448 | 00:50:19 | 05.01 |
| 21 | 3490 | MICHALSKI Daniel | PABIANICE | | POL UKS AZYMUT PABIANICE | 90 | M20/21 (M)45 | 00:36:26 | 03.38 |
| 327 | 3500 | CICHOWLAS Mateusz | ŁÓDŹ | | POL | 90 | M20/327 (M)1722 | 00:52:08 | 05.12 |
| 206 | 3504 | GRACZYK Przemysław | WARSZAWA | | POL | 98 | M20/206 (M)1105 | 00:48:31 | 04.51 |
| 210 | 3536 | KOWALEWSKI Dawid | PIOTRKÓW | | POL DELL RUNNING TEAM | 89 | M20/210 (M)1119 | 00:48:38 | 04.51 |
| 167 | 3565 | NEJMANT Damian | ŁÓDŹ | | POL | 89 | M20/167 (M)858 | 00:46:58 | 04.41 |
| 367 | 3593 | POLIT Łukasz | LIPCE REYMONTOWSKIE | | POL | 93 | M20/367 (M)1954 | 00:53:59 | 05.23 |
| 344 | 3600 | DOJLIDKO Michał | ZGIERZ | | POL WODA WRE | 91 | M20/344 (M)1809 | 00:52:54 | 05.17 |
| 497 | 3616 | STARZYŃSKI Adrian | ZGIERZ | | POL ZGIERZBIEGA | 92 | M20/497 (M)2568 | 00:59:41 | 05.58 |
| 72 | 3628 | KONIECZNY Tomasz | KSAWERÓW | | POL TAKEDA RUNNING TEAM | 89 | M20/72 (M)281 | 00:41:55 | 04.11 |
| 384 | 3629 | WYŻYKOWSKI Piotr | ŁÓDŹ | | POL TAKEDA RUNNING TEAM | 89 | M20/384 (M)2073 | 00:55:00 | 05.30 |
| 418 | 3639 | OLSZEWSKI Wiktor | SIERADZ | | POL RAJSPOORT ACTIVE | 92 | M20/418 (M)2223 | 00:56:22 | 05.38 |
| 322 | 3645 | WYRZYKOWSKI Maciej | ŁĘCZYCA | | POL ABB RUN 1.0 | 92 | M20/322 (M)1679 | 00:51:49 | 05.10 |
| 90 | 3657 | KRAWCZYK Przemysław | ŁÓDŹ | | POL | 91 | M20/90 (M)366 | 00:43:16 | 04.19 |
| 451 | 3661 | LUBICKI Daniel | LUBOCHNIA | | POL | 94 | M20/451 (M)2385 | 00:57:51 | 05.47 |
| 155 | 3667 | BISTUŁA Artur | PABIANICE | | POL | 97 | M20/155 (M)775 | 00:46:28 | 04.38 |
| 147 | 3674 | KRÓL Michał | ŁÓDŹ | | POL RAZEM TRENUJEMY SPORT | 94 | M20/147 (M)742 | 00:46:14 | 04.37 |
| 395 | 3681 | ARRIBAS Daniel | ŁÓDŹ | | ESP CLARIANT | 92 | M20/395 (M)2113 | 00:55:22 | 05.32 |
| 212 | 3682 | BŁASIAK Paweł | ŁÓDŹ | | POL CLARIANT | 91 | M20/212 (M)1135 | 00:48:43 | 04.52 |
| 570 | 3685 | CALERO Darwin | ŁÓDŹ | | VEN CLARIANT | 89 | M20/570 (M)2966 | 01:11:47 | 07.10 |
| 201 | 3691 | DOMINIAK Mateusz | ŁÓDŹ | | POL CLARIANT | 89 | M20/201 (M)1084 | 00:48:23 | 04.50 |
| 243 | 3694 | JASSO Adrian | ŁÓDŹ | | MEX CLARIANT | 91 | M20/243 (M)1313 | 00:49:35 | 04.57 |
| 529 | 3697 | KULAWIŃSKI Artur | ŁÓDŹ | | POL CLARIANT | 90 | M20/529 (M)2721 | 01:02:08 | 06.12 |
| 252 | 3699 | LAURENT Adrien | ŁÓDŹ | | FRA CLARIANT | 90 | M20/252 (M)1361 | 00:49:49 | 04.58 |
| 69 | 3702 | NIETO Luis | ŁÓDŹ | | ESP CLARIANT | 90 | M20/69 (M)269 | 00:41:47 | 04.10 |
| 307 | 3710 | VALDEZ Jose | ŁÓDŹ | | MEX CLARIANT | 91 | M20/307 (M)1628 | 00:51:28 | 05.08 |
| 382 | 3714 | BĄCZYK Grzegorz | ZGIERZ | | POL | 92 | M20/382 (M)2065 | 00:54:57 | 05.29 |
| 139 | 3715 | KIĘPISTY Patryk | ŁÓDŹ | | POL | 91 | M20/139 (M)698 | 00:45:54 | 04.35 |
| 325 | 3718 | ZIÓŁKOWSKI Tomasz | ALEKSANDRÓW ŁÓDZKI | | POL METTLER TOLEDO | 89 | M20/325 (M)1690 | 00:51:56 | 05.11 |
| 441 | 3728 | BARTNIAK Bartłomiej | DASZYNA | | POL MORZOWNIKI | 95 | M20/441 (M)2326 | 00:57:20 | 05.44 |
| 102 | 3736 | PIEKUTOWSKI Ireneusz | GORZÓW | | POL DECATHLON CAR ŁÓDŹ | 93 | M20/102 (M)442 | 00:43:54 | 04.23 |
| 203 | 3737 | BENKES Michał | ŁÓDŹ | | POL | 94 | M20/203 (M)1094 | 00:48:28 | 04.50 |
| 490 | 3768 | ZAWODNIK Anonimowy | | | TUR WHIRLPOOL RUNNING TEAM | | M20/490 (M)2540 | 00:59:25 | 05.56 |
| 437 | 3769 | ZYGMUNCIAK Adam | ŁÓDŹ | | POL WHIRLPOOL RUNNING TEAM | 90 | M20/437 (M)2305 | 00:57:08 | 05.42 |
| 304 | 3786 | GAŁKA Michał | TOMASZÓW | | POL | 94 | M20/304 (M)1615 | 00:51:20 | 05.08 |
| 306 | 3788 | BANASIAK Artur | WARSZAWA | | POL | 91 | M20/306 (M)1624 | 00:51:26 | 05.08 |
| 358 | 3793 | BANASIK Bartłomiej | CZAPLINEK | | POL | 97 | M20/358 (M)1914 | 00:53:39 | 05.21 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | M | W | Czas Time | [min/km] |
|--------------|--------|-------------------------|--------------------|----------|-------------------------|---------|--------------------|---------|---|-----------|----------|
| 140 | 3806 | BUCZKOWSKI Michał | SĘDZIEJOWICE | POL | . | 94 | M20/140 | (M)711 | | 00:45:58 | 04.35 |
| 214 | 3809 | GRUZIŃSKI Maciej | ŁÓDŹ | POL | | 90 | M20/214 | (M)1145 | | 00:48:46 | 04.52 |
| 558 | 3814 | LESIAK Łukasz | ZGIERZ | POL | IDEMBIEGAĆ TEAM | 92 | M20/558 | (M)2907 | | 01:08:13 | 06.49 |
| 375 | 3821 | WALENTYŃSKI Bartłomiej | WARSZAWA | POL | 25X100 | 91 | M20/375 | (M)2007 | | 00:54:26 | 05.26 |
| 392 | 3826 | SZYMCZAK Jakub | PABIANICE | POL | TEAM SC | 95 | M20/392 | (M)2095 | | 00:55:10 | 05.31 |
| 475 | 3828 | ŚLIWOWSKI Adam | WARSZAWA | POL | | 89 | M20/475 | (M)2488 | | 00:58:52 | 05.53 |
| 162 | 3832 | PLESKA Kacper | ROKICINY | POL | - | 98 | M20/162 | (M)820 | | 00:46:42 | 04.40 |
| 464 | 3833 | SANDOMIERSKI Bartłomiej | WARSZAWA | POL | WKURW_TEAM | 91 | M20/464 | (M)2432 | | 00:58:15 | 05.49 |
| 22 | 3864 | DMUCH Jakub | TRZEBNICA | POL | ATHLETICS TEAM PRUSICE | 92 | M20/22 | (M)52 | | 00:36:45 | 03.40 |
| 151 | 3873 | ŻELAZNY Jan | ŁÓDŹ | POL | TATE & LYLE ACTIVE TEAM | 89 | M20/151 | (M)757 | | 00:46:19 | 04.37 |
| 91 | 3878 | LIPIEC Sebastian | KUTNO | POL | UKS DZIEWIĄTKA KUTNO | 93 | M20/91 | (M)368 | | 00:43:16 | 04.19 |
| 328 | 3899 | LAZAREWICZ Sylwester | ALEKSANDRÓW ŁÓDZKI | POL | AGB TORFY | 89 | M20/328 | (M)1723 | | 00:52:08 | 05.12 |
| 5 | 3900 | MATNER Paweł | NYSA | POL | MATNER RUNNING TEAM | 91 | M20/5 | (M)11 | | 00:33:17 | 03.19 |
| 319 | 3905 | HEJDUK Krzysztof | ŁÓDŹ | POL | STRAŻNICY HOLDING | 96 | M20/319 | (M)1663 | | 00:51:43 | 05.10 |
| 402 | 3923 | DIONIZY Kamil | ŁÓDŹ | POL | | 89 | M20/402 | (M)2153 | | 00:55:43 | 05.34 |
| 432 | 3924 | DOMIŃCZYK Przemysław | ŁÓDŹ | POL | HUSARIA RACE TEAM | 92 | M20/432 | (M)2288 | | 00:56:57 | 05.41 |
| 531 | 3933 | ŁUCZAK Przemysław | KUTNO | POL | KLUB BIEGACZA ACCENTURE | 92 | M20/531 | (M)2727 | | 01:02:18 | 06.13 |
| 449 | 3943 | SZOCIŃSKI Michał | ŁÓDŹ | POL | - | 89 | M20/449 | (M)2375 | | 00:57:45 | 05.46 |
| 355 | 3955 | JĘDRZEJCZYK Tomasz | GŁÓWNO | POL | TOMTOM RUNNERS | 89 | M20/355 | (M)1894 | | 00:53:29 | 05.20 |
| 574 | 3959 | SAWICKI Adam | ŁÓDŹ | POL | ACCENTURE RUNNERS CLUB | 93 | M20/574 | (M)2982 | | 01:13:21 | 07.20 |
| 312 | 3971 | ROLNIK Adam | RADOM | POL | | 95 | M20/312 | (M)1643 | | 00:51:35 | 05.09 |
| 253 | 3977 | KASPRZYK Michał | KROSNO | POL | | 97 | M20/253 | (M)1365 | | 00:49:50 | 04.59 |
| 466 | 3985 | PRUSZYŃSKI Paweł | ŁÓDŹ | POL | TOMTOM RUNNERS | 90 | M20/466 | (M)2445 | | 00:58:25 | 05.50 |
| 335 | 3988 | BIERKOWSKI Kamil | ŁÓDŹ | POL | | 98 | M20/335 | (M)1762 | | 00:52:34 | 05.15 |
| 520 | 3994 | KONARCZAK Kacper | ŁÓDŹ | POL | | 91 | M20/520 | (M)2690 | | 01:01:35 | 06.09 |
| 448 | 3995 | PALUTEK Mateusz | ŁÓDŹ | POL | | 92 | M20/448 | (M)2373 | | 00:57:43 | 05.46 |
| 251 | 3999 | ANGULSKI Łukasz | ŁÓDŹ | POL | | 91 | M20/251 | (M)1357 | | 00:49:49 | 04.58 |
| 547 | 4002 | GÓRKIEWICZ Dominik | ŁÓDŹ | POL | ŁÓDZKIE DZIKI | 92 | M20/547 | (M)2820 | | 01:04:48 | 06.28 |
| 368 | 4012 | IGNACZEWSKI Michał | KUTNO | POL | SII RUNNING TEAM | 94 | M20/368 | (M)1971 | | 00:54:06 | 05.24 |
| 535 | 4014 | KROTIUK Artur | ŁASK | POL | SII RUNNING TEAM | 93 | M20/535 | (M)2753 | | 01:03:02 | 06.18 |
| 196 | 4054 | ROWIŃSKI Paweł | ŁÓDŹ | POL | | 90 | M20/196 | (M)1025 | | 00:48:01 | 04.48 |
| 279 | 4060 | SOBALA Bartosz | PABIANICE | POL | RAZEM TRENUJEMY SPORT | 92 | M20/279 | (M)1470 | | 00:50:28 | 05.02 |
| 541 | 4062 | WIĄZEK Michał | ZDUŃSKA WOLA | POL | | 90 | M20/541 | (M)2786 | | 01:03:47 | 06.22 |
| 528 | 4087 | DĄBROWSKI Norbert | ŁÓDŹ | POL | | 97 | M20/528 | (M)2717 | | 01:02:05 | 06.12 |
| 175 | 4093 | PAWLIK Damian | ŁÓDŹ | POL | DRUŻYNA BSS | 92 | M20/175 | (M)911 | | 00:47:20 | 04.44 |
| 51 | 4109 | MACIOS Rafał | ZIELONA GÓRA | POL | | 92 | M20/51 | (M)177 | | 00:40:11 | 04.01 |
| 487 | 4112 | ZAWODNIK Anonimowy | | POL | | | M20/487 | (M)2528 | | 00:59:17 | 05.55 |
| 122 | 4113 | MIKOŁAJCZYK Damian | UNIEJÓW | POL | KB GEOTERMIA UNIEJÓW | 94 | M20/122 | (M)563 | | 00:44:48 | 04.28 |
| 477 | 4119 | LISIECKI Adrian | PABIANICE | POL | | 94 | M20/477 | (M)2498 | | 00:58:57 | 05.53 |
| 473 | 4126 | FERENSZTAJN Krzysztof | OPOCZNO | POL | | 89 | M20/473 | (M)2477 | | 00:58:48 | 05.52 |
| 505 | 4130 | BRZEZIŃSKI Aleksander | ŁÓDŹ | POL | | 91 | M20/505 | (M)2613 | | 01:00:23 | 06.02 |
| 83 | 4136 | KWAPISIEWICZ Daniel | ŁÓDŹ | POL | | 94 | M20/83 | (M)330 | | 00:42:50 | 04.17 |
| 286 | 4140 | MIKOŁAJCZYK Dominik | ŁÓDŹ | POL | | 94 | M20/286 | (M)1522 | | 00:50:45 | 05.04 |
| 56 | 4142 | JANKOWSKI Waldemar | ŻERKÓW | POL | BLIŹNIACY | 89 | M20/56 | (M)202 | | 00:40:43 | 04.04 |
| 364 | 4145 | MICHALAK Bartłomiej | OLEŚNICA | POL | OLESNICKISPORT.PL | 90 | M20/364 | (M)1928 | | 00:53:45 | 05.22 |
| 229 | 4149 | ROLNIK Michał | RADOM | POL | | 98 | M20/229 | (M)1218 | | 00:49:07 | 04.54 |
| 143 | 4153 | CIECHAŃSKI Filip | BUKOWIEC | POL | | 92 | M20/143 | (M)724 | | 00:46:03 | 04.36 |
| 462 | 4159 | SKRZYŃSKI Mateusz | TUSZYN | POL | | 94 | M20/462 | (M)2429 | | 00:58:13 | 05.49 |
| 47 | 4164 | BROŹEK Rafał | CHOSZCZNO | POL | WIELUŃ BIEGA | 89 | M20/47 | (M)143 | | 00:39:42 | 03.58 |
| 168 | 4166 | JEZIORSKI Szymon | ŁÓDŹ | POL | | 98 | M20/168 | (M)865 | | 00:47:02 | 04.42 |
| 439 | 4175 | JAGIELSKI Damian | ZGIERZ | POL | | 92 | M20/439 | (M)2318 | | 00:57:15 | 05.43 |
| 188 | 4183 | STAJNIAK Bartłomiej | NAMYŚLÓW | POL | ACTIVRUN NAMYSŁÓW | 91 | M20/188 | (M)979 | | 00:47:47 | 04.46 |
| 144 | 4193 | KRÓL Kacper | ŻARNÓW | POL | RAZEM TRENUJEMY SPORT | 97 | M20/144 | (M)727 | | 00:46:05 | 04.36 |
| 567 | 4208 | FIEDOROWICZ Łukasz | ŁASK | POL | POZIOMKI | 89 | M20/567 | (M)2954 | | 01:10:56 | 07.05 |
| 204 | 4219 | CHEŃCZYŃSKI Artur | ŁÓDŹ | POL | NORDEA RUNNERS | 90 | M20/204 | (M)1097 | | 00:48:29 | 04.50 |
| 380 | 4220 | JAMKA Aleksander | ŁÓDŹ | POL | NORDEA RUNNERS | 93 | M20/380 | (M)2054 | | 00:54:52 | 05.29 |
| 341 | 4221 | CIOŁEK Mateusz | SIERADZ | POL | NORDEA RUNNERS | 93 | M20/341 | (M)1798 | | 00:52:51 | 05.17 |
| 476 | 4223 | DAWIDOWICZ Bartosz | ŁÓDŹ | POL | | 91 | M20/476 | (M)2493 | | 00:58:55 | 05.53 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Czas Time | [min/km] |
|--------------|--------|-----------------------|--------------------|----------|----------------------------------|---------|--------------------|-----------|----------|
| 330 | 4226 | GÓRECKI Mateusz | BEDOŃ NOWY | | POL NORDEA RUNNERS | 95 | M20/330 (M)1727 | 00:52:12 | 05.13 |
| 483 | 4232 | KABAT Marcin | JUSTYNÓW | | POL NORDEA RUNNERS | 91 | M20/483 (M)2522 | 00:59:15 | 05.55 |
| 199 | 4237 | MAJEWSKI Wojciech | ŁÓDŹ | | POL NORDEA RUNNERS | 91 | M20/199 (M)1045 | 00:48:08 | 04.48 |
| 234 | 4238 | MALEC Tomasz | ŁÓDŹ | | POL | 91 | M20/234 (M)1281 | 00:49:27 | 04.56 |
| 178 | 4241 | GIEROWSKI Mateusz | ALEKSANDRÓW ŁÓDZKI | | POL NORDEA RUNNERS | 91 | M20/178 (M)917 | 00:47:23 | 04.44 |
| 342 | 4243 | OGŁOZIŃSKI Michał | ŁÓDŹ | | POL NORDEA RUNNERS | 92 | M20/342 (M)1802 | 00:52:53 | 05.17 |
| 569 | 4244 | PERCZYŃSKI Łukasz | GOMUNICE | | POL NORDEA RUNNERS | 95 | M20/569 (M)2964 | 01:11:44 | 07.10 |
| 283 | 4249 | WALCZAK Łukasz | GŁOWNO | | POL NORDEA RUNNERS | 91 | M20/283 (M)1496 | 00:50:37 | 05.03 |
| 583 | 4257 | GORTYŃSKI Jędrzej | ŁÓDŹ | | POL | 91 | M20/583 (M)3022 | 01:19:45 | 07.58 |
| 518 | 4282 | LIMIERA Piotr | ŁÓDŹ | | POL | 94 | M20/518 (M)2684 | 01:01:31 | 06.09 |
| 377 | 4284 | LUTOWSKI Mikołaj | WARSZAWA | | POL 1991 | 91 | M20/377 (M)2028 | 00:54:39 | 05.27 |
| 117 | 4290 | LEWICKI Piotr | ŁÓDŹ | | POL | 89 | M20/117 (M)537 | 00:44:38 | 04.27 |
| 138 | 4314 | ŁUKASZYŃSKI Marek | OPOLE | | POL IZERSKA GRUPA BIEGOWA | 93 | M20/138 (M)693 | 00:45:49 | 04.34 |
| 277 | 4325 | KNOP Stefan | OPOCZNO | | POL NIESAMOWICI ONI | 92 | M20/277 (M)1466 | 00:50:27 | 05.02 |
| 275 | 4331 | WIADERNY Damian | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 92 | M20/275 (M)1458 | 00:50:24 | 05.02 |
| 205 | 4334 | JANUS Marcin | WIELUŃ | | POL WIELUŃ BIEGA | 90 | M20/205 (M)1101 | 00:48:30 | 04.51 |
| 127 | 4345 | PARMEE Alexander | WARSZAWA | | POL ŁÓDZKIE DZIKI | 90 | M20/127 (M)616 | 00:45:07 | 04.30 |
| 15 | 4360 | STOCHMALSKI Piotr | CHODEL | | POL ADIDAS RUNNERS WARSZAWA | 89 | M20/15 (M)29 | 00:35:31 | 03.32 |
| 13 | 4361 | URBASZEK Krystian | TOMASZOW | | POL WANDA PANFIL TEAM | 91 | M20/13 (M)25 | 00:34:52 | 03.29 |
| 146 | 4369 | LESIAK Sebastian | ŁÓDŹ | | POL | 89 | M20/146 (M)736 | 00:46:10 | 04.37 |
| 360 | 4385 | ZŁOTOCHA Damian | ŁÓDŹ | | POL B/S/H/ ŁÓDŹ RUNNING TEAM | 94 | M20/360 (M)1917 | 00:53:41 | 05.22 |
| 280 | 4386 | MANOWSKI Mikołaj | ŁÓDŹ | | POL B/S/H/ ŁÓDŹ RUNNING TEAM | 95 | M20/280 (M)1482 | 00:50:34 | 05.03 |
| 468 | 4392 | LISIECKI Kamil | ŁÓDŹ | | POL B/S/H/ ŁÓDŹ RUNNING TEAM | 90 | M20/468 (M)2453 | 00:58:31 | 05.51 |
| 453 | 4393 | WIŚNIEWSKI Bartosz | ŁÓDŹ | | POL B/S/H/ ŁÓDŹ RUNNING TEAM | 90 | M20/453 (M)2390 | 00:57:55 | 05.47 |
| 433 | 4399 | KRUZEROWSKI Marek | ŁÓDŹ | | POL B/S/H/ ŁÓDŹ RUNNING TEAM | 89 | M20/433 (M)2291 | 00:57:00 | 05.42 |
| 498 | 4401 | GRZĄDZIELA Przemysław | ŁÓDŹ | | POL B/S/H/ ŁÓDŹ RUNNING TEAM | 93 | M20/498 (M)2575 | 00:59:51 | 05.59 |
| 378 | 4411 | MATUSZAK Adam | ŁÓDŹ | | POL B/S/H/ ŁÓDŹ RUNNING TEAM | 91 | M20/378 (M)2038 | 00:54:45 | 05.28 |
| 77 | 4418 | GRACEK Filip | WROCLAW | | POL SUBIEGTYWNIE.PL | 90 | M20/77 (M)300 | 00:42:22 | 04.14 |
| 165 | 4419 | MAWLICHANÓW Maciej | ŁÓDŹ | | POL UMED ŁÓDŹ | 92 | M20/165 (M)847 | 00:46:52 | 04.41 |
| 521 | 4426 | GOŁACKI Michał | ŁÓDŹ | | POL | 92 | M20/521 (M)2692 | 01:01:39 | 06.09 |
| 70 | 4438 | HACZEK Wojciech | WARSZAWA | | POL | 91 | M20/70 (M)271 | 00:41:48 | 04.10 |
| 95 | 4439 | DOROBA Bartłomiej | ALEKSANDRÓW ŁÓDZKI | | POL FITTRAINER BARTŁOMIEJ DOROBA | 91 | M20/95 (M)388 | 00:43:25 | 04.20 |
| 416 | 4450 | ŚWIDEREK Tomasz | LNISNO | | POL | 93 | M20/416 (M)2214 | 00:56:15 | 05.37 |
| 239 | 4455 | URBAŃSKI Maciej | ZDUŃSKA WOLA | | POL BBL ZDUŃSKA WOLA | 90 | M20/239 (M)1301 | 00:49:32 | 04.57 |
| 287 | 4457 | BARANOWSKI Mateusz | ŁÓDŹ | | POL | 96 | M20/287 (M)1529 | 00:50:47 | 05.04 |
| 16 | 4461 | KAWELCZYK Mikołaj | CZĘSTOCHOWA | | POL ŻYCIE CZĘSTOCHOWY TEAM | 93 | M20/16 (M)31 | 00:35:43 | 03.34 |
| 12 | 4465 | KALUŻA Mateusz | CZĘSTOCHOWA | | POL | 94 | M20/12 (M)24 | 00:34:46 | 03.28 |
| 488 | 4498 | DELIPACY Karol | PIOTRKÓW | | POL PIOTRKÓWSKA GRUPA ROWEROWA | 91 | M20/488 (M)2534 | 00:59:21 | 05.56 |
| 40 | 4502 | BIAŁEK Damian | OZORKÓW | | POL | 91 | M20/40 (M)113 | 00:39:09 | 03.54 |
| 157 | 4509 | MATILLEK Miłosz | MIĘDZYBÓRZ | | POL (Z)DOLNY MIĘDZYBÓRZ | 89 | M20/157 (M)782 | 00:46:29 | 04.38 |
| 24 | 4511 | WYPYCH Patryk | CHĘCINY | | POL LACHO TEAM | 91 | M20/24 (M)55 | 00:37:02 | 03.42 |
| 470 | 4512 | JEZERSKI Hubert | KALISZ | | POL KKS KALISZ | 90 | M20/470 (M)2457 | 00:58:33 | 05.51 |
| 49 | 4515 | KLINIEWSKI Tomasz | ŁÓDŹ | | POL ROSSMAN | 90 | M20/49 (M)158 | 00:39:56 | 03.59 |
| 233 | 4525 | WRONA Michał | ŁÓDŹ | | POL FITQBE | 94 | M20/233 (M)1278 | 00:49:26 | 04.56 |
| 11 | 4526 | OMIELAN Wojciech | ELK | | POL ADIDAS RUNNERS WARSZAWA | 94 | M20/11 (M)21 | 00:34:36 | 03.27 |
| 160 | 4551 | MACANDER Jakub | SKIERNIEWICE | | POL | 94 | M20/160 (M)803 | 00:46:35 | 04.39 |
| 484 | 4560 | PIECH Przemysław | PABIANICE | | POL | 95 | M20/484 (M)2524 | 00:59:16 | 05.55 |
| 103 | 4565 | ULADZISLAW Shauchuk | GRODNO | | BLR | 95 | M20/103 (M)445 | 00:43:56 | 04.23 |
| 507 | 4567 | JABŁOŃSKI Adrian | ŁÓDŹ | | POL WYBIERZ | 94 | M20/507 (M)2617 | 01:00:27 | 06.02 |
| 238 | 4568 | KUCEMBA Michał | ŁÓDŹ | | POL | 93 | M20/238 (M)1296 | 00:49:31 | 04.57 |
| 314 | 4569 | SIWIK Mirosław | PAŃNÓW | | POL | 94 | M20/314 (M)1647 | 00:51:36 | 05.09 |
| 371 | 4573 | WÓJCIAK Mateusz | ŁÓDŹ | | POL | 95 | M20/371 (M)1981 | 00:54:14 | 05.25 |
| 578 | 4580 | MAZUR Marcin | ŁÓDŹ | | POL | 95 | M20/578 (M)3005 | 01:15:46 | 07.34 |
| 559 | 4585 | POJDA Rafał | RYBNIK | | POL | 92 | M20/559 (M)2908 | 01:08:15 | 06.49 |
| 522 | 4592 | ZAWODNIK Anonimowy | | | POL KORPOZWIERZAKI | | M20/522 (M)2694 | 01:01:40 | 06.10 |
| 560 | 4593 | KOZULSKI Mateusz | ŁÓDŹ | | POL | 96 | M20/560 (M)2909 | 01:08:16 | 06.49 |
| 297 | 4595 | PIKUS Łukasz | WARSZAWA | | POL - | 94 | M20/297 (M)1568 | 00:51:04 | 05.06 |
| 298 | 4601 | GAŚIŃSKI Tomasz | PABIANICE | | POL | 93 | M20/298 (M)1573 | 00:51:05 | 05.06 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|--------------|--------|-----------------------|------------------|----------|----------------------------|---------|--------------------|---------|-----------|----------|
| 465 | 4608 | SAWKIEWICZ Tomasz | WROCLAW | | POL ALKOZWIERZAKI | 90 | M20/465 | (M)2440 | 00:58:21 | 05.50 |
| 508 | 4610 | BANDURKA Piotr | BUKOWIEC K.ŁÓDZ | | POL | 90 | M20/508 | (M)2618 | 01:00:27 | 06.02 |
| 516 | 4611 | GARBACZ Jakub | ŁÓDŹ | | POL | 92 | M20/516 | (M)2677 | 01:01:26 | 06.08 |
| 419 | 4614 | MAŁECKI Michał | WARSZAWA | | POL ALKOZWIERZAKI | 90 | M20/419 | (M)2229 | 00:56:26 | 05.38 |
| 426 | 4615 | PAWLIKOWSKI Sebastian | TUREK | | POL KB MARATON TUREK | 89 | M20/426 | (M)2270 | 00:56:46 | 05.40 |
| 400 | 4620 | CISZEWSKI Kamil | PIOTRKÓW | | POL GARDA | 95 | M20/400 | (M)2143 | 00:55:39 | 05.33 |
| 343 | 4621 | ZAWODNIK Anonimowy | | | POL | | M20/343 | (M)1806 | 00:52:53 | 05.17 |
| 17 | 4645 | GAWRON Paweł | WARSZAWA | | POL ADIDAS RUNNERS WARSAW | 91 | M20/17 | (M)33 | 00:35:46 | 03.34 |
| 18 | 4651 | KHARCHENKO Dmytro | KYIV | | UKR PUSHBEB | 92 | M20/18 | (M)36 | 00:36:00 | 03.35 |
| 71 | 4659 | AUGUSTYNIAK Rafał | ŁÓDŹ | | POL | 94 | M20/71 | (M)280 | 00:41:54 | 04.11 |
| 450 | 4667 | GROŃSKI Marcin | ŁÓDŹ | | POL PEEK & CLOPPENBURG | 94 | M20/450 | (M)2382 | 00:57:51 | 05.47 |
| 525 | 4668 | JURECZKA Dawid | WROCLAW | | POL | 91 | M20/525 | (M)2701 | 01:01:44 | 06.10 |
| 480 | 4675 | SEBASTJANSKI Michał | ŁÓDŹ | | POL PEEK & CLOPPENBURG | 95 | M20/480 | (M)2510 | 00:59:04 | 05.54 |
| 434 | 4680 | ŻUCHOWSKI Hubert | ŁÓDŹ | | POL PEEK & CLOPPENBURG | 97 | M20/434 | (M)2292 | 00:57:01 | 05.42 |
| 237 | 4689 | MACHAŁA Szymon | ŁÓDŹ | | POL | 94 | M20/237 | (M)1290 | 00:49:28 | 04.56 |
| 580 | 4698 | KORKOSZ Damian | ŁÓDŹ | | POL | 91 | M20/580 | (M)3011 | 01:16:48 | 07.40 |
| 44 | 4703 | ŻÓRAWSKI Kacper | SIERADZ | | POL SIERADZBIEGA | 97 | M20/44 | (M)134 | 00:39:35 | 03.57 |
| 577 | 4725 | FILIPOWICZ Szymon | ŁÓDŹ | | POL PWC RUNNING TEAM | 89 | M20/577 | (M)3004 | 01:15:37 | 07.33 |
| 148 | 4732 | KOWALSKI Mateusz | WARSZAWA | | POL | 94 | M20/148 | (M)744 | 00:46:14 | 04.37 |
| 320 | 4733 | KANIA Michał | ŁÓDŹ | | POL ŁÓDZKIE DZIKI | 91 | M20/320 | (M)1672 | 00:51:47 | 05.10 |
| 478 | 4735 | WERSTAK Bartosz | PABIANICE | | POL | 96 | M20/478 | (M)2508 | 00:59:03 | 05.54 |
| 546 | 4744 | GAWRYSZCZAK Marcin | ŁÓDŹ | | POL ŁÓDZKIE DZIKI | 91 | M20/546 | (M)2814 | 01:04:43 | 06.28 |
| 235 | 4758 | BIELAK Rafał | ŁÓDŹ | | POL | 91 | M20/235 | (M)1284 | 00:49:27 | 04.56 |
| 135 | 4775 | KOZIEŁ Aleksander | ŁÓDŹ | | POL | 90 | M20/135 | (M)673 | 00:45:39 | 04.33 |
| 274 | 4781 | SZMIDT Filip | ŁÓDŹ | | POL WWW DRUŻYNA BIEGOWA | 97 | M20/274 | (M)1453 | 00:50:21 | 05.02 |
| 519 | 4783 | BŁAŻAŁEK Piotr | ŁÓDŹ | | POL | 95 | M20/519 | (M)2688 | 01:01:33 | 06.09 |
| 258 | 4784 | BOGUSZ Piotr | ŁÓDŹ | | POL | 93 | M20/258 | (M)1380 | 00:49:53 | 04.59 |
| 281 | 4786 | STĘPNIAK Sylwester | ŁÓDŹ | | POL | 94 | M20/281 | (M)1491 | 00:50:36 | 05.03 |
| 134 | 4795 | PIEKARSKI Filip | WROCLAW | | POL KS 042 ŁÓDŹ | 89 | M20/134 | (M)672 | 00:45:38 | 04.33 |
| 501 | 4813 | KACPRZAK Kamil | ŁÓDŹ | | POL VEOLIA | 93 | M20/501 | (M)2582 | 00:59:55 | 05.59 |
| 415 | 4828 | SYTY Krzysztof | KRAŚNIK | | POL VEOLIA | 92 | M20/415 | (M)2212 | 00:56:14 | 05.37 |
| 388 | 4832 | WOJTYRA Daniel | TARNOSKIE | | POL VEOLIA | 90 | M20/388 | (M)2082 | 00:55:04 | 05.30 |
| 89 | 4834 | ŻUŁTOWSKI Mateusz | ŁÓDŹ | | POL VEOLIA | 93 | M20/89 | (M)364 | 00:43:14 | 04.19 |
| 42 | 4836 | ZIEMBICKI Roman | WAŁBRZYCH | | POL KARKONOSZ RUNNING TEAM | 89 | M20/42 | (M)124 | 00:39:23 | 03.56 |
| 409 | 4857 | CYWIŃSKI Marek | ŁÓDŹ | | POL 1ON1 TEAM | 92 | M20/409 | (M)2182 | 00:56:01 | 05.36 |
| 173 | 4858 | POLIKOWSKI Aleksander | ŁÓDŹ | | POL | 98 | M20/173 | (M)900 | 00:47:18 | 04.43 |
| 54 | 4860 | IGIELSKI Paweł | ŁÓDŹ | | POL OIL ŁÓDŹ | 91 | M20/54 | (M)193 | 00:40:36 | 04.03 |
| 305 | 4863 | RATYŃSKI Paweł | ŁÓDŹ | | POL | 91 | M20/305 | (M)1621 | 00:51:24 | 05.08 |
| 356 | 4865 | JASNOWSKI Tomasz | OZORKÓW | | POL | 95 | M20/356 | (M)1900 | 00:53:30 | 05.21 |
| 317 | 4872 | PFEFFERER Maximilian | ŁÓDŹ | | POL UMED ŁÓDŹ | 95 | M20/317 | (M)1657 | 00:51:41 | 05.10 |
| 331 | 4877 | JAWORSKI Damian | OZORKÓW | | POL | 95 | M20/331 | (M)1730 | 00:52:12 | 05.13 |
| 337 | 4884 | ŁUCZAK Tomasz | ŁÓDŹ | | POL | 90 | M20/337 | (M)1780 | 00:52:45 | 05.16 |
| 296 | 4888 | STRZELECKI Kamil | PIOTRKÓW | | POL | 91 | M20/296 | (M)1565 | 00:51:03 | 05.06 |
| 562 | 4893 | KROPIDŁOWSKI Marcin | RĄBIEŃ | | POL | 89 | M20/562 | (M)2915 | 01:08:24 | 06.50 |
| 61 | 4899 | ŚLUSARZ Maciej | PABIANICE | | POL ASSECO ACTIVE TEAM | 94 | M20/61 | (M)225 | 00:41:02 | 04.06 |
| 208 | 4909 | GONTARSKI Adrian | ZGIERZ | | POL | 92 | M20/208 | (M)1114 | 00:48:35 | 04.51 |
| 276 | 4918 | MUSIAŁ Jędrzej | ŁÓDŹ | | POL DRUŻYNA SAPERÓW | 96 | M20/276 | (M)1462 | 00:50:25 | 05.02 |
| 551 | 4925 | PIERA Tomasz | ŁÓDŹ | | POL | 90 | M20/551 | (M)2845 | 01:05:25 | 06.32 |
| 236 | 4932 | COTA Bartłomiej | ŁÓDŹ | | POL ACCENTURE RUNNERS CLUB | 93 | M20/236 | (M)1288 | 00:49:28 | 04.56 |
| 494 | 4934 | MAJCZAK Marcin | ŁÓDŹ | | POL BALL DON'T LIE | 91 | M20/494 | (M)2551 | 00:59:32 | 05.57 |
| 442 | 4938 | KLIMCZAK Konrad | ŚLUPIA | | POL COMARCH | 95 | M20/442 | (M)2332 | 00:57:22 | 05.44 |
| 504 | 4939 | KOZAL Michał | ŁÓDŹ | | POL COMARCH | 92 | M20/504 | (M)2610 | 01:00:20 | 06.02 |
| 446 | 4940 | KUTA Łukasz | RZECZYCA | | POL COMARCH | 94 | M20/446 | (M)2361 | 00:57:36 | 05.45 |
| 267 | 4941 | NEUMANN Patryk | ŁÓDŹ | | POL | 92 | M20/267 | (M)1435 | 00:50:15 | 05.01 |
| 420 | 4942 | PALUCH Dominik | CZARNOCIN | | POL COMARCH | 95 | M20/420 | (M)2242 | 00:56:31 | 05.39 |
| 571 | 4944 | ZAWODNIK Anonimowy | | | POL NEW BALANCE ESKA TEAM | | M20/571 | (M)2969 | 01:12:04 | 07.12 |
| 539 | 4950 | ZAWODNIK Anonimowy | | | POL RECTICEL TEAM | | M20/539 | (M)2775 | 01:03:26 | 06.20 |
| 185 | 4979 | MACKIEWICZ Tomasz | JASTRZĘBIE-ZDRÓJ | | POL | 89 | M20/185 | (M)964 | 00:47:43 | 04.46 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | M | Sex | Czas Time | [min/km] |
|--------------|--------|--------------------------|---------------------|----------|----------------------------------|---------|--------------------|---------|-----|-----------|----------|
| 411 | 4980 | PRAŻANOWSKI Sergiusz | ŁÓDŹ | | POL | 89 | M20/411 | (M)2200 | | 00:56:09 | 05.36 |
| 357 | 4986 | STROZEK Emil | ŁÓDŹ | | POL | 91 | M20/357 | (M)1906 | | 00:53:36 | 05.21 |
| 533 | 4998 | SZYMACHA Rafał | ŁÓDŹ | | POL MAKOLAB RUNNING TEAM | 96 | M20/533 | (M)2740 | | 01:02:38 | 06.15 |
| 58 | 5000 | MAZIAR Vladyslav | KYIV | | UKR PUSHBEB | 98 | M20/58 | (M)210 | | 00:40:51 | 04.05 |
| 408 | 5003 | WIATR Bartłomiej | SIERADZ | | POL | 89 | M20/408 | (M)2180 | | 00:55:59 | 05.35 |
| 396 | 5012 | URBAŃSKI Wojciech | ŁÓDŹ | | POL FITAQUA | 91 | M20/396 | (M)2117 | | 00:55:25 | 05.32 |
| 142 | 5028 | GRALAK Michał | ZGIERZ | | POL | 92 | M20/142 | (M)722 | | 00:46:03 | 04.36 |
| 398 | 5030 | CWYNAR Przemysław | KOŁOBRZEG | | POL | 90 | M20/398 | (M)2129 | | 00:55:28 | 05.32 |
| 440 | 5032 | RESZKA Krzysztof | ŁÓDŹ | | POL MAGNETIX SPORT TEAM | 89 | M20/440 | (M)2320 | | 00:57:18 | 05.43 |
| 431 | 5037 | GRADEK Tomasz | SOCHACZEW | | POL | 95 | M20/431 | (M)2285 | | 00:56:54 | 05.41 |
| 393 | 5042 | JOACHIM Bartłomiej | PABIANICE | | POL | 95 | M20/393 | (M)2096 | | 00:55:11 | 05.31 |
| 20 | 5044 | SZRAM Jakub | ŁOWICZ | | POL | 98 | M20/20 | (M)39 | | 00:36:16 | 03.37 |
| 7 | 5048 | KOKOT Daniel | OZIMEK | | POL RAJSPOORT ACTIVE | 92 | M20/7 | (M)16 | | 00:34:05 | 03.24 |
| 359 | 5060 | DOLIŃSKI Filip | ŁÓDŹ | | POL | 90 | M20/359 | (M)1916 | | 00:53:40 | 05.22 |
| 300 | 5064 | JÓZWIK Bartłomiej | BEDOŃ PRZYKOŚCIELNY | | POL | 92 | M20/300 | (M)1594 | | 00:51:12 | 05.07 |
| 101 | 5065 | POPOWSKI Piotr | ŁOWICZ | | POL | 98 | M20/101 | (M)439 | | 00:43:53 | 04.23 |
| 232 | 5068 | KULAK Piotr | KAMIENSK | | POL AKTYWNI KAMIENSK | 89 | M20/232 | (M)1272 | | 00:49:24 | 04.56 |
| 218 | 5073 | TOMASZEWSKI Tobiasz | ŁÓDŹ | | POL WWW DRUŻYNA BIEGOWA | 97 | M20/218 | (M)1168 | | 00:48:52 | 04.53 |
| 163 | 5076 | GARCIA LUNA Juan gabriel | POZNAN | | POL - | 90 | M20/163 | (M)843 | | 00:46:49 | 04.40 |
| 109 | 5083 | BEZUCH Paweł | WODZISŁAW ŚLĄSKI | | POL | 96 | M20/109 | (M)478 | | 00:44:13 | 04.25 |
| 244 | 5092 | DZIEWANOWSKI Mateusz | ŁÓDŹ | | POL | 95 | M20/244 | (M)1314 | | 00:49:35 | 04.57 |
| 326 | 5101 | DYGUDA Bartosz | ŁÓDŹ | | POL | 92 | M20/326 | (M)1703 | | 00:52:01 | 05.12 |
| 299 | 5106 | SZTURC Adrian | ŁÓDŹ | | POL | 92 | M20/299 | (M)1588 | | 00:51:10 | 05.07 |
| 334 | 5110 | SADAWA Marek | ŁÓDŹ | | POL ŁÓDZKA FABRYKA | 94 | M20/334 | (M)1749 | | 00:52:27 | 05.14 |
| 249 | 5118 | SIEMIŃSKI Piotr | ŁÓDŹ | | POL | 89 | M20/249 | (M)1334 | | 00:49:41 | 04.58 |
| 66 | 5138 | PIETRZAK Marcin | ŁÓDŹ | | POL POWSTANIEC DOBRA | 89 | M20/66 | (M)260 | | 00:41:37 | 04.09 |
| 502 | 5146 | ZAJĄC Mariusz | WIELUŃ | | POL | 95 | M20/502 | (M)2603 | | 01:00:13 | 06.01 |
| 471 | 5162 | HARASYMCHUK Serhii | ŁÓDŹ | | POL INFOSYS RUN | 90 | M20/471 | (M)2460 | | 00:58:36 | 05.51 |
| 550 | 5167 | BONDARUK Piotr | ŁÓDŹ | | POL INFOSYS RUN | 92 | M20/550 | (M)2833 | | 01:05:06 | 06.30 |
| 584 | 5177 | DUDKIEWICZ Andrzej | ŁÓDŹ | | POL INFOSYS RUN | 89 | M20/584 | (M)3024 | | 01:19:47 | 07.58 |
| 349 | 5178 | BURIAN Tomáš | OSTRAVA | | CZE INFOSYS RUN | 90 | M20/349 | (M)1842 | | 00:53:10 | 05.19 |
| 137 | 5181 | RYKOWSKI Maciej | ŁÓDŹ | | POL INFOSYS RUN | 95 | M20/137 | (M)685 | | 00:45:46 | 04.34 |
| 209 | 5183 | MATUSIAK Kamil | ŁÓDŹ | | POL INFOSYS RUN | 90 | M20/209 | (M)1115 | | 00:48:35 | 04.51 |
| 8 | 5189 | STOBIECKI Marcin | ALEKSANDRÓW | | POL CERI INTERNATIONAL ŁÓDŹ | 92 | M20/8 | (M)17 | | 00:34:05 | 03.24 |
| 228 | 5196 | KOZŁOWSKI Tomasz | ŁÓDŹ | | POL POLSKA PLYTA / POLSKA MUZYKA | 90 | M20/228 | (M)1217 | | 00:49:07 | 04.54 |
| 424 | 5206 | SUCHOCKI Robert | ŁÓDŹ | | POL WATAHA | 91 | M20/424 | (M)2258 | | 00:56:38 | 05.39 |
| 365 | 5224 | STRZELEC Marcin | PABIANICE | | POL | 89 | M20/365 | (M)1931 | | 00:53:46 | 05.22 |
| 124 | 5225 | WACŁAWIAK Marcin | BIELAWY | | POL | 96 | M20/124 | (M)580 | | 00:44:53 | 04.29 |
| 92 | 5236 | LEWIAK Michał | GAŁKÓW MAŁY | | POL TRUCHT TEAM | 90 | M20/92 | (M)370 | | 00:43:17 | 04.19 |
| 401 | 5240 | MICHNIEWSKI Grzegorz | BUDZISZEWICE | | POL | 89 | M20/401 | (M)2147 | | 00:55:40 | 05.34 |
| 474 | 5247 | LESZCZYŃSKI Bartosz | ZGIERZ | | POL | 98 | M20/474 | (M)2478 | | 00:58:48 | 05.52 |
| 118 | 5249 | KOSMATKA Paweł | ŁÓDŹ | | POL UMED ŁÓDŹ | 93 | M20/118 | (M)543 | | 00:44:39 | 04.27 |
| 436 | 5257 | RYBA Krzysztof | ŁÓDŹ | | POL | 93 | M20/436 | (M)2300 | | 00:57:05 | 05.42 |
| 211 | 5261 | LIPIŃSKI Piotr | ŻARY | | POL AZS PŁ | 90 | M20/211 | (M)1126 | | 00:48:40 | 04.52 |
| 309 | 5273 | KAMINSKI Kamil | ŁÓDŹ | | POL | 91 | M20/309 | (M)1638 | | 00:51:32 | 05.09 |
| 493 | 5278 | KAMIŃSKI Artur | ŁÓDŹ | | POL | 93 | M20/493 | (M)2550 | | 00:59:32 | 05.57 |
| 414 | 5288 | ANDRZEJEWSKI Kamil | ŁÓDŹ | | POL MONAR | 95 | M20/414 | (M)2207 | | 00:56:13 | 05.37 |
| 262 | 5289 | BELTA Daniel | ŁÓDŹ | | POL MONAR | 95 | M20/262 | (M)1394 | | 00:50:00 | 05.00 |
| 261 | 5291 | CIEMAŁA Tomasz | ŁÓDŹ | | POL MONAR | 97 | M20/261 | (M)1390 | | 00:49:59 | 04.59 |
| 582 | 5293 | KARBOWNIK Marcin | ŁÓDŹ | | POL MONAR | 94 | M20/582 | (M)3014 | | 01:17:20 | 07.44 |
| 511 | 5295 | NIKOLAS Warmuz | ŁÓDŹ | | POL MONAR | 98 | M20/511 | (M)2631 | | 01:00:34 | 06.03 |
| 115 | 5311 | HAVELA Miroslav | PRAHA | | CZE | 90 | M20/115 | (M)531 | | 00:44:36 | 04.27 |
| 403 | 5331 | SZYMAŃSKI Łukasz | ŁÓDŹ | | POL | 92 | M20/403 | (M)2158 | | 00:55:45 | 05.34 |
| 443 | 5334 | PODSTOLSKI Michał | ŁÓDŹ | | POL | 90 | M20/443 | (M)2336 | | 00:57:24 | 05.44 |
| 288 | 5335 | STAŃCZYK Piotr | ŁÓDŹ | | POL | 89 | M20/288 | (M)1530 | | 00:50:47 | 05.04 |
| 308 | 5369 | WAGIEL Wiktor | ŁÓDŹ | | POL | 98 | M20/308 | (M)1633 | | 00:51:30 | 05.09 |
| 86 | 5376 | WLAŻŁAK Damian | KSAWEROW | | POL HUSARIA RACE TEAM | 92 | M20/86 | (M)350 | | 00:43:01 | 04.18 |
| 195 | 5412 | RUSZCZYŃSKI Adam | ŁÓDŹ | | POL | 94 | M20/195 | (M)1021 | | 00:47:59 | 04.47 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|--------------------------------|-----------|-------------------------|---------------------|-------------|---|------------|-----------------------|----------|--------------|----------|
| 171 | 5413 | DZIĘCIELEWSKI Michał | BRZEZINY | | POL | 92 | M20/171 | (M)883 | 00:47:10 | 04.43 |
| 469 | 5435 | SZYMCZAK Hubert | DOMANIEWICE | | POL | 90 | M20/469 | (M)2456 | 00:58:32 | 05.51 |
| 428 | 5443 | MAJSTEREK Artur | | | POL | 89 | M20/428 | (M)2277 | 00:56:49 | 05.40 |
| 295 | 5446 | ARMACKI Robert | ŁÓDŹ | | POL | 93 | M20/295 | (M)1561 | 00:51:01 | 05.06 |
| 303 | 5468 | KOTYNIA Krystian | KOLUSZKI | | POL | 94 | M20/303 | (M)1612 | 00:51:20 | 05.08 |
| 248 | 5505 | ŁYKO Damian | OSTRÓWEK | | POL WIELUŃ BIEGA | 89 | M20/248 | (M)1332 | 00:49:41 | 04.58 |
| 316 | 5506 | KOMIWIAK Bartłomiej | KOLONIA | | POL | 93 | M20/316 | (M)1656 | 00:51:40 | 05.10 |
| 76 | 5509 | AZIZOV Egor | BLAGOVESHENSK | | RUS | 97 | M20/76 | (M)299 | 00:42:22 | 04.14 |
| Bieg 10 km - M30 [1209] | | | | | | | | | | |
| 8 | 8 | FISKOVICZ Siergiej | | | UKR LKB RUDNIK | 80 | M30/8 | (M)13 | 00:33:28 | 03.20 |
| 1 | 9 | ROMANENKO Roman | DNIPRO | | UKR LKB RUDNIK | 88 | M30/1 | (M)2 | 00:30:14 | 03.01 |
| 4 | 11 | PARSZCZYŃSKI Łukasz | WARSZAWA | | POL K. S. PODLASIE BIAŁYSTOK | 85 | M30/4 | (M)8 | 00:32:09 | 03.12 |
| 3 | 12 | GOSIEWSKI Krzysztof | KOŁOBRZEG | | POL KS SMS SZKLARSKA PORĘBA | 88 | M30/3 | (M)7 | 00:31:42 | 03.10 |
| 2 | 13 | MATHEKA Benard muinde | ELDORÉ | | KEN BENEDEK-TEAM | 88 | M30/2 | (M)5 | 00:30:55 | 03.05 |
| 36 | 20 | OLEKSIWICZ Maurycy | ŁÓDŹ | | POL PACEMAKER 38 | 82 | M30/36 | (M)73 | 00:38:06 | 03.48 |
| 571 | 23 | WIĘCKOWSKI Marcin | ŁÓDŹ | | POL -AGB TORFY | 85 | M30/571 | (M)1378 | 00:49:52 | 04.59 |
| 1007 | 28 | BARANOWSKI Marcin | WARSZAWA | | POL | 85 | M30/1007 | (M)2541 | 00:59:25 | 05.56 |
| 627 | 36 | SZWACZKA Sebastian | | | POL | 82 | M30/627 | (M)1527 | 00:50:47 | 05.04 |
| 129 | 54 | IM Łukasz | ŁÓDŹ | | POL IMEDIA | 80 | M30/129 | (M)274 | 00:41:50 | 04.11 |
| 200 | 57 | KOWALCZYK Artur | BELCHATÓW | | POL | 86 | M30/200 | (M)469 | 00:44:09 | 04.24 |
| 903 | 58 | MATUSZAK Sebastian | OSTRÓW WIELKOPOLSKI | | POL | 84 | M30/903 | (M)2282 | 00:56:51 | 05.41 |
| 238 | 63 | CIEŚLAK Cezary | KIELCE | | POL | 84 | M30/238 | (M)555 | 00:44:43 | 04.28 |
| 168 | 65 | CZYŻNIELEWSKI Arkadiusz | ŁÓDŹ | | POL FAJNI.PL | 81 | M30/168 | (M)383 | 00:43:24 | 04.20 |
| 593 | 70 | GŁOWIŃSKI Damian | ZELÓW | | POL BIEGING TEAM ZELÓW | 88 | M30/593 | (M)1424 | 00:50:12 | 05.01 |
| 193 | 73 | ANDRZEJCZAK Tomasz | PABIANICE | | POL KORONA PABIANICE | 80 | M30/193 | (M)444 | 00:43:55 | 04.23 |
| 834 | 74 | PAJOR Wojciech | ŁÓDŹ | | POL | 87 | M30/834 | (M)2104 | 00:55:18 | 05.31 |
| 1153 | 75 | WOJNAR Maciej | ZDUŃSKA WOLA | | POL DZIKIE SIOSTRY | 80 | M30/1153 | (M)2890 | 01:07:23 | 06.44 |
| 409 | 76 | FILIPIAK Adam | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 86 | M30/409 | (M)985 | 00:47:49 | 04.46 |
| 361 | 77 | ŁASKI Radosław | ŁÓDŹ | | POL TATABIEGAJ | 83 | M30/361 | (M)863 | 00:47:01 | 04.42 |
| 55 | 88 | DROBNY Bartosz | ŁÓDŹ | | POL RAZEM TRENUJEMY SPORT | 86 | M30/55 | (M)120 | 00:39:17 | 03.55 |
| 1191 | 89 | RADKOWSKI Michał | WARSZAWA | | POL ACCOLADE WINES | 83 | M30/1191 | (M)3009 | 01:16:37 | 07.39 |
| 182 | 93 | JANIAK Marcin | ŁÓDŹ | | POL | 85 | M30/182 | (M)418 | 00:43:42 | 04.22 |
| 408 | 98 | ZAWODNIK Anonimowy | | | POL ROSSBIEGANI | | M30/408 | (M)980 | 00:47:48 | 04.46 |
| 483 | 106 | STAŃCZYK Artur | ŁÓDŹ | | POL | 85 | M30/483 | (M)1162 | 00:48:51 | 04.53 |
| 499 | 107 | KOWALIK Aleksander | BELCHATÓW | | POL | 85 | M30/499 | (M)1210 | 00:49:05 | 04.54 |
| 37 | 108 | PAPIERAK Mateusz | ŁÓDŹ | | POL MORENA CZOŁOWA | 87 | M30/37 | (M)75 | 00:38:10 | 03.49 |
| 1084 | 111 | PŁOSZAJSKI Łukasz | ŁÓDŹ | | POL | 88 | M30/1084 | (M)2722 | 01:02:09 | 06.12 |
| 402 | 117 | PIOTROWSKI Radek | ŁÓDŹ | | POL BIEGACZ NOWOSOLNA | 81 | M30/402 | (M)965 | 00:47:43 | 04.46 |
| 1080 | 121 | IWASZKO Paweł | WARSZAWA | | POL ACCOLADE WINES | 83 | M30/1080 | (M)2710 | 01:01:57 | 06.11 |
| 741 | 134 | WUJEK Sebastian | ŁÓDŹ | | POL | 84 | M30/741 | (M)1849 | 00:53:12 | 05.19 |
| 287 | 141 | KMIECIK Łukasz | ZGIERZ | | POL | 84 | M30/287 | (M)657 | 00:45:30 | 04.33 |
| 410 | 147 | KLISZKO Grzegorz | ŁÓDŹ | | POL | 86 | M30/410 | (M)986 | 00:47:49 | 04.46 |
| 1043 | 150 | BAKCYK Kacper | PODDĘBICE | | POL DIGITAL NOMAD | 88 | M30/1043 | (M)2632 | 01:00:35 | 06.03 |
| 269 | 151 | LESZKO Tomasz | ŁÓDŹ | | POL AKADEMIBIEGACZA.PL S.L. SALOS-WODNA79 ŁÓDŹ | M30/269 | (M)621 | 00:45:11 | 04.31 | |
| 1176 | 152 | JANICKI Tomek | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 84 | M30/1176 | (M)2961 | 01:11:35 | 07.09 |
| 1063 | 154 | MALCZEWSKI Marcin | ŁÓDŹ | | POL | 82 | M30/1063 | (M)2669 | 01:01:13 | 06.07 |
| 239 | 157 | CEGLA Adam | ŁÓDŹ | | POL | 85 | M30/239 | (M)557 | 00:44:44 | 04.28 |
| 900 | 160 | JANUSZEWSKI Łukasz | ŁÓDŹ | | POL ŻANDARMERIA WOJSKOWA | 84 | M30/900 | (M)2272 | 00:56:47 | 05.40 |
| 290 | 162 | KACPRZAK Przemysław | KUTNO | | POL KUTNO BIEGA | 85 | M30/290 | (M)667 | 00:45:35 | 04.33 |
| 517 | 165 | KAMIŃSKI Łukasz | ŁÓDŹ | | POL | 81 | M30/517 | (M)1240 | 00:49:18 | 04.55 |
| 450 | 168 | KASPRZAK Michał | STAROWA GÓRA | | POL MOVE FACTORY | 79 | M30/450 | (M)1078 | 00:48:19 | 04.49 |
| 157 | 172 | ZAWIERTA Jarosław | OSTRZESZÓW | | POL AKTYWNY OSTRZESZÓW | 86 | M30/157 | (M)341 | 00:42:56 | 04.17 |
| 476 | 176 | WIĘCKOWSKI Daniel | PIĄTEK | | POL TEMPIO PIĄTKOWSKI KLUB BIEGACZA | 85 | M30/476 | (M)1149 | 00:48:47 | 04.52 |
| 218 | 181 | BERESKA Artur | PIOTRKÓW | | POL JA SAM | 81 | M30/218 | (M)506 | 00:44:26 | 04.26 |
| 179 | 183 | WIEWIÓRSKI Dominik | ZGIERZ | | POL | 88 | M30/179 | (M)414 | 00:43:40 | 04.22 |
| 833 | 186 | ZAWODNIK Anonimowy | | | POL | | M30/833 | (M)2103 | 00:55:16 | 05.31 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------|-----------|------------------------------------|---------------------|-------------|---------------------------------------|------------|-----------------------|---------|--------------|----------|
| 31 | 201 | MIKOŁAJCZYK Damian | ZDUŃSKA WOLA | | POL OSP JANISZEWICE WWW.BIEGAJZOSP.PL | 88 | M30/31 | (M)67 | 00:37:40 | 03.46 |
| 366 | 203 | JANKOWSKI Marcin | SIERADZ | | POL GAZELE ARCUSA | 88 | M30/366 | (M)870 | 00:47:05 | 04.42 |
| 611 | 212 | ALBRECHT Łukasz | ALEKSANDRÓW ŁÓDZKI | | POL | 80 | M30/611 | (M)1480 | 00:50:32 | 05.03 |
| 53 | 214 | ROJEWSKI Paweł | ŁÓDŹ | | POL ROSSBIEGANI | 87 | M30/53 | (M)114 | 00:39:11 | 03.55 |
| 292 | 216 | OSTRUSZKA Michał | ŁÓDŹ | | POL | 82 | M30/292 | (M)674 | 00:45:39 | 04.33 |
| 478 | 217 | STANGRECIAK Wojciech | SKIERNIEWICE | | POL PARKRUN SKIERNIEWICE | 84 | M30/478 | (M)1151 | 00:48:47 | 04.52 |
| 718 | 225 | SOCHA Marcin | ŁÓDŹ | | POL ERICSSON RUN++ | 83 | M30/718 | (M)1788 | 00:52:48 | 05.16 |
| 828 | 231 | BEK Michał | LUĆMIERZ | | POL DRUŻYNA BSS | 81 | M30/828 | (M)2087 | 00:55:06 | 05.30 |
| 1189 | 232 | PIASECKI Dominik | KUTNO | | POL | 80 | M30/1189 | (M)2995 | 01:14:08 | 07.24 |
| 66 | 233 | UDUT Przemysław | ŁÓDŹ | | POL IMEDIA | 80 | M30/66 | (M)144 | 00:39:43 | 03.58 |
| 775 | 236 | NOWAK Roman | SIERADZ | | POL SCANFIL | 80 | M30/775 | (M)1951 | 00:53:57 | 05.23 |
| 415 | 240 | RACZYŃSKI Przemysław | ŁÓDŹ | | POL | 85 | M30/415 | (M)1002 | 00:47:52 | 04.47 |
| 790 | 250 | GRYGIEL Karol | ŁÓDŹ | | POL | 79 | M30/790 | (M)1983 | 00:54:14 | 05.25 |
| 821 | 252 | PIĘCEK Daniel | ŁÓDŹ | | POL | 83 | M30/821 | (M)2059 | 00:54:55 | 05.29 |
| 698 | 255 | GRZYBOWSKI Maciej | PIOTRKÓW | | POL | 86 | M30/698 | (M)1740 | 00:52:22 | 05.14 |
| 923 | 256 | KWASIBORSKI Michał | ŁÓDŹ | | POL | 82 | M30/923 | (M)2340 | 00:57:26 | 05.44 |
| 121 | 257 | TABAKA Zbigniew | GOSZCZANÓW | | POL SIERADZBIEGA.PL | 81 | M30/121 | (M)257 | 00:41:30 | 04.09 |
| 1039 | 259 | DUDKIEWICZ Sylwester | ŁÓDŹ | | POL | 81 | M30/1039 | (M)2621 | 01:00:28 | 06.02 |
| 96 | 262 | LESZCZYŃSKI Mateusz | ŁÓDŹ | | POL EVERRUN | 84 | M30/96 | (M)200 | 00:40:42 | 04.04 |
| 73 | 272 | WŁODARCZYK Michał | ŁÓDŹ | | POL EVERRUN | 80 | M30/73 | (M)160 | 00:39:56 | 03.59 |
| 118 | 278 | RATAJCZYK Grzegorz | BELCHATÓW | | POL KB SPARTAKUS BELCHATÓW | 85 | M30/118 | (M)253 | 00:41:27 | 04.08 |
| 566 | 285 | CICHOSZ Maciej | ŁÓDŹ | | POL BIEGAM POLESIE | 80 | M30/566 | (M)1369 | 00:49:50 | 04.59 |
| 799 | 287 | STODULSKI Łukasz | OZORKÓW | | POL KUTNO BIEGA | 82 | M30/799 | (M)2000 | 00:54:21 | 05.26 |
| 261 | 294 | JARECKI Michał | POZNAŃ | | POL | 83 | M30/261 | (M)601 | 00:45:02 | 04.30 |
| 188 | 297 | ODRZYWÓŁ VEL NAWENTURA Wojciech | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 80 | M30/188 | (M)433 | 00:43:49 | 04.22 |
| 106 | 300 | JAWORSKI Krzysztof | ŁÓDŹ | | POL | 80 | M30/106 | (M)222 | 00:41:00 | 04.06 |
| 1073 | 305 | ZALEWSKI Marcin | ŁÓDŹ | | POL | 85 | M30/1073 | (M)2687 | 01:01:33 | 06.09 |
| 456 | 307 | BIERZYŃSKI Marcin | ŁÓDŹ | | POL NAPIERACZE | 85 | M30/456 | (M)1096 | 00:48:29 | 04.50 |
| 132 | 316 | STAŃCZYK Dominik | ŁÓDŹ | | POL EVERRUN | 82 | M30/132 | (M)284 | 00:42:01 | 04.12 |
| 44 | 318 | KOTARSKI Łukasz | STARA ŻELAZNA | | POL JEŻOZWIERZE | 86 | M30/44 | (M)91 | 00:38:38 | 03.51 |
| 447 | 324 | SAWCZYK Piotr | ŁÓDŹ | | POL | 84 | M30/447 | (M)1073 | 00:48:17 | 04.49 |
| 354 | 329 | GRABOWSKI Mariusz | RĄBIEŃ | | POL VICTORIA RĄBIEŃ | 80 | M30/354 | (M)848 | 00:46:52 | 04.41 |
| 27 | 334 | MIROWSKI Kamil | ZGIERZ | | POL - | 87 | M30/27 | (M)56 | 00:37:07 | 03.42 |
| 51 | 338 | WALENLIK Marcin | RADOM | | POL | 84 | M30/51 | (M)111 | 00:39:04 | 03.54 |
| 304 | 341 | DROŹDŹEWSKI Michał | ŁÓDŹ | | POL | 81 | M30/304 | (M)700 | 00:45:54 | 04.35 |
| 1066 | 346 | LASOCKI Michał | ŁÓDŹ | | POL RYSIE | 81 | M30/1066 | (M)2673 | 01:01:18 | 06.07 |
| 709 | 357 | SYLWESTROWICZ Wojciech | ŁÓDŹ | | POL | 80 | M30/709 | (M)1774 | 00:52:44 | 05.16 |
| 714 | 362 | KOWALSKI Robert | ŁÓDŹ | | POL | 80 | M30/714 | (M)1784 | 00:52:47 | 05.16 |
| 136 | 367 | KMIECIAK Piotr | ŁÓDŹ | | POL WORLD360.PL | 84 | M30/136 | (M)292 | 00:42:16 | 04.13 |
| 889 | 368 | CHMIELEWSKI Jarosław | ŁASK | | POL RAJSPOORT ACTIVE | 81 | M30/889 | (M)2244 | 00:56:33 | 05.39 |
| 1174 | 373 | SOLTYS Marcin | ŁÓDŹ | | POL RAZEM TRENUJEMY SPORT | 80 | M30/1174 | (M)2957 | 01:11:05 | 07.06 |
| 337 | 378 | WASIAK Tomasz | ŁÓDŹ | | POL RAZEM TRENUJEMY SPORT | 82 | M30/337 | (M)805 | 00:46:36 | 04.39 |
| 370 | 380 | SKWARNECKI Damian | ŁÓDŹ | | POL RAZEM TRENUJEMY SPORT | 80 | M30/370 | (M)880 | 00:47:09 | 04.42 |
| 540 | 389 | WOŹNY Rafał | ANDRESPOL | | POL | 81 | M30/540 | (M)1293 | 00:49:30 | 04.57 |
| 173 | 391 | BUDZYŃSKI Piotr | ZGIERZ | | POL JEŻOZWIERZE | 79 | M30/173 | (M)399 | 00:43:31 | 04.21 |
| 738 | 392 | CHUDZIK Mateusz | ŁÓDŹ | | POL CHUDZIK I WSPÓLNICY | 79 | M30/738 | (M)1841 | 00:53:09 | 05.18 |
| 174 | 395 | SOBCZYK Grzegorz | WIELUŃ | | POL WIELUŃ BIEGA | 83 | M30/174 | (M)400 | 00:43:32 | 04.21 |
| 507 | 396 | SŁOKA Marcin | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 79 | M30/507 | (M)1224 | 00:49:09 | 04.54 |
| 800 | 412 | PYRGIEL Łukasz | ŁÓDŹ | | POL | 84 | M30/800 | (M)2001 | 00:54:21 | 05.26 |
| 203 | 413 | KOZŁOWSKI Przemek | ŁÓDŹ | | POL VERA RUNNING TEAM | 83 | M30/203 | (M)474 | 00:44:11 | 04.25 |
| 357 | 422 | KŁOPOCKI Tomek | KROTOSZYN | | POL KROTOSZYŃSKA GRUPA BIEGOWA | 84 | M30/357 | (M)855 | 00:46:57 | 04.41 |
| 603 | 424 | WALISZEK Michał | ŁÓDŹ | | POL WATAHA | 82 | M30/603 | (M)1465 | 00:50:27 | 05.02 |
| 659 | 427 | MICHALSKI Mariusz | ŁÓDŹ | | POL | 82 | M30/659 | (M)1606 | 00:51:17 | 05.07 |
| 642 | 433 | MATACHOWSKI Mariusz | ŁÓDŹ | | POL | 86 | M30/642 | (M)1564 | 00:51:02 | 05.06 |
| 548 | 440 | MAJOS Adam | TUSZYN | | POL BIEGAM WSPIERAM MOTYWUJĘ | 84 | M30/548 | (M)1315 | 00:49:35 | 04.57 |
| 120 | 443 | KUCHARCZYK Tomasz | PIATEK | | POL TEMPIO PIĄTKOWSKI KLUB BIEGACZA | 79 | M30/120 | (M)256 | 00:41:30 | 04.09 |
| 555 | 449 | SOBCZYK Arkadiusz | ŁÓDŹ | | POL | 83 | M30/555 | (M)1333 | 00:49:41 | 04.58 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | M | Sex | Czas Time | [min/km] |
|--------------|--------|------------------------|--------------------|----------|-------------------------------------|---------|--------------------|-----|------|-----------|----------|
| 141 | 461 | UBYCH Mariusz | ŁÓDŹ | | POL ŁÓDŹ RUNNING TEAM | 88 | M30/141 | (M) | 306 | 00:42:31 | 04.15 |
| 502 | 465 | WODZYŃSKI Marcin | PIĄTEK | | POL TEMPIO PIĄTKOWSKI KLUB BIEGACZA | 82 | M30/502 | (M) | 1215 | 00:49:06 | 04.54 |
| 631 | 473 | ROST Piotr | BELCHATÓW | | POL ZZPRC KWB BELCHATÓW | 82 | M30/631 | (M) | 1535 | 00:50:49 | 05.04 |
| 187 | 474 | WOJTCZAK Dominik | ŁÓDŹ | | POL MORENA CZOŁOWA | 88 | M30/187 | (M) | 430 | 00:43:47 | 04.22 |
| 744 | 481 | MATACHOWSKI Daniel | ŁÓDŹ | | POL | 81 | M30/744 | (M) | 1855 | 00:53:14 | 05.19 |
| 887 | 485 | WALTER Michał | WARSZAWA | | POL | 88 | M30/887 | (M) | 2235 | 00:56:28 | 05.38 |
| 371 | 491 | JANIAK Marcin | ŁÓDŹ | | POL | 86 | M30/371 | (M) | 885 | 00:47:11 | 04.43 |
| 208 | 495 | NOWAK Tomasz | ŁÓWICZ | | POL STARZYŃSKIEGO BIEGA ŁÓWICZ | 87 | M30/208 | (M) | 486 | 00:44:18 | 04.25 |
| 1152 | 505 | ZAWODNIK Anonimowy | | | POL | | M30/1152 | (M) | 2886 | 01:07:11 | 06.43 |
| 1125 | 510 | JEZERSKI Patryk | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 80 | M30/1125 | (M) | 2810 | 01:04:28 | 06.26 |
| 334 | 513 | CHYBA Jakub | WARSZAWA | | POL VENEZIA | 85 | M30/334 | (M) | 789 | 00:46:31 | 04.39 |
| 647 | 515 | KOŁTYSZ Roman | MYSZKÓW | | POL MYSZKÓW | 81 | M30/647 | (M) | 1575 | 00:51:06 | 05.06 |
| 702 | 517 | BONIECKI Dariusz | ŁÓDŹ | | POL | 81 | M30/702 | (M) | 1748 | 00:52:27 | 05.14 |
| 751 | 521 | KOLEJWA Paweł | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 84 | M30/751 | (M) | 1877 | 00:53:20 | 05.20 |
| 579 | 522 | MADAJ Emil | ŁÓDŹ | | POL DRIMTIM.) | 80 | M30/579 | (M) | 1402 | 00:50:02 | 05.00 |
| 241 | 525 | PILNIAK Mariusz | WARSZAWA | | POL VENEZIA | 79 | M30/241 | (M) | 560 | 00:44:46 | 04.28 |
| 1147 | 530 | MACHTAŁOWICZ Szymon | ŁÓDŹ | | POL | 83 | M30/1147 | (M) | 2862 | 01:06:03 | 06.36 |
| 1107 | 542 | CIEMIENIEWSKI Jarosław | ŁÓDŹ | | POL AKADEMIA JUDO ŁÓDŹ | 81 | M30/1107 | (M) | 2773 | 01:03:26 | 06.20 |
| 877 | 554 | ŚWIGULSKI Paweł | ŁÓDŹ | | POL | 81 | M30/877 | (M) | 2209 | 00:56:13 | 05.37 |
| 477 | 558 | DOPIERAŁA Łukasz | ŁÓDŹ | | POL B/S/H/ ŁÓDŹ RUNNING TEAM | 82 | M30/477 | (M) | 1150 | 00:48:47 | 04.52 |
| 325 | 560 | KRUSZEWSKI Łukasz | ŁÓDŹ | | POL KLINGSPOR | 80 | M30/325 | (M) | 769 | 00:46:26 | 04.38 |
| 1017 | 567 | NOWACKI Grzegorz | ZELÓW | | POL BIEGING TEAM ZELÓW | 84 | M30/1017 | (M) | 2561 | 00:59:38 | 05.57 |
| 21 | 569 | GĘSIĄK Arkadiusz | WIELUŃ | | POL WIELUŃ BIEGA | 84 | M30/21 | (M) | 42 | 00:36:18 | 03.37 |
| 570 | 571 | JAŹWIECKI Michał | STRYKÓW | | POL SNG WILD DUCKS | 83 | M30/570 | (M) | 1377 | 00:49:52 | 04.59 |
| 454 | 572 | WINIARSKI Maciej | ŁÓDŹ | | POL SRTG ŁÓDŹ | 87 | M30/454 | (M) | 1092 | 00:48:26 | 04.50 |
| 213 | 576 | MATUSIAK Mateusz | ZGIERZ | | POL SNG WILD DUCKS | 87 | M30/213 | (M) | 494 | 00:44:21 | 04.26 |
| 139 | 586 | WRÓBLEWSKI Wojtek | ZGIERZ | | POL SNG WILD DUCKS | 79 | M30/139 | (M) | 301 | 00:42:24 | 04.14 |
| 523 | 590 | MACIAS Piotr | SKIERNIEWICE | | POL | 85 | M30/523 | (M) | 1256 | 00:49:21 | 04.56 |
| 23 | 593 | PETRYKOWSKI Sebastian | ŁĘCZYCA | | POL CAUCHY TEAM | 81 | M30/23 | (M) | 46 | 00:36:30 | 03.39 |
| 1185 | 595 | PIETROŃ Patryk | ŁÓDŹ | | POL | 85 | M30/1185 | (M) | 2983 | 01:13:22 | 07.20 |
| 1035 | 597 | CZYŻEWSKI Tomasz | PODDĘBICE | | POL | 85 | M30/1035 | (M) | 2614 | 01:00:24 | 06.02 |
| 505 | 599 | SZYLLER Bartosz | RABIEŃ | | POL 1982 | 82 | M30/505 | (M) | 1221 | 00:49:08 | 04.54 |
| 145 | 607 | BUGAJNY Mariusz | ŁÓDŹ | | POL | 83 | M30/145 | (M) | 317 | 00:42:42 | 04.16 |
| 1027 | 609 | BŁASZCZYK Mikołaj | ŁÓDŹ | | POL | 82 | M30/1027 | (M) | 2585 | 00:59:59 | 05.59 |
| 91 | 618 | ILKIEWICZ Adam | WARSZAWA | | POL 3BRO | 81 | M30/91 | (M) | 192 | 00:40:33 | 04.03 |
| 122 | 619 | CIEŚLIK Mariusz | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 82 | M30/122 | (M) | 258 | 00:41:33 | 04.09 |
| 263 | 636 | GRABARZ Przemysław | PABIANICE | | POL SII RUNNING TEAM | 87 | M30/263 | (M) | 606 | 00:45:04 | 04.30 |
| 130 | 638 | JAGODA Łukasz | ŁÓDŹ | | POL NARODOWY BANK POLSKI | 81 | M30/130 | (M) | 276 | 00:41:51 | 04.11 |
| 960 | 640 | BARAŃSKI Krzysztof | BRZEZINY | | POL BRAK | 80 | M30/960 | (M) | 2423 | 00:58:10 | 05.49 |
| 987 | 647 | WYMYSŁOWSKI Marcin | ALEKSANDRÓW ŁÓDZKI | | POL MBANK | 81 | M30/987 | (M) | 2487 | 00:58:52 | 05.53 |
| 249 | 650 | SZAFRAŃSKI Rafał | MOSZCZENICA | | POL | 85 | M30/249 | (M) | 577 | 00:44:52 | 04.29 |
| 285 | 651 | GĘBICKI Norbert | ŁÓDŹ | | POL TOMTOM RUNNERS | 84 | M30/285 | (M) | 653 | 00:45:29 | 04.32 |
| 1028 | 655 | ZYDLER Krystian | ŁÓDŹ | | POL IDEMBIEGAĆ TEAM | 88 | M30/1028 | (M) | 2588 | 01:00:01 | 06.00 |
| 355 | 657 | WALCZAK Sebastian | ŁÓDŹ | | POL | 79 | M30/355 | (M) | 849 | 00:46:53 | 04.41 |
| 541 | 659 | FALKOWSKI Arkadiusz | WIELUŃ | | POL | 84 | M30/541 | (M) | 1297 | 00:49:31 | 04.57 |
| 958 | 660 | TROJANOWSKI Krzysztof | OPOCZNO | | POL - | 80 | M30/958 | (M) | 2418 | 00:58:07 | 05.48 |
| 638 | 666 | DOBROWOLSKI Mariusz | GŁÓWNO | | POL | 82 | M30/638 | (M) | 1554 | 00:50:58 | 05.05 |
| 993 | 670 | TARCZYŃSKI Dominik | ŁÓDŹ | | POL | 81 | M30/993 | (M) | 2504 | 00:59:00 | 05.54 |
| 443 | 672 | PIECZYKOLAN Kamil | ŁÓDŹ | | POL | 81 | M30/443 | (M) | 1062 | 00:48:11 | 04.49 |
| 310 | 673 | JĘCEK Janusz | ŁÓDŹ | | POL | 88 | M30/310 | (M) | 714 | 00:45:59 | 04.35 |
| 569 | 675 | KULIŃSKI Robert | ŁÓDŹ | | POL | 81 | M30/569 | (M) | 1376 | 00:49:52 | 04.59 |
| 941 | 678 | SADOWSKI Bartłomiej | ELBLĄG | | POL | 86 | M30/941 | (M) | 2378 | 00:57:46 | 05.46 |
| 123 | 680 | DZIOMDZIORA Jacek | ŁÓDŹ | | POL BEAUTY SPORT | 85 | M30/123 | (M) | 259 | 00:41:33 | 04.09 |
| 587 | 681 | SMARZEK Tomasz | ŁÓDŹ | | POL MBANK | 82 | M30/587 | (M) | 1415 | 00:50:08 | 05.00 |
| 884 | 684 | ZAWODNIK Anonimowy | | | POL B/S/H/ ŁÓDŹ RUNNING TEAM | | M30/884 | (M) | 2232 | 00:56:27 | 05.38 |
| 542 | 686 | GWIAZDZIŃSKI Marcin | ŁÓDŹ | | POL RUNNING SUCKS | 79 | M30/542 | (M) | 1298 | 00:49:31 | 04.57 |
| 30 | 687 | WYSOCKI Michał | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 80 | M30/30 | (M) | 63 | 00:37:23 | 03.44 |
| 320 | 693 | NITA Michał | ŁÓDŹ | | POL MAKOLAB RUNNING TEAM | 88 | M30/320 | (M) | 752 | 00:46:18 | 04.37 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|--------------|--------|------------------------|---------------------|----------|--|---------|--------------------|---------|-----------|----------|
| 281 | 695 | MAMCZAREK Krzysztof | KUTNO | | POL ROZBIEGANI-ŻYCHLIN | 80 | M30/281 | (M)643 | 00:45:23 | 04.32 |
| 586 | 696 | KOZIOLKIEWICZ Łukasz | MIRSK | | POL MISJONARZE KLARETYNI C.M.F. | 82 | M30/586 | (M)1414 | 00:50:08 | 05.00 |
| 731 | 709 | ANDRZEJCZAK Artur | BIELAWY | | POL TEMPIO PIĄTKOWSKI KLUB BIEGACZA | 88 | M30/731 | (M)1820 | 00:52:58 | 05.17 |
| 247 | 710 | SZANIAWSKI Robert | ŁÓDŹ | | POL SZAMAN_TEAM | 88 | M30/247 | (M)571 | 00:44:50 | 04.29 |
| 445 | 711 | LESZCZEWICZ Daniel | ŁÓDŹ | | POL BEAUTY SPORT | 85 | M30/445 | (M)1069 | 00:48:14 | 04.49 |
| 1124 | 712 | ZYGMANOWSKI Maciej | KONSTANTYNÓW ŁÓDZKI | | POL FABRYKANCY PABIANICE | 83 | M30/1124 | (M)2808 | 01:04:26 | 06.26 |
| 440 | 715 | MROWICKI Grzegorz | ŁÓDŹ | | POL LUZAKI NA FANTAZJI NOPROBLEM RUNNING | 82 | M30/440 | (M)1056 | 00:48:10 | 04.49 |
| 162 | 717 | GRUSZCZYŃSKI Rafał | ŁÓDŹ | | POL | 87 | M30/162 | (M)362 | 00:43:12 | 04.19 |
| 559 | 718 | OLSZEWSKI Marcin | ZBÓJNO | | POL | 82 | M30/559 | (M)1342 | 00:49:43 | 04.58 |
| 305 | 725 | WIRA Przemysław | TUSZYN | | POL DRUŻYNA BSS | 83 | M30/305 | (M)705 | 00:45:55 | 04.35 |
| 748 | 727 | ZAWODNIK Anonimowy | | | POL | | M30/748 | (M)1872 | 00:53:18 | 05.19 |
| 696 | 733 | BIAŁOGÓROW Marcin | ŁÓDŹ | | POL - | 88 | M30/696 | (M)1736 | 00:52:18 | 05.13 |
| 268 | 738 | DYLIK Marcin | ALEKSANDRÓW ŁÓDZKI | | POL CELIRONMAN | 81 | M30/268 | (M)619 | 00:45:10 | 04.31 |
| 152 | 740 | DEKA Michał | ŁÓDŹ | | POL | 79 | M30/152 | (M)332 | 00:42:51 | 04.17 |
| 436 | 742 | ORTMAN Marcin | KRAKÓW | | POL FAJNI.PL | 80 | M30/436 | (M)1050 | 00:48:08 | 04.48 |
| 1044 | 745 | KRAWCZYK Mateusz | CZĘSTOCHOWA | | POL | 87 | M30/1044 | (M)2633 | 01:00:35 | 06.03 |
| 500 | 751 | ŻARŁAK Konrad | KOZIENICE | | POL | 82 | M30/500 | (M)1211 | 00:49:05 | 04.54 |
| 496 | 754 | KIELBASA Łukasz | ŁÓDŹ | | POL | 81 | M30/496 | (M)1200 | 00:49:03 | 04.54 |
| 386 | 757 | SZCZEPAŃSKI Wojciech | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 88 | M30/386 | (M)919 | 00:47:23 | 04.44 |
| 335 | 758 | BORWIN Jan | ŁÓDŹ | | POL | 88 | M30/335 | (M)792 | 00:46:32 | 04.39 |
| 588 | 761 | NOWAKOWSKI Piotr | ŁÓDŹ | | POL | 83 | M30/588 | (M)1418 | 00:50:10 | 05.01 |
| 403 | 766 | MICHAŁOWSKI Maciej | ŁÓDŹ | | POL ŁKW | 83 | M30/403 | (M)970 | 00:47:45 | 04.46 |
| 159 | 769 | KOWALSKI Michał | ŁÓDŹ | | POL CORNING RUN | 83 | M30/159 | (M)346 | 00:42:58 | 04.17 |
| 1184 | 770 | SZYKIELEWSKI Sebastian | ŁÓDŹ | | POL WERSAL RUNNING TEAM | 84 | M30/1184 | (M)2981 | 01:13:09 | 07.18 |
| 544 | 785 | PRUSEK Dariusz | PARCZÓW | | POL - | 88 | M30/544 | (M)1304 | 00:49:32 | 04.57 |
| 1048 | 789 | ŻELAZOWSKI Jonatan | ŁÓDŹ | | POL | 87 | M30/1048 | (M)2639 | 01:00:43 | 06.04 |
| 1030 | 790 | BOROWIECKI Andrzej | ŁÓDŹ | | POL | 82 | M30/1030 | (M)2594 | 01:00:06 | 06.00 |
| 313 | 791 | TRĘDA Cezary | ŁÓDŹ | | POL | 82 | M30/313 | (M)718 | 00:46:01 | 04.36 |
| 931 | 795 | PODLASEK Rafał | ŁÓDŹ | | POL | 88 | M30/931 | (M)2353 | 00:57:31 | 05.45 |
| 701 | 805 | JĘDRZEJCZAK Artur | ŁÓDŹ | | POL PANI | 85 | M30/701 | (M)1745 | 00:52:23 | 05.14 |
| 368 | 807 | CICHY Roman | POZNAŃ | | POL MUAY RUNNING TEAM | 80 | M30/368 | (M)874 | 00:47:07 | 04.42 |
| 210 | 811 | NOWICKI Sebastian | ŁÓDŹ | | POL BEAUTY SPORT | 79 | M30/210 | (M)488 | 00:44:19 | 04.25 |
| 67 | 812 | KREBS Marcin | PABIANICE | | POL RAJSPORT ACTIVE | 86 | M30/67 | (M)146 | 00:39:45 | 03.58 |
| 630 | 818 | NIEBELSKI Artur | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 87 | M30/630 | (M)1533 | 00:50:48 | 05.04 |
| 464 | 820 | STANISZEK Maciej | PIOTRKÓW | | POL | 83 | M30/464 | (M)1122 | 00:48:38 | 04.51 |
| 808 | 822 | GOLIŃSKI Grzegorz | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 80 | M30/808 | (M)2020 | 00:54:34 | 05.27 |
| 110 | 836 | WŁODARCZYK Krystian | ŁÓDŹ | | POL | 88 | M30/110 | (M)235 | 00:41:11 | 04.07 |
| 798 | 839 | WOLNICKI Tomasz | ŁÓDŹ | | POL STAY MELO | 80 | M30/798 | (M)1999 | 00:54:20 | 05.26 |
| 388 | 841 | NOWICKI Tomasz | ŁÓDŹ | | POL RAZEM TRENUJEMY SPORT | 85 | M30/388 | (M)922 | 00:47:24 | 04.44 |
| 532 | 845 | BUJACZ Maciej | KLESZCZÓW | | POL | 83 | M30/532 | (M)1274 | 00:49:24 | 04.56 |
| 1157 | 848 | MASTALERZ Michał | OPOLE | | POL RAJSPORT ACTIVE | 83 | M30/1157 | (M)2919 | 01:08:37 | 06.51 |
| 45 | 856 | MIELCZAREK Adam | ZDUŃSKA WOLA | | POL AKADEMIABIEGACZA.PL S.L. SALOS-WODNA | 82 | M30/45 | (M)94 | 00:38:43 | 03.52 |
| | | | ŁÓDŹ | | | | | | | |
| 479 | 866 | KOŁUDZKI Piotr | ŁÓDŹ | | POL RYSIE | 82 | M30/479 | (M)1152 | 00:48:47 | 04.52 |
| 326 | 875 | KRYSIAK Przemysław | PABIANICE | | POL RAJSPORT ACTIVE | 80 | M30/326 | (M)770 | 00:46:27 | 04.38 |
| 870 | 876 | CHUDY Sebastian | ŁÓDŹ | | POL KB HERON | 79 | M30/870 | (M)2178 | 00:55:57 | 05.35 |
| 901 | 879 | SOBIESKI Łukasz | ŁÓDŹ | | POL | 86 | M30/901 | (M)2275 | 00:56:49 | 05.40 |
| 341 | 882 | NIEPSUJ Adam | ŁÓDŹ | | POL | 86 | M30/341 | (M)812 | 00:46:38 | 04.39 |
| 32 | 898 | ROBAKOWSKI Michał | ŁÓDŹ | | POL KLINIKA PROFILAKTYKA | 88 | M30/32 | (M)68 | 00:37:41 | 03.46 |
| 183 | 903 | WIECHA Sebastian | CHUDOBA | | POL | 81 | M30/183 | (M)419 | 00:43:42 | 04.22 |
| 1179 | 907 | STASIAK Mateusz | ŁÓDŹ | | POL +BLOCKCHAIN RUNNING TEAM | 85 | M30/1179 | (M)2968 | 01:11:55 | 07.11 |
| 936 | 919 | GRODEK Grzegorz | ŁÓDŹ | | POL | 82 | M30/936 | (M)2367 | 00:57:40 | 05.46 |
| 644 | 921 | SZULC Grzegorz | ALEKSANDRÓW ŁÓDZKI | | POL | 83 | M30/644 | (M)1570 | 00:51:05 | 05.06 |
| 557 | 938 | KMIEĆ Gerard | ŁÓDŹ | | POL ŁÓDZKI KLUB WYSOKOGÓRSKI | 87 | M30/557 | (M)1339 | 00:49:42 | 04.58 |
| 465 | 945 | KWIATKOWSKI Tomasz | KALISZ | | POL PATYCZAKI | 85 | M30/465 | (M)1123 | 00:48:39 | 04.51 |
| 873 | 947 | MAŁUSZYŃSKI Michał | ŁÓDŹ | | POL | 83 | M30/873 | (M)2189 | 00:56:05 | 05.36 |
| 682 | 949 | ZAWIASA Bartosz | ŁASK | | POL KORONA PABIANICE | 88 | M30/682 | (M)1684 | 00:51:53 | 05.11 |
| 463 | 950 | FODER Krzysztof | TARNÓW | | POL SPORTERA OCR | 83 | M30/463 | (M)1116 | 00:48:36 | 04.51 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | M | Sex | Czas Time | [min/km] |
|--------------|--------|-------------------------|--------------------|----------|----------------------------|---------|--------------------|---------|-----|-----------|----------|
| 324 | 952 | WALASIK Łukasz | ŁÓDŹ | | POL | 87 | M30/324 | (M)766 | | 00:46:25 | 04.38 |
| 336 | 965 | SZPAK Jarosław | ŁÓDŹ | | POL | 85 | M30/336 | (M)799 | | 00:46:34 | 04.39 |
| 1119 | 967 | SASS Michał | ZGIERZ | | POL | 84 | M30/1119 | (M)2803 | | 01:04:19 | 06.25 |
| 1175 | 970 | MATUSIAK Bartłomiej | ŁÓDŹ | | POL | 83 | M30/1175 | (M)2960 | | 01:11:32 | 07.09 |
| 768 | 976 | MARKIEWICZ Sebastian | ZGIERZ | | POL SZWADRON WILCZKÓW ALFA | 85 | M30/768 | (M)1923 | | 00:53:43 | 05.22 |
| 699 | 979 | MICHNIEWICZ Łukasz | ŁÓDŹ | | POL | 85 | M30/699 | (M)1743 | | 00:52:23 | 05.14 |
| 1108 | 980 | CHUSCINSKI Marcin | ŁÓDŹ | | POL | 80 | M30/1108 | (M)2776 | | 01:03:29 | 06.20 |
| 982 | 983 | GIERMAZIAK Tomasz | ŁÓDŹ | | POL | 81 | M30/982 | (M)2481 | | 00:58:50 | 05.53 |
| 251 | 986 | KALUŻNY Rafał | ŁÓDŹ | | POL RETKINIA RUN | 86 | M30/251 | (M)585 | | 00:44:56 | 04.29 |
| 396 | 1002 | STROBIN Łukasz | ŁÓDŹ | | POL HARMAN RUNNING TEAM | 87 | M30/396 | (M)945 | | 00:47:36 | 04.45 |
| 284 | 1007 | SWOBODA Łukasz | GUBIN | | POL ROSSBIEGANI | 85 | M30/284 | (M)652 | | 00:45:29 | 04.32 |
| 1068 | 1013 | DORYŃ Piotr | ŁÓDŹ | | POL ROSSBIEGANI | 85 | M30/1068 | (M)2676 | | 01:01:22 | 06.08 |
| 190 | 1033 | KAMECKI Krystian | ZGIERZ | | POL ROSSBIEGANI | 88 | M30/190 | (M)437 | | 00:43:51 | 04.23 |
| 826 | 1040 | WILAMEK Jakub | ŁÓDŹ | | POL ROSSBIEGANI | 81 | M30/826 | (M)2077 | | 00:55:02 | 05.30 |
| 980 | 1055 | PIPIAK Andrzej | ŁÓDŹ | | POL ROSSBIEGANI | 80 | M30/980 | (M)2473 | | 00:58:46 | 05.52 |
| 881 | 1056 | KANIEWSKI Kamil | ŁÓDŹ | | POL ROSSBIEGANI | 84 | M30/881 | (M)2222 | | 00:56:22 | 05.38 |
| 215 | 1057 | LACHOWSKI Robert | ŁÓDŹ | | POL ROSSBIEGANI | 85 | M30/215 | (M)500 | | 00:44:24 | 04.26 |
| 455 | 1058 | KOWALCZYK Marcin | ŁÓDŹ | | POL ROSSBIEGANI | 79 | M30/455 | (M)1095 | | 00:48:29 | 04.50 |
| 329 | 1070 | PATURA Leszek | ŁÓDŹ | | POL ROSSBIEGANI | 82 | M30/329 | (M)778 | | 00:46:28 | 04.38 |
| 676 | 1080 | JĘDRZEJEC Artur | ŁÓDŹ | | POL ROSSBIEGANI | 87 | M30/676 | (M)1664 | | 00:51:44 | 05.10 |
| 737 | 1087 | TURSKI Łukasz | PIOTRKÓW | | POL ROSSBIEGANI | 84 | M30/737 | (M)1834 | | 00:53:06 | 05.18 |
| 1177 | 1092 | ZEMBOL Tomasz | ZAKOPANE | | POL ROSSBIEGANI | 87 | M30/1177 | (M)2963 | | 01:11:41 | 07.10 |
| 816 | 1093 | KOZAK Kamil | ŁÓDŹ | | POL ROSSBIEGANI | 84 | M30/816 | (M)2039 | | 00:54:46 | 05.28 |
| 976 | 1096 | MAŁASZKIEWICZ Krzysztof | MUROWANA GOŚLINA | | POL ROSSBIEGANI | 82 | M30/976 | (M)2462 | | 00:58:38 | 05.51 |
| 1192 | 1097 | GODZINA Krzysztof | SKARŻYSKO-KAMIENNA | | POL ROSSBIEGANI | 81 | M30/1192 | (M)3010 | | 01:16:48 | 07.40 |
| 641 | 1111 | KONIUSZENNY Jakub | ŁÓDŹ | | POL ROSSBIEGANI | 87 | M30/641 | (M)1560 | | 00:51:00 | 05.06 |
| 419 | 1115 | WOJCIECHOWSKI Michał | WOLBÓRZ | | POL ROSSBIEGANI | 82 | M30/419 | (M)1014 | | 00:47:58 | 04.47 |
| 814 | 1127 | KUNICKI Krzysztof | ALEKSANDRÓW ŁÓDZKI | | POL ROSSBIEGANI | 85 | M30/814 | (M)2036 | | 00:54:44 | 05.28 |
| 767 | 1128 | SZYMAŁA Paweł | ŁÓDŹ | | POL ROSSBIEGANI | 79 | M30/767 | (M)1920 | | 00:53:42 | 05.22 |
| 236 | 1130 | WILK Wojciech | WODZISŁAW ŚLĄSKI | | POL ROSSBIEGANI | 83 | M30/236 | (M)547 | | 00:44:41 | 04.28 |
| 298 | 1132 | DOMAŃSKI Zbigniew | ŁÓDŹ | | POL ROSSBIEGANI | 80 | M30/298 | (M)688 | | 00:45:47 | 04.34 |
| 724 | 1133 | KRAWCZYK Rafał | ALEKSANDRÓW ŁÓDZKI | | POL ROSSBIEGANI | 84 | M30/724 | (M)1800 | | 00:52:52 | 05.17 |
| 293 | 1134 | MIKOŁAJCZYK Paweł | ŁÓDŹ | | POL ROSSBIEGANI | 84 | M30/293 | (M)679 | | 00:45:42 | 04.34 |
| 169 | 1136 | GORĄCY Marcin | ŁÓDŹ | | POL ROSSBIEGANI | 82 | M30/169 | (M)385 | | 00:43:24 | 04.20 |
| 301 | 1137 | DOMAŃSKI Krzysztof | ŁÓDŹ | | POL ROSSBIEGANI | 80 | M30/301 | (M)694 | | 00:45:50 | 04.35 |
| 966 | 1148 | TOMICI Sylwester | ŁÓDŹ | | POL ROSSBIEGANI | 80 | M30/966 | (M)2434 | | 00:58:17 | 05.49 |
| 1008 | 1151 | BINEK Michał | ŁÓDŹ | | POL ROSSBIEGANI | 81 | M30/1008 | (M)2544 | | 00:59:28 | 05.56 |
| 815 | 1152 | MIŚKIEWICZ Marcin | ŁÓDŹ | | POL ROSSBIEGANI | 80 | M30/815 | (M)2037 | | 00:54:45 | 05.28 |
| 224 | 1160 | SIKORSKI Krzysztof | MIĘDZYRZECZ | | POL ROSSBIEGANI | 80 | M30/224 | (M)520 | | 00:44:31 | 04.27 |
| 414 | 1167 | DUSZYŃSKI Michał | WARSZAWA | | POL ROSSBIEGANI | 87 | M30/414 | (M)998 | | 00:47:51 | 04.47 |
| 565 | 1175 | ŻYWICZKA Marcin | WROCLAW | | POL ROSSBIEGANI | 85 | M30/565 | (M)1367 | | 00:49:50 | 04.59 |
| 851 | 1177 | TRUCHTA Kamil | ŁÓDŹ | | POL ROSSBIEGANI | 87 | M30/851 | (M)2139 | | 00:55:35 | 05.33 |
| 482 | 1179 | CIEŚLAK Tomasz | ŁÓDŹ | | POL ROSSBIEGANI | 80 | M30/482 | (M)1160 | | 00:48:50 | 04.53 |
| 467 | 1185 | GRZELAK Tomasz | ZGIERZ | | POL ROSSBIEGANI | 86 | M30/467 | (M)1128 | | 00:48:41 | 04.52 |
| 945 | 1200 | RÓŻEWSKI Paweł | BRZESZYN | | POL ROSSBIEGANI | 84 | M30/945 | (M)2394 | | 00:57:57 | 05.47 |
| 494 | 1201 | ŻYWICZKA Michał | WROCLAW | | POL ROSSBIEGANI | 85 | M30/494 | (M)1197 | | 00:49:02 | 04.54 |
| 785 | 1207 | ŁUKASZEWSKI Andrzej | KWIDZYN | | POL ROSSBIEGANI | 85 | M30/785 | (M)1967 | | 00:54:04 | 05.24 |
| 1137 | 1216 | GRABOWSKI Bogusław | ANDRYCHÓW | | POL ROSSBIEGANI | 80 | M30/1137 | (M)2835 | | 01:05:09 | 06.30 |
| 1146 | 1217 | MADEJ Ireneusz | ŁÓDŹ | | POL ROSSBIEGANI | 80 | M30/1146 | (M)2860 | | 01:06:00 | 06.36 |
| 1202 | 1224 | ADAMCZYK Kamil | TORUŃ | | POL ROSSBIEGANI | 88 | M30/1202 | (M)3031 | | 01:29:41 | 08.58 |
| 592 | 1227 | SERDEŃ Piotr | ZGIERZ | | POL ROSSBIEGANI | 88 | M30/592 | (M)1422 | | 00:50:11 | 05.01 |
| 743 | 1228 | GRODEK Mariusz | ŁÓDŹ | | POL ROSSBIEGANI | 83 | M30/743 | (M)1853 | | 00:53:13 | 05.19 |
| 913 | 1230 | ŁUCZAK Paweł | ŁÓDŹ | | POL ROSSBIEGANI | 88 | M30/913 | (M)2322 | | 00:57:19 | 05.43 |
| 1165 | 1231 | STANIOCHA Oktawian | NOWA RUDA | | POL ROSSBIEGANI | 85 | M30/1165 | (M)2938 | | 01:09:40 | 06.58 |
| 896 | 1243 | ZAGÓRSKI Krzysztof | BYTOM | | POL ROSSBIEGANI | 83 | M30/896 | (M)2264 | | 00:56:41 | 05.40 |
| 1072 | 1246 | ŁUKASZEWSKI Krzysztof | KWIDZYN | | POL ROSSBIEGANI | 79 | M30/1072 | (M)2686 | | 01:01:32 | 06.09 |
| 727 | 1250 | STERCZEWSKI Marcin | PYSKOWICE | | POL ROSSBIEGANI | 81 | M30/727 | (M)1808 | | 00:52:54 | 05.17 |
| 955 | 1252 | MAŚLAK Piotr | ŁÓDŹ | | POL ROSSBIEGANI | 79 | M30/955 | (M)2413 | | 00:58:04 | 05.48 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|--------------|--------|-----------------------------|---------------------|----------|--|---------|--------------------|---------|-----------|----------|
| 1121 | 1267 | PTAK Marcin | TORUŃ | | POL ROSSBIEGANI | 86 | M30/1121 | (M)2805 | 01:04:23 | 06.26 |
| 351 | 1274 | RUTKOWSKI Jakub | WOLBÓRZ | | POL ROSSBIEGANI | 83 | M30/351 | (M)834 | 00:46:47 | 04.40 |
| 597 | 1277 | GALUSZKA Mateusz | PAWLOWICE | | POL ROSSBIEGANI | 80 | M30/597 | (M)1439 | 00:50:16 | 05.01 |
| 942 | 1278 | SYROKA Mariusz | ŁÓDŹ | | POL ROSSBIEGANI | 79 | M30/942 | (M)2384 | 00:57:51 | 05.47 |
| 453 | 1284 | SZYMALA Tomasz | ŁÓDŹ | | POL ROSSBIEGANI | 79 | M30/453 | (M)1090 | 00:48:25 | 04.50 |
| 1113 | 1287 | PRZESDZING Piotr | SZYMISZÓW | | POL ROSSBIEGANI | 83 | M30/1113 | (M)2787 | 01:03:47 | 06.22 |
| 974 | 1290 | RZEPECKI Artur | ŻORY | | POL ROSSBIEGANI | 83 | M30/974 | (M)2459 | 00:58:34 | 05.51 |
| 628 | 1294 | PAWEŁA Sylwester | SZADEK | | POL ROSSBIEGANI | 85 | M30/628 | (M)1528 | 00:50:47 | 05.04 |
| 550 | 1296 | ZIÓLKOWSKI Adam | WARTA | | POL BIEGAM BO ŻONA MI KAZAŁA | 79 | M30/550 | (M)1318 | 00:49:36 | 04.57 |
| 546 | 1298 | NOWAK Marcin | WARTA | | POL ROSSBIEGANI | 83 | M30/546 | (M)1309 | 00:49:33 | 04.57 |
| 525 | 1300 | SIKORSKI Grzegorz | OSTRÓW | | POL ROSSBIEGANI | 80 | M30/525 | (M)1259 | 00:49:22 | 04.56 |
| 1077 | 1306 | JANISZEWSKI Jarek | ŁÓDŹ | | POL ROSSBIEGANI | 83 | M30/1077 | (M)2704 | 01:01:51 | 06.11 |
| 397 | 1307 | PIASECZNY Rafał | ŁÓDŹ | | POL ROSSBIEGANI | 83 | M30/397 | (M)946 | 00:47:37 | 04.45 |
| 820 | 1332 | SZYMAŃSKI Mariusz | PAWLOWICE | | POL ROSSBIEGANI | 88 | M30/820 | (M)2047 | 00:54:48 | 05.28 |
| 572 | 1362 | KOLACZ Mikołaj | WARSZAWA | | POL | 83 | M30/572 | (M)1379 | 00:49:53 | 04.59 |
| 167 | 1366 | REMBERTOWSKI Paweł | ŁÓDŹ | | POL ELITA TEAM | 86 | M30/167 | (M)379 | 00:43:23 | 04.20 |
| 154 | 1374 | PTAK Marcin | ŁÓDŹ | | POL | 81 | M30/154 | (M)334 | 00:42:52 | 04.17 |
| 560 | 1376 | ROGE Michał | ŁÓDŹ | | POL 1986 | 86 | M30/560 | (M)1345 | 00:49:44 | 04.58 |
| 43 | 1379 | ZOSTAWA Robert | RYBNIK | | POL INŻYNIERIA BIEGANIA | 84 | M30/43 | (M)90 | 00:38:38 | 03.51 |
| 666 | 1380 | DYGUDA Dariusz | PIOTRKÓW | | POL OJCOWIE CHRZESTNI | 85 | M30/666 | (M)1623 | 00:51:26 | 05.08 |
| 412 | 1385 | ROŹNIATA Paweł | STRYKÓW | | POL | 85 | M30/412 | (M)988 | 00:47:49 | 04.46 |
| 216 | 1402 | ERNST Tomasz | ŁÓDŹ | | POL | 88 | M30/216 | (M)501 | 00:44:24 | 04.26 |
| 1136 | 1403 | MADALIŃSKI Michał | ŁÓDŹ | | POL MAWEKO TEAM | 81 | M30/1136 | (M)2834 | 01:05:07 | 06.30 |
| 365 | 1405 | KIEROŃSKI Łukasz | ZDUNY | | POL --- | 80 | M30/365 | (M)869 | 00:47:05 | 04.42 |
| 1065 | 1407 | ANTOSIAK Przemysław | ŁÓDŹ | | POL | 85 | M30/1065 | (M)2671 | 01:01:16 | 06.07 |
| 1013 | 1409 | DURLIK Mateusz | ŁÓDŹ | | POL WŚCIEKLE ŻÓLWIE | 87 | M30/1013 | (M)2554 | 00:59:33 | 05.57 |
| 367 | 1412 | JÓZWIAK Filip | ZDUŃSKA WOLA | | POL | 83 | M30/367 | (M)871 | 00:47:06 | 04.42 |
| 681 | 1414 | FABRYKOWSKI Grzegorz | STRYKÓW | | POL | 79 | M30/681 | (M)1682 | 00:51:51 | 05.11 |
| 736 | 1416 | CHOMIK Marcin | WŁODAWA | | POL | 84 | M30/736 | (M)1833 | 00:53:05 | 05.18 |
| 740 | 1418 | TROJANOWSKI Marcin | ŁÓDŹ | | POL | 80 | M30/740 | (M)1848 | 00:53:12 | 05.19 |
| 119 | 1421 | STROBIN Filip | KONSTANTYNÓW ŁÓDZKI | | POL | 83 | M30/119 | (M)255 | 00:41:29 | 04.08 |
| 735 | 1428 | JAGIEŁŁO Łukasz | GLUCHÓW | | POL RAZEM TRENUJEMY SPORT | 87 | M30/735 | (M)1827 | 00:53:00 | 05.18 |
| 663 | 1429 | CZAPSKI Paweł | ŁÓDŹ | | POL WYBIERZ | 87 | M30/663 | (M)1618 | 00:51:22 | 05.08 |
| 58 | 1431 | DUDEK Mirosław | JAWORZNO | | POL SNG WILD DUCKS | 87 | M30/58 | (M)129 | 00:39:33 | 03.57 |
| 1196 | 1440 | KINDELA Michał | ŁÓDŹ | | POL INFOSYS RUN | 86 | M30/1196 | (M)3018 | 01:19:06 | 07.54 |
| 646 | 1443 | WOJTERA Piotr | ŁÓDŹ | | POL | 83 | M30/646 | (M)1572 | 00:51:05 | 05.06 |
| 235 | 1447 | JEŻYNA Marcin | ŁÓDŹ | | POL PHILIPS RUNNING TEAM ŁÓDŹ | 87 | M30/235 | (M)545 | 00:44:41 | 04.28 |
| 780 | 1450 | KRYSIAK Adam | ŁÓDŹ | | POL PHILIPS RUNNING TEAM ŁÓDŹ | 87 | M30/780 | (M)1962 | 00:54:01 | 05.24 |
| 665 | 1453 | WILIŃSKI Paweł | ŁÓDŹ | | POL PHILIPS RUNNING TEAM ŁÓDŹ | 80 | M30/665 | (M)1622 | 00:51:25 | 05.08 |
| 857 | 1455 | STAŃCZYK VEL STAŃSKI Szymon | ŁÓDŹ | | POL UMED ŁÓDŹ | 86 | M30/857 | (M)2152 | 00:55:43 | 05.34 |
| 596 | 1457 | RERYCH Marcin | PODDĘBICE | | POL PODDĘBICKI KLUB BIEGACZA ZDYSZANI.PL | 82 | M30/596 | (M)1432 | 00:50:14 | 05.01 |
| 1101 | 1461 | ZIMKA Łukasz | ŁÓDŹ | | POL | 81 | M30/1101 | (M)2764 | 01:03:16 | 06.19 |
| 608 | 1464 | KOPERTOWSKI Michał | ŁÓDŹ | | POL | 84 | M30/608 | (M)1475 | 00:50:31 | 05.03 |
| 114 | 1465 | PASTERNAK Andrzej | KROSNIEWICE | | POL KW PSP ŁÓDŹ | 82 | M30/114 | (M)242 | 00:41:18 | 04.07 |
| 461 | 1467 | WOJTECKI Łukasz | ŁÓDŹ | | POL | 86 | M30/461 | (M)1107 | 00:48:32 | 04.51 |
| 1059 | 1469 | FELAKOWSKI Marcin | ŁÓDŹ | | POL | 80 | M30/1059 | (M)2658 | 01:00:58 | 06.05 |
| 595 | 1470 | FRONC Maciej | ŁÓDŹ | | POL 1988 | 88 | M30/595 | (M)1430 | 00:50:14 | 05.01 |
| 42 | 1479 | TRZCINKA Michał | ŁÓDŹ | | POL SUPER TEAM | 83 | M30/42 | (M)89 | 00:38:37 | 03.51 |
| 1037 | 1483 | HARATYM Kamil | ŁÓDŹ | | POL MBANK | 84 | M30/1037 | (M)2619 | 01:00:27 | 06.02 |
| 928 | 1486 | KAMECKI Łukasz | ŁÓDŹ | | POL | 82 | M30/928 | (M)2350 | 00:57:30 | 05.45 |
| 956 | 1487 | CHUDZICKI Michał | ŁÓDŹ | | POL | 87 | M30/956 | (M)2415 | 00:58:06 | 05.48 |
| 712 | 1491 | KAŹMIERCZAK Piotr | ZGIERZ | | POL RUCH KLUCH | 82 | M30/712 | (M)1781 | 00:52:45 | 05.16 |
| 685 | 1492 | RADZICKI Jacek | ŁÓDŹ | | POL ROAD RUNNERS COBOUW POLSKA | 85 | M30/685 | (M)1693 | 00:51:57 | 05.11 |
| 912 | 1494 | ORZELSKI Janusz | ŁÓDŹ | | POL | 82 | M30/912 | (M)2319 | 00:57:17 | 05.43 |
| 1031 | 1496 | MAŚLICH Artur | WARSZAWA | | POL - | 86 | M30/1031 | (M)2596 | 01:00:06 | 06.00 |
| 411 | 1499 | ANDRZEJEWSKI Tomasz | KONSTANTYNÓW ŁÓDZKI | | POL | 81 | M30/411 | (M)987 | 00:47:49 | 04.46 |
| 1123 | 1507 | PODSEDEK Piotr | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 82 | M30/1123 | (M)2807 | 01:04:24 | 06.26 |
| 707 | 1512 | WALAC Jacek | GRODZISK MAZOWIECKI | | POL | 83 | M30/707 | (M)1772 | 00:52:43 | 05.16 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|--------------|--------|----------------------|-------------------|----------|--|---------|--------------------|----------|-----------|----------|
| 1120 | 1514 | RAJEWSKI Mateusz | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 81 | M30/1120 | (M)2804 | 01:04:22 | 06.26 |
| 426 | 1515 | WIŚNIEWSKI Artur | WARSZAWA | | POL | 85 | M30/426 | (M)1034 | 00:48:03 | 04.48 |
| 575 | 1517 | ADAMSKI Marcin | ZGIERZ | | POL | 81 | M30/575 | (M)1391 | 00:49:59 | 04.59 |
| 763 | 1520 | BARANOWSKI Mariusz | KUTNO | | POL KUTNO BIEGA | 85 | M30/763 | (M)1912 | 00:53:39 | 05.21 |
| 432 | 1524 | CZERNIAK Grzegorz | NOWA WIEŚ | | POL MAM OCHOTĘ POBIEGAĆ | 81 | M30/432 | (M)1046 | 00:48:08 | 04.48 |
| 584 | 1532 | BRZEZIŃSKI Marcin | KOLUSZKI | | POL | 85 | M30/584 | (M)1411 | 00:50:06 | 05.00 |
| 80 | 1535 | TULACZ Bohdan | OPATÓWEK | | POL KP BŁASZKI | 79 | M30/80 | (M)174 | 00:40:09 | 04.00 |
| 537 | 1545 | KRZESIMOWSKI Damian | KIELCE | | POL | 82 | M30/537 | (M)1283 | 00:49:27 | 04.56 |
| 369 | 1551 | WŁODARCZYK Marcin | ŁÓDŹ | | POL MOCNI W DUCHU - ZABIEGANI | 85 | M30/369 | (M)877 | 00:47:08 | 04.42 |
| 57 | 1554 | SZULOWSKI Tomasz | TOMASZÓW | | POL WANDA PANFIL TEAM | 79 | M30/57 | (M)126 | 00:39:24 | 03.56 |
| 932 | 1561 | KARCZYŃSKI Marcin | OPOLE | | POL RAJSPOORT ACTIVE | 79 | M30/932 | (M)2357 | 00:57:34 | 05.45 |
| 590 | 1565 | ADAMCZYK Radosław | GŁÓWNO | | POL KS GŁÓWNO W BIEGU | 81 | M30/590 | (M)1420 | 00:50:10 | 05.01 |
| 689 | 1567 | SOBAŃSKI Roman | TARNOWO PODGÓRNE | | POL TARNOWO PODGÓRNE BIEGA | 80 | M30/689 | (M)1706 | 00:52:02 | 05.12 |
| 282 | 1576 | WOŁYŃSKI Kacper | ŁÓDŹ | | POL | 85 | M30/282 | (M)645 | 00:45:26 | 04.32 |
| 996 | 1602 | ZDANOWICZ Paweł | WARSZAWA | | POL | 79 | M30/996 | (M)2516 | 00:59:11 | 05.55 |
| 148 | 1610 | SZYMCZAK Paweł | ŁÓDŹ | | POL - | 84 | M30/148 | (M)323 | 00:42:46 | 04.16 |
| 968 | 1614 | NOWAK Przemysław | ŁÓDŹ | | POL RYSIOTEAM | 80 | M30/968 | (M)2444 | 00:58:24 | 05.50 |
| 319 | 1618 | BRYNKIEWICZ Piotr | ZGIERZ | | POL | 82 | M30/319 | (M)743 | 00:46:14 | 04.37 |
| 876 | 1624 | GŁOWACKI Mateusz | ANIELIN SWĘDOWSKI | | POL | 81 | M30/876 | (M)2199 | 00:56:09 | 05.36 |
| 621 | 1643 | KOSIELSKI Robert | ŁÓDŹ | | POL | 80 | M30/621 | (M)1511 | 00:50:42 | 05.04 |
| 28 | 1645 | KRUK Piotr | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 79 | M30/28 | (M)60 | 00:37:19 | 03.43 |
| 458 | 1646 | KUBIAK Robert | WARTKOWICE | | POL | 85 | M30/458 | (M)1102 | 00:48:30 | 04.51 |
| 192 | 1647 | KUBUS Sebastian | ŁÓDŹ | | POL KONARZEW | 82 | M30/192 | (M)443 | 00:43:54 | 04.23 |
| 84 | 1651 | MASIEREK Piotr | ŁÓDŹ | | POL TRUCHT TEAM | 83 | M30/84 | (M)180 | 00:40:17 | 04.01 |
| 620 | 1653 | MIAZEK Michał | UJAZD | | POL | 81 | M30/620 | (M)1510 | 00:50:40 | 05.04 |
| 866 | 1656 | OGRODNIK Konrad | ŁÓDŹ | | POL | 86 | M30/866 | (M)2168 | 00:55:51 | 05.35 |
| 788 | 1657 | OGRODNIK Tomasz | PIOTRKÓW | | POL 1988 | 88 | M30/788 | (M)1975 | 00:54:09 | 05.24 |
| 197 | 1658 | PIORUN Paweł | SKIERNIEWICE | | POL PARKRUN SKIERNIEWICE | 79 | M30/197 | (M)460 | 00:44:03 | 04.24 |
| 753 | 1659 | RAJEWSKI Maciej | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 88 | M30/753 | (M)1882 | 00:53:21 | 05.20 |
| 962 | 1663 | SABACIŃSKI Piotr | ŁÓDŹ | | POL CITY TEAM | 84 | M30/962 | (M)2425 | 00:58:12 | 05.49 |
| 1002 | 1668 | STECKIEWICZ Krystian | ŁÓDŹ | | POL B/S/H/ ŁÓDŹ RUNNING TEAM | 79 | M30/1002 | (M)2531 | 00:59:19 | 05.55 |
| 252 | 1671 | SZCZEPAŃSKI Mariusz | INOWŁÓDZ | | POL - | 79 | M30/252 | (M)586 | 00:44:56 | 04.29 |
| 516 | 1674 | TURBIŃSKI Marcin | BRZYZINY | | POL BADASS RUNNERS TEAM | 79 | M30/516 | (M)1238 | 00:49:17 | 04.55 |
| 1122 | 1680 | CZERPANIAK Daniel | ŁÓDŹ | | POL | 82 | M30/1122 | (M)2806 | 01:04:24 | 06.26 |
| 314 | 1686 | ZNOJEK Robert | BELCHATÓW | | POL | 80 | M30/314 | (M)720 | 00:46:02 | 04.36 |
| 514 | 1688 | ŻURAWICZ Bartosz | ŁÓDŹ | | POL | 87 | M30/514 | (M)1234 | 00:49:16 | 04.55 |
| 322 | 1690 | MILIŃSKI Kamil | ŁÓDŹ | | POL | 81 | M30/322 | (M)763 | 00:46:24 | 04.38 |
| 1151 | 1693 | TOMCZAK Amadeusz | KANIA GÓRA | | POL SKRZYWANA FACTORY | 88 | M30/1151 | (M)2883 | 01:06:57 | 06.41 |
| 864 | 1694 | ANDRZEJEWSKI Łukasz | ŁÓDŹ | | POL SKRZYWANA FACTORY | 79 | M30/864 | (M)2166 | 00:55:49 | 05.34 |
| 825 | 1695 | GOLUCH Adam | ŁÓDŹ | | POL SKRZYWANA FACTORY | 82 | M30/825 | (M)2066 | 00:54:58 | 05.29 |
| 766 | 1696 | GOSLAWSKI Piotr | ŁÓDŹ | | POL SKRZYWANA FACTORY | 82 | M30/766 | (M)1918 | 00:53:42 | 05.22 |
| 848 | 1698 | KWIATKOWSKI Bartosz | ŁÓDŹ | | POL SKRZYWANA FACTORY | 85 | M30/848 | (M)2131 | 00:55:29 | 05.32 |
| 582 | 1701 | MASZOREK Piotr | ŁÓDŹ | | POL SKRZYWANA FACTORY | 85 | M30/582 | (M)1409 | 00:50:06 | 05.00 |
| 612 | 1705 | WOLSKI Radosław | ŁÓDŹ | | POL SKRZYWANA FACTORY | 86 | M30/612 | (M)1484 | 00:50:34 | 05.03 |
| 762 | 1712 | GRACZYK Radosław | ŁĘCZYCA | | POL 1 KOMPANIA REGULACJI RUCHU/ KLUB HDK83 | M30/762 | (M)1907 | 00:53:37 | 05.21 | |
| LEGION | | | | | | | | | | |
| 652 | 1714 | TRZECIAK Mariusz | JANÓWKA | | POL LZS JUSTYNÓW | 81 | M30/652 | (M)1584 | 00:51:08 | 05.06 |
| 199 | 1718 | BALCEREK Sylwester | ŁÓDŹ | | POL | 86 | M30/199 | (M)466 | 00:44:06 | 04.24 |
| 687 | 1730 | SIERPIŃSKI Michał | PABIANICE | | POL | 84 | M30/687 | (M)1698 | 00:51:59 | 05.11 |
| 1058 | 1732 | SOCHACKI Adam | ŁÓDŹ | | POL ŻADNA REWELACJA | 83 | M30/1058 | (M)2657 | 01:00:58 | 06.05 |
| 1163 | 1743 | WALASIK Maciej | ŁÓDŹ | | POL | 86 | M30/1163 | (M)2934 | 01:09:16 | 06.55 |
| 92 | 1744 | BALICKI Paweł | KROSNO | | POL MORENA CZOŁOWA | 88 | M30/92 | (M)194 | 00:40:36 | 04.03 |
| 771 | 1753 | KŁOS Filip | BUCZEK | | POL BIEGING TEAM ZELÓW | 86 | M30/771 | (M)1938 | 00:53:50 | 05.23 |
| 331 | 1759 | SOBCZYK Paweł | TOMASZÓW | | POL LZS ŁAZISKO | 84 | M30/331 | (M)781 | 00:46:29 | 04.38 |
| 212 | 1763 | IZYDORCZAK Adam | WARSZAWA | | POL | 83 | M30/212 | (M)492 | 00:44:20 | 04.26 |
| 1019 | 1774 | BULZACKI Paweł | ŁÓDŹ | | POL | 79 | M30/1019 | (M)2564 | 00:59:38 | 05.57 |
| 302 | 1780 | OGRODNIK Tomasz | POZNAŃ | | POL NIGHT RUNNERS | 88 | M30/302 | (M)697 | 00:45:53 | 04.35 |
| 643 | 1783 | GRZESIAK Grzegorz | SIERADZ | | POL SIERADZBIEGA.PL | 86 | M30/643 | (M)1566 | 00:51:03 | 05.06 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|--------------|--------|----------------------|---------------------|----------|--|---------|--------------------|---------|-----------|----------|
| 726 | 1786 | EL-SAYED Kamil | WROCLAW | | POL | 85 | M30/726 | (M)1807 | 00:52:54 | 05.17 |
| 719 | 1787 | JĘDRASZEK Damian | ŁÓDŹ | | POL - | 88 | M30/719 | (M)1789 | 00:52:48 | 05.16 |
| 1183 | 1794 | KWIATKOWSKI Maciej | ŁÓDŹ | | POL NOR&MAC | 82 | M30/1183 | (M)2976 | 01:12:50 | 07.17 |
| 49 | 1796 | ADAMCZEWSKI Konrad | ŁÓDŹ | | POL ORANGE POLSKA | 81 | M30/49 | (M)107 | 00:38:59 | 03.53 |
| 256 | 1810 | DURKOWSKI Marek | ŁÓDŹ | | POL | 82 | M30/256 | (M)593 | 00:44:59 | 04.29 |
| 423 | 1827 | CHRUŚCIEL Piotr | ŁÓDŹ | | POL | 79 | M30/423 | (M)1026 | 00:48:01 | 04.48 |
| 1102 | 1835 | CICHOSZ Norbert | ŁÓDŹ | | POL NOR&MAC | 86 | M30/1102 | (M)2765 | 01:03:17 | 06.19 |
| 1067 | 1837 | SZOSTAK Przemysław | ŁÓDŹ | | POL DBAM O ZDROWIE | 82 | M30/1067 | (M)2674 | 01:01:20 | 06.08 |
| 14 | 1854 | ADAMKIEWICZ Michał | ŁÓDŹ | | POL KS GŁOWNO W BIEGU | 85 | M30/14 | (M)28 | 00:35:26 | 03.32 |
| 671 | 1855 | CHĄDZYŃSKI Michał | KONSTANTYNÓW ŁÓDZKI | | POL AMCOR RUNNING TEAM | 83 | M30/671 | (M)1640 | 00:51:33 | 05.09 |
| 497 | 1862 | RADECKI Marcin | ŁÓDŹ | | POL | 80 | M30/497 | (M)1207 | 00:49:04 | 04.54 |
| 513 | 1870 | OSYDA Maciej | ŁÓDŹ | | POL SII RUNNING TEAM | 86 | M30/513 | (M)1232 | 00:49:15 | 04.55 |
| 229 | 1873 | FIRAZA Łukasz | ŁÓDŹ | | POL NAPIERACZE | 82 | M30/229 | (M)536 | 00:44:38 | 04.27 |
| 940 | 1875 | WNUK Maciej | WARSZAWA | | POL | 85 | M30/940 | (M)2374 | 00:57:44 | 05.46 |
| 813 | 1876 | KOPERTOWSKI Łukasz | ŁÓDŹ | | POL DELL RUNNING TEAM | 82 | M30/813 | (M)2034 | 00:54:43 | 05.28 |
| 1011 | 1878 | SŁOWICKI Tomasz | POZNAŃ | | POL BRAT MI KAZAŁ | 83 | M30/1011 | (M)2549 | 00:59:32 | 05.57 |
| 424 | 1879 | SOSIŃSKI Tomasz | ŁÓDŹ | | POL NAPIERACZE | 82 | M30/424 | (M)1027 | 00:48:01 | 04.48 |
| 492 | 1881 | MAJEWSKI Artur | ŁÓDŹ | | POL | 88 | M30/492 | (M)1194 | 00:49:01 | 04.54 |
| 1015 | 1884 | SŁOWICKI Maciej | ŁÓDŹ | | POL BRAT MI KAZAŁ | 85 | M30/1015 | (M)2557 | 00:59:34 | 05.57 |
| 992 | 1886 | SEWERYNEK Mariusz | KAMIENSK | | POL AKTYWNI KAMIENSK | 79 | M30/992 | (M)2503 | 00:59:00 | 05.54 |
| 733 | 1889 | JAGODA Grzegorz | ŁÓDŹ | | POL ELEKTRYKI | 79 | M30/733 | (M)1822 | 00:52:58 | 05.17 |
| 904 | 1891 | ŁUCAK Piotr | ŁOCHÓW | | POL | 82 | M30/904 | (M)2283 | 00:56:53 | 05.41 |
| 115 | 1892 | ZADOROŻNY Wojciech | WARSZAWA | | POL | 79 | M30/115 | (M)243 | 00:41:18 | 04.07 |
| 515 | 1895 | ROGULSKI Mariusz | POZNAŃ | | POL | 80 | M30/515 | (M)1237 | 00:49:17 | 04.55 |
| 1071 | 1901 | ZAWODNIK Anonimowy | | | POL | | M30/1071 | (M)2682 | 01:01:30 | 06.09 |
| 420 | 1908 | WITKOWSKI Grzegorz | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 80 | M30/420 | (M)1016 | 00:47:58 | 04.47 |
| 47 | 1912 | KONWERSKI Maciej | ŁÓDŹ | | POL BIEGAMPOLODZI.PL | 86 | M30/47 | (M)101 | 00:38:54 | 03.53 |
| 1078 | 1914 | TRELA Roman | ŁÓDŹ | | POL TRUCK BULLS | 80 | M30/1078 | (M)2705 | 01:01:51 | 06.11 |
| 693 | 1917 | TYLKI Przemysław | ŁÓDŹ | | POL | 81 | M30/693 | (M)1729 | 00:52:12 | 05.13 |
| 1194 | 1921 | FERDZYN Michał | ŁÓDŹ | | POL | 85 | M30/1194 | (M)3015 | 01:17:36 | 07.45 |
| 295 | 1923 | PIETRZAK Sebastian | ŁÓDŹ | | POL | 87 | M30/295 | (M)681 | 00:45:43 | 04.34 |
| 475 | 1929 | NOWAKOWSKI Sebastian | ŁÓDŹ | | POL RYSIE | 79 | M30/475 | (M)1148 | 00:48:46 | 04.52 |
| 506 | 1933 | BOZIŃSKI Arkadiusz | ŁÓDŹ | | POL | 85 | M30/506 | (M)1222 | 00:49:08 | 04.54 |
| 109 | 1935 | TOSIK Witold | ALEKSANDRÓW ŁÓDZKI | | POL MBANK | 82 | M30/109 | (M)233 | 00:41:09 | 04.06 |
| 202 | 1942 | WYSOCKI Arkadiusz | RABIEŃ | | POL TOMTOM RUNNERS | 80 | M30/202 | (M)473 | 00:44:11 | 04.25 |
| 1187 | 1949 | KOLEK Michał | RACIBÓRZ | | POL | 81 | M30/1187 | (M)2992 | 01:13:49 | 07.22 |
| 1049 | 1952 | GUNIA Piotr | LUBLIN | | POL LBN | 83 | M30/1049 | (M)2641 | 01:00:45 | 06.04 |
| 466 | 1969 | SZYMAŃSKI Arkadiusz | KUTNO | | POL KUTNO BIEGA | 83 | M30/466 | (M)1125 | 00:48:40 | 04.52 |
| 72 | 1970 | ZAWADZKI Sławek | ŁÓDŹ | | POL --- | 79 | M30/72 | (M)157 | 00:39:55 | 03.59 |
| 373 | 1972 | MROZIŃSKI Zbigniew | PIOTRKÓW | | POL ROSSBIEGANI | 87 | M30/373 | (M)887 | 00:47:12 | 04.43 |
| 233 | 1985 | BORKOWSKI Łukasz | STAROWA GÓRA | | POL ING BANK ŚLĄSKI | 79 | M30/233 | (M)542 | 00:44:39 | 04.27 |
| 831 | 1990 | GRZELAK Łukasz | GĄBIN | | POL GĄBIN BIEGA | 85 | M30/831 | (M)2093 | 00:55:08 | 05.30 |
| 79 | 1991 | SIERSZYŃSKI Karol | BELCHATÓW | | POL PIOTRKOWSKI KLUB BIEGACZA 'ENDORFINA | 83 | M30/79 | (M)173 | 00:40:07 | 04.00 |
| 670 | 1992 | SKOWROŃSKI Łukasz | ŁÓDŹ | | POL | 82 | M30/670 | (M)1635 | 00:51:30 | 05.09 |
| 916 | 1993 | STEFAŃSKI Wojtek | PABIANICE | | POL MORENA CZOŁOWA | 87 | M30/916 | (M)2327 | 00:57:20 | 05.44 |
| 527 | 2002 | IGNASIAK Wojciech | ŁÓDŹ | | POL | 81 | M30/527 | (M)1262 | 00:49:23 | 04.56 |
| 772 | 2008 | BIENIAS Radosław | ŁÓDŹ | | POL - | 85 | M30/772 | (M)1939 | 00:53:51 | 05.23 |
| 1056 | 2011 | MALEŃCZUK Tomasz | ŁÓDŹ | | POL ING BANK ŚLĄSKI | 85 | M30/1056 | (M)2654 | 01:00:55 | 06.05 |
| 429 | 2013 | KALACH Maciej | ŁÓDŹ | | POL | 82 | M30/429 | (M)1040 | 00:48:05 | 04.48 |
| 345 | 2020 | SZPAK Marcin | ŁÓDŹ | | POL | 79 | M30/345 | (M)821 | 00:46:42 | 04.40 |
| 746 | 2021 | WIĘCKOWSKI Kamil | ŁÓDŹ | | POL | 83 | M30/746 | (M)1865 | 00:53:16 | 05.19 |
| 107 | 2024 | KRYSTOFIAK Bartosz | KROTOSZYN | | POL KROTOSZYŃSKA GRUPA BIEGOWA | 86 | M30/107 | (M)227 | 00:41:04 | 04.06 |
| 1097 | 2036 | JASKÓLSKI Arkadiusz | ŁÓDŹ | | POL | 80 | M30/1097 | (M)2754 | 01:03:03 | 06.18 |
| 1089 | 2052 | KOŁODZIEJEWSKI Paweł | ŁÓDŹ | | POL | 80 | M30/1089 | (M)2733 | 01:02:27 | 06.14 |
| 680 | 2055 | GNIADZIK Michał | ŁÓDŹ | | POL | 83 | M30/680 | (M)1680 | 00:51:50 | 05.11 |
| 166 | 2057 | KAROLEWSKI Maciej | KROTOSZYN | | POL KROTOSZYŃSKA GRUPA BIEGOWA | 83 | M30/166 | (M)377 | 00:43:22 | 04.20 |
| 859 | 2059 | RUSZCZYK Marcin | ŁÓDŹ | | POL | 83 | M30/859 | (M)2155 | 00:55:45 | 05.34 |
| 1138 | 2060 | ZALEWSKI Michał | ŁÓDŹ | | POL | 88 | M30/1138 | (M)2836 | 01:05:10 | 06.31 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | (M) Sex | Czas Time | [min/km] |
|--------------|--------|----------------------------|---------------------|----------|--------------------------------|---------|--------------------|---------|-----------|----------|
| 225 | 2072 | LESZCZYŃSKI Michał | KRAKÓW | | POL ZAKRZOWIEC TEAM CHALLENGE | 84 | M30/225 | (M)522 | 00:44:32 | 04.27 |
| 489 | 2081 | PIEKALA Dawid | OPOCZNO | | POL | 85 | M30/489 | (M)1181 | 00:48:56 | 04.53 |
| 392 | 2083 | DĘBSKI Szymon | KONSTANTYNÓW ŁÓDZKI | | POL | 85 | M30/392 | (M)933 | 00:47:31 | 04.45 |
| 850 | 2086 | PIOTROWIAK Tomasz | SKIERNIEWICE | | POL PARKRUN SKIERNIEWICE | 82 | M30/850 | (M)2138 | 00:55:35 | 05.33 |
| 633 | 2103 | KACZYŃSKI Sebastian | PODDĘBICE | | POL | 82 | M30/633 | (M)1540 | 00:50:51 | 05.05 |
| 340 | 2106 | COLONNA-WALEWSKI Krzysztof | RĄBIEŃ | | POL SZWADRON WILCZKÓW ALFA | 85 | M30/340 | (M)810 | 00:46:38 | 04.39 |
| 729 | 2111 | ROSIŃSKI Michał | PABIANICE | | POL PARKRUN PABIANICE | 82 | M30/729 | (M)1817 | 00:52:57 | 05.17 |
| 564 | 2118 | KARECKI Wojciech | JÓZEFOSŁAW | | POL | 81 | M30/564 | (M)1364 | 00:49:50 | 04.59 |
| 759 | 2120 | KONIECZNY Krzysztof | ŁÓDŹ | | POL - | 81 | M30/759 | (M)1892 | 00:53:29 | 05.20 |
| 1169 | 2123 | SUCHANOWSKI Kamil | ŁÓDŹ | | POL | 87 | M30/1169 | (M)2948 | 01:10:35 | 07.03 |
| 71 | 2128 | JANUS Michał | DĄBROWA GÓRNICZA | | POL | 84 | M30/71 | (M)156 | 00:39:54 | 03.59 |
| 634 | 2131 | WAWRZYŃIAK Przemek | SIERADZ | | POL RAJSPOORT ACTIVE TEAM | 81 | M30/634 | (M)1543 | 00:50:53 | 05.05 |
| 265 | 2135 | KOCHANOWSKI Bartłomiej | ŁÓDŹ | | POL MAKOLAB RUNNING TEAM | 82 | M30/265 | (M)609 | 00:45:06 | 04.30 |
| 346 | 2142 | GROSS Radosław | ŁÓDŹ | | POL ŁÓDŹ RUNNING TEAM | 83 | M30/346 | (M)826 | 00:46:44 | 04.40 |
| 1111 | 2148 | WYPYCH Adam | ŁÓDŹ | | POL | 81 | M30/1111 | (M)2780 | 01:03:40 | 06.22 |
| 943 | 2153 | CZYŻEWSKI Bartłomiej | ŁÓDŹ | | POL | 88 | M30/943 | (M)2389 | 00:57:54 | 05.47 |
| 1093 | 2156 | MAJEWSKI Krzysztof | ŁÓDŹ | | POL | 87 | M30/1093 | (M)2741 | 01:02:39 | 06.15 |
| 425 | 2159 | SZYMAŃSKI Kamil | ZGIERZ | | POL | 84 | M30/425 | (M)1032 | 00:48:03 | 04.48 |
| 973 | 2163 | KŁODNICKI Arkadiusz | ŁÓDŹ | | POL | 87 | M30/973 | (M)2455 | 00:58:32 | 05.51 |
| 1162 | 2165 | PIETRZKO Piotr | ŁÓDŹ | | POL | 85 | M30/1162 | (M)2933 | 01:09:15 | 06.55 |
| 457 | 2168 | WAŚ Arkadiusz | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 80 | M30/457 | (M)1099 | 00:48:30 | 04.51 |
| 484 | 2177 | KULA Paweł | BELCHATÓW | | POL DRUŻYNA PIERŚCIENIA | 83 | M30/484 | (M)1163 | 00:48:51 | 04.53 |
| 745 | 2193 | POROS Maciej | PABIANICE | | POL PARKRUN PABIANICE | 83 | M30/745 | (M)1857 | 00:53:14 | 05.19 |
| 89 | 2204 | MICHALSKI Mariusz | ŁÓDŹ | | POL MG17 KENYA EXPRESS | 80 | M30/89 | (M)190 | 00:40:31 | 04.03 |
| 1143 | 2205 | MROCEK Przemysław | KONSTANTYNÓW ŁÓDZKI | | POL ŁÓDZKIE MORSY | 80 | M30/1143 | (M)2849 | 01:05:41 | 06.34 |
| 998 | 2207 | PIETRAS Karol | ŁÓDŹ | | POL | 86 | M30/998 | (M)2523 | 00:59:16 | 05.55 |
| 264 | 2217 | PIETRUSZEWSKI Marcin | CZĘSTOCHOWA | | POL GERIAVIT RUNNING TEAM | 84 | M30/264 | (M)608 | 00:45:05 | 04.30 |
| 705 | 2222 | BRZOZOWSKI Radosław | ŁÓDŹ | | POL | 79 | M30/705 | (M)1755 | 00:52:31 | 05.15 |
| 954 | 2225 | ŁUKOMSKI Łukasz | ŁÓDŹ | | POL GLOBITEL | 84 | M30/954 | (M)2412 | 00:58:04 | 05.48 |
| 983 | 2240 | JANUSZ Artur | ŁÓDŹ | | POL INNOGRANTS | 80 | M30/983 | (M)2483 | 00:58:50 | 05.53 |
| 1040 | 2242 | KALINOWSKI Łukasz | ŁÓDŹ | | POL --- | 80 | M30/1040 | (M)2623 | 01:00:29 | 06.02 |
| 333 | 2250 | GIEJBA Radosław | ŁÓDŹ | | POL | 79 | M30/333 | (M)785 | 00:46:30 | 04.39 |
| 339 | 2256 | SZŁĘK Mateusz | SĘDZIEJOWICE | | POL RAJSPOORT ACTIVE | 81 | M30/339 | (M)809 | 00:46:37 | 04.39 |
| 342 | 2258 | GROBLEWSKI Krzysztof | DOBROŃ | | POL | 80 | M30/342 | (M)813 | 00:46:38 | 04.39 |
| 893 | 2261 | KOWALCZYK Tomasz | ŁÓDŹ | | POL WYBIERZ | 82 | M30/893 | (M)2252 | 00:56:36 | 05.39 |
| 211 | 2262 | PAKUŁA Rafał | ŁÓDŹ | | POL CYKLOMANIACY.PL | 85 | M30/211 | (M)489 | 00:44:19 | 04.25 |
| 908 | 2281 | RADOWICZ Mariusz | ŁÓDŹ | | POL | 81 | M30/908 | (M)2294 | 00:57:02 | 05.42 |
| 226 | 2282 | SEKUŁA Radosław | ŁÓDŹ | | POL | 83 | M30/226 | (M)524 | 00:44:32 | 04.27 |
| 306 | 2284 | BRZEZIŃSKI Grzegorz | SKIERNIEWICE | | POL | 80 | M30/306 | (M)706 | 00:45:55 | 04.35 |
| 257 | 2288 | JESKE Dominik | RADOMSKO | | POL BIEGACZE W RADOMSKU | 81 | M30/257 | (M)594 | 00:44:59 | 04.29 |
| 228 | 2289 | BAKOWICZ Kamil | KAMIENSK | | POL AKTYWNI KAMIENSK | 86 | M30/228 | (M)534 | 00:44:37 | 04.27 |
| 262 | 2302 | FINKBEINER Łukasz | KATOWICE | | POL | 82 | M30/262 | (M)604 | 00:45:04 | 04.30 |
| 926 | 2304 | JAROS Michał | ŁÓDŹ | | POL TOMTOM RUNNERS | 83 | M30/926 | (M)2347 | 00:57:29 | 05.44 |
| 672 | 2305 | KOŚCIELNIAK Piotr | CZĘSTOCHOWA | | POL POPOLUPO | 86 | M30/672 | (M)1645 | 00:51:35 | 05.09 |
| 17 | 2306 | PERDION Paweł | WROCLAW | | POL | 79 | M30/17 | (M)35 | 00:35:51 | 03.34 |
| 905 | 2310 | DMOWSKI Paweł | ŁĘCZYCA | | POL | 88 | M30/905 | (M)2289 | 00:56:58 | 05.41 |
| 860 | 2313 | CHROSTOWSKI Łukasz | GDAŃSK | | POL RUNNING SUCKS | 84 | M30/860 | (M)2156 | 00:55:45 | 05.34 |
| 327 | 2321 | RÓŻAŃSKI Marcin | WARSZAWA | | POL RAJSPOORT ACTIVE | 81 | M30/327 | (M)773 | 00:46:28 | 04.38 |
| 585 | 2330 | ŻORUŃ Szymon | BRZEZINY | | POL | 85 | M30/585 | (M)1413 | 00:50:07 | 05.00 |
| 134 | 2334 | KUBIAK Dominik | ŁÓDŹ | | POL VERA RUNNING TEAM | 83 | M30/134 | (M)288 | 00:42:09 | 04.12 |
| 1095 | 2347 | WYKRĘTOWICZ Dariusz | ŁÓDŹ | | POL BRAK | 82 | M30/1095 | (M)2750 | 01:02:56 | 06.17 |
| 1117 | 2350 | GRZECH Marcin | ŁÓDŹ | | POL | 88 | M30/1117 | (M)2795 | 01:03:59 | 06.23 |
| 754 | 2353 | KAMIŃSKI Mariusz | ŁÓDŹ | | POL ONCOARENDI | 88 | M30/754 | (M)1883 | 00:53:23 | 05.20 |
| 435 | 2356 | MACIEJEWSKI Adam | ŁÓDŹ | | POL | 81 | M30/435 | (M)1049 | 00:48:08 | 04.48 |
| 1090 | 2357 | MILCZAREK Mariusz | MNISZKÓW | | POL | 81 | M30/1090 | (M)2735 | 01:02:32 | 06.15 |
| 894 | 2358 | NOWICKI Marcin | ŁÓDŹ | | POL SBRT MOC ENERGIA ENDORFINA | 87 | M30/894 | (M)2260 | 00:56:40 | 05.40 |
| 1076 | 2360 | SYKUŁA Rafał | RZGÓW | | POL TRUCK BULLS | 83 | M30/1076 | (M)2703 | 01:01:51 | 06.11 |
| 283 | 2368 | NIŻEWSKI Jarosław | LEŚMIERZ | | POL LEŚMIERZ | 81 | M30/283 | (M)647 | 00:45:26 | 04.32 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|--------------|--------|--------------------------|--------------------|----------|--|----------|--------------------|----------|-----------|----------|
| 939 | 2379 | NOZDRYN-PŁOTNICKI Łukasz | BELCHATÓW | | POL #TUPIRAMOWICZA | 88 | M30/939 | (M)2372 | 00:57:42 | 05.46 |
| 812 | 2391 | JASTRZĘBSKI Jacek | ZDUŃSKA WOLA | | POL BBL ZDUŃSKA WOLA | 83 | M30/812 | (M)2030 | 00:54:40 | 05.28 |
| 910 | 2396 | MENCWAL Marek | SIERADZ | | POL | 86 | M30/910 | (M)2310 | 00:57:13 | 05.43 |
| 270 | 2398 | MICHALSKI Łukasz | ZGIERZ | | POL PULS TRI TEAM | 88 | M30/270 | (M)622 | 00:45:11 | 04.31 |
| 196 | 2410 | FELCENLOBEN Robert | ŁÓDŹ | | POL RAJSPOORT ACTIVE | 79 | M30/196 | (M)456 | 00:44:02 | 04.24 |
| 16 | 2412 | GIŻYŃSKI Przemysław | PŁOCK | | POL TKKF PŁOCK | 79 | M30/16 | (M)32 | 00:35:45 | 03.33 |
| 99 | 2413 | KARWOWSKI Michał | ŁÓDŹ | | POL EPOKA NORDICA ŁÓDŹ | 81 | M30/99 | (M)207 | 00:40:47 | 04.04 |
| 704 | 2419 | MAJCHRZAK Łukasz | ŁÓDŹ | | POL UNIQA RUNNERS | 87 | M30/704 | (M)1753 | 00:52:30 | 05.15 |
| 135 | 2433 | FRAŃCZAK Mateusz | ŁÓDŹ | | POL MORŚWINY TEAM | 83 | M30/135 | (M)291 | 00:42:15 | 04.13 |
| 934 | 2434 | JEZIORNY Krzysztof | ŁÓDŹ | | POL | 88 | M30/934 | (M)2362 | 00:57:38 | 05.45 |
| 299 | 2442 | KMIN Piotr | ŁÓDŹ | | POL SAWO RUNNING TEAM | 80 | M30/299 | (M)689 | 00:45:47 | 04.34 |
| 1005 | 2445 | LESZCZAK Michał | ŁÓDŹ | | POL | 88 | M30/1005 | (M)2538 | 00:59:23 | 05.56 |
| 1154 | 2450 | PATRZYK Maciej | WARSZAWA | | POL | 84 | M30/1154 | (M)2892 | 01:07:29 | 06.44 |
| 776 | 2451 | PAWLOWSKI Piotr | STRÓŻA | | POL | 79 | M30/776 | (M)1953 | 00:53:58 | 05.23 |
| 46 | 2457 | SZCZESNY Damian | WIELUN | | POL WIELUŃ BIEGA | 86 | M30/46 | (M)98 | 00:38:46 | 03.52 |
| 841 | 2465 | BORCZYŃSKI Dariusz | ŁÓDŹ | | POL | 83 | M30/841 | (M)2120 | 00:55:25 | 05.32 |
| 273 | 2466 | BOROWSKI Marcin | SIERADZ | | POL | 88 | M30/273 | (M)627 | 00:45:13 | 04.31 |
| 405 | 2468 | FIDOR Maciej | ŁÓDŹ | | POL | 85 | M30/405 | (M)972 | 00:47:45 | 04.46 |
| 144 | 2475 | KOZŁOWSKI Jakub | BIAŁA | | POL MORŚWINY TEAM | 82 | M30/144 | (M)314 | 00:42:37 | 04.15 |
| 804 | 2477 | MARUSIK Łukasz | ŁÓDŹ | | POL BFF POLSKA | 84 | M30/804 | (M)2011 | 00:54:30 | 05.27 |
| 184 | 2485 | SIEPIETOWSKI Wojciech | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 85 | M30/184 | (M)421 | 00:43:42 | 04.22 |
| 493 | 2486 | SŁOCZYŃSKI Krzysztof | ŁÓDŹ | | POL HERKTEAM | 81 | M30/493 | (M)1196 | 00:49:02 | 04.54 |
| 1083 | 2487 | SOBCZYK Adam | ŁÓDŹ | | POL | 88 | M30/1083 | (M)2718 | 01:02:06 | 06.12 |
| 1105 | 2491 | FILIPCZAK Konrad | ZDUŃSKA WOLA | | POL 10 KILO KIELBASY | 86 | M30/1105 | (M)2771 | 01:03:24 | 06.20 |
| 98 | 2494 | KOS Piotr | WARSZAWA | | POL TEAMKARAŚ | 83 | M30/98 | (M)203 | 00:40:45 | 04.04 |
| 311 | 2498 | ŁABĘCKI Paweł | ŁÓDŹ | | POL | 83 | M30/311 | (M)716 | 00:46:01 | 04.36 |
| 880 | 2507 | KUNCE Ryszard | ALEKSANDRÓW ŁÓDZKI | | POL | 88 | M30/880 | (M)2220 | 00:56:19 | 05.37 |
| 742 | 2517 | KRASKA Marcin | PABIANICE | | POL O CO BIEGA | 81 | M30/742 | (M)1850 | 00:53:13 | 05.19 |
| 1082 | 2521 | ADAMSKI Michał | GRUDZIĄDZ | | POL | 82 | M30/1082 | (M)2714 | 01:02:01 | 06.12 |
| 131 | 2522 | JĘCEK Maciej | ŁÓDŹ | | POL OPENRUN | 85 | M30/131 | (M)277 | 00:41:52 | 04.11 |
| 177 | 2535 | MALISZAK Tomek | RUSIEC | | POL | 85 | M30/177 | (M)410 | 00:43:38 | 04.21 |
| 250 | 2547 | JĘDRZEJCZYK Sebastian | OPOCZNO | | POL | 84 | M30/250 | (M)583 | 00:44:54 | 04.29 |
| 1186 | 2548 | WASILEWSKI Grzegorz | ŁÓDŹ | | POL | 83 | M30/1186 | (M)2990 | 01:13:45 | 07.22 |
| 604 | 2552 | STĘPLEWSKI Rafał | GŁOWNO | | POL | 79 | M30/604 | (M)1468 | 00:50:28 | 05.02 |
| 1168 | 2560 | KOWALEWSKI Marcin | ŁÓDŹ | | POL GUNOLD | 84 | M30/1168 | (M)2945 | 01:10:24 | 07.02 |
| 1050 | 2561 | MROZOWSKI Krzysztof | ŁÓDŹ | | POL KLUB BYŁYCH ŻOŁNIERZY WPD 'CZERWONE BERETY' | M30/1050 | (M)2642 | 01:00:47 | 06.04 | |
| 1166 | 2563 | SŁOMCZEWSKI Michał | ŁÓDŹ | | POL LIŚCIASTA RUN | 84 | M30/1166 | (M)2940 | 01:10:02 | 07.00 |
| 1064 | 2567 | JUREK Marcin | ŁÓDŹ | | POL - | 85 | M30/1064 | (M)2670 | 01:01:16 | 06.07 |
| 688 | 2569 | NOWAK Tomasz | GŁOWNO | | POL | 80 | M30/688 | (M)1700 | 00:52:00 | 05.12 |
| 580 | 2572 | KAPUSTA Łukasz | BIAŁACZÓW | | POL KLUB BIEGAJĄCYCH LEŚNIKÓW | 87 | M30/580 | (M)1403 | 00:50:02 | 05.00 |
| 1190 | 2576 | KASIŃSKI Rafał | ZGIERZ | | POL | 86 | M30/1190 | (M)2998 | 01:14:59 | 07.29 |
| 332 | 2577 | DĄBROWICZ Radosław | ŁÓDŹ | | POL | 81 | M30/332 | (M)784 | 00:46:30 | 04.39 |
| 867 | 2584 | CZESTKOWSKI Dawid | PABIANICE | | POL MPK- ŁÓDŹ | 83 | M30/867 | (M)2169 | 00:55:52 | 05.35 |
| 683 | 2588 | KIN Tomasz | ZGIERZ | | POL MPK- ŁÓDŹ | 79 | M30/683 | (M)1686 | 00:51:54 | 05.11 |
| 599 | 2591 | KUREK Mateusz | SMARDZEW | | POL MPK-ŁÓDŹ | 85 | M30/599 | (M)1449 | 00:50:19 | 05.01 |
| 655 | 2593 | PACIOREK Dawid | ŁÓDŹ | | POL MPK ŁÓDŹ | 87 | M30/655 | (M)1595 | 00:51:12 | 05.07 |
| 1079 | 2594 | RAPACZ Damian | SKOTNIKI | | POL | 88 | M30/1079 | (M)2707 | 01:01:54 | 06.11 |
| 195 | 2608 | ZABOR Michał | LUBLINIEC | | POL | 87 | M30/195 | (M)455 | 00:44:01 | 04.24 |
| 774 | 2615 | HENRYKOWSKI Marcin | ŁÓDŹ | | POL STREFA JOB | 79 | M30/774 | (M)1948 | 00:53:56 | 05.23 |
| 1016 | 2617 | PAWLAK Krzysztof | ŁÓDŹ | | POL FC ZDROWIE | 81 | M30/1016 | (M)2559 | 00:59:37 | 05.57 |
| 164 | 2631 | URBANSKI Piotr | KALISZ | | POL KALISZ | 79 | M30/164 | (M)372 | 00:43:17 | 04.19 |
| 868 | 2632 | BORAS Jan | PIOTRKÓW | | POL | 86 | M30/868 | (M)2170 | 00:55:52 | 05.35 |
| 321 | 2637 | JANISZEWSKI Jacek | OPOCZNO | | POL LKS FENIKS OPOCZNO | 86 | M30/321 | (M)756 | 00:46:19 | 04.37 |
| 5 | 2640 | OWCZAREK Tomasz | BELCHATÓW | | POL . | 85 | M30/5 | (M)9 | 00:32:40 | 03.15 |
| 660 | 2641 | NIEWIADOMSKI Michał | CZAPLINEK | | POL | 80 | M30/660 | (M)1607 | 00:51:18 | 05.07 |
| 601 | 2642 | KNISTOFT Jakub | ŁÓDŹ | | POL | 88 | M30/601 | (M)1460 | 00:50:25 | 05.02 |
| 1042 | 2649 | SNOPEK Krzysztof | PODDĘBICE | | POL | 79 | M30/1042 | (M)2628 | 01:00:33 | 06.03 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|--------------|--------|----------------------|---------------------|----------|--|---------|--------------------|----------|-----------|----------|
| 353 | 2661 | JANICKI Mariusz | ŁÓDŹ | | POL VERA RUNNING TEAM | 83 | M30/353 | (M)842 | 00:46:49 | 04.40 |
| 862 | 2667 | PERYGA Paweł | BELCHATÓW | | POL DRUŻYNA PIERŚCIENIA | 83 | M30/862 | (M)2159 | 00:55:46 | 05.34 |
| 303 | 2670 | KLEPACZ Grzegorz | ANDRESPOL | | POL | 83 | M30/303 | (M)699 | 00:45:54 | 04.35 |
| 74 | 2671 | KRUSZELNICKI Michał | DALBOROWICE | | POL ACTIVRUN NAMYSŁÓW | 79 | M30/74 | (M)162 | 00:39:57 | 03.59 |
| 606 | 2688 | JAROCKI Artur | ŁÓDŹ | | POL | 80 | M30/606 | (M)1472 | 00:50:29 | 05.02 |
| 1020 | 2694 | WOJTYLAK Piotr | ŁÓDŹ | | POL HARMAN RUNNING TEAM | 86 | M30/1020 | (M)2569 | 00:59:43 | 05.58 |
| 35 | 2696 | ZAWITOWSKI Michał | ŁÓDŹ | | POL HARMAN RUNNING TEAM | 86 | M30/35 | (M)72 | 00:38:03 | 03.48 |
| 914 | 2698 | HARTAI Zoltan | ŁÓDŹ | | POL KSIEŻNICZKA EMMA | 83 | M30/914 | (M)2324 | 00:57:20 | 05.44 |
| 929 | 2708 | OLCZAK Krzysztof | ŁÓDŹ | | POL | 84 | M30/929 | (M)2351 | 00:57:30 | 05.45 |
| 61 | 2716 | KARKOSZKA Bartosz | OSTRZESZÓW | | POL SFB POLSKA_OSTRZESZOW | 80 | M30/61 | (M)136 | 00:39:36 | 03.57 |
| 495 | 2720 | PAUŚ Jarosław | ANTONIN | | POL SFB POLSKA_OSTRZESZOW | 80 | M30/495 | (M)1199 | 00:49:03 | 04.54 |
| 78 | 2728 | ROGALA Tomasz | WARSZAWA | | POL | 86 | M30/78 | (M)172 | 00:40:05 | 04.00 |
| 871 | 2730 | BACALA Michał | ŁÓDŹ | | POL OLIMPIJSKA AKADEMIA BIEGANIA PIOTR | 80 | M30/871 | (M)2179 | 00:55:59 | 05.35 |
| KĘDZIA | | | | | | | | | | |
| 1057 | 2731 | KASPRZAK Arkadiusz | ŁÓDŹ | | POL - | 85 | M30/1057 | (M)2656 | 01:00:57 | 06.05 |
| 87 | 2734 | RACZ Mariusz | KOLUSZKI | | POL PIETRZYK RUNNING TEAM | 80 | M30/87 | (M)186 | 00:40:22 | 04.02 |
| 359 | 2737 | BIĘKOWSKI Michał | ŁÓDŹ | | POL | 81 | M30/359 | (M)857 | 00:46:58 | 04.41 |
| 68 | 2739 | WALSKI Michał | WROCLAW | | POL KARKONOSZ RUNNING TEAM | 83 | M30/68 | (M)149 | 00:39:48 | 03.58 |
| 979 | 2740 | WESZKA Marcin | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 88 | M30/979 | (M)2472 | 00:58:42 | 05.52 |
| 117 | 2743 | WOLNY Łukasz | GDAŃSK | | POL WOLNY TEAM | 85 | M30/117 | (M)249 | 00:41:25 | 04.08 |
| 7 | 2745 | NOWAK Andrzej | SOSNOWIEC | | POL CROSS BOX EVOLUTION | 79 | M30/7 | (M)12 | 00:33:20 | 03.19 |
| 288 | 2752 | ZIELSKI Adam | ŁÓDŹ | | POL PRAWDZIWA STAL | 82 | M30/288 | (M)658 | 00:45:31 | 04.33 |
| 591 | 2774 | STRÓŻIK Tadeusz | ŁÓDŹ | | POL OSP ORW ŁÓDŹ | 83 | M30/591 | (M)1421 | 00:50:10 | 05.01 |
| 739 | 2778 | JAKUBOWSKI Michał | ŁÓDŹ | | POL FITOBSESSION ŁÓDŹ | 81 | M30/739 | (M)1847 | 00:53:12 | 05.19 |
| 503 | 2794 | SOKÓŁ Michał | GŁOWNO | | POL | 86 | M30/503 | (M)1219 | 00:49:07 | 04.54 |
| 95 | 2796 | GRODZICKI Bartosz | WŁOCŁAWEK | | POL ORLEN RUNNING TEAM | 80 | M30/95 | (M)199 | 00:40:42 | 04.04 |
| 1156 | 2797 | ŻURAWICZ Jakub | ŁÓDŹ | | POL VITADENT | 83 | M30/1156 | (M)2912 | 01:08:18 | 06.49 |
| 271 | 2805 | PĘKOWSKI Bartosz | ŁĘCZYCA | | POL | 83 | M30/271 | (M)623 | 00:45:11 | 04.31 |
| 677 | 2806 | LESZCZYŃSKI Artur | ŁÓDŹ | | POL TOMTOM RUNNERS | 83 | M30/677 | (M)1669 | 00:51:46 | 05.10 |
| 842 | 2816 | CZEGIEL Artur | WARSZAWA | | POL | 87 | M30/842 | (M)2121 | 00:55:25 | 05.32 |
| 156 | 2820 | ANDRZEJCZAK Michał | PODDĘBICE | | POL EVERRUN | 83 | M30/156 | (M)340 | 00:42:56 | 04.17 |
| 149 | 2826 | ŁASKI Łukasz | WARSZAWA | | POL NEW BALANCE ESKA TEAM | 88 | M30/149 | (M)325 | 00:42:47 | 04.16 |
| 846 | 2834 | PLUTA Michał | ŁÓDŹ | | POL FAJNI.PL | 79 | M30/846 | (M)2127 | 00:55:28 | 05.32 |
| 509 | 2840 | MARCINIAK Tomasz | ŁÓDŹ | | POL MCK 25X100 | 83 | M30/509 | (M)1226 | 00:49:10 | 04.55 |
| 343 | 2845 | OBERSKI Jakub | ŁÓDŹ | | POL CRAZY RUNNERFUCKERS | 80 | M30/343 | (M)814 | 00:46:38 | 04.39 |
| 280 | 2850 | DAWID Artur | OSJAKÓW | | POL | 79 | M30/280 | (M)640 | 00:45:22 | 04.32 |
| 1132 | 2852 | GARCZARZYK Mariusz | ŁÓDŹ | | POL | 84 | M30/1132 | (M)2824 | 01:04:54 | 06.29 |
| 791 | 2855 | CHYBICKI Piotr | SKIERNIEWICE | | POL | 88 | M30/791 | (M)1984 | 00:54:15 | 05.25 |
| 1109 | 2858 | MATERA Stanisław | ŁÓDŹ | | POL | 83 | M30/1109 | (M)2777 | 01:03:37 | 06.21 |
| 126 | 2871 | CIEŻKI Konrad | ŁÓDŹ | | POL EVERRUN | 83 | M30/126 | (M)263 | 00:41:40 | 04.10 |
| 563 | 2872 | WITKOWSKI Hubert | ŁÓDŹ | | POL PODDĘBICKI KLUB BIEGACZA ZDYSZANI.PL | 81 | M30/563 | (M)1360 | 00:49:49 | 04.58 |
| 230 | 2873 | KAWKA Rafał | RADOMSKO | | POL KBKS RADOMSKO | 85 | M30/230 | (M)539 | 00:44:39 | 04.27 |
| 394 | 2883 | KALINWOSKI Cezary | ŁÓDŹ | | POL TME | 84 | M30/394 | (M)937 | 00:47:31 | 04.45 |
| 137 | 2887 | KUCHOWICZ Michał | ŁÓDŹ | | POL FLINTENSIVE RUNNING | 84 | M30/137 | (M)293 | 00:42:16 | 04.13 |
| 1200 | 2890 | WAŻNY Łukasz | SMARCHOWICE WIELKIE | | POL ACTIVRUN NAMYSŁÓW | 86 | M30/1200 | (M)3025 | 01:20:32 | 08.03 |
| 34 | 2919 | CICHOSZ Jarosław | ŁÓDŹ | | POL AKADEMIABIEGACZA.PL S.L. SALOS-WODNA85 | M30/34 | (M)71 | 00:38:01 | 03.48 | |
| ŁÓDŹ | | | | | | | | | | |
| 12 | 2921 | PIETRZYK Krzysztof | KOLUSZKI | | POL LKS KOLUSZKI | 79 | M30/12 | (M)23 | 00:34:44 | 03.28 |
| 220 | 2922 | KLICHOWSKI Marek | ŁÓDŹ | | POL NAPIERACZE | 82 | M30/220 | (M)509 | 00:44:27 | 04.26 |
| 1195 | 2929 | SAS Adam | ŁĘCZYCA | | POL ZANIEŚCIE MNIE DO METY | 87 | M30/1195 | (M)3016 | 01:17:51 | 07.47 |
| 274 | 2937 | WOSIK Krystian | CZĘSTOCHOWA | | POL GERIAVIT RUNNING TEAM | 86 | M30/274 | (M)629 | 00:45:14 | 04.31 |
| 853 | 2946 | PIECZARA Łukasz | ŁÓDŹ | | POL TME | 79 | M30/853 | (M)2144 | 00:55:39 | 05.33 |
| 635 | 2956 | JERZMANOWSKI Łukasz | ŁÓDŹ | | POL | 85 | M30/635 | (M)1544 | 00:50:53 | 05.05 |
| 237 | 2968 | CHMAL Robert | TROJANÓW | | POL | 83 | M30/237 | (M)551 | 00:44:42 | 04.28 |
| 1022 | 2975 | RZEPKOWSKI Marcin | LUTOMIERSK | | POL | 79 | M30/1022 | (M)2574 | 00:59:50 | 05.59 |
| 219 | 2976 | KASZEWSKI Przemysław | ŁÓDŹ | | POL K6 TEAM | 79 | M30/219 | (M)508 | 00:44:26 | 04.26 |
| 231 | 2985 | SALAMON Artur | ŁÓDŹ | | POL | 83 | M30/231 | (M)540 | 00:44:39 | 04.27 |
| 757 | 2987 | ROSIŃSKI Marcin | OLEŚNICA | | POL CAŁA OLEŚNICA BIEGA | 85 | M30/757 | (M)1890 | 00:53:29 | 05.20 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|--------------|--------|----------------------|--------------------|----------|------------------------------|---------|--------------------|---------|-----------|----------|
| 967 | 2996 | TOMCZAK Zbigniew | ŁÓDŹ | | POL VITADIET SPORT TEAM | 87 | M30/967 | (M)2439 | 00:58:20 | 05.50 |
| 430 | 3001 | KUBALA Jaroslaw | ZIELONA GORA | | POL | 82 | M30/430 | (M)1041 | 00:48:06 | 04.48 |
| 1075 | 3007 | ZAWODNIK Anonimowy | | | POL | | M30/1075 | (M)2696 | 01:01:41 | 06.10 |
| 865 | 3030 | KLONOWSKI Michał | RZGÓW | | POL ATLAS RUNNING TEAM | 83 | M30/865 | (M)2167 | 00:55:50 | 05.35 |
| 1158 | 3038 | OSKIERKO Tomasz | ŁÓDŹ | | POL ATLAS RUNNING TEAM | 87 | M30/1158 | (M)2920 | 01:08:38 | 06.51 |
| 919 | 3039 | RATAJCZAK Jacek | ŁÓDŹ | | POL ATLAS RUNNING TEAM | 80 | M30/919 | (M)2334 | 00:57:23 | 05.44 |
| 858 | 3046 | WÓJCİK Adam | ŁÓDŹ | | POL ATLAS RUNNING TEAM | 83 | M30/858 | (M)2154 | 00:55:45 | 05.34 |
| 1051 | 3050 | CANDER Maciej | MOSZCZENICA | | POL AMATOR | 83 | M30/1051 | (M)2644 | 01:00:50 | 06.05 |
| 101 | 3056 | BOHDANOWICZ Krystian | ŁÓDŹ | | POL ATLAS RUNNING TEAM | 80 | M30/101 | (M)211 | 00:40:51 | 04.05 |
| 902 | 3059 | CIESIELSKI Piotr | ŁÓDŹ | | POL | 87 | M30/902 | (M)2281 | 00:56:51 | 05.41 |
| 1148 | 3088 | SARWA Arkadiusz | ŁÓDŹ | | POL MOBICA | 83 | M30/1148 | (M)2872 | 01:06:32 | 06.39 |
| 1098 | 3089 | WALKOWIAK Paweł | POZNAŃ | | POL CSWŁĄD POZNAŃ | 87 | M30/1098 | (M)2755 | 01:03:03 | 06.18 |
| 296 | 3092 | CHOLUJ Mariusz | ŁÓDŹ | | POL | 81 | M30/296 | (M)684 | 00:45:46 | 04.34 |
| 811 | 3093 | DZWONKOWSKI Dominik | ŁÓDŹ | | POL PURE VIP | 82 | M30/811 | (M)2026 | 00:54:38 | 05.27 |
| 917 | 3095 | KOWALSKI Sebastian | TOMASZÓW MAZ. | | POL BRAK | 79 | M30/917 | (M)2328 | 00:57:21 | 05.44 |
| 657 | 3101 | SADOWSKI Marcin | ŁÓDŹ | | POL NAJEBUNNY TEAM | 86 | M30/657 | (M)1599 | 00:51:14 | 05.07 |
| 615 | 3108 | BRZEZIŃSKI Kamil | ŁÓDŹ | | POL | 88 | M30/615 | (M)1493 | 00:50:36 | 05.03 |
| 242 | 3111 | GAWRYJOLEK Michał | WARSZAWA | | POL . | 82 | M30/242 | (M)562 | 00:44:48 | 04.28 |
| 930 | 3120 | JANAS Sebastian | ŁÓDŹ | | POL MPK- ŁÓDŹ | 82 | M30/930 | (M)2352 | 00:57:30 | 05.45 |
| 522 | 3121 | NOWAKOWSKI Marcin | OPOCZNO | | POL | 80 | M30/522 | (M)1255 | 00:49:21 | 04.56 |
| 452 | 3122 | ILSKI Artur | ALEKSANDRÓW ŁÓDZKI | | POL MOSIR ALEKSANDRÓW ŁÓDZKI | 79 | M30/452 | (M)1086 | 00:48:24 | 04.50 |
| 413 | 3123 | OLEJNIK Sebastian | WIELUŃ | | POL | 80 | M30/413 | (M)995 | 00:47:51 | 04.47 |
| 490 | 3127 | PELIAN Mariusz | BELCHATÓW | | POL BIEGING TEAM ZELÓW | 86 | M30/490 | (M)1186 | 00:48:58 | 04.53 |
| 1106 | 3128 | DOMALAŻEK Wojciech | PABIANICE | | POL | 87 | M30/1106 | (M)2772 | 01:03:25 | 06.20 |
| 856 | 3131 | KRUSZYŃSKI Maciej | ŁÓDŹ | | POL | 83 | M30/856 | (M)2151 | 00:55:42 | 05.34 |
| 645 | 3139 | GRZEGOREK Piotr | SLIWNIKI | | POL | 79 | M30/645 | (M)1571 | 00:51:05 | 05.06 |
| 165 | 3141 | KURZYDLAK Jakub | PIOTRKÓW | | POL | 87 | M30/165 | (M)373 | 00:43:20 | 04.20 |
| 562 | 3142 | BIGOS Grzegorz | JAWORZNO | | POL GRAMMI | 79 | M30/562 | (M)1347 | 00:49:45 | 04.58 |
| 809 | 3145 | RAJCZAK Michał | ŁÓDŹ | | POL | 86 | M30/809 | (M)2022 | 00:54:37 | 05.27 |
| 146 | 3154 | BARTOSZEWSKI Cezary | ŁÓDŹ | | POL N/D | 85 | M30/146 | (M)321 | 00:42:44 | 04.16 |
| 1004 | 3159 | KRAWCZYK Marek | ŁÓDŹ | | POL | 86 | M30/1004 | (M)2536 | 00:59:23 | 05.56 |
| 801 | 3160 | SOBCZAK Marcin | ŁÓDŹ | | POL | 86 | M30/801 | (M)2003 | 00:54:22 | 05.26 |
| 521 | 3170 | NOWAK Patryk | PSARY | | POL | 87 | M30/521 | (M)1254 | 00:49:21 | 04.56 |
| 710 | 3171 | GRUSZCZYŃSKI Mariusz | TOMASZÓW | | POL | 85 | M30/710 | (M)1777 | 00:52:44 | 05.16 |
| 708 | 3172 | ŁOŚ Michał | ŁÓDŹ | | POL SZAKALE BAŁUT ŁÓDŹ | 80 | M30/708 | (M)1773 | 00:52:43 | 05.16 |
| 639 | 3175 | TARGOWSKI Michał | ŁÓDŹ | | POL | 86 | M30/639 | (M)1558 | 00:51:00 | 05.06 |
| 761 | 3182 | KWIATKOWSKI Michał | GÓRA KALWARIA | | POL | 88 | M30/761 | (M)1904 | 00:53:35 | 05.21 |
| 897 | 3185 | KOŚLA Paweł | ŻYRARDÓW | | POL | 83 | M30/897 | (M)2267 | 00:56:43 | 05.40 |
| 158 | 3191 | GOŹDZIK Adrian | ŁÓDŹ | | POL OSNOWA RUN | 88 | M30/158 | (M)342 | 00:42:57 | 04.17 |
| 623 | 3197 | KURSTAK Tomasz | STARA GADKA | | POL | 83 | M30/623 | (M)1521 | 00:50:45 | 05.04 |
| 54 | 3199 | NOWAK Dawid | ŁÓDŹ | | POL RUCH KLUCH | 81 | M30/54 | (M)115 | 00:39:11 | 03.55 |
| 491 | 3201 | PLACEK Dominik | ŁÓDŹ | | POL UMED IT | 82 | M30/491 | (M)1192 | 00:49:00 | 04.54 |
| 539 | 3204 | BADZIAK Mateusz | ZELÓW | | POL BIEGING TEAM ZELÓW | 87 | M30/539 | (M)1289 | 00:49:28 | 04.56 |
| 376 | 3210 | DĘBSKI Łukasz | SKIERNIEWICE | | POL PARKRUN SKIERNIEWICE | 83 | M30/376 | (M)893 | 00:47:14 | 04.43 |
| 922 | 3211 | ZAWODNIK Anonimowy | | | POL | | M30/922 | (M)2339 | 00:57:26 | 05.44 |
| 1012 | 3212 | GLAPA Krzysztof | BOLESŁAWIEC | | POL | 80 | M30/1012 | (M)2552 | 00:59:32 | 05.57 |
| 965 | 3216 | TELEŚNICKI Marcin | PIOTRKÓW | | POL ABC UBEZPIECZENIA | 81 | M30/965 | (M)2433 | 00:58:17 | 05.49 |
| 1182 | 3223 | KARNICKI Jakub | ŁÓDŹ | | POL | 84 | M30/1182 | (M)2972 | 01:12:30 | 07.15 |
| 553 | 3228 | MIERZYŃSKI Rafał | ZELÓW | | POL BIEGING TEAM ZELÓW | 85 | M30/553 | (M)1324 | 00:49:39 | 04.57 |
| 1198 | 3233 | SAWONIUK Marcin | ŁÓDŹ | | POL | 82 | M30/1198 | (M)3021 | 01:19:38 | 07.57 |
| 480 | 3236 | GREZEL Norbert | ŁÓDŹ | | POL SRTG ŁÓDŹ | 86 | M30/480 | (M)1156 | 00:48:48 | 04.52 |
| 1171 | 3242 | ZACIEK Marcin | BARTĄG | | POL OLSZTYN | 81 | M30/1171 | (M)2950 | 01:10:42 | 07.04 |
| 460 | 3250 | OLSZEWSKI Mariusz | PIOTRKÓW | | POL OJCOWIE CHRZESTNI | 84 | M30/460 | (M)1104 | 00:48:31 | 04.51 |
| 632 | 3255 | DŁUŹNIEWSKI Andrzej | KUTNO | | POL | 86 | M30/632 | (M)1538 | 00:50:50 | 05.05 |
| 439 | 3256 | KULIŚ Tomasz | ŁÓDŹ | | POL | 86 | M30/439 | (M)1055 | 00:48:10 | 04.49 |
| 100 | 3257 | GRĘDECKI Łukasz | RUDA-BUGAJ | | POL COMARCH | 83 | M30/100 | (M)208 | 00:40:50 | 04.05 |
| 372 | 3265 | WARDA Filip | ŁÓDŹ | | POL COMARCH | 81 | M30/372 | (M)886 | 00:47:11 | 04.43 |
| 607 | 3266 | WOJCIECHOWSKI Damian | ŁÓDŹ | | POL COMARCH | 84 | M30/607 | (M)1474 | 00:50:30 | 05.03 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | M | Sex | Czas Time | [min/km] |
|--------------|--------|----------------------|------------------|----------|--|---------|--------------------|---------|-----|-----------|----------|
| 378 | 3267 | WORACH Tomasz | ZGIERZ | | POL | 80 | M30/378 | (M)895 | | 00:47:15 | 04.43 |
| 694 | 3268 | KWIATKOWSKI Marcin | ŁÓDŹ | | POL | 88 | M30/694 | (M)1733 | | 00:52:17 | 05.13 |
| 784 | 3272 | GŁOWACKI Michał | ŁĘCZYCA | | POL BFF POLSKA | 88 | M30/784 | (M)1966 | | 00:54:02 | 05.24 |
| 1116 | 3274 | MIĘTKIEWICZ Dominik | ŁÓDŹ | | POL | 83 | M30/1116 | (M)2793 | | 01:03:58 | 06.23 |
| 481 | 3280 | ZIÓLKOWSKI Marcin | ŁÓDŹ | | POL | 86 | M30/481 | (M)1158 | | 00:48:49 | 04.52 |
| 920 | 3283 | ŻEBROWSKI Piotr | ŁÓDŹ | | POL 32BLT JASTRZĄB | 80 | M30/920 | (M)2335 | | 00:57:24 | 05.44 |
| 315 | 3284 | RADOMSKI Artur | KALISZ | | POL - | 83 | M30/315 | (M)726 | | 00:46:05 | 04.36 |
| 618 | 3289 | PRZYBYSZ Rafał | ŁÓDŹ | | POL | 79 | M30/618 | (M)1505 | | 00:50:39 | 05.03 |
| 1130 | 3295 | KOMARNICKI Kamil | WARSZAWA | | POL SAM SIĘ TURLAM | 79 | M30/1130 | (M)2822 | | 01:04:50 | 06.29 |
| 309 | 3296 | TOKARSKI Przemysław | PIOTRKÓW | | POL | 79 | M30/309 | (M)710 | | 00:45:57 | 04.35 |
| 1103 | 3297 | STANISZEWSKI Piotr | KUTNO | | POL TEMPIO PIĄTKOWSKI KLUB BIEGACZA | 85 | M30/1103 | (M)2767 | | 01:03:17 | 06.19 |
| 1126 | 3301 | ŚWIERGUŁA Mariusz | ŁÓDŹ | | POL READYSETGO | 81 | M30/1126 | (M)2811 | | 01:04:30 | 06.27 |
| 384 | 3305 | WÓJKOWSKI Kamil | WROCŁAW | | POL PRO-RUN WROCŁAW/RAZEM TRENUJEMY | 80 | M30/384 | (M)914 | | 00:47:22 | 04.44 |
| SPORT | | | | | | | | | | | |
| 927 | 3309 | POLEK Karol | WARSZAWA | | POL BAGIETEK | 87 | M30/927 | (M)2348 | | 00:57:29 | 05.44 |
| 316 | 3312 | DLABICH Łukasz | ŁÓDŹ | | POL | 84 | M30/316 | (M)731 | | 00:46:08 | 04.36 |
| 180 | 3313 | KALISTA Jacek | ŁÓDŹ | | POL MBANK | 79 | M30/180 | (M)415 | | 00:43:40 | 04.22 |
| 431 | 3316 | TRAWCZYŃSKI Maciej | KALISZ | | POL | 85 | M30/431 | (M)1044 | | 00:48:07 | 04.48 |
| 538 | 3317 | KLONOWSKI Jarosław | PABIANICE | | POL | 79 | M30/538 | (M)1285 | | 00:49:28 | 04.56 |
| 669 | 3320 | GOŹDZIK Mariusz | ŁÓDŹ | | POL | 83 | M30/669 | (M)1634 | | 00:51:30 | 05.09 |
| 819 | 3325 | DROŹDŹEWSKI Jarosław | ŁÓDŹ | | POL | 84 | M30/819 | (M)2044 | | 00:54:48 | 05.28 |
| 578 | 3336 | PUSZ Bartosz | ŁÓDŹ | | POL TURBO ZAJEBISTE ZIOMY | 85 | M30/578 | (M)1397 | | 00:50:00 | 05.00 |
| 1046 | 3337 | WAWRZAK Łukasz | OPOLE | | POL GALACTICOSBIRDS | 81 | M30/1046 | (M)2635 | | 01:00:39 | 06.03 |
| 605 | 3338 | ANDRZEJCZAK Tomasz | ŁÓDŹ | | POL | 86 | M30/605 | (M)1469 | | 00:50:28 | 05.02 |
| 1180 | 3340 | SITEK Łukasz | ŁÓDŹ | | POL | 82 | M30/1180 | (M)2970 | | 01:12:12 | 07.13 |
| 143 | 3342 | BOKSZA Piotr | TOMASZÓW | | POL TIME4RUNNING | 80 | M30/143 | (M)312 | | 00:42:35 | 04.15 |
| 400 | 3360 | SZYMCZAK Dominik | ŁÓDŹ | | POL - | 83 | M30/400 | (M)955 | | 00:47:40 | 04.46 |
| 533 | 3372 | ZELEK Rafał | CZĘSTOCHOWA | | POL | 85 | M30/533 | (M)1276 | | 00:49:25 | 04.56 |
| 1061 | 3378 | LENARCZYK Maciej | ŁÓDŹ | | POL | 86 | M30/1061 | (M)2665 | | 01:01:08 | 06.06 |
| 898 | 3384 | TOMASZEWSKI Mateusz | POZNAŃ | | POL | 79 | M30/898 | (M)2269 | | 00:56:45 | 05.40 |
| 9 | 3386 | DUDA Seweryn | KRAKÓW | | POL 16 BATALION POWIETRZNODESANTOWY KRAKÓW | 81 | M30/9 | (M)14 | | 00:33:29 | 03.20 |
| 861 | 3396 | ZAWODNIK Anonimowy | | | POL | | M30/861 | (M)2157 | | 00:55:45 | 05.34 |
| 356 | 3397 | KWACZYŃSKI Dominik | ŁÓDŹ | | POL | 80 | M30/356 | (M)852 | | 00:46:54 | 04.41 |
| 852 | 3402 | ZAJĄCZKOWSKI Michał | ŁÓDŹ | | POL | 81 | M30/852 | (M)2141 | | 00:55:36 | 05.33 |
| 1018 | 3403 | CABAN Kamil | ŁÓDŹ | | POL - | 79 | M30/1018 | (M)2563 | | 00:59:38 | 05.57 |
| 747 | 3408 | MARCINIAK Tomasz | ŁÓDŹ | | POL KLUB BIEGACZA RTV EURO AGD | 81 | M30/747 | (M)1870 | | 00:53:17 | 05.19 |
| 1021 | 3410 | ZAWODNIK Anonimowy | | | POL ABB RUN 1.0 | | M30/1021 | (M)2572 | | 00:59:46 | 05.58 |
| 11 | 3418 | KUNIKOWSKI Tomasz | ŁÓWICZ | | POL AKADEMIBIEGACZA.PL S.L. SALOS-WODNA88 | M30/11 | (M)22 | | | 00:34:43 | 03.28 |
| ŁÓDŹ | | | | | | | | | | | |
| 147 | 3421 | NOWICKI Jarosław | ŁÓDŹ | | POL | 87 | M30/147 | (M)322 | | 00:42:44 | 04.16 |
| 728 | 3426 | JABŁOŃSKI Jakub | ŁÓDŹ | | POL | 81 | M30/728 | (M)1815 | | 00:52:56 | 05.17 |
| 407 | 3428 | STODULNY Rafał | ZGIERZ | | POL SNG WILD DUCKS | 83 | M30/407 | (M)977 | | 00:47:46 | 04.46 |
| 1045 | 3430 | KOTOWSKI Jakub | ŁÓDŹ | | POL | 84 | M30/1045 | (M)2634 | | 01:00:36 | 06.03 |
| 778 | 3432 | PIETRUCHA Mariusz | ŁÓDŹ | | POL | 86 | M30/778 | (M)1960 | | 00:54:00 | 05.24 |
| 427 | 3435 | KARBOWIAK Adam | DLUTÓW | | POL | 80 | M30/427 | (M)1036 | | 00:48:04 | 04.48 |
| 577 | 3436 | GAŚIŃSKI Karol | PABIANICE | | POL | 83 | M30/577 | (M)1395 | | 00:50:00 | 05.00 |
| 399 | 3445 | WOŹNICKI Maciek | ŁÓDŹ | | POL RUNNING SUCKS | 80 | M30/399 | (M)950 | | 00:47:38 | 04.45 |
| 1088 | 3450 | STAWNIAK Marcin | KONIN | | POL | 84 | M30/1088 | (M)2732 | | 01:02:27 | 06.14 |
| 328 | 3457 | KOSIŃSKI Krzysztof | ŁÓDŹ | | POL | 82 | M30/328 | (M)776 | | 00:46:28 | 04.38 |
| 1139 | 3460 | SEKUŁA Jakub | ŁÓDŹ | | POL JOANNA SEKUŁA | 82 | M30/1139 | (M)2837 | | 01:05:10 | 06.31 |
| 706 | 3467 | GRABOWSKI Mikołaj | ŁÓDŹ | | POL | 88 | M30/706 | (M)1758 | | 00:52:32 | 05.15 |
| 625 | 3469 | WIKLAK Karol | ŁÓDŹ | | POL EMERSON | 81 | M30/625 | (M)1524 | | 00:50:46 | 05.04 |
| 1188 | 3470 | SZYMCZAK Piotr | ŁÓDŹ | | POL STRIPONS/MZK | 79 | M30/1188 | (M)2993 | | 01:13:50 | 07.23 |
| 975 | 3472 | ŁASKI Tomasz | ŁÓDŹ | | POL ŁASKI TEAM | 81 | M30/975 | (M)2461 | | 00:58:37 | 05.51 |
| 511 | 3486 | BUDZOWSKI Ireneusz | ŁÓDŹ | | POL KUSEBRODY | 82 | M30/511 | (M)1228 | | 00:49:10 | 04.55 |
| 15 | 3487 | BŁASZCZYK Bartłomiej | ŁÓDŹ | | POL SUPER TEAM | 85 | M30/15 | (M)30 | | 00:35:35 | 03.33 |
| 1054 | 3499 | WOJCİK Tomasz | ŁÓDŹ | | POL EMERSON | 81 | M30/1054 | (M)2651 | | 01:00:55 | 06.05 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | M | Sex | Czas Time | [min/km] |
|--------------|--------|----------------------|------------------|----------|-------------------------------|---------|--------------------|---------|-----|-----------|----------|
| 717 | 3501 | JAKO Marcin | KLUCZEWSKO | | POL DOBROMIERZ | 84 | M30/717 | (M)1787 | | 00:52:48 | 05.16 |
| 472 | 3503 | SAKOWSKI Krzysztof | ŁÓDŹ | | POL | 79 | M30/472 | (M)1139 | | 00:48:44 | 04.52 |
| 217 | 3505 | STASZKO Łukasz | ŁÓDŹ | | POL ABB RUN 1.0 | 86 | M30/217 | (M)505 | | 00:44:26 | 04.26 |
| 1053 | 3508 | BEDNAREK Tomasz | MAKÓW | | POL | 83 | M30/1053 | (M)2650 | | 01:00:54 | 06.05 |
| 786 | 3510 | JANIGA Sławomir | ŁÓDŹ | | POL | 83 | M30/786 | (M)1968 | | 00:54:04 | 05.24 |
| 624 | 3517 | SIKORSKI Krzysiek | ŁÓDŹ | | POL EKIPA Z ARTURÓWKA | 81 | M30/624 | (M)1523 | | 00:50:45 | 05.04 |
| 362 | 3518 | TAŃSKI Michał | BRATOSZEWICE | | POL MIKLAN TEAM | 79 | M30/362 | (M)866 | | 00:47:02 | 04.42 |
| 406 | 3524 | CIEŚLAK Michał | ŁÓDŹ | | POL | 84 | M30/406 | (M)975 | | 00:47:46 | 04.46 |
| 398 | 3525 | JANOSIK Tomasz | ŁÓDŹ | | POL | 82 | M30/398 | (M)947 | | 00:47:37 | 04.45 |
| 773 | 3530 | KIŃSKI Krzysztof | ŁÓDŹ | | POL | 83 | M30/773 | (M)1946 | | 00:53:55 | 05.23 |
| 938 | 3532 | GRALAK Jakub | DĄBIE | | POL MKS RUN TEAM DĄBIE | 82 | M30/938 | (M)2371 | | 00:57:41 | 05.46 |
| 722 | 3533 | MUSIAŁ Maciej | ŁÓDŹ | | POL MOCNI W DUCHU - ZABIEGANI | 81 | M30/722 | (M)1796 | | 00:52:51 | 05.17 |
| 125 | 3538 | GRALAK Grzegorz | DĄBIE | | POL MKS RUN TEAM DĄBIE | 83 | M30/125 | (M)262 | | 00:41:40 | 04.10 |
| 827 | 3539 | MICHALSKI Marcin | ŁÓDŹ | | POL | 87 | M30/827 | (M)2086 | | 00:55:06 | 05.30 |
| 1086 | 3544 | SHOHAG Mohammed | ŁÓDŹ | | POL 7272547437 | 81 | M30/1086 | (M)2724 | | 01:02:13 | 06.13 |
| 662 | 3546 | JEDRZEJEK Łukasz | POZNAN | | POL DFDS POLSKA RUNNING TEAM | 80 | M30/662 | (M)1616 | | 00:51:21 | 05.08 |
| 554 | 3548 | ZAWADZKI Krzysztof | ŁÓDŹ | | POL | 83 | M30/554 | (M)1327 | | 00:49:40 | 04.58 |
| 172 | 3557 | BRZEZIŃSKI Łukasz | ŁÓDŹ | | POL K.S. CELIRONMAN S.A. | 87 | M30/172 | (M)398 | | 00:43:30 | 04.21 |
| 924 | 3561 | CIECIURA Bartosz | PIOTRKÓW | | POL | 87 | M30/924 | (M)2341 | | 00:57:27 | 05.44 |
| 160 | 3562 | STUSIŃSKI Michał | ŁÓDŹ | | POL RETKINIA RUN | 80 | M30/160 | (M)347 | | 00:42:59 | 04.17 |
| 783 | 3569 | DREKSLER Marcin | ŁÓDŹ | | POL LUCY IN THE SKY | 79 | M30/783 | (M)1965 | | 00:54:02 | 05.24 |
| 150 | 3571 | MICHALAK Remigiusz | ŻYCHLIN | | POL ROZBIEGANI-ŻYCHLIN | 81 | M30/150 | (M)327 | | 00:42:49 | 04.16 |
| 725 | 3572 | OLBIŃSKI Adrian | ŁÓDŹ | | POL PARKRUN ŁÓDŹ | 86 | M30/725 | (M)1801 | | 00:52:52 | 05.17 |
| 552 | 3574 | ZAWIŚLAK Arkadiusz | ŁÓDŹ | | POL RAZEM TRENUJEMY SPORT | 84 | M30/552 | (M)1320 | | 00:49:36 | 04.57 |
| 1193 | 3575 | THIAGO Oliveira | ŁÓDŹ | | POL SELECCIONAR | 87 | M30/1193 | (M)3012 | | 01:16:54 | 07.41 |
| 20 | 3581 | BERCZYŃSKI Damian | UNIEJÓW | | POL KB GEOTERMIA UNIEJÓW | 87 | M30/20 | (M)41 | | 00:36:18 | 03.37 |
| 779 | 3583 | CIEŚLIK Michał | BELCHATÓW | | POL DRUŻYNA PIERŚCIENIA | 83 | M30/779 | (M)1961 | | 00:54:01 | 05.24 |
| 181 | 3595 | SZYMAŃSKI Michał | ŁÓDŹ | | POL SRTG ŁÓDŹ | 85 | M30/181 | (M)417 | | 00:43:41 | 04.22 |
| 991 | 3596 | GRABOWSKI Paweł | ŁÓDŹ | | POL | 83 | M30/991 | (M)2500 | | 00:58:58 | 05.53 |
| 830 | 3599 | HŁADZYŃSKI Łukasz | KĘPNO | | POL KS LENIWIEC | 85 | M30/830 | (M)2092 | | 00:55:08 | 05.30 |
| 668 | 3602 | WIŚNIEWSKI Sławomir | KĘPNO | | POL KS LENIWIEC | 84 | M30/668 | (M)1632 | | 00:51:29 | 05.08 |
| 869 | 3606 | PAWŁOWSKI Jakub | ŁÓDŹ | | POL SNG WILD DUCKS | 85 | M30/869 | (M)2174 | | 00:55:53 | 05.35 |
| 1161 | 3610 | JAKUBIAK Tomasz | SIERADZ | | POL | 81 | M30/1161 | (M)2929 | | 01:09:00 | 06.54 |
| 1055 | 3611 | CLAPA Konrad | ŁÓDŹ | | POL ATOS RACING | 85 | M30/1055 | (M)2652 | | 01:00:55 | 06.05 |
| 151 | 3615 | NOWAK Maciej | ŁÓDŹ | | POL VERA RUNNING TEAM | 88 | M30/151 | (M)329 | | 00:42:49 | 04.16 |
| 649 | 3622 | KLUZA Konrad | ŁÓDŹ | | POL EVERRUN | 84 | M30/649 | (M)1577 | | 00:51:07 | 05.06 |
| 81 | 3625 | ZIMPOCH Przemysław | KĘPNO | | POL KS LENIWIEC | 79 | M30/81 | (M)175 | | 00:40:10 | 04.01 |
| 258 | 3630 | KWESTARZ Rafał | ŁÓDŹ | | POL TAKEDA RUNNING TEAM | 86 | M30/258 | (M)597 | | 00:45:00 | 04.30 |
| 558 | 3636 | CARVALHO Fernando | ŁÓDŹ | | POL TAKEDA RUNNING TEAM | 86 | M30/558 | (M)1340 | | 00:49:42 | 04.58 |
| 794 | 3637 | BUDA Waldemar | ŁÓDŹ | | POL BRAK | 82 | M30/794 | (M)1990 | | 00:54:17 | 05.25 |
| 259 | 3638 | CELEJ Krzysztof | PIOTRKÓW | | POL | 85 | M30/259 | (M)598 | | 00:45:00 | 04.30 |
| 610 | 3642 | MARCZYŃSKI Paweł | ZGIERZ | | POL SNG WILD DUCKS | 87 | M30/610 | (M)1477 | | 00:50:32 | 05.03 |
| 674 | 3649 | KACZMAREK Michał | ŁÓDŹ | | POL | 79 | M30/674 | (M)1658 | | 00:51:41 | 05.10 |
| 387 | 3653 | IGNACZAK Marek | ŁÓDŹ | | POL 10N1 TEAM | 86 | M30/387 | (M)920 | | 00:47:24 | 04.44 |
| 245 | 3654 | LEWANDOWICZ Łukasz | GOSTYNIN | | POL SZUKAM_SPONSORA_TEAM | 88 | M30/245 | (M)568 | | 00:44:49 | 04.28 |
| 105 | 3655 | PARUSZEWSKI Robert | GDYNIA | | POL BOJANO BIEGA | 80 | M30/105 | (M)217 | | 00:40:56 | 04.05 |
| 1087 | 3656 | PODGÓRSKI Filip | ŁÓDŹ | | POL | 79 | M30/1087 | (M)2729 | | 01:02:22 | 06.14 |
| 1085 | 3662 | NOCKOWSKI Krzysztof | ŁÓDŹ | | POL | 83 | M30/1085 | (M)2723 | | 01:02:10 | 06.13 |
| 921 | 3673 | FALENDER Mateusz | SIERADZ | | POL | 86 | M30/921 | (M)2337 | | 00:57:25 | 05.44 |
| 1135 | 3683 | BOLANOWSKI Jakub | ŁÓDŹ | | POL CLARIANT | 83 | M30/1135 | (M)2830 | | 01:04:59 | 06.29 |
| 1047 | 3686 | CIEŚLAK Krzysztof | KUTNO | | POL CLARIANT | 80 | M30/1047 | (M)2638 | | 01:00:41 | 06.04 |
| 1115 | 3688 | DA SILVA Diego | ŁÓDŹ | | BRA CLARIANT | 87 | M30/1115 | (M)2790 | | 01:03:54 | 06.23 |
| 519 | 3698 | KWIATKOWSKI Łukasz | KUTNO | | POL | 82 | M30/519 | (M)1248 | | 00:49:20 | 04.56 |
| 1003 | 3700 | MICHALAK Jacek | ŁÓDŹ | | POL CLARIANT | 81 | M30/1003 | (M)2535 | | 00:59:21 | 05.56 |
| 969 | 3703 | PAŁCZYŃSKI Piotr | ZGIERZ | | POL CLARIANT | 83 | M30/969 | (M)2448 | | 00:58:26 | 05.50 |
| 1150 | 3705 | REAL Leandro | ŁÓDŹ | | BRA CLARIANT | 88 | M30/1150 | (M)2875 | | 01:06:38 | 06.39 |
| 888 | 3712 | WITKOWSKI Piotr | ŁÓDŹ | | POL HARMAN RUNNING TEAM | 80 | M30/888 | (M)2241 | | 00:56:31 | 05.39 |
| 760 | 3719 | DALEK Sławomir | ŁÓDŹ | | POL | 80 | M30/760 | (M)1897 | | 00:53:30 | 05.21 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------|-----------|-----------------------------|---------------------|-------------|-----------------------------|------------|-----------------------|---------|--------------|----------|
| 338 | 3726 | RUTKOWSKI Piotr | ŁÓDŹ | | POL EMERSON | 83 | M30/338 | (M)807 | 00:46:36 | 04.39 |
| 909 | 3727 | ZIMOŃ Marcin | PABIANICE | | POL LEŚNE CIEKUSY | 79 | M30/909 | (M)2304 | 00:57:08 | 05.42 |
| 697 | 3734 | PAWEŁCZYK Tomasz | ŁÓDŹ | | POL CYGAN GO | 79 | M30/697 | (M)1738 | 00:52:21 | 05.14 |
| 978 | 3745 | PAKUŁA Kamil | ŁÓDŹ | | POL | 86 | M30/978 | (M)2468 | 00:58:40 | 05.52 |
| 765 | 3746 | KACPRZAK Marcin | ŁÓDŹ | | POL | 79 | M30/765 | (M)1915 | 00:53:40 | 05.22 |
| 619 | 3747 | ZBŁOWSKI Filip | ŁÓDŹ | | POL | 85 | M30/619 | (M)1508 | 00:50:39 | 05.03 |
| 872 | 3748 | BASIAK Piotr | LUDWIKÓW | | POL | 87 | M30/872 | (M)2187 | 00:56:04 | 05.36 |
| 581 | 3750 | PIŃKOWSKI Paweł | ŁÓDŹ | | POL | 82 | M30/581 | (M)1407 | 00:50:05 | 05.00 |
| 471 | 3757 | ZAREMBA Piotr | CZĘSTOCHOWA | | POL BBL CZĘSTOCHOWA | 87 | M30/471 | (M)1138 | 00:48:44 | 04.52 |
| 764 | 3761 | INCARDONA Salvatore | ŁÓDŹ | | ITA WHIRLPOOL RUNNING TEAM | 86 | M30/764 | (M)1913 | 00:53:39 | 05.21 |
| 994 | 3781 | MUSZCZAK Grzegorz | BYTOM | | POL DREAM TEAM | 80 | M30/994 | (M)2506 | 00:59:01 | 05.54 |
| 153 | 3784 | SULIŃSKI VEL SULEWSKI Piotr | ŁÓDŹ | | POL SAN AZS ŁÓDŹ | 82 | M30/153 | (M)333 | 00:42:52 | 04.17 |
| 404 | 3796 | WŁODARCZYK Rafał | ROKICINY | | POL | 85 | M30/404 | (M)971 | 00:47:45 | 04.46 |
| 487 | 3803 | SZALKIEWICZ Marcin | ŁOWICZ | | POL 7 DYWIZJON LOTNICZY | 79 | M30/487 | (M)1178 | 00:48:55 | 04.53 |
| 1167 | 3804 | GAŚSIOROWSKI Dariusz | BELCHATÓW | | POL | 86 | M30/1167 | (M)2942 | 01:10:15 | 07.01 |
| 469 | 3816 | MANISTA Konrad | ŁÓDŹ | | POL | 85 | M30/469 | (M)1134 | 00:48:43 | 04.52 |
| 451 | 3827 | ŚMIETANKA Kamil | ZGORZAŁA | | POL SZWAGIER TEAM | 86 | M30/451 | (M)1082 | 00:48:21 | 04.50 |
| 178 | 3830 | KRZYKOWSKI Michał | BELCHATÓW | | POL KB SPARTAKUS BELCHATÓW | 85 | M30/178 | (M)412 | 00:43:39 | 04.21 |
| 116 | 3831 | CHOJNOWSKI Szymon | WŁOCLAWEK | | POL ZENIT WŁOCLAWEK | 81 | M30/116 | (M)245 | 00:41:20 | 04.08 |
| 103 | 3837 | TROJANOWSKI Łukasz | ŁÓDŹ | | POL RAZEM TRENUJEMY SPORT | 82 | M30/103 | (M)214 | 00:40:54 | 04.05 |
| 1006 | 3840 | GUST Wojciech | GRUDZIĄDZ | | POL | 82 | M30/1006 | (M)2539 | 00:59:24 | 05.56 |
| 749 | 3852 | KUBIK Michał | ŁÓDŹ | | POL | 84 | M30/749 | (M)1873 | 00:53:18 | 05.19 |
| 1173 | 3853 | WĘGLEWSKI Marcin | ŁÓDŹ | | POL | 80 | M30/1173 | (M)2956 | 01:11:04 | 07.06 |
| 486 | 3856 | PASTUSIAK Borys | WARSZAWA | | POL | 83 | M30/486 | (M)1177 | 00:48:55 | 04.53 |
| 97 | 3861 | MIKOŁAJCZYK Maciej | WARSZAWA | | POL MOCNO GROCHÓW | 80 | M30/97 | (M)201 | 00:40:43 | 04.04 |
| 142 | 3868 | JARZĄBEK Bartosz | BELCHATÓW | | POL | 86 | M30/142 | (M)311 | 00:42:34 | 04.15 |
| 854 | 3870 | MAŚLANKA Mieczysław | BELCHATÓW | | POL | 80 | M30/854 | (M)2148 | 00:55:40 | 05.34 |
| 769 | 3872 | KOBALCZYK Jakub | ROKICINY KOLONIA | | POL | 87 | M30/769 | (M)1930 | 00:53:46 | 05.22 |
| 755 | 3874 | FILIPCZAK Tomasz | ŁÓDŹ | | POL POWSTANIEC DOBRA | 85 | M30/755 | (M)1885 | 00:53:23 | 05.20 |
| 573 | 3875 | KACPRZAK Przemysław | KONSTANTYNÓW ŁÓDZKI | | POL | 83 | M30/573 | (M)1384 | 00:49:55 | 04.59 |
| 890 | 3877 | STASIAK Mariusz | ŁÓDŹ | | POL | 84 | M30/890 | (M)2245 | 00:56:34 | 05.39 |
| 629 | 3881 | ANTONIEW Aleksander | ŁÓDŹ | | POL | 88 | M30/629 | (M)1532 | 00:50:48 | 05.04 |
| 796 | 3886 | BEDNAREK Michał | STAROWA GÓRA | | POL | 80 | M30/796 | (M)1992 | 00:54:19 | 05.25 |
| 988 | 3890 | JANISZEWSKI Rafał | ZGIERZ | | POL PKO BANK POLSKI | 79 | M30/988 | (M)2489 | 00:58:52 | 05.53 |
| 1032 | 3893 | KOPEREK Bartosz | ŁÓDŹ | | POL KOPERSKY | 86 | M30/1032 | (M)2597 | 01:00:07 | 06.00 |
| 567 | 3895 | OSTROWSKI Damian | ŁÓDŹ | | POL - | 83 | M30/567 | (M)1371 | 00:49:51 | 04.59 |
| 62 | 3903 | NOWAK Robert | STARGARD | | POL | 85 | M30/62 | (M)137 | 00:39:36 | 03.57 |
| 711 | 3904 | BIŃKOWSKI Bartek | ŁÓDŹ | | POL | 80 | M30/711 | (M)1778 | 00:52:44 | 05.16 |
| 1159 | 3906 | PINDOR Daniel | ŁÓDŹ | | POL | 82 | M30/1159 | (M)2922 | 01:08:43 | 06.52 |
| 474 | 3907 | DUDKIEWICZ Piotr | TOMASZÓW | | POL | 83 | M30/474 | (M)1142 | 00:48:46 | 04.52 |
| 207 | 3908 | STĘPIEŃ Łukasz | PABIANICE | | POL PARKRUN PABIANICE | 84 | M30/207 | (M)482 | 00:44:15 | 04.25 |
| 715 | 3916 | KUBIAK Dariusz | ŁÓDŹ | | POL --- | 83 | M30/715 | (M)1785 | 00:52:47 | 05.16 |
| 1014 | 3919 | SZKUDLAREK Bartłomiej | ŁÓDŹ | | POL | 82 | M30/1014 | (M)2555 | 00:59:34 | 05.57 |
| 501 | 3930 | KOPERNIAK Adam | ŁÓDŹ | | POL GE POWER | 85 | M30/501 | (M)1212 | 00:49:05 | 04.54 |
| 906 | 3932 | KUNA Michał | TUSZYN | | POL KLUB BIEGACZA ACCENTURE | 84 | M30/906 | (M)2290 | 00:56:59 | 05.41 |
| 543 | 3939 | POGODA Kamil | ŁÓDŹ | | POL ACCENTURE RUNNERS CLUB | 83 | M30/543 | (M)1300 | 00:49:32 | 04.57 |
| 690 | 3941 | ZAWODNIK Anonimowy | | | POL KLUB BIEGACZA ACCENTURE | | M30/690 | (M)1707 | 00:52:03 | 05.12 |
| 700 | 3949 | ANTONIUK Radosław | ŁÓDŹ | | POL TOMTOM RUNNERS | 82 | M30/700 | (M)1744 | 00:52:23 | 05.14 |
| 63 | 3953 | CINIEWSKI Tomasz | ŁÓDŹ | | POL TOMTOM RUNNERS | 86 | M30/63 | (M)140 | 00:39:40 | 03.58 |
| 1127 | 3954 | GONÇALVES Nelson | ŁÓDŹ | | POL TOMTOM RUNNERS | 79 | M30/1127 | (M)2812 | 01:04:36 | 06.27 |
| 789 | 3956 | KACZOROWSKI Maciej | ŁÓDŹ | | POL TOMTOM RUNNERS | 86 | M30/789 | (M)1976 | 00:54:09 | 05.24 |
| 781 | 3957 | KUNYSZ Mirosław | ŁÓDŹ | | POL ACCENTURE RUNNERS CLUB | 85 | M30/781 | (M)1963 | 00:54:01 | 05.24 |
| 317 | 3961 | SOCHA Łukasz | APOLONIA | | POL TOMTOM RUNNERS | 82 | M30/317 | (M)734 | 00:46:09 | 04.36 |
| 189 | 3964 | MACIEJEWSKI Grzegorz | ŁÓDŹ | | POL | 82 | M30/189 | (M)435 | 00:43:49 | 04.22 |
| 33 | 3967 | JEZERSKI Dawid | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 81 | M30/33 | (M)69 | 00:37:51 | 03.47 |
| 389 | 3969 | MAKOSZ Michał | ŁÓDŹ | | POL - | 79 | M30/389 | (M)924 | 00:47:25 | 04.44 |
| 40 | 3981 | CHOŁOTA Marek | PIŁA | | POL BIEGOWY ŚWIAT | 79 | M30/40 | (M)85 | 00:38:33 | 03.51 |
| 602 | 3982 | DOMAŃSKI Marcin | ŁÓDŹ | | POL WYBIERZ | 84 | M30/602 | (M)1463 | 00:50:25 | 05.02 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | M Sex | Czas Time | [min/km] |
|--------------|--------|-----------------------|---------------------|----------|-------------------------------|---------|--------------------|---------|-----------|----------|
| 140 | 3987 | SZORTYKA Rafał | SINIARZEWO | | POL | 88 | M30/140 | (M)305 | 00:42:28 | 04.14 |
| 985 | 3990 | PRASOL Szczepan | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 82 | M30/985 | (M)2485 | 00:58:51 | 05.53 |
| 1024 | 3992 | KOLEDA Dominik | ŁÓDŹ | | POL | 87 | M30/1024 | (M)2581 | 00:59:54 | 05.59 |
| 986 | 3993 | SYLWESTRZAK Łukasz | ŁÓDŹ | | POL DAMMAR - REMONTY | 82 | M30/986 | (M)2486 | 00:58:51 | 05.53 |
| 654 | 3996 | JÓŹWIAKOWSKI Maciej | ŁÓDŹ | | POL | 85 | M30/654 | (M)1593 | 00:51:11 | 05.07 |
| 363 | 4021 | BOCIAGA Paweł | ŁÓDŹ | | POL | 79 | M30/363 | (M)867 | 00:47:04 | 04.42 |
| 684 | 4022 | KACZANOWSKI Maciej | ŁÓDŹ | | POL | 82 | M30/684 | (M)1687 | 00:51:54 | 05.11 |
| 204 | 4025 | BAGROWSKI Mateusz | PABIANICE | | POL | 86 | M30/204 | (M)475 | 00:44:11 | 04.25 |
| 289 | 4027 | MACHALSKI Sebastian | TOMASZÓW | | POL | 80 | M30/289 | (M)666 | 00:45:35 | 04.33 |
| 1164 | 4033 | DWORNIK Paweł | RZGÓW | | POL FUJITSU RUNNING TEAM ŁÓDŹ | 85 | M30/1164 | (M)2935 | 01:09:21 | 06.56 |
| 1069 | 4034 | HUBAR Tomasz | TOMASZÓW | | POL 7 DYZWIZJON LOTNICZY | 82 | M30/1069 | (M)2678 | 01:01:28 | 06.08 |
| 138 | 4041 | PSKIT Paweł | ZGIERZ | | POL FUJITSU RUNNING TEAM | 80 | M30/138 | (M)295 | 00:42:18 | 04.13 |
| 88 | 4043 | NOUSSI Bonaventure | ŁÓDŹ | | CMRFUJITSU RUNNING TEAM | 82 | M30/88 | (M)188 | 00:40:29 | 04.02 |
| 128 | 4047 | FIRAZA Tomasz | ŁÓDŹ | | POL FUJITSU RUNNING TEAM ŁÓDŹ | 82 | M30/128 | (M)272 | 00:41:48 | 04.10 |
| 348 | 4050 | ADAMSKI Jędrzej | ŁÓDŹ | | POL FUJITSU RUNNING TEAM | 82 | M30/348 | (M)830 | 00:46:45 | 04.40 |
| 990 | 4051 | SARBEA Marian ciprian | ŁÓDŹ | | ROUFUJITSU RUNNING TEAM ŁÓDŹ | 87 | M30/990 | (M)2495 | 00:58:57 | 05.53 |
| 1091 | 4059 | KOCZOROWSKI Marcin | RADIÓWEK | | POL KOCZORY | 79 | M30/1091 | (M)2737 | 01:02:35 | 06.15 |
| 1149 | 4068 | PAWLOWSKI Rafał | ŁÓDŹ | | POL ABB POWER RANGERS | 80 | M30/1149 | (M)2873 | 01:06:33 | 06.39 |
| 1118 | 4069 | WOCH Maciek | ŁÓDŹ | | POL | 87 | M30/1118 | (M)2798 | 01:04:01 | 06.24 |
| 691 | 4074 | KOLEC Dariusz | ŁÓDŹ | | POL | 86 | M30/691 | (M)1714 | 00:52:05 | 05.12 |
| 383 | 4080 | KAMIŃSKI Piotr | INOWROCLAW | | POL #HONEYSTINGER | 85 | M30/383 | (M)912 | 00:47:20 | 04.44 |
| 673 | 4082 | BINEK Adam | WOLA ZARADZYNSKA | | POL LEŚNE CIEKUSY | 84 | M30/673 | (M)1651 | 00:51:37 | 05.09 |
| 330 | 4092 | JASZKIEWICZ Grzegorz | KALISZ | | POL | 84 | M30/330 | (M)780 | 00:46:29 | 04.38 |
| 90 | 4097 | CZEKALAK Jarosław | BRZEZINY | | POL WHIRLPOOL RUNNING TEAM | 83 | M30/90 | (M)191 | 00:40:32 | 04.03 |
| 248 | 4098 | KLONOWSKI Mateusz | KONSTANTYNÓW ŁÓDZKI | | POL WHIRLPOOL RUNNING TEAM | 82 | M30/248 | (M)574 | 00:44:50 | 04.29 |
| 240 | 4099 | MAROSZEK Piotr | ŁÓDŹ | | POL WHIRLPOOL RUNNING TEAM | 88 | M30/240 | (M)559 | 00:44:46 | 04.28 |
| 201 | 4100 | MACHACZ Bartłomiej | BEDOŃ PRZYKOŚCIELNY | | POL WHIRLPOOL RUNNING TEAM | 88 | M30/201 | (M)470 | 00:44:10 | 04.25 |
| 393 | 4101 | KRUPINSKI Szymon | GIEBULTOW | | POL WHIRLPOOL RUNNING TEAM | 79 | M30/393 | (M)936 | 00:47:31 | 04.45 |
| 194 | 4102 | BAKOWICZ Krzysztof | PIOTRKÓW | | POL WHIRLPOOL RUNNING TEAM | 82 | M30/194 | (M)452 | 00:44:00 | 04.24 |
| 104 | 4103 | MACIEJEWSKI Łukasz | ŁÓDŹ | | POL WHIRLPOOL RUNNING TEAM | 80 | M30/104 | (M)216 | 00:40:55 | 04.05 |
| 935 | 4120 | PAWLICKI Julian | ŁÓDŹ | | POL | 79 | M30/935 | (M)2363 | 00:57:38 | 05.45 |
| 48 | 4122 | ŁABĘDZKI Konrad | WARSZAWA | | POL MBANK | 86 | M30/48 | (M)104 | 00:38:57 | 03.53 |
| 267 | 4124 | PACZESNY Janusz | ŁÓDŹ | | POL | 84 | M30/267 | (M)615 | 00:45:07 | 04.30 |
| 441 | 4137 | PIĘTKA Artur | WARSZAWA | | POL MAG INSTAL | 82 | M30/441 | (M)1058 | 00:48:10 | 04.49 |
| 94 | 4143 | KOWALCZYK Adam | LESZNO | | POL ADIDAS RUNNERS WARSAW | 85 | M30/94 | (M)196 | 00:40:36 | 04.03 |
| 272 | 4144 | SZATKOWSKI Dawid | ŁÓDŹ | | POL DRUŻYNA SZPIKU | 83 | M30/272 | (M)624 | 00:45:12 | 04.31 |
| 589 | 4146 | KOWALSKI Janusz | SOSNOWIEC | | POL SAINT-GOBAIN SQUAD | 79 | M30/589 | (M)1419 | 00:50:10 | 05.01 |
| 752 | 4150 | KWAŚNIEWICZ Rafał | KALISZ | | POL | 87 | M30/752 | (M)1879 | 00:53:21 | 05.20 |
| 915 | 4152 | PIWEK Roman | ŁÓDŹ | | POL | 85 | M30/915 | (M)2325 | 00:57:20 | 05.44 |
| 83 | 4154 | ZALEWSKI Michał | ŁÓDŹ | | POL | 79 | M30/83 | (M)179 | 00:40:16 | 04.01 |
| 438 | 4155 | MARCINIAK Łukasz | KROSNIOWICE | | POL | 84 | M30/438 | (M)1053 | 00:48:10 | 04.49 |
| 795 | 4170 | MALINOWSKI Michał | ŁÓDŹ | | POL MALINKI | 83 | M30/795 | (M)1991 | 00:54:17 | 05.25 |
| 437 | 4171 | WOŹNIAK Marcin | ZELÓW | | POL BIEGING TEAM ZELÓW | 82 | M30/437 | (M)1052 | 00:48:09 | 04.48 |
| 937 | 4173 | TOMCZYK Błażej | ŁÓDŹ | | POL | 79 | M30/937 | (M)2370 | 00:57:41 | 05.46 |
| 347 | 4176 | NAGLIK Antoni | ŁÓDŹ | | POL | 84 | M30/347 | (M)829 | 00:46:45 | 04.40 |
| 163 | 4177 | KOWALSKI Łukasz | ŁÓDŹ | | POL 4RUNNERS | 80 | M30/163 | (M)369 | 00:43:16 | 04.19 |
| 695 | 4180 | SKOCZYŃSKI Łukasz | ŁÓDŹ | | POL | 81 | M30/695 | (M)1735 | 00:52:18 | 05.13 |
| 434 | 4182 | KĘSY Sylwester | ŁÓDŹ | | POL | 86 | M30/434 | (M)1048 | 00:48:08 | 04.48 |
| 617 | 4184 | GOŁYGOWSKI Piotr | ŁÓDŹ | | POL | 87 | M30/617 | (M)1502 | 00:50:39 | 05.03 |
| 50 | 4191 | SZUDA Adam | PLEWISKA | | POL | 86 | M30/50 | (M)109 | 00:39:01 | 03.54 |
| 653 | 4194 | DOROS Tomasz | KIELCE | | POL | 81 | M30/653 | (M)1587 | 00:51:09 | 05.06 |
| 277 | 4198 | ŁUKASZEWSKI Maciej | ŁÓDŹ | | POL | 83 | M30/277 | (M)635 | 00:45:19 | 04.31 |
| 594 | 4200 | KOWALSKI Konrad | ŁÓDŹ | | POL | 87 | M30/594 | (M)1426 | 00:50:13 | 05.01 |
| 549 | 4203 | KOSMATKA Emil | ŁOWICZ | | POL --- | 83 | M30/549 | (M)1317 | 00:49:36 | 04.57 |
| 308 | 4204 | MATYŚKIEWICZ Paweł | BELCHATÓW | | POL | 83 | M30/308 | (M)708 | 00:45:56 | 04.35 |
| 1074 | 4206 | PIERZAK Paweł | ZDUŃSKA WOLA | | POL TAKEDA RUNNING TEAM | 88 | M30/1074 | (M)2695 | 01:01:40 | 06.10 |
| 1133 | 4207 | CYNIAK Piotr | ŁÓDŹ | | POL MAGNETIX SPORT TEAM | 84 | M30/1133 | (M)2827 | 01:04:56 | 06.29 |
| 360 | 4215 | SZPAKOWSKI Mikołaj | ŁÓDŹ | | POL OCTOPUS ŁÓDŹ | 87 | M30/360 | (M)862 | 00:47:00 | 04.42 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-------------|--|------------|-----------------------|---------|--------------|----------|
| 951 | 4216 | SOBOLEWSKI Jakub | ZGIERZ | | POL | 88 | M30/951 | (M)2409 | 00:58:02 | 05.48 |
| 206 | 4224 | DĄBROWSKI Jan | ALEKSANDRÓW ŁÓDZKI | | POL NORDEA RUNNERS | 82 | M30/206 | (M)479 | 00:44:14 | 04.25 |
| 70 | 4227 | GÓRSKI Wojciech | ŁÓDŹ | | POL NORDEA RUNNERS | 88 | M30/70 | (M)154 | 00:39:54 | 03.59 |
| 1178 | 4229 | JABŁONKA Bartosz | ŁÓDŹ | | POL NORDEA RUNNERS | 84 | M30/1178 | (M)2965 | 01:11:46 | 07.10 |
| 891 | 4234 | KANTORSKI Krzysztof | ŁÓDŹ | | POL NORDEA RUNNERS | 87 | M30/891 | (M)2250 | 00:56:36 | 05.39 |
| 640 | 4236 | LEWY Adam | KSAWERÓW | | POL NORDEA RUNNERS | 85 | M30/640 | (M)1559 | 00:51:00 | 05.06 |
| 792 | 4239 | PEJSKI Marcin | ŁÓDŹ | | POL NORDEA RUNNERS | 86 | M30/792 | (M)1987 | 00:54:16 | 05.25 |
| 658 | 4245 | PERKOWSKI Wiktor | ŁÓDŹ | | POL NORDEA RUNNERS | 88 | M30/658 | (M)1600 | 00:51:14 | 05.07 |
| 961 | 4246 | STRANZ Kamil | ŁÓDŹ | | POL | 79 | M30/961 | (M)2424 | 00:58:10 | 05.49 |
| 835 | 4247 | SUPEŁ Łukasz | ŁÓDŹ | | POL NORDEA RUNNERS | 85 | M30/835 | (M)2105 | 00:55:18 | 05.31 |
| 946 | 4250 | WAWRZYŃIAK Witold | ŁÓDŹ | | POL NORDEA RUNNERS | 83 | M30/946 | (M)2395 | 00:57:57 | 05.47 |
| 614 | 4252 | GIMZIŃSKI Szymon | ŁÓDŹ | | POL - | 86 | M30/614 | (M)1492 | 00:50:36 | 05.03 |
| 86 | 4254 | SZYSZAK Marcin | NAMYSŁÓW | | POL ACTIVRUN NAMYSŁÓW | 83 | M30/86 | (M)185 | 00:40:22 | 04.02 |
| 716 | 4256 | KRAWCZYK Marek | ŁASK | | POL | 87 | M30/716 | (M)1786 | 00:52:48 | 05.16 |
| 254 | 4271 | ZARZYCKI Błażej | ŁÓDŹ | | POL | 86 | M30/254 | (M)588 | 00:44:56 | 04.29 |
| 1052 | 4274 | SŁOWIKOWSKI Maciej | ŁÓDŹ | | POL SŁOWIK DASZ RADE | 83 | M30/1052 | (M)2649 | 01:00:54 | 06.05 |
| 60 | 4275 | MACIASZCZYK Karol | PODDĘBICE | | POL PODDEBICKI KLUB BIEGACZA ZDYSZANI.PL | 81 | M30/60 | (M)133 | 00:39:34 | 03.57 |
| 732 | 4277 | RZEŃNIK Jarosław | GAŁKÓW MAŁY | | POL STRAZ MIEJSKA W ŁODZI | 82 | M30/732 | (M)1821 | 00:52:58 | 05.17 |
| 836 | 4278 | KĘPCZYŃSKI Adam | PŁOCK | | POL | 85 | M30/836 | (M)2108 | 00:55:18 | 05.31 |
| 807 | 4283 | WALCZAK Krzysztof | ROKICINY-KOLONIA | | POL | 80 | M30/807 | (M)2019 | 00:54:34 | 05.27 |
| 950 | 4285 | ZACHAROW Dawid | ZGIERZ | | POL | 84 | M30/950 | (M)2408 | 00:58:02 | 05.48 |
| 379 | 4286 | MIKOŁAJCZYK Marcin | GAŁKÓW MAŁY | | POL | 81 | M30/379 | (M)902 | 00:47:18 | 04.43 |
| 344 | 4289 | PISARKIEWICZ Dariusz | UNIEJÓW | | POL HH | 83 | M30/344 | (M)815 | 00:46:39 | 04.39 |
| 198 | 4295 | HOJWA Paweł | ŁÓDŹ | | POL | 86 | M30/198 | (M)463 | 00:44:05 | 04.24 |
| 1112 | 4297 | STAŚKOWSKI Paweł | WARSZAWA | | POL | 86 | M30/1112 | (M)2785 | 01:03:46 | 06.22 |
| 1100 | 4298 | BOROWSKI Jakub | ŁÓDŹ | | POL | 83 | M30/1100 | (M)2763 | 01:03:12 | 06.19 |
| 650 | 4299 | BALCERZYK Leszek | SULEJÓW | | POL - | 84 | M30/650 | (M)1578 | 00:51:07 | 05.06 |
| 989 | 4301 | GWARNY Jarosław | ŁÓDŹ | | POL SRTG ŁÓDŹ | 81 | M30/989 | (M)2490 | 00:58:53 | 05.53 |
| 1104 | 4317 | MUSIAŁ Sebastian | ŁÓDŹ | | POL | 87 | M30/1104 | (M)2770 | 01:03:22 | 06.20 |
| 770 | 4327 | WITEK Artur | ŁÓDŹ | | POL | 88 | M30/770 | (M)1932 | 00:53:47 | 05.22 |
| 64 | 4338 | PASZKIEWICZ Leszek | KŁOBUCK | | POL NGB KŁOBUCK | 80 | M30/64 | (M)141 | 00:39:41 | 03.58 |
| 459 | 4340 | MOŻEJKO Dawid | ŁÓDŹ | | POL DZIK KOMANDO | 88 | M30/459 | (M)1103 | 00:48:31 | 04.51 |
| 69 | 4344 | JABŁOŃSKI Przemysław | ŁÓDŹ | | POL RYTM ŁÓDŹ | 80 | M30/69 | (M)151 | 00:39:52 | 03.59 |
| 720 | 4346 | SKUDLARSKI Michał | ZGIERZ | | POL | 87 | M30/720 | (M)1792 | 00:52:49 | 05.16 |
| 191 | 4351 | ZELCER Mariusz | ŁÓDŹ | | POL | 82 | M30/191 | (M)440 | 00:43:54 | 04.23 |
| 911 | 4355 | ADAMUS Dariusz | ŁÓDŹ | | POL RAZEM TRENUJEMY SPORT | 82 | M30/911 | (M)2315 | 00:57:14 | 05.43 |
| 529 | 4358 | SIGA Paweł | ŁÓDŹ | | POL | 81 | M30/529 | (M)1264 | 00:49:24 | 04.56 |
| 531 | 4363 | SIGA Marcin | KRAKÓW | | POL | 86 | M30/531 | (M)1273 | 00:49:24 | 04.56 |
| 75 | 4365 | GRYZIO Łukasz | PABIANICE | | POL UKS AZYMUT PABIANICE | 88 | M30/75 | (M)164 | 00:39:59 | 03.59 |
| 1129 | 4372 | MASIAREK Mgr Rafał | GOMUNICE | | POL WWW.SIERADZKI-BHP.PL | 84 | M30/1129 | (M)2816 | 01:04:44 | 06.28 |
| 102 | 4373 | WIEŁA Mariusz | BRZEŹNIO | | POL SIERADZBIEGA.PL | 85 | M30/102 | (M)213 | 00:40:54 | 04.05 |
| 266 | 4377 | JAGIEŁA Przemysław | ŁASK | | POL | 84 | M30/266 | (M)614 | 00:45:07 | 04.30 |
| 375 | 4379 | JACIUBEK Tomasz | ŁÓDŹ | | POL | 83 | M30/375 | (M)889 | 00:47:12 | 04.43 |
| 648 | 4390 | JANKOWSKI Adam | ŁÓDŹ | | POL B/S/H/ ŁÓDŹ RUNNING TEAM | 86 | M30/648 | (M)1576 | 00:51:07 | 05.06 |
| 520 | 4400 | KONOVALOV Oleksandr | ŁÓDŹ | | POL B/S/H/ ŁÓDŹ RUNNING TEAM | 85 | M30/520 | (M)1251 | 00:49:20 | 04.56 |
| 512 | 4402 | AGACIŃSKI Marek | ŁÓDŹ | | POL B/S/H/ ŁÓDŹ RUNNING TEAM | 84 | M30/512 | (M)1229 | 00:49:13 | 04.55 |
| 855 | 4409 | KRAKOWSKI Krzysztof | ŁÓDŹ | | POL B/S/H/ ŁÓDŹ RUNNING TEAM | 83 | M30/855 | (M)2149 | 00:55:40 | 05.34 |
| 155 | 4417 | ERENBERG Rafał | PIOTRKÓW | | POL FUDU&CO. SPORT TEAM | 82 | M30/155 | (M)335 | 00:42:53 | 04.17 |
| 205 | 4425 | MIZGALSKI Paweł | CZĘSTOCHOWA | | POL TRIATHLON TRAINING CENTER | 79 | M30/205 | (M)477 | 00:44:12 | 04.25 |
| 227 | 4427 | BIELA Rafał | ŻORY | | POL | 79 | M30/227 | (M)529 | 00:44:35 | 04.27 |
| 551 | 4428 | PANCER Mariusz | ŁÓDŹ | | POL | 83 | M30/551 | (M)1319 | 00:49:36 | 04.57 |
| 209 | 4436 | SKAŁECKI Przemysław | UCIECHÓW | | POL KS LENIWIEC | 86 | M30/209 | (M)487 | 00:44:18 | 04.25 |
| 504 | 4437 | WRONISZEWSKI Łukasz | PIOTRKÓW | | POL - | 83 | M30/504 | (M)1220 | 00:49:08 | 04.54 |
| 664 | 4442 | OWCZAREK Jarosław | ŁOWICZ | | POL JUNGHEINRICH TEAM | 83 | M30/664 | (M)1620 | 00:51:23 | 05.08 |
| 526 | 4444 | GAWLIK Jarosław | PABIANICE | | POL LEŚNE CIEKUSY | 81 | M30/526 | (M)1260 | 00:49:22 | 04.56 |
| 609 | 4456 | ZIELIŃSKI Marcin | GŁOWNO | | POL KS GŁOWNO W BIEGU | 84 | M30/609 | (M)1476 | 00:50:31 | 05.03 |
| 448 | 4459 | GRZESZCZYK Jacek | WARSZAWA | | POL - | 80 | M30/448 | (M)1075 | 00:48:17 | 04.49 |
| 401 | 4460 | JAGIELSKI Rafał | ŁÓDŹ | | POL | 88 | M30/401 | (M)963 | 00:47:42 | 04.46 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|--------------|--------|----------------------|---------------------|----------|--|---------|--------------------|---------|-----------|----------|
| 947 | 4462 | CERK Marek | ROŻNIATÓW- KOLONIA | | POL | 88 | M30/947 | (M)2398 | 00:57:58 | 05.47 |
| 838 | 4464 | SOLTYSIAK Łukasz | ŁÓDŹ | | POL | 84 | M30/838 | (M)2115 | 00:55:23 | 05.32 |
| 656 | 4466 | MYNC Marcin | ŁÓDŹ | | POL | 86 | M30/656 | (M)1597 | 00:51:13 | 05.07 |
| 675 | 4468 | GIERAK Mateusz | KĘPNO | | POL KS LENIWIEC | 83 | M30/675 | (M)1660 | 00:51:42 | 05.10 |
| 576 | 4471 | BADOWSKI Marcin | ŁÓDŹ | | POL | 86 | M30/576 | (M)1393 | 00:50:00 | 05.00 |
| 59 | 4472 | MARZYJANEK Sylwester | ŁÓDŹ | | POL | 81 | M30/59 | (M)130 | 00:39:33 | 03.57 |
| 949 | 4473 | CHUDZIK Mariusz | ŁÓDŹ | | POL | 80 | M30/949 | (M)2405 | 00:58:01 | 05.48 |
| 323 | 4474 | GAŚCZAK Mariusz | KĘPNO | | POL KS LENIWIEC | 79 | M30/323 | (M)765 | 00:46:25 | 04.38 |
| 418 | 4475 | STRZELECKI Remigiusz | ŁÓDŹ | | POL | 82 | M30/418 | (M)1010 | 00:47:55 | 04.47 |
| 802 | 4478 | SZYMAŃSKI Rafał | ŁÓDŹ | | POL - | 79 | M30/802 | (M)2005 | 00:54:23 | 05.26 |
| 185 | 4479 | STARUS Włodzimierz | OPOCZNO | | POL MOCNI W DUCHU - ZABIEGANI | 88 | M30/185 | (M)424 | 00:43:44 | 04.22 |
| 488 | 4483 | ŚPIEWAK Michał | ŁÓDŹ | | POL RAZEM TRENUJEMY SPORT | 84 | M30/488 | (M)1179 | 00:48:55 | 04.53 |
| 380 | 4489 | MATCZAK Tomasz | ŁÓDŹ | | POL DIGITAL WORKFORCE | 84 | M30/380 | (M)904 | 00:47:19 | 04.43 |
| 598 | 4494 | DĄBROWSKI Filip | GŁOWNO | | POL | 88 | M30/598 | (M)1440 | 00:50:17 | 05.01 |
| 161 | 4497 | MARCINIAK Sebastian | RADOM | | POL NITRO_BOYS_ | 83 | M30/161 | (M)359 | 00:43:10 | 04.19 |
| 275 | 4499 | MICHALAK Rafał | ŁÓDŹ | | POL RUNNING DREAMERS | 82 | M30/275 | (M)630 | 00:45:15 | 04.31 |
| 977 | 4500 | KULESZA Łukasz | ŁÓDŹ | | POL | 82 | M30/977 | (M)2464 | 00:58:39 | 05.51 |
| 892 | 4505 | LENARCZYK Daniel | BABY | | POL | 87 | M30/892 | (M)2251 | 00:56:36 | 05.39 |
| 1033 | 4507 | SUKIENNIK Tomasz | ŁASK | | POL | 80 | M30/1033 | (M)2608 | 01:00:19 | 06.01 |
| 953 | 4514 | GRACZYK Paweł | ŁÓDŹ | | POL | 84 | M30/953 | (M)2411 | 00:58:03 | 05.48 |
| 24 | 4517 | MATUSIAK Daniel | ŁÓDŹ | | POL RUFFUS TEAM | 84 | M30/24 | (M)47 | 00:36:30 | 03.39 |
| 170 | 4520 | SZMYTKOWSKI Bartosz | ŁÓDŹ | | POL SUPER TEAM | 84 | M30/170 | (M)392 | 00:43:27 | 04.20 |
| 29 | 4528 | STROJKOWSKI Bartosz | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 83 | M30/29 | (M)62 | 00:37:21 | 03.44 |
| 626 | 4535 | CELER Michał | KALISZ | | POL RAJSPOORT ACTIVE | 80 | M30/626 | (M)1525 | 00:50:46 | 05.04 |
| 1010 | 4541 | ZAWODNIK Anonimowy | | | POL - | | M30/1010 | (M)2547 | 00:59:30 | 05.57 |
| 112 | 4542 | WŁODARCZYK Krystian | STARA WIEŚ | | POL | 88 | M30/112 | (M)239 | 00:41:12 | 04.07 |
| 428 | 4544 | LORENC Piotr | ŁÓDŹ | | POL | 84 | M30/428 | (M)1037 | 00:48:04 | 04.48 |
| 6 | 4547 | KSIĄŻKIEWICZ Piotr | WĄGROWIEC | | POL CITY TRAIL TEAM | 87 | M30/6 | (M)10 | 00:33:01 | 03.17 |
| 364 | 4548 | ŁUKASIAK Adam | WARSZAWA | | POL ADIDAS RUNNERS WARSAW | 85 | M30/364 | (M)868 | 00:47:04 | 04.42 |
| 839 | 4556 | FRAK Wojciech | ŁÓDŹ | | POL - | 80 | M30/839 | (M)2116 | 00:55:23 | 05.32 |
| 1094 | 4557 | KLAUZE Jacek | ŁÓDŹ | | POL KLAUZE.COM | 84 | M30/1094 | (M)2744 | 01:02:44 | 06.16 |
| 568 | 4559 | PAWLUK Maciej | ŁÓDŹ | | POL | 88 | M30/568 | (M)1373 | 00:49:51 | 04.59 |
| 444 | 4571 | STUSIO Daniel | PABIANICE | | POL DRUZYNA SAPERÓW 5PRO O FORME SIE DBO | 83 | M30/444 | (M)1065 | 00:48:13 | 04.49 |
| 350 | 4574 | BEDNARCZYK Rafał | DOBROŃ | | POL | 85 | M30/350 | (M)833 | 00:46:46 | 04.40 |
| 76 | 4577 | SKIBA Adam | KOSZĘCIN | | POL MAFIA TEAM LUBLINIEC | 88 | M30/76 | (M)169 | 00:40:02 | 04.00 |
| 223 | 4578 | STRZELECKI Jacek | ŁÓDŹ | | POL | 87 | M30/223 | (M)519 | 00:44:31 | 04.27 |
| 613 | 4581 | PAWLUK Piotr | ŁÓDŹ | | POL | 88 | M30/613 | (M)1487 | 00:50:35 | 05.03 |
| 686 | 4586 | WRONA Damian | TOMASZÓW | | POL | 87 | M30/686 | (M)1697 | 00:51:59 | 05.11 |
| 918 | 4587 | RÓŻYCKI Przemysław | TOMASZÓW | | POL BIEGAM BO LUBIĘ | 79 | M30/918 | (M)2330 | 00:57:22 | 05.44 |
| 85 | 4588 | MIELCZAREK Michał | ŁÓDŹ | | POL | 79 | M30/85 | (M)181 | 00:40:18 | 04.01 |
| 1144 | 4590 | MARKOWSKI Piotr | ŁÓDŹ | | POL | 84 | M30/1144 | (M)2855 | 01:05:47 | 06.34 |
| 276 | 4597 | WEJMAN Przemysław | ŁÓDŹ | | POL ABB RUN 1.0 | 88 | M30/276 | (M)632 | 00:45:16 | 04.31 |
| 510 | 4600 | GALANCIAK Piotr | ŁÓDŹ | | POL CERI INTERNATIONAL ŁÓDŹ | 83 | M30/510 | (M)1227 | 00:49:10 | 04.55 |
| 970 | 4617 | MAJCHRZAK Marek | WARSZAWA | | POL | 79 | M30/970 | (M)2451 | 00:58:30 | 05.51 |
| 255 | 4626 | BANDEL Adam | ŁÓDŹ | | POL | 85 | M30/255 | (M)589 | 00:44:57 | 04.29 |
| 518 | 4629 | KIEGLER Bogumił | DOBROŃ | | POL | 87 | M30/518 | (M)1243 | 00:49:19 | 04.55 |
| 933 | 4633 | TARKA Jacek | KONSTANTYNÓW ŁÓDZKI | | POL | 79 | M30/933 | (M)2358 | 00:57:35 | 05.45 |
| 508 | 4634 | ARMACKI Arkadiusz | ŁÓDŹ | | POL | 86 | M30/508 | (M)1225 | 00:49:09 | 04.54 |
| 1142 | 4638 | KOTKOWSKI Tomasz | WROCLAW | | POL | 80 | M30/1142 | (M)2848 | 01:05:40 | 06.34 |
| 10 | 4640 | MARCINKIEWICZ Leszek | ŁÓDŹ | | POL RODZINKA NA MEDAL | 83 | M30/10 | (M)19 | 00:34:17 | 03.25 |
| 260 | 4650 | GRZYWNA Andrzej | WROCLAW | | POL OIRP WROCLAW | 84 | M30/260 | (M)599 | 00:45:01 | 04.30 |
| 547 | 4652 | KOŁODZIEJCZYK Jakub | BELCHATÓW | | POL | 85 | M30/547 | (M)1310 | 00:49:34 | 04.57 |
| 485 | 4654 | MARKIEWICZ Daniel | ŁÓDŹ | | POL | 86 | M30/485 | (M)1170 | 00:48:53 | 04.53 |
| 824 | 4662 | GARBACZ Mariusz | ŁÓDŹ | | POL | 80 | M30/824 | (M)2063 | 00:54:57 | 05.29 |
| 462 | 4665 | RAKOWSKI Mariusz | JUSTYNÓW | | POL MOVE FACTORY | 80 | M30/462 | (M)1111 | 00:48:34 | 04.51 |
| 879 | 4666 | CIEŚLIK Paweł | ŁÓDŹ | | POL ING BANK ŚLĄSKI | 86 | M30/879 | (M)2218 | 00:56:17 | 05.37 |
| 777 | 4670 | KARWECKI Patryk | WARSZAWA | | POL PEEK & CLOPPENBURG | 86 | M30/777 | (M)1958 | 00:54:00 | 05.24 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | M | Sex | Czas Time | [min/km] |
|--------------|--------|-----------------------|--------------------|----------|--|---------|--------------------|-----|------|-----------|----------|
| 1081 | 4679 | WÓJCİK Sławomir | TOMASZÓW | | POL ING BANK ŚLĄSKI | 87 | M30/1081 | (M) | 2712 | 01:01:59 | 06.11 |
| 246 | 4682 | DROŻDŻ Marcin | ŁÓDŹ | | POL | 87 | M30/246 | (M) | 570 | 00:44:49 | 04.28 |
| 382 | 4695 | MOSJO Radosław | TOMASZÓW | | POL KS AMBER | 80 | M30/382 | (M) | 908 | 00:47:20 | 04.44 |
| 1070 | 4701 | NOWAKOWSKI Maciej | WARSZAWA | | POL | 86 | M30/1070 | (M) | 2679 | 01:01:28 | 06.08 |
| 25 | 4704 | CHOJNACKI Szymon | ŁÓDŹ | | POL BRAK | 82 | M30/25 | (M) | 49 | 00:36:36 | 03.39 |
| 574 | 4706 | LOREK Tomasz | PABIANICE | | POL GILLETTE | 82 | M30/574 | (M) | 1389 | 00:49:58 | 04.59 |
| 874 | 4713 | IGNACZAK Piotr | ŁÓDŹ | | POL | 86 | M30/874 | (M) | 2191 | 00:56:05 | 05.36 |
| 1131 | 4714 | RAWICKI Michał | ŁÓDŹ | | POL | 84 | M30/1131 | (M) | 2823 | 01:04:54 | 06.29 |
| 1029 | 4715 | ROGALSKI Arkadiusz | TUREK | | POL MORSY TUREK | 81 | M30/1029 | (M) | 2591 | 01:00:03 | 06.00 |
| 278 | 4718 | JAGUSIAK Zbigniew | BELCHATÓW | | POL PGO BIEGA | 80 | M30/278 | (M) | 636 | 00:45:19 | 04.31 |
| 1001 | 4720 | KOWALSKI Jarosław | ŁÓDŹ | | POL ATLAS RUNNING TEAM | 87 | M30/1001 | (M) | 2530 | 00:59:19 | 05.55 |
| 442 | 4721 | TRACZYK Piotr | ŁÓDŹ | | POL ROAD RUNNERS COBOUW POLSKA | 82 | M30/442 | (M) | 1059 | 00:48:10 | 04.49 |
| 875 | 4726 | SMAJDA Wojciech | ŁÓDŹ | | POL | 86 | M30/875 | (M) | 2198 | 00:56:08 | 05.36 |
| 1038 | 4728 | EKSMAŃ Czesław | ŁÓDŹ | | POL | 79 | M30/1038 | (M) | 2620 | 01:00:28 | 06.02 |
| 952 | 4730 | KAPUŚCIŃSKI Kacper | ŁÓDŹ | | POL | 87 | M30/952 | (M) | 2410 | 00:58:02 | 05.48 |
| 352 | 4738 | GŁADKI Radosław | TOMASZÓW MAZ | | POL | 83 | M30/352 | (M) | 838 | 00:46:47 | 04.40 |
| 349 | 4739 | ZIELIŃSKI Sylwek | ŁÓDŹ | | POL | 83 | M30/349 | (M) | 831 | 00:46:45 | 04.40 |
| 291 | 4740 | BOROWICZ Bartek | OSTRZESZÓW | | POL SZUWARY OSTRZESZÓW - HOKEJ PODWODNY | 83 | M30/291 | (M) | 668 | 00:45:35 | 04.33 |
| 844 | 4745 | OŹAREK Patryk | KAMIENSK | | POL | 88 | M30/844 | (M) | 2123 | 00:55:25 | 05.32 |
| 234 | 4748 | GOLANOWSKI Bartłomiej | USZCZYN | | POL | 79 | M30/234 | (M) | 544 | 00:44:39 | 04.27 |
| 837 | 4749 | NIEDZIELA Jakub | TOMASZÓW | | POL 25 BATALION DOWODZENIA TOMASZÓW MAZ | 88 | M30/837 | (M) | 2111 | 00:55:20 | 05.32 |
| 847 | 4750 | CHOJECKI Szymon | DLUTOW | | POL | 82 | M30/847 | (M) | 2130 | 00:55:29 | 05.32 |
| 18 | 4751 | LICHOTA Wojciech | SKOCZÓW | | POL SZOSTTEAM | 84 | M30/18 | (M) | 37 | 00:36:01 | 03.35 |
| 1062 | 4752 | WEBER Piotr | ŁÓDŹ | | POL - | 84 | M30/1062 | (M) | 2666 | 01:01:11 | 06.07 |
| 41 | 4753 | BOROWICKI Adam | ŁÓDŹ | | POL | 81 | M30/41 | (M) | 88 | 00:38:37 | 03.51 |
| 433 | 4755 | PRÓCHNICKI Maciej | WROCLAW | | POL | 88 | M30/433 | (M) | 1047 | 00:48:08 | 04.48 |
| 878 | 4759 | WÓJCİK Patryk | ŁÓDŹ | | POL ATLAS RUNNING TEAM | 83 | M30/878 | (M) | 2213 | 00:56:14 | 05.37 |
| 124 | 4763 | ER Zet | MIEJSCOWOSC | | POL FUJITSU RUNNING TEAM ŁÓDŹ | 84 | M30/124 | (M) | 261 | 00:41:39 | 04.09 |
| 108 | 4764 | TŁOŁKA Michał | ŻORY | | POL | 84 | M30/108 | (M) | 232 | 00:41:08 | 04.06 |
| 972 | 4771 | ŚLĘCZKOWSKI Błażej | ŁÓDŹ | | POL SPORTERA OCR | 85 | M30/972 | (M) | 2454 | 00:58:32 | 05.51 |
| 171 | 4774 | ŁUKASIK Łukasz | ŁÓDŹ | | POL RAZEM TRENUJEMY SPORT | 79 | M30/171 | (M) | 395 | 00:43:29 | 04.20 |
| 885 | 4777 | PELSKI Jakub | ŁOWICZ | | POL STARZYŃSKIEGO BIEGA ŁOWICZ | 85 | M30/885 | (M) | 2233 | 00:56:28 | 05.38 |
| 377 | 4779 | SZYMCZAK Dominik | ALEKSANDRÓW ŁÓDZKI | | POL NORDEA RUNNERS | 86 | M30/377 | (M) | 894 | 00:47:14 | 04.43 |
| 294 | 4782 | WŁODARCZYK Tomasz | PABIANICE | | POL | 81 | M30/294 | (M) | 680 | 00:45:42 | 04.34 |
| 186 | 4788 | ŁUCZKÓW Szymon | WARSZAWA | | POL | 80 | M30/186 | (M) | 426 | 00:43:44 | 04.22 |
| 13 | 4790 | PRZERWA Michał | ODOLANÓW | | POL ATHLETICS TEAM PRUSICE | 87 | M30/13 | (M) | 26 | 00:35:11 | 03.30 |
| 667 | 4794 | JASKÓŁKA Mieszko | ŁÓDŹ | | POL | 82 | M30/667 | (M) | 1626 | 00:51:27 | 05.08 |
| 232 | 4796 | JÓŹWIAK Łukasz | OPOLE | | POL OPOLE BIEGA | 83 | M30/232 | (M) | 541 | 00:44:39 | 04.27 |
| 721 | 4797 | KIEŁEK Przemysław | ZELÓW | | POL | 84 | M30/721 | (M) | 1794 | 00:52:50 | 05.17 |
| 133 | 4798 | WRÓBEL Marcin | ŁÓDŹ | | POL BEAUTY SPORT | 84 | M30/133 | (M) | 285 | 00:42:04 | 04.12 |
| 222 | 4801 | BIENIAS Marek | ŁÓDŹ | | POL | 88 | M30/222 | (M) | 518 | 00:44:30 | 04.27 |
| 1023 | 4805 | BARTKOWIAK Krzysztof | POZNAŃ | | POL VEOLIA | 87 | M30/1023 | (M) | 2577 | 00:59:52 | 05.59 |
| 829 | 4811 | GAJEK Marcin | KATOWICE | | POL VEOLIA | 86 | M30/829 | (M) | 2090 | 00:55:06 | 05.30 |
| 422 | 4821 | PAJAŁ Tomasz | ŁÓDŹ | | POL VEOLIA | 85 | M30/422 | (M) | 1020 | 00:47:59 | 04.47 |
| 1041 | 4823 | PĘCZAK Arkadiusz | ŁÓDŹ | | POL VEOLIA | 82 | M30/1041 | (M) | 2626 | 01:00:30 | 06.03 |
| 524 | 4826 | PRASKI Dariusz | WARSZAWA | | POL VEOLIA | 85 | M30/524 | (M) | 1258 | 00:49:22 | 04.56 |
| 1128 | 4827 | STRZELECKI Konrad | ŁÓDŹ | | POL VEOLIA | 86 | M30/1128 | (M) | 2813 | 01:04:38 | 06.27 |
| 416 | 4830 | SZYMAŃSKI Michał | ŁÓDŹ | | POL VEOLIA | 86 | M30/416 | (M) | 1003 | 00:47:53 | 04.47 |
| 534 | 4837 | ZAWODNIK Anonimowy | | | POL | | M30/534 | (M) | 1277 | 00:49:25 | 04.56 |
| 318 | 4839 | KRÓL Łukasz | PRZYGDZICE | | POL KLUB SPORTOWY FABRYKA BIEGANIA | 85 | M30/318 | (M) | 741 | 00:46:13 | 04.37 |
| 730 | 4842 | WIŚNIEWSKI Jakub | UJAZD | | POL WYBIERZ | 85 | M30/730 | (M) | 1818 | 00:52:57 | 05.17 |
| 758 | 4850 | LUDWIŃSKI Robert | ŁÓDŹ | | POL | 88 | M30/758 | (M) | 1891 | 00:53:29 | 05.20 |
| 782 | 4851 | OPALIŃSKI Mariusz | UJAZD | | POL | 88 | M30/782 | (M) | 1964 | 00:54:02 | 05.24 |
| 19 | 4852 | ILIV Andrii | BELŻ | | UKR | 87 | M30/19 | (M) | 40 | 00:36:17 | 03.37 |
| 803 | 4859 | SZCZEPANIAK Bogumił | GŁOWNO | | POL | 82 | M30/803 | (M) | 2010 | 00:54:30 | 05.27 |
| 530 | 4867 | NOWAKOWSKI Łukasz | OPOCZNO | | POL | 81 | M30/530 | (M) | 1266 | 00:49:24 | 04.56 |
| 1155 | 4869 | BABIJ Krzysztof | ŁÓDŹ | | POL | 84 | M30/1155 | (M) | 2904 | 01:07:55 | 06.47 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|--------------|--------|----------------------|---------------------|----------|--|---------|--------------------|---------|-----------|----------|
| 925 | 4871 | KOZLIŃSKI Piotr | ŁÓDŹ | | POL | 85 | M30/925 | (M)2345 | 00:57:29 | 05.44 |
| 545 | 4876 | WOJTASZEK Piotr | ŁÓDŹ | | POL BIEGAM POLESIE | 84 | M30/545 | (M)1308 | 00:49:33 | 04.57 |
| 22 | 4879 | NAZARENKO Oleksandr | KIEV | | UKR LKB RUDNIK | 85 | M30/22 | (M)43 | 00:36:20 | 03.37 |
| 1060 | 4883 | KRAWCZYK Jan | ŁÓDŹ | | POL | 88 | M30/1060 | (M)2662 | 01:01:04 | 06.06 |
| 381 | 4892 | NAJDEREK Maciej | POZNAŃ | | POL NAJDERKI4 | 82 | M30/381 | (M)906 | 00:47:19 | 04.43 |
| 692 | 4901 | SOBCZAK Sebastian | BELCHATÓW | | POL SEBABIEGA.PL | 81 | M30/692 | (M)1726 | 00:52:12 | 05.13 |
| 1114 | 4908 | WAGNER Daniel | ŁÓDŹ | | POL DAMMAR-REMONTY | 83 | M30/1114 | (M)2789 | 01:03:53 | 06.23 |
| 26 | 4910 | ŁĄCZYŃSKI Adam | ŁÓDŹ | | POL KS ALASKA ŁÓDŹ | 84 | M30/26 | (M)50 | 00:36:36 | 03.39 |
| 1172 | 4916 | JARZĘBOWSKI Piotr | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 85 | M30/1172 | (M)2953 | 01:10:48 | 07.04 |
| 637 | 4936 | JABŁOŃSKI Tomasz | ŁÓDŹ | | POL MAKIS | 79 | M30/637 | (M)1547 | 00:50:54 | 05.05 |
| 944 | 4951 | CICHOPEK Andrzej | ŁÓDŹ | | POL | 86 | M30/944 | (M)2393 | 00:57:56 | 05.47 |
| 297 | 4954 | SŁOK Jarosław | BELCHATÓW | | POL | 79 | M30/297 | (M)687 | 00:45:47 | 04.34 |
| 713 | 4955 | PAJOR Konrad | ŁÓDŹ | | POL | 84 | M30/713 | (M)1783 | 00:52:47 | 05.16 |
| 535 | 4959 | ZALEGA Mateusz | ŁÓDŹ | | POL | 85 | M30/535 | (M)1280 | 00:49:26 | 04.56 |
| 1096 | 4962 | WOJCIK Jakub | ŁÓDŹ | | POL ZWJERZENTA | 82 | M30/1096 | (M)2751 | 01:02:57 | 06.17 |
| 822 | 4963 | KOSTRZEWA Mateusz | NAMYSŁÓW | | POL ACTIVRUN NAMYSŁÓW | 86 | M30/822 | (M)2061 | 00:54:57 | 05.29 |
| 948 | 4964 | BRZEZIŃSKI Michał | ŁÓDŹ | | POL | 79 | M30/948 | (M)2400 | 00:57:59 | 05.47 |
| 964 | 4985 | MUSIAŁ Konrad | ŁÓDŹ | | POL - | 87 | M30/964 | (M)2428 | 00:58:13 | 05.49 |
| 536 | 4987 | KULIK Michał | ŁÓDŹ | | POL | 79 | M30/536 | (M)1282 | 00:49:27 | 04.56 |
| 449 | 4992 | KULAK Łukasz | PODDĘBICE | | POL PODDĘBICKI KLUB BIEGACZA ZDYSZANI.PL | 83 | M30/449 | (M)1076 | 00:48:18 | 04.49 |
| 312 | 4994 | ROSIAK Piotr | PODDĘBICE | | POL PODDĘBICKI KLUB BIEGACZA ZDYSZANI.PL | 80 | M30/312 | (M)717 | 00:46:01 | 04.36 |
| 391 | 4995 | STASIAK Łukasz | ŁÓDŹ | | POL | 87 | M30/391 | (M)927 | 00:47:26 | 04.44 |
| 895 | 4997 | MUSZYŃSKI Andrzej | ŁÓDŹ | | POL MAKOLAB RUNNING TEAM | 88 | M30/895 | (M)2263 | 00:56:41 | 05.40 |
| 243 | 5006 | SKATULSKI Damian | ŁÓDŹ | | POL | 83 | M30/243 | (M)564 | 00:44:48 | 04.28 |
| 981 | 5008 | BIĄŁKOWSKI Paweł | TOMASZÓW | | POL | 82 | M30/981 | (M)2479 | 00:58:49 | 05.52 |
| 883 | 5015 | WROŃSKI Paweł | ŁÓDŹ | | POL FITAQUA | 86 | M30/883 | (M)2230 | 00:56:26 | 05.38 |
| 561 | 5017 | MOLSA Albert | MOSZCZENICA | | POL | 85 | M30/561 | (M)1346 | 00:49:44 | 04.58 |
| 818 | 5027 | WOŹNIAK Piotr | OSTRÓW WIELKOPOLSKI | | POL | 88 | M30/818 | (M)2042 | 00:54:48 | 05.28 |
| 127 | 5034 | WDOWIAK Łukasz | BELCHATÓW | | POL STRATEGA | 81 | M30/127 | (M)270 | 00:41:47 | 04.10 |
| 793 | 5035 | KOBYLECKI Rafał | ŁÓDŹ | | POL RYSIE | 82 | M30/793 | (M)1989 | 00:54:16 | 05.25 |
| 845 | 5036 | DZIOŃEK Piotr | ŁÓDŹ | | POL GFT POLAND | 86 | M30/845 | (M)2126 | 00:55:27 | 05.32 |
| 358 | 5047 | KRAWCZYK Łukasz | ŁÓDŹ | | POL --- | 82 | M30/358 | (M)856 | 00:46:57 | 04.41 |
| 651 | 5049 | KURAS Leszek | ALEKSANDRÓW ŁÓDZKI | | POL | 80 | M30/651 | (M)1580 | 00:51:07 | 05.06 |
| 446 | 5051 | LENICA Krzysztof | ŁÓDŹ | | POL | 79 | M30/446 | (M)1072 | 00:48:16 | 04.49 |
| 843 | 5055 | BIĄŁOWAŚ Marcin | ŁÓDŹ | | POL RYSIE | 82 | M30/843 | (M)2122 | 00:55:25 | 05.32 |
| 823 | 5062 | JASZCZAK Damian | WARSZAWA | | POL | 86 | M30/823 | (M)2062 | 00:54:57 | 05.29 |
| 556 | 5066 | HARASIŃSKI Łukasz | ŁÓDŹ | | POL | 85 | M30/556 | (M)1336 | 00:49:42 | 04.58 |
| 176 | 5067 | KACZMAREK Łukasz | CZARNOCIN | | POL DZIK KOMANDO | 86 | M30/176 | (M)409 | 00:43:38 | 04.21 |
| 997 | 5071 | JAGODZINSKI Mariusz | PIOTRKÓW | | POL | 79 | M30/997 | (M)2519 | 00:59:12 | 05.55 |
| 93 | 5082 | GRABOWSKI Mateusz | KRAKÓW | | POL | 86 | M30/93 | (M)195 | 00:40:36 | 04.03 |
| 374 | 5086 | CHARUSTA Mariusz | ŁÓDŹ | | POL | 87 | M30/374 | (M)888 | 00:47:12 | 04.43 |
| 421 | 5090 | LISIK Wojciech | ŁÓDŹ | | POL KS WINO | 80 | M30/421 | (M)1017 | 00:47:59 | 04.47 |
| 470 | 5093 | KOWALSKI Marcin | JASTRZEBIE GÓRNE | | POL 1981 | 81 | M30/470 | (M)1136 | 00:48:44 | 04.52 |
| 468 | 5096 | MAJDECKI Paweł | ŁASK | | POL | 79 | M30/468 | (M)1130 | 00:48:41 | 04.52 |
| 840 | 5098 | ZAWODNIK Anonimowy | | | POL | | M30/840 | (M)2119 | 00:55:25 | 05.32 |
| 886 | 5108 | JARANOWSKI Wiktor | ŁÓDŹ | | POL 1979 | 79 | M30/886 | (M)2234 | 00:56:28 | 05.38 |
| 1181 | 5121 | MADEJCZYK Konrad | WARSZAWA | | POL | 85 | M30/1181 | (M)2971 | 01:12:16 | 07.13 |
| 971 | 5123 | CZURA Sebastian | ŁÓDŹ | | POL | 87 | M30/971 | (M)2452 | 00:58:31 | 05.51 |
| 286 | 5128 | GRADOMSKI Dominik | KONSTANTYNÓW ŁÓDZKI | | POL | 81 | M30/286 | (M)655 | 00:45:30 | 04.33 |
| 622 | 5131 | MELSON Maciej | ŁÓDŹ | | POL | 88 | M30/622 | (M)1519 | 00:50:45 | 05.04 |
| 113 | 5137 | OLIWECKI Rafał | KRZYMÓW | | POL | 81 | M30/113 | (M)241 | 00:41:15 | 04.07 |
| 1170 | 5151 | ZAWODNIK Anonimowy | | | POL | | M30/1170 | (M)2949 | 01:10:42 | 07.04 |
| 390 | 5152 | DOMINOWSKI Artur | ALEKSANDRÓW ŁÓDZKI | | POL TEAM SC | 79 | M30/390 | (M)925 | 00:47:26 | 04.44 |
| 723 | 5154 | STACHOWIAK Tymon | WARSZAWA | | POL MY GROUP | 80 | M30/723 | (M)1799 | 00:52:52 | 05.17 |
| 863 | 5158 | TYLAK Rafał | ŁÓDŹ | | POL | 88 | M30/863 | (M)2165 | 00:55:47 | 05.34 |
| 806 | 5164 | MUNTEAN Andrei | ŁÓDŹ | | POL INFOSYS RUN | 87 | M30/806 | (M)2018 | 00:54:33 | 05.27 |
| 1199 | 5166 | PAKOS Radosław | ŁÓDŹ | | POL INFOSYS RUN | 80 | M30/1199 | (M)3023 | 01:19:46 | 07.58 |
| 787 | 5179 | CHMIELARSKI Tomasz | ŁÓDŹ | | POL INFOSYS RUN | 85 | M30/787 | (M)1972 | 00:54:07 | 05.24 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------------------|--------|------------------------|---------------------|----------|--------------------------------|---------|--------------------|---------|-----------|----------|
| 1025 | 5180 | SADOWSKI Sylwester | ALEKSANDRÓW ŁÓDZKI | | POL INFOSYS RUN | 86 | M30/1025 | (M)2583 | 00:59:55 | 05.59 |
| 1092 | 5182 | ZHUKOVSKY Andres | ŁÓDŹ | | POL INFOSYS RUN | 88 | M30/1092 | (M)2738 | 01:02:36 | 06.15 |
| 756 | 5186 | KRUK Kamil | ŁÓDŹ | | POL | 79 | M30/756 | (M)1889 | 00:53:28 | 05.20 |
| 528 | 5187 | MAZURKIEWICZ Janusz | ŁÓDŹ | | POL | 82 | M30/528 | (M)1263 | 00:49:23 | 04.56 |
| 957 | 5188 | PALUSZKIEWICZ Emilian | GDYNIA | | POL | 82 | M30/957 | (M)2416 | 00:58:06 | 05.48 |
| 832 | 5193 | GAJDA Bartłomiej | ŁÓDŹ | | POL | 86 | M30/832 | (M)2099 | 00:55:13 | 05.31 |
| 817 | 5195 | KLEPCZAREK Łukasz | ŁÓDŹ (ŁÓDŹ-BALUTY) | | POL JW 4393 | 85 | M30/817 | (M)2040 | 00:54:46 | 05.28 |
| 307 | 5201 | ULRICHS Michał | ŁÓDŹ | | POL RYSIOTEAM | 79 | M30/307 | (M)707 | 00:45:55 | 04.35 |
| 805 | 5202 | WALCZUK Łukasz | ALEKSANDRÓW ŁÓDZKI | | POL PLUSÓW SĄ MNÓSTWO | 83 | M30/805 | (M)2014 | 00:54:31 | 05.27 |
| 963 | 5203 | STEMPNIEWSKI Krzysztof | BRZESZYN | | POL | 84 | M30/963 | (M)2427 | 00:58:12 | 05.49 |
| 214 | 5204 | MARYNOWSKI Łukasz | CZĘSTOCHOWA | | POL LOTOS RUNNING TEAM | 79 | M30/214 | (M)497 | 00:44:22 | 04.26 |
| 1134 | 5213 | ZAWODNIK Anonimowy | | | POL | | M30/1134 | (M)2829 | 01:04:59 | 06.29 |
| 636 | 5215 | GEŚICKI Arek | WARSZAWA | | POL | 79 | M30/636 | (M)1545 | 00:50:53 | 05.05 |
| 473 | 5218 | BRYTAN Patryk | SKIERNIEWICE | | POL PARKRUN SKIERNIEWICE | 88 | M30/473 | (M)1141 | 00:48:45 | 04.52 |
| 678 | 5227 | DUDZIŃSKI Jakub | ŁOWICZ | | POL | 83 | M30/678 | (M)1675 | 00:51:47 | 05.10 |
| 221 | 5228 | KOZŁOWSKI Michał | ŁÓDŹ | | POL | 82 | M30/221 | (M)511 | 00:44:28 | 04.26 |
| 1009 | 5229 | SKOWRON Bartłomiej | MAJKOWICE | | POL | 88 | M30/1009 | (M)2545 | 00:59:29 | 05.56 |
| 1145 | 5232 | WITECKI Piotr | MSZCZONÓW | | POL | 85 | M30/1145 | (M)2857 | 01:05:54 | 06.35 |
| 1000 | 5235 | KONIECZNY Łukasz | PABIANICE | | POL CINEMAVISION | 84 | M30/1000 | (M)2529 | 00:59:19 | 05.55 |
| 175 | 5243 | DUK Damian | ŁÓDŹ | | POL | 87 | M30/175 | (M)402 | 00:43:33 | 04.21 |
| 1140 | 5246 | DENIS Ivanov | ŁÓDŹ | | RUS FOR FOUR OF US. | 88 | M30/1140 | (M)2842 | 01:05:20 | 06.32 |
| 65 | 5265 | PODBIELSKI Marcin | RAMSDONK | | BEL | 82 | M30/65 | (M)142 | 00:39:41 | 03.58 |
| 995 | 5268 | WASILEWSKI Łukasz | PŁOCK | | POL RUNNING CARROTS | 82 | M30/995 | (M)2507 | 00:59:02 | 05.54 |
| 253 | 5274 | SWORSKI Roman | ŁÓDŹ | | POL VEGEVEGE.PL | 83 | M30/253 | (M)587 | 00:44:56 | 04.29 |
| 810 | 5279 | LESIAK Michał | ZGIERZ | | POL BALL DON'T LIE | 82 | M30/810 | (M)2025 | 00:54:38 | 05.27 |
| 1141 | 5281 | BEDNAREK Michał | ŁÓDŹ | | POL ATLAS RUNNING TEAM | 82 | M30/1141 | (M)2847 | 01:05:38 | 06.33 |
| 300 | 5286 | MADEJ Krzysztof | ŁÓDŹ | | POL TME | 88 | M30/300 | (M)691 | 00:45:49 | 04.34 |
| 616 | 5296 | NOWAKOWSKI Marcin | ŁÓDŹ | | POL MONAR | 79 | M30/616 | (M)1499 | 00:50:38 | 05.03 |
| 1160 | 5313 | BĄBOL Damian | PIASECZNO | | POL | 88 | M30/1160 | (M)2927 | 01:08:59 | 06.53 |
| 52 | 5320 | WITCZAK Marcin | KROŚNIEWICE | | POL | 81 | M30/52 | (M)112 | 00:39:07 | 03.54 |
| 1099 | 5329 | DĘBOWSKI Grzegorz | KONSTANTYNÓW ŁÓDZKI | | POL | 86 | M30/1099 | (M)2762 | 01:03:12 | 06.19 |
| 750 | 5338 | OPASIAK Radosław | ŁÓDŹ | | POL BORG AUTOMOTIVE SPORT TEAM | 88 | M30/750 | (M)1875 | 00:53:19 | 05.19 |
| 39 | 5344 | OLSZYNA Łukasz | KALISZ | | POL PRATT&WHITNEY KALISZ | 80 | M30/39 | (M)83 | 00:38:31 | 03.51 |
| 244 | 5349 | SOBCZAK Bartłomiej | ŁÓDŹ | | POL | 85 | M30/244 | (M)566 | 00:44:49 | 04.28 |
| 797 | 5350 | TOMCZYK Michał | ŁÓDŹ | | POL WYBIERZ | 85 | M30/797 | (M)1995 | 00:54:19 | 05.25 |
| 959 | 5354 | MATYNIA Grzegorz | ŁÓDŹ | | POL | 83 | M30/959 | (M)2420 | 00:58:10 | 05.49 |
| 907 | 5361 | JABŁOŃSKI Konrad | DĄBIE | | POL MKS RUN TEAM DĄBIE | 84 | M30/907 | (M)2293 | 00:57:01 | 05.42 |
| 82 | 5363 | MACIEJEWSKI Marcin | KIELCE | | POL BIEGNĘ ŻEBY BARTEK MÓGL | 86 | M30/82 | (M)176 | 00:40:11 | 04.01 |
| BIEGAĆ/WOZNIAK RUNNING TEAM | | | | | | | | | | |
| 849 | 5398 | MADEJ Marcin | WARSZAWA | | POL | 82 | M30/849 | (M)2133 | 00:55:30 | 05.33 |
| 734 | 5404 | BOGUCKI Piotr | ŁÓDŹ | | POL | 81 | M30/734 | (M)1825 | 00:53:00 | 05.18 |
| 395 | 5407 | FIDO Tomasz | ALEKEKSANDRÓW | | POL | 86 | M30/395 | (M)938 | 00:47:32 | 04.45 |
| 600 | 5409 | PIEKARSKI Łukasz | ŁÓDŹ | | POL | 82 | M30/600 | (M)1459 | 00:50:25 | 05.02 |
| 1110 | 5410 | KANIA Rafał | WROCLAW | | POL PGO BIEGA | 80 | M30/1110 | (M)2778 | 01:03:37 | 06.21 |
| 984 | 5414 | ŁYŻWA Piotr | ŁÓDŹ | | POL | 84 | M30/984 | (M)2484 | 00:58:51 | 05.53 |
| 1197 | 5415 | STRZECHOWSKI Dariusz | BEDOŃ PRZYKOŚCIELNY | | POL RAJSPOORT ACTIVE | 81 | M30/1197 | (M)3019 | 01:19:12 | 07.55 |
| 1034 | 5419 | MATUSZCZYK Łukasz | KAMIENSK | | POL | 84 | M30/1034 | (M)2609 | 01:00:20 | 06.02 |
| 583 | 5422 | STRYCHAŁSKI Adrian | OZORKÓW | | POL 1 DYWIZJON LOTNICZY | 87 | M30/583 | (M)1410 | 00:50:06 | 05.00 |
| 679 | 5423 | RÓG Dawid | KOLONIA BRUŻYCA | | POL | 83 | M30/679 | (M)1676 | 00:51:48 | 05.10 |
| 279 | 5437 | SZAREK Gustaw | MALE | | POL | 87 | M30/279 | (M)639 | 00:45:20 | 04.32 |
| 1026 | 5442 | DRACH Bartłomiej | BELCHATÓW | | POL BIEGACZ NOWOSOLNA TIMEKS | 86 | M30/1026 | (M)2584 | 00:59:59 | 05.59 |
| 498 | 5445 | ZIÓŁKOWSKI Marek | ŁÓDŹ | | POL EVERRUN | 84 | M30/498 | (M)1209 | 00:49:04 | 04.54 |
| 703 | 5449 | SZWARCER Mateusz | ŁÓDŹ | | POL | 80 | M30/703 | (M)1750 | 00:52:29 | 05.14 |
| 882 | 5454 | KUBIAK Michał | ŁÓDŹ | | POL | 85 | M30/882 | (M)2226 | 00:56:25 | 05.38 |
| 111 | 5465 | OWCZAREK Jacek | OLEŚNICA | | POL ROZBIEGANI | 86 | M30/111 | (M)237 | 00:41:12 | 04.07 |
| 899 | 5481 | KACPRZAK Mateusz | ŁÓDŹ | | POL | 88 | M30/899 | (M)2271 | 00:56:46 | 05.40 |
| 661 | 5488 | MARSZAŁ Kamil | PABIANICE | | POL | 86 | M30/661 | (M)1609 | 00:51:19 | 05.07 |
| 417 | 5491 | BIELICKI Krzysztof | KUTNO | | POL | 87 | M30/417 | (M)1009 | 00:47:55 | 04.47 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | M Sex | Czas Time | [min/km] |
|-------------------------------|--------|----------------------|---------------------|----------|--------------------------------|---------|--------------------|---------|-----------|----------|
| 999 | 5494 | RYCHLIK Mariusz | TOMASZÓW | | POL RAZEM TRENUJEMY SPORT | 86 | M30/999 | (M)2525 | 00:59:16 | 05.55 |
| 1036 | 5496 | WŁODARCZYK Marcin | ŁÓDŹ | | POL MARYSIN ŁÓDŹ | 80 | M30/1036 | (M)2615 | 01:00:25 | 06.02 |
| 56 | 5497 | KAZIMIERCZAK Rafał | BOGDANKA | | POL ROSSBIEGANI | 79 | M30/56 | (M)121 | 00:39:18 | 03.55 |
| 77 | 5498 | DAJCZ Jarosław | PABIANICE | | POL KORONA PABIANICE | 81 | M30/77 | (M)170 | 00:40:02 | 04.00 |
| 38 | 5504 | SZUSTER Karol | CZĘSTOCHOWA | | POL | 83 | M30/38 | (M)81 | 00:38:26 | 03.50 |
| 1201 | 5507 | SALSKI Grzegorz | ŁÓDŹ | | POL | 82 | M30/1201 | (M)3029 | 01:23:20 | 08.20 |
| 385 | 5551 | PLÓCIENNICZAK Piotr | KONSTANTYNÓW ŁÓDZKI | | POL | 85 | M30/385 | (M)918 | 00:47:23 | 04.44 |
| Bieg 10 km - M40 [834] | | | | | | | | | | |
| 167 | 22 | SZCZEPAŃSKI Marcin | ŁÓDŹ | | POL EVERRUN | 73 | M40/167 | (M)584 | 00:44:55 | 04.29 |
| 601 | 27 | STĘPNIAK Wojciech | ZGIERZ | | POL ZGIERZBIEGA | 71 | M40/601 | (M)2056 | 00:54:54 | 05.29 |
| 400 | 30 | JASKUŁA Wojciech | TOMASZÓW | | POL WANDA PANFIL TEAM | 73 | M40/400 | (M)1387 | 00:49:57 | 04.59 |
| 627 | 56 | KAŃSKI Jakub | ŁÓDŹ | | POL SNG WILD DUCKS | 77 | M40/627 | (M)2181 | 00:56:01 | 05.36 |
| 672 | 71 | JAROS Adam | ŁÓDŹ | | POL ABB RUN 1.0 | 76 | M40/672 | (M)2342 | 00:57:27 | 05.44 |
| 540 | 78 | ORGANA Jacek | ŁÓDŹ | | POL | 69 | M40/540 | (M)1846 | 00:53:11 | 05.19 |
| 480 | 83 | MIERZYŃSKI Jacek | RZG | | POL EKSOC BIEGA | 74 | M40/480 | (M)1653 | 00:51:38 | 05.09 |
| 545 | 85 | TUREK Paweł | PIASECZNO | | POL PRINCES | 72 | M40/545 | (M)1863 | 00:53:15 | 05.19 |
| 42 | 86 | BUDNER Robert | ŁÓDŹ | | POL EVERRUN | 76 | M40/42 | (M)206 | 00:40:47 | 04.04 |
| 440 | 90 | SERAFICKI Sebastian | ŁÓDŹ | | POL RYSIE | 71 | M40/440 | (M)1534 | 00:50:48 | 05.04 |
| 583 | 92 | PIANOWSKI Radosław | PABIANICE | | POL | 77 | M40/583 | (M)1985 | 00:54:15 | 05.25 |
| 523 | 96 | BZOWSKI Sławomir | ZDUŃSKA WOLA | | POL | 76 | M40/523 | (M)1770 | 00:52:41 | 05.16 |
| 139 | 104 | KURZAWA Paweł | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 77 | M40/139 | (M)502 | 00:44:25 | 04.26 |
| 256 | 113 | RUDNICKI Paweł | KROTOSZYN | | POL | 73 | M40/256 | (M)844 | 00:46:51 | 04.41 |
| 345 | 127 | NIEDŹWIEDŹ Maciej | ŁÓDŹ | | POL CITY TEAM | 76 | M40/345 | (M)1173 | 00:48:54 | 04.53 |
| 318 | 142 | STOLARCZYK Maciej | GDAŃSK | | POL | 70 | M40/318 | (M)1074 | 00:48:17 | 04.49 |
| 778 | 145 | STRUSZCZAK Krzysztof | ŁÓDŹ | | POL FLINTENSIVE RUNNING | 69 | M40/778 | (M)2843 | 01:05:21 | 06.32 |
| 588 | 146 | MIKŁA Robert | SIERADZ | | POL | 77 | M40/588 | (M)2002 | 00:54:21 | 05.26 |
| 747 | 149 | KLUDZINSKI Adam | KUTNO | | POL KUTNO BIEGA | 73 | M40/747 | (M)2685 | 01:01:32 | 06.09 |
| 608 | 153 | BIŃCZYK Tomasz | ŁÓDŹ | | POL HIGHLY PROTECTED RUNNERS | 76 | M40/608 | (M)2078 | 00:55:03 | 05.30 |
| 625 | 155 | MORACKI Mariusz | ŁÓDŹ | | POL BIEGACZ NOWOSOLNA | 69 | M40/625 | (M)2164 | 00:55:47 | 05.34 |
| 169 | 158 | ZIABKA Andrzej | ALEKSANDRÓW ŁÓDZKI | | POL | 73 | M40/169 | (M)592 | 00:44:59 | 04.29 |
| 461 | 161 | WÓDZ Adam | ŁÓDŹ | | POL SBRT MOC ENERGIA ENDORFINA | 77 | M40/461 | (M)1598 | 00:51:13 | 05.07 |
| 285 | 170 | GÓRALSKI Jarosław | KUTNO | | POL KUTNO BIEGA | 69 | M40/285 | (M)943 | 00:47:35 | 04.45 |
| 553 | 182 | TWARDOWSKI Piotr | KUTNO | | POL KUTNO BIEGA | 76 | M40/553 | (M)1895 | 00:53:29 | 05.20 |
| 57 | 189 | BARTOSIK Marek | ŁÓDŹ | | POL BEAUTY SPORT | 76 | M40/57 | (M)252 | 00:41:26 | 04.08 |
| 2 | 192 | FRANKOWSKI Maciej | ŁÓDŹ | | POL BEAUTY SPORT | 78 | M40/2 | (M)44 | 00:36:25 | 03.38 |
| 592 | 194 | ZARZYCKI Mariusz | ŁÓDŹ | | POL | 78 | M40/592 | (M)2016 | 00:54:32 | 05.27 |
| 99 | 197 | MAJCHROWSKI Robert | WIELUŃ | | POL WIELUŃ BIEGA | 76 | M40/99 | (M)381 | 00:43:23 | 04.20 |
| 675 | 207 | GAŁA Piotr | KONSTANTYNÓW ŁÓDZKI | | POL EUDEZET CREW | 78 | M40/675 | (M)2349 | 00:57:30 | 05.45 |
| 291 | 213 | DRZEWOSZEWSKI Robert | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 74 | M40/291 | (M)960 | 00:47:41 | 04.46 |
| 618 | 222 | KACZOROWSKI Dariusz | WŁOCŁAWEK | | POL ORLEN RUNNING TEAM | 70 | M40/618 | (M)2114 | 00:55:22 | 05.32 |
| 682 | 223 | LEŚNIAK Grzegorz | OSTRÓW WIELKOPOLSKI | | POL LEŚNIAK TEAM | 74 | M40/682 | (M)2386 | 00:57:52 | 05.47 |
| 658 | 229 | MARKS Marcin | ŁÓDŹ | | POL | 75 | M40/658 | (M)2295 | 00:57:02 | 05.42 |
| 652 | 241 | KOSMAŁSKI Arkadiusz | JEDLICZE A | | POL - | 69 | M40/652 | (M)2262 | 00:56:41 | 05.40 |
| 527 | 244 | LOREŃKI Tomasz | ŁÓDŹ | | POL | 69 | M40/527 | (M)1804 | 00:52:53 | 05.17 |
| 186 | 246 | TOMCZYK Krzysztof | TOMASZÓW | | POL TOMASZÓW RUN TEAM | 71 | M40/186 | (M)654 | 00:45:30 | 04.33 |
| 695 | 247 | KRAWCZYK Piotr | PABIANICE | | POL RAZEM TRENUJEMY SPORT | 74 | M40/695 | (M)2469 | 00:58:41 | 05.52 |
| 11 | 249 | TROCIŃSKI Jacek | ŁÓDŹ | | POL | 70 | M40/11 | (M)86 | 00:38:35 | 03.51 |
| 769 | 281 | KONIECZNY Michał | ŁÓDŹ | | POL | 76 | M40/769 | (M)2802 | 01:04:13 | 06.25 |
| 135 | 282 | WALASIK Michał | ŁÓDŹ | | POL | 75 | M40/135 | (M)485 | 00:44:17 | 04.25 |
| 452 | 295 | RYBUS Maciej | ZGIERZ | | POL WHIRLPOOL RUNNING TEAM | 76 | M40/452 | (M)1581 | 00:51:07 | 05.06 |
| 74 | 296 | CHABIERA Marek | ZGIERZ | | POL WHIRLPOOL RUNNING TEAM | 78 | M40/74 | (M)313 | 00:42:36 | 04.15 |
| 194 | 299 | LESIEWICZ Jarosław | ŁÓDŹ | | POL ORANGE POLSKA | 69 | M40/194 | (M)677 | 00:45:41 | 04.34 |
| 464 | 301 | KOWALCZUK Artur | ŁÓDŹ | | POL | 77 | M40/464 | (M)1605 | 00:51:16 | 05.07 |
| 525 | 310 | JUSZCZAK Witold | KONSTANTYNÓW ŁÓDZKI | | POL MAKOLAB RUNNING TEAM | 76 | M40/525 | (M)1793 | 00:52:49 | 05.16 |
| 170 | 317 | TWARDOWSKI Paweł | ŁÓDŹ | | POL VERA RUNNING TEAM | 75 | M40/170 | (M)595 | 00:44:59 | 04.29 |
| 584 | 322 | NOWAK Marcin | ŁÓDŹ | | POL KB HERON | 73 | M40/584 | (M)1986 | 00:54:16 | 05.25 |
| 454 | 323 | RULEWSKI Marek | GŁOGOWO | | POL RCI BYDGOSZCZ - WT TORUŃ | 71 | M40/454 | (M)1583 | 00:51:08 | 05.06 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|--------------|--------|----------------------|---------------------|----------|---|---------|--------------------|---------|-----------|----------|
| 370 | 325 | KOWALSKI Sławomir | GŁÓWNO | | POL KS GŁÓWNO W BIEGU | 72 | M40/370 | (M)1267 | 00:49:24 | 04.56 |
| 133 | 327 | WOJTASIK Mariusz | ŁÓDŹ | | POL | 78 | M40/133 | (M)483 | 00:44:15 | 04.25 |
| 153 | 331 | KRUK Jarosław | ŁÓDŹ | | POL EVERRUN | 70 | M40/153 | (M)550 | 00:44:42 | 04.28 |
| 734 | 332 | SZADKOWSKI Sebastian | ŁÓDŹ | | POL | 74 | M40/734 | (M)2627 | 01:00:32 | 06.03 |
| 211 | 335 | BARASIŃSKI Tomasz | BELCHATÓW | | POL KB SPARTAKUS BELCHATÓW | 75 | M40/211 | (M)725 | 00:46:03 | 04.36 |
| 827 | 336 | GOLIŃSKI Piotrek | ŁÓDŹ | | POL MAXIMUS | 69 | M40/827 | (M)3003 | 01:15:34 | 07.33 |
| 397 | 340 | TADROWSKI Tomasz | INOWROCLAW | | POL | 73 | M40/397 | (M)1363 | 00:49:50 | 04.59 |
| 128 | 342 | OCHMAŃSKI Adam | ŁÓDŹ | | POL EVERRUN | 74 | M40/128 | (M)467 | 00:44:07 | 04.24 |
| 602 | 348 | OLCZYK Dariusz | OPOLE | | POL | 74 | M40/602 | (M)2058 | 00:54:55 | 05.29 |
| 380 | 356 | KAJA Robert | WIELUŃ | | POL WIELUŃ BIEGA | 69 | M40/380 | (M)1306 | 00:49:33 | 04.57 |
| 162 | 358 | LISIECKI Wojciech | ŁÓDŹ | | POL FAJNI.PL | 77 | M40/162 | (M)575 | 00:44:50 | 04.29 |
| 681 | 359 | SZCZYGIEL Mateusz | ŁÓDŹ | | POL DELL RUNNING TEAM | 78 | M40/681 | (M)2380 | 00:57:48 | 05.46 |
| 437 | 363 | SZABRAŃSKI Piotr | SŁUPNO | | POL SŁUPNO BIEGA | 72 | M40/437 | (M)1518 | 00:50:45 | 05.04 |
| 667 | 365 | SKIBA Grzegorz | ŁÓDŹ | | POL SKIBKI | 75 | M40/667 | (M)2314 | 00:57:14 | 05.43 |
| 125 | 370 | KAMIŃSKI Artur | OSTRÓW WIELKOPOLSKI | | POL | 75 | M40/125 | (M)458 | 00:44:03 | 04.24 |
| 825 | 386 | POŁUDNIKIEWICZ Piotr | ŁÓDŹ | | POL -ŁOŻA SZYDERCÓW 44 + | 72 | M40/825 | (M)3000 | 01:15:02 | 07.30 |
| 204 | 390 | POJDA Grzegorz | RYBNIK | | POL N/D | 72 | M40/204 | (M)703 | 00:45:55 | 04.35 |
| 7 | 397 | KALICIŃSKI Robert | KALISZ | | POL DZIKA DRUŻYNA | 71 | M40/7 | (M)70 | 00:37:53 | 03.47 |
| 70 | 408 | TOBOLA Grzegorz | PABIANICE | | POL M A G TEAM | 75 | M40/70 | (M)298 | 00:42:22 | 04.14 |
| 409 | 410 | SOCHA Marek | BUKOWIEC | | POL | 71 | M40/409 | (M)1428 | 00:50:14 | 05.01 |
| 755 | 415 | GLAPINSKI Remigiusz | ŁÓDŹ | | POL | 77 | M40/755 | (M)2731 | 01:02:24 | 06.14 |
| 20 | 416 | SZEWczyk Jarosław | NOWY BEDOŃ | | POL RAZEM TRENUJEMY SPORT | 74 | M40/20 | (M)125 | 00:39:24 | 03.56 |
| 493 | 423 | MARCINKOWSKI Szymon | ŁÓDŹ | | POL RETKINIA RUN | 75 | M40/493 | (M)1689 | 00:51:55 | 05.11 |
| 619 | 425 | PIOTROWSKI Rafał | ŁÓDŹ | | POL - | 78 | M40/619 | (M)2135 | 00:55:31 | 05.33 |
| 422 | 428 | KALUZNY Jacek | PABIANICE | | POL | 73 | M40/422 | (M)1471 | 00:50:28 | 05.02 |
| 425 | 439 | PRASAL Artur | ŁÓDŹ | | POL WKURW_TEAM | 75 | M40/425 | (M)1481 | 00:50:33 | 05.03 |
| 332 | 442 | JAWORSKI Paweł | KROTOSZYN | | POL | 76 | M40/332 | (M)1118 | 00:48:38 | 04.51 |
| 296 | 446 | DZIAŁA Piotr | WIKTORÓW | | POL KB OŻARÓW MAZOWIECKI BIEGA | 76 | M40/296 | (M)976 | 00:47:46 | 04.46 |
| 77 | 450 | STACHURSKI Daniel | DRUŻBICE | | POL KOBYŁKI | 70 | M40/77 | (M)328 | 00:42:49 | 04.16 |
| 683 | 452 | WAWRZOŁA Sebastian | ROGOŹNIK | | POL LECYMY DURŚ | 77 | M40/683 | (M)2388 | 00:57:53 | 05.47 |
| 225 | 454 | LUCZAK Paweł | ŁÓDŹ | | POL | 70 | M40/225 | (M)759 | 00:46:22 | 04.38 |
| 328 | 455 | HERKT Grzegorz | ŁÓDŹ | | POL HERKTTEAM | 73 | M40/328 | (M)1109 | 00:48:33 | 04.51 |
| 323 | 464 | ZAMOJSKI Sebastian | PODDĘBICE | | POL | 76 | M40/323 | (M)1089 | 00:48:25 | 04.50 |
| 307 | 480 | JUSZCZAK Michał | ŁÓDŹ | | POL | 78 | M40/307 | (M)1033 | 00:48:03 | 04.48 |
| 807 | 482 | SKOWROŃSKI Dariusz | ŁÓDŹ | | POL | 78 | M40/807 | (M)2924 | 01:08:44 | 06.52 |
| 63 | 494 | JUCHA Michał | ŁÓDŹ | | POL -RYSIOTEAM | 76 | M40/63 | (M)278 | 00:41:52 | 04.11 |
| 223 | 496 | MOSPINEK Jacek | ŁÓDŹ | | POL | 77 | M40/223 | (M)751 | 00:46:18 | 04.37 |
| 6 | 499 | SUCHANECKI Rafał | KALISZ | | POL DZIKA DRUŻYNA | 77 | M40/6 | (M)61 | 00:37:21 | 03.44 |
| 515 | 500 | GORĄCY Daniel | PIĄTEK | | POL TEMPIO PIĄTKOWSKI KLUB BIEGACZA | 69 | M40/515 | (M)1754 | 00:52:31 | 05.15 |
| 420 | 502 | KORBLIT Mariusz | ZGIERZ | | POL | 74 | M40/420 | (M)1461 | 00:50:25 | 05.02 |
| 298 | 508 | KAMIŃSKI Radek | ŁÓDŹ | | POL | 77 | M40/298 | (M)981 | 00:47:48 | 04.46 |
| 459 | 512 | MIKORENDA Piotr | ŁOWICZ | | POL MORENA CZOŁOWA | 70 | M40/459 | (M)1592 | 00:51:11 | 05.07 |
| 560 | 516 | POTĘPSKI Rafał | ŁÓDŹ | | POL | 73 | M40/560 | (M)1910 | 00:53:38 | 05.21 |
| 751 | 533 | MOSIŃSKI Robert | ŁÓDŹ | | POL | 70 | M40/751 | (M)2698 | 01:01:42 | 06.10 |
| 656 | 535 | GRABOWICZ Szymon | D MOSIN | | POL RYTM | 77 | M40/656 | (M)2286 | 00:56:55 | 05.41 |
| 586 | 536 | PIETRZAK Piotr | ŁÓDŹ | | POL | 69 | M40/586 | (M)1994 | 00:54:19 | 05.25 |
| 319 | 551 | MARYNOWICZ Marcin | ZGIERZ | | POL NIE ZRZESZONY | 78 | M40/319 | (M)1079 | 00:48:20 | 04.50 |
| 489 | 557 | GRODZICKI Sebastian | ALEKSANDRÓW ŁÓDZKI | | POL | 77 | M40/489 | (M)1670 | 00:51:46 | 05.10 |
| 738 | 573 | BENDINGER Krzysztof | ŁÓDŹ | | POL | 73 | M40/738 | (M)2643 | 01:00:47 | 06.04 |
| 766 | 587 | BOCHEŃSKI Arkadiusz | ŁÓDŹ | | POL | 71 | M40/766 | (M)2779 | 01:03:40 | 06.22 |
| 622 | 591 | WÓJTOWSKI Marcin | ŁÓDŹ | | POL - | 74 | M40/622 | (M)2145 | 00:55:40 | 05.34 |
| 113 | 594 | MAŁECKI Maciej | ŁÓDŹ | | POL PARKRUN ŁÓDŹ | 72 | M40/113 | (M)427 | 00:43:46 | 04.22 |
| 770 | 603 | STAROSTA Bartłomiej | SULĘCIN | | POL | 76 | M40/770 | (M)2809 | 01:04:26 | 06.26 |
| 387 | 606 | JURKIEWICZ Artur | ŁÓDŹ | | POL | 76 | M40/387 | (M)1337 | 00:49:42 | 04.58 |
| 720 | 608 | KOZŁOWSKI Adam | ŁÓDŹ | | POL 1974 | 74 | M40/720 | (M)2573 | 00:59:47 | 05.58 |
| 15 | 610 | GRABOWSKI Sebastian | ŁÓDŹ | | POL AKADEMIABIEGACZA.PL S.L. SALOS-WODNA76 ŁÓDŹ | 76 | M40/15 | (M)110 | 00:39:02 | 03.54 |
| 52 | 611 | OJRZYŃSKI Zbigniew | GIDLE | | POL KOLARSKO BIEGOWY KLUB SPORTOWY | 73 | M40/52 | (M)240 | 00:41:15 | 04.07 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-------------|--------------------------------|------------|-----------------------|---------|--------------|----------|
| | | | | | POL RADOMSKO | | | | | |
| 522 | 620 | DAWIDOWICZ Piotr | ŁÓDŹ | | POL FAJNI.PL | 70 | M40/522 | (M)1769 | 00:52:40 | 05.16 |
| 53 | 623 | KANICKI Lukasz | ŁÓDŹ | | POL - | 78 | M40/53 | (M)246 | 00:41:21 | 04.08 |
| 333 | 624 | ZAJĄC Rafał | ŁÓDŹ | | POL ŚLĘZAK TEAM | 78 | M40/333 | (M)1121 | 00:48:38 | 04.51 |
| 402 | 625 | FRYZEL Grzegorz | ŁÓDŹ | | POL | 71 | M40/402 | (M)1400 | 00:50:01 | 05.00 |
| 118 | 633 | WIERZCHOWSKI Adam | KALISZ | | POL SUPERMARATON KALISZ | 78 | M40/118 | (M)436 | 00:43:50 | 04.23 |
| 382 | 639 | STASIAK Robert | TURKOWICE | | POL KB GEOTERMIA UNIEJÓW | 74 | M40/382 | (M)1323 | 00:49:39 | 04.57 |
| 571 | 646 | GIEŁDA Adam | ŚREM | | POL | 71 | M40/571 | (M)1942 | 00:53:54 | 05.23 |
| 8 | 649 | LESIEŃ Adam | ŁÓDŹ | | POL MBANK | 74 | M40/8 | (M)74 | 00:38:08 | 03.48 |
| 48 | 654 | WOLNY Norbert | WIELUŃ | | POL WIELUŃ BIEGA | 75 | M40/48 | (M)229 | 00:41:06 | 04.06 |
| 209 | 665 | CZARNECKI Grzegorz | ŁÓDŹ | | POL B&L&K&G | 77 | M40/209 | (M)715 | 00:46:00 | 04.36 |
| 637 | 683 | ROZPIÓRSKI Paweł | KUTNO | | POL | 70 | M40/637 | (M)2221 | 00:56:21 | 05.38 |
| 416 | 689 | SOWIŃSKI Mariusz | ŁASK | | POL | 78 | M40/416 | (M)1452 | 00:50:20 | 05.02 |
| 487 | 697 | SIKORA Maciej | ŁÓDŹ | | POL RAZEM TRENUJEMY SPORT | 77 | M40/487 | (M)1667 | 00:51:45 | 05.10 |
| 562 | 699 | SOPIŃSKI Michał | ŁÓDŹ | | POL | 71 | M40/562 | (M)1922 | 00:53:43 | 05.22 |
| 673 | 704 | PAWLAK Marek | ŁOWICZ | | POL R-TEAM ŁOWICZ | 70 | M40/673 | (M)2343 | 00:57:27 | 05.44 |
| 501 | 720 | ZARYCHTA Radosław | ŁÓDŹ | | POL | 69 | M40/501 | (M)1711 | 00:52:04 | 05.12 |
| 516 | 724 | CYBART Artur | PIOTRKÓW | | POL | 72 | M40/516 | (M)1756 | 00:52:31 | 05.15 |
| 147 | 734 | FIGWER Adam | ŁÓDŹ | | POL | 74 | M40/147 | (M)530 | 00:44:36 | 04.27 |
| 347 | 739 | SZWEBS Marcin | ŁÓDŹ | | POL | 74 | M40/347 | (M)1175 | 00:48:54 | 04.53 |
| 798 | 752 | SALKOWSKI Michał | ŁÓDŹ | | POL | 76 | M40/798 | (M)2887 | 01:07:18 | 06.43 |
| 830 | 756 | CIARCIŃSKI Mariusz | ŁÓDŹ | | POL | 76 | M40/830 | (M)3027 | 01:21:26 | 08.08 |
| 235 | 760 | MARTYNOWSKI Witold | ROGOZINO | | POL SOKÓŁ BODZANÓW | 69 | M40/235 | (M)790 | 00:46:31 | 04.39 |
| 236 | 764 | BALCZERCZYK Marek | TOMASZÓW MAZ | | POL TIME4RUNNING | 77 | M40/236 | (M)791 | 00:46:32 | 04.39 |
| 581 | 765 | MROZIŃSKI Albert | ALEKSANDRÓW ŁÓDZKI | | POL | 75 | M40/581 | (M)1974 | 00:54:09 | 05.24 |
| 278 | 767 | STACHOWSKI Piotr | ŁÓDŹ | | POL -RYSIOTEAM | 73 | M40/278 | (M)926 | 00:47:26 | 04.44 |
| 199 | 772 | NOLBRZAK Michał | ŁÓDŹ | | POL SZAKALE BAŁUT ŁÓDŹ | 75 | M40/199 | (M)692 | 00:45:49 | 04.34 |
| 321 | 774 | BRZEZIŃSKI Krzysztof | ŁASK | | POL | 74 | M40/321 | (M)1083 | 00:48:22 | 04.50 |
| 485 | 775 | KOZIOŁ Arkadiusz | ŁÓDŹ | | POL - | 78 | M40/485 | (M)1665 | 00:51:45 | 05.10 |
| 815 | 777 | UBYCH Marcin | ŁÓDŹ | | POL EPOKA NORDICA ŁÓDŹ | 77 | M40/815 | (M)2952 | 01:10:45 | 07.04 |
| 394 | 779 | WASIAK Paweł | ŁÓDŹ | | POL - | 70 | M40/394 | (M)1353 | 00:49:47 | 04.58 |
| 771 | 780 | KIESZKOWSKI Adam | ŁÓDŹ | | POL - | 78 | M40/771 | (M)2817 | 01:04:45 | 06.28 |
| 410 | 796 | PIETRUSIAK Andrzej | ŁÓDŹ | | POL | 76 | M40/410 | (M)1433 | 00:50:15 | 05.01 |
| 589 | 797 | NOWAKOWSKI Krzysztof | ŁÓDŹ | | POL | 72 | M40/589 | (M)2008 | 00:54:27 | 05.26 |
| 37 | 802 | KĄCKI Paweł | WARSZAWA | | POL RĄCZE RACICZKI | 75 | M40/37 | (M)183 | 00:40:20 | 04.02 |
| 203 | 806 | PIECHURA Mariusz | ŁÓDŹ | | POL | 77 | M40/203 | (M)702 | 00:45:55 | 04.35 |
| 32 | 816 | MORAWIEC Daniel | ŁÓDŹ | | POL BEAUTY SPORT | 76 | M40/32 | (M)166 | 00:39:59 | 03.59 |
| 116 | 817 | SIENNICKI Konrad | BUKOWIEC | | POL DBAM O ZDROWIE | 77 | M40/116 | (M)432 | 00:43:49 | 04.22 |
| 555 | 821 | PASTERNAK Michał | WRZAÇA | | POL -AGB TORFY | 75 | M40/555 | (M)1898 | 00:53:30 | 05.21 |
| 312 | 826 | ZAKRZEWSKI Michał | ŁÓDŹ | | POL SNG WILD DUCKS | 77 | M40/312 | (M)1054 | 00:48:10 | 04.49 |
| 655 | 831 | WAWRZYŃSKI Marek | ŁÓDŹ | | POL GUNNERS | 69 | M40/655 | (M)2284 | 00:56:53 | 05.41 |
| 569 | 835 | WŁODARCZYK Grzegorz | PABIANICE | | POL O CO BIEGA | 70 | M40/569 | (M)1940 | 00:53:52 | 05.23 |
| 138 | 843 | ŻEBROWSKI Paweł | ŁÓDŹ | | POL 8MDM | 78 | M40/138 | (M)499 | 00:44:23 | 04.26 |
| 249 | 852 | JESKE Artur | TOMASZÓW | | POL BBL TOMASZÓW MAZ. | 77 | M40/249 | (M)828 | 00:46:44 | 04.40 |
| 386 | 855 | BUDZIEWSKI Przemysław | KOLUSZKI | | POL PIETRZYK RUNNING TEAM | 75 | M40/386 | (M)1330 | 00:49:41 | 04.58 |
| 451 | 863 | BUGAŁA Sylwester | ŁÓDŹ | | POL - | 74 | M40/451 | (M)1574 | 00:51:06 | 05.06 |
| 477 | 880 | GALANT Waldemar | ŁĘCZYCA | | POL 1DLOT | 77 | M40/477 | (M)1641 | 00:51:33 | 05.09 |
| 183 | 891 | DRÓŹDŹ Adam | TOMASZÓW | | POL WANDA PANFIL TEAM | 77 | M40/183 | (M)641 | 00:45:22 | 04.32 |
| 533 | 892 | SZUBERT Tomasz | STRYKÓW | | POL | 72 | M40/533 | (M)1836 | 00:53:07 | 05.18 |
| 758 | 897 | WIEWIÓRSKI Michał | ŁÓDŹ | | POL SNG WILD DUCKS | 70 | M40/758 | (M)2743 | 01:02:42 | 06.16 |
| 230 | 909 | BIAŁECKI Zbigniew | ŁÓDŹ | | POL ŁÓDŹ RUNNING TEAM | 69 | M40/230 | (M)774 | 00:46:28 | 04.38 |
| 779 | 923 | MATUSIAK Robert | ŁÓDŹ | | POL | 70 | M40/779 | (M)2850 | 01:05:43 | 06.34 |
| 806 | 924 | ROGOWSKI Marcin | ŁÓDŹ | | POL | 77 | M40/806 | (M)2923 | 01:08:44 | 06.52 |
| 432 | 931 | RZEPNIKOWSKI Michał | SKOTNIKI | | POL | 78 | M40/432 | (M)1501 | 00:50:39 | 05.03 |
| 486 | 941 | BERĘC Piotr | BELCHATÓW | | POL AMATOR | 71 | M40/486 | (M)1666 | 00:51:45 | 05.10 |
| 297 | 944 | JANIAK Radosław | ŁÓDŹ | | POL BIEGACZ NOWOSOLNA | 69 | M40/297 | (M)978 | 00:47:46 | 04.46 |
| 47 | 960 | KOBYLECKI Marcin | PIOTRKÓW | | POL | 77 | M40/47 | (M)226 | 00:41:03 | 04.06 |
| 121 | 961 | WOJCIECHOWSKI Tomasz | ŁÓDŹ | | POL ATMOSFERA FITNESS&WELLNESS | 72 | M40/121 | (M)447 | 00:43:56 | 04.23 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Czas Time | [min/km] |
|--------------|--------|------------------------|--------------------|----------|---|---------|--------------------|-----------|----------|
| 109 | 963 | KUCZKOWSKI Aleksander | ŁÓDŹ | | POL | 78 | M40/109 (M)405 | 00:43:35 | 04.21 |
| 708 | 968 | RATALEWSKI Radosław | ŁÓDŹ | | POL | 70 | M40/708 (M)2514 | 00:59:09 | 05.54 |
| 176 | 973 | MATUSIAK Szczepan | ALEKSANDRÓW ŁÓDZKI | | POL CELIRONMAN | 75 | M40/176 (M)612 | 00:45:07 | 04.30 |
| 732 | 981 | PIETRASIK Michał | ŁÓDŹ | | POL | 77 | M40/732 (M)2611 | 01:00:22 | 06.02 |
| 725 | 985 | SZAFRAŃSKI Arkadiusz | BELCHATÓW | | POL KB SPARTAKUS BELCHATÓW | 73 | M40/725 (M)2592 | 01:00:03 | 06.00 |
| 54 | 991 | KOPROWSKI Łukasz | ŁÓDŹ | | POL OLIMPIJSKA AKADEMIA BIEGANIA PIOTR KĘDZIA | 76 | M40/54 (M)247 | 00:41:21 | 04.08 |
| 723 | 1047 | STĘPIEŃ Mirosław | | | POL ROSSBIEGANI | 78 | M40/723 (M)2587 | 01:00:00 | 06.00 |
| 89 | 1059 | RESZELEWSKI Jarosław | ŁÓDŹ | | POL ROSSBIEGANI | 75 | M40/89 (M)356 | 00:43:07 | 04.18 |
| 268 | 1067 | DYLIK Tomasz | ZGIERZ | | POL ROSSBIEGANI | 76 | M40/268 (M)891 | 00:47:13 | 04.43 |
| 628 | 1068 | SOBCZYŃSKI Paweł | ŁÓDŹ | | POL ROSSBIEGANI | 71 | M40/628 (M)2183 | 00:56:01 | 05.36 |
| 368 | 1071 | WILCZYŃSKI Wiktor | ŁÓDŹ | | POL ROSSBIEGANI | 78 | M40/368 (M)1257 | 00:49:21 | 04.56 |
| 629 | 1120 | KLIMCZAK Łukasz | ŁÓDŹ | | POL ROSSBIEGANI | 77 | M40/629 (M)2185 | 00:56:03 | 05.36 |
| 643 | 1126 | SZULC Bogusław | ŁÓDŹ | | POL ROSSBIEGANI | 74 | M40/643 (M)2239 | 00:56:31 | 05.39 |
| 64 | 1142 | BŁASZCZYK Robert | | | POL ROSSBIEGANI | 78 | M40/64 (M)279 | 00:41:52 | 04.11 |
| 685 | 1178 | JANISZEWSKI Sylwester | ŁÓDŹ | | POL ROSSBIEGANI | 76 | M40/685 (M)2397 | 00:57:58 | 05.47 |
| 131 | 1203 | ŻYCHLIŃSKI Miłosz | ŁÓDŹ | | POL ROSSBIEGANI | 73 | M40/131 (M)472 | 00:44:10 | 04.25 |
| 207 | 1215 | IMIŁCZYK Jarosław | BYTOM | | POL ROSSBIEGANI | 78 | M40/207 (M)712 | 00:45:59 | 04.35 |
| 392 | 1218 | NOWAKOWSKI Tomasz | ŁÓDŹ | | POL ROSSBIEGANI | 74 | M40/392 (M)1351 | 00:49:46 | 04.58 |
| 646 | 1222 | WIELGUS Jarosław | ŁÓDŹ | | POL ROSSBIEGANI | 73 | M40/646 (M)2248 | 00:56:35 | 05.39 |
| 336 | 1223 | CHORAŻEWSKI Sebastian | GOLENIÓW | | POL ROSSBIEGANI | 74 | M40/336 (M)1140 | 00:48:45 | 04.52 |
| 719 | 1225 | DYMEK Dariusz | WARSZAWA | | POL ROSSBIEGANI | 70 | M40/719 (M)2571 | 00:59:44 | 05.58 |
| 234 | 1235 | ZIELIŃSKI Marcin | BYTOM | | POL ROSSBIEGANI | 77 | M40/234 (M)787 | 00:46:31 | 04.39 |
| 697 | 1238 | TOMCZYK Krystian | ŁÓDŹ | | POL ROSSBIEGANI | 78 | M40/697 (M)2474 | 00:58:47 | 05.52 |
| 114 | 1248 | DONIEC Marek | PIOTRKÓW | | POL ROSSBIEGANI | 74 | M40/114 (M)429 | 00:43:47 | 04.22 |
| 458 | 1256 | KOZŁOWSKI Zdzisław | ŁÓDŹ | | POL ROSSBIEGANI | 75 | M40/458 (M)1591 | 00:51:10 | 05.07 |
| 143 | 1257 | WÓJCIK Dariusz | MYSŁOWICE | | POL ROSSBIEGANI | 70 | M40/143 (M)516 | 00:44:29 | 04.26 |
| 694 | 1261 | DZIAŁDOWSKI Adam | TORUŃ | | POL ROSSBIEGANI | 74 | M40/694 (M)2465 | 00:58:39 | 05.51 |
| 728 | 1269 | SZATKA Tomasz | BYTOM | | POL ROSSBIEGANI | 76 | M40/728 (M)2599 | 01:00:12 | 06.01 |
| 764 | 1275 | SZUMIŃSKI Paweł | ALEKSANDRÓW Ł. | | POL ROSSBIEGANI | 72 | M40/764 (M)2769 | 01:03:21 | 06.20 |
| 445 | 1291 | TOMICZKI Robert | ŁÓDŹ | | POL ROSSBIEGANI | 77 | M40/445 (M)1550 | 00:50:57 | 05.05 |
| 356 | 1318 | RÓG Marek | ŁOMIANKI | | POL ROSSBIEGANI | 75 | M40/356 (M)1205 | 00:49:03 | 04.54 |
| 192 | 1319 | LELONKIEWICZ Krzysztof | STRZELCE OPOLSKIE | | POL ROSSBIEGANI | 77 | M40/192 (M)665 | 00:45:35 | 04.33 |
| 803 | 1320 | SIKORA Rafał | BYTOM | | POL ROSSBIEGANI | 69 | M40/803 (M)2906 | 01:08:04 | 06.48 |
| 68 | 1321 | TUSZYŃSKI Arkadiusz | KOSZALIN | | POL ROSSBIEGANI | 77 | M40/68 (M)290 | 00:42:14 | 04.13 |
| 559 | 1323 | CIEŚLAK Robert | ŁÓDŹ | | POL ROSSBIEGANI | 77 | M40/559 (M)1909 | 00:53:38 | 05.21 |
| 413 | 1330 | SZUSTAK Dariusz | RASZYN | | POL ROSSBIEGANI | 69 | M40/413 (M)1444 | 00:50:18 | 05.01 |
| 210 | 1367 | STRÓZIK Tomasz | BLACHOWNIA | | POL BLACHOWNIA | 73 | M40/210 (M)723 | 00:46:03 | 04.36 |
| 103 | 1375 | MURZYN Tomasz | WARSZAWA | | POL JUNIK | 74 | M40/103 (M)389 | 00:43:26 | 04.20 |
| 615 | 1384 | HAJDUK Remigiusz | ŁÓDŹ | | POL | 74 | M40/615 (M)2102 | 00:55:15 | 05.31 |
| 689 | 1386 | ZAWODNIK Anonimowy | | | POL | | M40/689 (M)2435 | 00:58:18 | 05.49 |
| 79 | 1388 | WOJNARSKI Jarosław | GLINNIK | | POL | 78 | M40/79 (M)336 | 00:42:55 | 04.17 |
| 712 | 1389 | RĘBACZ Piotr | ZGIERZ | | POL | 75 | M40/712 (M)2533 | 00:59:20 | 05.56 |
| 148 | 1391 | GAŚIORKIEWICZ Kamil | ŁOWICZ | | POL | 78 | M40/148 (M)532 | 00:44:37 | 04.27 |
| 654 | 1395 | ADAMIEC Dariusz | TOMASZÓW MAZ. | | POL | 75 | M40/654 (M)2274 | 00:56:48 | 05.40 |
| 55 | 1396 | KANIA Przemysław | HORNÓWEK | | POL --- | 70 | M40/55 (M)248 | 00:41:23 | 04.08 |
| 208 | 1398 | SZAJRYCH Piotr | ŁĘCZYCA | | POL | 76 | M40/208 (M)713 | 00:45:59 | 04.35 |
| 534 | 1417 | KUJAWSKI Marcin | ŁÓDŹ | | POL | 77 | M40/534 (M)1837 | 00:53:07 | 05.18 |
| 546 | 1422 | WDOWIAK Witold | CZAPLINEK | | POL RYTM ŁÓDŹ | 76 | M40/546 (M)1868 | 00:53:17 | 05.19 |
| 563 | 1474 | GRZEGORCZYK Adam | ŁÓDŹ | | POL CELIROMEN | 77 | M40/563 (M)1924 | 00:53:44 | 05.22 |
| 577 | 1476 | WOSZTAK Dariusz | ŁÓDŹ | | POL INFOSYS RUN | 72 | M40/577 (M)1957 | 00:53:59 | 05.23 |
| 596 | 1477 | DRABIK Marcin | WROCLAW | | POL WKB PIAST WROCLAW | 71 | M40/596 (M)2032 | 00:54:42 | 05.28 |
| 302 | 1478 | KOWALCZYK Michał | KOZIA GÓRA | | POL ROZBIEGANI-ŻYCHLIN | 77 | M40/302 (M)1004 | 00:47:53 | 04.47 |
| 482 | 1502 | SZYMCZAK Dariusz | ZGIERZ | | POL JEŻOZWIERZE | 75 | M40/482 (M)1655 | 00:51:40 | 05.10 |
| 263 | 1503 | ZAWIŚLAK Waldemar | ŁĘCZYCA | | POL RAZEM TRENUJEMY SPORT | 75 | M40/263 (M)875 | 00:47:07 | 04.42 |
| 701 | 1504 | SZEWczyk Piotr | ŁÓDŹ | | POL | 75 | M40/701 (M)2482 | 00:58:50 | 05.53 |
| 456 | 1505 | CIEŚLIK Jacek | ŁÓDŹ | | POL FLEX | 75 | M40/456 (M)1589 | 00:51:10 | 05.07 |
| 687 | 1506 | ROJKOWSKI Marcin | ŁÓDŹ | | POL SBRT MOC ENERGIA ENDORFINA | 76 | M40/687 (M)2422 | 00:58:10 | 05.49 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|--------------|--------|-------------------------|------------------|----------|----------------------------------|---------|--------------------|---------|-----------|----------|
| 760 | 1519 | KASPERSKI Piotr | ŁÓDŹ | | POL | 76 | M40/760 | (M)2748 | 01:02:52 | 06.17 |
| 716 | 1521 | BRZOZOWSKI Romuald | ŁÓDŹ | | POL - | 72 | M40/716 | (M)2560 | 00:59:38 | 05.57 |
| 591 | 1529 | LERKA Piotr | ŁÓDŹ | | POL 400 BIEGA | 76 | M40/591 | (M)2015 | 00:54:32 | 05.27 |
| 369 | 1534 | FEDOROWICZ Adam | ŁÓDŹ | | POL RUBBISH SOLUTIONS LTD | 75 | M40/369 | (M)1265 | 00:49:24 | 04.56 |
| 431 | 1541 | HAUK Krzysztof | ZGIERZ | | POL KABAR | 75 | M40/431 | (M)1498 | 00:50:37 | 05.03 |
| 320 | 1543 | WŁODARCZYK Piotr | ŁÓDŹ | | POL RAZEM TRENUJEMY SPORT | 76 | M40/320 | (M)1080 | 00:48:20 | 04.50 |
| 744 | 1547 | MAŃKA Sławomir | MIKOŁÓW | | POL BIEGAMY Z SERCEM | 78 | M40/744 | (M)2663 | 01:01:05 | 06.06 |
| 376 | 1552 | GIELEC Sławomir | TOMASZÓW | | POL DRUŻYNA WANDY PANFIL | 73 | M40/376 | (M)1294 | 00:49:30 | 04.57 |
| 768 | 1557 | GALAR Piotr | ŁÓDŹ | | POL TRUCK BULLS | 72 | M40/768 | (M)2792 | 01:03:56 | 06.23 |
| 175 | 1558 | JAGODZIŃSKI Piotr | WĘGRÓW | | POL AKTYWNI WĘGRÓW | 78 | M40/175 | (M)611 | 00:45:06 | 04.30 |
| 746 | 1559 | PRZYBYŁ Adam | ŁÓDŹ | | POL GEERS TEAM | 76 | M40/746 | (M)2680 | 01:01:29 | 06.08 |
| 686 | 1574 | ŚRÓDKA Przemysław | ŁÓDŹ | | POL | 77 | M40/686 | (M)2407 | 00:58:01 | 05.48 |
| 179 | 1575 | ŁUCZAK Sebastian | ŁÓDŹ | | POL ZAWSZE DO METY | 77 | M40/179 | (M)620 | 00:45:10 | 04.31 |
| 189 | 1582 | KRÓL Jacek | ŁÓDŹ | | POL BAX-TEAM | 73 | M40/189 | (M)662 | 00:45:33 | 04.33 |
| 182 | 1589 | KLATE Łukasz | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 78 | M40/182 | (M)638 | 00:45:20 | 04.32 |
| 805 | 1601 | TWORUS Krzysztof | ŁÓDŹ | | POL GLOBITEL | 69 | M40/805 | (M)2918 | 01:08:31 | 06.51 |
| 494 | 1606 | KIELICHOWSKI Urban | ŁÓDŹ | | POL BFF POLSKA | 73 | M40/494 | (M)1692 | 00:51:57 | 05.11 |
| 108 | 1608 | URBANIK Łukasz | ŁÓDŹ | | POL | 77 | M40/108 | (M)404 | 00:43:35 | 04.21 |
| 50 | 1613 | KOKOTEK Maciej | ŁÓDŹ | | POL KITA TEAM | 77 | M40/50 | (M)234 | 00:41:11 | 04.07 |
| 419 | 1619 | BRZÓZKA Krzysztof | PŁOCK | | POL ACTIVE RUNNERS PŁOCK | 72 | M40/419 | (M)1457 | 00:50:24 | 05.02 |
| 98 | 1634 | KŁODZIŃSKI Karol | TORUŃ | | POL | 77 | M40/98 | (M)380 | 00:43:23 | 04.20 |
| 261 | 1637 | KOBUS Michał | CHODECZ | | POL CHODECZ | 69 | M40/261 | (M)861 | 00:47:00 | 04.42 |
| 72 | 1648 | LEWANDOWSKI Krzysztof | ŁÓDŹ | | POL | 77 | M40/72 | (M)307 | 00:42:32 | 04.15 |
| 659 | 1662 | RZEŃCA Piotr | ŁÓDŹ | | POL UKS ORIENTUS ŁÓDŹ | 70 | M40/659 | (M)2296 | 00:57:02 | 05.42 |
| 276 | 1666 | STALINSKI Jacek | ŁÓDŹ | | POL | 70 | M40/276 | (M)916 | 00:47:22 | 04.44 |
| 150 | 1677 | WIŚNIEWSKI Radosław | ŁÓDŹ | | POL | 71 | M40/150 | (M)538 | 00:44:38 | 04.27 |
| 90 | 1678 | WŁODARCZYK Jarosław | OKALEW | | POL | 74 | M40/90 | (M)360 | 00:43:10 | 04.19 |
| 666 | 1684 | ZARĘBSKI Maciej | ŁÓDŹ | | POL | 71 | M40/666 | (M)2311 | 00:57:13 | 05.43 |
| 442 | 1691 | MILLER Michał | GŁOWNO | | POL - | 78 | M40/442 | (M)1539 | 00:50:50 | 05.05 |
| 517 | 1704 | GŁOWACKI Wojciech | ŁÓDŹ | | POL SKRZYWANA FACTORY | 78 | M40/517 | (M)1757 | 00:52:31 | 05.15 |
| 730 | 1706 | ZARZYCKI Marcin | ŁÓDŹ | | POL SKRZYWANA FACTORY | 72 | M40/730 | (M)2601 | 01:00:12 | 06.01 |
| 811 | 1710 | WALCZAK Piotr | ŁÓDŹ | | POL WALCZACZKI | 73 | M40/811 | (M)2932 | 01:09:13 | 06.55 |
| 435 | 1723 | SPYCHAŁSKI Artur | KALISZ | | POL | 69 | M40/435 | (M)1507 | 00:50:39 | 05.03 |
| 718 | 1724 | TOMASZEWSKI Dariusz | ŁÓDŹ | | POL GLOBITEL | 75 | M40/718 | (M)2570 | 00:59:43 | 05.58 |
| 160 | 1735 | DYBAŁA Marcin | WYGODA | | POL AŚPT | 77 | M40/160 | (M)569 | 00:44:49 | 04.28 |
| 639 | 1741 | SKŁADANEK Sebastian | TOMASZÓW | | POL TOMASZÓW RUN TEAM | 76 | M40/639 | (M)2225 | 00:56:24 | 05.38 |
| 511 | 1742 | BŁĄŻYTYCZ Paweł | MILICZ | | POL KS KROTOSZ KROTOSZYN | 73 | M40/511 | (M)1742 | 00:52:23 | 05.14 |
| 780 | 1747 | PIETRASZEWSKI Rafał | ŁÓDŹ | | POL | 73 | M40/780 | (M)2851 | 01:05:44 | 06.34 |
| 275 | 1757 | NIECKARZ Robert | DĄBROWA GÓRNICZA | | POL ADRIAN! BŁAGAM WOLNIEJ | 78 | M40/275 | (M)909 | 00:47:20 | 04.44 |
| 38 | 1769 | KRÓL Arkadiusz | WARSZAWA | | POL NIKE+ RUN CLUB WARSAW | 77 | M40/38 | (M)184 | 00:40:21 | 04.02 |
| 334 | 1771 | MACIEJEWSKI Sławomir | ŁÓDŹ | | POL M-TEAM | 71 | M40/334 | (M)1127 | 00:48:40 | 04.52 |
| 823 | 1779 | MUCHA Marcin | ŁÓDŹ | | POL | 75 | M40/823 | (M)2986 | 01:13:29 | 07.20 |
| 231 | 1797 | BADOWSKI Krzysztof | ZELÓW | | POL BIEGING TEAM ZELÓW | 69 | M40/231 | (M)777 | 00:46:28 | 04.38 |
| 5 | 1800 | ROSIAK Piotr | ŁÓDŹ | | POL RYSIOTEAM ASSECO ACTIVE TEAM | 76 | M40/5 | (M)54 | 00:36:58 | 03.41 |
| 790 | 1815 | ZYCHLA Jerzy | ŁÓDŹ | | POL | 70 | M40/790 | (M)2868 | 01:06:18 | 06.37 |
| 41 | 1822 | KACPRZAK Radosław | ŁÓDŹ | | POL EVERRUN | 75 | M40/41 | (M)205 | 00:40:46 | 04.04 |
| 105 | 1823 | KMIECIK Arkadiusz | WARSZAWA | | POL PKO BANK POLSKI | 78 | M40/105 | (M)396 | 00:43:29 | 04.20 |
| 488 | 1828 | ZAWIASA Piotr | ŁÓDŹ | | POL | 75 | M40/488 | (M)1668 | 00:51:45 | 05.10 |
| 308 | 1831 | BOCZEK Tomasz | ŁÓDŹ | | POL | 78 | M40/308 | (M)1035 | 00:48:04 | 04.48 |
| 426 | 1844 | WRZESZCZ Adrian | ŁÓDŹ | | POL CELIRONMAN | 74 | M40/426 | (M)1483 | 00:50:34 | 05.03 |
| 360 | 1847 | KOŚKA Marcin | RZGÓW | | POL | 73 | M40/360 | (M)1231 | 00:49:14 | 04.55 |
| 688 | 1850 | EJZERT Michał | ŁÓDŹ | | POL | 75 | M40/688 | (M)2426 | 00:58:12 | 05.49 |
| 67 | 1852 | KORZENIOWSKI Aleksander | ŁÓDŹ | | POL ŁÓDŹ RUNNING TEAM | 72 | M40/67 | (M)287 | 00:42:08 | 04.12 |
| 112 | 1857 | TORZEWSKI Janusz | WARSZAWA | | POL WOJSKOWA AKADEMIA TECHNICZNA | 73 | M40/112 | (M)416 | 00:43:41 | 04.22 |
| 100 | 1858 | PANUŚ Marcin | ŁÓDŹ | | POL PULS TRI TEAM | 77 | M40/100 | (M)382 | 00:43:23 | 04.20 |
| 83 | 1859 | PLUSZKA Adam | WARSZAWA | | POL TRZY KOTY | 76 | M40/83 | (M)345 | 00:42:58 | 04.17 |
| 104 | 1860 | KUJAWSKI Arkadiusz | ŁÓDŹ | | POL RYSIOTEAM | 71 | M40/104 | (M)391 | 00:43:27 | 04.20 |
| 722 | 1867 | BALCERZAK Mariusz | ŁÓDŹ | | POL ABB RUN 1.0 | 76 | M40/722 | (M)2586 | 01:00:00 | 06.00 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Czas Time | [min/km] |
|--------------|--------|-----------------------|---------------------|----------|--------------------------------------|---------|--------------------|-----------|----------|
| 330 | 1880 | FLORCZAK Robert | DĄBROWA | | POL | 74 | M40/330 (M)1113 | 00:48:34 | 04.51 |
| 558 | 1883 | PUCHALSKI Sebastian | ŁÓDŹ | | POL AMATOR | 78 | M40/558 (M)1905 | 00:53:35 | 05.21 |
| 82 | 1885 | WELKIER Marcin | WARSZAWA | | POL | 73 | M40/82 (M)343 | 00:42:57 | 04.17 |
| 411 | 1899 | ZAJAC Waldemar | ŁÓDŹ | | POL | 78 | M40/411 (M)1437 | 00:50:16 | 05.01 |
| 512 | 1903 | KOZIK Jarosław | KAMIEŃSK | | POL MIASTO I GMINA KAMIEŃSK - POLSKA | 78 | M40/512 (M)1747 | 00:52:26 | 05.14 |
| 822 | 1916 | SZCZEŚNIAK Marcin | ŁÓDŹ | | POL | 77 | M40/822 (M)2985 | 01:13:27 | 07.20 |
| 290 | 1931 | MATUSZCZYK Tomasz | PIOTRKÓW | | POL NIEZRZESZONY | 75 | M40/290 (M)957 | 00:47:41 | 04.46 |
| 389 | 1936 | KWIATKOWSKI Arkadiusz | ROKIETNICA | | POL VERA RUNNING TEAM | 74 | M40/389 (M)1343 | 00:49:44 | 04.58 |
| 385 | 1941 | STEPOWICZ Marek | WROCLAW | | POL VEGE RUNNERS | 72 | M40/385 (M)1329 | 00:49:41 | 04.58 |
| 612 | 1957 | CZAJKOWSKI Tomasz | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 76 | M40/612 (M)2098 | 00:55:13 | 05.31 |
| 13 | 1964 | STRZEMECKI Łukasz | ŁÓDŹ | | POL | 76 | M40/13 (M)97 | 00:38:45 | 03.52 |
| 379 | 1965 | FLEISCHER Leszek | OSTRÓW WIELKOPOLSKI | | POL NIEZRZESZONY | 75 | M40/379 (M)1305 | 00:49:33 | 04.57 |
| 375 | 1988 | STASIAK Marcin | KONSTANTYNÓW ŁÓDZKI | | POL | 76 | M40/375 (M)1291 | 00:49:29 | 04.56 |
| 110 | 1994 | WIECZOREK Rafał | KALISZ | | POL PARKRUN KALISZ | 78 | M40/110 (M)407 | 00:43:36 | 04.21 |
| 782 | 1996 | BUJAK Arkadiusz | ŁÓDŹ | | POL GLOBITEL | 70 | M40/782 (M)2853 | 01:05:47 | 06.34 |
| 662 | 1997 | JAGUSIAK Grzegorz | PABIANICE | | POL | 73 | M40/662 (M)2303 | 00:57:08 | 05.42 |
| 30 | 1998 | LOTKA Michał | ŁÓDŹ | | POL KITA TEAM | 76 | M40/30 (M)163 | 00:39:58 | 03.59 |
| 119 | 2001 | BANASIAK Marcin | ŁÓDŹ | | POL | 75 | M40/119 (M)441 | 00:43:54 | 04.23 |
| 721 | 2006 | TONDYS Piotr | ŁÓDŹ | | POL TIGERS TEAM | 71 | M40/721 (M)2579 | 00:59:53 | 05.59 |
| 157 | 2012 | JANOWSKI Jacek | INOWROCLAW | | POL SPORT4LIFE | 76 | M40/157 (M)558 | 00:44:45 | 04.28 |
| 293 | 2016 | SKURCZAK Robert | ŁÓDŹ | | POL ATMOSFERA FITNESS&WELLNESS | 71 | M40/293 (M)967 | 00:47:45 | 04.46 |
| 120 | 2026 | BOROWSKI Krzysztof | ŁÓDŹ | | POL | 76 | M40/120 (M)446 | 00:43:56 | 04.23 |
| 253 | 2027 | KOZDRAJ Tomasz | ŁÓDŹ | | POL | 77 | M40/253 (M)839 | 00:46:48 | 04.40 |
| 264 | 2031 | OSTÓJ Marek | KROTOSZYN | | POL KROTOSZYŃSKA GRUPA BIEGOWA | 74 | M40/264 (M)878 | 00:47:08 | 04.42 |
| 269 | 2034 | ZIÓŁKOWSKI Maciej | UJAZD | | POL TIME4RUNNING | 72 | M40/269 (M)892 | 00:47:14 | 04.43 |
| 735 | 2037 | KURMAN Jacek | ŁOWICZ | | POL STARZYŃSKIEGO BIEGA ŁOWICZ | 69 | M40/735 (M)2630 | 01:00:34 | 06.03 |
| 405 | 2045 | SZUBIELSKI Piotr | ŁÓDŹ | | POL RAZEM TRENUJEMY SPORT | 78 | M40/405 (M)1416 | 00:50:08 | 05.00 |
| 671 | 2065 | KARIOZEN Michał | WARSZAWA | | POL TAJEMNICZY DON PEDRO I S-KA | 78 | M40/671 (M)2333 | 00:57:23 | 05.44 |
| 679 | 2071 | KAPUŚCIŃSKI Tomasz | ŁÓDŹ | | POL | 73 | M40/679 (M)2365 | 00:57:40 | 05.46 |
| 284 | 2073 | OSTROWSKI Marcin | ŁÓDŹ | | POL GEERS TEAM | 78 | M40/284 (M)941 | 00:47:35 | 04.45 |
| 69 | 2078 | PODGRÓDZKI Grzegorz | ZDUŃSKA WOLA | | POL BBL ZDUŃSKA WOLA | 70 | M40/69 (M)294 | 00:42:17 | 04.13 |
| 197 | 2080 | SUT Rafał | GALKOW MAŁY | | POL | 78 | M40/197 (M)686 | 00:45:46 | 04.34 |
| 60 | 2087 | ZIELIŃSKI Ireneusz | JASTRZĘBIE-ZDRÓJ | | POL | 69 | M40/60 (M)268 | 00:41:43 | 04.10 |
| 390 | 2089 | NOWACZYK Dariusz | KROTOSZYN | | POL KROTOSZYŃSKA GRUPA BIEGOWA | 75 | M40/390 (M)1344 | 00:49:44 | 04.58 |
| 818 | 2094 | ZAWODNIK Anonimowy | | | FRA CRAZY MED STUDENTS | | M40/818 (M)2962 | 01:11:36 | 07.09 |
| 421 | 2096 | KOWALCZYK Tomasz | ŁÓDŹ | | POL | 78 | M40/421 (M)1464 | 00:50:26 | 05.02 |
| 752 | 2097 | KULEZA Marcin | ŁÓDŹ | | POL ATLAS RUNNING TEAM | 72 | M40/752 (M)2726 | 01:02:18 | 06.13 |
| 526 | 2100 | BALWIERZ Adam | ŁÓDŹ | | POL CYBERRUNNERS | 78 | M40/526 (M)1803 | 00:52:53 | 05.17 |
| 126 | 2102 | GAJDA Sławomir | WADLEW | | POL OSP WADLEW | 78 | M40/126 (M)461 | 00:44:03 | 04.24 |
| 85 | 2113 | GAJEWSKI Paweł | ŁÓDŹ | | POL BEAUTY SPORT | 69 | M40/85 (M)352 | 00:43:05 | 04.18 |
| 391 | 2121 | KOWALSKI Adam | OZORKÓW | | POL MKLA ŁĘCZYCA | 74 | M40/391 (M)1349 | 00:49:45 | 04.58 |
| 325 | 2122 | KRZEMIŃSKI Michał | KOLONIA BRUZYCA | | POL | 77 | M40/325 (M)1093 | 00:48:27 | 04.50 |
| 205 | 2126 | CHMIELECKI Mariusz | ŁÓDŹ | | POL MBANK | 77 | M40/205 (M)704 | 00:45:55 | 04.35 |
| 251 | 2130 | SALAŁAJCZYK Radosław | PABIANICE | | POL AQ WIRING SYSTEMS TEAM | 77 | M40/251 (M)835 | 00:46:47 | 04.40 |
| 801 | 2139 | WYSOCKI Grzegorz | WŁADYSŁAWÓW | | POL MORSY TUREK | 78 | M40/801 (M)2898 | 01:07:49 | 06.46 |
| 418 | 2143 | ISKRA Arkadiusz | ŁÓDŹ | | POL | 77 | M40/418 (M)1456 | 00:50:23 | 05.02 |
| 661 | 2144 | JAROS Artur | ŁOMAZY | | POL | 74 | M40/661 (M)2302 | 00:57:08 | 05.42 |
| 549 | 2160 | WIADERNY Paweł | ŁÓDŹ | | POL ZARTEN | 78 | M40/549 (M)1876 | 00:53:20 | 05.20 |
| 304 | 2164 | KWINTA Andrzej | WARSZAWA | | POL | 77 | M40/304 (M)1018 | 00:47:59 | 04.47 |
| 481 | 2169 | POLAK Jacek | ŁOWICZ | | POL | 75 | M40/481 (M)1654 | 00:51:40 | 05.10 |
| 35 | 2171 | SZMERKA Mariusz | ŁÓDŹ | | POL ORANGE POLSKA | 73 | M40/35 (M)171 | 00:40:03 | 04.00 |
| 598 | 2173 | KĘPIŃSKI Artur | ZGIERZ | | POL BASKET ŁÓDŹ | 77 | M40/598 (M)2035 | 00:54:43 | 05.28 |
| 597 | 2181 | KACZYŃSKI Jacek | EMILIA | | POL | 72 | M40/597 (M)2033 | 00:54:42 | 05.28 |
| 565 | 2186 | SZTRANEK Paweł | ŁÓDŹ | | POL UKS AZYMUT PABIANICE | 70 | M40/565 (M)1927 | 00:53:45 | 05.22 |
| 158 | 2192 | MILER Robert | RADOMSKO | | POL BIEGACZE W RADOMSKU | 78 | M40/158 (M)565 | 00:44:49 | 04.28 |
| 198 | 2197 | HUNDER Rafał | ŁÓDŹ | | POL | 78 | M40/198 (M)690 | 00:45:48 | 04.34 |
| 181 | 2210 | SZYMCZAK Tomasz | KALISZ | | POL | 72 | M40/181 (M)631 | 00:45:15 | 04.31 |
| 159 | 2211 | WYŻYKOWSKI Krzysztof | ŁÓDŹ | | POL NARODOWY BANK POLSKI | 73 | M40/159 (M)567 | 00:44:49 | 04.28 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|--------------|--------|------------------------|-------------------|----------|--|---------|--------------------|---------|-----------|----------|
| 736 | 2213 | JURA Jarosław | JASKRÓW | | POL | 70 | M40/736 | (M)2636 | 01:00:41 | 06.04 |
| 754 | 2216 | OLSZEWSKI Tomasz | ŁÓDŹ | | POL RAZEM TRENUJEMY SPORT | 77 | M40/754 | (M)2730 | 01:02:24 | 06.14 |
| 305 | 2220 | WITWICKI Mariusz | ŁAZISKA | | POL | 78 | M40/305 | (M)1022 | 00:48:00 | 04.48 |
| 43 | 2226 | MIĄZEK Grzegorz | BRZEZINY | | POL KPP BRZEZINY | 78 | M40/43 | (M)209 | 00:40:50 | 04.05 |
| 428 | 2228 | SMIT Maciek | KONSTANTYNÓW | | POL | 73 | M40/428 | (M)1486 | 00:50:35 | 05.03 |
| 346 | 2231 | WAWRZENIAK Robert | ŁÓDŹ | | POL RAZEM TRENUJEMY SPORT | 74 | M40/346 | (M)1174 | 00:48:54 | 04.53 |
| 566 | 2232 | CZAJKA Artur | WŁOCŁAWEK | | POL SOLVAY WŁOCŁAWEK | 74 | M40/566 | (M)1933 | 00:53:47 | 05.22 |
| 821 | 2237 | SZEWC Jakub | ŁÓDŹ | | POL | 75 | M40/821 | (M)2979 | 01:13:03 | 07.18 |
| 757 | 2246 | NASKRĘT Mariusz | RACOT | | POL | 75 | M40/757 | (M)2739 | 01:02:37 | 06.15 |
| 146 | 2254 | MARTYNIUK Piotr | KONIN | | POL | 76 | M40/146 | (M)528 | 00:44:34 | 04.27 |
| 19 | 2255 | PATROWICZ Maciej | ŁÓDŹ | | POL MOCNI W DUCHU - ZABIEGANI | 76 | M40/19 | (M)123 | 00:39:23 | 03.56 |
| 75 | 2267 | WALUK Piotr | BRZEZINY | | POL PPG RUN | 75 | M40/75 | (M)315 | 00:42:38 | 04.15 |
| 88 | 2276 | WIERZCHOŃ Michał | ŁÓDŹ | | POL SUPER TEAM | 74 | M40/88 | (M)355 | 00:43:07 | 04.18 |
| 92 | 2278 | JAŹWIŃSKI Krzysztof | ŻYCHLIN | | POL ROZBIEGANI-ŻYCHLIN | 78 | M40/92 | (M)365 | 00:43:15 | 04.19 |
| 322 | 2298 | WEINBERG Kamil | ŁÓDŹ | | POL BIEGAMPOLODZI.PL / BIEGIEM PO PIWO | 72 | M40/322 | (M)1088 | 00:48:25 | 04.50 |
| 282 | 2311 | GŁOWACKI Dariusz | PIOTRKÓW | | POL TRI AKTYWNY PIOTRKÓW | 71 | M40/282 | (M)932 | 00:47:28 | 04.44 |
| 244 | 2314 | OCHOCKI Marcin | ŁÓDŹ | | POL MBANK | 77 | M40/244 | (M)811 | 00:46:38 | 04.39 |
| 34 | 2328 | SZCZOT Krzysztof | KĘPNO | | POL KS GEPARD KĘPNO | 69 | M40/34 | (M)168 | 00:40:00 | 04.00 |
| 306 | 2333 | JAŹWIŃSKI Rafał | ŻYCHLIN | | POL ROZBIEGANI-ŻYCHLIN | 76 | M40/306 | (M)1031 | 00:48:02 | 04.48 |
| 272 | 2335 | RADZIKOWSKI Maciej | ŁÓDŹ | | POL PAT&MAT | 75 | M40/272 | (M)903 | 00:47:18 | 04.43 |
| 273 | 2337 | TRUSZKOWSKI Marek | ŁÓDŹ | | POL DENTAL-TEAM | 74 | M40/273 | (M)905 | 00:47:19 | 04.43 |
| 799 | 2351 | KACZMAREK Krzysztof | KALISZ | | POL KALISZ | 74 | M40/799 | (M)2891 | 01:07:25 | 06.44 |
| 56 | 2352 | KACZOR Marcei | SADÓW | | POL | 75 | M40/56 | (M)250 | 00:41:25 | 04.08 |
| 257 | 2377 | MILCZAREK Ryszard | OLSZTYN | | POL PSZCZÓŁKOWSKI TEAM | 73 | M40/257 | (M)850 | 00:46:53 | 04.41 |
| 731 | 2378 | MIZIOLEK Tomasz | ŁÓDŹ | | POL | 71 | M40/731 | (M)2607 | 01:00:19 | 06.01 |
| 710 | 2386 | AŁASZEWSKI Adam | ŁÓDŹ | | POL | 73 | M40/710 | (M)2520 | 00:59:14 | 05.55 |
| 149 | 2393 | KAWNIK Krzysztof | WOLA MOSZCZENICKA | | POL | 78 | M40/149 | (M)533 | 00:44:37 | 04.27 |
| 693 | 2394 | KOLASA Wojciech | ŁÓDŹ | | POL EPOKA NORDICA ŁÓDŹ | 74 | M40/693 | (M)2449 | 00:58:28 | 05.50 |
| 542 | 2395 | KRYSIK Krzysztof | SIERADZ | | POL INSPEKTORAT UZBROJENIA | 72 | M40/542 | (M)1856 | 00:53:14 | 05.19 |
| 73 | 2408 | BARTCZAK Andrzej | KALISZ | | POL | 70 | M40/73 | (M)310 | 00:42:33 | 04.15 |
| 804 | 2417 | LESIEWICZ Włodzimierz | ŁÓDŹ | | POL | 77 | M40/804 | (M)2914 | 01:08:22 | 06.50 |
| 491 | 2421 | PACOCHA Patryk | ŁÓDŹ | | POL | 75 | M40/491 | (M)1683 | 00:51:52 | 05.11 |
| 280 | 2424 | RABECKI Piotr | ŁÓDŹ | | POL CYKLOMANIACY | 78 | M40/280 | (M)929 | 00:47:27 | 04.44 |
| 455 | 2436 | KIERZKOWSKI Marek | KAMIENSK | | POL AKTYWNI KAMIENSK | 76 | M40/455 | (M)1586 | 00:51:09 | 05.06 |
| 127 | 2446 | MAKOWSKI Marek | ŁÓDŹ | | POL | 72 | M40/127 | (M)462 | 00:44:04 | 04.24 |
| 660 | 2458 | WIECZOREK Piotr | ŁÓDŹ | | POL RUN FLY TEAM | 72 | M40/660 | (M)2301 | 00:57:07 | 05.42 |
| 49 | 2478 | MIELCZAREK Krzysztof | WARSZAWA | | POL ROZBIEGANI-ŻYCHLIN | 74 | M40/49 | (M)230 | 00:41:06 | 04.06 |
| 171 | 2480 | PAWEŁCZYK Grzegorz | ŁÓDŹ | | POL | 73 | M40/171 | (M)600 | 00:45:02 | 04.30 |
| 614 | 2482 | RAJCH Adam | ŁÓDŹ | | POL BIEGNIEMY KOCHANI! | 78 | M40/614 | (M)2101 | 00:55:13 | 05.31 |
| 29 | 2483 | ROSA Dariusz | ŁOWICZ | | POL | 70 | M40/29 | (M)159 | 00:39:56 | 03.59 |
| 427 | 2490 | BEDNAREK Marcin | CZĘSTOCHOWA | | POL | 75 | M40/427 | (M)1485 | 00:50:34 | 05.03 |
| 519 | 2499 | MACIEJEWSKI Maciej | ŁÓDŹ | | POL | 70 | M40/519 | (M)1765 | 00:52:36 | 05.15 |
| 36 | 2533 | MARSZAŁKOWSKI Mirosław | SŁUPCA | | POL CSWŁĄD POZNAŃ | 78 | M40/36 | (M)182 | 00:40:18 | 04.01 |
| 714 | 2540 | JAROSIŃSKI Marek | ŁÓDŹ | | POL ŁÓDZKIE HOSPICJUM DLA DZIECI | 78 | M40/714 | (M)2543 | 00:59:26 | 05.56 |
| 124 | 2541 | KASPRZAK Mariusz | ŁÓDŹ | | POL EVERRUN | 73 | M40/124 | (M)451 | 00:44:00 | 04.24 |
| 633 | 2543 | KACPERSKI Andrzej | PIOTRKÓW TRYB. | | POL WSZYSTKO DO OGRODU | 71 | M40/633 | (M)2206 | 00:56:13 | 05.37 |
| 238 | 2545 | KLATKA Piotr | ŁÓDŹ | | POL BEAUTY SPORT | 77 | M40/238 | (M)794 | 00:46:32 | 04.39 |
| 498 | 2578 | SPRUSIŃSKI Sebastian | ŁÓDŹ | | POL GLOBITEL | 76 | M40/498 | (M)1705 | 00:52:02 | 05.12 |
| 441 | 2580 | GŁOWACKI Stanisław | MOSZCZENICA | | POL GARDA | 73 | M40/441 | (M)1536 | 00:50:49 | 05.04 |
| 22 | 2582 | BERNASIAK Karol | ŁÓDŹ | | POL MPK ŁÓDŹ | 78 | M40/22 | (M)132 | 00:39:34 | 03.57 |
| 668 | 2586 | KAMASSA Paweł | ŁÓDŹ | | POL MPK ŁÓDŹ | 77 | M40/668 | (M)2317 | 00:57:15 | 05.43 |
| 594 | 2595 | RAPACZ Mariusz | SZCZAWIN DUŻY | | POL MPK- ŁÓDŹ | 69 | M40/594 | (M)2027 | 00:54:39 | 05.27 |
| 58 | 2596 | STANOWSKI Grzegorz | ŁÓDŹ | | POL MPK ŁÓDŹ | 71 | M40/58 | (M)254 | 00:41:28 | 04.08 |
| 561 | 2598 | MAUS Cyprian | ŁÓDŹ | | POL | 78 | M40/561 | (M)1911 | 00:53:39 | 05.21 |
| 414 | 2600 | ZALEGA Bartosz | RĄBIEŃ | | POL -AGB TORFY | 74 | M40/414 | (M)1445 | 00:50:18 | 05.01 |
| 812 | 2603 | SKAŁA Rafał | ZAWIERCIE | | POL GRUPA JURA'PL | 77 | M40/812 | (M)2937 | 01:09:37 | 06.57 |
| 393 | 2610 | KARWOWSKI Radosław | CZĘSTOCHOWA | | POL POPOLUPO | 72 | M40/393 | (M)1352 | 00:49:46 | 04.58 |
| 711 | 2618 | DRAG Dariusz | KIELCE | | POL SAINT-GOBAIN SQUAD | 72 | M40/711 | (M)2532 | 00:59:20 | 05.56 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | M | Sex | Czas Time | [min/km] |
|--------------|--------|-------------------------|-------------------|----------|------------------------------------|---------|--------------------|-----|------|-----------|----------|
| 101 | 2634 | TOPCZEWSKI Maciej | ŁÓDŹ | | POL SII RUNNING TEAM | 77 | M40/101 | (M) | 386 | 00:43:25 | 04.20 |
| 792 | 2644 | KRZYŻANOWSKI Maciej | ŁÓDŹ | | POL WWW.POLANDONBIKE.PL | 73 | M40/792 | (M) | 2874 | 01:06:36 | 06.39 |
| 575 | 2652 | GODZWON Rafał | ŁÓDŹ | | POL PGE OBRÓT RUN | 77 | M40/575 | (M) | 1950 | 00:53:57 | 05.23 |
| 246 | 2654 | OLEJNICZAK Krzysztof | ŁÓDŹ | | POL PGE OBRÓT RUN | 72 | M40/246 | (M) | 818 | 00:46:40 | 04.40 |
| 733 | 2663 | ŻÓŁTOWSKI Tomasz | ŁÓDŹ | | POL FAIR FEEDBACK STRAIGHT FORWARD | 74 | M40/733 | (M) | 2612 | 01:00:23 | 06.02 |
| 262 | 2666 | KOCHELSKI Radosław | OSIEDLE NIEWIADÓW | | POL | 75 | M40/262 | (M) | 864 | 00:47:02 | 04.42 |
| 341 | 2669 | MARSZAŁ Jarosław | ŁÓDŹ | | POL CELIRONMAN | 75 | M40/341 | (M) | 1155 | 00:48:48 | 04.52 |
| 509 | 2672 | MEJSNER Paweł | TUREK | | POL MORSY TUREK | 72 | M40/509 | (M) | 1739 | 00:52:22 | 05.14 |
| 406 | 2675 | FROMMBERG Sławomir | ŁÓDŹ | | POL | 72 | M40/406 | (M) | 1417 | 00:50:09 | 05.00 |
| 248 | 2678 | WACHOWSKI Michał | ŁÓDŹ | | POL PARKRUN ŁÓDŹ | 75 | M40/248 | (M) | 825 | 00:46:44 | 04.40 |
| 772 | 2680 | DUCZEK Rafał | ŁÓDŹ | | POL | 77 | M40/772 | (M) | 2819 | 01:04:46 | 06.28 |
| 750 | 2682 | LEWICKI Tomasz | KUTNO | | POL | 76 | M40/750 | (M) | 2697 | 01:01:41 | 06.10 |
| 271 | 2684 | ROŻNIATA Andrzej | GŁOWNO | | POL KS GŁOWNO W BIEGU | 72 | M40/271 | (M) | 899 | 00:47:18 | 04.43 |
| 188 | 2690 | DZIKORSKI Piotr | ŁÓDŹ | | POL HARMAN RUNNING TEAM | 78 | M40/188 | (M) | 661 | 00:45:33 | 04.33 |
| 463 | 2693 | PROMIŃSKI Roman | PABIANICE | | POL HARMAN RUNNING TEAM | 77 | M40/463 | (M) | 1603 | 00:51:15 | 05.07 |
| 87 | 2699 | GOGOLCZYK Michał | ŁÓDŹ | | POL SUPER TEAM | 78 | M40/87 | (M) | 354 | 00:43:07 | 04.18 |
| 788 | 2700 | GROMEK Krzysztof | ŁÓDŹ | | POL TEAM GROMKOWIE | 70 | M40/788 | (M) | 2866 | 01:06:11 | 06.37 |
| 713 | 2701 | SOBCZYK Krzysztof | KUTNO | | POL | 73 | M40/713 | (M) | 2542 | 00:59:26 | 05.56 |
| 826 | 2704 | WIELEC Piotr | ŁÓDŹ | | POL LUZAKI NA FANTAZJI | 76 | M40/826 | (M) | 3001 | 01:15:11 | 07.31 |
| 544 | 2711 | SOBCZAK Bogusław | NOWA IWICZNA | | POL HARD RUNNERS IWICZNA TEAM | 71 | M40/544 | (M) | 1862 | 00:53:15 | 05.19 |
| 476 | 2721 | GAWARKIEWICZ Tomasz | GDYNIA | | POL | 71 | M40/476 | (M) | 1637 | 00:51:30 | 05.09 |
| 403 | 2722 | ŁOSKOT Marcin | ŁĄKA | | POL KAC RUNNERS | 78 | M40/403 | (M) | 1404 | 00:50:04 | 05.00 |
| 609 | 2723 | DOROŻAŁA Lechosław | ŁÓDŹ | | POL - | 72 | M40/609 | (M) | 2083 | 00:55:04 | 05.30 |
| 704 | 2741 | MADEJ Bartłomiej | ŁÓDŹ | | POL | 75 | M40/704 | (M) | 2496 | 00:58:57 | 05.53 |
| 717 | 2748 | RUZICKI Marcin | ŁÓDŹ | | POL B/S/H/ ŁÓDŹ RUNNING TEAM | 77 | M40/717 | (M) | 2562 | 00:59:38 | 05.57 |
| 21 | 2751 | OGÓREK Artur | BELCHATÓW | | POL KB SPARTAKUS BELCHATÓW | 71 | M40/21 | (M) | 127 | 00:39:26 | 03.56 |
| 478 | 2756 | STELMACHOWSKI Piotr | RZGÓW | | POL | 78 | M40/478 | (M) | 1648 | 00:51:37 | 05.09 |
| 587 | 2762 | WÓJCIK Marcin | ŁÓDŹ | | POL RAZEM TRENUJEMY SPORT | 77 | M40/587 | (M) | 1998 | 00:54:20 | 05.26 |
| 579 | 2767 | TALAGA Paweł | KUTNO | | POL | 75 | M40/579 | (M) | 1969 | 00:54:04 | 05.24 |
| 794 | 2770 | BOŃCZAK Radosław | ŁÓDŹ | | POL | 75 | M40/794 | (M) | 2878 | 01:06:40 | 06.40 |
| 46 | 2772 | ZIELAK Maciej | PABIANICE | | POL | 77 | M40/46 | (M) | 221 | 00:40:59 | 04.05 |
| 178 | 2776 | KAWKA Paweł | DOBROŃ | | POL | 75 | M40/178 | (M) | 618 | 00:45:08 | 04.30 |
| 699 | 2784 | MYŚLIŃSKI Tomasz | RADOM | | POL BIEGUSIEM.PL | 78 | M40/699 | (M) | 2476 | 00:58:47 | 05.52 |
| 130 | 2785 | BILSKI Paweł | WROCLAW | | POL - | 76 | M40/130 | (M) | 471 | 00:44:10 | 04.25 |
| 348 | 2786 | OLSZYCKI Marcin | ŁÓDŹ | | POL VICTORIA RĄBIEŃ | 78 | M40/348 | (M) | 1176 | 00:48:55 | 04.53 |
| 742 | 2793 | PAWLIK Tomasz | TOMASZÓW | | POL MOCNI W DUCHU - ZABIEGANI | 76 | M40/742 | (M) | 2659 | 01:00:59 | 06.05 |
| 193 | 2799 | ZALEPA Jakub | ŁÓDŹ | | POL | 73 | M40/193 | (M) | 671 | 00:45:38 | 04.33 |
| 415 | 2807 | BARBURSKI Marcin | ŁÓDŹ | | POL RODZINNA GRUPA ROWEROWA | 77 | M40/415 | (M) | 1446 | 00:50:18 | 05.01 |
| 78 | 2813 | PATUCHA Patryk | ŁÓDŹ | | POL - | 78 | M40/78 | (M) | 331 | 00:42:51 | 04.17 |
| 819 | 2814 | LAUDAN Robert | ŁÓDŹ | | POL MBANK | 70 | M40/819 | (M) | 2974 | 01:12:38 | 07.15 |
| 14 | 2821 | KIELNIEROWSKI Paweł | PABIANICE | | POL O CO BIEGA | 76 | M40/14 | (M) | 105 | 00:38:57 | 03.53 |
| 281 | 2824 | GARNYS Radek | ŁÓDŹ | | POL VERA RUNNING TEAM | 76 | M40/281 | (M) | 931 | 00:47:28 | 04.44 |
| 590 | 2827 | SZATANIAK Marek | RĄBIEŃ AB | | POL MSD RUNNING TEAM | 73 | M40/590 | (M) | 2009 | 00:54:30 | 05.27 |
| 678 | 2830 | MĘCZYŃSKI Piotr | ŁĘCZYCA | | POL 6 BRYGADA POWIETRZNODESANTOWA | 69 | M40/678 | (M) | 2360 | 00:57:36 | 05.45 |
| 691 | 2846 | POMYKALSKI Przemysław | ŁÓDŹ | | POL | 71 | M40/691 | (M) | 2442 | 00:58:23 | 05.50 |
| 408 | 2863 | RUTKOWSKI Grzegorz | SŁUPSK | | POL AMATOR | 71 | M40/408 | (M) | 1427 | 00:50:13 | 05.01 |
| 31 | 2864 | KOWALIK Andrzej | NAMYSŁÓW | | POL ACTIVRUN NAMYSŁÓW | 76 | M40/31 | (M) | 165 | 00:39:59 | 03.59 |
| 213 | 2870 | MARCINIAK Tomasz | SKOTNIKI | | POL | 76 | M40/213 | (M) | 733 | 00:46:09 | 04.36 |
| 23 | 2874 | LEKI Robert | WARSZAWA | | POL | 73 | M40/23 | (M) | 139 | 00:39:38 | 03.57 |
| 117 | 2877 | ADAMIAK Marcin | ŁÓDŹ | | POL EVERRUN | 74 | M40/117 | (M) | 434 | 00:43:49 | 04.22 |
| 417 | 2881 | GRĄCKI Artur | ŁÓDŹ | | POL | 73 | M40/417 | (M) | 1455 | 00:50:23 | 05.02 |
| 196 | 2901 | PRZYMUŚIŃSKI Bartłomiej | JAROCIN | | POL | 76 | M40/196 | (M) | 683 | 00:45:44 | 04.34 |
| 267 | 2905 | KĘPIŃSKI Dariusz | ZGIERZ | | POL NIEZSZERZONY | 75 | M40/267 | (M) | 890 | 00:47:13 | 04.43 |
| 279 | 2908 | KORCZAK Krzysztof | PABIANICE | | POL | 73 | M40/279 | (M) | 928 | 00:47:27 | 04.44 |
| 107 | 2920 | PIECHOTA Jarosław | ŁÓDŹ | | POL FIT FABRIC 4.0 | 74 | M40/107 | (M) | 401 | 00:43:33 | 04.21 |
| 761 | 2945 | KOŹMIŃSKI Michał | ŁÓDŹ | | POL | 76 | M40/761 | (M) | 2749 | 01:02:55 | 06.17 |
| 16 | 2948 | SZATANIAK Jarek | ŁÓDŹ | | POL | 73 | M40/16 | (M) | 116 | 00:39:13 | 03.55 |
| 600 | 2953 | SOBCZYŃSKI Sławomir | ŁÓDŹ | | POL | 76 | M40/600 | (M) | 2049 | 00:54:49 | 05.28 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|--------------|--------|--------------------------|---------------------|----------|--|---------|--------------------|---------|-----------|----------|
| 557 | 2958 | SZADZIUK Wojciech | ŁÓDŹ | | POL TATE & LYLE ACTIVE TEAM | 77 | M40/557 | (M)1902 | 00:53:34 | 05.21 |
| 502 | 2964 | KOPER Sebastian | WARSZAWA | | POL CARREFOUR RUNNING TEAM | 76 | M40/502 | (M)1712 | 00:52:04 | 05.12 |
| 327 | 2970 | GAWRON Adam | ŁÓDŹ | | POL | 75 | M40/327 | (M)1100 | 00:48:30 | 04.51 |
| 514 | 2988 | JANISZEWSKI Aleksander | WROCLAW | | POL | 75 | M40/514 | (M)1752 | 00:52:30 | 05.15 |
| 621 | 2990 | KOŃKA Mariusz | CHOJNÓW | | POL - | 71 | M40/621 | (M)2137 | 00:55:34 | 05.33 |
| 221 | 2993 | LEWERA Robert | PABIANICE | | POL TATE & LYLE ACTIVE TEAM | 70 | M40/221 | (M)748 | 00:46:16 | 04.37 |
| 424 | 2995 | PRZYWARA Paweł | ŁÓDŹ | | POL VITADIET SPORT TEAM | 78 | M40/424 | (M)1479 | 00:50:32 | 05.03 |
| 684 | 2998 | ŻAKOWSKI Michał | ŁÓDŹ | | POL VITADIET SPORT TEAM | 77 | M40/684 | (M)2396 | 00:57:57 | 05.47 |
| 377 | 3003 | PUSZKARSKI Radosław | MARKI | | POL MARKOWI BIEGACZE | 77 | M40/377 | (M)1295 | 00:49:31 | 04.57 |
| 28 | 3004 | NIZIOLEK Marcin | LONDON | | GBR NIEZRZESZONY | 77 | M40/28 | (M)153 | 00:39:53 | 03.59 |
| 122 | 3006 | KMIECIK Mariusz | BRUXELLES | | BEL | 70 | M40/122 | (M)449 | 00:43:58 | 04.23 |
| 741 | 3016 | WŁODARCZYK Arkadiusz | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 73 | M40/741 | (M)2653 | 01:00:55 | 06.05 |
| 536 | 3027 | GAWEL Tomasz | KRZYWIEC | | POL ATLAS RUNNING TEAM | 78 | M40/536 | (M)1839 | 00:53:08 | 05.18 |
| 289 | 3031 | KOBUS Mariusz | ANTONIEW | | POL ATLAS RUNNING TEAM | 78 | M40/289 | (M)953 | 00:47:39 | 04.45 |
| 466 | 3032 | KOWALCZYK Michał | ŁÓDŹ | | POL ATLAS RUNNING TEAM | 71 | M40/466 | (M)1610 | 00:51:20 | 05.08 |
| 484 | 3034 | LEWICKI Marcin | WÓDKA | | POL ATLAS RUNNING TEAM | 76 | M40/484 | (M)1662 | 00:51:43 | 05.10 |
| 729 | 3035 | MICHAŁOWSKI Piotr | ŁÓDŹ | | POL ATLAS RUNNING TEAM | 72 | M40/729 | (M)2600 | 01:00:12 | 06.01 |
| 164 | 3036 | MICHOŃ Sławomir | PRYMUSOWA WOLA | | POL | 71 | M40/164 | (M)578 | 00:44:52 | 04.29 |
| 636 | 3045 | ŚWITACZ Michał | ŁÓDŹ | | POL ATLAS RUNNING TEAM | 77 | M40/636 | (M)2219 | 00:56:18 | 05.37 |
| 381 | 3064 | MATUSIAK Radosław | SIERADZ | | POL RAJSPOORT ACTIVE | 76 | M40/381 | (M)1322 | 00:49:38 | 04.57 |
| 44 | 3069 | SIENKIEWICZ Wojciech | ŁÓDŹ | | POL ORANGE POLSKA | 73 | M40/44 | (M)215 | 00:40:54 | 04.05 |
| 374 | 3070 | BARZYK Mateusz | PIOTRKÓW | | POL FUDU&CO. SPORT TEAM | 77 | M40/374 | (M)1287 | 00:49:28 | 04.56 |
| 552 | 3072 | RAJSKI Marcin | TOMASZÓW MAZ | | POL | 78 | M40/552 | (M)1887 | 00:53:25 | 05.20 |
| 349 | 3074 | KOZAR Marcin | TOMASZÓW | | POL NIEZRZESZONY | 77 | M40/349 | (M)1183 | 00:48:57 | 04.53 |
| 311 | 3075 | KARCZEWSKI Wiktor | MARKI | | POL MARKOWI BIEGACZE | 78 | M40/311 | (M)1051 | 00:48:08 | 04.48 |
| 645 | 3076 | REDZIAK Janusz | BLĘDZEW | | POL ROSSBIEGANI | 70 | M40/645 | (M)2247 | 00:56:35 | 05.39 |
| 239 | 3078 | GRZESZKIEWICZ Przemysław | SKIERNIEWICE | | POL - | 73 | M40/239 | (M)798 | 00:46:34 | 04.39 |
| 585 | 3079 | HALIŹAK Norbert | WIELUŃ | | POL ZADYSZKA | 73 | M40/585 | (M)1988 | 00:54:16 | 05.25 |
| 353 | 3082 | GORCZYCA Krzysztof | ŁÓDŹ | | POL | 78 | M40/353 | (M)1191 | 00:49:00 | 04.54 |
| 700 | 3090 | STĘPIEŃ Radek | WŁOCŁAWEK | | POL FORMA KLUB FITNESS | 73 | M40/700 | (M)2480 | 00:58:49 | 05.52 |
| 243 | 3091 | KONCZAK Maciej | KROTOSZYN | | POL KROTOSZYŃSKA GRUPA BIEGOWA | 70 | M40/243 | (M)808 | 00:46:36 | 04.39 |
| 479 | 3099 | SZULC Dariusz | GĄLKÓW | | POL | 69 | M40/479 | (M)1649 | 00:51:37 | 05.09 |
| 233 | 3106 | POŹNIAK Andrzej | PISZ | | POL PASIR W PISZU | 75 | M40/233 | (M)786 | 00:46:30 | 04.39 |
| 224 | 3107 | KUNKA Andrzej | KOLUSZKI | | POL RAZEM TRENUJEMY SPORT | 76 | M40/224 | (M)754 | 00:46:19 | 04.37 |
| 765 | 3112 | ŚMIGIELSKI Norbert | KONSTANTYNÓW ŁÓDZKI | | POL | 78 | M40/765 | (M)2774 | 01:03:26 | 06.20 |
| 185 | 3113 | WOŹNIAK Leszek | STARA GADKA | | POL JRG-3 | 74 | M40/185 | (M)648 | 00:45:27 | 04.32 |
| 727 | 3115 | WIESIOLEK Grzegorz | WARSZAWA | | POL | 73 | M40/727 | (M)2598 | 01:00:11 | 06.01 |
| 358 | 3118 | WOJCIECHOWSKI Paweł | ZGIERZ | | POL MAGNETIX SPORT TEAM | 77 | M40/358 | (M)1214 | 00:49:05 | 04.54 |
| 450 | 3119 | DUDEK Konrad | ŁÓDŹ | | POL BIEGANIEPOGODZINACH | 78 | M40/450 | (M)1567 | 00:51:04 | 05.06 |
| 352 | 3126 | ŚLUSARCZYK Michał | ŁÓDŹ | | POL ERICSSON RUN++ | 77 | M40/352 | (M)1190 | 00:48:59 | 04.53 |
| 329 | 3132 | ROKITA Andrzej | ÓMIELÓW | | POL | 78 | M40/329 | (M)1112 | 00:48:34 | 04.51 |
| 206 | 3137 | SKUBISZ Ryszard | BIAŁA | | POL | 75 | M40/206 | (M)709 | 00:45:57 | 04.35 |
| 436 | 3138 | SALAŁA Krzysztof | ALEKSANDRÓW ŁÓDZKI | | POL CENTRUM UBEZPIECZEN AGNIESZKA SADOWSKA | 77 | M40/436 | (M)1514 | 00:50:43 | 05.04 |
| 106 | 3147 | JAGAS Radek | GRABINA | | POL CELIRONMEN | 72 | M40/106 | (M)397 | 00:43:30 | 04.21 |
| 749 | 3150 | TURCZYN Marcin | ŁÓDŹ | | POL | 75 | M40/749 | (M)2693 | 01:01:40 | 06.10 |
| 473 | 3155 | KASICA Adam | GRÓJEC | | POL - | 75 | M40/473 | (M)1630 | 00:51:28 | 05.08 |
| 45 | 3157 | URBAŃSKI Zygmunt | KALISZ | | POL DZIKA DRUŻYNA | 76 | M40/45 | (M)220 | 00:40:58 | 04.05 |
| 401 | 3179 | MASŁOŃ Adrian | ALEKSANDRÓW ŁÓDZKI | | POL | 78 | M40/401 | (M)1399 | 00:50:01 | 05.00 |
| 634 | 3194 | ŁYŹWA Jacek | ŁÓDŹ | | POL | 69 | M40/634 | (M)2211 | 00:56:14 | 05.37 |
| 495 | 3200 | SZPOTOŃ Marcin | TOMASZÓW | | POL | 77 | M40/495 | (M)1694 | 00:51:57 | 05.11 |
| 774 | 3220 | ŚLUSARCZYK Bartłomiej | ŁÓDŹ | | POL | 77 | M40/774 | (M)2831 | 01:05:04 | 06.30 |
| 644 | 3227 | DZIEDZIŃSKI Szymon | GŁOWNO | | POL KS GŁOWNO W BIEGU | 74 | M40/644 | (M)2240 | 00:56:31 | 05.39 |
| 337 | 3229 | KWIATKOWSKI Paweł | ŁASK | | POL 32BL JASTRZĄB | 74 | M40/337 | (M)1143 | 00:48:46 | 04.52 |
| 96 | 3260 | MATUSIAK Arkadiusz | ŁÓDŹ | | POL | 72 | M40/96 | (M)376 | 00:43:21 | 04.20 |
| 816 | 3262 | MILLER Przemysław | ŁÓDŹ | | POL COMARCH | 75 | M40/816 | (M)2958 | 01:11:09 | 07.06 |
| 556 | 3271 | CLAŁA Sebastian | ŁÓDŹ | | POL | 78 | M40/556 | (M)1899 | 00:53:30 | 05.21 |
| 528 | 3273 | KAZMIERCZAK Grzegorz | KONSTANTYNOW ŁÓDZKI | | POL RUN FLY TEAM | 72 | M40/528 | (M)1805 | 00:52:53 | 05.17 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|--------------|--------|-----------------------|--------------------|----------|---------------------------|---------|--------------------|---------|-----------|----------|
| 245 | 3275 | ŁĄCKI Jarosław | TOMASZÓW | POL | | 76 | M40/245 | (M)816 | 00:46:39 | 04.39 |
| 573 | 3287 | MALINOWSKI Tomasz | PŁOCK | POL | PŁOCK | 72 | M40/573 | (M)1947 | 00:53:56 | 05.23 |
| 4 | 3288 | BAGIŃSKI Robert | KOŚCIELEC | POL | WOOD-MIZER | 71 | M40/4 | (M)51 | 00:36:40 | 03.40 |
| 102 | 3293 | GALEWSKI Marek | ŁÓDŹ | POL | | 73 | M40/102 | (M)387 | 00:43:25 | 04.20 |
| 483 | 3294 | MAKOWSKI Marcin | ŁÓDŹ | POL | | 74 | M40/483 | (M)1659 | 00:51:42 | 05.10 |
| 657 | 3298 | JÓŹWIK Artur | WARSZAWA | POL | BIEGAM,BO BIEGAM | 77 | M40/657 | (M)2287 | 00:56:55 | 05.41 |
| 247 | 3299 | PAKUŁA Tomasz | WODZIERADY | POL | FITLINE | 74 | M40/247 | (M)824 | 00:46:43 | 04.40 |
| 471 | 3300 | PĘDZIMAŻ Marcin | ŁÓDŹ | POL | | 77 | M40/471 | (M)1625 | 00:51:27 | 05.08 |
| 572 | 3303 | BORKOWSKI Mirosław | ŁÓDŹ | POL | | 72 | M40/572 | (M)1944 | 00:53:55 | 05.23 |
| 649 | 3307 | ZAWODNIK Anonimowy | | POL | | | M40/649 | (M)2257 | 00:56:38 | 05.39 |
| 607 | 3310 | SCHULZ Maciej | PRUSZCZ GDAŃSKI | POL | PRUSZCZ BIEGA | 71 | M40/607 | (M)2072 | 00:55:00 | 05.30 |
| 490 | 3314 | ŻELAZKO Michał | WARSZAWA | POL | STARY CZŁOWIEK A MOŻE | 71 | M40/490 | (M)1673 | 00:51:47 | 05.10 |
| 168 | 3315 | SŁOWIEŃSKI Tomasz | ŁÓDŹ | POL | NIEZRZESZONY | 71 | M40/168 | (M)591 | 00:44:58 | 04.29 |
| 548 | 3318 | LANDY CZKOWSKI Piotr | ŁÓDŹ | POL | | 76 | M40/548 | (M)1871 | 00:53:18 | 05.19 |
| 365 | 3319 | ŚWIECKI Rafał | ŁÓDŹ | POL | ZA:SAPANI | 76 | M40/365 | (M)1249 | 00:49:20 | 04.56 |
| 27 | 3321 | KARWALA Lukasz | WRĘCZYCA WIELKA | POL | SZARLEJKA | 78 | M40/27 | (M)152 | 00:39:53 | 03.59 |
| 789 | 3326 | STARZYŃSKI Paweł | ŁÓDŹ | POL | | 74 | M40/789 | (M)2867 | 01:06:14 | 06.37 |
| 605 | 3329 | MALINOWSKI Paweł | SZCZAWIN DUŻY | POL | MPK-ŁÓDŹ | 75 | M40/605 | (M)2069 | 00:54:59 | 05.29 |
| 310 | 3345 | ŻARSKI Jarosław | PIOTRKÓW TRYB. | POL | FUDU&CO. SPORT TEAM | 73 | M40/310 | (M)1043 | 00:48:07 | 04.48 |
| 277 | 3346 | ŚWIĄT CZAK Adam | ŁÓDŹ | POL | | 69 | M40/277 | (M)921 | 00:47:24 | 04.44 |
| 300 | 3348 | GOŁĘBIEWSKI Dariusz | OPOLE | POL | GALACTICOSBIRDS | 76 | M40/300 | (M)989 | 00:47:50 | 04.47 |
| 316 | 3355 | CZUBA Krzysztof | OZORKÓW | POL | CHUDE PSY | 71 | M40/316 | (M)1068 | 00:48:13 | 04.49 |
| 371 | 3356 | OLKUSZ Adam | PABIANICE | POL | LEŚNE CIEKUSY | 76 | M40/371 | (M)1270 | 00:49:24 | 04.56 |
| 214 | 3358 | ROMANOWICZ Marcin | SWĘDÓW | POL | | 78 | M40/214 | (M)735 | 00:46:09 | 04.36 |
| 829 | 3370 | ZAWODNIK Anonimowy | | POL | | | M40/829 | (M)3020 | 01:19:14 | 07.55 |
| 80 | 3394 | ZAJDLER Marcin | BEDŃ PRZYKOŚCIELNY | POL | | 77 | M40/80 | (M)337 | 00:42:55 | 04.17 |
| 303 | 3395 | ZAWIEJSKI Artur | ŁÓDŹ | POL | HARA DOJO | 71 | M40/303 | (M)1006 | 00:47:55 | 04.47 |
| 350 | 3398 | WOŁOSZ Marcin | CZĘSTOCHOWA | POL | QUERCUS ON TOUR | 78 | M40/350 | (M)1185 | 00:48:58 | 04.53 |
| 641 | 3399 | KOTYNIA Jacek | ŁÓDŹ | POL | | 72 | M40/641 | (M)2236 | 00:56:28 | 05.38 |
| 576 | 3400 | SZCZERBIAK Marcin | ŁÓDŹ | POL | DRUŻYNA BSS | 75 | M40/576 | (M)1956 | 00:53:59 | 05.23 |
| 606 | 3401 | WOROPAJ Maciej | ŁÓDŹ | POL | MOCNI W DUCHU - ZABIEGANI | 72 | M40/606 | (M)2071 | 00:54:59 | 05.29 |
| 362 | 3404 | KŁYS Marcin | PABIANICE | POL | | 78 | M40/362 | (M)1242 | 00:49:19 | 04.55 |
| 65 | 3405 | ŁUKOMSKI Maciej | ŁÓDŹ | POL | | 74 | M40/65 | (M)283 | 00:42:00 | 04.12 |
| 574 | 3406 | GMEREK Grzegorz | SIERADZ | POL | | 76 | M40/574 | (M)1949 | 00:53:56 | 05.23 |
| 123 | 3409 | PRZYBYLSKI Leszek | LUBOŃ | POL | LESZEK TATRY | 72 | M40/123 | (M)450 | 00:43:59 | 04.23 |
| 314 | 3413 | GÓRNIK Paweł | KROŚNIEWICE | POL | | 71 | M40/314 | (M)1061 | 00:48:11 | 04.49 |
| 242 | 3439 | ZASIADCZYK Tomasz | PRZYKONA | POL | KB GEOTERMIA UNIEJÓW | 76 | M40/242 | (M)804 | 00:46:35 | 04.39 |
| 226 | 3440 | GRZYBOWSKI Łukasz | ŁÓDŹ | POL | | 76 | M40/226 | (M)760 | 00:46:22 | 04.38 |
| 254 | 3452 | PIETRUCHA Piotr | ŁÓDŹ | POL | | 70 | M40/254 | (M)840 | 00:46:48 | 04.40 |
| 33 | 3454 | SKUPIEŃ Konrad | ŁÓDŹ | POL | KONRADSKUPIEN.PL | 72 | M40/33 | (M)167 | 00:39:59 | 03.59 |
| 212 | 3461 | DOBROWOLSKI Krzysztof | BRZEG | POL | | 77 | M40/212 | (M)730 | 00:46:06 | 04.36 |
| 580 | 3477 | WIECHA Mariusz | ŁÓDŹ | POL | | 69 | M40/580 | (M)1970 | 00:54:06 | 05.24 |
| 172 | 3481 | MALEWSKI Tomasz | ŁÓDŹ | POL | ARCHICOM | 71 | M40/172 | (M)602 | 00:45:03 | 04.30 |
| 364 | 3491 | PRUK Bartosz | ŁÓDŹ | POL | MEDICOVER RUNNERS | 75 | M40/364 | (M)1246 | 00:49:20 | 04.56 |
| 630 | 3512 | SMOLEC Radosław | ZGIERZ | POL | JASZPOL | 71 | M40/630 | (M)2192 | 00:56:05 | 05.36 |
| 313 | 3513 | CYNIAK Marek | ŁÓDŹ | POL | EVERRUN | 70 | M40/313 | (M)1060 | 00:48:11 | 04.49 |
| 343 | 3521 | FRIEZE Krzysztof | ŁÓDŹ | POL | | 75 | M40/343 | (M)1166 | 00:48:52 | 04.53 |
| 97 | 3522 | GRUNKOWSKI Artur | ANTONIEW | POL | ORANGE POLSKA | 69 | M40/97 | (M)378 | 00:43:22 | 04.20 |
| 467 | 3523 | MARKOWSKI Maciej | ZGIERZ | POL | | 76 | M40/467 | (M)1613 | 00:51:20 | 05.08 |
| 324 | 3527 | ŚLIWKIEWICZ Tomasz | BRATOSZEWICE | POL | | 77 | M40/324 | (M)1091 | 00:48:26 | 04.50 |
| 351 | 3541 | SZAŁAPSKI Bartłomiej | ŁÓDŹ | POL | BEAUTY SPORT | 76 | M40/351 | (M)1188 | 00:48:59 | 04.53 |
| 132 | 3549 | GAWIŃSKI Tomasz | LIPINKI | POL | GAIA | 75 | M40/132 | (M)481 | 00:44:15 | 04.25 |
| 363 | 3552 | ZAWODNIK Anonimowy | | POL | EVERRUN | | M40/363 | (M)1244 | 00:49:19 | 04.55 |
| 395 | 3554 | PATORA Robert | BRATOSZEWICE | POL | | 69 | M40/395 | (M)1356 | 00:49:49 | 04.58 |
| 570 | 3563 | ŁASZCZEWSKI Robert | ŁÓDŹ | POL | | 71 | M40/570 | (M)1941 | 00:53:53 | 05.23 |
| 817 | 3578 | PŁOMIŃSKI Tomasz | ŁÓDŹ | POL | ABB RUN 1.0 | 78 | M40/817 | (M)2959 | 01:11:22 | 07.08 |
| 504 | 3586 | MARCHEWKA Sławomir | ŁÓDŹ | POL | | 69 | M40/504 | (M)1715 | 00:52:06 | 05.12 |
| 726 | 3588 | MUSKAŁA Bogumił | FLORENTYNÓW | POL | | 73 | M40/726 | (M)2595 | 01:00:06 | 06.00 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Czas Time | [min/km] |
|--------------|--------|-----------------------------|------------------|----------|-----------------------------|---------|--------------------|-----------|----------|
| 539 | 3589 | STANISŁAWSKI Marcin | ŁÓDŹ | | POL SNG WILD DUCKS | 76 | M40/539 (M)1845 | 00:53:11 | 05.19 |
| 423 | 3601 | MOREK Krzysztof | KĘPNO | | POL KS LENIWIEC | 78 | M40/423 (M)1473 | 00:50:29 | 05.02 |
| 240 | 3607 | PARYSKI Tomasz | ŁÓDŹ | | POL | 76 | M40/240 (M)800 | 00:46:34 | 04.39 |
| 429 | 3608 | WARZYCHA Marcin | DZIAŁOSZYN | | POL | 71 | M40/429 (M)1490 | 00:50:36 | 05.03 |
| 141 | 3612 | FLORCZAK Mirosław | KĘPNO | | POL KS LENIWIEC | 74 | M40/141 (M)510 | 00:44:28 | 04.26 |
| 229 | 3640 | NAZARCZYK Rafał | ŁÓDŹ | | POL SNG WILD DUCKS | 75 | M40/229 (M)772 | 00:46:27 | 04.38 |
| 309 | 3641 | PROSZEWSKI Marek | SIERADZ | | POL SIERADZBIEGA.PL | 76 | M40/309 (M)1038 | 00:48:05 | 04.48 |
| 642 | 3643 | WOCHNA Waldemar | ŁÓDŹ | | POL | 76 | M40/642 (M)2238 | 00:56:29 | 05.38 |
| 496 | 3648 | KOZŁOWSKI Paweł | ŁÓDŹ | | POL ARGAL | 72 | M40/496 (M)1695 | 00:51:57 | 05.11 |
| 603 | 3659 | CIOSEK Dariusz | ŁÓDŹ | | POL | 73 | M40/603 (M)2064 | 00:54:57 | 05.29 |
| 648 | 3668 | GASIŃSKI Dariusz | ŁÓDŹ | | POL BIEGUSY ŁÓDŹ | 78 | M40/648 (M)2256 | 00:56:38 | 05.39 |
| 265 | 3671 | SNOWARSKI Witold | SIERADZ | | POL | 74 | M40/265 (M)879 | 00:47:08 | 04.42 |
| 76 | 3672 | GLAPIŃSKI Krzysztof | SZADEK | | POL BBL ZDUŃSKA WOLA | 78 | M40/76 (M)326 | 00:42:48 | 04.16 |
| 288 | 3678 | ZABŁOCKI Wojciech | ŁÓDŹ | | POL | 76 | M40/288 (M)951 | 00:47:39 | 04.45 |
| 190 | 3721 | GAJDA Sławomir | ŁASK | | POL | 74 | M40/190 (M)663 | 00:45:33 | 04.33 |
| 775 | 3725 | WALAWKA Marcin | ŁÓDŹ | | POL | 73 | M40/775 (M)2838 | 01:05:13 | 06.31 |
| 756 | 3741 | FREILICH Tomasz | ŻYRARDÓW | | POL NIE ZRZESZONY | 76 | M40/756 (M)2736 | 01:02:33 | 06.15 |
| 520 | 3755 | DOROCIAK Bartosz | WILKÓW | | POL DOROCIAK TEAM | 72 | M40/520 (M)1767 | 00:52:39 | 05.15 |
| 820 | 3766 | ZAWODNIK Anonimowy | | | POL WHIRLPOOL RUNNING TEAM | | M40/820 (M)2977 | 01:12:55 | 07.17 |
| 492 | 3767 | PIOTROWSKI Ireneusz | ŁOWICZ | | POL | 75 | M40/492 (M)1685 | 00:51:53 | 05.11 |
| 715 | 3770 | KOSTELECKI Kamil | ŁÓDŹ | | POL | 78 | M40/715 (M)2553 | 00:59:33 | 05.57 |
| 396 | 3771 | KAZMIERCZAK Paweł | ŁÓDŹ | | POL | 73 | M40/396 (M)1362 | 00:49:50 | 04.59 |
| 331 | 3785 | KOCIOLEK Krystian | ŁÓDŹ | | POL | 72 | M40/331 (M)1117 | 00:48:37 | 04.51 |
| 94 | 3789 | POPIS Piotr | KOZIENICE | | POL BIEGIEM RADOM! | 70 | M40/94 (M)371 | 00:43:17 | 04.19 |
| 653 | 3790 | DANIŁOWICZ Dariusz | BELCHATÓW | | POL | 73 | M40/653 (M)2265 | 00:56:42 | 05.40 |
| 444 | 3791 | DAWIDOWICZ Paweł | ŁÓDŹ | | POL | 72 | M40/444 (M)1549 | 00:50:57 | 05.05 |
| 786 | 3802 | GAŚNICA-MIKOŁAJCZYK Andrzej | ZGIERZ | | POL DOROCIAK TEAM | 70 | M40/786 (M)2863 | 01:06:04 | 06.36 |
| 84 | 3805 | PRABUCKI Krzysztof | WITKOWO | | POL WITKOWO BIEGA | 77 | M40/84 (M)351 | 00:43:04 | 04.18 |
| 611 | 3807 | MILARSKI Marcin | WITKOWO | | POL | 77 | M40/611 (M)2094 | 00:55:09 | 05.30 |
| 796 | 3815 | LASZCZYK Krzysztof | ŁÓDŹ | | POL RAZEM TRENUJEMY SPORT | 72 | M40/796 (M)2881 | 01:06:48 | 06.40 |
| 219 | 3820 | MAKOWSKI Arkadiusz | ŁÓDŹ | | POL | 73 | M40/219 (M)745 | 00:46:15 | 04.37 |
| 640 | 3824 | GŁOWACKI Artur | HELENÓW | | POL | 76 | M40/640 (M)2228 | 00:56:26 | 05.38 |
| 468 | 3829 | KONCIAK Sebastian | ŁÓDŹ | | POL | 77 | M40/468 (M)1614 | 00:51:20 | 05.08 |
| 173 | 3841 | DOBRENKO Daniel | BLACHOWNIA | | POL MORSY BLACHOWNIA | 78 | M40/173 (M)605 | 00:45:04 | 04.30 |
| 338 | 3842 | KACZMAREK Dariusz | BLACHOWNIA | | POL | 71 | M40/338 (M)1144 | 00:48:46 | 04.52 |
| 530 | 3843 | KALUŻYŃSKI Mirosław | PIASECZNO | | POL | 71 | M40/530 (M)1824 | 00:52:59 | 05.17 |
| 270 | 3844 | PRZEGALIŃSKI Maciej | ŁÓDŹ | | POL | 74 | M40/270 (M)897 | 00:47:16 | 04.43 |
| 813 | 3846 | DYCHTO Michał | WARSZAWA | | POL JOLA Z MEŻEM TEAM | 75 | M40/813 (M)2941 | 01:10:12 | 07.01 |
| 626 | 3847 | GRABICKI Przemysław | ŁÓDŹ | | POL DRUŻYNA BSS | 77 | M40/626 (M)2175 | 00:55:55 | 05.35 |
| 335 | 3849 | BŁASZCZYK Jarosław | WARSZAWA | | POL | 72 | M40/335 (M)1132 | 00:48:43 | 04.52 |
| 578 | 3851 | JAŚKIEWICZ Michał | ŁÓDŹ | | POL EMERSON | 75 | M40/578 (M)1959 | 00:54:00 | 05.24 |
| 129 | 3863 | RYBACKI Dariusz | SIERADZ | | POL NAUCZYCIEL | 77 | M40/129 (M)468 | 00:44:08 | 04.24 |
| 457 | 3867 | ZABŁOCKI Jacek | NAMYSŁÓW | | POL ACTIVRUN NAMYSŁÓW | 71 | M40/457 (M)1590 | 00:51:10 | 05.07 |
| 595 | 3901 | SZELAĞ Łukasz | ŁÓDŹ | | POL | 75 | M40/595 (M)2031 | 00:54:41 | 05.28 |
| 513 | 3921 | KWINTKIEWICZ Marcin | ŁÓDŹ | | POL | 76 | M40/513 (M)1751 | 00:52:30 | 05.15 |
| 326 | 3922 | ALEGIANI Cristiano | ŁÓDŹ | | POL KLUB BIEGACZA ACCENTURE | 74 | M40/326 (M)1098 | 00:48:30 | 04.51 |
| 292 | 3929 | KLIMASZEWSKI Łukasz | ŁÓDŹ | | POL GE POWER | 76 | M40/292 (M)966 | 00:47:43 | 04.46 |
| 547 | 3935 | MILLER Marcin | ŁÓDŹ | | POL KLUB BIEGACZA ACCENTURE | 76 | M40/547 (M)1869 | 00:53:17 | 05.19 |
| 759 | 3937 | NAPIERAJ Piotr | ŁÓDŹ | | POL KLUB BIEGACZA ACCENTURE | 75 | M40/759 (M)2747 | 01:02:51 | 06.17 |
| 217 | 3942 | RYBAK Bogdan | ŁÓDŹ | | POL GE_POWER | 71 | M40/217 (M)739 | 00:46:10 | 04.37 |
| 145 | 3944 | SZYSZKA Adam | ŁÓDŹ | | POL ACCENTURE RUNNERS CLUB | 77 | M40/145 (M)525 | 00:44:32 | 04.27 |
| 252 | 3945 | ŚNIEŻYŃSKI Sławomir | ŁÓDŹ | | POL KLUB BIEGACZA ACCENTURE | 77 | M40/252 (M)836 | 00:46:47 | 04.40 |
| 266 | 3975 | HOFFMANN Robert | BELCHATÓW | | POL - | 73 | M40/266 (M)884 | 00:47:10 | 04.43 |
| 156 | 3983 | MACIASZCZYK Paweł | ŁÓDŹ | | POL -RYSIOTEAM | 73 | M40/156 (M)556 | 00:44:43 | 04.28 |
| 299 | 3989 | MARKOWICZ Michał | ŁÓDŹ | | POL | 71 | M40/299 (M)982 | 00:47:48 | 04.46 |
| 448 | 3998 | BLIŹNIEWSKI Marek | GŁOWNO | | POL --- | 71 | M40/448 (M)1562 | 00:51:01 | 05.06 |
| 620 | 4000 | WARSZAWSKI Marek | ŁÓDŹ | | POL CRAZY RUNNERFUCKERS | 69 | M40/620 (M)2136 | 00:55:31 | 05.33 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Czas Time | [min/km] |
|--------------|--------|---------------------------|--------------------|----------|-------------------------------------|---------|--------------------|-----------|----------|
| 564 | 4005 | BALIŃSKI Michał | ŁÓDŹ | | POL FLEXIDEA | 77 | M40/564 (M)1925 | 00:53:44 | 05.22 |
| 828 | 4006 | BOREK Roman | OLESNICA | | POL | 69 | M40/828 (M)3017 | 01:18:12 | 07.49 |
| 663 | 4009 | ŻUBRZAK Jacek | ŁÓDŹ | | POL | 77 | M40/663 (M)2307 | 00:57:09 | 05.42 |
| 783 | 4015 | BARTOS Marcin | PABIANICE | | POL | 74 | M40/783 (M)2856 | 01:05:47 | 06.34 |
| 773 | 4017 | MUCHA Grzegorz | ŁÓDŹ | | POL KLUB KARATE SHOTOKAN 'KACHI' | 69 | M40/773 (M)2825 | 01:04:56 | 06.29 |
| 62 | 4032 | CIEŚLA Dawid | RĄBIEŃ | | POL -AGB TORFY | 77 | M40/62 (M)275 | 00:41:51 | 04.11 |
| 163 | 4037 | KUŹNIAR Marcin | ŁÓDŹ | | POL FUJITSU RUNNING TEAM | 77 | M40/163 (M)576 | 00:44:51 | 04.29 |
| 706 | 4039 | DZIUBA Bartłomiej | ŁÓDŹ | | POL FUJITSU RUNNING TEAM | 76 | M40/706 (M)2501 | 00:58:58 | 05.53 |
| 791 | 4046 | JASTRZĘBSKI Tadeusz | ZGIERZ | | POL FUJITSU RUNNING TEAM | 76 | M40/791 (M)2869 | 01:06:23 | 06.38 |
| 283 | 4057 | BYSTRY Grzegorz | BARANÓW | | POL KS LENIWIEC | 75 | M40/283 (M)940 | 00:47:35 | 04.45 |
| 66 | 4065 | WIŚNIEWSKI Robert | MAŁA WIEŚ | | POL TKKF PŁOCK | 76 | M40/66 (M)286 | 00:42:05 | 04.12 |
| 367 | 4066 | FAŁĘCKI Artur | PULTUSK | | POL | 78 | M40/367 (M)1253 | 00:49:21 | 04.56 |
| 154 | 4083 | MAJEWSKI Piotr | ŁÓDŹ | | POL RETKINIA RUN | 77 | M40/154 (M)552 | 00:44:42 | 04.28 |
| 357 | 4088 | MŁODZIŃSKI Robert | | | POL | 77 | M40/357 (M)1213 | 00:49:05 | 04.54 |
| 784 | 4089 | OSSOWSKI Rafał | ŁÓDŹ | | POL | 76 | M40/784 (M)2859 | 01:05:55 | 06.35 |
| 200 | 4090 | DERKOWSKI Andrzej | MOKRSKO | | POL | 76 | M40/200 (M)695 | 00:45:51 | 04.35 |
| 568 | 4095 | MICHALSKI Radosław | ŁÓDŹ | | POL ACCENTURE RUNNERS CLUB | 77 | M40/568 (M)1937 | 00:53:50 | 05.23 |
| 274 | 4104 | SOWIŃSKI Sebastian | ZDZIESZULICE GÓRNE | | POL WHIRLPOOL RUNNING TEAM | 78 | M40/274 (M)907 | 00:47:20 | 04.44 |
| 187 | 4108 | KUREK Adam | PABIANICE | | POL | 72 | M40/187 (M)656 | 00:45:30 | 04.33 |
| 631 | 4110 | WOJTASZEK Sławomir | ŁASK | | POL | 74 | M40/631 (M)2197 | 00:56:07 | 05.36 |
| 18 | 4116 | RUTA Maciej | ŁÓDŹ | | POL VERA RUNNING TEAM | 77 | M40/18 (M)119 | 00:39:16 | 03.55 |
| 674 | 4117 | BALCER Łukasz | ŁÓDŹ | | POL RYSIOTEAM/RAZEM TRENUJEMY SPORT | 73 | M40/674 (M)2344 | 00:57:28 | 05.44 |
| 650 | 4123 | OWCZAREK Mariusz | WARSZAWA | | POL PAIR TEAM | 74 | M40/650 (M)2259 | 00:56:38 | 05.39 |
| 295 | 4128 | NIEDZIELSKI Paweł | ŁÓDŹ | | POL BIEGAM Z ABS | 74 | M40/295 (M)974 | 00:47:45 | 04.46 |
| 531 | 4138 | WYSAKOWSKI-WALTERS Jeremy | ŁÓDŹ | | ENG | 76 | M40/531 (M)1828 | 00:53:00 | 05.18 |
| 623 | 4147 | SKROŚ Dariusz | OPOCZNO | | POL | 73 | M40/623 (M)2150 | 00:55:42 | 05.34 |
| 10 | 4160 | WOJCIECHOWSKI Michał | WARSZAWA | | POL GANIANIE.PL | 73 | M40/10 (M)84 | 00:38:32 | 03.51 |
| 407 | 4165 | BANASZCZYK Tomasz | ŁASK | | POL | 77 | M40/407 (M)1425 | 00:50:13 | 05.01 |
| 227 | 4179 | ŚMIECIUCH Andrzej | WARSZAWA | | POL - | 73 | M40/227 (M)761 | 00:46:23 | 04.38 |
| 453 | 4196 | SZELEST Dariusz | WIŚNIOWA GÓRA | | POL MY OWN | 70 | M40/453 (M)1582 | 00:51:07 | 05.06 |
| 1 | 4199 | PIETRZAK Andrzej | PABIANICE | | POL SZAKALE BAŁUT ŁÓDŹ | 75 | M40/1 (M)34 | 00:35:48 | 03.34 |
| 174 | 4201 | JÓZEFOWICZ Sebastian | ŁÓDŹ | | POL BRAK | 76 | M40/174 (M)610 | 00:45:06 | 04.30 |
| 339 | 4202 | MAJERKOWSKI Dominik | ŁÓDŹ | | POL ARCHIMIKA TEAM | 77 | M40/339 (M)1147 | 00:48:46 | 04.52 |
| 152 | 4205 | GOLDMAN Łukasz | ZDUŃSKA WOLA | | POL BBL ZDUŃSKA WOLA | 78 | M40/152 (M)549 | 00:44:42 | 04.28 |
| 25 | 4217 | DOBROWOLSKI Tomasz | PIOTRKÓW | | POL | 76 | M40/25 (M)148 | 00:39:47 | 03.58 |
| 237 | 4260 | WOJCIECHOWSKI Michał | OPATÓWEK | | POL | 73 | M40/237 (M)793 | 00:46:32 | 04.39 |
| 777 | 4261 | KUNIKOWSKI Wojciech | ŁÓDŹ | | POL | 73 | M40/777 (M)2841 | 01:05:18 | 06.31 |
| 599 | 4267 | WASILEWSKI Artur | ŁÓDŹ | | POL | 77 | M40/599 (M)2045 | 00:54:48 | 05.28 |
| 258 | 4269 | GAWRYSIAK Przemysław | WŁODARKA | | POL | 77 | M40/258 (M)851 | 00:46:53 | 04.41 |
| 709 | 4272 | KAMIŃSKI Witold | ŁÓDŹ | | POL | 75 | M40/709 (M)2517 | 00:59:12 | 05.55 |
| 201 | 4279 | PIELUŻEK Piotr | ŁÓDŹ | | POL BEAUTY SPORT | 72 | M40/201 (M)696 | 00:45:51 | 04.35 |
| 475 | 4293 | PAWŁOWSKI Maciej | ŁÓDŹ | | POL | 77 | M40/475 (M)1636 | 00:51:30 | 05.09 |
| 753 | 4304 | DROS Łukasz | ŁÓDŹ | | POL | 74 | M40/753 (M)2728 | 01:02:19 | 06.13 |
| 24 | 4305 | ZAKRZEWSKI Przemysław | ŁÓDŹ | | POL DIABECIAKI.PL | 77 | M40/24 (M)145 | 00:39:44 | 03.58 |
| 472 | 4310 | MASTALERZ Jakub | ŁÓDŹ | | POL | 69 | M40/472 (M)1629 | 00:51:28 | 05.08 |
| 177 | 4315 | DROZD Przemysław | OPOLE | | POL RAJSPOORT ACTIVE | 72 | M40/177 (M)613 | 00:45:07 | 04.30 |
| 433 | 4316 | SKONIECZNY Bogdan | RAWA MAZOWIECKA | | POL | 73 | M40/433 (M)1503 | 00:50:39 | 05.03 |
| 739 | 4318 | SAMOSIEJ Wojciech | ŁÓDŹ | | POL | 76 | M40/739 (M)2646 | 01:00:53 | 06.05 |
| 250 | 4319 | GUDERSKI Arkadiusz | ŁÓDŹ | | POL | 77 | M40/250 (M)832 | 00:46:46 | 04.40 |
| 241 | 4321 | MATUSIAK Artur | KUTNO | | POL | 74 | M40/241 (M)802 | 00:46:34 | 04.39 |
| 398 | 4324 | STRZALKOWSKI Dariusz | NER | | POL --- | 77 | M40/398 (M)1370 | 00:49:50 | 04.59 |
| 354 | 4326 | MIZERSKI Rafał | ŁÓDŹ | | POL | 69 | M40/354 (M)1193 | 00:49:01 | 04.54 |
| 259 | 4330 | BOGACKI Adam | ŁASK | | POL RAJSPOORT ACTIVE | 77 | M40/259 (M)853 | 00:46:54 | 04.41 |
| 220 | 4332 | KACZMARCZYK Daniel | ŁÓDŹ | | POL RAZEM TRENUJEMY SPORT | 78 | M40/220 (M)747 | 00:46:15 | 04.37 |
| 61 | 4333 | HOLÓWKA Sławomir | KRAKÓW | | POL LACHO TEAM | 73 | M40/61 (M)273 | 00:41:49 | 04.10 |
| 195 | 4348 | STAŃCZAK Józef | SKIERNIEWICE | | POL KM PSP SKIERNIEWICE | 70 | M40/195 (M)678 | 00:45:42 | 04.34 |
| 17 | 4359 | SOSIŃSKI Tomasz | GNIEZNO | | POL SZWAGRY TEAM GNIEZNO | 75 | M40/17 (M)118 | 00:39:15 | 03.55 |
| 434 | 4366 | KOSECKI Konrad | ALEKSANDRÓW ŁÓDZKI | | POL KB GEOTERMIA UNIEJÓW | 77 | M40/434 (M)1504 | 00:50:39 | 05.03 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|--------------|--------|-----------------------|---------------------|----------|--------------------------------|---------|--------------------|---------|-----------|----------|
| 762 | 4368 | WYSOCKI Andrzej | ŁÓDŹ | POL | | 73 | M40/762 | (M)2752 | 01:03:00 | 06.18 |
| 800 | 4378 | JAKSOŃ Ryszard | ŁÓDŹ | POL | | 75 | M40/800 | (M)2894 | 01:07:38 | 06.45 |
| 151 | 4387 | ADAMOWICZ Paweł | ŁÓDŹ | POL | B/S/H/ ŁÓDŹ RUNNING TEAM | 76 | M40/151 | (M)548 | 00:44:42 | 04.28 |
| 740 | 4388 | SZTEŁAK Piotr | ŁÓDŹ | POL | B/S/H/ ŁÓDŹ RUNNING TEAM | 69 | M40/740 | (M)2648 | 01:00:54 | 06.05 |
| 344 | 4397 | MALINOWSKI Marcin | TUSZYNEK MAJORACKI | POL | B/S/H/ ŁÓDŹ RUNNING TEAM | 75 | M40/344 | (M)1167 | 00:48:52 | 04.53 |
| 582 | 4414 | KOTLIŃSKI Radosław | ŁÓDŹ | POL | BEAUTY SPORT | 73 | M40/582 | (M)1982 | 00:54:14 | 05.25 |
| 696 | 4421 | UCHWAŁ Marcin | PŁOCK | POL | PŁOCKI KLUB WESOŁEGO BIEGACZA | 76 | M40/696 | (M)2470 | 00:58:41 | 05.52 |
| 134 | 4441 | GUTT Sebastian | GORZÓW WLKP. | POL | PUE TEAM GORZÓW WLKP. | 77 | M40/134 | (M)484 | 00:44:17 | 04.25 |
| 677 | 4446 | GUTT Jarosław | GRYFINO | POL | | 73 | M40/677 | (M)2356 | 00:57:31 | 05.45 |
| 703 | 4453 | PROSIANOWSKI Adam | SWARZĘDZ | POL | JANOWY MŁYN | 74 | M40/703 | (M)2494 | 00:58:55 | 05.53 |
| 317 | 4481 | MUSZCZAK Michał | PABIANICE | POL | | 78 | M40/317 | (M)1070 | 00:48:14 | 04.49 |
| 39 | 4493 | GŁODEK Marcin | ŁASK | POL | BIEGING TEAM ZELÓW | 77 | M40/39 | (M)187 | 00:40:26 | 04.02 |
| 180 | 4504 | KOŁOSOWSKI Marcin | WŁOCŁAWEK | POL | NIEZRZESZONY | 71 | M40/180 | (M)625 | 00:45:13 | 04.31 |
| 165 | 4521 | WEJDMAN Dariusz | ŁÓDŹ | POL | EVERRUN | 73 | M40/165 | (M)579 | 00:44:52 | 04.29 |
| 232 | 4533 | BALICKI Piotr | OLEŚNICA | POL | PENNY GONDEK TEAM OLEŚNICA | 72 | M40/232 | (M)783 | 00:46:30 | 04.39 |
| 144 | 4536 | DRÓŹD Hubert | RADOMSKO | POL | BIEGACZE W RADOMSKU | 78 | M40/144 | (M)517 | 00:44:30 | 04.27 |
| 137 | 4537 | KLAPENDA Mariusz | ŁĘCZYCA | POL | MARIO TEAM | 74 | M40/137 | (M)491 | 00:44:20 | 04.26 |
| 136 | 4540 | SZYPORTA Waldemar | NAMYSŁÓW | POL | ACTIVRUN NAMYSŁÓW | 72 | M40/136 | (M)490 | 00:44:20 | 04.26 |
| 366 | 4546 | MARCINKIEWICZ Mariusz | ŁÓDŹ | POL | SPORTERA RUNNING TEAM | 78 | M40/366 | (M)1250 | 00:49:20 | 04.56 |
| 567 | 4549 | MARCYJANIAK Krzysztof | RADZIEJÓW | POL | KS ZRYW RADZIEJÓW | 77 | M40/567 | (M)1934 | 00:53:48 | 05.22 |
| 342 | 4555 | KORCZAK Marcin | ŁÓDŹ | POL | 5PRO SAPERZY | 74 | M40/342 | (M)1164 | 00:48:52 | 04.53 |
| 550 | 4572 | ANDRZEJCZAK Jacek | ŁÓDŹ | POL | | 75 | M40/550 | (M)1878 | 00:53:20 | 05.20 |
| 632 | 4582 | PIECYK Włodzimierz | ŁÓDŹ | POL | | 76 | M40/632 | (M)2204 | 00:56:12 | 05.37 |
| 692 | 4583 | WOŁOWIEC Marcin | GŁOWNO | POL | KLUB SPORTOWY GŁOWNO W BIEGU | 75 | M40/692 | (M)2443 | 00:58:23 | 05.50 |
| 95 | 4594 | GRABARCZYK Jacek | JANÓWKA | POL | MOCNI W DUCHU - ZABIEGANI | 73 | M40/95 | (M)375 | 00:43:21 | 04.20 |
| 670 | 4596 | ŚWIĄTEK Daniel | TOMASZÓW | POL | | 78 | M40/670 | (M)2331 | 00:57:22 | 05.44 |
| 665 | 4599 | DESZCZ Stanisław | ŁÓDŹ | POL | METALOWIEC ŁÓDŹ | 70 | M40/665 | (M)2309 | 00:57:11 | 05.43 |
| 184 | 4616 | ŻUR Marek | ŁĄKA | POL | KAC RUNNERS | 78 | M40/184 | (M)646 | 00:45:26 | 04.32 |
| 340 | 4624 | SNOPEK Paweł | ŁÓDŹ | POL | JASZPOL | 77 | M40/340 | (M)1154 | 00:48:48 | 04.52 |
| 518 | 4630 | KOWALSKI Robert | KOLUSZKI | POL | | 74 | M40/518 | (M)1759 | 00:52:33 | 05.15 |
| 372 | 4642 | PAKOWSKI Robert | TOMASZÓW | POL | KS AMBER | 71 | M40/372 | (M)1275 | 00:49:25 | 04.56 |
| 541 | 4643 | ROSIŃSKI Marcin | WARSZAWA | POL | | 78 | M40/541 | (M)1851 | 00:53:13 | 05.19 |
| 593 | 4644 | TROJANOWSKI Jarosław | ŁÓDŹ | POL | | 78 | M40/593 | (M)2023 | 00:54:37 | 05.27 |
| 647 | 4648 | SETECKI Dariusz | OSTRÓW WIELKOPOLSKI | POL | TITANIUM PARTNERS RUNNING TEAM | 78 | M40/647 | (M)2254 | 00:56:37 | 05.39 |
| 795 | 4655 | MĘCINA Bartek | ŁÓDŹ | POL | | 75 | M40/795 | (M)2880 | 01:06:43 | 06.40 |
| 3 | 4657 | ŻYDKIEWICZ Sylwester | ŁÓDŹ | POL | BIEGACZ NOWOSOLNA | 70 | M40/3 | (M)48 | 00:36:31 | 03.38 |
| 378 | 4660 | CICHAWA Sylwester | TOMASZÓW MAZ | POL | | 73 | M40/378 | (M)1302 | 00:49:32 | 04.57 |
| 383 | 4683 | KRAWCZYŃSKI Marcin | PIOTRKÓW TRYB | POL | | 77 | M40/383 | (M)1325 | 00:49:39 | 04.57 |
| 808 | 4684 | STRZELECKI Aleksander | ŁÓDŹ | POL | NAJEBUNNY TEAM | 75 | M40/808 | (M)2926 | 01:08:57 | 06.53 |
| 315 | 4686 | JURKIEWICZ Tadeusz | OZORKÓW | POL | | 70 | M40/315 | (M)1067 | 00:48:13 | 04.49 |
| 438 | 4692 | SZYMAŃSKI Krzysztof | ŁÓDŹ | POL | SPORTERA OCR | 77 | M40/438 | (M)1520 | 00:50:45 | 05.04 |
| 446 | 4693 | CEBULA Paweł | ŁÓDŹ | POL | CEBUŁKI | 77 | M40/446 | (M)1552 | 00:50:58 | 05.05 |
| 469 | 4694 | ROŻENTALSKI Piotr | BELCHATÓW | POL | DRUŻYNA PIERŚCIENIA | 78 | M40/469 | (M)1617 | 00:51:22 | 05.08 |
| 462 | 4699 | UDALSKI Maciej | ŁÓDŹ | POL | ASSECO ACTIVE TEAM | 75 | M40/462 | (M)1602 | 00:51:15 | 05.07 |
| 500 | 4707 | FRANCZAK Roman | WARSZAWA | POL | | 71 | M40/500 | (M)1710 | 00:52:04 | 05.12 |
| 743 | 4711 | RODZIEWICZ Rafał | WIŚNIOWA GÓRA | POL | TECHNITEL | 76 | M40/743 | (M)2661 | 01:01:02 | 06.06 |
| 785 | 4723 | TOKARSKI Nikodem | ŁÓDŹ | POL | | 78 | M40/785 | (M)2861 | 01:06:00 | 06.36 |
| 430 | 4743 | ROGOWSKI Robert | OPOLE | POL | | 72 | M40/430 | (M)1494 | 00:50:36 | 05.03 |
| 40 | 4747 | DURYS Jarosław | ŻYCHLIN | POL | ROZBIEGANI-ŻYCHLIN | 75 | M40/40 | (M)198 | 00:40:41 | 04.04 |
| 810 | 4757 | KARASIŃSKI Grzegorz | ŁÓDŹ | POL | | 76 | M40/810 | (M)2931 | 01:09:12 | 06.55 |
| 404 | 4760 | GROCHOWSKI Jacek | ŁÓDŹ | POL | 1976 | 76 | M40/404 | (M)1406 | 00:50:05 | 05.00 |
| 301 | 4769 | WEDER Piotr | ŁÓDŹ | POL | FOREVER YOUNG ŁÓDŹ | 76 | M40/301 | (M)994 | 00:47:51 | 04.47 |
| 228 | 4776 | LENKIEWICZ Rafał | ŁÓDŹ | POL | | 76 | M40/228 | (M)767 | 00:46:25 | 04.38 |
| 465 | 4780 | SKONIECZKO Grzegorz | JANÓW | POL | DELL RUNNING TEAM | 78 | M40/465 | (M)1608 | 00:51:19 | 05.07 |
| 287 | 4785 | NOWAK Paweł | DRZEWICA | POL | | 76 | M40/287 | (M)949 | 00:47:38 | 04.45 |
| 140 | 4787 | JOKIEL Wojciech | KĘPNO | POL | KS LENIWIEC | 77 | M40/140 | (M)507 | 00:44:26 | 04.26 |
| 215 | 4793 | WRÓBLEWSKI Sebastian | ŁÓDŹ | POL | EVERRUN | 75 | M40/215 | (M)737 | 00:46:10 | 04.37 |
| 26 | 4800 | GLĄB Szymon | ŁÓDŹ | POL | RYSIOTEAM | 78 | M40/26 | (M)150 | 00:39:49 | 03.58 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Czas Time | [min/km] |
|--------------|--------|-----------------------|---------------------|----------|---|---------|--------------------|-----------|----------|
| 616 | 4806 | CZERNACHOWSKI Marek | TARNOWSKIE GÓRY | | POL VEOLIA | 70 | M40/616 (M)2110 | 00:55:20 | 05.32 |
| 439 | 4817 | LUŚTAK Andrzej | ŁÓDŹ | | POL VEOLIA | 69 | M40/439 (M)1531 | 00:50:48 | 05.04 |
| 111 | 4820 | NARUSZEWICZ Arkadiusz | TARNOWSKIE GÓRY | | POL VEOLIA | 75 | M40/111 (M)411 | 00:43:39 | 04.21 |
| 809 | 4824 | PIECHOTA Marcin | ŁÓDŹ | | POL VEOLIA | 73 | M40/809 (M)2930 | 01:09:10 | 06.55 |
| 748 | 4829 | SZAJEWSKI Wiesław | KRAŚNIK | | POL VEOLIA | 74 | M40/748 (M)2691 | 01:01:37 | 06.09 |
| 763 | 4831 | ŚWIDERSKI Adam | KAZIMIERZ | | POL VEOLIA | 70 | M40/763 (M)2757 | 01:03:07 | 06.18 |
| 155 | 4833 | ZIEMIAKOWSKI Sławomir | ŁÓDŹ | | POL VEOLIA | 71 | M40/155 (M)553 | 00:44:43 | 04.28 |
| 776 | 4841 | SZYMCZYK Piotr | ŁÓDŹ | | POL WS ZGIERZ | 77 | M40/776 (M)2840 | 01:05:16 | 06.31 |
| 91 | 4843 | CHYBOWSKI Jarek | ŁÓDŹ | | POL RETKINIA RUN | 77 | M40/91 (M)361 | 00:43:10 | 04.19 |
| 676 | 4844 | KOBYZEV Valeriy | ŁÓDŹ | | POL STUDIO FITNES` PULS` | 74 | M40/676 (M)2354 | 00:57:31 | 05.45 |
| 624 | 4845 | BADEK Grzegorz | ŁÓDŹ | | POL | 73 | M40/624 (M)2161 | 00:55:46 | 05.34 |
| 529 | 4848 | KACZMAREK Jacek | NAMYSŁÓW | | POL BIEGAM DLA BASI | 73 | M40/529 (M)1814 | 00:52:56 | 05.17 |
| 460 | 4849 | WALKIEWICZ Bogusław | ŁÓDŹ | | POL ABB RUN 1.0 | 70 | M40/460 (M)1596 | 00:51:12 | 05.07 |
| 115 | 4855 | KSIĘŻAK Bartosz | ŁÓDŹ | | POL BEAUTY SPORT | 75 | M40/115 (M)431 | 00:43:48 | 04.22 |
| 51 | 4861 | WALKOWIAK Łukasz | WIELUN | | POL WIELUŃ BIEGA | 73 | M40/51 (M)238 | 00:41:12 | 04.07 |
| 651 | 4873 | SZPERNA Artur | PIOTRKÓW TRYB | | POL | 74 | M40/651 (M)2261 | 00:56:40 | 05.40 |
| 222 | 4896 | PACZKOWSKI Paweł | ŁÓDŹ | | POL DIABECIAKI | 73 | M40/222 (M)749 | 00:46:16 | 04.37 |
| 532 | 4902 | SZKUDLARSKI Adam | ŁÓDŹ | | POL WIELKI Z-9 | 73 | M40/532 (M)1829 | 00:53:03 | 05.18 |
| 447 | 4904 | ĆWIEK Marek | KRUSZEWNIA | | POL KRUSZEWNIA RUNNING TEAM | 77 | M40/447 (M)1556 | 00:50:59 | 05.05 |
| 506 | 4905 | KALMARCZYK Piotr | OSTRÓW WIELKOPOLSKI | | POL KS FABRYKA BIEGANIA OSTRÓW | 78 | M40/506 (M)1721 | 00:52:07 | 05.12 |
| WIELKOPOLSKI | | | | | | | | | |
| 535 | 4913 | ZGANIACZ Przemysław | ŁÓDŹ | | POL GFT POLAND | 72 | M40/535 (M)1838 | 00:53:08 | 05.18 |
| 93 | 4915 | DŁUGOSZ Rafał | TOMASZOW | | POL | 78 | M40/93 (M)367 | 00:43:16 | 04.19 |
| 705 | 4919 | KONOPACKI Krzysztof | ZĄBKOWICE ŚLĄSKIE | | POL ABY DO METY | 77 | M40/705 (M)2497 | 00:58:57 | 05.53 |
| 604 | 4927 | KOWALCZYK Grzegorz | GŁOWNO | | POL KS GŁOWNO W BIEGU | 70 | M40/604 (M)2067 | 00:54:58 | 05.29 |
| 767 | 4933 | KOŁODZIEJCZAK Gracjan | ŁÓDŹ | | POL KLUB BIEGACZA ACCENTURE | 74 | M40/767 (M)2781 | 01:03:41 | 06.22 |
| 510 | 4948 | POGOŃSKI Łukasz | JÓZEFÓW | | POL RECTICEL TEAM | 77 | M40/510 (M)1741 | 00:52:22 | 05.14 |
| 635 | 4953 | NIZIŃSKI Tomek | ŁÓDŹ | | POL BIEG ULICĄ PIOTRKOWSKĄ ROSSMAN TEAM74 | M40/635 | (M)2216 | 00:56:16 | 05.37 |
| 680 | 4958 | MATUSIK Tomasz | WARSZAWA | | POL | 76 | M40/680 (M)2369 | 00:57:41 | 05.46 |
| 505 | 4961 | PIEKARCZYK Marcin | JUSTYNÓW | | POL OSP JUSTYNÓW | 72 | M40/505 (M)1720 | 00:52:07 | 05.12 |
| 702 | 4967 | ZIĘBA Bogumił | ŁÓDŹ | | POL RC INOVATICA | 78 | M40/702 (M)2492 | 00:58:54 | 05.53 |
| 698 | 4969 | BRAJCZEWSKI Krzysztof | ŁÓDŹ | | POL NIE ZRZESZONY | 76 | M40/698 (M)2475 | 00:58:47 | 05.52 |
| 359 | 4974 | KOCZBERSKI Tomasz | KATOWICE | | POL | 73 | M40/359 (M)1230 | 00:49:13 | 04.55 |
| 59 | 4975 | BUCHACZ Radosław | ŁÓDŹ | | POL FLEXIDEA | 77 | M40/59 (M)264 | 00:41:40 | 04.10 |
| 474 | 4976 | WRZEŚIŃSKI Piotr | CZĘSTOCHOWA | | POL GAPPAG TEAM | 72 | M40/474 (M)1631 | 00:51:29 | 05.08 |
| 216 | 4977 | MOLENDĄ Michał | WROCLAW | | POL DORAN WROCLAW | 71 | M40/216 (M)738 | 00:46:10 | 04.37 |
| 161 | 4982 | STROŃSKI Artur | ŁĘCZYCA | | POL ZESPÓŁ SZKÓŁ IM JADWIGI GRODZKIEJ | 78 | M40/161 (M)573 | 00:44:50 | 04.29 |
| ŁĘCZYCA | | | | | | | | | |
| 617 | 4991 | KIEDRZYŃSKI Arkadiusz | TORUŃ | | POL BIEGAJZNAMI | 70 | M40/617 (M)2112 | 00:55:22 | 05.32 |
| 638 | 4996 | HERTEL Michał | ŁÓDŹ | | POL MAKOLAB RUNNING TEAM | 73 | M40/638 (M)2224 | 00:56:24 | 05.38 |
| 797 | 4999 | WOŹNIAK Tomasz | ŁÓDŹ | | POL MAKOLAB RUNNING TEAM | 76 | M40/797 (M)2882 | 01:06:55 | 06.41 |
| 508 | 5004 | SŁOMSKI Damian | ŁÓDŹ | | POL | 76 | M40/508 (M)1728 | 00:52:12 | 05.13 |
| 613 | 5005 | WOJCIECHOWSKI Łukasz | KOLONIA ZAWADA | | POL - | 76 | M40/613 (M)2100 | 00:55:13 | 05.31 |
| 524 | 5007 | LISIŃSKI Piotr | PŁOCK | | POL | 78 | M40/524 (M)1775 | 00:52:44 | 05.16 |
| 202 | 5023 | DEC Mirek | OPOLE | | POL RAJSPOORT ACTIVE | 77 | M40/202 (M)701 | 00:45:54 | 04.35 |
| 745 | 5029 | OLEJNICZAK Jarosław | ŁÓDŹ | | POL 25 BRYGADA KAWALERII POWIETRZNEJ | 78 | M40/745 (M)2667 | 01:01:12 | 06.07 |
| 71 | 5054 | STRÓZIŃSKI Mariusz | ŁÓDŹ | | POL | 72 | M40/71 (M)304 | 00:42:27 | 04.14 |
| 551 | 5056 | BAZYDŁO Krzysztof | WŁOCŁAWEK | | POL - | 70 | M40/551 (M)1881 | 00:53:21 | 05.20 |
| 543 | 5057 | WARA-WAŚOWSKI Maciej | ŁÓDŹ | | POL | 69 | M40/543 (M)1860 | 00:53:14 | 05.19 |
| 443 | 5074 | RÓŻAŁSKI Krzysztof | ŁÓDŹ | | POL | 73 | M40/443 (M)1546 | 00:50:54 | 05.05 |
| 286 | 5080 | WACHOWSKI Andrzej | BUKOWINA | | POL BUKOWINA | 73 | M40/286 (M)944 | 00:47:36 | 04.45 |
| 373 | 5088 | KOWALSKI Marcin | WARSZAWA | | POL T-MOBILE RUNNING TEAM | 74 | M40/373 (M)1286 | 00:49:28 | 04.56 |
| 690 | 5094 | PIETRZAK Tomasz | ZGIERZA | | POL | 72 | M40/690 (M)2438 | 00:58:20 | 05.50 |
| 610 | 5100 | WIECZOREK Arkadiusz | ŁÓDŹ | | POL | 74 | M40/610 (M)2088 | 00:55:06 | 05.30 |
| 507 | 5103 | HELENIAK Piotr | ŁÓDŹ | | POL | 72 | M40/507 (M)1724 | 00:52:10 | 05.13 |
| 191 | 5109 | SŁAWSKI Piotr | ŁÓDŹ | | POL - | 73 | M40/191 (M)664 | 00:45:35 | 04.33 |
| 824 | 5112 | ZAWADZKI Zbigniew | ŁÓDŹ | | POL | 73 | M40/824 (M)2996 | 01:14:42 | 07.28 |
| 781 | 5114 | CHMIELEWSKI Dominik | ZGIERZ | | POL | 70 | M40/781 (M)2852 | 01:05:45 | 06.34 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Czas Time | [min/km] |
|--------------|--------|------------------------|---------------------|----------|--------------------------------------|---------|--------------------|-----------|----------|
| 388 | 5116 | KLIMEK Andrzej | ZDUŃSKA WOLA | | POL BBL ZDUŃSKA WOLA | 72 | M40/388 (M)1341 | 00:49:43 | 04.58 |
| 554 | 5119 | GZYL Krzysztof | WARSZAWA | | POL | 75 | M40/554 (M)1896 | 00:53:30 | 05.21 |
| 497 | 5125 | KOWALSKI Szymon | ŁÓDŹ | | POL CELIRONMAN | 77 | M40/497 (M)1702 | 00:52:01 | 05.12 |
| 412 | 5130 | KARKUS Damian | BELCHATÓW | | POL | 76 | M40/412 (M)1438 | 00:50:16 | 05.01 |
| 724 | 5135 | BANACH Jarosław | ŁÓDŹ | | POL BODY-LINE | 77 | M40/724 (M)2590 | 01:00:02 | 06.00 |
| 470 | 5141 | ZWOLIŃSKI Łukasz | WOLA MOSZCZENICKA | | POL BRAK | 76 | M40/470 (M)1619 | 00:51:23 | 05.08 |
| 707 | 5143 | DUBICKI Mariusz | ŁÓDŹ | | POL | 73 | M40/707 (M)2513 | 00:59:07 | 05.54 |
| 499 | 5147 | GRAB Michał | ŁÓDŹ | | POL | 72 | M40/499 (M)1709 | 00:52:03 | 05.12 |
| 255 | 5153 | IDZIKOWSKI Marcin | ŁÓDŹ | | POL ŁÓDŹ | 77 | M40/255 (M)841 | 00:46:49 | 04.40 |
| 669 | 5156 | SZEWEERA Krzysztof | ŁÓDŹ | | POL | 77 | M40/669 (M)2329 | 00:57:22 | 05.44 |
| 166 | 5200 | KARCZ Jacek | PABIANICE | | POL - | 78 | M40/166 (M)581 | 00:44:54 | 04.29 |
| 294 | 5210 | LIPSKI Paweł | ŁÓDŹ | | POL RETKINIA RUN | 76 | M40/294 (M)968 | 00:47:45 | 04.46 |
| 664 | 5219 | FELCZAK Mariusz | ŁÓDŹ | | POL P. O. M.A.R.A.Ń.C.Z.K.I. | 78 | M40/664 (M)2308 | 00:57:10 | 05.43 |
| 12 | 5230 | WALCZUK Marcin | BRZEŃNIO | | POL SIERADZBIEGA.PL | 76 | M40/12 (M)92 | 00:38:42 | 03.52 |
| 384 | 5244 | MICHALAK Witold | PUSZCZYKOWO | | POL ZA WIKTORIĘ | 69 | M40/384 (M)1326 | 00:49:40 | 04.58 |
| 260 | 5253 | LEPKA Mariusz | ŁÓDŹ | | POL RAZEM TRENUJEMY SPORT | 75 | M40/260 (M)859 | 00:46:58 | 04.41 |
| 142 | 5266 | PRUCHNIEWSKI Krzysztof | STRÓŻA | | POL | 76 | M40/142 (M)515 | 00:44:29 | 04.26 |
| 503 | 5271 | BARANOWSKI Michał | SZALE | | POL | 77 | M40/503 (M)1713 | 00:52:05 | 05.12 |
| 802 | 5277 | DĄBROWSKI Radosław | ŁÓDŹ | | POL RED | 70 | M40/802 (M)2900 | 01:07:49 | 06.46 |
| 521 | 5282 | KOCH Grzegorz | ŁÓDŹ | | POL ATLAS RUNNING TEAM | 72 | M40/521 (M)1768 | 00:52:39 | 05.15 |
| 787 | 5287 | WAWRZYŃIAK Marek | GŁOWNO | | POL | 71 | M40/787 (M)2865 | 01:06:11 | 06.37 |
| 814 | 5307 | OSTANÓWKO Krzysztof | ŁÓDŹ | | POL | 78 | M40/814 (M)2943 | 01:10:21 | 07.02 |
| 449 | 5353 | MĘDASIK Michał | ŁÓDŹ | | POL | 78 | M40/449 (M)1563 | 00:51:01 | 05.06 |
| 537 | 5397 | SEKURA Adrian | ŁÓDŹ | | POL VEGE RUNNERS | 73 | M40/537 (M)1840 | 00:53:08 | 05.18 |
| 86 | 5403 | ADAMIEC Dariusz | ŁÓDŹ | | POL | 71 | M40/86 (M)353 | 00:43:06 | 04.18 |
| 361 | 5405 | STASIAK Jarosław | ŁÓDŹ | | POL | 76 | M40/361 (M)1236 | 00:49:16 | 04.55 |
| 399 | 5406 | MIKOŁAJCZYK Piotr | KARLIN | | POL | 76 | M40/399 (M)1372 | 00:49:51 | 04.59 |
| 81 | 5416 | MARKOWSKI Marek | KĘPNO | | POL KS LENIWIEC | 77 | M40/81 (M)339 | 00:42:56 | 04.17 |
| 355 | 5420 | JACKOWSKI Marek | BYDGOSZCZ | | POL GORDON RUN | 76 | M40/355 (M)1198 | 00:49:03 | 04.54 |
| 831 | 5472 | ARDRIASJAR Lerol | ŁÓDŹ | | POL GILLETTE RUN | 74 | M40/831 (M)3028 | 01:21:50 | 08.11 |
| 9 | 5473 | WÓJCIK Robert | ZGIERZ | | POL RAZEM TRENUJEMY SPORT | 73 | M40/9 (M)78 | 00:38:20 | 03.50 |
| 538 | 5483 | DROZDOWSKI Adam | ŁÓDŹ | | POL | 72 | M40/538 (M)1844 | 00:53:11 | 05.19 |
| 793 | 5490 | MŁYNARCYK Marcin | KONSTANTYNÓW ŁÓDZKI | | POL PRZEDMIEŚCIE KONSTANTYNÓW ŁÓDZKI | 76 | M40/793 (M)2877 | 01:06:39 | 06.39 |
| 737 | 5503 | ŚWIATKOWSKI Sławomir | OSTRÓW MAZOWIECKI | | POL OSTROWIANKA | 70 | M40/737 (M)2640 | 01:00:45 | 06.04 |
| 218 | 5508 | TRUSKOLAS Michał | ŁÓDŹ | | POL | 75 | M40/218 (M)740 | 00:46:12 | 04.37 |

Bieg 10 km - M50 [262]

| | | | | | | | | | |
|-----|-----|------------------------|--------------------|--|---|--------|-----------------|----------|-------|
| 70 | 72 | SKATULNIK Sławomir | PIOTRKÓW | | POL PIOTRKOWSKI KLUB BIEGACZA ENDORFINA64 | M50/70 | (M)1023 | 00:48:00 | 04.48 |
| 249 | 81 | KOWAL Piotr | ŁÓDŹ | | POL GAZELLES FLYING TEAM | 68 | M50/249 (M)2913 | 01:08:21 | 06.50 |
| 107 | 82 | ZIELIŃSKI Marek | SZCZAWNÓ ZDRÓJ | | POL DATASPORT | 68 | M50/107 (M)1398 | 00:50:01 | 05.00 |
| 190 | 120 | ROGODZIŃSKI Paweł | TUREK | | POL KB MARATON TUREK | 68 | M50/190 (M)2195 | 00:56:06 | 05.36 |
| 237 | 124 | BANASIAK Piotr | OZORKÓW | | POL KRZAL ADVENTURE TEAM | 66 | M50/237 (M)2821 | 01:04:49 | 06.28 |
| 114 | 138 | SEKIETA Marek | PABIANICE | | POL KU AZS PŁ | 68 | M50/114 (M)1506 | 00:50:39 | 05.03 |
| 187 | 167 | WITMAN Tomasz | ŁÓDŹ | | POL | 64 | M50/187 (M)2186 | 00:56:03 | 05.36 |
| 23 | 173 | KRAJEWSKI Józef | KALISZ | | POL | 61 | M50/23 (M)438 | 00:43:52 | 04.23 |
| 226 | 193 | KWIATKOWSKI Aleksander | ŁOWICZ | | POL IPA KATOWICE VI, PCC | 62 | M50/226 (M)2675 | 01:01:21 | 06.08 |
| 234 | 202 | MARCINKOWSKI Piotr | ROZGARTY | | POL | 68 | M50/234 (M)2801 | 01:04:06 | 06.24 |
| 229 | 215 | STANISZEWSKI Jerzy | GDAŃSK | | POL DRUKARNIA ES-GRAF JANINA STANISZEWSKA | 59 | M50/229 (M)2715 | 01:02:02 | 06.12 |
| 199 | 220 | PODSEDEK Dariusz | ŁÓDŹ | | POL | 68 | M50/199 (M)2297 | 00:57:03 | 05.42 |
| 83 | 253 | CIECHAŃSKI Adam | BUKOWIEC | | POL BUICH | 68 | M50/83 (M)1165 | 00:48:52 | 04.53 |
| 186 | 267 | POGORZELSKI Robert | ALEKSANDRÓW ŁÓDZKI | | POL WYBIERZ | 66 | M50/186 (M)2171 | 00:55:52 | 05.35 |
| 108 | 270 | ŁUCZAK Janusz | ŁÓDŹ | | POL | 68 | M50/108 (M)1408 | 00:50:05 | 05.00 |
| 49 | 276 | KOTYŃIA Krzysztof | BRZEZINY | | POL PIETRZYK RUNNING TEAM | 67 | M50/49 (M)860 | 00:47:00 | 04.42 |
| 28 | 293 | ZALASA Wojciech | ŁÓDŹ | | POL ŁÓDŹ KOCHA SPORT | 68 | M50/28 (M)496 | 00:44:21 | 04.26 |
| 124 | 369 | NAJDER Zbigniew | UJAZD | | POL | 67 | M50/124 (M)1604 | 00:51:15 | 05.07 |
| 30 | 376 | CZYŻEWSKI Piotr | ŁÓDŹ | | POL STRAZ MIEJSKA W ŁÓDZI | 65 | M50/30 (M)513 | 00:44:28 | 04.26 |
| 168 | 383 | IMIŃSKI Cezary | ZGIERZ | | POL PARKRUN ŁÓDŹ | 68 | M50/168 (M)1955 | 00:53:59 | 05.23 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | M | Sex | Czas Time | [min/km] |
|--------------|--------|-------------------------|---------------------|----------|-----------------------------|---------|--------------------|---------|-----|-----------|----------|
| 160 | 388 | PAŚNIK Jarosław | ŁÓDŹ | | POL FUNDACJA KRWINKA | 66 | M50/160 | (M)1880 | | 00:53:21 | 05.20 |
| 61 | 405 | KAMIŃSKI Zbigniew | ŁÓDŹ | | POL AMATOR | 63 | M50/61 | (M)991 | | 00:47:50 | 04.47 |
| 228 | 407 | ROSIAK Paweł | ŁÓDŹ | | POL WISKITNO | 59 | M50/228 | (M)2711 | | 01:01:58 | 06.11 |
| 118 | 429 | JAGODZIŃSKI Dariusz | PIOTRKÓW | | POL PIOTRKÓW BIEGA | 67 | M50/118 | (M)1526 | | 00:50:46 | 05.04 |
| 67 | 430 | SIESS Jarosław | PABIANICE | | POL | 61 | M50/67 | (M)1007 | | 00:47:55 | 04.47 |
| 222 | 438 | ADRJAN Dariusz | WOLA | | POL | 60 | M50/222 | (M)2558 | | 00:59:35 | 05.57 |
| 183 | 483 | SZTAJNERT Piotr | ŁÓDŹ | | POL | 62 | M50/183 | (M)2118 | | 00:55:25 | 05.32 |
| 220 | 492 | STANCZYK Marek | ŁÓDŹ | | POL AMATOR | 62 | M50/220 | (M)2518 | | 00:59:12 | 05.55 |
| 177 | 529 | SZMIDEL Zdzisław | TOMASZÓW | | POL TIME4RUNNING | 63 | M50/177 | (M)2053 | | 00:54:52 | 05.29 |
| 55 | 537 | MODRZEJEWSKI Roman | GRABÓW NAD PROSNĄ | | POL KINGS OF METAL | 67 | M50/55 | (M)930 | | 00:47:28 | 04.44 |
| 225 | 548 | KABAŁA Konrad | ŁÓDŹ | | POL BEAUTY SPORT | 68 | M50/225 | (M)2645 | | 01:00:52 | 06.05 |
| 153 | 555 | ADAMCZEWSKI Sławomir | MOSKWA | | POL HERKTTEAM | 65 | M50/153 | (M)1843 | | 00:53:10 | 05.19 |
| 88 | 562 | ANDRZEJEWSKI Tomasz | PABIANICE | | POL 1962 | 62 | M50/88 | (M)1233 | | 00:49:15 | 04.55 |
| 211 | 579 | GRUSZKA Maciej | ŁÓDŹ | | POL RYSIE | 68 | M50/211 | (M)2447 | | 00:58:25 | 05.50 |
| 131 | 612 | KRZYSZTOFIAK Robert | ŁÓDŹ | | POL | 65 | M50/131 | (M)1699 | | 00:52:00 | 05.12 |
| 209 | 616 | MUSIAŁ Grzegorz | ANTONIEW | | POL - | 64 | M50/209 | (M)2436 | | 00:58:19 | 05.49 |
| 146 | 671 | PAWELEC Andrzej | ŁÓDŹ | | POL HERKTTEAM | 59 | M50/146 | (M)1797 | | 00:52:51 | 05.17 |
| 54 | 713 | NIECKARZ Dariusz | ZGIERZ | | POL ADRIAN! BŁAGAM WOLNIEJ | 67 | M50/54 | (M)910 | | 00:47:20 | 04.44 |
| 235 | 714 | KOWALSKI Antoni | ŁÓDŹ | | POL | 59 | M50/235 | (M)2815 | | 01:04:44 | 06.28 |
| 139 | 730 | BALICKI Jacek | ŁÓDŹ | | POL BIEGACZ NOWOSOLNA | 63 | M50/139 | (M)1760 | | 00:52:33 | 05.15 |
| 38 | 731 | POPŁAWSKI Karol | ŁÓDŹ | | POL | 60 | M50/38 | (M)676 | | 00:45:40 | 04.34 |
| 117 | 750 | GAJDA Piotr | ZGIERZ | | POL ORANGE POLSKA | 64 | M50/117 | (M)1517 | | 00:50:44 | 05.04 |
| 86 | 783 | TYLKE Jerzy | OZORKÓW | | POL OZO OZORKÓW | 63 | M50/86 | (M)1195 | | 00:49:02 | 04.54 |
| 21 | 784 | ZAKRZEWSKI Andrzej | TOMASZÓW-MAZ | | POL WANDA PANFIL TEAM | 59 | M50/21 | (M)423 | | 00:43:43 | 04.22 |
| 259 | 853 | BAUER Jacek | ŁÓDŹ | | POL SLOW JOGGING ŁÓDŹ | 59 | M50/259 | (M)2999 | | 01:15:01 | 07.30 |
| 138 | 872 | CHWALBORSKI Marek | ŁÓDŹ | | POL | 62 | M50/138 | (M)1746 | | 00:52:24 | 05.14 |
| 191 | 885 | BONCZAROWSKI Wojciech | ŁÓDŹ | | POL | 65 | M50/191 | (M)2196 | | 00:56:07 | 05.36 |
| 34 | 890 | WILGOCKI Tomasz | ŁÓDŹ | | POL | 65 | M50/34 | (M)617 | | 00:45:08 | 04.30 |
| 75 | 912 | KRAWCZYK Włodzimierz | TOMASZÓW | | POL TIME4RUNNING | 62 | M50/75 | (M)1064 | | 00:48:12 | 04.49 |
| 250 | 920 | BOJANOWSKI Mirosław | SOCHACZEW | | POL --- | 61 | M50/250 | (M)2916 | | 01:08:27 | 06.50 |
| 154 | 940 | KOPKA Tomasz | KOLONIA BRUŻYCA | | POL -AGB TORFY | 68 | M50/154 | (M)1854 | | 00:53:13 | 05.19 |
| 11 | 951 | RADZIK Witold | KONSTANTYNÓW ŁÓDZKI | | POL | 61 | M50/11 | (M)289 | | 00:42:12 | 04.13 |
| 208 | 956 | WOLKANIN Paweł | ŁÓDŹ | | POL POLPHARMA RUN TEAM | 59 | M50/208 | (M)2391 | | 00:57:55 | 05.47 |
| 35 | 958 | IZDEBSKI Paweł | DALIKÓW | | POL KLUB BIEGACZA PROVIDENT | 67 | M50/35 | (M)651 | | 00:45:28 | 04.32 |
| 164 | 978 | OSTRUSZKA Dariusz | ZGIERZ | | POL - | 68 | M50/164 | (M)1929 | | 00:53:46 | 05.22 |
| 106 | 992 | DRESLEWSKI Piotr | ŁÓDŹ | | POL GHOST-RIDERS | 62 | M50/106 | (M)1388 | | 00:49:58 | 04.59 |
| 245 | 994 | KUBIAK Andrzej | WARTA | | POL | 62 | M50/245 | (M)2899 | | 01:07:49 | 06.46 |
| 241 | 996 | DZIARMAGA Krzysztof | ZGIERZ | | POL . | 61 | M50/241 | (M)2854 | | 01:05:47 | 06.34 |
| 100 | 1005 | RAJKOWSKI Przemysław | CZAPURY | | POL ROSSBIEGANI | 66 | M50/100 | (M)1350 | | 00:49:46 | 04.58 |
| 261 | 1060 | SKEPSKI Zbigniew | WRZAÇA | | POL ROSSBIEGANI | 65 | M50/261 | (M)3030 | | 01:25:27 | 08.32 |
| 231 | 1099 | JASKÓLSKI Jarosław | ŁÓDŹ | | POL ROSSBIEGANI | 65 | M50/231 | (M)2761 | | 01:03:11 | 06.19 |
| 17 | 1103 | STRZELECKI CIRRUS Jakub | ŁÓDŹ | | POL ROSSBIEGANI | 64 | M50/17 | (M)390 | | 00:43:26 | 04.20 |
| 172 | 1313 | CHYCKI Jacek | ŁÓDŹ | | POL ROSSBIEGANI | 68 | M50/172 | (M)2017 | | 00:54:33 | 05.27 |
| 45 | 1328 | KISIEL Władysław | ŁÓDŹ | | POL ROSSBIEGANI | 67 | M50/45 | (M)795 | | 00:46:33 | 04.39 |
| 57 | 1378 | ANDRZEJEWSKI Paweł | ALEKSANDRÓW ŁÓDZKI | | POL | 67 | M50/57 | (M)935 | | 00:47:31 | 04.45 |
| 46 | 1382 | KARAŚ Witold | ŁÓDŹ | | POL RYSIOTEAM | 68 | M50/46 | (M)801 | | 00:46:34 | 04.39 |
| 252 | 1397 | WOJCIECHOWSKI Michał | GOSPODARZ | | POL | 68 | M50/252 | (M)2939 | | 01:09:55 | 06.59 |
| 26 | 1406 | PROROK Dariusz | KURZNIE | | POL | 67 | M50/26 | (M)464 | | 00:44:05 | 04.24 |
| 3 | 1460 | WALIGÓRA Marian | CZĘSTOCHOWA | | POL JASNA GORA | 66 | M50/3 | (M)122 | | 00:39:18 | 03.55 |
| 125 | 1500 | SZYMAŃCZYK Wiesław | NOWE MIASTO | | POL | 67 | M50/125 | (M)1627 | | 00:51:28 | 05.08 |
| 63 | 1510 | BARANOWSKI Krzysztof | KUTNO | | POL KUTNO BIEGA | 62 | M50/63 | (M)996 | | 00:47:51 | 04.47 |
| 150 | 1621 | CYGANEK Marek | SIERADZ | | POL | 62 | M50/150 | (M)1823 | | 00:52:58 | 05.17 |
| 33 | 1623 | DZIEDZIC Grzegorz | SIERADZ | | POL SIERADZBIEGA.PL | 68 | M50/33 | (M)607 | | 00:45:05 | 04.30 |
| 103 | 1638 | KOCIK Arkadiusz | ŁÓDŹ | | POL | 68 | M50/103 | (M)1382 | | 00:49:54 | 04.59 |
| 36 | 1683 | WÓJCIK Mariusz | ŁÓDŹ | | POL | 63 | M50/36 | (M)659 | | 00:45:32 | 04.33 |
| 207 | 1711 | ZASADA Jacek | WŁOCŁAWEK | | POL ZS4 BACZYŃSKI | 68 | M50/207 | (M)2383 | | 00:57:51 | 05.47 |
| 240 | 1731 | KOZIEL Jacek | ŁÓDŹ | | POL - | 64 | M50/240 | (M)2846 | | 01:05:35 | 06.33 |
| 258 | 1751 | FORC Augustyn | NIEMCZA | | POL | 61 | M50/258 | (M)2994 | | 01:13:57 | 07.23 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|--------------|--------|------------------------|--------------------|----------|-------------------------------------|---------|--------------------|---------|-----------|----------|
| 123 | 1777 | WITUSIK Dariusz | ŁÓDŹ | POL | | 65 | M50/123 | (M)1585 | 00:51:08 | 05.06 |
| 93 | 1813 | JEZIORNY Ryszard | WIELUŃ | POL | WIELUŃ BIEGA | 63 | M50/93 | (M)1268 | 00:49:24 | 04.56 |
| 142 | 1817 | BOBEFF Artur | ŁÓDŹ | POL | - | 59 | M50/142 | (M)1764 | 00:52:36 | 05.15 |
| 135 | 1825 | DZIEGIELEWSKI Andrzej | ŻYCHLIN | POL | ROZBIEGANI-ŻYCHLIN | 67 | M50/135 | (M)1717 | 00:52:07 | 05.12 |
| 161 | 1830 | MAŚLANKO Przemysław | BRZEZINY | POL | | 62 | M50/161 | (M)1886 | 00:53:24 | 05.20 |
| 2 | 1833 | KŁYSZ Marek | ANDRESPOL | POL | RAZEM TRENUJEMY SPORT | 68 | M50/2 | (M)100 | 00:38:54 | 03.53 |
| 256 | 1851 | JANICKI Andrzej | ŁÓDŹ | POL | | 62 | M50/256 | (M)2987 | 01:13:32 | 07.21 |
| 201 | 1853 | POMYKAŁA Dariusz | TUSZYN | POL | - | 62 | M50/201 | (M)2321 | 00:57:19 | 05.43 |
| 104 | 1868 | KABA Grzegorz | ZGIERZ | POL | | 60 | M50/104 | (M)1383 | 00:49:54 | 04.59 |
| 170 | 1882 | MAJEWSKI Jacek | ŁÓDŹ | POL | | 61 | M50/170 | (M)1997 | 00:54:20 | 05.26 |
| 179 | 1919 | STANISZEWSKI Dariusz | ŁÓDŹ | POL | 1968 | 68 | M50/179 | (M)2080 | 00:55:04 | 05.30 |
| 136 | 1939 | JAKUBCZAK Tomasz | PIOTRKÓW | POL | | 63 | M50/136 | (M)1734 | 00:52:17 | 05.13 |
| 157 | 1960 | LISOWSKI Krzysztof | ŁÓDŹ | POL | | 66 | M50/157 | (M)1866 | 00:53:16 | 05.19 |
| 9 | 1981 | ZALEŃSKI Lesław | WROCLAW | POL | WROCLAW MARATHON TEAM | 59 | M50/9 | (M)251 | 00:41:25 | 04.08 |
| 58 | 1987 | MATUSIAK Grzegorz | ŁÓDŹ | POL | MCM BALUTY | 64 | M50/58 | (M)939 | 00:47:32 | 04.45 |
| 238 | 1989 | WITKOWSKI Jacek | ŁÓDŹ | POL | EPOKA NORDICA | 68 | M50/238 | (M)2828 | 01:04:56 | 06.29 |
| 204 | 2000 | SZKOPEK Jacek | ŁÓDŹ | POL | | 59 | M50/204 | (M)2376 | 00:57:46 | 05.46 |
| 48 | 2033 | WEISS Adam | BUKOWIEC | POL | | 68 | M50/48 | (M)846 | 00:46:52 | 04.41 |
| 37 | 2062 | MARCINIAK Cezary | PABIANICE | POL | PKK99 | 65 | M50/37 | (M)670 | 00:45:36 | 04.33 |
| 120 | 2091 | BARANOWSKI Bogumił | ŁÓDŹ | POL | PARKRUN | 60 | M50/120 | (M)1542 | 00:50:52 | 05.05 |
| 112 | 2092 | OSIŃSKI Stanisław | ŁÓDŹ | POL | E&S | 61 | M50/112 | (M)1478 | 00:50:32 | 05.03 |
| 260 | 2093 | GRABOWSKI Andrzej | ŁÓDŹ | POL | EPOKA NORDICA | 65 | M50/260 | (M)3002 | 01:15:25 | 07.32 |
| 227 | 2116 | JACHNIK Włodzimierz | KOŁO | POL | | 64 | M50/227 | (M)2689 | 01:01:35 | 06.09 |
| 31 | 2124 | WAŚICKI Artur | DOBROŃ | POL | | 63 | M50/31 | (M)514 | 00:44:28 | 04.26 |
| 257 | 2133 | BRZAKAŁA Karol | ŁÓDŹ | POL | SLOW JOGGING ŁÓDŹ | 65 | M50/257 | (M)2988 | 01:13:32 | 07.21 |
| 195 | 2141 | GOCZAŁ Robert | ŁÓDŹ | POL | DRUŻYNA SAPERÓW | 68 | M50/195 | (M)2253 | 00:56:36 | 05.39 |
| 244 | 2175 | WIŚNIEWSKI Paweł | ŁÓDŹ | POL | | 67 | M50/244 | (M)2888 | 01:07:20 | 06.44 |
| 13 | 2182 | MILCZAREK Przemysław | GŁOWNO | POL | KS GŁOWNO W BIEGU | 65 | M50/13 | (M)316 | 00:42:39 | 04.15 |
| 40 | 2190 | FILIPEK Paweł | PIOTRKÓW | POL | PIOTRKOWSKI KLUB BIEGACZA ENDORFINA | 67 | M50/40 | (M)729 | 00:46:06 | 04.36 |
| 105 | 2206 | OCHNIO Krzysztof | KĘPNO | POL | | 66 | M50/105 | (M)1385 | 00:49:56 | 04.59 |
| 68 | 2236 | PORĘBSKI Zbigniew | ALEKSANDRÓW ŁÓDZKI | POL | QUATTRO | 67 | M50/68 | (M)1008 | 00:47:55 | 04.47 |
| 56 | 2287 | FILIPCZAK Włodzimierz | TUREK | POL | KB MARATON TUREK | 64 | M50/56 | (M)934 | 00:47:31 | 04.45 |
| 111 | 2290 | BOCZEK Krzysztof | NIEBORÓW | POL | | 66 | M50/111 | (M)1454 | 00:50:23 | 05.02 |
| 102 | 2327 | NEYMAN Olgierd | WARTA | POL | RAJSPORT ACTIVE | 65 | M50/102 | (M)1359 | 00:49:49 | 04.58 |
| 247 | 2355 | LENDZION Andrzej | CZĘSTOCHOWA | POL | | 65 | M50/247 | (M)2902 | 01:07:53 | 06.47 |
| 85 | 2443 | KONIECZNY Waldemar | ZANIEMIŚL | POL | POLONIA ŚRODA | 60 | M50/85 | (M)1187 | 00:48:58 | 04.53 |
| 89 | 2525 | PODZIŃSKI Edward | ŁÓDŹ | POL | ORIENTUS | 61 | M50/89 | (M)1235 | 00:49:16 | 04.55 |
| 1 | 2538 | BARAN Andrzej | KALISZ | POL | LASPOL | 67 | M50/1 | (M)59 | 00:37:19 | 03.43 |
| 29 | 2557 | JĘDRZEJCZAK Wojciech | ŁÓDŹ | POL | SAGE FOUNDATION | 65 | M50/29 | (M)512 | 00:44:28 | 04.26 |
| 20 | 2585 | GÓZAŃSKI Jarosław | ŁÓDŹ | POL | MPK ŁÓDŹ | 68 | M50/20 | (M)420 | 00:43:42 | 04.22 |
| 144 | 2590 | KRYDA Jacek | JANÓWKA | POL | MPK-ŁÓDŹ | 66 | M50/144 | (M)1776 | 00:52:44 | 05.16 |
| 64 | 2597 | STOLARZ Andrzej | ZGIERZ | POL | MPK ŁÓDŹ | 66 | M50/64 | (M)999 | 00:47:51 | 04.47 |
| 202 | 2732 | BYCZKO Szymon | ŁÓDŹ | POL | | 67 | M50/202 | (M)2338 | 00:57:25 | 05.44 |
| 18 | 2747 | DERCZYŃSKI Marcin | ŁÓDŹ | POL | | 68 | M50/18 | (M)393 | 00:43:28 | 04.20 |
| 175 | 2792 | KLIMCZEWSKI Marek | ŁÓDŹ | POL | FOREVER YOUNG ŁÓDŹ | 65 | M50/175 | (M)2048 | 00:54:49 | 05.28 |
| 196 | 2815 | SUSKI Maciej | ŁÓDŹ | POL | ŁÓDŹ RUNNING TEAM | 62 | M50/196 | (M)2255 | 00:56:37 | 05.39 |
| 59 | 2823 | PASTUSZKA Mirosław | ŁÓDŹ | POL | RUN ŁDZ | 66 | M50/59 | (M)952 | 00:47:39 | 04.45 |
| 141 | 2838 | RZEŹNICKI Karol | ŁÓDŹ | POL | UKS PRAUSSA | 66 | M50/141 | (M)1763 | 00:52:36 | 05.15 |
| 132 | 2878 | OCZAKOWSKI Włodzimierz | RAWA MAZOWIECKA | POL | KRA-KERS RAWA MAZOWIECKA | 63 | M50/132 | (M)1701 | 00:52:00 | 05.12 |
| 203 | 2912 | KAMIONOWSKI Mariusz | OSTROLEKA | POL | MORSY OSTROLEKA | 66 | M50/203 | (M)2366 | 00:57:40 | 05.46 |
| 15 | 2915 | JUSZCZAK Włodzimierz | OSTRZESZÓW | POL | SKS SZCZĘŚCIE | 62 | M50/15 | (M)349 | 00:43:00 | 04.18 |
| 79 | 2917 | FARON Krzysztof | LUBLIN | POL | RUN4FUN | 63 | M50/79 | (M)1120 | 00:48:38 | 04.51 |
| 39 | 2938 | BUDZYŃSKI Arek | WIELUŃ | POL | WIELUŃ BIEGA | 66 | M50/39 | (M)682 | 00:45:44 | 04.34 |
| 52 | 2963 | DUK Janusz | ŁÓDŹ | POL | -VERA RUNNING TEAM-LABOSPORT | 66 | M50/52 | (M)882 | 00:47:10 | 04.43 |
| 242 | 3023 | BLACHOWSKI Jacek | ŁÓDŹ | POL | ATLAS RUNNING TEAM | 59 | M50/242 | (M)2858 | 01:05:54 | 06.35 |
| 99 | 3044 | ŚWIĘCH Wojtek | KSAWERÓW | POL | ATLAS RUNNING TEAM | 68 | M50/99 | (M)1348 | 00:49:45 | 04.58 |
| 233 | 3057 | STEFANCZYK Bogusław | ALEKSANDRÓW ŁÓDZKI | POL | -AGB TORFY | 63 | M50/233 | (M)2788 | 01:03:53 | 06.23 |
| 214 | 3096 | BARTKOWSKI Maciej | SKOTNIKI | POL | RUNNING TETIS | 63 | M50/214 | (M)2466 | 00:58:39 | 05.51 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|--------------|--------|------------------------|---------------------|----------|---------------------------------------|---------|--------------------|---------|-----------|----------|
| 127 | 3116 | ADAMCZYK Wojciech | KRAKÓW | | POL WEST COAST RUNNERS CYPRUS | 61 | M50/127 | (M)1671 | 00:51:47 | 05.10 |
| 14 | 3125 | CICHECKI Arkadiusz | ALEKSANDRÓW ŁÓDZKI | | POL CELIRONMAN | 60 | M50/14 | (M)348 | 00:42:59 | 04.17 |
| 248 | 3163 | OSINSKI Grzegorz | SZCZECIN | | POL | 65 | M50/248 | (M)2910 | 01:08:16 | 06.49 |
| 91 | 3181 | GOZDALIK Sławomir | SIERADZ | | POL BRAK | 68 | M50/91 | (M)1241 | 00:49:18 | 04.55 |
| 232 | 3188 | BARTCZAK Krzysztof | ŁÓDŹ | | POL NIEZALEŻNY :) | 64 | M50/232 | (M)2784 | 01:03:44 | 06.22 |
| 181 | 3198 | SZAŁABSKI Marek | PABIANICE | | POL BIEGAM BO LUBIĘ | 62 | M50/181 | (M)2107 | 00:55:18 | 05.31 |
| 137 | 3203 | KUŚMIERZ Jerzy | SKIERNIEWICE | | POL SKIERNIEWICKIE PORANKI BIEGOWE | 63 | M50/137 | (M)1737 | 00:52:19 | 05.13 |
| 72 | 3206 | CHOJA Sławomir | PONIATÓW | | POL | 66 | M50/72 | (M)1039 | 00:48:05 | 04.48 |
| 254 | 3218 | KOWALSKI Borys | WARSZAWA | | POL | 60 | M50/254 | (M)2967 | 01:11:55 | 07.11 |
| 165 | 3235 | SZUSTOWSKI Tomasz | ŁÓDŹ | | POL | 59 | M50/165 | (M)1936 | 00:53:49 | 05.22 |
| 243 | 3245 | MOCALA Tomasz | WODZIERADY | | POL | 63 | M50/243 | (M)2871 | 01:06:31 | 06.39 |
| 8 | 3253 | NOWICKI Andrzej | BIELAWA | | POL WIELKA SOWA | 61 | M50/8 | (M)223 | 00:41:00 | 04.06 |
| 119 | 3278 | LOGUE William | ŁÓDŹ | | POL --- | 67 | M50/119 | (M)1537 | 00:50:49 | 05.04 |
| 167 | 3281 | WILK Mariusz | PYSKOWICE | | POL DZIERŻNO | 66 | M50/167 | (M)1952 | 00:53:58 | 05.23 |
| 115 | 3286 | WLAŻLIK Dariusz | ŁÓDŹ | | POL ŁÓDŹ RUNNING TEAM | 67 | M50/115 | (M)1513 | 00:50:43 | 05.04 |
| 163 | 3351 | TABOR Robert | JEŻOWE | | POL | 65 | M50/163 | (M)1903 | 00:53:34 | 05.21 |
| 230 | 3354 | KARTASIŃSKI Adam | GAŁKÓW DYŻY | | POL | 68 | M50/230 | (M)2720 | 01:02:07 | 06.12 |
| 171 | 3364 | MIERNICKI Mariusz | DZIERŻONIÓW | | POL | 59 | M50/171 | (M)2013 | 00:54:31 | 05.27 |
| 162 | 3387 | KWAPISIEWICZ Krzysztof | ŁÓDŹ | | POL | 68 | M50/162 | (M)1893 | 00:53:29 | 05.20 |
| 126 | 3390 | OLCZYK Andrzej | PRZEDBÓRZ | | POL | 64 | M50/126 | (M)1644 | 00:51:35 | 05.09 |
| 149 | 3412 | SOWIŃSKI Jarosław | TULCE | | POL TERAZ TULCE MY BIEGAMY | 63 | M50/149 | (M)1813 | 00:52:55 | 05.17 |
| 82 | 3437 | KOSTECKI Marek | ŁÓDŹ | | POL ŁODZIAK | 65 | M50/82 | (M)1146 | 00:48:46 | 04.52 |
| 147 | 3443 | NOWAK Dariusz | ŁÓDŹ | | POL | 65 | M50/147 | (M)1810 | 00:52:55 | 05.17 |
| 255 | 3458 | PODGORSKI Grzegorz | ŁÓDŹ | | POL --- | 64 | M50/255 | (M)2975 | 01:12:40 | 07.16 |
| 200 | 3495 | CISZEWSKI Paweł | PIOTRÓW TRYB. | | POL GARDA | 67 | M50/200 | (M)2316 | 00:57:15 | 05.43 |
| 169 | 3547 | KOŚCIARZ Krzysztof | WIELUŃ | | POL BRAK | 68 | M50/169 | (M)1979 | 00:54:13 | 05.25 |
| 6 | 3591 | PULACZEWSKI Andrzej | ŁÓDŹ | | POL | 68 | M50/6 | (M)212 | 00:40:51 | 04.05 |
| 134 | 3604 | KOWALSKI Karol | ŁÓDŹ | | POL BIEGAM,BO BIEGAM | 59 | M50/134 | (M)1716 | 00:52:06 | 05.12 |
| 10 | 3666 | WOŹNIAK Andrzej | ŁÓDŹ | | POL KB ARTURÓWEK | 61 | M50/10 | (M)267 | 00:41:42 | 04.10 |
| 176 | 3680 | KRAKOWIAK Jacek | ŁÓDŹ | | POL --- | 67 | M50/176 | (M)2050 | 00:54:50 | 05.29 |
| 182 | 3707 | TORRE Norberto | ŁÓDŹ | | ARG CLARIANT | 67 | M50/182 | (M)2109 | 00:55:19 | 05.31 |
| 212 | 3730 | KALUŻYŃSKI Jacek | ŁÓDŹ | | POL | 65 | M50/212 | (M)2458 | 00:58:33 | 05.51 |
| 197 | 3775 | LIMIERA Dariusz | PABIANICE | | POL DRUŻYNA L! | 64 | M50/197 | (M)2276 | 00:56:49 | 05.40 |
| 253 | 3799 | PODGÓRSKI Jarosław | TARNOWSKIE GÓRY | | POL | 68 | M50/253 | (M)2944 | 01:10:22 | 07.02 |
| 27 | 3810 | GRUDZIŃSKI Zbigniew | ŁÓDŹ | | POL | 59 | M50/27 | (M)493 | 00:44:20 | 04.26 |
| 95 | 3817 | PARCHOMIUK Andrzej | WARSZAWA | | POL | 63 | M50/95 | (M)1271 | 00:49:24 | 04.56 |
| 151 | 3822 | BRZOSTEK Edward | CZĘSTOCHOWA | | POL ZABIEGANI CZĘSTOCHOWA | 62 | M50/151 | (M)1830 | 00:53:04 | 05.18 |
| 189 | 3838 | BROWN Shawn | AURORA | | USA | 67 | M50/189 | (M)2193 | 00:56:05 | 05.36 |
| 239 | 3855 | FRÖBEL Piotr | ZDUNSKA WOLA | | POL | 62 | M50/239 | (M)2839 | 01:05:16 | 06.31 |
| 156 | 3858 | RADZIEJOWSKI Bogusław | CZĘSTOCHOWA | | POL BBL CZĘSTOCHOWA | 60 | M50/156 | (M)1864 | 00:53:16 | 05.19 |
| 140 | 3866 | CHROMIŃSKI Grzegorz | ŁÓDŹ | | POL CUDIM | 68 | M50/140 | (M)1761 | 00:52:34 | 05.15 |
| 16 | 3889 | SZKUDLAREK Robert | PABIANICE | | POL TATA I AGATA | 67 | M50/16 | (M)357 | 00:43:09 | 04.18 |
| 246 | 3896 | BŁOŃSKI Piotr | ŁÓDŹ | | POL | 65 | M50/246 | (M)2901 | 01:07:53 | 06.47 |
| 122 | 3909 | CIUPIŃSKI Tomasz | ŁÓDŹ | | POL NIE ZRZESZONY | 64 | M50/122 | (M)1579 | 00:51:07 | 05.06 |
| 5 | 3910 | WASIAK Wiesław | ŁÓDŹ | | POL | 61 | M50/5 | (M)147 | 00:39:46 | 03.58 |
| 84 | 3912 | BOROWCZYK Jacek | TOMASZÓW | | POL ANTEK TEAM | 65 | M50/84 | (M)1169 | 00:48:53 | 04.53 |
| 216 | 3951 | BRZEZIŃSKI Piotr | ŁÓDŹ | | POL FAN-RUN TEAM | 66 | M50/216 | (M)2499 | 00:58:58 | 05.53 |
| 32 | 3984 | RYBICKI Robert | BODZANÓW | | POL SOKÓŁ BODZANÓW | 68 | M50/32 | (M)603 | 00:45:03 | 04.30 |
| 81 | 4001 | BŁASZCZYK Andrzej | WARTKOWICE | | POL KB GEOTERMIA UNIEJÓW | 65 | M50/81 | (M)1133 | 00:48:43 | 04.52 |
| 113 | 4003 | PAWLAK Kazimierz | OSTRÓW WIELKOPOLSKI | | POL NIGHT RUNNERS OSTRÓW WIELKOPOLSKI | 59 | M50/113 | (M)1488 | 00:50:35 | 05.03 |
| 218 | 4020 | RATAJCZYK Jacek | KALISZ | | POL | 66 | M50/218 | (M)2505 | 00:59:01 | 05.54 |
| 74 | 4026 | ŁASKI Krzysztof | ŁÓDŹ | | POL | 64 | M50/74 | (M)1063 | 00:48:11 | 04.49 |
| 4 | 4061 | KAWELCZYK Robert | CZĘSTOCHOWA | | POL ZABIEGANI CZĘSTOCHOWA | 67 | M50/4 | (M)128 | 00:39:28 | 03.56 |
| 73 | 4073 | MAJCHRZYK Paweł | TOMASZÓW MAZ. | | POL WANDA PANFIL TEAM | 65 | M50/73 | (M)1057 | 00:48:10 | 04.49 |
| 77 | 4075 | MATUSZAK Krzysztof | TUREK | | POL | 62 | M50/77 | (M)1071 | 00:48:15 | 04.49 |
| 69 | 4078 | TOMCZYK Sylwester | OBZĘBIN | | POL KB MARATON TUREK | 68 | M50/69 | (M)1013 | 00:47:57 | 04.47 |
| 180 | 4091 | WRÓBLEWSKI Zbigniew | ŁÓDŹ | | POL MOCNI W DUCHU - ZABIEGANI | 67 | M50/180 | (M)2085 | 00:55:05 | 05.30 |
| 62 | 4094 | WŁODARSKI Jacek | TUREK | | POL | 68 | M50/62 | (M)992 | 00:47:50 | 04.47 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-------------|--|------------|-----------------------|---------|--------------|----------|
| 101 | 4115 | MROWICKI Grzegorz | ŁÓDŹ | | POL | 63 | M50/101 | (M)1354 | 00:49:47 | 04.58 |
| 19 | 4133 | CZEKALSKI Jacek | PABIANICE | | POL | 66 | M50/19 | (M)403 | 00:43:34 | 04.21 |
| 128 | 4139 | WALCZAK Jacek | BRZOZÓW | | POL ZSMR PIĄTEK | 64 | M50/128 | (M)1674 | 00:51:47 | 05.10 |
| 219 | 4174 | ZIĘBACZEWSKI Wojciech | ŁÓDŹ | | POL WIKI RUN | 68 | M50/219 | (M)2511 | 00:59:04 | 05.54 |
| 205 | 4185 | SERAFIN Dariusz | STARACHOWICE | | POL ZABIEGANE STARACHOWICE | 68 | M50/205 | (M)2377 | 00:57:46 | 05.46 |
| 98 | 4210 | PECYNA Dariusz | ŁÓDŹ | | POL | 68 | M50/98 | (M)1335 | 00:49:42 | 04.58 |
| 43 | 4233 | KANCERSKI Krzysztof | ŁÓDŹ | | POL BEAUTY SPORT | 61 | M50/43 | (M)764 | 00:46:24 | 04.38 |
| 221 | 4294 | DUDAS Wiesław | ŁÓDŹ | | POL N/D | 63 | M50/221 | (M)2556 | 00:59:34 | 05.57 |
| 116 | 4300 | BOROŃ Ryszard | NOWA IWICZNA | | POL | 60 | M50/116 | (M)1515 | 00:50:43 | 05.04 |
| 22 | 4307 | SOWIŃSKI Jarosław | WRZAÇA | | POL AZS PŁ | 68 | M50/22 | (M)425 | 00:43:44 | 04.22 |
| 97 | 4347 | SMOLIŃSKI Zbigniew | ŁÓDŹ | | POL | 66 | M50/97 | (M)1328 | 00:49:40 | 04.58 |
| 166 | 4354 | ZAWADZKI Tadeusz | PRUSZKÓW | | POL | 63 | M50/166 | (M)1945 | 00:53:55 | 05.23 |
| 215 | 4395 | GOLEŃ Mirosław | ŁÓDŹ | | POL B/S/H/ ŁÓDŹ RUNNING TEAM | 64 | M50/215 | (M)2467 | 00:58:40 | 05.52 |
| 173 | 4408 | WALAK Dariusz | ŁÓDŹ | | POL B/S/H/ ŁÓDŹ RUNNING TEAM | 61 | M50/173 | (M)2024 | 00:54:38 | 05.27 |
| 92 | 4424 | KUMIDAJ Jacek | STRYKÓW | | POL | 61 | M50/92 | (M)1245 | 00:49:20 | 04.56 |
| 12 | 4429 | SOLAREK Piotr | TUSZYN | | POL | 68 | M50/12 | (M)309 | 00:42:33 | 04.15 |
| 47 | 4458 | NOWAK Sławomir | ŁÓDŹ | | POL | 66 | M50/47 | (M)827 | 00:46:44 | 04.40 |
| 90 | 4486 | WNUK Przemysław | ŁÓDŹ | | POL SPORTERA RUNNING TEAM | 66 | M50/90 | (M)1239 | 00:49:18 | 04.55 |
| 78 | 4492 | SZTACHAŃSKI Piotr | ŁÓDŹ | | POL | 67 | M50/78 | (M)1081 | 00:48:21 | 04.50 |
| 87 | 4496 | TLAŁKA Leszek | BELCHATÓW | | POL NIEZRZESZONY | 59 | M50/87 | (M)1203 | 00:49:03 | 04.54 |
| 178 | 4532 | SOKOŁOWSKI Wojciech | WARSZAWA | | POL | 67 | M50/178 | (M)2055 | 00:54:54 | 05.29 |
| 210 | 4543 | KAPCZYŃSKI Piotr | ŁÓDŹ | | POL | 66 | M50/210 | (M)2446 | 00:58:25 | 05.50 |
| 145 | 4545 | WYSOCKI Zdzisław | BELCHATÓW | | POL KB SPARTAKUS BELCHATÓW | 59 | M50/145 | (M)1791 | 00:52:49 | 05.16 |
| 94 | 4562 | MANDAT Janek | OLEŚNICA | | POL KB LUPUS OLEŚNICA | 59 | M50/94 | (M)1269 | 00:49:24 | 04.56 |
| 41 | 4605 | JASIŃSKI Marek | WARSZAWA | | POL | 60 | M50/41 | (M)753 | 00:46:19 | 04.37 |
| 193 | 4653 | KUCAB Andrzej | LUBIN | | POL | 66 | M50/193 | (M)2227 | 00:56:26 | 05.38 |
| 76 | 4658 | MUSIEROWICZ Jarosław | KUTNO | | POL | 67 | M50/76 | (M)1066 | 00:48:13 | 04.49 |
| 192 | 4691 | SZRAJNERT Jacek | ŁÓDŹ | | POL | 63 | M50/192 | (M)2217 | 00:56:17 | 05.37 |
| 80 | 4702 | KOSTUSIAK Krzysztof | ZGIERZ | | POL | 68 | M50/80 | (M)1131 | 00:48:43 | 04.52 |
| 65 | 4756 | SOBCZAK Krzysztof | KUTNO | | POL KUTNO BIEGA | 68 | M50/65 | (M)1000 | 00:47:52 | 04.47 |
| 236 | 4768 | DENUSZEK Tomasz | PABIANICE | | POL | 59 | M50/236 | (M)2818 | 01:04:46 | 06.28 |
| 143 | 4792 | RACZYŃSKI Ireneusz | ALEKSANDRÓW ŁÓDZKI | | POL TIGERS TEAM | 59 | M50/143 | (M)1766 | 00:52:37 | 05.15 |
| 155 | 4799 | FAJFER Jacek | GRUSZCZYN | | POL | 60 | M50/155 | (M)1858 | 00:53:14 | 05.19 |
| 121 | 4807 | DOBROWOLSKI Marek | ŁÓDŹ | | POL VEOLIA | 67 | M50/121 | (M)1569 | 00:51:05 | 05.06 |
| 51 | 4808 | DYKTYŃSKI Krzysztof | ŁÓDŹ | | POL VEOLIA | 63 | M50/51 | (M)873 | 00:47:07 | 04.42 |
| 110 | 4809 | FRAŃCZAK Grzegorz | DOBRA NOWINY | | POL VEOLIA | 63 | M50/110 | (M)1443 | 00:50:17 | 05.01 |
| 159 | 4810 | GABARSKI Waldemar | WARSZAWA | | POL VEOLIA | 67 | M50/159 | (M)1874 | 00:53:19 | 05.19 |
| 188 | 4822 | PATOWSKI Dariusz | ZGIERZ | | POL VEOLIA | 65 | M50/188 | (M)2188 | 00:56:04 | 05.36 |
| 42 | 4825 | PIETRASIAK Jacek | STARE SKOSZEWY | | POL VEOLIA | 65 | M50/42 | (M)758 | 00:46:20 | 04.38 |
| 71 | 4878 | KRUPA Roman | ŁÓDŹ | | POL | 66 | M50/71 | (M)1024 | 00:48:00 | 04.48 |
| 158 | 4912 | WACHOWIEC Jarosław | ROKICINY KOLONIA | | POL | 68 | M50/158 | (M)1867 | 00:53:16 | 05.19 |
| 213 | 4956 | THOMAS Szczepan | WARSZAWA | | POL WARSZAWSKA AKADEMIA KARATE TRADYCYJNEGO | 61 | M50/213 | (M)2463 | 00:58:38 | 05.51 |
| 130 | 4960 | DLUGOSZ Marek | WARTKOWICE | | POL KB GEOTERMIA UNIEJÓW | 66 | M50/130 | (M)1696 | 00:51:57 | 05.11 |
| 109 | 4981 | JÓZEFIAK Leszek | PABIANICE | | POL PTC | 66 | M50/109 | (M)1412 | 00:50:07 | 05.00 |
| 96 | 4988 | DAUENHAUER Jacek | ŁÓDŹ | | POL DBAM O ZDROWIE | 67 | M50/96 | (M)1292 | 00:49:29 | 04.56 |
| 50 | 5009 | STAŃCZUK Leszek | CHODÓW | | POL YULO RUN TEAM SIEDLCE | 62 | M50/50 | (M)872 | 00:47:06 | 04.42 |
| 7 | 5016 | GOZDERA Sławomir | SKIERNIEWICE | | POL TRUCHT SKIERNIEWICE | 68 | M50/7 | (M)219 | 00:40:58 | 04.05 |
| 174 | 5019 | BERNACIK Paweł | TOMASZÓW | | POL | 65 | M50/174 | (M)2029 | 00:54:39 | 05.27 |
| 53 | 5069 | STEFAN Różanek | LESZNO | | POL | 61 | M50/53 | (M)898 | 00:47:17 | 04.43 |
| 44 | 5075 | MAKSYMOWICZ Piotr | ŁÓDŹ | | POL | 62 | M50/44 | (M)788 | 00:46:31 | 04.39 |
| 152 | 5084 | ZAWODNIK Anonimowy | | | POL | | M50/152 | (M)1831 | 00:53:04 | 05.18 |
| 198 | 5085 | CHMURSKI Zbigniew | GOSPODARZ | | POL - | 65 | M50/198 | (M)2279 | 00:56:50 | 05.41 |
| 223 | 5111 | WOŹNIAKOWSKI Tomasz | ŁÓDŹ | | POL | 61 | M50/223 | (M)2605 | 01:00:16 | 06.01 |
| 60 | 5124 | GRZELEWSKI Mirosław | KSAWERÓW | | POL TEAM SC | 66 | M50/60 | (M)954 | 00:47:40 | 04.46 |
| 148 | 5185 | ANTOSIEWICZ Konrad | ŁÓDŹ | | POL BRAK | 68 | M50/148 | (M)1812 | 00:52:55 | 05.17 |
| 206 | 5220 | OSTAFIN Zbigniew | ZGIERZ | | POL MPK ŁÓDŹ | 61 | M50/206 | (M)2379 | 00:57:46 | 05.46 |
| 133 | 5221 | JĘDRASIK Stanisław | INOWROCŁAW | | POL | 61 | M50/133 | (M)1704 | 00:52:02 | 05.12 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | M | Czas Time | [min/km] |
|--------------|--------|-----------------------|------------------|----------|-------------------------------|---------|--------------------|---------|-----------|----------|
| 24 | 5233 | BARANOWSKI Antoni | TUMIDAJ | | POL NIEZRZESZONY | 59 | M50/24 | (M)448 | 00:43:58 | 04.23 |
| 194 | 5252 | KROK Krzysztof | MUSZYNA | | POL NIEZRZESZONY | 63 | M50/194 | (M)2231 | 00:56:27 | 05.38 |
| 217 | 5270 | GAWRYCH Zbigniew | ŁÓDŹ | | POL GLOBITEL | 68 | M50/217 | (M)2502 | 00:58:58 | 05.53 |
| 129 | 5357 | SOBIERAJSKI Jacek | ŁÓDŹ | | POL | 63 | M50/129 | (M)1691 | 00:51:56 | 05.11 |
| 25 | 5411 | SIERZPUTOWSKI Mariusz | OLSZTYN | | POL | 61 | M50/25 | (M)459 | 00:44:03 | 04.24 |
| 251 | 5440 | GRACZYK Michał | ŁÓDŹ | | POL | 67 | M50/251 | (M)2928 | 01:08:59 | 06.53 |
| 66 | 5459 | KOPCZYK Marek | TUREK | | POL KB MARATON TUREK | 65 | M50/66 | (M)1001 | 00:47:52 | 04.47 |
| 184 | 5463 | DUDEK Dariusz | HENRYKÓW UROCZE | | POL | 67 | M50/184 | (M)2146 | 00:55:40 | 05.34 |
| 224 | 5471 | KOŁAK Grzegorz | ŁÓDŹ | | POL TME | 67 | M50/224 | (M)2637 | 01:00:41 | 06.04 |
| 185 | 5555 | KWIECIEN Zbigniew | BIERUTÓW | | POL BIERUTOWSKA GRUPA BIEGOWA | 60 | M50/185 | (M)2160 | 00:55:46 | 05.34 |

Bieg 10 km - M60 [85]

| | | | | | | | | | | |
|----|------|-----------------------|----------------------|--|---|----|--------|---------|----------|-------|
| 39 | 59 | CZUBIŃSKI Marek | ŁÓDŹ | | POL | 53 | M60/39 | (M)2060 | 00:54:55 | 05.29 |
| 24 | 164 | DABIOCH Marek | STAROWA GÓRA | | POL | 54 | M60/24 | (M)1405 | 00:50:04 | 05.00 |
| 36 | 178 | JARECKI Stanisław | KONIN | | POL MPEC KONIN - AKTYWNI KONIN | 52 | M60/36 | (M)2046 | 00:54:48 | 05.28 |
| 29 | 179 | KOLASA Andrzej | WARSZAWA | | POL KLUB J.SŁOWACKIEGO | 51 | M60/29 | (M)1719 | 00:52:07 | 05.12 |
| 44 | 184 | BOJARCZUK Waldemar | TOMASZÓW | | POL TIME4RUNNING | 56 | M60/44 | (M)2184 | 00:56:02 | 05.36 |
| 62 | 453 | WAWRZOŁA Antoni | SIEMIANOWICE ŚLĄSKIE | | POL LECYMY DURŚ | 51 | M60/62 | (M)2647 | 01:00:54 | 06.05 |
| 57 | 501 | ŁUCZAK Jerzy | ŁÓDŹ | | POL - | 51 | M60/57 | (M)2431 | 00:58:15 | 05.49 |
| 34 | 543 | KWAŚNIEWSKI Henryk | ŁÓDŹ | | POL | 54 | M60/34 | (M)1973 | 00:54:09 | 05.24 |
| 49 | 658 | JABŁOŃSKI Piotr | KŁODAWA | | POL | 56 | M60/49 | (M)2299 | 00:57:05 | 05.42 |
| 69 | 703 | RUROWICZ Paweł | ŁÓDŹ | | POL | 52 | M60/69 | (M)2742 | 01:02:40 | 06.16 |
| 61 | 706 | ANYSZKA Stanisław | GLINNIK | | POL - | 53 | M60/61 | (M)2602 | 01:00:12 | 06.01 |
| 25 | 815 | LEWANDOWSKI Kazimierz | GŁÓWNO | | POL | 57 | M60/25 | (M)1489 | 00:50:36 | 05.03 |
| 4 | 905 | BRONISZEWSKI Ryszard | PIOTRKÓW | | POL PASSION LIFE JOY | 57 | M60/4 | (M)413 | 00:43:39 | 04.21 |
| 19 | 918 | MOŚCICKI Zenon | RUTKI | | POL | 53 | M60/19 | (M)1247 | 00:49:20 | 04.56 |
| 38 | 977 | KULAWIŃSKI Marek | ŁÓDŹ | | POL | 49 | M60/38 | (M)2052 | 00:54:52 | 05.29 |
| 81 | 1498 | MRO CZKOWSKI Janusz | ŁÓDŹ | | POL EPOKA NORDICA ŁÓDŹ | 51 | M60/81 | (M)2978 | 01:12:56 | 07.17 |
| 13 | 1525 | REDZYŃIA Janusz | ŁÓDŹ | | POL RYSIOTEAM | 53 | M60/13 | (M)1012 | 00:47:57 | 04.47 |
| 12 | 1573 | DANYCH Krzysztof | ALEKSANDRÓW ŁÓDZKI | | POL -AGB TORFY | 58 | M60/12 | (M)822 | 00:46:43 | 04.40 |
| 15 | 1579 | SKRZEK Stanisław | ŁÓDŹ | | POL NIEZRZESZONY | 57 | M60/15 | (M)1110 | 00:48:33 | 04.51 |
| 64 | 1581 | MONCZYŃSKI Bogusław | KALISZ | | POL KTK CYKLISTA KALISZ | 53 | M60/64 | (M)2681 | 01:01:29 | 06.08 |
| 1 | 1585 | KLUF Zdzisław | BELCHATÓW | | POL AMATOR | 57 | M60/1 | (M)93 | 00:38:42 | 03.52 |
| 50 | 1593 | TELEGA Janusz | WARSZAWA | | POL NIEZRZESZONY | 57 | M60/50 | (M)2306 | 00:57:08 | 05.42 |
| 7 | 1617 | BORKOWSKI Grzegorz | ŁÓDŹ | | POL EVERRUN | 55 | M60/7 | (M)527 | 00:44:33 | 04.27 |
| 16 | 1628 | JANUSZ Tadeusz | PIOTRKÓW | | POL PIOTRKOWSKI KLUB BIEGACZA ENDORFINA | 57 | M60/16 | (M)1124 | 00:48:40 | 04.52 |
| 31 | 1685 | ZBUDNIEWEK Roman | ŁÓDŹ | | POL | 52 | M60/31 | (M)1901 | 00:53:31 | 05.21 |
| 5 | 1834 | FIKS Zbigniew | ANDRESPOL | | POL | 49 | M60/5 | (M)498 | 00:44:22 | 04.26 |
| 74 | 1839 | KWAPISZEWSKI Ryszard | ŁÓDŹ | | POL | 51 | M60/74 | (M)2844 | 01:05:22 | 06.32 |
| 54 | 1928 | KURZAWSKI Jerzy | ŁÓDŹ | | POL KB GAPA ŁÓDŹ | 49 | M60/54 | (M)2381 | 00:57:49 | 05.46 |
| 28 | 1995 | SIBIELSKI Krzysztof | ŁÓDŹ | | POL | 54 | M60/28 | (M)1516 | 00:50:43 | 05.04 |
| 51 | 2044 | SIEWIERSKI Mirosław | PIOTRKÓW | | POL --- | 56 | M60/51 | (M)2313 | 00:57:14 | 05.43 |
| 14 | 2088 | KLUZA Stanisław | TUREK | | POL KB MARATON TUREK | 57 | M60/14 | (M)1030 | 00:48:02 | 04.48 |
| 21 | 2340 | GOLIŃSKI Piotr | GALKÓW MAŁY | | POL | 57 | M60/21 | (M)1279 | 00:49:26 | 04.56 |
| 18 | 2409 | BERESZKO Waldemar | SOSNOWIEC | | POL TKKF SATURN CZELADŹ | 52 | M60/18 | (M)1208 | 00:49:04 | 04.54 |
| 55 | 2460 | WRÓBEL Marek | ŁASK | | POL NIEZRZESZONY-ŁASK | 50 | M60/55 | (M)2399 | 00:57:59 | 05.47 |
| 11 | 2463 | ANTOLAK Edward | KATOWICE | | POL TKKF SATURN CZELADŹ | 51 | M60/11 | (M)634 | 00:45:18 | 04.31 |
| 23 | 2551 | STAWCZYK Szczepan | RADOMSKO | | POL BIEGACZE W RADOMSKU | 58 | M60/23 | (M)1358 | 00:49:49 | 04.58 |
| 43 | 2592 | ŁYJAK Mirosław | ŁAGIEWNIKI NOWE | | POL MPK- ŁÓDŹ | 57 | M60/43 | (M)2132 | 00:55:30 | 05.33 |
| 37 | 2628 | MIROWSKI Paweł | USTRONIE | | POL UNIQA RUNNERS | 53 | M60/37 | (M)2051 | 00:54:50 | 05.29 |
| 45 | 2636 | GLUSZCZAK Jerzy | ŁÓDŹ | | POL | 58 | M60/45 | (M)2190 | 00:56:05 | 05.36 |
| 17 | 2679 | RUTKOWSKI Marek | SIERAKÓW | | POL | 57 | M60/17 | (M)1129 | 00:48:41 | 04.52 |
| 71 | 2709 | HARASIŃSKI Ryszard | ŁÓDŹ | | POL | 57 | M60/71 | (M)2760 | 01:03:08 | 06.18 |
| 32 | 2712 | KACZMAREK Bogdan | ŁÓDŹ | | POL | 57 | M60/32 | (M)1908 | 00:53:37 | 05.21 |
| 60 | 2952 | SZCZEPKOWSKI Paweł | WARSZAWA | | POL ARTEQUIPMENT | 55 | M60/60 | (M)2576 | 00:59:51 | 05.59 |
| 84 | 2978 | RECH Andrzej | ŁÓDŹ | | POL ŁÓDŹ RUNNING TEAM | 58 | M60/84 | (M)3008 | 01:16:32 | 07.39 |
| 66 | 3014 | LESIAK Andrzej | ŁÓDŹ | | POL RYSIOTEAM | 54 | M60/66 | (M)2709 | 01:01:56 | 06.11 |
| 72 | 3041 | SYGUT Grzegorz | OPOCZNO | | POL ATLAS RUNNING TEAM | 53 | M60/72 | (M)2783 | 01:03:44 | 06.22 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|--------------|--------|-------------------------|--------------------|----------|------------------------|---------|--------------------|---------|-----------|----------|
| 3 | 3065 | MIELCZAREK Stanisław | KALISZ | | POL SENIOR61 | 57 | M60/3 | (M)319 | 00:42:42 | 04.16 |
| 40 | 3105 | MARCINKOWSKI Dariusz | SOCHACZEW | | POL | 58 | M60/40 | (M)2068 | 00:54:58 | 05.29 |
| 2 | 3153 | SITEK Tadeusz | MARCISZÓW | | POL | 56 | M60/2 | (M)95 | 00:38:44 | 03.52 |
| 26 | 3162 | ANISZEWSKI Henryk | ŁOWICZ (PARMA) | | POL | 58 | M60/26 | (M)1497 | 00:50:37 | 05.03 |
| 70 | 3237 | HANKE Wojciech | ALEKSANDRÓW ŁÓDZKI | | POL | 54 | M60/70 | (M)2746 | 01:02:50 | 06.17 |
| 33 | 3241 | KWIECIEN Andrzej | ŁÓDŹ | | POL RYNEK-PIONIER | 55 | M60/33 | (M)1935 | 00:53:48 | 05.22 |
| 67 | 3362 | KACPRZAK Tomasz | ŁÓDŹ | | POL NIEZRZESZONY | 58 | M60/67 | (M)2713 | 01:02:01 | 06.12 |
| 77 | 3514 | SZYMAŃSKI Tadeusz | ŁÓDŹ | | POL ŁÓDŹ | 56 | M60/77 | (M)2897 | 01:07:43 | 06.46 |
| 6 | 3515 | STAWSKI Dariusz | ŁÓDŹ | | POL KB ARTURÓWEK | 57 | M60/6 | (M)521 | 00:44:32 | 04.27 |
| 59 | 3528 | GEMBAL Andrzej | ŁÓDŹ | | POL - | 50 | M60/59 | (M)2521 | 00:59:15 | 05.55 |
| 68 | 3598 | TYLUS Paweł | ŁÓDŹ | | POL | 55 | M60/68 | (M)2719 | 01:02:06 | 06.12 |
| 35 | 3756 | KUKULSKI Piotr | PABIANICE | | POL | 56 | M60/35 | (M)1996 | 00:54:20 | 05.26 |
| 22 | 3891 | KĘDZIORA Marek | WROCŁAW | | POL DANCLAND WROCŁAW | 58 | M60/22 | (M)1338 | 00:49:42 | 04.58 |
| 58 | 3917 | IWAŃSKI Maciej | KUTNO | | POL KUTNO BIEGA | 53 | M60/58 | (M)2441 | 00:58:22 | 05.50 |
| 82 | 3978 | WIADEREK Krzysztof | DOBROŃ | | POL | 58 | M60/82 | (M)2989 | 01:13:44 | 07.22 |
| 46 | 4008 | MALINOWSKI Tomasz | TOMASZÓW | | POL WKS META LUBLINIEC | 54 | M60/46 | (M)2203 | 00:56:11 | 05.37 |
| 9 | 4107 | DĘBSKI Krzysztof | ŁÓDŹ | | POL --- | 56 | M60/9 | (M)628 | 00:45:13 | 04.31 |
| 79 | 4212 | NOWAK Wacław | ŁÓDŹ | | POL | 53 | M60/79 | (M)2917 | 01:08:29 | 06.50 |
| 53 | 4268 | BZĘGA Jan | CZĘSTOCHOWA | | POL NIEZRZESZONY | 57 | M60/53 | (M)2364 | 00:57:39 | 05.45 |
| 30 | 4287 | KOSTUSIAK Ryszard | ŁÓDŹ | | POL --- | 51 | M60/30 | (M)1816 | 00:52:56 | 05.17 |
| 75 | 4291 | WALUS Andrzej | PABIANICE | | POL - | 57 | M60/75 | (M)2870 | 01:06:23 | 06.38 |
| 8 | 4313 | KLEPCZAREK Czesław | ŁÓDŹ | | POL | 57 | M60/8 | (M)596 | 00:45:00 | 04.30 |
| 48 | 4342 | BODEK Krzysztof | WARSZAWA | | POL ACCS | 57 | M60/48 | (M)2266 | 00:56:42 | 05.40 |
| 56 | 4352 | MATUSIAK Paweł | ŁÓDŹ | | POL | 56 | M60/56 | (M)2402 | 00:57:59 | 05.47 |
| 42 | 4484 | MATUSIAK Ryszard | OZORKÓW | | POL OZO OZORKÓW | 50 | M60/42 | (M)2128 | 00:55:28 | 05.32 |
| 47 | 4485 | MAŁAJNY Tomasz | IZABELIN B | | POL | 57 | M60/47 | (M)2210 | 00:56:14 | 05.37 |
| 65 | 4518 | WYCISZKIEWICZ Stanisław | DŁUTÓW | | POL | 49 | M60/65 | (M)2702 | 01:01:46 | 06.10 |
| 20 | 4591 | PAJDA Henryk | PRZEMYŚL | | POL OŚRODEK JOGGINGU | 55 | M60/20 | (M)1252 | 00:49:20 | 04.56 |
| 10 | 4618 | MEKITOW Jan | NAMYSŁÓW | | POL ACTIVRUN NAMYSŁÓW | 52 | M60/10 | (M)633 | 00:45:18 | 04.31 |
| 52 | 4846 | KOMOREK Zenon | WARSZAWA | | POL | 56 | M60/52 | (M)2323 | 00:57:20 | 05.44 |
| 41 | 4946 | MADEJ Piotr | ŁÓDŹ | | POL RECTICEL TEAM | 58 | M60/41 | (M)2124 | 00:55:26 | 05.32 |
| 27 | 5077 | GRABOWSKI Stanisław | KRAKÓW | | POL ESKADRA KRAKÓW | 51 | M60/27 | (M)1512 | 00:50:42 | 05.04 |
| 76 | 5097 | MARCZAK Sławomir | ŁÓDŹ | | POL | 52 | M60/76 | (M)2876 | 01:06:38 | 06.39 |
| 83 | 5120 | KĘBŁOWSKI Henryk | PABIANICE | | POL | 49 | M60/83 | (M)2997 | 01:14:54 | 07.29 |
| 73 | 5144 | PIETRZYK Ryszard | ŁÓDŹ | | POL | 57 | M60/73 | (M)2797 | 01:04:00 | 06.24 |
| 78 | 5272 | DOROBA Cezary | ŁÓDŹ | | POL KB ARTURÓWEK | 58 | M60/78 | (M)2903 | 01:07:53 | 06.47 |
| 63 | 5283 | SZYSZKO Krzysztof | ŁÓDŹ | | POL ATLAS RUNNING TEAM | 58 | M60/63 | (M)2672 | 01:01:18 | 06.07 |
| 80 | 5399 | SIKORSKI Jacek | | | POL | 50 | M60/80 | (M)2925 | 01:08:56 | 06.53 |

Bieg 10 km - M70 [8]

| | | | | | | | | | | |
|---|------|--------------------|-----------|--|----------------------------|----|-------|---------|----------|-------|
| 2 | 487 | KRASKA Włodzimierz | KRAKÓW | | POL NIEZRZESZONY | 46 | M70/2 | (M)732 | 00:46:09 | 04.36 |
| 1 | 504 | DOBAK Stefan | SZAMOTUŁY | | POL KB SZAMOTUŁY | 46 | M70/1 | (M)721 | 00:46:02 | 04.36 |
| 5 | 1425 | HENDZELEWSKI Marek | TOMASZÓW | | POL TKKF ZNP TOMASZÓW MAZ. | 44 | M70/5 | (M)2162 | 00:55:47 | 05.34 |
| 7 | 3534 | WALCZAK Grzegorz | PABIANICE | | POL PARKRUN PABIANICE | 46 | M70/7 | (M)2491 | 00:58:54 | 05.53 |
| 4 | 3647 | ŻUCHOWSKI Leszek | ŁASK | | POL | 47 | M70/4 | (M)1978 | 00:54:12 | 05.25 |
| 6 | 3860 | GRABOWSKI Jerzy | WARSZAWA | | POL NIEZRZESZONY | 44 | M70/6 | (M)2437 | 00:58:19 | 05.49 |
| 3 | 4036 | SZEWCZYK Tadeusz | ŁÓDŹ | | POL RYSIOTEAM | 46 | M70/3 | (M)1718 | 00:52:07 | 05.12 |
| 8 | 4729 | GRZEGORCZYK Piotr | ŁÓDŹ | | POL | 44 | M70/8 | (M)2864 | 01:06:09 | 06.36 |