

printed: 11.06.2018 10:02:17

City: Mietków	Distance: 950m+45km+10,5km
Date: 09.06.2018	Organizer: Platforma Sportów Wytrzymałościowych, Fundacja Pro Sport Pro Life

Triathlon 950m+45km+10,5km

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
1	1	ADAM Kacper		POL OLIMPIUS.PL	92M20/1	M / 1	00:13:13 / 1	00:02:37 / 1	01:04:38 / 1	00:00:42 / 1	00:40:08 / 2	02:01:18	00:00:00
2	122	PETELSKI Mateusz		POL GVT BMC	86M30/1	M / 2	00:18:09 / 91	00:02:53 / 54	01:07:43 / 2	00:01:24 / 8	00:39:49 / 1	02:09:58	00:08:39
3	211	JACKOWIAK Piotr		POL SUROWYPROJEKT	86M30/2	M / 3	00:15:19 / 11	00:02:52 / 9	01:10:55 / 8	00:00:46 / 6	00:41:45 / 5	02:11:37	00:10:19
4	539	ZALEWSKI Igor		POL TRIATHLON CLUB WROCLAW	93M20/2	M / 4	00:13:32 / 2	00:02:33 / 2	01:11:42 / 13	00:00:39 / 4	00:43:22 / 12	02:11:48	00:10:29
5	586	OGRODNIK Maciek		POL TRIATHLON CLUB WROCLAW / TRIWISE	97M20/3	M / 5	00:14:36 / 5	00:02:30 / 3	01:11:40 / 12	00:00:41 / 5	00:42:43 / 8	02:12:10	00:10:51
6	129	WOJTCZAK Grzegorz		POL	83M30/3	M / 6	00:16:58 / 36	00:02:39 / 24	01:11:50 / 14	00:00:32 / 14	00:40:59 / 3	02:12:58	00:11:40
7	89	MALACZEWSKI Łukasz		POL GVT	79M30/4	M / 7	00:14:20 / 4	00:02:53 / 4	01:10:19 / 7	00:00:40 / 2	00:45:32 / 32	02:13:44	00:12:25
8	282	MARKIEWICZ Marcin		POL GLKS ŻELAZNA ŚWIDNICA/LABOSPORT	72M40/1	M / 8	00:15:15 / 10	00:02:36 / 7	01:09:24 / 3	00:01:05 / 3	00:45:34 / 33	02:13:54	00:12:35
TEAM													
9	55	PACHOLAK Marcin		POL LUFT TRI TEAM	88M30/5	M / 9	00:16:49 / 32	00:03:07 / 26	01:10:59 / 9	00:00:48 / 12	00:42:15 / 7	02:13:58	00:12:39
10	107	OLSZEWSKI Paweł		POL GT RAT	86M30/6	M / 10	00:16:05 / 15	00:02:42 / 13	01:11:25 / 11	00:00:49 / 11	00:44:08 / 18	02:15:09	00:13:51
11	20	WROŃSKI Tomasz		POL	79M30/7	M / 11	00:15:00 / 9	00:03:06 / 8	01:13:08 / 19	00:00:54 / 15	00:43:39 / 15	02:15:47	00:14:28
12	204	STARZYK Łukasz		POL GVT	85M30/8	M / 12	00:16:15 / 19	00:03:11 / 18	01:11:21 / 10	00:01:03 / 13	00:44:09 / 19	02:15:59	00:14:41
13	424	MARCINIAK Jacek		POL TMTEAM	77M40/2	M / 13	00:16:12 / 17	00:02:41 / 14	01:10:03 / 5	00:01:10 / 7	00:46:40 / 43	02:16:46	00:15:28
14	294	KOT Remigiusz		POL RM TRI TEAM	73M40/3	M / 14	00:16:38 / 26	00:02:57 / 22	01:09:23 / 4	00:01:18 / 9	00:47:03 / 44	02:17:19	00:16:00
15	410	PYKA Marek		POL CHOP ZE ŻELAZA TRI TEAM	77M40/4	M / 15	00:16:08 / 16	00:03:02 / 17	01:13:13 / 20	00:00:50 / 17	00:44:16 / 20	02:17:29	00:16:11
16	249	KULESZA Jakub		POL TRIATHLON CLUB WROCLAW	80M30/9	M / 16	00:14:58 / 8	00:02:36 / 6	01:12:21 / 15	00:00:56 / 10	00:47:35 / 52	02:18:26	00:17:08
17	429	KASPERSKI Artur		POL	77M40/5	M / 17	00:18:52 / 125	00:03:16 / 102	01:12:44 / 17	00:01:01 / 24	00:43:32 / 14	02:19:25	00:18:06
18	236	JJANIAK Paweł		POL TRIATHLON SIEDLCE CLUB	80M30/10	M / 18	00:17:15 / 43	00:03:03 / 31	01:14:13 / 27	00:00:30 / 20	00:45:00 / 27	02:20:01	00:18:43
19	36	DOMINIKOWSKI Krzysztof		POL GLKS ŻELAZNA ŚWIDNICA	80M30/11	M / 19	00:18:28 / 104	00:03:02 / 73	01:15:31 / 38	00:01:00 / 35	00:42:01 / 6	02:20:02	00:18:43
20	356	BOHATER Piotr		POL VERPALIN TRIATHLON TEAM	78M40/6	M / 20	00:16:25 / 22	00:03:05 / 20	01:13:33 / 24	00:00:59 / 18	00:46:04 / 37	02:20:06	00:18:47
21	83	ŁUKASZEWICZ Dawid		POL MULTIENDURANCE WROCLAW TEAM	87M30/12	M / 21	00:17:07 / 39	00:03:04 / 30	01:13:57 / 25	00:00:57 / 21	00:45:06 / 29	02:20:11	00:18:53
22	125	BIRECKI Jakub		POL GT KONA	87M30/13	M / 22	00:18:16 / 95	00:02:50 / 57	01:12:27 / 16	00:00:42 / 19	00:47:23 / 47	02:21:38	00:20:20
23	328	STWORA Dawid		POL POLICJA BIELSKO-BIALA	77M40/7	M / 23	00:17:58 / 81	00:02:37 / 35	01:15:25 / 36	00:00:41 / 29	00:45:23 / 30	02:22:04	00:20:45
24	502	ROSKOSZ Bartosz		POL JELCZ TRIATHLON PROJECT	89M20/4	M / 24	00:20:57 / 251	00:03:22 / 199	01:15:55 / 42	00:00:57 / 67	00:41:13 / 4	02:22:24	00:21:06
25	440	WOŁODKO Grzegorz		POL	77M40/8	M / 25	00:17:52 / 71	00:03:28 / 68	01:10:13 / 6	00:01:01 / 16	00:50:35 / 112	02:23:09	00:21:51
26	218	KARCH Tomasz		POL GLKS ŻELAZNA ŚWIDNICA	82M30/14	M / 26	00:15:55 / 14	00:03:09 / 15	01:20:20 / 120	00:01:09 / 59	00:42:44 / 9	02:23:17	00:21:59

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
27	568	BUGDOŁ Ewa		POL WLKS KMICIC CZĘSTOCHOWA	86K30/1	K / 1	00:14:52 / 6	00:02:31 / 5	01:19:26 / 95	00:00:42 / 33	00:45:52 / 35	02:23:23	00:22:05
28	355	FIEDOROW Szymon		POL	73M40/9	M / 27	00:17:58 / 80	00:03:25 / 71	01:14:55 / 31	00:00:59 / 32	00:47:08 / 46	02:24:25	00:23:07
29	494	MROCKOWSKI Karol		POL #DASHRADE TEAM	90M20/5	M / 28	00:16:12 / 18	00:03:15 / 19	01:17:40 / 67	00:01:09 / 38	00:46:10 / 38	02:24:26	00:23:08
30	115	STODÓŁKA Szymon		POL LENIWIEC	86M30/15	M / 29	00:18:08 / 90	00:02:52 / 51	01:14:37 / 29	00:00:34 / 26	00:48:24 / 67	02:24:35	00:23:17
31	25	MACIUSZEK Łukasz		POL BBL OPOLE	86M30/16	M / 30	00:20:00 / 199	00:03:58 / 182	01:14:48 / 30	00:01:01 / 52	00:44:57 / 25	02:24:44	00:23:26
32	405	LESISZ Maciej		POL TRIADA NAMYSŁÓW	76M40/10	M / 31	00:15:29 / 13	00:03:04 / 12	01:15:55 / 43	00:01:17 / 23	00:49:09 / 75	02:24:54	00:23:35
33	105	PASZEK Sebastian		POL TMTEAM	82M30/17	M / 32	00:16:20 / 21	00:02:47 / 16	01:16:57 / 55	00:00:46 / 31	00:48:13 / 63	02:25:03	00:23:45
34	117	WNEK Jarosław		POL KUPSZOSE.PL	88M30/18	M / 33	00:15:19 / 12	00:03:11 / 11	01:16:08 / 46	00:00:42 / 22	00:50:04 / 93	02:25:24	00:24:06
35	571	ŁOPIANIAK Tomasz		POL KTT TERMINATOR OPOLE	75M40/11	M / 34	00:18:03 / 86	00:03:06 / 59	01:20:13 / 119	00:00:46 / 82	00:44:02 / 17	02:26:10	00:24:51
36	431	JANUSZ Izabela		POL TRIATHLON CLUB WROCLAW	94K20/1	K / 2	00:16:50 / 33	00:03:07 / 27	01:15:30 / 37	00:00:47 / 27	00:49:56 / 89	02:26:10	00:24:52
37	110	KOSICKI Radosław		POL	82M30/19	M / 35	00:17:33 / 59	00:03:05 / 37	01:17:00 / 56	00:01:01 / 40	00:47:32 / 51	02:26:11	00:24:52
38	131	SZUL Daniel		POL UKS TRS SUSZ. KWP OLSZTYN	82M30/20	M / 36	00:18:51 / 124	00:03:29 / 108	01:14:56 / 32	00:00:50 / 37	00:48:09 / 60	02:26:15	00:24:56
39	516	KRÓL Maciej		POL @KROLWBIEGU	95M20/6	M / 37	00:17:12 / 41	00:03:11 / 33	01:15:03 / 33	00:00:38 / 25	00:50:29 / 108	02:26:33	00:25:14
40	13	BIELICKI Bartosz		POL RUNNING TEAM MILICZ	80M30/21	M / 38	00:18:10 / 92	00:03:09 / 67	01:18:01 / 73	00:00:47 / 56	00:46:36 / 42	02:26:43	00:25:25
41	118	CHERNOBRIVENKO Sergey		RUSGT RAT	87M30/22	M / 39	00:19:22 / 163	00:03:23 / 122	01:15:53 / 41	00:00:39 / 48	00:47:29 / 50	02:26:46	00:25:28
42	196	VERHEYDEN Sam		POL TMTEAM	85M30/23	M / 40	00:19:54 / 190	00:03:34 / 154	01:17:17 / 61	00:01:14 / 79	00:44:59 / 26	02:26:58	00:25:40
43	160	MACIEJEWSKI Karol		POL #OZD TEAM	82M30/24	M / 41	00:19:16 / 156	00:02:54 / 103	01:13:15 / 21	00:01:11 / 28	00:50:40 / 114	02:27:16	00:25:57
44	10	BANASZEWSKI Wojciech		POL	80M30/25	M / 42	00:17:50 / 70	00:02:57 / 41	01:21:51 / 152	00:01:01 / 104	00:43:46 / 16	02:27:25	00:26:07
45	77	JASICZEK Radosław		POL GLKS ŻELAZNA ŚWIDNICA	79M30/26	M / 43	00:17:02 / 37	00:03:17 / 32	01:18:01 / 74	00:01:21 / 50	00:47:49 / 55	02:27:30	00:26:11
46	78	KOCENDA Wojciech		POL	85M30/27	M / 44	00:19:28 / 168	00:03:14 / 120	01:18:58 / 86	00:01:00 / 94	00:44:52 / 24	02:27:32	00:26:14
47	75	ŚRODA Michał		POL TMTEAM	85M30/28	M / 45	00:19:13 / 151	00:02:55 / 101	01:17:42 / 68	00:01:13 / 65	00:46:35 / 41	02:27:38	00:26:20
48	425	KOCZAJEWSKI Seweryn		POL KWP KIELCE	76M40/12	M / 46	00:17:03 / 38	00:03:54 / 49	01:20:01 / 113	00:00:56 / 78	00:46:00 / 36	02:27:54	00:26:35
49	23	SURMAŃSKI Jacek		POL PANORAMA FIRM TRI	80M30/29	M / 47	00:18:28 / 105	00:03:31 / 92	01:16:56 / 54	00:00:58 / 53	00:48:03 / 58	02:27:56	00:26:37
50	14	TOMASZEWSKI Mateusz		POL	80M30/30	M / 48	00:17:45 / 69	00:03:09 / 46	01:18:47 / 84	00:00:45 / 57	00:47:41 / 54	02:28:07	00:26:48
51	69	KLIMEK Antoni		POL ZĄBKOWICKA GRUPA BIEGOWA 'FRANKENSTEIN'	85M30/31	M / 49	00:19:42 / 176	00:03:12 / 130	01:15:05 / 34	00:01:04 / 44	00:49:07 / 73	02:28:10	00:26:51
52	554	LEWANDOWSKI Maciej		POL #DASHRADE TEAM	89M20/7	M / 50	00:17:34 / 63	00:03:08 / 39	01:20:41 / 127	00:01:11 / 89	00:45:38 / 34	02:28:12	00:26:53
53	529	WYDMUCH Marek		POL SGR SPECIALIZED	62M50/1	M / 51	00:17:33 / 61	00:03:43 / 65	01:15:38 / 39	00:01:41 / 39	00:49:40 / 87	02:28:15	00:26:57
54	408	HONBRECHTS Tomasz		POL VALDI SPORT	73M40/13	M / 52	00:20:36 / 229	00:02:54 / 156	01:19:49 / 108	00:01:34 / 120	00:43:27 / 13	02:28:20	00:27:01
55	482	HALSKA Ania		POL ENDURE TEAM	84K30/2	K / 3	00:17:37 / 65	00:03:22 / 50	01:21:07 / 138	00:00:56 / 96	00:45:26 / 31	02:28:28	00:27:10
56	130	ELGUEA Julen		POL CICLISMO WROCLAW / LOS BIEGANEROS	87M30/32	M / 53	00:18:07 / 88	00:03:30 / 79	01:19:42 / 104	00:01:03 / 86	00:46:22 / 40	02:28:44	00:27:25
57	207	KRUPIŃSKI Maciej		POL	79M30/33	M / 54	00:19:08 / 141	00:04:09 / 145	01:18:14 / 75	00:01:08 / 93	00:46:11 / 39	02:28:50	00:27:31
58	99	GIERASIMIUK Grzegorz		POL TRIGGER TRIATHLON	84M30/34	M / 55	00:19:59 / 198	00:03:24 / 149	01:19:50 / 110	00:00:55 / 110	00:45:02 / 28	02:29:10	00:27:52
59	221	MALEK Piotr		POL	79M30/35	M / 56	00:19:20 / 161	00:04:26 / 170	01:14:24 / 28	00:01:32 / 51	00:49:28 / 81	02:29:10	00:27:52

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
60	197	DZIEDZIC Wadim		POL DYNAMO MUCHOBÓR	79M30/36	M / 57	00:17:22 / 47	00:03:18 / 38	01:17:13 / 60	00:00:56 / 43	00:50:28 / 107	02:29:17	00:27:59
61	208	OŻÓG Tomasz		POL LITWIN TRIATHLON TEAM	80M30/37	M / 58	00:18:26 / 103	00:03:21 / 85	01:18:59 / 88	00:01:19 / 81	00:47:40 / 53	02:29:45	00:28:27
62	113	GRYSZKIEWICZ Paweł		POL GVT	87M30/38	M / 59	00:18:02 / 84	00:03:10 / 62	01:17:05 / 57	00:01:11 / 49	00:50:19 / 100	02:29:47	00:28:28
63	156	ZAŁUBSKI Jacek		POL KB HARCOWNIK JELCZ-LASKOWICE	85M30/39	M / 60	00:21:02 / 255	00:04:42 / 265	01:19:45 / 106	00:01:00 / 143	00:43:21 / 11	02:29:50	00:28:32
64	409	NOWOSIELSKI Andrzej		POL WWW.CITYRULERS.PL	70M40/14	M / 61	00:20:05 / 203	00:02:58 / 134	01:16:37 / 51	00:01:02 / 60	00:49:21 / 80	02:30:03	00:28:44
65	259	BIERNACKI Krystian		POL GVT	78M40/15	M / 62	00:17:36 / 64	00:03:49 / 72	01:15:17 / 35	00:01:23 / 36	00:52:13 / 141	02:30:18	00:28:59
66	427	KIELAR Mirosław		POL GVT	78M40/16	M / 63	00:19:02 / 138	00:03:32 / 116	01:17:28 / 63	00:00:59 / 64	00:49:17 / 77	02:30:18	00:28:59
67	303	KORZEŃ Artur		POL KB HARCOWNIK JELCZ-LASKOWICE	76M40/17	M / 64	00:20:38 / 231	00:03:27 / 188	01:21:57 / 153	00:01:00 / 148	00:43:21 / 10	02:30:23	00:29:04
68	35	KORZELECKI Wojciech		POL RUNNING TEAM MILICZ	84M30/40	M / 65	00:17:42 / 66	00:03:19 / 52	01:19:56 / 111	00:00:52 / 75	00:48:36 / 69	02:30:25	00:29:06
69	596	*****		POL		M / 66	00:18:57 / 132	00:03:03 / 93	01:17:07 / 58	00:00:49 / 54	00:50:30 / 109	02:30:26	00:29:07
70	341	WIŚNIEWSKI Piotr		POL GVT	72M40/18	M / 67	00:16:56 / 35	00:03:37 / 34	01:17:27 / 62	00:00:47 / 42	00:51:40 / 129	02:30:27	00:29:09
71	251	ŚWIERCZEWSKI Piotr		POL	74M40/19	M / 68	00:17:27 / 55	00:03:54 / 70	01:16:09 / 47	00:01:37 / 45	00:51:26 / 123	02:30:33	00:29:15
72	290	DOMINO Krystian		POL MTS DRUŻYNA SZPIKU KGHM	75M40/20	M / 69	00:18:13 / 94	00:03:55 / 100	01:13:20 / 22	00:01:15 / 30	00:54:09 / 177	02:30:52	00:29:34
73	61	LEWIŃSKI Adam		POL	80M30/41	M / 70	00:18:35 / 111	00:03:03 / 80	01:18:59 / 87	00:00:49 / 70	00:49:49 / 88	02:31:15	00:29:57
74	312	SZOSTEK Jacek		POL GT KONA	75M40/21	M / 71	00:18:40 / 114	00:03:03 / 83	01:16:22 / 48	00:00:40 / 41	00:52:31 / 149	02:31:16	00:29:58
75	289	BOGUS Rafał		POL	69M40/22	M / 72	00:18:30 / 108	00:03:25 / 88	01:16:00 / 44	00:01:22 / 47	00:51:59 / 134	02:31:16	00:29:58
76	51	ORLIK Mateusz		POL OPP KATOWICE , OLIVKOVELOVE	88M30/42	M / 73	00:17:56 / 79	00:03:21 / 66	01:19:33 / 97	00:01:03 / 77	00:49:32 / 84	02:31:25	00:30:06
77	275	KUZYNIN Adam		POL EMPOL BIKE TEAM	74M40/23	M / 74	00:17:43 / 67	00:03:56 / 81	01:21:21 / 142	00:01:24 / 112	00:47:26 / 48	02:31:50	00:30:32
78	102	BOROWIK Marcin		POL 1974	79M30/43	M / 75	00:18:59 / 135	00:04:07 / 136	01:16:39 / 52	00:01:01 / 62	00:51:19 / 121	02:32:05	00:30:46
79	507	SZTUR Robert		POL TMTEAM	89M20/8	M / 76	00:19:39 / 173	00:03:15 / 129	01:17:12 / 59	00:01:37 / 73	00:50:24 / 104	02:32:07	00:30:48
80	116	LIPOWSKI Mikołaj		POL	88M30/44	M / 77	00:18:55 / 128	00:03:12 / 99	01:15:51 / 40	00:01:09 / 46	00:53:18 / 161	02:32:25	00:31:07
81	87	TULIKOWSKI Mariusz		POL SMARTGROUP.EU	81M30/45	M / 78	00:20:12 / 209	00:03:49 / 185	01:17:37 / 64	00:00:43 / 85	00:50:10 / 95	02:32:31	00:31:13
82	232	JANISZEWSKI Wojciech		POL TRIWISE	88M30/46	M / 79	00:17:52 / 72	00:03:43 / 78	01:22:19 / 160	00:01:11 / 125	00:47:27 / 49	02:32:32	00:31:14
83	589	MATKOWSKI Jarosław		POL	66M50/2	M / 80	00:19:46 / 182	00:02:59 / 121	01:16:50 / 53	00:00:51 / 58	00:52:19 / 145	02:32:45	00:31:26
84	432	CHROBOT Mariusz		POL GT RAT	79M30/47	M / 81	00:19:59 / 197	00:03:56 / 178	01:12:53 / 18	00:01:02 / 34	00:54:56 / 196	02:32:46	00:31:27
85	49	GRZEGORCZYK Patryk		POL	83M30/48	M / 82	00:17:44 / 68	00:03:25 / 60	01:20:36 / 126	00:00:46 / 88	00:50:20 / 102	02:32:51	00:31:32
86	443	LEŚNIAK Karolina		POL TMTEAM	83K30/3	K / 4	00:18:57 / 131	00:02:55 / 86	01:22:15 / 157	00:00:53 / 122	00:47:55 / 57	02:32:55	00:31:37
87	372	SZELIŃSKI Adam		POL OPP SZCZECIN	72M40/24	M / 83	00:20:06 / 205	00:03:08 / 141	01:19:22 / 94	00:01:59 / 115	00:48:21 / 66	02:32:56	00:31:37
88	74	ANTOSIAK Tomasz		POL TMTEAM	81M30/49	M / 84	00:20:47 / 244	00:03:38 / 203	01:18:15 / 77	00:00:49 / 100	00:49:32 / 85	02:33:01	00:31:42
89	340	WIŚNIEWSKI Krzysztof		POL	78M40/25	M / 85	00:19:43 / 177	00:04:15 / 180	01:17:55 / 71	00:01:42 / 102	00:49:30 / 83	02:33:05	00:31:46
90	239	GODLEWSKI Krzysztof		POL GVT	81M30/50	M / 86	00:16:46 / 31					02:33:16	00:31:57
91	371	KUCZYK Szymon		POL CHOP ZE ŻELAZA TRI TEAM	77M40/26	M / 87	00:18:48 / 119	00:03:51 / 119	01:17:39 / 66	00:01:17 / 71	00:52:03 / 136	02:33:38	00:32:20
92	510	LIPUTA Grzegorz		POL DYWIZJON 102	89M20/9	M / 88	00:19:52 / 188	00:03:51 / 167	01:23:59 / 207	00:01:14 / 179	00:44:45 / 23	02:33:41	00:32:22
93	497	BAGIŃSKI Paweł		POL BIERUTOWSKA GRUPA BIEGOWA	89M20/10	M / 89	00:20:45 / 241	00:03:57 / 218	01:16:24 / 49	00:01:30 / 90	00:51:07 / 118	02:33:43	00:32:24

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
94	373	FOJTAR Zbigniew		POL EL TORO LOCO		72M40/27 M / 90	00:18:50 / 121	00:04:42 / 157	01:16:01 / 45	00:02:08 / 72	00:52:04 / 138	02:33:45	00:32:27
95	154	JANUSZKO Krzysztof		POL		82M30/51 M / 91	00:17:19 / 45	00:03:37 / 48	01:21:07 / 136	00:01:19 / 99	00:50:44 / 115	02:34:06	00:32:48
96	257	KULA Damian		POL AT TEAM		77M40/28 M / 92	00:16:28 / 23	00:03:14 / 25	01:20:05 / 114	00:00:57 / 61	00:53:36 / 169	02:34:20	00:33:02
97	231	MUSIAŁ Mateusz		POL OLEŚNICKA GRUPA TRIATHLONOWA		86M30/52 M / 93	00:22:13 / 330	00:03:33 / 267	01:23:29 / 195	00:00:43 / 197	00:44:42 / 22	02:34:40	00:33:22
98	283	GRYGIEL Leszek		POL PRO-RUN WROCLAW		69M40/29 M / 94	00:21:10 / 265	00:03:54 / 237	01:16:30 / 50	00:01:04 / 92	00:52:05 / 139	02:34:43	00:33:24
99	339	ŚMIETANA Marcin		POL TMTEAM		75M40/30 M / 95	00:16:39 / 27	00:03:21 / 28	01:19:06 / 91	00:00:52 / 55	00:54:58 / 197	02:34:56	00:33:37
100	302	KUBIAK Przemysław		POL PRO-RUN WROCLAW		72M40/31 M / 96	00:20:40 / 233	00:04:33 / 243	01:19:19 / 93	00:01:26 / 134	00:48:58 / 72	02:34:56	00:33:38
101	158	ANDRZEJCZAK Adam		POL		85M30/53 M / 97	00:18:45 / 118	00:03:32 / 106	01:23:19 / 187	00:01:30 / 149	00:47:55 / 56	02:35:01	00:33:43
102	81	RADECKI Maciej		POL GVT		82M30/54 M / 98	00:20:01 / 200	00:03:11 / 139	01:18:15 / 78	00:01:01 / 87	00:52:37 / 151	02:35:05	00:33:46
103	47	TRZECIAK Piotr		POL		83M30/55 M / 99	00:17:17 / 44	00:03:46 / 55	01:21:40 / 148	00:01:07 / 105	00:51:29 / 124	02:35:19	00:34:01
104	485	DUDA Dorian		POL GT RAT		92M20/11 M / 100	00:20:18 / 213	00:03:11 / 155	01:21:30 / 147	00:00:48 / 130	00:49:40 / 86	02:35:27	00:34:09
105	91	ŚWIĄTEK Wojciech		POL		88M30/56 M / 101	00:18:25 / 101	00:04:08 / 115	01:23:29 / 194	00:01:11 / 152	00:48:18 / 65	02:35:31	00:34:13
106	52	FUTOMA Rafał		POL KB FAURECIA WAŁBRZYCH FRAMES OSP RADKÓW FUTEREK TEAM		79M30/57 M / 102	00:17:53 / 77	00:04:08 / 94	01:20:51 / 130	00:01:15 / 108	00:51:31 / 126	02:35:38	00:34:20
107	97	KUBICZEK Grzegorz		POL		85M30/58 M / 103	00:23:07 / 376	00:03:17 / 302	01:19:49 / 109	00:01:07 / 157	00:48:18 / 64	02:35:38	00:34:20
108	71	GLÓD Mateusz		POL PRZEBIEGA.PL		79M30/59 M / 104	00:20:25 / 217	00:03:27 / 175	01:20:31 / 123	00:02:45 / 151	00:48:31 / 68	02:35:39	00:34:20
109	292	BARTOSZEWSKI Grzegorz		POL LITWIN TRIATHLON TEAM		76M40/32 M / 105	00:18:08 / 89	00:03:57 / 96	01:17:51 / 70	00:01:23 / 68	00:54:27 / 183	02:35:46	00:34:27
110	39	DURMAJ Bartek		POL		84M30/60 M / 106	00:20:23 / 215	00:03:53 / 196	01:22:19 / 159	00:01:24 / 165	00:48:11 / 61	02:36:10	00:34:51
111	53	LICHACZ Miłosz		POL		83M30/61 M / 107	00:19:09 / 144	00:03:18 / 113	01:18:17 / 79	00:01:05 / 76	00:54:21 / 179	02:36:10	00:34:51
112	511	WIŚNIEWSKI Krzysztof		POL KOMENDA STOLECZNA POLICJI		89M20/12 M / 108	00:18:20 / 97	00:04:05 / 111	01:22:27 / 162	00:01:23 / 138	00:50:01 / 91	02:36:16	00:34:58
113	228	GAD Grzegorz		POL LITWIN TRIATHLON TEAM		82M30/62 M / 109	00:18:12 / 93	00:02:55 / 58	01:21:42 / 149	00:01:18 / 109	00:52:10 / 140	02:36:17	00:34:58
114	48	TACIAK Robert		POL WTT		85M30/63 M / 110	00:22:25 / 341	00:03:50 / 294	01:13:58 / 26	00:00:54 / 66	00:55:15 / 206	02:36:22	00:35:03
115	57	SZCZUROWSKI Mariusz		POL MILO3 BYTOM ODRZAŃSKI		84M30/64 M / 111	00:20:10 / 207	00:03:59 / 189	01:20:42 / 128	00:01:04 / 133	00:50:28 / 106	02:36:23	00:35:04
116	4	SZCZUROWSKI Waldemar		POL MTS DRUŻYNA SZPIKU KGHM		81M30/65 M / 112	00:19:15 / 155	00:04:28 / 166	01:21:21 / 143	00:01:01 / 136	00:50:18 / 99	02:36:23	00:35:04
117	262	BYCH Maciej		POL TRIDEA TEAM		75M40/33 M / 113	00:17:14 / 42	00:03:34 / 43	01:19:35 / 98	00:02:14 / 91	00:53:48 / 173	02:36:25	00:35:07
118	92	SALMANOWICZ Marcin		POL		82M30/66 M / 114	00:19:57 / 194	00:03:57 / 177	01:17:38 / 65	00:01:18 / 95	00:53:38 / 171	02:36:28	00:35:10
119	21	KSIĄŻEK Łukasz		POL BIEGAJ-ZAPOBIEGAJ		82M30/67 M / 115	00:18:36 / 112	00:03:42 / 107	01:21:10 / 139	00:01:27 / 121	00:51:40 / 130	02:36:35	00:35:17
120	163	KONDRACKI Łukasz		POL		83M30/68 M / 116	00:17:28 / 58	00:03:37 / 56	01:21:07 / 137	00:01:21 / 101	00:53:04 / 155	02:36:37	00:35:18
121	233	MATEUSIAK Tomasz		POL KB LUPUS OLEŚNICA		79M30/69 M / 117	00:23:08 / 377	00:04:45 / 354	01:22:27 / 163	00:01:49 / 229	00:44:28 / 21	02:36:37	00:35:19
122	252	PAPIERSKI Tomasz		POL		74M40/34 M / 118	00:19:16 / 157	00:03:37 / 128	01:20:29 / 122	00:01:06 / 113	00:52:33 / 150	02:37:01	00:35:43
123	138	LEŚNIEWSKI Piotr		POL		82M30/70 M / 119	00:19:46 / 180	00:03:11 / 132	01:22:32 / 165	00:01:38 / 150	00:50:01 / 90	02:37:08	00:35:49
124	217	ZADKA Paweł		POL		86M30/71 M / 120	00:20:34 / 227	00:03:53 / 206	01:21:27 / 145	00:01:20 / 154	00:50:17 / 98	02:37:31	00:36:12
125	121	BREWKA Wojciech		POL GT RAT		81M30/72 M / 121	00:18:07 / 87	00:03:13 / 69	01:23:04 / 180	00:01:38 / 135	00:51:31 / 125	02:37:33	00:36:15
126	7	PIĄTKOWSKI Marcin		POL		83M30/73 M / 122	00:19:01 / 137	00:04:16 / 144	01:19:01 / 89	00:01:17 / 103	00:54:11 / 178	02:37:46	00:36:28

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
127	212	DZIEBOWSKI Łukasz		POL SHOT BLASTING	84M30/74	M / 123	00:21:13 / 269	00:04:14 / 253	01:20:11 / 117	00:01:40 / 155	00:50:34 / 111	02:37:52	00:36:33
128	226	OLKOWSKI Przemysław		POL OLEŚNICKA GRUPA TRIATHLONOWA	80M30/75	M / 124	00:19:43 / 178	00:03:50 / 158	01:23:29 / 193	00:01:26 / 174	00:49:29 / 82	02:37:57	00:36:39
129	171	BORKOWSKI Paweł		POL -	87M30/76	M / 125	00:21:31 / 288	00:03:30 / 234	01:19:42 / 103	00:01:25 / 137	00:51:54 / 132	02:38:02	00:36:44
130	392	DZIEDZIC Radosław		POL ANTONTEAM	78M40/35	M / 126	00:19:55 / 191	00:04:18 / 193	01:21:49 / 150	00:01:21 / 158	00:50:51 / 117	02:38:14	00:36:55
131	127	BIELAWSKI Damian		POL RAGABA MEBLE	80M30/77	M / 127	00:16:35 / 24	00:03:25 / 29	01:20:07 / 115	00:01:55 / 80	00:56:14 / 225	02:38:16	00:36:57
132	120	SIWIASZCZYK Arkadiusz		POL GT RAT	83M30/78	M / 128	00:25:41 / 466	00:04:30 / 452	01:18:41 / 83	00:01:13 / 198	00:48:12 / 62	02:38:17	00:36:58
133	164	KLAPUCH Michał		POL	80M30/79	M / 129	00:19:10 / 146	00:04:34 / 168	01:22:39 / 169	00:01:39 / 167	00:50:18 / 101	02:38:20	00:37:02
134	101	NOWAK Andrzej		POL GT RAT	82M30/80	M / 130	00:19:48 / 184	00:03:30 / 146	01:24:35 / 220	00:01:13 / 181	00:49:17 / 76	02:38:23	00:37:04
135	80	LUPA Marcin		POL GVT	80M30/81	M / 131	00:18:44 / 117	00:03:13 / 90	01:18:29 / 80	00:00:56 / 69	00:57:01 / 242	02:38:23	00:37:05
136	321	SZCZĘSNY Filip		POL GVT	75M40/36	M / 132	00:21:09 / 261	00:04:34 / 264	01:22:49 / 173	00:01:13 / 193	00:48:40 / 71	02:38:25	00:37:07
137	366	KWINTA Sławomir		POL MARCUS TEAM	77M40/37	M / 133	00:19:50 / 186	00:04:25 / 195	01:25:07 / 235	00:01:02 / 203	00:48:07 / 59	02:38:31	00:37:13
138	183	MAZUR Piotr		POL KGP	85M30/82	M / 134	00:18:59 / 134	00:03:52 / 126	01:20:26 / 121	00:01:56 / 127	00:53:28 / 164	02:38:41	00:37:23
139	126	MARTYNOWSKI Łukasz		POL	82M30/83	M / 135	00:17:25 / 50	00:03:48 / 63	01:22:13 / 156	00:01:39 / 126	00:53:37 / 170	02:38:42	00:37:24
140	178	WIĘCKO Grzegorz		POL 3M RUNNING TEAM	83M30/84	M / 136	00:21:55 / 312	00:03:16 / 241	01:21:29 / 146	00:00:57 / 161	00:51:09 / 119	02:38:46	00:37:28
141	12	ADAMEK Paweł		POL #SOBASTEAM	88M30/85	M / 137	00:18:02 / 85	00:03:29 / 74	01:21:16 / 140	00:01:13 / 106	00:54:47 / 191	02:38:47	00:37:28
142	128	WALKOWIAK Dariusz		POL ENERGIAPORT.PL	81M30/86	M / 138	00:18:29 / 106	00:05:24 / 176	01:18:55 / 85	00:01:18 / 107	00:54:46 / 190	02:38:52	00:37:34
143	553	MICHALSKI Jakub		POL	94M20/13	M / 139	00:17:59 / 82	00:05:40 / 164	01:20:54 / 132	00:01:49 / 140	00:52:39 / 153	02:39:01	00:37:43
144	304	LIS Rafał		POL TRIATHLON CLUB WROCŁAW	74M40/38	M / 140	00:19:36 / 171	00:03:59 / 160	01:20:01 / 112	00:01:12 / 117	00:54:29 / 184	02:39:17	00:37:59
145	556	ROTHER Marek		POL WKS SLASK	68M50/3	M / 141	00:13:56 / 3	00:05:40 / 23	01:24:47 / 225	00:02:01 / 141	00:53:02 / 154	02:39:26	00:38:07
146	244	GOMONOVYCH Vasyl		UKR-	88M30/87	M / 142	00:19:11 / 147	00:03:14 / 112	01:26:14 / 264	00:00:49 / 185	00:50:06 / 94	02:39:34	00:38:15
147	350	PAWLIKOWSKI Adam		POL	73M40/39	M / 143	00:19:56 / 192	00:03:55 / 173	01:19:40 / 101	00:01:03 / 114	00:55:13 / 205	02:39:47	00:38:28
148	382	ROMAŃCZYK Jarosław		POL HURAGAN	77M40/40	M / 144	00:19:46 / 181	00:04:48 / 212	01:23:46 / 200	00:01:27 / 195	00:50:02 / 92	02:39:49	00:38:31
149	100	CIKOTO Krzysztof		POL	79M30/88	M / 145	00:21:32 / 290	00:04:22 / 275	01:23:32 / 196	00:01:24 / 209	00:49:08 / 74	02:39:58	00:38:39
150	578	GOMULEC Tomasz		POL	71M40/41	M / 146	00:18:35 / 109	00:04:31 / 137	01:21:25 / 144	00:01:57 / 142	00:53:32 / 167	02:40:00	00:38:42
151	296	BEŚ Marcin		POL JUDO SOBÓKA	76M40/42	M / 147	00:21:17 / 274	00:03:12 / 207	01:18:38 / 82	00:01:33 / 116	00:55:36 / 212	02:40:16	00:38:58
152	255	ŚCIGAŁA Waldemar		POL JELENIA PLAST	74M40/43	M / 148	00:17:27 / 56	00:04:57 / 110	01:20:52 / 131	00:01:47 / 124	00:56:00 / 218	02:41:03	00:39:45
153	422	MASŁOWSKI Michał		POL TMTEAM	75M40/44	M / 149	00:18:25 / 100	00:04:21 / 123	01:24:44 / 222	00:01:19 / 176	00:52:15 / 143	02:41:04	00:39:45
154	330	KLIMCZAK Marcin		POL TMTEAM	75M40/45	M / 150	00:22:12 / 328	00:03:33 / 266	01:18:15 / 76	00:01:02 / 123	00:56:02 / 219	02:41:04	00:39:45
155	407	MOLENDOWSKI Michał		POL	72M40/46	M / 151	00:18:30 / 107	00:04:04 / 117	01:21:17 / 141	00:01:30 / 128	00:56:05 / 223	02:41:26	00:40:08
156	394	RECZUCH Tomasz		POL	76M40/47	M / 152	00:17:25 / 49	00:04:41 / 98	01:23:17 / 184	00:02:01 / 159	00:54:37 / 189	02:42:01	00:40:42
157	475	KUC Monika		POL CTS	80K30/4	K / 5	00:17:53 / 76	00:03:21 / 64	01:27:28 / 288	00:00:56 / 189	00:52:29 / 148	02:42:07	00:40:49
158	579	DEUTSCHMAN Piotr		POL GT RAT	78M40/48	M / 153	00:17:26 / 53	00:03:26 / 44	01:20:10 / 116	00:01:06 / 83	01:00:02 / 300	02:42:10	00:40:52
159	157	LEWICKI Łukasz		POL JTP	79M30/89	M / 154	00:21:41 / 298	00:04:52 / 306	01:22:12 / 155	00:01:22 / 199	00:52:27 / 147	02:42:34	00:41:15
160	11	GÓRSKI Łukasz		POL	82M30/90	M / 155	00:18:22 / 98	00:03:19 / 82	01:22:17 / 158	00:00:55 / 119	00:57:47 / 258	02:42:40	00:41:22

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
161	332	SKÓRA Tomasz		POL LITWIN TRIATHLON TEAM		73M40/49 M / 156	00:23:49 / 410	00:04:42 / 386	01:26:09 / 260	00:01:14 / 288	00:47:04 / 45	02:42:58	00:41:39
162	98	KORPECKI Krzysztof		POL POLICJA		82M30/91 M / 157	00:21:07 / 259	00:04:27 / 258	01:24:51 / 228	00:01:24 / 222	00:51:24 / 122	02:43:13	00:41:55
163	543	MAĆKOWSKI Marcin		POL		92M20/14 M / 158	00:20:51 / 245	00:04:43 / 259	01:21:51 / 151	00:00:39 / 169	00:55:15 / 207	02:43:19	00:42:00
164	325	CAROTENUTO Erminio		ITA		76M40/50 M / 159	00:19:09 / 142	00:04:10 / 147	01:24:57 / 232	00:01:31 / 194	00:53:34 / 168	02:43:21	00:42:03
165	265	JARZYŃSKI Dominik		POL SZYDŁOWIECKIE TOWARZYSTWO SPORTOWE		78M40/51 M / 160	00:19:23 / 166	00:04:04 / 153	01:22:36 / 167	00:01:16 / 156	00:56:08 / 224	02:43:27	00:42:08
166	377	BARAN Jarosław		POL TRIACTIV RIDLEY		74M40/52 M / 161	00:21:26 / 282	00:03:26 / 225	01:19:41 / 102	00:00:52 / 129	00:58:10 / 265	02:43:35	00:42:17
167	191	KALUŻA Łukasz		POL		83M30/92 M / 162	00:19:40 / 175	00:03:56 / 161	01:18:01 / 72	00:01:28 / 97	01:00:31 / 309	02:43:36	00:42:18
168	85	SROKA Michał		POL TMTEAM		80M30/93 M / 163	00:17:12 / 40	00:03:41 / 45	01:21:05 / 135	00:01:17 / 98	01:00:24 / 307	02:43:39	00:42:21
169	557	GLÓWKA Paweł		POL EUROPA UBEZPIECZENIA / TMTEAM		91M20/15 M / 164	00:21:47 / 306	00:03:24 / 240	01:24:23 / 215	00:01:41 / 216	00:52:24 / 146	02:43:39	00:42:21
170	137	CZECHOWSKI Paweł		POL		79M30/94 M / 165	00:18:19 / 96	00:04:17 / 118	01:25:15 / 240	00:01:01 / 178	00:54:51 / 194	02:43:43	00:42:24
171	135	TUREK Łukasz		POL MATERIA ŁUKASZ TUREK		84M30/95 M / 166	00:22:06 / 323	00:04:22 / 303	01:19:05 / 90	00:02:19 / 163	00:55:57 / 217	02:43:49	00:42:30
172	190	MRUSZCZYK Marcin		POL		79M30/96 M / 167	00:19:12 / 148	00:04:59 / 190	01:22:37 / 168	00:02:03 / 177	00:55:04 / 200	02:43:55	00:42:36
173	246	ZIELENKIEWICZ Marcin		POL TMTEAM		81M30/97 M / 168	00:19:03 / 139	00:02:52 / 87	01:25:54 / 256	00:00:49 / 175	00:55:25 / 209	02:44:03	00:42:45
174	501	HALKO Daniel		POL IRON WILL		90M20/16 M / 169	00:23:00 / 366	00:03:18 / 298	01:25:50 / 255	00:01:36 / 259	00:50:26 / 105	02:44:10	00:42:51
175	391	DŻUGAJ Tomasz		POL OLEŚNICKA GRUPA TRIATHLONOWA		78M40/53 M / 170	00:22:14 / 332	00:04:03 / 296	01:22:54 / 177	00:01:11 / 201	00:53:51 / 174	02:44:13	00:42:54
176	68	KAPICA Marek		POL		80M30/98 M / 171	00:23:02 / 371	00:03:56 / 322	01:24:22 / 213	00:00:52 / 232	00:52:03 / 137	02:44:15	00:42:57
177	419	KUBICKI Tomasz		POL OLEŚNICKA GRUPA TRIATHLONOWA		69M40/54 M / 172	00:19:53 / 189	00:04:49 / 219	01:27:46 / 299	00:01:56 / 270	00:50:14 / 97	02:44:38	00:43:20
178	324	KRAJEWSKI Michał		POL CELIRONMAN		77M40/55 M / 173	00:19:47 / 183	00:04:40 / 205	01:24:01 / 208	00:01:25 / 196	00:54:51 / 195	02:44:44	00:43:25
179	27	ZATOŃ Cezary		POL		81M30/99 M / 174	00:26:13 / 475	00:03:36 / 441	01:20:34 / 125	00:01:14 / 219	00:53:28 / 163	02:45:05	00:43:46
180	308	SIERADZKI Rafał		POL TRIATHLON CLUB WROCŁAW		75M40/56 M / 175	00:19:09 / 145	00:04:02 / 138	01:17:44 / 69	00:01:15 / 84	01:03:08 / 356	02:45:18	00:43:59
181	567	KOTRA Jacek		POL WATAHA		81M30/100 M / 176	00:17:21 / 46	00:03:41 / 53	01:24:06 / 210	00:01:22 / 144	00:58:51 / 276	02:45:21	00:44:03
182	582	CHOJNACKA Małgorzata		POL TRINERGY		68K50/1 K / 6	00:21:09 / 264	00:03:39 / 222	01:25:44 / 254	00:01:05 / 220	00:53:46 / 172	02:45:23	00:44:04
183	322	KULESZA Sebastian		POL SIR-HA SIERADZ		77M40/57 M / 177	00:17:24 / 48	00:04:09 / 75	01:18:37 / 81	00:01:36 / 74	01:03:39 / 363	02:45:25	00:44:06
184	6	GORLOWSKI Emil		POL GLKS ŻELAZNA ŚWIDNICA		79M30/101 M / 178	00:20:07 / 206	00:03:17 / 151	01:19:47 / 107	00:01:00 / 111	01:01:18 / 330	02:45:29	00:44:11
185	354	ANDREJÓW Mariusz		POL GVT		70M40/58 M / 179	00:25:59 / 471	00:03:38 / 434	01:19:36 / 99	00:01:57 / 214	00:54:21 / 180	02:45:31	00:44:12
186	230	ŚWIEBODA Marek		POL OLEŚNICKA GRUPA TRIATHLONOWA		81M30/102 M / 180	00:25:52 / 470	00:03:57 / 440	01:25:07 / 237	00:01:17 / 298	00:49:19 / 79	02:45:32	00:44:14
187	395	BOGUCKI Jarosław		POL OŁAWSKA GRUPA BIEGOWA		72M40/59 M / 181	00:17:26 / 54	00:04:09 / 77	01:25:16 / 241	00:01:18 / 172	00:57:25 / 250	02:45:34	00:44:15
188	238	SIPURZYŃSKI Marcin		POL TMTEAM		81M30/103 M / 182	00:21:30 / 286	00:04:50 / 299	01:19:13 / 92	00:02:16 / 162	00:57:49 / 260	02:45:38	00:44:19
189	188	MICHALAK Wojciech		POL		83M30/104 M / 183	00:21:34 / 291	00:03:28 / 235	01:24:46 / 224	00:00:54 / 205	00:55:05 / 203	02:45:47	00:44:29
190	50	SAWCZUK Grzegorz		POL		80M30/105 M / 184	00:20:44 / 238	00:04:09 / 227	01:20:50 / 129	00:01:30 / 153	00:58:47 / 274	02:46:00	00:44:41
191	16	BORUCKI Witold		POL JELCZ TRIATHLON PROJECT		80M30/106 M / 185	00:22:50 / 360	00:04:03 / 320	01:27:26 / 286	00:01:12 / 283	00:50:31 / 110	02:46:02	00:44:44
192	561	PAKOSZ Krzysztof		POL DECATHLON BIELANY WROCŁAWSKIE		93M20/17 M / 186	00:18:50 / 122	00:03:06 / 89	01:26:52 / 276	00:00:51 / 190	00:56:29 / 229	02:46:08	00:44:50
193	311	MARCINKOWSKI Przemysław		POL GVT		73M40/60 M / 187	00:24:04 / 424	00:03:50 / 356	01:20:33 / 124	00:01:42 / 200	00:56:05 / 222	02:46:14	00:44:56

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
194	483	KUZIOR Ewa		POL MYSZKÓW BIEGA	81K30/5	K / 7	00:20:16 / 211	00:04:24 / 214	01:27:33 / 290	00:02:01 / 268	00:52:03 / 135	02:46:17	00:44:59
195	54	KIBLER Jan		POL GT RAT	83M30/107	M / 188	00:18:43 / 116	00:04:04 / 124	01:22:50 / 176	00:01:13 / 147	00:59:28 / 290	02:46:18	00:44:59
196	206	FRAŃCZAK Tomasz		POL HALFWORN TEAM	86M30/108	M / 189	00:18:56 / 129	00:03:54 / 125	01:23:54 / 204	00:01:23 / 171	00:58:17 / 268	02:46:24	00:45:06
197	316	KLEMENTOWSKI Jan		POL KLEMENS TEAM	76M40/61	M / 190	00:18:00 / 83	00:04:06 / 97	01:22:28 / 164	00:01:15 / 131	01:00:36 / 311	02:46:25	00:45:07
198	278	WANKIEWICZ Krzysztof		POL GVT	74M40/62	M / 191	00:19:14 / 153	00:04:23 / 162	01:23:45 / 199	00:01:37 / 180	00:57:28 / 253	02:46:27	00:45:09
199	237	HACHOŁ Tomasz		POL HACHOŁ TRIATHLON TEAM	82M30/109	M / 192	00:20:02 / 201	00:05:06 / 238	01:26:44 / 273	00:01:17 / 249	00:53:26 / 162	02:46:35	00:45:16
200	522	NOWAKOWSKI Jakub		POL	93M20/18	M / 193	00:16:44 / 30	00:04:26 / 61	01:29:55 / 342	00:01:10 / 235	00:54:24 / 181	02:46:39	00:45:21
201	142	PLAZA Artur		POL	79M30/110	M / 194	00:21:41 / 299	00:05:38 / 336	01:24:25 / 216	00:01:50 / 255	00:53:08 / 156	02:46:42	00:45:24
202	545	KENDRA Pavlo		POL MATNER RUNNING TEAM	91M20/19	M / 195	00:23:20 / 389	00:04:09 / 344	01:25:01 / 233	00:00:43 / 253	00:53:31 / 165	02:46:44	00:45:25
203	291	CHMIELEWSKI Grzegorz		POL TMTEAM	77M40/63	M / 196	00:16:53 / 34	00:03:53 / 40	01:24:44 / 221	00:01:03 / 145	01:00:13 / 304	02:46:46	00:45:27
204	433	PICHALSKI Piotr		POL PZU SPORT TEAM	73M40/64	M / 197	00:22:32 / 344	00:05:36 / 374	01:26:59 / 278	00:01:16 / 303	00:50:37 / 113	02:47:00	00:45:42
205	169	BACZYŃSKI Marcin		POL 3M RUNNING TEAM	79M30/111	M / 198	00:21:37 / 295	00:04:34 / 289	01:23:17 / 185	00:01:16 / 207	00:56:19 / 227	02:47:03	00:45:44
206	279	OSIATYCKI Grzegorz		POL RONAL POLSKA RUN	71M40/65	M / 199	00:21:31 / 287	00:05:11 / 311	01:29:27 / 333	00:01:46 / 333	00:49:19 / 78	02:47:14	00:45:56
207	193	OLDAKOWSKI Maciej		POL	87M30/112	M / 200	00:16:40 / 28	00:04:15 / 47	01:28:54 / 323	00:01:00 / 208	00:56:50 / 235	02:47:39	00:46:21
208	19	WIŚNIEWSKI Tomasz		POL GVT	88M30/113	M / 201	00:14:55 / 7	00:03:33 / 10	01:27:44 / 298	00:01:18 / 160	01:00:13 / 305	02:47:43	00:46:25
209	214	MALKAMAKI Juha		POL GT RAT	84M30/114	M / 202	00:21:43 / 301	00:03:35 / 247	01:24:33 / 219	00:01:09 / 213	00:56:45 / 233	02:47:45	00:46:27
210	90	DRZYZGIEWICZ Michał		POL	81M30/115	M / 203	00:19:56 / 193	00:04:27 / 201	01:23:49 / 201	00:01:10 / 183	00:58:30 / 269	02:47:52	00:46:34
211	426	NOLBERT Adam		POL	70M40/66	M / 204	00:21:06 / 258	00:04:51 / 278	01:28:37 / 320	00:01:41 / 300	00:51:39 / 128	02:47:54	00:46:36
212	123	SZYMCZYK Tomasz		POL -	82M30/116	M / 205	00:24:04 / 423	00:03:38 / 348	01:28:23 / 311	00:01:10 / 323	00:50:46 / 116	02:48:01	00:46:42
213	269	SKROUBA Piotr		POL	77M40/67	M / 206	00:23:08 / 379	00:03:41 / 315	01:25:31 / 251	00:01:15 / 257	00:54:26 / 182	02:48:01	00:46:43
214	456	CZECHOWSKA-MADEJ Katarzyna		POL MIŁEK TRIATHLON TEAM	81K30/6	K / 8	00:20:24 / 216	00:03:49 / 191	01:26:42 / 271	00:01:09 / 228	00:56:02 / 220	02:48:06	00:46:48
215	514	KLIMKOWSKI Piotr		POL NIEZRZESZONY	66M50/4	M / 207	00:21:07 / 260	00:05:08 / 292	01:29:03 / 325	00:01:41 / 317	00:51:19 / 120	02:48:18	00:46:59
216	403	BOGUCKI Oskar		POL ŻARY TRIATHLON TEAM	74M40/68	M / 208	00:16:42 / 29	00:03:55 / 36	01:29:35 / 336	00:01:40 / 223	00:56:28 / 228	02:48:20	00:47:02
217	400	POLEWSKI Wojciech		POL ZAGŁĘBIE WAŁBRZYCH	72M40/69	M / 209	00:22:08 / 325	00:05:12 / 337	01:23:27 / 192	00:01:59 / 244	00:55:35 / 211	02:48:21	00:47:03
218	17	BERGER Denis		POL	79M30/117	M / 210	00:18:58 / 133	00:04:17 / 142	01:27:16 / 284	00:00:48 / 217	00:57:11 / 247	02:48:30	00:47:11
219	331	ZGARDA Jacek		POL TMTEAM	77M40/70	M / 211	00:19:20 / 162	00:04:25 / 169	01:25:44 / 253	00:01:13 / 206	00:57:48 / 257	02:48:30	00:47:11
220	359	KUBIS Piotr		POL GVT	69M40/71	M / 212	00:21:09 / 262	00:04:43 / 273	01:25:02 / 234	00:02:38 / 254	00:55:03 / 201	02:48:35	00:47:17
221	287	HELMECKI Dariusz		POL	71M40/72	M / 213	00:23:01 / 367	00:06:28 / 427	01:25:23 / 243	00:01:54 / 312	00:51:55 / 133	02:48:41	00:47:22
222	65	BOROWIECKI Krzysztof		POL GT RAT	86M30/118	M / 214	00:22:00 / 316	00:03:31 / 255	01:25:11 / 239	00:01:03 / 221	00:57:08 / 246	02:48:53	00:47:35
223	241	MATYLA Roman		POL TMTEAM	86M30/119	M / 215	00:20:59 / 252	00:03:14 / 192	01:21:03 / 133	00:01:29 / 146	01:02:08 / 344	02:48:53	00:47:35
224	444	JASKUŁA Katarzyna		POL	79K30/7	K / 9	00:22:10 / 327	00:04:05 / 293	01:24:48 / 226	00:02:07 / 250	00:55:47 / 215	02:48:57	00:47:38
225	247	KOZŁOWSKI Tomasz		POL	83M30/120	M / 216	00:21:23 / 278	00:05:08 / 305	01:25:29 / 249	00:02:00 / 264	00:55:04 / 202	02:49:04	00:47:45
226	552	ROGAŁA Zbigniew		POL	90M20/20	M / 217	00:17:28 / 57	00:04:30 / 91	01:22:43 / 171	00:01:35 / 139	01:02:49 / 354	02:49:05	00:47:46
227	148	ENGEL Krzysztof jakub		POL	86M30/121	M / 218	00:22:07 / 324	00:04:42 / 316	01:20:12 / 118	00:01:14 / 173	01:00:51 / 318	02:49:06	00:47:47

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
228	179	SIWEK Jacek		POL TRIWISE	79M30/122	M / 219	00:19:23 / 165	00:04:18 / 165	01:19:44 / 105	00:01:27 / 118	01:04:22 / 377	02:49:14	00:47:56
229	45	PRUSAK Piotr		POL GT RAT	83M30/123	M / 220	00:18:50 / 123	00:03:31 / 109	01:24:50 / 227	00:00:50 / 166	01:01:18 / 331	02:49:19	00:48:01
230	194	ADAMCZYK Dominik		POL	86M30/124	M / 221	00:18:24 / 99	00:04:04 / 114	01:28:33 / 316	00:01:27 / 240	00:56:53 / 236	02:49:21	00:48:03
231	192	JĘDRZEJEWSKI Jakub		POL	87M30/125	M / 222	00:23:25 / 395	00:04:25 / 353	01:25:27 / 248	00:01:12 / 275	00:55:03 / 199	02:49:32	00:48:13
232	15	SZYMCZAK Piotr		POL MZK TEAM	79M30/126	M / 223	00:25:19 / 460	00:04:14 / 429	01:19:40 / 100	00:01:10 / 202	00:59:10 / 283	02:49:33	00:48:14
233	581	OSTROWSKI Waldemar		POL TRIATHLON CLUB WROCLAW	73M40/73	M / 224	00:21:02 / 256	00:05:06 / 286	01:23:02 / 178	00:01:47 / 211	00:58:47 / 275	02:49:44	00:48:26
234	476	OLESZCZUK Tunia		POL GVT	85K30/8	K / 10	00:21:44 / 302	00:03:26 / 239	01:26:07 / 259	00:01:35 / 247	00:56:56 / 238	02:49:48	00:48:29
235	519	PACHOLAK Andrzej		POL	63M50/5	M / 225	00:21:44 / 303	00:05:43 / 342	01:25:16 / 242	00:03:14 / 289	00:53:56 / 176	02:49:53	00:48:35
236	374	KRUKOWSKI Piotr		POL SOWIE TEAM	76M40/74	M / 226	00:20:30 / 223	00:04:01 / 210	01:23:51 / 203	00:01:23 / 192	01:00:12 / 303	02:49:57	00:48:39
237	176	ŻURKOWSKI Daniel		POL GT RAT	88M30/127	M / 227	00:21:21 / 277	00:04:45 / 285	01:25:09 / 238	00:01:08 / 238	00:57:35 / 254	02:49:58	00:48:39
238	317	OLENDER Grzegorz		POL GT RAT	78M40/75	M / 228	00:20:47 / 243	00:03:54 / 217	01:27:05 / 281	00:01:18 / 248	00:56:57 / 240	02:50:01	00:48:43
239	309	SIKORSKI Wojciech		POL	77M40/76	M / 229	00:21:16 / 273	00:04:35 / 271	01:30:12 / 347	00:01:49 / 331	00:52:13 / 142	02:50:05	00:48:47
240	573	WALEŃSKA Ewa		POL GT RAT	76K40/1	K / 11	00:24:58 / 448	00:04:17 / 416	01:26:48 / 274	00:00:54 / 316	00:53:13 / 160	02:50:10	00:48:51
241	333	BIZIEL Michał		POL TMTEAM	74M40/77	M / 230	00:19:50 / 185	00:03:25 / 143	01:30:00 / 343	00:01:25 / 276	00:55:41 / 213	02:50:21	00:49:03
242	564	KUCHCIŃSKI Piotr		POL	92M20/21	M / 231	00:22:16 / 333	00:03:23 / 263	01:27:15 / 283	00:00:55 / 260	00:56:37 / 231	02:50:26	00:49:08
243	26	WÓJCIK Robert		POL NOA	84M30/128	M / 232	00:20:32 / 226	00:03:31 / 186	01:34:40 / 401	00:01:23 / 354	00:50:20 / 103	02:50:26	00:49:08
244	109	JASNOCH Marcin		POL OLUSIA TEAM	80M30/129	M / 233	00:24:00 / 420	00:03:55 / 359	01:22:42 / 170	00:00:50 / 218	00:59:01 / 278	02:50:28	00:49:10
245	399	OSZMIAŃCZUK Marcin		POL ŻARY TRIATHLON TEAM	75M40/78	M / 234	00:18:56 / 130	00:05:52 / 223	01:23:56 / 205	00:01:48 / 204	01:00:00 / 297	02:50:32	00:49:13
246	474	SAP Karolina		POL PRO-RUN WROCLAW	90K20/2	K / 12	00:21:56 / 313	00:03:50 / 268	01:34:32 / 399	00:01:38 / 371	00:48:37 / 70	02:50:33	00:49:14
247	584	RADKO Krystian		POL GVT	76M40/79	M / 235	00:21:31 / 289	00:03:43 / 244	01:19:29 / 96	00:01:09 / 132	01:04:56 / 388	02:50:48	00:49:30
248	594	LITWIN Jan		POL LITWIN TRIATHLON TEAM	61M50/6	M / 236	00:20:26 / 219	00:05:04 / 254	01:28:39 / 321	00:01:24 / 285	00:55:22 / 208	02:50:55	00:49:37
249	248	KOSICKI Bartłomiej		POL	83M30/130	M / 237	00:23:01 / 369	00:04:04 / 331	01:26:10 / 262	00:00:50 / 265	00:56:54 / 237	02:50:59	00:49:41
250	215	WOJTOWICZ Ernest		POL TMTEAM	80M30/131	M / 238	00:20:31 / 225	00:04:15 / 221	01:26:22 / 266	00:01:19 / 239	00:58:37 / 270	02:51:04	00:49:45
251	384	KUROWSKI Adam		POL LITWIN TRIATHLON TEAM	74M40/80	M / 239	00:22:54 / 361	00:05:14 / 375	01:25:24 / 244	00:01:19 / 280	00:56:17 / 226	02:51:08	00:49:49
252	580	ŚLAWSKI Mariusz		POL	87M30/132	M / 240	00:21:35 / 292	00:03:46 / 250	01:27:27 / 287	00:01:39 / 274	00:56:49 / 234	02:51:16	00:49:58
253	381	KLUBA Michał		POL	76M40/81	M / 241	00:19:37 / 172	00:04:37 / 194	01:27:33 / 291	00:01:24 / 252	00:58:05 / 263	02:51:16	00:49:58
254	63	DAISUKE Yoshida		POL	86M30/133	M / 242	00:23:37 / 403	00:04:41 / 380	01:27:55 / 305	00:01:55 / 336	00:53:09 / 158	02:51:17	00:49:58
255	489	MICIAK Krzysztof		POL GVT	67M50/7	M / 243	00:23:12 / 383	00:05:22 / 387	01:28:27 / 312	00:02:25 / 349	00:51:52 / 131	02:51:18	00:49:59
256	5	MINKINA Maciej		POL WARTER	87M30/134	M / 244	00:24:28 / 441	00:05:11 / 435	01:23:26 / 190	00:01:21 / 272	00:57:01 / 241	02:51:27	00:50:08
257	569	MLAK Kazimierz		POL WIELKA SOWA	58M60/1	M / 245	00:23:08 / 380	00:04:55 / 368	01:26:10 / 261	00:02:24 / 307	00:54:51 / 193	02:51:28	00:50:09
258	260	BENDZA Wojciech		POL MICHAŁ BENDZA TEAM	77M40/82	M / 246	00:21:06 / 257	00:03:49 / 228	01:26:44 / 272	00:01:08 / 245	00:58:46 / 273	02:51:33	00:50:14
259	503	RUTKOWSKI Artur		POL	67M50/8	M / 247	00:22:14 / 331	00:05:51 / 371	01:23:27 / 191	00:00:47 / 237	00:59:16 / 288	02:51:35	00:50:17
260	358	DZIUBA Dariusz		POL CF	77M40/83	M / 248	00:17:33 / 62	00:04:13 / 84	01:24:52 / 230	00:01:19 / 164	01:03:47 / 366	02:51:44	00:50:25
261	220	WASILEWSKI Maciej		POL BRAK	84M30/135	M / 249	00:22:02 / 319	00:05:28 / 345	01:29:14 / 330	00:01:33 / 339	00:53:32 / 166	02:51:49	00:50:30

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.	
262	481	WOLSKA Karina		POL		89K20/3	K / 13	00:21:37 / 294	00:04:29 / 283	01:30:41 / 352	00:01:20 / 334	00:53:51 / 175	02:51:58	00:50:40
263	285	KOŁODZIEJ Mariusz		POL TMTEAM		77M40/84	M / 250	00:20:11 / 208	00:03:52 / 187	01:22:34 / 166	00:01:29 / 170	01:03:57 / 370	02:52:03	00:50:45
264	493	POLAK Krzysztof		POL POLICJA		58M60/2	M / 251	00:21:53 / 309	00:04:12 / 282	01:13:33 / 23	00:01:10 / 63	01:11:16 / 443	02:52:04	00:50:45
265	46	ŁESEJKO Mateusz		POL		79M30/136	M / 252	00:19:06 / 140	00:04:28 / 159	01:28:03 / 307	00:02:14 / 261	00:58:16 / 267	02:52:07	00:50:49
266	393	SZAFRAŃSKI Michał		POL		78M40/85	M / 253	00:19:19 / 158	00:05:19 / 213	01:24:52 / 229	00:02:34 / 227	01:00:07 / 301	02:52:11	00:50:52
267	588	GAŁECKI Wiktor		POL TRIATHLON CLUB WROCŁAW		95M20/22	M / 254	00:19:51 / 187	00:03:32 / 150	01:27:39 / 294	00:01:12 / 234	01:00:01 / 299	02:52:15	00:50:56
268	24	MASŁOWIEC Bartosz		POL GT RAT		80M30/137	M / 255	00:21:48 / 307	00:04:26 / 291	01:30:44 / 354	00:00:51 / 330	00:54:32 / 186	02:52:21	00:51:02
269	111	ŁAŻNIEWSKI Dawid		POL KUDOWIANKA CYKLON PROAL TEAM		87M30/138	M / 256	00:23:08 / 378	00:03:46 / 321	01:22:22 / 161	00:01:42 / 212	01:01:29 / 335	02:52:27	00:51:09
270	124	PIECZARA Krzysztof		POL KB MCKIS JAWORZNO		81M30/139	M / 257	00:20:26 / 220	00:03:34 / 183	01:28:34 / 317	00:01:06 / 258	00:59:02 / 279	02:52:42	00:51:23
271	526	MACIEJEWSKI Marcin		POL TMTEAM		90M20/23	M / 258	00:22:10 / 326	00:05:33 / 349	01:24:03 / 209	00:01:48 / 256	00:59:09 / 282	02:52:43	00:51:25
272	146	STADNICKI Łukasz		POL		87M30/140	M / 259	00:22:48 / 359	00:05:52 / 394	01:24:22 / 214	00:03:13 / 299	00:56:30 / 230	02:52:45	00:51:26
273	342	KIELBASA Paweł		POL RADIOWA AKADEMIA TRIATHLONU		78M40/86	M / 260	00:25:06 / 452	00:04:46 / 443	01:23:04 / 179	00:01:54 / 279	00:58:03 / 262	02:52:53	00:51:34
274	504	RATAJCZAK Marek		POL TRIATHLON CLUB WROCŁAW		66M50/9	M / 261	00:20:43 / 236	00:04:52 / 260	01:24:31 / 218	00:01:56 / 226	01:01:01 / 321	02:53:03	00:51:45
275	521	WŁODARCZYK Wiktor		POL JAS-KÓŁKA		94M20/24	M / 262	00:22:17 / 335	00:06:09 / 383	01:26:30 / 269	00:02:38 / 326	00:55:33 / 210	02:53:07	00:51:48
276	420	SIERADZAN Grzegorz		POL OLEŚNICKA GRUPA TRIATHLONOWA		77M40/87	M / 263	00:21:13 / 268	00:03:51 / 236	01:25:31 / 250	00:01:23 / 225	01:01:10 / 325	02:53:08	00:51:50
277	418	KARGOL Paweł		POL OLEŚNICKA GRUPA TRIATHLONOWA		78M40/88	M / 264	00:22:19 / 337	00:05:19 / 346	01:23:24 / 189	00:00:56 / 224	01:01:10 / 326	02:53:08	00:51:50
278	337	BORKOWSKI Mariusz		POL		75M40/89	M / 265	00:21:14 / 270	00:03:43 / 232	01:29:48 / 341	00:01:18 / 291	00:57:07 / 244	02:53:10	00:51:52
279	144	CHMIEL Łukasz		POL		81M30/141	M / 266	00:22:18 / 336	00:05:38 / 360	01:28:11 / 310	00:01:05 / 319	00:56:05 / 221	02:53:17	00:51:59
280	535	SZYMONEK Mirosław		POL TRIDEA		59M50/10	M / 267	00:21:45 / 304	00:03:54 / 262	01:21:02 / 134	00:01:23 / 168	01:05:13 / 397	02:53:17	00:51:59
281	576	CHOJNACKI Artur		POL -		68M50/11	M / 268	00:21:16 / 272	00:05:50 / 332	01:27:42 / 296	00:01:31 / 301	00:57:03 / 243	02:53:22	00:52:03
282	201	FOLGA Radosław		POL KLUB TYSIACZKA		87M30/142	M / 269	00:20:55 / 248	00:08:33 / 425	01:22:06 / 154	00:02:51 / 271	00:59:12 / 286	02:53:37	00:52:19
283	216	GREHL Paweł		POL GVT		79M30/143	M / 270	00:19:13 / 150	00:04:00 / 140	01:24:56 / 231	00:01:27 / 187	01:04:13 / 374	02:53:49	00:52:31
284	95	NASKRĘTSKI Andrzej		POL KRĘPI Z KRĘPIC		79M30/144	M / 271	00:23:12 / 381	00:06:12 / 421	01:30:09 / 345	00:01:11 / 359	00:53:08 / 157	02:53:52	00:52:34
285	300	KUBIAK Michał		POL		78M40/90	M / 272	00:19:19 / 159	00:05:13 / 211	01:27:58 / 306	00:01:44 / 266	00:59:51 / 295	02:54:05	00:52:47
286	268	WARMUŁA Piotr		POL TMTEAM		74M40/91	M / 273	00:20:42 / 235	00:04:14 / 230	01:23:18 / 186	00:01:11 / 184	01:04:42 / 380	02:54:07	00:52:48
287	272	POPARDA Sebastian		POL JELCZ TRIATHLON PROJECT		77M40/92	M / 274	00:20:30 / 224	00:04:45 / 245	01:29:16 / 331	00:02:14 / 310	00:57:24 / 249	02:54:09	00:52:51
288	108	MAZURKIEWICZ Tomasz		POL GEDIA		81M30/145	M / 275	00:24:21 / 438	00:04:26 / 403	01:22:49 / 174	00:00:54 / 241	01:01:42 / 339	02:54:12	00:52:54
289	565	GOLEMIEC Kazimierz		POL KERMI POLSKA		65M50/12	M / 276	00:20:26 / 218	00:03:52 / 198	01:23:37 / 198	00:01:33 / 186	01:04:52 / 386	02:54:20	00:53:02
290	224	PAPROCKI Przemek		POL DECATHLON BIELANY WROCŁAWSKIE		86M30/146	M / 277	00:27:27 / 490	00:04:26 / 474	01:22:51 / 175	00:01:40 / 304	00:58:06 / 264	02:54:30	00:53:11
291	570	GLÓWKA Dariusz		POL NO LIMITS		91M20/25	M / 278	00:24:17 / 432	00:03:45 / 367	01:31:06 / 358	00:00:47 / 353	00:54:36 / 188	02:54:31	00:53:12
292	335	ŁOZIŃSKI Wojciech		POL POLICJA		77M40/93	M / 279	00:20:27 / 221	00:04:46 / 242	01:23:11 / 183	00:01:16 / 191	01:04:57 / 389	02:54:37	00:53:19
293	478	KARPIENIA Ewa		POL CKS ORKA SZCZECIN		69K40/2	K / 14	00:21:25 / 280	00:04:24 / 270	01:28:35 / 318	00:01:35 / 290	00:59:11 / 284	02:55:10	00:53:52
294	343	GRANICZNY Krzysztof		POL		70M40/94	M / 280	00:22:48 / 358	00:03:59 / 314	01:26:14 / 265	00:01:26 / 273	01:00:51 / 319	02:55:18	00:54:00
295	93	PUCHAŁSKI Przemysław		POL		82M30/147	M / 281	00:19:59 / 196	00:05:19 / 248	01:26:28 / 268	00:02:14 / 263	01:01:36 / 338	02:55:36	00:54:18

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
296	379	WALECZEK Sławomir		POL		76M40/95 M / 282	00:27:18 / 489	00:05:22 / 481	01:23:06 / 181	00:02:27 / 338	00:57:25 / 251	02:55:38	00:54:19
297	84	KSIĘŻAREK Łukasz		POL		81M30/148 M / 283	00:21:53 / 310	00:04:46 / 308	01:25:25 / 246	00:02:10 / 267	01:01:29 / 334	02:55:43	00:54:24
298	390	CYWKA Tomek		POL ZĄBKOWICKA GRUPA BIEGOWA 'FRANKENSTEIN'		75M40/96 M / 284	00:23:05 / 375	00:06:14 / 418	01:27:02 / 280	00:02:07 / 341	00:57:17 / 248	02:55:45	00:54:27
299	256	SALAŁATA Roman		POL BIKE TEAM TEMMPO WAŁBRZYCH		78M40/97 M / 285	00:20:45 / 240	00:03:41 / 204	01:25:26 / 247	00:01:23 / 215	01:04:36 / 379	02:55:51	00:54:33
300	225	PIECH Michał		POL LA LORRAINE BAKERY GROUP		85M30/149 M / 286	00:19:13 / 149	00:07:04 / 297	01:32:03 / 372	00:02:44 / 362	00:55:00 / 198	02:56:04	00:54:45
301	347	GLEBOCKI Adam		POL		73M40/98 M / 287	00:23:53 / 414	00:04:59 / 406	01:26:51 / 275	00:01:04 / 313	00:59:25 / 289	02:56:12	00:54:53
302	352	GRADOWSKI Łukasz		POL 4FUN		78M40/99 M / 288	00:20:59 / 253	00:04:17 / 246	01:27:01 / 279	00:02:06 / 269	01:01:52 / 341	02:56:15	00:54:57
303	227	OWCZAREK Jacek		POL OLEŚNICKA GRUPA TRIATHLONOWA		84M30/150 M / 289	00:25:18 / 459	00:04:26 / 437	01:24:45 / 223	00:01:38 / 293	01:00:11 / 302	02:56:18	00:55:00
304	70	BATOR Rafał		POL		84M30/151 M / 290	00:28:17 / 500	00:05:17 / 489	01:28:30 / 314	00:01:05 / 386	00:53:11 / 159	02:56:20	00:55:02
305	562	BEDNARCZYK Paweł		POL DECATHLON BIELANY WROCŁAWSKIE		94M20/26 M / 291	00:16:17 / 20	00:04:31 / 42	01:29:47 / 340	00:01:36 / 231	01:04:30 / 378	02:56:41	00:55:22
306	551	LEWCZAK Dariusz		POL MARCUS TEAM		62M50/13 M / 292	00:24:21 / 439	00:03:56 / 379	01:27:51 / 302	00:01:28 / 327	00:59:13 / 285	02:56:49	00:55:30
307	306	KULCZYCKI Krystian		POL TRIATHLON CLUB WROCŁAW		73M40/100 M / 293	00:22:34 / 345	00:05:39 / 377	01:25:42 / 252	00:02:14 / 295	01:00:46 / 317	02:56:55	00:55:37
308	167	WIĘCKOWSKI Wiktor		POL		87M30/152 M / 294	00:17:52 / 73	00:05:08 / 133	01:29:43 / 338	00:02:01 / 277	01:02:14 / 345	02:56:58	00:55:40
309	320	ZAWODNIK ANONIMOWY		POL GT RAT		70M40/101 M / 295	00:18:26 / 102	00:03:51 / 105	01:28:53 / 322	00:01:07 / 236	01:04:55 / 387	02:57:12	00:55:53
310	508	NOWAK Marian		POL		61M50/14 M / 296	00:25:15 / 454	00:04:33 / 439	01:23:51 / 202	00:01:37 / 282	01:02:00 / 343	02:57:16	00:55:58
311	344	ŁYGA Paweł		POL		77M40/102 M / 297	00:20:41 / 234	00:05:11 / 272	01:24:18 / 212	00:02:01 / 230	01:05:08 / 392	02:57:19	00:56:00
312	461	BREWKA Wanda		POL GT RAT		83K30/9 K / 15	00:25:03 / 450	00:03:53 / 408	01:31:55 / 367	00:01:48 / 380	00:54:49 / 192	02:57:28	00:56:09
313	524	RĘDZIO Piotr		POL -		94M20/27 M / 298	00:22:45 / 354	00:06:43 / 426	01:27:24 / 285	00:03:02 / 352	00:57:38 / 256	02:57:32	00:56:14
314	147	BERNADOWSKI Bartosz		POL		81M30/153 M / 299	00:18:36 / 113	00:04:15 / 127	01:34:15 / 396	00:01:24 / 342	00:59:07 / 281	02:57:37	00:56:19
315	229	ŁABA Daniel		POL OLEŚNICKA GRUPA TRIATHLONOWA		81M30/154 M / 300	00:24:09 / 426	00:04:38 / 404	01:30:28 / 350	00:01:43 / 361	00:56:43 / 232	02:57:41	00:56:22
316	33	ZAWADZKI Marcin		POL WKKWIERUSZÓW		80M30/155 M / 301	00:23:51 / 411	00:03:32 / 339	01:27:37 / 292	00:01:21 / 302	01:01:24 / 332	02:57:45	00:56:27
317	82	SOKOŁOWSKI Grzegorz		POL POLARIS		88M30/156 M / 302	00:20:06 / 204	00:04:18 / 202	01:26:10 / 263	00:01:58 / 242	01:05:19 / 401	02:57:51	00:56:33
318	86	SIKORA Wiktor		POL TRIATHLON CLUB WROCŁAW		79M30/157 M / 303	00:18:54 / 127	00:04:11 / 135	01:30:40 / 351	00:01:53 / 286	01:02:26 / 348	02:58:04	00:56:45
319	173	ROSSA Łukasz		POL		81M30/158 M / 304	00:18:50 / 120	00:04:31 / 148	01:27:50 / 300	00:01:36 / 246	01:05:30 / 403	02:58:17	00:56:59
320	386	MIELNICKI Wojciech		POL TRIMMISSION		78M40/103 M / 305	00:18:42 / 115	00:06:13 / 229	01:27:52 / 303	00:03:26 / 297	01:02:20 / 346	02:58:33	00:57:15
321	430	SMOLEŃ Tomasz		POL TMTEAM		73M40/104 M / 306	00:23:31 / 400	00:03:51 / 338	01:34:01 / 392	00:01:46 / 387	00:55:42 / 214	02:58:51	00:57:33
322	369	WILKIN Mirosław		POL TMTEAM		71M40/105 M / 307	00:24:01 / 421	00:04:39 / 396	01:30:07 / 344	00:02:23 / 363	00:57:48 / 259	02:58:58	00:57:39
323	477	KARŁOWSKA Katarzyna		POL		86K30/10 K / 16	00:23:04 / 373	00:03:58 / 325	01:33:45 / 387	00:01:13 / 374	00:57:08 / 245	02:59:08	00:57:49
324	376	DANIELKIEWICZ Jarosław		POL		75M40/106 M / 308	00:24:23 / 440	00:05:05 / 424	01:25:24 / 245	00:02:21 / 320	01:01:56 / 342	02:59:09	00:57:50
325	509	MAŁOLEPSZY Robert		POL BREMBO POLAND		66M50/15 M / 309	00:20:16 / 210	00:03:45 / 184	01:31:04 / 357	00:01:34 / 308	01:02:35 / 350	02:59:14	00:57:55
326	360	ŚWIĄTEK Piotr		POL IRONSAINT		76M40/107 M / 310	00:25:50 / 468	00:03:56 / 438	01:23:34 / 197	00:01:33 / 281	01:04:43 / 382	02:59:36	00:58:17
327	577	LLORENS QUINTANA Clara		POL GT RAT		86K30/11 K / 17	00:18:54 / 126	00:04:02 / 131	01:34:41 / 403	00:01:23 / 346	01:00:37 / 313	02:59:37	00:58:18
328	458	GALEK Anna		POL		82K30/12 K / 18	00:22:54 / 362	00:05:04 / 362	01:31:08 / 359	00:01:16 / 357	00:59:15 / 287	02:59:37	00:58:19

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
329	187	JAROSIK Waldek		POL		86M30/159 M / 311	00:20:45 / 239	00:04:35 / 249	01:31:25 / 362	00:02:26 / 347	01:00:36 / 312	02:59:47	00:58:29
330	186	SZYSZAK Marcin		POL ACTIVRUN NAMYSŁÓW		83M30/160 M / 312	00:21:43 / 300	00:05:26 / 333	01:40:09 / 457	00:01:00 / 428	00:51:32 / 127	02:59:50	00:58:32
331	353	HALICKI Robert		POL TMTEAM		78M40/108 M / 313	00:21:41 / 297	00:04:34 / 295	01:23:08 / 182	00:01:33 / 210	01:09:03 / 432	02:59:59	00:58:40
332	223	LEŚKO Paweł		POL CROSSFIT WROCLAW		85M30/161 M / 314	00:23:04 / 374	00:05:33 / 391	01:22:47 / 172	00:01:17 / 243	01:07:21 / 415	03:00:02	00:58:43
333	357	RÓJ Radosław		POL		74M40/109 M / 315	00:23:02 / 370	00:03:35 / 307	01:32:07 / 375	00:01:28 / 355	00:59:50 / 294	03:00:02	00:58:44
334	361	CZERNIAWSKI Piotr		POL		76M40/110 M / 316	00:21:09 / 263	00:04:13 / 251	01:30:18 / 348	00:01:05 / 311	01:03:23 / 362	03:00:08	00:58:50
335	447	TOMASZEWSKA Joanna		POL JELCZ TRIATHLON PROJECT		83K30/13 K / 19	00:23:26 / 398	00:04:18 / 350	01:32:33 / 378	00:02:17 / 378	00:57:35 / 255	03:00:09	00:58:51
336	346	TULIE Krzysztof		POL GÓRAL POLICE		71M40/111 M / 317	00:20:39 / 232	00:05:07 / 269	01:30:10 / 346	00:01:19 / 322	01:03:16 / 360	03:00:31	00:59:12
337	541	LICHOTA Tomasz		POL		89M20/28 M / 318	00:27:08 / 488	00:04:27 / 470	01:33:13 / 385	00:01:20 / 409	00:54:30 / 185	03:00:38	00:59:19
338	323	KOTAS Roman		POL KOTASTROFA		76M40/112 M / 319	00:23:01 / 368	00:04:56 / 361	01:33:45 / 386	00:02:09 / 394	00:56:57 / 239	03:00:48	00:59:29
339	32	SKORUPSKI Szymon		POL KURACJUSZE		87M30/162 M / 320	00:22:21 / 338	00:05:45 / 372	01:32:38 / 379	00:02:21 / 384	00:57:53 / 261	03:00:58	00:59:40
340	297	ZAMOJSKI Sebastian		POL		70M40/113 M / 321	00:24:13 / 428	00:05:08 / 419	01:24:25 / 217	00:01:53 / 287	01:05:26 / 402	03:01:05	00:59:47
341	499	MASŁOWSKI Michał		POL NO LIMITS		91M20/29 M / 322	00:24:00 / 419	00:05:14 / 415	01:39:02 / 448	00:00:42 / 432	00:52:17 / 144	03:01:15	00:59:57
342	387	FILA Marek		POL MARCUS		76M40/114 M / 323	00:19:22 / 164	00:05:31 / 226	01:26:00 / 257	00:02:17 / 251	01:08:05 / 421	03:01:15	00:59:57
343	281	HARTEL Piotr		POL		71M40/115 M / 324	00:24:14 / 429	00:05:52 / 448	01:27:50 / 301	00:02:17 / 356	01:01:08 / 323	03:01:21	01:00:02
344	270	MACIANTOWICZ Wojciech		POL 1976		76M40/116 M / 325	00:19:15 / 154	00:04:35 / 172	01:32:28 / 377	00:01:53 / 337	01:03:12 / 358	03:01:23	01:00:04
345	119	TWARDY Paweł		POL GT RAT		84M30/163 M / 326	00:26:27 / 478	00:03:43 / 450	01:27:43 / 297	00:01:52 / 351	01:01:48 / 340	03:01:33	01:00:15
346	583	ENGEL Waldemar		POL NIEZRZESZONY		61M50/16 M / 327	00:22:35 / 348	00:04:42 / 335	01:27:39 / 295	00:01:14 / 296	01:05:34 / 405	03:01:44	01:00:26
347	329	SIDOR Adam		POL		72M40/117 M / 328	00:21:37 / 293	00:04:33 / 287	01:29:29 / 334	00:02:07 / 328	01:04:17 / 376	03:02:03	01:00:44
348	540	KOWALIK Grzegorz		POL RUNOWO RANGERS		67M50/17 M / 329	00:21:59 / 315	00:04:03 / 280	01:29:35 / 335	00:01:18 / 315	01:05:11 / 395	03:02:06	01:00:47
349	455	CIACIURA-JARNO Magdalena		POL TMTEAM		83K30/14 K / 20	00:22:56 / 363	00:04:03 / 323	01:34:40 / 402	00:01:34 / 388	00:58:54 / 277	03:02:07	01:00:48
350	445	LICHACZ Ania		POL		81K30/15 K / 21	00:23:36 / 402	00:05:04 / 395	01:32:42 / 381	00:01:17 / 379	00:59:32 / 292	03:02:11	01:00:53
351	299	SEMPIK Robert		POL PRO-RUN WROCLAW		73M40/118 M / 330	00:23:23 / 392	00:04:38 / 366	01:31:40 / 365	00:02:19 / 375	01:00:16 / 306	03:02:16	01:00:58
352	416	RUDYK Sebastian		POL TRIATHLON CLUB WROCLAW		75M40/119 M / 331	00:19:24 / 167	00:04:32 / 179	01:23:20 / 188	00:01:50 / 182	01:13:15 / 459	03:02:21	01:01:03
353	496	GOLDWASSER Zbigniew		POL KB SOBÓTKA		66M50/18 M / 332	00:20:56 / 250	00:04:59 / 276	01:31:29 / 364	00:01:31 / 345	01:03:40 / 364	03:02:35	01:01:17
354	460	ROMAN Elżbieta		POL NIEZRZESZONA		75K40/3 K / 22	00:22:47 / 356	00:04:14 / 324	01:33:08 / 384	00:01:35 / 369	01:00:54 / 320	03:02:38	01:01:19
355	114	DOBRZANSKI Marcin		POL DECATHLON BIELANY WROCLAWSKIE		81M30/164 M / 333	00:23:29 / 399	00:04:47 / 378	01:28:08 / 309	00:02:24 / 343	01:03:53 / 367	03:02:41	01:01:22
356	334	RÓŻYCKI Łukasz		POL		75M40/120 M / 334	00:19:35 / 170	00:04:55 / 208	01:31:58 / 368	00:01:05 / 325	01:05:18 / 400	03:02:51	01:01:33
357	132	LECH Marcin		POL NOA		83M30/165 M / 335	00:22:59 / 364	00:04:26 / 340	01:28:30 / 315	00:01:57 / 332	01:05:01 / 391	03:02:53	01:01:35
358	345	BOROWIEC Robert		POL OKSIKO ADVENTURE TEAM		73M40/121 M / 336	00:22:24 / 339	00:05:03 / 343	01:32:01 / 370	00:02:03 / 367	01:01:31 / 336	03:03:02	01:01:44
359	43	KOLASA Piotr		POL		87M30/166 M / 337	00:21:16 / 271	00:04:07 / 252	01:36:04 / 423	00:00:30 / 373	01:01:06 / 322	03:03:03	01:01:44
360	58	SOŚNIERZ Tomasz		POL		87M30/167 M / 338	00:27:53 / 494	00:03:36 / 469	01:32:04 / 373	00:00:47 / 400	00:58:43 / 272	03:03:03	01:01:44
361	533	WORONOWICZ Konrad		POL		91M20/30 M / 339	00:19:33 / 169	00:05:08 / 216	01:30:44 / 355	00:01:14 / 309	01:06:29 / 410	03:03:08	01:01:50
362	168	JANKOWSKI Janusz		POL FIGHT LIKE A BRAVE		86M30/168 M / 340	00:28:07 / 497	00:04:27 / 480	01:36:40 / 430	00:01:18 / 445	00:52:38 / 152	03:03:10	01:01:51

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
363	59	KŁOS Jan		POL		81M30/169 M / 341	00:32:30 / 512	00:04:58 / 507	01:28:37 / 319	00:01:58 / 426	00:55:09 / 204	03:03:12	01:01:54
364	370	FURGOŁ Michał		POL LITWIN TRIATHLON TEAM		78M40/122 M / 342	00:19:39 / 174	00:04:09 / 171	01:31:15 / 360	00:01:23 / 306	01:06:48 / 411	03:03:14	01:01:55
365	73	MAŁESKA Rafał		POL SILNICHŁOPACY		88M30/170 M / 343	00:23:59 / 418	00:04:00 / 363	01:33:06 / 383	00:01:08 / 377	01:01:14 / 328	03:03:27	01:02:08
366	200	MOMOT Piotr		POL TRIATHLON CLUB WROCŁAW		86M30/171 M / 344	00:25:38 / 463	00:06:01 / 471	01:25:06 / 236	00:02:06 / 344	01:04:43 / 381	03:03:34	01:02:15
367	182	SZMIGIEL Tomasz		POL GIVIN' IT A TRI		82M30/172 M / 345	00:21:10 / 266	00:05:54 / 329	01:36:38 / 428	00:01:39 / 405	00:58:37 / 271	03:03:58	01:02:40
368	319	GRABOWY Stanisław		POL RODZINA GRABOWYCH		74M40/123 M / 346	00:19:58 / 195	00:04:51 / 224	01:29:25 / 332	00:02:10 / 305	01:07:35 / 416	03:03:59	01:02:41
369	467	JURASZEK Anna		POL		87K30/16 K / 23	00:21:24 / 279	00:04:37 / 279	01:36:06 / 424	00:01:45 / 395	01:00:32 / 310	03:04:24	01:03:05
370	298	CHOŁAST Patryk		POL GT RAT		78M40/124 M / 347	00:24:03 / 422	00:04:22 / 382	01:29:40 / 337	00:01:08 / 348	01:05:11 / 394	03:04:24	01:03:05
371	486	PALUCH Marek		POL LITWIN TRIATHLON TEAM		92M20/31 M / 348	00:24:29 / 442	00:05:07 / 431	01:32:39 / 380	00:01:40 / 396	01:00:29 / 308	03:04:24	01:03:06
372	396	KALEMBKIEWICZ Piotr		POL MIROTRANS WROCŁAW		78M40/125 M / 349	00:27:31 / 491	00:08:07 / 499	01:34:53 / 409	00:03:48 / 471	00:50:11 / 96	03:04:30	01:03:12
373	284	ŚLĘCZKOWSKI Jacek		POL TEMMPO WAŁBRZYCH		75M40/126 M / 350	00:22:59 / 365	00:03:51 / 317	01:34:42 / 404	00:01:33 / 383	01:01:32 / 337	03:04:37	01:03:18
374	537	MICHALAK Marek		POL WEKTOR		60M50/19 M / 351	00:21:19 / 276	00:07:02 / 381	01:31:03 / 356	00:02:09 / 368	01:03:12 / 357	03:04:45	01:03:26
375	219	JAROSZ Artur		POL BRAK		79M30/173 M / 352	00:23:22 / 390	00:04:33 / 358	01:31:43 / 366	00:02:18 / 372	01:02:52 / 355	03:04:48	01:03:29
376	254	SMOLARA Krzysztof		POL HASTE TEAM		76M40/127 M / 353	00:25:18 / 458	00:05:01 / 457	01:37:12 / 436	00:01:37 / 433	00:55:50 / 216	03:04:58	01:03:40
377	442	KORZELECKA Karolina		POL RUNNING TEAM MILICZ		83K30/17 K / 24	00:23:03 / 372	00:03:41 / 312	01:29:05 / 326	00:01:30 / 324	01:08:28 / 428	03:05:47	01:04:28
378	464	BIELAWSKA Justyna		POL RAGABA MEBLE		80K30/18 K / 25	00:21:30 / 285	00:04:43 / 290	01:35:56 / 422	00:01:30 / 392	01:02:22 / 347	03:06:01	01:04:42
379	560	KOLENDA Sebastian		POL DECATHLON BIELANY WROCŁAWSKIE		92M20/32 M / 354	00:25:17 / 456	00:04:20 / 432	01:26:55 / 277	00:01:17 / 329	01:08:16 / 424	03:06:05	01:04:47
380	288	MILER Przemysław		POL KWP WT		75M40/128 M / 355	00:23:41 / 405	00:04:23 / 369	01:26:05 / 258	00:01:23 / 284	01:10:44 / 441	03:06:16	01:04:57
381	305	GONERA Andrzej		POL KS NEONET		78M40/129 M / 356	00:22:02 / 320	00:05:47 / 352	01:37:39 / 440	00:01:35 / 417	00:59:30 / 291	03:06:33	01:05:14
382	318	POSACKI Zbigniew		POL WOŁÓW BIEGA		77M40/130 M / 357	00:26:07 / 473	00:07:30 / 490	01:36:55 / 434	00:01:42 / 455	00:54:31 / 187	03:06:45	01:05:27
383	139	ZASTAWIAK Kacper		POL CROSSFIT WROCŁAW		81M30/174 M / 358	00:26:42 / 481	00:04:59 / 472	01:29:09 / 329	00:01:56 / 381	01:04:15 / 375	03:07:01	01:05:42
384	222	SŁOWIK Jarosław		POL -		84M30/175 M / 359	00:20:21 / 214	00:04:35 / 231	01:38:49 / 447	00:01:58 / 406	01:01:27 / 333	03:07:10	01:05:51
385	572	SZYDŁO Agata		POL GT RAT		69K40/4 K / 26	00:20:34 / 228	00:04:09 / 220	01:35:23 / 418	00:01:57 / 376	01:05:14 / 398	03:07:17	01:05:59
386	414	RODAK Jarosław		POL		74M40/131 M / 360	00:22:06 / 322	00:05:07 / 334	01:30:43 / 353	00:01:37 / 350	01:07:54 / 419	03:07:27	01:06:08
387	40	SOBCZYK Piotr		POL ATHLETICS TEAM PRUSICE		85M30/176 M / 361	00:19:09 / 143	00:05:13 / 200	01:29:04 / 327	00:02:38 / 292	01:11:37 / 445	03:07:41	01:06:23
388	471	DOMAGAŁA Agnieszka		POL ZĄBKOWICKA GRUPA BIEGOWA 'FRANKENSTEIN'		84K30/19 K / 27	00:23:15 / 385	00:05:21 / 389	01:38:49 / 446	00:02:11 / 438	00:58:16 / 266	03:07:52	01:06:34
389	469	TKACZYSZYN Karolina		POL -		96K20/4 K / 28	00:25:34 / 462	00:04:50 / 458	01:35:23 / 417	00:01:31 / 418	01:00:39 / 315	03:07:57	01:06:39
390	103	MROCZEK Łukasz		POL		88M30/177 M / 362	00:23:19 / 387	00:04:35 / 357	01:28:05 / 308	00:01:15 / 321	01:10:52 / 442	03:08:06	01:06:48
391	209	MIECZKOWSKI Andrzej		POL		82M30/178 M / 363	00:22:12 / 329	00:05:59 / 376	01:30:22 / 349	00:01:50 / 358	01:07:51 / 418	03:08:14	01:06:56
392	428	STARUCH Mariusz		POL		78M40/132 M / 364	00:27:41 / 493	00:05:36 / 485	01:33:59 / 391	00:01:27 / 429	00:59:36 / 293	03:08:19	01:07:00
393	29	KOTOWSKI Norbert		POL		84M30/179 M / 365	00:20:37 / 230	00:06:15 / 319	01:27:52 / 304	00:02:22 / 318	01:11:19 / 444	03:08:25	01:07:07
394	310	DUDEK Krzysztof		POL STRZEGOMSKA DWUNASTKA		74M40/133 M / 366	00:24:19 / 436	00:04:27 / 402	01:36:42 / 431	00:01:55 / 420	01:01:09 / 324	03:08:32	01:07:13
395	544	FELKA Dariusz		POL		89M20/33 M / 367	00:19:14 / 152	00:04:44 / 181	01:24:13 / 211	00:01:26 / 188	01:19:03 / 490	03:08:40	01:07:22

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
396	8	PIĄTKOWSKI Tomasz		POL KB FAURECIA WALBRZYCH FRAMES	79M30/180	M / 368	00:23:41 / 404	00:05:03 / 400	01:28:29 / 313	00:01:14 / 340	01:10:14 / 437	03:08:41	01:07:23
397	365	DANILOW Pawel		POL DP SYNERGIA	73M40/134	M / 369	00:21:25 / 281	00:04:41 / 284	01:23:57 / 206	00:02:10 / 233	01:16:52 / 479	03:09:05	01:07:46
398	276	ŻUR Grzegorz		POL GREENTRI	74M40/135	M / 370	00:21:19 / 275	00:05:11 / 304	01:36:54 / 433	00:01:42 / 404	01:04:09 / 373	03:09:15	01:07:57
399	301	SUCHY Przemek		POL	77M40/136	M / 371	00:22:44 / 353	00:06:40 / 420	01:29:00 / 324	00:02:48 / 364	01:08:23 / 425	03:09:35	01:08:16
400	412	SMOLARCZYK Jacek		POL -	73M40/137	M / 372	00:21:12 / 267	00:05:40 / 318	01:31:58 / 369	00:02:23 / 365	01:08:39 / 429	03:09:52	01:08:34
401	563	SUSIDKO Bartek		POL OLEŚNICKA GRUPA TRIATHLONOWA	92M20/34	M / 373	00:22:01 / 318	00:05:01 / 326	01:41:11 / 468	00:01:46 / 441	00:59:57 / 296	03:09:56	01:08:38
402	506	ŁUDZIŃSKI Mirosław		POL LITWIN TRIATHLON TEAM	60M50/20	M / 374	00:22:01 / 317	00:06:00 / 365	01:34:11 / 395	00:01:48 / 398	01:06:04 / 409	03:10:04	01:08:46
403	203	ORŁOWSKI Kamil		POL PIK IZBICKO	85M30/181	M / 375	00:20:44 / 237	00:04:15 / 233	01:27:11 / 282	00:01:46 / 262	01:16:13 / 475	03:10:09	01:08:51
404	266	BAK Tymoteusz		POL I-SYSTEMS.PL	77M40/138	M / 376	00:24:20 / 437	00:05:51 / 453	01:37:52 / 443	00:02:09 / 444	01:00:01 / 298	03:10:13	01:08:54
405	240	OWCZAREK Zbigniew		POL	83M30/182	M / 377	00:20:56 / 249	00:05:00 / 277	01:40:34 / 462	00:01:16 / 424	01:02:37 / 351	03:10:23	01:09:05
406	286	KACZOROWSKI Marcin		POL	73M40/139	M / 378	00:24:11 / 427	00:05:32 / 436	01:34:27 / 397	00:02:25 / 413	01:03:54 / 368	03:10:29	01:09:11
407	314	ŁUCZAK Tomasz		POL	71M40/140	M / 379	00:20:52 / 246	00:05:53 / 313	01:38:00 / 444	00:01:05 / 407	01:04:46 / 384	03:10:36	01:09:18
408	38	FAST Grzegorz		POL FASTTTEAM	80M30/183	M / 380	00:17:54 / 78	00:05:33 / 152	01:34:01 / 393	00:00:39 / 335	01:12:30 / 452	03:10:37	01:09:18
409	404	NAZARY Piotr		POL OBORYGENI	77M40/141	M / 381	00:22:34 / 346	00:05:06 / 347	01:32:14 / 376	00:02:55 / 382	01:08:23 / 426	03:11:12	01:09:54
410	559	DYNOWSKI Piotr		POL DECATHLON BIELANY WROCŁAWSKIE	94M20/35	M / 382	00:23:55 / 416	00:04:46 / 397	01:26:27 / 267	00:01:00 / 294	01:15:11 / 467	03:11:19	01:10:00
411	263	KOMEJKO Dariusz		POL	78M40/142	M / 383	00:23:25 / 394	00:05:23 / 405	01:37:27 / 438	00:02:36 / 431	01:02:30 / 349	03:11:21	01:10:03
412	213	ANTAS Marcin		POL HEROLYNX.COM	82M30/184	M / 384	00:23:58 / 417	00:08:17 / 479	01:35:16 / 414	00:01:12 / 430	01:02:39 / 352	03:11:22	01:10:03
413	351	CEDRO Damian		POL MALINKA OPOLE	78M40/143	M / 385	00:24:17 / 433	00:04:52 / 411	01:36:36 / 426	00:01:55 / 423	01:03:46 / 365	03:11:26	01:10:07
414	149	FOLARON Rafał		POL	88M30/185	M / 386	00:27:57 / 495	00:05:28 / 486	01:32:01 / 371	00:01:07 / 412	01:04:59 / 390	03:11:32	01:10:13
415	175	PIEGDOŃ Piotr		POL LITWIN TRIATHLON TEAM	81M30/186	M / 387	00:18:35 / 110	00:06:05 / 215	01:27:29 / 289	00:02:38 / 278	01:16:49 / 478	03:11:36	01:10:17
416	235	STASIAK Paweł		POL	86M30/187	M / 388	00:17:25 / 51	00:07:05 / 209	01:27:39 / 293	00:04:38 / 314	01:15:05 / 466	03:11:52	01:10:33
417	159	DELCOURT Jean-baptiste		POL	87M30/188	M / 389	00:20:17 / 212	00:05:16 / 256	01:41:19 / 469	00:01:08 / 425	01:03:58 / 369	03:11:58	01:10:39
418	166	MILCZARCZYK Michał		POL -	87M30/189	M / 390	00:21:29 / 284	00:04:54 / 301	01:40:36 / 463	00:01:16 / 427	01:04:00 / 372	03:12:15	01:10:57
419	177	CETNAROWSKI Kamil		POL	79M30/190	M / 391	00:19:00 / 136	00:05:18 / 197	01:40:17 / 459	00:02:12 / 414	01:05:46 / 406	03:12:33	01:11:15
420	547	ZAWODNIK ANONIMOWY		POL	91M20/36	M / 392	00:23:34 / 401	00:05:51 / 422	01:36:51 / 432	00:01:14 / 421	01:05:12 / 396	03:12:42	01:11:23
421	62	TOMICI Krzysztof		POL MCKB	84M30/191	M / 393	00:17:25 / 52	00:04:47 / 104	01:39:23 / 453	00:02:08 / 393	01:09:29 / 435	03:13:12	01:11:53
422	512	KWOLEK Jarosław		POL	64M50/21	M / 394	00:22:47 / 357	00:05:39 / 384	01:34:09 / 394	00:01:29 / 399	01:09:27 / 434	03:13:31	01:12:12
423	96	RAKOWSKI Łukasz		POL PCC SQUAD	81M30/192	M / 395	00:29:05 / 506	00:06:35 / 500	01:33:51 / 389	00:03:31 / 462	01:00:39 / 316	03:13:41	01:12:23
424	505	MUSIAŁ Tomasz		POL BIKE CENTER ATAKSPORT ŚWIDNICA	89M20/37	M / 396	00:23:14 / 384				01:07:51 / 417	03:13:42	01:12:24
425	198	KORDYSZ Jarosław		POL BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA	80M30/193	M / 397	00:26:39 / 480	00:06:12 / 482	01:31:29 / 363	00:02:32 / 416	01:06:52 / 412	03:13:44	01:12:26
426	423	SZUSZKIEWICZ Tomasz		POL -	74M40/144	M / 398	00:22:25 / 340	00:05:42 / 373	01:31:24 / 361	00:01:56 / 366	01:12:28 / 451	03:13:55	01:12:36
427	79	DZIAK Artur		POL	81M30/194	M / 399	00:23:25 / 396	00:05:04 / 385	01:32:08 / 374	00:01:09 / 370	01:12:20 / 449	03:14:06	01:12:47
428	364	MIERZWIAK Marek		POL	77M40/145	M / 400	00:28:24 / 502	00:05:35 / 493	01:34:56 / 412	00:02:24 / 449	01:02:47 / 353	03:14:06	01:12:48
429	465	NIJANDER Katarzyna		POL GT RAT	77K40/5	K / 29	00:23:19 / 388	00:05:18 / 390	01:38:42 / 445	00:02:07 / 436	01:04:48 / 385	03:14:14	01:12:56

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.	
430	479	OSTOLSKA Sylwia		POL		74K40/6	K / 30	00:21:56 / 314	00:07:02 / 409	01:39:35 / 454	00:01:08 / 439	01:05:10 / 393	03:14:51	01:13:33
431	498	TROJAN Stanislaw		POL WKB PIAST WROCLAW		58M60/3	M / 401	00:21:37 / 296	00:07:51 / 423	01:39:09 / 451	00:01:21 / 440	01:05:31 / 404	03:15:29	01:14:10
432	378	MRÓZ Marcin		POL		78M40/146	M / 402	00:23:45 / 407	00:06:15 / 445	01:42:11 / 472	00:02:41 / 473	01:00:39 / 314	03:15:31	01:14:12
433	417	KOŚCIELNY Wojciech		POL NOGI MNIE BOLA...		78M40/147	M / 403	00:25:29 / 461	00:05:30 / 467	01:40:02 / 456	00:03:17 / 470	01:01:14 / 327	03:15:32	01:14:14
434	104	WITKO-BŁASZCZYK Sebastian		POL		81M30/195	M / 404	00:22:46 / 355	00:06:51 / 433	01:34:30 / 398	00:02:09 / 411	01:09:18 / 433	03:15:34	01:14:16
435	271	BYLICA Tomasz		POL		74M40/148	M / 405	00:24:30 / 443	00:06:00 / 462	01:34:57 / 411	00:02:06 / 422	01:08:13 / 423	03:15:46	01:14:28
436	402	ŁOZA Wojciech		POL GRUPA NOMAX		71M40/149	M / 406	00:23:45 / 406	00:06:19 / 447	01:37:21 / 437	00:02:35 / 442	01:05:53 / 408	03:15:53	01:14:34
437	273	BUDKOWSKI Tomasz		POL GT RAT		75M40/150	M / 407	00:19:20 / 160	00:06:13 / 257	01:35:21 / 416	00:02:23 / 389	01:12:43 / 454	03:16:00	01:14:42
438	195	LASOTA Jakub		POL CICLISMO WROCLAW		85M30/196	M / 408	00:24:56 / 447	00:06:16 / 468	01:29:06 / 328	00:02:48 / 385	01:13:01 / 457	03:16:07	01:14:48
439	574	BOGUSIAK Łukasz		POL NIEZRZESZONY		82M30/197	M / 409	00:21:53 / 311	00:05:51 / 351	01:34:52 / 408	00:01:54 / 401	01:12:32 / 453	03:17:02	01:15:44
440	534	KALUŻA Michał		POL		96M20/38	M / 410	00:22:40 / 351	00:05:19 / 364	01:35:29 / 419	00:01:27 / 402	01:12:28 / 450	03:17:23	01:16:05
441	585	NORKOWSKI Grzegorz		POL NIEZRZESZONY		62M50/22	M / 411	00:27:02 / 487	00:08:17 / 496	01:35:17 / 415	00:02:54 / 465	01:03:58 / 371	03:17:28	01:16:10
442	411	BEBENEK Michał		POL 3M RUNNING TEAM		76M40/151	M / 412	00:30:10 / 508	00:05:10 / 498	01:41:55 / 470	00:01:11 / 485	00:59:03 / 280	03:17:29	01:16:10
443	261	MISKIEWICZ Jacek		POL		72M40/152	M / 413	00:22:40 / 352	00:04:46 / 341	01:33:47 / 388	00:02:06 / 390	01:14:41 / 464	03:18:00	01:16:42
444	277	FAST Michał		POL FASTTEAM		75M40/153	M / 414	00:21:45 / 305	00:04:20 / 281	01:35:04 / 413	00:02:49 / 397	01:14:16 / 462	03:18:14	01:16:55
445	523	LESZCZYŃSKI Wacław		POL		63M50/23	M / 415	00:26:58 / 485	00:06:32 / 487	01:39:12 / 452	00:03:07 / 479	01:03:20 / 361	03:19:09	01:17:50
446	383	SEHN Marek		POL		69M40/154	M / 416	00:24:19 / 435	00:05:35 / 444	01:39:09 / 450	00:02:58 / 452	01:07:18 / 414	03:19:19	01:18:01
447	170	MISIEWICZ Mariusz		POL -MIS.		83M30/198	M / 417	00:22:30 / 342	00:05:34 / 370	01:42:04 / 471	00:02:20 / 459	01:07:12 / 413	03:19:40	01:18:22
448	488	PIASECKI Leszek		POL		65M50/24	M / 418	00:24:16 / 431	00:05:34 / 442	01:34:51 / 407	00:02:07 / 415	01:12:53 / 456	03:19:41	01:18:22
449	401	JAZY Jacek		POL		74M40/155	M / 419	00:26:27 / 477	00:06:49 / 484	01:36:36 / 427	00:02:09 / 453	01:08:02 / 420	03:20:03	01:18:45
450	143	PIASECKI Paweł		POL NIEZRZESZONY		79M30/199	M / 420	00:20:46 / 242	00:04:49 / 261	01:36:30 / 425	00:01:32 / 391	01:16:59 / 480	03:20:36	01:19:17
451	315	BANAŚ Tomasz		POL		71M40/156	M / 421	00:23:47 / 408	00:05:06 / 407	01:34:35 / 400	00:01:37 / 403	01:15:43 / 472	03:20:48	01:19:30
452	462	DOBROCHOWSKA Ilona		POL STRZEGOMSKA DWUNASTKA		79K30/20	K / 31	00:24:31 / 444	00:05:41 / 455	01:39:59 / 455	00:02:09 / 457	01:08:44 / 430	03:21:04	01:19:45
453	441	GORCZYCA Joanna		POL		83K30/21	K / 32	00:24:59 / 449	00:04:31 / 428	01:29:46 / 339	00:01:35 / 360	01:20:37 / 494	03:21:28	01:20:09
454	9	KRAŚNIEWSKI Daniel		POL		84M30/200	M / 422	00:17:33 / 60	00:04:02 / 76	01:43:14 / 478	00:01:26 / 410	01:15:43 / 471	03:21:58	01:20:39
455	480	SIEKLICKA Dorota		POL		90K20/5	K / 33	00:24:17 / 434	00:05:54 / 451	01:37:49 / 442	00:02:07 / 443	01:12:01 / 447	03:22:08	01:20:49
456	161	MOTYKA Krzysztof		POL SUCHA PANY		88M30/201	M / 423	00:17:53 / 74	00:05:45 / 163	01:44:12 / 481	00:04:21 / 454	01:10:22 / 438	03:22:33	01:21:14
457	451	TRYKOWSKA Blanka		POL GT RAT		82K30/22	K / 34	00:25:09 / 453	00:04:25 / 430	01:41:09 / 467	00:01:48 / 460	01:10:23 / 439	03:22:54	01:21:35
458	473	KRÓL-PIDANTY Marzena		POL STRZEGOMSKA DWUNASTKA		75K40/7	K / 35	00:26:53 / 484	00:05:04 / 475	01:45:54 / 486	00:02:33 / 490	01:03:12 / 359	03:23:36	01:22:18
459	448	WNEK Katarzyna		POL KUPSZOSE.PL / KLUCZBORSKA GRUPA BIEGOWA		92K20/6	K / 36	00:17:53 / 75	00:04:08 / 95	01:49:03 / 496	00:01:21 / 458	01:12:04 / 448	03:24:29	01:23:10
460	538	GROMKO Andrzej		POL RUNNING TEAM MILICZ		57M60/4	M / 424	00:22:31 / 343	00:05:22 / 355	01:42:21 / 473	00:02:30 / 461	01:11:45 / 446	03:24:29	01:23:10
461	406	PRZYGDZKI Błażej		POL		75M40/157	M / 425	00:28:56 / 504	00:04:38 / 488	01:40:50 / 466	00:01:57 / 481	01:08:10 / 422	03:24:31	01:23:13
462	60	POLAŃSKI Piotr		POL		86M30/202	M / 426	00:25:59 / 472	00:05:52 / 473	01:42:55 / 477	00:01:52 / 482	01:08:26 / 427	03:25:04	01:23:45

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
463	151	NOWAK Bartłomiej		POL	83M30/203	M / 427	00:25:50 / 467	00:03:28 / 417	01:34:48 / 406	00:03:12 / 419	01:17:55 / 485	03:25:13	01:23:54
464	180	GIEDRYS Grzegorz		POL	81M30/204	M / 428	00:22:34 / 347	00:06:05 / 393	01:49:53 / 498	00:01:33 / 487	01:05:18 / 399	03:25:23	01:24:05
465	28	KARG Tomasz		POL	79M30/205	M / 429	00:20:53 / 247	00:07:44 / 392	01:35:37 / 420	00:04:56 / 434	01:16:14 / 476	03:25:24	01:24:06
466	517	MLECZEK Tadeusz		POL	58M60/5	M / 430	00:26:51 / 483	00:08:18 / 495	01:32:49 / 382	00:04:18 / 456	01:13:14 / 458	03:25:30	01:24:11
467	468	JĘDRUCH Kasia		POL KMP ŚWINOUJŚCIE	86K30/23	K / 37	00:25:16 / 455	00:03:49 / 410	01:44:45 / 484	00:01:07 / 474	01:10:34 / 440	03:25:31	01:24:12
468	450	RÓŻYCKA Joanna		POL NIEZRZESZONA	76K40/8	K / 38	00:23:25 / 393	00:05:19 / 399	01:40:35 / 464	00:01:37 / 447	01:14:48 / 465	03:25:44	01:24:25
469	555	SUPRYNOWICZ Dariusz		POL REPUS ŚWIDNICA	68M50/25	M / 431	00:23:48 / 409	00:06:13 / 446	01:40:11 / 458	00:01:41 / 451	01:14:21 / 463	03:26:14	01:24:56
470	459	SZYMAŃSKA Brygida		POL STRZEGOMSKA DWUNASTKA	90K20/7	K / 39	00:27:00 / 486	00:05:12 / 478	01:54:30 / 504	00:02:15 / 502	00:57:28 / 252	03:26:25	01:25:07
471	66	STRÓZIK Krzysztof		POL KLUB STRUŚ PĘDZIWIATR	79M30/206	M / 432	00:38:03 / 516	00:06:10 / 513	01:34:53 / 410	00:02:50 / 493	01:04:46 / 383	03:26:42	01:25:24
472	595	ROGUSKI Krzysztof		POL IZOLATOR	67M50/26	M / 433	00:25:18 / 457	00:04:56 / 456	01:37:41 / 441	00:01:35 / 437	01:17:29 / 483	03:26:59	01:25:40
473	145	WIŚNIEWSKI Piotr		POL	84M30/207	M / 434	00:22:16 / 334	00:04:05 / 300	01:43:58 / 480	00:01:16 / 450	01:15:29 / 468	03:27:04	01:25:46
474	42	JELONEK Łukasz		POL MARCUS TEAM	83M30/208	M / 435	00:21:50 / 308	00:04:51 / 309	01:40:36 / 465	00:02:05 / 435	01:18:37 / 487	03:27:59	01:26:41
475	397	HEJBER Grzegorz		POL	77M40/158	M / 436	00:26:22 / 476	00:08:33 / 494	01:37:10 / 435	00:03:34 / 478	01:12:44 / 455	03:28:23	01:27:04
476	470	RÓŻACKA Marta		POL PUMA SPORTS CENTER	92K20/8	K / 40	00:23:12 / 382	00:05:32 / 401	01:42:27 / 474	00:02:11 / 464	01:15:36 / 469	03:28:58	01:27:39
477	566	BARTKOWIAK Agata		POL	86K30/24	K / 41	00:22:38 / 350	00:04:04 / 310	01:46:30 / 489	00:00:53 / 469	01:15:39 / 470	03:29:44	01:28:26
478	490	ŻÓŁTOWSKI Krzysztof		POL	56M60/6	M / 437	00:28:22 / 501	00:08:17 / 506	01:51:00 / 501	00:01:00 / 501	01:01:18 / 329	03:29:57	01:28:38
479	575	WERBEL Justyna		POL PLYWAJACEDZIECIAKI.PL	82K30/25	K / 42	00:24:50 / 446	00:04:23 / 414	01:44:41 / 483	00:01:56 / 480	01:14:09 / 461	03:29:59	01:28:41
480	449	DOBOSZ Hanna		POL	89K20/9	K / 43	00:19:45 / 179	00:06:09 / 274	01:47:09 / 493	00:01:22 / 472	01:16:03 / 474	03:30:28	01:29:10
481	546	TONDER Marek		POL MAWER	62M50/27	M / 438	00:21:00 / 254	00:06:05 / 330	01:42:35 / 475	00:01:16 / 446	01:19:36 / 492	03:30:32	01:29:13
482	415	SZULICKI Tomasz		POL TMTEAM	72M40/159	M / 439	00:30:06 / 507	00:06:04 / 502	01:36:39 / 429	00:02:13 / 475	01:15:49 / 473	03:30:51	01:29:32
483	388	ADACH Dariusz		POL ZĄBKOWICKA GRUPA BIEGOWA 'FRANKENSTEIN'	76M40/160	M / 440	00:29:00 / 505	00:07:31 / 504	01:37:38 / 439	00:03:10 / 483	01:13:32 / 460	03:30:51	01:29:32
484	532	ALEKSANDROWICZ Krzysztof		POL FIZJO RUNNERS UMED WROCLAW	66M50/28	M / 441	00:28:08 / 498	00:05:32 / 491	01:44:36 / 482	00:03:04 / 491	01:09:32 / 436	03:30:52	01:29:34
485	140	LATKOWSKI Mariusz		POL CROSSFIT WROCLAW	82M30/209	M / 442	00:31:46 / 510	00:05:54 / 508	01:33:57 / 390	00:02:10 / 468	01:17:15 / 482	03:31:02	01:29:44
486	463	PRZYBYSZ Małgorzata		POL GT RAT	84K30/26	K / 44	00:32:01 / 511	00:04:32 / 505	01:46:18 / 487	00:02:37 / 499	01:05:48 / 407	03:31:16	01:29:57
487	202	TYSZKOWSKI Mateusz		POL	88M30/210	M / 443	00:22:03 / 321	00:04:59 / 327	01:47:04 / 492	00:01:29 / 477	01:16:17 / 477	03:31:52	01:30:34
488	2	ŁYSUNIEC Marcin		POL TMTEAM	82M30/211	M / 444	00:31:27 / 509	00:04:52 / 503	01:34:45 / 405	00:02:39 / 467	01:20:12 / 493	03:33:55	01:32:36
489	293	ŚWIĄTEK Krzysztof		POL	73M40/161	M / 445	00:22:38 / 349	00:06:32 / 412	01:40:33 / 461	00:03:25 / 463	01:21:26 / 496	03:34:34	01:33:16
490	280	KARP Dariusz		POL KARP SPORT TEAM	73M40/162	M / 446	00:23:15 / 386	00:07:40 / 465	01:51:48 / 502	00:03:14 / 500	01:08:47 / 431	03:34:44	01:33:26
491	368	CEMPURA Paweł		POL PARTOFSMART.COM	77M40/163	M / 447	00:24:45 / 445	00:04:26 / 413	01:40:20 / 460	00:01:41 / 448	01:23:57 / 502	03:35:09	01:33:51
492	558	KOZIKOWSKI Damian		POL	92M20/39	M / 448	00:23:54 / 415	00:04:48 / 398	01:43:49 / 479	00:05:23 / 484	01:18:59 / 489	03:36:53	01:35:34
493	513	JAKUBOWSKI Andrzej		POL PRO-RUN WROCLAW	59M50/29	M / 449	00:26:34 / 479	00:06:27 / 483	01:39:08 / 449	00:03:23 / 476	01:21:33 / 497	03:37:05	01:35:46
494	375	KEDZIORA Daniel		POL PRO-RUN WROCLAW	76M40/164	M / 450	00:28:54 / 503	00:07:01 / 501	01:35:54 / 421	00:01:53 / 466	01:23:47 / 501	03:37:29	01:36:10
495	380	BIAŁOWAŚ Igor		POL	76M40/165	M / 451	00:23:52 / 413	00:07:06 / 466	01:47:02 / 491	00:02:13 / 488	01:19:30 / 491	03:39:43	01:38:25

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
496	94	CIEPLICKI Kamil		POL ANDIW TEAM	87	M30/212 / 452	00:28:05 / 496	00:07:15 / 497	01:44:47 / 485	00:01:16 / 492	01:18:49 / 488	03:40:12	01:38:53
497	22	ŻYLAK Mirosław		POL	86	M30/213 / 453	00:23:51 / 412	00:04:45 / 388	01:49:31 / 497	00:00:54 / 486	01:22:48 / 500	03:41:49	01:40:31
498	530	ŻARKIEWICZ Siergiej		POL	92	M20/40 / 454	00:27:32 / 492	00:06:12 / 492	01:46:54 / 490	00:01:34 / 495	01:21:12 / 495	03:43:24	01:42:05
499	112	POŁĄCZARZ Adam		POL TRI 4 FIVE	81	M30/214 / 455	00:25:38 / 464	00:04:48 / 459	01:50:34 / 500	00:02:46 / 497	01:21:33 / 498	03:45:19	01:44:01
500	31	MASŁOWSKI Jacek		POL NO LIMITS	88	M30/215 / 456	00:25:39 / 465	00:04:48 / 460	01:50:34 / 499	00:02:45 / 496	01:21:33 / 499	03:45:19	01:44:01
501	234	FERENC Stanisław		POL WSSK	84	M30/216 / 457	00:23:26 / 397	00:07:20 / 464	01:48:43 / 495	00:02:38 / 494	01:24:34 / 503	03:46:41	01:45:22
502	515	OLSZOWY Maciej		POL	89	M20/41 / 458	00:26:43 / 482	00:05:16 / 476	01:58:37 / 507	00:01:17 / 503	01:17:03 / 481	03:48:56	01:47:38
503	491	SAKOWSKI Jarosław		POL	63	M50/30 / 459	00:28:15 / 499	00:09:51 / 509	01:46:20 / 488	00:07:58 / 504	01:18:14 / 486	03:50:38	01:49:20
504	454	RAKOWSKA Magdalena		POL	84	K30/27 / 45	00:35:34 / 515	00:06:47 / 512	01:52:54 / 503	00:01:46 / 507	01:17:39 / 484	03:54:40	01:53:21
505	525	WOŁKANIN Paweł		POL POLPHARMA RUN TEAM	59	M50/31 / 460	00:33:42 / 514	00:06:18 / 510	01:42:54 / 476	00:02:00 / 498	01:30:36 / 504	03:55:30	01:54:11
506	452	KOWALEWSKA Katarzyna		POL CTS	73	K40/9 / 46	00:25:51 / 469	00:04:44 / 463	01:47:09 / 494	00:02:35 / 489	01:43:08 / 507	04:03:27	02:02:09
507	487	KRZYŻANOWSKI Marek		POL	63	M50/32 / 461	00:24:14 / 430	00:06:16 / 461	02:02:26 / 508	00:03:09 / 506	01:35:38 / 506	04:11:43	02:10:25
508	181	STASZCZYK Paweł		POL GVT	85	M30/217 / 462	00:33:19 / 513	00:07:10 / 511	01:54:49 / 505	00:02:27 / 508	01:35:03 / 505	04:12:48	02:11:29
509	495	MASŁOWSKI Tadeusz		POL NO LIMITS	60	M50/33 / 463	00:26:08 / 474	00:06:02 / 477	01:58:03 / 506	00:02:42 / 505	01:44:01 / 508	04:16:56	02:15:37
	162	MURZYN Piotr		POL TMTEAM	80		00:20:29 / 222	00:03:22 / 174				DNF	
	245	SZEWczyk Marek		POL GVT BMC	84		00:16:36 / 25	00:02:56 / 21				DNF	
	348	SZCZYGIELSKI Bartłomiej		POL AMATOR	73		00:21:27 / 283	00:04:44 / 288				DNF	
	398	LUDWIKOWSKI Michał		POL HELLWOOD GLIWICE	77		00:24:08 / 425	00:06:04 / 454				DNF	
	421	HAWRYLEWICZ Paweł		POL TMTEAM	77		00:20:03 / 202					DNF	
	528	STERMACH Ireneusz		POL	61		00:23:22 / 391	00:03:40 / 328	01:26:32 / 270			DNF	
	531	BUKAŁA Michał		POL	91							DNF	
	542	PIWNICKI Piotr		POL	90		00:25:03 / 451	00:05:04 / 449				DNF	
	3	KASPRZYK Marcin		POL BIEGAJ ZAPOBIEGAJ	84							DNS	
	134	KOSENDIAK Wojtek		POL CROSSFIT WROCLAW	81							DNS	
	141	WENDLAND Paweł		POL CROSSFIT WROCLAW	80							DNS	
	242	HADRYŚ Tomasz		POL TMTEAM	87							DNS	
	453	SKÓRA Katarzyna		POL	75							DNS	
	492	KRAUZE Tomasz adam		POL PRO-RUN WROCLAW	67							DNS	
	550	POLAŃSKI Zbigniew		POL PIK IZBICKO	60							DNS	
	9999	MARCINIAK Jacek		POL TMTEAM	77							DNS	
	696	WRZESZCZ Mariusz		POL TMTEAM	91							DNS	
	2600	KOKOT Marcin		POL KOMENDA POWIATOWA POLICJI W KOLE	86							DNS	

Zgłoszonych:	694	Odebrało nr.:	520	Wystartowało:	517	Ukończyło:	509
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