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<b>City:</b> Mietków	<b>Distance:</b> 475m-22,5km-5,25km
<b>Date:</b> 10.06.2018	<b>Organizer:</b> Platforma Sportów Wytrzymałościowych, Fundacja Pro Sport Pro Life

**Triathlon 475m-22,5km-5,25km**

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
1	198	NAWRACAJ Michał		POL AJAN IRON TEAM JAWOR	86M30/1	M / 1	00:06:53 / 6	00:02:20 / 5	00:35:03 / 1	00:00:35 / 1	00:18:53 / 2	<b>01:03:44</b>	00:00:00
2	199	KWASNIEWSKI Mateusz		POL WANIEWSKI COACHING	87M30/2	M / 2	00:06:41 / 5	00:02:33 / 6	00:36:11 / 3	00:00:41 / 3	00:20:08 / 7	<b>01:06:14</b>	00:02:29
3	179	WOSTAL Aleksander		POL GVT	92M20/1	M / 3	00:07:48 / 16	00:02:48 / 11	00:38:22 / 8	00:00:33 / 7	00:17:19 / 1	<b>01:06:50</b>	00:03:05
4	101	SUFRANOWICZ Tomasz		POL TRIATHLON DĄBROWA GÓRNICZA	01M16/1	M / 4	00:06:19 / 3	00:01:58 / 1	00:37:01 / 4	00:00:35 / 2	00:21:11 / 14	<b>01:07:04</b>	00:03:19
5	121	BIRECKI Jakub		POL GT KONA	87M30/3	M / 5	00:08:26 / 22	00:02:36 / 15	00:35:54 / 2	00:00:37 / 4	00:20:03 / 5	<b>01:07:36</b>	00:03:51
6	195	ŻUREK Robert		POL TRIATHLON DĄBROWA GÓRNICZA	74M40/1	M / 6	00:07:32 / 11	00:02:26 / 10	00:37:05 / 5	00:00:50 / 5	00:20:45 / 11	<b>01:08:38</b>	00:04:53
7	152	MATUSEWICZ Michał		POL LKKS 'GÓRNIK' WAŁBRZYCH	02M16/2	M / 7	00:06:20 / 4	00:02:25 / 3	00:40:01 / 22	00:00:45 / 6	00:19:40 / 4	<b>01:09:11</b>	00:05:26
8	39	SŁOMIŃSKI Sebastian		POL LKKS 'GÓRNIK' WAŁBRZYCH	00M16/3	M / 8	00:06:00 / 1	00:02:24 / 2	00:40:52 / 30	00:00:47 / 10	00:19:18 / 3	<b>01:09:21</b>	00:05:36
9	167	LEWANDOWSKI Igor		POL CTS / CELIRONMAN	89M20/2	M / 9	00:07:15 / 7	00:02:21 / 7	00:39:05 / 14	00:01:03 / 8	00:20:06 / 6	<b>01:09:50</b>	00:06:05
10	126	SCHEPPLER Patryk		POL SEKCJA TRIATHLONU - AKADEMIA WOJSK ŁĄDOWYCH	95M20/3	M / 10	00:07:48 / 15	00:02:51 / 12	00:39:19 / 17	00:00:45 / 13	00:20:19 / 8	<b>01:11:02</b>	00:07:17
11	36	SŁOMCZYŃSKI Bartosz		POL GT KONA	78M40/2	M / 11	00:08:59 / 36	00:02:27 / 18	00:37:53 / 6	00:00:36 / 9	00:22:02 / 21	<b>01:11:57</b>	00:08:12
12	165	JARZĄBEK Grzegorz		POL VAL DI SPORT	72M40/3	M / 12	00:08:52 / 28	00:02:35 / 19	00:38:20 / 7	00:00:56 / 12	00:21:40 / 20	<b>01:12:23</b>	00:08:38
13	64	RUDNIK Tomasz		POL GVT	79M30/4	M / 13	00:09:44 / 55	00:02:46 / 33	00:38:48 / 9	00:00:53 / 20	00:20:31 / 9	<b>01:12:42</b>	00:08:57
14	187	KOTAS Paweł		POL GREATMAN	88M30/5	M / 14	00:07:25 / 9	00:02:20 / 8	00:41:24 / 38	00:00:35 / 15	00:21:19 / 17	<b>01:13:03</b>	00:09:18
15	216	LITWIN Agata		POL LITWIN TRIATHLON TEAM	92K20/1	K / 1	00:06:19 / 2	00:02:32 / 4	00:42:42 / 50	00:00:35 / 18	00:21:09 / 13	<b>01:13:17</b>	00:09:32
16	218	KOTAS Marek		POL KOTASPORT	97M20/4	M / 15	00:07:28 / 10	00:02:18 / 9	00:41:07 / 36	00:00:32 / 14	00:23:12 / 27	<b>01:14:37</b>	00:10:52
17	206	BAJSAROWICZ Paweł		POL TRIATHLON CLUB WROCŁAW	78M40/4	M / 16	00:08:58 / 35	00:03:35 / 34	00:39:34 / 19	00:01:07 / 25	00:21:23 / 19	<b>01:14:37</b>	00:10:52
18	91	WALEŃSKI Tomasz		POL	74M40/5	M / 17	00:09:36 / 49	00:02:50 / 32	00:39:01 / 13	00:00:40 / 17	00:22:40 / 25	<b>01:14:47</b>	00:11:02
19	66	PIETRAS Adam		POL KUMPLE GRZMOTKA	98M20/5	M / 18	00:07:39 / 13	00:03:03 / 13	00:39:13 / 16	00:00:33 / 11	00:24:40 / 48	<b>01:15:08</b>	00:11:23
20	106	ZAWODNIK ANONIMOWY		POL TRIWISE	87M30/6	M / 19	00:08:57 / 33	00:03:19 / 28	00:39:25 / 18	00:00:58 / 23	00:22:32 / 24	<b>01:15:11</b>	00:11:27
21	6	ŁUKOWSKI Dariusz		POL GMINA STRZELCE OPOLSKIE	64M50/1	M / 20	00:10:38 / 86	00:02:58 / 47	00:40:05 / 23	00:00:40 / 29	00:21:09 / 12	<b>01:15:30</b>	00:11:45
22	210	GNIADZIK Dawid		POL IMMOTION SPECIALIZED TEAMZ	94M20/6	M / 21	00:09:35 / 48	00:04:23 / 58	00:39:49 / 20	00:00:53 / 31	00:21:19 / 18	<b>01:15:59</b>	00:12:14
23	171	FONROBERT Dominik		POL GT RAT	77M40/6	M / 22	00:09:03 / 39	00:03:18 / 29	00:38:50 / 11	00:00:58 / 19	00:24:05 / 39	<b>01:16:14</b>	00:12:29
24	67	JESION Ireneusz		POL	69M40/7	M / 23	00:08:47 / 23	00:03:35 / 30	00:39:11 / 15	00:00:55 / 22	00:23:48 / 32	<b>01:16:16</b>	00:12:31
25	201	ŚMIETANA Marcin		POL TMTEAM	75M40/8	M / 24	00:07:52 / 17	00:03:16 / 16	00:39:59 / 21	00:00:39 / 16	00:24:34 / 45	<b>01:16:20</b>	00:12:35
26	103	GREKOW Sławko		POL UNIT4 TETA	67M50/2	M / 25	00:09:39 / 51	00:03:26 / 38	00:42:58 / 54	00:00:29 / 43	00:20:41 / 10	<b>01:17:13</b>	00:13:28

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.	
27	204	LIS Sebastian		POL		90M20/7	M / 26	00:07:35 / 12	00:03:36 / 17	00:40:10 / 25	00:00:53 / 21	00:25:15 / 66	<b>01:17:29</b>	00:13:44
28	97	BIRECKI Michał		POL GT KONA		94M20/8	M / 27	00:08:56 / 30	00:02:39 / 21	00:40:16 / 27	00:01:02 / 24	00:24:48 / 54	<b>01:17:41</b>	00:13:56
29	122	ADAMIAK Jakub		POL LITWIN TRIATHLON TEAM		88M30/7	M / 28	00:09:27 / 45	00:03:48 / 41	00:41:24 / 39	00:00:48 / 36	00:22:28 / 23	<b>01:17:55</b>	00:14:10
30	54	DUDZIAK Kacper		POL		01M16/4	M / 29	00:11:17 / 109	00:03:13 / 72	00:38:50 / 10	00:00:32 / 26	00:24:18 / 42	<b>01:18:10</b>	00:14:25
31	155	ZIACH Mariusz		POL TRIATHLON DĄBROWA GÓRNICZA		73M40/9	M / 30	00:13:18 / 165	00:02:42 / 112	00:40:14 / 26	00:00:46 / 48	00:21:17 / 16	<b>01:18:17</b>	00:14:32
32	175	JASIÓWKA Bartłomiej		POL		81M30/8	M / 31	00:09:43 / 53	00:03:35 / 43	00:41:12 / 37	00:00:39 / 35	00:23:20 / 29	<b>01:18:29</b>	00:14:44
33	172	JACEWICZ Kamil		POL FITNESS PIEKARY LEGNICA		83M30/9	M / 32	00:10:44 / 91	00:03:35 / 67	00:40:44 / 29	00:01:02 / 41	00:23:00 / 26	<b>01:19:05</b>	00:15:20
34	174	KOWALSKI Piotr		POL JELCZ TRIATHLON PROJECT		92M20/9	M / 33	00:07:42 / 14	00:04:06 / 22	00:41:50 / 43	00:00:55 / 30	00:25:07 / 61	<b>01:19:40</b>	00:15:55
35	211	ŁUKASZEWICZ Krzysztof		POL MITUTOYO AZS WRATISLAVIA WROCŁAW		99M16/5	M / 34	00:11:18 / 110	00:03:20 / 77	00:38:59 / 12	00:01:19 / 34	00:24:46 / 53	<b>01:19:42</b>	00:15:57
36	182	KUCZAJ Marcin		POL IM-POSSIBLE TEAM		86M30/10	M / 35	00:10:21 / 78	00:04:25 / 82	00:41:49 / 42	00:00:58 / 51	00:22:12 / 22	<b>01:19:45</b>	00:16:00
37	38	WOJCIESZKO Piotr		POL		81M30/11	M / 36	00:09:23 / 44	00:04:16 / 50	00:42:00 / 46	00:01:01 / 45	00:23:14 / 28	<b>01:19:54</b>	00:16:09
38	166	LUCZYS Filip		POL GT RAT		81M30/12	M / 37	00:10:09 / 68	00:02:57 / 39	00:40:55 / 32	00:00:54 / 33	00:25:06 / 60	<b>01:20:01</b>	00:16:16
39	146	MALIK Grzegorz		POL TRENUJĘ SAM		91M20/10	M / 38	00:08:50 / 27	00:03:20 / 26	00:43:24 / 64	00:00:59 / 44	00:23:46 / 31	<b>01:20:19</b>	00:16:34
40	149	SZYNAL Bartosz		POL SAM		80M30/13	M / 39	00:08:50 / 26	00:03:15 / 23	00:41:00 / 35	00:01:01 / 27	00:26:22 / 81	<b>01:20:28</b>	00:16:43
41	215	WOZIWODZKI Filip		POL TRIATHLONOWA AKADEMIA MŁODZIEŻY		01M16/6	M / 40	00:08:57 / 32	00:03:09 / 25	00:43:02 / 56	00:00:49 / 40	00:24:38 / 46	<b>01:20:35</b>	00:16:50
42	214	OKUNIEWSKA Julia		POL TRIATHLONOWA AKADEMIA MŁODZIEŻY		04K16/1	K / 2	00:08:47 / 24	00:03:18 / 24	00:42:44 / 52	00:01:07 / 39	00:24:41 / 49	<b>01:20:37</b>	00:16:52
43	156	SUFANOWICZ Jerzy		POL TRIATHLON DĄBROWA GÓRNICZA		54M60/1	M / 41	00:09:03 / 38	00:03:13 / 27	00:40:54 / 31	00:01:00 / 28	00:27:11 / 99	<b>01:21:21</b>	00:17:36
44	32	KOŁODZIEJ Piotr		POL CM MEDAKTIV		70M40/10	M / 42	00:10:47 / 92	00:03:48 / 76	00:40:57 / 34	00:00:58 / 42	00:24:57 / 56	<b>01:21:27</b>	00:17:42
45	194	BEREZOWSKI Sławomir		POL		67M50/3	M / 43	00:10:09 / 69	00:04:14 / 69	00:41:59 / 45	00:01:08 / 49	00:24:00 / 36	<b>01:21:30</b>	00:17:46
46	46	MAZUREK Maciej		POL GT KONA		95M20/11	M / 44	00:10:02 / 65	00:04:20 / 68	00:42:33 / 49	00:00:49 / 53	00:23:56 / 35	<b>01:21:40</b>	00:17:55
47	188	AUGUSTYN Adam		POL		80M30/14	M / 45	00:11:05 / 100	00:03:55 / 88	00:43:06 / 61	00:00:56 / 61	00:23:34 / 30	<b>01:22:36</b>	00:18:51
48	220	SOLTOWSKI Michał		POL OBY DO METY		85M30/15	M / 46	00:11:14 / 105	00:03:17 / 73	00:40:07 / 24	00:01:00 / 37	00:27:03 / 98	<b>01:22:41</b>	00:18:56
49	13	ŚWIDERSKI Piotr		POL		76M40/11	M / 47	00:09:44 / 54	00:03:26 / 40	00:42:46 / 53	00:01:48 / 54	00:25:23 / 70	<b>01:23:07</b>	00:19:22
50	2	MIŚ Piotr		POL		90M20/12	M / 48	00:13:28 / 167	00:03:23 / 129	00:42:07 / 47	00:00:38 / 68	00:23:56 / 34	<b>01:23:32</b>	00:19:47
51	184	BARNOWSKI Przemysław		POL LITWIN TRIATHLON TEAM		68M50/4	M / 49	00:08:55 / 29	00:04:43 / 49	00:41:53 / 44	00:02:00 / 50	00:26:01 / 79	<b>01:23:32</b>	00:19:47
52	221	MACHOWSKI Łukasz		POL		94M20/13	M / 50	00:08:19 / 19	00:05:04 / 45	00:44:19 / 77	00:01:06 / 58	00:25:10 / 63	<b>01:23:58</b>	00:20:13
53	176	SIKORA Rafał		POL OLEŚNICKA GRUPA TRIATHLONOWA		87M30/16	M / 51	00:10:24 / 79	00:03:30 / 56	00:41:42 / 41	00:01:06 / 46	00:27:27 / 103	<b>01:24:09</b>	00:20:24
54	16	SZCZUROWSKA Joanna		POL MTS DRUŻYNA SZPIKU KGHM		78K40/1	K / 3	00:09:31 / 46	00:03:27 / 37	00:45:48 / 93	00:01:09 / 70	00:24:20 / 43	<b>01:24:15</b>	00:20:30
55	119	JELONEK Piotr		POL		76M40/12	M / 52	00:10:08 / 67	00:04:33 / 79	00:43:03 / 58	00:01:22 / 62	00:25:16 / 67	<b>01:24:22</b>	00:20:37
56	47	SZEWczyk Łukasz		POL		86M30/17	M / 53	00:07:56 / 18	00:03:37 / 20	00:43:26 / 65	00:00:56 / 38	00:28:31 / 116	<b>01:24:26</b>	00:20:41
57	219	KOZŁOWICZ Mateusz		POL		86M30/18	M / 54	00:12:45 / 147	00:02:45 / 101	00:43:41 / 69	00:01:36 / 80	00:23:48 / 33	<b>01:24:35</b>	00:20:50
58	117	DANIELCZYK Michał		POL		94M20/14	M / 55	00:09:50 / 60	00:03:47 / 48	00:40:29 / 28	00:00:42 / 32	00:29:55 / 140	<b>01:24:43</b>	00:20:58
59	44	PALUSZKIEWICZ Łukasz		POL		90M20/15	M / 56	00:09:56 / 63	00:04:17 / 66	00:45:55 / 94	00:00:36 / 79	00:24:05 / 40	<b>01:24:49</b>	00:21:04
60	135	NAWROT Piotr		POL ŻELAZNA ŚWIDNICA		74M40/13	M / 57	00:10:17 / 74	00:04:18 / 75	00:42:08 / 48	00:00:59 / 52	00:27:34 / 106	<b>01:25:16</b>	00:21:31

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
61	78	MINTA Paweł		POL AMATOR	89M20/16	M / 58	00:11:22 / 112	00:04:00 / 98	00:42:42 / 51	00:01:04 / 63	00:26:10 / 80	<b>01:25:18</b>	00:21:33
62	107	KĘDZIA Michał		POL ADIAN DANILEWICZ GROUP	79M30/19	M / 59	00:08:58 / 34	00:05:09 / 62	00:45:06 / 86	00:00:43 / 71	00:25:28 / 71	<b>01:25:24</b>	00:21:39
63	137	GNITECKI Rafał		POL AMATOR	77M40/14	M / 60	00:11:20 / 111	00:04:02 / 97	00:43:37 / 68	00:00:48 / 69	00:25:38 / 73	<b>01:25:25</b>	00:21:40
64	26	TOMASICZEK Piotr		POL	69M40/15	M / 61	00:09:40 / 52	00:04:44 / 70	00:44:30 / 79	00:01:13 / 74	00:25:22 / 69	<b>01:25:29</b>	00:21:44
65	136	RAK Krzysztof		POL	81M30/20	M / 62	00:11:45 / 123	00:04:12 / 111	00:42:59 / 55	00:01:20 / 75	00:25:13 / 64	<b>01:25:29</b>	00:21:44
66	148	LINDNER Marek		POL	80M30/21	M / 63	00:10:28 / 82	00:04:12 / 78	00:44:31 / 80	00:01:39 / 81	00:24:55 / 55	<b>01:25:45</b>	00:22:00
67	163	GNIEWEK Mateusz		POL	90M20/17	M / 64	00:11:11 / 102	00:04:39 / 109	00:43:53 / 73	00:01:43 / 82	00:24:33 / 44	<b>01:25:59</b>	00:22:14
68	42	GOLIK Rafał		POL	84M30/22	M / 65	00:09:09 / 41	00:03:44 / 35	00:46:22 / 101	00:00:42 / 72	00:26:24 / 82	<b>01:26:21</b>	00:22:36
69	113	KUROCZIK Patrick		POL RAFAKO TRITEAM	94M20/18	M / 66	00:09:14 / 42	00:04:36 / 53	00:43:48 / 71	00:01:23 / 60	00:27:22 / 101	<b>01:26:23</b>	00:22:38
70	100	PIĄTEK Anita		POL GT RAT	83K30/1	K / 4	00:12:03 / 131	00:03:36 / 105	00:43:34 / 67	00:01:17 / 77	00:25:53 / 78	<b>01:26:23</b>	00:22:38
71	123	GOLUBOV Sergii		POL	89M20/19	M / 67	00:10:00 / 64	00:03:43 / 51	00:47:18 / 112	00:00:44 / 84	00:24:44 / 51	<b>01:26:29</b>	00:22:44
72	88	ŁACIŃSKI Bogusław		POL ŚLĘZAK TEAM	61M50/5	M / 68	00:12:39 / 142	00:04:02 / 126	00:46:10 / 99	00:02:34 / 123	00:21:14 / 15	<b>01:26:39</b>	00:22:54
73	141	KALITA Katarzyna		POL GLKS ŻELAZNA ŚWIDNICA	89K20/2	K / 5	00:10:13 / 71	00:03:47 / 59	00:44:36 / 81	00:00:39 / 64	00:27:31 / 105	<b>01:26:46</b>	00:23:01
74	108	KULIŚ Jakub		POL RAFAKO TRITEAM	90M20/20	M / 69	00:08:56 / 31	00:04:35 / 46	00:44:41 / 83	00:01:17 / 66	00:27:41 / 108	<b>01:27:10</b>	00:23:25
75	212	ZIÓŁKOWSKI Arkadiusz		POL	74M40/16	M / 70	00:11:12 / 103	00:03:45 / 87	00:45:45 / 92	00:01:16 / 87	00:25:14 / 65	<b>01:27:12</b>	00:23:27
76	138	SKOCZYŃSKI Szymon		POL	79M30/23	M / 71	00:10:20 / 77	00:03:46 / 61	00:46:26 / 102	00:01:24 / 86	00:25:17 / 68	<b>01:27:13</b>	00:23:28
77	217	KOSZUT Marek		POL	87M30/24	M / 72	00:14:17 / 179	00:03:23 / 146	00:43:22 / 62	00:01:17 / 90	00:25:00 / 58	<b>01:27:19</b>	00:23:34
78	98	KRAUSE Tomasz		POL ATOS RUNNERS	83M30/25	M / 73	00:10:19 / 75	00:04:23 / 80	00:44:15 / 75	00:01:32 / 76	00:26:50 / 92	<b>01:27:19</b>	00:23:34
79	8	ŚMIGAJ Norbert		POL	75M40/17	M / 74	00:09:52 / 61	00:04:37 / 71	00:43:33 / 66	00:01:16 / 65	00:28:01 / 111	<b>01:27:19</b>	00:23:34
80	22	JAWORSKI Adrian		POL GVT	80M30/26	M / 75	00:11:15 / 106	00:04:26 / 106	00:40:55 / 33	00:01:36 / 56	00:29:14 / 130	<b>01:27:26</b>	00:23:41
81	144	WAWRO Grzegorz		POL	77M40/18	M / 76	00:09:53 / 62	00:04:10 / 60	00:43:46 / 70	00:01:07 / 59	00:28:33 / 117	<b>01:27:29</b>	00:23:44
82	129	BACHIŃSKI Wojciech		POL PRĘDKIE STOPY ŻÓLWIA	93M20/21	M / 77	00:14:18 / 181	00:05:18 / 178	00:41:33 / 40	00:00:45 / 85	00:25:49 / 76	<b>01:27:43</b>	00:23:58
83	153	MATUSEWICZ Mikołaj		POL	02M16/7	M / 78	00:09:46 / 57	00:03:36 / 44	00:49:04 / 137	00:01:15 / 107	00:24:12 / 41	<b>01:27:53</b>	00:24:08
84	177	LISZKA Mateusz		POL	73M40/19	M / 79	00:11:36 / 116	00:05:33 / 134	00:43:24 / 63	00:02:04 / 98	00:25:33 / 72	<b>01:28:10</b>	00:24:25
85	18	GOLEŃSKI Wojciech		POL FORCA BRAVA GOLD TEAM OPOLE	83M30/27	M / 80	00:13:00 / 158	00:04:14 / 138	00:43:55 / 74	00:01:20 / 97	00:25:49 / 77	<b>01:28:18</b>	00:24:33
86	56	KALISKI Piotr		POL	74M40/20	M / 81	00:10:26 / 80	00:03:45 / 65	00:45:59 / 96	00:00:28 / 78	00:27:44 / 109	<b>01:28:22</b>	00:24:37
87	34	WRÓBEL Roman		POL WWW.ROMANGUITAR.COM	78M40/21	M / 82	00:09:08 / 40	00:05:00 / 63	00:45:43 / 91	00:01:40 / 83	00:27:00 / 95	<b>01:28:31</b>	00:24:46
88	161	PŁOMIŃSKI Maciej		POL	85M30/28	M / 83	00:11:37 / 118	00:04:30 / 117	00:45:20 / 87	00:00:40 / 89	00:26:34 / 85	<b>01:28:41</b>	00:24:56
89	223	WĘGRZYŃSKI Łukasz		POL TIETO TRIATHLON TEAM	78M40/22	M / 84	00:10:19 / 76	00:03:30 / 52	00:43:02 / 57	00:01:43 / 57	00:30:19 / 149	<b>01:28:53</b>	00:25:08
90	87	PAWLUS Violetta		POL ŚLĘZAK TEAM	78K40/2	K / 6	00:12:25 / 139	00:04:18 / 127	00:46:05 / 97	00:02:04 / 116	00:24:04 / 38	<b>01:28:56</b>	00:25:11
91	132	SZALATY Eryk		POL AMATOR	92M20/22	M / 85	00:08:47 / 25	00:03:37 / 31	00:44:39 / 82	00:00:45 / 55	00:31:13 / 159	<b>01:29:01</b>	00:25:16
92	150	MATICH Karolina		POL WROCLAW MARATHON TEAM	86K30/2	K / 7	00:09:37 / 50	00:04:32 / 64	00:47:17 / 111	00:00:58 / 95	00:26:45 / 87	<b>01:29:09</b>	00:25:24
93	130	ZAKRZEWSKI Mariusz		POL ZERO GRAVITY	75M40/23	M / 86	00:11:17 / 108	00:04:21 / 104	00:45:34 / 89	00:01:30 / 100	00:26:32 / 83	<b>01:29:14</b>	00:25:29
94	63	NAJGEBAUER Łukasz		POL	83M30/29	M / 87	00:12:23 / 137	00:04:11 / 123	00:47:21 / 114	00:00:52 / 113	00:24:44 / 52	<b>01:29:31</b>	00:25:46

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
95	31	MALACZEWSKI Łukasz		POL GVT		79M30/30 M / 88	00:08:19 / 21					01:29:33	00:25:48
96	139	KMIEĆ Jan		POL FIZJOTRITERAPIA TEAM		97M20/23 M / 89	00:08:19 / 20					01:29:33	00:25:48
97	14	WODECKI Bartosz		POL		83M30/31 M / 90	00:10:32 / 85	00:04:20 / 86	00:43:52 / 72	00:01:17 / 73	00:29:47 / 134	01:29:48	00:26:03
98	41	ZAWITOWSKA Izabela		POL		89K20/3 K / 8	00:11:33 / 115	00:03:16 / 83	00:49:06 / 138	00:00:56 / 115	00:25:01 / 59	01:29:52	00:26:07
99	11	SEIFFERT Paweł		POL		87M30/32 M / 91	00:12:09 / 135	00:03:35 / 108	00:48:41 / 135	00:00:40 / 119	00:25:08 / 62	01:30:13	00:26:28
100	99	MARCINIAK Agata		POL AMATOR		80K30/3 K / 9	00:11:48 / 125	00:03:24 / 94	00:46:38 / 105	00:01:44 / 104	00:26:44 / 86	01:30:18	00:26:33
101	58	DUBLAŃSKA Agnieszka		POL KOTASPORT		93K20/4 K / 10	00:10:55 / 94	00:04:17 / 92	00:46:28 / 103	00:00:42 / 92	00:27:59 / 110	01:30:21	00:26:36
102	96	SIENKIEWICZ Arkadiusz		POL		74M40/24 M / 92	00:10:55 / 95	00:04:17 / 93	00:46:28 / 104	00:00:42 / 93	00:28:15 / 113	01:30:37	00:26:52
103	151	SKÓRA Katarzyna		POL		75K40/3 K / 11	00:10:15 / 73	00:04:35 / 85	00:47:20 / 113	00:01:32 / 108	00:27:02 / 97	01:30:44	00:26:59
104	23	LEJA Karol		POL		74M40/25 M / 93	00:11:38 / 119	00:04:59 / 124	00:47:27 / 116	00:01:00 / 118	00:25:43 / 75	01:30:47	00:27:02
105	70	BORUCKI Rafał		POL		73M40/26 M / 94	00:12:43 / 145	00:04:38 / 142	00:46:08 / 98	00:00:34 / 110	00:26:55 / 93	01:30:58	00:27:13
106	200	BANACH Joanna		POL		82K30/4 K / 12	00:11:04 / 98	00:04:33 / 103	00:46:40 / 106	00:01:19 / 105	00:27:28 / 104	01:31:04	00:27:19
107	127	ZABORNIAK Marcin		POL LITWIN TRIATHLON TEAM		87M30/33 M / 95	00:09:45 / 56	00:03:32 / 42	00:48:08 / 127	00:01:16 / 99	00:28:28 / 115	01:31:09	00:27:24
108	68	PIETRASZKO Dariusz		POL TRENUJĘ SAM		64M50/6 M / 96	00:09:33 / 47	00:05:12 / 81	00:45:43 / 90	00:01:58 / 96	00:29:05 / 126	01:31:31	00:27:46
109	24	JAKIEŁA Marek		POL		63M50/7 M / 97	00:10:53 / 93	00:04:48 / 107	00:45:24 / 88	00:00:54 / 88	00:29:34 / 133	01:31:33	00:27:48
110	9	ROGOZIŃSKA Beata		POL		80K30/5 K / 13	00:13:49 / 174	00:04:29 / 155	00:44:19 / 76	00:02:20 / 117	00:26:47 / 89	01:31:44	00:27:59
111	59	GWARA Łukasz		POL LITWIN TRIATHLON TEAM		78M40/27 M / 98	00:12:30 / 140	00:04:37 / 133	00:46:50 / 108	00:01:13 / 121	00:26:48 / 91	01:31:58	00:28:13
112	104	GRABEUS Patryk		POL		91M20/24 M / 99	00:10:13 / 72	00:03:40 / 55	00:48:20 / 133	00:01:12 / 103	00:28:41 / 121	01:32:06	00:28:21
113	213	BALUL Grzesiek		POL LITWIN TRIATHLON TEAM		81M30/34 M / 100	00:10:11 / 70	00:05:15 / 100	00:45:04 / 85	00:01:49 / 91	00:30:06 / 144	01:32:25	00:28:40
114	86	LĘGA Wiesław		POL BRAK TEAM		72M40/28 M / 101	00:13:35 / 170	00:05:15 / 165	00:46:52 / 109	00:02:13 / 140	00:24:39 / 47	01:32:34	00:28:49
115	72	MIELNIK Krzysztof		POL		87M30/35 M / 102	00:13:08 / 161	00:04:39 / 149	00:48:51 / 136	00:01:02 / 136	00:24:58 / 57	01:32:38	00:28:53
116	181	KOPCZYŃSKI Tomasz		POL		62M50/8 M / 103	00:12:47 / 148	00:05:56 / 164	00:44:24 / 78	00:03:07 / 127	00:26:34 / 84	01:32:48	00:29:03
117	50	STELMACHOWICZ Jarosław		POL JAREK ST		71M40/29 M / 104	00:09:18 / 43	00:04:33 / 54	00:47:54 / 121	00:01:23 / 102	00:29:56 / 141	01:33:04	00:29:19
118	109	WOSKOWSKA Magdalena		POL RAFAKO TRITEAM		80K30/6 K / 14	00:10:40 / 89	00:04:53 / 102	00:50:42 / 154	00:01:16 / 133	00:25:39 / 74	01:33:10	00:29:25
119	208	BAJSAROWICZ Tomasz		POL JELCZ TRIATHLON PROJECT		77M40/30 M / 105	00:12:58 / 155	00:04:14 / 136	00:43:04 / 60	00:02:07 / 94	00:31:02 / 158	01:33:25	00:29:40
120	77	MAJCHRZAK Łukasz		POL		87M30/36 M / 106	00:10:42 / 90	00:04:08 / 84	00:48:09 / 128	00:00:41 / 106	00:29:48 / 137	01:33:28	00:29:43
121	173	CIESIELSKI Adam		POL		83M30/37 M / 107	00:11:43 / 122	00:04:47 / 120	00:46:49 / 107	00:01:30 / 114	00:28:39 / 120	01:33:28	00:29:43
122	76	JAROSZ Michał		POL		77M40/31 M / 108	00:11:04 / 99	00:04:58 / 114	00:52:28 / 168	00:00:56 / 152	00:24:44 / 50	01:34:10	00:30:25
123	25	GAŁKIEWICZ Irena		POL LITWIN TRIATHLON TEAM		74K40/4 K / 15	00:11:48 / 124	00:04:18 / 116	00:46:57 / 110	00:01:28 / 112	00:29:47 / 135	01:34:18	00:30:33
124	134	LIGAS Dariusz		POL		77M40/32 M / 109	00:14:21 / 182	00:04:12 / 161	00:47:59 / 123	00:01:07 / 135	00:26:46 / 88	01:34:25	00:30:40
125	89	SZYDŁO Izabela		POL GT RAT		98K20/5 K / 16	00:08:59 / 37	00:03:57 / 36	00:50:10 / 147	00:01:24 / 111	00:30:37 / 154	01:35:07	00:31:22
126	157	BIELAWSKI Stanisław		POL RAGABA MEBLE TEAM		02M16/8 M / 110	00:10:40 / 88	00:04:43 / 99	00:47:59 / 122	00:01:44 / 120	00:30:11 / 147	01:35:17	00:31:32
127	180	ŚWIATŁOŃ-SZYDEŁKO Małgorzata		POL CZARNI ROKITKI		89K20/6 K / 17	00:10:06 / 66	00:03:49 / 57	00:47:47 / 118	00:01:12 / 101	00:32:29 / 171	01:35:23	00:31:38
128	197	GORAJEK Zuza		POL		92K20/7 K / 18	00:10:26 / 81	00:04:36 / 89	00:47:23 / 115	00:01:20 / 109	00:31:42 / 165	01:35:27	00:31:42

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.	
129	83	BEDNER Maciej		POL AMATOR		74M40/33	M / 111	00:13:18 / 164	00:03:58 / 140	00:48:20 / 132	00:00:51 / 129	00:29:06 / 127	<b>01:35:33</b>	00:31:48
130	52	FARION Marzena		POL		81K30/7	K / 19	00:13:12 / 163	00:04:37 / 150	00:50:15 / 149	00:01:01 / 148	00:26:48 / 90	<b>01:35:53</b>	00:32:08
131	40	OPALĄCZ-BIRECKA Paulina		POL GT KONA		87K30/8	K / 20	00:11:50 / 126	00:04:12 / 115	00:49:45 / 142	00:00:56 / 131	00:29:12 / 129	<b>01:35:55</b>	00:32:10
132	205	GROŃSKI Robert		POL HAKUNA MATATA :)		76M40/34	M / 112	00:11:37 / 117	00:06:17 / 153	00:45:56 / 95	00:02:48 / 130	00:29:21 / 131	<b>01:35:59</b>	00:32:14
133	90	MADEJ Bartosz		POL ILE JESZCZE DO METY?		74M40/35	M / 113	00:10:57 / 96	00:05:04 / 113	00:48:12 / 129	00:01:15 / 124	00:30:33 / 152	<b>01:36:01</b>	00:32:16
134	35	SOSZYŃSKI Tomasz		POL POLARIS		82M30/38	M / 114	00:12:44 / 146	00:04:27 / 135	00:47:39 / 117	00:01:19 / 125	00:29:53 / 139	<b>01:36:02</b>	00:32:17
135	95	FEDEROWICZ Grzegorz		POL WATAHA GRUPA TRENINGOWA		77M40/36	M / 115	00:10:30 / 83	00:04:42 / 95	00:49:19 / 140	00:03:21 / 138	00:28:48 / 123	<b>01:36:40</b>	00:32:55
136	158	SŁUŻENKO Agata		POL TEAM SPORT GÓRSKI		80K30/9	K / 21	00:10:38 / 87	00:04:34 / 96	00:50:38 / 153	00:02:50 / 142	00:28:39 / 119	<b>01:37:19</b>	00:33:35
137	140	CHRAPA Michał		POL KTW SMOCZE ŁÓDZIE		83M30/39	M / 116	00:12:54 / 152	00:04:45 / 145	00:50:04 / 146	00:02:31 / 155	00:27:24 / 102	<b>01:37:38</b>	00:33:53
138	196	BAJ Joanna		POL TRIATHLONOWA AKADEMIA MŁODZIEŻY		02K16/2	K / 22	00:07:23 / 8	00:03:20 / 14	00:44:58 / 84	00:01:05 / 47	00:40:53 / 189	<b>01:37:39</b>	00:33:54
139	27	ŻURAD Kamil		POL		87M30/40	M / 117	00:15:29 / 191	00:04:12 / 181	00:53:24 / 174	00:00:47 / 175	00:24:02 / 37	<b>01:37:54</b>	00:34:09
140	7	MYDŁOWSKI Ryszard		POL GLKS ŚWIDNICA		59M50/9	M / 118	00:12:59 / 157	00:04:56 / 154	00:49:39 / 141	00:01:29 / 147	00:29:00 / 125	<b>01:38:03</b>	00:34:18
141	75	BRYŚIAK Ziemowit		POL TMTEAM		73M40/37	M / 119	00:11:59 / 129	00:06:22 / 158	00:49:50 / 143	00:01:24 / 154	00:28:39 / 118	<b>01:38:14</b>	00:34:29
142	73	ŻANDARSKI Zbigniew		POL AMATOR		60M50/10	M / 120	00:17:16 / 198	00:04:35 / 193	00:47:59 / 124	00:01:34 / 160	00:27:00 / 94	<b>01:38:24</b>	00:34:39
143	189	JASIŃSKA-WARMUŁA Sylwia		POL TMTEAM		74K40/5	K / 23	00:12:58 / 156	00:04:34 / 143	00:49:15 / 139	00:00:48 / 134	00:30:51 / 157	<b>01:38:26</b>	00:34:41
144	145	JEZNACH Agnieszka		POL		81K30/10	K / 24	00:13:21 / 166	00:03:52 / 137	00:50:25 / 150	00:01:43 / 151	00:29:09 / 128	<b>01:38:30</b>	00:34:45
145	168	ERASKIN Aleksei		POL		82M30/41	M / 121	00:15:43 / 192	00:04:07 / 184	00:46:17 / 100	00:02:59 / 149	00:29:33 / 132	<b>01:38:39</b>	00:34:54
146	186	KAPRAL Aleksander		POL POLITECHNIKA WROCŁAWSKA		96M20/25	M / 122	00:09:50 / 59	00:05:21 / 91	00:50:31 / 151	00:02:10 / 139	00:30:48 / 156	<b>01:38:40</b>	00:34:55
147	4	GONERA Krzysztof		POL		73M40/38	M / 123	00:13:07 / 159	00:04:38 / 148	00:49:58 / 144	00:00:54 / 141	00:30:09 / 145	<b>01:38:46</b>	00:35:01
148	102	SMIECHOWICZ Justyna		POL		91K20/8	K / 25	00:16:14 / 195	00:04:37 / 187	00:49:59 / 145	00:00:56 / 165	00:27:00 / 96	<b>01:38:46</b>	00:35:01
149	147	BŁOŃSKA Agata		POL LITWIN TRIATHLON TEAM		71K40/6	K / 26	00:11:56 / 127	00:04:37 / 122	00:48:15 / 130	00:02:05 / 132	00:32:19 / 169	<b>01:39:12</b>	00:35:27
150	222	ŻUBEREK Katarzyna		POL LITWIN TRIATHLON TEAM		85K30/11	K / 27	00:11:40 / 121	00:05:08 / 128	00:50:51 / 155	00:01:17 / 145	00:30:16 / 148	<b>01:39:12</b>	00:35:27
151	93	HYPIAK Joanna		POL TRIACTIVE RIDLEY		85K30/12	K / 28	00:09:48 / 58	00:05:22 / 90	00:47:49 / 120	00:03:16 / 128	00:33:21 / 177	<b>01:39:36</b>	00:35:51
152	62	MAŃDZIAK Karolina		POL		79K30/13	K / 29	00:12:40 / 143	00:05:50 / 160	00:48:29 / 134	00:02:16 / 150	00:30:35 / 153	<b>01:39:50</b>	00:36:05
153	120	SEKRETA Anna		POL		97K20/9	K / 30	00:14:17 / 180	00:04:43 / 166	00:51:52 / 162	00:00:52 / 163	00:28:19 / 114	<b>01:40:03</b>	00:36:18
154	164	SMUTEK Przemysław		POL		84M30/42	M / 124	00:12:37 / 141	00:06:29 / 168	00:48:06 / 126	00:01:33 / 144	00:31:22 / 163	<b>01:40:07</b>	00:36:22
155	29	SZCZĘŚNIAK Józef		POL		43M60/2	M / 125	00:17:02 / 197	00:05:18 / 195	00:48:18 / 131	00:01:11 / 166	00:28:49 / 122	<b>01:40:38</b>	00:36:53
156	125	LISIK Anna		POL LITWIN TRIATHLON TEAM		83K30/14	K / 31	00:11:16 / 107	00:06:03 / 141	00:51:40 / 159	00:02:21 / 159	00:29:47 / 136	<b>01:41:07</b>	00:37:22
157	80	DRYBLAK Marek		POL		85M30/43	M / 126	00:12:56 / 153	00:06:18 / 171	00:52:05 / 166	00:01:58 / 173	00:28:08 / 112	<b>01:41:25</b>	00:37:40
158	114	KOWALSKI Rafał		POL		71M40/39	M / 127	00:10:31 / 84	00:04:01 / 74	00:43:04 / 59	00:01:55 / 67	00:41:56 / 190	<b>01:41:27</b>	00:37:42
159	85	KUROWSKA Joanna		POL LITWIN TRIATHLON TEAM		71K40/7	K / 32	00:11:57 / 128	00:04:23 / 118	00:51:59 / 165	00:01:15 / 153	00:31:54 / 166	<b>01:41:28</b>	00:37:43
160	69	OSTROWSKI Wojciech		POL		89M20/26	M / 128	00:12:06 / 132	00:04:25 / 121	00:51:54 / 163	00:00:37 / 146	00:32:31 / 173	<b>01:41:33</b>	00:37:48
161	20	POSYŃIAK Piotr		POL		74M40/40	M / 129	00:14:03 / 176	00:06:31 / 185	00:50:13 / 148	00:00:58 / 164	00:30:11 / 146	<b>01:41:56</b>	00:38:11
162	190	MACIASZEK Piotr		POL WYBIERZ		87M30/44	M / 130	00:12:08 / 134	00:04:16 / 119	00:48:01 / 125	00:00:58 / 122	00:36:41 / 185	<b>01:42:04</b>	00:38:19

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.	
163	191	GOLENIIEWSKI Tomasz		POL		73M40/41	M / 131	00:11:39 / 120	00:05:00 / 125	00:50:56 / 156	00:01:06 / 143	00:33:24 / 178	<b>01:42:05</b>	00:38:20
164	115	CZERWIEC Jarosław		POL BIEGACZ TEAM		81M30/45	M / 132	00:12:01 / 130	00:05:51 / 152	00:51:45 / 160	00:01:23 / 156	00:31:19 / 162	<b>01:42:19</b>	00:38:34
165	160	LASKOWSKA Aneta		POL TEAM SPORT GÓRSKI		70K40/8	K / 33	00:12:57 / 154			00:29:53 / 138	<b>01:43:05</b>	00:39:20	
166	37	PREISS Maria		POL LITWIN TRIATHLON TEAM		76K40/9	K / 34	00:13:09 / 162	00:05:15 / 159	00:53:14 / 171	00:01:36 / 172	00:30:01 / 143	<b>01:43:15</b>	00:39:30
167	30	SZCZĘŚNIAK Justyna		POL		83K30/15	K / 35	00:12:52 / 151	00:05:27 / 156	00:51:34 / 158	00:01:12 / 157	00:32:31 / 172	<b>01:43:36</b>	00:39:51
168	111	WOŹNICKI Jacek		POL		79M30/46	M / 133	00:11:13 / 104	00:07:07 / 157	00:52:30 / 169	00:02:21 / 169	00:30:41 / 155	<b>01:43:52</b>	00:40:07
169	57	SKOWRON Magdalena		POL CROSSFIT WROCŁAW		89K20/10	K / 36	00:12:41 / 144	00:06:21 / 167	00:56:34 / 186	00:01:17 / 185	00:27:12 / 100	<b>01:44:05</b>	00:40:20
170	170	MINKINA Karolina		POL		87K30/16	K / 37	00:12:20 / 136	00:04:55 / 139	00:51:59 / 164	00:02:01 / 158	00:32:54 / 175	<b>01:44:09</b>	00:40:24
171	203	TOMASZEWSKA Magdalena		POL		81K30/17	K / 38	00:12:51 / 150	00:04:08 / 130	00:47:48 / 119	00:01:22 / 126	00:38:27 / 186	<b>01:44:36</b>	00:40:51
172	12	ŚWIDERSKA Izabela		POL		76K40/10	K / 39	00:13:43 / 172	00:04:57 / 163	00:54:31 / 180	00:01:23 / 177	00:30:21 / 150	<b>01:44:55</b>	00:41:10
173	192	DUCZEMIŃSKI Dariusz		POL NOA		77M40/42	M / 134	00:14:58 / 188	00:06:47 / 192	00:53:17 / 172	00:02:29 / 186	00:27:41 / 107	<b>01:45:12</b>	00:41:27
174	92	PISAREK Ewa		POL		77K40/11	K / 40	00:13:58 / 175	00:04:40 / 162	00:53:32 / 176	00:01:03 / 171	00:32:09 / 167	<b>01:45:22</b>	00:41:37
175	5	KRUPA Radosław		POL		90M20/27	M / 135	00:15:24 / 190	00:05:24 / 186	00:54:11 / 179	00:00:46 / 181	00:30:22 / 151	<b>01:46:07</b>	00:42:22
176	142	OLEŃSKA Anna		POL		78K40/12	K / 41	00:12:06 / 133	00:05:38 / 147	00:56:26 / 184	00:01:01 / 178	00:31:13 / 160	<b>01:46:24</b>	00:42:39
177	185	CISZEWSKA Kalina		POL KLEMENS TEAM		82K30/18	K / 42	00:14:38 / 185	00:04:44 / 174	00:56:01 / 183	00:01:06 / 184	00:29:59 / 142	<b>01:46:28</b>	00:42:43
178	143	DYLIŃSKA-DOMINO Iwona		POL		74K40/13	K / 43	00:12:48 / 149	00:05:02 / 151	00:54:08 / 178	00:01:32 / 174	00:33:08 / 176	<b>01:46:38</b>	00:42:53
179	81	TARNOWSKI Michał		POL		85M30/47	M / 136	00:13:36 / 171	00:07:22 / 189	00:52:22 / 167	00:02:10 / 179	00:31:33 / 164	<b>01:47:03</b>	00:43:18
180	3	KOWALCZYK Katarzyna		POL GT KONA		70K40/14	K / 44	00:11:22 / 113	00:04:34 / 110	00:50:35 / 152	00:01:20 / 137	00:39:26 / 187	<b>01:47:17</b>	00:43:32
181	19	POLAŃSKA Dorota		POL TMTEAM		68K50/1	K / 45	00:15:48 / 193	00:05:05 / 188	00:53:29 / 175	00:02:01 / 183	00:31:16 / 161	<b>01:47:39</b>	00:43:54
182	74	DREWICZ Kinga		POL RUNNER TEAM BYLE NIE POD GÓRKE		79K30/19	K / 46	00:15:58 / 194	00:03:48 / 183	00:51:52 / 161	00:00:58 / 168	00:35:39 / 181	<b>01:48:15</b>	00:44:30
183	112	SZPIS Adrian		POL KLUB ZAWAŁOWCÓW		83M30/48	M / 137	00:11:29 / 114	00:06:06 / 144	00:54:57 / 181	00:03:00 / 180	00:32:54 / 174	<b>01:48:26</b>	00:44:41
184	118	KUREK Ryszard		POL KLUB ZAWAŁOWCÓW		92M20/28	M / 138	00:13:47 / 173	00:05:28 / 172	00:55:39 / 182	00:00:56 / 182	00:33:46 / 179	<b>01:49:36</b>	00:45:51
185	193	DUCZEMIŃSKA Karolina		POL NOA		02K16/3	K / 47	00:14:06 / 178	00:05:22 / 176	00:59:55 / 189	00:01:23 / 190	00:28:51 / 124	<b>01:49:37</b>	00:45:52
186	60	DUDEK Alfred		POL		56M60/3	M / 139	00:14:06 / 177	00:05:39 / 182	00:56:54 / 187	00:01:06 / 187	00:32:26 / 170	<b>01:50:11</b>	00:46:26
187	162	RATAJCZAK Karolina		POL TRIATHLON CLUB WROCŁAW		69K40/15	K / 48	00:13:08 / 160	00:06:10 / 173	00:53:21 / 173	00:01:43 / 176	00:36:20 / 183	<b>01:50:42</b>	00:46:57
188	202	WŁUDARSKI Maciej		POL		65M50/11	M / 140	00:13:31 / 168	00:05:41 / 170	00:50:59 / 157	00:02:08 / 167	00:39:50 / 188	<b>01:52:09</b>	00:48:24
189	133	WOJCIECHOWSKI Zygmunt		POL PIEKARNIA JUL-KA		50M60/4	M / 141	00:11:10 / 101	00:05:55 / 132	00:53:38 / 177	00:00:51 / 162	00:42:17 / 191	<b>01:53:51</b>	00:50:06
190	116	DACHOWSKI Paweł		POL TRENERPRO		90M20/29	M / 142	00:11:02 / 97	00:06:01 / 131	00:52:40 / 170	00:01:49 / 161	00:42:19 / 192	<b>01:53:51</b>	00:50:06
191	178	HUDZIEC Ilona		POL LITWIN TRIATHLON TEAM		66K50/2	K / 49	00:14:31 / 184	00:04:40 / 169	00:56:29 / 185	00:02:12 / 188	00:36:08 / 182	<b>01:54:00</b>	00:50:15
192	84	JURCZAK Jakub		POL		99M16/9	M / 143	00:14:51 / 187					<b>01:59:18</b>	00:55:33
193	53	JURCZAK Przemysław		POL		78M40/43	M / 144	00:14:51 / 186					<b>01:59:19</b>	00:55:34
194	131	ZAKRZEWSKA Edyta		POL ZERO GRAVITY		77K40/16	K / 50	00:17:29 / 199	00:04:37 / 194	01:04:55 / 192	00:01:10 / 194	00:32:11 / 168	<b>02:00:22</b>	00:56:37
195	110	KARAŚ Paweł		POL KLUB ZAWAŁOWCÓW		91M20/30	M / 145	00:15:04 / 189	00:04:31 / 177	00:59:54 / 188	00:00:59 / 189	00:45:22 / 195	<b>02:05:50</b>	01:02:05
196	17	ZAKLIŃSKA Katarzyna		POL FABRYKA TRIATHLONU		76K40/17	K / 51	00:13:32 / 169	00:05:55 / 175	01:02:40 / 191	00:01:57 / 191	00:42:59 / 193	<b>02:07:03</b>	01:03:18

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
197	159	MARCINIAK Barbara		POL TRIATHLON CLUB WROCLAW	61	K / 52	00:12:24 / 138	00:07:16 / 180	01:02:20 / 190	00:02:18 / 192	00:43:28 / 194	<b>02:07:46</b>	01:04:01
198	207	MANIAK Grzegorz		POL	83	M / 146	00:16:19 / 196	00:05:24 / 191	01:12:17 / 194	00:01:03 / 195	00:36:31 / 184	<b>02:11:34</b>	01:07:49
199	51	PARYSEK Tomasz		POL SCHÜRHOŁZ POLSKA	79	M / 147	00:14:22 / 183	00:06:39 / 190	01:05:06 / 193	00:01:31 / 193	00:45:43 / 196	<b>02:13:21</b>	01:09:36
200	71	KEMPINSKI Jerzy		POL	61	M / 148	00:17:32 / 200	00:05:12 / 196	01:15:42 / 195	00:01:44 / 196	00:34:17 / 180	<b>02:14:27</b>	01:10:42
209		ŁAJBIAK Jacek		POL	79							<b>DNF</b>	
49		KRAUZE Jacek		POL PRO-RUN WROCLAW	97							<b>DNS</b>	
61		MANDZIAK Marcin		POL	76							<b>DNS</b>	
94		BOGUĆKA Anna		POL PUMA SPORTS CENTER	88							<b>DNS</b>	

Zgłoszonych:	223	Odebrało nr.:	195	Wystartowało:	201	Ukończyło:	200
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