

Bieg Przez Most – Białolęka 2018

WYNIKI ZAWODÓW

Organizator: Urząd Dzielnicy Warszawa – Białolęka

Termin: 16.09.2018

Miejsce: Warszawa

Dystans: 10km

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | (M) Sex | Czas Time | [min/km] |
|-------------------------------|--------|----------------------|------------------|----------|---|---------|--------------------|---------|-----------|----------|
| Bieg 10 km - M20 [103] | | | | | | | | | | |
| 1 | 533 | MIELEWCZYK Piotr | | | POL KORPORUNNER | 90 | M20/1 | (M)1 | 00:33:05 | 03.18 |
| 2 | 478 | MACHOWSKI Paweł | | | POL RACZYŃSKI TEAM | 92 | M20/2 | (M)2 | 00:34:58 | 03.29 |
| 3 | 907 | WOŹNICKI Paweł | | | POL AKTYWNI WĘGRÓW | 90 | M20/3 | (M)3 | 00:35:39 | 03.33 |
| 4 | 56 | BOMBA Tomek | | | POL BOMBA TEAM | 92 | M20/4 | (M)8 | 00:36:24 | 03.38 |
| 5 | 228 | GRONOWSKI Hubert | | | POL WIELISZEW HERON TEAM | 89 | M20/5 | (M)10 | 00:37:35 | 03.45 |
| 6 | 168 | FILIPIAK Sebastian | | | POL TEAM DRACZYŃSKI | 92 | M20/6 | (M)11 | 00:37:52 | 03.46 |
| 7 | 439 | LEJA Marcin | | | POL BLADOS TEAM | 89 | M20/7 | (M)14 | 00:38:35 | 03.51 |
| 8 | 214 | GÓRECKI Rafał | | | POL GALERIA FRYZUR GÓRECCY | 00 | M20/8 | (M)15 | 00:38:42 | 03.51 |
| 9 | 763 | STRÓŻIK Krystian | | | POL | 98 | M20/9 | (M)21 | 00:39:24 | 03.56 |
| 10 | 951 | ZYCH Łukasz | | | POL | 89 | M20/10 | (M)22 | 00:39:25 | 03.56 |
| 11 | 320 | KARCZEWSKI Jacek | | | POL GRUPA BIEGOWA UM W-WA | 00 | M20/11 | (M)23 | 00:39:41 | 03.57 |
| 12 | 854 | USAREK Tomasz | | | POL | 90 | M20/12 | (M)30 | 00:40:42 | 04.03 |
| 13 | 134 | DOBEK Maciej | | | POL | 91 | M20/13 | (M)40 | 00:42:18 | 04.12 |
| 14 | 448 | LEWANDOWSKI Mateusz | | | POL | 99 | M20/14 | (M)43 | 00:42:22 | 04.13 |
| 15 | 787 | SZOPA Łukasz | | | POL | 99 | M20/15 | (M)48 | 00:42:32 | 04.13 |
| 16 | 663 | PRUSIK Piotr | | | POL | 99 | M20/16 | (M)50 | 00:42:39 | 04.15 |
| 17 | 883 | WIRA Tomasz | | | POL DELOITTE ADVENTURE TEAM | 91 | M20/17 | (M)57 | 00:43:20 | 04.20 |
| 18 | 157 | DZIUBAK Bartłomiej | | | POL | 90 | M20/18 | (M)58 | 00:43:21 | 04.20 |
| 19 | 818 | TALMON Adam | | | POL LOREAL | 90 | M20/19 | (M)64 | 00:43:35 | 04.21 |
| 20 | 337 | KEIJO Raiha | | | POL LOREAL | 91 | M20/20 | (M)67 | 00:43:48 | 04.22 |
| 21 | 83 | CHMARZYŃSKI Paweł | | | POL ŚLĘZAKTEAM | 89 | M20/21 | (M)73 | 00:44:03 | 04.24 |
| 22 | 808 | SZYMONIAK Mariusz | | | POL | 97 | M20/22 | (M)76 | 00:44:09 | 04.24 |
| 23 | 475 | ŁUNIEWSKI Jakub | | | POL | 96 | M20/23 | (M)78 | 00:44:14 | 04.25 |
| 24 | 710 | SARZAŁA Bartłomiej | | | POL AKS POLONIA WARSZAWA | 93 | M20/24 | (M)85 | 00:44:36 | 04.27 |
| 25 | 415 | KUNC Oliver | | | POL WE RUN LX | 91 | M20/25 | (M)101 | 00:45:39 | 04.33 |
| 26 | 79 | CEGLAREK Marek | | | POL PWPW S.A. | 89 | M20/26 | (M)103 | 00:45:45 | 04.34 |
| 27 | 535 | MIERZYŃSKI Paweł | | | POL KOŁOWNIK WŁOSZAKOWICE | 89 | M20/27 | (M)104 | 00:45:46 | 04.34 |
| 28 | 163 | FIJAŁKOWSKI Kamil | | | POL RADZYMIN RUN TEAM | 91 | M20/28 | (M)112 | 00:46:07 | 04.36 |
| 29 | 504 | MAREK Adam | | | POL | 95 | M20/29 | (M)113 | 00:46:17 | 04.37 |
| 30 | 561 | MYŚLIWIEC Piotrek | | | POL | 89 | M20/30 | (M)121 | 00:46:27 | 04.38 |
| 31 | 547 | MOKRZEWSKI Maciej | | | POL | 90 | M20/31 | (M)125 | 00:46:38 | 04.39 |
| 32 | 749 | STAŃCZUK Łukasz | | | POL GWARDIA WARSZAWA | 89 | M20/32 | (M)130 | 00:46:45 | 04.40 |
| 33 | 648 | PODGÓRSKI Krzysztof | | | POL KOMITET SPORTU I TURYSTYKI KRZYSZTOF PO | 90 | M20/33 | (M)144 | 00:47:15 | 04.43 |
| 34 | 850 | URBANIAK Jakub | | | POL - | 97 | M20/34 | (M)146 | 00:47:27 | 04.44 |
| 35 | 685 | ROLCZYŃSKI Jakub | | | POL BRAK | 90 | M20/35 | (M)157 | 00:48:09 | 04.48 |
| 36 | 417 | KUR Adrian | | | POL | 90 | M20/36 | (M)160 | 00:48:11 | 04.49 |
| 37 | 61 | BORKOWSKI Tomasz | | | POL LEGIA | 00 | M20/37 | (M)168 | 00:48:32 | 04.51 |
| 38 | 819 | TANCZOS Mateusz | | | POL | 93 | M20/38 | (M)175 | 00:48:48 | 04.52 |
| 39 | 782 | SZCZĘSNY Bartosz | | | POL | 97 | M20/39 | (M)178 | 00:48:49 | 04.52 |
| 40 | 608 | PAPUGA Michał | | | POL PAPUGI | 93 | M20/40 | (M)179 | 00:48:49 | 04.52 |
| 41 | 268 | JANKOWSKI Jakub | | | POL | 90 | M20/41 | (M)186 | 00:49:01 | 04.54 |
| 42 | 926 | ZAKOWICZ Piotr | | | POL DELOITTE ADVENTURE TEAM | 89 | M20/42 | (M)187 | 00:49:01 | 04.54 |
| 43 | 905 | WOLSKI Paweł | | | POL MASTERS DOJO TEAM | 97 | M20/43 | (M)189 | 00:49:01 | 04.54 |
| 44 | 646 | PLUCINICZAK Marek | | | POL | 89 | M20/44 | (M)190 | 00:49:05 | 04.54 |
| 45 | 233 | GRZELAK Mikołaj | | | POL | 95 | M20/45 | (M)199 | 00:49:18 | 04.55 |
| 46 | 966 | KRISHNAN Hari | | | POL | 91 | M20/46 | (M)202 | 00:49:22 | 04.56 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------|-----------|----------------------------------|---------------------|-------------|--------------------------------------|------------|-----------------------|--------|--------------|----------|
| 47 | 867 | WASZKIEWICZ Piotr | | POL | WASZEKSAMTEAM | 96 | M20/47 | (M)203 | 00:49:22 | 04.56 |
| 48 | 100 | CIESIELSKI Jakub | | POL | | 90 | M20/48 | (M)204 | 00:49:24 | 04.56 |
| 49 | 543 | MIODUSZEWSKI Adrian | | POL | | 90 | M20/49 | (M)212 | 00:49:37 | 04.57 |
| 50 | 642 | PIWKO Damian | | POL | PIWKO RUN TEAM | 97 | M20/50 | (M)224 | 00:50:01 | 05.00 |
| 51 | 131 | DERESZ Wiktor | | POL | ADIDAS RUNNERS WARSAW | 92 | M20/51 | (M)226 | 00:50:03 | 05.00 |
| 52 | 847 | TYMIŃSKI Kamil | | POL | PIWKO RUN TEAM | 92 | M20/52 | (M)227 | 00:50:06 | 05.00 |
| 53 | 660 | PRĘDOTA Bartosz | | POL | TRUCHT TARCHOMIN TEAM | 02 | M20/53 | (M)240 | 00:50:26 | 05.02 |
| 54 | 418 | KURDEJ Tomasz | | POL | | 90 | M20/54 | (M)250 | 00:50:42 | 05.04 |
| 55 | 681 | ROGOZIŃSKI Adrian | | POL | | 90 | M20/55 | (M)254 | 00:50:54 | 05.05 |
| 56 | 66 | BRZEZIŃSKI Robert | | POL | | 93 | M20/56 | (M)256 | 00:50:58 | 05.05 |
| 57 | 394 | KRUPIŃSKI Kacper | | POL | | 02 | M20/57 | (M)259 | 00:51:04 | 05.06 |
| 58 | 753 | STEC Filip | | POL | | 95 | M20/58 | (M)281 | 00:51:46 | 05.10 |
| 59 | 738 | SOCHA Michał | | POL | | 98 | M20/59 | (M)283 | 00:51:46 | 05.10 |
| 60 | 658 | PRACHNIO Sebastian | | POL | | 94 | M20/60 | (M)284 | 00:51:47 | 05.10 |
| 61 | 671 | RADOSZ Szymon | | POL | | 95 | M20/61 | (M)290 | 00:52:03 | 05.12 |
| 62 | 717 | SIERZPUTOWSKI Piotr | | POL | | 91 | M20/62 | (M)292 | 00:52:05 | 05.12 |
| 63 | 637 | PIKUS Łukasz | | POL | | 94 | M20/63 | (M)298 | 00:52:16 | 05.13 |
| 64 | 186 | GALKA Krzysztof | | POL | | 90 | M20/64 | (M)302 | 00:52:22 | 05.14 |
| 65 | 550 | MOSAKOWSKI Kamil | | POL | | 93 | M20/65 | (M)305 | 00:52:23 | 05.14 |
| 66 | 838 | TRZCIŃSKI Michał | | POL | | 97 | M20/66 | (M)314 | 00:52:38 | 05.15 |
| 67 | 47 | BLUSZCZ Przemysław | | POL | | 93 | M20/67 | (M)316 | 00:52:41 | 05.16 |
| 68 | 628 | PEPŁOŃSKI Damian | | POL | DEUTSCHE BANK MARATHON TEAM | 89 | M20/68 | (M)325 | 00:52:56 | 05.17 |
| 69 | 927 | ZAKRZEWSKI Marcin | | POL | | 91 | M20/69 | (M)329 | 00:52:59 | 05.17 |
| 70 | 914 | WUJCIK Paweł | | POL | | 96 | M20/70 | (M)333 | 00:53:11 | 05.19 |
| 71 | 221 | GRALICKI Piotr | | POL | | 95 | M20/71 | (M)342 | 00:53:24 | 05.20 |
| 72 | 783 | SZCZYGIEL Michał | | POL | | 91 | M20/72 | (M)352 | 00:53:40 | 05.22 |
| 73 | 451 | LIGAJ Konrad | | POL | | 99 | M20/73 | (M)356 | 00:53:48 | 05.22 |
| 74 | 963 | PELC Filip | | POL | | 90 | M20/74 | (M)360 | 00:53:59 | 05.23 |
| 75 | 162 | FIEDUCIK Mateusz | | POL | | 93 | M20/75 | (M)362 | 00:54:06 | 05.24 |
| 76 | 208 | GORUS Karol | | POL | | 98 | M20/76 | (M)368 | 00:54:17 | 05.25 |
| 77 | 762 | STROMECKI Marcin | | POL | BFM | 91 | M20/77 | (M)373 | 00:54:33 | 05.27 |
| 78 | 136 | DOMAGAŁA Mariusz | | POL | KS STASZEWSKY | 90 | M20/78 | (M)378 | 00:54:40 | 05.28 |
| 79 | 549 | MOLAK Tomasz | | POL | | 01 | M20/79 | (M)388 | 00:54:57 | 05.29 |
| 80 | 597 | OSTROWSKI Marcin | | POL | LOREAL | 89 | M20/80 | (M)390 | 00:55:03 | 05.30 |
| 81 | 744 | SPODAR Mateusz | | POL | | 93 | M20/81 | (M)393 | 00:55:12 | 05.31 |
| 82 | 333 | Kawecki Kuba | | POL | MIKKELLER RUNNING CLUB | 96 | M20/82 | (M)395 | 00:55:15 | 05.31 |
| 83 | 934 | ZASŁONKA Paweł | | POL | | 89 | M20/83 | (M)410 | 00:56:00 | 05.36 |
| 84 | 20 | BAJKOWSKI Paweł | | POL | | 89 | M20/84 | (M)412 | 00:56:04 | 05.36 |
| 85 | 964 | BOKINIEC Grzegorz | | POL | | 89 | M20/85 | (M)416 | 00:56:11 | 05.37 |
| 86 | 902 | WOJTKOWIAK Michał | | POL | | 98 | M20/86 | (M)439 | 00:57:27 | 05.44 |
| 87 | 916 | WYRĘBIAK Kacper | | POL | | 91 | M20/87 | (M)456 | 00:58:26 | 05.50 |
| 88 | 942 | ZDROJEWSKI Kamil | | POL | | 91 | M20/88 | (M)460 | 00:58:53 | 05.53 |
| 89 | 599 | OŚMIAŁOWSKI Michał | | POL | 1BLT | 92 | M20/89 | (M)461 | 00:58:53 | 05.53 |
| 90 | 250 | ILCZUK Piotr | | POL | | 91 | M20/90 | (M)469 | 00:59:23 | 05.56 |
| 91 | 30 | BARTOSZEWSKI Daniel | | POL | | 95 | M20/91 | (M)477 | 01:00:07 | 06.00 |
| 92 | 880 | WIERZBICKI Przemysław | | POL | | 94 | M20/92 | (M)483 | 01:00:45 | 06.04 |
| 93 | 938 | ZBRZEŃNIAK Maciej | | POL | | 93 | M20/93 | (M)489 | 01:01:25 | 06.08 |
| 94 | 939 | ZBRZEŃNIAK Michał | | POL | | 90 | M20/94 | (M)491 | 01:01:25 | 06.08 |
| 95 | 207 | GORSIAK Mateusz | | POL | | 92 | M20/95 | (M)494 | 01:01:33 | 06.09 |
| 96 | 428 | KUŚMIERSKI-KUŚMIERCZYK Marcin | | POL | | 94 | M20/96 | (M)501 | 01:02:48 | 06.16 |
| 97 | 392 | KRASOWSKI Patryk | | POL | | 91 | M20/97 | (M)507 | 01:03:34 | 06.21 |
| 98 | 795 | SZULC Igor | | POL | | 92 | M20/98 | (M)508 | 01:03:37 | 06.21 |
| 99 | 444 | LESZCZYŃSKI Paweł | | POL | WKURW_TEAM | 90 | M20/99 | (M)518 | 01:05:44 | 06.34 |
| 100 | 705 | SACZKO Adam | | POL | KARMA RUN | 91 | M20/100 | (M)526 | 01:06:13 | 06.37 |
| 101 | 670 | RADECKI Michał | | POL | | 92 | M20/101 | (M)532 | 01:08:25 | 06.50 |
| 102 | 568 | NGUYEN Long | | POL | | 89 | M20/102 | (M)533 | 01:08:54 | 06.53 |
| 103 | 610 | PARUSEL Marcin | | POL | KOMITET SPORTU I TURYSTYKI KRZYSZTOF | 90 | M20/103 | (M)540 | 01:11:25 | 07.08 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-------------------------------|--------|----------------------|------------------|----------|--|---------|--------------------|--------|-----------|----------|
| POL PO | | | | | | | | | | |
| 104 | 378 | KOSIERADZKI Michał | | | POL MASTERS DOJO TEAM | 95 | M20/104 | (M)547 | 01:13:20 | 07.20 |
| Bieg 10 km - M30 [213] | | | | | | | | | | |
| 1 | 666 | PRZYBYŁA Krzysztof | | | POL KU AZS WAT WARSZAWA | 86 | M30/1 | (M)4 | 00:35:49 | 03.34 |
| 2 | 24 | BARAN Jan | | | POL TEAM KOPEĆ | 86 | M30/2 | (M)5 | 00:36:06 | 03.36 |
| 3 | 159 | FALANDYSZ Damian | | | POL WPRUNNING | 87 | M30/3 | (M)6 | 00:36:17 | 03.37 |
| 4 | 106 | CURRIT Travis | | | POL WARSAW INTERNATIONAL TRIATHLON CLUB | 84 | M30/4 | (M)13 | 00:38:28 | 03.50 |
| (WIT | | | | | | | | | | |
| 5 | 848 | UGRYN Maciej | | | POL WWW.RUNISMYFUN.COM | 87 | M30/5 | (M)16 | 00:38:49 | 03.52 |
| 6 | 726 | SLADEK Karol | | | POL SAGE | 84 | M30/6 | (M)18 | 00:39:00 | 03.53 |
| 7 | 459 | ŁABĘDZKI Konrad | | | POL ADIDAS RUNNERS WARSAW | 86 | M30/7 | (M)26 | 00:40:06 | 04.00 |
| 8 | 200 | GŁOWACKI Paweł | | | POL SEROCK BIEGA Z HOTELEM NARVIL | 81 | M30/8 | (M)27 | 00:40:20 | 04.00 |
| 9 | 530 | MICHALSKI Piotr | | | POL | 83 | M30/9 | (M)28 | 00:40:32 | 04.02 |
| 10 | 725 | SKUZA Maciej | | | POL | 83 | M30/10 | (M)29 | 00:40:34 | 04.03 |
| 11 | 457 | LISZKIEWICZ Konrad | | | POL | 85 | M30/11 | (M)35 | 00:41:38 | 04.09 |
| 12 | 693 | ROŻEJ Damian | | | POL | 88 | M30/12 | (M)39 | 00:42:14 | 04.11 |
| 13 | 445 | LEŚNIAK Jacek | | | POL | 80 | M30/13 | (M)42 | 00:42:20 | 04.13 |
| 14 | 416 | KUNOWSKI Bartosz | | | POL ZABIEGANY WOŁOMIN | 85 | M30/14 | (M)45 | 00:42:30 | 04.14 |
| 15 | 273 | JAWORSKI Arkadiusz | | | POL | 82 | M30/15 | (M)52 | 00:42:47 | 04.16 |
| 16 | 815 | ŚWIERCZEK Szymon | | | POL AGD WRONIAK | 84 | M30/16 | (M)53 | 00:42:54 | 04.17 |
| 17 | 505 | MARTYNÓW Rafał | | | POL MINISTERSTWO GŁUPICH KROKÓW LEGIONOWO | 85 | M30/17 | (M)54 | 00:42:57 | 04.17 |
| 18 | 755 | STĘPIEŃ Adam | | | POL ANANASY | 81 | M30/18 | (M)55 | 00:43:13 | 04.19 |
| 19 | 28 | BARTOSZ Marek | | | POL NH TEAM | 79 | M30/19 | (M)56 | 00:43:14 | 04.19 |
| 20 | 943 | ZDUNEK Michał | | | POL EUROSOFTEAM / WKURW_TEAM | 79 | M30/20 | (M)60 | 00:43:27 | 04.20 |
| 21 | 677 | RDZONEK Dariusz | | | POL | 83 | M30/21 | (M)65 | 00:43:37 | 04.21 |
| 22 | 575 | NOWAK Daniel | | | POL ROZBIEGAMY NOWY DWÓR | 85 | M30/22 | (M)66 | 00:43:39 | 04.21 |
| 23 | 826 | TOBOLA Paweł | | | POL AKS POLONIA WARSZAWA | 81 | M30/23 | (M)69 | 00:43:51 | 04.23 |
| 24 | 761 | STRAWSKI Marcin | | | POL | 79 | M30/24 | (M)70 | 00:43:51 | 04.23 |
| 25 | 252 | IWANIUK Tomasz | | | POL ŻYWCEM ZABIEGANI | 83 | M30/25 | (M)77 | 00:44:12 | 04.25 |
| 26 | 669 | PYRZAK Paweł | | | POL FORT JAKSMANICE | 85 | M30/26 | (M)81 | 00:44:16 | 04.25 |
| 27 | 84 | CHMIELEWSKI Piotr | | | POL AGD WRONIAK | 86 | M30/27 | (M)82 | 00:44:16 | 04.25 |
| 28 | 255 | JABŁOŃSKI Karol | | | POL KS ZIELONO - CZARNI MIŃSK MAZOWIECKI | 87 | M30/28 | (M)83 | 00:44:19 | 04.25 |
| 29 | 187 | GALKOWSKI Marcin | | | POL ZABIEGANY WOŁOMIN | 83 | M30/29 | (M)86 | 00:44:39 | 04.27 |
| 30 | 290 | JUTKIEWICZ Marcin | | | POL | 80 | M30/30 | (M)87 | 00:44:44 | 04.28 |
| 31 | 587 | OLSZAK Michał | | | POL | 84 | M30/31 | (M)91 | 00:44:55 | 04.29 |
| 32 | 243 | HILDEBRAND Marcin | | | POL BIEGAM NA TARCHOMINIE | 87 | M30/32 | (M)94 | 00:45:06 | 04.30 |
| 33 | 941 | ZDONEK Bernard | | | POL | 83 | M30/33 | (M)96 | 00:45:11 | 04.31 |
| 34 | 526 | MICHALAK Jacek | | | POL | 82 | M30/34 | (M)99 | 00:45:24 | 04.32 |
| 35 | 452 | LIPOWSKI Maciej | | | POL | 81 | M30/35 | (M)105 | 00:45:48 | 04.34 |
| 36 | 800 | SZYMAJDA Marcin | | | POL AGD WRONIAK | 81 | M30/36 | (M)106 | 00:45:49 | 04.34 |
| 37 | 877 | WIELOGÓRSKI Marcin | | | POL | 85 | M30/37 | (M)109 | 00:45:51 | 04.35 |
| 38 | 507 | MARUŃSKI Mariusz | | | POL | 87 | M30/38 | (M)114 | 00:46:20 | 04.38 |
| 39 | 653 | PODLASKI Mateusz | | | POL | 82 | M30/39 | (M)115 | 00:46:21 | 04.38 |
| 40 | 715 | SIERAKOWSKI Adam | | | POL | 86 | M30/40 | (M)118 | 00:46:22 | 04.38 |
| 41 | 581 | OCHNIK Krzysztof | | | POL | 87 | M30/41 | (M)119 | 00:46:24 | 04.38 |
| 42 | 479 | MACIĄG Przemysław | | | POL BIEGAJ Z URSUSEM | 80 | M30/42 | (M)120 | 00:46:24 | 04.38 |
| 43 | 135 | DOŁĘGA Sławomir | | | POL | 83 | M30/43 | (M)122 | 00:46:27 | 04.38 |
| 44 | 144 | DRZYMAŁA Krzysztof | | | POL DZYM DRINK TEAM | 84 | M30/44 | (M)127 | 00:46:41 | 04.40 |
| 45 | 112 | CZAKO Andras | | | POL | 81 | M30/45 | (M)128 | 00:46:44 | 04.40 |
| 46 | 42 | BIENIEK Wojciech | | | POL | 86 | M30/46 | (M)129 | 00:46:44 | 04.40 |
| 47 | 138 | DOMECKI Jakub | | | POL VEGE RUNNERS | 87 | M30/47 | (M)133 | 00:46:49 | 04.40 |
| 48 | 806 | SZYMAŃSKI Andrzej | | | POL | 82 | M30/48 | (M)137 | 00:46:59 | 04.41 |
| 49 | 652 | PODKAŃSKI Paweł | | | POL | 84 | M30/49 | (M)138 | 00:46:59 | 04.41 |
| 50 | 551 | MOSOŃ Jakub | | | POL | 81 | M30/50 | (M)139 | 00:47:02 | 04.42 |
| 51 | 874 | WICIK Juliusz | | | POL GUMISIE | 80 | M30/51 | (M)140 | 00:47:03 | 04.42 |
| 52 | 247 | HUSZCZA Paweł | | | POL WIĘCEJ FUNKU! | 82 | M30/52 | (M)142 | 00:47:09 | 04.42 |
| 53 | 576 | NOWAK Paweł | | | POL | 79 | M30/53 | (M)143 | 00:47:09 | 04.42 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-------------|-------------------|------------|-----------------------|--------|--------------|----------|
| 54 | 140 | DRASZAWKA Łukasz | | POL | POWER TRAINING | 83 | M30/54 | (M)145 | 00:47:15 | 04.43 |
| 55 | 629 | PERKOWSKI Paweł | | POL | | 83 | M30/55 | (M)148 | 00:47:47 | 04.46 |
| 56 | 67 | BRZOZOWSKI Karol | | POL | | 86 | M30/56 | (M)151 | 00:47:53 | 04.47 |
| 57 | 618 | PAWLUS Bartłomiej | | POL | REEBOK RUN CREW | 82 | M30/57 | (M)152 | 00:47:57 | 04.47 |
| 58 | 139 | DOMŻAŁSKI Artur | | POL | | 80 | M30/58 | (M)153 | 00:47:57 | 04.47 |
| 59 | 472 | ŁUKASZEWICZ Artur | | POL | | 84 | M30/59 | (M)154 | 00:48:04 | 04.48 |
| 60 | 238 | GURGON Arkadiusz | | POL | ZABIEGANY WOŁOMIN | 83 | M30/60 | (M)156 | 00:48:07 | 04.48 |
| 61 | 904 | WOLAŃSKI Patryk | | POL | | 80 | M30/61 | (M)162 | 00:48:14 | 04.49 |
| 62 | 529 | MICHAŁSKI Piotr | | POL | | 88 | M30/62 | (M)164 | 00:48:19 | 04.49 |
| 63 | 94 | CHRZANOWSKI Michał | | POL | BULLET CLUB | 81 | M30/63 | (M)167 | 00:48:25 | 04.50 |
| 64 | 19 | BAJDALA Robert | | POL | | 85 | M30/64 | (M)171 | 00:48:37 | 04.51 |
| 65 | 695 | RÓŻYCKI Jarosław | | POL | | 87 | M30/65 | (M)174 | 00:48:45 | 04.52 |
| 66 | 492 | MALASZCZUK Piotr | | POL | | 79 | M30/66 | (M)176 | 00:48:49 | 04.52 |
| 67 | 206 | GOŁĘBIOWSKI Rafał | | POL | | 83 | M30/67 | (M)177 | 00:48:49 | 04.52 |
| 68 | 215 | GÓRKA Bartosz | | POL | | 88 | M30/68 | (M)181 | 00:48:55 | 04.53 |
| 69 | 750 | STASIAK Piotr | | POL | | 88 | M30/69 | (M)182 | 00:48:55 | 04.53 |
| 70 | 911 | WRONIAK Paweł | | POL | AGD WRONIAK | 83 | M30/70 | (M)184 | 00:49:00 | 04.54 |
| 71 | 935 | ZAWADZKI Przemek | | POL | JKB NBAB JABLONNA | 81 | M30/71 | (M)193 | 00:49:05 | 04.54 |
| 72 | 93 | CHRZANOWSKI Sebastian | | POL | | 80 | M30/72 | (M)195 | 00:49:10 | 04.55 |
| 73 | 149 | DURYS Piotr | | POL | OLPAMI | 86 | M30/73 | (M)201 | 00:49:21 | 04.56 |
| 74 | 436 | LASZEK Rafał | | POL | | 84 | M30/74 | (M)206 | 00:49:27 | 04.56 |
| 75 | 544 | MISZCZAK Marcin | | POL | | 83 | M30/75 | (M)208 | 00:49:33 | 04.57 |
| 76 | 896 | WŁODEK Rafał | | POL | | 80 | M30/76 | (M)211 | 00:49:35 | 04.57 |
| 77 | 615 | PAUPA Zbigniew | | POL | | 83 | M30/77 | (M)213 | 00:49:39 | 04.57 |
| 78 | 132 | DERESZEWSKI Piotr | | POL | | 79 | M30/78 | (M)214 | 00:49:40 | 04.58 |
| 79 | 613 | PAŚNIK Marcin | | POL | | 84 | M30/79 | (M)215 | 00:49:42 | 04.58 |
| 80 | 314 | KAPLER Daniel | | POL | | 85 | M30/80 | (M)216 | 00:49:44 | 04.58 |
| 81 | 197 | GIETKA Jan | | POL | | 80 | M30/81 | (M)219 | 00:49:51 | 04.59 |
| 82 | 145 | DUDA Jacek | | POL | | 81 | M30/82 | (M)220 | 00:49:53 | 04.59 |
| 83 | 485 | MAJEWSKI Michał | | POL | | 87 | M30/83 | (M)221 | 00:49:59 | 04.59 |
| 84 | 811 | ŚLIMKO Daniel | | POL | | 85 | M30/84 | (M)223 | 00:50:00 | 05.00 |
| 85 | 791 | SZPYNDA Daniel | | POL | KS KANAŁEK | 86 | M30/85 | (M)225 | 00:50:02 | 05.00 |
| 86 | 770 | SUJKA Wojciech | | POL | #BBKTS | 80 | M30/86 | (M)228 | 00:50:07 | 05.00 |
| 87 | 217 | GRABOWSKI Jarosław | | POL | DSS ORLETA | 81 | M30/87 | (M)231 | 00:50:10 | 05.01 |
| 88 | 279 | JEZIORSKI Michał | | POL | | 79 | M30/88 | (M)232 | 00:50:12 | 05.01 |
| 89 | 328 | KARWECKI Patryk | | POL | | 86 | M30/89 | (M)235 | 00:50:18 | 05.01 |
| 90 | 143 | DRZEWSZEWSKI Adam | | POL | COAS | 81 | M30/90 | (M)238 | 00:50:19 | 05.01 |
| 91 | 863 | WASIAK Bartosz | | POL | | 83 | M30/91 | (M)242 | 00:50:30 | 05.03 |
| 92 | 777 | SZAFRANIEC Michał | | POL | | 85 | M30/92 | (M)244 | 00:50:31 | 05.03 |
| 93 | 236 | GRZYBOWSKI Paweł | | POL | | 85 | M30/93 | (M)245 | 00:50:31 | 05.03 |
| 94 | 566 | NAGŁOWSKI Piotr | | POL | | 85 | M30/94 | (M)246 | 00:50:34 | 05.03 |
| 95 | 172 | FOK Tomasz | | POL | PODKARPACKI DZIK | 86 | M30/95 | (M)247 | 00:50:35 | 05.03 |
| 96 | 456 | LISZEWSKI Krzysztof | | POL | | 79 | M30/96 | (M)249 | 00:50:41 | 05.04 |
| 97 | 859 | WALCZAK Sebastian | | POL | | 79 | M30/97 | (M)251 | 00:50:43 | 05.04 |
| 98 | 146 | DUDEK Bartłomiej | | POL | 12TRI.PL | 82 | M30/98 | (M)262 | 00:51:10 | 05.07 |
| 99 | 390 | KOWNACKI Marcin | | POL | | 79 | M30/99 | (M)263 | 00:51:11 | 05.07 |
| 100 | 820 | TARASIUK Łukasz | | POL | | 79 | M30/100 | (M)265 | 00:51:13 | 05.07 |
| 101 | 17 | BADOWSKI Piotr | | POL | | 85 | M30/101 | (M)266 | 00:51:13 | 05.07 |
| 102 | 591 | OPIELA Tomasz | | POL | VALKEA MEDIA SA | 81 | M30/102 | (M)270 | 00:51:20 | 05.08 |
| 103 | 194 | GERA Michał | | POL | ZABIEGANY WOŁOMIN | 86 | M30/103 | (M)271 | 00:51:23 | 05.08 |
| 104 | 778 | SZAREWICZ Paweł | | POL | | 82 | M30/104 | (M)277 | 00:51:36 | 05.09 |
| 105 | 29 | BARTOSZEK Piotr | | POL | | 86 | M30/105 | (M)278 | 00:51:36 | 05.09 |
| 106 | 115 | CZAPSKI Michał | | POL | | 80 | M30/106 | (M)279 | 00:51:42 | 05.10 |
| 107 | 440 | LEMPKOWSKI Michał | | POL | PANDA | 85 | M30/107 | (M)282 | 00:51:46 | 05.10 |
| 108 | 205 | GOŁĘBIEWSKI Marcin | | POL | | 79 | M30/108 | (M)286 | 00:51:51 | 05.11 |
| 109 | 716 | SIERUGA Michał | | POL | | 86 | M30/109 | (M)287 | 00:51:55 | 05.11 |
| 110 | 43 | BIERNAT Michał | | POL | | 81 | M30/110 | (M)288 | 00:51:56 | 05.11 |
| 111 | 285 | JÓŻWIK Grzegorz | | POL | LOREAL | 79 | M30/111 | (M)289 | 00:52:02 | 05.12 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-------------|---|------------|-----------------------|--------|--------------|----------|
| 112 | 120 | CZYHIN Igor | | POL | DZIKIE KOTY | 85 | M30/112 | (M)291 | 00:52:04 | 05.12 |
| 113 | 92 | CHOTOMSKI Marcin | | POL | | 85 | M30/113 | (M)294 | 00:52:11 | 05.13 |
| 114 | 616 | PAWELCZYK Jarek | | POL | BIEGAM NA TARCHOMINIE | 80 | M30/114 | (M)295 | 00:52:13 | 05.13 |
| 115 | 555 | MROWIŃSKI Waldemar | | POL | BRAK | 80 | M30/115 | (M)296 | 00:52:13 | 05.13 |
| 116 | 406 | KUCHARCZYK Kamil | | POL | | 82 | M30/116 | (M)299 | 00:52:17 | 05.13 |
| 117 | 604 | PALYGA Michał | | POL | MOTOINTEGRATOR RUNNING TEAM | 79 | M30/117 | (M)300 | 00:52:20 | 05.14 |
| 118 | 839 | TRZEŚNIEWSKI Sebastian | | POL | ENGELTEAM | 86 | M30/118 | (M)306 | 00:52:27 | 05.14 |
| 119 | 33 | BAK Łukasz | | POL | AGD WRONIAK | 82 | M30/119 | (M)308 | 00:52:30 | 05.15 |
| 120 | 414 | KUMALA Sebastian | | POL | | 87 | M30/120 | (M)311 | 00:52:34 | 05.15 |
| 121 | 450 | LIBOLD Maciej | | POL | | 83 | M30/121 | (M)312 | 00:52:35 | 05.15 |
| 122 | 70 | BUDNIXKI Michał | | POL | ZABIEGANYTATA | 82 | M30/122 | (M)313 | 00:52:36 | 05.15 |
| 123 | 154 | DZIDECZEK Marcin | | POL | TEAM ZABIEGANEDNI | 80 | M30/123 | (M)315 | 00:52:40 | 05.16 |
| 124 | 528 | MICHALSKI Tomasz | | POL | | 85 | M30/124 | (M)320 | 00:52:47 | 05.16 |
| 125 | 866 | WASILEWSKI Grzegorz | | POL | | 81 | M30/125 | (M)322 | 00:52:54 | 05.17 |
| 126 | 203 | GOŁĘBIEWSKI Marcin | | POL | RK ATHLETIKS | 80 | M30/126 | (M)324 | 00:52:56 | 05.17 |
| 127 | 405 | KUCHARCZYK Bartosz | | POL | | 80 | M30/127 | (M)330 | 00:53:04 | 05.18 |
| 128 | 536 | MIKOŁAJEWICZ Paweł | | POL | | 86 | M30/128 | (M)331 | 00:53:10 | 05.19 |
| 129 | 349 | KLEPACKI Piotr | | POL | | 86 | M30/129 | (M)332 | 00:53:10 | 05.19 |
| 130 | 325 | KARPINSKI Marcin | | POL | JUDO LEMUR | 83 | M30/130 | (M)334 | 00:53:12 | 05.19 |
| 131 | 758 | STOKOWSKI Paweł | | POL | | 80 | M30/131 | (M)335 | 00:53:13 | 05.19 |
| 132 | 852 | URBANIAK Sławomir | | POL | | 82 | M30/132 | (M)338 | 00:53:16 | 05.19 |
| 133 | 90 | CHORYŁO Łukasz | | POL | | 80 | M30/133 | (M)339 | 00:53:17 | 05.19 |
| 134 | 569 | NIEDBAŁKA Marcin | | POL | BIEGANIEJOZEFOW | 88 | M30/134 | (M)341 | 00:53:19 | 05.19 |
| 135 | 573 | NOGAS Sebastian | | POL | PZU | 81 | M30/135 | (M)343 | 00:53:26 | 05.20 |
| 136 | 16 | ARENDE Michał | | POL | | 83 | M30/136 | (M)346 | 00:53:29 | 05.20 |
| 137 | 389 | KOWALSKI Krzysztof | | POL | | 85 | M30/137 | (M)349 | 00:53:36 | 05.21 |
| 138 | 39 | BIALORUCKI Piotr | | POL | | 80 | M30/138 | (M)350 | 00:53:37 | 05.21 |
| 139 | 556 | MROZIŃSKI Marcin | | POL | ORANGE POLSKA | 83 | M30/139 | (M)351 | 00:53:39 | 05.21 |
| 140 | 465 | ŁUCAK Piotr | | POL | CST RUN TEAM | 82 | M30/140 | (M)353 | 00:53:42 | 05.22 |
| 141 | 10 | AMBROZIAK Kamil | | POL | | 87 | M30/141 | (M)355 | 00:53:45 | 05.22 |
| 142 | 253 | IWAŃCZYK Grzegorz | | POL | | 82 | M30/142 | (M)357 | 00:53:50 | 05.23 |
| 143 | 340 | KIEŁBASIŃSKI Michał | | POL | WKURW_TEAM | 87 | M30/143 | (M)358 | 00:53:55 | 05.23 |
| 144 | 596 | OSTROWSKI Łukasz | | POL | TARAHUMARA | 81 | M30/144 | (M)367 | 00:54:15 | 05.25 |
| 145 | 720 | SIUDEK Kamil g. | | POL | | 86 | M30/145 | (M)369 | 00:54:18 | 05.25 |
| 146 | 260 | JAKUBOWSKI Paweł | | POL | | 87 | M30/146 | (M)370 | 00:54:26 | 05.26 |
| 147 | 689 | ROMANOWSKI Paweł | | POL | | 81 | M30/147 | (M)372 | 00:54:28 | 05.26 |
| 148 | 119 | CZERWIŃSKI Marcin | | POL | | 82 | M30/148 | (M)375 | 00:54:39 | 05.27 |
| 149 | 730 | SMOCZYK Hubert | | POL | WARSZAWSKI ZAULEK | 86 | M30/149 | (M)384 | 00:54:50 | 05.29 |
| 150 | 400 | KRZESIŃSKI Michał | | POL | XXX | 83 | M30/150 | (M)386 | 00:54:55 | 05.29 |
| 151 | 952 | ZYGADŁO Piotr | | POL | | 82 | M30/151 | (M)387 | 00:54:57 | 05.29 |
| 152 | 828 | TODORENKO Dmytro | | POL | RRC | 87 | M30/152 | (M)389 | 00:55:02 | 05.30 |
| 153 | 895 | WŁODARSKI Jakub | | POL | | 85 | M30/153 | (M)392 | 00:55:06 | 05.30 |
| 154 | 127 | DĄBROWSKI Marcin | | POL | BEZ FAULU | 86 | M30/154 | (M)394 | 00:55:13 | 05.31 |
| 155 | 380 | KOSTRUBIEC Grzegorz | | POL | | 84 | M30/155 | (M)396 | 00:55:17 | 05.31 |
| 156 | 45 | BIRONT Michał | | POL | | 84 | M30/156 | (M)397 | 00:55:18 | 05.31 |
| 157 | 879 | WIERZBICKI Konrad | | POL | INSTYTUT KRYMINOLOGII I PENITENCJARYSTYK | 79 | M30/157 | (M)399 | 00:55:25 | 05.32 |
| 158 | 219 | GRABOWSKI Łukasz | | POL | | 84 | M30/158 | (M)400 | 00:55:27 | 05.32 |
| 159 | 220 | GRACZYK Damian | | POL | | 82 | M30/159 | (M)402 | 00:55:32 | 05.33 |
| 160 | 256 | JACZEWSKI Przemek | | POL | YACHEVSKY.PL | 83 | M30/160 | (M)411 | 00:56:01 | 05.36 |
| 161 | 71 | BUDZISZEWSKI Tomasz | | POL | KUGUAR XTREME RUNNERS | 81 | M30/161 | (M)413 | 00:56:07 | 05.36 |
| 162 | 322 | KARECKI Wojciech | | POL | | 81 | M30/162 | (M)415 | 00:56:08 | 05.36 |
| 163 | 435 | LAMPART Piotr | | POL | KS PEGAZ | 81 | M30/163 | (M)420 | 00:56:24 | 05.38 |
| 164 | 278 | JEZERSKI Marek | | POL | | 83 | M30/164 | (M)424 | 00:56:38 | 05.39 |
| 165 | 906 | WOŹNIAK Mateusz | | POL | | 86 | M30/165 | (M)427 | 00:56:52 | 05.41 |
| 166 | 438 | LECIEJEWSKI Łukasz | | POL | CO DZIEJE SIĘ | 79 | M30/166 | (M)429 | 00:56:59 | 05.41 |
| 167 | 9 | ALEKSANDROWICZ Paweł | | POL | | 86 | M30/167 | (M)431 | 00:57:03 | 05.42 |
| 168 | 634 | PIETRAK Wojciech | | POL | WPW WOJCIECH PIETRAK | 85 | M30/168 | (M)433 | 00:57:06 | 05.42 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-------------|------------------------------------|------------|-----------------------|--------|--------------|----------|
| 169 | 640 | PISTOR Paweł | | POL | BIEGOWA RODZINA | 80 | M30/169 | (M)435 | 00:57:16 | 05.43 |
| 170 | 930 | ZANIEWICZ Andrzej | | POL | PARTNER | 88 | M30/170 | (M)438 | 00:57:25 | 05.44 |
| 171 | 156 | DZIEPAK Piotr | | POL | 1 BLTR | 80 | M30/171 | (M)445 | 00:57:47 | 05.46 |
| 172 | 508 | MARUSZAK Łukasz | | POL | | 86 | M30/172 | (M)451 | 00:57:57 | 05.47 |
| 173 | 360 | KOCZOROWSKI Marcin | | POL | TEAM ZABIEGANEDNI | 79 | M30/173 | (M)453 | 00:58:00 | 05.48 |
| 174 | 824 | TERECH Sławek | | POL | | 85 | M30/174 | (M)454 | 00:58:21 | 05.50 |
| 175 | 510 | MATAK Mariusz | | POL | | 87 | M30/175 | (M)455 | 00:58:21 | 05.50 |
| 176 | 88 | CHOJNOWSKI Grzegorz | | POL | | 86 | M30/176 | (M)463 | 00:59:00 | 05.54 |
| 177 | 1 | ADAMKIEWICZ Marcin | | POL | | 82 | M30/177 | (M)464 | 00:59:06 | 05.54 |
| 178 | 257 | JACZYŃSKI Rafał | | POL | | 80 | M30/178 | (M)466 | 00:59:17 | 05.55 |
| 179 | 147 | DUDNIKOW Grzegorz | | POL | | 83 | M30/179 | (M)468 | 00:59:21 | 05.56 |
| 180 | 781 | SZCZERBA Łukasz | | POL | W POGONI ZA DUCHEM | 85 | M30/180 | (M)471 | 00:59:44 | 05.58 |
| 181 | 178 | GAIK Piotr | | POL | | 87 | M30/181 | (M)472 | 00:59:46 | 05.58 |
| 182 | 420 | KUREK Wojciech | | POL | | 85 | M30/182 | (M)479 | 01:00:24 | 06.02 |
| 183 | 27 | BARTEL Adam | | POL | | 83 | M30/183 | (M)484 | 01:00:46 | 06.04 |
| 184 | 729 | SMELKOWSKI Marcin | | POL | | 83 | M30/184 | (M)495 | 01:01:48 | 06.10 |
| 185 | 25 | BARAŃSKI Adam | | POL | | 86 | M30/185 | (M)497 | 01:02:09 | 06.12 |
| 186 | 53 | BOGUSZEWSKI Piotr | | POL | | 80 | M30/186 | (M)498 | 01:02:18 | 06.13 |
| 187 | 940 | ZDANOWICZ Paweł | | POL | | 79 | M30/187 | (M)499 | 01:02:24 | 06.14 |
| 188 | 234 | GRZĘDA Michał | | POL | KRSP | 87 | M30/188 | (M)504 | 01:03:09 | 06.18 |
| 189 | 275 | JEDYNAK Paweł | | POL | | 81 | M30/189 | (M)505 | 01:03:16 | 06.19 |
| 190 | 177 | GABOR Maciej | | POL | | 79 | M30/190 | (M)512 | 01:04:19 | 06.25 |
| 191 | 239 | HADRYŚ Grzegorz | | POL | | 80 | M30/191 | (M)513 | 01:04:26 | 06.26 |
| 192 | 482 | MADEJ Robert | | POL | | 81 | M30/192 | (M)516 | 01:04:50 | 06.29 |
| 193 | 871 | WESOŁOWSKI Tomasz | | POL | | 88 | M30/193 | (M)522 | 01:05:53 | 06.35 |
| 194 | 766 | STYCYŃSKI Grzegorz | | POL | | 81 | M30/194 | (M)523 | 01:05:55 | 06.35 |
| 195 | 933 | ZARZYCKI Piotr | | POL | | 85 | M30/195 | (M)525 | 01:06:13 | 06.37 |
| 196 | 638 | PIOTROWSKI Jan | | POL | GRUPA BIEGOWA UM W-WA | 83 | M30/196 | (M)529 | 01:07:08 | 06.42 |
| 197 | 449 | LIBERA Paweł | | POL | | 83 | M30/197 | (M)530 | 01:07:35 | 06.45 |
| 198 | 746 | STACIWA Dariusz | | POL | STOWARZYSZENIE RAZEM DLA BIAŁOLEKI | 82 | M30/198 | (M)534 | 01:09:12 | 06.55 |
| 199 | 195 | GERGELY Juraj | | POL | | 84 | M30/199 | (M)537 | 01:10:44 | 07.04 |
| 200 | 757 | STĘPNIAK Łukasz | | POL | | 81 | M30/200 | (M)539 | 01:11:17 | 07.07 |
| 201 | 590 | OLSZEWSKI Łukasz | | POL | | 86 | M30/201 | (M)542 | 01:11:53 | 07.11 |
| 202 | 23 | BANY Michał | | POL | | 82 | M30/202 | (M)543 | 01:12:30 | 07.15 |
| 203 | 41 | BIELEC Bartłomiej | | POL | LEGIA RUN CLUB | 81 | M30/203 | (M)544 | 01:12:35 | 07.15 |
| 204 | 502 | MARDAS Paweł | | POL | | 79 | M30/204 | (M)546 | 01:12:57 | 07.17 |
| 205 | 110 | CZAJKOWSKI Jan | | POL | POWER TRAINING | 86 | M30/205 | (M)548 | 01:13:40 | 07.22 |
| 206 | 227 | GROCHOWSKI Paweł | | POL | PZU SPORT TEAM | 80 | M30/206 | (M)549 | 01:14:13 | 07.25 |
| 207 | 486 | MAJEWSKI Tomasz | | POL | KLUB BIEGACZA RTV EURO AGD | 85 | M30/207 | (M)555 | 01:17:52 | 07.47 |
| 208 | 919 | ZABŁOTNY Karol | | POL | TARCHOŚFIRY | 85 | M30/208 | (M)558 | 01:27:08 | 08.42 |
| 209 | 767 | STYKOWSKI Michał | | POL | TARCHOŚFIRY | 85 | M30/209 | (M)559 | 01:27:09 | 08.42 |
| 210 | 116 | CZARNECKI Piotr | | POL | TARCHOŚFIRY | 80 | M30/210 | (M)560 | 01:27:10 | 08.43 |

Bieg 10 km - M40 [193]

| | | | | | | | | | | |
|----|-----|----------------------|--|-----|---|----|--------|-------|----------|-------|
| 1 | 950 | ZYCH Robert | | POL | KS WARSZAWIANKA/ADDIDAS RUNNERS WARSAW | 78 | M40/1 | (M)7 | 00:36:21 | 03.37 |
| 2 | 348 | KLAŚ Łukasz | | POL | TRUCHT TARCHOMIN TEAM | 75 | M40/2 | (M)9 | 00:37:28 | 03.44 |
| 3 | 955 | ŻUBIŃSKI Piotr | | POL | ACCELERATING POLAND | 74 | M40/3 | (M)12 | 00:38:15 | 03.49 |
| 4 | 829 | TOMASZEK Robert | | POL | | 76 | M40/4 | (M)17 | 00:38:57 | 03.53 |
| 5 | 277 | JERUĆ Łukasz | | POL | BIEGAM NA TARCHOMINIE | 78 | M40/5 | (M)20 | 00:39:21 | 03.55 |
| 6 | 126 | DĄBROWSKI Sebastian | | POL | ADIDAS RUNNERS WARSAW | 77 | M40/6 | (M)24 | 00:39:46 | 03.58 |
| 7 | 636 | PIETRZAK Krzysztof | | POL | ADIDAS RUNNERS WARSAW | 77 | M40/7 | (M)25 | 00:39:52 | 03.58 |
| 8 | 137 | DOMAŃSKI Bartłomiej | | POL | | 75 | M40/8 | (M)31 | 00:41:03 | 04.05 |
| 9 | 721 | SKAWSKI Jan | | POL | VEGAS-WĘGORZEWO RUNNING | 77 | M40/9 | (M)32 | 00:41:13 | 04.07 |
| 10 | 361 | KOLEŚNIK Roman | | POL | | 76 | M40/10 | (M)33 | 00:41:24 | 04.07 |
| 11 | 509 | MAŚLANY Mariusz | | POL | ELEKTROMETAL ENERGETYKA | 72 | M40/11 | (M)34 | 00:41:27 | 04.08 |
| 12 | 347 | KISIELIŃSKI Radosław | | POL | | 73 | M40/12 | (M)36 | 00:41:55 | 04.10 |
| 13 | 288 | JUREK Przemysław | | POL | KS STASZEWSKY | 78 | M40/13 | (M)37 | 00:42:05 | 04.11 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-------------|---------------------------------|------------|-----------------------|--------|--------------|----------|
| 14 | 944 | ZIELINSKI Krzysztof | | POL | HIKINGTOURS | 78 | M40/14 | (M)41 | 00:42:20 | 04.12 |
| 15 | 188 | GANCZEWSKI Paweł | | POL | | 69 | M40/15 | (M)44 | 00:42:27 | 04.13 |
| 16 | 532 | MICHNOWSKI Sebastian | | POL | | 74 | M40/16 | (M)47 | 00:42:32 | 04.15 |
| 17 | 722 | SKOBEL Tomasz | | POL | BIEGIEM RADOM! | 76 | M40/17 | (M)49 | 00:42:34 | 04.15 |
| 18 | 240 | HALAT Andrzej | | POL | POSMAKUJ RUN TEAM | 77 | M40/18 | (M)59 | 00:43:24 | 04.20 |
| 19 | 644 | PLUSZKA Adam | | POL | VEGE RUNNERS | 76 | M40/19 | (M)61 | 00:43:30 | 04.21 |
| 20 | 776 | SZACHNA Piotr | | POL | EKOBIEGI | 73 | M40/20 | (M)62 | 00:43:34 | 04.21 |
| 21 | 7 | ADAO Miguel | | POL | | 77 | M40/21 | (M)63 | 00:43:35 | 04.21 |
| 22 | 387 | KOWALSKI Artur | | POL | TVP SPORT | 75 | M40/22 | (M)68 | 00:43:48 | 04.22 |
| 23 | 341 | KIELCZYKOWSKI Janusz | | POL | EUROBUDOWA-BUDOWLANI | 74 | M40/23 | (M)71 | 00:43:54 | 04.23 |
| 24 | 231 | GRYSZPANOWICZ Piotr | | POL | | 76 | M40/24 | (M)72 | 00:43:55 | 04.23 |
| 25 | 922 | ZAJĄC Wacław | | POL | | 72 | M40/25 | (M)74 | 00:44:04 | 04.24 |
| 26 | 381 | KOWAL Krzysztof | | POL | AKACJE 9 | 73 | M40/26 | (M)75 | 00:44:07 | 04.24 |
| 27 | 659 | PRĘDOTA Krzysztof | | POL | TRUCHT TARCHOMIN TEAM | 72 | M40/27 | (M)79 | 00:44:14 | 04.25 |
| 28 | 553 | MÓWIŃSKI Mariusz | | POL | RUNNERS TEAM JABLONNA | 75 | M40/28 | (M)80 | 00:44:15 | 04.25 |
| 29 | 585 | OLENDER Paweł | | POL | CAR4PARTS MRĄGOWO | 77 | M40/29 | (M)84 | 00:44:30 | 04.27 |
| 30 | 769 | SUCHOLEWSKI Damian | | POL | KONDYCJA | 78 | M40/30 | (M)88 | 00:44:52 | 04.29 |
| 31 | 869 | WEREDA Paweł | | POL | | 70 | M40/31 | (M)89 | 00:44:54 | 04.29 |
| 32 | 26 | BARTCZAK Robert | | POL | | 70 | M40/32 | (M)92 | 00:45:03 | 04.30 |
| 33 | 294 | KACPRZYK Paweł | | POL | BIEGAM NA TARCHOMINIE | 77 | M40/33 | (M)93 | 00:45:05 | 04.30 |
| 34 | 274 | JAWORSKI Piotr | | POL | EKOBIEGI | 77 | M40/34 | (M)95 | 00:45:10 | 04.31 |
| 35 | 210 | GOWOREK Piotr | | POL | | 73 | M40/35 | (M)98 | 00:45:23 | 04.32 |
| 36 | 639 | PIOTROWSKI Radosław | | POL | | 78 | M40/36 | (M)100 | 00:45:37 | 04.33 |
| 37 | 196 | GĘCA Piotr | | POL | ZA MNA | 78 | M40/37 | (M)102 | 00:45:44 | 04.34 |
| 38 | 679 | REWERA Robert | | POL | PKO BANK POLSKI | 72 | M40/38 | (M)107 | 00:45:50 | 04.35 |
| 39 | 760 | STRADOMSKI Artur | | POL | AGART.NET | 74 | M40/39 | (M)108 | 00:45:50 | 04.35 |
| 40 | 623 | PAWŁOWSKI Piotr | | POL | BBL WYDMINY | 71 | M40/40 | (M)110 | 00:45:58 | 04.35 |
| 41 | 745 | SPYCHAŁA Piotr | | POL | | 77 | M40/41 | (M)116 | 00:46:22 | 04.38 |
| 42 | 318 | KARBARCZYK Sebastian | | POL | KRÓLEWSKI KLUB BIEGACZA PAP | 75 | M40/42 | (M)117 | 00:46:22 | 04.38 |
| 43 | 881 | WIERZBICKI Daniel | | POL | LOREAL | 78 | M40/43 | (M)123 | 00:46:36 | 04.39 |
| 44 | 63 | BORTOLOTTI Fabiano | | POL | WITC | 74 | M40/44 | (M)124 | 00:46:37 | 04.39 |
| 45 | 768 | SUCHODOLSKI Mariusz | | POL | TRUCHT TARCHOMIN TEAM | 72 | M40/45 | (M)135 | 00:46:52 | 04.41 |
| 46 | 104 | CIOŁEK Robert | | POL | MASTERS DOJO | 77 | M40/46 | (M)136 | 00:46:59 | 04.41 |
| 47 | 295 | KACPURA Piotr | | POL | BRAK | 76 | M40/47 | (M)141 | 00:47:06 | 04.42 |
| 48 | 48 | BŁASZCZYŃSKI Witold | | POL | FURIOUS WOLVES | 78 | M40/48 | (M)147 | 00:47:29 | 04.44 |
| 49 | 111 | CZAJKOWSKI Marek | | POL | WARSAW RUN CLUB | 76 | M40/49 | (M)149 | 00:47:50 | 04.47 |
| 50 | 308 | KAMIŃSKI Paweł | | POL | ARTURKUREK.PRO | 76 | M40/50 | (M)158 | 00:48:10 | 04.49 |
| 51 | 633 | PIERZAK Olaf | | POL | NIGHT RUNNERS KABATY | 74 | M40/51 | (M)159 | 00:48:11 | 04.49 |
| 52 | 773 | SYCAN Krzysztof | | POL | BIEGAM NA TARCHOMINIE | 72 | M40/52 | (M)161 | 00:48:13 | 04.49 |
| 53 | 248 | IGNATOWICZ Andrzej | | POL | TRUCHT TARCHOMIN TEAM | 74 | M40/53 | (M)163 | 00:48:18 | 04.49 |
| 54 | 875 | WICIŃSKI Andrzej | | POL | DIDI-ART | 70 | M40/54 | (M)165 | 00:48:22 | 04.50 |
| 55 | 80 | CHARLEJ Ireneusz | | POL | WIECZORNE BIEGANIE W SZCZECINIE | 72 | M40/55 | (M)166 | 00:48:23 | 04.50 |
| 56 | 932 | KRAWCZYK Wojciech | | POL | BIEGAM NA TARCHOMINIE | 69 | M40/56 | (M)169 | 00:48:32 | 04.51 |
| 57 | 342 | KIETLIŃSKI Maciej | | POL | | 70 | M40/57 | (M)172 | 00:48:41 | 04.52 |
| 58 | 539 | MILARSKI Marcin | | POL | | 77 | M40/58 | (M)173 | 00:48:42 | 04.52 |
| 59 | 827 | TOBOTA Maciej | | POL | | 77 | M40/59 | (M)180 | 00:48:51 | 04.53 |
| 60 | 733 | SMOLEŃSKI Piotr | | POL | TRUCHT TARCHOMIN TEAM | 69 | M40/60 | (M)183 | 00:48:57 | 04.53 |
| 61 | 903 | WOLAK Mieczysław | | POL | SOLITARIO | 73 | M40/61 | (M)185 | 00:49:00 | 04.54 |
| 62 | 809 | ŚCIBISZ Tomasz | | POL | | 71 | M40/62 | (M)188 | 00:49:01 | 04.54 |
| 63 | 173 | FRĄCKIEWICZ Dariusz | | POL | | 73 | M40/63 | (M)192 | 00:49:05 | 04.54 |
| 64 | 334 | KAWKA Sławomir | | POL | | 71 | M40/64 | (M)194 | 00:49:08 | 04.54 |
| 65 | 442 | LENDZION Jarosław | | POL | GRUPA BIEGOWA UM W-WA | 77 | M40/65 | (M)196 | 00:49:13 | 04.55 |
| 66 | 593 | ORZEŁ Wojciech | | POL | | 75 | M40/66 | (M)198 | 00:49:17 | 04.55 |
| 67 | 617 | PAWLAK Rafał | | POL | AXA RUNNING TEAM | 77 | M40/67 | (M)200 | 00:49:19 | 04.55 |
| 68 | 409 | KUCHARSKI Mariusz | | POL | KUCHARSKI | 77 | M40/68 | (M)205 | 00:49:25 | 04.56 |
| 69 | 422 | KUREK Jacek | | POL | BIEGAM PO WOLI | 76 | M40/69 | (M)207 | 00:49:29 | 04.56 |
| 70 | 362 | KOŁODZIEJCZYK Krzysztof | | POL | NASIELSK BASZTA TEAM | 78 | M40/70 | (M)209 | 00:49:33 | 04.57 |
| 71 | 155 | DZIEKAN Piotr | | POL | GRUPA BIEGOWA UM W-WA | 73 | M40/71 | (M)210 | 00:49:34 | 04.57 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-------------|---------------------------------|------------|-----------------------|--------|--------------|----------|
| 72 | 878 | WIERBIŁOWICZ Dariusz | | POL | | 73 | M40/72 | (M)218 | 00:49:51 | 04.59 |
| 73 | 192 | GAWRYŚ Maciej | | POL | | 75 | M40/73 | (M)222 | 00:49:59 | 04.59 |
| 74 | 632 | PIERŚCIŃSKI Robert | | POL | | 73 | M40/74 | (M)230 | 00:50:09 | 05.00 |
| 75 | 958 | ŻURAWSKI Marcin | | POL | ADIDAS RUNNERS WARSAW | 74 | M40/75 | (M)233 | 00:50:16 | 05.01 |
| 76 | 856 | WACH Michał | | POL | | 78 | M40/76 | (M)234 | 00:50:16 | 05.01 |
| 77 | 3 | ADAMCZYK Marcin | | POL | BIEGAJ Z URSUSEM | 77 | M40/77 | (M)236 | 00:50:19 | 05.01 |
| 78 | 298 | KACZMARSKI Mateusz | | POL | BIEGAJ Z URSUSEM | 73 | M40/78 | (M)239 | 00:50:20 | 05.02 |
| 79 | 699 | RUSZTECKI Rafał | | POL | TASMANIAN DECIL | 73 | M40/79 | (M)241 | 00:50:29 | 05.02 |
| 80 | 570 | NIEDZIELA Dominik | | POL | | 78 | M40/80 | (M)248 | 00:50:35 | 05.03 |
| 81 | 201 | GOGOLEWSKI Michał | | POL | | 74 | M40/81 | (M)252 | 00:50:46 | 05.04 |
| 82 | 437 | LATOSZEK Artur | | POL | | 78 | M40/82 | (M)253 | 00:50:47 | 05.04 |
| 83 | 711 | SAWICKI Grzegorz | | POL | 12TRI.PL | 78 | M40/83 | (M)255 | 00:50:57 | 05.05 |
| 84 | 752 | STAWICKI Kamil | | POL | BIEGAM NA TARCHOMINIE | 78 | M40/84 | (M)258 | 00:51:04 | 05.06 |
| 85 | 764 | STRÓŻEWSKI Maciej | | POL | 1 BAZA LOTNICTWA TRANSPORTOWEGO | 77 | M40/85 | (M)261 | 00:51:09 | 05.06 |
| 86 | 965 | KARCZEWSKI Jacek | | POL | | 77 | M40/86 | (M)264 | 00:51:11 | 05.07 |
| 87 | 204 | GOŁĘBIEWSKI Łukasz | | POL | | 76 | M40/87 | (M)267 | 00:51:14 | 05.07 |
| 88 | 346 | KINASIEWICZ Paweł | | POL | | 76 | M40/88 | (M)268 | 00:51:15 | 05.07 |
| 89 | 810 | ŚCIBORSKI Aleksander | | POL | BPAT | 75 | M40/89 | (M)269 | 00:51:16 | 05.07 |
| 90 | 626 | PELKA Rafał | | POL | "KM NSZZ S" MZA I TW" | 78 | M40/90 | (M)272 | 00:51:28 | 05.08 |
| 91 | 431 | KWASNIEWSKI Piotr | | POL | | 74 | M40/91 | (M)274 | 00:51:30 | 05.09 |
| 92 | 357 | KOCHANOWSKI Jerzy | | POL | OSTRÓW BIEGA | 72 | M40/92 | (M)275 | 00:51:34 | 05.09 |
| 93 | 372 | KOPER Sebastian | | POL | CARREFOUR | 76 | M40/93 | (M)276 | 00:51:34 | 05.09 |
| 94 | 920 | ZACHEJA Jacek | | POL | | 75 | M40/94 | (M)280 | 00:51:44 | 05.10 |
| 95 | 171 | FLORYSIAK Artur | | POL | | 74 | M40/95 | (M)285 | 00:51:49 | 05.10 |
| 96 | 189 | GAWLIK Arkadiusz | | POL | | 74 | M40/96 | (M)293 | 00:52:09 | 05.12 |
| 97 | 169 | FILIPOWICZ Maciej | | POL | | 75 | M40/97 | (M)297 | 00:52:15 | 05.13 |
| 98 | 592 | ORŁOWSKI Marek | | POL | | 73 | M40/98 | (M)301 | 00:52:21 | 05.14 |
| 99 | 174 | FRAĆKOWSKI Sławomir | | POL | | 71 | M40/99 | (M)303 | 00:52:22 | 05.14 |
| 100 | 727 | SŁOMKA Bogumił | | POL | | 78 | M40/100 | (M)307 | 00:52:29 | 05.14 |
| 101 | 635 | PIETRAS Tomasz | | POL | NASIELSK BASZTA TEAM | 77 | M40/101 | (M)309 | 00:52:30 | 05.15 |
| 102 | 466 | ŁUCZAK Michał | | POL | | 78 | M40/102 | (M)317 | 00:52:41 | 05.16 |
| 103 | 141 | DROGOŃ Arkadiusz | | POL | | 78 | M40/103 | (M)318 | 00:52:44 | 05.16 |
| 104 | 458 | LUCIMIŃSKI Marcin | | POL | OLEJ RUNNING TEAM | 75 | M40/104 | (M)319 | 00:52:46 | 05.16 |
| 105 | 946 | ZIELIŃSKI Tadeusz | | POL | | 73 | M40/105 | (M)323 | 00:52:55 | 05.17 |
| 106 | 909 | WÓJCIK Piotr | | POL | | 77 | M40/106 | (M)327 | 00:52:58 | 05.17 |
| 107 | 36 | BESSARABA Sławomir | | POL | | 72 | M40/107 | (M)328 | 00:52:59 | 05.17 |
| 108 | 668 | PUSZKARSKI Radosław | | POL | MARKI | 77 | M40/108 | (M)336 | 00:53:14 | 05.19 |
| 109 | 501 | MARCINKOWSKI Krzysztof | | POL | | 77 | M40/109 | (M)337 | 00:53:15 | 05.19 |
| 110 | 211 | GOZDEK Radek | | POL | TRUCHT TARCHOMIN TEAM | 73 | M40/110 | (M)340 | 00:53:18 | 05.19 |
| 111 | 490 | MAKSYMOWICZ Marcin | | POL | TEAM ZABIEGANEDNI | 78 | M40/111 | (M)344 | 00:53:27 | 05.20 |
| 112 | 426 | KUSSYK Sławomir | | POL | | 77 | M40/112 | (M)347 | 00:53:29 | 05.20 |
| 113 | 307 | KAMINSKI Michał | | POL | | 77 | M40/113 | (M)348 | 00:53:34 | 05.21 |
| 114 | 887 | WITUSIK Paweł | | POL | | 74 | M40/114 | (M)354 | 00:53:42 | 05.22 |
| 115 | 788 | SZOPA Sławomir | | POL | | 72 | M40/115 | (M)361 | 00:54:02 | 05.24 |
| 116 | 912 | WRONOWSKI Dariusz | | POL | | 74 | M40/116 | (M)363 | 00:54:11 | 05.25 |
| 117 | 956 | ŻUK Paweł | | POL | BIEGAM NA TARCHOMINIE | 75 | M40/117 | (M)365 | 00:54:12 | 05.25 |
| 118 | 4 | ADAMIAK Piotr | | POL | | 74 | M40/118 | (M)366 | 00:54:14 | 05.25 |
| 119 | 82 | CHARYMSKI Rafał | | POL | | 77 | M40/119 | (M)371 | 00:54:27 | 05.26 |
| 120 | 60 | BORKOWSKI Paweł | | POL | EKOBIEGI | 70 | M40/120 | (M)374 | 00:54:35 | 05.27 |
| 121 | 125 | DANIELSKI Jacek | | POL | PZU SPORT TEAM | 75 | M40/121 | (M)376 | 00:54:39 | 05.27 |
| 122 | 849 | URBAN Mariusz | | POL | GRUPA BIEGOWA UM W-WA | 78 | M40/122 | (M)377 | 00:54:40 | 05.28 |
| 123 | 339 | KĘPKA Marcin | | POL | | 74 | M40/123 | (M)379 | 00:54:42 | 05.28 |
| 124 | 429 | KUTY Arkadiusz | | POL | | 70 | M40/124 | (M)381 | 00:54:44 | 05.28 |
| 125 | 624 | PAZIEWSKI Andrzej | | POL | | 73 | M40/125 | (M)382 | 00:54:47 | 05.28 |
| 126 | 546 | MOCZYDŁOWSKI Łukasz | | POL | MASTERS DOJO | 78 | M40/126 | (M)383 | 00:54:47 | 05.28 |
| 127 | 75 | BYLINIĄK Tomasz | | POL | | 74 | M40/127 | (M)385 | 00:54:53 | 05.29 |
| 128 | 109 | CZAJKOWSKI Mariusz | | POL | GO SPORT | 78 | M40/128 | (M)391 | 00:55:04 | 05.30 |
| 129 | 822 | TARCZYŃSKI Mariusz | | POL | | 74 | M40/129 | (M)401 | 00:55:30 | 05.33 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|--------------|--------|------------------------|------------------|----------|--|---------|--------------------|--------|-----------|----------|
| 130 | 368 | KOŁODZIEJSKI Piotr | | POL | | 73 | M40/130 | (M)403 | 00:55:36 | 05.33 |
| 131 | 335 | KAZAŁA Piotr | | POL | BIEGAM NA TARCHOMINIE | 70 | M40/131 | (M)404 | 00:55:38 | 05.33 |
| 132 | 893 | WŁODARCZYK Dominik | | POL | | 78 | M40/132 | (M)405 | 00:55:40 | 05.34 |
| 133 | 343 | KILIAŃSKI Rafał | | POL | TRUCHT TARCHOMIN TEAM | 72 | M40/133 | (M)407 | 00:55:54 | 05.35 |
| 134 | 692 | ROZBICKI Tomasz | | POL | BRAK | 75 | M40/134 | (M)409 | 00:55:57 | 05.35 |
| 135 | 774 | SYPNIEWSKI Piotr | | POL | TKKF BŁYSKAWICA | 74 | M40/135 | (M)419 | 00:56:21 | 05.38 |
| 136 | 384 | KOWALCZYK Mirosław | | POL | PWPW | 77 | M40/136 | (M)423 | 00:56:36 | 05.39 |
| 137 | 54 | BOJAR Paweł | | POL | | 76 | M40/137 | (M)425 | 00:56:42 | 05.40 |
| 138 | 901 | WOJTCZAK Adrian | | POL | | 77 | M40/138 | (M)426 | 00:56:44 | 05.40 |
| 139 | 160 | FALCON Marlon | | POL | DIRTY KAPIBARA | 75 | M40/139 | (M)428 | 00:56:56 | 05.41 |
| 140 | 706 | SADOWSKI Bartłomiej | | POL | DOWÓDZTWO WOJSK OBRONY TERYTORIALNEJ | 78 | M40/140 | (M)430 | 00:57:00 | 05.42 |
| 141 | 366 | KOŁODZIEJCZYK Mariusz | | POL | OSTRÓW BIEGA | 73 | M40/141 | (M)432 | 00:57:04 | 05.42 |
| 142 | 605 | PAŁYGA Lukasz | | POL | MOTOINTEGRATOR RUNNING TEAM | 78 | M40/142 | (M)434 | 00:57:09 | 05.42 |
| 143 | 868 | WCISŁO Marek | | POL | MCBIEGACZE | 70 | M40/143 | (M)436 | 00:57:17 | 05.43 |
| 144 | 891 | WŁODARCZYK Maciej | | POL | | 77 | M40/144 | (M)437 | 00:57:25 | 05.44 |
| 145 | 46 | BIRSKI Piotr | | POL | | 77 | M40/145 | (M)440 | 00:57:37 | 05.45 |
| 146 | 224 | GROBEREK Jarosław | | POL | LEWANDOW TEAM | 76 | M40/146 | (M)441 | 00:57:38 | 05.45 |
| 147 | 627 | PENDER Sebastian | | POL | MASTERS DOJO | 78 | M40/147 | (M)442 | 00:57:38 | 05.45 |
| 148 | 166 | FILIPEK Dariusz | | POL | WARBUD RUNNING TEAM | 76 | M40/148 | (M)443 | 00:57:39 | 05.45 |
| 149 | 391 | KOZŁOWSKI Piotr | | POL | AKS POLONIA | 72 | M40/149 | (M)446 | 00:57:49 | 05.46 |
| 150 | 37 | BIAŁOKOS Kamil | | POL | PARTNER | 78 | M40/150 | (M)447 | 00:57:52 | 05.47 |
| 151 | 803 | SZYMANOWSKI Marek | | POL | | 73 | M40/151 | (M)449 | 00:57:55 | 05.47 |
| 152 | 98 | CIERNIAK Michał | | POL | GRUPA BIEGOWA CHTMO | 74 | M40/152 | (M)450 | 00:57:56 | 05.47 |
| 153 | 95 | CHYLIŃSKI Andrzej | | POL | | 74 | M40/153 | (M)452 | 00:58:00 | 05.48 |
| 154 | 254 | JABŁONKA Radosław | | POL | BRAVEHEARTS LEGIONOWO | 77 | M40/154 | (M)457 | 00:58:31 | 05.51 |
| 155 | 845 | TYBURC Paweł | | POL | | 73 | M40/155 | (M)458 | 00:58:34 | 05.51 |
| 156 | 289 | JUSZCZYK Jarosław | | POL | | 75 | M40/156 | (M)459 | 00:58:43 | 05.52 |
| 157 | 688 | ROMANOWSKI Paweł | | POL | MARKOWI BIEGACZE | 73 | M40/157 | (M)462 | 00:58:57 | 05.53 |
| 158 | 779 | SZCZEPANIAK Bartłomiej | | POL | | 76 | M40/158 | (M)465 | 00:59:12 | 05.55 |
| 159 | 477 | MACHNACKI Michał | | POL | GRUPA BIEGOWA UM W-WA | 76 | M40/159 | (M)467 | 00:59:19 | 05.55 |
| 160 | 876 | WIELGUS Wojciech | | POL | | 78 | M40/160 | (M)474 | 00:59:55 | 05.59 |
| 161 | 87 | CHOJNOWSKI Andrzej | | POL | BIEGAM NA TARCHOMINIE | 75 | M40/161 | (M)475 | 01:00:04 | 06.00 |
| 162 | 500 | MAMLA Zbigniew | | POL | TRUCHT TARCHOMIN TEAM | 70 | M40/162 | (M)476 | 01:00:07 | 06.00 |
| 163 | 830 | TOMASZEWSKI Przemysław | | POL | BIEGAM BO LUBIE | 73 | M40/163 | (M)478 | 01:00:18 | 06.01 |
| 164 | 511 | MATUSEWICZ Krzysztof | | POL | | 78 | M40/164 | (M)481 | 01:00:38 | 06.03 |
| 165 | 702 | RYGALSKI Maciej | | POL | | 75 | M40/165 | (M)482 | 01:00:42 | 06.04 |
| 166 | 151 | DYMARSKI Bartosz | | POL | BUSHIDO CENTRUM | 72 | M40/166 | (M)485 | 01:00:54 | 06.05 |
| 167 | 865 | WASIK Piotr | | POL | FUNDACJA WARSZAWSKIE HOSPICJUM DLA DZIEC | 69 | M40/167 | (M)486 | 01:01:06 | 06.06 |
| 168 | 586 | OLESIŃSKI Marcin | | POL | | 77 | M40/168 | (M)488 | 01:01:11 | 06.07 |
| 169 | 814 | ŚWIDERSKI Maciej | | POL | | 75 | M40/169 | (M)492 | 01:01:30 | 06.09 |
| 170 | 468 | ŁUCZAK Piotr | | POL | PKO BANK POLSKI | 75 | M40/170 | (M)496 | 01:02:05 | 06.12 |
| 171 | 300 | KACZOROWSKI Wojciech | | POL | | 70 | M40/171 | (M)500 | 01:02:37 | 06.15 |
| 172 | 498 | MAŁECKI Tomasz | | POL | AKACJOWA BIEGA | 72 | M40/172 | (M)502 | 01:02:53 | 06.17 |
| 173 | 101 | CIESIELSKI Rafał | | POL | WOJEWÓDZCY TEAM | 76 | M40/173 | (M)506 | 01:03:22 | 06.20 |
| 174 | 258 | JAGODZIŃSKI Wojciech | | POL | ANGELTIME | 78 | M40/174 | (M)509 | 01:04:03 | 06.24 |
| 175 | 344 | KILIŃSKI Piotr | | POL | | 75 | M40/175 | (M)510 | 01:04:18 | 06.25 |
| 176 | 336 | KAZUBEK Maciej | | POL | | 76 | M40/176 | (M)511 | 01:04:18 | 06.25 |
| 177 | 11 | ANDRUCZYK Arkadiusz | | POL | REMBERTÓW TEAM | 74 | M40/177 | (M)515 | 01:04:45 | 06.28 |
| 178 | 775 | SYROCKI Wojciech | | POL | DELTA RUN | 72 | M40/178 | (M)517 | 01:05:23 | 06.32 |
| 179 | 18 | MIASTOWSKI Rafał | | POL | | 71 | M40/179 | (M)519 | 01:05:45 | 06.34 |
| 180 | 518 | MAZUR Paweł | | POL | | 71 | M40/180 | (M)520 | 01:05:48 | 06.34 |
| 181 | 645 | PLUTA Tomasz | | POL | | 78 | M40/181 | (M)521 | 01:05:51 | 06.35 |
| 182 | 684 | ROKICKI Aleksander | | POL | | 77 | M40/182 | (M)524 | 01:05:56 | 06.35 |
| 183 | 185 | GAŁĄŻYN Grzegorz | | POL | ALLIANZ RUNNING TEAM | 74 | M40/183 | (M)527 | 01:06:31 | 06.39 |
| 184 | 386 | KOWALEWSKI Adam | | POL | 1973 | 73 | M40/184 | (M)528 | 01:06:45 | 06.40 |
| 185 | 614 | PATOLETA Mirek | | POL | | 73 | M40/185 | (M)531 | 01:08:20 | 06.50 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|------------------------------|--------|---------------------------|------------------|----------|-------------------------------------|---------|--------------------|--------|-----------|----------|
| 186 | 967 | WŁOCH Grzegorz | | POL | | 75 | M40/186 | (M)535 | 01:09:39 | 06.57 |
| 187 | 968 | KULAK Maciej | | POL | | 76 | M40/187 | (M)536 | 01:09:39 | 06.57 |
| 188 | 142 | DRZEWICZ Tomasz | | POL | SZKOŁA TAŃCA ROCK AND ROLLA | 71 | M40/188 | (M)538 | 01:11:07 | 07.06 |
| PROMENADA | | | | | | | | | | |
| 189 | 419 | KUREK Gustaw | | POL | BRAK | 69 | M40/189 | (M)541 | 01:11:45 | 07.10 |
| 190 | 567 | NASKRĘT Mariusz | | POL | | 75 | M40/190 | (M)550 | 01:15:00 | 07.30 |
| 191 | 656 | POREBSKI Mariusz | | POL | PZU SPORT TEAM | 72 | M40/191 | (M)551 | 01:15:04 | 07.30 |
| 192 | 480 | MACKIEWICZ Jan | | POL | STOWARZYSZENIE RAZEM DLA BIAŁOLEKI, | 73 | M40/192 | (M)552 | 01:15:43 | 07.34 |
| 193 | 523 | MĘDREK Dariusz | | POL | REMBERTÓW TEAM | 71 | M40/193 | (M)554 | 01:16:17 | 07.37 |
| Bieg 10 km - M50 [40] | | | | | | | | | | |
| 1 | 235 | GRZYBOWSKI Mariusz | | POL | | 65 | M50/1 | (M)19 | 00:39:15 | 03.55 |
| 2 | 709 | SARZAŁA Dariusz | | POL | AKS POLONIA WARSZAWA | 59 | M50/2 | (M)38 | 00:42:11 | 04.12 |
| 3 | 654 | PODLES Robert | | POL | COBI POLAND | 62 | M50/3 | (M)46 | 00:42:32 | 04.15 |
| 4 | 785 | SZEWCZYK Robert | | POL | - | 68 | M50/4 | (M)51 | 00:42:43 | 04.16 |
| 5 | 665 | PRZELASKOWSKI Artur | | POL | | 65 | M50/5 | (M)90 | 00:44:54 | 04.29 |
| 6 | 165 | FILIPCZUK Dariusz | | POL | | 65 | M50/6 | (M)111 | 00:46:02 | 04.36 |
| 7 | 182 | GAJOWY Andrzej | | POL | | 67 | M50/7 | (M)126 | 00:46:39 | 04.39 |
| 8 | 524 | MIĄSKO Wojciech | | POL | 12TRI.PL | 66 | M50/8 | (M)132 | 00:46:48 | 04.40 |
| 9 | 281 | JĘDRYKA Grzegorz | | POL | | 68 | M50/9 | (M)134 | 00:46:52 | 04.41 |
| 10 | 691 | ROWIŃSKI Andrzej | | POL | | 64 | M50/10 | (M)150 | 00:47:52 | 04.47 |
| 11 | 441 | LENARD Waldemar | | POL | | 68 | M50/11 | (M)155 | 00:48:04 | 04.48 |
| 12 | 707 | SALWIN Sławomir | | POL | WIELISZEW HERON TEAM | 66 | M50/12 | (M)191 | 00:49:05 | 04.54 |
| 13 | 291 | KACHEL Stanisław | | POL | | 62 | M50/13 | (M)197 | 00:49:15 | 04.55 |
| 14 | 631 | PIERAŃSKI Adam | | POL | VEGE RUNNERS | 60 | M50/14 | (M)237 | 00:50:19 | 05.01 |
| 15 | 541 | MŁOSZ Marek | | POL | - | 66 | M50/15 | (M)243 | 00:50:30 | 05.03 |
| 16 | 506 | MARUD Wiesław | | POL | | 63 | M50/16 | (M)257 | 00:51:03 | 05.06 |
| 17 | 723 | SKOWROŃSKI Wojciech | | POL | KABATY | 67 | M50/17 | (M)260 | 00:51:08 | 05.06 |
| 18 | 798 | SZULGOWICZ Dariusz | | POL | | 66 | M50/18 | (M)273 | 00:51:29 | 05.08 |
| 19 | 630 | PIEKUT Andrzej | | POL | KLUB BIEGACZA JOGGER NOWY DWÓR | 59 | M50/19 | (M)304 | 00:52:23 | 05.14 |
| MAZOWIECK | | | | | | | | | | |
| 20 | 683 | ROJDA Tomasz | | POL | ALUMEX | 68 | M50/20 | (M)310 | 00:52:33 | 05.15 |
| 21 | 825 | TKACZUK Krystian | | POL | RUN-LOG.COM | 59 | M50/21 | (M)321 | 00:52:50 | 05.17 |
| 22 | 153 | DZIACZYŃSKI Mariusz | | POL | KONDYCJA | 66 | M50/22 | (M)326 | 00:52:57 | 05.17 |
| 23 | 377 | KOSIERADZKI Paweł | | POL | MASTERS DOJO TEAM | 68 | M50/23 | (M)345 | 00:53:28 | 05.20 |
| 24 | 21 | BAKUŁA Wiesław | | POL | | 68 | M50/24 | (M)359 | 00:53:58 | 05.23 |
| 25 | 354 | KŁOSIŃSKI Paweł | | POL | KB IM PIOTRA SĘKOWSKIEGO PŁOŃSK | 67 | M50/25 | (M)408 | 00:55:56 | 05.35 |
| 26 | 251 | EWERTOWSKI Piotr | | POL | MARKOWI BIEGACZE | 67 | M50/26 | (M)417 | 00:56:15 | 05.37 |
| 27 | 860 | WALDEMAR Roszak | | POL | | 67 | M50/27 | (M)418 | 00:56:20 | 05.38 |
| 28 | 882 | WILEŃSKI Zbigniew | | POL | GRUPA BIEGOWA UM W-WA | 64 | M50/28 | (M)421 | 00:56:26 | 05.38 |
| 29 | 310 | KAMIONOWSKI Mariusz Jacek | | POL | MORSY OSTROŁĘKA | 66 | M50/29 | (M)422 | 00:56:26 | 05.38 |
| 30 | 885 | WIŚNIEWSKI Marek | | POL | | 62 | M50/30 | (M)470 | 00:59:39 | 05.57 |
| 31 | 176 | GABARSKI Waldemar | | POL | VEOLIA | 67 | M50/31 | (M)473 | 00:59:50 | 05.59 |
| 32 | 388 | KOWALSKI Wiesław | | POL | | 65 | M50/32 | (M)480 | 01:00:32 | 06.03 |
| 33 | 283 | JOŃCZYK Stanisław | | POL | FUNDACJA WARSZAWSKIE HOSPICJUM DLA | 66 | M50/33 | (M)487 | 01:01:06 | 06.06 |
| DZIEC | | | | | | | | | | |
| 34 | 218 | GRABOWSKI Leszek | | POL | STARE BABICE BIEGAJĄ | 64 | M50/34 | (M)490 | 01:01:25 | 06.08 |
| 35 | 503 | MAREK Roman | | POL | IPN | 62 | M50/35 | (M)493 | 01:01:31 | 06.09 |
| 36 | 114 | CZAPIEWSKI Maciej | | POL | BRODNICA BIEGA | 61 | M50/36 | (M)503 | 01:03:01 | 06.18 |
| 37 | 267 | JANKOWSKI Remigiusz | | POL | 3140 | 65 | M50/37 | (M)514 | 01:04:34 | 06.27 |
| 38 | 790 | SZOSTAKOWSKI Jarosław | | POL | | 67 | M50/38 | (M)545 | 01:12:48 | 07.16 |
| 39 | 102 | CIEŚLAK Paweł | | POL | SLOWJOGING WARSZAWA | 64 | M50/39 | (M)556 | 01:19:19 | 07.55 |
| 40 | 309 | KAMIŃSKI Waldemar | | POL | SLOW JOGGING POLSKA | 68 | M50/40 | (M)557 | 01:19:26 | 07.56 |
| Bieg 10 km - M60 [13] | | | | | | | | | | |
| 1 | 743 | SÓJKA Paweł | | POL | | 58 | M60/1 | (M)97 | 00:45:12 | 04.31 |
| 2 | 398 | KRYPA Jan | | POL | | 54 | M60/2 | (M)131 | 00:46:46 | 04.40 |
| 3 | 552 | MOŚCICKI Zenon | | POL | | 53 | M60/3 | (M)170 | 00:48:36 | 04.51 |
| 4 | 237 | GUMKOWSKI Andrzej | | POL | BIEGAM BO LUBIĘ/MORSY OSTROŁĘKA | 54 | M60/4 | (M)217 | 00:49:49 | 04.58 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|--------------|--------|----------------------|------------------|----------|-----------------------|---------|--------------------|--------|-----------|----------|
| 5 | 900 | WOJNARSKI Janusz | | POL | | 55 | M60/5 | (M)229 | 00:50:07 | 05.00 |
| 6 | 241 | HARASIUK Jan | | POL | | 58 | M60/6 | (M)364 | 00:54:11 | 05.25 |
| 7 | 264 | JANISZEWSKI Jan | | POL | | 51 | M60/7 | (M)380 | 00:54:43 | 05.28 |
| 8 | 962 | BUKOWSKI Janusz | | POL | | 56 | M60/8 | (M)398 | 00:55:23 | 05.32 |
| 9 | 558 | MUCHA Grzegorz | | POL | | 58 | M60/9 | (M)406 | 00:55:48 | 05.34 |
| 10 | 34 | BEBENEK Czesław | | POL | | 53 | M60/10 | (M)414 | 00:56:08 | 05.36 |
| 11 | 954 | ŻÓLCIŃSKI Waldemar | | POL | GRUPA BIEGOWA UM W-WA | 56 | M60/11 | (M)444 | 00:57:44 | 05.46 |
| 12 | 862 | WANOWSKI Andrzej | | POL | ROZBIEGAMY NOWY DWÓR | 57 | M60/12 | (M)448 | 00:57:53 | 05.47 |
| 13 | 888 | WIZERT Józef | | POL | | 53 | M60/13 | (M)553 | 01:16:05 | 07.36 |

Bieg 10 km - K20 [54]

| | | | | | | | | | | |
|----|-----|------------------------|--|-----|---------------------------------|----|--------|--------|----------|-------|
| 1 | 453 | LIPSKA-MAZUREK Paulina | | POL | ENTRE PL TEAM, NESSI SPORTSWEAR | 92 | K20/1 | (K)2 | 00:41:02 | 04.05 |
| 2 | 534 | MIERZYŃSKA Marta | | POL | KOŁOWNIK WŁOSZAKOWICE | 93 | K20/2 | (K)4 | 00:44:00 | 04.24 |
| 3 | 793 | SZUBA Martyna | | POL | ADIDAS RUNNERS WARSAW | 94 | K20/3 | (K)5 | 00:44:05 | 04.24 |
| 4 | 271 | JASTAK Natalia | | POL | | 01 | K20/4 | (K)11 | 00:47:32 | 04.45 |
| 5 | 216 | GÓRNIK Katarzyna | | POL | | 91 | K20/5 | (K)12 | 00:47:59 | 04.47 |
| 6 | 427 | KUŚMIERSKA Katarzyna | | POL | | 00 | K20/6 | (K)19 | 00:49:38 | 04.57 |
| 7 | 50 | BODUSZEK Kamila | | POL | #BBKTS | 90 | K20/7 | (K)22 | 00:49:40 | 04.58 |
| 8 | 303 | KALIŃSKA Sylwia | | POL | BRUD EKIPA | 90 | K20/8 | (K)23 | 00:49:52 | 04.59 |
| 9 | 213 | GÓRECKA Anna | | POL | | 91 | K20/9 | (K)25 | 00:50:13 | 05.01 |
| 10 | 369 | KOMBAROVA Olga | | POL | | 91 | K20/10 | (K)28 | 00:50:29 | 05.02 |
| 11 | 747 | STANKIEWICZ Joanna | | POL | | 90 | K20/11 | (K)31 | 00:51:30 | 05.09 |
| 12 | 393 | KRUPIŃSKA Wioletta | | POL | TRUCHT TARCHOMIN TEAM | 93 | K20/12 | (K)33 | 00:51:40 | 05.10 |
| 13 | 91 | CHOTOMSKA Dorota | | POL | | 91 | K20/13 | (K)34 | 00:52:09 | 05.12 |
| 14 | 13 | ANTOLIK Aneta | | POL | ROZPĘDZONA | 92 | K20/14 | (K)36 | 00:52:32 | 05.15 |
| 15 | 918 | WYSOKIŃSKA Karolina | | POL | | 89 | K20/15 | (K)38 | 00:52:41 | 05.16 |
| 16 | 302 | KALINOWSKA Urszula | | POL | | 90 | K20/16 | (K)48 | 00:53:50 | 05.23 |
| 17 | 350 | KLESZCZ Anna | | POL | | 91 | K20/17 | (K)51 | 00:54:11 | 05.25 |
| 18 | 317 | KARAŚ Magdalena | | POL | | 95 | K20/18 | (K)53 | 00:54:39 | 05.27 |
| 19 | 72 | BULIK Anna | | POL | KS STASZEWSKY | 96 | K20/19 | (K)54 | 00:54:40 | 05.28 |
| 20 | 272 | JASTRZĘBSKA Kinga | | POL | | 91 | K20/20 | (K)56 | 00:54:46 | 05.28 |
| 21 | 338 | KERPLOVA Karolina | | POL | WODYNIE | 89 | K20/21 | (K)57 | 00:54:49 | 05.28 |
| 22 | 514 | MATYJEWICZ Klaudia | | POL | BIEGOWE ENDORFINY | 92 | K20/22 | (K)58 | 00:55:04 | 05.30 |
| 23 | 413 | KULIGOWSKA Patrycja | | POL | | 91 | K20/23 | (K)59 | 00:55:05 | 05.30 |
| 24 | 842 | TUROWSKA Martyna | | POL | | 95 | K20/24 | (K)72 | 00:55:57 | 05.35 |
| 25 | 651 | PODKAŃSKA Marta | | POL | CALYPSO | 92 | K20/25 | (K)73 | 00:55:57 | 05.35 |
| 26 | 170 | FILIPOWICZ Natalia | | POL | | 92 | K20/26 | (K)82 | 00:56:34 | 05.39 |
| 27 | 35 | BELKIUS Katarzyna | | POL | | 90 | K20/27 | (K)85 | 00:56:46 | 05.40 |
| 28 | 363 | KOŁAT Katarzyna | | POL | | 00 | K20/28 | (K)92 | 00:57:39 | 05.45 |
| 29 | 802 | SZYMANOWSKA Karolina | | POL | | 02 | K20/29 | (K)94 | 00:57:51 | 05.47 |
| 30 | 76 | BYRA Patrycja | | POL | PANI | 93 | K20/30 | (K)102 | 00:58:20 | 05.50 |
| 31 | 953 | ŻERNACZUK Aneta | | POL | | 90 | K20/31 | (K)110 | 00:58:58 | 05.53 |
| 32 | 821 | TARASIUK Joanna | | POL | | 93 | K20/32 | (K)111 | 00:59:06 | 05.54 |
| 33 | 831 | TOPOLSKA Aleksandra | | POL | ADIDAS RUNNERS WARSAW | 92 | K20/33 | (K)121 | 00:59:42 | 05.58 |
| 34 | 913 | WRÓBEL Paulina | | POL | #BBKTS | 92 | K20/34 | (K)127 | 00:59:53 | 05.59 |
| 35 | 557 | MRUK Joanna | | POL | BBKTS | 98 | K20/35 | (K)130 | 01:00:09 | 06.00 |
| 36 | 886 | WITON Karolina | | POL | | 94 | K20/36 | (K)133 | 01:00:41 | 06.04 |
| 37 | 620 | PAWŁOWSKA Agnieszka | | POL | RUNMAGEDDON | 90 | K20/37 | (K)138 | 01:01:06 | 06.06 |
| 38 | 246 | HUBERNATOROVA Daria | | POL | | 97 | K20/38 | (K)145 | 01:02:06 | 06.12 |
| 39 | 643 | PIWOWARCZYK Katarzyna | | POL | | 91 | K20/39 | (K)150 | 01:02:39 | 06.15 |
| 40 | 8 | AJDACKA Mariola | | POL | | 93 | K20/40 | (K)153 | 01:02:56 | 06.17 |
| 41 | 481 | MAĆKOWIAK Weronika | | POL | | 90 | K20/41 | (K)157 | 01:03:35 | 06.21 |
| 42 | 332 | KASZ Angelina | | POL | PAPUGI | 93 | K20/42 | (K)163 | 01:04:51 | 06.29 |
| 43 | 719 | SINIARSKA Paulina | | POL | | 92 | K20/43 | (K)164 | 01:04:52 | 06.29 |
| 44 | 797 | SZULGOWICZ Karolina | | POL | | 97 | K20/44 | (K)168 | 01:05:41 | 06.34 |
| 45 | 928 | ZALEWSKA Anna | | POL | WKURW_TEAM | 89 | K20/45 | (K)169 | 01:05:44 | 06.34 |
| 46 | 494 | MALICKA Ewa | | POL | | 93 | K20/46 | (K)170 | 01:05:46 | 06.34 |
| 47 | 345 | KILJAN Karolina | | POL | | 96 | K20/47 | (K)185 | 01:07:19 | 06.43 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | (K) Sex | Czas Time | [min/km] |
|--------------|--------|----------------------|------------------|----------|--------------|---------|--------------------|---------|-----------|----------|
| 48 | 527 | MICHALSKA Zuzanna | | POL | | 91 | K20/48 | (K)191 | 01:08:16 | 06.49 |
| 49 | 167 | FILIPENKO Alicja | | POL | | 91 | K20/49 | (K)196 | 01:10:28 | 07.02 |
| 50 | 58 | BORKOWSKA Monika | | POL | | 89 | K20/50 | (K)199 | 01:11:24 | 07.08 |
| 51 | 373 | KORNACKA Agnieszka | | POL | | 94 | K20/51 | (K)203 | 01:12:40 | 07.16 |
| 52 | 732 | SMOGORZEWSKA Izabela | | POL | | 89 | K20/52 | (K)209 | 01:15:32 | 07.33 |
| 53 | 937 | ZAYATS Darya | | POL | | 91 | K20/53 | (K)210 | 01:16:53 | 07.41 |

Bieg 10 km - K30 [95]

| | | | | | | | | | | |
|----|-----|----------------------------|--|-----|--------------------------|----|--------|--------|----------|-------|
| 1 | 609 | PARSZCZYŃSKA Izabela | | POL | TEAM PARSZCZYŃSKICH | 88 | K30/1 | (K)1 | 00:38:46 | 03.52 |
| 2 | 521 | MEJKA Małgorzata | | POL | MKS N MAZOWSZE | 86 | K30/2 | (K)3 | 00:41:28 | 04.08 |
| 3 | 525 | MICHALAK Monika | | POL | | 80 | K30/3 | (K)10 | 00:47:16 | 04.43 |
| 4 | 202 | GOLER Ela | | POL | KUŹNIA TRIATHLONU | 86 | K30/4 | (K)15 | 00:48:35 | 04.51 |
| 5 | 183 | GALA Kamila | | POL | UNESCO MARATHON BROTHERS | 81 | K30/5 | (K)18 | 00:49:35 | 04.57 |
| 6 | 128 | DEMIDOWSKA Paulina | | POL | | 87 | K30/6 | (K)21 | 00:49:39 | 04.57 |
| 7 | 756 | STĘPIEŃ Paulina | | POL | | 88 | K30/7 | (K)26 | 00:50:24 | 05.02 |
| 8 | 949 | ZUBELEWICZ-JERUZALSKA Anna | | POL | ROZPĘDZONA | 87 | K30/8 | (K)27 | 00:50:27 | 05.02 |
| 9 | 959 | ŻYDEK-RÓG Renata | | POL | BIEG PRZEZ MOST | 83 | K30/9 | (K)32 | 00:51:40 | 05.10 |
| 10 | 261 | JAMSKA Roksana | | POL | BIEGAM NA TARCHOMINIE | 84 | K30/10 | (K)35 | 00:52:31 | 05.15 |
| 11 | 293 | KACPRZAK Paulina | | POL | | 84 | K30/11 | (K)37 | 00:52:36 | 05.15 |
| 12 | 734 | SMOLIŃSKA Dominika | | POL | IZABELIN NA START | 87 | K30/12 | (K)40 | 00:52:54 | 05.17 |
| 13 | 385 | KOWALCZYK Agnieszka | | POL | | 81 | K30/13 | (K)41 | 00:52:59 | 05.17 |
| 14 | 844 | TWARDOWSKA Klaudia | | POL | ROZPĘDZONE | 87 | K30/14 | (K)42 | 00:53:12 | 05.19 |
| 15 | 461 | ŁAPIŃSKA Joanna | | POL | | 85 | K30/15 | (K)44 | 00:53:17 | 05.19 |
| 16 | 823 | TEJCHMA Natalia | | POL | BIEGAM NA TARCHOMINIE | 79 | K30/16 | (K)46 | 00:53:42 | 05.22 |
| 17 | 265 | JANKOWSKA Wioletta | | POL | | 80 | K30/17 | (K)47 | 00:53:44 | 05.22 |
| 18 | 713 | SEKŚCIŃSKA Magda | | POL | KS ŁOMŻANIE | 84 | K30/18 | (K)49 | 00:53:53 | 05.23 |
| 19 | 923 | ZAJĄCZKOWSKA Ewelina | | POL | GRUPA BIEGOWA UM W-WA | 85 | K30/19 | (K)50 | 00:54:02 | 05.24 |
| 20 | 353 | KŁOSIŃSKA Klaudia | | POL | | 88 | K30/20 | (K)52 | 00:54:18 | 05.25 |
| 21 | 184 | GALIŃSKA Magdalena | | POL | WARSZAWSKI ZAULEK | 86 | K30/21 | (K)55 | 00:54:45 | 05.28 |
| 22 | 62 | BOROWSKA Magdalena | | POL | VEGERUNNERS | 85 | K30/22 | (K)61 | 00:55:07 | 05.30 |
| 23 | 32 | BATOR Monika | | POL | | 82 | K30/23 | (K)62 | 00:55:17 | 05.31 |
| 24 | 297 | KACZMAREK Katarzyna | | POL | ROZPĘDZONA | 86 | K30/24 | (K)63 | 00:55:21 | 05.32 |
| 25 | 580 | OBĘBOWSKA Małgorzata | | POL | | 83 | K30/25 | (K)64 | 00:55:21 | 05.32 |
| 26 | 559 | MYSZKIEWICZ Agnieszka | | POL | PZU SPORT TEAM | 82 | K30/26 | (K)66 | 00:55:29 | 05.32 |
| 27 | 491 | MAKSYMOWICZ Katarzyna | | POL | TEAM ZABIEGANEDNI | 80 | K30/27 | (K)67 | 00:55:38 | 05.33 |
| 28 | 650 | PODHAJSKA-PAUPA Monika | | POL | | 81 | K30/28 | (K)68 | 00:55:42 | 05.34 |
| 29 | 661 | PROKOPCHENKO Nadezda | | POL | | 88 | K30/29 | (K)69 | 00:55:48 | 05.34 |
| 30 | 483 | MADEJ Anna | | POL | NA | 81 | K30/30 | (K)70 | 00:55:48 | 05.34 |
| 31 | 686 | ROMANIS Zofia | | POL | | 82 | K30/31 | (K)74 | 00:56:07 | 05.36 |
| 32 | 321 | KARECKA Anna | | POL | - | 83 | K30/32 | (K)75 | 00:56:08 | 05.36 |
| 33 | 813 | ŚWIDERSKA Joanna | | POL | | 86 | K30/33 | (K)77 | 00:56:18 | 05.37 |
| 34 | 619 | PAWŁOWSKA Marta | | POL | | 88 | K30/34 | (K)80 | 00:56:26 | 05.38 |
| 35 | 678 | REGULSKA Ewa | | POL | | 83 | K30/35 | (K)81 | 00:56:34 | 05.39 |
| 36 | 512 | MATUSZEWSKA Jolanta | | POL | | 81 | K30/36 | (K)83 | 00:56:35 | 05.39 |
| 37 | 772 | SWIETLIK Magdalena | | POL | ROZPEDZONE | 80 | K30/37 | (K)89 | 00:57:15 | 05.43 |
| 38 | 804 | SZYMAŃSKA Anna | | POL | LOREAL | 82 | K30/38 | (K)90 | 00:57:19 | 05.43 |
| 39 | 124 | DANIELEK Ewa | | POL | REEBOK RUN CREW | 83 | K30/39 | (K)93 | 00:57:49 | 05.46 |
| 40 | 359 | KOCZOROWSKA Anna | | POL | TEAM ZABIEGANEDNI | 81 | K30/40 | (K)96 | 00:58:03 | 05.48 |
| 41 | 931 | ZARĘBA-TREMELET Katarzyna | | POL | | 80 | K30/41 | (K)97 | 00:58:12 | 05.49 |
| 42 | 38 | BIAŁOKOS Anna | | POL | PARTNER | 81 | K30/42 | (K)99 | 00:58:16 | 05.49 |
| 43 | 740 | SOKOŁOWSKA-CHUDY Martyna | | POL | | 88 | K30/43 | (K)105 | 00:58:42 | 05.52 |
| 44 | 647 | POCZĘSNA Magdalena | | POL | | 86 | K30/44 | (K)107 | 00:58:42 | 05.52 |
| 45 | 835 | TRZASKOWSKA Justyna | | POL | | 82 | K30/45 | (K)109 | 00:58:53 | 05.53 |
| 46 | 276 | JENDRZEJCZAK Katarzyna | | POL | | 88 | K30/46 | (K)112 | 00:59:08 | 05.54 |
| 47 | 408 | KUCHARSKA Ewelina | | POL | | 87 | K30/47 | (K)113 | 00:59:09 | 05.54 |
| 48 | 447 | LEWANDOWSKA Agnieszka | | POL | ROSSBIEGANI | 83 | K30/48 | (K)115 | 00:59:14 | 05.55 |
| 49 | 572 | NIEŚLUCHOWSKA Ewelina | | POL | | 87 | K30/49 | (K)117 | 00:59:22 | 05.56 |
| 50 | 403 | KRZYŻEWSKA Karolina | | POL | | 86 | K30/50 | (K)119 | 00:59:24 | 05.56 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | (K) Sex | Czas Time | [min/km] |
|--------------|--------|--------------------------------|------------------|----------|-----------------------|---------|--------------------|---------|-----------|----------|
| 51 | 455 | LISZEWSKA Anna | | POL | | 79 | K30/51 | (K)120 | 00:59:32 | 05.57 |
| 52 | 364 | KOŁCZYK Gosia | | POL | W POGONI ZA DUCHEM | 84 | K30/52 | (K)122 | 00:59:45 | 05.58 |
| 53 | 834 | TRZASKOWSKA Joanna | | POL | TRUCHT TARCHOMIN TEAM | 81 | K30/53 | (K)125 | 00:59:51 | 05.59 |
| 54 | 595 | OSTROMECKA Jolanta | | POL | | 88 | K30/54 | (K)129 | 01:00:07 | 06.00 |
| 55 | 531 | MICHNIK-MATYSIEWICZ Iwona | | POL | | 84 | K30/55 | (K)131 | 01:00:23 | 06.02 |
| 56 | 158 | DŻEGAN Kinga | | POL | SPARTAN SGX WARSAW | 79 | K30/56 | (K)132 | 01:00:28 | 06.02 |
| 57 | 739 | SOKOŁOWSKA Magdalena | | POL | | 85 | K30/57 | (K)135 | 01:00:42 | 06.04 |
| 58 | 728 | SŁOWIŃSKA Ewelina | | POL | | 83 | K30/58 | (K)137 | 01:00:58 | 06.05 |
| 59 | 266 | JANKOWSKA Bożena | | POL | | 85 | K30/59 | (K)140 | 01:01:30 | 06.09 |
| 60 | 474 | ŁUNIEWSKA-STĘPNIAK Ewa | | POL | | 84 | K30/60 | (K)141 | 01:01:43 | 06.10 |
| 61 | 296 | KACZAN Joanna | | POL | BAD MOMS | 80 | K30/61 | (K)143 | 01:02:06 | 06.12 |
| 62 | 469 | ŁUCZAK Małgorzata | | POL | PKO BANK POLSKI | 79 | K30/62 | (K)144 | 01:02:06 | 06.12 |
| 63 | 540 | MILEWSKA Katarzyna | | POL | | 85 | K30/63 | (K)147 | 01:02:11 | 06.13 |
| 64 | 742 | SOLYGA-ŻUREK Aleksandra | | POL | | 80 | K30/64 | (K)148 | 01:02:32 | 06.15 |
| 65 | 355 | KMIEĆ Agnieszka | | POL | | 84 | K30/65 | (K)151 | 01:02:47 | 06.16 |
| 66 | 423 | KUREK Izabela | | POL | BIEGAM PO WOLI | 82 | K30/66 | (K)154 | 01:02:58 | 06.17 |
| 67 | 812 | ŚLIMKO Adriana | | POL | | 81 | K30/67 | (K)155 | 01:03:00 | 06.18 |
| 68 | 718 | SIKORSKA Agnieszka | | POL | | 83 | K30/68 | (K)156 | 01:03:19 | 06.19 |
| 69 | 284 | JÓŹWIAK Joanna | | POL | MUCHA TEAM! | 79 | K30/69 | (K)160 | 01:04:05 | 06.24 |
| 70 | 73 | BULIK Bożena | | POL | PARTNER | 86 | K30/70 | (K)162 | 01:04:45 | 06.28 |
| 71 | 262 | JANIK-ARMATA Aneta | | POL | | 85 | K30/71 | (K)171 | 01:05:47 | 06.34 |
| 72 | 611 | PASEK Dorota | | POL | | 87 | K30/72 | (K)172 | 01:05:54 | 06.35 |
| 73 | 123 | DALECKA-WERPACHOWSKA Agnieszka | | POL | | 80 | K30/73 | (K)173 | 01:05:54 | 06.35 |
| 74 | 327 | KARPIUK Aneta | | POL | | 82 | K30/74 | (K)174 | 01:05:54 | 06.35 |
| 75 | 708 | SAMBORSKA Izabela | | POL | | 82 | K30/75 | (K)175 | 01:06:07 | 06.36 |
| 76 | 538 | MILARSKA Anna | | POL | | 79 | K30/76 | (K)176 | 01:06:11 | 06.37 |
| 77 | 81 | CHARYMSKA Agnieszka | | POL | | 79 | K30/77 | (K)178 | 01:06:16 | 06.37 |
| 78 | 22 | BANACHOWICZ Karolina | | POL | PARTNER | 79 | K30/78 | (K)180 | 01:06:28 | 06.38 |
| 79 | 872 | WIĄCEK Izabela | | POL | ROZPĘDZONE | 84 | K30/79 | (K)181 | 01:06:50 | 06.41 |
| 80 | 152 | DYRDA Edyta | | POL | | 82 | K30/80 | (K)182 | 01:07:00 | 06.42 |
| 81 | 522 | MĘCLEWSKA Iwona | | POL | | 82 | K30/81 | (K)183 | 01:07:01 | 06.42 |
| 82 | 564 | NADULSKA Sylwia | | POL | O CO BIEGA | 80 | K30/82 | (K)184 | 01:07:18 | 06.43 |
| 83 | 578 | NOWAK Kasia | | POL | | 84 | K30/83 | (K)186 | 01:07:33 | 06.45 |
| 84 | 68 | BRZÓZKA Magda | | POL | | 82 | K30/84 | (K)187 | 01:07:35 | 06.45 |
| 85 | 853 | USAREK Karolina | | POL | VEGE RUNNERS | 88 | K30/85 | (K)189 | 01:07:47 | 06.46 |
| 86 | 870 | WERPACHOWSKA Magdalena | | POL | | 83 | K30/86 | (K)192 | 01:08:32 | 06.51 |
| 87 | 792 | SZTYGOWSKA Alicja | | POL | | 87 | K30/87 | (K)194 | 01:09:38 | 06.57 |
| 88 | 270 | JASKÓŁA Katarzyna | | POL | | 82 | K30/88 | (K)195 | 01:10:05 | 07.00 |
| 89 | 917 | WYSOCKA Karolina | | POL | | 82 | K30/89 | (K)197 | 01:10:54 | 07.05 |
| 90 | 467 | ŁUCZAK Anna | | POL | | 79 | K30/90 | (K)198 | 01:11:09 | 07.06 |
| 91 | 673 | RADUCKA Mirella | | POL | | 86 | K30/91 | (K)200 | 01:11:51 | 07.11 |
| 92 | 780 | SZCZEPAŃSKA DUDA Monika | | POL | | 79 | K30/92 | (K)201 | 01:12:00 | 07.12 |
| 93 | 606 | PANASIUK Agnieszka | | POL | | 79 | K30/93 | (K)204 | 01:13:09 | 07.18 |
| 94 | 286 | JUAREZ Katherine | | POL | POWER TRAINING | 86 | K30/94 | (K)206 | 01:13:39 | 07.21 |
| 95 | 225 | GROCHOWSKA Elżbieta | | POL | | 82 | K30/95 | (K)207 | 01:14:13 | 07.25 |




Bieg 10 km - K40 [56]

| | | | | | | | | | | |
|----|-----|---------------------------|--|-----|-----------------------|----|--------|-------|----------|-------|
| 1 | 957 | ŻURANIEWSKA Agnieszka | | POL | TRUCHT TARCHOMIN TEAM | 77 | K40/1 | (K)6 | 00:44:51 | 04.29 |
| 2 | 807 | SZYMBORSKA Anna | | POL | | 78 | K40/2 | (K)7 | 00:44:56 | 04.29 |
| 3 | 107 | CZAJKOWSKA Dorota | | POL | GO SPORT AK SEED | 78 | K40/3 | (K)8 | 00:45:05 | 04.30 |
| 4 | 582 | OCHNIK-KALINOWSKA Justyna | | POL | | 77 | K40/4 | (K)9 | 00:46:16 | 04.37 |
| 5 | 664 | PRZASTEK Bożena | | POL | | 74 | K40/5 | (K)13 | 00:48:14 | 04.49 |
| 6 | 269 | JAROS Honorata | | POL | | 71 | K40/6 | (K)14 | 00:48:28 | 04.50 |
| 7 | 52 | BOGUMIŁ Izabela | | POL | | 76 | K40/7 | (K)16 | 00:48:59 | 04.53 |
| 8 | 64 | BORYSOWSKA Monika | | POL | - | 78 | K40/8 | (K)17 | 00:49:23 | 04.56 |
| 9 | 69 | BUDEK Joanna | | POL | | 77 | K40/9 | (K)20 | 00:49:38 | 04.57 |
| 10 | 612 | PASTUSZKA Anna | | POL | ROZPĘDZONA | 78 | K40/10 | (K)24 | 00:50:02 | 05.00 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | (K) Sex | Czas Time | [min/km] |
|--------------|--------|--------------------------------|------------------|----------|--------------------------------------|---------|--------------------|---------|-----------|----------|
| 11 | 704 | RZYMOWSKA Krystyna | | POL | | 69 | K40/11 | (K)29 | 00:50:43 | 05.04 |
| 12 | 232 | GRZECHNIK Renata | | POL | | 74 | K40/12 | (K)39 | 00:52:49 | 05.16 |
| 13 | 908 | WÓJCİK Monika | | POL | ROZPĘDZONA | 77 | K40/13 | (K)43 | 00:53:16 | 05.19 |
| 14 | 748 | STAŃCZAK Iwona | | POL | | 75 | K40/14 | (K)60 | 00:55:07 | 05.30 |
| 15 | 315 | KARASIEWICZ Katarzyna | | POL | | 71 | K40/15 | (K)65 | 00:55:28 | 05.32 |
| 16 | 899 | WOJCİK Ewa | | POL | | 75 | K40/16 | (K)71 | 00:55:56 | 05.35 |
| 17 | 517 | MAZUR Jowita | | POL | ROZPĘDZONA | 75 | K40/17 | (K)76 | 00:56:16 | 05.37 |
| 18 | 5 | ADAMOWSKA Barbara | | POL | | 78 | K40/18 | (K)78 | 00:56:22 | 05.38 |
| 19 | 367 | KOŁODZIEJSKA Małgorzata | | POL | | 75 | K40/19 | (K)79 | 00:56:25 | 05.38 |
| 20 | 698 | RURKA Anna | | POL | | 74 | K40/20 | (K)84 | 00:56:39 | 05.39 |
| 21 | 594 | OSIŃSKA Sylwia | | POL | EXATEL RUNNING TEAM | 77 | K40/21 | (K)86 | 00:56:49 | 05.40 |
| 22 | 737 | SOBIESKA Aleksandra | | POL | | 76 | K40/22 | (K)87 | 00:56:51 | 05.41 |
| 23 | 103 | CIMOCHOWSKA Magdalena | | POL | BIEGAM NA TARCHOMINIE | 76 | K40/23 | (K)88 | 00:57:04 | 05.42 |
| 24 | 890 | WŁODARCZYK Anna | | POL | ROZPĘDZONA / ADIDAS RUNNERS WARSAW74 | 74 | K40/24 | (K)98 | 00:58:15 | 05.49 |
| 25 | 846 | TYLKOWSKA-KIEWRA Ewa | | POL | NAPRZÓD MŁOCINY | 74 | K40/25 | (K)100 | 00:58:16 | 05.49 |
| 26 | 223 | GROBEREK Monika | | POL | LEWANDÓW TEAM | 78 | K40/26 | (K)101 | 00:58:18 | 05.49 |
| 27 | 175 | FRYCZYŃSKA Iwona | | POL | | 74 | K40/27 | (K)103 | 00:58:21 | 05.50 |
| 28 | 936 | ZAWODNIK Dorota | | POL | BRAK | 72 | K40/28 | (K)104 | 00:58:21 | 05.50 |
| 29 | 924 | ZAJDEL Renata | | POL | | 75 | K40/29 | (K)108 | 00:58:45 | 05.52 |
| 30 | 374 | KORZENIOWSKA-SOBCZUK Anna | | POL | BIEGAM NA TARCHOMINIE | 72 | K40/30 | (K)114 | 00:59:10 | 05.55 |
| 31 | 430 | KWAPISZ-CICHOWSKA Katarzyna | | POL | URZĄD MIASTA OSTROŁĘKA | 74 | K40/31 | (K)118 | 00:59:23 | 05.56 |
| 32 | 462 | ŁĄCKA Ilona | | POL | | 71 | K40/32 | (K)123 | 00:59:46 | 05.58 |
| 33 | 244 | HNIDZIUK Magdalena | | POL | | 78 | K40/33 | (K)124 | 00:59:47 | 05.58 |
| 34 | 731 | SMOCZYŃSKA Sylwia | | POL | SAGE | 75 | K40/34 | (K)126 | 00:59:51 | 05.59 |
| 35 | 74 | BURCZYŃSKA Beata | | POL | ROZPĘDZONA | 75 | K40/35 | (K)128 | 00:59:58 | 05.59 |
| 36 | 690 | ROSZKOWSKA-KAZAŁA Małgorzata | | POL | BIEGAM NA TARCHOMINIE | 76 | K40/36 | (K)139 | 01:01:13 | 06.07 |
| 37 | 471 | ŁUKASIEWICZ Renata | | POL | | 71 | K40/37 | (K)142 | 01:01:48 | 06.10 |
| 38 | 837 | TRZCIŃSKA Iwona | | POL | | 69 | K40/38 | (K)146 | 01:02:09 | 06.12 |
| 39 | 312 | KANIEWICZ Joanna | | POL | | 74 | K40/39 | (K)149 | 01:02:33 | 06.15 |
| 40 | 497 | MAŁECKA Barbara | | POL | AKACJOWA BIEGA | 78 | K40/40 | (K)152 | 01:02:55 | 06.17 |
| 41 | 537 | MIKULSKA Agnieszka | | POL | JACY TACY JANOWIACY | 75 | K40/41 | (K)158 | 01:03:51 | 06.23 |
| 42 | 433 | LACH-GAPYS Katarzyna | | POL | PARTNER | 77 | K40/42 | (K)159 | 01:04:04 | 06.24 |
| 43 | 12 | ANDRUCZYK Katarzyna | | POL | REMBERTÓW TEAM | 74 | K40/43 | (K)161 | 01:04:44 | 06.28 |
| 44 | 150 | DYMARSKA Marzena | | POL | BUSHIDO CENTRUM | 72 | K40/44 | (K)165 | 01:05:28 | 06.32 |
| 45 | 910 | WÓJTOWICZ Agnieszka | | POL | | 73 | K40/45 | (K)166 | 01:05:30 | 06.33 |
| 46 | 602 | PALUCH Anna | | POL | | 77 | K40/46 | (K)177 | 01:06:11 | 06.37 |
| 47 | 263 | JANISZEWSKA Anna | | POL | | 76 | K40/47 | (K)179 | 01:06:23 | 06.38 |
| 48 | 463 | ŁOCHINA Marta | | POL | | 76 | K40/48 | (K)188 | 01:07:40 | 06.46 |
| 49 | 969 | POZNACHOWSKA Monika | | POL | | 73 | K40/49 | (K)190 | 01:07:55 | 06.47 |
| 50 | 365 | KOŁODZIEJCZYK Marta | | POL | OSTRÓW BIEGA | 75 | K40/50 | (K)193 | 01:09:21 | 06.56 |
| 51 | 589 | OLSZEWSKA Mariola | | POL | | 74 | K40/51 | (K)202 | 01:12:02 | 07.12 |
| 52 | 55 | BOLESTA Agnieszka | | POL | | 69 | K40/52 | (K)208 | 01:15:06 | 07.30 |
| 53 | 724 | SKRZYDŁOWSKA-KALUKIN Katarzyna | | POL | | 69 | K40/53 | (K)211 | 01:19:22 | 07.56 |
| 54 | 77 | BZIUŁ Paulina | | POL | SLOW JOGGING WARSZAWA | 75 | K40/54 | (K)212 | 01:19:30 | 07.57 |
| 55 | 180 | GAJEWSKA Ewa | | POL | | 74 | K40/55 | (K)213 | 01:21:23 | 08.08 |
| 56 | 2 | ADAMCZEWSKA Izabella | | POL | STOWARZYSZENIE RAZEM DLA BIAŁOŁĘKI | 74 | K40/56 | (K)214 | 01:21:25 | 08.08 |

Bieg 10 km - K50 [8]

| | | | | | | | | | | |
|---|-----|-----------------------|--|-----|-----------------------|----|-------|--------|----------|-------|
| 1 | 857 | WAGNER Jolanta | | POL | | 66 | K50/1 | (K)30 | 00:51:08 | 05.06 |
| 2 | 292 | KACHEL Zofia | | POL | | 67 | K50/2 | (K)45 | 00:53:32 | 05.21 |
| 3 | 226 | GROCHOWSKA Joanna | | POL | | 64 | K50/3 | (K)95 | 00:57:58 | 05.47 |
| 4 | 375 | KOSEWSKA Dorota | | POL | BIEGAM NA TARCHOMINIE | 68 | K50/4 | (K)106 | 00:58:42 | 05.52 |
| 5 | 113 | CZAPIEWSKA Małgorzata | | POL | BRODNICA BIEGA | 62 | K50/5 | (K)116 | 00:59:20 | 05.56 |
| 6 | 59 | BORKOWSKA Bożena | | POL | TRUCHT TEAM TARCHOMIN | 68 | K50/6 | (K)167 | 01:05:34 | 06.33 |
| 7 | 376 | KOSIERADZKA Joanna | | POL | | 67 | K50/7 | (K)205 | 01:13:26 | 07.20 |
| 8 | 402 | KRZYŻANOWSKA Zoja | | POL | VEGE RUNNERS | 67 | K50/8 | (K)215 | 01:24:21 | 08.26 |

| <i>Miejsce Rank</i> | <i>Nr Bib</i> | <i>Nazwisko i imię Name</i> | <i>Miejscowość City</i> | <i>Kraj Nat</i> | <i>Drużyna Team</i> | <i>R-k YoB</i> | <i>W kategorii in Age</i> | <i>Sex</i> | <i>Czas Time</i> | <i>[min/km]</i> |
|-----------------------------|-------------------|---------------------------------|-----------------------------|---|---------------------------|--------------------|-------------------------------|------------|----------------------|-----------------|
| Bieg 10 km - K60 [3] | | | | | | | | | | |
| 1 | 190 | GAWRACZYŃSKA Anna | |  | POL WTŁ STEGNY | 54 | K60/1 | (K)91 | 00:57:31 | 05.45 |
| 2 | 324 | KARŁOWICZ Anna | |  | POL WOLNA WOLA | 53 | K60/2 | (K)134 | 01:00:42 | 06.04 |
| 3 | 759 | STRACHOCKA Anna | |  | POL GRUPA BIEGOWA UM W-WA | 56 | K60/3 | (K)136 | 01:00:46 | 06.04 |