

Ślązański Festiwal Biegowy

WYNIKI ZAWODÓW

Organizator: Klub Biegacza Sobótka

Termin: 29.09.2018

Miejsce: Sobótka

Dystans: 42km

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|---------------------------|--------|-----------------------|------------------|----------|--------------------------------|---------|--------------------|-------|-----------|----------|
| Maraton - K40 [5] | | | | | | | | | | |
| 1 | 453 | MOCZULSKA Małgorzata | ŻARÓW | POL | ŚWIDNICKA GRUPA BIEGOWA | 76 | K40/1 | (K)2 | 04:19:14 | 06.10 |
| 2 | 468 | NOWACKA Marlena | PIASKI WLKP | POL | JAN-MAR.PL | 76 | K40/2 | (K)4 | 04:36:51 | 06.35 |
| 3 | 458 | BUCZEK Gabriela | SWIERKI | POL | UKS LUDWIKOWICE | 73 | K40/3 | (K)8 | 05:38:33 | 08.03 |
| 4 | 99 | KRUK Katarzyna | SOBÓTKA | POL | BRAK | 73 | K40/4 | (K)11 | 06:34:07 | 09.23 |
| 5 | 86 | JURKOWSKA Joanna | LUBIN | POL | | 76 | K40/5 | (K)12 | 06:52:07 | 09.48 |
| Maraton - K30 [5] | | | | | | | | | | |
| 1 | 51 | MASALSKA-PAWLAK Agata | RADWANICE | POL | CHATA BIEGACZA K34 | 81 | K30/1 | (K)3 | 04:34:55 | 06.32 |
| 2 | 234 | LOMPART Agnieszka | ŚWIDNICA | POL | BIEGOWA ŚWIDNICA | 79 | K30/2 | (K)7 | 05:22:58 | 07.41 |
| 3 | 22 | RUTKOWSKA Katarzyna | WROCLAW | POL | DOLFOS TEAM | 83 | K30/3 | (K)9 | 05:43:05 | 08.10 |
| 4 | 77 | FRAĆZAK Karolina | WROCLAW | POL | | 79 | K30/4 | (K)10 | 06:12:00 | 08.51 |
| Maraton - K20 [3] | | | | | | | | | | |
| 1 | 428 | PODOLAK Urszula | WROCLAW | POL | KOSYNIERZY | 94 | K20/1 | (K)1 | 04:13:43 | 06.02 |
| 2 | 342 | LEŚNIEWSKA Monika | WROCLAW | POL | | 93 | K20/2 | (K)5 | 04:58:43 | 07.04 |
| 3 | 181 | SZYMAŃSKA Brygida | JAROSZÓW | POL | STRZEGOMSKA DWUNASTKA | 90 | K20/3 | (K)6 | 05:02:46 | 07.12 |
| Maraton - M50 [7] | | | | | | | | | | |
| 1 | 435 | LUBAŃSKI Robert | BUKOWICE | POL | | 66 | M50/1 | (M)14 | 04:22:56 | 06.15 |
| 2 | 69 | FLORCZAK Maciej | GORZÓW WLKP. | POL | MUMIE MTB4FUN | 68 | M50/2 | (M)24 | 04:45:44 | 06.47 |
| 3 | 105 | FRYSIAK Artur | WIELUŃ | POL | WIELUŃ ULTRA I NIE TYLKO | 65 | M50/3 | (M)28 | 04:50:48 | 06.55 |
| 4 | 367 | CZYCZERSKI Jacek | ROGOŹNICA | POL | GRUPA BIEGOWA 'BEZ GRANIC' | 68 | M50/4 | (M)43 | 05:11:45 | 07.24 |
| 5 | 269 | KRUK Waclaw | ŚWIDNICA | POL | KB SOBÓTKA | 67 | M50/5 | (M)45 | 05:13:14 | 07.27 |
| 6 | 459 | FIJAŁKOWSKI Wojciech | WROCLAW | POL | MONAR-GRACZE | 61 | M50/6 | (M)56 | 05:34:30 | 07.57 |
| 7 | 2623 | HARBUL Ryszard | WROCLAW | POL | | 61 | M50/7 | (M)59 | 05:50:51 | 08.21 |
| Maraton - M40 [27] | | | | | | | | | | |
| 1 | 358 | WRÓBEL Marcin | WYSOKA | POL | | 77 | M40/1 | (M)1 | 03:38:38 | 05.12 |
| 2 | 424 | KUPCZAK Mariusz | ROGÓW SOBÓCKI | POL | KB SOBÓTKA | 76 | M40/2 | (M)3 | 03:47:52 | 05.25 |
| 3 | 335 | FURMAN Sławomir | SZCZEPANÓW | POL | | 76 | M40/3 | (M)5 | 04:11:30 | 05.59 |
| 4 | 163 | DURAŁ Grzegorz | WROCLAW | POL | TRENING ULTRASA | 78 | M40/4 | (M)8 | 04:13:38 | 06.02 |
| 5 | 289 | MACHALSKI Sebastian | STRZELIN | POL | AMATOR | 75 | M40/5 | (M)12 | 04:20:43 | 06.12 |
| 6 | 441 | MAJEWSKI Piotr | KARCZYŃ | POL | KB SOBÓTKA | 75 | M40/6 | (M)17 | 04:31:49 | 06.28 |
| 7 | 471 | NIEZGÓDKA Tomasz | WROCLAW | POL | FAKTORING EKSPERT | 70 | M40/7 | (M)18 | 04:33:13 | 06.30 |
| 8 | 167 | WALEŃSKI Tomasz | WROCLAW | POL | | 74 | M40/8 | (M)19 | 04:34:49 | 06.32 |
| 9 | 127 | KALUŻNY Wojciech | ŚWIDNICA | POL | BIEGOWA ŚWIDNICA/NO SUGAR CAFE | 77 | M40/9 | (M)22 | 04:40:56 | 06.41 |
| 10 | 332 | BASZAK Tomasz | STRACHÓW | POL | SIŁA OGRA | 78 | M40/10 | (M)26 | 04:46:01 | 06.48 |
| 11 | 46 | KOCIUMBAS Bartosz | MILICZ | POL | WYBIERZ | 72 | M40/11 | (M)29 | 04:51:40 | 06.56 |
| 12 | 144 | POROWSKI Waldek | WARSZAWA | POL | GRUBYBIEGA | 76 | M40/12 | (M)30 | 04:51:45 | 06.55 |
| 13 | 192 | ROSZKO Zbyszko | WROCLAW | POL | | 78 | M40/13 | (M)32 | 04:56:46 | 07.03 |
| 14 | 323 | JACKOWICZ Rafał | SOBÓTKA | POL | TMTEAM | 75 | M40/14 | (M)33 | 04:58:46 | 07.06 |
| 15 | 380 | SOWA Mariusz | LIPINKI ŁUŻ | POL | | 77 | M40/15 | (M)35 | 05:01:32 | 07.09 |
| 16 | 201 | CIEŚLAK Piotr | ŁÓDŹ | POL | | 76 | M40/16 | (M)37 | 05:01:59 | 07.10 |
| 17 | 343 | SZPYT Andrzej | GUBIN | POL | | 71 | M40/17 | (M)41 | 05:08:34 | 07.20 |
| 18 | 114 | ZUB Arkadiusz | ROGÓW SOBÓCKI | POL | KB SOBÓTKA | 74 | M40/18 | (M)42 | 05:11:40 | 07.25 |
| 19 | 162 | PILARSKI Tomasz | BLACHÓW | POL | | 74 | M40/19 | (M)46 | 05:16:25 | 07.32 |
| 20 | 376 | BEŚ Marcin | JORDANÓW ŚLĄSKI | POL | JUDO SOBÓKA | 76 | M40/20 | (M)47 | 05:17:38 | 07.33 |
| 21 | 57 | RZEPKA Marek | WROCLAW | POL | | 73 | M40/21 | (M)50 | 05:22:17 | 07.40 |
| 22 | 123 | KIEDOWSKI Artur | WROCLAW | POL | PRO-RUN WROCLAW | 75 | M40/22 | (M)51 | 05:22:39 | 07.40 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | M | Sex | Czas Time | [min/km] |
|--------------|--------|----------------------|------------------|----------|-----------------------|---------|--------------------|-------|-----|-----------|----------|
| 23 | 147 | ŁĄK Tomasz | WROCLAW | POL | | 72 | M40/23 | (M)53 | | 05:25:10 | 07.44 |
| 24 | 93 | DLUGOLEŃCKI Konrad | ŚWIDNICA | POL | BIEGOWA ŚWIDNICA | 78 | M40/24 | (M)57 | | 05:35:33 | 07.59 |
| 25 | 160 | MAZEPA Tomasz | OLAWA | POL | OLAWSKA GRUPA BIEGOWA | 75 | M40/25 | (M)63 | | 06:01:39 | 08.36 |
| 26 | 292 | BIECHOŃSKI Jarosław | POZNAŃ | POL | BRAK | 77 | M40/26 | (M)64 | | 06:06:10 | 08.43 |
| 27 | 171 | GRABINSKI Tomasz | DOBRODZIEN | POL | MEBLE DOBRODZIEN | 76 | M40/27 | (M)69 | | 06:56:14 | 09.54 |

Maraton - M30 [29]

| | | | | | | | | | | | |
|----|-----|----------------------|-----------|-----|---------------------------------|----|--------|-------|--|----------|-------|
| 1 | 355 | PUCHAŁA Radosław | SOBÓTKA | POL | KB SOBÓTKA | 79 | M30/1 | (M)2 | | 03:40:39 | 05.15 |
| 2 | 425 | MATYSIAK Bartłomiej | CZACHÓWEK | POL | JACEKBIEGA RUNNING TEAM | 80 | M30/2 | (M)4 | | 04:10:04 | 05.57 |
| 3 | 200 | KUŹMIAK Stanisław | ŻARY | POL | ŻARY RUNNERS TEAM | 79 | M30/3 | (M)6 | | 04:11:44 | 05.59 |
| 4 | 365 | KULBICKI Piotr | WROCLAW | POL | GT RAT | 81 | M30/4 | (M)10 | | 04:17:40 | 06.07 |
| 5 | 45 | BOCZEK Leszek | WROCLAW | POL | | 85 | M30/5 | (M)13 | | 04:20:48 | 06.12 |
| 6 | 451 | BIENIEK Grzegorz | LUBAWKA | POL | APEX.INFO | 88 | M30/6 | (M)15 | | 04:25:05 | 06.18 |
| 7 | 182 | STACHOWIAK Łukasz | POZNAŃ | POL | STR POZNAŃ | 86 | M30/7 | (M)16 | | 04:29:47 | 06.25 |
| 8 | 472 | DĄBROWSKI Jacek | WILCZYCE | POL | DĄBROWSKI BROTHERS | 84 | M30/8 | (M)21 | | 04:39:34 | 06.39 |
| 9 | 379 | WOŹNIAK Grzegorz | LUBIN | POL | | 79 | M30/9 | (M)23 | | 04:44:57 | 06.46 |
| 10 | 190 | HOFMAŃSKI Rafał | KOTLIN | POL | | 88 | M30/10 | (M)25 | | 04:45:53 | 06.47 |
| 11 | 427 | ZIĘBA Marek | SOBÓTKA | POL | SILA OGRA | 79 | M30/11 | (M)31 | | 04:55:22 | 07.01 |
| 12 | 470 | SUSZ Marian | SOBÓTKA | POL | KB SOBÓTKA | 80 | M30/12 | (M)34 | | 05:00:30 | 07.08 |
| 13 | 63 | APANOV Andrey | WROCLAW | POL | | 85 | M30/13 | (M)38 | | 05:04:24 | 07.14 |
| 14 | 138 | ROSZKOWSKI Tomek | WARSZAWA | POL | | 87 | M30/14 | (M)39 | | 05:04:44 | 07.14 |
| 15 | 383 | OLEJNIK Piotr | WROCLAW | POL | GAT | 88 | M30/15 | (M)40 | | 05:04:44 | 07.10 |
| 16 | 261 | DWORNICKI Kamil | WROCLAW | POL | | 84 | M30/16 | (M)48 | | 05:21:09 | 07.38 |
| 17 | 32 | IWASZCZYSZYN Tomasz | WROCLAW | POL | | 88 | M30/17 | (M)49 | | 05:21:34 | 07.39 |
| 18 | 257 | BOCHNAK Paweł | WROCLAW | POL | | 88 | M30/18 | (M)52 | | 05:24:23 | 07.43 |
| 19 | 19 | SMOTER Damian | WROCLAW | POL | | 82 | M30/19 | (M)54 | | 05:32:31 | 07.55 |
| 20 | 443 | RUSOŁ Tomasz | WROCLAW | POL | | 83 | M30/20 | (M)55 | | 05:32:38 | 07.55 |
| 21 | 319 | MŁODOŻENIEC Mirosław | SOBÓTKA | POL | REMBERTÓW TEAM | 80 | M30/21 | (M)58 | | 05:39:31 | 08.05 |
| 22 | 247 | RUTKOWSKI Mariusz | LEGNICA | POL | DOLFOS | 82 | M30/22 | (M)60 | | 05:54:37 | 08.26 |
| 23 | 26 | PIETRZYK Tomasz | ŚWIDNICA | POL | ŻARÓW BIEGA/GCKIS | 79 | M30/23 | (M)61 | | 05:56:55 | 08.29 |
| 24 | 381 | JAROSZYŃSKI Piotr | LUBIN | POL | MTS DRUŻYNA SZPIKU KGHM | 82 | M30/24 | (M)62 | | 06:01:36 | 08.36 |
| 25 | 11 | LISOWSKI Michał | SOBÓTKA | POL | SILA OGRA | 84 | M30/25 | (M)65 | | 06:18:56 | 09.01 |
| 26 | 37 | ROSZKOWSKI Marcin | WROCLAW | POL | | 84 | M30/26 | (M)66 | | 06:35:25 | 09.24 |
| 27 | 377 | DYM Grzegorz | LUBIN | POL | MTS DRUŻYNA SZPIKU KGHM | 79 | M30/27 | (M)67 | | 06:39:13 | 09.30 |
| 28 | 78 | NIEDZIELA Artur | WROCLAW | POL | AKADEMIA WOJSK LĄDOWYCH WROCLAW | 80 | M30/28 | (M)68 | | 06:56:04 | 09.54 |

Maraton - M20 [7]

| | | | | | | | | | | | |
|---|-----|---------------------|--------------|-----|---------------------------|----|-------|-------|--|----------|-------|
| 1 | 370 | MAŁEK Tomasz | GOSTYŃ | POL | | 91 | M20/1 | (M)7 | | 04:12:03 | 05.59 |
| 2 | 285 | BAKALARZ Emil | WROCLAW | POL | PGS SOFTWARE TEAM | 89 | M20/2 | (M)9 | | 04:17:19 | 06.07 |
| 3 | 439 | WIERZBICKI Hubert | PASIKUROWICE | POL | CROSSFIT DOGFIELD WROCLAW | 92 | M20/3 | (M)11 | | 04:18:37 | 06.09 |
| 4 | 465 | GANDZIAROWSKI Marek | SOBÓTKA | POL | WATAHA SOBÓTKA | 91 | M20/4 | (M)20 | | 04:35:58 | 06.34 |
| 5 | 165 | MOLIK Jakub | WROCLAW | POL | STR POZNAŃ | 89 | M20/5 | (M)27 | | 04:46:11 | 06.48 |
| 6 | 222 | GRZEGORCZYK Mateusz | TRZEBIELINO | POL | WABCO RUNNERS | 91 | M20/6 | (M)36 | | 05:01:51 | 07.10 |
| 7 | 88 | PLUTA Kamil | WROCLAW | POL | PERLA TEAM | 90 | M20/7 | (M)44 | | 05:12:14 | 07.25 |

Półmaraton - M20 [24]

| | | | | | | | | | | | |
|----|-----|--------------------------|---------------|-----|---------------------|----|--------|-------|--|----------|-------|
| 1 | 10 | PRZEDWOJEWSKI Bartłomiej | WROCLAW | POL | SALOMON SUUNTO TEAM | 93 | M20/1 | (M)1 | | 01:38:28 | 04.31 |
| 2 | 291 | KUBICA Marcin | BIELSKO-BIAŁA | POL | INOV-TEAM | 99 | M20/2 | (M)2 | | 01:40:11 | 04.35 |
| 3 | 408 | PODOLSKI Przemysław | HAARLEM | NED | | 89 | M20/3 | (M)4 | | 01:52:36 | 05.02 |
| 4 | 346 | ŻWIRSKI Marcin | NYSA | POL | | 89 | M20/4 | (M)12 | | 02:00:51 | 05.31 |
| 5 | 83 | WALACIK Adam | WIERUSZÓW | POL | E.L.ITE SPORT | 94 | M20/5 | (M)20 | | 02:06:59 | 05.49 |
| 6 | 260 | GALOSZ Łukasz | OLEŚNICA | POL | | 92 | M20/6 | (M)22 | | 02:08:46 | 05.54 |
| 7 | 328 | LAGNER Sebastian | SOBÓTKA | POL | KB SOBÓTKA | 92 | M20/7 | (M)25 | | 02:10:01 | 05.57 |
| 8 | 169 | POCHROŃ Marcin | MOKRSKO | POL | WIERUNSZÓW | 92 | M20/8 | (M)28 | | 02:12:12 | 06.03 |
| 9 | 121 | ŁĘŻNIAK Aleksander | SOBÓTKA | POL | MONK SANDALS TEAM | 89 | M20/9 | (M)45 | | 02:20:19 | 06.26 |
| 10 | 106 | WALKARZ Wojciech | ZIĘBICE | POL | | 91 | M20/10 | (M)51 | | 02:23:48 | 06.35 |
| 11 | 128 | KRAWCZYK Tomasz | WROCLAW | POL | | 92 | M20/11 | (M)53 | | 02:24:35 | 06.37 |
| 12 | 375 | HENDRYS Marek | GRANICE | POL | SPARTA ULTRA TEAM | 92 | M20/12 | (M)61 | | 02:26:31 | 06.43 |
| 13 | 155 | KMIECIK Paweł | POZNAŃ | POL | | 90 | M20/13 | (M)69 | | 02:28:14 | 06.48 |
| 14 | 421 | KURCZAK Kacper | WROCLAW | POL | YOLO BRACIA | 99 | M20/14 | (M)79 | | 02:31:02 | 06.55 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | (M) Sex | Czas Time | [min/km] |
|--------------|--------|----------------------|---------------------|----------|-----------------------------|---------|--------------------|---------|-----------|----------|
| 15 | 68 | MAKSYM Piotr | SOBÓTKA | | POL | 92 | M20/15 | (M)94 | 02:38:09 | 07.15 |
| 16 | 402 | KĄKOL Krzysztof | WROCLAW | | POL | 90 | M20/16 | (M)100 | 02:41:10 | 07.23 |
| 17 | 107 | BARTKOWIAK Tomasz | GORZÓW WIELKOPOLSKI | | POL | 90 | M20/17 | (M)105 | 02:43:12 | 07.29 |
| 18 | 235 | FLORCZAK Bartosz | WROCLAW | | POL | 93 | M20/18 | (M)118 | 02:51:42 | 07.52 |
| 19 | 90 | PAWLICKI Karol | MALCZYCE | | POL MKS SIECHNICE | 89 | M20/19 | (M)126 | 02:53:51 | 07.58 |
| 20 | 149 | MIALKOWSKI Tomasz | OLAWA | | POL ZAKOCHAJ SIĘ W BIEGANIU | 89 | M20/20 | (M)132 | 02:56:35 | 08.06 |
| 21 | 258 | RYCZYŃSKI Jakub | OLEŚNICA | | POL | 00 | M20/21 | (M)188 | 03:33:46 | 09.48 |

Półmaraton - M30 [86]

| | | | | | | | | | | |
|----|------|------------------------|---------------------|--|-----------------------------------|----|--------|--------|----------|-------|
| 1 | 407 | BRÝDL Pavel | TRUTNOV | | CZE MIZUNO CZE | 80 | M30/1 | (M)3 | 01:50:49 | 05.04 |
| 2 | 59 | WOJŚLAW Bartłomiej | MARCINOWICE | | POL GLKS MARCINOWICE | 84 | M30/2 | (M)5 | 01:53:22 | 05.11 |
| 3 | 178 | HLAVATÍK Jan | FRÝDEK-MÍSTEK | | CZE KOCIAK Z BESKYD (MŃAUUU) | 85 | M30/3 | (M)6 | 01:56:25 | 05.20 |
| 4 | 175 | SOBCZAK Daniel | OPOLE | | POL | 87 | M30/4 | (M)7 | 01:56:27 | 05.20 |
| 5 | 336 | NORBERT Michał | ŚWIDNICA | | POL | 88 | M30/5 | (M)10 | 01:58:46 | 05.26 |
| 6 | 62 | RUTKOWSKI Dawid | LUBIN | | POL GRIZZYTEAM | 81 | M30/6 | (M)13 | 02:03:34 | 05.39 |
| 7 | 321 | ŚWIDA Adam | WROCLAW | | POL HARDCORY | 85 | M30/7 | (M)14 | 02:03:46 | 05.40 |
| 8 | 52 | NIEPALA Jacek | OBORNIKI ŚLĄSKIE | | POL OBORYGENI | 85 | M30/8 | (M)15 | 02:04:53 | 05.43 |
| 9 | 274 | NAWROT Wojciech | WROCLAW | | POL | 82 | M30/9 | (M)16 | 02:06:18 | 05.47 |
| 10 | 282 | OSKWAREK Piotr | TRZEBUNIA | | POL ŁĄCZKA TEAM LEGNICA | 87 | M30/10 | (M)17 | 02:06:30 | 05.48 |
| 11 | 104 | ZATOŃ Cezary | WROCLAW | | POL BYLE NIE ZDIADZIEĆ | 81 | M30/11 | (M)19 | 02:06:45 | 05.48 |
| 12 | 337 | DZIEDZIC Wadim | WROCLAW | | POL DYNAMO MUCHOBÓR | 79 | M30/12 | (M)27 | 02:11:28 | 06.01 |
| 13 | 96 | SOKOŁOWSKI Adam | WROCLAW | | POL TRIACTIV RIDLEY | 85 | M30/13 | (M)32 | 02:15:01 | 06.11 |
| 14 | 206 | DRAGANEK Jakub | WROCLAW | | POL BUBYONTRAILS | 88 | M30/14 | (M)33 | 02:16:25 | 06.07 |
| 15 | 2709 | GAWREL Piotr | WROCLAW | | POL VEGE RUNNERS | 79 | M30/15 | (M)34 | 02:16:36 | 06.15 |
| 16 | 129 | LEWANDOWSKI Wojciech | ŻERNIKI WROCLAWSKIE | | POL TMTEAM | 84 | M30/16 | (M)36 | 02:17:56 | 06.19 |
| 17 | 423 | POWALSKI Kamil | SOBÓTKA | | POL KB SOBÓTKA | 80 | M30/17 | (M)38 | 02:17:59 | 06.19 |
| 18 | 345 | JANISZEWSKI Michał | TRZEBNICA | | POL ITMZM 2011 | 83 | M30/18 | (M)42 | 02:19:51 | 06.24 |
| 19 | 20 | MARGOL Paweł | WROCLAW | | POL | 83 | M30/19 | (M)46 | 02:22:44 | 06.32 |
| 20 | 268 | CALY Patryk | WROCLAW | | POL #KFD FALLOUT TEAM | 80 | M30/20 | (M)47 | 02:23:25 | 06.34 |
| 21 | 444 | STĘŻYCKI Maciej | ŚREM | | POL PAWEŁ NA SOLTYSIA! | 87 | M30/21 | (M)49 | 02:23:33 | 06.35 |
| 22 | 420 | MAŁOLEPSZY Damian | KĘPNO | | POL SPARTA ULTRA TEAM | 83 | M30/22 | (M)52 | 02:24:00 | 06.36 |
| 23 | 249 | BYZIA Piotr | WROCLAW | | POL | 82 | M30/23 | (M)56 | 02:25:38 | 06.40 |
| 24 | 270 | ŻMIJEWSKI Tomasz | WROCLAW | | POL | 88 | M30/24 | (M)57 | 02:25:44 | 06.41 |
| 25 | 156 | RAKOWSKI Łukasz | BRZEG DOLNY | | POL PCC ULTRARUNNERS | 81 | M30/25 | (M)58 | 02:25:50 | 06.41 |
| 26 | 387 | MICHALSKI Piotr | WROCLAW | | POL BRAK | 86 | M30/26 | (M)60 | 02:26:28 | 06.43 |
| 27 | 54 | DWORZYŃSKI Rafał | WROCLAW | | POL | 84 | M30/27 | (M)62 | 02:26:35 | 06.43 |
| 28 | 25 | POLAŃSKI Krzysztof | BRZEG DOLNY | | POL FITNESSACJA BRZEG DOLNY | 84 | M30/28 | (M)63 | 02:26:40 | 06.43 |
| 29 | 204 | TORZECKI Łukasz | ŚWIEBODZICE | | POL 10 WROCLAWSKI PUŁK DOWODZENIA | 86 | M30/29 | (M)66 | 02:26:50 | 06.44 |
| 30 | 245 | KANTOR Marek | WROCLAW | | POL | 82 | M30/30 | (M)67 | 02:26:57 | 06.44 |
| 31 | 210 | JADACH Grzegorz | WROCLAW | | POL | 82 | M30/31 | (M)72 | 02:29:01 | 06.50 |
| 32 | 2620 | GOLONKA Bartosz | WROCLAW | | POL | 79 | M30/32 | (M)75 | 02:30:13 | 06.53 |
| 33 | 223 | JĘDRZEJCZAK Artur | POZNAŃ | | POL WKURW_TEAM | 85 | M30/33 | (M)77 | 02:30:23 | 06.53 |
| 34 | 339 | SZYSZŁOWSKI Waldemar | PIŁA | | POL | 85 | M30/34 | (M)81 | 02:31:37 | 06.57 |
| 35 | 70 | KUROWSKI Wojciech | WROCLAW | | POL TRIACTIV RIDLEY | 80 | M30/35 | (M)82 | 02:32:06 | 06.58 |
| 36 | 284 | PALUCH Daniel | WROCLAW | | POL | 81 | M30/36 | (M)85 | 02:33:59 | 07.03 |
| 37 | 79 | MAJ Marek | WROCLAW | | POL | 80 | M30/37 | (M)87 | 02:34:39 | 07.05 |
| 38 | 125 | BANAŚ Radosław | WROCLAW | | POL | 82 | M30/38 | (M)90 | 02:34:50 | 07.06 |
| 39 | 21 | KRUPIANIK Tomasz | WROCLAW | | POL | 83 | M30/39 | (M)91 | 02:36:13 | 07.09 |
| 40 | 53 | CIESIELSKI Bartłomiej | ŚWIDNICA | | POL BIEGOWA ŚWIDNICA | 85 | M30/40 | (M)93 | 02:37:44 | 07.14 |
| 41 | 13 | SOBAŃSKI Wojciech | TAPADŁA | | POL PCC SQUAD | 80 | M30/41 | (M)95 | 02:38:18 | 07.15 |
| 42 | 316 | TELEGUJ Michał | OPOLE | | POL TEZA BHP OPOLE | 83 | M30/42 | (M)98 | 02:39:11 | 07.18 |
| 43 | 173 | KŁODOWSKI Michał | WROCLAW | | POL QLOCK0W4 SKL4D4NK4 | 79 | M30/43 | (M)102 | 02:41:45 | 07.25 |
| 44 | 351 | MOŃKA Łukasz | WIERUSZÓW | | POL SPARTA ULTRA TEAM | 84 | M30/44 | (M)103 | 02:42:19 | 07.26 |
| 45 | 145 | MROCZEK Jarosław | SULISTROWICE | | POL DK&A | 80 | M30/45 | (M)104 | 02:42:56 | 07.28 |
| 46 | 47 | WIJAS Marcin | STRZEGOM | | POL TEMPMO WAŁBRZYCH | 85 | M30/46 | (M)107 | 02:43:35 | 07.30 |
| 47 | 406 | WŁODEK Mateusz | POZNAŃ | | POL BERBEL TEAM | 87 | M30/47 | (M)108 | 02:43:41 | 07.30 |
| 48 | 214 | BOBERSKI Piotr | WROCLAW | | POL NDB | 84 | M30/48 | (M)110 | 02:44:28 | 07.32 |
| 49 | 196 | SZCZEPANKIEWICZ Marcin | WROCLAW | | POL PCC ULTRA RUNNERS | 81 | M30/49 | (M)111 | 02:45:02 | 07.34 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|------------------------------|-----------|-------------------------|---------------------|-------------|---|------------|-----------------------|--------|--------------|----------|
| 50 | 172 | ŁAŻNIEWSKI Dariusz | WYSOKA | | POL OLSZYNIA BIEGA | 86 | M30/50 | (M)116 | 02:50:39 | 07.49 |
| 51 | 431 | MATYLA Roman | WROCLAW | | POL CAPGEMINI | 86 | M30/51 | (M)120 | 02:52:00 | 07.53 |
| 52 | 67 | CHAMOT Marcin | KAMIENNA GÓRA | | POL | 82 | M30/52 | (M)128 | 02:55:01 | 08.01 |
| 53 | 357 | STASIAK Paweł | DZIERŻONIÓW | | POL | 86 | M30/53 | (M)129 | 02:55:26 | 08.02 |
| 54 | 250 | SZUSTKA Mariusz | WIRY | | POL | 81 | M30/54 | (M)130 | 02:55:26 | 08.02 |
| 55 | 340 | WALCZUK Paweł | WROCLAW | | POL | 82 | M30/55 | (M)131 | 02:56:31 | 08.05 |
| 56 | 306 | PAPRZYCKI Maciej | WROCLAW | | POL PRO-RUN WROCLAW | 79 | M30/56 | (M)134 | 02:56:54 | 08.06 |
| 57 | 215 | ALAMA Artur | WROCLAW | | POL | 85 | M30/57 | (M)138 | 02:58:25 | 08.11 |
| 58 | 18 | POMIANOWSKI Szymon | WROCLAW | | POL KURACJUSZE | 84 | M30/58 | (M)142 | 02:59:44 | 08.14 |
| 59 | 344 | KOCIK Paweł | WROCLAW | | POL KSIĘSKA | 82 | M30/59 | (M)145 | 03:01:51 | 08.20 |
| 60 | 415 | DURA Maciej | WROCLAW | | POL | 86 | M30/60 | (M)146 | 03:02:16 | 08.21 |
| 61 | 227 | KOGUT Stanisław | ŚWIDNICA | | POL MAŁGOSIA'S SUPPORT | 81 | M30/61 | (M)148 | 03:02:59 | 08.23 |
| 62 | 116 | CHORAŻY Łukasz | OLEŚNICA | | POL CAŁA OLEŚNICA BIEGA | 84 | M30/62 | (M)149 | 03:03:23 | 08.24 |
| 63 | 65 | GWOZDECKI Tomasz | WROCLAW | | POL ZWYCZUCIEMSAKU.PL | 82 | M30/63 | (M)150 | 03:03:28 | 08.24 |
| 64 | 2619 | KOWALSKI Szymon | WROCLAW | | POL DAMY RADE ! | 81 | M30/64 | (M)152 | 03:03:57 | 08.26 |
| 65 | 36 | CHARUK Grzegorz | WOŁÓW | | POL | 79 | M30/65 | (M)154 | 03:04:44 | 08.28 |
| 66 | 413 | STOKŁOSA Michał | ŻYWIEC | | POL CAPGEMINI | 88 | M30/66 | (M)155 | 03:05:41 | 08.31 |
| 67 | 239 | ŻMOJDZIAN Przemysław | CHWAŁKÓW | | POL KB SOBÓTKA | 82 | M30/67 | (M)157 | 03:06:25 | 08.33 |
| 68 | 362 | WAWRZKOWICZ Rafał | WROCLAW | | POL | 81 | M30/68 | (M)158 | 03:07:18 | 08.35 |
| 69 | 394 | SIKORSKI Dariusz | DZIERŻONIÓW | | POL IMENEL | 81 | M30/69 | (M)164 | 03:10:31 | 08.44 |
| 70 | 246 | MIKOŁAJCZYK Dominik | WROCLAW | | POL | 80 | M30/70 | (M)165 | 03:11:09 | 08.46 |
| 71 | 404 | SZYSZKO Stanisław | PILA | | POL | 86 | M30/71 | (M)168 | 03:13:26 | 08.52 |
| 72 | 272 | KALKA Marcin | RAWICZ | | POL | 84 | M30/72 | (M)169 | 03:13:29 | 08.52 |
| 73 | 80 | ZAKRAWACZ Łukasz | SOBÓTKA | | POL | 82 | M30/73 | (M)170 | 03:13:37 | 08.52 |
| 74 | 102 | SYGIEL Andrzej | ŚRODA ŚLĄSKA | | POL | 79 | M30/74 | (M)171 | 03:13:38 | 08.52 |
| 75 | 55 | STEFANOWSKI Edward | BRZEG DOLNY | | POL PCC SQUAD | 84 | M30/75 | (M)174 | 03:14:18 | 08.54 |
| 76 | 392 | SAJEWICZ Grzegorz | WROCLAW | | POL BLACK SABBATH | 83 | M30/76 | (M)176 | 03:14:49 | 08.56 |
| 77 | 467 | ŻYLAK Marek | WROCLAW | | POL | 84 | M30/77 | (M)177 | 03:16:08 | 08.59 |
| 78 | 81 | OKOŃSKI Tomasz | SULISTROWICE | | POL ŚLĘŻAŃSKI OŚRODEK KULTURY, SPORTU I REKREACJI | 88 | M30/78 | (M)178 | 03:16:49 | 09.01 |
| 79 | 50 | JURKIEWICZ Dominik | WROCLAW | | POL | 85 | M30/79 | (M)181 | 03:17:48 | 09.04 |
| 80 | 74 | GAĆZKOWSKI Adrian | ŚWIDNICA | | POL ŚWIDNICKIE FORUM ROZWOJU | 84 | M30/80 | (M)182 | 03:18:14 | 09.05 |
| 81 | 410 | KARPOWICZ Tomasz | WYSOKA | | POL | 82 | M30/81 | (M)185 | 03:24:08 | 09.21 |
| 82 | 14 | JADOWSKI Bartłomiej | PRZEMIŁÓW | | POL | 88 | M30/82 | (M)187 | 03:28:43 | 09.34 |
| 83 | 333 | KARKULOWSKI Wojciech | WROCLAW | | POL SZKOŁA FECHTUNKU CERTUS | 82 | M30/83 | (M)191 | 03:39:24 | 10.03 |
| 84 | 373 | RYBAK Kacper | WROCLAW | | POL 82091909853 | 82 | M30/84 | (M)193 | 03:41:44 | 10.10 |
| 85 | 176 | SKROBEK Marcin | WROCLAW | | POL NEWHOLLAND | 84 | M30/85 | (M)197 | 04:04:30 | 11.12 |
| 86 | 350 | MYSZKA Radosław | WROCLAW | | POL | 79 | M30/86 | (M)198 | 04:13:38 | 11.38 |
| Półmaraton - M40 [81] | | | | | | | | | | |
| 1 | 35 | MOCZEK Tomasz | GŁOGÓW | | POL CROSS STRACENCÓW TEAM | 78 | M40/1 | (M)8 | 01:57:17 | 05.22 |
| 2 | 139 | KOWALCZYK Marcin | JAWORZNIK | | POL WILD DOGS TEAM | 78 | M40/2 | (M)9 | 01:58:27 | 05.25 |
| 3 | 256 | FRANASZCZUK Wojciech | SOBÓTKA | | POL KB SOBÓTKA | 76 | M40/3 | (M)11 | 01:58:47 | 05.26 |
| 4 | 97 | SWINIARSKI Tomasz | WROCLAW | | POL SPORTUJESIE.PL | 70 | M40/4 | (M)21 | 02:07:45 | 05.51 |
| 5 | 100 | ROGÓRZ Piotr | WROCLAW | | POL | 74 | M40/5 | (M)23 | 02:09:22 | 05.55 |
| 6 | 368 | KOZŁOWSKI Marek | JAWOR | | POL BIEGAMDLAZDROWIA | 71 | M40/6 | (M)24 | 02:09:57 | 05.57 |
| 7 | 184 | KRÓLIKOWSKI Edward | PLEWISKA | | POL KB MANIAC POZNAŃ | 70 | M40/7 | (M)29 | 02:12:12 | 06.03 |
| 8 | 187 | NOSKI Mariusz | BIELAWA | | POL | 78 | M40/8 | (M)30 | 02:12:47 | 06.05 |
| 9 | 314 | KOŃCZAL Przemysław | WROCLAW | | POL | 74 | M40/9 | (M)31 | 02:14:40 | 06.10 |
| 10 | 146 | BIAŁY Adam | WROCLAW | | POL | 74 | M40/10 | (M)37 | 02:17:56 | 06.19 |
| 11 | 412 | KOJS Łukasz | SOBÓTKA | | POL | 76 | M40/11 | (M)39 | 02:18:28 | 06.20 |
| 12 | 179 | WYSOCKI Rafał | SOBÓTKA | | POL KB SOBÓTKA | 77 | M40/12 | (M)40 | 02:18:29 | 06.20 |
| 13 | 2725 | MRÓWKA Leszek | BRALIN | | POL | 74 | M40/13 | (M)41 | 02:19:23 | 06.23 |
| 14 | 317 | MUTRYNOWSKI Piotr | WROCLAW | | POL | 74 | M40/14 | (M)43 | 02:20:01 | 06.25 |
| 15 | 300 | KYCIA Piotr | RAWICZ | | POL | 71 | M40/15 | (M)44 | 02:20:07 | 06.25 |
| 16 | 401 | MIAZGA Michał | DZIERŻONIÓW | | POL MIAZGA | 74 | M40/16 | (M)48 | 02:23:28 | 06.34 |
| 17 | 301 | MARTOWSKI Maciej | WROCLAW | | POL EUROPA UBEZPIECZENIA | 76 | M40/17 | (M)50 | 02:23:33 | 06.35 |
| 18 | 205 | LEWANDOWSKI Wojciech | WROCLAW | | POL FUDO SHIN AIKI DOJO | 76 | M40/18 | (M)54 | 02:24:38 | 06.38 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | M | Sex | Czas Time | [min/km] |
|--------------|--------|------------------------|---------------------|----------|---------------------------------------|---------|--------------------|-----|-----|-----------|----------|
| 19 | 101 | SKÓRA Mirosław | LASKI | | POL SPARTA ULTRA TEAM | 72 | M40/19 | (M) | 55 | 02:25:26 | 06.40 |
| 20 | 457 | CUPRLAK Daniel | NOWA WIEŚ MAŁA | | POL | 72 | M40/20 | (M) | 59 | 02:26:25 | 06.43 |
| 21 | 419 | PATER Tomasz | SOBÓTKA | | POL SIŁA OGRA | 76 | M40/21 | (M) | 64 | 02:26:42 | 06.43 |
| 22 | 170 | WOŹNIAK Rafał | BRZEG DOLNY | | POL PCC ULTRA RUNNERS | 76 | M40/22 | (M) | 65 | 02:26:49 | 06.44 |
| 23 | 158 | ZIEMKIEWICZ Jarosław | LUBIN | | POL UKS RUNNING TEAM | 76 | M40/23 | (M) | 68 | 02:27:37 | 06.46 |
| 24 | 389 | SZCZOT Andrzej | WROCLAW | | POL KB SOBÓTKA | 76 | M40/24 | (M) | 70 | 02:28:18 | 06.48 |
| 25 | 334 | SOBCZAK Tomasz | WARSZAWA | | POL MARCIN ŚWIERC TEAM | 75 | M40/25 | (M) | 71 | 02:28:36 | 06.49 |
| 26 | 440 | BARAN Jarosław | WROCLAW | | POL TRIACTIV RIDLEY | 74 | M40/26 | (M) | 73 | 02:29:19 | 06.50 |
| 27 | 198 | TRYK Sebastian | WROCLAW | | POL PRO-RUN WROCLAW | 71 | M40/27 | (M) | 74 | 02:29:55 | 06.52 |
| 28 | 262 | SZANDAŁA Jacek | OLEŚNICA | | POL CAŁA OLEŚNICA BIEGA | 76 | M40/28 | (M) | 76 | 02:30:18 | 06.53 |
| 29 | 124 | PARZONKA Paweł | KĘPNO | | POL KS LENIWIEC | 73 | M40/29 | (M) | 78 | 02:30:58 | 06.55 |
| 30 | 309 | KUDRA Dariusz | DŁUTÓW | | POL | 73 | M40/30 | (M) | 80 | 02:31:31 | 06.57 |
| 31 | 94 | KACZOR Marcin | ŚWIĘCIECHOWA | | POL | 75 | M40/31 | (M) | 83 | 02:33:27 | 07.02 |
| 32 | 263 | LACH Dariusz | ŚWIĄTNIKI | | POL | 70 | M40/32 | (M) | 84 | 02:33:54 | 07.03 |
| 33 | 177 | MIELNIKOWSKI Piotr | SOBÓTKA | | POL JUDO SOBÓTKA | 74 | M40/33 | (M) | 86 | 02:34:31 | 07.05 |
| 34 | 411 | NOWAK Maciej gabriel | POZNAŃ | | POL | 70 | M40/34 | (M) | 92 | 02:36:17 | 07.10 |
| 35 | 290 | MALUGA Bartosz | WROCLAW | | POL MALUGA.PL | 76 | M40/35 | (M) | 96 | 02:38:28 | 07.16 |
| 36 | 252 | MRÓZ Mariusz | WROCLAW | | POL ZAKOCHAJ SIĘ W BIEGANIU | 74 | M40/36 | (M) | 97 | 02:38:44 | 07.16 |
| 37 | 209 | CZAPIGA Robert | NOWA RUDA-SŁUPIEC | | POL PRORITA TEAM | 71 | M40/37 | (M) | 99 | 02:39:59 | 07.20 |
| 38 | 132 | RUDNICKI Maciej | WARKA | | POL KS START PUŁASKI WARKA | 70 | M40/38 | (M) | 109 | 02:43:52 | 07.31 |
| 39 | 197 | WRZEŚNIAK Adam | WROCLAW | | POL KS NEONET / CAPITOL I PRZYJACIELE | 73 | M40/39 | (M) | 112 | 02:45:06 | 07.34 |
| 40 | 119 | WŁODARCZYK Jarosław | WROCLAW | | POL AKADEMIA WOJSK ŁĄDOWYCH | 70 | M40/40 | (M) | 113 | 02:45:17 | 07.34 |
| 41 | 446 | ŚLAZIŃSKI Paweł | ZBRUDZEWO | | POL MACIEJ NA SOLTYSA | 77 | M40/41 | (M) | 114 | 02:46:24 | 07.38 |
| 42 | 73 | NOWICKI Robert | BACZYNA | | POL MUMIE MTB4FUN | 74 | M40/42 | (M) | 115 | 02:48:44 | 07.44 |
| 43 | 229 | GRABIEC Maciej | KALISZ POMORSKI | | POL STARA KORYTNICA | 75 | M40/43 | (M) | 119 | 02:51:48 | 07.52 |
| 44 | 353 | BISKUPSKI Jakub | WROCLAW | | POL | 74 | M40/44 | (M) | 121 | 02:52:10 | 07.53 |
| 45 | 137 | RATYMIRSKI Wojciech | WROCLAW | | POL #SOBASTEAM | 77 | M40/45 | (M) | 122 | 02:52:21 | 07.54 |
| 46 | 255 | SOLIŃSKI Andrzej | SOBÓTKA | | POL | 77 | M40/46 | (M) | 123 | 02:52:26 | 07.54 |
| 47 | 409 | RATAJCZAK Dariusz | DOLSK | | POL HERNIK TEAM | 72 | M40/47 | (M) | 124 | 02:52:35 | 07.55 |
| 48 | 418 | ŁEBEK Tomasz | RADWANICE | | POL | 75 | M40/48 | (M) | 125 | 02:53:42 | 07.58 |
| 49 | 142 | GARBACZ Marek | OLAWA | | POL TULIP RUNNERS | 72 | M40/49 | (M) | 127 | 02:54:07 | 07.59 |
| 50 | 92 | NIEĆ Bartłomiej | WROCLAW | | POL PRO-RUN WROCLAW | 73 | M40/50 | (M) | 133 | 02:56:48 | 08.06 |
| 51 | 72 | RESPONDEK Dariusz | WROCLAW | | POL | 74 | M40/51 | (M) | 135 | 02:57:08 | 08.07 |
| 52 | 393 | KAISER Ernest | GORZÓW WIELKOPOLSKI | | POL MUMIE MTB4FUN | 77 | M40/52 | (M) | 136 | 02:58:13 | 08.10 |
| 53 | 64 | SIEBERT Mariusz | KŁODAWA | | POL MUMIE TEAM | 70 | M40/53 | (M) | 137 | 02:58:16 | 08.10 |
| 54 | 203 | CZAJA Maciej | WROCLAW | | POL MINICLASSIC.PL | 76 | M40/54 | (M) | 139 | 02:58:45 | 08.11 |
| 55 | 295 | BANAŚ Tomasz | BIELANY WROCLAWSKIE | | POL | 71 | M40/55 | (M) | 140 | 02:59:19 | 08.13 |
| 56 | 313 | MAKSYMISZYN Marek | OLAWA | | POL OLAWSKA GRUPA BIEGOWA | 78 | M40/56 | (M) | 141 | 02:59:21 | 08.13 |
| 57 | 403 | JÓZKÓW Wojciech | SOBÓTKA | | POL 123LABS | 74 | M40/57 | (M) | 143 | 03:00:28 | 08.16 |
| 58 | 108 | KONOPKA Sebastian | WROCLAW | | POL | 78 | M40/58 | (M) | 151 | 03:03:33 | 08.25 |
| 59 | 231 | FRANEK Sebastian | LUBOŃ | | POL MUAY RUNNING TEAM | 77 | M40/59 | (M) | 153 | 03:04:17 | 08.27 |
| 60 | 237 | SIKORSKI Grzegorz | BORYSŁAWICE | | POL | 72 | M40/60 | (M) | 156 | 03:05:54 | 08.31 |
| 61 | 327 | ANDRZEJEWICZ Paweł | ŻARY | | POL ŻARY RUNNERS TEAM | 78 | M40/61 | (M) | 159 | 03:07:34 | 08.36 |
| 62 | 9 | IGNASZEWSKI Przemysław | GRUDZIĄDZ | | POL SIŁA OGRA | 77 | M40/62 | (M) | 160 | 03:07:35 | 08.36 |
| 63 | 2625 | PYTA Adam | WAŁBRZYCH | | POL | 76 | M40/63 | (M) | 161 | 03:08:22 | 08.38 |
| 64 | 228 | RYTKA Damian | SIECHNICE | | POL | 76 | M40/64 | (M) | 163 | 03:09:02 | 08.40 |
| 65 | 254 | PRZEBIERAŁA Grzegorz | WROCLAW | | POL PRZEBIEG | 72 | M40/65 | (M) | 166 | 03:11:29 | 08.47 |
| 66 | 95 | ZIÓŁKOWSKI Piotr | JELCZ - LASKOWICE | | POL KB HARCOWNIK JELCZ-LASKOWICE | 74 | M40/66 | (M) | 167 | 03:11:43 | 08.47 |
| 67 | 331 | ZASADA Michał | DOMASŁAW | | POL PRO-RUN WROCLAW | 76 | M40/67 | (M) | 172 | 03:13:42 | 08.53 |
| 68 | 141 | STARZYK Andrzej | WROCLAW | | POL | 76 | M40/68 | (M) | 173 | 03:13:59 | 08.53 |
| 69 | 89 | DĘBEK Piotrek | ŚWIDNICA | | POL ŚWIDNICKA GRUPA BIEGOWA | 77 | M40/69 | (M) | 175 | 03:14:33 | 08.55 |
| 70 | 44 | KIELBUS Mariusz | MALERZÓW | | POL | 75 | M40/70 | (M) | 179 | 03:16:51 | 09.01 |
| 71 | 324 | CIPORA Maciej | WROCLAW | | POL FOUR RUNNERS GROUP | 70 | M40/71 | (M) | 180 | 03:17:19 | 09.03 |
| 72 | 143 | STRZELECKI Krzysztof | WROCLAW | | POL | 72 | M40/72 | (M) | 183 | 03:20:08 | 09.10 |
| 73 | 109 | KALAMARZ Krzysztof | WAWRZEŃCZYCE | | POL | 74 | M40/73 | (M) | 184 | 03:24:04 | 09.21 |
| 74 | 271 | KORDYLAK Ireneusz | WAŁBRZYCH | | POL POMIDOROWA ALTERNATYWA 🍅 | 76 | M40/74 | (M) | 186 | 03:28:20 | 09.33 |
| 75 | 113 | RYCZYŃSKI Jacek | OLEŚNICA | | POL | 74 | M40/75 | (M) | 190 | 03:37:23 | 09.58 |
| 76 | 166 | DUDEK Krzysztof | JAROSŁAW 27 | | POL STRZEGOMSKA DWUNASTKA | 74 | M40/76 | (M) | 192 | 03:41:16 | 10.09 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|------------------------------|-----------|----------------------------|---------------------|-------------|---------------------------------|------------|-----------------------|--------|--------------|----------|
| 77 | 364 | STACHAŃCZYK Wojciech | WROCLAW | | POL MATNER RUNNING TEAM | 75 | M40/77 | (M)194 | 03:42:09 | 10.11 |
| 78 | 322 | MORAWSKI Jaroslaw | LEGNICA | | POL ŁĄCZKA TEAM LEGNICA | 73 | M40/78 | (M)195 | 03:48:04 | 10.27 |
| 79 | 15 | TYL Maciej | POZNAŃ | | POL QUAY POZNAŃ | 69 | M40/79 | (M)196 | 03:56:29 | 10.50 |
| 80 | 43 | KORZENIOWSKI Mirosław | WROCLAW | | POL NIE BIEGAJ | 78 | M40/80 | (M)199 | 04:13:40 | 11.38 |
| Półmaraton - M50 [11] | | | | | | | | | | |
| 1 | 61 | PATALON Marek | MARCINOWICE | | POL GLKS MARCINOWICE | 67 | M50/1 | (M)18 | 02:06:35 | 05.48 |
| 2 | 134 | TYCZKOWSKI Mariusz | WROCLAW | | POL WROCLAW MARATHON TEAM | 67 | M50/2 | (M)26 | 02:11:01 | 06.00 |
| 3 | 248 | SULIMA Grzegorz | STRZEGOM | | POL GRUPA BIEGOWA 'BEZ GRANIC' | 67 | M50/3 | (M)35 | 02:17:51 | 06.18 |
| 4 | 236 | LITWIN Jan | WROCLAW | | POL LITWIN TRIATHLON TEAM | 61 | M50/4 | (M)88 | 02:34:42 | 07.05 |
| 5 | 211 | MŁODOŻENIEC Jacek | SOBÓTKA | | POL REMBERTÓW TEAM | 68 | M50/5 | (M)89 | 02:34:43 | 07.05 |
| 6 | 369 | SKUDLARSKI Kamil | WROCLAW | | POL PRO-RUN WROCLAW | 61 | M50/6 | (M)101 | 02:41:27 | 07.24 |
| 7 | 2713 | KOZŁOWSKI Wojciech | LISOWCE | | POL SUDETY MTB CHALLENGE | 68 | M50/7 | (M)106 | 02:43:29 | 07.29 |
| 8 | 24 | ŁUSZCZ Janusz | WROCLAW | | POL WOLNY STRZELEC Z WROCLAWIA. | 62 | M50/8 | (M)144 | 03:01:05 | 08.18 |
| 9 | 366 | GOLĄB Andrzej | DOBROSZYCE | | POL CAŁA OLEŚNICA BIEGA | 66 | M50/9 | (M)147 | 03:02:24 | 08.22 |
| 10 | 396 | ABULEWICZ Wojciech | WROCLAW | | POL INNOVA SPORT CENTER | 68 | M50/10 | (M)162 | 03:08:28 | 08.38 |
| 11 | 56 | PODSIADŁY Robert | WROCLAW | | POL CHATA BIEGACZA K34 ZAKOPANE | 59 | M50/11 | (M)200 | 04:30:48 | 12.25 |
| Półmaraton - M60 [2] | | | | | | | | | | |
| 1 | 341 | NESTEREWICZ Ryszard | KŁODZKO | | POL LKS ISKRA JASZKOWA | 54 | M60/1 | (M)117 | 02:51:18 | 07.51 |
| 2 | 30 | ZIÓŁKOWSKI Krzysztof | WROCLAW | | POL PRO-RUN WROCLAW | 53 | M60/2 | (M)189 | 03:35:13 | 09.52 |
| Półmaraton - K20 [5] | | | | | | | | | | |
| 1 | 426 | OBSTÓJ Karolina | KIELCZÓW | | POL #SOBASTEAM | 90 | K20/1 | (K)1 | 02:05:19 | 05.44 |
| 2 | 464 | BAGIŃSKA Anna | SOBÓTKA | | POL KB SOBÓTKA | 89 | K20/2 | (K)7 | 02:35:36 | 07.08 |
| 3 | 378 | CZERWIŃSKA Katarzyna | WARSZAWA | | POL | 90 | K20/3 | (K)8 | 02:38:48 | 07.17 |
| 4 | 326 | TABISZEWSKA Angelika | KATY WROCLAWSKIE | | POL | 90 | K20/4 | (K)25 | 03:14:57 | 08.56 |
| 5 | 115 | CHORAŻY Izabela | OLEŚNICA | | POL CAŁA OLEŚNICA BIEGA | 92 | K20/5 | (K)33 | 03:22:58 | 09.18 |
| Półmaraton - K30 [24] | | | | | | | | | | |
| 1 | 281 | KOWALEWSKA Elżbieta | ZGORZELEC | | POL EDI TEAM ZGORZELEC | 82 | K30/1 | (K)2 | 02:09:10 | 05.55 |
| 2 | 217 | BIEŃ Magdalena | POZNAŃ | | POL SKLEPBIEGOWY | 79 | K30/2 | (K)4 | 02:29:32 | 06.51 |
| 3 | 180 | MILLER Marta | WROCLAW | | POL | 88 | K30/3 | (K)5 | 02:30:22 | 06.53 |
| 4 | 185 | ROZNIERSKA Dagmara | RĘKÓW | | POL STYLOWO-SPORTOWO TEAM | 85 | K30/4 | (K)6 | 02:31:54 | 06.58 |
| 5 | 28 | IDCZAK Agnieszka | LEGNICA | | POL ŁĄCZKA TEAM LEGNICA | 86 | K30/5 | (K)9 | 02:39:47 | 07.19 |
| 6 | 140 | ANTOSZ Katarzyna | WROCLAW | | POL | 81 | K30/6 | (K)11 | 02:51:54 | 07.53 |
| 7 | 87 | DŁUŻEŃ Marcelina | WROCLAW | | POL PERŁA TEAM | 86 | K30/7 | (K)14 | 02:53:59 | 07.58 |
| 8 | 461 | PIELUSZYŃSKA Agnieszka | SOBÓTKA | | POL KB SOBÓTKA | 80 | K30/8 | (K)15 | 02:58:44 | 08.11 |
| 9 | 195 | SZLUFIK Marta | OLAWA | | POL OLAWSKA GRUPA BIEGOWA | 85 | K30/9 | (K)17 | 03:02:42 | 08.22 |
| 10 | 226 | KULAKOWSKA Małgorzata | ŚWIDNICA | | POL TEAM STASZEK | 82 | K30/10 | (K)18 | 03:02:59 | 08.23 |
| 11 | 122 | BANACH Joanna | KĘDZIERZYN-KOŹLE | | POL | 82 | K30/11 | (K)19 | 03:04:35 | 08.28 |
| 12 | 356 | PUCHAŁA Anna | SOBÓTKA | | POL KB SOBÓTKA | 81 | K30/12 | (K)20 | 03:06:25 | 08.33 |
| 13 | 288 | MENDAK Aleksandra | OLAWA | | POL OLAWSKA GRUPA BIEGOWA | 80 | K30/13 | (K)22 | 03:08:43 | 08.39 |
| 14 | 23 | NOWACKA - WOŁCZEK Jagoda | STRZEGOM | | POL GRUPA BIEGOWA 'BEZ GRANIC' | 87 | K30/14 | (K)23 | 03:12:39 | 08.50 |
| 15 | 241 | SZNAJDER Joanna | WROCLAW | | POL | 83 | K30/15 | (K)24 | 03:13:47 | 08.53 |
| 16 | 372 | ŁOPATOWSKA Anna | WROCLAW | | POL | 83 | K30/16 | (K)32 | 03:22:46 | 09.18 |
| 17 | 38 | KRAUZA Paulina | BORÓW | | POL | 85 | K30/17 | (K)35 | 03:29:36 | 09.36 |
| 18 | 308 | NOWAK-KASPRZAK Anna | WROCLAW | | POL BRAK | 85 | K30/18 | (K)36 | 03:30:50 | 09.40 |
| 19 | 243 | NOSKO Ewa | WROCLAW | | POL | 87 | K30/19 | (K)37 | 03:35:14 | 09.52 |
| 20 | 310 | KOZŁOWSKA Ewa | WROCLAW | | POL | 86 | K30/20 | (K)38 | 03:39:27 | 10.04 |
| 21 | 207 | POMIANOWSKA Ania | WRONKI | | POL RĄCZELACZKI | 80 | K30/21 | (K)42 | 03:41:34 | 10.09 |
| 22 | 398 | PODOLSKA-SZACHEWICZ Julita | WROCLAW | | POL JEŻOZWIERZE GROUP | 79 | K30/22 | (K)44 | 03:57:51 | 10.54 |
| 23 | 135 | ROSZKOWSKA Hanna | WROCLAW | | POL | 85 | K30/23 | (K)46 | 04:24:25 | 12.07 |
| Półmaraton - K40 [14] | | | | | | | | | | |
| 1 | 312 | BERNAT Katarzyna | ŚWIDNICA | | POL BIEGOWA ŚWIDNICA | 70 | K40/1 | (K)3 | 02:19:31 | 06.23 |
| 2 | 266 | KORZENIOWSKA Agnieszka | MARCINKOWICE | | POL OLAWSKA GRUPA BIEGOWA | 77 | K40/2 | (K)10 | 02:43:59 | 07.31 |
| 3 | 359 | SIENNICA Joanna | ŚWIDNICA | | POL ŚWIDNICKA GRUPA BIEGOWA | 78 | K40/3 | (K)12 | 02:53:39 | 07.57 |
| 4 | 354 | ZŁOTNICKA Olga | ŚWIDNICA | | POL ŚWIDNICKA GRUPA BIEGOWA | 78 | K40/4 | (K)13 | 02:53:49 | 07.58 |
| 5 | 202 | CZAJA Małgorzata | WROCLAW | | POL MINICLASSIC.PL | 76 | K40/5 | (K)16 | 02:58:49 | 08.12 |
| 6 | 213 | CHAŁUPCZAK Lila | WROCLAW | | POL | 69 | K40/6 | (K)21 | 03:08:37 | 08.39 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | (K) Sex | Czas Time | [min/km] |
|--------------|--------|-------------------------|------------------|----------|--------------------------------|---------|--------------------|---------|-----------|----------|
| 7 | 325 | CIPORA Katarzyna | WROCLAW | | POL FOUR RUNNERS GROUP | 73 | K40/7 | (K)26 | 03:17:21 | 09.03 |
| 8 | 40 | LECH Agnieszka | ŚWIEBODZICE | | POL GRUPA BIEGOWA 'BEZ GRANIC' | 78 | K40/8 | (K)27 | 03:18:16 | 09.05 |
| 9 | 349 | FURGAŁ Dorota | OLEŚNICA | | POL | 77 | K40/9 | (K)28 | 03:19:04 | 09.07 |
| 10 | 417 | STARCZYŃSKA Aneta maria | NADOLICE WIELKIE | | POL | 77 | K40/10 | (K)29 | 03:20:17 | 09.11 |
| 11 | 232 | JANISZEWSKA Agnieszka | OLAWA | | POL OLAWSKA GRUPA BIEGOWA | 75 | K40/11 | (K)39 | 03:39:42 | 10.04 |
| 12 | 315 | SOBIESKA Katarzyna | LEGNICA | | POL ŁĄCZKA TEAM LEGNICA | 70 | K40/12 | (K)40 | 03:40:38 | 10.07 |
| 13 | 174 | DUDEK Mariola | JAROSŁAW | | POL STRZEGOMSKA DWUNASTKA | 76 | K40/13 | (K)41 | 03:41:16 | 10.09 |
| 14 | 445 | BUBEL Alina | WROCLAW | | POL DRUŻYNA SZPIKU | 69 | K40/14 | (K)43 | 03:56:45 | 10.51 |

Półmaraton - K50 [2]

| | | | | | | | | | | |
|---|-----|-----------------|----------|--|-----------------------------------|----|-------|-------|----------|-------|
| 1 | 388 | MUCHA Katarzyna | WROCLAW | | POL FITNESS ACCADEMY RUNNING TEAM | 66 | K50/1 | (K)30 | 03:21:23 | 09.14 |
| 2 | 434 | LUBAŃSKA Alicja | BUKOWICE | | POL DOBIEGNĘ! BUKOWICE | 68 | K50/2 | (K)31 | 03:22:21 | 09.16 |

Półmaraton - K60 [2]

| | | | | | | | | | | |
|---|-----|----------------|----------|--|-----------------------|----|-------|-------|----------|-------|
| 1 | 71 | SOBCZAK Renata | OLEŚNICA | | POL KB LUPUS OLEŚNICA | 53 | K60/1 | (K)34 | 03:24:14 | 09.22 |
| 2 | 299 | BORKOWSKA Ewa | ZŁOTÓW | | POL | 52 | K60/2 | (K)45 | 04:09:26 | 11.26 |

Bieg 10 km - M20 [11]

| | | | | | | | | | | |
|----|-----|-------------------|--------------|--|------------------------------|----|--------|-------|----------|-------|
| 1 | 33 | TROJNAR Paweł | SOBÓTKA | | POL WATAHA SOBÓTKA | 92 | M20/1 | (M)5 | 00:55:21 | 05.23 |
| 2 | 371 | KARAŚ Michał | BIELAWA | | POL PICKSAAS | 96 | M20/2 | (M)10 | 01:02:06 | 06.01 |
| 3 | 416 | DOMOWICZ Wojciech | BOLESŁAWIEC | | POL CYKLOSPORT BOLESŁAWIEC | 95 | M20/3 | (M)12 | 01:04:10 | 06.14 |
| 4 | 330 | MAZUR Adam | WOJNOWICE | | POL WHITE EAGLE RUNNING CLUB | 95 | M20/4 | (M)14 | 01:05:26 | 06.20 |
| 5 | 318 | HETMAŃSKI Jakub | SOŚNIE | | POL | 97 | M20/5 | (M)18 | 01:06:28 | 06.27 |
| 6 | 85 | ONISZCZUK Karol | ZIELONA GÓRA | | POL | 93 | M20/6 | (M)19 | 01:07:00 | 06.31 |
| 7 | 264 | HAJDAMOWICZ Adam | SOBÓTKA | | POL | 96 | M20/7 | (M)22 | 01:08:42 | 06.40 |
| 8 | 286 | WRÓBEL Paweł | SIECHNICE | | POL | 89 | M20/8 | (M)30 | 01:14:17 | 07.13 |
| 9 | 154 | KLUZ Wojciech | KATOWICE | | POL | 90 | M20/9 | (M)41 | 01:17:46 | 07.34 |
| 10 | 382 | PLISZKA Mateusz | WROCLAW | | POL PICKSAAS | 92 | M20/10 | (M)43 | 01:19:23 | 07.44 |
| 11 | 159 | LASEK Paweł | POZNAŃ | | POL | 89 | M20/11 | (M)54 | 01:33:04 | 09.04 |

Bieg 10 km - M30 [23]

| | | | | | | | | | | |
|----|-----|--------------------|-----------------|--|----------------------------------|----|--------|-------|----------|-------|
| 1 | 438 | ZYCH Marcin | WROCLAW | | POL #SOBASTEAM | 81 | M30/1 | (M)2 | 00:53:44 | 05.13 |
| 2 | 27 | LEWICKI Filip | JELCZ-LASKOWICE | | POL KB HARCOWNIK JELCZ-LASKOWICE | 79 | M30/2 | (M)3 | 00:54:05 | 05.15 |
| 3 | 363 | BANAŚ Dawid | KOBIERZYCE | | POL | 87 | M30/3 | (M)4 | 00:54:08 | 05.16 |
| 4 | 320 | CALY Cezary | SOBÓTKA | | POL #SOBASTEAM | 85 | M30/4 | (M)6 | 00:57:29 | 05.35 |
| 5 | 463 | PIECHA Tomasz | SOBÓTKA | | POL | 81 | M30/5 | (M)7 | 00:58:48 | 05.43 |
| 6 | 98 | CEPIELIK Wojciech | PUSTELNIK | | POL BIEGAM W SUDETACH | 84 | M30/6 | (M)8 | 01:00:29 | 05.53 |
| 7 | 49 | NOWACKI Dawid | WROCLAW | | POL | 86 | M30/7 | (M)13 | 01:04:10 | 06.14 |
| 8 | 307 | HAJDAMOWICZ Tomasz | SOBÓTKA | | POL GATO SPORTSWEAR | 83 | M30/8 | (M)16 | 01:05:34 | 06.22 |
| 9 | 449 | KARWOWSKI Jakub | WROCLAW | | POL LITWIN TRIATHLON TEAM | 86 | M30/9 | (M)17 | 01:06:28 | 06.27 |
| 10 | 294 | WACHOWIAK Piotr | JAROCIN | | POL | 85 | M30/10 | (M)20 | 01:07:28 | 06.33 |
| 11 | 34 | KURZYŃCZAK Łukasz | WROCLAW | | POL | 86 | M30/11 | (M)26 | 01:11:29 | 06.56 |
| 12 | 437 | PODOLAK Olek | WROCLAW | | POL KOSYNIERZY | 87 | M30/12 | (M)28 | 01:12:41 | 07.04 |
| 13 | 305 | SURÓWKA Tomasz | SMOLEC | | POL | 80 | M30/13 | (M)31 | 01:15:08 | 07.16 |
| 14 | 84 | ŁĘCKI Mariusz | SMOLEC | | POL | 87 | M30/14 | (M)33 | 01:15:09 | 07.16 |
| 15 | 224 | BOGDAŁ Adam | OPOLE | | POL | 83 | M30/15 | (M)34 | 01:16:21 | 07.25 |
| 16 | 76 | RADECKI Adam | STRZEGOM | | POL | 81 | M30/16 | (M)36 | 01:16:29 | 07.25 |
| 17 | 352 | PTAK Arkadiusz | WILKSZYN | | POL SPARTANIE DZIECIOM | 79 | M30/17 | (M)45 | 01:21:58 | 07.59 |
| 18 | 148 | JAKÓBCZYK Piotr | WROCLAW | | POL TOMASZ SOBCZYK TEAM | 82 | M30/18 | (M)48 | 01:22:17 | 08.01 |
| 19 | 189 | ROZNERSKI Łukasz | REKÓW | | POL STYLOWO-SPORTOWO TEAM | 84 | M30/19 | (M)49 | 01:23:05 | 08.05 |
| 20 | 161 | MAZUR Michał | SOBÓTKA | | POL KB SOBÓTKA | 83 | M30/20 | (M)50 | 01:23:28 | 08.08 |
| 21 | 386 | OLEJNIK Michał | WROCLAW | | POL | 85 | M30/21 | (M)52 | 01:29:39 | 08.44 |
| 22 | 466 | LECH Lesław | SOBÓTKA | | POL | 80 | M30/22 | (M)56 | 01:40:53 | 09.50 |
| 23 | 153 | KUKAWSKI Mateusz | WARSZAWA | | POL DZIKIDZIK | 86 | M30/23 | (M)57 | 01:48:43 | 10.35 |

Bieg 10 km - M40 [18]

| | | | | | | | | | | |
|---|-----|-------------------|---------------|--|--------------------------------|----|-------|-------|----------|-------|
| 1 | 360 | SIKORA Michał | ŻELOWICE | | POL | 69 | M40/1 | (M)1 | 00:52:11 | 05.05 |
| 2 | 126 | KUBIK Norbert | ŚWIDNICA | | POL GTŻ | 75 | M40/2 | (M)9 | 01:01:54 | 06.01 |
| 3 | 361 | SIKORA Jacek | ŻELOWICE | | POL NIEZRZESZONY | 74 | M40/3 | (M)21 | 01:08:25 | 06.39 |
| 4 | 430 | CHAŁUPCZAK Cezary | WROCLAW | | POL | 69 | M40/4 | (M)23 | 01:09:19 | 06.44 |
| 5 | 338 | MARAS Sławomir | JELEŃSKA GÓRA | | POL ZORKA JELONKI RUNNING TEAM | 74 | M40/5 | (M)24 | 01:10:00 | 06.49 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | (M) Sex | Czas Time | [min/km] |
|--------------|--------|----------------------|------------------|----------|---------------------------|---------|--------------------|---------|-----------|----------|
| 6 | 242 | FARION Marcin | STRZEGOM | | POL THE FARIONS | 72 | M40/6 | (M)29 | 01:14:15 | 07.12 |
| 7 | 275 | SZYMCZYNA Marcin | OLAWA | | POL OLAWSKA GRUPA BIEGOWA | 75 | M40/7 | (M)32 | 01:15:08 | 07.17 |
| 8 | 296 | OPALACZ Mariusz | JELEŃ GÓRA | | POL | 74 | M40/8 | (M)35 | 01:16:26 | 07.25 |
| 9 | 41 | LANCMAN Piotr | WROCLAW | | POL NIEZRZESZONY | 74 | M40/9 | (M)37 | 01:16:50 | 07.25 |
| 10 | 456 | LAPIŃSKI Wojciech | WARSZAWA | | POL GRUPA BPS | 70 | M40/10 | (M)38 | 01:17:04 | 07.29 |
| 11 | 429 | KUCZA Daniel | ŚWIDNICA | | POL KORFF TEAM | 77 | M40/11 | (M)39 | 01:17:05 | 07.30 |
| 12 | 66 | GRABIEC Jakub | KŁODAWA | | POL | 77 | M40/12 | (M)40 | 01:17:24 | 07.32 |
| 13 | 283 | MORAWSKI Marcin | OBORNIKI ŚLĄSKIE | | POL RANGER SURVIVAL CLUB | 73 | M40/13 | (M)44 | 01:20:37 | 07.51 |
| 14 | 191 | GOŁUCH Arkadiusz | ŁAGIEWNIKI | | POL STRZEGOMSKA DWUNASTKA | 75 | M40/14 | (M)46 | 01:22:03 | 07.59 |
| 15 | 405 | JASIŃSKI Paweł | SIECHNICE | | POL LEVEL ONE RUN | 74 | M40/15 | (M)47 | 01:22:15 | 08.01 |
| 16 | 374 | WIERZBICKI Adam | LUBIN | | POL MORSY LUBIN | 75 | M40/16 | (M)51 | 01:26:26 | 08.25 |
| 17 | 91 | TATROCKI Krzysztof | SOBÓTKA | | POL KB SOBÓTKA | 69 | M40/17 | (M)53 | 01:31:20 | 08.54 |
| 18 | 462 | PIELUSZYŃSKI Jacek | SOBÓTKA | | POL KB SOBÓTKA | 70 | M40/18 | (M)55 | 01:33:46 | 09.08 |

Bieg 10 km - M50 [4]

| | | | | | | | | | | |
|---|-----|---------------------|---------|--|-----------------------------|----|-------|-------|----------|-------|
| 1 | 244 | ZAGROBELNY Radosław | WROCLAW | | POL MONKO COFFEE | 64 | M50/1 | (M)11 | 01:02:30 | 06.05 |
| 2 | 279 | FIEBIG Stefan | PONIEC | | POL WWW.NATILOVESRUNNING.PL | 68 | M50/2 | (M)15 | 01:05:31 | 06.21 |
| 3 | 216 | MICHAŁEK Jarosław | KRAKÓW | | POL ONE WAY TICKET | 65 | M50/3 | (M)25 | 01:10:37 | 06.52 |
| 4 | 253 | TARKA Wojciech | WROCLAW | | POL KS WT | 67 | M50/4 | (M)27 | 01:12:38 | 07.03 |

Bieg 10 km - M60 [1]

| | | | | | | | | | | |
|---|-----|---------------|---------|--|------------------|----|-------|-------|----------|-------|
| 1 | 384 | KARCZ Ryszard | WROCLAW | | POL NIEZRZESZONY | 52 | M60/1 | (M)42 | 01:17:49 | 07.35 |
|---|-----|---------------|---------|--|------------------|----|-------|-------|----------|-------|

Bieg 10 km - K20 [7]




| | | | | | | | | | | |
|---|-----|--------------------|-------------|--|-----------------------------|----|-------|-------|----------|-------|
| 1 | 422 | MOŃKA Karolina | WIERUSZÓW | | POL SPARTA ULTRA TEAM | 90 | K20/1 | (K)10 | 01:15:26 | 07.21 |
| 2 | 152 | DĘGA Katarzyna | WROCLAW | | POL | 91 | K20/2 | (K)13 | 01:16:41 | 07.28 |
| 3 | 130 | DOMINIK Ewelina | WIERZBNA | | POL | 89 | K20/3 | (K)15 | 01:17:29 | 07.33 |
| 4 | 278 | FIEBIG Natalia | LESZNO | | POL WWW.NATILOVESRUNNING.PL | 92 | K20/4 | (K)16 | 01:17:33 | 07.33 |
| 5 | 287 | IWAN Kaja | BOLESŁAWIEC | | POL | 90 | K20/5 | (K)20 | 01:20:40 | 07.51 |
| 6 | 432 | JĘDRZEJOWSKA Marta | OLAWA | | POL LEVEL ONE RUN | 89 | K20/6 | (K)27 | 01:27:14 | 08.30 |
| 7 | 385 | FALCZYŃSKA Joanna | SWIDWIN | | POL BRAK | 91 | K20/7 | (K)29 | 01:27:55 | 08.34 |

Bieg 10 km - K30 [21]

| | | | | | | | | | | |
|----|-----|---------------------|-----------|--|---------------------------|----|--------|-------|----------|-------|
| 1 | 469 | ŁABUZ Małgorzata | WROCLAW | | POL | 85 | K30/1 | (K)1 | 00:58:33 | 05.42 |
| 2 | 303 | GARDECKA Edyta | WAŁBRZYCH | | POL | 86 | K30/2 | (K)2 | 01:02:24 | 06.04 |
| 3 | 436 | GÓRSKA Agnieszka | ŻARY | | POL | 80 | K30/3 | (K)3 | 01:06:31 | 06.27 |
| 4 | 399 | GRYCMAN Magdalena | TRZCINICA | | POL SPARTA ULTRA TEAM | 79 | K30/4 | (K)4 | 01:06:57 | 06.30 |
| 5 | 302 | GARDECKA Sylwia | WAŁBRZYCH | | POL | 86 | K30/5 | (K)5 | 01:08:03 | 06.37 |
| 6 | 168 | OSMOLAK Agnieszka | WROCLAW | | POL PRO-RUN WROCLAW | 88 | K30/6 | (K)8 | 01:10:01 | 06.46 |
| 7 | 75 | FARION Marzena | STRZEGOM | | POL THE FARIONS | 81 | K30/7 | (K)11 | 01:16:28 | 07.25 |
| 8 | 267 | KURIATA Klaudia | SOBÓTKA | | POL KB SOBÓTKA | 82 | K30/8 | (K)14 | 01:17:25 | 07.32 |
| 9 | 218 | JĘDRZEJOWSKA Anna | OLAWA | | POL OLAWSKA GRUPA BIEGOWA | 84 | K30/9 | (K)18 | 01:18:33 | 07.39 |
| 10 | 164 | TYLKA Małgorzata | LEGNICA | | POL | 87 | K30/10 | (K)19 | 01:19:44 | 07.46 |
| 11 | 120 | KOPACKA Edyta | WROCLAW | | POL | 85 | K30/11 | (K)22 | 01:22:32 | 08.02 |
| 12 | 251 | STEC Aneta | WYSOKA | | POL FCMISIENIECHCE | 81 | K30/12 | (K)23 | 01:23:58 | 08.11 |
| 13 | 186 | STRACHOWSKA Monika | WROCLAW | | POL TWOJA STARA | 88 | K30/13 | (K)24 | 01:24:39 | 08.15 |
| 14 | 293 | SOŁTOWSKA Alicja | SOBÓTKA | | POL | 85 | K30/14 | (K)25 | 01:25:21 | 08.19 |
| 15 | 450 | KARAPETYAN Shushan | WROCLAW | | POL | 87 | K30/15 | (K)28 | 01:27:44 | 08.33 |
| 16 | 183 | BIELAWSKA Edyta | POZNAŃ | | POL | 86 | K30/16 | (K)30 | 01:28:46 | 08.39 |
| 17 | 448 | MARKIEWICZ Karolina | ŚWIDNICA | | POL ŻELAZNA ŚWIDNICA | 79 | K30/17 | (K)32 | 01:29:43 | 08.44 |
| 18 | 454 | KOZIEL Mariola | WROCLAW | | POL | 79 | K30/18 | (K)33 | 01:30:15 | 08.47 |
| 19 | 442 | LEWANDOWSKA Ewelina | WROCLAW | | POL | 82 | K30/19 | (K)36 | 01:35:41 | 09.19 |
| 20 | 455 | BASTA Patrycja | KRAKÓW | | POL | 82 | K30/20 | (K)37 | 01:38:34 | 09.36 |

Bieg 10 km - K40 [8]

| | | | | | | | | | | |
|---|------|--------------------|-------------|--|------------------------|----|-------|-------|----------|-------|
| 1 | 276 | ZAWODNIK Anonimowy | | | POL JAWOR POD PALMAMI | | K40/1 | (K)6 | 01:09:22 | 06.43 |
| 2 | 265 | PIEKARSKA Karina | ŚWIEBODZICE | | POL | 75 | K40/2 | (K)7 | 01:09:27 | 06.44 |
| 3 | 212 | WUJDA Marta | ŻARY | | POL ŻARY RAUNNERS TEAM | 76 | K40/3 | (K)9 | 01:13:36 | 07.09 |
| 4 | 2615 | SIKOŃ Katarzyna | WILCZYCE | | POL PRO-RUN WROCLAW | 77 | K40/4 | (K)12 | 01:16:35 | 07.26 |
| 5 | 208 | WYGLĄDACZ Alicja | SZCZECIN | | POL HAWAJSKIE REKINY | 75 | K40/5 | (K)21 | 01:20:47 | 07.52 |
| 6 | 447 | PAWLAK Katarzyna | ŚWIDNICA | | POL ŻELAZNA ŚWIDNICA | 76 | K40/6 | (K)31 | 01:29:43 | 08.44 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------------------|---------------|-----------------------------|-------------------------|---|-------------------------|----------------|---------------------------|------------|------------------|-----------------|
| 7 | 150 | MARONKA Agnieszka | KRAKOW |  | POL AGA | 72 | K40/7 | (K)34 | 01:32:52 | 09.03 |
| 8 | 347 | JAROSLAWSKA-DEJA Elzbieta | GRODKÓW |  | POL | 76 | K40/8 | (K)38 | 01:48:04 | 10.31 |
| Bieg 10 km - K50 [1] | | | | | | | | | | |
| 1 | 397 | ENGEL-ABULEWICZ Elzbieta | WROCLAW |  | POL INNOVA SPORT CENTER | 67 | K50/1 | (K)35 | 01:33:56 | 09.09 |