

# XII Bieg Bez Granic

## WYNIKI ZAWODÓW



**Organizator:** Miasto Racibórz, Ośrodek Sportu i Rekreacji

**Termin:** 03.05.2019

**Miejsce:** Racibórz

**Dystans:** 10 km

| Miejsce Rank                 | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team                 | R-k YoB | W kategorii in Age | (M) Sex | Czas Time | [min/km] |
|------------------------------|--------|----------------------|------------------|----------|------------------------------|---------|--------------------|---------|-----------|----------|
| <b>Bieg 10 km - M16 [13]</b> |        |                      |                  |          |                              |         |                    |         |           |          |
| 1                            | 25     | BUCH Filip           | KIETRZ           | POL      | MKS-SMS VICTORIA RACIBÓRZ    | 02      | M16/1              | (M)8    | 00:36:44  | 03.40    |
| 2                            | 67     | GRZELKA Cyprian      | POGRZEBIEŃ       | POL      | MKS-SMS VICTORIA RACIBÓRZ    | 01      | M16/2              | (M)9    | 00:36:45  | 03.40    |
| 3                            | 92     | KLIMEK Wojciech      | LUBOMIA          | POL      | MKS-SMS VICTORIA RACIBÓRZ    | 01      | M16/3              | (M)11   | 00:36:53  | 03.41    |
| 4                            | 98     | KOPEĆ Mateusz        | KĘDZIERZYN-KOŹLE | POL      | KS KOZIÓLEK KĘDZIERZYN-KOŹLE | 00      | M16/4              | (M)24   | 00:39:04  | 03.54    |
| 5                            | 140    | CZOGAŁA Szymon       | LYSKI            | POL      | AKTYWNI LYSKI                | 01      | M16/5              | (M)58   | 00:41:49  | 04.10    |
| 6                            | 205    | SCHRAMOWSKI Florian  | MACIOWAKRZE      | POL      |                              | 03      | M16/6              | (M)59   | 00:41:57  | 04.11    |
| 7                            | 108    | KRASEK Mariusz       | POGRZEBIEŃ       | POL      |                              | 01      | M16/7              | (M)64   | 00:42:16  | 04.13    |
| 8                            | 468    | ZIEMKIEWICZ Kacper   | RACIBÓRZ         | POL      |                              | 00      | M16/8              | (M)67   | 00:42:44  | 04.16    |
| 9                            | 327    | KASZNY Robert        | PIETRASZYN       | POL      |                              | 01      | M16/9              | (M)176  | 00:49:12  | 04.55    |
| 10                           | 370    | BARTOSIEWICZ Bartosz | RACIBÓRZ         | POL      |                              | 00      | M16/10             | (M)197  | 00:50:15  | 05.01    |
| 11                           | 213    | SKIBA Igor           | RACIBÓRZ         | POL      | MKZ UNIA RACIBÓRZ            | 03      | M16/11             | (M)209  | 00:51:33  | 05.09    |
| 12                           | 524    | BOGDAN Radosław      | LUDMIERZYCE      | POL      |                              | 03      | M16/12             | (M)235  | 00:52:52  | 05.17    |
| 13                           | 263    | WITEK Michał         | RACIBÓRZ         | POL      |                              | 01      | M16/13             | (M)246  | 00:53:37  | 05.21    |

|                              |     |                     |                  |     |                            |    |        |        |          |       |
|------------------------------|-----|---------------------|------------------|-----|----------------------------|----|--------|--------|----------|-------|
| <b>Bieg 10 km - M20 [39]</b> |     |                     |                  |     |                            |    |        |        |          |       |
| 1                            | 7   | KARBOWIAK Kamil     | BRZEG            | POL | KOTWICA BRZEG              | 95 | M20/1  | (M)1   | 00:32:03 | 03.12 |
| 2                            | 391 | CIEPLAK Marcin      | RYBNIK           | POL | JA CIE KOCHAM A TY BIEGASZ | 91 | M20/2  | (M)2   | 00:32:32 | 03.15 |
| 3                            | 470 | WASKIN Szymon       | GRZEGORZOWICE    | POL | MKS-MOS PŁOMIEN SOSNOWIEC  | 96 | M20/3  | (M)4   | 00:34:13 | 03.25 |
| 4                            | 389 | WŁOCH Andrzej       | MARKLOWICE GÓRNE | POL | KB MOSIR JASTRZĘBIE ZDRÓJ  | 95 | M20/4  | (M)5   | 00:34:54 | 03.29 |
| 5                            | 160 | MUZYK Patryk        | WARSZAWA         | POL | SAUCONY FREEDOM TEAM       | 90 | M20/5  | (M)13  | 00:37:07 | 03.42 |
| 6                            | 50  | FLIEGERT Mateusz    | RYBNIK           | POL |                            | 94 | M20/6  | (M)15  | 00:37:21 | 03.43 |
| 7                            | 307 | KRETEK Łukasz       | LYSKI            | POL | AKTYWNI LYSKI              | 91 | M20/7  | (M)20  | 00:38:18 | 03.49 |
| 8                            | 3   | SZULCEK Dawid       | RACIBÓRZ         | POL | EKO-OKNA RUNNERS           | 98 | M20/8  | (M)35  | 00:39:58 | 03.59 |
| 9                            | 96  | KNURA Patryk        | KOBYLA           | POL | EKO-OKNA RUNNERS           | 92 | M20/9  | (M)36  | 00:40:00 | 03.59 |
| 10                           | 13  | ANDRUCHOWICZ Szymon | PIETROWICE       | POL | EASYRUN RACIBÓRZ           | 92 | M20/10 | (M)37  | 00:40:00 | 03.59 |
| 11                           | 97  | KONSEK Paweł        | ŻORY             | POL |                            | 90 | M20/11 | (M)38  | 00:40:01 | 03.59 |
| 12                           | 345 | HIMEL Adrian        | KRZANOWICE       | POL |                            | 99 | M20/12 | (M)57  | 00:41:48 | 04.10 |
| 13                           | 209 | SEKUŁA Mateusz      | NĘDZA            | POL |                            | 95 | M20/13 | (M)66  | 00:42:36 | 04.15 |
| 14                           | 11  | ADAMIAK Jarosław    | POGRZEBIEŃ       | POL |                            | 96 | M20/14 | (M)73  | 00:43:08 | 04.18 |
| 15                           | 306 | GÓRSKI Michał       | RACIBÓRZ         | POL |                            | 91 | M20/15 | (M)76  | 00:43:19 | 04.19 |
| 16                           | 362 | KACZOR Szymon       | CHORZEELÓW       | POL |                            | 95 | M20/16 | (M)78  | 00:43:20 | 04.20 |
| 17                           | 16  | BARAN Bartosz       | RACIBÓRZ         | POL |                            | 91 | M20/17 | (M)80  | 00:43:52 | 04.23 |
| 18                           | 289 | KRZYSTAŁA Paweł     | CZERWIONKA       | POL |                            | 99 | M20/18 | (M)92  | 00:44:36 | 04.27 |
| 19                           | 266 | WOLLNY Mateusz      | KORNICE          | POL |                            | 95 | M20/19 | (M)94  | 00:44:45 | 04.28 |
| 20                           | 240 | SZULIK Piotr        | RYBNIK           | POL | JADYMY DURŚ                | 91 | M20/20 | (M)110 | 00:45:56 | 04.35 |
| 21                           | 32  | CIUPEK Adrian       | RUDY             | POL |                            | 93 | M20/21 | (M)127 | 00:46:42 | 04.40 |
| 22                           | 344 | KOZICKI Michał      | RACIBÓRZ         | POL |                            | 90 | M20/22 | (M)132 | 00:46:49 | 04.40 |
| 23                           | 503 | KULIŚ Jakub         | RACIBÓRZ         | POL |                            | 90 | M20/23 | (M)134 | 00:47:10 | 04.43 |
| 24                           | 523 | BUGDOL Zbigniew     | RYBNIK           | POL |                            | 92 | M20/24 | (M)141 | 00:47:44 | 04.46 |
| 25                           | 481 | ŚWIĄTEK Rafał       | WODZISŁAW ŚLĄSKI | POL |                            | 92 | M20/25 | (M)159 | 00:48:32 | 04.51 |
| 26                           | 59  | GÓRECKI Adam        | RACIBÓRZ         | POL | MIESZKO                    | 93 | M20/26 | (M)164 | 00:48:44 | 04.52 |
| 27                           | 442 | MONETA Mateusz      | RACIBÓRZ         | POL |                            | 90 | M20/27 | (M)169 | 00:48:55 | 04.53 |
| 28                           | 147 | MATUSZCZYK Michał   | ROGÓW            | POL |                            | 93 | M20/28 | (M)187 | 00:49:32 | 04.57 |
| 29                           | 366 | ZIĘBA Robert        | RACIBÓRZ         | POL | EKO-OKNA RUNNERS           | 92 | M20/29 | (M)188 | 00:49:37 | 04.57 |
| 30                           | 434 | KARNAS Marek        | RACIBÓRZ         | POL |                            | 96 | M20/30 | (M)207 | 00:51:28 | 05.08 |
| 31                           | 521 | CIEPIELA Rafał      | RACIBÓRZ         | POL |                            | 95 | M20/31 | (M)215 | 00:51:44 | 05.10 |
| 32                           | 75  | HIMEL Piotr         | NĘDZA            | POL |                            | 92 | M20/32 | (M)226 | 00:52:22 | 05.14 |
| 33                           | 27  | BUĆKOWSKI Kamil     | RADLIN           | POL |                            | 92 | M20/33 | (M)227 | 00:52:26 | 05.14 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team         | R-k YoB | W kategorii in Age | (M) Sex | Czas Time | [min/km] |
|--------------|--------|----------------------|------------------|----------|----------------------|---------|--------------------|---------|-----------|----------|
| 34           | 235    | SZEWczyk Grzegorz    | RACIBÓRZ         |          | POL 4DRINKI          | 91      | M20/34             | (M)228  | 00:52:30  | 05.15    |
| 35           | 156    | MUDRY Mateusz        | KIETRZ           |          | POL                  | 95      | M20/35             | (M)236  | 00:52:55  | 05.17    |
| 36           | 23     | BROŻA Marcin         | BABICE           |          | POL                  | 93      | M20/36             | (M)240  | 00:53:14  | 05.19    |
| 37           | 18     | BESKA Radosław       | RACIBÓRZ         |          | POL                  | 91      | M20/37             | (M)247  | 00:53:39  | 05.21    |
| 38           | 445    | NOSAL Dawid          | KIETRZ           |          | POL KS GRYF KIETRZ   | 95      | M20/38             | (M)252  | 00:55:16  | 05.31    |
| 39           | 76     | JANDA Piotr          | BRANICE          |          | POL EKO-OKNA RUNNERS | 98      | M20/39             | (M)266  | 00:58:10  | 05.49    |

### Bieg 10 km - M30 [101]

|    |     |                      |                    |  |                                   |    |        |        |          |       |
|----|-----|----------------------|--------------------|--|-----------------------------------|----|--------|--------|----------|-------|
| 1  | 425 | DIMICCOLI Roberto    | ERBA               |  | ITA                               | 86 | M30/1  | (M)3   | 00:32:39 | 03.15 |
| 2  | 296 | ANTCZAK Robert       | RACIBÓRZ           |  | POL EASYRUN RACIBÓRZ              | 81 | M30/2  | (M)6   | 00:34:59 | 03.29 |
| 3  | 500 | KUNERT Kamil         | RYBNIK             |  | POL                               | 85 | M30/3  | (M)7   | 00:36:06 | 03.36 |
| 4  | 350 | OLANISZYN Tomasz     | RACIBÓRZ           |  | POL                               | 84 | M30/4  | (M)10  | 00:36:46 | 03.40 |
| 5  | 392 | KLINIK Paweł         | RACIBÓRZ           |  | POL KLUB BIEGAM BO LUBIĘ RACIBÓRZ | 82 | M30/5  | (M)16  | 00:37:33 | 03.44 |
| 6  | 447 | OLBRICH Artur        | TWORKÓW            |  | POL ULC SPARKASSE LANGENLOIS      | 85 | M30/6  | (M)17  | 00:37:46 | 03.46 |
| 7  | 268 | WOLNY Ariel          | ŁUKÓW ŚLĄSKI       |  | POL                               | 80 | M30/7  | (M)25  | 00:39:06 | 03.54 |
| 8  | 298 | RYSZKA Michał        | WODZISŁAW ŚLĄSKI   |  | POL FELDER TEAM                   | 81 | M30/8  | (M)26  | 00:39:13 | 03.55 |
| 9  | 48  | FAJGER Jarosław      | RACIBÓRZ           |  | POL                               | 85 | M30/9  | (M)27  | 00:39:20 | 03.56 |
| 10 | 142 | MAROSZEK Szymon      | RYBNIK             |  | POL                               | 82 | M30/10 | (M)28  | 00:39:23 | 03.55 |
| 11 | 167 | OSETEK Paweł         | PSZÓW              |  | POL RADLINIOKI W BIEGU            | 88 | M30/11 | (M)29  | 00:39:28 | 03.56 |
| 12 | 68  | GUCIK Piotr          | RACIBÓRZ           |  | POL EKO-OKNA RUNNERS              | 86 | M30/12 | (M)32  | 00:39:35 | 03.57 |
| 13 | 85  | KAMPIK Michał        | MODZURÓW (GMINA:   |  | POL                               | 85 | M30/13 | (M)42  | 00:40:29 | 04.02 |
| 14 | 53  | FURMAN Dawid         | BŁĄŻEJOWICE        |  | POL DLA MILUSI                    | 85 | M30/14 | (M)44  | 00:40:40 | 04.04 |
| 15 | 185 | PRZYBYŁA Marcin      | BABICE             |  | POL MP FITNESS                    | 82 | M30/15 | (M)48  | 00:40:47 | 04.04 |
| 16 | 311 | HAŃCZA Krzysztof     | KĘDZIERZYN-KOŹLE   |  | POL KS KOZIOŁEK KĘDZIERZYN-KOŹLE  | 85 | M30/16 | (M)49  | 00:41:05 | 04.06 |
| 17 | 453 | SIEGMUND Łukasz      | PSTRAŻNA           |  | POL AKTYWNI LYSKI                 | 80 | M30/17 | (M)53  | 00:41:17 | 04.07 |
| 18 | 284 | ROGALSKI Tomasz      | RACIBÓRZ           |  | POL                               | 81 | M30/18 | (M)54  | 00:41:17 | 04.07 |
| 19 | 427 | GLENC Rafał          | PSZÓW              |  | POL LOVE STORY BANDA              | 87 | M30/19 | (M)56  | 00:41:46 | 04.10 |
| 20 | 145 | MATUSIK Adam         | RYBNIK             |  | POL GRUBIORZE LOTAJOM             | 84 | M30/20 | (M)65  | 00:42:31 | 04.15 |
| 21 | 336 | ŚWIĄTEK Tomasz       | WODZISŁAW ŚLĄSKI   |  | POL BIEGACZE ŚCIEMNIACZE          | 89 | M30/21 | (M)68  | 00:42:53 | 04.17 |
| 22 | 352 | POLOMSKI Grzegorz    | RYDUŁTOWY          |  | POL POŁOMSCY TEAM                 | 80 | M30/22 | (M)69  | 00:42:55 | 04.17 |
| 23 | 123 | LAJTNER Mirosław     | RACIBÓRZ           |  | POL                               | 85 | M30/23 | (M)71  | 00:43:08 | 04.18 |
| 24 | 169 | OTAWA Rafał          | RACIBÓRZ           |  | POL                               | 85 | M30/24 | (M)75  | 00:43:13 | 04.19 |
| 25 | 186 | PRZYBYŁA Tadeusz     | GOŁKOWICE          |  | POL                               | 87 | M30/25 | (M)79  | 00:43:24 | 04.20 |
| 26 | 489 | NOWAK Adrian         | PIETROWICE WIELKIE |  | POL                               | 81 | M30/26 | (M)81  | 00:43:52 | 04.23 |
| 27 | 342 | KOZIEŁ Bartosz       | LUBOMIA            |  | POL DYSTANS LUBOMIA               | 81 | M30/27 | (M)82  | 00:43:54 | 04.23 |
| 28 | 513 | JURKIEWICZ Łukasz    | KIETRZ             |  | POL KS GRYF KIETRZ                | 81 | M30/28 | (M)84  | 00:44:09 | 04.24 |
| 29 | 417 | FARBISZEWSKI Piotr   | RACIBÓRZ           |  | POL SULIS HOKO TEAM               | 80 | M30/29 | (M)85  | 00:44:10 | 04.25 |
| 30 | 492 | MYŚLIWIEC Marcin     | PSZÓW              |  | POL                               | 86 | M30/30 | (M)86  | 00:44:11 | 04.25 |
| 31 | 249 | TRZOP Tomasz         | RACIBÓRZ           |  | POL KP PSP GŁUBCZYCE              | 82 | M30/31 | (M)87  | 00:44:13 | 04.25 |
| 32 | 227 | STROF Marcin         | SYRYNIA            |  | POL EKO-OKNA RUNNERS              | 84 | M30/32 | (M)88  | 00:44:15 | 04.25 |
| 33 | 133 | MACHEJ Remigiusz     | JASTRZĘBIE-ZDRÓJ   |  | POL MARO TEAM JASTRZĘBIE-ŻORY     | 84 | M30/33 | (M)89  | 00:44:20 | 04.26 |
| 34 | 256 | WIDENKA Robert       | LUBOMIA            |  | POL DYSTANS LUBOMIA               | 88 | M30/34 | (M)91  | 00:44:30 | 04.27 |
| 35 | 56  | GAWENDA Józef        | RACIBÓRZ           |  | POL EKO-OKNA RUNNERS              | 80 | M30/35 | (M)93  | 00:44:39 | 04.27 |
| 36 | 2   | MERGALSKI Krzysztof  | PSZÓW              |  | POL                               | 87 | M30/36 | (M)96  | 00:44:49 | 04.28 |
| 37 | 189 | PYTLARZ Sebastian    | RACIBÓRZ           |  | POL                               | 81 | M30/37 | (M)97  | 00:44:57 | 04.29 |
| 38 | 44  | DUDZIK Stanisław     | RYBNIK             |  | POL                               | 83 | M30/38 | (M)98  | 00:45:02 | 04.30 |
| 39 | 91  | KIEDYCZ Łukasz       | KRAPKOWICE         |  | POL OTMĘT                         | 82 | M30/39 | (M)104 | 00:45:30 | 04.33 |
| 40 | 421 | MIELAŃCZYK Mateusz   | RYBNIK             |  | POL                               | 88 | M30/40 | (M)105 | 00:45:37 | 04.33 |
| 41 | 377 | IZDEBSKI Adrian      | RYBNIK             |  | POL                               | 82 | M30/41 | (M)107 | 00:45:44 | 04.34 |
| 42 | 299 | LIPUS Tomasz         | RYBNIK             |  | POL                               | 86 | M30/42 | (M)109 | 00:45:48 | 04.34 |
| 43 | 432 | JĘCZMIONKA Szymon    | PSZÓW              |  | POL                               | 83 | M30/43 | (M)111 | 00:45:58 | 04.35 |
| 44 | 527 | BAJER Sebastian      | RACIBÓRZ           |  | POL                               | 87 | M30/44 | (M)112 | 00:45:59 | 04.35 |
| 45 | 381 | KOTERBA Aleksander   | RACIBÓRZ           |  | POL SULIS HOKO TEAM               | 80 | M30/45 | (M)114 | 00:46:04 | 04.36 |
| 46 | 376 | ROSKOSZ Łukasz       | RACIBÓRZ           |  | POL EKO-OKNA RUNNERS              | 81 | M30/46 | (M)118 | 00:46:18 | 04.37 |
| 47 | 405 | KOŁODZIEJCZYK Damian | RACIBÓRZ           |  | POL EKO-OKNA RUNNERS              | 89 | M30/47 | (M)121 | 00:46:22 | 04.38 |
| 48 | 125 | LELEŃIEWSKI Jacek    | RYBNIK             |  | POL                               | 80 | M30/48 | (M)123 | 00:46:31 | 04.39 |
| 49 | 106 | KOZAK Krzysztof      | SYRYNIA            |  | POL EKO-OKNA RUNNERS              | 80 | M30/49 | (M)124 | 00:46:31 | 04.39 |
| 50 | 262 | WITEK Grzegorz       | RACIBÓRZ           |  | POL                               | 82 | M30/50 | (M)125 | 00:46:40 | 04.40 |

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat | Drużyna<br>Team                   | R-k<br>YoB | W kategorii<br>in Age | Sex    | Czas<br>Time | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-------------|-----------------------------------|------------|-----------------------|--------|--------------|----------|
| 51              | 238       | SZOMBARA Tomasz         | ŁAZISKA             |             | POL                               | 86         | M30/51                | (M)126 | 00:46:40     | 04.40    |
| 52              | 41        | ĆWIK Tomasz             | RACIBÓRZ            |             | POL BIEGAMYZSERCEM.PL             | 88         | M30/52                | (M)128 | 00:46:46     | 04.40    |
| 53              | 375       | JERZYK Andrzej          | GLIWICE             |             | POL                               | 81         | M30/53                | (M)129 | 00:46:47     | 04.40    |
| 54              | 77        | JANIK Grzegorz          | BRANTOLKA           |             | POL BRANTOLKA                     | 85         | M30/54                | (M)135 | 00:47:12     | 04.43    |
| 55              | 321       | CZEKAJLO Jacek          | RACIBÓRZ            |             | POL                               | 82         | M30/55                | (M)137 | 00:47:23     | 04.44    |
| 56              | 464       | ZWOLAK Rafał            | ZABRZE              |             | POL ZABRZAŃSKIE PARKOWE BIEGANIE  | 86         | M30/56                | (M)139 | 00:47:31     | 04.45    |
| 57              | 351       | PIEKARSKI Bartłomiej    | OPOLE               |             | POL                               | 87         | M30/57                | (M)140 | 00:47:33     | 04.45    |
| 58              | 476       | TWARDY Dawid            | RACIBÓRZ            |             | POL                               | 80         | M30/58                | (M)142 | 00:47:48     | 04.46    |
| 59              | 270       | WÓJCIK Rafał            | RACIBÓRZ            |             | POL                               | 82         | M30/59                | (M)144 | 00:47:53     | 04.47    |
| 60              | 290       | DANCEWICZ Tomasz        | NĘDZA               |             | POL EASYRUN RACIBÓRZ              | 86         | M30/60                | (M)145 | 00:47:54     | 04.47    |
| 61              | 100       | KOSTRZEWIŃSKI Łukasz    | CZĘSTOCHOWA         |             | POL REBELLION OF FREE RUNNERS     | 81         | M30/61                | (M)146 | 00:47:55     | 04.47    |
| 62              | 139       | MARCINIAK Krzysztof     | RACIBÓRZ            |             | POL                               | 83         | M30/62                | (M)147 | 00:47:55     | 04.47    |
| 63              | 248       | TOMCZYK Krzysztof       | ŁAZISKA GÓRNE       |             | POL                               | 83         | M30/63                | (M)148 | 00:48:00     | 04.48    |
| 64              | 467       | ZYCH Paweł              | KĘDZIERZYN-KOŹLE    |             | POL                               | 84         | M30/64                | (M)156 | 00:48:25     | 04.50    |
| 65              | 496       | KOENIG Patryk           | RACIBÓRZ            |             | POL EKO-OKNA RUNNERS              | 89         | M30/65                | (M)157 | 00:48:27     | 04.50    |
| 66              | 300       | KORCZYŃSKI Janusz       | RACIBÓRZ            |             | POL                               | 87         | M30/66                | (M)158 | 00:48:32     | 04.51    |
| 67              | 308       | URBAŚ Grzegorz          | RACIBÓRZ            |             | POL                               | 85         | M30/67                | (M)161 | 00:48:36     | 04.51    |
| 68              | 225       | STĘCLIK Michał          | RYBNIK              |             | POL                               | 80         | M30/68                | (M)174 | 00:49:07     | 04.54    |
| 69              | 10        | ROSELLA Stewart         | PETERBOROUGH        |             | ENGBUSMFIELD JOGGERS              | 84         | M30/69                | (M)180 | 00:49:20     | 04.56    |
| 70              | 8         | GRELA Marek             | RACIBÓRZ            |             | POL                               | 86         | M30/70                | (M)183 | 00:49:24     | 04.56    |
| 71              | 517       | GRUSZKA Michał          | RACIBÓRZ            |             | POL HENKEL                        | 89         | M30/71                | (M)190 | 00:49:47     | 04.58    |
| 72              | 505       | KREMER Piotr            | RACIBÓRZ            |             | POL                               | 89         | M30/72                | (M)191 | 00:49:47     | 04.58    |
| 73              | 463       | WOCH Szymon             | RYBNIK              |             | POL STUDIO ENERGIA TEAM RYBNIK    | 88         | M30/73                | (M)196 | 00:50:11     | 05.01    |
| 74              | 215       | SKIBA Maciej            | RYBNIK              |             | POL PRO-KLIMA                     | 80         | M30/74                | (M)201 | 00:50:42     | 05.04    |
| 75              | 128       | LIPIŃSKI Sebastian      | RACIBÓRZ            |             | POL                               | 86         | M30/75                | (M)216 | 00:51:47     | 05.10    |
| 76              | 107       | KOZŁOWSKI Krzysztof     | ZABRZE              |             | POL                               | 82         | M30/76                | (M)217 | 00:51:47     | 05.10    |
| 77              | 303       | KALBARCZYK Arkadiusz    | RACIBÓRZ            |             | POL EASYRUN RACIBÓRZ              | 83         | M30/77                | (M)218 | 00:51:47     | 05.10    |
| 78              | 273       | ZAJONC Dominik          | RACIBÓRZ            |             | POL                               | 82         | M30/78                | (M)221 | 00:51:53     | 05.11    |
| 79              | 261       | WILK Marek              | RACIBÓRZ            |             | POL EASYRUN RACIBÓRZ              | 84         | M30/79                | (M)223 | 00:52:01     | 05.12    |
| 80              | 275       | ZIELIŃSKI Andrzej       | ADAMOWICE           |             | POL EKO-OKNA RUNNERS              | 80         | M30/80                | (M)224 | 00:52:19     | 05.13    |
| 81              | 369       | GAMOŃ Artur             | KRZANOWICE          |             | POL                               | 81         | M30/81                | (M)229 | 00:52:37     | 05.15    |
| 82              | 47        | FABIA Janusz            | RACIBÓRZ            |             | POL MIESZKO                       | 87         | M30/82                | (M)231 | 00:52:48     | 05.16    |
| 83              | 86        | KANIA Damian            | RACIBÓRZ            |             | POL 4DRINKI                       | 86         | M30/83                | (M)232 | 00:52:49     | 05.16    |
| 84              | 214       | SKIBA Łukasz            | RACIBÓRZ            |             | POL                               | 80         | M30/84                | (M)234 | 00:52:51     | 05.17    |
| 85              | 361       | SOBCZAK Sławomir        | RACIBÓRZ            |             | POL SMERFY BIEGAJĄ PO 0.7         | 80         | M30/85                | (M)241 | 00:53:17     | 05.19    |
| 86              | 439       | MATOSZEK Patryk         | RACIBÓRZ            |             | POL SMERFY BIEGAJĄ PO 0.7         | 88         | M30/86                | (M)243 | 00:53:19     | 05.19    |
| 87              | 454       | SKRZYŃSKI Janusz        | RYBNIK              |             | POL                               | 81         | M30/87                | (M)249 | 00:53:48     | 05.22    |
| 88              | 530       | KRIWIENOK Krzysztof     | KUŹNIA RACIBORSKA   |             | POL PRACOWNIA PRZYSZŁOŚCI         | 89         | M30/88                | (M)254 | 00:55:27     | 05.32    |
| 89              | 329       | URBANEK Martin          | SIERAKOWICE         |             | POL ISTA BIEGAMY                  | 82         | M30/89                | (M)261 | 00:56:55     | 05.41    |
| 90              | 222       | SOSKA Michał            | WISŁA               |             | POL                               | 82         | M30/90                | (M)263 | 00:57:13     | 05.43    |
| 91              | 287       | KIPICH-SŁODZIŃSKI Roman | RACIBÓRZ            |             | POL PODAJ RĘKĘ-TEAM               | 82         | M30/91                | (M)265 | 00:57:45     | 05.46    |
| 92              | 94        | KLONOWSKI Paweł         | RACIBÓRZ            |             | POL KLUB BIEGAM BO LUBIĘ RACIBÓRZ | 80         | M30/92                | (M)268 | 00:59:13     | 05.55    |
| 93              | 477       | SOBCZAK Łukasz          | OPOLE               |             | POL                               | 83         | M30/93                | (M)271 | 00:59:37     | 05.57    |
| 94              | 55        | GALIK Dominik           | RACIBÓRZ            |             | POL                               | 83         | M30/94                | (M)273 | 00:59:42     | 05.58    |
| 95              | 504       | KOTULA Dawid            | PIETRASZYN          |             | POL AMATOR                        | 88         | M30/95                | (M)274 | 00:59:51     | 05.59    |
| 96              | 385       | STOSIEK Dawid           | RACIBÓRZ            |             | POL                               | 88         | M30/96                | (M)275 | 01:00:26     | 06.02    |
| 97              | 155       | MOLENDĄ Dariusz         | RACIBÓRZ            |             | POL                               | 80         | M30/97                | (M)277 | 01:01:01     | 06.06    |
| 98              | 24        | BRZÓZKA Sebastian       | RYBNIK              |             | POL SBD ENERGETYK RYBNIK          | 80         | M30/98                | (M)282 | 01:01:31     | 06.09    |
| 99              | 29        | BURDA Andrzej           | RACIBÓRZ            |             | POL EKO-OKNA RUNNERS              | 89         | M30/99                | (M)283 | 01:01:35     | 06.09    |
| 100             | 316       | LEBOK Mariusz           | WODZISŁAW ŚLĄSKI    |             | POL                               | 80         | M30/100               | (M)285 | 01:03:33     | 06.21    |
| 101             | 330       | URBISZ Robert           | NĘDZA               |             | POL                               | 85         | M30/101               | (M)287 | 01:10:45     | 07.04    |

### Bieg 10 km - M40 [89]

|   |     |                   |                  |  |                              |    |       |       |          |       |
|---|-----|-------------------|------------------|--|------------------------------|----|-------|-------|----------|-------|
| 1 | 120 | KUREK Adam        | RACIBÓRZ         |  | POL BIEGAM BO LUBIĘ RACIBÓRZ | 75 | M40/1 | (M)12 | 00:37:01 | 03.42 |
| 2 | 340 | BARTNIK Sebastian | JASTRZĘBIE-ZDRÓJ |  | POL STREET SPIRIT            | 76 | M40/2 | (M)14 | 00:37:10 | 03.42 |
| 3 | 115 | KUBIK Arkadiusz   | LUBOMIA          |  | POL DYSTANS LUBOMIA          | 70 | M40/3 | (M)18 | 00:38:07 | 03.48 |
| 4 | 443 | NOSAL Adam        | KIETRZ           |  | POL KS GRYF KIETRZ           | 72 | M40/4 | (M)19 | 00:38:17 | 03.49 |
| 5 | 35  | CZEKAŁA Krzysztof | KROWIARKI        |  | POL 1979                     | 79 | M40/5 | (M)22 | 00:38:31 | 03.50 |

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat | Drużyna<br>Team  | R-k<br>YoB | W kategorii<br>in Age | Sex      | Czas<br>Time | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-------------|--|------------|-----------------------|----------|--------------|----------|
| 6               | 118       | KUCZOK Mirosław         | WODZISŁAW ŚLĄSKI    |             | POL FORMA WODZISŁAW ŚLĄSKI                             | 72         | M40/6                 | (M)23    | 00:39:04     | 03.54    |
| 7               | 418       | LESIK Krzysztof         | WODZISŁAW ŚLĄSKI    |             | POL FORMA WODZISŁAW ŚLĄSKI                             | 74         | M40/7                 | (M)30    | 00:39:35     | 03.57    |
| 8               | 305       | SKIBA Ryszard           | RACIBÓRZ            |             | POL  | 76         | M40/8                 | (M)31    | 00:39:35     | 03.57    |
| 9               | 372       | SŁOBODZIAN Eugeniusz    | CIESZYN             |             | POL  | 75         | M40/9                 | (M)34    | 00:39:50     | 03.59    |
| 10              | 64        | GRYCMAN Kazimierz       | CIECHOWICE          |             | POL SILESIA SKATING                                    | 72         | M40/10                | (M)39    | 00:40:22     | 04.01    |
| 11              | 176       | PIĄTEK Andrzej          | SAMBOROWICE         |             | POL BBL RACIBÓRZ                                       | 78         | M40/11                | (M)40    | 00:40:25     | 04.02    |
| 12              | 72        | HERBA Grzegorz          | KIETRZ              |             | POL KS GRYF KIETRZ                                     | 77         | M40/12                | (M)41    | 00:40:26     | 04.02    |
| 13              | 234       | SZEWczyk Damian         | JEJKOWICE           |             | POL  | 76         | M40/13                | (M)45    | 00:40:40     | 04.04    |
| 14              | 49        | FLEGEL Marek            | PIETROWICE WIELKIE  |             | POL SGL CARBON   | 70         | M40/14                | (M)46    | 00:40:41     | 04.03    |
| 15              | 203       | RYŚ Paweł               | RACIBÓRZ            |             | POL  | 76         | M40/15                | (M)50    | 00:41:09     | 04.06    |
| 16              | 358       | TABAKA Tomasz           | ŻORY                |             | POL INŻYNIERIA BIEGANIA TEAM                           | 75         | M40/16                | (M)51    | 00:41:13     | 04.07    |
| 17              | 379       | KUDER Marek             | WODZISŁAW ŚLĄSKI    |             | POL KS M.E.T.A.  | 74         | M40/17                | (M)52    | 00:41:16     | 04.07    |
| 18              | 448       | PAWELCZYK Józef         | RYBNIK              |             | POL RYBNICKA GRUPA BIEGOWA-PĘDZIMY<br>RAZEM            | 76         | M40/18                | (M)60    | 00:41:59     | 04.11    |
| 19              | 469       | ZAGÓRSKI Paweł          | BRANICE             |             | POL KB BRANICE   | 71         | M40/19                | (M)61    | 00:42:03     | 04.12    |
| 20              | 288       | MUZYK Piotr             | KIETRZ              |             | POL MUSIC TEAM GRYF                                    | 70         | M40/20                | (M)62    | 00:42:04     | 04.12    |
| 21              | 457       | STAROSTKA Jacek         | KĘDZIERZYN-KOŹLE    |             | POL PKO BANK POLSKI BIEGAJMY RAZEM                     | 74         | M40/21                | (M)70    | 00:42:57     | 04.17    |
| 22              | 440       | MAZUR Sebastian         | RACIBÓRZ            |             | POL  | 77         | M40/22                | (M)74    | 00:43:11     | 04.19    |
| 23              | 419       | GABRYEL Rafał           | PIETROWICE WIELKIE  |             | POL  | 76         | M40/23                | (M)77    | 00:43:19     | 04.19    |
| 24              | 38        | CZOGAŁA Krzysztof       | LUBOMIA             |             | POL DYSTANS LUBOMIA                                    | 79         | M40/24                | (M)83    | 00:44:09     | 04.24    |
| 25              | 129       | LIS Grzegorz            | RACIBÓRZ            |             | POL AMATOR   | 75         | M40/25                | (M)90    | 00:44:29     | 04.26    |
| 26              | 244       | ŚLIWKA Arkadiusz        | LESZNA GÓRNA        |             | POL OLZA CIESZYN                                       | 78         | M40/26                | (M)99    | 00:45:04     | 04.30    |
| 27              | 285       | PLUTA Krzysztof         | RACIBÓRZ            |             | POL AMATOR   | 77         | M40/27                | (M)101   | 00:45:09     | 04.30    |
| 28              | 161       | MYSZAKOWSKI Marek       | RACIBÓRZ            |             | POL AMATOR   | 75         | M40/28                | (M)102   | 00:45:25     | 04.32    |
| 29              | 293       | JÓZEFIAK Rafał          | RACIBÓRZ            |             | POL EKO-OKNA RUNNERS                                   | 78         | M40/29                | (M)103   | 00:45:27     | 04.32    |
| 30              | 143       | MARYJOSZ Adrian         | ŻORY                |             | POL  | 74         | M40/30                | (M)113   | 00:46:00     | 04.36    |
| 31              | 166       | OLSZYNA Mirosław        | RACIBÓRZ            |             | POL  | 76         | M40/31                | (M)115   | 00:46:05     | 04.36    |
| 32              | 259       | WIERCIOCH Tomasz        | KĘDZIERZYN-KOŹLE    |             | POL ROWEROWI ZAJAWKOWICZE<br>KĘDZIERZYN-KOŹLE          | 79         | M40/32                | (M)117   | 00:46:09     | 04.36    |
| 33              | 105       | KOWOL Arkadiusz         | WODZISŁAW ŚLĄSKI    |             | POL BIEGACZE ŚCIEMNIACZE                               | 79         | M40/33                | (M)120   | 00:46:21     | 04.38    |
| 34              | 201       | RYCHLEC Sławomir        | RACIBÓRZ            |             | POL EASYRUN RACIBÓRZ                                   | 75         | M40/34                | (M)122   | 00:46:29     | 04.38    |
| 35              | 242       | SZYMICZEK Wojciech      | SYRYNIA             |             | POL AMATOR   | 79         | M40/35                | (M)130   | 00:46:48     | 04.40    |
| 36              | 179       | PIWOWAR Grzegorz        | RACIBÓRZ            |             | POL EASYRUN RACIBÓRZ                                   | 74         | M40/36                | (M)131   | 00:46:48     | 04.40    |
| 37              | 404       | SZYJKA Robert           | RACIBÓRZ            |             | POL KLUB BIEGAM BO LUBIĘ RACIBÓRZ                      | 72         | M40/37                | (M)133   | 00:46:58     | 04.41    |
| 38              | 195       | RECLIK Jacek            | RYBNIK              |             | POL DECATHLON & PRZYJACIELE                            | 70         | M40/38                | (M)136   | 00:47:19     | 04.43    |
| 39              | 39        | CZYRNEK Dariusz         | RYBNIK              |             | POL DECATHLON & PRZYJACIELE                            | 75         | M40/39                | (M)138   | 00:47:28     | 04.44    |
| 40              | 216       | SŁODZIŃSKI Jacek        | RACIBÓRZ            |             | POL PODAJ RĘKĘ - STOWARZYSZENIE NA RZECZ<br>INTEGRACJI | M40/40     | (M)143                | 00:47:51 | 04.47        |          |
| 41              | 187       | PRZYBYŁA Tomasz         | WODZISŁAW ŚLĄSKI    |             | POL  | 77         | M40/41                | (M)151   | 00:48:15     | 04.49    |
| 42              | 181       | POZNAKOWSKI Andrzej     | RACIBÓRZ            |             | POL BBL RACIBÓRZ                                       | 75         | M40/42                | (M)152   | 00:48:17     | 04.49    |
| 43              | 460       | SZYMICZEK Krzysztof     | RACIBÓRZ            |             | POL EKO-OKNA RUNNERS                                   | 78         | M40/43                | (M)153   | 00:48:22     | 04.50    |
| 44              | 66        | GRZEGORZEK Andrzej      | STRZELCE OPOLSKIE   |             | POL GMINA STRZELCE OPOLSKIE                            | 76         | M40/44                | (M)155   | 00:48:24     | 04.50    |
| 45              | 199       | RUTOWICZ Jarosław       | RACIBÓRZ            |             | POL  | 73         | M40/45                | (M)160   | 00:48:34     | 04.51    |
| 46              | 87        | KARNÓWKA Jarosław       | WODZISŁAW ŚLĄSKI    |             | POL  | 76         | M40/46                | (M)163   | 00:48:39     | 04.51    |
| 47              | 99        | KORBEL Szymon           | GASZOWICE           |             | POL  | 76         | M40/47                | (M)165   | 00:48:46     | 04.52    |
| 48              | 246       | ŚMIETANA Grzegorz       | RACIBÓRZ            |             | POL EASYRUN RACIBÓRZ                                   | 77         | M40/48                | (M)166   | 00:48:50     | 04.53    |
| 49              | 320       | MOGILSKI Marcin         | RACIBÓRZ            |             | POL FESTIWAL BIEGOWY                                   | 75         | M40/49                | (M)167   | 00:48:51     | 04.53    |
| 50              | 182       | PRUSZAK Leszek          | RACIBÓRZ            |             | POL EASYRUN RACIBÓRZ                                   | 75         | M40/50                | (M)168   | 00:48:55     | 04.53    |
| 51              | 197       | RĘBISZ Mariusz          | RACIBÓRZ            |             | POL EASYRUN RACIBÓRZ                                   | 71         | M40/51                | (M)170   | 00:48:57     | 04.53    |
| 52              | 65        | GRYCZKA Artur           | RUDY                |             | POL OPEL ACTIVE TEAM                                   | 77         | M40/52                | (M)172   | 00:49:05     | 04.54    |
| 53              | 219       | SOBIERAJ Andrzej        | KUŹNIA RACIBORSKA   |             | POL OPEL ACTIVE TEAM                                   | 73         | M40/53                | (M)173   | 00:49:06     | 04.54    |
| 54              | 223       | STAWARCZYK Krystian     | RYBNIK              |             | POL OPEL ACTIVE TEAM                                   | 78         | M40/54                | (M)175   | 00:49:07     | 04.54    |
| 55              | 258       | WIERBICKI Krystian      | PSZÓW               |             | POL  | 71         | M40/55                | (M)179   | 00:49:17     | 04.55    |
| 56              | 221       | SOBIERAJSKI Przemek     | RACIBÓRZ            |             | POL  | 73         | M40/56                | (M)182   | 00:49:21     | 04.56    |
| 57              | 338       | MAKLES Cezary           | KATOWICE            |             | POL  | 72         | M40/57                | (M)185   | 00:49:30     | 04.57    |
| 58              | 102       | KOTERBA Sebastian       | RACIBÓRZ            |             | POL SULIS HOKO TEAM                                    | 77         | M40/58                | (M)186   | 00:49:32     | 04.57    |
| 59              | 117       | KUCZERA Marek           | CZERNICA            |             | POL INŻYNIERIA BIEGANIA TEAM                           | 75         | M40/59                | (M)189   | 00:49:38     | 04.57    |
| 60              | 475       | TYKIERKA Tomasz         | BUDZISKA            |             | POL  | 78         | M40/60                | (M)193   | 00:49:58     | 04.59    |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team                   | R-k YoB | W kategorii in Age | Sex    | Czas Time | [min/km] |
|--------------|--------|----------------------|------------------|----------|--------------------------------|---------|--------------------|--------|-----------|----------|
| 61           | 150    | MIERZWA Aleksander   | RACIBÓRZ         |          | POL EKO-OKNA RUNNERS           | 78      | M40/61             | (M)200 | 00:50:31  | 05.03    |
| 62           | 193    | RASZCZYK Szymon      | LYSKI            |          | POL AKTYWNI LYSKI              | 77      | M40/62             | (M)202 | 00:50:44  | 05.04    |
| 63           | 111    | KRÓLIK Arkadiusz     | JASTRZĘBIE-ZDRÓJ |          | POL MARO TEAM JASTRZĘBIE-ŻORY  | 78      | M40/63             | (M)203 | 00:51:10  | 05.07    |
| 64           | 302    | SCHWAN Rafał         | CIECHOWICE       |          | POL                            | 79      | M40/64             | (M)205 | 00:51:18  | 05.07    |
| 65           | 359    | ROMAŃCZUK Robert     | RACIBÓRZ         |          | POL                            | 70      | M40/65             | (M)206 | 00:51:25  | 05.08    |
| 66           | 343    | ZIENTEK Aleksander   | CZERNICA         |          | POL                            | 73      | M40/66             | (M)208 | 00:51:33  | 05.09    |
| 67           | 398    | RAJDA Radosław       | RACIBÓRZ         |          | POL                            | 78      | M40/67             | (M)212 | 00:51:38  | 05.09    |
| 68           | 449    | POLESZCZUK Rafał     | BRANICE          |          | POL KS GRYF KIETRZ             | 79      | M40/68             | (M)214 | 00:51:42  | 05.10    |
| 69           | 423    | RUTOWICZ Adam        | RACIBÓRZ         |          | POL                            | 79      | M40/69             | (M)220 | 00:51:51  | 05.11    |
| 70           | 144    | MAŚLANKA Dominik     | RACIBÓRZ         |          | POL                            | 75      | M40/70             | (M)222 | 00:51:58  | 05.11    |
| 71           | 204    | SAMEK Krystian       | SOSNOWIEC        |          | POL                            | 77      | M40/71             | (M)225 | 00:52:20  | 05.14    |
| 72           | 356    | ZIEMKIEWICZ Paweł    | RACIBÓRZ         |          | POL EASYRUN RACIBÓRZ           | 75      | M40/72             | (M)230 | 00:52:43  | 05.16    |
| 73           | 89     | KASTELIK Aleksander  | RACIBÓRZ         |          | POL BBL RACIBÓRZ               | 79      | M40/73             | (M)233 | 00:52:50  | 05.17    |
| 74           | 277    | ZIMNY Ireneusz       | RYBNIK           |          | POL DECATHLON & PRZYJACIELE    | 76      | M40/74             | (M)237 | 00:53:01  | 05.18    |
| 75           | 62     | GRAZIOWSKI Dariusz   | RACIBÓRZ         |          | POL                            | 75      | M40/75             | (M)242 | 00:53:18  | 05.19    |
| 76           | 317    | POLAK Adam           | RACIBÓRZ         |          | POL AMATOR                     | 71      | M40/76             | (M)244 | 00:53:26  | 05.20    |
| 77           | 172    | PALUCHIEWICZ Szymon  | PAWŁOWICE        |          | POL                            | 76      | M40/77             | (M)250 | 00:54:27  | 05.26    |
| 78           | 335    | WILCZEK Marek        | RYDUŁTOWY        |          | POL                            | 75      | M40/78             | (M)255 | 00:55:40  | 05.34    |
| 79           | 318    | BLOCH Maciej         | LUBLIN           |          | POL LUBELSKA GRUPA TRIATHLONU  | 79      | M40/79             | (M)256 | 00:56:01  | 05.36    |
| 80           | 276    | ZIELIŃSKI Grzegorz   | RACIBÓRZ         |          | POL                            | 76      | M40/80             | (M)257 | 00:56:26  | 05.38    |
| 81           | 483    | SOROKA Krzysztof     | RACIBÓRZ         |          | POL                            | 78      | M40/81             | (M)258 | 00:56:27  | 05.38    |
| 82           | 451    | PRADELA Klaudiusz    | NOWA WIEŚ        |          | POL AKTYWNI LYSKI              | 76      | M40/82             | (M)262 | 00:56:56  | 05.41    |
| 83           | 130    | LITKOWIEC Piotr      | KORNOWAC         |          | POL                            | 79      | M40/83             | (M)267 | 00:58:48  | 05.52    |
| 84           | 482    | SZYSZKO Robert       | GŁOGÓWEK         |          | POL                            | 76      | M40/84             | (M)269 | 00:59:29  | 05.56    |
| 85           | 243    | SZYSZKA Wojciech     | CHALUPKI         |          | POL                            | 71      | M40/85             | (M)276 | 01:00:30  | 06.03    |
| 86           | 163    | NAWROCKI Piotr       | RACIBÓRZ         |          | POL                            | 72      | M40/86             | (M)279 | 01:01:08  | 06.06    |
| 87           | 6      | WYLEŻOŁ Piotr        | KĘDZIERZYN-KOŹLE |          | POL WWW.PROJEKTORY-KATOWICE.PL | 79      | M40/87             | (M)280 | 01:01:17  | 06.07    |
| 88           | 371    | MRÓZ Piotr           | KĘDZIERZYN-KOŹLE |          | POL                            | 72      | M40/88             | (M)284 | 01:02:46  | 06.16    |
| 89           | 528    | HOŁOWNIA Waldemar    |                  |          | POL                            | 70      | M40/89             | (M)286 | 01:03:57  | 06.23    |

### Bieg 10 km - M50 [36]

|    |     |                      |                    |  |                                   |    |        |        |          |       |
|----|-----|----------------------|--------------------|--|-----------------------------------|----|--------|--------|----------|-------|
| 1  | 409 | GRZESIK Andrzej      | SIEDLIKA           |  | POL ZAWISZA STARA KUŹNIA          | 63 | M50/1  | (M)21  | 00:38:24 | 03.50 |
| 2  | 148 | MICHALCZYK Wojciech  | RACIBÓRZ           |  | POL EASYRUN RACIBÓRZ              | 67 | M50/2  | (M)33  | 00:39:43 | 03.57 |
| 3  | 254 | WĘGLARZ Czesław      | KĘDZIERZYN-KOŹLE   |  | POL MULTI FIT                     | 64 | M50/3  | (M)43  | 00:40:39 | 04.03 |
| 4  | 413 | BULENDA Grzegorz     | RACIBÓRZ           |  | POL KLUB BIEGAM BO LUBIĘ RACIBÓRZ | 68 | M50/4  | (M)47  | 00:40:43 | 04.02 |
| 5  | 459 | SZOT Andrzej         | PIETROWICE WIELKIE |  | POL                               | 69 | M50/5  | (M)55  | 00:41:22 | 04.08 |
| 6  | 279 | ZWIERZYŃSKI Piotr    | RYBNIK             |  | POL UNATCO                        | 69 | M50/6  | (M)63  | 00:42:15 | 04.13 |
| 7  | 304 | MROWIEC Bernard      | TWORKÓW            |  | POL KLUB BBL RACIBÓRZ             | 66 | M50/7  | (M)72  | 00:43:08 | 04.18 |
| 8  | 251 | URBASIK Mariusz      | RYDUŁTOWY          |  | POL SRK JAS-MOS                   | 68 | M50/8  | (M)100 | 00:45:09 | 04.30 |
| 9  | 325 | CIESIELSKI Dariusz   | KIETRZ             |  | POL EKO-OKNA RUNNERS              | 69 | M50/9  | (M)106 | 00:45:39 | 04.33 |
| 10 | 104 | KOWALSKI Robert      | RYBNIK             |  | POL SBD ENERGETYK RYBNIK          | 68 | M50/10 | (M)108 | 00:45:46 | 04.34 |
| 11 | 82  | JASIŃSKI Maksymilian | JASTRZĘBIE-ZDRÓJ   |  | POL MARO TEAM JASTRZĘBIE-ŻORY     | 62 | M50/11 | (M)116 | 00:46:07 | 04.36 |
| 12 | 171 | PALETTA Norbert      | PIETROWICE WIELKIE |  | POL                               | 66 | M50/12 | (M)119 | 00:46:21 | 04.38 |
| 13 | 458 | SZEWCUK Zbigniew     | RACIBÓRZ           |  | POL RAFAKO S.A.                   | 63 | M50/13 | (M)149 | 00:48:11 | 04.49 |
| 14 | 452 | RECLIJ Jarosław      | SKRZYSZÓW          |  | POL FORMA WODZISŁAW ŚLĄSKI        | 66 | M50/14 | (M)150 | 00:48:13 | 04.49 |
| 15 | 22  | BORN Marcin          | KĘDZIERZYN-KOŹLE   |  | POL OSP KŁODNICA                  | 67 | M50/15 | (M)154 | 00:48:24 | 04.50 |
| 16 | 217 | SMYŁA Wojciech       | PRZEMYSŁ           |  | POL                               | 67 | M50/16 | (M)162 | 00:48:39 | 04.51 |
| 17 | 153 | MIREK Waldemar       | KUŹNIA RACIBORSKA  |  | POL EASYRUN RACIBÓRZ              | 60 | M50/17 | (M)171 | 00:49:03 | 04.54 |
| 18 | 84  | KACZMARCZYK Wojciech | RACIBÓRZ           |  | POL AMATOR                        | 63 | M50/18 | (M)177 | 00:49:13 | 04.55 |
| 19 | 512 | FILIUSZ Marek        | KĘDZIERZYN-KOŹLE   |  | POL                               | 69 | M50/19 | (M)178 | 00:49:15 | 04.55 |
| 20 | 151 | MIKA Damian          | RACIBÓRZ           |  | POL EKO-OKNA RUNNERS              | 69 | M50/20 | (M)192 | 00:49:47 | 04.58 |
| 21 | 162 | NAWA Waldemar        | KĘDZIERZYN-KOŹLE   |  | POL PARKRUN KĘDZIERZYN-KOŹLE      | 67 | M50/21 | (M)194 | 00:50:05 | 05.00 |
| 22 | 433 | JURCZYK Piotr        | CZYŻOWICE          |  | POL UKS SPARTA CZYŻOWICE          | 69 | M50/22 | (M)198 | 00:50:19 | 05.01 |
| 23 | 363 | KALETA Mariusz       | RACIBÓRZ           |  | POL BBL RACIBÓRZ                  | 67 | M50/23 | (M)199 | 00:50:27 | 05.02 |
| 24 | 58  | GÓRALSKI Jarosław    | RACIBÓRZ           |  | POL SMERFY BIEGAJĄ PO 0.7         | 66 | M50/24 | (M)204 | 00:51:11 | 05.07 |
| 25 | 231 | SZCZEPKOWSKI Jerzy   | RACIBÓRZ           |  | POL PWSZ                          | 69 | M50/25 | (M)210 | 00:51:36 | 05.09 |
| 26 | 14  | AUGUŚCIK Bogdan      | RYDUŁTOWY          |  | POL AKTYWNI LYSKI                 | 67 | M50/26 | (M)213 | 00:51:39 | 05.09 |
| 27 | 313 | KOPSZAK Zbigniew     | KNURÓW             |  | POL AKB KNURÓW                    | 61 | M50/27 | (M)238 | 00:53:12 | 05.19 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name     | Miejscowość City | Kraj Nat | Drużyna Team                 | R-k YoB | W kategorii in Age | Sex    | Czas Time | [min/km] |
|--------------|--------|--------------------------|------------------|----------|------------------------------|---------|--------------------|--------|-----------|----------|
| 28           | 461    | TERKA Paweł              | WODZISŁAW ŚLĄSKI |          | POL                          | 61      | M50/28             | (M)245 | 00:53:30  | 05.21    |
| 29           | 408    | SZUBA Czesław            | RYBNIK           |          | POL                          | 61      | M50/29             | (M)248 | 00:53:39  | 05.21    |
| 30           | 368    | SOBCZYK Sławomir         | TYCHY            |          | POL                          | 66      | M50/30             | (M)251 | 00:54:44  | 05.28    |
| 31           | 274    | ZEMLA Piotr              | GLIWICE          |          | POL                          | 69      | M50/31             | (M)253 | 00:55:25  | 05.32    |
| 32           | 70     | GURNIK Roland            | RACIBÓRZ         |          | POL AMATOR                   | 69      | M50/32             | (M)259 | 00:56:39  | 05.39    |
| 33           | 178    | PIOTROWSKI Dariusz       | WODZISŁAW ŚLĄSKI |          | POL                          | 69      | M50/33             | (M)264 | 00:57:39  | 05.45    |
| 34           | 337    | RÓŻEWICZ Dariusz         | TYCHY            |          | POL PANCE                    | 62      | M50/34             | (M)270 | 00:59:34  | 05.57    |
| 35           | 310    | KLISZEWSKI Jacek         | RACIBÓRZ         |          | POL BIEGAM BO LUBIĘ RACIBÓRZ | 66      | M50/35             | (M)278 | 01:01:01  | 06.06    |
| 36           | 37     | CZENSTOCHOWSKI Krzysztof | RACIBÓRZ         |          | POL                          | 66      | M50/36             | (M)281 | 01:01:19  | 06.07    |

### Bieg 10 km - M60 [9]

|   |     |                    |                    |  |                       |    |       |        |          |       |
|---|-----|--------------------|--------------------|--|-----------------------|----|-------|--------|----------|-------|
| 1 | 326 | WYBRANIEC Andrzej  | KIETRZ             |  | POL KS GRYF           | 50 | M60/1 | (M)95  | 00:44:46 | 04.28 |
| 2 | 520 | DREWNIAK Andrzej   | RACIBÓRZ           |  | POL                   | 59 | M60/2 | (M)181 | 00:49:21 | 04.56 |
| 3 | 173 | PANEK Janusz       | PIETROWICE WIELKIE |  | POL AMATOR            | 49 | M60/3 | (M)184 | 00:49:24 | 04.56 |
| 4 | 109 | KRĘCISZ Zbigniew   | RACIBÓRZ           |  | POL KLUB BBL RACIBÓRZ | 56 | M60/4 | (M)195 | 00:50:06 | 05.00 |
| 5 | 52  | FRANICA Jan        | KORNOWAC           |  | POL AMATOR            | 56 | M60/5 | (M)211 | 00:51:37 | 05.09 |
| 6 | 212 | SIENKIEWICZ Piotr  | RACIBÓRZ           |  | POL RAFAKO S.A.       | 54 | M60/6 | (M)219 | 00:51:48 | 05.10 |
| 7 | 286 | KAWECKI Marian     | BRANICE            |  | POL KB BRANICE        | 49 | M60/7 | (M)239 | 00:53:13 | 05.19 |
| 8 | 271 | WÓJTOWICZ Andrzej  | KIETRZ             |  | POL KS GRYF KIETRZ    | 56 | M60/8 | (M)260 | 00:56:51 | 05.41 |
| 9 | 218 | SOBCZUK Franciszek | KIETRZ             |  | POL KS GRYF KIETRZ    | 47 | M60/9 | (M)272 | 00:59:37 | 05.57 |

### Bieg 10 km - K20 [27]

|    |     |                    |                  |  |                                    |    |        |        |          |       |
|----|-----|--------------------|------------------|--|------------------------------------|----|--------|--------|----------|-------|
| 1  | 490 | MENDECKA Michalina | ŁAZISKA GÓRNE    |  | POL                                | 92 | K20/1  | (K)1   | 00:38:00 | 03.48 |
| 2  | 491 | MENDECKA Daria     | ŁAZISKA GÓRNE    |  | POL                                | 90 | K20/2  | (K)3   | 00:39:56 | 03.59 |
| 3  | 364 | SZOSTAK Anna       | ZABRZE           |  | POL ZABRZAŃSKIE PARKOWE BIEGANIE   | 90 | K20/3  | (K)6   | 00:42:06 | 04.12 |
| 4  | 360 | WYLEŻOŁ Karolina   | RACIBÓRZ         |  | POL                                | 96 | K20/4  | (K)7   | 00:44:07 | 04.24 |
| 5  | 416 | PIĄTEK Agnieszka   | RACIBÓRZ         |  | POL CROSSTRENINGRACIBÓRZ           | 96 | K20/5  | (K)9   | 00:45:18 | 04.31 |
| 6  | 157 | MUTWIL Oliwia      | WODZISŁAW ŚLĄSKI |  | POL                                | 97 | K20/6  | (K)12  | 00:46:21 | 04.38 |
| 7  | 422 | KŁODA Dorota       | JANKOWICE        |  | POL                                | 93 | K20/7  | (K)14  | 00:47:00 | 04.42 |
| 8  | 387 | BRYNDZA Barbara    | CHOCZNIA         |  | POL                                | 96 | K20/8  | (K)23  | 00:49:56 | 04.59 |
| 9  | 438 | MANDERA Patrycja   | RYDUŁTOWY        |  | POL AKTYWNI LYSKI                  | 00 | K20/9  | (K)28  | 00:50:45 | 05.04 |
| 10 | 383 | JANIK Marta        | BIEŃKOWICE       |  | POL RAFAKO S.A.                    | 91 | K20/10 | (K)36  | 00:51:55 | 05.11 |
| 11 | 508 | LUBSZCZYK Justyna  | ŻORY             |  | POL YNO ULTRA                      | 93 | K20/11 | (K)39  | 00:52:45 | 05.16 |
| 12 | 604 | GOŁĄBEK Alicja     | RACIBÓRZ         |  | POL MKS-VICTORIA RACIBÓRZ          | 03 | K20/12 | (K)43  | 00:52:54 | 05.17 |
| 13 | 207 | SEBAI Nadia        | RACIBÓRZ         |  | POL                                | 03 | K20/13 | (K)47  | 00:53:13 | 05.19 |
| 14 | 12  | ADAMSKA Weronika   | SOSNOWIEC        |  | POL                                | 98 | K20/14 | (K)49  | 00:53:56 | 05.23 |
| 15 | 297 | LUBAS Kalina       | TĄPKOWICE        |  | POL                                | 92 | K20/15 | (K)60  | 00:56:04 | 05.36 |
| 16 | 51  | FOJCIK Katarzyna   | PSZÓW            |  | POL YNO ULTRA                      | 92 | K20/16 | (K)62  | 00:56:50 | 05.41 |
| 17 | 177 | PIETRYGA Sandra    | RYBNIK           |  | POL                                | 99 | K20/17 | (K)65  | 00:57:32 | 05.45 |
| 18 | 255 | WIDENKA Joanna     | LUBOMIA          |  | POL DYSTANS LUBOMIA                | 90 | K20/18 | (K)68  | 00:58:13 | 05.49 |
| 19 | 402 | WOŚ Magda          | RYDUŁTOWY        |  | POL YNO ULTRA                      | 90 | K20/19 | (K)74  | 00:59:39 | 05.57 |
| 20 | 420 | HAJDUCZEK Zuzanna  | RZUCHÓW          |  | POL                                | 90 | K20/20 | (K)80  | 01:00:08 | 06.00 |
| 21 | 386 | STOSIEK Michaela   | RACIBÓRZ         |  | POL                                | 90 | K20/21 | (K)83  | 01:00:16 | 06.01 |
| 22 | 90  | KESKA Anna         | RACIBÓRZ         |  | POL                                | 91 | K20/22 | (K)84  | 01:00:18 | 06.01 |
| 23 | 331 | BOŻEK Marlena      | BALIN            |  | POL                                | 94 | K20/23 | (K)85  | 01:00:28 | 06.02 |
| 24 | 237 | SZOMBARA Klaudia   | ŁAZISKA          |  | POL JS2023                         | 92 | K20/24 | (K)93  | 01:02:31 | 06.15 |
| 25 | 232 | SZCZUKA Aleksandra | CZĘSTOCHOWA      |  | POL FORMA FITNESS KLUB CZĘSTOCHOWA | 94 | K20/25 | (K)95  | 01:02:54 | 06.17 |
| 26 | 332 | DEKA Patrycja      | SOSNOWIEC        |  | POL                                | 96 | K20/26 | (K)107 | 01:11:50 | 07.11 |
| 27 | 190 | RABIASZ Natalia    | RACIBÓRZ         |  | POL                                | 91 | K20/27 | (K)108 | 01:12:31 | 07.15 |

### Bieg 10 km - K30 [41]

|   |     |                     |             |  |  |    |       |       |          |       |
|---|-----|---------------------|-------------|--|--|----|-------|-------|----------|-------|
| 1 | 63  | GRIMAN Joanna       | RYBNIK      |  | POL  | 80 | K30/1 | (K)2  | 00:39:28 | 03.56 |
| 2 | 264 | WOJTASZEWSKA Sabina | RACIBÓRZ    |  | POL BBL RACIBÓRZ KLUB BIEGAM BO LUBIĘ RACIBÓRZ | 83 | K30/2 | (K)5  | 00:41:18 | 04.07 |
| 3 | 397 | PIECZKA Monika      | RYBNIK      |  | POL JA CIE KOCHAM A TY BIEGASZ                 | 87 | K30/3 | (K)8  | 00:45:04 | 04.30 |
| 4 | 124 | LECHOCKA Patrycja   | PSZÓW       |  | POL EKO-OKNA RUNNERS                           | 86 | K30/4 | (K)11 | 00:45:50 | 04.35 |
| 5 | 487 | PACAK Dominika      | RACIBÓRZ    |  | POL EASYRUN RACIBÓRZ                           | 86 | K30/5 | (K)13 | 00:46:57 | 04.41 |
| 6 | 112 | KRÓTKI Janina       | ŁĘG         |  | POL EASYRUN RACIBÓRZ                           | 84 | K30/6 | (K)15 | 00:47:50 | 04.47 |
| 7 | 428 | GOŁAWSKA Ewa        | ORNONTOWICE |  | POL  | 86 | K30/7 | (K)19 | 00:48:38 | 04.51 |
| 8 | 9   | PIETRAS Marzena     | RACIBÓRZ    |  | POL BUSMFIELD JOGGERS                          | 85 | K30/8 | (K)20 | 00:49:20 | 04.56 |

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name       | Miejscowość<br>City | Kraj<br>Nat | Drużyna<br>Team                   | R-k<br>YoB | W kategorii<br>in Age | Sex    | Czas<br>Time | [min/km] |
|-----------------|-----------|-------------------------------|---------------------|-------------|-----------------------------------|------------|-----------------------|--------|--------------|----------|
| 9               | 269       | WOSKOWSKA Magdalena           | RACIBÓRZ            |             | POL KLUB BIEGAM BO LUBIĘ RACIBÓRZ | 80         | K30/9                 | (K)21  | 00:49:22     | 04.56    |
| 10              | 441       | MIELĄNCZYK Patrycja           | RYBNIK              |             | POL                               | 88         | K30/10                | (K)22  | 00:49:32     | 04.57    |
| 11              | 183       | PRZYBYŁA Edyta                | BABICE              |             | POL MP FITNESS                    | 84         | K30/11                | (K)25  | 00:50:18     | 05.01    |
| 12              | 315       | SOLICH Ola                    | RACIBÓRZ            |             | POL SULIS HOKO TEAM               | 80         | K30/12                | (K)27  | 00:50:35     | 05.03    |
| 13              | 395       | KACZMARCZYK Agnieszka         | ZABRZE              |             | POL NIGHT RUNNERS ZABRZE          | 88         | K30/13                | (K)29  | 00:50:52     | 05.05    |
| 14              | 188       | PUKAS-STĘCLIK Karolina        | RYBNIK              |             | POL                               | 83         | K30/14                | (K)30  | 00:51:04     | 05.06    |
| 15              | 198       | RÓŻAK Alicja                  | RADLIN              |             | POL RADLINIOKI W BIEGU            | 81         | K30/15                | (K)41  | 00:52:50     | 05.17    |
| 16              | 20        | BIZOŃ Monika                  | LUBOMIA             |             | POL DYSTANS LUBOMIA               | 82         | K30/16                | (K)42  | 00:52:53     | 05.17    |
| 17              | 73        | HERUD Magdalena               | PIETROWICE WIELKIE  |             | POL EKO-OKNA RUNNERS              | 87         | K30/17                | (K)46  | 00:52:59     | 05.17    |
| 18              | 206       | SEBAI - ĆWIKLIŃSKA Aleksandra | RACIBÓRZ            |             | POL                               | 84         | K30/18                | (K)48  | 00:53:14     | 05.19    |
| 19              | 455       | STABLA Ksenia                 | PSTRAŻNA            |             | POL AKTYWNI LYSKI                 | 80         | K30/19                | (K)52  | 00:54:26     | 05.26    |
| 20              | 141       | MARCZAK-OLEJNICZAK Anna       | TARNOWSKIE GÓRY     |             | POL HALINKA TEAM                  | 81         | K30/20                | (K)53  | 00:54:27     | 05.26    |
| 21              | 43        | DOMAŃSKA Jolanta              | BRANICE             |             | POL                               | 83         | K30/21                | (K)59  | 00:55:33     | 05.33    |
| 22              | 390       | SOKÓŁ Julia                   | ZDZIESZOWICE        |             | POL                               | 88         | K30/22                | (K)61  | 00:56:23     | 05.38    |
| 23              | 526       | BAŁOS Liliana                 | PSZÓW               |             | POL                               | 88         | K30/23                | (K)63  | 00:57:09     | 05.42    |
| 24              | 382       | TOMAN Izabela                 | GORZYCZKI           |             | POL RAFAKO S.A.                   | 87         | K30/24                | (K)64  | 00:57:22     | 05.44    |
| 25              | 334       | SZOZDA Ewa                    | SIEDLEC DUŻY        |             | POL                               | 84         | K30/25                | (K)66  | 00:57:33     | 05.45    |
| 26              | 529       | KURYŁOWICZ Halina             | RACIBÓRZ            |             | POL PRACOWNIA PRZYSZŁOŚCI         | 83         | K30/26                | (K)72  | 00:58:50     | 05.53    |
| 27              | 272       | ZAGÓRSKA Anna                 | RADLIN              |             | POL HALINKA TEAM                  | 86         | K30/27                | (K)79  | 01:00:05     | 06.00    |
| 28              | 291       | WYSZYŃSKA Karina              | KIETRZ              |             | POL DAR BUD TEAM                  | 81         | K30/28                | (K)81  | 01:00:10     | 06.01    |
| 29              | 412       | ZIĘBA Anna                    | KIETRZ              |             | POL DAR BUD TEAM                  | 81         | K30/29                | (K)82  | 01:00:11     | 06.01    |
| 30              | 54        | GAJ Monika                    | KIETRZ              |             | POL DAR BUD TEAM                  | 82         | K30/30                | (K)86  | 01:01:16     | 06.07    |
| 31              | 436       | KOLONKO Zuzanna               | LUBOMIA             |             | POL DYSTANS LUBOMIA               | 83         | K30/31                | (K)88  | 01:01:18     | 06.07    |
| 32              | 230       | SZALA Betti                   | RYBNIK              |             | POL SBD ENERGETYK RYBNIK          | 83         | K30/32                | (K)89  | 01:01:33     | 06.09    |
| 33              | 26        | BUCZKOWSKA Marta              | RACIBÓRZ            |             | POL SULIS HOKO TEAM               | 85         | K30/33                | (K)94  | 01:02:53     | 06.17    |
| 34              | 93        | KLONOWSKA Monika              | RACIBÓRZ            |             | POL WAWRZINEK TEAM                | 81         | K30/34                | (K)96  | 01:03:30     | 06.21    |
| 35              | 346       | MARCINIAK Anna                | RACIBÓRZ            |             | POL                               | 80         | K30/35                | (K)98  | 01:05:13     | 06.31    |
| 36              | 116       | KUCZERA Bernadeta             | CZERNICA            |             | POL INŻYNIERIA BIEGANIA TEAM      | 80         | K30/36                | (K)99  | 01:05:55     | 06.35    |
| 37              | 295       | KUCZA Monika                  | RACIBÓRZ            |             | POL                               | 80         | K30/37                | (K)100 | 01:06:32     | 06.39    |
| 38              | 429       | GOLĄBEK Agnieszka             | RACIBÓRZ            |             | POL KLUB BIEGAM BO LUBIĘ RACIBÓRZ | 81         | K30/38                | (K)102 | 01:07:40     | 06.46    |
| 39              | 168       | OSZEK Karolina                | RACIBÓRZ            |             | POL WAWRZINEK TEAM                | 83         | K30/39                | (K)103 | 01:07:45     | 06.46    |
| 40              | 502       | DRAJEWICZ Magdalena           | RACIBÓRZ            |             | POL                               | 80         | K30/40                | (K)104 | 01:07:46     | 06.46    |
| 41              | 349       | ZIELONKA Magdalena            | RACIBÓRZ            |             | POL                               | 85         | K30/41                | (K)109 | 01:17:50     | 07.47    |

### Bieg 10 km - K40 [32]

|    |     |                          |            |  |                                  |    |        |       |          |       |
|----|-----|--------------------------|------------|--|----------------------------------|----|--------|-------|----------|-------|
| 1  | 126 | LEWICKA Elżbieta         | KNURÓW     |  | POL                              | 75 | K40/1  | (K)4  | 00:40:44 | 04.03 |
| 2  | 406 | WALASZEK Bożena          | RUDNIK     |  | POL EASY RUN RACIBÓRZ UKS RUDNIK | 73 | K40/2  | (K)10 | 00:45:47 | 04.34 |
| 3  | 353 | POŁOMSKA Edyta           | RYDUŁTOWY  |  | POL POŁOMSCY TEAM                | 77 | K40/3  | (K)16 | 00:48:07 | 04.48 |
| 4  | 415 | WYCISK Lidia             | RYBNIK     |  | POL SPORT PROFIT TEAM            | 71 | K40/4  | (K)17 | 00:48:18 | 04.49 |
| 5  | 196 | RĘBISZ Agnieszka         | RACIBÓRZ   |  | POL EKO-OKNA RUNNERS             | 73 | K40/5  | (K)18 | 00:48:25 | 04.50 |
| 6  | 28  | BUDZIŃSKA Agnieszka      | UJAZD      |  | POL BUDZIKI UJAZD                | 78 | K40/6  | (K)24 | 00:50:07 | 05.00 |
| 7  | 514 | JANUSZ Barbara           | KANIÓW     |  | POL                              | 72 | K40/7  | (K)26 | 00:50:22 | 05.02 |
| 8  | 282 | MASLOWSKA Katarzyna      | LYSKI      |  | POL AKTYWNI LYSKI                | 75 | K40/8  | (K)32 | 00:51:39 | 05.09 |
| 9  | 191 | RACZEK Joanna            | RACIBÓRZ   |  | POL                              | 78 | K40/9  | (K)34 | 00:51:43 | 05.10 |
| 10 | 446 | NOSAL Dorota             | KIETRZ     |  | POL KS GRYF KIETRZ               | 71 | K40/10 | (K)35 | 00:51:48 | 05.10 |
| 11 | 499 | KORCZAK Kamila           | BIEŃKOWICE |  | POL                              | 78 | K40/11 | (K)37 | 00:51:59 | 05.11 |
| 12 | 137 | KARLIK KAŁUSEK Agnieszka | GASZOWICE  |  | POL AKTYWNI LYSKI                | 72 | K40/12 | (K)38 | 00:52:04 | 05.12 |
| 13 | 399 | FREINDORF Sabina         | RACIBÓRZ   |  | POL BBL RACIBÓRZ                 | 72 | K40/13 | (K)45 | 00:52:56 | 05.17 |
| 14 | 414 | GENSTY Klaudia           | LUBOMIA    |  | POL DYSTANS LUBOMIA              | 76 | K40/14 | (K)51 | 00:54:23 | 05.26 |
| 15 | 357 | ZIEMKIEWICZ Justyna      | RACIBÓRZ   |  | POL EASYRUN RACIBÓRZ             | 78 | K40/15 | (K)54 | 00:54:43 | 05.28 |
| 16 | 380 | KULIGA Ewa               | RACIBÓRZ   |  | POL EASYRUN RACIBÓRZ             | 78 | K40/16 | (K)55 | 00:54:44 | 05.28 |
| 17 | 450 | PRADELA Joanna           | NOWA WIEŚ  |  | POL AKTYWNI LYSKI                | 79 | K40/17 | (K)56 | 00:55:12 | 05.31 |
| 18 | 301 | PENDZICH Małgorzata      | RACIBÓRZ   |  | POL SPEEDY GOSIACZEK             | 79 | K40/18 | (K)57 | 00:55:19 | 05.31 |
| 19 | 355 | ROSGA Anna               | RACIBÓRZ   |  | POL                              | 76 | K40/19 | (K)58 | 00:55:20 | 05.32 |
| 20 | 437 | KORBEL Sabina            | GASZOWICE  |  | POL                              | 78 | K40/20 | (K)67 | 00:57:53 | 05.47 |
| 21 | 354 | GIEROŃ Katarzyna         | LUBOMIA    |  | POL DYSTANS LUBOMIA              | 79 | K40/21 | (K)70 | 00:58:30 | 05.51 |
| 22 | 119 | KULIŃSKA Katarzyna       | RACIBÓRZ   |  | POL                              | 78 | K40/22 | (K)71 | 00:58:33 | 05.51 |
| 23 | 33  | CYLC Agnieszka           | RYDUŁTOWY  |  | POL                              | 75 | K40/23 | (K)73 | 00:58:55 | 05.53 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team         | R-k YoB | W kategorii in Age | (K) Sex | Czas Time | [min/km] |
|--------------|--------|----------------------|------------------|----------|----------------------|---------|--------------------|---------|-----------|----------|
| 24           | 474    | TYKIERKA Małgorzata  | BUDZISKA         |          | POL                  | 75      | K40/24             | (K)77   | 00:59:55  | 05.59    |
| 25           | 220    | SOBIERAJSKA Renata   | RACIBÓRZ         |          | POL EKO-OKNA RUNNERS | 74      | K40/25             | (K)78   | 01:00:04  | 06.00    |
| 26           | 36     | CZENSTOCHOWSKA Beata | RACIBÓRZ         |          | POL                  | 71      | K40/26             | (K)87   | 01:01:16  | 06.07    |
| 27           | 396    | NAWARYŃSKA Ewa       | RACIBÓRZ         |          | POL WAWRZINEK TEAM   | 74      | K40/27             | (K)90   | 01:02:19  | 06.13    |
| 28           | 228    | SUMNER Rachael       | RACIBÓRZ         |          | POL                  | 76      | K40/28             | (K)91   | 01:02:24  | 06.14    |
| 29           | 373    | HORAK Alina          | RACIBÓRZ         |          | POL                  | 73      | K40/29             | (K)97   | 01:03:55  | 06.23    |
| 30           | 426    | DRASZCZYK Iweta      | RACIBÓRZ         |          | POL                  | 73      | K40/30             | (K)101  | 01:06:33  | 06.39    |
| 31           | 347    | SZMIG Hania          | WOJNOWICE        |          | POL                  | 78      | K40/31             | (K)105  | 01:10:08  | 07.00    |
| 32           | 484    | PLOCH Bożena         | RACIBÓRZ         |          | POL                  | 74      | K40/32             | (K)106  | 01:10:38  | 07.03    |

### Bieg 10 km - K50 [6]

|   |     |                |                  |  |                      |    |       |       |          |       |
|---|-----|----------------|------------------|--|----------------------|----|-------|-------|----------|-------|
| 1 | 322 | BODNAR Izabela | KĘDZIERZYN-KOŹLE |  | POL AMATOR           | 69 | K50/1 | (K)31 | 00:51:36 | 05.09 |
| 2 | 138 | MARCINIAK Anna | RACIBÓRZ         |  | POL AMATOR           | 62 | K50/2 | (K)40 | 00:52:49 | 05.16 |
| 3 | 314 | KOPSZAK Lidia  | KNURÓW           |  | POL AKB KNURÓW       | 61 | K50/3 | (K)44 | 00:52:56 | 05.17 |
| 4 | 226 | STÓS Bernadeta | PAWLÓW           |  | POL EKO-OKNA RUNNERS | 60 | K50/4 | (K)50 | 00:54:10 | 05.25 |
| 5 | 339 | RÓŻEWICZ Ewa   | TYCHY            |  | POL PANCE            | 61 | K50/5 | (K)75 | 00:59:41 | 05.58 |
| 6 | 501 | LEKS Edyta     | RACIBÓRZ         |  | POL                  | 69 | K50/6 | (K)76 | 00:59:52 | 05.59 |

### Bieg 10 km - K60 [3]

|   |     |                   |                  |  |                                  |    |       |       |          |       |
|---|-----|-------------------|------------------|--|----------------------------------|----|-------|-------|----------|-------|
| 1 | 175 | PASTUCHA Anna     | KRAPKOWICE       |  | POL CROSS KRAPKOWICE             | 58 | K60/1 | (K)33 | 00:51:40 | 05.10 |
| 2 | 211 | SIENIAWSKA Janina | KĘDZIERZYN-KOŹLE |  | POL KS KOZIOŁEK KĘDZIERZYN-KOŹLE | 55 | K60/2 | (K)69 | 00:58:28 | 05.50 |
| 3 | 149 | MIELAŃCZYK Maria  | PSZÓW            |  | POL                              | 59 | K60/3 | (K)92 | 01:02:25 | 06.14 |

### Bieg 5 km - M20 [10]

|    |     |                    |                  |  |                      |    |        |       |          |       |
|----|-----|--------------------|------------------|--|----------------------|----|--------|-------|----------|-------|
| 1  | 114 | KRZEMIEŃ Krzysztof | MAKÓW            |  | POL                  | 95 | M20/1  | (M)1  | 00:16:13 | 03.14 |
| 2  | 265 | WOLLNY Kamil       | KORNICE          |  | POL EKO-OKNA RUNNERS | 92 | M20/2  | (M)5  | 00:18:59 | 03.47 |
| 3  | 444 | NOSAL Bartek       | KIETRZ           |  | POL                  | 99 | M20/3  | (M)8  | 00:20:52 | 04.09 |
| 4  | 208 | SEGET Dawid        | RACIBÓRZ         |  | POL                  | 90 | M20/4  | (M)12 | 00:24:07 | 04.48 |
| 5  | 131 | LUBOŃ Jakub        | POGRZEBIEŃ       |  | POL                  | 00 | M20/5  | (M)14 | 00:25:57 | 05.10 |
| 6  | 518 | GORZDNIK Zenon     | WODZISŁAW ŚLĄSKI |  | POL                  | 94 | M20/6  | (M)15 | 00:26:09 | 05.13 |
| 7  | 435 | KLETA Dawid        | RACIBÓRZ         |  | POL                  | 91 | M20/7  | (M)16 | 00:26:34 | 05.17 |
| 8  | 180 | POKORNY Artur      | RACIBÓRZ         |  | POL                  | 05 | M20/8  | (M)19 | 00:30:32 | 06.05 |
| 9  | 407 | LARYSZ Piotr       | RADLIN           |  | POL                  | 92 | M20/9  | (M)20 | 00:34:42 | 06.55 |
| 10 | 497 | KRAJCZUK Kewin     | ŁĘG              |  | POL                  | 02 | M20/10 | (M)21 | 00:36:37 | 07.18 |

### Bieg 5 km - M30 [5]

|   |     |                    |                  |  |                                  |    |       |       |          |       |
|---|-----|--------------------|------------------|--|----------------------------------|----|-------|-------|----------|-------|
| 1 | 393 | URBAN Wiktor       | ZABRZE           |  | POL ZABRZAŃSKIE PARKOWE BIEGANIE | 88 | M30/1 | (M)2  | 00:17:33 | 03.30 |
| 2 | 134 | MAGOŃ Grzegorz     | JANKOWICE        |  | POL RADLINIOKI W BIEGU           | 82 | M30/2 | (M)6  | 00:19:07 | 03.49 |
| 3 | 333 | KŁODZIŃSKI Dariusz | DZBAŃCE OSIEDLE  |  | POL EKO-OKNA RUNNERS             | 89 | M30/3 | (M)7  | 00:19:29 | 03.53 |
| 4 | 253 | WAWRÓW Mirosław    | BABORÓW          |  | POL                              | 83 | M30/4 | (M)10 | 00:21:40 | 04.20 |
| 5 | 348 | JESZKA Artur       | WODZISŁAW ŚLĄSKI |  | POL                              | 88 | M30/5 | (M)13 | 00:24:48 | 04.57 |

### Bieg 5 km - M40 [5]

|   |     |                   |           |  |                                  |    |       |       |          |       |
|---|-----|-------------------|-----------|--|----------------------------------|----|-------|-------|----------|-------|
| 1 | 515 | JEZIORSKI Piotr   | PIST      |  | CZE CARAMBA! TEAM                | 78 | M40/1 | (M)3  | 00:17:42 | 03.32 |
| 2 | 465 | ZWOLAK Tomasz     | ZABRZE    |  | POL ZABRZAŃSKIE PARKOWE BIEGANIE | 78 | M40/2 | (M)4  | 00:18:08 | 03.37 |
| 3 | 384 | MULEWSKI Bogdan   | ZABRZE    |  | POL NIGHT RUNNERS ZABRZE         | 73 | M40/3 | (M)9  | 00:21:34 | 04.18 |
| 4 | 79  | JANOSZ Mariusz    | RYDULTOWY |  | POL DZIKUSY                      | 77 | M40/4 | (M)11 | 00:23:35 | 04.42 |
| 5 | 471 | WITKOWSKI Bartosz | WARSZAWA  |  | POL                              | 78 | M40/5 | (M)17 | 00:27:42 | 05.32 |

### Bieg 5 km - M50 [1]

|   |     |            |           |  |             |    |       |       |          |       |
|---|-----|------------|-----------|--|-------------|----|-------|-------|----------|-------|
| 1 | 280 | ŻYŁA Jerzy | RYDULTOWY |  | POL DZIKUSY | 69 | M50/1 | (M)18 | 00:29:00 | 05.46 |
|---|-----|------------|-----------|--|-------------|----|-------|-------|----------|-------|

### Bieg 5 km - K20 [6]

|   |     |                 |                    |  |                        |    |       |       |          |       |
|---|-----|-----------------|--------------------|--|------------------------|----|-------|-------|----------|-------|
| 1 | 283 | GRYGIEL Ilona   | RACIBÓRZ           |  | POL                    | 99 | K20/1 | (K)1  | 00:19:52 | 03.58 |
| 2 | 159 | MUTWIL Wiktoria | WODZISŁAW ŚLĄSKI   |  | POL                    | 99 | K20/2 | (K)2  | 00:22:09 | 04.25 |
| 3 | 365 | DZIEWIT Emilia  | RACIBÓRZ           |  | POL                    | 02 | K20/3 | (K)3  | 00:22:13 | 04.26 |
| 4 | 200 | RUTYNA Jennifer | PIETROWICE WIELKIE |  | POL EKO-OKNA RUNNERS   | 98 | K20/4 | (K)4  | 00:22:45 | 04.33 |
| 5 | 466 | MIKA Paulina    | RADLIN             |  | POL                    | 93 | K20/5 | (K)12 | 00:28:06 | 05.37 |
| 6 | 229 | SURMA Adrianna  | RADLIN             |  | POL RADLINIOKI W BIEGU | 96 | K20/6 | (K)18 | 00:31:24 | 06.16 |

### Bieg 5 km - K30 [5]

|   |     |                     |                  |  |                        |    |       |       |          |       |
|---|-----|---------------------|------------------|--|------------------------|----|-------|-------|----------|-------|
| 1 | 164 | NIESŁAŃCZYK Barbara | JASTRZĘBIE-ZDRÓJ |  | POL BZIEGACZE          | 85 | K30/1 | (K)8  | 00:26:04 | 05.12 |
| 2 | 83  | KABUT Małgorzata    | RADLIN           |  | POL RADLINIOKI W BIEGU | 86 | K30/2 | (K)10 | 00:27:17 | 05.27 |



| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | [min/km] |
|--------------|--------|----------------------|------------------|----------|--------------|---------|------------------------|-----------|----------|
| 3            | 430    | GORALCZYK Agnieszka  | SYRYNIA          |          | POL          | 86      | K30/3 (K)14            | 00:28:40  | 05.43    |
| 4            | 388    | KUPCZYK Iwona        | SOLARNIA         |          | POL          | 82      | K30/4 (K)15            | 00:28:57  | 05.47    |
| 5            | 154    | MŁOCEK Ewelina       | SAMBOROWICE      |          | POL          | 85      | K30/5 (K)20            | 00:33:53  | 06.45    |

### Bieg 5 km - K40 [8]

|   |     |                             |                  |  |                             |    |             |          |       |
|---|-----|-----------------------------|------------------|--|-----------------------------|----|-------------|----------|-------|
| 1 | 121 | KUSMA Anna                  | AMSTERDAM        |  | NED                         | 79 | K40/1 (K)5  | 00:23:16 | 04.38 |
| 2 | 236 | SZLEŃSKA- SKOWRONEK Izabela | SZCZERBICE       |  | POL DZIKUSY                 | 75 | K40/2 (K)6  | 00:26:00 | 05.11 |
| 3 | 78  | JANOSZ Katarzyna            | RYDULTOWY        |  | POL DZIKUSY                 | 77 | K40/3 (K)7  | 00:26:01 | 05.11 |
| 4 | 30  | CHYTROSZEK Eleonora         | ROGÓW            |  | POL                         | 70 | K40/4 (K)9  | 00:26:04 | 05.12 |
| 5 | 341 | BARTNIK Joanna              | JASTRZĘBIE-ZDRÓJ |  | POL STREET SPIRIT           | 76 | K40/5 (K)11 | 00:27:32 | 05.30 |
| 6 | 410 | KUPCZYK Joanna              | DZIERGOWICE      |  | POL BBL KĘDZIERZYN-KOŹLE    | 73 | K40/6 (K)13 | 00:28:12 | 05.38 |
| 7 | 40  | CZYRNEK Ewa                 | RYBNIK           |  | POL DECATHLON & PRZYJACIELE | 74 | K40/7 (K)16 | 00:29:46 | 05.56 |
| 8 | 267 | WOLNIK Jolanta              | LIGOTA KSIĄŻĘCA  |  | POL SMERFY BIEGAJĄ PO 0.7   | 79 | K40/8 (K)21 | 00:36:40 | 07.18 |

### Bieg 5 km - K50 [1]

|   |     |                 |        |  |                          |    |             |          |       |
|---|-----|-----------------|--------|--|--------------------------|----|-------------|----------|-------|
| 1 | 103 | KOWALSKA Dorota | RYBNIK |  | POL SBD ENERGETYK RYBNIK | 68 | K50/1 (K)19 | 00:31:28 | 06.17 |
|---|-----|-----------------|--------|--|--------------------------|----|-------------|----------|-------|

### Nordic Walking - M20 [2]

|   |     |                   |                |  |  |    |             |          |       |
|---|-----|-------------------|----------------|--|--|----|-------------|----------|-------|
| 1 | 507 | KUSZTUBAJDA Denis | ŚCIBORZYCE WLK |  | POL  | 94 | M20/1 (M)4  | 00:32:02 | 06.23 |
| 2 | 135 | MALYS Mateusz     | RACIBÓRZ       |  | POL STOWARZYSZENIE OSÓB NIEPEŁNOSPRAWNYCH RACIBÓRZ | 96 | M20/2 (M)13 | 00:47:22 | 09.27 |

### Nordic Walking - M30 [1]

|   |     |               |        |  |     |    |             |          |       |
|---|-----|---------------|--------|--|-----|----|-------------|----------|-------|
| 1 | 509 | LACH Grzegorz | KIETRZ |  | POL | 80 | M30/1 (M)14 | 00:47:53 | 09.33 |
|---|-----|---------------|--------|--|-----|----|-------------|----------|-------|

### Nordic Walking - M40 [2]

|   |     |                   |             |  |                          |    |             |          |       |
|---|-----|-------------------|-------------|--|--------------------------|----|-------------|----------|-------|
| 1 | 411 | KUPCZYK Andrzej   | DZIERGOWICE |  | POL BBL KĘDZIERZYN-KOŹLE | 73 | M40/1 (M)3  | 00:31:04 | 06.12 |
| 2 | 294 | PISZCZAN Mirosław | SYRYNIA     |  | POL RADLINIOKI W BIEGU   | 70 | M40/2 (M)10 | 00:40:37 | 08.06 |

### Nordic Walking - M50 [2]

|   |     |                   |         |  |                        |    |            |          |       |
|---|-----|-------------------|---------|--|------------------------|----|------------|----------|-------|
| 1 | 95  | KŁYŚ Ryszard      | GLIWICE |  | POL BLYSKAWICA GLIWICE | 60 | M50/1 (M)1 | 00:29:24 | 05.51 |
| 2 | 324 | JONDERKO Grzegorz | RYBNIK  |  | POL WŁÓCZYKIJE SKOCZÓW | 69 | M50/2 (M)7 | 00:34:00 | 06.47 |

### Nordic Walking - M60 [7]

|   |     |                    |                  |  |                              |    |             |          |       |
|---|-----|--------------------|------------------|--|------------------------------|----|-------------|----------|-------|
| 1 | 400 | MALKA Marian       | GLIWICE          |  | POL                          | 59 | M60/1 (M)2  | 00:29:40 | 05.56 |
| 2 | 456 | STAROSTKA Andrzej  | KĘDZIERZYN-KOŹLE |  | POL PARKRUN KĘDZIERZYN-KOŹLE | 48 | M60/2 (M)5  | 00:32:52 | 06.33 |
| 3 | 403 | SERWOTKA Jan       | WODZISŁAW ŚLĄSKI |  | POL FORMA WODZISŁAW ŚLĄSKI   | 54 | M60/3 (M)6  | 00:33:21 | 06.39 |
| 4 | 132 | LUSZCZYMAK Tadeusz | RADLIN           |  | POL                          | 51 | M60/4 (M)8  | 00:36:44 | 07.19 |
| 5 | 511 | FOJCIK Andrzej     | JANKOWICE        |  | POL JANKOWICE                | 53 | M60/5 (M)9  | 00:37:39 | 07.30 |
| 6 | 478 | STROJNY Tadeusz    | RACIBÓRZ         |  | POL                          | 57 | M60/6 (M)11 | 00:41:06 | 08.12 |
| 7 | 1   | PILSZAK Krystian   | RACIBÓRZ         |  | POL PODAJ RĘKĘ-TEAM          | 54 | M60/7 (M)12 | 00:42:34 | 08.30 |

### Nordic Walking - K20 [1]

|   |     |                     |        |  |     |    |             |          |       |
|---|-----|---------------------|--------|--|-----|----|-------------|----------|-------|
| 1 | 328 | KUSZTUBAJDA Dagmara | KIETRZ |  | POL | 93 | K20/1 (K)23 | 00:40:47 | 08.08 |
|---|-----|---------------------|--------|--|-----|----|-------------|----------|-------|

### Nordic Walking - K30 [6]

|   |     |                         |                   |  |                            |    |             |          |       |
|---|-----|-------------------------|-------------------|--|----------------------------|----|-------------|----------|-------|
| 1 | 493 | MARONDEL Katarzyna      | BYTOM             |  | POL                        | 86 | K30/1 (K)2  | 00:33:07 | 06.36 |
| 2 | 473 | URBANIEC Sabina         | KUŹNIA RACIBORSKA |  | POL                        | 85 | K30/2 (K)7  | 00:34:28 | 06.53 |
| 3 | 462 | TOMAS Marzena           | SYRYNIA           |  | POL RADLINIOKI W BIEGU     | 84 | K30/3 (K)10 | 00:35:59 | 07.10 |
| 4 | 101 | KOŚCIELNA- WITA Paulina | TURZA ŚLĄSKA      |  | POL FORMA WODZISŁAW ŚLĄSKI | 85 | K30/4 (K)14 | 00:37:41 | 07.31 |
| 5 | 15  | BANACH Roksana          | RACIBÓRZ          |  | POL                        | 80 | K30/5 (K)21 | 00:40:27 | 08.04 |
| 6 | 516 | HLAVACOVA Paulina       | SUOLICE           |  | CZE                        | 86 | K30/6 (K)24 | 00:40:50 | 08.08 |

### Nordic Walking - K40 [14]

|    |     |                     |                    |  |                        |    |              |          |       |
|----|-----|---------------------|--------------------|--|------------------------|----|--------------|----------|-------|
| 1  | 245 | ŚLIWKA Beata        | DZIĘGIELÓW         |  | POL OLZA CIESZYN       | 78 | K40/1 (K)1   | 00:33:07 | 06.36 |
| 2  | 158 | MUTWIL Teresa       | WODZISŁAW ŚLĄSKI   |  | POL                    | 74 | K40/2 (K)4   | 00:33:22 | 06.39 |
| 3  | 525 | BASISTA Kasia       | PSZÓW              |  | POL                    | 73 | K40/3 (K)6   | 00:33:43 | 06.44 |
| 4  | 323 | JONDERKO Julia      | RYBNIK             |  | POL WŁÓCZYKIJE SKOCZÓW | 74 | K40/4 (K)8   | 00:34:45 | 06.56 |
| 5  | 71  | GWÓDŹ Jolanta       | NOWA WIEŚ          |  | POL                    | 77 | K40/5 (K)9   | 00:35:43 | 07.07 |
| 6  | 136 | MANDRYSZ Aleksandra | LYSKI              |  | POL                    | 77 | K40/6 (K)11  | 00:36:54 | 07.22 |
| 7  | 170 | PALETTA Małgorzata  | PIETROWICE WIELKIE |  | POL                    | 71 | K40/7 (K)12  | 00:36:58 | 07.22 |
| 8  | 165 | NIESTRÓJ Sylwia     | LUBOMIA            |  | POL DYSTANS LUBOMIA    | 71 | K40/8 (K)13  | 00:37:32 | 07.30 |
| 9  | 479 | SZOT Ewa            | PIETROWICE WIELKIE |  | POL                    | 73 | K40/9 (K)16  | 00:38:35 | 07.42 |
| 10 | 152 | MIKLIS-ŚLAGA Sylwia | LYSKI              |  | POL                    | 77 | K40/10 (K)18 | 00:40:03 | 07.59 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name  | Miejscowość City | Kraj Nat | Drużyna Team            | R-k YoB | W kategorii in Age | Sex   | Czas Time | [min/km] |
|--------------|--------|-----------------------|------------------|----------|-------------------------|---------|--------------------|-------|-----------|----------|
| 11           | 252    | WALKIEWICZ Małgorzata | LYSKI            |          | POL                     | 75      | K40/11             | (K)19 | 00:40:05  | 07.59    |
| 12           | 239    | SZOT Agnieszka        | RACIBÓRZ         |          | POL                     | 75      | K40/12             | (K)22 | 00:40:39  | 08.06    |
| 13           | 472    | WITKOWSKA Ewa         | WARSZAWA         |          | POL                     | 78      | K40/13             | (K)29 | 00:46:52  | 09.21    |
| 14           | 194    | RATAJSZCZAK-MALYS Ewa | RACIBÓRZ         |          | POL STOWARZYSZENIE OSÓB | 70      | K40/14             | (K)30 | 00:47:25  | 09.28    |

NIEPEŁNOSPRAWNYCH RACIBÓRZ

### Nordic Walking - K50 [5]

|   |     |                    |                    |  |                 |    |       |       |          |       |
|---|-----|--------------------|--------------------|--|-----------------|----|-------|-------|----------|-------|
| 1 | 378 | ŚWIĘCKA Ewa        | WODZISŁAW ŚLĄSKI   |  | POL KS M.E.T.A. | 68 | K50/1 | (K)5  | 00:33:37 | 06.42 |
| 2 | 257 | WIECZOREK Bożena   | LYSKI              |  | POL             | 69 | K50/2 | (K)20 | 00:40:07 | 08.00 |
| 3 | 5   | GRZESIK Barbara    | HAMBURG            |  | GER             | 61 | K50/3 | (K)26 | 00:42:21 | 08.27 |
| 4 | 74  | HERUD Urszula      | PIETROWICE WIELKIE |  | POL             | 65 | K50/4 | (K)27 | 00:46:11 | 09.12 |
| 5 | 488 | PAŁANDZIUCH Bożena | ŚCIBORZYCE WLK     |  | POL             | 65 | K50/5 | (K)31 | 00:47:52 | 09.32 |

### Nordic Walking - K60 [5]

|   |     |                     |                  |  |                            |    |       |       |          |       |
|---|-----|---------------------|------------------|--|----------------------------|----|-------|-------|----------|-------|
| 1 | 127 | LIBARDI-KŁYŚ Sylwia | GLIWICE          |  | POL BLYSKAWICA GLIWICE     | 59 | K60/1 | (K)3  | 00:33:18 | 06.39 |
| 2 | 184 | PRZYBYŁA Ilona      | ŁAZISKA          |  | POL AMATOR                 | 57 | K60/2 | (K)15 | 00:37:42 | 07.32 |
| 3 | 401 | MAŁKA Irena         | GLIWICE          |  | POL                        | 56 | K60/3 | (K)17 | 00:38:58 | 07.46 |
| 4 | 4   | KUSMA Ewa           | BUDZISKA         |  | POL                        | 57 | K60/4 | (K)25 | 00:42:17 | 08.26 |
| 5 | 374 | SERWOTKA Olga       | WODZISŁAW ŚLĄSKI |  | POL FORMA WODZISŁAW ŚLĄSKI | 55 | K60/5 | (K)28 | 00:46:15 | 09.15 |

### Bieg Młodzieżowy - M [7]

|   |     |                     |                  |  |                               |    |     |      |          |       |
|---|-----|---------------------|------------------|--|-------------------------------|----|-----|------|----------|-------|
| 1 | 608 | MIELIMAŁKA Tadeusz  | PSTRAŻNA         |  | POL MKS-SMS VICTORIA RACIBÓRZ | 05 | M/1 | (M)1 | 00:08:30 | 03.24 |
| 2 | 621 | WALASZEK Tomasz     | RUDNIK           |  | POL                           | 05 | M/2 | (M)2 | 00:09:03 | 03.36 |
| 3 | 628 | SŁOBODZIAN Jan      | CIESZYN          |  | POL                           | 06 | M/3 | (M)3 | 00:10:12 | 04.04 |
| 4 | 623 | BRZOZOWSKI Adam     | RACIBÓRZ         |  | POL                           | 07 | M/4 | (M)4 | 00:10:42 | 04.16 |
| 5 | 618 | WOSKOWSKI Radosław  | RACIBÓRZ         |  | POL MKS-VICTORIA RACIBÓRZ     | 07 | M/5 | (M)5 | 00:11:14 | 04.29 |
| 6 | 620 | WITKOWSKI Krzysztof | WARSZAWA         |  | POL                           | 07 | M/6 | (M)6 | 00:11:21 | 04.32 |
| 7 | 610 | PRZYBYŁA Kacper     | WODZISŁAW ŚLĄSKI |  | POL                           | 05 | M/7 | (M)7 | 00:11:43 | 04.41 |

### Bieg Młodzieżowy - K [16]

|    |     |                    |          |  |                               |    |      |       |          |       |
|----|-----|--------------------|----------|--|-------------------------------|----|------|-------|----------|-------|
| 1  | 611 | RĘBISZ Patrycja    | RACIBÓRZ |  | POL MKS-SMS VICTORIA RACIBÓRZ | 04 | K/1  | (K)1  | 00:08:23 | 03.21 |
| 2  | 616 | TOMALA Emilia      | RACIBÓRZ |  | POL MKS-SMS VICTORIA RACIBÓRZ | 04 | K/2  | (K)2  | 00:08:52 | 03.32 |
| 3  | 607 | LAJTNER Michelle   | RACIBÓRZ |  | POL MKS-SMS VICTORIA RACIBÓRZ | 04 | K/3  | (K)3  | 00:09:42 | 03.53 |
| 4  | 613 | SMAL Aleksandra    | RACIBÓRZ |  | POL MKS-SMS VICTORIA RACIBÓRZ | 04 | K/4  | (K)4  | 00:09:42 | 03.53 |
| 5  | 602 | BARON Julia        | CHORZÓW  |  | POL AKS CHORZÓW               | 07 | K/5  | (K)5  | 00:10:05 | 04.02 |
| 6  | 619 | BARYCKA Oliwia     | RACIBÓRZ |  | POL MKS-VICTORIA RACIBÓRZ     | 07 | K/6  | (K)6  | 00:11:24 | 04.33 |
| 7  | 603 | GAWENDA Zuzanna    | RACIBÓRZ |  | POL ZOLZA                     | 07 | K/7  | (K)8  | 00:11:44 | 04.40 |
| 8  | 614 | STOLARSKA Patrycja | RACIBÓRZ |  | POL MKS-SMS VICTORIA RACIBÓRZ | 05 | K/8  | (K)9  | 00:11:59 | 04.46 |
| 9  | 624 | BALAŻY Karolina    | RACIBÓRZ |  | POL                           | 07 | K/9  | (K)10 | 00:12:56 | 05.09 |
| 10 | 601 | BANACH Nina        | RACIBÓRZ |  | POL                           | 06 | K/10 | (K)11 | 00:12:58 | 05.10 |
| 11 | 627 | RYCZKOWSKA Hania   | RACIBÓRZ |  | POL                           | 07 | K/11 | (K)12 | 00:13:03 | 05.12 |
| 12 | 612 | SŁODZIŃSKA Amelia  | RACIBÓRZ |  | POL                           | 05 | K/12 | (K)13 | 00:13:24 | 05.21 |
| 13 | 605 | GRIMAN Martyna     | RYBNIK   |  | POL                           | 04 | K/13 | (K)14 | 00:13:38 | 05.26 |
| 14 | 615 | SZOT Kinga         | RACIBÓRZ |  | POL                           | 07 | K/14 | (K)15 | 00:14:02 | 05.35 |
| 15 | 626 | KRYBUS Nicole      | RACIBÓRZ |  | POL                           | 06 | K/15 | (K)16 | 00:15:52 | 06.21 |
| 16 | 622 | URBISZ Ewa         | RACIBÓRZ |  | POL                           | 07 | K/16 | (K)17 | 00:15:53 | 06.21 |