

# ENERVIT 11. Bieg na Wielką Sowę, Mistrzostwa Polski Weteranów w Biegu Górskim, 22. PZLA Mistrzostwa Polski w Biegach Alpejskich

## WYNIKI ZAWODÓW

### Bieg 10 km

**Organizator:** Wójt Gminy Nowa Ruda ,Centrum Kultury Gminy Nowa Ruda

**Termin:** 09.08.2020

**Miejsce:** Ludwikowice Kłodzkie

**Dystans:** 10 km



### Klasyfikacja wg czasów netto.

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name      | Miejscowość<br>City | Kraj<br>Nat | Drużyna / Klub<br>Team / Club             | R-k<br>YoB | Klasyfikacje<br>Ranks |        |       | Czas<br>Time | Strata   | [min/km] |
|-----------------|-----------|------------------------------|---------------------|-------------|-------------------------------------------|------------|-----------------------|--------|-------|--------------|----------|----------|
| 1               | 943       | Z/0356/13 ŁOBODZIŃSKI Piotr  | WARSZAWA            |             | POL / ŁŁKS PREFBET ŚNIAĐOWO ŁOMŻA         | 85         | M35/1                 | MPS/1  | (M)1  | 00:39:43     | 00:00:00 | 03:58    |
| 2               | 941       | Z/4856/11 LEPIARZ Sylwester  | WRONÓW              |             | POL / MUAY RUNNING TEAM / LKB RUDNIK      | 93         | M20/1                 | MPS/2  | (M)2  | 00:40:05     | 00:00:22 | 04:00    |
| 3               | 940       | Z/1723/15 KUBICA Marcin      | BIELSKO-BIAŁA       |             | POL / KS SPRINT/INOV-8 TEAM               | 99         | M20/2                 | MPS/3  | (M)3  | 00:40:06     | 00:00:22 | 04:00    |
| 4               | 932       | Z/4873/11 JAŚTAŁ Piotr       | DOMASZOWICE         |             | POL / LKB RUDNIK/AZS UJK KIELCE           | 94         | M20/3                 | MPS/4  | (M)4  | 00:41:17     | 00:01:33 | 04:07    |
| 5               | 949       | Z/2152/19 TSCHIRCH Krzysztof | JELENIA GÓRA        |             | POL                                       | 99         | M20/4                 | MPS/5  | (M)5  | 00:42:19     | 00:02:35 | 04:13    |
| 6               | 921       | Z/0694/11 BIAŁY Michał       | KRAŚNIK             |             | POL / SKB KRAŚNIK                         | 91         | M20/5                 | MPS/6  | (M)6  | 00:42:28     | 00:02:45 | 04:14    |
| 7               | 939       | Z/2554/19 KUBIAK Maciej      | REDA                |             | POL / ZOELLER TECH                        | 88         | M30/1                 | MPS/7  | (M)7  | 00:42:33     | 00:02:50 | 04:15    |
| 8               | 931       | Z/1703/11 GORZELAŃCZYK Jakub | GOLĘCZEWO           |             | POL / MKS SIECHNICE                       | 91         | M20/6                 | MPS/8  | (M)8  | 00:42:53     | 00:03:09 | 04:17    |
| 9               | 100       | STADNIK Jacek                | ZIELONA GÓRA        |             | POL / SKLEP DLA BIEGACZY RUN PLANET       | 91         | M20/7                 |        | (M)9  | 00:42:55     | 00:03:11 | 04:17    |
| 10              | 948       | Z/3377/11 SOBAS Jacek        | KĘDZIERZYN-KOŹŁE    |             | POL / #SOBASTEAM / ASICSFRONTRUNNERPOLAND | 85         | M35/2                 | MPS/9  | (M)10 | 00:42:57     | 00:03:14 | 04:17    |
| 11              | 472       | GLAPIAK Damian               | BUCZ                |             | POL / KP PSP WOLSZTYN                     | 80         | M40/1                 |        | (M)11 | 00:43:07     | 00:03:23 | 04:18    |
| 12              | 945       | Z/3770/19 NOSAL Tomasz       | ZAKOPANE            |             | POL / MKS RABKA ZDRÓJ                     | 89         | M30/2                 | MPS/10 | (M)12 | 00:43:39     | 00:03:56 | 04:21    |
| 13              | 947       | Z/2602/15 SKIBIAK Kacper     | BOLKÓW              |             | POL / KS SMS SZKLARSKA PORĘBA             | 00         | M20/8                 | MPS/11 | (M)13 | 00:44:15     | 00:04:31 | 04:25    |
| 14              | 446       | BRYDL Pavel                  | TRUTNOV             |             | CZE / MUAY RUNNING TEAM                   | 80         | M40/2                 |        | (M)14 | 00:44:23     | 00:04:40 | 04:26    |
| 15              | 15        | CHRZANOWSKI Patryk           | BIELAWA             |             | POL / PCH SPORT TEAM                      | 89         | M30/3                 |        | (M)15 | 00:44:59     | 00:05:16 | 04:29    |
| 16              | 946       | Z/3018/20 PIETRZYK Krzysztof | KOLUSZKI            |             | POL / LKS KOLUSZKI                        | 79         | M40/3                 | MPS/12 | (M)16 | 00:45:23     | 00:05:40 | 04:32    |
| 17              | 927       | Z/1530/18 DOMISZEWSKI Ignacy | USTRYKI DOLNE       |             | POL / GUKLA BRATKOWICE KORZENIOWSKI.PL    | 90         | M30/4                 | MPS/13 | (M)17 | 00:45:36     | 00:05:53 | 04:33    |
| 18              | 337       | KOŃ Piotr                    | RĘCZNO              |             | POL / ALPIN SPORT HOKA ONE ONE TEAM       | 78         | M40/4                 |        | (M)18 | 00:45:37     | 00:05:53 | 04:33    |
| 19              | 944       | Z/3912/11 MŁYNARZ Kamil      | ŁĘCZNOWOLA          |             | POL / SKB KRAŚNIK                         | 90         | M30/5                 | MPS/14 | (M)19 | 00:45:51     | 00:06:08 | 04:35    |
| 20              | 934       | Z/3321/11 KLIMCZAK Mikołaj   | WROCŁAW             |             | POL / PRZEDWOJEWSKI MOUNTAIN TEAM         | 92         | M20/9                 | MPS/15 | (M)20 | 00:45:54     | 00:06:11 | 04:35    |
| 21              | 925       | Z/2151/19 CZERNIAK Paweł     | SOSNOWKA            |             | POL / KARKONOSZ RUNNING TEAM              | 85         | M35/3                 | MPS/16 | (M)21 | 00:46:01     | 00:06:18 | 04:36    |
| 22              | 82        | PERZ Krzysztof               | OSTRÓW              |             | POL / OSTRÓW WLKP TEAM                    | 89         | M30/6                 |        | (M)22 | 00:46:11     | 00:06:27 | 04:37    |
| 23              | 928       | Z/1757/17 DUDCZAK Michał     | RYTRO               |             | POL / BUFF TEAM POLAND                    | 00         | M20/10                | MPS/17 | (M)23 | 00:46:23     | 00:06:39 | 04:38    |
| 24              | 463       | DYCEK Mariusz                | ZDZIESZOWICE        |             | POL / DYCUŚ TEAM                          | 79         | M40/5                 |        | (M)24 | 00:46:24     | 00:06:41 | 04:38    |
| 25              | 575       | WASZCZUK Tomasz              | SZCZECIN            |             | POL / WASZCZUK TEAM                       | 80         | M40/6                 |        | (M)25 | 00:46:34     | 00:06:50 | 04:39    |

Klasyfikacja wg czasów netto.

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name             | Miejscowość<br>City | Kraj<br>Nat                                                                         | Drużyna / Klub<br>Team / Club                             | R-k<br>YoB | Klasyfikacje<br>Ranks |                      |       |  | Czas<br>Time | Strata   | [min/km] |
|-----------------|-----------|-------------------------------------|---------------------|-------------------------------------------------------------------------------------|-----------------------------------------------------------|------------|-----------------------|----------------------|-------|--|--------------|----------|----------|
| 26              | 926       | Z/2050/20 DŁUGOSZ Jacek             | STARACHOWICE        |    | POL / LKB RUDNIK                                          | 82         | M35/4                 | MPS/18               | (M)26 |  | 00:46:47     | 00:07:04 | 04:40    |
| 27              | 38        | KACZOR Jan                          | WAŁBRZYCH           |    | POL                                                       | 02         | M16/1                 |                      | (M)27 |  | 00:46:53     | 00:07:10 | 04:41    |
| 28              | 907       | Z/2872/20 MASŁOWSKA Martyna         | ŁÓWA                |    | POL / ULKS BYSTRZYCA KŁODZKA                              | 90         | K30/1                 | MPS/19               | (K)1  |  | 00:46:59     | 00:07:16 | 04:41    |
| 29              | 4         | BARDZIŃSKI Rafał                    | LEGNICA             |    | POL / JANOSPORT TEAM LEGNICA                              | 92         | M20/11                |                      | (M)28 |  | 00:47:06     | 00:07:23 | 04:42    |
| 30              | 924       | Z/2047/20 BROJ Marcel               | ŻLINICE             |    | POL / BUFF TEAM POLAND                                    | 00         | M20/12                | MPS/20               | (M)29 |  | 00:47:10     | 00:07:26 | 04:43    |
| 31              | 532       | PASIK Tomasz                        | WOLSZTYN            |    | POL / WOLSZTYN                                            | 79         | M40/7                 |                      | (M)30 |  | 00:47:14     | 00:07:30 | 04:43    |
| 32              | 903       | Z/2208/19 FICNER Anna               | ZŁOTORYJA           |    | POL / OLAWS ZŁOTORYJA/MKS SIECHNICE                       | 85         | K35/1                 | MPS/21               | (K)2  |  | 00:47:26     | 00:07:43 | 04:44    |
| 33              | 583       | WOJŚŁAW Bartłomiej                  | MARCINOWICE         |    | POL / GLKS MARCINOWICE                                    | 84         | M35/5                 |                      | (M)31 |  | 00:47:36     | 00:07:52 | 04:45    |
| 34              | 417       | WALOSZCZYK Bartłomiej               | ŚWIĘTOSZÓW          |    | POL / ULKS BYSTRZYCA KŁODZKA                              | 73         | M45/1                 |                      | (M)32 |  | 00:47:59     | 00:08:15 | 04:47    |
| 35              | 938       | Z/1195/15 KRAWCZUK Paweł            | KORFANTÓW           |    | POL / LUKS MGOKSIR KORFANTÓW                              | 99         | M20/13                | MPS/22               | (M)33 |  | 00:48:14     | 00:08:31 | 04:49    |
| 36              | 914       | Z/5253/11 WIŚNIEWSKA-ULFIK Dominika | ZABRZE              |    | POL / ALPIN SPORT HOKA ONE ONE TEAM/SKB KRAŚNIK           | 86         | K30/2                 | Leka/1 MPS/23 LK30/1 | (K)3  |  | 00:48:40     | 00:08:57 | 04:52    |
| 37              | 930       | Z/4817/19 FIRLET Daniel             | BOGATYNIA           |    | POL / MKS SZERSZEŃ BOGATYNIA                              | 75         | M45/2                 | MPS/24               | (M)34 |  | 00:48:41     | 00:08:57 | 04:52    |
| 38              | 45        | KINAL Karol                         | ŚRODA ŚLĄSKA        |    | POL                                                       | 94         | M20/14                |                      | (M)35 |  | 00:48:44     | 00:09:00 | 04:52    |
| 39              | 902       | Z/1882/12 CELIŃSKA Anna             | BIELSKO-BIAŁA       |    | POL / :KS SPRINT BIELSKO-BIAŁA                            | 79         | K40/1                 | MPS/25               | (K)4  |  | 00:48:53     | 00:09:10 | 04:53    |
| 40              | 557       | STACHURA Damian                     | LUBIN               |    | POL / ZAGŁĘBIE LUBIN                                      | 85         | M35/6                 |                      | (M)36 |  | 00:49:01     | 00:09:18 | 04:54    |
| 41              | 300       | FIGURA Robert                       | WĘŻA                |    | POL / FIGURA TEAM                                         | 77         | M40/8                 |                      | (M)37 |  | 00:49:03     | 00:09:20 | 04:54    |
| 42              | 53        | KULAKOWSKI Marcin                   | JEDLINA-ZDRÓJ       |    | POL / SOWIE TEAM                                          | 95         | M20/15                |                      | (M)38 |  | 00:49:12     | 00:09:29 | 04:55    |
| 43              | 922       | Z/1877/19 BŁAUCIAK Maciej           | ZĄBKOWICE ŚLĄSKIE   |    | POL / ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN               | 02         | M16/2                 | MPS/26               | (M)39 |  | 00:49:29     | 00:09:46 | 04:56    |
| 44              | 913       | Z/1806/18 WICHA Iwona               | GÓRA KALWARIA       |    | POL / PUKS MŁODE ORŁY / LLKS PREFBET ŚNIADOWO/OCRA POLAND | 87         | K30/3                 | MPS/27               | (K)5  |  | 00:49:42     | 00:09:59 | 04:58    |
| 45              | 486       | JUREK Michał                        | WROCŁAW             |    | POL                                                       | 83         | M35/7                 |                      | (M)40 |  | 00:49:45     | 00:10:01 | 04:58    |
| 46              | 910       | Z/2496/19 OBSTÓJ Karolina           | WROCŁAW             |    | POL / MUAY RUNNING TEAM                                   | 90         | K30/4                 | MPS/28               | (K)6  |  | 00:50:02     | 00:10:19 | 05:00    |
| 47              | 367       | MOCZEK Tomasz                       | GŁOGÓW              |   | POL / CROSS STRACENCÓW TEAM                               | 78         | M40/9                 |                      | (M)41 |  | 00:50:02     | 00:10:19 | 05:00    |
| 48              | 477       | GROMAŁA Krzysztof                   | ŚWIEBODZICE         |  | POL / #SOBASTEAM                                          | 81         | M35/8                 |                      | (M)42 |  | 00:50:03     | 00:10:19 | 05:00    |
| 49              | 332       | KITA Michał                         | WROCŁAW             |  | POL / PĘDZĄCY W MIEJSCU                                   | 75         | M45/3                 |                      | (M)43 |  | 00:50:03     | 00:10:20 | 05:00    |
| 50              | 149       | FABIAN Bogusław                     | PYSKOWICE           |  | POL / EVANLITE.COM                                        | 71         | M45/4                 |                      | (M)44 |  | 00:50:10     | 00:10:27 | 05:01    |
| 51              | 90        | RUPIŃSKI Krzysztof                  | KONSTANCIN-JEZIORN  |  | POL / TRAINING LAB                                        | 92         | M20/16                |                      | (M)45 |  | 00:50:13     | 00:10:30 | 05:01    |
| 52              | 912       | Z/1364/16 WĘGRZYN Monika            | WIDELKA             |  | POL / UKS TIKI-TAKA KOLBUSZOWA                            | 02         | K16/1                 | MPS/29               | (K)7  |  | 00:50:46     | 00:11:02 | 05:04    |
| 53              | 231       | SIEMASZKO Jerzy                     | OPOLE               |  | POL / EUROVENT ATHLETICS                                  | 62         | M55/1                 |                      | (M)46 |  | 00:50:48     | 00:11:04 | 05:04    |
| 54              | 287       | CICHOREK Dariusz                    | KALISZ              |  | POL                                                       | 72         | M45/5                 |                      | (M)47 |  | 00:51:08     | 00:11:24 | 05:06    |
| 55              | 318       | JANKOWSKI Grzegorz                  | JACZÓW              |  | POL / KGHM ZG RUN                                         | 72         | M45/6                 |                      | (M)48 |  | 00:51:10     | 00:11:26 | 05:07    |
| 56              | 950       | Z/0509/12 ULFIK Rafał               | ZABRZE              |  | POL / ALPIN SPORT HOKA ONE ONE TEAM/SKB KRAŚNIK           | 87         | M30/7                 | MPS/30               | (M)49 |  | 00:51:19     | 00:11:36 | 05:07    |
| 57              | 573       | URBAN Mirosław                      | KRAKÓW              |  | POL / ITMBW KRAKÓW                                        | 85         | M35/9                 |                      | (M)50 |  | 00:51:26     | 00:11:43 | 05:08    |
| 58              | 57        | LULIS Dawid                         | WROCŁAW             |  | POL / ALTRATEAMRED                                        | 88         | M30/8                 |                      | (M)51 |  | 00:51:31     | 00:11:47 | 05:09    |
| 59              | 65        | MAŚLANKA Wojtek                     | LUDWIKOWICE         |  | POL                                                       | 90         | M30/9                 |                      | (M)52 |  | 00:51:32     | 00:11:48 | 05:09    |
| 60              | 233       | SIKORA Michał                       | ŻELOWICE            |  | POL / GLKS MARCINOWICE                                    | 69         | M50/1                 |                      | (M)53 |  | 00:51:33     | 00:11:49 | 05:09    |
| 61              | 214       | PIECZUROWSKI Sławomir               | WROCŁAW             |  | POL                                                       | 60         | M60/1                 |                      | (M)54 |  | 00:51:37     | 00:11:54 | 05:09    |
| 62              | 44        | KINAL Arkadiusz                     | ŚRODA ŚLĄSKA        |  | POL                                                       | 86         | M30/10                |                      | (M)55 |  | 00:51:56     | 00:12:13 | 05:11    |

# Klasyfikacja wg czasów netto.

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name      | Miejscowość<br>City | Kraj<br>Nat                                                                         | Drużyna / Klub<br>Team / Club                           | R-k<br>YoB | Klasyfikacje<br>Ranks |                     | Czas<br>Time | Strata   | [min/km] |
|-----------------|-----------|------------------------------|---------------------|-------------------------------------------------------------------------------------|---------------------------------------------------------|------------|-----------------------|---------------------|--------------|----------|----------|
| 63              | 14        | CHOJA Jakub                  | BOGATYNIA           |    | POL / MKS SZERSZEŃ BOGATYNIA                            | 90         | M30/11                | (M)56               | 00:52:08     | 00:12:24 | 05:12    |
| 64              | 81        | PAWLOS Mikołaj               | RUDNIK              |    | POL / LKB RUDNIK                                        | 04         | M16/3                 | (M)57               | 00:52:13     | 00:12:29 | 05:13    |
| 65              | 97        | SLIFIERZ Krystian            | RUDNIK              |    | POL / LKB RUDNIK                                        | 04         | M16/4                 | (M)58               | 00:52:17     | 00:12:33 | 05:13    |
| 66              | 28        | GORCZYŃSKI Norbert           | KUDOWA-ZDRÓJ        |    | POL / KUDOWIANKA RUN                                    | 97         | M20/17                | (M)59               | 00:52:17     | 00:12:34 | 05:13    |
| 67              | 345       | KRUPIŃSKI Bogumił            | OLSZTYN             |    | POL / 4 WARMIŃSKO MAZURSKA BRYGADA OBRONY TERYTORIALNEJ | 73         | M45/7                 | (M)60               | 00:52:24     | 00:12:40 | 05:14    |
| 68              | 56        | LIPUTA Emilia                | WROCŁAW             |    | POL / 140MINUT.PL                                       | 95         | K20/1                 | (K)8                | 00:52:26     | 00:12:43 | 05:14    |
| 69              | 111       | WECKWERTH Łukasz             | OSTRÓW              |    | POL / OSTRÓW WLKP TEAM                                  | 92         | M20/18                | (M)61               | 00:52:33     | 00:12:50 | 05:15    |
| 70              | 469       | FRENCEL Piotr                | OSTROW              |    | POL / OSTRÓW WLKP TEAM                                  | 82         | M35/10                | (M)62               | 00:52:34     | 00:12:50 | 05:15    |
| 71              | 517       | MAŚLANKA Paweł               | BIELAWA             |    | POL / BIELAWSKA AKADEMIA BIEGANIA                       | 85         | M35/11                | (M)63               | 00:52:36     | 00:12:52 | 05:15    |
| 72              | 42        | KARWACKI Maciej              | KAMIENNA GÓRA       |    | POL                                                     | 95         | M20/19                | (M)64               | 00:52:36     | 00:12:52 | 05:15    |
| 73              | 352       | LUBELSKI Łukasz              | KATOWICE            |    | POL / SOKÓŁ ZAKOPANE                                    | 75         | M45/8                 | Leka/2 LM40/1 (M)65 | 00:52:47     | 00:13:04 | 05:16    |
| 74              | 356       | ŁOPIANIAK Tomasz             | OPOLE               |    | POL / EUROVENT ATHLETICS                                | 75         | M45/9                 | (M)66               | 00:52:49     | 00:13:05 | 05:16    |
| 75              | 210       | PATALON Marek                | MARCINOWICE         |    | POL / GLKS MARCINOWICE                                  | 67         | M50/2                 | (M)67               | 00:52:55     | 00:13:11 | 05:17    |
| 76              | 13        | CABAJ Damian                 | ŚWIDNICA            |    | POL / PCH SPORT TEAM                                    | 86         | M30/12                | (M)68               | 00:53:00     | 00:13:17 | 05:18    |
| 77              | 77        | ORDYNIEC Sławomir            | ŚWIDNICA            |    | POL / KB LEROY MERLIN                                   | 95         | M20/20                | (M)69               | 00:53:02     | 00:13:18 | 05:18    |
| 78              | 236       | SKÓRZYŃSKI Arkadiusz         | LEWKÓW              |    | POL / OSTRÓW WLKP TEAM                                  | 70         | M50/3                 | (M)70               | 00:53:10     | 00:13:26 | 05:19    |
| 79              | 908       | Z/1043/17 MAZEK Emilia       | GARWOLIN            |    | POL / GKS WILGA GARWOLIN                                | 93         | K20/2                 | MPS/31 (K)9         | 00:53:11     | 00:13:27 | 05:19    |
| 80              | 422       | WIŚNIEWSKI Tomasz            | BOLESŁAWIEC         |    | POL / ULKS BYSTRZYCA KŁODZKA                            | 72         | M45/10                | (M)71               | 00:53:25     | 00:13:41 | 05:20    |
| 81              | 405       | STRZELCZAK Robert            | OPOLE               |    | POL / EUROVENT ATHLETICS                                | 74         | M45/11                | (M)72               | 00:53:36     | 00:13:52 | 05:21    |
| 82              | 372       | OLEKSAK Artur                | BOGATYNIA           |    | POL / MKS SZERSZEŃ BOGATYNIA                            | 72         | M45/12                | (M)73               | 00:53:36     | 00:13:53 | 05:21    |
| 83              | 933       | Z/3031/20 KARKUT Bogdan      | KOMORÓW             |    | POL / UKS TIKI TAKA KOLBUSZOWA                          | 70         | M50/4                 | MPS/32 (M)74        | 00:53:42     | 00:13:58 | 05:22    |
| 84              | 212       | PELINSKI Andrzej             | ŚWIDNICA            |    | POL / ŚWIDNICA                                          | 69         | M50/5                 | (M)75               | 00:53:43     | 00:14:00 | 05:22    |
| 85              | 451       | CHODOROWSKI Krzysztof        | WROCŁAW             |    | POL / PRZEDWOJEWSKI MOUNTAIN TEAM                       | 85         | M35/12                | (M)76               | 00:53:51     | 00:14:07 | 05:23    |
| 86              | 239       | SOKOŁOWSKI Marek             | MYSŁOWICE-WESOŁA    |    | POL / ALPIN SPORT HOKA ONE ONE TEAM                     | 69         | M50/6                 | (M)77               | 00:53:57     | 00:14:13 | 05:23    |
| 87              | 344       | KRUPA Marcin                 | NOWA RUDA           |    | POL / AKTYWNA NOWA RUDA                                 | 76         | M40/10                | (M)78               | 00:53:57     | 00:14:13 | 05:23    |
| 88              | 535       | PIHIL Piotr                  | WSCHOWA             |    | POL / ENDORFINA WSCHOWA                                 | 80         | M40/11                | (M)79               | 00:54:06     | 00:14:22 | 05:24    |
| 89              | 500       | KOWALEWSKA Elżbieta          | ZGORZELEC           |    | POL / EDI TEAM ZGORZELEC                                | 82         | K35/2                 | (K)10               | 00:54:13     | 00:14:29 | 05:25    |
| 90              | 103       | STREICH Tomasz               | WROCŁAW             |  | POL                                                     | 92         | M20/21                | (M)80               | 00:54:25     | 00:14:41 | 05:26    |
| 91              | 36        | WITULSKI Waldemar            | SOSNÓWKA            |  | POL / TEAM PODGÓRZYN                                    | 60         | M60/2                 | (M)81               | 00:54:36     | 00:14:52 | 05:27    |
| 92              | 901       | Z/2439/20 BAZUŁKA Aleksandra | KATOWICE            |  | POL / BUFF TEAM POLAND                                  | 95         | K20/3                 | MPS/33 (K)11        | 00:54:40     | 00:14:56 | 05:28    |
| 93              | 513       | LUZAR Rafał                  | OPOLE               |  | POL                                                     | 79         | M40/12                | (M)82               | 00:54:43     | 00:14:59 | 05:28    |
| 94              | 328       | KINAL Piotr                  | KŁODZKO             |  | POL / WOŚ TEAM                                          | 75         | M45/13                | (M)83               | 00:54:46     | 00:15:03 | 05:28    |
| 95              | 51        | AWRYCEWICZ Roman             | NOWA RUDA           |  | POL / UKS LUDWIKOWICE                                   | 60         | M60/3                 | (M)84               | 00:54:51     | 00:15:07 | 05:29    |
| 96              | 159       | GRZESIK Andrzej              | KUŹNIA RACIBORSKA   |  | POL / ZAWISZA STARA KUŹNIA                              | 63         | M55/2                 | (M)85               | 00:55:00     | 00:15:16 | 05:30    |
| 97              | 536       | PISKOROWSKA Danuta           | WROCŁAW             |  | POL                                                     | 80         | K40/2                 | (K)12               | 00:55:03     | 00:15:19 | 05:30    |
| 98              | 1         | ANDRZEJEWSKI Drogosz         | LUBIN               |  | POL / RUNATTACK                                         | 86         | M30/13                | (M)86               | 00:55:10     | 00:15:27 | 05:31    |
| 99              | 904       | Z/3032/20 KACZOR Agnieszka   | DEBRZNO             |  | POL / UKS WIKING RYCHNOWY                               | 89         | K30/5                 | MPS/34 (K)13        | 00:55:12     | 00:15:29 | 05:31    |
| 100             | 269       | ZĄBCZYŃSKI Dominik           | JASTRZĘBIE-ZDRÓJ    |  | POL / ALPIN SPORT HOKA ONE ONE TEAM                     | 71         | M45/14                | (M)87               | 00:55:15     | 00:15:31 | 05:31    |

Klasyfikacja wg czasów netto.

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name       | Miejscowość<br>City | Kraj<br>Nat                                                                         | Drużyna / Klub<br>Team / Club                     | R-k<br>YoB | Klasyfikacje<br>Ranks |               |        | Czas<br>Time | Strata   | [min/km] |
|-----------------|-----------|-------------------------------|---------------------|-------------------------------------------------------------------------------------|---------------------------------------------------|------------|-----------------------|---------------|--------|--------------|----------|----------|
| 101             | 99        | LASKOWSKI Marcin              | KŁODZKO             |    | POL / MAD RUNNERS                                 | 87         | M30/14                |               | (M)88  | 00:55:23     | 00:15:40 | 05:32    |
| 102             | 120       | ZIELIŃSKI Marcin              | NIEMODLIN           |    | POL / ATHLETICS NYSA                              | 90         | M30/15                |               | (M)89  | 00:55:27     | 00:15:43 | 05:32    |
| 103             | 164       | JASEK Tadeusz                 | RADZIECHOWY         |    | POL / PZLAM                                       | 51         | M65/1                 |               | (M)90  | 00:55:44     | 00:16:00 | 05:34    |
| 104             | 388       | POSŁUSZNY Mariusz             | GŁOSKA              |    | POL / AKB ESEMAS                                  | 72         | M45/15                |               | (M)91  | 00:55:47     | 00:16:04 | 05:34    |
| 105             | 220       | PORADA Stanisław              | PROSZKÓW            |    | POL / AKB ESEMAS                                  | 71         | M45/16                |               | (M)92  | 00:55:56     | 00:16:12 | 05:35    |
| 106             | 359       | MAZURCZAK Piotr               | GRODKÓW             |    | POL / BRAK                                        | 75         | M45/17                |               | (M)93  | 00:56:03     | 00:16:19 | 05:36    |
| 107             | 906       | Z/0860/13 KOBIERSKA Agnieszka | GLIWICE             |    | POL / KLUB SKIALPINISTYCZNY KANDAHAR CHORZÓW      | 80         | K40/3                 | MPS/35        | (K)14  | 00:56:08     | 00:16:24 | 05:36    |
| 108             | 278       | BAK Piotr                     | OLEŚNICA            |    | POL / KB LUPUS OLEŚNICA                           | 78         | M40/13                | Leka/3 LM40/2 | (M)94  | 00:56:10     | 00:16:26 | 05:37    |
| 109             | 7         | BIELA Konrad                  | KOWARY              |    | POL / TEAM MOUNTAIN FUEL POLSKA / GOPR KARKONOSZE | 91         | M20/22                |               | (M)95  | 00:56:20     | 00:16:36 | 05:38    |
| 110             | 84        | PIERZCHAŁA Magdalena          | JUSTYNÓW            |    | POL / PIETRZYK RUNNING TEAM                       | 99         | K20/4                 |               | (K)15  | 00:56:21     | 00:16:37 | 05:38    |
| 111             | 163       | JANUSZ Ryszard                | SZCZYTNA            |    | POL / KUDOWIANKA RUN                              | 64         | M55/3                 |               | (M)96  | 00:56:26     | 00:16:43 | 05:38    |
| 112             | 502       | KROWICKA Agnieszka            | KRAKÓW              |    | POL                                               | 82         | K35/3                 |               | (K)16  | 00:56:34     | 00:16:51 | 05:39    |
| 113             | 406       | SUŚ Dariusz                   | ZACHARZEW           |    | POL / OSTRÓW WLKP TEAM                            | 73         | M45/18                |               | (M)97  | 00:56:35     | 00:16:51 | 05:39    |
| 114             | 432       | ZIELIŃSKI Daniel              | NOWA RUDA           |    | POL / UKS LUDWIKOWICE KŁODZKIE                    | 74         | M45/19                |               | (M)98  | 00:56:39     | 00:16:55 | 05:39    |
| 115             | 137       | BUKOWSKI Edward               | KLUCZBORK           |    | POL / KLUCZBORSKA GRUPA BIEGOWA                   | 69         | M50/7                 |               | (M)99  | 00:56:42     | 00:16:58 | 05:40    |
| 116             | 98        | SŁOBODZIAN Jerzy              | DZIERŻONIÓW         |    | POL / NYSA BIEGA                                  | 66         | M50/8                 | Leka/4 LM50/1 | (M)100 | 00:56:45     | 00:17:01 | 05:40    |
| 117             | 247       | SZTEFKO Józef                 | KOZY                |    | POL / GB GOPR                                     | 65         | M55/4                 |               | (M)101 | 00:56:45     | 00:17:02 | 05:40    |
| 118             | 286       | CICHOŃ Piotr                  | BIELAWA             |    | POL / KLINGENBURG TEAM                            | 76         | M40/14                |               | (M)102 | 00:56:46     | 00:17:02 | 05:40    |
| 119             | 125       | BEDNARZ Sebastian             | OTMUCHÓW            |    | POL / OTM.B                                       | 71         | M45/20                |               | (M)103 | 00:56:49     | 00:17:06 | 05:40    |
| 120             | 314       | HOŁOWACZ Andrzej              | ŚWIEBODZICE         |    | POL                                               | 73         | M45/21                |               | (M)104 | 00:56:50     | 00:17:07 | 05:41    |
| 121             | 60        | ŁYCZKOWSKI Kamil              | WAŁBRZYCH           |    | POL / WINDIR                                      | 89         | M30/16                |               | (M)105 | 00:56:54     | 00:17:11 | 05:41    |
| 122             | 425       | WOJDA Bartek                  | DZIERŻONIÓW         |    | POL                                               | 75         | M45/22                |               | (M)106 | 00:56:59     | 00:17:15 | 05:41    |
| 123             | 460       | DUDEK Monika                  | ZIĘBICE             |    | POL / PCH SPORT TEAM                              | 83         | K35/4                 |               | (K)17  | 00:57:04     | 00:17:21 | 05:42    |
| 124             | 218       | PODOLSKI Przemysław           | ŚWIDNICA            |    | POL / ŚWIDNICKA GRUPA BIEGOWA                     | 64         | M55/5                 |               | (M)107 | 00:57:13     | 00:17:30 | 05:43    |
| 125             | 915       | Z/2207/19 WÓJCICKA Magdalena  | LUBARTÓW            |    | POL / SZKOLNY KLUB BIEGOWY W KRAŚNIKU             | 94         | K20/5                 | MPS/36        | (K)18  | 00:57:14     | 00:17:30 | 05:43    |
| 126             | 459       | DORSZYŃSKI Grzegorz           | CZŁUCHÓW            |    | POL / UKS WIKING RYCHNOWY                         | 83         | M35/13                |               | (M)108 | 00:57:17     | 00:17:34 | 05:43    |
| 127             | 128       | BIELECKI Sławomir             | KRAKÓW              |   | POL                                               | 63         | M55/6                 |               | (M)109 | 00:57:20     | 00:17:36 | 05:44    |
| 128             | 35        | JANUSZEWICZ Dawid             | BIELAWA             |  | POL / BIELAWSKA AKADEMIA BIEGANIA                 | 98         | M20/23                |               | (M)110 | 00:57:29     | 00:17:45 | 05:44    |
| 129             | 488       | KARGUL Tomasz                 | WROCŁAW             |  | POL / ŚWO                                         | 84         | M35/14                |               | (M)111 | 00:57:32     | 00:17:48 | 05:45    |
| 130             | 248       | SZTURO Jan                    | PODGÓRZYN           |  | POL / PODGÓRZYN-GMINA PRZYJAZNA Z NATURY          | 67         | M50/9                 | Leka/5 LM50/2 | (M)112 | 00:57:36     | 00:17:52 | 05:45    |
| 131             | 12        | BYKOWSKI Marek                | ŚCINAWKA ŚREDNIA    |  | POL / AKTYWNA NOWA RUDA                           | 00         | M20/24                |               | (M)113 | 00:57:43     | 00:18:00 | 05:46    |
| 132             | 202       | MORAWSKA Bożena               | ŚWIDNICA            |  | POL                                               | 69         | K50/1                 |               | (K)19  | 00:57:44     | 00:18:00 | 05:46    |
| 133             | 962       | NIEKRAŚ Lidia                 | KŁODZKO             |  | POL / UKS LUDWIKOWICE KŁODZKIE                    | 79         | K40/4                 |               | (K)20  | 00:57:52     | 00:18:08 | 05:47    |
| 134             | 19        | DRAŻEWSKI Andrzej             | BOGUSZÓW-GORCE      |  | POL                                               | 96         | M20/25                |               | (M)114 | 00:58:07     | 00:18:23 | 05:48    |
| 135             | 365       | MIŁUCH Tomasz                 | WAŁBRZYCH           |  | POL / SOWIE TEAM                                  | 75         | M45/23                |               | (M)115 | 00:58:18     | 00:18:34 | 05:49    |
| 136             | 110       | TRELA Daniel                  | PIESZYCE            |  | POL / BIELAWSKA AKADEMIA BIEGANIA                 | 88         | M30/17                |               | (M)116 | 00:58:24     | 00:18:40 | 05:50    |
| 137             | 483       | JAGNIĄTKOWSKI Jacek           | OLDRZYCHOWICE       |  | POL / KLUB LEKKOATLETYCZNY ZIEMIA KŁODZKA         | 80         | M40/15                |               | (M)117 | 00:58:28     | 00:18:44 | 05:50    |
| 138             | 291       | DŁUGOLECKI Konrad             | ŚWIDNICA            |  | POL / BIEGOWA ŚWIDNICA                            | 78         | M40/16                |               | (M)118 | 00:58:28     | 00:18:45 | 05:50    |

Klasyfikacja wg czasów netto.

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name   | Miejscowość<br>City | Kraj<br>Nat                                                                         | Drużyna / Klub<br>Team / Club        | R-k<br>YoB |        | Klasyfikacje<br>Ranks |        | Czas<br>Time | Strata   | [min/km] |       |
|-----------------|-----------|---------------------------|---------------------|-------------------------------------------------------------------------------------|--------------------------------------|------------|--------|-----------------------|--------|--------------|----------|----------|-------|
| 139             | 550       | SKALSKI Mateusz           | WROCŁAW             |    | POL                                  | 85         | M35/15 |                       | (M)119 | 00:58:32     | 00:18:49 | 05:51    |       |
| 140             | 208       | OLECHNOWICZ Robert        | WROCŁAW             |    | POL                                  | 71         | M45/24 |                       | (M)120 | 00:58:36     | 00:18:52 | 05:51    |       |
| 141             | 279       | BENDKOWSKI Andrzej        | LEGNICA             |    | POL / JANOSPORT TEAM LEGNICA         | 73         | M45/25 |                       | (M)121 | 00:58:42     | 00:18:58 | 05:52    |       |
| 142             | 545       | SERAFIN Radosław          | GLUSZYCA            |    | POL                                  | 79         | M40/17 |                       | (M)122 | 00:58:43     | 00:19:00 | 05:52    |       |
| 143             | 592       | ZGŁOBICKI Jacek           | KAMIENNA GÓRA       |    | POL / KAMIENNOGÓRSKA GRUPA BIEGOWA   | 83         | M35/16 |                       | (M)123 | 00:58:43     | 00:19:00 | 05:52    |       |
| 144             | 157       | GRAF Remigiusz            | LESZNO              |    | POL / TURBO RUN LESZNO               | 69         | M50/10 |                       | (M)124 | 00:58:46     | 00:19:02 | 05:52    |       |
| 145             | 559       | SWATOWSKI Tomasz          | KĄTY WROCŁAWSKIE    |    | POL / KLUB BIEGACZA KĄTY WROCŁAWSKIE | 85         | M35/17 |                       | (M)125 | 00:58:49     | 00:19:05 | 05:52    |       |
| 146             | 47        | KOMISARCZYK Krzysztof     | BOBOSZÓW            |    | POL                                  | 93         | M20/26 |                       | (M)126 | 00:58:50     | 00:19:07 | 05:53    |       |
| 147             | 555       | SOWIŃSKI Kamil            | BRZEG DOLNY         |    | POL                                  | 87         | M30/18 |                       | (M)127 | 00:58:55     | 00:19:11 | 05:53    |       |
| 148             | 501       | KOZIOL Stefan             | JAWORZYNA ŚLĄSKA    |    | POL                                  | 85         | M35/18 |                       | (M)128 | 00:59:03     | 00:19:20 | 05:54    |       |
| 149             | 487       | KACZMARCZYK Sebastian     | LUBLINIEC           |    | POL / MAFIA TEAM LUBLINIEC           | 83         | M35/19 |                       | (M)129 | 00:59:08     | 00:19:25 | 05:54    |       |
| 150             | 158       | GRZEGOREK Grzegorz        | KĄTY WROCŁAWSKIE    |    | POL                                  | 71         | M45/26 |                       | (M)130 | 00:59:16     | 00:19:32 | 05:55    |       |
| 151             | 516       | MAŁCZAK Marcin            | CIASNA              |    | POL / MAFIA TEAM LUBLINIEC           | 78         | M40/18 |                       | (M)131 | 00:59:19     | 00:19:35 | 05:55    |       |
| 152             | 265       | WYSZOWSKI Stanisław       | WAŁBRZYCH           |    | POL / PREDATORS WAŁBRZYCH            | 67         | M50/11 |                       | (M)132 | 00:59:19     | 00:19:36 | 05:55    |       |
| 153             | 62        | MARCINOWSKI Norbert       | BIELAWA             |    | POL / BIELAWSKA AKADEMIA BIEGANIA    | 90         | M30/19 |                       | (M)133 | 00:59:20     | 00:19:37 | 05:56    |       |
| 154             | 305       | GAŁĘZYKA Rafał            | OPOLE               |    | POL / EUROVENT ATHLETICS             | 76         | M40/19 |                       | (M)134 | 00:59:22     | 00:19:38 | 05:56    |       |
| 155             | 331       | KISTELA Marcin            | ŚWIDNICA            |    | POL                                  | 78         | M40/20 |                       | (M)135 | 00:59:30     | 00:19:46 | 05:57    |       |
| 156             | 268       | ZATORSKA Izabela          | WROCANKA            |    | POL / ALPIN SPORT HOKA ONE ONE TEAM  | 62         | K55/1  |                       | (K)21  | 00:59:32     | 00:19:48 | 05:57    |       |
| 157             | 437       | BANAŚ Robert              | NOWA RUDA           |    | POL / AKTYWNA NOWA RUDA              | 81         | M35/20 |                       | (M)136 | 00:59:37     | 00:19:53 | 05:57    |       |
| 158             | 131       | BOGDAŁ Jacek              | WROCŁAW             |    | POL                                  | 71         | M45/27 | Leka/6                | LM40/3 | (M)137       | 00:59:39 | 00:19:55 | 05:57 |
| 159             | 3         | BANAŚ Mateusz             | BIELAWA             |    | POL / BIELAWSKA AKADEMIA BIEGANIA    | 91         | M20/27 |                       | (M)138 | 00:59:41     | 00:19:57 | 05:58    |       |
| 160             | 153       | GIL Stanisław             | DZIERŻONIÓW         |    | POL / BIELAWSKA AKADEMIA BIEGANIA    | 56         | M60/4  |                       | (M)139 | 01:00:04     | 00:20:20 | 06:00    |       |
| 161             | 88        | RACZYŃSKI Paweł           | WARSZAWA            |    | POL / TRAINING LAB                   | 87         | M30/20 |                       | (M)140 | 01:00:18     | 00:20:34 | 06:01    |       |
| 162             | 224       | RADOMSKI Zbigniew         | BIELSKO-BIALA       |    | POL / TKKF BESKIDEK                  | 51         | M65/2  |                       | (M)141 | 01:00:36     | 00:20:52 | 06:03    |       |
| 163             | 285       | CHACHUŁA Ryszard          | ZDZIESZOWICE        |    | POL / DYCZUŚ TEAM                    | 74         | M45/28 |                       | (M)142 | 01:00:37     | 00:20:54 | 06:03    |       |
| 164             | 560       | SWOBODA Leszek            | SOLARNIA            |    | POL / MAFIA TEAM LUBLINIEC           | 73         | M45/29 |                       | (M)143 | 01:00:40     | 00:20:56 | 06:04    |       |
| 165             | 253       | TOCHOWICZ Bartosz         | GOLESZÓW            |   | POL / OLZA CIESZYN                   | 69         | M50/12 | Leka/7                | LM50/3 | (M)144       | 01:00:55 | 00:21:12 | 06:05 |
| 166             | 412       | TOMKÓW Robert             | KOMPRACHCICE        |  | POL / FAST FOOT OPOLE                | 72         | M45/30 |                       | (M)145 | 01:00:57     | 00:21:13 | 06:05    |       |
| 167             | 549       | SIKORA Adam               | ŻELOWICE            |  | POL / GLKS MARCINOWICE               | 81         | M35/21 |                       | (M)146 | 01:00:59     | 00:21:15 | 06:05    |       |
| 168             | 426       | WOJTKOWIAK Marcin         | KOŹMIN              |  | POL / KOŹMIN BIEGA                   | 78         | M40/21 |                       | (M)147 | 01:01:00     | 00:21:17 | 06:06    |       |
| 169             | 72        | MIKOŁAJEWSKI Piotr        | OPOLE               |  | POL / VERRA RUNNING TEAM             | 86         | M30/21 |                       | (M)148 | 01:01:08     | 00:21:24 | 06:06    |       |
| 170             | 547       | SIEKIERKA Janusz          | ŚLUPSKO             |  | POL / ZRYW ŚLUPSKO                   | 79         | M40/22 |                       | (M)149 | 01:01:09     | 00:21:25 | 06:06    |       |
| 171             | 433       | ZIELIŃSKI Krzysztof       | WIELEŃ              |  | POL                                  | 05         |        |                       | (M)150 | 01:01:16     | 00:21:33 | 06:07    |       |
| 172             | 929       | Z/1514/14 DUDEK Sylwester | RUDNIK              |  | POL / LKB RUDNIK                     | 63         | M55/7  | MPS/37                | (M)151 | 01:01:26     | 00:21:42 | 06:08    |       |
| 173             | 41        | KARGUL Michał             | WROCŁAW             |  | POL / ŚWO                            | 87         | M30/22 |                       | (M)152 | 01:01:30     | 00:21:46 | 06:09    |       |
| 174             | 527       | OLEJNIK Rafał             | CHORZÓW             |  | POL / MAFIA TEAM LUBLINIEC           | 73         | M45/31 |                       | (M)153 | 01:01:34     | 00:21:50 | 06:09    |       |
| 175             | 136       | BRYDA Dorota              | BRZEG               |  | POL / EURODENT ŁOSIÓW                | 71         | K45/1  | Leka/8                | LK40/1 | (K)22        | 01:01:36 | 00:21:52 | 06:09 |
| 176             | 326       | KARWACKI Grzegorz         | WAŁBRZYCH           |  | POL / KAT CROSS WAŁBRZYCH            | 72         | M45/32 |                       | (M)154 | 01:01:37     | 00:21:53 | 06:09    |       |



Klasyfikacja wg czasów netto.

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name    | Miejscowość<br>City | Kraj<br>Nat                                                                         | Drużyna / Klub<br>Team / Club             | R-k<br>YoB | Klasyfikacje<br>Ranks |         |               | Czas<br>Time | Strata   | [min/km] |       |
|-----------------|-----------|----------------------------|---------------------|-------------------------------------------------------------------------------------|-------------------------------------------|------------|-----------------------|---------|---------------|--------------|----------|----------|-------|
| 177             | 26        | GAŚIOROWSKI Krzysztof      | WROCŁAW             |    | POL / OIRP WROCŁAW / MAŁAPANEW OZIMEK     | 90         | M30/23                |         | (M)155        | 01:01:48     | 00:22:04 | 06:10    |       |
| 178             | 407       | SZATKA Beata               | GOGOLIN             |    | POL / DYCUŚ TEAM                          | 78         | K40/5                 |         | (K)23         | 01:01:55     | 00:22:11 | 06:11    |       |
| 179             | 396       | RYGIEL Krzysztof           | WROCŁAW             |    | POL                                       | 74         | M45/33                |         | (M)156        | 01:01:59     | 00:22:15 | 06:11    |       |
| 180             | 346       | KRZYSZTOFIK Piotr          | MALIN               |    | POL / RUN WISZNIA RUN                     | 75         | M45/34                |         | (M)157        | 01:02:02     | 00:22:19 | 06:12    |       |
| 181             | 135       | BROJ Adrian                | ŻLINICE             |    | POL / BROJ TEAM ŻLINICE                   | 68         | M50/13                |         | (M)158        | 01:02:05     | 00:22:22 | 06:12    |       |
| 182             | 427       | WRZESIŃSKI Adam            | LEGNICA             |    | POL                                       | 76         | M40/23                |         | (M)159        | 01:02:30     | 00:22:46 | 06:15    |       |
| 183             | 959       | ULIASZ Jerzy               | BYSTRZYCA KŁODZKA   |    | POL / LKS ISKRA JASZKOWA                  | 69         | M50/14                |         | (M)160        | 01:02:30     | 00:22:47 | 06:15    |       |
| 184             | 457       | DERENCZ Michał             | TŁUMACZÓW           |    | POL / TESAR BIEGA                         | 80         | M40/24                |         | (M)161        | 01:02:30     | 00:22:47 | 06:15    |       |
| 185             | 369       | MRUGAŁA Monika             | OPOLE               |    | POL / EUROVENT ATHLETICS                  | 74         | K45/2                 |         | (K)24         | 01:02:36     | 00:22:52 | 06:15    |       |
| 186             | 292       | DOMAŃSKI Jarosław          | ŚWIERZAWA           |    | POL / BIEGAMDLAZDROWIA.PL                 | 72         | M45/35                |         | (M)162        | 01:02:36     | 00:22:52 | 06:15    |       |
| 187             | 114       | WILK Maciej                | WROCŁAW             |    | POL                                       | 90         | M30/24                |         | (M)163        | 01:02:37     | 00:22:53 | 06:15    |       |
| 188             | 178       | KUREK Krzysztof            | MILKOWICE           |    | POL / PRZEBIEGLI MILKOWICE                | 69         | M50/15                |         | (M)164        | 01:02:37     | 00:22:53 | 06:15    |       |
| 189             | 94        | SIEMIŃSKI Piotr            | ŁÓDŹ                |    | POL                                       | 89         | M30/25                | Leka/9  | LM30/1        | (M)165       | 01:02:40 | 00:22:57 | 06:16 |
| 190             | 234       | SIKORA Stefan              | BIELSKO-BIAŁA       |    | POL / TEAM SIKORA                         | 49         | M70/1                 |         | (M)166        | 01:02:43     | 00:22:59 | 06:16    |       |
| 191             | 31        | HORŁUKOWICZ Kamil          | ŚWIDNICA            |    | POL                                       | 94         | M20/28                |         | (M)167        | 01:02:43     | 00:22:59 | 06:16    |       |
| 192             | 29        | GRYS Paweł                 | WROCŁAW             |    | POL / WAWRZYNTTEAM                        | 88         | M30/26                |         | (M)168        | 01:02:46     | 00:23:02 | 06:16    |       |
| 193             | 491       | KEMPCZYŃSKI Marcin         | MYŚLISZÓW           |    | POL                                       | 80         | M40/25                |         | (M)169        | 01:02:47     | 00:23:03 | 06:16    |       |
| 194             | 951       | Z/3365/15 WOŹNIAK Oskar    | CZĘSTOCHOWA         |    | POL / CKS BUDOWLANI CZĘSTOCHOWA           | 99         | M20/29                | Leka/10 | MPS/38 LM20/1 | (M)170       | 01:02:48 | 00:23:04 | 06:16 |
| 195             | 421       | WIŚNIEWSKI Jacek           | NOWA RUDA           |    | POL / NOWA RUDA BIEGA                     | 76         | M40/26                |         | (M)171        | 01:02:54     | 00:23:10 | 06:17    |       |
| 196             | 261       | WIĄCEK Marek               | WROCŁAW             |    | POL / MASTERS WROCŁAW                     | 62         | M55/8                 |         | (M)172        | 01:02:56     | 00:23:13 | 06:17    |       |
| 197             | 522       | MOKRZYŃSKI Marcin          | OLDRZYCHOWICE       |    | POL / KLUB LEKKOATLETYCZNY ZIEMIA KŁODZKA | 81         | M35/22                |         | (M)173        | 01:02:59     | 00:23:16 | 06:17    |       |
| 198             | 126       | BEKACZ Stanisław           | WIŃSKO              |    | POL / START ŚCINAWA                       | 63         | M55/9                 |         | (M)174        | 01:03:01     | 00:23:18 | 06:18    |       |
| 199             | 435       | ARCISZEWSKI Marcin         | WAŁBRZYCH           |    | POL / SUDECKIE WYCIECZKI BIEGOWE          | 79         | M40/27                |         | (M)175        | 01:03:03     | 00:23:19 | 06:18    |       |
| 200             | 330       | KISIEL Maciej              | DZIERŻONIÓW         |    | POL / BIELAWSKA AKADEMIA BIEGANIA         | 77         | M40/28                |         | (M)176        | 01:03:04     | 00:23:20 | 06:18    |       |
| 201             | 410       | SZYMECKI Piotr             | ŚWIEBODZICE         |    | POL / KLINGENBURG TEAM                    | 76         | M40/29                |         | (M)177        | 01:03:09     | 00:23:25 | 06:18    |       |
| 202             | 468       | FOGIEL-PAWŁOWSKA Agnieszka | WROCŁAW             |    | POL                                       | 79         | K40/6                 |         | (K)25         | 01:03:15     | 00:23:31 | 06:19    |       |
| 203             | 397       | SAŁAPATEK Robert           | LUTOMIA DOLNA       |    | POL / BIEGOWA ŚWIDNICA                    | 73         | M45/36                |         | (M)178        | 01:03:15     | 00:23:31 | 06:19    |       |
| 204             | 514       | ŁEBEK Paweł                | WAŁBRZYCH           |  | POL / KAT CROSS WAŁBRZYCH                 | 82         | M35/23                |         | (M)179        | 01:03:15     | 00:23:32 | 06:19    |       |
| 205             | 385       | PONIATOWSKI Tomasz         | ŚWIDNICA            |  | POL / BIEGOWA ŚWIDNICA                    | 77         | M40/30                |         | (M)180        | 01:03:25     | 00:23:42 | 06:20    |       |
| 206             | 362       | MENES Marcin               | LESZNO              |  | POL / KLUB MATYLDY LESZNO                 | 77         | M40/31                |         | (M)181        | 01:03:26     | 00:23:43 | 06:20    |       |
| 207             | 166       | JURACHNO Edward            | BELCHATÓW           |  | POL / KB SPARTAKUS                        | 60         | M60/5                 |         | (M)182        | 01:03:27     | 00:23:43 | 06:20    |       |
| 208             | 531       | PASIK Kamila               | WOLSZTYN            |  | POL                                       | 82         | K35/5                 |         | (K)26         | 01:03:27     | 00:23:44 | 06:20    |       |
| 209             | 24        | FLOREK Katarzyna           | WROCŁAW             |  | POL                                       | 88         | K30/6                 |         | (K)27         | 01:03:30     | 00:23:47 | 06:21    |       |
| 210             | 66        | MATILLEK Miłosz            | MIĘDZYBÓRZ          |  | POL / MIĘDZYBORSKA GRUPA BIEGOWA          | 89         | M30/27                |         | (M)183        | 01:03:31     | 00:23:47 | 06:21    |       |
| 211             | 395       | RÓG Krzysztof              | CHOCIANÓW           |  | POL / KLUB BIEGACZA ZDYSZAAANI CHOCIANÓW  | 72         | M45/37                |         | (M)184        | 01:03:32     | 00:23:48 | 06:21    |       |
| 212             | 957       | WCISŁO Adam                | KŁODZKO             |  | POL / LKS ISKRA JASZKOWA                  | 73         | M45/38                |         | (M)185        | 01:03:32     | 00:23:48 | 06:21    |       |
| 213             | 267       | ZAGÓRSKI Paweł             | BRANICE             |  | POL / KB BRANICE                          | 71         | M45/39                |         | (M)186        | 01:03:33     | 00:23:49 | 06:21    |       |
| 214             | 85        | PILAREK Wojciech           | WROCŁAW             |  | POL                                       | 91         | M20/30                |         | (M)187        | 01:03:41     | 00:23:58 | 06:22    |       |

Klasyfikacja wg czasów netto.

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat                                                                         | Drużyna / Klub<br>Team / Club    | R-k<br>YoB |        | Klasyfikacje<br>Ranks |        | Czas<br>Time | Strata   | [min/km] |       |
|-----------------|-----------|-------------------------|---------------------|-------------------------------------------------------------------------------------|----------------------------------|------------|--------|-----------------------|--------|--------------|----------|----------|-------|
| 215             | 350       | ŁĄK Tomasz              | WROCŁAW             |    | POL / NOA                        | 72         | M45/40 |                       | (M)188 | 01:03:45     | 00:24:01 | 06:22    |       |
| 216             | 578       | WITKA Patryk            | NOWA RUDA           |    | POL / MAD RUNNERS                | 83         | M35/24 |                       | (M)189 | 01:03:47     | 00:24:03 | 06:22    |       |
| 217             | 50        | KOZYRSKI Mariusz        | SOBÓTKA             |    | POL / AMATOR                     | 90         | M30/28 |                       | (M)190 | 01:03:51     | 00:24:08 | 06:23    |       |
| 218             | 183       | LITWIN Jozef            | GLUBCZYCE           |    | POL / MARYSIENKA                 | 49         | M70/2  |                       | (M)191 | 01:03:56     | 00:24:13 | 06:23    |       |
| 219             | 10        | BRODA Dominik           | WROCŁAW             |    | POL / POSITIVE VIBRATION         | 86         | M30/29 |                       | (M)192 | 01:03:57     | 00:24:13 | 06:23    |       |
| 220             | 243       | STOCHEL Zbigniew        | GLUSZYCA            |    | POL                              | 71         | M45/41 |                       | (M)193 | 01:03:59     | 00:24:15 | 06:23    |       |
| 221             | 480       | GRZESIK Paweł           | WAŁBRZYCH           |    | POL / SOR WAŁBRZYCH              | 79         | M40/32 |                       | (M)194 | 01:03:59     | 00:24:16 | 06:23    |       |
| 222             | 580       | WŁODARCZYK Krzysztof    | MŁOSZYCE            |    | POL                              | 81         | M35/25 |                       | (M)195 | 01:04:05     | 00:24:22 | 06:24    |       |
| 223             | 209       | PACAN Zbigniew          | ZDZIESZOWICE        |    | POL / DYCUŚ TEAM                 | 66         | M50/16 |                       | (M)196 | 01:04:06     | 00:24:22 | 06:24    |       |
| 224             | 533       | PASTUCHA Sebastian      | CZŁUCHÓW            |    | POL / UKS WIKING RYCHNOWY        | 80         | M40/33 |                       | (M)197 | 01:04:07     | 00:24:24 | 06:24    |       |
| 225             | 256       | TWARDOWSKI Krzysztof    | WROCŁAW             |    | POL / AMATOR                     | 69         | M50/17 |                       | (M)198 | 01:04:10     | 00:24:27 | 06:25    |       |
| 226             | 585       | WOŁCZEK Przemysław      | STRZEGOM            |    | POL / GRUPA BIEGOWA BEZ GRANIC   | 79         | M40/34 |                       | (M)199 | 01:04:11     | 00:24:28 | 06:25    |       |
| 227             | 228       | ROMAN Krzysztof         | KUDOWA ZDRÓJ        |    | POL / KUDOWIANKA RUN             | 59         | M60/6  |                       | (M)200 | 01:04:17     | 00:24:34 | 06:25    |       |
| 228             | 199       | MISIAK Artur            | STRONIE ŚLĄSKIE     |    | POL                              | 65         | M55/10 |                       | (M)201 | 01:04:20     | 00:24:37 | 06:26    |       |
| 229             | 316       | JAKUBOWSKI Sylwester    | BOGUSZOW-GORCE      |    | POL / AKADEMIA RUCHU             | 77         | M40/35 |                       | (M)202 | 01:04:22     | 00:24:39 | 06:26    |       |
| 230             | 534       | PAWLAK Daniel           | KŁODZKO             |    | POL / LKS ISKRA JASZKOWA         | 79         | M40/36 |                       | (M)203 | 01:04:29     | 00:24:46 | 06:26    |       |
| 231             | 93        | SANDER Noah             | HAMBURG             |    | GER / MAJONEZ                    | 93         | M20/31 |                       | (M)204 | 01:04:31     | 00:24:48 | 06:27    |       |
| 232             | 46        | KLIK Klaudia            | ŁÓDŹ                |    | POL                              | 94         | K20/6  | Leka/11               | LK20/1 | (K)28        | 01:04:36 | 00:24:52 | 06:27 |
| 233             | 277       | BALICKI Piotr           | OLEŚNICA            |    | POL / PENNY GONDEK TEAM OLEŚNICA | 72         | M45/42 |                       | (M)205 | 01:04:36     | 00:24:53 | 06:27    |       |
| 234             | 63        | MASŁOWSKI Jacek         | OBORNIKI ŚLĄSKIE    |    | POL / NO LIMITS                  | 88         | M30/30 |                       | (M)206 | 01:04:38     | 00:24:54 | 06:27    |       |
| 235             | 80        | PALAK Dawid             | GRODKÓW             |    | POL                              | 90         | M30/31 |                       | (M)207 | 01:04:39     | 00:24:55 | 06:27    |       |
| 236             | 64        | MASŁOWSKI Michał        | OBORNIKI ŚLĄSKIE    |    | POL / NO LIMITS                  | 91         | M20/32 |                       | (M)208 | 01:04:42     | 00:24:58 | 06:28    |       |
| 237             | 204       | NEUMAN Petr             | NOWA RUDA           |    | POL                              | 67         | M50/18 |                       | (M)209 | 01:04:42     | 00:24:58 | 06:28    |       |
| 238             | 429       | ZAJĄC Sebastian         | ŚWIDNICA            |    | POL / BIEGOWA ŚWIDNICA           | 76         | M40/37 |                       | (M)210 | 01:04:47     | 00:25:04 | 06:28    |       |
| 239             | 196       | MEDYŃSKI Sławek         | LUBAŃ               |    | POL / ZABIEGANI Z LEŚNEJ         | 71         | M45/43 |                       | (M)211 | 01:04:49     | 00:25:05 | 06:28    |       |
| 240             | 368       | MOLIŃSKA Marlena        | WROCŁAW             |    | POL                              | 72         | K45/3  |                       | (K)29  | 01:04:55     | 00:25:11 | 06:29    |       |
| 241             | 570       | TOMCZYK Rafał           | WROCŁAW             |    | POL / WOSIEK TEAM                | 83         | M35/26 |                       | (M)212 | 01:04:55     | 00:25:11 | 06:29    |       |
| 242             | 124       | KUCZKOWSKI Krzysztof    | WARSZAWA            |  | POL / TRAINING LAB               | 86         | M30/32 |                       | (M)213 | 01:04:56     | 00:25:12 | 06:29    |       |
| 243             | 104       | SZKLARZ Michał          | WIERZBNA            |  | POL / WIERZBIANKA WIERZBNA       | 97         | M20/33 |                       | (M)214 | 01:04:59     | 00:25:16 | 06:29    |       |
| 244             | 520       | MILIŃSKA Lilianna       | NIEMODLIN           |  | POL / NIEMODLIN BIEGA            | 81         | K35/6  |                       | (K)30  | 01:05:01     | 00:25:18 | 06:30    |       |
| 245             | 496       | KORDZIŃSKI Kazimierz    | LUBLINIEC           |  | POL / MAFIA TEAM LUBLINIEC       | 58         | M60/7  |                       | (M)215 | 01:05:10     | 00:25:26 | 06:31    |       |
| 246             | 494       | KOLARZYK Justyna        | WROCŁAW             |  | POL                              | 83         | K35/7  |                       | (K)31  | 01:05:12     | 00:25:28 | 06:31    |       |
| 247             | 325       | KARATKÓW Ewa            | RADKÓW              |  | POL                              | 77         | K40/7  |                       | (K)32  | 01:05:13     | 00:25:30 | 06:31    |       |
| 248             | 375       | PASTUSZEŃKO Ewa         | WAŁBRZYCH           |  | POL / TAPAS                      | 77         | K40/8  |                       | (K)33  | 01:05:14     | 00:25:31 | 06:31    |       |
| 249             | 319       | JAROCZYŃSKI Marian      | ZIĘBICE             |  | POL                              | 78         | M40/38 |                       | (M)216 | 01:05:16     | 00:25:32 | 06:31    |       |
| 250             | 140       | CHMURA Jarosław         | RASZKÓW             |  | POL                              | 71         | M45/44 |                       | (M)217 | 01:05:16     | 00:25:33 | 06:31    |       |
| 251             | 127       | BIELAWSKI Jan           | ŚCINAWA             |  | POL / START ŚCINAWA              | 64         | M55/11 |                       | (M)218 | 01:05:21     | 00:25:37 | 06:32    |       |
| 252             | 259       | WAYDA Adam              | GLOGÓW              |  | POL / CROSS STRACENCÓW TEAM      | 68         | M50/19 |                       | (M)219 | 01:05:23     | 00:25:39 | 06:32    |       |

Klasyfikacja wg czasów netto.

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name   | Miejscowość<br>City | Kraj<br>Nat                                                                         | Drużyna / Klub<br>Team / Club       | R-k<br>YoB | Klasyfikacje<br>Ranks |         |        | Czas<br>Time | Strata   | [min/km] |       |
|-----------------|-----------|---------------------------|---------------------|-------------------------------------------------------------------------------------|-------------------------------------|------------|-----------------------|---------|--------|--------------|----------|----------|-------|
| 253             | 148       | DREWNICKA-OGRODNIK Joanna | WROCLAW-PRZEMIŁO    |    | POL / DEVINITI                      | 67         | K50/2                 |         | (K)34  | 01:05:30     | 00:25:47 | 06:33    |       |
| 254             | 439       | BEDNAREK Sebastian        | NOWA RUDA           |    | POL                                 | 84         | M35/27                |         | (M)220 | 01:05:31     | 00:25:47 | 06:33    |       |
| 255             | 404       | STĘPIEŃ Grzegorz          | OPOLE               |    | POL / WIECZORNE BIEGANIE W OPOLU    | 77         | M40/39                |         | (M)221 | 01:05:38     | 00:25:55 | 06:33    |       |
| 256             | 302       | FRYBEL Damian             | OBRA                |    | POL / WOLSZTYŃSKA AKADEMIA BIEGOWA  | 77         | M40/40                |         | (M)222 | 01:05:41     | 00:25:57 | 06:34    |       |
| 257             | 216       | PLEŚNIARSKI Zbigniew      | KARPACZ             |    | POL / KLUB SPORTOWY GRAŃ W KARPACZU | 59         | M60/8                 |         | (M)223 | 01:05:48     | 00:26:04 | 06:34    |       |
| 258             | 317       | JAŁOWSKA Magdalena        | POZNAŃ              |    | POL                                 | 77         | K40/9                 | Leka/12 | LK40/2 | (K)35        | 01:05:57 | 00:26:13 | 06:35 |
| 259             | 449       | CEPIELIK Wojciech         | PUSTELNIK           |    | POL / AKTYWNA GMINA MARCISZÓW       | 84         | M35/28                |         | (M)224 | 01:05:59     | 00:26:16 | 06:35    |       |
| 260             | 270       | ZBYRYT Marek              | NOWA RUDA           |    | POL / AKTYWNA NOWA RUDA             | 65         | M55/12                |         | (M)225 | 01:06:07     | 00:26:24 | 06:36    |       |
| 261             | 139       | CEBULA Grzegorz           | IWINY               |    | POL / CROSS TRENING BOX BOLESŁAWIEC | 69         | M50/20                |         | (M)226 | 01:06:08     | 00:26:24 | 06:36    |       |
| 262             | 543       | SALIŃSKI Bartosz          | KATOWICE            |    | POL / WKURW_TEAM                    | 85         | M35/29                |         | (M)227 | 01:06:08     | 00:26:25 | 06:36    |       |
| 263             | 274       | ZYSK Paweł                | JANÓWKA             |    | POL / NIEZRZESZONY                  | 65         | M55/13                |         | (M)228 | 01:06:11     | 00:26:27 | 06:37    |       |
| 264             | 593       | ZIĘBIŃSKI Andrzej         | BARTNICA            |    | POL / AKTYWNA NOWA RUDA             | 81         | M35/30                |         | (M)229 | 01:06:12     | 00:26:29 | 06:37    |       |
| 265             | 441       | BIAŁOBŁOCKA Alicja        | WROCLAW             |    | POL                                 | 84         | K35/8                 |         | (K)36  | 01:06:15     | 00:26:31 | 06:37    |       |
| 266             | 186       | ŁOBOS Mariusz             | WAŁBRZYCH           |    | POL                                 | 70         | M50/21                |         | (M)230 | 01:06:17     | 00:26:34 | 06:37    |       |
| 267             | 262       | WITKOWSKI Zygmunt         | KĄTY WROCLAWSKIE    |    | POL / KB KĄTY WROCLAWSKIE           | 49         | M70/3                 |         | (M)231 | 01:06:21     | 00:26:37 | 06:38    |       |
| 268             | 52        | KULPA Dawid               | KAMIENNA GÓRA       |    | POL                                 | 87         | M30/33                |         | (M)232 | 01:06:22     | 00:26:38 | 06:38    |       |
| 269             | 86        | PRZEPLATA Jarek           | RUSKO               |    | POL / STRZEGOMSKA DWUNASTKA         | 91         | M20/34                |         | (M)233 | 01:06:29     | 00:26:45 | 06:38    |       |
| 270             | 245       | SZMAGIEREWSKI Wojciech    | WROCLAW             |    | POL / TRENUJZNAMI.PL                | 68         | M50/22                | Leka/13 | LM50/4 | (M)234       | 01:06:30 | 00:26:46 | 06:39 |
| 271             | 438       | BARANOWSKI Piotr          | BIERUTÓW            |    | POL / BIERUTOWSKA GRUPOA BIEGOWA    | 81         | M35/31                |         | (M)235 | 01:06:38     | 00:26:55 | 06:39    |       |
| 272             | 589       | WRÓBEL Paweł              | NOWA SÓL            |    | POL                                 | 81         | M35/32                |         | (M)236 | 01:06:41     | 00:26:58 | 06:40    |       |
| 273             | 443       | BŁOŃSKI Marek             | KŁODZKO             |    | POL / EBIEGI.PL                     | 81         | M35/33                |         | (M)237 | 01:06:44     | 00:27:00 | 06:40    |       |
| 274             | 394       | RODZEŃ Mateusz            | WIELEŃ              |    | POL                                 | 81         | M35/34                |         | (M)238 | 01:06:47     | 00:27:03 | 06:40    |       |
| 275             | 393       | RODZEŃ Łukasz             | WIELEŃ              |    | POL                                 | 81         | M35/35                |         | (M)239 | 01:06:47     | 00:27:04 | 06:40    |       |
| 276             | 78        | PAKOSZ Irena              | JANUSZKOWICE        |    | POL / ZAWISZA STARA KUŹNIA          | 66         | K50/3                 | MPS/39  | (K)37  | 01:06:49     | 00:27:05 | 06:40    |       |
| 277             | 138       | BUKOWSKI Marian           | STARY KAZANÓW       |    | POL / SCYZORYK                      | 48         | M70/4                 |         | (M)240 | 01:06:57     | 00:27:14 | 06:41    |       |
| 278             | 323       | KACZOROWSKI Marcin        | LEGNICA             |    | POL / JANOSPORT TEAM LEGNICA        | 73         | M45/45                |         | (M)241 | 01:07:00     | 00:27:17 | 06:42    |       |
| 279             | 335       | KOCIMSKA Katarzyna        | OPOLE               |    | POL / EUROVENT ATHLETICS            | 78         | K40/10                |         | (K)38  | 01:07:01     | 00:27:17 | 06:42    |       |
| 280             | 185       | LUBASKI Zygmunt           | ŚWIDNICA            |  | POL / ŚWIDNICKA GRUPA BIEGOWA       | 55         | M65/3                 |         | (M)242 | 01:07:02     | 00:27:18 | 06:42    |       |
| 281             | 18        | CZAPLICKI Piotr           | WARSZAWA            |  | POL / TRAINING LAB                  | 87         | M30/34                |         | (M)243 | 01:07:05     | 00:27:21 | 06:42    |       |
| 282             | 528       | OREPUK Tomasz             | ZĄBKOWICE ŚLĄSKIE   |  | POL                                 | 79         | M40/41                |         | (M)244 | 01:07:05     | 00:27:22 | 06:42    |       |
| 283             | 162       | JAGIEŁŁO Małgorzata       | KOLUSZKI            |  | POL / PIETRZYK RUNNING TEAM         | 67         | K50/4                 |         | (K)39  | 01:07:07     | 00:27:23 | 06:42    |       |
| 284             | 309       | GRABOWSKI Daniel          | WROCLAW             |  | POL                                 | 76         | M40/42                |         | (M)245 | 01:07:11     | 00:27:28 | 06:43    |       |
| 285             | 336       | KOŁODZIEJ Adrian          | STRZEGOM            |  | POL / GRUPA BIEGOWA BEZ GRANIC      | 76         | M40/43                |         | (M)246 | 01:07:12     | 00:27:28 | 06:43    |       |
| 286             | 195       | MARUSZAK Henryk           | SKARBIMIERZ OSIEDLE |  | POL                                 | 55         | M65/4                 |         | (M)247 | 01:07:13     | 00:27:29 | 06:43    |       |
| 287             | 59        | ŁĘCKI Mariusz             | SMOLEC              |  | POL / IPA WROCLAW                   | 87         | M30/35                |         | (M)248 | 01:07:13     | 00:27:30 | 06:43    |       |
| 288             | 161       | IWAŃCZUK Zbigniew         | BRZEG               |  | POL                                 | 69         | M50/23                |         | (M)249 | 01:07:13     | 00:27:30 | 06:43    |       |
| 289             | 71        | MIGASIEWICZ Marcin        | MILICZ              |  | POL / RUNNIG TEAM MILICZ            | 90         | M30/36                |         | (M)250 | 01:07:15     | 00:27:32 | 06:43    |       |
| 290             | 464       | DYDERSKI Jacek            | ŚWIDNICA            |  | POL / KLINGENBURG TEAM              | 81         | M35/36                |         | (M)251 | 01:07:15     | 00:27:32 | 06:43    |       |



# Klasyfikacja wg czasów netto.

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat                                                                         | Drużyna / Klub<br>Team / Club     | R-k<br>YoB | Klasyfikacje<br>Ranks |        | Czas<br>Time | Strata   | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-------------------------------------------------------------------------------------|-----------------------------------|------------|-----------------------|--------|--------------|----------|----------|
| 291             | 91        | RUSNARCZYK Michał       | LUBIN               |    | POL                               | 91         | M20/35                | (M)252 | 01:07:23     | 00:27:39 | 06:44    |
| 292             | 121       | ŻOLDAK Paweł            | MILICZ              |    | POL / HARPAGAN TEAM MILICZ        | 90         | M30/37                | (M)253 | 01:07:26     | 00:27:43 | 06:44    |
| 293             | 562       | SZCZERBIŃSKI Piotr      | WROCŁAW             |    | POL                               | 82         | M35/37                | (M)254 | 01:07:34     | 00:27:50 | 06:45    |
| 294             | 70        | MIERZEJEWSKA Aleksandra | WARSZAWA            |    | POL / TRAINING LAB                | 94         | K20/7                 | (K)40  | 01:07:38     | 00:27:55 | 06:45    |
| 295             | 341       | KOTOWICZ Tomasz         | WROCŁAW             |    | POL / PRZEDWOJEWSKI MOUNTAIN TEAM | 77         | M40/44                | (M)255 | 01:07:38     | 00:27:55 | 06:45    |
| 296             | 182       | LITWIN Jan              | WROCŁAW             |    | POL / LITWIN TRIATHLON TEAM       | 61         | M55/14                | (M)256 | 01:07:44     | 00:28:00 | 06:46    |
| 297             | 230       | RYCHEL Radosław         | SMOLEC              |    | POL / E-DZIEWIARKA.PL             | 71         | M45/46                | (M)257 | 01:07:53     | 00:28:09 | 06:47    |
| 298             | 115       | WINNY Przemysław        | BIELAWA             |    | POL / BIELAWSKA AKADEMIA BIEGANIA | 88         | M30/38                | (M)258 | 01:07:56     | 00:28:13 | 06:47    |
| 299             | 389       | PYTA Adam               | WAŁBRZYCH           |    | POL                               | 76         | M40/45                | (M)259 | 01:08:03     | 00:28:19 | 06:48    |
| 300             | 961       | NESTEREWICZ Ryszard     | KŁODZKO             |    | POL / LKS ISKRA JASZKOWA          | 54         | M65/5                 | (M)260 | 01:08:04     | 00:28:20 | 06:48    |
| 301             | 96        | SIWEK Jarosław          | PRZYGÓRZE           |    | POL / SIWEKFOTOGRAFIA             | 00         | M20/36                | (M)261 | 01:08:05     | 00:28:21 | 06:48    |
| 302             | 102       | STĘPIEŃ Kamila          | OPOLE               |    | POL / WIECZORNE BIEGANIE W OPOLU  | 87         | K30/7                 | (K)41  | 01:08:13     | 00:28:29 | 06:49    |
| 303             | 180       | KWIATKOWSKA Stanisława  | MIĘKINIA            |    | POL / NOA                         | 67         | K50/5                 | (K)42  | 01:08:13     | 00:28:30 | 06:49    |
| 304             | 408       | SZYMAŃSKI Piotr         | ROSNOWO             |    | POL / SZYMKIRUN                   | 73         | M45/47                | (M)262 | 01:08:18     | 00:28:35 | 06:49    |
| 305             | 349       | KUPIEC Mariusz          | NOWA RUDA           |    | POL / EBIEGI.PL                   | 75         | M45/48                | (M)263 | 01:08:21     | 00:28:37 | 06:50    |
| 306             | 390       | RASZKA Krzysztof        | MILICZ              |    | POL / RUNNING TEAM MILICZ         | 75         | M45/49                | (M)264 | 01:08:22     | 00:28:39 | 06:50    |
| 307             | 376       | PATYK Mirosław          | WIŚNIOWA            |    | POL                               | 75         | M45/50                | (M)265 | 01:08:27     | 00:28:43 | 06:50    |
| 308             | 25        | FRIDRICH Marcin         | WARSZAWA            |    | POL / TRAINING LAB                | 89         | M30/39                | (M)266 | 01:08:34     | 00:28:50 | 06:51    |
| 309             | 399       | SIKORA Jacek            | ŻELOWICE            |    | POL / GLKS MARCINOWICE            | 74         | M45/51                | (M)267 | 01:08:39     | 00:28:55 | 06:51    |
| 310             | 2         | BAJAK Paweł             | BIELAWA             |    | POL                               | 98         | M20/37                | (M)268 | 01:08:39     | 00:28:55 | 06:51    |
| 311             | 225       | REICHERT Andrzej        | UJAZD               |    | POL / ZAWISZA STARA KUŹNIA        | 51         | M65/6                 | (M)269 | 01:08:40     | 00:28:57 | 06:52    |
| 312             | 442       | BŁASZCZAK Łukasz        | WROCŁAW             |    | POL                               | 82         | M35/38                | (M)270 | 01:08:46     | 00:29:03 | 06:52    |
| 313             | 428       | WYSZOWSKA Agnieszka     | WAŁBRZYCH           |    | POL / PREDATORS WAŁBRZYCH         | 75         | K45/4                 | (K)43  | 01:08:51     | 00:29:07 | 06:53    |
| 314             | 568       | TATKA Marcin            | WOJBÓRZ             |    | POL / ABY DO METY                 | 79         | M40/46                | (M)271 | 01:08:57     | 00:29:14 | 06:53    |
| 315             | 313       | HACZYK Natalia          | OPOLE               |    | POL / BIEG OPOLSKI                | 73         | K45/5                 | (K)44  | 01:09:12     | 00:29:29 | 06:55    |
| 316             | 255       | TOMASZEWSKI Zdzisław    | WAŁBRZYCH           |    | POL                               | 65         | M55/15                | (M)272 | 01:09:13     | 00:29:30 | 06:55    |
| 317             | 377       | PAWLIK Paweł            | OLEŚNICA            |   | POL / CAŁA OLEŚNICA BIEGA         | 74         | M45/52                | (M)273 | 01:09:16     | 00:29:32 | 06:55    |
| 318             | 232       | SIKORA Alicja           | BIELSKO-BIAŁA       |  | POL / TEAM SIKORA                 | 52         | K65/1                 | (K)45  | 01:09:18     | 00:29:35 | 06:55    |
| 319             | 5         | BEDNARCZYK Jakub        | WROCŁAW             |  | POL / STRONGER RUNNER             | 88         | M30/40                | (M)274 | 01:09:21     | 00:29:37 | 06:56    |
| 320             | 17        | CIOCZEK Konrad          | WROCŁAW             |  | POL                               | 86         | M30/41                | (M)275 | 01:09:32     | 00:29:48 | 06:57    |
| 321             | 526       | NOWAK Sławomir          | MILICZ              |  | POL / RUNNING TEAM MILICZ         | 85         | M35/39                | (M)276 | 01:09:37     | 00:29:53 | 06:57    |
| 322             | 384       | PLACHYTKA Jan           | NOWA RUDA           |  | POL                               | 77         | M40/47                | (M)277 | 01:09:50     | 00:30:07 | 06:59    |
| 323             | 108       | TOMCZYK Maciej          | WARSZAWA            |  | POL / TRAINING LAB                | 88         | M30/42                | (M)278 | 01:09:51     | 00:30:08 | 06:59    |
| 324             | 69        | MIERCZAK Dawid          | SIEMIANOWICE        |  | POL                               | 89         | M30/43                | (M)279 | 01:09:54     | 00:30:11 | 06:59    |
| 325             | 576       | WCIÓRKA Piotr           | LUBACHÓW            |  | POL                               | 79         | M40/48                | (M)280 | 01:09:55     | 00:30:11 | 06:59    |
| 326             | 521       | MŁODOŻENIEC Mirosław    | SOBÓTKA             |  | POL / REMBERTÓW TEAM              | 80         | M40/49                | (M)281 | 01:09:58     | 00:30:14 | 06:59    |
| 327             | 173       | KOŁODZIEJ Andrzej       | MILKOWICE           |  | POL / KB LEW LEGNICA              | 70         | M50/24                | (M)282 | 01:09:59     | 00:30:16 | 06:59    |
| 328             | 294       | DUDEK Krzysztof         | JAROSŁAW 27         |  | POL / STRZEGOMSKA DWUNASTKA       | 74         | M45/53                | (M)283 | 01:10:02     | 00:30:18 | 07:00    |

# Klasyfikacja wg czasów netto.

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat                                                                         | Drużyna / Klub<br>Team / Club    | R-k<br>YoB | Klasyfikacje<br>Ranks |         |        | Czas<br>Time | Strata   | [min/km] |       |
|-----------------|-----------|-------------------------|---------------------|-------------------------------------------------------------------------------------|----------------------------------|------------|-----------------------|---------|--------|--------------|----------|----------|-------|
| 329             | 101       | STASIAK Paweł           | DZIERŻONIÓW         |    | POL / GT RAT                     | 86         | M30/44                |         | (M)284 | 01:10:04     | 00:30:20 | 07:00    |       |
| 330             | 379       | PIDANTY Grzegorz        | STRZEGOM            |    | POL / ZHR STRZEGOM               | 74         | M45/54                |         | (M)285 | 01:10:06     | 00:30:22 | 07:00    |       |
| 331             | 493       | KLICH Krzysztof         | KAMIENNA GÓRA       |    | POL / CONTENDER KAMIENNA GÓRA    | 81         | M35/40                |         | (M)286 | 01:10:07     | 00:30:23 | 07:00    |       |
| 332             | 364       | MIELNIKOWSKI Piotr      | SOBÓTKA             |    | POL                              | 74         | M45/55                |         | (M)287 | 01:10:09     | 00:30:25 | 07:00    |       |
| 333             | 252       | TASAREK Ryszard         | NYSA                |    | POL / NYSA BIEGA                 | 52         | M65/7                 |         | (M)288 | 01:10:10     | 00:30:27 | 07:01    |       |
| 334             | 189       | MAJŁOWSKI Aleksander    | GORZÓW WLKP.        |    | POL                              | 50         | M70/5                 |         | (M)289 | 01:10:12     | 00:30:29 | 07:01    |       |
| 335             | 223       | PYPEĆ Dariusz           | WAŁBRZYCH           |    | POL / KAT CROSS WAŁBRZYCH        | 69         | M50/25                |         | (M)290 | 01:10:13     | 00:30:29 | 07:01    |       |
| 336             | 510       | LOMPART Agnieszka       | ŚWIDNICA            |    | POL / BIEGOWA ŚWIDNICA           | 79         | K40/11                |         | (K)46  | 01:10:27     | 00:30:44 | 07:02    |       |
| 337             | 402       | STEFANIAK Justyna       | OLEŚNICA            |    | POL / KB LUPUS OLEŚNICA          | 76         | K40/12                |         | (K)47  | 01:10:35     | 00:30:52 | 07:03    |       |
| 338             | 342       | KOZAK Bartosz           | DLUGOLEKA           |    | POL / KOZAKI                     | 78         | M40/50                |         | (M)291 | 01:10:38     | 00:30:55 | 07:03    |       |
| 339             | 6         | BEDNARCZYK Patrycja     | WROCŁAW             |    | POL / STRONGER RUNNER            | 91         | K20/8                 |         | (K)48  | 01:10:39     | 00:30:55 | 07:03    |       |
| 340             | 484       | JANKOWSKI Rafał         | WAŁBRZYCH           |    | POL / PREDATORS WAŁBRZYCH        | 83         | M35/41                |         | (M)292 | 01:10:55     | 00:31:12 | 07:05    |       |
| 341             | 558       | STEC Adam               | WYSOKA              |    | POL / FC MI SIĘ NIE CHCE         | 80         | M40/51                |         | (M)293 | 01:11:02     | 00:31:19 | 07:06    |       |
| 342             | 284       | BUDREWICZ Krystian      | ZDZIESZOWICE        |    | POL / DYCUŚ TEAM                 | 75         | M45/56                |         | (M)294 | 01:11:05     | 00:31:21 | 07:06    |       |
| 343             | 403       | STELMACH Piotr          | WROCŁAW             |    | POL / STELMACH TEAM              | 73         | M45/57                |         | (M)295 | 01:11:07     | 00:31:24 | 07:06    |       |
| 344             | 571       | TOMUSIAK Natalia        | BUDZISZÓW WIELKI    |    | POL / JANOSPORT TEAM LEGNICA     | 85         | K35/9                 |         | (K)49  | 01:11:09     | 00:31:26 | 07:06    |       |
| 345             | 960       | KADYS Łukasz            | MIĘDZYLESIE         |    | POL / LKS ISKRA JASZKOWA         | 82         | M35/42                |         | (M)296 | 01:11:12     | 00:31:28 | 07:07    |       |
| 346             | 505       | KUBIAK Mateusz          | POZNAN              |    | POL                              | 81         | M35/43                |         | (M)297 | 01:11:18     | 00:31:34 | 07:07    |       |
| 347             | 174       | KORCZYŃSKI Stanisław    | KOLUSZKI            |    | POL / PIETRZYK RUNNING TEAM      | 53         | M65/8                 |         | (M)298 | 01:11:18     | 00:31:35 | 07:07    |       |
| 348             | 378       | PAWLIKOWSKA Anna        | WROCŁAW             |    | POL / PRO-RUN WROCŁAW            | 74         | K45/6                 |         | (K)50  | 01:11:31     | 00:31:47 | 07:09    |       |
| 349             | 34        | JANOWSKI Michał         | WARSZAWA            |    | POL / TRAINING LAB               | 91         | M20/38                |         | (M)299 | 01:11:34     | 00:31:51 | 07:09    |       |
| 350             | 296       | DYMKOWSKA Joanna        | PIESZYCE            |    | POL / WINNICA NIEMCZAŃSKA        | 72         | K45/7                 | Leka/14 | LK40/3 | (K)51        | 01:11:34 | 00:31:51 | 07:09 |
| 351             | 73        | NOSZCZYK Tomasz         |                     |    | POL                              | 94         | M20/39                |         | (M)300 | 01:11:36     | 00:31:53 | 07:09    |       |
| 352             | 351       | ŁĘGA Wiesław            | ŚWIDNICA            |    | POL / KS TĘCZA                   | 72         | M45/58                |         | (M)301 | 01:11:37     | 00:31:54 | 07:09    |       |
| 353             | 156       | GOŁĄB Andrzej           | DOBROSZYCE          |    | POL / CAŁA OLEŚNICA BIEGA        | 66         | M50/26                |         | (M)302 | 01:11:41     | 00:31:57 | 07:10    |       |
| 354             | 40        | KARGUL Franciszka       | WARSZAWA            |    | POL / TRAINING LAB               | 98         | K20/9                 |         | (K)52  | 01:11:48     | 00:32:05 | 07:10    |       |
| 355             | 458       | DOMAGAŁA Tomasz         | DZIERŻONIÓW         |    | POL                              | 81         | M35/44                |         | (M)303 | 01:11:53     | 00:32:10 | 07:11    |       |
| 356             | 415       | UJEJSKA Danuta          | ŚWIĘCIECHOWA        |  | POL                              | 78         | K40/13                |         | (K)53  | 01:11:54     | 00:32:10 | 07:11    |       |
| 357             | 416       | WALICZKO Rafał          | ŚWIDNICA            |  | POL                              | 78         | M40/52                |         | (M)304 | 01:11:56     | 00:32:13 | 07:11    |       |
| 358             | 187       | ŁUSZCZ Janusz           | WROCŁAW             |  | POL / AMATOR                     | 62         | M55/16                |         | (M)305 | 01:12:02     | 00:32:18 | 07:12    |       |
| 359             | 577       | WDÓWKA Krzysztof        | GLUSZYCA            |  | POL                              | 82         | M35/45                |         | (M)306 | 01:12:07     | 00:32:23 | 07:12    |       |
| 360             | 207       | NOWICKI Andrzej         | MILICZ              |  | POL / RUNNING TEAM MILICZ        | 63         | M55/17                |         | (M)307 | 01:12:08     | 00:32:24 | 07:12    |       |
| 361             | 508       | KURYS Agnieszka         | RADOM               |  | POL                              | 79         | K40/14                |         | (K)54  | 01:12:15     | 00:32:32 | 07:13    |       |
| 362             | 591       | ZAPAŁA Paweł            | CHRÓŚCINA           |  | POL / TYMON TEAM CHRÓŚCINA       | 80         | M40/53                |         | (M)308 | 01:12:16     | 00:32:32 | 07:13    |       |
| 363             | 266       | ZAGAŁA Piotr            | ŚWIDNICA            |  | POL / WWW.MOJEMIASTO.SWIDNICA.PL | 69         | M50/27                |         | (M)309 | 01:12:18     | 00:32:35 | 07:13    |       |
| 364             | 952       | DUDZIK Jacek            | KŁODZKO             |  | POL / LKS ISKRA JASZKOWA         | 55         | M65/9                 |         | (M)310 | 01:12:19     | 00:32:36 | 07:13    |       |
| 365             | 289       | CYBULSKA Urszula        | WAŁBRZYCH           |  | POL / PREDATORS WAŁBRZYCH        | 72         | K45/8                 |         | (K)55  | 01:12:26     | 00:32:43 | 07:14    |       |
| 366             | 461       | DUMIŃSKI Tomasz         | STRZEGOM            |  | POL / STRZEGOMSKA DWUNASTKA      | 80         | M40/54                |         | (M)311 | 01:12:37     | 00:32:54 | 07:15    |       |

# Klasyfikacja wg czasów netto.

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat                                                                         | Drużyna / Klub<br>Team / Club                | R-k<br>YoB |        | Klasyfikacje<br>Ranks |        |        | Czas<br>Time | Strata   | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-------------------------------------------------------------------------------------|----------------------------------------------|------------|--------|-----------------------|--------|--------|--------------|----------|----------|
| 367             | 235       | SIWEK Marcin            | PRZYGÓRZE           |    | POL / SIWEKFOTOGRAFIA                        | 71         | M45/59 |                       |        | (M)312 | 01:12:41     | 00:32:57 | 07:16    |
| 368             | 347       | KUBIAK Łukasz           | LUBOŃ               |    | POL                                          | 77         | M40/55 |                       |        | (M)313 | 01:12:53     | 00:33:09 | 07:17    |
| 369             | 343       | KRÓL-PIDANTY Marzena    | STRZEGOM            |    | POL / ARKADIUSZ GARDZIELEWSKI RUNNING TEAM   | 75         | K45/9  | Leka/15               | LK40/4 | (K)56  | 01:13:01     | 00:33:18 | 07:18    |
| 370             | 474       | GNIOT Katarzyna         | ZDZIESZOWICE        |    | POL / GRUPA KAPIJA SPORT                     | 80         | K40/15 |                       |        | (K)57  | 01:13:04     | 00:33:20 | 07:18    |
| 371             | 515       | MALECKI Jacek           | KAMIENIEC           |    | POL / AMATOR                                 | 81         | M35/46 |                       |        | (M)314 | 01:13:04     | 00:33:21 | 07:18    |
| 372             | 413       | TROCKI Tomasz           | CZERWIONKA -        |    | POL / #BIEGAMBOLUBIE                         | 73         | M45/60 |                       |        | (M)315 | 01:13:05     | 00:33:21 | 07:18    |
| 373             | 529       | PAPROCKA Mariola        | DĘBE WIELKIE        |    | POL / RACEFIGHTER GOSIR DĘBE WLK             | 81         | K35/10 |                       |        | (K)58  | 01:13:18     | 00:33:34 | 07:19    |
| 374             | 363       | MIDURA Wojciech         | SZALEJÓW GÓRNY      |    | POL / STD SZALEJÓW GÓRNY                     | 76         | M40/56 |                       |        | (M)316 | 01:13:26     | 00:33:43 | 07:20    |
| 375             | 194       | MARKOWICZ Grzegorz      | WROCŁAW             |    | POL / LITWIN TRIATHLON TEAM                  | 62         | M55/18 | Leka/16               | LM50/5 | (M)317 | 01:13:27     | 00:33:44 | 07:20    |
| 376             | 152       | FURTAK Krzysztof        | ULESIE              |    | POL / BIEG OPOLSKI                           | 62         | M55/19 |                       |        | (M)318 | 01:13:32     | 00:33:49 | 07:21    |
| 377             | 61        | MACIUSZEK Janusz        | WIERZBNA            |    | POL / AAM POLAND                             | 91         | M20/40 |                       |        | (M)319 | 01:13:34     | 00:33:50 | 07:21    |
| 378             | 956       | MICHALCZYK Aleksandra   | WARSZAWA            |    | POL / TRAINING LAB                           | 79         | K40/16 |                       |        | (K)59  | 01:13:38     | 00:33:54 | 07:21    |
| 379             | 466       | FIGURA Ewelina          | WĘŻA                |    | POL / FIGURA TEAM                            | 81         | K35/11 |                       |        | (K)60  | 01:13:40     | 00:33:56 | 07:22    |
| 380             | 116       | WOŹNY Paulina           | SZCZYTNA            |    | POL                                          | 91         | K20/10 |                       |        | (K)61  | 01:13:44     | 00:34:01 | 07:22    |
| 381             | 192       | MALICKI Grzegorz        | NOWY KAZANÓW        |    | POL / SCYZORYK                               | 70         | M50/28 |                       |        | (M)320 | 01:13:47     | 00:34:03 | 07:22    |
| 382             | 958       | DEREŃ Agata             | STARA ŁOMNICA       |    | POL / LKS ISKRA JASZKOWA                     | 90         | K30/8  |                       |        | (K)62  | 01:13:55     | 00:34:11 | 07:23    |
| 383             | 307       | GLADYSZ Robert          | BIELAWA             |    | POL / SCE24.PL                               | 77         | M40/57 |                       |        | (M)321 | 01:14:07     | 00:34:23 | 07:24    |
| 384             | 293       | DOMOSŁAWSKA Joanna      | WROCŁAW             |    | POL / SANTANDER RUNNERS TEAM                 | 78         | K40/17 |                       |        | (K)63  | 01:14:12     | 00:34:29 | 07:25    |
| 385             | 414       | TRZEPACZ Dorota         | OLEŚNICA            |    | POL / KB LUPUS OLEŚNICA                      | 73         | K45/10 |                       |        | (K)64  | 01:14:14     | 00:34:30 | 07:25    |
| 386             | 22        | FESZTER Magdalena       | ŻARÓW               |    | POL / KLINGENBURG TEAM                       | 96         | K20/11 |                       |        | (K)65  | 01:14:17     | 00:34:33 | 07:25    |
| 387             | 445       | BOŹEK Grzegorz          | CHOCIANÓW           |    | POL / BIEGOWO TEAM                           | 80         | M40/58 |                       |        | (M)322 | 01:14:38     | 00:34:54 | 07:27    |
| 388             | 524       | NIWISIEWICZ Tomasz      | LUBIN               |    | POL / ENERGETYKA SP.Z.O.O                    | 80         | M40/59 |                       |        | (M)323 | 01:14:39     | 00:34:55 | 07:27    |
| 389             | 387       | LACH-PAPCIAK Katarzyna  | JAWOR               |    | POL / FORGE YOUR FUTURE /BIEGAMDŁAZDROWIA.PL | 78         | K40/18 |                       |        | (K)66  | 01:14:42     | 00:34:58 | 07:28    |
| 390             | 563       | MYRCIK Dariusz          | LUBLINIEC           |    | POL / MAFIA TEAM LUBLINIEC                   | 67         | M50/29 |                       |        | (M)324 | 01:14:44     | 00:35:00 | 07:28    |
| 391             | 263       | WODZYŃSKI Krzysztof     | BELCHATÓW           |    | POL                                          | 60         | M60/9  |                       |        | (M)325 | 01:14:45     | 00:35:02 | 07:28    |
| 392             | 519       | MAZIAREK Michał         | NIEMODLIN           |    | POL                                          | 82         | M35/47 |                       |        | (M)326 | 01:14:47     | 00:35:04 | 07:28    |
| 393             | 431       | ZGRAJA Liliana          | ŚWIDNICA            |   | POL / ŚWIDNICKA GRUPA BIEGOWA                | 72         | K45/11 |                       |        | (K)67  | 01:15:08     | 00:35:25 | 07:30    |
| 394             | 357       | MACHULA Arkadiusz       | ZIĘBICE             |  | POL                                          | 72         | M45/61 | Leka/17               | LM40/4 | (M)327 | 01:15:17     | 00:35:33 | 07:31    |
| 395             | 523       | MUSIOŁ Michał           | KOTLARNIA           |  | POL / ZAWISZA STARA KUŹNIA                   | 84         | M35/48 |                       |        | (M)328 | 01:15:18     | 00:35:35 | 07:31    |
| 396             | 479       | GRZESIK Joanna          | GLUSZYCA            |  | POL                                          | 79         | K40/19 | Leka/18               | LK40/5 | (K)68  | 01:15:19     | 00:35:36 | 07:31    |
| 397             | 954       | TUREK Tomasz            | KŁODZKO             |  | POL / LKS ISKRA JASZKOWA                     | 71         | M45/62 |                       |        | (M)329 | 01:15:21     | 00:35:37 | 07:32    |
| 398             | 290       | ZAWODNIK Anonimowy      |                     |  | POL / WLK ŚUM                                |            | M45/63 |                       |        | (M)330 | 01:15:23     | 00:35:40 | 07:32    |
| 399             | 303       | GAJEWSKA Katarzyna      | KŁODZKO             |  | POL / EBIEGI.PL                              | 77         | K40/20 |                       |        | (K)69  | 01:15:29     | 00:35:46 | 07:32    |
| 400             | 133       | BOMBA Zygmunt           | ZŁOTY STOK          |  | POL / ABYDOMETY                              | 55         | M65/10 |                       |        | (M)331 | 01:15:32     | 00:35:49 | 07:33    |
| 401             | 213       | PERLIŃSKI Jarek         | BELCHATÓW           |  | POL                                          | 64         | M55/20 |                       |        | (M)332 | 01:15:33     | 00:35:49 | 07:33    |
| 402             | 324       | KACZYŃSKI Tomasz        | OLEŚNICA            |  | POL                                          | 76         | M40/60 |                       |        | (M)333 | 01:15:50     | 00:36:06 | 07:35    |
| 403             | 76        | OKOŃSKI Rafał           | NOWA RUDA           |  | POL                                          | 94         | M20/41 |                       |        | (M)334 | 01:15:55     | 00:36:11 | 07:35    |
| 404             | 565       | SZPYTMA Remigiusz       | BYSTRZYCA           |  | POL / ABY DO PRZODU                          | 83         | M35/49 |                       |        | (M)335 | 01:15:59     | 00:36:15 | 07:35    |

Klasyfikacja wg czasów netto.

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat                                                                         | Drużyna / Klub<br>Team / Club               | R-k<br>YoB |        | Klasyfikacje<br>Ranks |        | Czas<br>Time | Strata   | [min/km] |       |
|-----------------|-----------|-------------------------|---------------------|-------------------------------------------------------------------------------------|---------------------------------------------|------------|--------|-----------------------|--------|--------------|----------|----------|-------|
| 405             | 211       | PAWŁOWSKI Piotr         | ŚWIDNICA            |    | POL / BIEGOWA ŚWIDNICA                      | 63         | M55/21 |                       | (M)336 | 01:16:02     | 00:36:18 | 07:36    |       |
| 406             | 9         | BORYS Katarzyna         | GLUSZYCA            |    | POL                                         | 86         | K30/9  |                       | (K)70  | 01:16:04     | 00:36:20 | 07:36    |       |
| 407             | 167       | JURCZAK Jacek           | WROCŁAW             |    | POL / VEGE RUNNERS                          | 66         | M50/30 |                       | (M)337 | 01:16:06     | 00:36:22 | 07:36    |       |
| 408             | 354       | ŁEBEK Tomasz            | RADWANICE           |    | POL                                         | 75         | M45/64 |                       | (M)338 | 01:16:12     | 00:36:28 | 07:37    |       |
| 409             | 315       | JAGODZIŃSKI Kazimierz   | WOLIBÓRZ            |    | POL / NOWA RUDA BIEGA                       | 78         | M40/61 |                       | (M)339 | 01:16:19     | 00:36:35 | 07:37    |       |
| 410             | 424       | WOJCIECHOWSKA Dorota    | OLEŚNICA            |    | POL                                         | 74         | K45/12 |                       | (K)71  | 01:16:23     | 00:36:40 | 07:38    |       |
| 411             | 333       | KMIT Marcin             | WROCŁAW             |    | POL                                         | 77         | M40/62 |                       | (M)340 | 01:16:26     | 00:36:42 | 07:38    |       |
| 412             | 450       | CHARUK Grzegorz         | WOŁÓW               |    | POL                                         | 79         | M40/63 |                       | (M)341 | 01:16:28     | 00:36:44 | 07:38    |       |
| 413             | 281       | BIELECKI Grzegorz       | LEGNICA             |    | POL / HAPPY SCHOOL                          | 76         | M40/64 |                       | (M)342 | 01:16:29     | 00:36:45 | 07:38    |       |
| 414             | 495       | KOPKO Piotr             | WROCŁAW             |    | POL / BONITUM                               | 81         | M35/50 |                       | (M)343 | 01:16:44     | 00:37:00 | 07:40    |       |
| 415             | 181       | LEWANDOWSKA Beata       | BRZEG               |    | POL / KOTWICA BRZEG                         | 69         | K50/6  |                       | (K)72  | 01:16:49     | 00:37:05 | 07:40    |       |
| 416             | 177       | KOTYSZ Waldemar         | OPOLE               |    | POL / BIEG OPOLSKI                          | 64         | M55/22 |                       | (M)344 | 01:16:54     | 00:37:11 | 07:41    |       |
| 417             | 462       | DYCZEK Klaudia          | ZDZIESZOWICE        |    | POL / DYCZUŚ TEAM                           | 80         | K40/21 |                       | (K)73  | 01:16:58     | 00:37:14 | 07:41    |       |
| 418             | 471       | GALUS-PAWLIK Katarzyna  | WAŁBRZYCH           |    | POL / PREDATORS WAŁBRZYCH                   | 81         | K35/12 |                       | (K)74  | 01:17:08     | 00:37:25 | 07:42    |       |
| 419             | 366       | MITRO Katarzyna         | KAMIENNA GÓRA       |    | POL / KAMIENNOGÓRSKA GRUPA BIEGOWA          | 78         | K40/22 |                       | (K)75  | 01:17:11     | 00:37:28 | 07:43    |       |
| 420             | 492       | KLEBBA Krzysztof        | ŁEBCZ               |    | POL / KASZEBE ŁEBCZ                         | 83         | M35/51 |                       | (M)345 | 01:17:12     | 00:37:28 | 07:43    |       |
| 421             | 548       | SIEKIERKA Karolina      | ŚLUPSKO             |    | POL                                         | 81         | K35/13 |                       | (K)76  | 01:17:22     | 00:37:38 | 07:44    |       |
| 422             | 436       | BABIŃSKA Ewelina        | RADKÓW              |    | POL                                         | 84         | K35/14 |                       | (K)77  | 01:17:37     | 00:37:53 | 07:45    |       |
| 423             | 327       | KARWACKI Krzysztof      | KAMIENNA GÓRA       |    | POL                                         | 72         | M45/65 |                       | (M)346 | 01:17:41     | 00:37:57 | 07:46    |       |
| 424             | 200       | MIZERACKI Bolesław      | BIELAWA             |    | POL                                         | 55         | M65/11 |                       | (M)347 | 01:17:42     | 00:37:58 | 07:46    |       |
| 425             | 398       | SAMOLAK Maciek          | WAŁBRZYCH           |    | POL / NSK RUNS                              | 78         | M40/65 |                       | (M)348 | 01:17:45     | 00:38:01 | 07:46    |       |
| 426             | 418       | WAWRZYNEK Magdalena     | DLUGOŁĘKA           |    | POL                                         | 76         | K40/23 | Leka/19               | LK40/6 | (K)78        | 01:17:45 | 00:38:02 | 07:46 |
| 427             | 497       | KORZAK Ewa              | BRZEG DOLNY         |    | POL / STODOLARUN                            | 83         | K35/15 |                       | (K)79  | 01:17:46     | 00:38:03 | 07:46    |       |
| 428             | 358       | MAJEWSKA Wioleta        | STRZEGOM            |    | POL / STRZEGOMSKA DWUNASTKA                 | 73         | K45/13 |                       | (K)80  | 01:17:50     | 00:38:06 | 07:47    |       |
| 429             | 129       | BŁASZCZYK Jerzy         | ZĄBKOWICE ŚLĄSKIE   |    | POL / ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN | 56         | M60/10 |                       | (M)349 | 01:18:03     | 00:38:19 | 07:48    |       |
| 430             | 184       | LUBAŃSKA Alicja         | BUKOWICE            |    | POL                                         | 68         | K50/7  |                       | (K)81  | 01:18:16     | 00:38:33 | 07:49    |       |
| 431             | 386       | PONICHTERA Piotr        | ŚWIDNICA            |    | POL / KLINGENBURG TEAM                      | 78         | M40/66 |                       | (M)350 | 01:18:21     | 00:38:37 | 07:50    |       |
| 432             | 21        | DUTKIEWICZ Bogusz       | NOWA RUDA           |  | POL / BROTHER IN ARMS                       | 88         | M30/45 |                       | (M)351 | 01:18:26     | 00:38:43 | 07:50    |       |
| 433             | 579       | WŁODARCZYK Dominik      | KIELCZÓW            |  | POL                                         | 80         | M40/67 |                       | (M)352 | 01:18:33     | 00:38:50 | 07:51    |       |
| 434             | 475       | GÓRNICKA Ewelina        | JEDLINA ZDRÓJ       |  | POL                                         | 84         | K35/16 |                       | (K)82  | 01:18:36     | 00:38:52 | 07:51    |       |
| 435             | 955       | KAPŁON Stanisław        | KŁODZKO             |  | POL / LKS ISKRA JASZKOWA                    | 56         | M60/11 |                       | (M)353 | 01:18:37     | 00:38:54 | 07:51    |       |
| 436             | 553       | SKRZYŃSKA Izabela       | BIELAWA             |  | POL / BIELAWSKA AKADEMIA BIEGANIA           | 83         | K35/17 |                       | (K)83  | 01:18:38     | 00:38:54 | 07:51    |       |
| 437             | 400       | SKIBA-DZIADYK Dominika  | STRZEGOM            |  | POL / STRZEGOMSKA DWUNASTKA                 | 78         | K40/24 |                       | (K)84  | 01:18:46     | 00:39:02 | 07:52    |       |
| 438             | 169       | KALISZ Dariusz          | WAŁBRZYCH           |  | POL / SUDECKIE WYCIECZKI BIEGOWE            | 64         | M55/23 |                       | (M)354 | 01:18:52     | 00:39:09 | 07:53    |       |
| 439             | 193       | MARCINOWSKI Eugeniusz   | BIELAWA             |  | POL / BIELAWSKA AKADEMIA BIEGANIA           | 56         | M60/12 |                       | (M)355 | 01:18:59     | 00:39:16 | 07:53    |       |
| 440             | 118       | ZAJM Damian             | WROCŁAW             |  | POL                                         | 89         | M30/46 |                       | (M)356 | 01:19:01     | 00:39:17 | 07:54    |       |
| 441             | 188       | MAJŁOWSKA Irena         | GORZÓW              |  | POL / KS.TEAM BARYŁA GORZÓW WLKP.           | 53         | K65/2  |                       | (K)85  | 01:19:06     | 00:39:23 | 07:54    |       |
| 442             | 205       | NEUMANN Jacek           | RADKÓW              |  | POL / CENTRUM ŁĄKOWA 1                      | 64         | M55/24 |                       | (M)357 | 01:19:08     | 00:39:24 | 07:54    |       |

# Klasyfikacja wg czasów netto.

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name   | Miejscowość<br>City | Kraj<br>Nat                                                                         | Drużyna / Klub<br>Team / Club               | R-k<br>YoB | Klasyfikacje<br>Ranks |         |        | Czas<br>Time | Strata   | [min/km] |       |
|-----------------|-----------|---------------------------|---------------------|-------------------------------------------------------------------------------------|---------------------------------------------|------------|-----------------------|---------|--------|--------------|----------|----------|-------|
| 443             | 55        | LIPIŃSKA Martyna          | PIESZYCE            |    | POL / ŚLĘZAK TEAM                           | 98         | K20/12                |         | (K)86  | 01:19:13     | 00:39:30 | 07:55    |       |
| 444             | 264       | WOROBIEC Józef            | JĘDRZEJÓW           |    | POL / TERVEL DANIEL WOSIK TEAM              | 57         | M60/13                |         | (M)358 | 01:19:14     | 00:39:30 | 07:55    |       |
| 445             | 504       | KSIĘŻKA Joanna            | STRZEGOM            |    | POL / STRZEGOMSKA DWUNASTKA                 | 82         | K35/18                |         | (K)87  | 01:19:19     | 00:39:35 | 07:55    |       |
| 446             | 569       | TOMASZKIEWICZ Wojciech    | STRONIE ŚLĄSKIE     |    | POL / RUN FOREST                            | 84         | M35/52                |         | (M)359 | 01:19:19     | 00:39:35 | 07:55    |       |
| 447             | 452       | CICHOŃ Elżbieta           | STRZEGOM            |    | POL / STRZEGOMSKA DWUNASTKA                 | 81         | K35/19                |         | (K)88  | 01:19:40     | 00:39:57 | 07:58    |       |
| 448             | 308       | GOLUCH Arkadiusz          | ŁAGIEWNIKI          |    | POL / STRZEGOMSKA DWUNASTKA                 | 75         | M45/66                |         | (M)360 | 01:19:48     | 00:40:05 | 07:58    |       |
| 449             | 419       | WIERZBA-JURCZAK Anita     | WROCŁAW             |    | POL / VEGE RUNNERS                          | 76         | K40/25                |         | (K)89  | 01:19:58     | 00:40:14 | 07:59    |       |
| 450             | 151       | FRYDECKI Sławomir         | ŻRÓDŁA              |    | POL / AKB ESEMAS                            | 60         | M60/14                |         | (M)361 | 01:20:31     | 00:40:47 | 08:03    |       |
| 451             | 258       | WASŁOWICZ Stanisław       | WOLIBÓRZ            |    | POL / AMATOR                                | 71         | M45/67                |         | (M)362 | 01:20:35     | 00:40:51 | 08:03    |       |
| 452             | 283       | BUDREWICZ Elżbieta        | ZDZIESZOWICE        |    | POL / DYCZUS TEAM                           | 74         | K45/14                |         | (K)90  | 01:20:36     | 00:40:52 | 08:03    |       |
| 453             | 27        | GNIEWOSZ Marcin           | RUDNA               |    | POL / CROSS STRACENÓW TEAM                  | 95         | M20/42                |         | (M)363 | 01:20:36     | 00:40:52 | 08:03    |       |
| 454             | 176       | KORELL Klaus              | HAMBURG             |    | GER / MTP HERSBRUCK                         | 59         | M60/15                |         | (M)364 | 01:20:39     | 00:40:56 | 08:03    |       |
| 455             | 544       | SAMOLAK Łukasz            | ŁĄDEK - ZDRÓJ       |    | POL / AMATOR                                | 82         | M35/53                |         | (M)365 | 01:20:39     | 00:40:56 | 08:03    |       |
| 456             | 440       | BEREŚNIEWICZ Michał       | ŚWIDNICA            |    | POL / BIEGOWA ŚWIDNICA                      | 81         | M35/54                |         | (M)366 | 01:20:42     | 00:40:58 | 08:04    |       |
| 457             | 117       | ZAJĄC Kacper              | KRAKÓW              |    | POL / WLK ŚUM                               | 96         | M20/43                | Leka/20 | LM20/2 | (M)367       | 01:20:51 | 00:41:08 | 08:05 |
| 458             | 146       | DOMAGAŁA Andrzej          | JELENIA GÓRA        |    | POL / BIEGAMDLAZDROWIA.PL                   | 68         | M50/31                |         | (M)368 | 01:20:51     | 00:41:08 | 08:05    |       |
| 459             | 355       | ŁOPATA Michał             | CHORZÓW             |    | POL                                         | 78         | M40/68                |         | (M)369 | 01:21:30     | 00:41:47 | 08:09    |       |
| 460             | 306       | GLINA-KRAWCZYK Małgorzata | STARCZÓW            |    | POL / ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN | 74         | K45/15                |         | (K)91  | 01:21:31     | 00:41:48 | 08:09    |       |
| 461             | 339       | KORNACKA Monika           | ALEKSANDRÓW         |    | POL / SASKA TEAM                            | 78         | K40/26                |         | (K)92  | 01:21:38     | 00:41:54 | 08:09    |       |
| 462             | 321       | JASKÓLSKI Marcin          | WROCŁAW             |    | POL / HAPPYFEETTEAM                         | 72         | M45/68                |         | (M)370 | 01:21:47     | 00:42:04 | 08:10    |       |
| 463             | 586       | WOŹNIAK Joanna            | TWARDOGÓRA          |    | POL                                         | 84         | K35/20                |         | (K)93  | 01:21:53     | 00:42:10 | 08:11    |       |
| 464             | 481       | HADUŁA Justyna            | OLEŚNICA            |    | POL / CAŁA OLEŚNICA BIEGA                   | 81         | K35/21                |         | (K)94  | 01:21:53     | 00:42:10 | 08:11    |       |
| 465             | 538       | RADZIK-DYL Danuta         | CZERWIEŃCZYCE       |    | POL / BRAK                                  | 83         | K35/22                |         | (K)95  | 01:21:54     | 00:42:10 | 08:11    |       |
| 466             | 566       | ŚWIDER Tomek              | WROCŁAW             |    | POL / SKM                                   | 84         | M35/55                |         | (M)371 | 01:21:55     | 00:42:11 | 08:11    |       |
| 467             | 238       | SOBCZAK Renata            | OLEŚNICA            |    | POL / KB LUPUS OLEŚNICA                     | 53         | K65/3                 |         | (K)96  | 01:21:58     | 00:42:14 | 08:11    |       |
| 468             | 498       | KORZAK Piotr              | BRZEG DOLNY         |    | POL / STODOLARUN                            | 83         | M35/56                |         | (M)372 | 01:22:12     | 00:42:28 | 08:13    |       |
| 469             | 448       | BRYLKA-NADOLSKA Marta     | WROCŁAW             |    | POL / PRO-RUN WROCŁAW                       | 79         | K40/27                | Leka/21 | LK40/7 | (K)97        | 01:22:25 | 00:42:41 | 08:14 |
| 470             | 23        | FILIPKOWSKA Alicja        | WARSZAWA            |  | POL / TRAININGLAB                           | 87         | K30/10                |         | (K)98  | 01:22:27     | 00:42:43 | 08:14    |       |
| 471             | 37        | JURASZ Aleksandra         | KAMIENIEC           |  | POL                                         | 86         | K30/11                |         | (K)99  | 01:22:31     | 00:42:47 | 08:15    |       |
| 472             | 150       | FRYDECKA Elżbieta         | ŻRÓDŁA              |  | POL / AKB ESEMAS                            | 62         | K55/2                 |         | (K)100 | 01:22:34     | 00:42:50 | 08:15    |       |
| 473             | 312       | GWIZDAŁA Daniel           | WROCŁAW             |  | POL                                         | 75         | M45/69                |         | (M)373 | 01:22:39     | 00:42:56 | 08:15    |       |
| 474             | 572       | TRZCIŃSKA Jolanta         | WROCŁAW             |  | POL                                         | 79         | K40/28                |         | (K)101 | 01:22:42     | 00:42:58 | 08:16    |       |
| 475             | 301       | FILIPOWSKI Zenon          | KOMORNIKI           |  | POL / SCIM / WTRITEAM                       | 73         | M45/70                |         | (M)374 | 01:22:50     | 00:43:06 | 08:17    |       |
| 476             | 936       | Z/3072/20 KORNAŚ Marcin   | BRASZOWICE          |  | POL / ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN | 78         | M40/69                | MPS/40  | (M)375 | 01:23:05     | 00:43:21 | 08:18    |       |
| 477             | 226       | RITTER Beate              | BIRKENWERDER        |  | GER / MTP HERSBRUCK                         | 61         | K55/3                 |         | (K)102 | 01:23:09     | 00:43:25 | 08:18    |       |
| 478             | 132       | BOKSA Małgorzata          | ZIĘBICE             |  | POL / NIEZRZESZONY                          | 60         | K60/1                 |         | (K)103 | 01:23:12     | 00:43:28 | 08:19    |       |
| 479             | 423       | WŁODARCZYK Paweł          | OSTRZESZÓW          |  | POL / AKTYWNY OSTRZESZÓW                    | 74         | M45/71                |         | (M)376 | 01:23:14     | 00:43:30 | 08:19    |       |
| 480             | 590       | WRZOS Agnieszka           | KASZCZOR            |  | POL / FITT VIBES                            | 84         | K35/23                |         | (K)104 | 01:23:14     | 00:43:31 | 08:19    |       |



# Klasyfikacja wg czasów netto.

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name     | Miejscowość<br>City | Kraj<br>Nat                                                                         | Drużyna / Klub<br>Team / Club                   | R-k<br>YoB | Klasyfikacje<br>Ranks |         |        | Czas<br>Time | Strata   | [min/km] |       |
|-----------------|-----------|-----------------------------|---------------------|-------------------------------------------------------------------------------------|-------------------------------------------------|------------|-----------------------|---------|--------|--------------|----------|----------|-------|
| 481             | 222       | PRYMAKOWSKA Barbara         | TARNÓW              |    | POL                                             | 43         | K70/1                 |         | (K)105 | 01:23:19     | 00:43:36 | 08:19    |       |
| 482             | 360       | MĄDRZAK Beata               | OSTRÓW              |    | POL                                             | 78         | K40/29                |         | (K)106 | 01:23:31     | 00:43:48 | 08:21    |       |
| 483             | 401       | SMĘTEK Michał               | OSTRÓW              |    | POL / ZIAJA TEAM                                | 73         | M45/72                |         | (M)377 | 01:23:33     | 00:43:49 | 08:21    |       |
| 484             | 329       | KIRCUŃ Paweł                | WROCŁAW             |    | POL                                             | 75         | M45/73                |         | (M)378 | 01:23:58     | 00:44:14 | 08:23    |       |
| 485             | 588       | WROŃSKI Lucjan              | KOTLARNIA           |    | POL / ZAWISZA STARA KUŹNIA                      | 85         | M35/57                |         | (M)379 | 01:24:07     | 00:44:23 | 08:24    |       |
| 486             | 257       | UJEJSKI Robert              | ŚWIĘCIECHOWA        |    | POL                                             | 68         | M50/32                |         | (M)380 | 01:24:09     | 00:44:26 | 08:24    |       |
| 487             | 32        | JACHYM Marta                | WARSZAWA            |    | POL / TRAING LAB                                | 90         | K30/12                |         | (K)107 | 01:24:10     | 00:44:27 | 08:25    |       |
| 488             | 381       | PIETRZAK Anna               | WROCŁAW             |    | POL                                             | 77         | K40/30                |         | (K)108 | 01:24:19     | 00:44:36 | 08:25    |       |
| 489             | 271       | ZIELINSKI Marek             | SZCZAWNO-ZDRÓJ      |    | POL                                             | 68         | M50/33                |         | (M)381 | 01:24:24     | 00:44:41 | 08:26    |       |
| 490             | 190       | MAKOWIECKA ZIELIŃSKA Joanna | SZCZAWNO-ZDRÓJ      |    | POL / DYNAMIT                                   | 67         | K50/8                 | Leka/22 | LK50/1 | (K)109       | 01:24:25 | 00:44:41 | 08:26 |
| 491             | 567       | ŚWIECKA Agata               | WARSZAWA            |    | POL                                             | 85         | K35/24                |         | (K)110 | 01:24:27     | 00:44:44 | 08:26    |       |
| 492             | 130       | BŁASZCZYK Piotr             | JERZMANOWA          |    | POL / CROSS STRACENÓW TEAM                      | 68         | M50/34                |         | (M)382 | 01:24:45     | 00:45:01 | 08:28    |       |
| 493             | 68        | MAZUREK Marita              | KŁODZKO             |    | POL                                             | 87         | K30/13                |         | (K)111 | 01:24:53     | 00:45:10 | 08:29    |       |
| 494             | 539       | ROSIECKI Grzegorz           | WROCŁAW             |    | POL                                             | 83         | M35/58                |         | (M)383 | 01:24:56     | 00:45:12 | 08:29    |       |
| 495             | 507       | KUROWSKA Marlena            | KAMIENNA GÓRA       |    | POL / KAMIENNOGÓRSKA GRUPA BIEGOWA              | 83         | K35/25                |         | (K)112 | 01:24:56     | 00:45:13 | 08:29    |       |
| 496             | 221       | POWAŁA Janusz               | LUBIN               |    | POL / JIL                                       | 60         | M60/16                |         | (M)384 | 01:25:04     | 00:45:21 | 08:30    |       |
| 497             | 311       | GUMIENNY Magdalena          | KOTLARNIA           |    | POL / ZAWISZA STARA KUŹNIA                      | 78         | K40/31                |         | (K)113 | 01:25:05     | 00:45:21 | 08:30    |       |
| 498             | 8         | BIELAWIEC Magdalena         | BIAŁYSTOK           |    | POL / BIAŁOSTOCKA SEKTA BIEGACZY / VEGE RUNNERS | 93         | K20/13                | Leka/23 | LK20/2 | (K)114       | 01:25:05 | 00:45:21 | 08:30 |
| 499             | 105       | SZUL Robert                 | WROCŁAW             |    | POL                                             | 88         | M30/47                |         | (M)385 | 01:25:09     | 00:45:25 | 08:30    |       |
| 500             | 518       | MAZIAREK Adela              | NIEMODLIN           |    | POL / INDYWIDUALNY                              | 82         | K35/26                |         | (K)115 | 01:25:13     | 00:45:29 | 08:31    |       |
| 501             | 467       | FIKSA Katarzyna             | MOSINA              |    | POL / WOJART TEAM                               | 79         | K40/32                |         | (K)116 | 01:25:31     | 00:45:47 | 08:33    |       |
| 502             | 282       | BRAUN Tomasz                | POZNAŃ              |    | POL / WOJART TEAM                               | 75         | M45/74                |         | (M)386 | 01:25:33     | 00:45:49 | 08:33    |       |
| 503             | 107       | ŚNIEŻEK Kamila              | OLEŚNICA            |    | POL                                             | 87         | K30/14                |         | (K)117 | 01:25:33     | 00:45:49 | 08:33    |       |
| 504             | 310       | GRELA Michał                | WROCŁAW             |    | POL / BIEGAMY WE WROCŁAWIU                      | 77         | M40/70                |         | (M)387 | 01:25:56     | 00:46:13 | 08:35    |       |
| 505             | 147       | DOMOSŁAWSKI Paweł           | WROCŁAW             |    | POL                                             | 62         | M55/25                | Leka/24 | LM50/6 | (M)388       | 01:26:14 | 00:46:30 | 08:37 |
| 506             | 444       | BOCHNIARZ Anna              | OLAWA               |    | POL                                             | 82         | K35/27                |         | (K)118 | 01:26:20     | 00:46:36 | 08:38    |       |
| 507             | 298       | FAYFER Dorota               | WAŁBRZYCH           |    | POL / KAT CROSS WAŁBRZYCH                       | 78         | K40/33                |         | (K)119 | 01:26:34     | 00:46:50 | 08:39    |       |
| 508             | 473       | GŁOS Lucyna                 | ŁOZINA              |  | POL                                             | 82         | K35/28                |         | (K)120 | 01:26:34     | 00:46:50 | 08:39    |       |
| 509             | 288       | CIECHOMSKA Iwona            | STARA KUŹNIA        |  | POL / ZAWISZA STARA KUŹNIA                      | 78         | K40/34                |         | (K)121 | 01:26:37     | 00:46:53 | 08:39    |       |
| 510             | 370       | MUSIAŁ Ewa                  | KŁODZKO             |  | POL / EBIEGI.PL                                 | 77         | K40/35                |         | (K)122 | 01:26:43     | 00:47:00 | 08:40    |       |
| 511             | 246       | KOPTA Jerzy                 | KRAKÓW              |  | POL                                             | 45         | M70/6                 |         | (M)389 | 01:26:46     | 00:47:02 | 08:40    |       |
| 512             | 170       | KAROLEWICZ Anna             | BRZEG               |  | POL / BRZEG                                     | 70         | K50/9                 |         | (K)123 | 01:26:53     | 00:47:09 | 08:41    |       |
| 513             | 197       | MĘDREK Joanna               | KOLUSZKI            |  | POL / PIETRZYK RUNNING TEAM                     | 67         | K50/10                |         | (K)124 | 01:26:58     | 00:47:15 | 08:41    |       |
| 514             | 198       | MILCARZ Andrzej             | MŁOSZYCE            |  | POL / UKS LUDWIKOWICE KŁODZKIE                  | 51         | M65/12                |         | (M)390 | 01:27:42     | 00:47:59 | 08:46    |       |
| 515             | 361       | MĄDRZAK Sławomir            | OSTRÓW              |  | POL / ZIAJA TEAM                                | 74         | M45/75                |         | (M)391 | 01:27:45     | 00:48:01 | 08:46    |       |
| 516             | 58        | ŁABACEWICZ Paweł            | ŚWIDNICA            |  | POL / KLINGENBURG TEAM                          | 90         | M30/48                |         | (M)392 | 01:27:49     | 00:48:06 | 08:46    |       |
| 517             | 582       | WŁODARCZYK Monika           | OSTRZESZÓW          |  | POL / AKTYWNY OSTRZESZÓW                        | 79         | K40/36                |         | (K)125 | 01:27:57     | 00:48:13 | 08:47    |       |
| 518             | 382       | PIETRZAK Grzegorz           | WROCŁAW             |  | POL                                             | 74         | M45/76                |         | (M)393 | 01:28:00     | 00:48:16 | 08:48    |       |

# Klasyfikacja wg czasów netto.

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat                                                                         | Drużyna / Klub<br>Team / Club          | R-k<br>YoB |        | Klasyfikacje<br>Ranks |        | Czas<br>Time | Strata   | [min/km] |       |
|-----------------|-----------|-------------------------|---------------------|-------------------------------------------------------------------------------------|----------------------------------------|------------|--------|-----------------------|--------|--------------|----------|----------|-------|
| 519             | 75        | OGÓREK Monika           | WARSZAWA            |    | POL / TRAINING LAB                     | 89         | K30/15 |                       | (K)126 | 01:28:02     | 00:48:18 | 08:48    |       |
| 520             | 348       | KUKLIŃSKI Tomasz        | KARPACZ             |    | POL / KARPACZ -BIEGAM BO LUBIE         | 76         | M40/71 |                       | (M)394 | 01:28:06     | 00:48:23 | 08:48    |       |
| 521             | 540       | ROSIŃSKI Marcin         | OLEŚNICA            |    | POL                                    | 85         | M35/59 |                       | (M)395 | 01:28:09     | 00:48:26 | 08:48    |       |
| 522             | 392       | RODZEŃ Jagoda           | PRZEMĘT             |    | POL / BRACIA RODZEŃSTWO TEAM           | 86         | K30/16 |                       | (K)127 | 01:28:40     | 00:48:56 | 08:52    |       |
| 523             | 30        | HAMELA Michał           | WROCŁAW             |    | POL                                    | 85         | M35/60 |                       | (M)396 | 01:28:42     | 00:48:59 | 08:52    |       |
| 524             | 465       | FIGAS Jarosław          | WAŁBRZYCH           |    | POL / AQUA SYSTEM WAŁBRZYCH            | 80         | M40/72 |                       | (M)397 | 01:28:47     | 00:49:03 | 08:52    |       |
| 525             | 20        | DUTKIEWICZ Agata        | NOWA RUDA           |    | POL / BROTHER IN ARMS                  | 89         | K30/17 |                       | (K)128 | 01:29:00     | 00:49:17 | 08:54    |       |
| 526             | 237       | SKRUTEK Jan             | WROCŁAW             |    | POL / SEKCJA SPORTÓW GÓRSKICH GBI GOPR | 53         | M65/13 |                       | (M)398 | 01:29:11     | 00:49:28 | 08:55    |       |
| 527             | 168       | KACAŁA Mariusz          | WAŁBRZYCH           |    | POL / PREDATORS WAŁBRZYCH              | 68         | M50/35 |                       | (M)399 | 01:29:35     | 00:49:52 | 08:57    |       |
| 528             | 430       | ZBYRYT Halina           | NOWA RUDA           |    | POL / AKTYWNA NOWA RUDA                | 73         | K45/16 |                       | (K)129 | 01:29:43     | 00:49:59 | 08:58    |       |
| 529             | 242       | STELMACH Barbara        | WROCŁAW             |    | POL / STELMACH TEAM                    | 69         | K50/11 |                       | (K)130 | 01:29:46     | 00:50:03 | 08:58    |       |
| 530             | 383       | OSIADACZ Piotr          | WARSZAWA            |    | POL / TRAINING LAB                     | 77         | M40/73 |                       | (M)400 | 01:30:39     | 00:50:55 | 09:03    |       |
| 531             | 953       | ZAJĄCZKOWSKA Agnieszka  | KŁODZKO             |    | POL / LKS ISKRA JASZKOWA               | 94         | K20/14 |                       | (K)131 | 01:30:51     | 00:51:07 | 09:05    |       |
| 532             | 489       | KAWALEC-STRUG Iwona     | WAMBIERZYCE         |    | POL / RAZEM RAŻNIEJ                    | 82         | K35/29 |                       | (K)132 | 01:31:04     | 00:51:21 | 09:06    |       |
| 533             | 299       | FEDYCZKOWSKA Justyna    | STRZEGOM            |    | POL / STRZEGOMSKA DWUNASTKA            | 72         | K45/17 |                       | (K)133 | 01:31:48     | 00:52:04 | 09:10    |       |
| 534             | 509       | LEŚNIEWSKA Justyna      | RADKÓW              |    | POL / AKTYWNA NOWA RUDA                | 81         | K35/30 |                       | (K)134 | 01:31:49     | 00:52:06 | 09:10    |       |
| 535             | 250       | SZYMANKIEWICZ Edward    | GŁOGÓW              |    | POL / CROSS STRACENCÓW TEAM            | 49         | M70/7  |                       | (M)401 | 01:32:04     | 00:52:20 | 09:12    |       |
| 536             | 154       | GNIEWOSZ Stanisław      | RUDNA               |    | POL / CROSS STRACENCÓW TEAM            | 68         | M50/36 |                       | (M)402 | 01:32:04     | 00:52:21 | 09:12    |       |
| 537             | 297       | DYMKOWSKI Marek         | PIESZYCE            |    | POL / WINNICA NIEMCZAŃSKA              | 72         | M45/77 |                       | (M)403 | 01:32:07     | 00:52:23 | 09:12    |       |
| 538             | 112       | WĘDZINA Sylwia          | WROCŁAW             |    | POL                                    | 89         | K30/18 |                       | (K)135 | 01:32:13     | 00:52:29 | 09:13    |       |
| 539             | 109       | ZAWODNIK Anonimowy      |                     |    | POL                                    |            | K30/19 |                       | (K)136 | 01:32:27     | 00:52:43 | 09:14    |       |
| 540             | 295       | DUDEK Mariola           | JAROSŁAW            |    | POL / STRZEGOMSKA DWUNASTKA            | 76         | K40/37 |                       | (K)137 | 01:32:59     | 00:53:15 | 09:17    |       |
| 541             | 273       | ZYMLINSKI Robert        | WROCŁAW             |    | POL / HEART ATTACK                     | 70         | M50/37 | Leka/25               | LM50/7 | (M)404       | 01:33:16 | 00:53:33 | 09:19 |
| 542             | 244       | SZACHNIEWICZ Joanna     | KRZEPTÓW            |    | POL / HEART ATTACK                     | 70         | K50/12 | Leka/26               | LK50/2 | (K)138       | 01:33:20 | 00:53:36 | 09:20 |
| 543             | 191       | MALARSKA Jolanta        | BRZEG DOLNY         |    | POL / FITNESSACJA                      | 70         | K50/13 |                       | (K)139 | 01:33:47     | 00:54:03 | 09:22    |       |
| 544             | 33        | JANOWSKA Julia          | WARSZAWA            |    | POL / TRAINING LAB                     | 92         | K20/15 |                       | (K)140 | 01:33:59     | 00:54:15 | 09:23    |       |
| 545             | 122       | ADAMSKI Adam            | BIERUTÓW            |    | POL / BIERUTOWSKA GRUPOA BIEGOWA       | 61         | M55/26 | Leka/27               | LM50/8 | (M)405       | 01:34:06 | 00:54:22 | 09:24 |
| 546             | 373       | OWSIANIK Sylwia         | MILICZ              |  | POL / SSW TEAM KROŚNICE                | 74         | K45/18 |                       | (K)141 | 01:34:30     | 00:54:47 | 09:27    |       |
| 547             | 380       | PIETRUSZ Małgorzata     | ALEKSANDRÓW         |  | POL / SASKA TEAM                       | 72         | K45/19 |                       | (K)142 | 01:34:43     | 00:54:59 | 09:28    |       |
| 548             | 338       | KORC Anna               | ALEKSANDRÓW         |  | POL / SASKA TEAM                       | 76         | K40/38 |                       | (K)143 | 01:34:44     | 00:55:00 | 09:28    |       |
| 549             | 546       | SIDOR Justyna           | NIEDŹWIEDZICA       |  | POL / SOWIE TEAM                       | 83         | K35/31 |                       | (K)144 | 01:35:47     | 00:56:03 | 09:34    |       |
| 550             | 240       | SOMIAK Andrzej          | WROCŁAW             |  | POL / IT RUN                           | 69         | M50/38 |                       | (M)406 | 01:36:02     | 00:56:19 | 09:36    |       |
| 551             | 272       | ZIÓŁKOWSKI Krzysztof    | WROCŁAW             |  | POL / PRO-RUN WROCŁAW                  | 53         | M65/14 |                       | (M)407 | 01:36:18     | 00:56:35 | 09:37    |       |
| 552             | 322       | JEZIERSKI Sergiusz      | OLEŚNICA            |  | POL / OLESNICA                         | 74         | M45/78 |                       | (M)408 | 01:36:27     | 00:56:43 | 09:38    |       |
| 553             | 206       | NOWAK-KOWALSKA Jadwiga  | WAŁBRZYCH           |  | POL / BIEGAJ - ZAPOBIEGAJ WAŁBRZYCH    | 54         | K65/4  |                       | (K)145 | 01:36:31     | 00:56:47 | 09:39    |       |
| 554             | 542       | RYBAK Łukasz            | DUSZNIKI ZDRÓJ      |  | POL / ADA TEAM                         | 84         | M35/61 |                       | (M)409 | 01:36:50     | 00:57:06 | 09:41    |       |
| 555             | 499       | KOSICKA Dagmara         | ŚWIDNICA            |  | POL / #BIEGAMBOLUBIE                   | 82         | K35/32 |                       | (K)146 | 01:36:52     | 00:57:08 | 09:41    |       |
| 556             | 229       | RYCHEL Mariola          | SMOLEC              |  | POL / E-DZIEWIARKA.PL                  | 69         | K50/14 |                       | (K)147 | 01:37:54     | 00:58:10 | 09:47    |       |

# Klasyfikacja wg czasów netto.

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name    | Miejscowość<br>City | Kraj<br>Nat                                                                         | Drużyna / Klub<br>Team / Club             | R-k<br>YoB | Klasyfikacje<br>Ranks | Czas<br>Time | Strata   | [min/km] |       |
|-----------------|-----------|----------------------------|---------------------|-------------------------------------------------------------------------------------|-------------------------------------------|------------|-----------------------|--------------|----------|----------|-------|
| 557             | 556       | SPALENIAK Maciej           | WROCŁAW             |    | POL                                       | 79         | M40/74                | (M)410       | 01:38:21 | 00:58:37 | 09:50 |
| 558             | 49        | KOWALSKA Edyta             | WALIM               |    | POL / SOWIE TEAM                          | 86         | K30/20                | (K)148       | 01:39:20 | 00:59:36 | 09:56 |
| 559             | 485       | JANUS Wiktor               | ŚWIDNICA            |    | POL / KLINGENBURG TEAM                    | 84         | M35/62                | (M)411       | 01:39:22 | 00:59:39 | 09:56 |
| 560             | 454       | CZARNECKI Przemysław       | STARA KUŹNIA        |    | POL / ZAWISZA STARA KUŹNIA                | 81         | M35/63                | (M)412       | 01:39:28 | 00:59:44 | 09:56 |
| 561             | 453       | CZARNECKA Klaudia          | STARA KUŹNIA        |    | POL / ZAWISZA STARA KUŹNIA                | 81         | K35/33                | (K)149       | 01:39:55 | 01:00:11 | 09:59 |
| 562             | 490       | KAWALER-JUSZCZYK Magdalena | WALIM               |    | POL / SOWIE TEAM                          | 84         | K35/34                | (K)150       | 01:40:21 | 01:00:38 | 10:02 |
| 563             | 74        | NOWACZYK Agata             | KOZIEGŁOWY          |    | POL                                       | 87         | K30/21                | (K)151       | 01:40:22 | 01:00:39 | 10:02 |
| 564             | 434       | ANDRZEJEWSKA Magdalena     | WAŁBRZYCH           |    | POL / PREDATORS WAŁBRZYCH                 | 81         | K35/35                | (K)152       | 01:41:34 | 01:01:50 | 10:09 |
| 565             | 249       | SZYLKIN Eulalia            | WAŁBRZYCH           |    | POL                                       | 59         | K60/2                 | (K)153       | 01:42:26 | 01:02:42 | 10:14 |
| 566             | 171       | KARPIŃSKA Agnieszka        | BRZOZÓWKA           |    | POL / BBL TORUŃ                           | 70         | K50/15                | (K)154       | 01:45:06 | 01:05:23 | 10:30 |
| 567             | 172       | KARPIŃSKI Adam             | BRZOZÓWKA           |    | POL                                       | 68         | M50/39                | (M)413       | 01:45:10 | 01:05:27 | 10:31 |
| 568             | 215       | PIETRAS Barbara            | STRZEGOM            |    | POL / STRZEGOMSKA DWUNASTKA               | 51         | K65/5                 | (K)155       | 01:54:10 | 01:14:26 | 11:25 |
| 569             | 160       | HACZYK Gabriela            | OPOLE               |    | POL / BIEG OPOLSKI                        | 48         | K70/2                 | (K)156       | 01:59:34 | 01:19:51 | 11:57 |
| 570             | 134       | BOROWSKA-TOMCZYK Anna      | WARSZAWA            |    | POL / TRAININGLAB                         | 53         | K65/6                 | (K)157       | 02:24:18 | 01:44:35 | 14:25 |
|                 | 54        | LAGNER Sebastian           | SOBÓTKA             |    | POL / KB SOBÓTKA                          | 92         |                       |              | DNF      |          | 55:29 |
|                 | 512       | LULIS Anna                 | WROCŁAW             |    | POL / AKADEMIA BIEGANIA                   | 80         |                       |              | DNF      |          | 54:29 |
|                 | 16        | CIEMIĘGA Jakub             | STARACHOWICE        |    | POL / LKB RUDNIK                          | 03         |                       |              | DNS      |          | 55:29 |
|                 | 48        | KONOPKA Łukasz             | WAŁBRZYCH           |    | POL / KAT CROSS WAŁBRZYCH                 | 86         |                       |              | DNS      |          | 55:29 |
|                 | 79        | PAKOSZ Piotr               | JANUSZKOWICE        |    | POL / ZAWISZA STARA KUŹNIA                | 49         |                       |              | DNS      |          | 55:29 |
|                 | 83        | PIEKARZ Damian             | JUGÓW               |    | POL                                       | 94         |                       |              | DNS      |          | 55:29 |
|                 | 141       | CIECHOMSKI Bogdan          | STARA KUŹNIA        |    | POL / ZAWISZA STARA KUŹNIA                | 51         |                       |              | DNS      |          | 55:29 |
|                 | 142       | CZAJKA Dariusz             | STRUGA              |    | POL / KAT CROSS WAŁBRZYCH                 | 70         |                       |              | DNS      |          | 55:29 |
|                 | 155       | GOGAŁA Ryszard             | GLUBCZYCE           |    | POL                                       | 71         |                       |              | DNS      |          | 55:29 |
|                 | 175       | KORDYACZNY Krzysztof       | PAWŁOWICZKI         |    | POL / ZAWISZA STARA KUŹNIA                | 53         |                       |              | DNS      |          | 55:29 |
|                 | 227       | ROKICKA Ewa                | SKIERNIEWICE        |    | POL                                       | 48         |                       |              | DNS      |          | 55:29 |
|                 | 251       | ŚLIWKA Ryszard             | NOWA RUDA           |    | POL / NOWA RUDA BIEGA                     | 52         |                       |              | DNS      |          | 55:29 |
|                 | 276       | ARDELLI Ewa                | BIELAWA             |    | POL / BIELAWSKA AKADEMIA BIEGANIA         | 75         |                       |              | DNS      |          | 55:29 |
|                 | 280       | BEZULSKA Anna              | NOWA RUDA           |  | POL / SKIPOL.PL TEAM                      | 78         |                       |              | DNS      |          | 55:29 |
|                 | 304       | GAJEWSKI Marcin            | KŁODZKO             |  | POL / EBIEGI.PL                           | 77         |                       |              | DNS      |          | 55:29 |
|                 | 470       | GALA Przemysław            | WROCŁAW             |  | POL                                       | 82         |                       |              | DNS      |          | 55:29 |
|                 | 584       | WOLONTKOWSKA Katarzyna     | SWIEBODZICE         |  | POL                                       | 84         |                       |              | DNS      |          | 55:29 |
|                 | 587       | WOŹNY Krystian             | KŁODZKO             |  | POL / EBIEGI.PL                           | 84         |                       |              | DNS      |          | 55:29 |
|                 | 594       | ZYGADŁO Katarzyna          | NOWA RUDA           |  | POL                                       | 83         |                       |              | DNS      |          | 55:29 |
|                 | 937       | Z/1510/11 KOZŁOWSKI Artur  | SIERADZ             |  | POL / PLANBIEGANIE.PL / LKS MOSIR SIERADZ | 85         |                       |              | DNS      |          | 55:29 |
|                 | 10051     | KRZYSIAK Aleksander        | NOWA RUDA           |  | POL                                       | 86         |                       |              | DNS      |          | 55:29 |
|                 | 10099     | SMATER Katarzyna           | ZIELONA GÓRA        |  | POL                                       | 93         |                       |              | DNS      |          | 55:29 |
|                 | 10124     | BARANOWSKI Antoni          | TUMIDAJ             |  | POL / NIEZRZESZONY                        | 59         |                       |              | DNS      |          | 55:29 |
|                 | 10246     | SZOPA Leszek               | PODOLSZE            |  | POL / BIEG OPOLSKI                        | 53         |                       |              | DNS      |          | 55:29 |

Klasyfikacja wg czasów netto.

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat                                                                       | Drużyna / Klub<br>Team / Club | R-k<br>YoB | Klasyfikacje<br>Ranks | Czas<br>Time | Strata | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-----------------------------------------------------------------------------------|-------------------------------|------------|-----------------------|--------------|--------|----------|
|                 | 10387     | POSŁUSZNA Anna          | GŁOSKA              |  | POL / AKB ESEMAS              | 74         |                       | DNS          |        | 55:29    |
|                 | 10563     | SZKUDLAREK Marcin       | WROCŁAW             |  | POL                           | 82         |                       | DNS          |        | 55:29    |

|              |     |               |     |               |     |            |     |
|--------------|-----|---------------|-----|---------------|-----|------------|-----|
| Zgłoszonych: | 765 | Odebrało nr.: | 594 | Wystartowało: | 572 | Ukończyło: | 570 |
|--------------|-----|---------------|-----|---------------|-----|------------|-----|