

III Bieg Runbertów 2015

WYNIKI ZAWODÓW

Open - M20

Organizator: Urząd Dzielnicy Rembertów m.st. Warszawy i Stowarzyszenie Skrzydlaci.pl

Termin: 10.10.2015

Miejsce: Warszawa

Dystans: 5 km

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|------------------------|-----------|-------------------------|---------------------|-------------|--------------------------|------------|-----------------------|--------|--------------|----------|
| Open - M20 [36] | | | | | | | | | | |
| 1 | 314 | PUDEŁKO Jakub | PIASECZNO | | POL ENTRE.PL TEAM | 90 | M20/1 | (M)1 | 00:15:31 | 03.06 |
| 2 | 358 | KUŚMIERZ Aleksander | CHELM | | POL | 95 | M20/2 | (M)3 | 00:16:06 | 03.13 |
| 3 | 110 | ŁOBACZ Michał | BIALYSTOK | | POL BIAŁOSTOCCY BIEGACZE | 89 | M20/3 | (M)5 | 00:17:04 | 03.24 |
| 4 | 308 | ZALEWSKI Kasper | WARSZAWA | | POL ENTRE.PL TEAM | 94 | M20/4 | (M)6 | 00:17:22 | 03.28 |
| 5 | 309 | ROGAŁA Michał | WARSZAWA | | POL DREAM RUN | 89 | M20/5 | (M)8 | 00:17:53 | 03.34 |
| 6 | 224 | MICHAŁOWSKI Daniel | GRODZISK MAZOWIECKI | | POL | 92 | M20/6 | (M)9 | 00:18:01 | 03.36 |
| 7 | 111 | ŁOBACZ Wojciech | BIALYSTOK | | POL BIAŁOSTOCCY BIEGACZE | 87 | M20/7 | (M)10 | 00:18:09 | 03.37 |
| 8 | 10 | STRZELECKI Piotr | WARSZAWA | | POL ENTRE.PL TEAM | 94 | M20/8 | (M)14 | 00:18:37 | 03.43 |
| 9 | 180 | PIĄTKOWSKI Piotr | PRUSZKÓW | | POL | 95 | M20/9 | (M)15 | 00:18:37 | 03.43 |
| 10 | 331 | ŁUKASZUK Paweł | LUBARTÓW | | POL | 88 | M20/10 | (M)23 | 00:19:29 | 03.53 |
| 11 | 354 | ŁATAŚ Karol | MAŁOTOSZCZ | | POL | 87 | M20/11 | (M)24 | 00:19:36 | 03.55 |
| 12 | 233 | SOWIŃSKI Jędrzej | WARSZAWA | | POL | 95 | M20/12 | (M)28 | 00:20:07 | 04.00 |
| 13 | 321 | NOWAKOWSKI Mikołaj | WARSZAWA | | POL | 91 | M20/13 | (M)41 | 00:21:31 | 04.17 |
| 14 | 122 | BARTOSIK Tomasz | WARSZAWA | | POL | 92 | M20/14 | (M)42 | 00:21:33 | 04.18 |
| 15 | 268 | PARKASIEWICZ Bartłomiej | ZIELONKA | | POL | 97 | M20/15 | (M)43 | 00:21:34 | 04.18 |
| 16 | 195 | ZAWADA Mateusz | WARSZAWA | | POL ROZBIEGANY SULEJÓWEK | 91 | M20/16 | (M)45 | 00:21:36 | 04.18 |
| 17 | 352 | SIEWAK Piotr | UCHANIE | | POL | 96 | M20/17 | (M)48 | 00:21:37 | 04.17 |
| 18 | 159 | POLAK Marcin | PORONIN | | POL ORIENTEERING TEAM | 92 | M20/18 | (M)55 | 00:21:46 | 04.21 |
| 19 | 59 | KRAWCOW Łukasz | PRUSZKÓW | | POL | 87 | M20/19 | (M)64 | 00:22:18 | 04.27 |
| 20 | 158 | ORLIŃSKI Paweł | WARSZAWA | | POL SZEROKA TEAM | 89 | M20/20 | (M)71 | 00:22:41 | 04.32 |
| 21 | 397 | LEWANDOWSKI Piotrek | WARSZAWA | | POL OGNIŠKO GROCHÓW | 99 | M20/21 | (M)73 | 00:22:45 | 04.33 |
| 22 | 35 | GAWEL Mateusz | WARSZAWA | | POL MOKOBIEGACZE | 94 | M20/22 | (M)76 | 00:22:59 | 04.35 |
| 23 | 293 | BIELAK Kamil | WARSZAWA | | POL | 86 | M20/23 | (M)80 | 00:23:08 | 04.37 |
| 24 | 11 | MALINOWSKI Piotr | WARSZAWA-WESOŁA | | POL | 87 | M20/24 | (M)81 | 00:23:11 | 04.38 |
| 25 | 203 | SACHMATA Jacek | PIASECZNO | | POL MOTO-PARTNER | 90 | M20/25 | (M)86 | 00:23:41 | 04.44 |
| 26 | 312 | KASPRZAK Kamil | RĘBKÓW | | POL | 86 | M20/26 | (M)88 | 00:23:48 | 04.45 |
| 27 | 302 | ŁYSIAK Damian | WARSZAWA | | POL | 99 | M20/27 | (M)95 | 00:24:09 | 04.49 |
| 28 | 104 | PLANECKI Marcin | WARSZAWA | | POL NEW | 96 | M20/28 | (M)99 | 00:24:17 | 04.51 |
| 29 | 29 | DZIUBIŃSKI Piotr | WARSZAWA | | POL | 89 | M20/29 | (M)100 | 00:24:23 | 04.52 |
| 30 | 69 | ŁUCZAK Mateusz | WARSZAWA | | POL | 87 | M20/30 | (M)102 | 00:24:26 | 04.53 |
| 31 | 340 | LUBAŃSKI Robert | WARSZAWA | | POL | 92 | M20/31 | (M)111 | 00:25:39 | 05.07 |
| 32 | 153 | HENZEL Maksymilian | WARSZAWA | | POL | 02 | M20/32 | (M)114 | 00:25:43 | 05.08 |
| 33 | 398 | SOKOŁOWSKI Dominik | WARSZAWA | | POL OGNIŠKO GROCHÓW | 02 | M20/33 | (M)119 | 00:25:55 | 05.11 |
| 34 | 241 | GAWIN Krzysztof | WARSZAWA | | POL | 92 | M20/34 | (M)131 | 00:27:08 | 05.25 |
| 35 | 322 | KRAWCZYK Daniel | ZĄBKI | | POL | 00 | M20/35 | (M)135 | 00:27:20 | 05.28 |
| 36 | 155 | STĘPIEŃ Artur | WARSZAWA | | POL | 88 | M20/36 | (M)160 | 00:32:34 | 06.30 |

Open - M30 [75]

| | | | | | | | | | | |
|---|-----|----------------------|------------------|--|---------------------------|----|-------|-------|----------|-------|
| 1 | 400 | JABŁOŃSKI Artur | HORODŁO | | POL DREAM RUN | 81 | M30/1 | (M)2 | 00:15:38 | 03.07 |
| 2 | 258 | ARTYSZUK Kamil | WARSZAWA | | POL ALLIANZ RUNNING TEAM | 84 | M30/2 | (M)4 | 00:16:15 | 03.14 |
| 3 | 357 | PIOTROWSKI Mariusz | MIŃSK MAZOWIECKI | | POL | 82 | M30/3 | (M)7 | 00:17:37 | 03.31 |
| 4 | 294 | BIAŁOŻYŃSKI Marcin | WARSZAWA | | POL REMBERTÓW TEAM | 78 | M30/4 | (M)11 | 00:18:16 | 03.39 |
| 5 | 316 | JAWORSKI Rafał | PIASECZNO | | POL ALLIANZ RUNNING TEAM | 84 | M30/5 | (M)13 | 00:18:37 | 03.43 |
| 6 | 123 | FLORJANOWICZ Paweł | WARSZAWA | | POL PĘDZĄCE ŻÓLWIE | 83 | M30/6 | (M)16 | 00:19:04 | 03.48 |
| 7 | 96 | GIERASIMIUK Grzegorz | WARSZAWA | | POL SAMSUNG PROSTO SOSELM | 84 | M30/7 | (M)19 | 00:19:07 | 03.48 |
| 8 | 53 | PETRÓW Dawid | PRUSZKÓW | | POL DREAM RUN | 84 | M30/8 | (M)20 | 00:19:12 | 03.50 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-------------|------------------------|------------|-----------------------|--------|--------------|----------|
| 9 | 349 | PAROL Artur | ZĄBKI | POL | | 76 | M30/9 | (M)22 | 00:19:29 | 03.53 |
| 10 | 5 | DĘBEK Piotr | | POL | | 80 | M30/10 | (M)25 | 00:19:36 | 03.53 |
| 11 | 102 | BŁĄŻEJCZYK Jacek | WARSZAWA | POL | ALLIANZ RUNNING TEAM | 76 | M30/11 | (M)26 | 00:19:39 | 03.55 |
| 12 | 63 | WALESIAK Wojciech | WARSAW | POL | REMBERTÓW TEAM | 85 | M30/12 | (M)29 | 00:20:22 | 04.03 |
| 13 | 87 | BUDZYŃSKI Krzysztof | WARSZAWA | POL | | 85 | M30/13 | (M)30 | 00:20:35 | 04.06 |
| 14 | 295 | KRAĆKOWSKI Sławomir | WARSZAWA | POL | SANIO | 77 | M30/14 | (M)31 | 00:20:40 | 04.07 |
| 15 | 187 | KRYSIAK Grzegorz | WARSZAWA | POL | | 82 | M30/15 | (M)33 | 00:20:44 | 04.06 |
| 16 | 103 | CHRZANOWSKI Wojciech | WARSZAWA | POL | | 83 | M30/16 | (M)34 | 00:20:46 | 04.08 |
| 17 | 341 | KORKOSZ Andrzej | BLIZNE JASIŃSKIEGO | POL | | 77 | M30/17 | (M)35 | 00:20:46 | 04.08 |
| 18 | 61 | GLIŃSKI Paweł | ZĄBKI | POL | | 78 | M30/18 | (M)38 | 00:21:06 | 04.12 |
| 19 | 278 | CICHOWICZ Łukasz | WARSZAWA | POL | | 81 | M30/19 | (M)39 | 00:21:17 | 04.15 |
| 20 | 78 | ZBROWSKI Michał | NOWA WIEŚ | POL | | 82 | M30/20 | (M)40 | 00:21:29 | 04.16 |
| 21 | 125 | ROJEK Rafał | WARSZAWA | POL | | 78 | M30/21 | (M)44 | 00:21:35 | 04.19 |
| 22 | 161 | BIELAWSKI Leszek | OKUNIEW | POL | ROZBIEGANY SULEJÓWEK | 76 | M30/22 | (M)46 | 00:21:36 | 04.19 |
| 23 | 199 | FASZCZEWSKI Adam | WARSZAWA | POL | | 78 | M30/23 | (M)49 | 00:21:37 | 04.18 |
| 24 | 93 | POŁOŻYŃSKI Andrzej | WARSZAWA | POL | | 78 | M30/24 | (M)51 | 00:21:43 | 04.20 |
| 25 | 216 | KALINOWSKI Artur | ZĄBKI | POL | | 78 | M30/25 | (M)53 | 00:21:44 | 04.20 |
| 26 | 20 | BARANOWSKI Michał | ZGIERZ | POL | | 81 | M30/26 | (M)57 | 00:21:54 | 04.22 |
| 27 | 339 | KARNASZEWSKI Albin | WARSZAWA | POL | | 79 | M30/27 | (M)58 | 00:21:55 | 04.23 |
| 28 | 306 | PIWKO Sylwester | SIEDLCE | POL | | 82 | M30/28 | (M)59 | 00:21:55 | 04.23 |
| 29 | 167 | KANIEWSKI Paweł | WARSZAWA | POL | | 82 | M30/29 | (M)61 | 00:22:04 | 04.24 |
| 30 | 71 | FLORJANOWICZ Marcin | WARSZAWA | POL | PĘDZĄCE ŻÓLWIE | 83 | M30/30 | (M)62 | 00:22:08 | 04.25 |
| 31 | 136 | PAWLAK Rafał | WARSZAWA | POL | | 77 | M30/31 | (M)63 | 00:22:11 | 04.26 |
| 32 | 131 | RASZEWSKI Piotr | WARSZAWA | POL | | 80 | M30/32 | (M)65 | 00:22:30 | 04.30 |
| 33 | 319 | JACHYMEK Michał | ZĄBKI | POL | | 84 | M30/33 | (M)66 | 00:22:32 | 04.30 |
| 34 | 243 | ŻELAZO Arkadiusz | OSTRÓW | POL | | 84 | M30/34 | (M)67 | 00:22:33 | 04.30 |
| 35 | 193 | CHEĆ Adam | WARSZAWA | POL | | 80 | M30/35 | (M)69 | 00:22:40 | 04.32 |
| 36 | 229 | MIKOŁAJCZYK Maciej | WARSZAWA | POL | | 80 | M30/36 | (M)72 | 00:22:43 | 04.32 |
| 37 | 150 | SIDWIŃSKI Marcin | WARSZAWA | POL | | 82 | M30/37 | (M)74 | 00:22:57 | 04.35 |
| 38 | 157 | KONEFAŁ Włodzimierz | WARSZAWA | POL | REMBERTÓW TEAM | 80 | M30/38 | (M)78 | 00:23:04 | 04.36 |
| 39 | 342 | NASZEWSKI Sebastian | OKUNIEW | POL | ROZBIEGANY SULEJÓWEK | 79 | M30/39 | (M)83 | 00:23:34 | 04.42 |
| 40 | 24 | LIPIEC Paweł | WARSZAWA | POL | WYBIEGANE.PL | 82 | M30/40 | (M)85 | 00:23:39 | 04.43 |
| 41 | 289 | WŁOSEK Bartłomiej | WARSZAWA | POL | | 84 | M30/41 | (M)87 | 00:23:48 | 04.45 |
| 42 | 351 | STOPIŃSKI Stanisław | WARSZAWA | POL | | 84 | M30/42 | (M)89 | 00:23:49 | 04.45 |
| 43 | 173 | KOZŁOWSKI Witold | WARSZAWA | POL | | 81 | M30/43 | (M)90 | 00:23:51 | 04.46 |
| 44 | 97 | PIK Rafał | WARSZAWA | POL | | 85 | M30/44 | (M)92 | 00:23:57 | 04.47 |
| 45 | 217 | SUROWIECKI Marcin | ZĄBKI | POL | | 79 | M30/45 | (M)94 | 00:24:07 | 04.49 |
| 46 | 246 | JARZĄBEK Damian | MIŃSK MAZOWIECKI | POL | | 79 | M30/46 | (M)98 | 00:24:15 | 04.51 |
| 47 | 345 | MINOR Bartłomiej | WARSZAWA | POL | | 79 | M30/47 | (M)104 | 00:25:04 | 05.00 |
| 48 | 101 | JAWOREK Krzysztof | WARSZAWA | POL | REMBERTÓW TEAM | 76 | M30/48 | (M)105 | 00:25:07 | 05.01 |
| 49 | 48 | PŁONKA Marcin | WARSZAWA | POL | REMBERTÓW BEZPOŚREDNIO | 83 | M30/49 | (M)106 | 00:25:11 | 05.02 |
| 50 | 204 | ZDZIARSKI Paweł | WARSZAWA | POL | | 81 | M30/50 | (M)107 | 00:25:21 | 05.04 |
| 51 | 154 | GRABOWSKI Maciej | WARSZAWA | POL | | 78 | M30/51 | (M)108 | 00:25:22 | 05.04 |
| 52 | 176 | SOKOŁOWSKI Rafał | DUCZKI | POL | | 76 | M30/52 | (M)109 | 00:25:29 | 05.05 |
| 53 | 267 | STARNAWSKI Zbigniew | WARSZAWA | POL | | 78 | M30/53 | (M)110 | 00:25:36 | 05.07 |
| 54 | 260 | SMOLEŃSKI Tomasz | WARSZAWA | POL | | 79 | M30/54 | (M)113 | 00:25:43 | 05.08 |
| 55 | 90 | KAZUBEK Maciej | WARSZAWA | POL | | 76 | M30/55 | (M)116 | 00:25:48 | 05.09 |
| 56 | 225 | KOZŁOWSKI Marcin | WARSZAWA | POL | | 77 | M30/56 | (M)117 | 00:25:48 | 05.09 |
| 57 | 162 | PAWLISIAK Piotr | STARA WIEŚ | POL | | 81 | M30/57 | (M)120 | 00:25:56 | 05.11 |
| 58 | 81 | ZENCZEWSKI Marcin | WARSZAWA | POL | | 80 | M30/58 | (M)122 | 00:26:03 | 05.12 |
| 59 | 256 | STREMLER Krzysztof | WARSZAWA | POL | | 77 | M30/59 | (M)125 | 00:26:16 | 05.15 |
| 60 | 323 | SADRACH Maciej | WARSZAWA | POL | | 78 | M30/60 | (M)132 | 00:27:09 | 05.25 |
| 61 | 359 | TOMANEK Rafał | | POL | | 83 | M30/61 | (M)134 | 00:27:14 | 05.26 |
| 62 | 58 | ZARĘBA Damian | SULEJÓWEK | POL | ROZBIEGANY SULEJÓWEK | 85 | M30/62 | (M)137 | 00:27:35 | 05.31 |
| 63 | 201 | SADŁOWSKI Piotr | SULEJÓWEK | POL | ROZBIEGANY SULEJÓWEK | 84 | M30/63 | (M)138 | 00:27:38 | 05.31 |
| 64 | 297 | OLCZAK Piotr | WARSZAWA | POL | | 84 | M30/64 | (M)140 | 00:27:50 | 05.34 |
| 65 | 305 | PANUFNIK Piotr | WARSZAWA | POL | | 84 | M30/65 | (M)141 | 00:27:50 | 05.34 |
| 66 | 196 | KĄKOL Tomasz | SULEJÓWEK | POL | | 84 | M30/66 | (M)142 | 00:27:59 | 05.35 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|--------------|--------|----------------------|------------------|----------|----------------|---------|--------------------|--------|-----------|----------|
| 67 | 116 | WÓJCIK Piotr | WARSZAWA | POL | | 78 | M30/67 | (M)145 | 00:28:14 | 05.38 |
| 68 | 76 | MILEWSKI Przemysław | WARSZAWA | POL | REMBERTÓW TEAM | 79 | M30/68 | (M)147 | 00:28:48 | 05.45 |
| 69 | 200 | ULER Maciej | WARSZAWA | POL | | 84 | M30/69 | (M)148 | 00:28:57 | 05.47 |
| 70 | 132 | ŁAZICKI Karol | WARSZAWA | POL | | 83 | M30/70 | (M)150 | 00:29:31 | 05.54 |
| 71 | 231 | WILK Krzysztof | WARSZAWA | POL | STO | 79 | M30/71 | (M)153 | 00:30:28 | 06.05 |
| 72 | 84 | SZELAĞ Aleksander | WARSZAWA | POL | | 76 | M30/72 | (M)155 | 00:30:42 | 06.08 |
| 73 | 128 | WINIARCZYK Kamil | KOBYŁKA | POL | | 83 | M30/73 | (M)159 | 00:31:53 | 06.22 |
| 74 | 72 | SOSIŃSKI Piotr | WARSZAWA | POL | | 84 | M30/74 | (M)161 | 00:32:37 | 06.31 |
| 75 | 42 | BIELEC Paweł | WARSZAWA | POL | REMBERTÓW TEAM | 83 | M30/75 | (M)162 | 00:34:03 | 06.48 |









Open - M40 [45]

| | | | | | | | | | | |
|----|-----|------------------------------|------------------|-----|----------------------|----|--------|--------|----------|-------|
| 1 | 355 | DĄBROWSKI Robert | WARSZAWA | POL | | 71 | M40/1 | (M)12 | 00:18:35 | 03.42 |
| 2 | 30 | BULKA Piotr | SULEJÓWEK | POL | ROZBIEGANY SULEJÓWEK | 75 | M40/2 | (M)17 | 00:19:05 | 03.48 |
| 3 | 207 | SZCZYREK Jan | WARSZAWA | POL | STO | 70 | M40/3 | (M)18 | 00:19:05 | 03.48 |
| 4 | 86 | AUGUSTYNIAK Mariusz | MARKI | POL | | 72 | M40/4 | (M)21 | 00:19:13 | 03.50 |
| 5 | 245 | CICHOWICZ Mariusz | WARSZAWA | POL | | 75 | M40/5 | (M)27 | 00:19:51 | 03.57 |
| 6 | 134 | WOLANIN Tomasz | WARSZAWA | POL | | 74 | M40/6 | (M)32 | 00:20:40 | 04.07 |
| 7 | 181 | DYŻEWSKI Michał | WARSZAWA | POL | STO | 74 | M40/7 | (M)36 | 00:20:57 | 04.10 |
| 8 | 169 | GŁOWACKI Andrzej | LEGIONOWO | POL | | 71 | M40/8 | (M)37 | 00:21:03 | 04.11 |
| 9 | 255 | ARTYSZUK Mirosław | WARSZAWA | POL | ARTYSZUK FAMILY TEAM | 60 | M50/9 | (M)47 | 00:21:37 | 04.18 |
| 10 | 350 | KOSOWSKI Przemysław | WARSZAWA | POL | | 69 | M40/10 | (M)50 | 00:21:38 | 04.19 |
| 11 | 191 | BECHENSKI Wojciech | WARSZAWA | POL | | 74 | M40/11 | (M)52 | 00:21:44 | 04.20 |
| 12 | 209 | ŚWITAJ Paweł | WARSZAWA | POL | STO | 75 | M40/12 | (M)54 | 00:21:45 | 04.21 |
| 13 | 325 | WRONA Janusz | WARSZAWA | POL | | 68 | M40/13 | (M)56 | 00:21:48 | 04.21 |
| 14 | 120 | ROWIŃSKI Andrzej | WARSZAWA | POL | SKRZYDLACI.PL | 64 | M50/14 | (M)60 | 00:21:57 | 04.23 |
| 15 | 119 | KONARSKI Kazimierz | ŁOMIANKI | POL | | 56 | M50/15 | (M)70 | 00:22:41 | 04.32 |
| 16 | 43 | GRABOWSKI Piotr | WARSZAWA | POL | REMBERTÓW TEAM | 68 | M40/16 | (M)77 | 00:23:03 | 04.36 |
| 17 | 32 | KŁUCIŃSKI Leszek | WARSZAWA | POL | | 72 | M40/17 | (M)79 | 00:23:07 | 04.37 |
| 18 | 112 | MIŁOSZEWSKI Paweł | WARSZAWA | POL | ŻOLI RUNNERS | 66 | M40/18 | (M)84 | 00:23:34 | 04.42 |
| 19 | 82 | GAWROŃSKI Mariusz | WARSZAWA | POL | | 64 | M50/19 | (M)91 | 00:23:56 | 04.47 |
| 20 | 129 | STEMPEL Tomasz | WARSZAWA-MARYSIN | POL | | 74 | M40/20 | (M)93 | 00:24:02 | 04.48 |
| 21 | 31 | NOWAKOWSKI Maciej przemysław | WARSZAWA | POL | REMBERTÓW TEAM | 72 | M40/21 | (M)96 | 00:24:10 | 04.50 |
| 22 | 208 | WOLAŃCZYK Robert | WARSZAWA | POL | | 73 | M40/22 | (M)97 | 00:24:11 | 04.50 |
| 23 | 105 | KOSSAK Krzysztof | WARSZAWA | POL | | 73 | M40/23 | (M)101 | 00:24:23 | 04.52 |
| 24 | 346 | WYSOCKI Krzysztof | WARSZAWA | POL | | 60 | M50/24 | (M)103 | 00:24:40 | 04.56 |
| 25 | 303 | KOSTUCH Adam | WARSZAWA | POL | | 58 | M50/25 | (M)112 | 00:25:42 | 05.08 |
| 26 | 152 | HENZEL Maciej | WARSZAWA | POL | | 73 | M40/26 | (M)115 | 00:25:45 | 05.09 |
| 27 | 348 | WASIEK Wojtek | WARSZAWA | POL | LI LO | 75 | M40/27 | (M)123 | 00:26:05 | 05.13 |
| 28 | 47 | ŻUCHOWSKI Piotr | WARSZAWA | POL | REMBERTÓW TEAM | 70 | M40/28 | (M)127 | 00:26:35 | 05.19 |
| 29 | 100 | KONWERSKI Włodzimierz | WARSZAWA | POL | | 60 | M50/29 | (M)128 | 00:26:46 | 05.21 |
| 30 | 210 | ANDRUCZYK Arkadiusz | WARSZAWA | POL | | 74 | M40/30 | (M)129 | 00:26:54 | 05.22 |
| 31 | 239 | CICHOCKI Andrzej | WARSZAWA | POL | | 69 | M40/31 | (M)133 | 00:27:11 | 05.26 |
| 32 | 60 | KOZŁOWSKI Piotr | WARSZAWA | POL | | 72 | M40/32 | (M)136 | 00:27:32 | 05.30 |
| 33 | 288 | MROCZEK Krzysztof | WARSZAWA | POL | | 66 | M40/33 | (M)139 | 00:27:39 | 05.31 |
| 34 | 281 | GRAFF Krzysztof | WARSZAWA | POL | | 58 | M50/34 | (M)143 | 00:28:10 | 05.38 |
| 35 | 146 | BŁASIAK Krzysztof | WARSZAWA | POL | | 70 | M40/35 | (M)144 | 00:28:14 | 05.38 |
| 36 | 274 | USZYCKI Wojciech | WARSZAWA | POL | | 72 | M40/36 | (M)146 | 00:28:29 | 05.41 |
| 37 | 1 | MATYJA Adam | | POL | AON | 72 | M40/37 | (M)149 | 00:28:59 | 05.47 |
| 38 | 89 | ORLIŃSKI Krzysztof | WARSZAWA | POL | SZEROKA TEAM | 63 | M50/38 | (M)151 | 00:29:33 | 05.54 |
| 39 | 39 | GÓRALSKI Marek | WARSZAWA | POL | | 72 | M40/39 | (M)152 | 00:30:19 | 06.03 |
| 40 | 213 | MARSZALEK Jerzy | WARSZAWA | POL | | 58 | M50/40 | (M)154 | 00:30:30 | 06.06 |
| 41 | 175 | PĘCZKOWSKI Rafał | WARSZAWA | POL | | 75 | M40/41 | (M)156 | 00:30:55 | 06.11 |
| 42 | 227 | DAĐZIK Piotr | USTANÓW | POL | | 72 | M40/42 | (M)157 | 00:31:18 | 06.15 |
| 43 | 142 | KACZYŃSKI Michał | WARSZAWA | POL | RUN KACZYŚ TEAM | 73 | M40/43 | (M)158 | 00:31:32 | 06.18 |
| 44 | 188 | GARBOWSKI Krzysztof | WARSZAWA | POL | | 73 | M40/44 | (M)163 | 00:34:47 | 06.57 |
| 45 | 327 | GAWLIKOWSKI Marian | WARSZAWA | POL | GAWLIKOWSCY | 71 | M40/45 | (M)166 | 00:39:26 | 07.53 |














Open - M60 [8]

| | | | | | | | | | | |
|---|----|----------------|-----------------|-----|--|----|-------|-------|----------|-------|
| 1 | 45 | KOLASA Andrzej | WARSZAWA-WESOŁA | POL | | 51 | M60/1 | (M)68 | 00:22:36 | 04.31 |
|---|----|----------------|-----------------|-----|--|----|-------|-------|----------|-------|




| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|------------------------|-----------|--------------------------------|---------------------|-------------|------------------------|------------|-----------------------|--------|--------------|----------|
| 2 | 52 | KACZOREK Robert | WARSZAWA | POL | | 52 | M60/2 | (M)75 | 00:22:58 | 04.35 |
| 3 | 74 | SZCZEPKOWSKI Paweł | WARSZAWA | POL | | 55 | M60/3 | (M)82 | 00:23:32 | 04.42 |
| 4 | 221 | KAMIŃSKI Krzysztof | WARSZAWA | POL | | 54 | M60/4 | (M)121 | 00:25:57 | 05.11 |
| 5 | 298 | SOSIŃSKI Jerzy | HALINÓW | POL | | 48 | M60/5 | (M)124 | 00:26:13 | 05.14 |
| 6 | 307 | KOZAK Tadeusz | WARSZAWA | POL | | 51 | M60/6 | (M)126 | 00:26:27 | 05.17 |
| 7 | 178 | KACZOR Waldemar | WARSZAWA | POL | | 50 | M60/7 | (M)130 | 00:27:02 | 05.24 |
| 8 | 328 | GAWLIKOWSKI Wojciech | WARSZAWA | POL | GAWLIKOWSCY | 47 | M60/8 | (M)165 | 00:39:26 | 07.53 |
| Open - M70 [1] | | | | | | | | | | |
| 1 | 310 | TOMASIK Janusz | WARSZAWA | POL | | 43 | M70/1 | (M)164 | 00:38:27 | 07.41 |
| Open - K20 [19] | | | | | | | | | | |
| 1 | 344 | DAWIDZIUK Diana | REJOWIEC | POL | ENTRE.PL TEAM | 94 | K20/1 | (K)1 | 00:19:13 | 03.50 |
| 2 | 163 | STAWICKA Alicja | WARSZAWA | POL | | 93 | K20/2 | (K)2 | 00:19:46 | 03.56 |
| 3 | 311 | HAGEN Marta | GRODZISK MAZOWIECKI | POL | | 89 | K20/3 | (K)3 | 00:21:34 | 04.17 |
| 4 | 324 | STACHELEK Justyna | WARSZAWA | POL | ALLIANZ RUNNING TEAM | 87 | K20/4 | (K)4 | 00:21:51 | 04.22 |
| 5 | 49 | GRABOWSKA-TOFEL Sara | WARSZAWA | POL | REMBERTÓW BEZPOŚREDNIO | 92 | K20/5 | (K)7 | 00:22:25 | 04.29 |
| 6 | 353 | KĘDZIELA Kinga | WARSZAWA | POL | | 97 | K20/6 | (K)8 | 00:23:50 | 04.46 |
| 7 | 12 | SKOLIMOWSKA Ania | WARSZAWA | POL | REMBERTÓW TEAM | 86 | K20/7 | (K)11 | 00:24:03 | 04.48 |
| 8 | 65 | KIELAK Natalia | WARSZAWA | POL | REMBERTÓW TEAM | 88 | K20/8 | (K)14 | 00:24:49 | 04.57 |
| 9 | 118 | IWANIUK Magdalena | BIALYSTOK | POL | BIALOSTOCCY BIEGACZE | 89 | K20/9 | (K)17 | 00:25:33 | 05.06 |
| 10 | 147 | WARGOCKA Ania | WARSZAWA | POL | | 98 | K20/10 | (K)22 | 00:27:05 | 05.25 |
| 11 | 149 | ADAMIEC Maria | WARSZAWA | POL | | 98 | K20/11 | (K)27 | 00:27:25 | 05.29 |
| 12 | 143 | MOŚCICKA Anna | WARSZAWA | POL | | 87 | K20/12 | (K)33 | 00:27:48 | 05.33 |
| 13 | 144 | KACZYŃSKA Natalia | WARSZAWA | POL | RUN KACZYŚ TEAM | 00 | K20/13 | (K)37 | 00:28:01 | 05.36 |
| 14 | 124 | MIŁOSZEWSKA Maja | WARSZAWA | POL | ŻOLI RUNNERS | 01 | K20/14 | (K)40 | 00:28:16 | 05.39 |
| 15 | 232 | DĄDZIK Maja | USTANÓW | POL | | 02 | K20/15 | (K)54 | 00:31:19 | 06.15 |
| 16 | 133 | LEMIESZKA Marta | SULEJÓWEK | POL | ROZBIEGANY SULEJÓWEK | 91 | K20/16 | (K)55 | 00:31:21 | 06.16 |
| 17 | 41 | BIELEC Karolina | WARSZAWA | POL | REMBERTÓW TEAM | 88 | K20/17 | (K)65 | 00:34:02 | 06.48 |
| 18 | 337 | FIGAT Katarzyna | WARSZAWA | POL | | 86 | K20/18 | (K)66 | 00:34:09 | 06.49 |
| 19 | 336 | SZEWczyk Edyta | WARSZAWA | POL | | 86 | K20/19 | (K)67 | 00:34:10 | 06.50 |
| Open - K30 [35] | | | | | | | | | | |
| 1 | 356 | LEWANDOWSKA Karolina | GAMATKA | POL | DREAM RUN | 77 | K30/1 | (K)5 | 00:21:59 | 04.23 |
| 2 | 290 | IWANIAK Dagmara | WARSZAWA | POL | | 84 | K30/2 | (K)9 | 00:23:53 | 04.46 |
| 3 | 273 | JĘDRZEJEWSKA-JĘDRZEJAK Urszula | WARSZAWA | POL | | 85 | K30/3 | (K)10 | 00:23:53 | 04.46 |
| 4 | 343 | BARTNICKA Katarzyna | MIŃSK MAZOWIECKI | POL | | 85 | K30/4 | (K)13 | 00:24:36 | 04.55 |
| 5 | 315 | KRASUSKA-BŁACHNIO Ewa | SIEDLCE | POL | | 85 | K30/5 | (K)15 | 00:24:59 | 04.59 |
| 6 | 80 | PYC Zofia | WARSZAWA | POL | REMBERTÓW TEAM | 81 | K30/6 | (K)16 | 00:25:14 | 05.02 |
| 7 | 70 | BIELEC Magda | WARSZAWA | POL | REMBERTÓW TEAM | 82 | K30/7 | (K)19 | 00:26:31 | 05.18 |
| 8 | 68 | SIPORSKA Katarzyna | SULEJÓWEK | POL | ROZBIEGANY SULEJÓWEK | 81 | K30/8 | (K)20 | 00:26:34 | 05.18 |
| 9 | 73 | WOJDYNA-MILEWSKA Patrycja | WARSZAWA | POL | REMBERTÓW TEAM | 81 | K30/9 | (K)21 | 00:27:02 | 05.24 |
| 10 | 177 | ZAWADZKA Magdalena | WARSZAWA | POL | | 81 | K30/10 | (K)24 | 00:27:13 | 05.26 |
| 11 | 205 | RUDNICKA Katarzyna | WYSZKÓW | POL | | 82 | K30/11 | (K)25 | 00:27:18 | 05.27 |
| 12 | 50 | KACZYŃSKA Joanna | KRASNIAK | POL | | 81 | K30/12 | (K)26 | 00:27:20 | 05.28 |
| 13 | 55 | ROGOWSKA Marta | BIALYSTOK | POL | | 80 | K30/13 | (K)28 | 00:27:28 | 05.29 |
| 14 | 320 | BRZEZIŃSKA Marta | ZĄBKI | POL | | 78 | K30/14 | (K)29 | 00:27:28 | 05.29 |
| 15 | 317 | JACHYMEK Karina, diana | ZĄBKI | POL | | 85 | K30/15 | (K)30 | 00:27:28 | 05.29 |
| 16 | 57 | OZIĘBŁO-ZARĘBA Emilia | SULEJÓWEK | POL | ROZBIEGANY SULEJÓWEK | 84 | K30/16 | (K)31 | 00:27:30 | 05.30 |
| 17 | 242 | SMOLEŃSKA Małgosia | WARSZAWA | POL | | 79 | K30/17 | (K)34 | 00:27:50 | 05.34 |
| 18 | 98 | GRZELAK Monika | WARSZAWA | POL | | 81 | K30/18 | (K)36 | 00:27:52 | 05.34 |
| 19 | 254 | BAK Joanna | WARSZAWA | POL | STO | 76 | K30/19 | (K)38 | 00:28:09 | 05.37 |
| 20 | 326 | DĘBSKA Aneta | WARSZAWA | POL | | 85 | K30/20 | (K)41 | 00:28:23 | 05.40 |
| 21 | 259 | WASIAK Iwona | WARSZAWA | POL | | 78 | K30/21 | (K)42 | 00:28:29 | 05.41 |
| 22 | 139 | KIERZKOWSKA Anna | GÓRA KALWARIA | POL | | 78 | K30/22 | (K)43 | 00:28:33 | 05.42 |
| 23 | 56 | KRAWCZYKIEWICZ Magda | WARSZAWA | POL | | 78 | K30/23 | (K)47 | 00:29:48 | 05.57 |
| 24 | 182 | MAMCZARZ Marta | WARSZAWA | POL | | 81 | K30/24 | (K)50 | 00:30:24 | 06.04 |
| 25 | 230 | WILK Paulina | WARSZAWA | POL | STO | 79 | K30/25 | (K)51 | 00:30:28 | 06.05 |
| 26 | 330 | WOJCİK Mariola | WARSAW | POL | | 79 | K30/26 | (K)53 | 00:31:11 | 06.14 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | (K) Sex | Czas Time | [min/km] |
|--------------|--------|-----------------------|------------------|---|----------------|---------|--------------------|---------|-----------|----------|
| 27 | 265 | KĘSIK Anna | WARSZAWA |  POL | | 82 | K30/27 | (K)58 | 00:32:08 | 06.25 |
| 28 | 264 | JAGLIŃSKA Anna | WARSZAWA |  POL | | 82 | K30/28 | (K)59 | 00:32:10 | 06.26 |
| 29 | 121 | BRZEZOŃ Magdalena | WARSZAWA |  POL | PĘDZĄCE ŻÓŁWIE | 82 | K30/29 | (K)60 | 00:32:22 | 06.28 |
| 30 | 272 | RASZOWSKA Monika | ZĄBKI |  POL | | 81 | K30/30 | (K)61 | 00:32:50 | 06.34 |
| 31 | 164 | KRAWCZYKIEWICZ Dorota | WARSZAWA |  POL | | 83 | K30/31 | (K)62 | 00:33:20 | 06.40 |
| 32 | 179 | WOJTKO Anna | JABŁONNA |  POL | | 77 | K30/32 | (K)68 | 00:34:23 | 06.52 |
| 33 | 108 | RAWICKA Magdalena | WARSZAWA |  POL | | 82 | K30/33 | (K)70 | 00:34:40 | 06.56 |
| 34 | 115 | WÓJCIK Anna | WARSZAWA |  POL | | 83 | K30/34 | (K)72 | 00:36:24 | 07.16 |



Open - K40 [14]

| | | | | | | | | | | |
|----|-----|----------------------------|-----------------|---|----------------|----|--------|-------|----------|-------|
| 1 | 141 | ZIEMBIĆKA Agata | WARSZAWA |  POL | | 70 | K40/1 | (K)6 | 00:22:05 | 04.25 |
| 2 | 88 | FICOŃ Monika | WARSZAWA |  POL | | 72 | K40/2 | (K)12 | 00:24:31 | 04.54 |
| 3 | 335 | KOZIELEWICZ Donata | WARSZAWA |  POL | MINECRAFT | 75 | K40/3 | (K)18 | 00:25:51 | 05.10 |
| 4 | 27 | MATYJA Małgorzata | WARSZAWA |  POL | LI LO | 75 | K40/4 | (K)23 | 00:27:07 | 05.25 |
| 5 | 318 | SZULC Katarzyna | ZĄBKI |  POL | | 72 | K40/5 | (K)32 | 00:27:33 | 05.30 |
| 6 | 174 | KRUG Małgorzata | WARSZAWA |  POL | | 72 | K40/6 | (K)39 | 00:28:10 | 05.38 |
| 7 | 33 | WEDDER Monika | KIELCE |  POL | | 75 | K40/7 | (K)44 | 00:28:49 | 05.45 |
| 8 | 85 | MŁODOŻENIEC Magdalena | WARSZAWA |  POL | REMBERTÓW TEAM | 66 | K40/8 | (K)46 | 00:29:14 | 05.50 |
| 9 | 92 | GODLEWSKA Renata | WARSZAWA |  POL | | 71 | K40/9 | (K)52 | 00:30:40 | 06.08 |
| 10 | 54 | KSIĘŻOPOLSKA Anna | WARSZAWA-WESOŁA |  POL | | 72 | K40/10 | (K)63 | 00:33:29 | 06.41 |
| 11 | 197 | CZERWONKA Iwona | WARSZAWA |  POL | | 75 | K40/11 | (K)64 | 00:33:59 | 06.47 |
| 12 | 360 | ŁUŃSKA- SKIBNIEWSKA Monika | WARSZAWA |  POL | | 75 | K40/12 | (K)69 | 00:34:39 | 06.55 |
| 13 | 189 | GARBOWSKA Marzena | WARSZAWA |  POL | | 75 | K40/13 | (K)71 | 00:34:48 | 06.57 |

Open - K50 [4]

| | | | | | | | | | | |
|---|----|------------------|-----------------|---|--|----|-------|-------|----------|-------|
| 1 | 19 | ŁASIŃSKA Marzena | WARSZAWA |  POL | | 60 | K50/1 | (K)45 | 00:29:06 | 05.49 |
| 2 | 28 | WOŹNIAK Danuta | WARSZAWA |  POL | | 60 | K50/2 | (K)49 | 00:30:12 | 06.02 |
| 3 | 40 | GODLEWSKA Wiesia | WARSZAWA |  POL | | 58 | K50/3 | (K)56 | 00:31:52 | 06.22 |
| 4 | 44 | KOLASA Barbara | WARSZAWA-WESOŁA |  POL | | 56 | K50/4 | (K)57 | 00:31:54 | 06.22 |

Open - K60 [2]

| | | | | | | | | | | |
|---|-----|---------------------|----------|---|-------------|----|-------|-------|----------|-------|
| 1 | 396 | JABŁOŃSKA Elżbieta | WARSZAWA |  POL | | 50 | K60/1 | (K)35 | 00:27:51 | 05.34 |
| 2 | 329 | GAWLIKOWSKA Jolanta | WARSZAWA |  POL | GAWLIKOWSCY | 50 | K60/2 | (K)73 | 00:39:28 | 07.53 |