

19. ULICZNY BIEG „BEŁCHATOWSKA PIĘTNASTKA”

WYNIKI ZAWODÓW

Organizator: Prezydent Miasta Bełchatowa, Bełchatowski Klub Biegacza

Termin: 22.11.2015

Miejsce: Bełchatów

Dystans: 15 km

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-------------------------------|-----------|-------------------------|---------------------|-------------|-----------------|------------|-----------------------|--------|--------------|----------|
| Bieg 15 km - M16 [13] | | | | | | | | | | |
| 1 | 749 | OLSZAK Tobiasz | RAWA MAZOWIECKA | | POL | 96 | M16/1 | (M)20 | 00:54:04 | 03.36 |
| 2 | 682 | TABER Konrad | BRWINÓW | | POL | 96 | M16/2 | (M)42 | 00:58:08 | 03.52 |
| 3 | 1136 | ROMAS Kamil | BELCHATÓW | | POL | 98 | M16/3 | (M)67 | 01:00:03 | 04.00 |
| 4 | 1158 | KRAWCZYK Kacper | BELCHATÓW | | POL | 98 | M16/4 | (M)84 | 01:01:05 | 04.04 |
| 5 | 565 | JERZYK Dawid | KĘPNO | | POL | 98 | M16/5 | (M)110 | 01:02:23 | 04.09 |
| 6 | 790 | LUTO Bartosz | OPATÓW | | POL | 98 | M16/6 | (M)121 | 01:03:33 | 04.14 |
| 7 | 249 | KAZUŁA Jakub | PIOTRKÓW | | POL | 96 | M16/7 | (M)208 | 01:07:33 | 04.30 |
| 8 | 836 | TURZAŃSKI Paweł | KRAKÓW | | POL | 98 | M16/8 | (M)225 | 01:07:59 | 04.31 |
| 9 | 350 | POLKOWSKI Kacper | JAWORZNO | | POL | 98 | M16/9 | (M)458 | 01:16:05 | 05.04 |
| 10 | 450 | BOMBRYCH Kacper | ŁOWICZ | | POL | 98 | M16/10 | (M)518 | 01:17:51 | 05.11 |
| 11 | 1047 | BOMAN Wojtek | BELCHATÓW | | POL | 98 | M16/11 | (M)522 | 01:17:55 | 05.11 |
| 12 | 475 | KIRSZ Hubert | PABIANICE | | POL | 99 | M16/12 | (M)538 | 01:18:47 | 05.15 |
| 13 | 1114 | GŁĄBIŃSKI Dawid | BELCHATÓW | | POL | 96 | M16/13 | (M)540 | 01:18:55 | 05.15 |
| Bieg 15 km - M20 [124] | | | | | | | | | | |
| 1 | 965 | OLIJNYK Paweł | CHERNIGOV | | UKR | 88 | M2/1 | (M)4 | 00:46:31 | 03.06 |
| 2 | 956 | TSOPA Viktor | KIJOW | | UKR | 90 | M2/2 | (M)8 | 00:48:17 | 03.13 |
| 3 | 203 | SKOWROŃSKI Błażej | KOLUSZKI | | POL | 89 | M2/3 | (M)9 | 00:49:45 | 03.19 |
| 4 | 806 | SZYMANOWSKI Przemysław | KOŃSKIE | | POL | 86 | M2/4 | (M)13 | 00:51:26 | 03.25 |
| 5 | 62 | WYCHOWALEK Jan | PIOTRKÓW | | POL | 90 | M2/5 | (M)14 | 00:51:39 | 03.26 |
| 6 | 616 | CABAN Jakub | MOSKORZEW | | POL | 88 | M2/6 | (M)18 | 00:52:54 | 03.31 |
| 7 | 418 | PAWŁOWSKI Dawid | BOCHNIA | | POL | 93 | M2/7 | (M)28 | 00:56:16 | 03.45 |
| 8 | 539 | JASION Robert | ŁÓDŹ | | POL | 91 | M2/8 | (M)34 | 00:56:55 | 03.47 |
| 9 | 432 | KIMMER Jakub | ZELÓW | | POL | 88 | M2/9 | (M)35 | 00:57:03 | 03.48 |
| 10 | 255 | BRZEŃNICKI Łukasz | ŁÓDŹ | | POL | 89 | M2/10 | (M)37 | 00:57:10 | 03.48 |
| 11 | 527 | TRZEPIZUR Dominik | WRĘCZYCA WIELKA | | POL | 87 | M2/11 | (M)38 | 00:57:17 | 03.49 |
| 12 | 494 | PELIKAN Artur | KŁOBUCK | | POL | 94 | M2/12 | (M)41 | 00:58:05 | 03.52 |
| 13 | 207 | MICHAŁSKI Daniel | PABIANICE | | POL | 90 | M2/13 | (M)54 | 00:59:15 | 03.57 |
| 14 | 765 | STACHERSKI Łukasz | PRZEDBÓRZ | | POL | 89 | M2/14 | (M)55 | 00:59:16 | 03.57 |
| 15 | 649 | PAPIERSKI Kamil | OLEŚNICA | | POL | 87 | M2/15 | (M)62 | 00:59:42 | 03.58 |
| 16 | 312 | DRABIŃSKI Mariusz | JAWORZNO | | POL | 89 | M2/16 | (M)64 | 00:59:52 | 03.59 |
| 17 | 58 | KALUŻA Rafał | OPOCZNO | | POL | 86 | M2/17 | (M)65 | 00:59:54 | 03.59 |
| 18 | 1115 | DRAŹEK Michał | BELCHATÓW | | POL | 93 | M2/18 | (M)66 | 00:59:57 | 03.59 |
| 19 | 459 | KONWERSKI Maciej | ŁÓDŹ | | POL | 86 | M2/19 | (M)69 | 01:00:08 | 04.00 |
| 20 | 973 | CHOJNACKI Wiktor | WROCLAW | | POL | 90 | M2/20 | (M)73 | 01:00:20 | 04.01 |
| 21 | 1033 | KLUZA Marcin | BELCHATÓW | | POL | 90 | M2/21 | (M)86 | 01:01:08 | 04.04 |
| 22 | 1142 | KURDEK Piotr | BELCHATÓW | | POL | 90 | M2/22 | (M)88 | 01:01:22 | 04.05 |
| 23 | 404 | GAŚSIOROWSKI Adam | PABIANICE | | POL | 89 | M2/23 | (M)94 | 01:01:33 | 04.06 |
| 24 | 192 | KOBYŁECKI Michał | SZCZERCÓW | | POL | 93 | M2/24 | (M)99 | 01:01:44 | 04.06 |
| 25 | 691 | CYMMER Michał | ŁÓDŹ | | POL | 87 | M2/25 | (M)100 | 01:01:46 | 04.07 |
| 26 | 1068 | SADOWSKI Rafał | BELCHATÓW | | POL | 87 | M2/26 | (M)101 | 01:01:48 | 04.07 |
| 27 | 303 | SZOZDA Arkadiusz | JAWORZNO | | POL | 93 | M2/27 | (M)102 | 01:01:49 | 04.07 |
| 28 | 12 | HALISZ Tomasz | ZELÓW | | POL | 90 | M2/28 | (M)105 | 01:02:04 | 04.08 |
| 29 | 1110 | DOLATA Łukasz | BELCHATÓW | | POL | 87 | M2/29 | (M)107 | 01:02:08 | 04.08 |
| 30 | 366 | MIJAS Krzysztof | KOŃSKIE | | POL | 86 | M2/30 | (M)116 | 01:03:24 | 04.13 |
| 31 | 718 | CHODOROWICZ Mariusz | ZELÓW | | POL | 92 | M2/31 | (M)126 | 01:03:51 | 04.15 |
| 32 | 171 | KABAŁA Mateusz | ALEKSANDRÓW ŁÓDZKI | | POL | 91 | M2/32 | (M)130 | 01:04:13 | 04.16 |
| 33 | 341 | STUPNOWICZ Przemek | ŁÓDŹ | | POL | 95 | M2/33 | (M)135 | 01:04:18 | 04.17 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-------------|-----------------|------------|-----------------------|--------|--------------|----------|
| 34 | 94 | UBYCH Mariusz | ŁÓDŹ | POL | | 88 | M2/34 | (M)140 | 01:04:28 | 04.17 |
| 35 | 1144 | FUKIET Piotr | BELCHATÓW | POL | | 87 | M2/35 | (M)144 | 01:04:49 | 04.19 |
| 36 | 337 | CZECZOTKA Paweł | GOMULIN-KOLONIA | POL | | 89 | M2/36 | (M)146 | 01:05:08 | 04.20 |
| 37 | 743 | KRAKOWIAK Norbert | ŁASK | POL | | 93 | M2/37 | (M)155 | 01:05:25 | 04.21 |
| 38 | 168 | KOCZWARSKI Daniel | PIOTRKÓW | POL | | 86 | M2/38 | (M)160 | 01:05:52 | 04.23 |
| 39 | 412 | DĄBROWSKI Mariusz | ŻYTNO | POL | | 87 | M2/39 | (M)166 | 01:06:06 | 04.24 |
| 40 | 676 | SZMYT Roman | ZDUŃSKA WOLA | POL | | 86 | M2/40 | (M)168 | 01:06:12 | 04.24 |
| 41 | 541 | CIEŚLAK Krzysztof | KLUKI | POL | | 86 | M2/41 | (M)182 | 01:06:39 | 04.26 |
| 42 | 138 | DAJCZ Michał | PIOTRKÓW | POL | | 86 | M2/42 | (M)183 | 01:06:47 | 04.27 |
| 43 | 1097 | MISZTELA Zbigniew | BELCHATÓW | POL | | 87 | M2/43 | (M)184 | 01:06:50 | 04.27 |
| 44 | 317 | MZYK Marcin | BORONÓW | POL | | 87 | M2/44 | (M)185 | 01:06:53 | 04.27 |
| 45 | 49 | PIOTROWSKI Arkadiusz | PABIANICE | POL | | 86 | M2/45 | (M)190 | 01:07:00 | 04.28 |
| 46 | 783 | LENCKI Damian | OLEŚNICA | POL | | 87 | M2/46 | (M)197 | 01:07:08 | 04.28 |
| 47 | 1137 | OŹAREK Mateusz | BELCHATÓW | POL | | 88 | M2/47 | (M)199 | 01:07:18 | 04.29 |
| 48 | 821 | SMOLARKIEWICZ Dawid | WIELGIE | POL | | 87 | M2/48 | (M)206 | 01:07:28 | 04.29 |
| 49 | 734 | BARAN Bartomiej | OPOCZNO | POL | | 86 | M2/49 | (M)213 | 01:07:38 | 04.30 |
| 50 | 1010 | KULIK Damian | BELCHATÓW | POL | | 87 | M2/50 | (M)233 | 01:08:11 | 04.32 |
| 51 | 441 | WARZYŃSKI Adrian | ZELÓW | POL | | 90 | M2/51 | (M)237 | 01:08:30 | 04.34 |
| 52 | 680 | SZAMBORSKI Michał | MYSŁOWICE | POL | | 86 | M2/52 | (M)240 | 01:08:32 | 04.34 |
| 53 | 385 | BANASZCZYK Jakub | PIOTRKÓW | POL | | 89 | M2/53 | (M)245 | 01:08:49 | 04.35 |
| 54 | 232 | PELIAN Mariusz | ZELÓW | POL | | 86 | M2/54 | (M)248 | 01:08:54 | 04.35 |
| 55 | 778 | SZCZEPANEK Marek | PIOTRKÓW | POL | | 88 | M2/55 | (M)252 | 01:09:02 | 04.36 |
| 56 | 105 | KOPER Piotr | KOLONIA DOBRYSZYCE | POL | | 89 | M2/56 | (M)269 | 01:09:33 | 04.38 |
| 57 | 629 | DRZAZGA Tomasz | WOLA BACHORSKA | POL | | 94 | M2/57 | (M)275 | 01:09:39 | 04.38 |
| 58 | 820 | BAKOWICZ Kamil | KAMIENSK | POL | | 86 | M2/58 | (M)283 | 01:09:54 | 04.39 |
| 59 | 134 | BŁASZCZYK Mariusz | ZGIERZ | POL | | 86 | M2/59 | (M)284 | 01:09:55 | 04.39 |
| 60 | 42 | LESIAK Kamil | PIOTRKÓW | POL | | 86 | M2/60 | (M)297 | 01:10:12 | 04.40 |
| 61 | 187 | RYCHLEWICZ Tomasz | WROCLAW | POL | | 87 | M2/61 | (M)308 | 01:10:34 | 04.42 |
| 62 | 610 | MUSIK Rafał | BLACHOWNIA | POL | | 90 | M2/62 | (M)309 | 01:10:38 | 04.42 |
| 63 | 675 | MIKOŁAJCZYK Damian | ZDUŃSKA WOLA | POL | | 88 | M2/63 | (M)312 | 01:10:41 | 04.42 |
| 64 | 79 | KIEGLER Bogumił | DOBROŃ | POL | | 87 | M2/64 | (M)323 | 01:10:59 | 04.43 |
| 65 | 22 | GŁOWIŃSKI Damian | ZELÓW | POL | | 88 | M2/65 | (M)328 | 01:11:04 | 04.44 |
| 66 | 736 | WIDUŁA Przemysław | CZĘSTOCHOWA | POL | | 89 | M2/66 | (M)329 | 01:11:04 | 04.44 |
| 67 | 490 | MARCZAK Maciej | ZDUŃSKA WOLA | POL | | 86 | M2/67 | (M)331 | 01:11:12 | 04.44 |
| 68 | 369 | MACHERA Rafał | KONIECPOL | POL | | 90 | M2/68 | (M)342 | 01:11:44 | 04.46 |
| 69 | 976 | WITEK Marcin | BELCHATÓW | POL | | 90 | M2/69 | (M)353 | 01:12:15 | 04.49 |
| 70 | 702 | SZCZEPAŃSKI Karol | GOŁUCHÓW | POL | | 94 | M2/70 | (M)362 | 01:12:35 | 04.50 |
| 71 | 107 | TUST Kamil | ZDUŃSKA WOLA | POL | | 88 | M2/71 | (M)369 | 01:12:48 | 04.51 |
| 72 | 324 | CICHAŃSKI Łukasz | GOŁASZYNY | POL | | 87 | M2/72 | (M)385 | 01:13:09 | 04.52 |
| 73 | 262 | ZAWADA Benon | ŻYTNO | POL | | 87 | M2/73 | (M)387 | 01:13:16 | 04.53 |
| 74 | 288 | ADAMKIEWICZ Michał | SOCHACZEW | POL | | 95 | M2/74 | (M)397 | 01:13:53 | 04.55 |
| 75 | 430 | SZKURŁAT Adam | ŁÓDŹ | POL | | 86 | M2/75 | (M)399 | 01:13:54 | 04.55 |
| 76 | 608 | ZIELIŃSKI Marek | PRZECZNO | POL | | 87 | M2/76 | (M)418 | 01:14:20 | 04.57 |
| 77 | 509 | OCHOTA Jakub | OZORKÓW | POL | | 90 | M2/77 | (M)421 | 01:14:28 | 04.57 |
| 78 | 1088 | ZAZIĄBŁ Jan | BELCHATÓW | POL | | 91 | M2/78 | (M)424 | 01:14:35 | 04.58 |
| 79 | 254 | OCHOTA Łukasz | OZORKÓW | POL | | 90 | M2/79 | (M)440 | 01:15:20 | 05.01 |
| 80 | 286 | KOZŁOWSKI Piotr | PIOTRKÓW | POL | | 88 | M2/80 | (M)451 | 01:15:51 | 05.03 |
| 81 | 544 | DOMAŃSKI Kamil | NAMYSŁÓW | POL | | 86 | M2/81 | (M)453 | 01:15:58 | 05.03 |
| 82 | 47 | KALUŻNY Rafał | ŁÓDŹ | POL | | 86 | M2/82 | (M)463 | 01:16:14 | 05.04 |
| 83 | 1074 | HAŁASZKIEWICZ Mateusz | BELCHATÓW | POL | | 91 | M2/83 | (M)465 | 01:16:14 | 05.04 |
| 84 | 1065 | KOWALSKI Krzysztof | BELCHATÓW | POL | | 88 | M2/84 | (M)475 | 01:16:30 | 05.06 |
| 85 | 517 | RĘBIŚ Wiesław | SZYDŁOWO | POL | | 90 | M2/85 | (M)477 | 01:16:34 | 05.06 |
| 86 | 706 | MĘKARSKI Bartosz | CZĘSTOCHOWA | POL | | 90 | M2/86 | (M)478 | 01:16:37 | 05.06 |
| 87 | 299 | ŁOBODA Jacek | PABIANICE | POL | | 89 | M2/87 | (M)479 | 01:16:38 | 05.06 |
| 88 | 991 | CZARNASIAK Arkadiusz | OSTRÓWIEC | POL | | 87 | M2/88 | (M)484 | 01:16:51 | 05.07 |
| 89 | 396 | PAWLAK Mateusz | TOMASZÓW | POL | | 92 | M2/89 | (M)486 | 01:16:53 | 05.07 |
| 90 | 591 | GONTARSKI Adrian | ZGIERZ | POL | | 92 | M2/90 | (M)495 | 01:17:15 | 05.09 |
| 91 | 237 | NOWAK Tomasz | ŁOWICZ | POL | | 87 | M2/91 | (M)497 | 01:17:20 | 05.09 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-------------|-----------------|------------|-----------------------|--------|--------------|----------|
| 92 | 373 | KOSTRZEWA Mateusz | NAMYSŁÓW | | POL | 86 | M2/92 | (M)498 | 01:17:21 | 05.09 |
| 93 | 446 | ZYŚ Wojciech | MAŁOCIECHOWO | | POL | 93 | M2/93 | (M)507 | 01:17:31 | 05.10 |
| 94 | 429 | WÓJCİK Adam | ŁÓDŹ | | POL | 90 | M2/94 | (M)515 | 01:17:41 | 05.10 |
| 95 | 413 | DĄBROWSKI Andrzej | ŻYTNO | | POL | 94 | M2/95 | (M)517 | 01:17:51 | 05.11 |
| 96 | 292 | MORKA Paweł | WIERZCHLAS | | POL | 87 | M2/96 | (M)528 | 01:18:16 | 05.13 |
| 97 | 121 | REWUCKI Krzysztof | PABIANICE | | POL | 92 | M2/97 | (M)541 | 01:18:56 | 05.15 |
| 98 | 120 | KOCHMAN Emil | ŁÓDŹ | | POL | 92 | M2/98 | (M)542 | 01:18:56 | 05.15 |
| 99 | 968 | PEDRO Loelho | PORTO | | POR | 88 | M2/99 | (M)551 | 01:19:18 | 05.17 |
| 100 | 552 | BADZIAK Mateusz | ZELÓW | | POL | 87 | M2/100 | (M)572 | 01:20:58 | 05.23 |
| 101 | 1055 | WROŃSKI Kamil | BELCHATÓW | | POL | 95 | M2/101 | (M)584 | 01:21:28 | 05.25 |
| 102 | 311 | WOŹNIAK Robert | STRUPINY | | POL | 93 | M2/102 | (M)586 | 01:21:32 | 05.26 |
| 103 | 375 | JAKUBCZAK Michał | NAMYSŁÓW | | POL | 88 | M2/103 | (M)588 | 01:21:33 | 05.26 |
| 104 | 1145 | DRACH Bartłomiej | BELCHATÓW | | POL | 86 | M2/104 | (M)589 | 01:21:35 | 05.26 |
| 105 | 209 | CZAPLA Szymon | PIOTRKÓW | | POL | 87 | M2/105 | (M)591 | 01:21:49 | 05.27 |
| 106 | 990 | WOJTASZEK Mariola | WOLBÓRZ | | POL | 90 | M2/106 | (M)600 | 01:22:47 | 05.31 |
| 107 | 714 | KNISTOFT Jakub | ŁÓDŹ | | POL | 88 | M2/107 | (M)601 | 01:22:59 | 05.31 |
| 108 | 443 | KULBAK Kamil | PIASECZNO | | POL | 87 | M2/108 | (M)616 | 01:23:41 | 05.34 |
| 109 | 1129 | MIELCZAREK Paweł | BELCHATÓW | | POL | 93 | M2/109 | (M)641 | 01:25:08 | 05.40 |
| 110 | 1141 | KRASOŃ Grzegorz | BELCHATÓW | | POL | 91 | M2/110 | (M)646 | 01:25:29 | 05.41 |
| 111 | 977 | STANIASZEK Damian | PABIANICE | | POL | 86 | M2/111 | (M)647 | 01:25:30 | 05.42 |
| 112 | 447 | STASIAK Wojciech | WROCLAW | | POL | 91 | M2/112 | (M)661 | 01:26:27 | 05.45 |
| 113 | 815 | STRUZIK Adam | ZELÓW | | POL | 91 | M2/113 | (M)662 | 01:26:42 | 05.46 |
| 114 | 136 | MASŁOWSKI Marcin | SZCZERCÓW | | POL | 88 | M2/114 | (M)669 | 01:27:09 | 05.48 |
| 115 | 715 | DZIUBA Krzysztof | LUBLINIEC | | POL | 88 | M2/115 | (M)681 | 01:28:12 | 05.52 |
| 116 | 269 | CIECIURA Bartosz | PIOTRKÓW | | POL | 87 | M2/116 | (M)689 | 01:28:34 | 05.54 |
| 117 | 735 | KOCOT Artur | NIERADA | | POL | 89 | M2/117 | (M)691 | 01:28:41 | 05.54 |
| 118 | 647 | KŁOS Filip | BUCZEK | | POL | 86 | M2/118 | (M)694 | 01:29:18 | 05.57 |
| 119 | 978 | SZYMAŃSKI Gniewomir | PABIANICE | | POL | 86 | M2/119 | (M)696 | 01:29:23 | 05.57 |
| 120 | 603 | SZMIGIELSKI Adrian | OPOLE | | POL | 86 | M2/120 | (M)697 | 01:29:38 | 05.58 |
| 121 | 979 | KAPUŚCIŃSKI Przemysław | PABIANICE | | POL | 86 | M2/121 | (M)702 | 01:31:05 | 06.04 |
| 122 | 118 | BORAS Jan | PIOTRKÓW | | POL | 86 | M2/122 | (M)712 | 01:36:07 | 06.24 |
| 123 | 559 | BĄCZYŃSKI Michał | ŁÓDŹ | | POL | 87 | M2/123 | (M)716 | 01:40:28 | 06.41 |
| 124 | 1015 | HENDRYKOWSKI Adrian | BELCHATÓW | | POL | 92 | M2/124 | (M)718 | 01:42:56 | 06.51 |

Bieg 15 km - M30 [266]

| | | | | | | | | | | |
|----|------|----------------------|----------------------|--|-----|----|-------|-------|----------|-------|
| 1 | 955 | IUKHYMCUK Mykola | LULSK | | UKR | 85 | M3/1 | (M)1 | 00:45:47 | 03.03 |
| 2 | 900 | OKSENIUK Sergii | LUCK | | UKR | 80 | M3/2 | (M)3 | 00:46:17 | 03.05 |
| 3 | 796 | KACZMAREK Michał | ALEKSANDRÓW ŁÓDZKI | | POL | 77 | M3/3 | (M)5 | 00:46:40 | 03.06 |
| 4 | 957 | KOZŁOWSKI Artur | SIERADZ | | POL | 85 | M3/4 | (M)6 | 00:46:55 | 03.07 |
| 5 | 840 | POTOCKIY Anton | NOVOMOSKOVSK | | UKR | 84 | M3/5 | (M)7 | 00:47:17 | 03.09 |
| 6 | 863 | KALINOWSKI Zbigniew | CZĘSTOCHOWA | | POL | 82 | M3/6 | (M)10 | 00:49:48 | 03.19 |
| 7 | 687 | PIETRZYK Krzysztof | KOLUSZKI | | POL | 79 | M3/7 | (M)11 | 00:50:50 | 03.23 |
| 8 | 1111 | OWCZAREK Tomasz | BELCHATÓW | | POL | 85 | M3/8 | (M)15 | 00:52:10 | 03.28 |
| 9 | 581 | KAMIŃSKI Artur | JAKOWICE | | POL | 80 | M3/9 | (M)17 | 00:52:52 | 03.31 |
| 10 | 75 | STAWSKI Michał | ŁÓDŹ | | POL | 85 | M3/10 | (M)19 | 00:53:01 | 03.32 |
| 11 | 4 | ROHLIK Václav | PARDUBICE | | CZE | 80 | M3/11 | (M)21 | 00:54:53 | 03.39 |
| 12 | 444 | JÓZWIAK Piotr | ŁÓDŹ | | POL | 80 | M3/12 | (M)22 | 00:54:59 | 03.39 |
| 13 | 764 | KALIŃSKI Przemysław | WARSZAWA | | POL | 82 | M3/13 | (M)23 | 00:54:59 | 03.39 |
| 14 | 668 | MARZYJANEK Sylwester | ŁÓDŹ | | POL | 81 | M3/14 | (M)26 | 00:55:53 | 03.43 |
| 15 | 1042 | PACHOLCZYK Tomasz | BELCHATÓW | | POL | 76 | M3/15 | (M)29 | 00:56:26 | 03.45 |
| 16 | 218 | ZAPÓR Krzysztof | CZECHOWICE-DZIEDZICE | | POL | 79 | M3/16 | (M)30 | 00:56:26 | 03.45 |
| 17 | 132 | WALCZYŃSKI Mariusz | ŻORY | | POL | 81 | M3/17 | (M)31 | 00:56:26 | 03.45 |
| 18 | 486 | JAGUSIAK Maciej | ŁÓDŹ | | POL | 81 | M3/18 | (M)32 | 00:56:30 | 03.45 |
| 19 | 540 | TALAGA Paweł | DĄBIE | | POL | 82 | M3/19 | (M)39 | 00:57:33 | 03.50 |
| 20 | 301 | SOBCZAK Robert | ŁÓDŹ | | POL | 82 | M3/20 | (M)43 | 00:58:35 | 03.54 |
| 21 | 472 | CICHOSZ Jarosław | ŁÓDŹ | | POL | 85 | M3/21 | (M)45 | 00:58:37 | 03.54 |
| 22 | 543 | PIETRZYŃSKI Bartosz | KALISZ | | POL | 81 | M3/22 | (M)46 | 00:58:46 | 03.55 |
| 23 | 364 | STROJKOWSKI Bartosz | ŁÓDŹ | | POL | 83 | M3/23 | (M)47 | 00:58:56 | 03.55 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | (M) Sex | Czas Time | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-------------|-----------------|------------|-----------------------|------------|--------------|----------|
| 24 | 310 | PRYMAS Michał | WŁOSZCZOWA | POL | | 81 | M3/24 | (M)48 | 00:59:02 | 03.56 |
| 25 | 318 | KULESZA Maciej | ŁÓDŹ | POL | | 77 | M3/25 | (M)49 | 00:59:07 | 03.56 |
| 26 | 688 | POCHYLSKI Łukasz | RADOM | POL | | 84 | M3/26 | (M)50 | 00:59:08 | 03.56 |
| 27 | 379 | GADECKI Artur | KIELCE | POL | | 76 | M3/27 | (M)51 | 00:59:10 | 03.56 |
| 28 | 535 | CZŁONKOWSKI Piotr | SZCZEKOCINY | POL | | 83 | M3/28 | (M)53 | 00:59:13 | 03.56 |
| 29 | 183 | SŁOWIŃSKI Artur | ŁÓDŹ | POL | | 80 | M3/29 | (M)57 | 00:59:20 | 03.57 |
| 30 | 575 | LUBOSZ Darek | SZARLEJKA | POL | | 78 | M3/30 | (M)58 | 00:59:26 | 03.57 |
| 31 | 1157 | JASIŃSKI Piotr | BELCHATÓW | POL | | 85 | M3/31 | (M)59 | 00:59:31 | 03.58 |
| 32 | 165 | GŁĄB Szymon | ŁÓDŹ | POL | | 78 | M3/32 | (M)60 | 00:59:31 | 03.58 |
| 33 | 41 | KOKOTEK Maciej | ŁÓDŹ | POL | | 77 | M3/33 | (M)63 | 00:59:50 | 03.59 |
| 34 | 962 | MATEJCZUK Jarosław | PARZĘCZEW | POL | | 80 | M3/34 | (M)68 | 01:00:06 | 04.00 |
| 35 | 588 | MARKIEWICZ Tomasz | PULAWY | POL | | 83 | M3/35 | (M)76 | 01:00:32 | 04.02 |
| 36 | 596 | SOWAŁA Wojciech | PABIANICE | POL | | 84 | M3/36 | (M)77 | 01:00:34 | 04.02 |
| 37 | 467 | LOTKA Michał | ŁÓDŹ | POL | | 76 | M3/37 | (M)79 | 01:00:37 | 04.02 |
| 38 | 712 | BOROWICKI Adam | ŁÓDŹ | POL | | 81 | M3/38 | (M)80 | 01:00:38 | 04.02 |
| 39 | 595 | RUTA Maciej | ŁÓDŹ | POL | | 77 | M3/39 | (M)81 | 01:00:39 | 04.02 |
| 40 | 1063 | SÓJKA Krzysztof | BELCHATÓW | POL | | 77 | M3/40 | (M)85 | 01:01:06 | 04.04 |
| 41 | 728 | BIŃCZYK Dariusz | CZĘSTOCHOWA | POL | | 84 | M3/41 | (M)87 | 01:01:09 | 04.04 |
| 42 | 1077 | PAŁUBSKI Arkadiusz | BELCHATÓW | POL | | 78 | M3/42 | (M)89 | 01:01:25 | 04.05 |
| 43 | 33 | HAREŻLAK Krzysztof | ŁÓDŹ | POL | | 76 | M3/43 | (M)90 | 01:01:25 | 04.05 |
| 44 | 634 | DOBRYŃSKI Przemysław | GOSTYNIN | POL | | 78 | M3/44 | (M)96 | 01:01:35 | 04.06 |
| 45 | 787 | MARKIEWICZ Artur | PODDĘBICE | POL | | 80 | M3/45 | (M)104 | 01:02:01 | 04.08 |
| 46 | 972 | SZCZEPAŃSKI Mariusz | INOWŁÓDŹ | POL | | 79 | M3/46 | (M)109 | 01:02:10 | 04.08 |
| 47 | 304 | WĘGIER Jakub | CZĘSTOCHOWA | POL | | 78 | M3/47 | (M)113 | 01:02:45 | 04.11 |
| 48 | 258 | SUŁAT Maciej | PABIANICE | POL | | 82 | M3/48 | (M)117 | 01:03:24 | 04.13 |
| 49 | 414 | SITEK Waldemar | BUKOWNICA | POL | | 81 | M3/49 | (M)118 | 01:03:25 | 04.13 |
| 50 | 77 | JASTRZĄBEK Konrad | ŁÓDŹ | POL | | 81 | M3/50 | (M)120 | 01:03:33 | 04.14 |
| 51 | 204 | RUTKOWSKI Jakub | WOLBÓRZ | POL | | 83 | M3/51 | (M)122 | 01:03:33 | 04.14 |
| 52 | 483 | DAJCZ Jarosław | PABIANICE | POL | | 81 | M3/52 | (M)123 | 01:03:35 | 04.14 |
| 53 | 487 | GODLEWSKI Michał | ŁÓDŹ | POL | | 80 | M3/53 | (M)132 | 01:04:14 | 04.16 |
| 54 | 1103 | STOLECKI Piotr | BELCHATÓW | POL | | 79 | M3/54 | (M)133 | 01:04:14 | 04.16 |
| 55 | 547 | PODSIADŁY Michał | KOZIENICE | POL | | 80 | M3/55 | (M)134 | 01:04:14 | 04.16 |
| 56 | 90 | GRZEJDZIAK Przemek | ŁÓDŹ | POL | | 80 | M3/56 | (M)136 | 01:04:20 | 04.17 |
| 57 | 519 | PODSIADŁY Szymon | KOZIENICE | POL | | 84 | M3/57 | (M)139 | 01:04:23 | 04.17 |
| 58 | 217 | JANUS Michał | DĄBROWA GÓRNICZA | POL | | 84 | M3/58 | (M)141 | 01:04:37 | 04.18 |
| 59 | 801 | MIELCZARSKI Bartosz | WARSZAWA | POL | | 84 | M3/59 | (M)147 | 01:05:11 | 04.20 |
| 60 | 497 | MĘKWIŃSKI Adam | CZĘSTOCHOWA | POL | | 85 | M3/60 | (M)148 | 01:05:13 | 04.20 |
| 61 | 173 | SZAJEWSKI Jarosław | SOCHACZEW | POL | | 76 | M3/61 | (M)150 | 01:05:19 | 04.21 |
| 62 | 1126 | PRZYBYLSKI Piotr | BELCHATÓW | POL | | 77 | M3/62 | (M)152 | 01:05:20 | 04.21 |
| 63 | 19 | STRZELECKI Andrzej | PABIANICE | POL | | 78 | M3/63 | (M)153 | 01:05:23 | 04.21 |
| 64 | 609 | RYCHLIŃSKI Artur | ZDUŃSKA WOLA | POL | | 80 | M3/64 | (M)156 | 01:05:26 | 04.21 |
| 65 | 1002 | FELISIAK Marcin | BELCHATÓW | POL | | 77 | M3/65 | (M)161 | 01:05:56 | 04.23 |
| 66 | 393 | KACPURA Piotr | RADOM | POL | | 76 | M3/66 | (M)162 | 01:05:56 | 04.23 |
| 67 | 284 | GAJDA Sławomir | WADLEW | POL | | 78 | M3/67 | (M)163 | 01:05:58 | 04.23 |
| 68 | 1008 | DEC Radosław | BELCHATÓW | POL | | 79 | M3/68 | (M)164 | 01:06:01 | 04.24 |
| 69 | 11 | ZAZIĄBŁ Łukasz | KRAKÓW | POL | | 81 | M3/69 | (M)165 | 01:06:04 | 04.24 |
| 70 | 14 | OLESZKO Łukasz | ŁASK | POL | | 81 | M3/70 | (M)169 | 01:06:13 | 04.24 |
| 71 | 188 | FIGAS Sebastian | SADKÓW | POL | | 76 | M3/71 | (M)174 | 01:06:17 | 04.25 |
| 72 | 355 | RACZ Mariusz | KOLUSZKI | POL | | 80 | M3/72 | (M)177 | 01:06:30 | 04.26 |
| 73 | 389 | BIENIEK Damian | PIOTRKÓW | POL | | 84 | M3/73 | (M)178 | 01:06:34 | 04.26 |
| 74 | 16 | KŁYS Sebastian | SIERADZ | POL | | 76 | M3/74 | (M)180 | 01:06:35 | 04.26 |
| 75 | 1017 | JANUS Jacek | BELCHATÓW | POL | | 83 | M3/75 | (M)181 | 01:06:37 | 04.26 |
| 76 | 557 | WOJTASZEK Sławomir | SMARDZEWICE | POL | | 77 | M3/76 | (M)186 | 01:06:55 | 04.27 |
| 77 | 864 | KACPRZAK Przemysław | KONSTANTYNÓW ŁÓDZKI | POL | | 83 | M3/77 | (M)187 | 01:06:56 | 04.27 |
| 78 | 1018 | KRZYKOWSKI Michał | BELCHATÓW | POL | | 85 | M3/78 | (M)188 | 01:06:57 | 04.27 |
| 79 | 315 | OCHMAŃSKI Jarosław | ZDUŃSKA WOLA | POL | | 77 | M3/79 | (M)191 | 01:07:02 | 04.28 |
| 80 | 963 | MILIK Marcin | SOSNOWIEC | POL | | 77 | M3/80 | (M)192 | 01:07:03 | 04.28 |
| 81 | 344 | CHYBOWSKI Jarek | ŁÓDŹ | POL | | 77 | M3/81 | (M)198 | 01:07:09 | 04.28 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-------------|-----------------|------------|-----------------------|--------|--------------|----------|
| 82 | 357 | POGOCKI Seweryn | ZELÓW | POL | | 79 | M3/82 | (M)200 | 01:07:18 | 04.29 |
| 83 | 1156 | JADWISZCZAK Artur | BELCHATÓW | POL | | 76 | M3/83 | (M)201 | 01:07:21 | 04.29 |
| 84 | 1109 | MAJEWSKI Adam | BELCHATÓW | POL | | 84 | M3/84 | (M)203 | 01:07:22 | 04.29 |
| 85 | 631 | FRĄCZAK Piotr | ŁÓDŹ | POL | | 81 | M3/85 | (M)204 | 01:07:23 | 04.29 |
| 86 | 811 | PAWLICKI Robert | KLESZCZÓW | POL | | 77 | M3/86 | (M)205 | 01:07:27 | 04.29 |
| 87 | 166 | SOBANTY Piotr | ALEKSANDRÓW ŁÓDZKI | POL | | 78 | M3/87 | (M)210 | 01:07:36 | 04.30 |
| 88 | 445 | PAWLAK Konrad | KALISZ | POL | | 83 | M3/88 | (M)212 | 01:07:38 | 04.30 |
| 89 | 274 | RYBAK Damian | ZAWADA | POL | | 80 | M3/89 | (M)215 | 01:07:40 | 04.30 |
| 90 | 403 | STILLER Karol | KUSIĘTA | POL | | 84 | M3/90 | (M)217 | 01:07:46 | 04.31 |
| 91 | 50 | NOWICKI Sebastian | ŁÓDŹ | POL | | 79 | M3/91 | (M)221 | 01:07:50 | 04.31 |
| 92 | 345 | NIEMCZYK Rafał | JAWORZNO | POL | | 82 | M3/92 | (M)222 | 01:07:51 | 04.31 |
| 93 | 577 | OŹÓG Tomasz | WROCLAW | POL | | 80 | M3/93 | (M)223 | 01:07:53 | 04.31 |
| 94 | 384 | TELAŻKA Zbigniew | PIOTRKÓW | POL | | 83 | M3/94 | (M)228 | 01:08:04 | 04.32 |
| 95 | 808 | BARTOSIK Marek | ŁÓDŹ | POL | | 76 | M3/95 | (M)239 | 01:08:32 | 04.34 |
| 96 | 809 | BOHDANOWICZ Krystian | ŁÓDŹ | POL | | 80 | M3/96 | (M)241 | 01:08:32 | 04.34 |
| 97 | 327 | BALCERZAK Rafał | POZNAŃ | POL | | 77 | M3/97 | (M)247 | 01:08:54 | 04.35 |
| 98 | 1121 | BAGNOWSKI Leszek | BELCHATÓW | POL | | 83 | M3/98 | (M)251 | 01:09:02 | 04.36 |
| 99 | 424 | SZEFER Maciej | ŻYTNO | POL | | 81 | M3/99 | (M)253 | 01:09:03 | 04.36 |
| 100 | 289 | RADOMIAK Dariusz | WADLEW | POL | | 76 | M3/100 | (M)254 | 01:09:06 | 04.36 |
| 101 | 723 | SIUDMAK Tomasz | WIELUŃ | POL | | 80 | M3/101 | (M)257 | 01:09:13 | 04.36 |
| 102 | 737 | DOMIŃCZYK Rafał | DĄBROWA GÓRNICZA | POL | | 76 | M3/102 | (M)259 | 01:09:13 | 04.36 |
| 103 | 229 | DOBROWOLSKI Tomasz | PIOTRKÓW | POL | | 76 | M3/103 | (M)264 | 01:09:26 | 04.37 |
| 104 | 333 | ZIELIŃSKI Przemysław | RUDA ŚLĄSKA | POL | | 85 | M3/104 | (M)265 | 01:09:28 | 04.37 |
| 105 | 259 | ZIELSKI Adam | ŁÓDŹ | POL | | 82 | M3/105 | (M)266 | 01:09:28 | 04.37 |
| 106 | 1152 | POLAK Marcin | BELCHATÓW | POL | | 83 | M3/106 | (M)267 | 01:09:30 | 04.38 |
| 107 | 295 | MASIAREK Mgr rafal | CZĘSTOCHOWA / | POL | | 84 | M3/107 | (M)271 | 01:09:34 | 04.38 |
| 108 | 102 | BEDNARSKI Tomasz | ŁÓDŹ | POL | | 78 | M3/108 | (M)274 | 01:09:37 | 04.38 |
| 109 | 605 | NOWAK Robert | KALEJ | POL | | 77 | M3/109 | (M)276 | 01:09:39 | 04.38 |
| 110 | 270 | STASIAK Grzegorz | ZALĘCZE MALE | POL | | 78 | M3/110 | (M)277 | 01:09:46 | 04.39 |
| 111 | 157 | ZYGMUNT Mateusz | KLESZCZÓW | POL | | 76 | M3/111 | (M)281 | 01:09:50 | 04.39 |
| 112 | 473 | GRUSZKA Robert | GALEWICE | POL | | 77 | M3/112 | (M)282 | 01:09:51 | 04.39 |
| 113 | 392 | PIECZARA Krzysztof | JAWORZNO | POL | | 81 | M3/113 | (M)285 | 01:09:56 | 04.39 |
| 114 | 243 | MARCINIAK Tomasz | ŁÓDŹ | POL | | 78 | M3/114 | (M)286 | 01:09:57 | 04.39 |
| 115 | 184 | KOZAR Marcin | TOMASZÓW | POL | | 77 | M3/115 | (M)289 | 01:10:02 | 04.40 |
| 116 | 788 | KRYSTEK Marcin | PARZYMICHE | POL | | 76 | M3/116 | (M)291 | 01:10:07 | 04.40 |
| 117 | 1125 | CIEŚLIK Piotr | BELCHATÓW | POL | | 76 | M3/117 | (M)295 | 01:10:10 | 04.40 |
| 118 | 597 | STĘPIEŃ Łukasz | PABIANICE | POL | | 84 | M3/118 | (M)300 | 01:10:14 | 04.40 |
| 119 | 46 | STRAKOWSKI Radosław | PABIANICE | POL | | 79 | M3/119 | (M)301 | 01:10:15 | 04.41 |
| 120 | 999 | BOROWICZ Bartek | OSTRZESZÓW | POL | | 83 | M3/120 | (M)305 | 01:10:18 | 04.41 |
| 121 | 481 | ROMEK Darek | PIĄTEK | POL | | 84 | M3/121 | (M)306 | 01:10:19 | 04.41 |
| 122 | 272 | ZAJĄC Rafał | ŁÓDŹ | POL | | 78 | M3/122 | (M)311 | 01:10:40 | 04.42 |
| 123 | 349 | TOPCZEWSKI Maciej | ŁÓDŹ | POL | | 77 | M3/123 | (M)321 | 01:10:56 | 04.43 |
| 124 | 368 | ŁOŚ Michał | ŁÓDŹ | POL | | 80 | M3/124 | (M)322 | 01:10:58 | 04.43 |
| 125 | 1134 | RYŻYKOWSKI Ariel | PODWÓDKA / | POL | | 81 | M3/125 | (M)325 | 01:11:00 | 04.44 |
| 126 | 853 | GUZIUK Rafał | ŁÓDŹ | POL | | 77 | M3/126 | (M)326 | 01:11:01 | 04.44 |
| 127 | 427 | SMELCERZ Łukasz | SUKÓW | POL | | 84 | M3/127 | (M)327 | 01:11:04 | 04.44 |
| 128 | 989 | TARKA Andrzej | ZELÓW | POL | | 77 | M3/128 | (M)330 | 01:11:05 | 04.44 |
| 129 | 1024 | GROCHOLSKI Michał | BELCHATÓW | POL | | 76 | M3/129 | (M)332 | 01:11:15 | 04.45 |
| 130 | 294 | DRÓDŹ Adam | TOMASZÓW | POL | | 77 | M3/130 | (M)333 | 01:11:19 | 04.45 |
| 131 | 85 | KUNKA Andrzej | KOLUSZKI | POL | | 76 | M3/131 | (M)334 | 01:11:20 | 04.45 |
| 132 | 395 | GAWRON Piotr | JAWORZNO | POL | | 82 | M3/132 | (M)335 | 01:11:29 | 04.45 |
| 133 | 592 | LECH Miłosz | JAWORZNO | POL | | 82 | M3/133 | (M)336 | 01:11:32 | 04.46 |
| 134 | 28 | LEWIŃSKI Tomasz | CZĘSTOCHOWA | POL | | 82 | M3/134 | (M)337 | 01:11:32 | 04.46 |
| 135 | 1001 | WIONCZYK Piotr | BELCHATÓW | POL | | 79 | M3/135 | (M)343 | 01:11:47 | 04.47 |
| 136 | 338 | SZATKOWSKI Dawid | ŁÓDŹ | POL | | 83 | M3/136 | (M)345 | 01:11:57 | 04.47 |
| 137 | 163 | DRÓDŹ Maciej | PRASZKA | POL | | 78 | M3/137 | (M)347 | 01:12:00 | 04.48 |
| 138 | 1041 | WIONCZYK Przemysław | BELCHATÓW | POL | | 76 | M3/138 | (M)348 | 01:12:01 | 04.48 |
| 139 | 276 | KAWKA Rafał | RADOMSKO | POL | | 85 | M3/139 | (M)351 | 01:12:10 | 04.48 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-------------|-----------------|------------|-----------------------|--------|--------------|----------|
| 140 | 826 | SZAFER Sylwester | POPÓW | POL | | 77 | M3/140 | (M)355 | 01:12:17 | 04.49 |
| 141 | 779 | KOSTRZEWSKI Mateusz | MYSZKÓW | POL | | 80 | M3/141 | (M)358 | 01:12:28 | 04.49 |
| 142 | 106 | KARBOWIAK Artur | BOREK | POL | | 78 | M3/142 | (M)360 | 01:12:34 | 04.50 |
| 143 | 746 | MACISZEWSKI Adam | ŁASK | POL | | 76 | M3/143 | (M)363 | 01:12:36 | 04.50 |
| 144 | 816 | PRUCHNIEWSKI Krzysztof | STRÓŻA | POL | | 76 | M3/144 | (M)367 | 01:12:46 | 04.51 |
| 145 | 803 | GRABICKI Przemysław | ŁÓDŹ | POL | | 77 | M3/145 | (M)371 | 01:12:49 | 04.51 |
| 146 | 568 | WŁODARCZYK Łukasz | TARNOWSKIE GÓRY | POL | | 80 | M3/146 | (M)372 | 01:12:50 | 04.51 |
| 147 | 1123 | KOŁODZIEJCZYK Jakub | BELCHATÓW | POL | | 85 | M3/147 | (M)375 | 01:12:53 | 04.51 |
| 148 | 248 | KOCIOLEK Łukasz | ZDUŃSKA WOLA | POL | | 85 | M3/148 | (M)377 | 01:12:56 | 04.51 |
| 149 | 27 | SOWIŃSKI Mariusz | ŁASK | POL | | 78 | M3/149 | (M)380 | 01:12:58 | 04.51 |
| 150 | 235 | WOJTANOWICZ Marcin | ZDUŃSKA WOLA | POL | | 76 | M3/150 | (M)381 | 01:13:00 | 04.52 |
| 151 | 162 | CZAPLA Włodzimierz | KAMIENSK | POL | | 76 | M3/151 | (M)382 | 01:13:01 | 04.52 |
| 152 | 902 | SZYMAŃSKI Artur | WARSZAWA | POL | | 77 | M3/152 | (M)386 | 01:13:10 | 04.52 |
| 153 | 238 | NOWAKOWSKI Wojciech | POZNAŃ | POL | | 78 | M3/153 | (M)388 | 01:13:17 | 04.53 |
| 154 | 651 | ANDRUSZEWSKI Tomasz | ZDUŃSKA WOLA | POL | | 81 | M3/154 | (M)392 | 01:13:32 | 04.54 |
| 155 | 476 | GOLANOWSKI Bartłomiej | PIOTRKÓW | POL | | 79 | M3/155 | (M)395 | 01:13:45 | 04.55 |
| 156 | 172 | CHMAL Robert | TROJANÓW | POL | | 83 | M3/156 | (M)400 | 01:13:57 | 04.55 |
| 157 | 1052 | STĘPIEŃ Robert | BELCHATÓW | POL | | 85 | M3/157 | (M)406 | 01:14:05 | 04.56 |
| 158 | 731 | SUSKI Józef | ŁÓDŹ | POL | | 78 | M3/158 | (M)408 | 01:14:06 | 04.56 |
| 159 | 952 | DUDKIEWICZ Piotr | ŁÓDŹ | POL | | 83 | M3/159 | (M)410 | 01:14:10 | 04.56 |
| 160 | 256 | BUCZYŃSKI Robert | SMARDZEWICE | POL | | 80 | M3/160 | (M)411 | 01:14:12 | 04.56 |
| 161 | 325 | RACZYŃSKI Bogusz | ALEKSANDRÓW ŁÓDZKI | POL | | 83 | M3/161 | (M)412 | 01:14:12 | 04.56 |
| 162 | 777 | WĘGLARSKI Arkadiusz | GAŚKI | POL | | 82 | M3/162 | (M)413 | 01:14:12 | 04.56 |
| 163 | 15 | OPALA Krzysztof | PIOTRKÓW | POL | | 82 | M3/163 | (M)415 | 01:14:15 | 04.57 |
| 164 | 44 | ROKITA Przemysław | PIOTRKÓW TRYB. | POL | | 77 | M3/164 | (M)423 | 01:14:33 | 04.58 |
| 165 | 570 | DOMAGAŁA Rafał | KLESZCZÓW | POL | | 78 | M3/165 | (M)428 | 01:14:50 | 04.59 |
| 166 | 363 | WRZESIAK Marcin | ZELÓW | POL | | 81 | M3/166 | (M)429 | 01:14:50 | 04.59 |
| 167 | 1102 | MASEK Jarosław | BELCHATÓW | POL | | 83 | M3/167 | (M)435 | 01:15:05 | 05.00 |
| 168 | 645 | SIERANT Michał | TOMASZÓW | POL | | 76 | M3/168 | (M)436 | 01:15:07 | 05.00 |
| 169 | 1073 | SÓJKA Radosław | BELCHATÓW | POL | | 81 | M3/169 | (M)437 | 01:15:12 | 05.00 |
| 170 | 374 | CELEJ Krzysztof | PIOTRKÓW | POL | | 85 | M3/170 | (M)441 | 01:15:33 | 05.02 |
| 171 | 216 | WRONKA Arkadiusz | ŁASK | POL | | 76 | M3/171 | (M)443 | 01:15:34 | 05.02 |
| 172 | 745 | BEDNARKIEWICZ Dariusz | SZCZERCÓW | POL | | 80 | M3/172 | (M)454 | 01:15:58 | 05.03 |
| 173 | 360 | PIKUL Piotr | WARSZAWA | POL | | 80 | M3/173 | (M)455 | 01:16:00 | 05.04 |
| 174 | 1007 | ŚWITAŁA Marcin | BELCHATÓW | POL | | 79 | M3/174 | (M)456 | 01:16:03 | 05.04 |
| 175 | 477 | MACHURA Arkadiusz | WOLA JEDLIŃSKA | POL | | 76 | M3/175 | (M)462 | 01:16:12 | 05.04 |
| 176 | 598 | MINECKI Paweł | ŁUSZCZANOWICE | POL | | 78 | M3/176 | (M)466 | 01:16:16 | 05.05 |
| 177 | 1130 | PASTERNAK Radosław | BELCHATÓW | POL | | 79 | M3/177 | (M)467 | 01:16:17 | 05.05 |
| 178 | 1013 | ZIOMEK Marcin | BELCHATÓW | POL | | 82 | M3/178 | (M)468 | 01:16:19 | 05.05 |
| 179 | 43 | MULARCZYK Piotr | KLESZCZÓW | POL | | 82 | M3/179 | (M)469 | 01:16:24 | 05.05 |
| 180 | 739 | KRAWCZYŃSKI Marcin | PIOTRKÓW TRYB | POL | | 77 | M3/180 | (M)470 | 01:16:24 | 05.05 |
| 181 | 542 | BAJON Kamil | ŁÓDŹ | POL | | 85 | M3/181 | (M)474 | 01:16:29 | 05.05 |
| 182 | 378 | CUPIAŁ Mariusz | MYSZKÓW | POL | | 80 | M3/182 | (M)480 | 01:16:40 | 05.06 |
| 183 | 1060 | PIETRZAK Grzegorz | BELCHATÓW | POL | | 82 | M3/183 | (M)487 | 01:16:53 | 05.07 |
| 184 | 798 | ZIEMBA Zbigniew | WOLA | POL | | 76 | M3/184 | (M)490 | 01:17:02 | 05.08 |
| 185 | 601 | MROWICKI Grzegorz | ŁÓDŹ | POL | | 82 | M3/185 | (M)493 | 01:17:09 | 05.08 |
| 186 | 143 | SIENNICKI Konrad | BUKOWIEC | POL | | 77 | M3/186 | (M)501 | 01:17:26 | 05.09 |
| 187 | 1034 | KULA Paweł | BELCHATÓW | POL | | 83 | M3/187 | (M)503 | 01:17:26 | 05.09 |
| 188 | 646 | ZAWADA Karol | ŻYTNO | POL | | 76 | M3/188 | (M)508 | 01:17:34 | 05.10 |
| 189 | 336 | FELCENLOBEN Robert | ŁÓDŹ | POL | | 79 | M3/189 | (M)509 | 01:17:36 | 05.10 |
| 190 | 296 | GRZEGORCZYK Szymon | ŁÓDŹ | POL | | 83 | M3/190 | (M)512 | 01:17:39 | 05.10 |
| 191 | 500 | PYKA Marek | KLESZCZÓW | POL | | 79 | M3/191 | (M)514 | 01:17:40 | 05.10 |
| 192 | 1117 | ZIELIŃSKI Maciej | BELCHATÓW | POL | | 85 | M3/192 | (M)526 | 01:18:09 | 05.12 |
| 193 | 98 | ŚMIGIEL Marek | ŁÓDŹ | POL | | 76 | M3/193 | (M)527 | 01:18:16 | 05.13 |
| 194 | 1032 | CIEŚLAK Paweł | BELCHATÓW | POL | | 76 | M3/194 | (M)530 | 01:18:21 | 05.13 |
| 195 | 365 | BANASZCZYK Mariusz | KASZEWICE | POL | | 79 | M3/195 | (M)532 | 01:18:23 | 05.13 |
| 196 | 1146 | WOJTASZEK Marcin | BELCHATÓW | POL | | 79 | M3/196 | (M)534 | 01:18:30 | 05.14 |
| 197 | 53 | JAROSZ Michał | LODZ | POL | | 77 | M3/197 | (M)537 | 01:18:42 | 05.14 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-------------|-----------------|------------|-----------------------|--------|--------------|----------|
| 198 | 696 | MICHAŁOWSKI Tomasz | KALISZ | POL | | 79 | M3/198 | (M)539 | 01:18:48 | 05.15 |
| 199 | 265 | PELIAN Adam | ZELÓW | POL | | 76 | M3/199 | (M)545 | 01:18:57 | 05.15 |
| 200 | 789 | REJNIAK Michał | KLESZCZÓW | POL | | 77 | M3/200 | (M)546 | 01:19:01 | 05.16 |
| 201 | 843 | CZYŻEWSKI Paweł | PODDĘBICE | POL | | 79 | M3/201 | (M)547 | 01:19:02 | 05.16 |
| 202 | 774 | KOZIELSKI Paweł | WARSZAWA | POL | | 77 | M3/202 | (M)550 | 01:19:10 | 05.16 |
| 203 | 452 | MAKOWSKI Roman | PABIANICE | POL | | 79 | M3/203 | (M)552 | 01:19:20 | 05.17 |
| 204 | 970 | MATYSZAK Damian | DUBIE | POL | | 85 | M3/204 | (M)554 | 01:19:24 | 05.17 |
| 205 | 670 | SZPAK Marcin | ŁÓDŹ | POL | | 79 | M3/205 | (M)557 | 01:19:31 | 05.18 |
| 206 | 1151 | PLESZEWSKI Rafał | BELCHATÓW | POL | | 78 | M3/206 | (M)558 | 01:19:42 | 05.18 |
| 207 | 594 | PLICH Przemysław | TOMASZÓW | POL | | 80 | M3/207 | (M)562 | 01:19:58 | 05.19 |
| 208 | 335 | KRASOŃ Rafał | ROZPRZA | POL | | 80 | M3/208 | (M)563 | 01:20:07 | 05.20 |
| 209 | 1139 | ROŻENTALSKI Piotr | BELCHATÓW | POL | | 78 | M3/209 | (M)565 | 01:20:16 | 05.21 |
| 210 | 195 | PLACEK Dominik | ŁÓDŹ | POL | | 82 | M3/210 | (M)566 | 01:20:38 | 05.22 |
| 211 | 518 | POKORA Rafał | KALISZ | POL | | 82 | M3/211 | (M)567 | 01:20:42 | 05.22 |
| 212 | 359 | SIERPIŃSKI Tomasz | MYSZKÓW | POL | | 76 | M3/212 | (M)568 | 01:20:45 | 05.23 |
| 213 | 426 | MAZOWIECKI Radosław | ŁÓDŹ | POL | | 76 | M3/213 | (M)571 | 01:20:57 | 05.23 |
| 214 | 320 | UBYCH Marcin | ŁÓDŹ | POL | | 77 | M3/214 | (M)574 | 01:21:09 | 05.24 |
| 215 | 1000 | KAZMIERCZAK Przemysław | BELCHATÓW | POL | | 79 | M3/215 | (M)575 | 01:21:12 | 05.24 |
| 216 | 599 | PODDĘBSKI Łukasz | ŁÓDŹ | POL | | 84 | M3/216 | (M)576 | 01:21:14 | 05.24 |
| 217 | 695 | CIEŚLA Sławomir | CZĘSTOCHOWA | POL | | 77 | M3/217 | (M)579 | 01:21:19 | 05.25 |
| 218 | 169 | LICHWAŁA Piotr | ALEKSANDRÓW ŁÓDZKI | POL | | 83 | M3/218 | (M)580 | 01:21:24 | 05.25 |
| 219 | 65 | WASILEWSKI Piotr | SZCZERCÓW | POL | | 81 | M3/219 | (M)581 | 01:21:24 | 05.25 |
| 220 | 158 | JESKE Artur | TOMASZÓW | POL | | 77 | M3/220 | (M)582 | 01:21:25 | 05.25 |
| 221 | 677 | SZMYTKOWSKI Bartosz | ŁÓDŹ | POL | | 84 | M3/221 | (M)585 | 01:21:28 | 05.25 |
| 222 | 290 | ZAREMBA Maciej | KSAWERÓW | POL | | 81 | M3/222 | (M)593 | 01:22:02 | 05.28 |
| 223 | 754 | WASZCZYKOWSKI Kamil | CZARNOCIN | POL | | 82 | M3/223 | (M)595 | 01:22:22 | 05.29 |
| 224 | 1030 | RETKIEWICZ Mariusz | BELCHATÓW | POL | | 78 | M3/224 | (M)596 | 01:22:26 | 05.29 |
| 225 | 986 | CHRZANOWSKI Witold | ZELÓW | POL | | 77 | M3/225 | (M)597 | 01:22:27 | 05.29 |
| 226 | 307 | WIADEREK Piotr | WARSZAWA | POL | | 85 | M3/226 | (M)598 | 01:22:34 | 05.30 |
| 227 | 817 | PAZERA Tomasz | ŁÓDŹ | POL | | 82 | M3/227 | (M)599 | 01:22:45 | 05.31 |
| 228 | 701 | FURGOŁ Michał | WROCLAW | POL | | 78 | M3/228 | (M)604 | 01:23:17 | 05.33 |
| 229 | 865 | KELER Mariusz | PIOTRKÓW | POL | | 81 | M3/229 | (M)606 | 01:23:20 | 05.33 |
| 230 | 342 | KUBIAK Dariusz | ŁÓDŹ | POL | | 83 | M3/230 | (M)608 | 01:23:28 | 05.33 |
| 231 | 711 | JEŻ Arkadiusz | ROZPRZA | POL | | 80 | M3/231 | (M)609 | 01:23:33 | 05.34 |
| 232 | 793 | KOLCZYŃSKI Jarosław | ŁÓDŹ | POL | | 81 | M3/232 | (M)613 | 01:23:39 | 05.34 |
| 233 | 828 | ZAMBROWICZ Przemysław | PIOTRKÓW | POL | | 83 | M3/233 | (M)617 | 01:23:42 | 05.34 |
| 234 | 352 | PIECHOTA Maciej | NAMYSŁÓW | POL | | 78 | M3/234 | (M)619 | 01:23:49 | 05.35 |
| 235 | 1020 | OLEJNIK Marek | BELCHATÓW | POL | | 78 | M3/235 | (M)621 | 01:23:56 | 05.35 |
| 236 | 112 | SZAFRANEK Paweł | PIOTRKÓW | POL | | 77 | M3/236 | (M)623 | 01:23:58 | 05.35 |
| 237 | 31 | PRALAT Dawid | ZELÓW | POL | | 78 | M3/237 | (M)629 | 01:24:13 | 05.36 |
| 238 | 1059 | PALUSZEK Paweł | BELCHATÓW | POL | | 80 | M3/238 | (M)630 | 01:24:14 | 05.36 |
| 239 | 1005 | JASIŃSKI Marek | BELCHATÓW | POL | | 76 | M3/239 | (M)635 | 01:24:35 | 05.38 |
| 240 | 1066 | ZNOJEK Robert | BELCHATÓW | POL | | 80 | M3/240 | (M)638 | 01:24:49 | 05.39 |
| 241 | 178 | PIANOWSKI Radosław | PABIANICE | POL | | 77 | M3/241 | (M)644 | 01:25:18 | 05.41 |
| 242 | 20 | BAGNOWSKI Adam | ROZPRZA | POL | | 84 | M3/242 | (M)645 | 01:25:28 | 05.41 |
| 243 | 84 | LUBICKI Jacek | LUBOCHNIA | POL | | 81 | M3/243 | (M)648 | 01:25:32 | 05.42 |
| 244 | 747 | PABISIAK Maciej | ŁASK | POL | | 80 | M3/244 | (M)649 | 01:25:35 | 05.42 |
| 245 | 525 | ŚMIGIELSKI Norbert | KONSTANTYNÓW ŁÓDZKI | POL | | 78 | M3/245 | (M)650 | 01:25:36 | 05.42 |
| 246 | 640 | SZYMCZAK Łukasz | ZDUŃSKA WOLA | POL | | 80 | M3/246 | (M)652 | 01:25:38 | 05.42 |
| 247 | 86 | BEJM Michał | CZĘSTOCHOWA | POL | | 77 | M3/247 | (M)653 | 01:25:48 | 05.43 |
| 248 | 1140 | PERYGA Paweł | BELCHATÓW | POL | | 83 | M3/248 | (M)655 | 01:25:51 | 05.43 |
| 249 | 377 | TUŁACZ Jan | ŁÓDŹ | POL | | 79 | M3/249 | (M)656 | 01:25:52 | 05.43 |
| 250 | 775 | MARCINIAK Tomasz | ŁÓDŹ | POL | | 81 | M3/250 | (M)660 | 01:26:22 | 05.45 |
| 251 | 628 | STĘPIEŃ Mariusz | PIOTRKÓW | POL | | 79 | M3/251 | (M)665 | 01:26:53 | 05.47 |
| 252 | 694 | CYMMER Łukasz | ŚWINICE WARCKIE | POL | | 81 | M3/252 | (M)668 | 01:27:07 | 05.48 |
| 253 | 576 | JARZĄBEK Marcin | TOMASZÓW | POL | | 80 | M3/253 | (M)671 | 01:27:22 | 05.49 |
| 254 | 135 | KUBIAK Piotr | PABIANICE | POL | | 83 | M3/254 | (M)679 | 01:27:58 | 05.51 |
| 255 | 150 | TOMCZAK Jacek | RUDA ŚLĄSKA | POL | | 76 | M3/255 | (M)680 | 01:28:12 | 05.52 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-------------|-----------------|------------|-----------------------|--------|--------------|----------|
| 256 | 1143 | ŁUSZCZ Paweł | BELCHATÓW | | POL | 80 | M3/256 | (M)684 | 01:28:18 | 05.53 |
| 257 | 818 | PAWLIK Tomasz | TOMASZÓW | | POL | 76 | M3/257 | (M)687 | 01:28:22 | 05.53 |
| 258 | 155 | MIERZYŃSKI Rafał | ZELÓW | | POL | 85 | M3/258 | (M)692 | 01:28:50 | 05.55 |
| 259 | 277 | TRZECIAK Mariusz | JANÓWKA | | POL | 81 | M3/259 | (M)707 | 01:32:56 | 06.11 |
| 260 | 981 | IWUĆ Aleksander | PABIANICE | | POL | 84 | M3/260 | (M)708 | 01:33:14 | 06.12 |
| 261 | 727 | TULACZ Jakub | ŁÓDŹ | | POL | 81 | M3/261 | (M)714 | 01:38:21 | 06.33 |
| 262 | 125 | SKĄPSKI Eryk | SŁUPCA | | POL | 80 | M3/262 | (M)715 | 01:39:15 | 06.37 |
| 263 | 708 | KOMARNICKI Kamil | WARSZAWA | | POL | 79 | M3/263 | (M)720 | 01:43:50 | 06.55 |
| 264 | 516 | KOPKA Piotr | PABIANICE | | POL | 81 | M3/264 | (M)725 | 01:49:56 | 07.19 |
| 265 | 666 | WIECZOREK Piotr | KIELCE | | POL | 76 | M3/265 | (M)726 | 01:50:13 | 07.20 |
| 266 | 800 | KOTARSKI Darek | WROCLAW | | POL | 76 | M3/266 | (M)727 | 01:50:26 | 07.21 |
| 267 | 498 | SZUBA Łukasz | KIELCE | | POL | 84 | M3/267 | (M)729 | 01:54:33 | 07.38 |
| 268 | 145 | NALEWAJKO Mateusz | ŁÓDŹ | | POL | 84 | M3/268 | (M)730 | 02:05:15 | 08.21 |

Bieg 15 km - M40 [187]

| | | | | | | | | | | |
|----|------|-------------------------|----------------|--|-----|----|-------|--------|----------|-------|
| 1 | 851 | IVERUK Mykhaylo | RIVNE | | UKR | 75 | M4/1 | (M)2 | 00:46:14 | 03.04 |
| 2 | 5 | KRATOCHVIL Miloš | PARDUBICE | | CZE | 75 | M4/2 | (M)12 | 00:50:57 | 03.23 |
| 3 | 960 | NOWAK Rafał | CZĘSTOCHOWA | | POL | 75 | M4/3 | (M)16 | 00:52:28 | 03.29 |
| 4 | 271 | TOMASZEWSKI Krzysztof | TUREK | | POL | 67 | M4/4 | (M)24 | 00:55:17 | 03.41 |
| 5 | 177 | ŚLUSARSKI Rafał | WAŹAŁ | | POL | 73 | M4/5 | (M)25 | 00:55:32 | 03.42 |
| 6 | 553 | ANTOSIEWICZ Robert | TOMASZÓW | | POL | 69 | M4/6 | (M)27 | 00:56:11 | 03.44 |
| 7 | 781 | DUDEK Arkadiusz | WŁODZIMIERZÓW | | POL | 72 | M4/7 | (M)33 | 00:56:44 | 03.46 |
| 8 | 751 | RĘBACZ Sylwester | ZDUŃSKA WOLA | | POL | 74 | M4/8 | (M)36 | 00:57:10 | 03.48 |
| 9 | 709 | PIETRASIAK Janusz | ŁÓDŹ | | POL | 66 | M4/9 | (M)44 | 00:58:37 | 03.54 |
| 10 | 560 | KNOP Piotr | WOLA ZAŁĘŻNA | | POL | 73 | M4/10 | (M)52 | 00:59:12 | 03.56 |
| 11 | 600 | SABANDA Witold | ŁÓDŹ | | POL | 73 | M4/11 | (M)61 | 00:59:34 | 03.58 |
| 12 | 233 | LESIEŃ Adam | ŁÓDŹ | | POL | 74 | M4/12 | (M)70 | 01:00:11 | 04.00 |
| 13 | 752 | PĘDZIWIATR Robert | BLACHOWNIA | | POL | 71 | M4/13 | (M)74 | 01:00:22 | 04.01 |
| 14 | 346 | KĄCKI Paweł | WARSZAWA | | POL | 75 | M4/14 | (M)75 | 01:00:31 | 04.02 |
| 15 | 451 | KUDRA Dariusz | DŁUTÓW | | POL | 73 | M4/15 | (M)82 | 01:00:44 | 04.02 |
| 16 | 767 | SKRZYNIARZ Marek | KIELCE | | POL | 74 | M4/16 | (M)92 | 01:01:30 | 04.06 |
| 17 | 191 | PIETRZAK Piotr | ŁÓDŹ | | POL | 69 | M4/17 | (M)93 | 01:01:31 | 04.06 |
| 18 | 250 | PARADOWSKI Norbert | POZNAŃ | | POL | 75 | M4/18 | (M)95 | 01:01:33 | 04.06 |
| 19 | 584 | KORZENIOWSKI Aleksander | ŁÓDŹ | | POL | 72 | M4/19 | (M)97 | 01:01:40 | 04.06 |
| 20 | 482 | SZEWCZYK Jarosław | NOWY BEDOŃ | | POL | 74 | M4/20 | (M)98 | 01:01:42 | 04.06 |
| 21 | 437 | SZATANIAK Jarek | ŁÓDŹ | | POL | 73 | M4/21 | (M)103 | 01:01:59 | 04.07 |
| 22 | 548 | KŁYSZ Marek | ANDRESPOL | | POL | 68 | M4/22 | (M)108 | 01:02:09 | 04.08 |
| 23 | 1009 | RUTKOWSKI Jakub | BELCHATÓW | | POL | 70 | M4/23 | (M)111 | 01:02:32 | 04.10 |
| 24 | 619 | PIOTROWSKI Marek | OLEŚNICA | | POL | 75 | M4/24 | (M)112 | 01:02:40 | 04.10 |
| 25 | 291 | BONAWENTURCZAK Andrzej | KROŚNIEWICE | | POL | 66 | M4/25 | (M)114 | 01:02:47 | 04.11 |
| 26 | 573 | MICHALAK Waldemar | KUTNO | | POL | 71 | M4/26 | (M)115 | 01:02:58 | 04.11 |
| 27 | 660 | KAWELCZYK Robert | CZĘSTOCHOWA | | POL | 67 | M4/27 | (M)119 | 01:03:33 | 04.14 |
| 28 | 1160 | OGÓREK Artur | BELCHATÓW | | POL | 71 | M4/28 | (M)124 | 01:03:38 | 04.14 |
| 29 | 1078 | KALITA Marek | BELCHATÓW | | POL | 70 | M4/29 | (M)125 | 01:03:51 | 04.15 |
| 30 | 503 | WOJDA Zbigniew | ŁOWICZ | | POL | 70 | M4/30 | (M)127 | 01:03:56 | 04.15 |
| 31 | 208 | KLEPACZ Jacek | ŁÓDŹ | | POL | 71 | M4/31 | (M)129 | 01:04:07 | 04.16 |
| 32 | 362 | BARAN Marek | KOŃSKIE | | POL | 72 | M4/32 | (M)131 | 01:04:13 | 04.16 |
| 33 | 455 | MICHOŃ Sławomir | PRYMUSOWA WOLA | | POL | 71 | M4/33 | (M)138 | 01:04:21 | 04.17 |
| 34 | 1122 | DRAŹEK Paweł | BELCHATÓW | | POL | 68 | M4/34 | (M)142 | 01:04:46 | 04.19 |
| 35 | 758 | GOŁĘBIEWSKI Robert | RADOMSKO | | POL | 67 | M4/35 | (M)145 | 01:04:55 | 04.19 |
| 36 | 554 | SMARZEK Cezary | ŁASK | | POL | 71 | M4/36 | (M)149 | 01:05:15 | 04.21 |
| 37 | 776 | WILK Jacek | WARSZAWA | | POL | 69 | M4/37 | (M)151 | 01:05:20 | 04.21 |
| 38 | 716 | BORKOWSKI Przemysław | SOSNOWIEC | | POL | 72 | M4/38 | (M)154 | 01:05:23 | 04.21 |
| 39 | 612 | RADUCKI Jacek | WIELUŃ | | POL | 71 | M4/39 | (M)158 | 01:05:42 | 04.22 |
| 40 | 1124 | GRUSZCZYŃSKI Dariusz | BELCHATÓW | | POL | 68 | M4/40 | (M)159 | 01:05:45 | 04.23 |
| 41 | 507 | SPOCIŃSKI Witold | DRUŻBICE | | POL | 73 | M4/41 | (M)170 | 01:06:14 | 04.24 |
| 42 | 587 | CHMIELEWSKI Robert | JAWORZNO | | POL | 70 | M4/42 | (M)172 | 01:06:15 | 04.25 |
| 43 | 780 | NOCOŃ Sławomir | RĘDZINY | | POL | 69 | M4/43 | (M)175 | 01:06:18 | 04.25 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-------------|-----------------|------------|-----------------------|--------|--------------|----------|
| 44 | 833 | MICHALEK Martin | LEVICE | | SVK | 75 | M4/44 | (M)176 | 01:06:23 | 04.25 |
| 45 | 725 | MILEK Artur | SIERADZ | | POL | 75 | M4/45 | (M)195 | 01:07:07 | 04.28 |
| 46 | 39 | WÓJCIK Grzegorz | ZELÓW | | POL | 73 | M4/46 | (M)196 | 01:07:08 | 04.28 |
| 47 | 436 | MOSTOWY Marian | ŁÓDŹ | | POL | 69 | M4/47 | (M)207 | 01:07:32 | 04.30 |
| 48 | 448 | GAJDA Sławomir | ŁASK | | POL | 74 | M4/48 | (M)209 | 01:07:36 | 04.30 |
| 49 | 1082 | JASICZAK Andrzej | BELCHATÓW | | POL | 71 | M4/49 | (M)211 | 01:07:38 | 04.30 |
| 50 | 740 | WOLANIN Tomasz | WARSZAWA | | POL | 74 | M4/50 | (M)218 | 01:07:49 | 04.31 |
| 51 | 633 | SZAFLIK Mariusz | ŁASK | | POL | 72 | M4/51 | (M)219 | 01:07:50 | 04.31 |
| 52 | 762 | KUCHARSKI Marcin | KONSTANTYNÓW ŁÓDZKI | | POL | 74 | M4/52 | (M)220 | 01:07:50 | 04.31 |
| 53 | 1004 | DOMURAD Sebastian | BELCHATÓW | | POL | 75 | M4/53 | (M)224 | 01:07:54 | 04.31 |
| 54 | 230 | WELM Grzegorz | CZĘSTOCHOWA | | POL | 70 | M4/54 | (M)234 | 01:08:16 | 04.33 |
| 55 | 658 | PODGRODZKI Grzegorz | ZDUŃSKA WOLA | | POL | 70 | M4/55 | (M)235 | 01:08:20 | 04.33 |
| 56 | 144 | KOPACZ Grzegorz | KSAWERÓW | | POL | 71 | M4/56 | (M)236 | 01:08:23 | 04.33 |
| 57 | 461 | SIENKIEWICZ Wojciech | ŁÓDŹ | | POL | 73 | M4/57 | (M)238 | 01:08:31 | 04.34 |
| 58 | 852 | JABŁOŃSKI Piotr | KLESZCZÓW | | POL | 75 | M4/58 | (M)242 | 01:08:38 | 04.34 |
| 59 | 717 | PSZCZÓŁKOWSKI Artur | WARSZAWA | | POL | 74 | M4/59 | (M)243 | 01:08:47 | 04.35 |
| 60 | 698 | SOLTYSIAK Paweł | WARSZAWA | | POL | 74 | M4/60 | (M)244 | 01:08:47 | 04.35 |
| 61 | 689 | KRAWCZYŃSKI Mariusz | PIOTRKÓW | | POL | 75 | M4/61 | (M)246 | 01:08:51 | 04.35 |
| 62 | 656 | SZYMAŃCZYK Wiesław | NOWE MIASTO | | POL | 67 | M4/62 | (M)250 | 01:08:59 | 04.35 |
| 63 | 671 | POLIT Ernest | DOMANIEWICE | | POL | 74 | M4/63 | (M)256 | 01:09:12 | 04.36 |
| 64 | 837 | ZAKRZEWSKI Zbigniew | ŁÓDŹ | | POL | 72 | M4/64 | (M)261 | 01:09:20 | 04.37 |
| 65 | 73 | WACHOWSKI Michał | ŁÓDŹ | | POL | 75 | M4/65 | (M)262 | 01:09:21 | 04.37 |
| 66 | 1067 | PAW Marek | BELCHATÓW | | POL | 70 | M4/66 | (M)270 | 01:09:34 | 04.38 |
| 67 | 397 | GUTOWSKI Dariusz | KŁOBUCK | | POL | 68 | M4/67 | (M)272 | 01:09:34 | 04.38 |
| 68 | 18 | TONDYS Piotr | ŁÓDŹ | | POL | 71 | M4/68 | (M)279 | 01:09:48 | 04.39 |
| 69 | 66 | DONIEC Marek | PIOTRKÓW | | POL | 74 | M4/69 | (M)287 | 01:09:58 | 04.39 |
| 70 | 1026 | BARASIŃSKI Tomasz | BELCHATÓW | | POL | 75 | M4/70 | (M)290 | 01:10:04 | 04.40 |
| 71 | 367 | ŁAWRYNOWICZ Rafał | TOMASZÓW | | POL | 74 | M4/71 | (M)293 | 01:10:09 | 04.40 |
| 72 | 115 | STACHURSKI Daniel | DRUŻBICE | | POL | 70 | M4/72 | (M)298 | 01:10:13 | 04.40 |
| 73 | 100 | SZAFRAŃSKI Jacek | KALDUNY | | POL | 75 | M4/73 | (M)299 | 01:10:14 | 04.40 |
| 74 | 620 | WRÓBEL Dariusz | WARSZAWA | | POL | 73 | M4/74 | (M)302 | 01:10:15 | 04.41 |
| 75 | 13 | BADOWSKI Krzysztof | ZELÓW | | POL | 69 | M4/75 | (M)304 | 01:10:18 | 04.41 |
| 76 | 332 | MICHALSKI Rafał | JAWORZNO | | POL | 75 | M4/76 | (M)310 | 01:10:38 | 04.42 |
| 77 | 571 | WYBOR Tomasz | ŁÓDŹ | | POL | 75 | M4/77 | (M)314 | 01:10:46 | 04.43 |
| 78 | 683 | TABER Jerzy | BRWINÓW | | POL | 66 | M4/78 | (M)315 | 01:10:48 | 04.43 |
| 79 | 653 | HASIK Zbigniew | SOSNOWIEC | | POL | 69 | M4/79 | (M)316 | 01:10:49 | 04.43 |
| 80 | 602 | MILLER Ryszard | KONIN | | POL | 66 | M4/80 | (M)317 | 01:10:49 | 04.43 |
| 81 | 339 | KOŁOSOWSKI Marcin | WŁOCŁAWEK | | POL | 71 | M4/81 | (M)319 | 01:10:53 | 04.43 |
| 82 | 1023 | HOFFMANN Robert | BELCHATÓW | | POL | 73 | M4/82 | (M)338 | 01:11:35 | 04.46 |
| 83 | 1011 | SŁOWIK Robert | BELCHATÓW | | POL | 70 | M4/83 | (M)340 | 01:11:40 | 04.46 |
| 84 | 975 | LIPIŃSKI Tomasz | WARSZAWA | | POL | 72 | M4/84 | (M)341 | 01:11:41 | 04.46 |
| 85 | 1092 | JANOWSKI Paweł | BELCHATÓW | | POL | 71 | M4/85 | (M)344 | 01:11:48 | 04.47 |
| 86 | 127 | BUCZKOWSKI Robert | ŁASK | | POL | 72 | M4/86 | (M)350 | 01:12:05 | 04.48 |
| 87 | 1076 | JANUS Jacek | BELCHATÓW | | POL | 75 | M4/87 | (M)352 | 01:12:12 | 04.48 |
| 88 | 814 | KARGOL Piotr | OLEŚNICA | | POL | 75 | M4/88 | (M)356 | 01:12:20 | 04.49 |
| 89 | 95 | GOSZCZYCKI Witold | ŁOWICZ | | POL | 67 | M4/89 | (M)359 | 01:12:29 | 04.49 |
| 90 | 918 | WISZOWATY Mariusz | PABIANICE | | POL | 75 | M4/90 | (M)361 | 01:12:34 | 04.50 |
| 91 | 791 | LUTO Andrzej | OPATÓW | | POL | 71 | M4/91 | (M)364 | 01:12:37 | 04.50 |
| 92 | 530 | KARPIŃSKI Włodzimierz | WOLA | | POL | 72 | M4/92 | (M)366 | 01:12:46 | 04.51 |
| 93 | 406 | MALICKI Grzegorz | NOWY KAZANÓW | | POL | 70 | M4/93 | (M)373 | 01:12:51 | 04.51 |
| 94 | 661 | FALISZEWSKI Sebastian | ŁÓDŹ | | POL | 75 | M4/94 | (M)374 | 01:12:52 | 04.51 |
| 95 | 562 | KOŁODZIEJ Marcin | KALEJ | | POL | 75 | M4/95 | (M)378 | 01:12:57 | 04.51 |
| 96 | 678 | GRUSZCZYŃSKI Marcin | RAWA MAZOWIECKA | | POL | 75 | M4/96 | (M)383 | 01:13:03 | 04.52 |
| 97 | 148 | SYPIEŃ Tomasz | ŁÓDŹ | | POL | 69 | M4/97 | (M)389 | 01:13:25 | 04.53 |
| 98 | 971 | ŚLIWAKOWSKI Wojciech | WOLA JEDLIŃSKA | | POL | 71 | M4/98 | (M)390 | 01:13:28 | 04.53 |
| 99 | 1087 | FREUS Witold | BELCHATÓW | | POL | 71 | M4/99 | (M)391 | 01:13:29 | 04.53 |
| 100 | 149 | STĘPIEŃ Grzegorz | OPOCZNO | | POL | 74 | M4/100 | (M)394 | 01:13:45 | 04.55 |
| 101 | 386 | POLUS Grzegorz | LUBOCHNIA | | POL | 72 | M4/101 | (M)398 | 01:13:54 | 04.55 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------|-----------|-------------------------|----------------------|-------------|-----------------|------------|-----------------------|--------|--------------|----------|
| 102 | 534 | BUDZYŃSKI Arek | WIELUŃ | POL | | 66 | M4/102 | (M)401 | 01:13:58 | 04.55 |
| 103 | 257 | HERKT Grzegorz | ŁÓDŹ | POL | | 73 | M4/103 | (M)402 | 01:13:59 | 04.55 |
| 104 | 119 | TARABASZ Marek | GOŁUCHÓW | POL | | 68 | M4/104 | (M)414 | 01:14:14 | 04.56 |
| 105 | 901 | SZYMBORSKI Marek | LEŚNICA, WODZIERADY | POL | | 74 | M4/105 | (M)416 | 01:14:15 | 04.57 |
| 106 | 1006 | CZERWIŃSKI Krzysztof | BELCHATÓW | POL | | 75 | M4/106 | (M)417 | 01:14:20 | 04.57 |
| 107 | 468 | KARASIŃSKI Robert | PIOTRKÓW | POL | | 67 | M4/107 | (M)419 | 01:14:21 | 04.57 |
| 108 | 613 | GŁOWACKI Piotr | TOMASZÓW MAZ. | POL | | 72 | M4/108 | (M)422 | 01:14:32 | 04.58 |
| 109 | 253 | ADAMKIEWICZ Mirosław | SOCHACZEW | POL | | 67 | M4/109 | (M)426 | 01:14:40 | 04.58 |
| 110 | 1089 | STROJKOWSKI Mariusz | BELCHATÓW | POL | | 74 | M4/110 | (M)427 | 01:14:48 | 04.59 |
| 111 | 985 | LATOSZEK Rafał | WARSZAWA | POL | | 73 | M4/111 | (M)430 | 01:14:51 | 04.59 |
| 112 | 435 | CHORYLEK Leszek | CZĘSTOCHOWA | POL | | 67 | M4/112 | (M)431 | 01:14:57 | 04.59 |
| 113 | 569 | HERUDZIŃSKI Jacek | PANKI | POL | | 68 | M4/113 | (M)434 | 01:15:04 | 05.00 |
| 114 | 410 | KOWALSKI Mirosław | ŻYTNO | POL | | 75 | M4/114 | (M)438 | 01:15:13 | 05.00 |
| 115 | 219 | SZYMCZAK Jacek | ŁÓDŹ | POL | | 75 | M4/115 | (M)442 | 01:15:34 | 05.02 |
| 116 | 705 | MALINOWSKI Paweł | SZCZAWIN DUŻY | POL | | 75 | M4/116 | (M)444 | 01:15:35 | 05.02 |
| 117 | 757 | ZIELONKA Bogumił | PIOTRKÓW | POL | | 72 | M4/117 | (M)445 | 01:15:36 | 05.02 |
| 118 | 287 | STAWICKI Piotr | CEKANÓW | POL | | 72 | M4/118 | (M)446 | 01:15:49 | 05.03 |
| 119 | 23 | KABAŁA Konrad | ŁÓDŹ | POL | | 68 | M4/119 | (M)457 | 01:16:04 | 05.04 |
| 120 | 491 | BYCZYK Jarosław | ZALASEWO | POL | | 68 | M4/120 | (M)459 | 01:16:08 | 05.04 |
| 121 | 529 | PECYNA Dariusz | ŁÓDŹ | POL | | 68 | M4/121 | (M)460 | 01:16:09 | 05.04 |
| 122 | 433 | WASILEWSKI Mariusz | ŁÓDŹ | POL | | 73 | M4/122 | (M)461 | 01:16:09 | 05.04 |
| 123 | 624 | IGNACZAK Tomasz | ZELÓW | POL | | 68 | M4/123 | (M)471 | 01:16:25 | 05.05 |
| 124 | 322 | WLAŹLIK Dariusz | ŁÓDŹ | POL | | 67 | M4/124 | (M)472 | 01:16:28 | 05.05 |
| 125 | 420 | LEWIŃSKI Krzysztof | NOWE MIASTO NAD | POL | | 67 | M4/125 | (M)473 | 01:16:29 | 05.05 |
| 126 | 126 | SKĄPSKI Tomasz | SŁUPCA | POL | | 73 | M4/126 | (M)476 | 01:16:30 | 05.06 |
| 127 | 314 | CUPIAŁ Sławomir | PORAJ | POL | | 73 | M4/127 | (M)482 | 01:16:41 | 05.06 |
| 128 | 700 | HESSE Zbigniew | ZDUŃSKA WOLA | POL | | 72 | M4/128 | (M)483 | 01:16:46 | 05.07 |
| 129 | 402 | MADEJ Tomasz | SOSNOWIEC | POL | | 75 | M4/129 | (M)485 | 01:16:53 | 05.07 |
| 130 | 340 | KARASZEWSKI Piotr | TOMASZÓW | POL | | 75 | M4/130 | (M)488 | 01:16:54 | 05.07 |
| 131 | 63 | GIELEC Sławomir | TOMASZÓW | POL | | 73 | M4/131 | (M)489 | 01:16:58 | 05.07 |
| 132 | 302 | JANIAK Radosław | ŁÓDŹ | POL | | 69 | M4/132 | (M)491 | 01:17:05 | 05.08 |
| 133 | 129 | JUSTYNA Andrzej | WOLA MOSZCZENICKA | POL | | 69 | M4/133 | (M)492 | 01:17:05 | 05.08 |
| 134 | 147 | WĘGRZYK Jacek | RUDA ŚLĄSKA | POL | | 73 | M4/134 | (M)494 | 01:17:14 | 05.08 |
| 135 | 834 | SARZYŃSKI Adam | ŁÓDŹ | POL | | 73 | M4/135 | (M)496 | 01:17:18 | 05.09 |
| 136 | 794 | DYMEK Łukasz | CZĘSTOCHOWA | POL | | 75 | M4/136 | (M)500 | 01:17:25 | 05.09 |
| 137 | 308 | BORKOWSKI Radosław | TOMASZÓW | POL | | 74 | M4/137 | (M)502 | 01:17:26 | 05.09 |
| 138 | 417 | BRZEZIŃSKI Krzysztof | ŁASK | POL | | 74 | M4/138 | (M)513 | 01:17:39 | 05.10 |
| 139 | 825 | JANAS Dariusz | SZCZERCOW | POL | | 66 | M4/139 | (M)519 | 01:17:51 | 05.11 |
| 140 | 54 | DŁUGOSZ Marek | WARTKOWICE | POL | | 66 | M4/140 | (M)520 | 01:17:51 | 05.11 |
| 141 | 797 | ŚLOT Michał | TORUŃ | POL | | 74 | M4/141 | (M)523 | 01:18:01 | 05.12 |
| 142 | 513 | CHYCKI Jacek | ŁÓDŹ | POL | | 68 | M4/142 | (M)524 | 01:18:01 | 05.12 |
| 143 | 407 | GRAD Marcin | GLINNIK | POL | | 73 | M4/143 | (M)525 | 01:18:05 | 05.12 |
| 144 | 531 | ŻÓLTEK Piotr | TOMASZÓW | POL | | 69 | M4/144 | (M)529 | 01:18:18 | 05.13 |
| 145 | 841 | DZIERKA Mariusz | TOMASZÓW | POL | | 70 | M4/145 | (M)533 | 01:18:29 | 05.13 |
| 146 | 387 | SOWA Maciej | ŁÓDŹ | POL | | 68 | M4/146 | (M)536 | 01:18:41 | 05.14 |
| 147 | 495 | KUREK Adam | PABIANICE | POL | | 72 | M4/147 | (M)543 | 01:18:56 | 05.15 |
| 148 | 474 | KIRSZ Marek | PABIANICE | POL | | 67 | M4/148 | (M)544 | 01:18:57 | 05.15 |
| 149 | 329 | KACPERSKI Andrzej | PIOTRKÓW TRYB. | POL | | 71 | M4/149 | (M)549 | 01:19:09 | 05.16 |
| 150 | 630 | OLAK Tomasz | ŻYTNO | POL | | 74 | M4/150 | (M)553 | 01:19:22 | 05.17 |
| 151 | 60 | CZUBA Krzysztof | OZORKÓW | POL | | 71 | M4/151 | (M)555 | 01:19:26 | 05.17 |
| 152 | 489 | SZKUDLAREK Robert | PABIANICE | POL | | 67 | M4/152 | (M)560 | 01:19:46 | 05.19 |
| 153 | 358 | BRZOZOWSKI Piotr | JAWORZNO | POL | | 69 | M4/153 | (M)561 | 01:19:48 | 05.19 |
| 154 | 401 | CIUPEK Robert | JAWORZNO | POL | | 69 | M4/154 | (M)570 | 01:20:54 | 05.23 |
| 155 | 1012 | BERĘC Piotr | BELCHATÓW | POL | | 71 | M4/155 | (M)573 | 01:21:04 | 05.24 |
| 156 | 283 | MIKOŁAJEWSKI Błażej | USZCZYN | POL | | 70 | M4/156 | (M)590 | 01:21:38 | 05.26 |
| 157 | 545 | PIETRUCHA Artur | NOWE MIASTO N/PILICA | POL | | 69 | M4/157 | (M)602 | 01:23:07 | 05.32 |
| 158 | 636 | DOMAŃSKI Przemysław | ŁÓDŹ | POL | | 70 | M4/158 | (M)605 | 01:23:19 | 05.33 |
| 159 | 38 | KWIATKOWSKI Arkadiusz | ROKIETNICA | POL | | 74 | M4/159 | (M)607 | 01:23:27 | 05.33 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-------------|-----------------|------------|-----------------------|--------|--------------|----------|
| 160 | 241 | NOWAK Piotr | PABIANICE | POL | | 70 | M4/160 | (M)610 | 01:23:36 | 05.34 |
| 161 | 1100 | JANIK Tomasz | BELCHATÓW | POL | | 70 | M4/161 | (M)611 | 01:23:36 | 05.34 |
| 162 | 273 | CIEŚLA Radosław | CZĘSTOCHOWA | POL | | 73 | M4/162 | (M)618 | 01:23:46 | 05.35 |
| 163 | 1061 | SZYMAŃSKI Sławomir | BELCHATÓW | POL | | 67 | M4/163 | (M)620 | 01:23:55 | 05.35 |
| 164 | 428 | KIESZEK Aleksander | NOWE MIASTO NAD | POL | | 74 | M4/164 | (M)625 | 01:24:01 | 05.36 |
| 165 | 1080 | GARBOWICZ Tomasz | BELCHATÓW | POL | | 68 | M4/165 | (M)627 | 01:24:09 | 05.36 |
| 166 | 642 | CHLEBICZ Piotr | SIERADZ | POL | | 69 | M4/166 | (M)628 | 01:24:13 | 05.36 |
| 167 | 240 | KONRAD Przemek | NOWY ŚWIAT | POL | | 70 | M4/167 | (M)631 | 01:24:22 | 05.37 |
| 168 | 104 | WAGENKNECHT Radosław | TOMASZÓW | POL | | 74 | M4/168 | (M)633 | 01:24:27 | 05.37 |
| 169 | 142 | GRUSZKA Maciej | ŁÓDŹ | POL | | 68 | M4/169 | (M)636 | 01:24:40 | 05.38 |
| 170 | 898 | POPOWSKI Jarosław | WARSZAWA | POL | | 69 | M4/170 | (M)637 | 01:24:47 | 05.39 |
| 171 | 1094 | SOWAŁA Witold | BELCHATÓW | POL | | 75 | M4/171 | (M)640 | 01:25:08 | 05.40 |
| 172 | 1071 | DANIŁOWICZ Dariusz | BELCHATÓW | POL | | 73 | M4/172 | (M)643 | 01:25:17 | 05.41 |
| 173 | 954 | BALICKI Jakub | ŁÓDŹ | POL | | 73 | M4/173 | (M)657 | 01:25:58 | 05.43 |
| 174 | 953 | WÓJCIAK Jacek | BELCHATÓW | POL | | 73 | M4/174 | (M)658 | 01:26:03 | 05.44 |
| 175 | 786 | GERASCH Piotr | CZĘSTOCHOWA | POL | | 73 | M4/175 | (M)663 | 01:26:47 | 05.47 |
| 176 | 703 | BALCER Łukasz | ŁÓDŹ | POL | | 73 | M4/176 | (M)664 | 01:26:51 | 05.47 |
| 177 | 567 | MATUSZEWSKI Piotr | CZĘSTOCHOWA | POL | | 68 | M4/177 | (M)666 | 01:27:00 | 05.48 |
| 178 | 555 | ŚWIĄTKOWSKI Wiesław | BACHORZYN | POL | | 71 | M4/178 | (M)673 | 01:27:28 | 05.49 |
| 179 | 951 | BARTOSIK Paweł | ŁASK | POL | | 71 | M4/179 | (M)675 | 01:27:42 | 05.50 |
| 180 | 399 | KURMAN Jacek | ŁOWICZ | POL | | 69 | M4/180 | (M)676 | 01:27:45 | 05.51 |
| 181 | 99 | CIEKAŃSKI Krzysztof | KOLONIA WOLA | POL | | 74 | M4/181 | (M)685 | 01:28:19 | 05.53 |
| 182 | 1104 | OLBRYCH Łukasz | BELCHATÓW | POL | | 75 | M4/182 | (M)695 | 01:29:21 | 05.57 |
| 183 | 1037 | CYBUŁKA Kamil | BELCHATÓW | POL | | 74 | M4/183 | (M)699 | 01:30:24 | 06.01 |
| 184 | 520 | WÓJCIK Jerzy | TOMASZÓW | POL | | 72 | M4/184 | (M)713 | 01:36:15 | 06.25 |
| 185 | 586 | WITKOWSKI Jacek | ŁÓDŹ | POL | | 68 | M4/185 | (M)719 | 01:43:26 | 06.53 |
| 186 | 465 | KOMAR Paweł | NOWE MIASTO NAD | POL | | 68 | M4/186 | (M)724 | 01:49:33 | 07.18 |

Bieg 15 km - M50 [94]

| | | | | | | | | | | |
|----|------|------------------------|---------------------|-----|--|----|-------|--------|----------|-------|
| 1 | 515 | WASIAK Wiesław | ŁÓDŹ | POL | | 61 | M5/1 | (M)40 | 00:57:34 | 03.50 |
| 2 | 652 | SMUTEK Jarosław | KONSTANTYNÓW ŁÓDZKI | POL | | 64 | M5/2 | (M)56 | 00:59:18 | 03.57 |
| 3 | 537 | BIAŁAS Krzysztof | OPOCZNO | POL | | 65 | M5/3 | (M)71 | 01:00:15 | 04.01 |
| 4 | 526 | GODYCKI-ĆWIRKO Andrzej | ŁÓDŹ | POL | | 59 | M5/4 | (M)72 | 01:00:17 | 04.01 |
| 5 | 101 | BOROWCZYK Jacek | TOMASZÓW | POL | | 65 | M5/5 | (M)78 | 01:00:36 | 04.02 |
| 6 | 234 | BŁASZCZYK Czesław | KROŚNIEWICE | POL | | 64 | M5/6 | (M)83 | 01:00:46 | 04.03 |
| 7 | 1003 | KLUF Zdzisław | BELCHATÓW | POL | | 57 | M5/7 | (M)91 | 01:01:29 | 04.05 |
| 8 | 439 | PRUSAŁOWICZ Jerzy | PŁOCK | POL | | 63 | M5/8 | (M)137 | 01:04:21 | 04.17 |
| 9 | 637 | SIEKIERSKI Wiesław | BELCHÓW | POL | | 63 | M5/9 | (M)143 | 01:04:48 | 04.19 |
| 10 | 285 | PACUŁA Zbigniew | PIASECZNO | POL | | 61 | M5/10 | (M)157 | 01:05:36 | 04.22 |
| 11 | 1081 | ZIMOWSKI Robert | BELCHATÓW | POL | | 64 | M5/11 | (M)167 | 01:06:09 | 04.24 |
| 12 | 502 | KRAWCZYK Włodzimierz | TOMASZÓW | POL | | 62 | M5/12 | (M)189 | 01:06:58 | 04.27 |
| 13 | 755 | RYDECKI Paweł | BLACHOWNIA | POL | | 64 | M5/13 | (M)193 | 01:07:06 | 04.28 |
| 14 | 635 | TURLEJ Dariusz | WARSZAWA | POL | | 57 | M5/14 | (M)214 | 01:07:39 | 04.30 |
| 15 | 440 | BARAN Zenon | WARSZAWA | POL | | 60 | M5/15 | (M)226 | 01:08:03 | 04.32 |
| 16 | 501 | LISICKI Marek | ŁÓDŹ | POL | | 57 | M5/16 | (M)227 | 01:08:03 | 04.32 |
| 17 | 632 | OLSZOWIAK Mirosław | WROCLAW | POL | | 64 | M5/17 | (M)229 | 01:08:06 | 04.32 |
| 18 | 1112 | ŚLIWIŃSKI Jerzy | BELCHATÓW | POL | | 63 | M5/18 | (M)230 | 01:08:08 | 04.32 |
| 19 | 611 | STAWSKI Dariusz | ŁÓDŹ | POL | | 57 | M5/19 | (M)231 | 01:08:08 | 04.32 |
| 20 | 261 | TRAJDOS Grzegorz | KLESZCZÓW | POL | | 65 | M5/20 | (M)249 | 01:08:56 | 04.35 |
| 21 | 117 | ZAKRZEWSKI Andrzej | TOMASZÓW-MAZ | POL | | 59 | M5/21 | (M)255 | 01:09:10 | 04.36 |
| 22 | 622 | JANECZEK Wiesław | TRĘBACZEW | POL | | 61 | M5/22 | (M)258 | 01:09:13 | 04.36 |
| 23 | 334 | BOGACKI Andrzej | JAWORZNO | POL | | 63 | M5/23 | (M)260 | 01:09:15 | 04.37 |
| 24 | 309 | KUCHARCZYK Benedykt | BORONÓW | POL | | 58 | M5/24 | (M)263 | 01:09:23 | 04.37 |
| 25 | 211 | BRONISZEWSKI Ryszard | PIOTRKÓW | POL | | 57 | M5/25 | (M)268 | 01:09:30 | 04.38 |
| 26 | 154 | GAJDA Piotr | ZGIERZ | POL | | 64 | M5/26 | (M)278 | 01:09:46 | 04.39 |
| 27 | 247 | PIESIK Jarosław | ROSTARZEWO | POL | | 64 | M5/27 | (M)280 | 01:09:48 | 04.39 |
| 28 | 1084 | KOWALCZYK Wojciech | BELCHATÓW | POL | | 61 | M5/28 | (M)292 | 01:10:09 | 04.40 |
| 29 | 536 | SNOCHOWSKI Leszek | LGOTA WIELKA | POL | | 58 | M5/29 | (M)294 | 01:10:09 | 04.40 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-------------|-----------------|------------|-----------------------|--------|--------------|----------|
| 30 | 785 | SZYMAŃSKI Jacek | WARSZAWA | POL | | 65 | M5/30 | (M)296 | 01:10:12 | 04.40 |
| 31 | 453 | RACZYŃSKI Ireneusz | ALEKSANDRÓW ŁÓDZKI | POL | | 59 | M5/31 | (M)303 | 01:10:15 | 04.41 |
| 32 | 759 | BURY Andrzej | BLACHOWNIA | POL | | 56 | M5/32 | (M)307 | 01:10:34 | 04.42 |
| 33 | 1118 | PAWLONKA Ireneusz | BELCHATÓW | POL | | 63 | M5/33 | (M)313 | 01:10:45 | 04.43 |
| 34 | 983 | WIELOCH Andrzej | PARZYMICHECHY | POL | | 65 | M5/34 | (M)318 | 01:10:53 | 04.43 |
| 35 | 275 | MILCZAREK Janusz | ŁÓDŹ | POL | | 62 | M5/35 | (M)320 | 01:10:56 | 04.43 |
| 36 | 1127 | KOZA Andrzej | BELCHATÓW | POL | | 57 | M5/36 | (M)324 | 01:10:59 | 04.43 |
| 37 | 1021 | HENDRYKOWSKI Krzysztof | BELCHATÓW | POL | | 63 | M5/37 | (M)346 | 01:11:59 | 04.47 |
| 38 | 80 | UCIEKŁAK Waldemar | CZĘSTOCHOWA | POL | | 62 | M5/38 | (M)349 | 01:12:05 | 04.48 |
| 39 | 97 | STRZELECKI CIRRUS Jakub | ŁÓDŹ | POL | | 64 | M5/39 | (M)354 | 01:12:17 | 04.49 |
| 40 | 773 | LUŚCIŃSKI Konrad | KIELCE | POL | | 64 | M5/40 | (M)357 | 01:12:24 | 04.49 |
| 41 | 1105 | GEMBORYS Jan | BELCHATÓW | POL | | 60 | M5/41 | (M)365 | 01:12:39 | 04.50 |
| 42 | 370 | MĘKARSKI Sławomir | TOMASZÓW | POL | | 64 | M5/42 | (M)370 | 01:12:49 | 04.51 |
| 43 | 323 | FAJER Marek | MYSZKÓW | POL | | 59 | M5/43 | (M)376 | 01:12:54 | 04.51 |
| 44 | 686 | POLAK Igor | PABIANICE | POL | | 62 | M5/44 | (M)379 | 01:12:58 | 04.51 |
| 45 | 621 | POSTRACH Bogusław | CZĘSTOCHOWA | POL | | 65 | M5/45 | (M)384 | 01:13:07 | 04.52 |
| 46 | 549 | ŁOŚ Kazimierz | GOSTYNIN | POL | | 57 | M5/46 | (M)396 | 01:13:47 | 04.55 |
| 47 | 1116 | JURACHNO Edward | BELCHATÓW | POL | | 60 | M5/47 | (M)405 | 01:14:02 | 04.56 |
| 48 | 854 | JURGA Kazimierz | WOLA ZARADZYŃSKA | POL | | 62 | M5/48 | (M)420 | 01:14:23 | 04.57 |
| 49 | 580 | WOJCIECHOWSKI Waldemar | CZĘSTOCHOWA | POL | | 63 | M5/49 | (M)425 | 01:14:36 | 04.58 |
| 50 | 643 | ZAWADZKI Paweł | ORPEŁÓW-NUMERKI | POL | | 64 | M5/50 | (M)432 | 01:14:58 | 04.59 |
| 51 | 423 | DYLAĞ Marek | JAWORZNO | POL | | 61 | M5/51 | (M)433 | 01:15:02 | 05.00 |
| 52 | 1108 | MICHALAK Dariusz | BELCHATÓW | POL | | 65 | M5/52 | (M)439 | 01:15:17 | 05.01 |
| 53 | 1048 | BOMAN Stanisław | BELCHATÓW | POL | | 65 | M5/53 | (M)448 | 01:15:51 | 05.03 |
| 54 | 189 | KWIATKOWSKI Mariusz | ŁÓDŹ | POL | | 63 | M5/54 | (M)449 | 01:15:51 | 05.03 |
| 55 | 48 | KRAKOWIAK Grzegorz | GDAŃSK | POL | | 56 | M5/55 | (M)450 | 01:15:51 | 05.03 |
| 56 | 707 | ZYSK Paweł | JANÓWKA | POL | | 65 | M5/56 | (M)452 | 01:15:56 | 05.03 |
| 57 | 720 | BADZIAK Zygmunt | ZELÓW | POL | | 63 | M5/57 | (M)464 | 01:16:14 | 05.04 |
| 58 | 1027 | SOBCZYK Ryszard | BELCHATÓW | POL | | 62 | M5/58 | (M)504 | 01:17:29 | 05.09 |
| 59 | 281 | KRZESIŃSKI Sławomir | PIOTRKÓW TRYB | POL | | 64 | M5/59 | (M)506 | 01:17:30 | 05.10 |
| 60 | 239 | SZCZĘSŃNY Wojciech | KLESZCZÓW | POL | | 62 | M5/60 | (M)511 | 01:17:37 | 05.10 |
| 61 | 74 | BŁASIAK Tomasz | SIERADZ | POL | | 62 | M5/61 | (M)516 | 01:17:50 | 05.11 |
| 62 | 298 | JANUSZ Tadeusz | PIOTRKÓW | POL | | 57 | M5/62 | (M)521 | 01:17:55 | 05.11 |
| 63 | 1070 | SZAŁWIŃSKI Tomek | BELCHATÓW | POL | | 65 | M5/63 | (M)531 | 01:18:22 | 05.13 |
| 64 | 422 | PALA Jerzy | CZĘSTOCHOWA | POL | | 59 | M5/64 | (M)535 | 01:18:35 | 05.14 |
| 65 | 532 | SKATULNIK Sławomir | PIOTRKÓW | POL | | 64 | M5/65 | (M)548 | 01:19:06 | 05.16 |
| 66 | 1131 | GAWRON Marek | BELCHATÓW | POL | | 64 | M5/66 | (M)559 | 01:19:43 | 05.18 |
| 67 | 1119 | PIELES Krzysztof | BELCHATÓW | POL | | 61 | M5/67 | (M)564 | 01:20:10 | 05.20 |
| 68 | 750 | ROSIAK Paweł | ŁÓDŹ | POL | | 59 | M5/68 | (M)569 | 01:20:50 | 05.23 |
| 69 | 351 | MARKIEWICZ Andrzej | ŁÓDŹ | POL | | 59 | M5/69 | (M)577 | 01:21:16 | 05.25 |
| 70 | 672 | RAJCZYK Włodzimierz | ŻARKI LETNISKO | POL | | 59 | M5/70 | (M)583 | 01:21:26 | 05.25 |
| 71 | 68 | MIERNICKI Mariusz | DZIERŻONIÓW | POL | | 59 | M5/71 | (M)592 | 01:21:50 | 05.27 |
| 72 | 1201 | KOŁATEK Tomek | BELCHATÓW | POL | | 64 | M5/72 | (M)594 | 01:22:15 | 05.29 |
| 73 | 1029 | KRUSZYŃSKI Andrzej | BELCHATÓW | POL | | 59 | M5/73 | (M)612 | 01:23:37 | 05.34 |
| 74 | 305 | WIADEREK Sławomir | WARSZAWA | POL | | 59 | M5/74 | (M)615 | 01:23:41 | 05.34 |
| 75 | 133 | WŁODARCZYK Wojciech | ŁÓDŹ | POL | | 56 | M5/75 | (M)624 | 01:24:01 | 05.36 |
| 76 | 1098 | KOSELSKI Arkadiusz | BELCHATÓW | POL | | 62 | M5/76 | (M)632 | 01:24:24 | 05.37 |
| 77 | 431 | CHOLEWA Stefan | ZDUNY | POL | | 58 | M5/77 | (M)634 | 01:24:28 | 05.37 |
| 78 | 738 | BZDĘGA Jan | CZĘSTOCHOWA | POL | | 57 | M5/78 | (M)659 | 01:26:16 | 05.45 |
| 79 | 1056 | WYSOCKI Zdzisław | BELCHATÓW | POL | | 59 | M5/79 | (M)667 | 01:27:05 | 05.48 |
| 80 | 550 | MANDAT Janek | OLEŚNICA | POL | | 59 | M5/80 | (M)670 | 01:27:17 | 05.49 |
| 81 | 1085 | FOLTYN Mirosław | BELCHATÓW | POL | | 65 | M5/81 | (M)672 | 01:27:24 | 05.49 |
| 82 | 371 | BOJARCZUK Waldemar | TOMASZÓW | POL | | 56 | M5/82 | (M)674 | 01:27:41 | 05.50 |
| 83 | 504 | MSZYCA Paweł | WŁADYSŁAWÓW | POL | | 64 | M5/83 | (M)682 | 01:28:16 | 05.53 |
| 84 | 523 | ŚMICH Krzysztof | CZĘSTOCHOWA | POL | | 60 | M5/84 | (M)683 | 01:28:17 | 05.53 |
| 85 | 1135 | LEGUTKO Stefan | BELCHATÓW | POL | | 57 | M5/85 | (M)686 | 01:28:19 | 05.53 |
| 86 | 722 | SUSKI Maciej | ŁÓDŹ | POL | | 62 | M5/86 | (M)688 | 01:28:23 | 05.53 |
| 87 | 510 | MICHALCZUK Zenon | SANOK | POL | | 57 | M5/87 | (M)690 | 01:28:39 | 05.54 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------|-----------|--------------------------|---------------------|-------------|-----------------|------------|-----------------------|--------|--------------|----------|
| 88 | 760 | KACZMARKIEWICZ Krzysztof | ŁÓDŹ | | POL | 61 | M5/88 | (M)693 | 01:29:00 | 05.56 |
| 89 | 1096 | KRAWCZYK Krzysztof | BELCHATÓW | | POL | 59 | M5/89 | (M)700 | 01:30:48 | 06.03 |
| 90 | 710 | GŁOWACZ Jacek | RZAŚAWA | | POL | 62 | M5/90 | (M)701 | 01:30:55 | 06.03 |
| 91 | 411 | WOŁKANIN Paweł | ŁÓDŹ | | POL | 59 | M5/91 | (M)703 | 01:31:13 | 06.04 |
| 92 | 1113 | JACKOWSKI Grzegorz | BELCHATÓW | | POL | 56 | M5/92 | (M)704 | 01:31:16 | 06.05 |
| 93 | 1090 | DĄBROWSKI Przemysław | BELCHATÓW | | POL | 62 | M5/93 | (M)710 | 01:34:28 | 06.17 |
| 94 | 558 | STACHOWSKI Bogusław | ŁASK | | POL | 59 | M5/94 | (M)721 | 01:44:11 | 06.56 |

Bieg 15 km - M60 [37]

| | | | | | | | | | | |
|----|------|------------------------|-------------------|--|-----|----|-------|--------|----------|-------|
| 1 | 768 | KOSOWSKI Janusz | OLSZTYN | | POL | 52 | M6/1 | (M)128 | 01:04:06 | 04.16 |
| 2 | 190 | MATUSZEWSKI Piotr | GOSTYNIN | | POL | 54 | M6/2 | (M)171 | 01:06:15 | 04.25 |
| 3 | 246 | JANIK Jerzy | STRZELCE OPOLSKIE | | POL | 54 | M6/3 | (M)173 | 01:06:15 | 04.25 |
| 4 | 122 | BORKOWSKI Grzegorz | ŁÓDŹ | | POL | 55 | M6/4 | (M)179 | 01:06:35 | 04.26 |
| 5 | 1043 | BŁASZCZYK Marian | BELCHATÓW | | POL | 55 | M6/5 | (M)202 | 01:07:21 | 04.29 |
| 6 | 236 | DĄBEK Ryszard | PABIANICE | | POL | 51 | M6/6 | (M)216 | 01:07:42 | 04.30 |
| 7 | 103 | KORCZYŃSKI Stanisław | ŁÓDŹ | | POL | 53 | M6/7 | (M)273 | 01:09:35 | 04.38 |
| 8 | 590 | BORKOWSKI Jerzy | RADOM | | POL | 51 | M6/8 | (M)288 | 01:09:58 | 04.39 |
| 9 | 179 | REDZYŃSKA Janusz | ŁÓDŹ | | POL | 53 | M6/9 | (M)339 | 01:11:38 | 04.46 |
| 10 | 1036 | KĘPIŃSKI Henryk | BELCHATÓW | | POL | 53 | M6/10 | (M)368 | 01:12:48 | 04.51 |
| 11 | 7 | KRAJTL Svatopluk | PARDOBICE | | CZE | 49 | M6/11 | (M)393 | 01:13:42 | 04.54 |
| 12 | 215 | KOCIMSKI Jan | SOCHACZEW | | POL | 48 | M6/12 | (M)403 | 01:14:01 | 04.56 |
| 13 | 83 | ANTOLIK Wojciech | ŁÓDŹ | | POL | 54 | M6/13 | (M)404 | 01:14:01 | 04.56 |
| 14 | 974 | BAKOWSKI Marcin | STARY KOZANÓW | | POL | 48 | M6/14 | (M)407 | 01:14:05 | 04.56 |
| 15 | 89 | MUSUR Adam | OLEŚNICA | | POL | 53 | M6/15 | (M)447 | 01:15:50 | 05.03 |
| 16 | 566 | CUPIAŁ Zenon | MYSZKÓW | | POL | 51 | M6/16 | (M)481 | 01:16:40 | 05.06 |
| 17 | 770 | ŻUCHOWSKI Leszek | ŁASK | | POL | 47 | M6/17 | (M)505 | 01:17:30 | 05.10 |
| 18 | 772 | ARABAS Krzysztof | CZĘSTOCHOWA | | POL | 52 | M6/18 | (M)510 | 01:17:36 | 05.10 |
| 19 | 242 | WARSZAWSKI Włodzimierz | JAWORZNO | | POL | 47 | M6/19 | (M)556 | 01:19:30 | 05.18 |
| 20 | 564 | KOŁODZIEJ Antoni | KALEJ | | POL | 52 | M6/20 | (M)578 | 01:21:18 | 05.25 |
| 21 | 766 | LESIAK Andrzej | ŁÓDŹ | | POL | 54 | M6/21 | (M)587 | 01:21:33 | 05.26 |
| 22 | 194 | GADZINOWSKI Ignacy | RADOM | | POL | 50 | M6/22 | (M)603 | 01:23:12 | 05.32 |
| 23 | 1039 | SKALSKI Zbigniew | BELCHATÓW | | POL | 46 | M6/23 | (M)614 | 01:23:40 | 05.34 |
| 24 | 87 | KURZAWSKI Jerzy | ŁÓDŹ | | POL | 49 | M6/24 | (M)622 | 01:23:57 | 05.35 |
| 25 | 109 | JABŁOŃSKI Kazimierz | PRĄDY | | POL | 51 | M6/25 | (M)626 | 01:24:09 | 05.36 |
| 26 | 1154 | SIMIŃSKI Ryszard | BELCHATÓW | | POL | 55 | M6/26 | (M)639 | 01:24:53 | 05.39 |
| 27 | 214 | RZEŹNICKI Andrzej | ŁÓDŹ | | POL | 51 | M6/27 | (M)651 | 01:25:36 | 05.42 |
| 28 | 1058 | NAPIERAŁA Bogusław | BELCHATÓW | | POL | 46 | M6/28 | (M)654 | 01:25:50 | 05.43 |
| 29 | 152 | WRÓBEL Marek | ŁASK | | POL | 50 | M6/29 | (M)677 | 01:27:54 | 05.51 |
| 30 | 164 | MICHALAK Grzegorz | RZEKI WIELKIE | | POL | 54 | M6/30 | (M)705 | 01:31:24 | 06.05 |
| 31 | 200 | SYGUT Grzegorz | OPOCZNO | | POL | 53 | M6/31 | (M)706 | 01:32:01 | 06.08 |
| 32 | 321 | POLANOWSKI Antoni | TOMASZÓW | | POL | 52 | M6/32 | (M)709 | 01:33:28 | 06.13 |
| 33 | 221 | GOSZCZYŃSKI Ryszard | ŁÓDŹ | | POL | 47 | M6/33 | (M)717 | 01:40:45 | 06.43 |
| 34 | 81 | BAŃKA Jan | CZĘSTOCHOWA | | POL | 46 | M6/34 | (M)722 | 01:47:26 | 07.09 |
| 35 | 984 | REMBOWSKI Jacek | ŁOWICZ | | POL | 46 | M6/35 | (M)728 | 01:51:38 | 07.26 |

Bieg 15 km - M70 [5]

| | | | | | | | | | | |
|---|------|---------------------|-----------|--|-----|----|------|--------|----------|-------|
| 1 | 222 | GRABKA Stanisław | KRAKÓW | | POL | 43 | M7/1 | (M)499 | 01:17:22 | 05.09 |
| 2 | 1028 | SMODLIBOWSKI Tomasz | BELCHATÓW | | POL | 39 | M7/2 | (M)642 | 01:25:12 | 05.40 |
| 3 | 512 | GRZEGORCZYK Piotr | ŁÓDŹ | | POL | 44 | M7/3 | (M)678 | 01:27:54 | 05.51 |
| 4 | 521 | BŁĄDEK Witold | ŁÓDŹ | | POL | 44 | M7/4 | (M)698 | 01:29:59 | 05.59 |
| 5 | 141 | KUPIS Marian feliks | ŁÓDŹ | | POL | 45 | M7/5 | (M)711 | 01:35:39 | 06.22 |

Bieg 15 km - K16 [3]

| | | | | | | | | | | |
|---|-----|------------------|-----------|--|-----|----|-------|--------|----------|-------|
| 1 | 763 | SOBAŃSKA Izabela | DRUŻBICE | | POL | 96 | K16/1 | (K)26 | 01:11:07 | 04.44 |
| 2 | 488 | SZKUDLAREK Agata | PABIANICE | | POL | 99 | K16/2 | (K)65 | 01:19:37 | 05.18 |
| 3 | 316 | NOWACKA Julia | OLEŚNICA | | POL | 97 | K16/3 | (K)141 | 01:29:18 | 05.57 |

Bieg 15 km - K20 [38]

| | | | | | | | | | | |
|---|-----|---------------------|----------|--|-----|----|------|------|----------|-------|
| 1 | 185 | KACZMAREK Monika | ŁÓDŹ | | POL | 89 | K2/1 | (K)1 | 00:54:32 | 03.38 |
| 2 | 471 | KILIARSKA Valentyna | NIKOLAEV | | UKR | 90 | K2/2 | (K)2 | 00:54:38 | 03.38 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------|-----------|----------------------------|---------------------|-------------|-----------------|------------|-----------------------|--------|--------------|----------|
| 3 | 969 | MASLOVSKA Solomiya | OSTRÓW WIELKOPOLSKI | | UKR | 90 | K2/3 | (K)4 | 00:55:06 | 03.40 |
| 4 | 807 | PYTEL Maria | STARACHOWICE | | POL | 86 | K2/4 | (K)8 | 01:01:34 | 04.06 |
| 5 | 719 | MATUSIAK Karolina | ŁÓDŹ | | POL | 90 | K2/5 | (K)17 | 01:08:15 | 04.33 |
| 6 | 1014 | BOMAN Justyna | BELCHATÓW | | POL | 90 | K2/6 | (K)23 | 01:10:57 | 04.43 |
| 7 | 659 | GRZELEWSKA Justyna | KONSTANTYNÓW ŁÓDZKI | | POL | 90 | K2/7 | (K)28 | 01:11:50 | 04.47 |
| 8 | 684 | LISOWSKA Katarzyna | KONSTANTYNÓW ŁÓDZKI | | POL | 93 | K2/8 | (K)29 | 01:11:52 | 04.47 |
| 9 | 1016 | PLUCIEŃCZAK Monika | BELCHATÓW | | POL | 92 | K2/9 | (K)31 | 01:12:15 | 04.49 |
| 10 | 1051 | KLUZA Karolina | BELCHATÓW | | POL | 89 | K2/10 | (K)37 | 01:14:37 | 04.58 |
| 11 | 1050 | KEMPA Ewelina | BELCHATÓW | | POL | 90 | K2/11 | (K)47 | 01:16:50 | 05.07 |
| 12 | 802 | PIEPRZ Magdalena | WIELUŃ | | POL | 91 | K2/12 | (K)50 | 01:17:21 | 05.09 |
| 13 | 538 | SWĘDRAK Paulina | KIELCYGLÓW | | POL | 88 | K2/13 | (K)51 | 01:17:21 | 05.09 |
| 14 | 354 | PAWLAK Anna | RADOM | | POL | 89 | K2/14 | (K)54 | 01:17:41 | 05.10 |
| 15 | 260 | DEMBSKA Nina | OSJAKÓW | | POL | 88 | K2/15 | (K)56 | 01:18:05 | 05.12 |
| 16 | 458 | CUPER-KONWERSKA Małgorzata | ŁÓDŹ | | POL | 86 | K2/16 | (K)60 | 01:19:15 | 05.17 |
| 17 | 693 | DĄBROWSKA Ewelina | ŁÓDŹ | | POL | 87 | K2/17 | (K)71 | 01:20:12 | 05.20 |
| 18 | 1099 | POLAK Magdalena | BELCHATÓW | | POL | 93 | K2/18 | (K)78 | 01:20:45 | 05.23 |
| 19 | 1019 | KOŁATEK Paulina | BELCHATÓW | | POL | 91 | K2/19 | (K)93 | 01:22:10 | 05.28 |
| 20 | 55 | HAJZER Ewa | ŁÓDŹ | | POL | 86 | K2/20 | (K)95 | 01:22:11 | 05.28 |
| 21 | 380 | SZLAGOWSKA Liliana | ŁÓDŹ | | POL | 88 | K2/21 | (K)108 | 01:24:46 | 05.39 |
| 22 | 361 | HODOŃ Jagoda | ŁÓDŹ | | POL | 93 | K2/22 | (K)115 | 01:25:34 | 05.42 |
| 23 | 679 | CHOJNACKA Karolina | ZELÓW | | POL | 92 | K2/23 | (K)116 | 01:25:42 | 05.42 |
| 24 | 813 | GAJDA Małgorzata | ZELÓW | | POL | 92 | K2/24 | (K)119 | 01:26:39 | 05.46 |
| 25 | 1153 | RZEPKOWSKA Sławomira | BELCHATÓW | | POL | 88 | K2/25 | (K)134 | 01:28:24 | 05.53 |
| 26 | 442 | BARAN Paulina | PIASECZNO | | POL | 90 | K2/26 | (K)136 | 01:28:42 | 05.54 |
| 27 | 156 | KĘPA Anna | ZELÓW | | POL | 89 | K2/27 | (K)139 | 01:28:51 | 05.55 |
| 28 | 415 | MAŁOLEPSZA Aleksandra | ŁASK | | POL | 92 | K2/28 | (K)148 | 01:30:34 | 06.02 |
| 29 | 1095 | MUCHA Klaudia | BELCHATÓW | | POL | 90 | K2/29 | (K)149 | 01:30:46 | 06.03 |
| 30 | 1038 | BŁASZCZYK Dorota | BELCHATÓW | | POL | 91 | K2/30 | (K)156 | 01:31:43 | 06.06 |
| 31 | 654 | KOWALCZYK Sylwia | LUTUTÓW | | POL | 88 | K2/31 | (K)166 | 01:36:28 | 06.25 |
| 32 | 604 | MAKUŁA Magdalena | OPOLE | | POL | 86 | K2/32 | (K)178 | 01:40:38 | 06.42 |
| 33 | 899 | ORZECZOWSKA Joanna | KLESZCZÓW | | POL | 91 | K2/33 | (K)183 | 01:41:27 | 06.45 |
| 34 | 82 | BEJM Roksana | CZĘSTOCHOWA | | POL | 93 | K2/34 | (K)186 | 01:43:09 | 06.52 |
| 35 | 123 | TOMASIAK Małgorzata | LUBLIN | | POL | 86 | K2/35 | (K)195 | 02:05:16 | 08.21 |

Bieg 15 km - K30 [93]




| | | | | | | | | | | |
|----|------|---------------------------|--------------------|--|-----|----|-------|-------|----------|-------|
| 1 | 799 | GORTEL-MACIUK Agnieszka | CHORZOW | | POL | 77 | K3/1 | (K)3 | 00:54:47 | 03.39 |
| 2 | 966 | OLIJNIK Swietlana | WINNITSA | | UKR | 85 | K3/2 | (K)5 | 00:55:56 | 03.43 |
| 3 | 988 | ZIÓLEK Magdalena | JÓZEFOSŁAW | | POL | 78 | K3/3 | (K)9 | 01:04:04 | 04.16 |
| 4 | 795 | KACZMAREK Aneta | ALEKSANDRÓW ŁÓDZKI | | POL | 81 | K3/4 | (K)11 | 01:05:07 | 04.20 |
| 5 | 505 | GAPYS Dorota | ŁÓDŹ | | POL | 84 | K3/5 | (K)12 | 01:05:28 | 04.21 |
| 6 | 1045 | WUJEK Magdalena | BELCHATÓW | | POL | 83 | K3/6 | (K)13 | 01:05:37 | 04.22 |
| 7 | 306 | ŻBIKOWSKA-JUSIS Katarzyna | ŁÓDŹ | | POL | 83 | K3/7 | (K)14 | 01:05:50 | 04.23 |
| 8 | 644 | MARCINIAK Edyta | KALISZ | | POL | 81 | K3/8 | (K)15 | 01:06:37 | 04.26 |
| 9 | 810 | NOWAK Monika | CZĘSTOCHOWA | | POL | 81 | K3/9 | (K)16 | 01:07:54 | 04.31 |
| 10 | 463 | TRAWCZYŃSKA Ewelina | ŁÓDŹ | | POL | 77 | K3/10 | (K)19 | 01:08:30 | 04.34 |
| 11 | 212 | WOSZCZYK Monika | PIOTRKÓW | | POL | 81 | K3/11 | (K)20 | 01:09:22 | 04.37 |
| 12 | 1159 | PLICH Anna | BELCHATÓW | | POL | 81 | K3/12 | (K)21 | 01:09:44 | 04.38 |
| 13 | 721 | SUSKA Katarzyna | ŁÓDŹ | | POL | 77 | K3/13 | (K)22 | 01:10:48 | 04.43 |
| 14 | 330 | WÓJCIK Małgorzata | TOMASZÓW | | POL | 79 | K3/14 | (K)25 | 01:11:02 | 04.44 |
| 15 | 91 | KŁYSZEJKO Sylwia | ŁÓDŹ | | POL | 77 | K3/15 | (K)30 | 01:12:00 | 04.48 |
| 16 | 524 | ŚWIĘTEK-OZDOBA Sylwia | SIECHNICE | | POL | 77 | K3/16 | (K)33 | 01:12:35 | 04.50 |
| 17 | 690 | STEFANIAK Justyna | OLEŚNICA | | POL | 76 | K3/17 | (K)36 | 01:14:10 | 04.56 |
| 18 | 508 | ŚWIATOWA Małgorzata | ZDUŃSKA WOLA | | POL | 80 | K3/18 | (K)38 | 01:14:44 | 04.58 |
| 19 | 40 | KICINSKA-KOKOTEK Beata | ŁÓDŹ | | POL | 77 | K3/19 | (K)39 | 01:14:49 | 04.59 |
| 20 | 741 | ŁYKO Nina | CZĘSTOCHOWA | | POL | 84 | K3/20 | (K)41 | 01:15:39 | 05.02 |
| 21 | 57 | MIKOŁAJCZYK-SOWA Monika | ŁÓDŹ | | POL | 76 | K3/21 | (K)42 | 01:16:09 | 05.04 |
| 22 | 202 | RETIEWICZ Dorota | KURNOS DRUGI | | POL | 79 | K3/22 | (K)44 | 01:16:16 | 05.05 |
| 23 | 681 | JEZIORSKA Kamila | KUTNO | | POL | 81 | K3/23 | (K)45 | 01:16:34 | 05.06 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------|-----------|-----------------------------------|---------------------|-------------|-----------------|------------|-----------------------|--------|--------------|----------|
| 24 | 180 | KOCHELSKA Kamila | OSIEDLE NIEWIADÓW | | POL | 79 | K3/24 | (K)48 | 01:16:54 | 05.07 |
| 25 | 831 | SOSNOWSKA Agnieszka | SOSNOWIEC | | POL | 80 | K3/25 | (K)49 | 01:17:07 | 05.08 |
| 26 | 626 | STAŃCZYK Magdalena | CZĘSTOCHOWA | | POL | 81 | K3/26 | (K)52 | 01:17:28 | 05.09 |
| 27 | 1091 | SIDORCZUK Katarzyna | BELCHATÓW | | POL | 78 | K3/27 | (K)64 | 01:19:32 | 05.18 |
| 28 | 71 | JASTRZĄBEK Agnieszka | ŁÓDŹ | | POL | 84 | K3/28 | (K)70 | 01:20:02 | 05.20 |
| 29 | 662 | GROCHULSKA Karolina | ŁÓDŹ | | POL | 82 | K3/29 | (K)72 | 01:20:35 | 05.22 |
| 30 | 730 | FOKS Elżbieta | DOMANIEWICE | | POL | 81 | K3/30 | (K)73 | 01:20:36 | 05.22 |
| 31 | 460 | WYLAZŁOWSKA Sylwia | ŁÓDŹ | | POL | 77 | K3/31 | (K)74 | 01:20:39 | 05.22 |
| 32 | 331 | BORKOWSKA Magdalena | OPATÓWEK | | POL | 77 | K3/32 | (K)75 | 01:20:39 | 05.22 |
| 33 | 704 | MACIĄG Monika | ZAWIERCIE | | POL | 83 | K3/33 | (K)76 | 01:20:42 | 05.22 |
| 34 | 618 | GUBERNAT-ULATOWSKI Ewa | BIELANY WROCŁAWSKIE | | POL | 80 | K3/34 | (K)79 | 01:20:51 | 05.23 |
| 35 | 25 | GAGAS Aleksandra | ŁÓDŹ | | POL | 78 | K3/35 | (K)81 | 01:21:02 | 05.24 |
| 36 | 64 | WASILEWSKA Agnieszka | SZCZERCÓW | | POL | 81 | K3/36 | (K)82 | 01:21:08 | 05.24 |
| 37 | 409 | CIEPLUCH-SZMYTKOWSKA Magdalena | ŁÓDŹ | | POL | 85 | K3/37 | (K)85 | 01:21:30 | 05.26 |
| 38 | 137 | ŚREDNIAK Agnieszka | ŁÓDŹ | | POL | 78 | K3/38 | (K)86 | 01:21:48 | 05.27 |
| 39 | 72 | PASTUSZKA Sylwia | ŁÓDŹ | | POL | 78 | K3/39 | (K)87 | 01:21:51 | 05.27 |
| 40 | 1069 | STOLECKA Beata | BELCHATÓW | | POL | 80 | K3/40 | (K)88 | 01:21:57 | 05.27 |
| 41 | 10 | ZAZIĄBŁ Marzena | KRAKÓW | | POL | 85 | K3/41 | (K)89 | 01:21:59 | 05.27 |
| 42 | 1155 | RYDZ Joanna | BELCHATÓW | | POL | 77 | K3/42 | (K)90 | 01:22:00 | 05.28 |
| 43 | 469 | MAKOWSKA Grażyna | KSAWERÓW | | POL | 85 | K3/43 | (K)91 | 01:22:01 | 05.28 |
| 44 | 1079 | KULA Ewa | BELCHATÓW | | POL | 84 | K3/44 | (K)97 | 01:22:50 | 05.31 |
| 45 | 824 | CHMIEL Paulina | ŁÓDŹ | | POL | 85 | K3/45 | (K)98 | 01:23:02 | 05.32 |
| 46 | 1064 | SZYMCZAK Anna | BELCHATÓW | | POL | 80 | K3/46 | (K)100 | 01:23:25 | 05.33 |
| 47 | 131 | WALCZYŃSKA Katarzyna | ŻORY | | POL | 83 | K3/47 | (K)102 | 01:23:39 | 05.34 |
| 48 | 193 | FIGLUS- KACZKOWSKA Aleksandra | ŁÓDŹ | | POL | 83 | K3/48 | (K)103 | 01:23:41 | 05.34 |
| 49 | 639 | OLEJNICZAK Agnieszka | ŁÓDŹ | | POL | 76 | K3/49 | (K)104 | 01:24:33 | 05.38 |
| 50 | 1053 | STĘPIEŃ Marlena | BELCHATÓW | | POL | 83 | K3/50 | (K)106 | 01:24:35 | 05.38 |
| 51 | 1057 | CUŻYTEK Magdalena | BELCHATÓW | | POL | 84 | K3/51 | (K)107 | 01:24:46 | 05.39 |
| 52 | 657 | GRYGIEL Katarzyna | ZARKI LETNISKO | | POL | 83 | K3/52 | (K)109 | 01:24:49 | 05.39 |
| 53 | 297 | ŚWIRSKA Katarzyna | POZNAŃ | | POL | 84 | K3/53 | (K)110 | 01:24:50 | 05.39 |
| 54 | 771 | BEDNARCZYK Dagmara | ZAWIERCIE | | POL | 83 | K3/54 | (K)112 | 01:25:08 | 05.40 |
| 55 | 421 | LEWIŃSKA Paulina | NOWE MIASTO NAD | | POL | 76 | K3/55 | (K)113 | 01:25:10 | 05.40 |
| 56 | 372 | FORYŚ Agnieszka | ŁÓDŹ | | POL | 80 | K3/56 | (K)118 | 01:26:24 | 05.45 |
| 57 | 353 | MAREK Aneta | TUSZYN | | POL | 78 | K3/57 | (K)120 | 01:26:41 | 05.46 |
| 58 | 405 | NOWICKA - SZCZEPAŃSKA Sylwia | PIOTRKÓW | | POL | 77 | K3/58 | (K)122 | 01:27:07 | 05.48 |
| 59 | 1062 | BACZMAGA Dorota | BELCHATÓW | | POL | 81 | K3/59 | (K)123 | 01:27:34 | 05.50 |
| 60 | 673 | HODAK Justyna | ŁÓDŹ | | POL | 79 | K3/60 | (K)125 | 01:27:49 | 05.51 |
| 61 | 438 | CHRZANOWSKA Magdalena | ZELÓW | | POL | 82 | K3/61 | (K)127 | 01:27:54 | 05.51 |
| 62 | 761 | RAWECKA Marta | ŁÓDŹ | | POL | 81 | K3/62 | (K)130 | 01:28:11 | 05.52 |
| 63 | 607 | PALUSZKIEWICZ Karolina | ŁÓDŹ | | POL | 79 | K3/63 | (K)135 | 01:28:33 | 05.54 |
| 64 | 574 | PAWLAK Joanna | ŁÓDŹ | | POL | 80 | K3/64 | (K)137 | 01:28:43 | 05.54 |
| 65 | 1132 | KOŁODZIEJCZYK Marta | BELCHATÓW | | POL | 83 | K3/65 | (K)143 | 01:29:42 | 05.58 |
| 66 | 8 | MEZEY Szimonetta | CSONGRÁD | | HUN | 80 | K3/66 | (K)144 | 01:29:59 | 05.59 |
| 67 | 61 | CHRABELSKA Weronika | DOBRON | | POL | 80 | K3/67 | (K)145 | 01:30:00 | 06.00 |
| 68 | 982 | SIWCZYK Iwona | WARSZAWA | | POL | 80 | K3/68 | (K)146 | 01:30:06 | 06.00 |
| 69 | 425 | SMELCERZ-GADECKA Aneta | KIELCE | | POL | 82 | K3/69 | (K)147 | 01:30:10 | 06.00 |
| 70 | 663 | PIECHOCKA Agata | ŁÓDŹ | | POL | 81 | K3/70 | (K)151 | 01:31:04 | 06.04 |
| 71 | 328 | MICHALSKA Małgorzata | PIOTRKÓW | | POL | 77 | K3/71 | (K)154 | 01:31:15 | 06.05 |
| 72 | 251 | GĘDEK Marzena | ŁOWICZ | | POL | 76 | K3/72 | (K)155 | 01:31:23 | 06.05 |
| 73 | 589 | GŁOGOWSKA Karolina | RADOOM | | POL | 85 | K3/73 | (K)160 | 01:32:02 | 06.08 |
| 74 | 744 | TRZASKOWSKA Justyna | WARSZAWA | | POL | 82 | K3/74 | (K)161 | 01:32:43 | 06.10 |
| 75 | 140 | WOŹNIAK Agnieszka | PABIANICE | | POL | 84 | K3/75 | (K)163 | 01:33:17 | 06.13 |
| 76 | 753 | DOMAGAŁA Agnieszka | ZAWIERCIE | | POL | 81 | K3/76 | (K)167 | 01:37:04 | 06.28 |
| 77 | 21 | KRYSTERA Monika | PABIANICE | | POL | 79 | K3/77 | (K)169 | 01:37:28 | 06.29 |
| 78 | 381 | MOSZCZYŃSKA Aleksandra | ŁÓDŹ | | POL | 76 | K3/78 | (K)171 | 01:38:06 | 06.32 |
| 79 | 116 | KORONA-TRZEBSKA Ela | ŁÓDŹ | | POL | 84 | K3/79 | (K)172 | 01:38:44 | 06.34 |














| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-------------|-----------------|------------|-----------------------|--------|--------------|----------|
| 80 | 130 | TRZEBSKA Olga | ŁÓDŹ | | POL | 84 | K3/80 | (K)173 | 01:38:46 | 06.35 |
| 81 | 110 | TRZEBSKA Joanna | STRZELCE | | POL | 82 | K3/81 | (K)174 | 01:38:49 | 06.35 |
| 82 | 434 | JANAS Agnieszka | KALEJ | | POL | 82 | K3/82 | (K)175 | 01:38:52 | 06.35 |
| 83 | 30 | DZIARSKA Karolina | ŁÓDŹ | | POL | 85 | K3/83 | (K)177 | 01:40:37 | 06.42 |
| 84 | 1072 | KUSY Izabela | BELCHATÓW | | POL | 80 | K3/84 | (K)181 | 01:41:17 | 06.45 |
| 85 | 1022 | DUDZIC Joanna | BELCHATÓW | | POL | 80 | K3/85 | (K)182 | 01:41:23 | 06.45 |
| 86 | 685 | BOGUSŁAWSKA Elżbieta | ŁÓDŹ | | POL | 81 | K3/86 | (K)184 | 01:41:43 | 06.46 |
| 87 | 32 | OBSZYŃSKA Izabela | BIELSK | | POL | 77 | K3/87 | (K)185 | 01:41:47 | 06.47 |
| 88 | 648 | WOLNIEWICZ Agnieszka | LUTUTÓW | | POL | 76 | K3/88 | (K)188 | 01:43:59 | 06.55 |
| 89 | 551 | WARDECKA Elżbieta | PABIANICE | | POL | 81 | K3/89 | (K)190 | 01:49:57 | 07.19 |
| 90 | 667 | WIECZOREK Katarzyna | KIELCE | | POL | 79 | K3/90 | (K)191 | 01:50:10 | 07.20 |
| 91 | 499 | SZUBA Izabela | KIELCE | | POL | 80 | K3/91 | (K)193 | 01:54:35 | 07.38 |
| 92 | 756 | FABJANCZYK Agnieszka | ZAWIERCIE | | POL | 79 | K3/92 | (K)194 | 01:59:44 | 07.58 |

Bieg 15 km - K40 [46]








| | | | | | | | | | | |
|----|------|-----------------------------------|-----------------|--|-----|----|-------|--------|----------|-------|
| 1 | 842 | BRYCH-PAJAK Ewa | CZESTOCHOWA | | POL | 75 | K4/1 | (K)6 | 00:58:37 | 03.54 |
| 2 | 862 | KAZIMIROWA Olha | NOWOWOLUNSK | | UKR | 74 | K4/2 | (K)7 | 00:59:39 | 03.58 |
| 3 | 484 | WALCZAK Agata | ŁÓDŹ | | POL | 72 | K4/3 | (K)10 | 01:04:27 | 04.17 |
| 4 | 665 | BALICKA Anna | PORAJ | | POL | 73 | K4/4 | (K)18 | 01:08:25 | 04.33 |
| 5 | 819 | PIETRUSZCZAK Agnieszka | TOMASZÓW | | POL | 70 | K4/5 | (K)24 | 01:11:02 | 04.44 |
| 6 | 692 | JAMRÓZ Mariola | KIELCE | | POL | 69 | K4/6 | (K)27 | 01:11:44 | 04.46 |
| 7 | 96 | KWECIEN - LIPIŃSKA Kamila | ŁÓDŹ | | POL | 75 | K4/7 | (K)32 | 01:12:16 | 04.49 |
| 8 | 493 | PATURA Ania | ŁÓDŹ | | POL | 69 | K4/8 | (K)34 | 01:13:42 | 04.54 |
| 9 | 650 | KOZIRÓG Dagmara | PABIANICE | | POL | 72 | K4/9 | (K)35 | 01:13:47 | 04.55 |
| 10 | 139 | WIŚNIEWSKA Renata | ŁOWICZ | | POL | 71 | K4/10 | (K)40 | 01:15:37 | 05.02 |
| 11 | 356 | BRZOZOWSKA Teresa | JAWORZNO | | POL | 69 | K4/11 | (K)46 | 01:16:50 | 05.07 |
| 12 | 35 | GRUSZKA Małgorzata | ŁÓDŹ | | POL | 71 | K4/12 | (K)53 | 01:17:33 | 05.10 |
| 13 | 514 | ZENDEROWSKA Dorota | K-KI | | POL | 73 | K4/13 | (K)55 | 01:17:50 | 05.11 |
| 14 | 1049 | BOMAN Anna | BELCHATÓW | | POL | 69 | K4/14 | (K)57 | 01:18:48 | 05.15 |
| 15 | 839 | ŚLIWAKOWSKA Magdalena | WOLA JEDLIŃSKA | | POL | 75 | K4/15 | (K)58 | 01:19:06 | 05.16 |
| 16 | 416 | ROŹNIATA Iwona monika | GŁOWNO | | POL | 73 | K4/16 | (K)59 | 01:19:15 | 05.17 |
| 17 | 252 | BIEGAŃSKA Malwina | RADWANICE | | POL | 72 | K4/17 | (K)61 | 01:19:19 | 05.17 |
| 18 | 742 | KOŁODZIEJCZAK Beata | SOCHACZEW | | POL | 73 | K4/18 | (K)63 | 01:19:26 | 05.17 |
| 19 | 1031 | SUJECKA Urszula | BELCHATÓW | | POL | 71 | K4/19 | (K)66 | 01:19:42 | 05.18 |
| 20 | 76 | PELIAN Sylwia | ZELÓW | | POL | 75 | K4/20 | (K)67 | 01:19:45 | 05.19 |
| 21 | 400 | CIUPEK Daria | JAWORZNO | | POL | 73 | K4/21 | (K)80 | 01:20:53 | 05.23 |
| 22 | 114 | STACHURSKA Monika | DRUŻBICE | | POL | 70 | K4/22 | (K)92 | 01:22:04 | 05.28 |
| 23 | 959 | DEMBIŃSKA Beata | ŁÓDŹ | | POL | 75 | K4/23 | (K)94 | 01:22:11 | 05.28 |
| 24 | 492 | ŁUKOWSKA Lidia | BĘDKÓW | | POL | 68 | K4/24 | (K)99 | 01:23:18 | 05.33 |
| 25 | 585 | KORYCKA-KORZENIOWSKA Magdalena | ŁÓDŹ | | POL | 72 | K4/25 | (K)101 | 01:23:29 | 05.33 |
| 26 | 578 | KOŁODZIEJCZYK Agnieszka | WROCLAW | | POL | 75 | K4/26 | (K)111 | 01:24:54 | 05.39 |
| 27 | 464 | KOMAR Beata | NOWE MIASTO NAD | | POL | 71 | K4/27 | (K)114 | 01:25:10 | 05.40 |
| 28 | 67 | KRYSTEK Ewa | SZCZERCÓW | | POL | 69 | K4/28 | (K)117 | 01:25:48 | 05.43 |
| 29 | 1044 | KALUŻA-PAWŁOWSKA Joanna | BELCHATÓW | | POL | 74 | K4/29 | (K)121 | 01:27:02 | 05.48 |
| 30 | 449 | ANYSZKA Agnieszka | ŁOWICZ | | POL | 69 | K4/30 | (K)124 | 01:27:42 | 05.50 |
| 31 | 279 | KRZESIŃSKA Elżbieta | PIOTRKOW TRYB | | POL | 66 | K4/31 | (K)126 | 01:27:50 | 05.51 |
| 32 | 419 | BZDAK Alicja | SIEDLEC | | POL | 69 | K4/32 | (K)128 | 01:28:01 | 05.52 |
| 33 | 713 | STRUZIK Iwona | ZELÓW | | POL | 71 | K4/33 | (K)132 | 01:28:17 | 05.53 |
| 34 | 674 | DANKIEWICZ Barbara | ŁOWICZ | | POL | 71 | K4/34 | (K)138 | 01:28:49 | 05.55 |
| 35 | 638 | PŁÓCIENNICZAK Małgorzata | BUCZEK | | POL | 74 | K4/35 | (K)140 | 01:29:04 | 05.56 |
| 36 | 511 | BŁOCH Beata | ŁÓDŹ | | POL | 67 | K4/36 | (K)142 | 01:29:30 | 05.58 |
| 37 | 70 | ŚWIĄTKOWSKA Anna | BACHORZYN | | POL | 71 | K4/37 | (K)153 | 01:31:13 | 06.04 |
| 38 | 1107 | JABŁONKA Elżbieta | BELCHATÓW | | POL | 75 | K4/38 | (K)157 | 01:31:45 | 06.07 |
| 39 | 792 | IDCZAK Marta | ŁÓDŹ | | POL | 71 | K4/39 | (K)159 | 01:31:51 | 06.07 |
| 40 | 961 | ŁOJEWSKA Izabela | KIELCE | | POL | 67 | K4/40 | (K)162 | 01:33:15 | 06.13 |
| 41 | 398 | GRUCHOT Ewa | ŁÓDŹ | | POL | 74 | K4/41 | (K)164 | 01:33:33 | 06.14 |
| 42 | 388 | PASIŃSKA Anna | PABIANICE | | POL | 75 | K4/42 | (K)168 | 01:37:10 | 06.28 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | (K) Sex | Czas Time | [min/km] |
|--------------|--------|----------------------|------------------|---|--------------|---------|--------------------|---------|-----------|----------|
| 43 | 199 | REGULSKA Kamila | WROCLAW |  POL | | 75 | K4/43 | (K)176 | 01:39:47 | 06.39 |
| 44 | 470 | STUPNOWICZ Joanna | ŁÓDŹ |  POL | | 75 | K4/44 | (K)179 | 01:40:46 | 06.43 |
| 45 | 583 | WITKOWSKA Beata | ŁÓDŹ |  POL | | 68 | K4/45 | (K)187 | 01:43:26 | 06.53 |

Bieg 15 km - K50 [14]

| | | | | | | | | | | |
|----|------|-----------------------|-------------|---|--|----|-------|--------|----------|-------|
| 1 | 326 | KUCHAREK Krystyna | PABIANICE |  POL | | 58 | K5/1 | (K)43 | 01:16:12 | 05.04 |
| 2 | 462 | ODOLCZYK Joanna | WARSZAWA |  POL | | 65 | K5/2 | (K)62 | 01:19:20 | 05.17 |
| 3 | 348 | LEWANDOWSKA Ewa | ŁÓDŹ |  POL | | 61 | K5/3 | (K)69 | 01:20:01 | 05.20 |
| 4 | 394 | BŁĄŻEJCZYK Agnieszka | ŁÓDŹ |  POL | | 65 | K5/4 | (K)77 | 01:20:43 | 05.22 |
| 5 | 729 | WALACIK Małgorzata | WIERUSZÓW |  POL | | 60 | K5/5 | (K)84 | 01:21:27 | 05.25 |
| 6 | 1083 | GAWŁOWSKA Teresa | BELCHATÓW |  POL | | 61 | K5/6 | (K)96 | 01:22:40 | 05.30 |
| 7 | 282 | MOSTOWA-MAŁECKA Anna | ŁÓDŹ |  POL | | 62 | K5/7 | (K)129 | 01:28:05 | 05.52 |
| 8 | 34 | ŚWIDERSKA Bożena | SZCZERCÓW |  POL | | 65 | K5/8 | (K)131 | 01:28:14 | 05.52 |
| 9 | 726 | EDYK Anna | TOMASZÓW |  POL | | 64 | K5/9 | (K)133 | 01:28:22 | 05.53 |
| 10 | 1138 | DECHNIK Beata | BELCHATÓW |  POL | | 64 | K5/10 | (K)150 | 01:30:59 | 06.03 |
| 11 | 181 | GURAZDA Halina | PABIANICE |  POL | | 58 | K5/11 | (K)152 | 01:31:12 | 06.04 |
| 12 | 1075 | ZBIES Lidia | BELCHATÓW |  POL | | 57 | K5/12 | (K)165 | 01:35:29 | 06.21 |
| 13 | 967 | WOJCIECHOWSKA Jolanta | CZĘSTOCHOWA |  POL | | 60 | K5/13 | (K)170 | 01:37:42 | 06.30 |

Bieg 15 km - K60 [8]

| | | | | | | | | | | |
|---|-----|---------------------------|-------------|---|--|----|------|--------|----------|-------|
| 1 | 113 | MARCZAK Grażyna | WARSZAWA |  POL | | 53 | K6/1 | (K)68 | 01:19:49 | 05.19 |
| 2 | 196 | FRANKENBERG Małgorzata | ŁÓDŹ |  POL | | 55 | K6/2 | (K)83 | 01:21:18 | 05.25 |
| 3 | 593 | MORAWSKA Anna | WARSZAWA |  POL | | 53 | K6/3 | (K)105 | 01:24:34 | 05.38 |
| 4 | 88 | KURZAWSKA Renata | ŁÓDŹ |  POL | | 50 | K6/4 | (K)158 | 01:31:47 | 06.07 |
| 5 | 582 | DOBROWOLSKA-MSZYCA Bożena | CZĘSTOCHOWA |  POL | | 54 | K6/5 | (K)180 | 01:40:46 | 06.43 |
| 6 | 225 | KASIERSKA Ewa katarzyna | POZNAŃ |  POL | | 48 | K6/6 | (K)189 | 01:44:33 | 06.58 |
| 7 | 220 | WIELEMBOREK Zofia | ŁOWICZ |  POL | | 52 | K6/7 | (K)192 | 01:52:04 | 07.28 |

Bieg 15 km - K70 [1]

| | | | | | | | | | | |
|---|-----|-----------------|-----------|---|--|----|------|--------|----------|-------|
| 1 | 980 | ROSIŃSKA Janina | PABIANICE |  POL | | 36 | K7/1 | (K)196 | 02:17:31 | 09.10 |
|---|-----|-----------------|-----------|---|--|----|------|--------|----------|-------|