

3. Gogen Bieg Trzech Wzgórz

WYNIKI ZAWODÓW















































Open


























































Organizator: Stowarzyszenie Pro-Run Wrocław

Termin: 15.10.2016

Miejsce: Wrocław

Dystans: 10 km

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Czas Time	[min/km]
Open KATEGORIA:M20										
1	220	WAKULUK Adam	SIEMIATYCZE	 POL		88	M20/1	(M)1	00:32:00	03.12
2	212	WITEK Andrzej		 POL		92	M20/2	(M)2	00:32:27	03.14
3	242	MICHALSKI Dominik	WROCLAW	 POL		99	M20/3	(M)5	00:35:54	03.35
4	139	KUZMINSKYI Andrii	ZHOVTI VODY	 UKR		89	M20/4	(M)6	00:36:14	03.37
5	46	SZUKALSKI Bartłomiej	OLEŚNICA	 POL		91	M20/5	(M)8	00:38:09	03.48
6	54	KRAWCZYK Kamil	MICHAŁOWICE	 POL		91	M20/6	(M)9	00:39:18	03.55
7	21	KORNAŚ Krzysztof	PUSTKÓW ŻURAWSKI	 POL		97	M20/7	(M)13	00:40:33	04.03
8	260	CHRZANOWSKI Łukasz	WROCLAW	 POL		91	M20/8	(M)15	00:40:47	04.04
9	183	WÓJTOWICZ Grzegorz	WROCLAW	 POL		88	M20/9	(M)19	00:41:48	04.10
10	230	KASPRZYCKI Bartłomiej	WROCLAW	 POL		88	M20/10	(M)20	00:41:50	04.11
11	59	ZIĘBA Damian	WROCLAW	 POL		87	M20/11	(M)21	00:41:59	04.11
12	115	ELGUEA Julen	WROCLAW	 POL		87	M20/12	(M)22	00:42:00	04.12
13	223	PAWLUK Bartosz	OLEŚNICA	 POL		89	M20/13	(M)26	00:42:29	04.14
14	3	KOS Adrian	SMOLEC	 POL		92	M20/14	(M)30	00:43:04	04.18
15	102	NOWAK Mateusz	DĄBROWA GÓRNICZA	 POL		89	M20/15	(M)32	00:43:13	04.19
16	120	GRACEK Filip	WROCLAW	 POL		90	M20/16	(M)40	00:44:15	04.25
17	92	SCHREIBER Łukasz	ZĄBKOWICE ŚLĄSKIE	 POL		88	M20/17	(M)41	00:44:20	04.26
18	198	PIĘKOŚ Błażej	RACZYCE	 POL		91	M20/18	(M)42	00:44:24	04.26
19	13	PACKI Michał	WIELUŃ	 POL		91	M20/19	(M)45	00:44:56	04.29
20	189	MICHALSKI Krystian	WROCLAW	 POL		91	M20/20	(M)48	00:45:11	04.31
21	51	KAMZOL Marcin	ODOLANÓW	 POL		88	M20/21	(M)49	00:45:15	04.31
22	208	JAKUBUS Michał	WROCLAW	 POL		93	M20/22	(M)50	00:45:17	04.31
23	144	MULLER Tadeas		 CZE		01	M20/23	(M)53	00:45:20	04.32
24	118	UKLEJA Paweł	RADOM	 POL		97	M20/24	(M)58	00:45:44	04.34
25	190	SANETRA Mateusz	RYBARZOWICE	 POL		89	M20/25	(M)62	00:46:27	04.38
26	147	KACZMAREK Konrad	WROCLAW	 POL		89	M20/26	(M)67	00:46:45	04.40
27	22	KUPŚĆ Daniel	WROCLAW	 POL		89	M20/27	(M)72	00:47:19	04.43
28	73	SANKIEWICZ Mariusz	OLEŚNICA	 POL		92	M20/28	(M)74	00:47:27	04.44
29	236	BANAŚ Michał	WROCLAW	 POL		90	M20/29	(M)76	00:47:41	04.46
30	43	GAŚSIOROWSKI Krzysztof	WROCLAW	 POL		90	M20/30	(M)77	00:47:43	04.46
31	125	KASPRYZYSAK Grzegorz	LUBIN	 POL		89	M20/31	(M)78	00:47:49	04.46
32	174	GAJEWSKI Krzysztof	ZIELONA GÓRA	 POL		92	M20/32	(M)82	00:48:25	04.50
33	266	CHORAŻEWSKI Piotr	BORÓW	 POL		90	M20/33	(M)83	00:48:35	04.51
34	87	SZAROLETA Michał	OSTRÓW WIELKOPOLSKI	 POL		92	M20/34	(M)88	00:49:12	04.55
35	179	RYNKIEWICZ Filip	ŁÓDŹ	 POL		92	M20/35	(M)92	00:49:19	04.55
36	106	HORDYNIAC Adam	WROCLAW	 POL		88	M20/36	(M)95	00:49:41	04.58
37	192	KOPACZ Michał	KĘDZIERZYN-KOŹLE	 POL		90	M20/37	(M)100	00:49:54	04.59
38	232	DUTKIEWICZ Bogusz	NOWA RUDA	 POL		88	M20/38	(M)102	00:50:13	05.01
39	136	MAREK Sebastian	WYSOKA	 POL		87	M20/39	(M)106	00:50:54	05.05
40	154	ŁAPTUCH Grzegorz	BOGATYNIA	 POL		87	M20/40	(M)121	00:53:10	05.19
41	37	GABARA-PIĘTKA Piotr	WROCLAW	 POL		87	M20/41	(M)123	00:53:18	05.19
42	141	FELCENLOBEN Mateusz	CIEPŁOWODY	 POL		90	M20/42	(M)146	00:56:03	05.36
43	256	MICHALEWSKI Tomasz	WROCLAW	 POL		91	M20/43	(M)154	00:57:59	05.47
44	227	ZELKE Piotr	BOŹKÓW	 POL		88	M20/44	(M)159	00:59:01	05.54
45	78	KUREK Jakub	ŚWIDNICA	 POL		87	M20/45	(M)164	01:00:26	06.02
46	110	WUSATY Mateusz	WROCLAW	 POL		90	M20/46	(M)168	01:02:52	06.17

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Czas Time	[min/km]
47	29	LEWIŃSKI Adam	WROCLAW	 POL		89	M20/47	(M)174	01:08:36	06.51
Open KATEGORIA:M30										
1	203	SOBAS Jacek	KĘDZIERZYN-KOŹLE	 POL		85	M30/1	(M)3	00:34:08	03.24
2	204	PRYSTASZ Krzysztof	OLAWA	 POL		78	M30/2	(M)4	00:35:40	03.34
3	131	BANASZEWSKI Wojciech	WROCLAW	 POL		80	M30/3	(M)7	00:37:11	03.43
4	143	KOSICKI Radosław	WROCLAW	 POL		82	M30/4	(M)10	00:39:39	03.57
5	199	BRODA Dominik	WROCLAW	 POL		86	M30/5	(M)14	00:40:42	04.04
6	169	STEFANICKI Tomasz	WROCLAW	 POL		80	M30/6	(M)17	00:41:21	04.08
7	210	WOLAŃSKI Piotr	RZESZÓW	 POL		85	M30/7	(M)18	00:41:26	04.08
8	90	LICHWA Grzegorz	KĄTY WROCLAWSKIE	 POL		79	M30/8	(M)23	00:42:23	04.14
9	152	VISENTIN Eric	WROCLAW	 FRA		77	M30/9	(M)24	00:42:24	04.14
10	200	JAGODZIŃSKI Marcin	WROCLAW	 POL		83	M30/10	(M)27	00:42:36	04.15
11	258	PAWLIŃSKI Adam	WROCLAW	 POL		78	M30/11	(M)28	00:42:52	04.17
12	137	OLKIS Rafał	WROCLAW	 POL		81	M30/12	(M)29	00:42:59	04.17
13	185	AUGUSTYNIAK Jakub	WROCLAW	 POL		82	M30/13	(M)31	00:43:12	04.19
14	124	ZAWADZKI Paweł	WROCLAW	 POL		85	M30/14	(M)33	00:43:33	04.21
15	207	SKRZEK Marcin	WROCLAW	 POL		80	M30/15	(M)34	00:43:42	04.22
16	245	BURZEC Tomasz	WROCLAW	 POL		79	M30/16	(M)35	00:43:49	04.22
17	153	DUNAT Tomasz	SIECHNICE	 POL		79	M30/17	(M)36	00:44:01	04.24
18	91	SKRZYPEK Paweł	POLANICA ZDRÓJ	 POL		85	M30/18	(M)37	00:44:02	04.24
19	224	BANDURA Robert	WROCLAW	 POL		83	M30/19	(M)39	00:44:12	04.25
20	250	KOTŁOWSKI Michał	SIECHNICE	 POL		80	M30/20	(M)47	00:45:10	04.31
21	160	CHMIELEWSKI Kamil	WROCLAW	 POL		83	M30/21	(M)51	00:45:18	04.31
22	162	CZECHOWSKI Paweł	WROCLAW	 POL		79	M30/22	(M)54	00:45:25	04.32
23	159	TAOUFIK Ghozzi	WROCLAW	 POL		84	M30/23	(M)59	00:45:45	04.34
24	40	MIKRUT Paweł	WROCLAW	 POL		82	M30/24	(M)63	00:46:33	04.39
25	248	FRAŃCZAK Krzysztof	WAŁBRZYCH	 POL		81	M30/25	(M)64	00:46:34	04.39
26	219	KRUZEL Patryk	WROCLAW	 POL		77	M30/26	(M)65	00:46:37	04.39
27	231	KĘDZIERSKI Tomasz	WROCLAW	 POL		81	M30/27	(M)68	00:46:49	04.40
28	238	WÓJCIC Sławek	WROCLAW	 POL		82	M30/28	(M)69	00:47:05	04.42
29	229	URBAN Jacek	OSTRÓW WIELKOPOLSKI	 POL		86	M30/29	(M)71	00:47:13	04.43
30	257	AKUTKO Sebastian	WROCLAW	 POL		77	M30/30	(M)73	00:47:20	04.44
31	218	KUKOTKO Paweł	WROCLAW	 POL		80	M30/31	(M)75	00:47:28	04.44
32	107	BORACZYŃSKI Tomasz	CZĘSTOCHOWA	 POL		84	M30/32	(M)80	00:47:57	04.47
33	184	LESZCZYŃSKI Wojciech	BUSKO ZDRÓJ	 POL		80	M30/33	(M)84	00:48:44	04.52
34	170	SEIFFERT Tomasz	KĘPNO	 POL		83	M30/34	(M)85	00:48:45	04.52
35	79	MAGRYTA Robert	WROCLAW	 POL		79	M30/35	(M)87	00:48:50	04.53
36	58	JANKOWSKI Michał	WROCLAW	 POL		84	M30/36	(M)89	00:49:13	04.55
37	81	HUCULAK Maciej	OPOLE	 POL		85	M30/37	(M)91	00:49:19	04.55
38	71	KUSZELL Andrzej	WROCLAW	 POL		77	M30/38	(M)94	00:49:21	04.56
39	77	DEREZIŃSKI Piotr	WROCLAW	 POL		86	M30/39	(M)101	00:50:09	05.00
40	34	ZIĘBA Wojciech	WROCLAW	 POL		80	M30/40	(M)103	00:50:24	05.02
41	216	WÓJKOWSKI Kamil	WROCLAW	 POL		80	M30/41	(M)107	00:51:05	05.06
42	103	BEDNAREK Piotr	WROCLAW	 POL		84	M30/42	(M)111	00:51:35	05.09
43	146	CHODOROWSKI Krzysztof	WROCLAW	 POL		85	M30/43	(M)113	00:51:47	05.10
44	247	DOMAGALSKI Adam	OPOLE	 POL		83	M30/44	(M)116	00:52:37	05.15
45	255	HEN Rafał	WROCLAW	 POL		83	M30/45	(M)118	00:52:41	05.16
46	6	KRUCZKIEWICZ Mateusz	WROCLAW	 POL		79	M30/46	(M)119	00:52:58	05.17
47	60	SAWICKI Łukasz	WROCLAW	 POL		81	M30/47	(M)124	00:53:25	05.20
48	241	MICHALSKI Grzegorz	WROCLAW	 POL		78	M30/48	(M)125	00:53:28	05.20
49	56	POLAK Łukasz	OBORNIKI ŚLĄSKIE	 POL		81	M30/49	(M)126	00:53:37	05.21
50	130	SOLTYŚ Robert	NIEMODLIN	 POL		79	M30/50	(M)131	00:53:53	05.23
51	11	GODULA Adam	WROCLAW	 POL		77	M30/51	(M)132	00:53:55	05.23
52	226	SIONKIEWICZ Tomasz	WROCLAW	 POL		77	M30/52	(M)133	00:54:12	05.25
53	42	HRABIA Paweł	JEDLINA-ZDRÓJ	 POL		84	M30/53	(M)137	00:54:37	05.27
54	155	ZYGAN Bazyli	WROCLAW	 POL		81	M30/54	(M)140	00:54:47	05.28
55	156	ZYGAN Przemysław	WROCLAW	 POL		80	M30/55	(M)141	00:54:48	05.28
56	151	WERPULEWSKI Sylwester	ŻMIGRÓD	 POL		79	M30/56	(M)144	00:55:46	05.34

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Czas Time	[min/km]
57	128	KACZMARZYK Tomasz	WROCLAW	POL		86	M30/57	(M)145	00:55:50	05.35
58	150	TERESZKIEWICZ Jakub	WROCLAW	POL		81	M30/58	(M)149	00:57:08	05.42
59	98	CICHONSKI Paweł	WROCLAW	POL		83	M30/59	(M)151	00:57:44	05.46
60	188	BAJER Grzegorz	OLEŚNICA	POL		84	M30/60	(M)152	00:57:50	05.47
61	168	WERBLIŃSKI Daniel	WROCLAW	POL		82	M30/61	(M)155	00:58:25	05.50
62	158	NOWAK Kacper	WROCLAW	POL		86	M30/62	(M)156	00:58:33	05.51
63	129	WRÓBEL Tomasz	WROCLAW	POL		81	M30/63	(M)158	00:58:46	05.52
64	195	RZECZKOWSKI Paweł	WROCLAW	POL		83	M30/64	(M)160	00:59:32	05.57
65	145	KRAWCZYK Bartłomiej	WROCLAW	POL		82	M30/65	(M)165	01:00:51	06.05
66	235	KOTKOWSKI Tomasz	WROCLAW	POL		80	M30/66	(M)166	01:01:56	06.11
67	228	WAWRZKOWICZ Rafał	WROCLAW	POL		81	M30/67	(M)170	01:03:53	06.23
68	76	RADZIEJEWSKI Paweł	WROCLAW	POL		80	M30/68	(M)172	01:05:12	06.31
69	211	JARLACZYK Michał	WROCLAW	POL		82	M30/69	(M)173	01:05:45	06.34
70	197	DLUGOKĘCKI David	WROCLAW	POL		82	M30/70	(M)177	01:16:52	07.41
71	196	GUALDA RUIZ Jose joaquin	WROCLAW	ESP		84	M30/71	(M)178	01:17:05	07.42

Open KATEGORIA:M40

1	206	PACTWA Piotr	WROCLAW	POL		70	M40/1	(M)12	00:39:58	03.59
2	246	MARTOWSKI Maciej	WROCLAW	POL		76	M40/2	(M)16	00:41:00	04.06
3	222	PODWÓRNY Jan	WROCLAW	POL		71	M40/3	(M)25	00:42:29	04.14
4	205	LIPNICKI Tomasz	WROCLAW	POL		70	M40/4	(M)38	00:44:10	04.25
5	23	RESPONDEK Dariusz	WROCLAW	POL		74	M40/5	(M)52	00:45:18	04.31
6	64	PRAWELSKI Andrzej	ZGORZELEC/ŁAGÓW	POL		76	M40/6	(M)56	00:45:38	04.33
7	19	CZAJA Maciej	WROCLAW	POL		76	M40/7	(M)57	00:45:42	04.34
8	209	STAWARZ Paweł	OLEŚNICA	POL		69	M40/8	(M)60	00:45:53	04.35
9	33	MALUGA Bartosz	WROCLAW	POL		76	M40/9	(M)61	00:46:21	04.38
10	178	BORKOWSKI Mariusz	WROCLAW	POL		75	M40/10	(M)66	00:46:43	04.40
11	237	KOWALCZYK Tomasz	WROCLAW	POL		70	M40/11	(M)79	00:47:51	04.47
12	123	KOCISZEWSKI Sebastian	SZCZODRE	POL		76	M40/12	(M)81	00:47:59	04.47
13	161	LEJA Karol	WROCLAW	POL		74	M40/13	(M)86	00:48:46	04.52
14	65	MOSZUMAŃSKI Patryk	WROCLAW	POL		75	M40/14	(M)90	00:49:14	04.55
15	112	GALEWSKI Piotr	WROCLAW	POL		69	M40/15	(M)97	00:49:51	04.59
16	205	CHŁADZYŃSKI Piotr	WROCLAW	POL		71	M40/16	(M)98	00:49:52	04.59
17	200	KOWALEWSKI Dariusz	BYKÓW	POL		68	M40/17	(M)104	00:50:38	05.03
18	50	STACHOWIAK Wiesław	WROCLAW	POL		76	M40/18	(M)105	00:50:42	05.04
19	221	WIERZBICKI Adam	LUBIN	POL		75	M40/19	(M)109	00:51:18	05.07
20	234	STARZOMSKI Roman	WROCLAW	POL		72	M40/20	(M)117	00:52:38	05.15
21	127	MICHAŁ Zasada	DOMASŁAW	POL		76	M40/21	(M)120	00:53:01	05.18
22	203	RADECKI Krzysztof	MIRKÓW	POL		73	M40/22	(M)134	00:54:21	05.26
23	88	LATUSZEK Krzysztof	WROCLAW	POL		75	M40/23	(M)136	00:54:30	05.27
24	99	KRYZA Grzegorz	WROCLAW	POL		76	M40/24	(M)138	00:54:39	05.27
25	144	NAZIMEK Zbigniew	WROCLAW	POL		75	M40/25	(M)143	00:55:34	05.33
26	1	KOIS Robert	WROCLAW	POL		73	M40/26	(M)147	00:56:48	05.40
27	213	DRAG Jacek	MIRKÓW	POL		74	M40/27	(M)148	00:56:53	05.41
28	163	ZARĘBA Daniel	WROCLAW	POL		72	M40/28	(M)161	00:59:43	05.58
29	176	KRUK Rafał	WROCLAW	POL		76	M40/29	(M)162	00:59:50	05.59
30	52	KALETA Przemysław	WROCLAW	POL		72	M40/30	(M)163	00:59:58	05.59
31	4	PUCEK Przemysław	SMOLEC	POL		72	M40/31	(M)169	01:03:28	06.20
32	105	ŁATA Krzysztof	WROCLAW	POL		72	M40/32	(M)171	01:05:02	06.30
33	32	SYNOWIEC Adam	ŻMIGRÓD	POL		72	M40/33	(M)175	01:09:27	06.56
34	259	NADOLNY Wiesław	WARSZAWA	POL		69	M40/34	(M)176	01:09:59	06.59
35	165	NOWICKI Andrzej	WROCLAW	POL		70	M40/35	(M)179	01:20:05	08.00

Open KATEGORIA:M50

1	53	TOMASZEWSKI Zdzisław	WAŁBRZYCH	POL		65	M50/1	(M)11	00:39:46	03.58
2	126	TROCHA Roman	DZIERŻONIÓW	POL		63	M50/2	(M)44	00:44:53	04.29
3	113	SKUDLARSKI Kamil	WROCLAW	POL		61	M50/3	(M)46	00:45:10	04.31
4	220	GERUS Wiesław		POL		65	M50/4	(M)55	00:45:28	04.32
5	36	MATUSZEWSKI Ryszard	RAWICZ	POL		61	M50/5	(M)70	00:47:08	04.42
6	186	WLIZŁO Aleksander	WROCLAW	POL		59	M50/6	(M)93	00:49:20	04.56

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Czas Time	[min/km]
7	202	SŁOBODZIAN Waldemar	NAMYŚLÓW	POL		65	M50/7	(M)96	00:49:50	04.59
8	208	JANISZEWSKI Mieczysław		POL		60	M50/8	(M)108	00:51:08	05.06
9	181	SZCZEPAŃSKI Leszek	ZIĘBICE	POL		66	M50/9	(M)114	00:52:20	05.14
10	8	ŁUSZCZ Janusz	WROCLAW	POL		62	M50/10	(M)115	00:52:30	05.15
11	239	OSTROPOLSKI Henryk	DZIERŻONIÓW	POL		57	M50/11	(M)122	00:53:14	05.19
12	109	SZAŁAJKO Jerzy	WROCLAW	POL		62	M50/12	(M)127	00:53:37	05.21
13	202	LIŚKIEWICZ Bogusław		POL		63	M50/13	(M)129	00:53:41	05.22
14	209	PYTEL Andrzej	WROCLAW	POL		62	M50/14	(M)139	00:54:44	05.28
15	204	KROK Krzysztof	MUSZYNA	POL		63	M50/15	(M)142	00:54:55	05.29
16	172	MACHALSKI Dariusz	DOBRYKOWICE	POL		58	M50/16	(M)153	00:57:51	05.47
17	215	WOLSKI Sławomir	TRZEBNICA	POL		61	M50/17	(M)157	00:58:36	05.51
18	133	KOCHAŃSKI Igor	WROCLAW	POL		65	M50/18	(M)167	01:02:48	06.16

Open KATEGORIA:M60

1	210	NESTEREWICZ Ryszard	KŁODZKO	POL		54	M60/1	(M)43	00:44:52	04.29
2	94	ŚWIERK Stanisław	JANOWICE WIELKIE	POL		56	M60/2	(M)99	00:49:53	04.59
3	249	KACZMAREK Marek	WROCLAW	POL		55	M60/3	(M)112	00:51:45	05.10
4	93	KRZEMIŃSKI Marek	WROCLAW	POL		54	M60/4	(M)128	00:53:38	05.21
5	44	MUSUR Adam	OLEŚNICA	POL		53	M60/5	(M)135	00:54:27	05.26
6	132	SKRUTEK Jan	WROCLAW	POL		53	M60/6	(M)150	00:57:15	05.43

Open KATEGORIA:M70





















1	97	WANAT Wacław	WROCLAW	POL		46	M70/1	(M)130	00:53:49	05.22
---	----	--------------	---------	-----	--	----	-------	--------	----------	-------

Open KATEGORIA:K20














1	101	BORYSENKO Kateryna	WROCLAW	POL		98	K20/1	(K)1	00:41:28	04.08
2	225	OBSTÓJ Karolina	KIEŁCZÓW	POL		90	K20/2	(K)2	00:43:43	04.22
3	75	ZIĘBA Lucyna	WROCLAW	POL		87	K20/3	(K)3	00:45:47	04.34
4	35	MATUSZEWSKA Anna	RAWICZ	POL		95	K20/4	(K)6	00:47:06	04.42
5	62	PRAKMAJER Magdalena	SZCZECIN	POL		92	K20/5	(K)8	00:47:54	04.47
6	66	PETRYNA Jagoda	WROCLAW	POL		88	K20/6	(K)9	00:47:56	04.47
7	217	FOLĘGA Justyna	STOBRAWA	POL		87	K20/7	(K)13	00:49:27	04.56
8	69	WOŹNIAK Karolina	PIŃCZÓW	POL		95	K20/8	(K)14	00:49:48	04.58
9	45	OBODZIŃSKA Patrycja	BRZEG	POL		95	K20/9	(K)15	00:50:06	05.00
10	55	JAKUBCZYK Marcela	WROCLAW	POL		87	K20/10	(K)18	00:51:04	05.06
11	262	BOCZKOWSKA Diana	BIELAWA	POL		97	K20/11	(K)20	00:51:09	05.06
12	48	NAWROCKA Paulina	LWÓWEK	POL		92	K20/12	(K)23	00:52:37	05.15
13	191	PAULINA Średniawa	WROCLAW	POL		89	K20/13	(K)26	00:53:31	05.21
14	134	ZAWADZKA Anna	WROCLAW	POL		88	K20/14	(K)31	00:55:02	05.30
15	41	SOBKOWIAK Pamela	WROCLAW	POL		91	K20/15	(K)33	00:55:45	05.34
16	177	BAKALARCZYK Marta	WROCLAW	POL		89	K20/16	(K)34	00:55:45	05.34
17	72	WAGNER Josefina	WROCLAW	POL		87	K20/17	(K)41	00:59:15	05.55
18	111	ŚLUSARCZYK Marzena	LIPKI WIELKIE	POL		92	K20/18	(K)46	00:59:51	05.59
19	85	WALKOWIAK Magda	WROCLAW	POL		89	K20/19	(K)53	01:02:40	06.16
20	122	DRZEWIŃSKA Katarzyna	WROCLAW	POL		89	K20/20	(K)56	01:04:48	06.28
21	67	PIŁAT Monika	BIŁGORAJ	POL		90	K20/21	(K)61	01:06:23	06.38
22	15	ZABEL Magdalena	PIŁA	POL		93	K20/22	(K)64	01:10:52	07.05
23	86	KASPEREK Natalia	WROCLAW	POL		96	K20/23	(K)67	01:16:51	07.41
24	135	BŁASZCZYK Róża	WROCLAW	POL		87	K20/24	(K)69	01:20:37	08.03

Open KATEGORIA:K30


1	218	SONNEK Marta	SYCÓW	POL		81	K30/1	(K)5	00:46:15	04.37
2	243	ROMANÓW Marta	WROCLAW	POL		86	K30/2	(K)7	00:47:13	04.43
3	30	HRYBKOWSKA Agnieszka	WROCLAW	POL		82	K30/3	(K)10	00:48:30	04.51
4	265	BROŻYŃSKI Anna	WROCLAW	POL		82	K30/4	(K)11	00:48:33	04.51
5	187	WLIZŁO Izabela	WROCLAW	POL		80	K30/5	(K)12	00:49:18	04.55
6	140	BORUTA-KOŁODZIEJ Emilia	WROCLAW	POL		84	K30/6	(K)16	00:50:12	05.01
7	61	ZIĘBA Beata	WROCLAW	POL		86	K30/7	(K)17	00:50:41	05.04
8	9	WRÓBLEWSKA Anna	WROCLAW	POL		86	K30/8	(K)19	00:51:09	05.06
9	125	OPALIŃSKA-KLUSEK Małgorzata		POL		81	K30/9	(K)22	00:51:51	05.11
10	253	MICHALIK Anna	WROCLAW	POL		81	K30/10	(K)24	00:53:06	05.18

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	(K) Sex	Czas Time	[min/km]
11	148	JAKUBOWSKA Beata	WROCLAW		POL	86	K30/11	(K)25	00:53:19	05.19
12	119	PIATEK Magda	ZYWIEC		POL	84	K30/12	(K)27	00:53:56	05.23
13	84	KOZIEŁ Mariola	WROCLAW		POL	79	K30/13	(K)28	00:54:04	05.24
14	100	AGNIESZKA Kryza	WROCLAW		POL	78	K30/14	(K)30	00:54:39	05.27
15	114	GROMADA Krzysztofa	WROCLAW		POL	86	K30/15	(K)32	00:55:03	05.30
16	117	DUDZIŃSKA Sabina	TERESIN		POL	84	K30/16	(K)36	00:56:33	05.39
17	157	TWARÓG Danuta	WROCLAW		POL	84	K30/17	(K)37	00:56:40	05.40
18	193	HABIAK Katarzyna	OLEŚNICA		POL	80	K30/18	(K)38	00:57:49	05.46
19	10	NOWAK Justyna	OBORNIKI ŚLĄSKIE		POL	84	K30/19	(K)39	00:58:53	05.53
20	240	MACHELA Marcelina	WROCLAW		POL	84	K30/20	(K)42	00:59:16	05.55
21	138	BARTNICKA Anna	WROCLAW		POL	78	K30/21	(K)45	00:59:48	05.58
22	26	SADOWSKA Agnieszka	WROCLAW		POL	79	K30/22	(K)48	01:00:56	06.05
23	83	KOPAŁA Justyna	WROCLAW		POL	78	K30/23	(K)49	01:01:24	06.08
24	38	KLIMOWICZ Joanna	WROCLAW		POL	86	K30/24	(K)50	01:02:06	06.12
25	14	STELMASZAK Ewa	WROCLAW		POL	79	K30/25	(K)51	01:02:12	06.13
26	12	BACHONSKAJA-MAJERSKA Julia	SĘDZISŁAW		POL	86	K30/26	(K)54	01:03:13	06.19
27	104	KALITA Celina	NOWA RUDA		POL	81	K30/27	(K)55	01:04:45	06.28
28	194	KUCHARSKA-CICHONŃ Joanna	WROCLAW		POL	86	K30/28	(K)57	01:05:53	06.35
29	211	MAZURCZAK Ewa	KIEŁCZÓWEK		POL	77	K30/29	(K)58	01:06:02	06.36
30	254	ZACHARSKA Anna	WROCLAW		POL	82	K30/30	(K)66	01:11:17	07.07

Open KATEGORIA:K40

1	18	CZAJA Małgorzata	WROCLAW		POL	76	K40/1	(K)4	00:45:55	04.35
2	207	BUCZYŃSKA Dagmara			POL	75	K40/2	(K)29	00:54:33	05.27
3	17	PTASZEK Katarzyna	WROCLAW		POL	72	K40/3	(K)35	00:55:48	05.34
4	80	STASIAK-BEŁZ Anita	WROCLAW		POL	74	K40/4	(K)40	00:59:02	05.54
5	74	TELATYNSKA Beata	WROCLAW		POL	76	K40/5	(K)43	00:59:16	05.55
6	108	LISIEWICZ-KALETA Agata	WROCLAW		POL	72	K40/6	(K)47	00:59:56	05.59
7	149	JANISZEWSKA Agnieszka	OŁAWA		POL	75	K40/7	(K)52	01:02:16	06.13
8	251	SZKOLNA Jola	SZEWCE		POL	71	K40/8	(K)59	01:06:03	06.36
9	175	KOSIK Agnieszka	WROCLAW		POL	74	K40/9	(K)60	01:06:03	06.36
10	95	ŁAWNİK Małgorzata	STANOWICE		POL	71	K40/10	(K)62	01:09:16	06.55
11	24	SYNOWIEC Małgorzata	ŻMIGRÓD		POL	74	K40/11	(K)63	01:09:29	06.56
12	252	GRANSORT Joanna	WROCLAW		POL	72	K40/12	(K)65	01:11:15	07.07
13	96	KORBA Iwona	BIELANY WROCLAWSKIE		POL	70	K40/13	(K)68	01:18:44	07.52

Open KATEGORIA:K50

1	20	ŚWIERK Krystyna	JANOWICE WIELKIE		POL	57	K50/1	(K)21	00:51:26	05.08
2	244	STANKIEWICZ Anna	SMOLEC		POL	65	K50/2	(K)44	00:59:38	05.57