

## XXV Bieg o Lampkę Górniczą Honorowy patronat Prezydenta Miasta Konina

**WYNIKI ZAWODÓW****Organizator:** Klub Biegacza „Aktywni Konin”**Termin:** 03.12.2016**Miejsce:** Konin**Dystans:** 10 km

| Miejsce<br>Rank              | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat                                                                         | Drużyna<br>Team                        | R-k<br>YoB | W kategorii<br>in Age | Sex    | Czas<br>Time | [min/km] |
|------------------------------|-----------|-------------------------|---------------------|-------------------------------------------------------------------------------------|----------------------------------------|------------|-----------------------|--------|--------------|----------|
| <b>Bieg 10 km - M20 [43]</b> |           |                         |                     |                                                                                     |                                        |            |                       |        |              |          |
| 1                            | 353       | STARŻYŃSKI Andrzej      | KLEMENTOWICE        |    | POL CENTRUM EKSPORTU KLEMENTYNKA       | 90         | M20/1                 | (M)1   | 00:32:00     | 03.12    |
| 2                            | 185       | FRYDRYCHOWSKI Piotr     | KLECZEW             |    | POL KS TEAM RUN GDAŃSK / PERSONA SPORT | 94         | M20/2                 | (M)3   | 00:32:37     | 03.15    |
| KONIN                        |           |                         |                     |                                                                                     |                                        |            |                       |        |              |          |
| 3                            | 258       | WERNER Piotr            | MALANÓW             |    | POL TEAM WERNER                        | 92         | M20/3                 | (M)5   | 00:36:12     | 03.37    |
| 4                            | 28        | KUBIAK Łukasz           | UNIEJÓW             |    | POL KB GEOTERMIA UNIEJÓW               | 88         | M20/4                 | (M)6   | 00:36:14     | 03.37    |
| 5                            | 85        | ŚLEBIODA Rafał          | ADAMÓW              |    | POL                                    | 87         | M20/5                 | (M)9   | 00:36:53     | 03.41    |
| 6                            | 61        | WIŚNIEWKI Bartłomiej    | WYSZYNA             |    | POL LZS BASZTA WYSZYNA                 | 87         | M20/6                 | (M)10  | 00:36:57     | 03.41    |
| 7                            | 259       | WERNER Robert           | MALANÓW             |    | POL TEAM WERNER                        | 94         | M20/7                 | (M)15  | 00:37:27     | 03.44    |
| 8                            | 263       | BINIASZCZYK Krystian    | KOŹMINEK            |    | POL                                    | 90         | M20/8                 | (M)23  | 00:38:54     | 03.53    |
| 9                            | 7         | JASIAK Przemysław       | KROSNO              |    | POL                                    | 91         | M20/9                 | (M)28  | 00:39:16     | 03.55    |
| 10                           | 167       | KRZYWIK Tomasz          | KOŚCIELNA WIEŚ      |    | POL                                    | 88         | M20/10                | (M)36  | 00:40:12     | 04.01    |
| 11                           | 234       | KUBIAK Dariusz          | KOŁO                |    | POL ZHP LOLEK TEAM                     | 99         | M20/11                | (M)37  | 00:40:13     | 04.00    |
| 12                           | 272       | LIPSKI Krzysztof        | PAPROTNIA           |    | POL                                    | 91         | M20/12                | (M)39  | 00:40:19     | 04.01    |
| 13                           | 195       | GOŚCINIAK Emil          | KONIN               |    | POL                                    | 90         | M20/13                | (M)40  | 00:40:29     | 04.02    |
| 14                           | 354       | NOWAK Adrian            | RYCHWAŁ             |    | POL BUDOWLANI KONIN                    | 97         | M20/14                | (M)46  | 00:41:02     | 04.06    |
| 15                           | 286       | MAŚNICKI Bartosz        | KONIN               |    | POL                                    | 95         | M20/15                | (M)50  | 00:41:16     | 04.07    |
| 16                           | 159       | SZCZĘSNY Piotr          | TULISZKÓW           |  | POL MVM                                | 90         | M20/16                | (M)56  | 00:41:46     | 04.10    |
| 17                           | 329       | MACHIŃSKI Tomasz        | GNIEZNO             |  | POL CAŁE ŻYCIE W BIEGU                 | 88         | M20/17                | (M)59  | 00:41:51     | 04.11    |
| 18                           | 172       | WOJCIECHOWSKI Michał    | STARE MIASTO        |  | POL TOM-CAR KONIN                      | 91         | M20/18                | (M)61  | 00:42:11     | 04.13    |
| 19                           | 243       | SZYMCZAK Jakub          | TULISZKÓW           |  | POL                                    | 97         | M20/19                | (M)65  | 00:42:15     | 04.13    |
| 20                           | 140       | SERAFIN Robert          | POZNAŃ              |  | POL                                    | 87         | M20/20                | (M)69  | 00:42:34     | 04.15    |
| 21                           | 331       | NOWICZ Konrad           | ŻYCHLIN             |  | POL                                    | 87         | M20/21                | (M)76  | 00:43:16     | 04.19    |
| 22                           | 148       | NAJDEREK Kamil          | ZALASEWO            |  | POL                                    | 00         | M20/22                | (M)77  | 00:43:16     | 04.19    |
| 23                           | 183       | SOBCZAK Piotr           | GOLINA              |  | POL KB WARTKO                          | 98         | M20/23                | (M)79  | 00:43:31     | 04.21    |
| 24                           | 227       | WALCZAK Patryk          | KONIN               |  | POL XRUNNERS                           | 89         | M20/24                | (M)81  | 00:43:34     | 04.21    |
| 25                           | 9         | MORALEWSKI Adrian       | KONIN               |  | POL PERSONA SPORT KONIN                | 98         | M20/25                | (M)86  | 00:43:48     | 04.22    |
| 26                           | 54        | CZAPLICKI Szymon        | BLIZANÓW            |  | POL SUPERMARATON KALISZ                | 92         | M20/26                | (M)87  | 00:43:50     | 04.23    |
| 27                           | 136       | OLEJNICZAK Marcin       | KONIN               |  | POL                                    | 87         | M20/27                | (M)103 | 00:44:36     | 04.27    |
| 28                           | 19        | BAGROWSKI Tomasz        | ŁĄDEK               |  | POL                                    | 90         | M20/28                | (M)109 | 00:45:05     | 04.30    |
| 29                           | 60        | PRZEBIERACZ Maciej      | GOLINA              |  | POL                                    | 87         | M20/29                | (M)113 | 00:45:13     | 04.31    |
| 30                           | 337       | JABŁOŃSKI Damian        | GOLINA              |  | POL PSP KONIN                          | 89         | M20/30                | (M)116 | 00:45:17     | 04.31    |
| 31                           | 217       | STANKIEWICZ Piotr       | WARSZAWA            |  | POL                                    | 90         | M20/31                | (M)118 | 00:45:18     | 04.31    |
| 32                           | 141       | BŁĄŻEJEWSKI Przemysław  | TULISZKÓW           |  | POL MVM                                | 90         | M20/32                | (M)125 | 00:45:39     | 04.33    |
| 33                           | 164       | DĄBEK Tomasz            | STRZAŁKOWO          |  | POL STRZAŁKOWSKA GRUPA BIEGOWA 'SOKÓŁ' | 94         | M20/33                | (M)132 | 00:45:57     | 04.35    |
| 34                           | 113       | PRACKI Michał           | KALISZ              |  | POL                                    | 98         | M20/34                | (M)155 | 00:46:55     | 04.41    |
| 35                           | 235       | KUBIAK Zbigniew         | KOŁO                |  | POL ZHP KOŁO - LOLEK TEAM              | 96         | M20/35                | (M)168 | 00:47:44     | 04.46    |
| 36                           | 190       | KOLIŃSKI Jakub          | KONIN               |  | POL                                    | 91         | M20/36                | (M)174 | 00:48:16     | 04.49    |
| 37                           | 355       | SZCZEPANKIEWICZ Piotr   | GOLINA              |  | POL                                    | 89         | M20/37                | (M)182 | 00:48:47     | 04.52    |
| 38                           | 278       | OLEJNICZAK Tomasz       | BABIAK              |  | POL KOŁO BIEGA                         | 90         | M20/38                | (M)190 | 00:49:08     | 04.54    |
| 39                           | 332       | TATUSIAK Damian         | KONIN               |  | POL                                    | 87         | M20/39                | (M)204 | 00:50:07     | 05.00    |
| 40                           | 133       | BILIŃSKI Hubert         | KOŁO                |  | POL KOŁO BIEGA                         | 99         | M20/40                | (M)206 | 00:50:12     | 05.01    |
| 41                           | 238       | URBANIAK Tomasz         | ROSZKÓW             |  | POL CROCODIGY                          | 88         | M20/41                | (M)219 | 00:51:57     | 05.11    |
| 42                           | 316       | WACHOCKI Robert         | GOLINA              |  | POL                                    | 88         | M20/42                | (M)232 | 00:53:36     | 05.21    |
| 43                           | 42        | JANICKI Adrian          | KONIN               |  | POL MMBS TEAM                          | 90         | M20/43                | (M)255 | 00:57:57     | 05.47    |
| <b>Bieg 10 km - M30 [84]</b> |           |                         |                     |                                                                                     |                                        |            |                       |        |              |          |
| 1                            | 345       | KROWLAJDIS Siergiej     | CZERNIGIW           |  | UKR ACHILLES-LESZNO                    | 78         | M30/1                 | (M)2   | 00:32:11     | 03.13    |
| 2                            | 240       | FLOREK Fabian           | JULIANÓW            |  | POL BORN-BIORACER                      | 85         | M30/2                 | (M)4   | 00:33:28     | 03.20    |

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name  | Miejscowość<br>City | Kraj<br>Nat | Drużyna<br>Team                                   | R-k<br>YoB | W kategorii<br>in Age | Sex    | Czas<br>Time | [min/km] |
|-----------------|-----------|--------------------------|---------------------|-------------|---------------------------------------------------|------------|-----------------------|--------|--------------|----------|
| 3               | 126       | PAWLAK Konrad            | KALISZ              |             | POL SUPERMARATON KALISZ                           | 83         | M30/3                 | (M)11  | 00:36:58     | 03.41    |
| 4               | 70        | MAJDA Przemysław         | BEZNAZWA            |             | POL BASZTA WYSZYNA                                | 78         | M30/4                 | (M)12  | 00:37:16     | 03.43    |
| 5               | 22        | FRĄCZAK Dariusz          | OSIEK MAŁY          |             | POL                                               | 82         | M30/5                 | (M)18  | 00:38:15     | 03.49    |
| 6               | 299       | DRYJAŃSKI Michał         | KLECZEW             |             | POL BIEGACZE-KLECZEW                              | 85         | M30/6                 | (M)19  | 00:38:23     | 03.50    |
| 7               | 237       | SAWICKI Krzysztof        | KOSCIELEC           |             | POL                                               | 82         | M30/7                 | (M)26  | 00:39:12     | 03.55    |
| 8               | 177       | PIETRZYŃSKI Bartosz      | KALISZ              |             | POL SUPERMARATON KALISZ                           | 81         | M30/8                 | (M)27  | 00:39:13     | 03.55    |
| 9               | 37        | BOJAŃSKI Zbigniew        | WRZEŚNIA            |             | POL                                               | 82         | M30/9                 | (M)32  | 00:39:35     | 03.57    |
| 10              | 64        | BISKUP Daniel            | TUREK               |             | POL KB MARATON TUREK                              | 77         | M30/10                | (M)44  | 00:40:53     | 04.05    |
| 11              | 56        | JAGODZIŃSKI Paweł        | KONIN               |             | POL VIKMED 3TEAM KONIN                            | 79         | M30/11                | (M)48  | 00:41:14     | 04.07    |
| 12              | 105       | NAWROCIK Krzysztof       | STRZAŁKOWO          |             | POL STRZAŁKOWSKA GRUPA BIEGOWA `SOKÓŁ             | 77         | M30/12                | (M)49  | 00:41:15     | 04.07    |
| 13              | 160       | WACHOCKI Michał          | KONIN               |             | POL                                               | 84         | M30/13                | (M)51  | 00:41:21     | 04.08    |
| 14              | 207       | OBAL Marcin              | ZDUNY               |             | POL KS KROTOSZ KROTOSZYN                          | 82         | M30/14                | (M)52  | 00:41:22     | 04.08    |
| 15              | 311       | PASZKOWSKI Tomasz        | DOMANICE            |             | POL                                               | 77         | M30/15                | (M)54  | 00:41:29     | 04.08    |
| 16              | 328       | KWAŚNY Marcin            | KONIN               |             | POL                                               | 83         | M30/16                | (M)55  | 00:41:44     | 04.10    |
| 17              | 88        | WASZAK Jacek             | KONIN               |             | POL KB ZŁOTE KŁOSY KOŁACZKOWO                     | 80         | M30/17                | (M)57  | 00:41:46     | 04.10    |
| 18              | 222       | PAWEŁCZAK Andrzej        | STARE MIASTO        |             | POL ESA TRUCKS POLSKA                             | 80         | M30/18                | (M)63  | 00:42:12     | 04.13    |
| 19              | 35        | OLEJNICZAK Mariusz       | KONIN               |             | POL CARBLACK                                      | 77         | M30/19                | (M)64  | 00:42:14     | 04.13    |
| 20              | 349       | TOMASZAK Rafał           | TUREK               |             | POL                                               | 77         | M30/20                | (M)66  | 00:42:19     | 04.13    |
| 21              | 292       | FRYSKA Łukasz            | POZNAŃ              |             | POL                                               | 85         | M30/21                | (M)70  | 00:42:35     | 04.15    |
| 22              | 223       | PIETRZYKOWSKI Przemysław | KONIN               |             | POL KONIN                                         | 81         | M30/22                | (M)83  | 00:43:34     | 04.21    |
| 23              | 170       | SZYMAŃSKI Marek          | GOLINA              |             | POL KB WARTKO                                     | 77         | M30/23                | (M)84  | 00:43:37     | 04.21    |
| 24              | 242       | IWIŃSKI Łukasz           | KOŁO                |             | POL KKM                                           | 82         | M30/24                | (M)89  | 00:43:51     | 04.23    |
| 25              | 256       | WAWRZYNIAK Piotr         | ŁĄDEK               |             | POL AKTYWNIE W PRZYSZŁOŚĆ                         | 77         | M30/25                | (M)90  | 00:43:51     | 04.23    |
| 26              | 166       | KRZYWIK Paweł            | NOWE SKALMIERZYCE   |             | POL                                               | 81         | M30/26                | (M)91  | 00:43:52     | 04.23    |
| 27              | 200       | WDOWIŃSKI Damian         | TUREK               |             | POL                                               | 81         | M30/27                | (M)92  | 00:43:54     | 04.23    |
| 28              | 309       | KASPRZAK Jacek           | KROTOSZYN           |             | POL 1991                                          | 81         | M30/28                | (M)93  | 00:44:00     | 04.24    |
| 29              | 288       | MODRZYŃSKI Jacek         | KROTOSZYN           |             | POL                                               | 83         | M30/29                | (M)95  | 00:44:06     | 04.24    |
| 30              | 301       | KEMPIŃSKI Artur          | OSTRÓW WIELKOPOLSKI |             | POL OSTRÓW WIELKOPOLSKI                           | 83         | M30/30                | (M)96  | 00:44:06     | 04.24    |
| 31              | 29        | NOWAK Wojciech           | KONIN               |             | POL TRI NOT TO DIE                                | 86         | M30/31                | (M)97  | 00:44:07     | 04.24    |
| 32              | 59        | PECYNA Marek             | KOŁO                |             | POL                                               | 84         | M30/32                | (M)98  | 00:44:16     | 04.25    |
| 33              | 203       | BUKOWIECKI Krzysztof     | KUNY                |             | POL KB MARATON TUREK                              | 82         | M30/33                | (M)101 | 00:44:24     | 04.26    |
| 34              | 89        | WYGRALAK Piotr           | POZNAŃ              |             | POL DRUŻYNA SZPIKU                                | 86         | M30/34                | (M)102 | 00:44:35     | 04.27    |
| 35              | 341       | WASILEWSKI Radosław      | WARKA               |             | POL                                               | 80         | M30/35                | (M)104 | 00:44:39     | 04.27    |
| 36              | 201       | BABIAK Bartosz           | KONIN               |             | POL                                               | 86         | M30/36                | (M)105 | 00:44:43     | 04.28    |
| 37              | 320       | BALCERZAK Artur          | KOWALEWEK           |             | POL                                               | 80         | M30/37                | (M)107 | 00:44:57     | 04.29    |
| 38              | 173       | BILIŃSKI Bartosz         | KOŚCIELEC           |             | POL GEBERIT                                       | 81         | M30/38                | (M)112 | 00:45:11     | 04.31    |
| 39              | 189       | BUDKA Piotr              | SŁODKÓW             |             | POL                                               | 77         | M30/39                | (M)117 | 00:45:18     | 04.31    |
| 40              | 21        | CHOJNACKI Artur          | KONIN               |             | POL PROARTI.PL                                    | 79         | M30/40                | (M)119 | 00:45:25     | 04.32    |
| 41              | 71        | MŁODZIENIAK Robert       | KAZIMIERZ BISKUPI   |             | POL KKM                                           | 79         | M30/41                | (M)120 | 00:45:26     | 04.32    |
| 42              | 32        | WIERZCHOWSKI Adam        | KALISZ              |             | POL SUPERMARATON KALISZ                           | 78         | M30/42                | (M)121 | 00:45:27     | 04.32    |
| 43              | 156       | SOKOŁOWSKI Paweł         | SZADEK              |             | POL SZADKOBIEGACZE                                | 78         | M30/43                | (M)126 | 00:45:42     | 04.34    |
| 44              | 245       | MARCINIAK Jacek          | KONIN               |             | POL UKS STRZELEC KONIN                            | 79         | M30/44                | (M)127 | 00:45:43     | 04.34    |
| 45              | 338       | KACZMAREK Paweł          | KOSTRZYN            |             | POL NA SZLAKU KOSTRZYN                            | 77         | M30/45                | (M)129 | 00:45:48     | 04.34    |
| 46              | 171       | SZYMCZAK Piotr           | BRANNO              |             | POL ESA TRUCKS POLSKA                             | 78         | M30/46                | (M)138 | 00:46:12     | 04.37    |
| 47              | 230       | GRZELAK Andrzej          | MOGILNO             |             | POL ŚLIMAKI BARCIN                                | 86         | M30/47                | (M)140 | 00:46:18     | 04.37    |
| 48              | 310       | LISZKA Piotr             | TUREK               |             | POL TUR BIKE TEAM                                 | 84         | M30/48                | (M)141 | 00:46:18     | 04.37    |
| 49              | 220       | JESIOŁOWSKI Przemysław   | ŻYCHLIN             |             | POL                                               | 84         | M30/49                | (M)143 | 00:46:25     | 04.38    |
| 50              | 110       | FRITZ Karol              | KONIN               |             | POL ZESPÓŁ SZKÓŁ NR 1 W KONINIE                   | 77         | M30/50                | (M)148 | 00:46:38     | 04.39    |
| 51              | 115       | ZAJDEL Arek              | STAWISZYN           |             | POL NIGHT RUNNERS                                 | 80         | M30/51                | (M)152 | 00:46:41     | 04.40    |
| 52              | 300       | GAŁKOWSKI Krzysztof      | KALISZ              |             | POL SUPERMARATON KALISZ/KLUB RUGBY HUSARIA KALISZ | 84         | M30/52                | (M)153 | 00:46:46     | 04.40    |
| 53              | 158       | SURKÓW Adrian            | SWARZĘDZ            |             | POL WESTOIL TRADE RUNNIG TEAM                     | 82         | M30/53                | (M)157 | 00:47:02     | 04.42    |
| 54              | 58        | MATECKI Jacek            | KONIN               |             | POL KJM KONIN                                     | 77         | M30/54                | (M)161 | 00:47:28     | 04.44    |
| 55              | 216       | CZECZOTKA Roman          | BELCHATÓW           |             | POL PGE KWB BELCHATÓW                             | 77         | M30/55                | (M)179 | 00:48:33     | 04.51    |
| 56              | 25        | KACHELSKI Krystian       | GOLINA              |             | POL KB WARTKO                                     | 85         | M30/56                | (M)180 | 00:48:34     | 04.51    |
| 57              | 130       | LEWANDOWSKI Rafał        | KONIN               |             | POL BIEGAM BO NIE LUBIE                           | 82         | M30/57                | (M)183 | 00:48:52     | 04.53    |
| 58              | 315       | TRZCINSKI Artur          | KAZIMIERZ BISKUPI   |             | POL OSP TOKARKI                                   | 78         | M30/58                | (M)184 | 00:48:53     | 04.53    |
| 59              | 291       | DERENDA Mirosław         | INOWROCŁAW          |             | POL JUMIDE                                        | 78         | M30/59                | (M)185 | 00:48:53     | 04.53    |

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat                                                                       | Drużyna<br>Team       | R-k<br>YoB | W kategorii<br>in Age | Sex    | Czas<br>Time | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-----------------------------------------------------------------------------------|-----------------------|------------|-----------------------|--------|--------------|----------|
| 60              | 343       | ZARODA Marcin           | WYSZYNA             |  | POL BASZTA WYSZYNA    | 85         | M30/60                | (M)194 | 00:49:20     | 04.56    |
| 61              | 277       | MAZUREK Mariusz         | KALISZ              |  | POL ALKO NINJA        | 80         | M30/61                | (M)200 | 00:49:43     | 04.58    |
| 62              | 118       | KOZŁOWSKI Rafał         | KONIN               |  | POL                   | 77         | M30/62                | (M)205 | 00:50:07     | 05.00    |
| 63              | 134       | BILIŃSKI Rafał          | KOŁO                |  | POL KOŁO BIEGA        | 78         | M30/63                | (M)207 | 00:50:13     | 05.01    |
| 64              | 214       | KACZMAREK Grzegorz      | STAWISZYN           |  | POL LEŚNI BIEGACZE    | 83         | M30/64                | (M)209 | 00:50:45     | 05.04    |
| 65              | 79        | WASELA Marcin           | KONIN               |  | POL MOPS KALISZ       | 80         | M30/65                | (M)212 | 00:51:00     | 05.06    |
| 66              | 188       | ANASTAZIAK Tomasz       | SŁODKÓW             |  | POL                   | 86         | M30/66                | (M)217 | 00:51:38     | 05.09    |
| 67              | 92        | KANTANISTA Arkadiusz    | KONIN               |  | POL NIEZRZESZONY      | 81         | M30/67                | (M)218 | 00:51:46     | 05.10    |
| 68              | 324       | JAGODZIŃSKI Paweł       | STARE MIASTO        |  | POL INTER-GEO         | 77         | M30/68                | (M)220 | 00:52:10     | 05.13    |
| 69              | 233       | KRYSIK Tomasz           | KOŹMINEK            |  | POL                   | 78         | M30/69                | (M)225 | 00:52:40     | 05.16    |
| 70              | 308       | KALA Michał             | ŁABISZYN            |  | POL                   | 84         | M30/70                | (M)227 | 00:52:44     | 05.16    |
| 71              | 205       | ŁĘT Marcin              | KONIN               |  | POL                   | 80         | M30/71                | (M)228 | 00:53:12     | 05.19    |
| 72              | 244       | KRÓL Artur              | SŁUPCA              |  | POL MISTRZOWIE WP-1   | 80         | M30/72                | (M)230 | 00:53:31     | 05.21    |
| 73              | 330       | MANUSZKIEWICZ Rafał     | ŚLESIN              |  | POL KRAV MAGA KALISZ  | 81         | M30/73                | (M)235 | 00:54:23     | 05.26    |
| 74              | 305       | CHRZANOWSKI Adam        | KOŁO                |  | POL BUD-REM           | 85         | M30/74                | (M)237 | 00:54:23     | 05.26    |
| 75              | 236       | PAKULA Mikołaj          | TUREK               |  | POL KB MARATON TUREK  | 82         | M30/75                | (M)238 | 00:54:27     | 05.26    |
| 76              | 80        | BOCZEK Marcin           | KALISZ              |  | POL ALPAR.PL          | 78         | M30/76                | (M)248 | 00:55:57     | 05.35    |
| 77              | 180       | SZMAJA Sebastian        | KALISZ              |  | POL PKB KMP KALISZ    | 79         | M30/77                | (M)249 | 00:57:02     | 05.42    |
| 78              | 101       | KUBIAK Dariusz          | ŁÓDŹ                |  | POL BIEGACZ NOWOSOLNA | 83         | M30/78                | (M)251 | 00:57:17     | 05.43    |
| 79              | 307       | FILIPCAK Łukasz         | SŁUPCA              |  | POL                   | 80         | M30/79                | (M)254 | 00:57:34     | 05.45    |
| 80              | 157       | STOLARSKI Zdzisław      | KONIN               |  | POL NIE ZRZESZONY     | 77         | M30/80                | (M)260 | 01:00:30     | 06.03    |
| 81              | 30        | OLEJNICZAK Arkadiusz    | KAZIMIERZ BISKUPI   |  | POL CARBLACK          | 78         | M30/81                | (M)263 | 01:00:40     | 06.04    |
| 82              | 83        | MAŁECKI Błażej          | ŻELAZKÓW            |  | POL MOPS KALISZ       | 83         | M30/82                | (M)269 | 01:05:45     | 06.34    |
| 83              | 91        | STASZAK Przemysław      | KONIN               |  | POL RUN4FUN           | 82         | M30/83                | (M)270 | 01:06:14     | 06.37    |

## Bieg 10 km - M40 [94]

|    |     |                         |              |                                                                                     |                                |    |        |       |          |       |
|----|-----|-------------------------|--------------|-------------------------------------------------------------------------------------|--------------------------------|----|--------|-------|----------|-------|
| 1  | 50  | RUDNIK Tomasz           | ZGORZELEC    |  | POL PGE KWB TURÓW              | 73 | M40/1  | (M)7  | 00:36:35 | 03.39 |
| 2  | 86  | TOMASZEWSKI Krzysztof   | TUREK        |  | POL KB MARATON TUREK           | 67 | M40/2  | (M)8  | 00:36:43 | 03.40 |
| 3  | 10  | KUSTER Roman            | KOMORNIKI    |  | POL KGB GRZMOT KOMORNIKI       | 70 | M40/3  | (M)13 | 00:37:19 | 03.43 |
| 4  | 174 | JÓŹWIAK Artur           | WTUREK       |  | POL                            | 74 | M40/4  | (M)14 | 00:37:23 | 03.44 |
| 5  | 197 | MAREK Artur             | ZDUNY        |  | POL KS KROTOSZ KROTOSZYN       | 73 | M40/5  | (M)16 | 00:37:30 | 03.44 |
| 6  | 77  | OGÓREK Artur            | BELCHATÓW    |  | POL PGE KWB BELCHATÓW          | 71 | M40/6  | (M)20 | 00:38:33 | 03.51 |
| 7  | 211 | ŻYWICKI Janusz          | SZCZECIN     |  | POL KB PIONIER SZCZECIN        | 68 | M40/7  | (M)22 | 00:38:44 | 03.52 |
| 8  | 161 | WOJCIECHOWSKI Tomasz    | STARE MIASTO |  | POL TOM-CAR KONIN              | 69 | M40/8  | (M)24 | 00:39:04 | 03.54 |
| 9  | 11  | NOWACKI Krzysztof       | KOŁO         |  | POL XXX                        | 73 | M40/9  | (M)25 | 00:39:10 | 03.54 |
| 10 | 342 | ZAKRZEWSKI Robert       | KAMIENICA    |  | POL MORSY                      | 73 | M40/10 | (M)29 | 00:39:18 | 03.55 |
| 11 | 231 | KORZEKWA Piotr          | KALISZ       |  | POL DRUŻYNA POWIATU KALISKIEGO | 75 | M40/11 | (M)30 | 00:39:19 | 03.55 |
| 12 | 215 | MAREK Daniel            | SWARZĘDZ     |  | POL CYBINA TEAM                | 74 | M40/12 | (M)31 | 00:39:25 | 03.56 |
| 13 | 186 | O SULLIVAN Owen         | KONIN        |  | POL                            | 71 | M40/13 | (M)33 | 00:40:00 | 03.59 |
| 14 | 75  | URBAN Marek             | KONIN        |  | POL SZANUJ BIENISZEW           | 73 | M40/14 | (M)35 | 00:40:09 | 04.00 |
| 15 | 346 | MIĄGOWSKI Radosław      | KALISZ       |  | POL NIEZRZESZONY               | 68 | M40/15 | (M)41 | 00:40:34 | 04.03 |
| 16 | 147 | NAJDEREK Cezary         | ZALASEWO     |  | POL                            | 71 | M40/16 | (M)43 | 00:40:49 | 04.04 |
| 17 | 48  | PAWLAK Maciej           | KONIN        |  | POL 3TEAM KONN / MPEC-KONIN    | 72 | M40/17 | (M)45 | 00:41:00 | 04.06 |
| 18 | 199 | WALOSZEK Franciszek     | TURKOWICE    |  | POL                            | 74 | M40/18 | (M)47 | 00:41:06 | 04.06 |
| 19 | 47  | ORZOŁ Dariusz           | ZAWIDÓW      |  | POL PGE KWB TURÓW              | 68 | M40/19 | (M)53 | 00:41:28 | 04.08 |
| 20 | 252 | SKALSKI Radosław        | KONIN        |  | POL KB AKTYWNI KONIN           | 72 | M40/20 | (M)58 | 00:41:50 | 04.11 |
| 21 | 33  | ZARODA Zbyszek          | KONIN        |  | POL KB AKTYWNI KONIN           | 70 | M40/21 | (M)60 | 00:41:59 | 04.11 |
| 22 | 224 | PRZYMUSIŃSKI Bartłomiej | JAROCIN      |  | POL                            | 76 | M40/22 | (M)67 | 00:42:32 | 04.15 |
| 23 | 210 | KOSIŃSKI Zbigniew       | POZNAŃ       |  | POL GRUNWALD TEAM POZNAŃ       | 75 | M40/23 | (M)68 | 00:42:33 | 04.15 |
| 24 | 124 | HOJAK Marek             | KALISZ       |  | POL SUPERMARATON KALISZ        | 73 | M40/24 | (M)71 | 00:43:01 | 04.18 |
| 25 | 49  | RUDNIK Piotr            | ZGORZELEC    |  | POL PGE KWB TURÓW              | 71 | M40/25 | (M)72 | 00:43:06 | 04.18 |
| 26 | 323 | HYŻY Mariusz            | TUREK        |  | POL                            | 76 | M40/26 | (M)73 | 00:43:10 | 04.19 |
| 27 | 63  | WŁODARCZYK Krzysztof    | KONIN        |  | POL 3TEAM KONN / MPEC-KONIN    | 75 | M40/27 | (M)74 | 00:43:12 | 04.19 |
| 28 | 74  | ŚLEBODA Andrzej         | KLECZEW      |  | POL ENDINIOTEAM                | 75 | M40/28 | (M)82 | 00:43:34 | 04.21 |
| 29 | 335 | FRANKOWSKI Jarosław     | ZAGÓRÓW      |  | POL                            | 70 | M40/29 | (M)85 | 00:43:46 | 04.22 |
| 30 | 202 | BARAN Jacek             | GOLINA       |  | POL KB WARTKO                  | 67 | M40/30 | (M)88 | 00:43:50 | 04.23 |
| 31 | 276 | MARCINIAK Jarosław      | KOŹMIN WLKP  |  | POL KS KROTOSZ KROTOSZYN       | 76 | M40/31 | (M)94 | 00:44:02 | 04.24 |
| 32 | 290 | PROTASIEWICZ Piotr      | KONIN        |  | POL IMAGECYCLINGTEAM           | 70 | M40/32 | (M)99 | 00:44:18 | 04.25 |

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat                                                                         | Drużyna<br>Team | R-k<br>YoB | W kategorii<br>in Age | Sex    | Czas<br>Time | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-------------------------------------------------------------------------------------|-----------------|------------|-----------------------|--------|--------------|----------|
| 33              | 255       | TORZEWSKI Roman         | BONIEWO             |    | POL             | 71         | M40/33                | (M)100 | 00:44:21     | 04.26    |
| 34              | 78        | WALERIAŃCZYK Roman      | GRZYBOWO            |    | POL             | 68         | M40/34                | (M)106 | 00:44:52     | 04.29    |
| 35              | 116       | GLUCHOWSKI Przemysław   | ŻYCHLIN             |    | POL             | 76         | M40/35                | (M)111 | 00:45:08     | 04.30    |
| 36              | 43        | JASICZAK Andrzej        | BELCHATÓW           |    | POL             | 71         | M40/36                | (M)115 | 00:45:15     | 04.31    |
| 37              | 142       | MAJTCZAK Mariusz        | SZADEK              |    | POL             | 75         | M40/37                | (M)122 | 00:45:29     | 04.32    |
| 38              | 184       | BUDKA Jacek             | TUREK               |    | POL             | 75         | M40/38                | (M)123 | 00:45:32     | 04.33    |
| 39              | 273       | RAFAŁ Moritz            | BARCIN              |    | POL             | 76         | M40/39                | (M)124 | 00:45:33     | 04.33    |
| 40              | 76        | WEJDMAN Dariusz         | ŁÓDŹ                |    | POL             | 73         | M40/40                | (M)130 | 00:45:54     | 04.35    |
| 41              | 225       | RAKOWICZ Krzysztof      | KOŁO                |    | POL             | 71         | M40/41                | (M)131 | 00:45:55     | 04.35    |
| 42              | 145       | SZYMCZAK Maciej         | SZADEK              |    | POL             | 71         | M40/42                | (M)133 | 00:46:00     | 04.36    |
| 43              | 271       | LIPSKI Kazimierz        | PAPROTNIA           |    | POL             | 68         | M40/43                | (M)134 | 00:46:05     | 04.36    |
| 44              | 281       | WALKOWIAK Rafał         | KONIN               |    | POL             | 70         | M40/44                | (M)135 | 00:46:05     | 04.36    |
| 45              | 209       | WIATROWSKI Krzysztof    | KAZIMIERZ BISKUPI   |    | POL             | 69         | M40/45                | (M)136 | 00:46:06     | 04.36    |
| 46              | 27        | KOBYŁKA Marek           | KALISZ              |    | POL             | 67         | M40/46                | (M)137 | 00:46:07     | 04.36    |
| 47              | 55        | GRZEGRZÓŁKA Jacek       | KONIN               |    | POL             | 70         | M40/47                | (M)139 | 00:46:13     | 04.37    |
| 48              | 321       | FLEISCHER Leszek        | OSTRÓW WIELKOPOLSKI |    | POL             | 75         | M40/48                | (M)142 | 00:46:22     | 04.38    |
| 49              | 52        | WYPYCH Krzysztof        | KALISZ              |    | POL             | 76         | M40/49                | (M)145 | 00:46:27     | 04.38    |
| 50              | 81        | GOŁĘBIEWSKI Emilian     | KALISZ              |    | POL             | 73         | M40/50                | (M)146 | 00:46:27     | 04.38    |
| 51              | 228       | ANTAS Maciej            | KRAMSK              |    | POL             | 75         | M40/51                | (M)147 | 00:46:35     | 04.39    |
| 52              | 232       | KRAWCZYK Krzysztof      | MAŁANÓW             |    | POL             | 74         | M40/52                | (M)150 | 00:46:38     | 04.39    |
| 53              | 112       | LASKOWSKI Przemysław    | KALISZ              |    | POL             | 74         | M40/53                | (M)151 | 00:46:40     | 04.40    |
| 54              | 93        | KARASZEWSKI Janusz      | KONIN               |    | POL             | 69         | M40/54                | (M)154 | 00:46:52     | 04.41    |
| 55              | 266       | DŁONIAK Wojciech        | TUREK               |    | POL             | 70         | M40/55                | (M)159 | 00:47:23     | 04.44    |
| 56              | 192       | NOWICKI Rafał           | KOŁO                |    | POL             | 76         | M40/56                | (M)160 | 00:47:26     | 04.44    |
| 57              | 137       | PIECYK Jacek            | SZADEK              |    | POL             | 73         | M40/57                | (M)162 | 00:47:31     | 04.45    |
| 58              | 73        | PILARSKI Jacek          | KONIN               |    | POL             | 68         | M40/58                | (M)164 | 00:47:35     | 04.45    |
| 59              | 187       | WECHMAN Przemysław      | KALISZ              |    | POL             | 69         | M40/59                | (M)165 | 00:47:35     | 04.45    |
| 60              | 218       | ZAWADZKI Michał         | WOLA PODŁĘŻNA       |   | POL             | 75         | M40/60                | (M)167 | 00:47:43     | 04.46    |
| 61              | 294       | KOWALIK Przemysław      | KONIN               |  | POL             | 75         | M40/61                | (M)170 | 00:47:56     | 04.47    |
| 62              | 313       | SKORLIŃSKI Marcin       | KOSTRZYN            |  | POL             | 71         | M40/62                | (M)171 | 00:48:05     | 04.48    |
| 63              | 38        | JANOWSKI Paweł          | BELCHATÓW           |  | POL             | 71         | M40/63                | (M)175 | 00:48:20     | 04.50    |
| 64              | 127       | SERAFIŃSKI Robert       | KONIN               |  | POL             | 69         | M40/64                | (M)176 | 00:48:23     | 04.50    |
| 65              | 99        | GÓRSKI Krzysztof        | KONIN               |  | POL             | 70         | M40/65                | (M)177 | 00:48:25     | 04.50    |
| 66              | 39        | KRZOS Tomasz            | BIELAWY             |  | POL             | 73         | M40/66                | (M)181 | 00:48:45     | 04.52    |
| 67              | 14        | WALCZAK Adam            | KONIN               |  | POL             | 74         | M40/67                | (M)186 | 00:48:54     | 04.53    |
| 68              | 327       | KRUSZONA Zbigniew       | KOSTRZYN            |  | POL             | 76         | M40/68                | (M)188 | 00:48:55     | 04.53    |
|                 |           |                         |                     |                                                                                     | KOSTRZYŃSKIEJ   |            |                       |        |              |          |
| 69              | 96        | NAMYŚŁAK Radosław       | KOŁO                |  | POL             | 71         | M40/69                | (M)192 | 00:49:14     | 04.55    |
| 70              | 111       | JARZĄBEK Robert         | STRZAŁKOWO          |  | POL             | 73         | M40/70                | (M)193 | 00:49:15     | 04.55    |
| 71              | 128       | KAMINSKI Marek          | ŚLESIN              |  | POL             | 74         | M40/71                | (M)195 | 00:49:28     | 04.56    |
| 72              | 254       | SZABRAŃSKI Piotr        | SŁUPNO              |  | POL             | 72         | M40/72                | (M)199 | 00:49:34     | 04.57    |
| 73              | 264       | CHMIELEWSKI Tomasz      | KALISZ              |  | POL             | 74         | M40/73                | (M)201 | 00:49:44     | 04.58    |
| 74              | 270       | KWIATKOWSKI Marcin      | ŁAZISKA             |  | POL             | 75         | M40/74                | (M)202 | 00:49:56     | 04.59    |
| 75              | 100       | KRYGIER Rafał           | ŻYCHLIN             |  | POL             | 73         | M40/75                | (M)203 | 00:50:06     | 05.00    |
| 76              | 68        | KORALEWSKI Tomasz       | GRZEGORZEW          |  | POL             | 67         | M40/76                | (M)208 | 00:50:24     | 05.02    |
| 77              | 312       | SKORLIŃSKI Krzysztof    | KOSTRZYN            |  | POL             | 72         | M40/77                | (M)210 | 00:50:53     | 05.05    |
| 78              | 149       | OLEJNIK Leszek          | JASTRZĘBNIKI        |  | POL             | 71         | M40/78                | (M)216 | 00:51:37     | 05.09    |
| 79              | 178       | PIGULSKI Mariusz        | KONIN               |  | POL             | 74         | M40/79                | (M)222 | 00:52:29     | 05.14    |
| 80              | 154       | PŁOSZAJ Tomasz          | KONIN               |  | POL             | 72         | M40/80                | (M)223 | 00:52:34     | 05.15    |
| 81              | 268       | KAWKA Paweł             | KONIN               |  | POL             | 73         | M40/81                | (M)224 | 00:52:38     | 05.15    |
| 82              | 2         | ANDRZEJCZAK Tomasz      | KONIN               |  | POL             | 73         | M40/82                | (M)226 | 00:52:42     | 05.16    |
| 83              | 269       | KOLIŃSKI Krzysztof      | KONIN               |  | POL             | 67         | M40/83                | (M)233 | 00:53:37     | 05.21    |
| 84              | 336       | GADOMSKI Piotr          | CZERWONAK           |  | POL             | 70         | M40/84                | (M)236 | 00:54:23     | 05.26    |
| 85              | 298       | ZWIERZCHOWSKI Piotr     | KROTOSZYN           |  | POL             | 71         | M40/85                | (M)240 | 00:54:51     | 05.29    |
| 86              | 182       | PUCHAŁSKI Marek         | KLECZEW             |  | POL             | 70         | M40/86                | (M)241 | 00:54:55     | 05.29    |
| 87              | 135       | LISIAK Patryk           | POZNAŃ              |  | POL             | 75         | M40/87                | (M)242 | 00:55:00     | 05.30    |
| 88              | 84        | STANISZEWSKI Arkadiusz  | BLIZANÓW            |  | POL             | 74         | M40/88                | (M)243 | 00:55:23     | 05.32    |
| 89              | 302       | WĄCHNICKI Dariusz       | KONIN               |  | POL             | 68         | M40/89                | (M)244 | 00:55:31     | 05.33    |



| <i>Miejsce<br/>Rank</i> | <i>Nr<br/>Bib</i> | <i>Nazwisko i imię<br/>Name</i> | <i>Miejscowość<br/>City</i> | <i>Kraj<br/>Nat</i>                                                               | <i>Drużyna<br/>Team</i> | <i>R-k<br/>YoB</i> | <i>W kategorii<br/>in Age</i> | <i>Sex</i> | <i>Czas<br/>Time</i> | <i>[min/km]</i> |
|-------------------------|-------------------|---------------------------------|-----------------------------|-----------------------------------------------------------------------------------|-------------------------|--------------------|-------------------------------|------------|----------------------|-----------------|
| 90                      | 250               | PIETRASZAK Maciej               | ŚLUPCA                      |  | POL MISTRZOWIE WP-1     | 73                 | M40/90                        | (M)246     | 00:55:50             | 05.35           |
| 91                      | 51                | WIŚNIEWSKI Robert               | KONIN                       |  | POL                     | 68                 | M40/91                        | (M)252     | 00:57:24             | 05.44           |
| 92                      | 125               | MACHOWIAK Andrzej               | ŚLUPCA                      |  | POL                     | 74                 | M40/92                        | (M)253     | 00:57:29             | 05.44           |
| 93                      | 98                | GARBACIAK Marcin                | ŚLESIN                      |  | POL ZASAPANI.PL         | 76                 | M40/93                        | (M)257     | 00:58:53             | 05.53           |
| 94                      | 132               | BAKOWSKI Jacek                  | KONIN                       |  | POL DRUŻYNA SZPIKU      | 71                 | M40/94                        | (M)262     | 01:00:37             | 06.03           |

### Bieg 10 km - M50 [35]

|    |     |                       |                     |                                                                                     |                                       |    |        |        |          |       |
|----|-----|-----------------------|---------------------|-------------------------------------------------------------------------------------|---------------------------------------|----|--------|--------|----------|-------|
| 1  | 8   | PACZKOWSKI Jacek      | STRZELNO            |    | POL SPORT I REKREACJA MOGILNO         | 66 | M50/1  | (M)17  | 00:37:39 | 03.45 |
| 2  | 175 | KLUF Zdzisław         | BELCHATÓW           |    | POL AMATOR                            | 57 | M50/2  | (M)21  | 00:38:34 | 03.50 |
| 3  | 176 | KOŁATEK Tomek         | BELCHATÓW           |    | POL                                   | 64 | M50/3  | (M)34  | 00:40:04 | 04.00 |
| 4  | 150 | WYPYCHOWSKI Radosław  | BIELAWY             |    | POL SZANUJ BIENISZEW                  | 65 | M50/4  | (M)42  | 00:40:46 | 04.04 |
| 5  | 53  | CHRZANOWSKI Krzysztof | KOŁO                |    | POL BUD-REM                           | 57 | M50/5  | (M)62  | 00:42:11 | 04.13 |
| 6  | 261 | WÓJCIK Mariusz        | ŁÓDŹ                |    | POL                                   | 63 | M50/6  | (M)75  | 00:43:15 | 04.19 |
| 7  | 131 | MIELCZAREK Stanisław  | KALISZ              |    | POL NIEZRZESZONY                      | 57 | M50/7  | (M)78  | 00:43:24 | 04.20 |
| 8  | 120 | MAĆKOWIAK Grzegorz    | CZERNIEJEWO         |    | POL CZERNIEJEWO BIEGA                 | 60 | M50/8  | (M)80  | 00:43:33 | 04.21 |
| 9  | 296 | MŁODZIENIAK Paweł     | BEZNAZWA            |    | POL BASZTA WYSZYNA                    | 64 | M50/9  | (M)108 | 00:44:57 | 04.29 |
| 10 | 322 | GNYSIŃSKI Jacek       | SIERADZ             |    | POL SIERADZBIEGA.PL                   | 60 | M50/10 | (M)110 | 00:45:07 | 04.30 |
| 11 | 213 | JAWORSKI Adam         | BLIZANÓW            |    | POL LEŚNI BIEGACZE                    | 63 | M50/11 | (M)114 | 00:45:14 | 04.31 |
| 12 | 319 | WOŹNIAK Marek         | KOŁO                |    | POL FLORIAN CHOJNICE                  | 61 | M50/12 | (M)128 | 00:45:43 | 04.34 |
| 13 | 253 | SOLA Andrzej          | KONIN               |    | POL SIŁOWNIA RELAX KONIN              | 63 | M50/13 | (M)144 | 00:46:26 | 04.38 |
| 14 | 181 | ZIÓLKOWSKI Mieczysław | JANIKOWO            |    | POL ZGUBIŁEM SPONSORA                 | 65 | M50/14 | (M)149 | 00:46:38 | 04.39 |
| 15 | 143 | MALINOWSKI Maciej     | KAZIMIERZ BISKUPI   |    | POL                                   | 61 | M50/15 | (M)156 | 00:46:57 | 04.41 |
| 16 | 23  | GAWRON Paweł          | KAZIMIERZ BISKUPI   |    | POL NIEZRZESZONY                      | 61 | M50/16 | (M)158 | 00:47:21 | 04.44 |
| 17 | 275 | CHOMAŃSKI Jan         | STRZAŁKOWO          |    | POL                                   | 60 | M50/17 | (M)163 | 00:47:33 | 04.45 |
| 18 | 344 | DUDEK Andrzej         | OSTRÓW WIELKOPOLSKI |   | POL NIEZRZESZONY                      | 61 | M50/18 | (M)169 | 00:47:51 | 04.47 |
| 19 | 208 | PAWLAK Kazimierz      | OSTRÓW WIELKOPOLSKI |  | POL NIGHT RUNNERS-OSTRÓW WLKP.        | 59 | M50/19 | (M)172 | 00:48:11 | 04.49 |
| 20 | 65  | HAJDRYCH Lech         | KLECZEW             |  | POL BIEGACZE-KLECZEW                  | 60 | M50/20 | (M)187 | 00:48:54 | 04.53 |
| 21 | 206 | NOWACZYK Piotr        | KAZIMIERZ BISKUPI   |  | POL KONIN                             | 57 | M50/21 | (M)189 | 00:48:57 | 04.53 |
| 22 | 62  | WIŚNIEWSKI Kazimierz  | WYSZYNA             |  | POL BASZTA WYSZYNA                    | 63 | M50/22 | (M)191 | 00:49:12 | 04.55 |
| 23 | 44  | KLIMCZAK Andrzej      | ZGORZELEC           |  | POL PGE KWB TURÓW                     | 64 | M50/23 | (M)196 | 00:49:30 | 04.57 |
| 24 | 198 | MATUSZAK Krzysztof    | TUREK               |  | POL                                   | 62 | M50/24 | (M)197 | 00:49:33 | 04.57 |
| 25 | 3   | DZIOPA Cezariusz      | KONIN               |  | POL KB AKTYWNI KONIN                  | 58 | M50/25 | (M)198 | 00:49:33 | 04.57 |
| 26 | 219 | GOCYLA Dariusz        | POZNAŃ              |  | POL DARZYBÓRUNNERSKA                  | 66 | M50/26 | (M)214 | 00:51:28 | 05.08 |
| 27 | 212 | HELICKI Andrzej       | OSTRÓW WIELKOPOLSKI |  | POL OSTRÓW WIELKOPOLSKI               | 64 | M50/27 | (M)221 | 00:52:22 | 05.14 |
| 28 | 121 | SIP Mirosław          | ŚLESIN              |  | POL                                   | 64 | M50/28 | (M)231 | 00:53:34 | 05.21 |
| 29 | 247 | NIEMECZEK Waldemar    | JANIKOWO            |  | POL JANIKOWO NA SPORTOWO              | 61 | M50/29 | (M)245 | 00:55:37 | 05.33 |
| 30 | 34  | JANAS Bogdan          | KONIN               |  | POL KSA SZANSA KONIN                  | 60 | M50/30 | (M)256 | 00:58:07 | 05.48 |
| 31 | 17  | ŻUREK Jan             | STRZAŁKOWO          |  | POL STRZAŁKOWSKA GRUPA BIEGOWA 'SOKÓŁ | 60 | M50/31 | (M)258 | 00:59:31 | 05.57 |
| 32 | 229 | BANASIAK Piotr        | OZORKÓW             |  | POL KRZAŁ ADVENTURE TEAM              | 66 | M50/32 | (M)261 | 01:00:35 | 06.03 |
| 33 | 57  | KALEK Krzysztof       | BORKI GM KOŁO       |  | POL KOŁO BIEGA                        | 60 | M50/33 | (M)267 | 01:03:17 | 06.19 |
| 34 | 221 | KOCH Antoni           | ŚREM                |  | POL                                   | 61 | M50/34 | (M)268 | 01:04:19 | 06.25 |

### Bieg 10 km - M60 [14]

|    |     |                       |               |                                                                                     |                                |    |        |        |          |       |
|----|-----|-----------------------|---------------|-------------------------------------------------------------------------------------|--------------------------------|----|--------|--------|----------|-------|
| 1  | 162 | BRZUSTOWICZ Marek     | CISEW         |  | POL KB GEOTERMIA UNIEJÓW       | 56 | M60/1  | (M)38  | 00:40:14 | 04.01 |
| 2  | 226 | ROŻEK Janusz          | GOLINA        |  | POL KB WARTKO                  | 53 | M60/2  | (M)166 | 00:47:43 | 04.46 |
| 3  | 46  | MOCZARSKI Tomasz      | JĘDRZYCHOWICE |  | POL PGE KWB TURÓW              | 55 | M60/3  | (M)173 | 00:48:16 | 04.49 |
| 4  | 5   | PILARSKI Edmund       | KONIN         |  | POL KB AKTYWNI KONIN           | 51 | M60/4  | (M)178 | 00:48:26 | 04.50 |
| 5  | 90  | DOMAN Janusz          | BRZOZA        |  | POL UKS SZABLA BRZOZA          | 53 | M60/5  | (M)211 | 00:50:56 | 05.05 |
| 6  | 196 | JARECKI Stanisław     | KONIN         |  | POL MPEC KONIN - AKTYWNI KONIN | 52 | M60/6  | (M)213 | 00:51:26 | 05.08 |
| 7  | 106 | WOJCIECHOWSKI Zygmunt | GOLINA        |  | POL OFF-TRAIL KONIN            | 53 | M60/7  | (M)215 | 00:51:34 | 05.09 |
| 8  | 284 | FABIAŃSKI Czesław     | KALISZ        |  | POL SUPERMARATON KALISZ        | 55 | M60/8  | (M)229 | 00:53:26 | 05.20 |
| 9  | 109 | DZIAŁAK Marian        | KONIN         |  | POL KB AKTYWNI KONIN           | 48 | M60/9  | (M)234 | 00:53:37 | 05.21 |
| 10 | 265 | DĘBSKI Jan            | DĄBROWA       |  | POL SOŁTYS SUCHARZEWO          | 52 | M60/10 | (M)239 | 00:54:33 | 05.27 |
| 11 | 303 | WRÓBEL Marek          | ŁASK          |  | POL NIEZRZESZONY               | 50 | M60/11 | (M)247 | 00:55:54 | 05.35 |
| 12 | 104 | MONCZYŃSKI Bogusław   | KALISZ        |  | POL KTK 'CYKLISTA' KALISZ      | 53 | M60/12 | (M)265 | 01:01:17 | 06.07 |
| 13 | 194 | BOGDAŃSKI Waldemar    | KONIN         |  | POL KONIN                      | 54 | M60/13 | (M)266 | 01:01:18 | 06.07 |
| 14 | 4   | MAREK Henryk          | WARSZAWA      |  | POL WYBIEGAĆ MARZENIA          | 47 | M60/14 | (M)271 | 01:17:14 | 07.43 |

### Bieg 10 km - M70 [3]

|   |     |                 |        |                                                                                     |                                |    |       |        |          |       |
|---|-----|-----------------|--------|-------------------------------------------------------------------------------------|--------------------------------|----|-------|--------|----------|-------|
| 1 | 179 | REMBOWSKI Jacek | ŁOWICZ |  | POL STARZYŃSKIEGO BIEGA ŁOWICZ | 46 | M70/1 | (M)250 | 00:57:02 | 05.42 |
|---|-----|-----------------|--------|-------------------------------------------------------------------------------------|--------------------------------|----|-------|--------|----------|-------|

| Miejsce<br>Rank              | Nr<br>Bib | Nazwisko i imię<br>Name          | Miejscowość<br>City | Kraj<br>Nat                                                                         | Drużyna<br>Team                       | R-k<br>YoB | W kategorii<br>in Age | Sex    | Czas<br>Time | [min/km] |
|------------------------------|-----------|----------------------------------|---------------------|-------------------------------------------------------------------------------------|---------------------------------------|------------|-----------------------|--------|--------------|----------|
| 2                            | 6         | RACZAK Wojciech                  |                     |    | POL KB AKTYWNI KONIN                  | 46         | M70/2                 | (M)259 | 01:00:08     | 06.00    |
| 3                            | 267       | JAGODZIŃSKI Tadeusz              | KALISZ              |    | POL KALISZ                            | 45         | M70/3                 | (M)264 | 01:00:41     | 06.04    |
| <b>Bieg 10 km - K20 [11]</b> |           |                                  |                     |                                                                                     |                                       |            |                       |        |              |          |
| 1                            | 297       | MOKROS Zuzanna                   | PABIANICE           |    | POL TRUCHT.COM                        | 93         | K20/1                 | (K)2   | 00:37:06     | 03.42    |
| 2                            | 257       | WERNER Katarzyna                 | MALANÓW             |    | POL KKB FINISZ KALISZ                 | 89         | K20/2                 | (K)4   | 00:40:46     | 04.04    |
| 3                            | 317       | WALCZAK Dominika                 | KOŁO                |    | POL                                   | 92         | K20/3                 | (K)7   | 00:43:01     | 04.18    |
| 4                            | 13        | PIETRUSZKA Nina                  | WROCŁAW             |    | POL                                   | 92         | K20/4                 | (K)11  | 00:46:09     | 04.36    |
| 5                            | 67        | KORALEWSKA Izabela               | BORYSLAWICE         |    | POL KOBIETKIBIEGAJA.PL                | 97         | K20/5                 | (K)17  | 00:47:55     | 04.47    |
| 6                            | 351       | MICHNOWICZ Ewelina               | GUBIN               |    | POL                                   | 92         | K20/6                 | (K)21  | 00:48:42     | 04.52    |
| 7                            | 295       | MŁODZIENIAK Katarzyna            | BEZNAZWA            |    | POL                                   | 99         | K20/7                 | (K)25  | 00:51:38     | 05.09    |
| 8                            | 139       | RYBARCZYK Ilona                  | KOŁO                |    | POL KOŁO BIEGA                        | 89         | K20/8                 | (K)31  | 00:52:51     | 05.17    |
| 9                            | 339       | MELON Ewa                        | POZNAN              |    | POL                                   | 87         | K20/9                 | (K)32  | 00:53:18     | 05.19    |
| 10                           | 304       | BANDOWSKA Klaudia                | KONIN               |    | POL                                   | 99         | K20/10                | (K)34  | 00:54:03     | 05.24    |
| 11                           | 287       | MIERNIK Zuzanna                  | ŻERKÓW              |    | POL MMBS TEAM                         | 92         | K20/11                | (K)44  | 00:57:05     | 05.42    |
| <b>Bieg 10 km - K30 [29]</b> |           |                                  |                     |                                                                                     |                                       |            |                       |        |              |          |
| 1                            | 348       | TALAR Patrycja                   | POBIEDZISKA         |    | POL KB UNIW.EKON.POZNAŃ               | 86         | K30/1                 | (K)1   | 00:37:02     | 03.42    |
| 2                            | 318       | WALCZAK-PECYNA Michalina         | KOŁO                |    | POL                                   | 84         | K30/2                 | (K)5   | 00:40:55     | 04.05    |
| 3                            | 16        | WIERZCHOWSKA Izabela             | KALISZ              |    | POL SUPERMARATON KALISZ               | 81         | K30/3                 | (K)6   | 00:42:11     | 04.13    |
| 4                            | 306       | DZIEKAN Anna                     | MARZENIN            |    | POL RUNFOLLOWME.PL                    | 77         | K30/4                 | (K)9   | 00:43:47     | 04.22    |
| 5                            | 350       | KURZAJCZYK Beata                 | KALISZ              |    | POL SUPERMARATON KALISZ               | 78         | K30/5                 | (K)10  | 00:44:16     | 04.25    |
| 6                            | 155       | ROSZAK-SURKÓW Sylwia             | SWARZĘDZ            |    | POL NIE MA LIPY SWARZĘDZ TEAM         | 77         | K30/6                 | (K)13  | 00:47:03     | 04.42    |
| 7                            | 40        | PLAZA Adrianna                   | KONIN               |    | POL KKS ENDORFINY                     | 81         | K30/7                 | (K)15  | 00:47:41     | 04.46    |
| 8                            | 333       | TOKARZ Magdalena                 | SŁUPCA              |    | POL                                   | 77         | K30/8                 | (K)16  | 00:47:53     | 04.47    |
| 9                            | 165       | DĘBOWSKA Magdalena               | KONIN               |   | POL                                   | 77         | K30/9                 | (K)18  | 00:48:10     | 04.49    |
| 10                           | 285       | ŁUBIK Katarzyna                  | POSADA              |  | POL KKS ENDORFINY                     | 79         | K30/10                | (K)20  | 00:48:22     | 04.50    |
| 11                           | 325       | JANKE Katarzyna                  | ŻYCHLIN             |  | POL ŻYCHLIN                           | 82         | K30/11                | (K)24  | 00:51:32     | 05.09    |
| 12                           | 249       | PIEKARCZYK Joanna                | POSADA              |  | POL KKS ENDORFINY                     | 77         | K30/12                | (K)26  | 00:51:40     | 05.10    |
| 13                           | 283       | BORKOWSKA Magdalena              | OPATÓWEK            |  | POL SUPERMARATON KALISZ               | 77         | K30/13                | (K)27  | 00:51:42     | 05.10    |
| 14                           | 282       | WODICZKO Weronika                | DĘBNIAŁKI KALISKIE  |  | POL SUPERMARATON KALISZ               | 83         | K30/14                | (K)28  | 00:51:44     | 05.10    |
| 15                           | 31        | SIKORSKA Anna                    | KONIN               |  | POL KKS ENDORFINY                     | 77         | K30/15                | (K)30  | 00:51:59     | 05.11    |
| 16                           | 241       | GRZELAK Agnieszka                | KOŚCIELEC           |  | POL                                   | 82         | K30/16                | (K)33  | 00:53:52     | 05.23    |
| 17                           | 146       | KLIMCZAK DO NASCIMENTO<br>Emilia | TULISZKÓW           |  | POL                                   | 83         | K30/17                | (K)35  | 00:54:27     | 05.26    |
| 18                           | 87        | TRESENBURG Agata                 | KONIN               |  | POL XXX                               | 77         | K30/18                | (K)36  | 00:54:32     | 05.27    |
| 19                           | 129       | LEWANDOWSKA Maria                | KONIN               |  | POL BIEGAM BO NIE LUBIE               | 82         | K30/19                | (K)37  | 00:54:37     | 05.27    |
| 20                           | 251       | PUCHALSKA Elżbieta               | KLECZEW             |  | POL                                   | 77         | K30/20                | (K)38  | 00:54:55     | 05.29    |
| 21                           | 279       | SITKO Marta                      | PYZDRY              |  | POL                                   | 83         | K30/21                | (K)39  | 00:55:03     | 05.30    |
| 22                           | 102       | KUCHARCZYK Katarzyna             | RZGÓW               |  | POL KB WARTKO                         | 80         | K30/22                | (K)40  | 00:55:10     | 05.31    |
| 23                           | 274       | WALKOWIAK Agnieszka              | WÓŁKA               |  | POL STRZAŁKOWSKA GRUPA BIEGOWA `SOKÓŁ | 82         | K30/23                | (K)42  | 00:55:47     | 05.34    |
| 24                           | 119       | KRUPIŃSKA Katarzyna              | KOŁO                |  | POL KOŁO BIEGA/KOBIETY BIEGAJĄ        | 78         | K30/24                | (K)46  | 00:57:31     | 05.45    |
| 25                           | 248       | OLEJNICZAK Ewa                   | SŁAWSK              |  | POL                                   | 81         | K30/25                | (K)47  | 00:58:33     | 05.51    |
| 26                           | 144       | PANFIL Joanna                    | KONIN               |  | POL SAINT-GOBAIN SQUAD                | 79         | K30/26                | (K)51  | 01:00:36     | 06.03    |
| 27                           | 280       | WALKOWIAK Anna                   | KONIN               |  | POL KONIN RUN                         | 81         | K30/27                | (K)53  | 01:05:17     | 06.31    |
| 28                           | 326       | KOZŁOWSKA Magdalena              | KONIN               |  | POL                                   | 81         | K30/28                | (K)55  | 01:06:16     | 06.37    |
| 29                           | 289       | PIESZAK Milena                   | KAZIMIERZ BISKUPI   |  | POL KKS ENDORFINY                     | 81         | K30/29                | (K)57  | 01:17:18     | 07.43    |
| <b>Bieg 10 km - K40 [11]</b> |           |                                  |                     |                                                                                     |                                       |            |                       |        |              |          |
| 1                            | 24        | KUSTER Agnieszka                 | KOMORNIKI           |  | POL KGB GRZMOT KOMORNIKI              | 73         | K40/1                 | (K)3   | 00:39:31     | 03.57    |
| 2                            | 72        | OKUŃSKA-WEJDMAN Aneta            | ŁÓDŹ                |  | POL EVERRUN                           | 76         | K40/2                 | (K)8   | 00:43:09     | 04.18    |
| 3                            | 95        | LEWANDOWSKA Dorota               | STRZAŁKOWO          |  | POL STRZAŁKOWSKA GRUPA BIEGOWA `SOKÓŁ | 74         | K40/3                 | (K)14  | 00:47:36     | 04.45    |
| 4                            | 123       | NOWACKA Małgorzata               | KOŁO                |  | POL XXX                               | 72         | K40/4                 | (K)19  | 00:48:12     | 04.49    |
| 5                            | 191       | ŁECHTAŃSKA Grażyna               | GOLINA              |  | POL KB WARTKO                         | 70         | K40/5                 | (K)22  | 00:50:07     | 05.00    |
| 6                            | 94        | KOWALSKA Małgorzata              | KONIN               |  | POL ZADYSZKA                          | 69         | K40/6                 | (K)23  | 00:50:08     | 05.00    |
| 7                            | 262       | AKIMOW Anna                      | PŁOCK               |  | POL TKKF PŁOCK                        | 67         | K40/7                 | (K)29  | 00:51:50     | 05.11    |
| 8                            | 108       | BARTCZAK Izabela                 | WOLA PODŁĘŻNA       |  | POL                                   | 76         | K40/8                 | (K)41  | 00:55:20     | 05.32    |
| 9                            | 204       | KOWALCZYK-KRÓL Bernadeta         | OSTRÓW WIELKOPOLSKI |  | POL NIGHT RUNNERS-OSTRÓW WLKP.        | 71         | K40/9                 | (K)43  | 00:56:23     | 05.38    |
| 10                           | 334       | CICHOCKA Sylwia                  | POSADA              |  | POL KKS ENDORFINY                     | 76         | K40/10                | (K)48  | 00:58:50     | 05.53    |
| 11                           | 26        | KOBYŁKA Małgorzata               | KALISZ              |  | POL                                   | 67         | K40/11                | (K)50  | 01:00:35     | 06.03    |

| <i>Miejsce<br/>Rank</i>     | <i>Nr<br/>Bib</i> | <i>Nazwisko i imię<br/>Name</i> | <i>Miejscowość<br/>City</i> | <i>Kraj<br/>Nat</i>                                                                   | <i>Drużyna<br/>Team</i>            | <i>R-k<br/>YoB</i> | <i>W kategorii<br/>in Age</i> | <i>Sex</i> | <i>Czas<br/>Time</i> | <i>[min/km]</i> |
|-----------------------------|-------------------|---------------------------------|-----------------------------|---------------------------------------------------------------------------------------|------------------------------------|--------------------|-------------------------------|------------|----------------------|-----------------|
| <b>Bieg 10 km - K50 [4]</b> |                   |                                 |                             |                                                                                       |                                    |                    |                               |            |                      |                 |
| 1                           | 66                | HAJDRYCH Zuzanna                | KLECZEW                     |  POL | BIEGACZE-KLECZEW                   | 66                 | K50/1                         | (K)12      | <b>00:46:37</b>      | 04.39           |
| 2                           | 260               | WÓJCIK Dorota                   | ŁÓDŹ                        |  POL |                                    | 57                 | K50/2                         | (K)49      | <b>00:59:35</b>      | 05.57           |
| 3                           | 163               | DĄBEK Arleta                    | STRZAŁKOWO                  |  POL | STRZAŁKOWSKA GRUPA BIEGOWA "SOKÓŁ" | 66                 | K50/3                         | (K)52      | <b>01:05:10</b>      | 06.31           |
| 4                           | 352               | FRYDRYCH Bożena                 | WARSZAWA                    |  POL | WYBIEGAĆ MARZENIA                  | 57                 | K50/4                         | (K)56      | <b>01:17:05</b>      | 07.42           |
| <b>Bieg 10 km - K60 [2]</b> |                   |                                 |                             |                                                                                       |                                    |                    |                               |            |                      |                 |
| 1                           | 114               | WIKTOREK Jadwiga                | ŁÓDŹ                        |  POL | ŁÓDŹ RUNNING TEAM                  | 50                 | K60/1                         | (K)45      | <b>00:57:17</b>      | 05.43           |
| 2                           | 193               | BOGDAŃSKA Dorota                | KONIN                       |  POL | KONIN                              | 55                 | K60/2                         | (K)54      | <b>01:05:30</b>      | 06.33           |