

printed: 27.03.2017 12:10:43

City:	Uraz k.Wrocławia	Distance:	10km +40km + 5km	Organizer:	Fundacja Pro Sport Pro Life
Date:	26.03.2017				

CUD MAX (10-40-5)

Msc Rank	Nr Bib	Nazwisko i imię Name	Miasto City	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Bieg 10 km Run 10 km	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg 5 km Run 5 km	Wynik Time	Strata Diff.
1	50	WRÓBEL MARCIN	WROCLAW		POL	77	Sen/1 M / 1	00:39:31 / 2	00:01:45 / 3	01:24:31 / 2	00:01:27 / 1	00:21:09 / 2	02:28:23	00:00:00
2	49	DRELAŁ DARIUSZ	BRALIN		POL UKS SPORT BRALIN	74	Sen/2 M / 2	00:43:45 / 13	00:01:48 / 13	01:22:40 / 1	00:01:40 / 2	00:22:52 / 10	02:32:45	00:04:21
3	46	SMOLEŃ JAROSŁAW	MYSLOWICE		POL AZS UNIWERSYTET ŚLĄSKI	78	Sen/3 M / 3	00:40:03 / 3	00:01:13 / 2	01:34:03 / 8	00:00:59 / 4	00:20:58 / 1	02:37:16	00:08:53
4	99	ZAW DO UZUP					M / 4	00:40:50 / 6	00:01:20 / 8	01:33:08 / 5	00:01:29 / 5	00:21:19 / 3	02:38:06	00:09:43
5	52	PRZEWDZIĘK KAROL	BRALIN		POL UKS SPORT BRALIN	00	Jun/1 M / 5	00:45:30 / 23	00:01:34 / 23	01:26:37 / 3	00:01:02 / 3	00:26:23 / 34	02:41:06	00:12:42
6	7	CHOJNOWSKI SEBASTIAN	GLIWICE		POL SILESIAMAN TRIATHLON TEAM	89	Jun/2 M / 6	00:40:44 / 5	00:01:24 / 7	01:37:00 / 13	00:00:58 / 6	00:21:40 / 4	02:41:46	00:13:23
7	48	KASIŃSKI GRZEGORZ	WROCLAW		POL CYKLON PROAL TEAM	76	Sen/4 M / 7	00:42:59 / 9	00:02:38 / 14	01:33:20 / 6	00:02:05 / 9	00:22:48 / 9	02:43:50	00:15:26
8	73	DĄBKOWSKI KRZYSZTOF	WŁOSZAKOWICE		POL 35 PLUS	75	Sen/5 M / 8	00:43:26 / 12	00:01:38 / 10	01:34:34 / 9	00:01:12 / 7	00:23:34 / 13	02:44:24	00:16:01
9	74	KOSICKI RADOŚLAW	WROCLAW		POL	82	Sen/6 M / 9	00:44:02 / 15	00:01:41 / 15	01:35:18 / 10	00:01:34 / 11	00:21:58 / 5	02:44:33	00:16:09
10	53	RUBIK ŁUKASZ	NAMYSŁÓW		POL TEAM ŁAJ NOT MEBLE MARZENIE	83	Sen/7 M / 10	00:43:21 / 11	00:02:38 / 17	01:33:02 / 4	00:01:57 / 8	00:23:45 / 15	02:44:43	00:16:19
11	1	VISENTIN ERIC	WROCLAW		FRA LOS BIEGANEROS	77	Sen/8 M / 11	00:44:26 / 19	00:01:31 / 16	01:33:57 / 7	00:01:14 / 10	00:23:58 / 16	02:45:06	00:16:42
12	13	LISOWICZ MACIEJ	LUBIN		POL IM MOTION TEAM WROCLAW	85	Sen/9 M / 12	00:44:27 / 20	00:01:59 / 21	01:35:36 / 11	00:01:20 / 12	00:23:59 / 17	02:47:21	00:18:57
13	26	KUNICKI KONRAD	WROCLAW		POL GVT	82	Sen/10 M / 13	00:40:55 / 7	00:01:12 / 6	01:43:19 / 20	00:01:05 / 16	00:21:59 / 6	02:48:30	00:20:07
14	62	ZALEWSKI IGOR	WŁOCLAWEK		POL TRIATHLON CLUB WROCLAW	93	Jun/3 M / 14	00:36:55 / 1	00:01:27 / 1	01:45:18 / 24	00:01:19 / 13	00:24:58 / 27	02:49:57	00:21:33
15	77	MODRANKA WALDEMAR	ŁÓDŹ		POL 4MTB IMMERGAS	79	Sen/11 M / 15	00:43:20 / 10	00:01:30 / 9	01:38:59 / 17	00:01:23 / 14	00:25:35 / 31	02:50:47	00:22:23
16	58	TULIKOWSKI MARIUSZ	DOBRZYKOWICE		POL SII POLSKA, SMARTGROUP.EU	81	Sen/12 M / 16	00:45:39 / 24	00:01:13 / 22	01:37:49 / 15	00:01:08 / 15	00:25:03 / 28	02:50:52	00:22:29
17	80	KONKOL KONRAD	MIASTKO		POL 35 PLUS	82	Sen/13 M / 17	00:47:59 / 30	00:01:28 / 28	01:36:21 / 12	00:01:20 / 17	00:24:11 / 19	02:51:19	00:22:56
18	20	PRUCIAK KRZYSZTOF	OLAWA		POL RUN-LOG.COM / WKURW_TEAM	84	Sen/14 M / 18	00:40:56 / 8	00:01:02 / 5	01:51:21 / 40	00:00:59 / 23	00:22:13 / 7	02:56:31	00:28:07
19	10	MACIEJEWSKI KAROL	NADOLICE WIELKIE		POL TRIATHLON MIETKÓW TEAM	82	Sen/15 M / 19	00:48:17 / 31	00:02:07 / 30	01:38:45 / 16	00:01:38 / 18	00:26:43 / 37	02:57:30	00:29:06
20	6	BIELICKI BARTOSZ	MILICZ		POL RUNNING TEAM MILICZ	80	Sen/16 M / 20	00:40:13 / 4	00:01:43 / 4	01:50:36 / 37	00:01:27 / 22	00:23:33 / 14	02:57:32	00:29:09
21	75	KWAŚNIK ROBERT	WROCLAW		POL	78	Sen/17 M / 21	00:44:32 / 21	00:01:50 / 20	01:45:25 / 26	00:02:06 / 21	00:24:21 / 21	02:58:14	00:29:50
22	47	SĘDKOWSKI ŁUKASZ	TRZEBNICA		POL SENDEX	78	Sen/18 M / 22	00:49:27 / 42	00:03:06 / 43	01:37:06 / 14	00:02:08 / 19	00:26:56 / 38	02:58:43	00:30:19
23	72	ŚRODA MICHAŁ	TRZEBNICA		POL TRIATHLON MIETKÓW TEAM	85	Sen/19 M / 23	00:43:45 / 14	00:01:22 / 11	01:49:47 / 36	00:00:54 / 24	00:23:22 / 12	02:59:10	00:30:47
24	55	PAKUŁA MICHAŁ	SIECHNICE		POL	86	Sen/20 M / 24	00:47:57 / 29	00:02:09 / 29	01:41:24 / 18	00:01:17 / 20	00:26:26 / 35	02:59:13	00:30:49
25	54	SALATA ROMAN	ŚWIEBODZICE		POL TEMMPO WALBRZYCH	78	Sen/21 M / 25	00:45:10 / 22	00:02:00 / 24	01:47:26 / 28	00:01:28 / 25	00:24:16 / 20	03:00:20	00:31:57
26	76	BERNATOWICZ WALDEMAR	WROCLAW		POL TRIATHLON MIETKÓW TEAM	79	Sen/22 M / 26	00:47:11 / 27	00:01:17 / 25	01:47:47 / 30	00:00:55 / 28	00:24:08 / 18	03:01:18	00:32:54
27	37	MILIK MARCIN	SOSNOWIEC		POL EPO	77	Sen/23 M / 27	00:48:42 / 34	00:01:52 / 31	01:44:55 / 23	00:01:16 / 26	00:24:47 / 24	03:01:32	00:33:08

Msc Rank	Nr Bib	Nazwisko i imię Name	Miasto City	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Bieg 10 km Run 10 km	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg 5 km Run 5 km	Wynik Time	Strata Diff.
28	22	KACPRZYK MARIUSZ	JEDLINA-ZDRÓJ		POL BIEGAJ W JEDLINIE	75M	Sen/24 M / 28	00:44:19 / 18	00:01:47 / 18	01:49:36 / 34	00:01:26 / 27	00:25:16 / 29	03:02:24	00:34:00
29	25	PYZIO PIOTR	MARCINKOWICE		POL JPKP MARCINKOWICE	83M	Sen/25 M / 29	00:46:50 / 26	00:01:43 / 26	01:47:45 / 29	00:01:30 / 30	00:25:25 / 30	03:03:13	00:34:50
30	63	GŁOGOWSKI MIROSLAW	SIEDLEĆCIN		POL	60M	Sen/26 M / 30	00:48:42 / 33	00:03:55 / 44	01:43:22 / 21	00:03:15 / 34	00:24:45 / 23	03:03:59	00:35:35
31	35	HAWRYLEWICZ PAWEŁ	WROCLAW		POL	77M	Sen/27 M / 31	00:47:17 / 28	00:01:35 / 27	01:47:56 / 31	00:01:17 / 32	00:26:59 / 39	03:05:04	00:36:40
32	30	WILK CZESŁAW	WĘGRÓW		POL PRO-RUN WROCLAW	58M	Sen/28 M / 32	00:44:12 / 16	00:01:20 / 12	01:55:29 / 47	00:01:22 / 36	00:23:16 / 11	03:05:39	00:37:15
33	59	NOWAK GRZEGORZ	WROCLAW		POL TRIATHLON MIETKÓW TEAM	64M	Sen/29 M / 33	00:52:33 / 50	00:01:08 / 48	01:43:08 / 19	00:01:08 / 31	00:27:45 / 43	03:05:42	00:37:19
34	39	LUCZYS FILIP	WROCLAW		POL GT RAT	81M	Sen/30 M / 34	00:49:25 / 40	00:01:42 / 33	01:44:34 / 22	00:01:42 / 29	00:28:34 / 48	03:05:57	00:37:34
35	61	ŚWIERK SEWERYN	JANOWICE WIELKIE		POL NATURALNIE JANOWICE	79M	Sen/31 M / 35	00:49:07 / 36	00:02:17 / 36	01:45:20 / 25	00:01:33 / 33	00:28:02 / 46	03:06:19	00:37:55
36	24	DWORNICZAK SŁAWOMIR	TRZEBNICA		POL	87M	Sen/32 M / 36	00:50:48 / 46	00:01:58 / 45	01:46:45 / 27	00:01:37 / 35	00:25:57 / 32	03:07:05	00:38:41
37	56	SZANIEWSKI MIROSLAW	JELENIA GÓRA		POL BIEGAMDLAZDROWIA.PL	73M	Sen/33 M / 37	00:48:35 / 32	00:02:22 / 32	01:50:39 / 38	00:01:41 / 40	00:24:49 / 26	03:08:06	00:39:43
38	18	TÁTRAY WIKTOR	LEGNICA		POL STELVIO TEAM	95M	Jun/4 M / 38	00:48:49 / 35	00:03:12 / 39	01:48:50 / 32	00:01:43 / 38	00:26:02 / 33	03:08:36	00:40:13
39	42	HELMECKI DAREK	WILCZYCE		POL PRO-RUN WROCLAW	71M	Sen/34 M / 39	00:44:14 / 17	00:02:02 / 19	01:54:54 / 46	00:01:27 / 39	00:26:35 / 36	03:09:12	00:40:48
40	41	OSTROWSKI ŁUKASZ	JAROSŁAW		POL AQUA FIT OSIR ŚRODA ŚLĄSKA	83M	Sen/35 M / 40	00:46:42 / 25	00:04:27 / 34	01:53:25 / 44	00:02:20 / 44	00:22:31 / 8	03:09:25	00:41:02
41	34	BAKOWSKI MARCIN	POZNAŃ		POL KLUB ŚLIMAKA TORPEDY	80M	Sen/36 M / 41	00:49:11 / 37	00:02:29 / 38	01:49:33 / 33	00:01:16 / 37	00:27:36 / 42	03:10:05	00:41:42
42	60	JACKOWICZ RAFAŁ	SOBÓTKA		POL TRIATHLON MIETKÓW TEAM	75M	Sen/37 M / 42	00:50:45 / 45	00:01:22 / 40	01:51:53 / 42	00:01:50 / 41	00:26:59 / 40	03:12:49	00:44:26
43	44	PINGOT EMILIA	KALISZ		POL IM MOTION TEAM WROCLAW	89K	Jun/1 K / 1	00:52:27 / 49	00:02:22 / 51	01:49:37 / 35	00:01:41 / 43	00:27:51 / 45	03:13:58	00:45:34
44	51	KUKIEŁKA SŁAWEK	JELENIA GÓRA		POL	79M	Sen/38 M / 43	00:50:20 / 44	00:02:27 / 46	01:51:44 / 41	00:02:28 / 45	00:27:49 / 44	03:14:48	00:46:24
45	70	JUNIK SEBASTIAN	WROCLAW		POL		M / 44	00:49:18 / 39	00:02:20 / 37	01:51:55 / 43	00:02:19 / 42	00:30:28 / 55	03:16:20	00:47:56
46	36	DĄBROWSKI ARTUR	WROCLAW		POL NIGHT RUNNERS WROCLAW	78M	Sen/39 M / 45	00:50:06 / 43	00:02:13 / 42	02:01:41 / 50	00:01:21 / 49	00:27:31 / 41	03:22:52	00:54:29
47	79	MŁODAWSKI BARTŁOMIEJ	KŁONICE		POL AJAN IRON TEAM JAWOR	72M	Sen/40 M / 46	00:58:21 / 61	00:02:22 / 62	01:50:43 / 39	00:02:26 / 46	00:33:09 / 59	03:27:01	00:58:38
48	8	SOWA ALINA	WROCLAW		POL TRIATHLON MIETKÓW TEAM	76K	Sen/1 K / 2	00:53:08 / 55	00:02:32 / 55	02:00:00 / 49	00:02:30 / 50	00:29:01 / 50	03:27:11	00:58:47
49	4	OLACZEK ŁUKASZ	MROZÓW		POL WIECZORNI BIEGACZE	79M	Sen/41 M / 47	00:58:21 / 62	00:01:38 / 59	01:53:44 / 45	00:01:09 / 48	00:32:43 / 58	03:27:35	00:59:11
50	17	ŁOWICKA MAGDALENA	WROCLAW		POL PRO-RUN WROCLAW	85K	Sen/2 K / 3	00:49:27 / 41	00:02:45 / 41	02:13:10 / 57	00:01:32 / 53	00:24:48 / 25	03:31:42	01:03:19
51	43	OLECHOWSKI MARCIN	BILEW SĘDZIEJOWICE		POL BIEGAM BO LUBIĘ ZDUŃSKA WOLA	78M	Sen/42 M / 48	00:53:06 / 54	00:02:25 / 54	01:57:39 / 48	00:01:26 / 47	00:37:29 / 64	03:32:05	01:03:42
52	32	PRON ADAM	KATOWICE		POL LADIES BOXING BRIGADE	75M	Sen/43 M / 49	00:51:41 / 47	00:01:58 / 47	02:09:20 / 54	00:02:10 / 52	00:29:33 / 52	03:34:42	01:06:19
53	57	OLEJNICZAK PIOTR	ŁÓDŹ		POL FLINTERS	72M	Sen/44 M / 50	00:52:42 / 51	00:01:17 / 50	02:12:28 / 56	00:01:57 / 54	00:28:17 / 47	03:36:41	01:08:17
54	31	CRAWFORD GRAHAM	POZNAŃ		POL LEWA WOLNA	65M	Sen/45 M / 51	00:56:33 / 57	00:03:01 / 58	02:02:52 / 51	00:02:10 / 51	00:33:49 / 60	03:38:25	01:10:01
55	11	GŁOWACKI TOMASZ	SIECHNICE		POL BBL SIECHNICE	75M	Sen/46 M / 52	00:49:13 / 38	00:02:02 / 35	02:18:08 / 59	00:01:40 / 57	00:30:21 / 54	03:41:24	01:13:01
56	38	KOPACZ MIROSLAW	POZNAŃ		POL	55M	Sen/47 M / 53	00:53:02 / 53	00:01:53 / 52	02:19:11 / 60	00:01:32 / 60	00:29:16 / 51	03:44:54	01:16:31
57	28	BAKOWSKA MAGDALENA	POZNAŃ		POL LEWA WOLNA	82K	Sen/3 K / 4	00:56:52 / 58	00:02:33 / 57	02:06:56 / 53	00:02:24 / 55	00:36:28 / 62	03:45:13	01:16:49
58	27	PODBOROŻNY KAROL	PRZEMYŚL		POL LEWA WOLNA	85M	Sen/48 M / 54	00:57:29 / 60	00:02:56 / 61	02:05:54 / 52	00:02:26 / 56	00:36:28 / 63	03:45:13	01:16:50
59	5	GROMKO ANDRZEJ	MILICZ		POL RUNNING TEAM MILICZ	57M	Sen/49 M / 55	00:52:22 / 48	00:01:23 / 49	02:19:48 / 61	00:01:39 / 59	00:31:18 / 57	03:46:30	01:18:06
60	69	URBANIAK MARZENA			POL		K / 5	00:56:16 / 56	00:02:38 / 56	02:14:44 / 58	00:02:42 / 61	00:30:36 / 56	03:46:56	01:18:32
61	68	SŁAWSKI TOMASZ			POL	78M	Sen/50 M / 56	00:57:12 / 59	00:02:58 / 60	02:10:10 / 55	00:02:45 / 58	00:35:08 / 61	03:48:13	01:19:50

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62	64	WIŚNIEWSKA DOROTA	ZDUŃSKA WOLA		POL BBL ZDUŃSKA WOLA	80K	Sen/4 K / 6	00:52:56 / 52	00:02:29 / 53	02:28:18 / 62	00:02:24 / 62	00:28:37 / 49	03:54:44	01:26:21
63	12	ADAMSKA EWA	KOMORNIKI		POL HERNIK TEAM	84K	Sen/5 K / 7	01:04:23 / 63	00:03:46 / 63	02:28:52 / 63	00:02:17 / 63	00:24:35 / 22	04:03:53	01:35:29
64	14	KULIGOWSKA HANNA	POZNAŃ		POL HERNIK TEAM	90K	Jun/2 K / 8	01:08:07 / 64	00:01:49 / 64	02:38:59 / 64	00:01:31 / 64	00:29:36 / 53	04:20:02	01:51:38
	9	ŻYLAK MIROSŁAW	MILICZ		POL			86					DNS	
	19	MASŁOWIEC BARTOSZ	WROCLAW		POL RADIO WROCLAW			80					DNS	
	318	RUZYŁO JAKUB	BRZEG DOLNY		POL			84					DNS	

Zgłoszonych:	95	Odebrało nr.:	64	Wystartowało:	64	Ukończyło:	64
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