

**WYNIKI ZAWODÓW / RESULTS LIST**

printed: 16.06.2017 09:52:39

<b>City:</b>	Miętków	<b>Distance:</b>	950m+45km+10,5km	<b>Organizer:</b>	Platforma Sportów Wytrzymałościowych,
<b>Date:</b>	11.06.2017				Fundacja Pro Sport Pro Life

**1/4 IM**

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
1	97	ADAM KACPER		POL OLIMPUS.PL	92M20/1	M / 1	00:12:04 / 1	00:02:34 / 2	01:05:24 / 1	00:00:42 / 1	00:40:37 / 6	<b>02:01:21</b>	00:00:00
2	9	CHMURA MACIEJ		POL GVT BMC	86M30/1	M / 2	00:12:11 / 2	00:02:19 / 1	01:09:30 / 2	00:00:40 / 2	00:39:16 / 4	<b>02:03:56</b>	00:02:34
3	610	SZEWCZYK MAREK		POL GVT BMC	84M30/2	M / 3	00:14:24 / 20	00:02:38 / 17	01:10:11 / 7	00:00:44 / 6	00:37:42 / 1	<b>02:05:39</b>	00:04:17
4	205	NAWRACAJ MICHAŁ		POL AJAN IRON TEAM JAWOR	86M30/3	M / 4	00:13:48 / 12	00:02:40 / 7	01:10:38 / 10	00:00:37 / 5	00:39:17 / 5	<b>02:07:00</b>	00:05:38
5	245	KOWALCZYK MAREK		POL KWP BYDGOSZCZ/IPA BYDGOSZCZ	78M30/4	M / 5	00:15:59 / 50	00:02:41 / 33	01:09:59 / 5	00:00:36 / 8	00:39:00 / 2	<b>02:08:15</b>	00:06:53
6	616	KULESZA JAKUB		POL TRIATHLON CLUB WROCLAW	80M30/5	M / 6	00:14:18 / 19	00:02:30 / 14	01:10:19 / 9	00:00:34 / 4	00:41:23 / 11	<b>02:09:04</b>	00:07:42
7	525	KUZMINSKYI ANDRII		UKRSBR88	89M20/2	M / 7	00:13:41 / 8	00:02:43 / 5	01:10:03 / 6	00:00:38 / 3	00:42:10 / 18	<b>02:09:15</b>	00:07:53
8	62	MIGAŁA MICHAŁ		POL	83M30/6	M / 8	00:14:41 / 26	00:02:28 / 19	01:11:34 / 13	00:00:44 / 11	00:41:36 / 13	<b>02:11:03</b>	00:09:41
9	609	TYLEK MATEUSZ		POL ROSE ZOOT CTS EWOSOFT	83M30/7	M / 9	00:15:47 / 44	00:02:38 / 30	01:10:12 / 8	00:00:40 / 9	00:42:09 / 17	<b>02:11:26</b>	00:10:04
10	216	MARKIEWICZ MARCIN		POL LABOSPORT TEAM	72M40/1	M / 10	00:14:26 / 21	00:02:48 / 20	01:10:51 / 11	00:00:58 / 7	00:43:32 / 33	<b>02:12:35</b>	00:11:13
11	254	ŚMIGIELSKI MICHAŁ		POL	85M30/8	M / 11	00:15:47 / 45	00:02:56 / 35	01:09:59 / 4	00:00:37 / 10	00:43:22 / 32	<b>02:12:41</b>	00:11:19
12	617	RAJCA MICHAŁ		POL GT RAT	90M20/3	M / 12	00:16:45 / 81	00:02:54 / 56	01:12:47 / 20	00:01:07 / 25	00:39:09 / 3	<b>02:12:42</b>	00:11:20
13	594	PTAK WOJCIECH		POL IM4JÓZEF BROWAR REBELIA	85M30/9	M / 13	00:14:33 / 24	00:02:35 / 18	01:14:15 / 31	00:00:56 / 17	00:41:24 / 12	<b>02:13:43</b>	00:12:21
14	91	JACKOWIAK PIOTR		POL	86M30/10	M / 14	00:13:53 / 14	00:02:54 / 13	01:13:32 / 24	00:00:50 / 14	00:42:44 / 24	<b>02:13:53</b>	00:12:31
15	6	DOMINIKOWSKI KRZYSZTOF		POL NIEZRZESZONY	80M30/11	M / 15	00:17:31 / 120	00:02:57 / 82	01:12:17 / 15	00:00:49 / 26	00:40:49 / 7	<b>02:14:23</b>	00:13:01
16	76	MALACZEWSKI ŁUKASZ		POL GVT	79M30/12	M / 16	00:13:36 / 6	00:03:00 / 9	01:12:26 / 18	00:00:47 / 12	00:44:35 / 44	<b>02:14:24</b>	00:13:02
17	607	CHOROLEWSKI PAWEŁ		POL TRI DZIK	90M20/4	M / 17	00:13:45 / 11	00:02:37 / 4	01:15:11 / 36	00:00:39 / 16	00:42:26 / 20	<b>02:14:38</b>	00:13:16
18	467	TOCHOWICZ KASPER		POL	95M20/5	M / 18	00:13:43 / 9	00:02:59 / 12	01:15:34 / 42	00:00:43 / 21	00:41:53 / 16	<b>02:14:52</b>	00:13:30
19	5	KOSICKI RADOSŁAW		POL	82M30/13	M / 19	00:15:24 / 35	00:02:57 / 29	01:13:24 / 22	00:00:58 / 20	00:42:44 / 25	<b>02:15:27</b>	00:14:05
20	67	BANASZEWSKI WOJCIECH		POL	80M30/14	M / 20	00:15:51 / 47	00:03:41 / 51	01:14:15 / 32	00:00:58 / 33	00:40:55 / 8	<b>02:15:40</b>	00:14:18
21	118	ŁUKASZEWICZ DAWID		POL MULTIENDURANCE WROCLAW	87M30/15	M / 21	00:15:10 / 29	00:03:35 / 37	01:13:03 / 21	00:01:21 / 22	00:42:33 / 22	<b>02:15:42</b>	00:14:21
22	451	WNĘK JAROSŁAW		POL KUPSZOSE.PL	88M20/6	M / 22	00:13:37 / 7	00:03:02 / 10	01:12:07 / 14	00:01:15 / 13	00:45:56 / 53	<b>02:15:57</b>	00:14:36
23	18	WŁOCH MATEUSZ		POL GT RAT	86M30/16	M / 23	00:16:14 / 62	00:03:52 / 67	01:14:06 / 29	00:00:42 / 34	00:41:08 / 10	<b>02:16:02</b>	00:14:40
24	447	KUR MICHAŁ		POL	90M20/7	M / 24	00:14:09 / 16	00:03:24 / 21	01:15:57 / 49	00:01:01 / 29	00:41:43 / 14	<b>02:16:14</b>	00:14:52
25	493	PIETRAS ADAM		POL KUMPLE GRZMOTKA	98M16/1	M / 25	00:14:32 / 23	00:03:25 / 25	01:13:29 / 23	00:01:06 / 19	00:44:26 / 42	<b>02:16:58</b>	00:15:36
26	338	SZCZOTKA MARIUSZ		POL LABO SPORT / AT TEAM	75M40/2	M / 26	00:16:11 / 58	00:04:15 / 80	01:12:22 / 16	00:01:39 / 28	00:42:37 / 23	<b>02:17:04</b>	00:15:43
27	390	STWORA DAWID		POL POLICJA BIELSKO-BIAŁA	77M40/3	M / 27	00:17:28 / 117	00:02:40 / 69	01:14:47 / 33	00:00:41 / 35	00:41:45 / 15	<b>02:17:21</b>	00:15:59

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
28	603	WROŃSKI TOMASZ		POL		79M30/17 M / 28	00:13:51 / 13	00:03:04 / 16	01:16:59 / 60	00:00:41 / 31	00:42:46 / 26	<b>02:17:21</b>	00:15:59
29	148	BIRECKI JAKUB		POL GT KONA		87M30/18 M / 29	00:15:44 / 43	00:02:58 / 34	01:14:00 / 27	00:00:45 / 23	00:44:39 / 45	<b>02:18:06</b>	00:16:45
30	219	OLSZEWSKI PAWEŁ		POL		86M30/19 M / 30	00:15:17 / 32	00:03:02 / 28	01:15:18 / 38	00:00:36 / 27	00:44:26 / 41	<b>02:18:39</b>	00:17:17
31	490	SIERADZKI SŁAWOMIR		POL TRIATHLON CLUB WROCLAW		95M20/8 M / 31	00:16:44 / 78	00:04:05 / 98	01:09:36 / 3	00:01:20 / 15	00:48:10 / 94	<b>02:19:55</b>	00:18:33
32	158	KUNICKI KONRAD		POL GVT		82M30/20 M / 32	00:17:45 / 142	00:02:37 / 76	01:15:16 / 37	00:00:38 / 39	00:43:52 / 35	<b>02:20:08</b>	00:18:46
33	261	PRZEŹDZIĘK ADAM		POL T2 TRIATHLON TEAM		85M30/21 M / 33	00:16:45 / 80	00:02:54 / 55	01:12:47 / 19	00:01:07 / 24	00:46:45 / 62	<b>02:20:18</b>	00:18:56
34	407	WOŁODKO GRZEGORZ		POL TRIATHLON ACADEMY		77M40/4 M / 34	00:16:55 / 88	00:03:17 / 70	01:11:20 / 12	00:00:56 / 18	00:48:22 / 100	<b>02:20:50</b>	00:19:28
35	109	STARZYK ŁUKASZ		POL GVT		85M30/22 M / 35	00:15:25 / 36	00:03:57 / 47	01:15:34 / 43	00:01:38 / 46	00:44:20 / 40	<b>02:20:54</b>	00:19:32
36	168	KIELAR MIROSLAW		POL GVT		78M30/23 M / 36	00:17:37 / 130	00:03:01 / 90	01:14:51 / 35	00:00:53 / 43	00:44:33 / 43	<b>02:20:55</b>	00:19:33
37	444	WRZESZCZ MARIUSZ		POL TRIATHLON MIETKÓW TEAM		91M20/9 M / 37	00:17:41 / 134	00:03:04 / 94	01:15:56 / 48	00:01:31 / 53	00:42:52 / 27	<b>02:21:04</b>	00:19:43
38	232	CYBULSKI JACEK		POL		81M30/24 M / 38	00:16:57 / 90	00:03:43 / 91	01:14:49 / 34	00:00:53 / 42	00:44:45 / 47	<b>02:21:07</b>	00:19:45
39	436	DUDEK MATEUSZ		POL AQUAPARK WROCLAW		88M20/10 M / 39	00:13:21 / 4	00:03:08 / 8	01:16:44 / 57	00:01:21 / 30	00:46:35 / 60	<b>02:21:09</b>	00:19:47
40	132	BIELICKI BARTOSZ		POL RUNNING TEAM MILICZ		80M30/25 M / 40	00:18:36 / 199	00:03:02 / 126	01:15:41 / 45	00:01:05 / 56	00:43:02 / 29	<b>02:21:26</b>	00:20:04
41	172	GRZEGORCZYK PATRYK		POL		83M30/26 M / 41	00:16:02 / 53	00:03:27 / 49	01:17:32 / 67	00:00:43 / 52	00:43:58 / 36	<b>02:21:42</b>	00:20:20
42	29	MACIEJEWSKI KAROL		POL TRIATHLON MIETKÓW TEAM		82M30/27 M / 42	00:18:12 / 165	00:03:09 / 117	01:12:22 / 17	00:00:53 / 32	00:47:15 / 72	<b>02:21:51</b>	00:20:29
43	423	KASPERSKI ARTUR		IRL ATHLONE TRIATHLON CLUB		77M40/5 M / 43	00:17:18 / 108	00:02:49 / 68	01:16:05 / 54	00:00:54 / 49	00:44:59 / 49	<b>02:22:05</b>	00:20:44
44	222	SZUL DANIEL		POL UKS TRS SUSZ		82M30/28 M / 44	00:17:48 / 149	00:03:28 / 114	01:14:04 / 28	00:00:57 / 40	00:46:15 / 54	<b>02:22:32</b>	00:21:10 <small>Poli/3IPA/2</small>
45	16	STODÓŁKA SZYMON		POL LENIWIEC		86M30/29 M / 45	00:17:45 / 141	00:03:06 / 102	01:14:12 / 30	00:00:54 / 37	00:46:49 / 64	<b>02:22:46</b>	00:21:24
46	608	KUTOWSKI PAWEŁ		POL GT RAT		89M20/11 M / 46	00:14:13 / 17	00:02:29 / 11	01:21:07 / 141	00:00:39 / 59	00:44:47 / 48	<b>02:23:15</b>	00:21:53
47	434	PACHOLAK MARCIN		POL		88M20/12 M / 47	00:16:55 / 86	00:04:29 / 121	01:16:19 / 55	00:01:00 / 61	00:44:40 / 46	<b>02:23:23</b>	00:22:01
48	564	KRZEMIŃSKA MARIOLA		POL LITWIN TRIATHLON TEAM		92K20/1 K / 1	00:13:24 / 5	00:02:28 / 3	01:19:13 / 100	00:01:10 / 38	00:47:36 / 83	<b>02:23:51</b>	00:22:29
49	87	PIETRZAK BŁAŻEJ		POL GVT		81M30/30 M / 48	00:15:20 / 33	00:03:06 / 31	01:17:18 / 64	00:00:37 / 41	00:47:34 / 82	<b>02:23:55</b>	00:22:33
50	41	RADECKI MACIEJ		POL GVT		82M30/31 M / 49	00:17:07 / 99	00:02:48 / 62	01:15:43 / 46	00:00:47 / 44	00:47:33 / 81	<b>02:23:58</b>	00:22:36
51	611	JANUSZ IZABELA		POL TRIATHLON CLUB WROCLAW		94K20/2 K / 2	00:16:15 / 63	00:02:56 / 44	01:16:04 / 52	00:01:11 / 45	00:47:39 / 84	<b>02:24:05</b>	00:22:43
52	151	SŁOMCZYŃSKI BARTOSZ		POL 10 OPOLSKA BRYGADA LOGISTYCZNA		78M30/32 M / 50	00:16:58 / 91	00:03:05 / 64	01:16:04 / 53	00:00:44 / 47	00:47:14 / 71	<b>02:24:05</b>	00:22:43
53	137	RAK PAWEŁ		POL KB LUPUS OLEŚNICA		82M30/33 M / 51	00:18:52 / 211	00:04:08 / 196	01:17:29 / 66	00:01:18 / 90	00:42:30 / 21	<b>02:24:17</b>	00:22:55
54	523	ROSKOSZ BARTOSZ		POL KB HARCOWNIK JELCZ-LASKOWICE		89M20/13 M / 52	00:20:59 / 340	00:02:57 / 243	01:17:55 / 72	00:01:32 / 115	00:41:03 / 9	<b>02:24:26</b>	00:23:04
55	227	DOLEŻEK KRYSZTIAN		POL		79M30/34 M / 53	00:15:27 / 37	00:03:36 / 43	01:15:44 / 47	00:01:03 / 36	00:48:56 / 116	<b>02:24:46</b>	00:23:24 <small>Poli/4</small>
56	614	SÓLTYS JACEK		POL		62M50/1 M / 54	00:16:13 / 60	00:03:15 / 48	01:18:22 / 80	00:00:55 / 62	00:46:27 / 56	<b>02:25:12</b>	00:23:50
57	10	MESSYASZ KRZYSZTOF		POL BIMARKO&WELDA TEAM		81M30/35 M / 55	00:18:57 / 216	00:03:25 / 171	01:15:36 / 44	00:01:00 / 66	00:46:17 / 55	<b>02:25:15</b>	00:23:54
58	75	MALEC MAREK		POL		87M30/36 M / 56	00:15:37 / 41	00:03:44 / 46	01:17:53 / 71	00:01:11 / 58	00:47:10 / 70	<b>02:25:35</b>	00:24:13
59	180	RAGAN PAWEŁ		POL		80M30/37 M / 57	00:16:02 / 52	00:04:03 / 66	01:16:50 / 58	00:01:18 / 55	00:47:31 / 78	<b>02:25:44</b>	00:24:22
60	54	PAWŁOWSKI MARIUSZ		POL NIEZRZESZONY		79M30/38 M / 58	00:16:51 / 84	00:03:27 / 73	01:18:28 / 86	00:00:52 / 72	00:46:29 / 58	<b>02:26:07</b>	00:24:45
61	241	TARCZEWSKI TOMASZ		POL		79M30/39 M / 59	00:14:37 / 25	00:03:07 / 24	01:20:51 / 134	00:00:52 / 70	00:47:32 / 80	<b>02:26:59</b>	00:25:38

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
62	68	GRYSZKIEWICZ PAWEŁ		POL GVT		87M30/40 M / 60	00:17:09 / 100	00:03:11 / 75	01:16:02 / 51	00:01:08 / 51	00:49:46 / 129	<b>02:27:16</b>	00:25:54
63	129	OŻÓG TOMASZ		POL LITWIN TRIATHLON TEAM		80M30/41 M / 61	00:17:13 / 103	00:03:13 / 79	01:18:23 / 82	00:01:13 / 75	00:47:19 / 75	<b>02:27:21</b>	00:25:59
64	166	SADURSKI ŁUKASZ		POL 5 LUBUSKI PUŁK ARTYLERII		84M30/42 M / 62	00:22:47 / 433	00:03:13 / 332	01:18:14 / 77	00:00:55 / 134	00:42:19 / 19	<b>02:27:28</b>	00:26:07
65	599	LESISZ MACIEJ		POL TRIADA NAMYSŁÓW		76M40/6 M / 63	00:14:14 / 18	00:03:19 / 22	01:19:41 / 107	00:00:58 / 54	00:49:18 / 124	<b>02:27:30</b>	00:26:08
66	116	STRUK MACIEJ		POL DREAM RUN		79M30/43 M / 64	00:18:09 / 162	00:04:00 / 152	01:15:27 / 40	00:01:15 / 64	00:48:40 / 108	<b>02:27:31</b>	00:26:09
67	184	FIGARSKI SEBASTIAN		POL AQUA FIT OSIR ŚRODA ŚLĄSKA		85M30/44 M / 65	00:13:07 / 3	00:03:20 / 6	01:21:35 / 154	00:01:15 / 67	00:48:16 / 97	<b>02:27:33</b>	00:26:11
68	440	KACZMARCZYK MATEUSZ		POL		89M20/14 M / 66	00:16:28 / 68	00:03:21 / 58	01:18:37 / 90	00:01:10 / 71	00:48:21 / 99	<b>02:27:57</b>	00:26:35
69	319	PIETRAS DARIUSZ		POL KUMPLE GRZMOTKA		70M40/7 M / 67	00:16:39 / 75	00:03:16 / 63	01:18:35 / 88	00:00:55 / 69	00:48:50 / 113	<b>02:28:15</b>	00:26:53
70	155	CHERNOBRIVENKO SERGEY		RUS GT RAT		87M30/45 M / 68	00:17:47 / 145	00:03:28 / 112	01:20:31 / 126	00:00:40 / 99	00:45:53 / 52	<b>02:28:19</b>	00:26:57
71	96	ŚRODA MICHAŁ		POL TRIATHLON MIETKÓW TEAM		85M30/46 M / 69	00:17:50 / 151	00:02:57 / 96	01:18:59 / 95	00:01:14 / 82	00:47:31 / 77	<b>02:28:31</b>	00:27:09
72	24	PANEK WOJCIECH		POL		83M30/47 M / 70	00:18:10 / 163	00:04:02 / 155	01:17:07 / 62	00:00:46 / 76	00:48:31 / 105	<b>02:28:36</b>	00:27:15
73	83	MAZUR MAREK		POL		84M30/48 M / 71	00:17:18 / 109	00:03:23 / 92	01:19:23 / 103	00:01:30 / 87	00:47:07 / 68	<b>02:28:41</b>	00:27:20
74	188	SEREDYŃSKI PRZEMYSŁAW		POL		82M30/49 M / 72	00:17:17 / 105	00:03:27 / 93	01:18:00 / 74	00:01:02 / 73	00:49:00 / 118	<b>02:28:46</b>	00:27:25
75	65	MAŁEK PIOTR		POL		79M30/50 M / 73	00:17:35 / 126	00:05:21 / 192	01:13:45 / 26	00:01:43 / 57	00:50:31 / 150	<b>02:28:55</b>	00:27:33
76	341	ŻUROWSKI MARCIN		POL GVT		72M40/8 M / 74	00:19:15 / 239	00:04:20 / 225	01:18:26 / 84	00:01:45 / 126	00:45:14 / 50	<b>02:29:00</b>	00:27:38
77	153	OLENDER GRZEGORZ		POL GT RAT		78M30/51 M / 75	00:17:28 / 116	00:03:43 / 110	01:19:11 / 99	00:00:55 / 86	00:47:54 / 90	<b>02:29:11</b>	00:27:49
78	321	STERMACH IREK		POL		61M50/2 M / 76	00:19:15 / 238	00:04:20 / 224	01:18:26 / 83	00:01:45 / 125	00:45:30 / 51	<b>02:29:16</b>	00:27:54
79	33	ANTOSIAK TOMASZ		POL TRIATHLON MIETKÓW TEAM		81M30/52 M / 77	00:19:31 / 255	00:03:40 / 205	01:17:35 / 68	00:01:02 / 92	00:47:30 / 76	<b>02:29:18</b>	00:27:56
80	144	ZIELENKIEWICZ MARCIN		POL TRIATHLON MIETKÓW TEAM		81M30/53 M / 78	00:15:48 / 46	00:03:13 / 42	01:22:00 / 165	00:00:46 / 91	00:47:31 / 79	<b>02:29:18</b>	00:27:56
81	312	ŚMIETANA MARCIN		POL TRIATHLON MIETKÓW TEAM		75M40/9 M / 79	00:14:55 / 27	00:03:12 / 26	01:19:48 / 111	00:00:59 / 65	00:50:38 / 154	<b>02:29:32</b>	00:28:10
82	539	BURDELAŁ AGNIESZKA		POL KWP WROCŁAW		91K20/3 K / 3	00:13:44 / 10	00:03:08 / 15	01:19:35 / 105	00:00:51 / 50	00:52:21 / 209	<b>02:29:39</b>	00:28:17 Poli/5
83	134	PAŁETKO MAREK		POL NYSA BIEGA		82M30/54 M / 80	00:18:01 / 158	00:04:15 / 164	01:19:59 / 120	00:01:03 / 112	00:46:32 / 59	<b>02:29:50</b>	00:28:29
84	56	BIERNACKI KRYSZTIAN		POL GVT		78M30/55 M / 81	00:17:04 / 96	00:03:21 / 78	01:18:22 / 81	00:01:03 / 74	00:50:44 / 158	<b>02:30:34</b>	00:29:12
85	322	PAWLIKOWSKI ADAM		POL TRIATHLON CLUB WROCŁAW		73M40/10 M / 82	00:19:23 / 249	00:04:05 / 221	01:15:30 / 41	00:01:08 / 77	00:50:49 / 163	<b>02:30:55</b>	00:29:33
86	115	BAJSAROWICZ PAWEŁ		POL TRIATHLON CLUB WROCŁAW		78M30/56 M / 83	00:17:53 / 153	00:04:01 / 140	01:18:51 / 94	00:01:09 / 93	00:49:13 / 122	<b>02:31:07</b>	00:29:45
87	565	MATKOWSKI JAROSŁAW		POL -		66M50/3 M / 84	00:18:20 / 179	00:05:03 / 215	01:18:27 / 85	00:01:10 / 108	00:48:18 / 98	<b>02:31:18</b>	00:29:56
88	346	JANISZEWSKI ARKADIUSZ		POL GT RAT		71M40/11 M / 85	00:20:00 / 279	00:04:20 / 265	01:17:49 / 70	00:01:22 / 121	00:47:53 / 89	<b>02:31:24</b>	00:30:02
89	22	KLIMEK ANTONI		POL ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN		85M30/57 M / 86	00:19:42 / 263	00:04:10 / 238	01:18:20 / 79	00:01:17 / 119	00:48:03 / 93	<b>02:31:32</b>	00:30:10
90	562	WYDMUCH MAREK		POL SGR SREBRNA GÓRA		62M50/4 M / 87	00:16:11 / 59	00:05:23 / 124	01:18:04 / 75	00:01:23 / 83	00:50:45 / 159	<b>02:31:46</b>	00:30:24
91	14	TULIKOWSKI MARIUSZ		POL SII POLSKA, SMARTGROUP.EU		81M30/58 M / 88	00:17:41 / 133	00:03:50 / 122	01:18:37 / 89	00:00:57 / 84	00:50:43 / 157	<b>02:31:48</b>	00:30:26
92	258	BREWKA WOJCIECH		POL GT RAT		81M30/59 M / 89	00:16:31 / 70	00:03:10 / 57	01:22:19 / 171	00:01:37 / 123	00:48:24 / 101	<b>02:32:01</b>	00:30:39
93	265	TOMASZEWSKI MARCIN		POL GT RAT		82M30/60 M / 90	00:17:39 / 132	00:03:43 / 118	01:16:00 / 50	00:01:16 / 60	00:53:27 / 239	<b>02:32:05</b>	00:30:43
94	469	SOCHA ARTUR		POL PHYSIORUNNER		89M20/15 M / 91	00:17:35 / 127	00:02:45 / 74	01:20:31 / 127	00:01:08 / 95	00:50:12 / 141	<b>02:32:11</b>	00:30:49

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
95	414	ZMUDZINSKI MARCIN		POL KWP BYDGOSZCZ/IIPA BYDGOSZCZ	77M40/12	M / 92	00:19:55 / 275	00:04:10 / 250	01:15:24 / 39	00:01:31 / 81	00:51:14 / 172	<b>02:32:14</b>	00:30:52 Poli/6IPA/3
96	443	MORAWSKI PIOTR		POL DRUŻYNA M	90M20/16	M / 93	00:18:43 / 203	00:03:23 / 147	01:21:12 / 142	00:01:02 / 130	00:47:55 / 91	<b>02:32:15</b>	00:30:53
97	7	LICHACZ MIŁOSZ		POL	83M30/61	M / 94	00:16:37 / 73	00:03:16 / 59	01:19:56 / 117	00:01:09 / 80	00:51:17 / 174	<b>02:32:15</b>	00:30:53
98	378	BAK-CESARZ DAMIAN		POL	74M40/13	M / 95	00:18:17 / 172	00:04:05 / 172	01:22:00 / 166	00:01:02 / 142	00:46:51 / 65	<b>02:32:15</b>	00:30:53
99	294	TOMAKA BOGUSŁAW		POL MKM TRIATHLON TEAM	76M40/14	M / 96	00:18:21 / 181	00:04:13 / 179	01:21:56 / 164	00:01:07 / 145	00:46:40 / 61	<b>02:32:17</b>	00:30:55
100	60	FLOREK PAWEŁ		POL	80M30/62	M / 97	00:18:16 / 171	00:04:14 / 177	01:19:06 / 97	00:01:11 / 106	00:49:31 / 126	<b>02:32:18</b>	00:30:56
101	250	SZCZYGIEL JAREK		POL	80M30/63	M / 98	00:16:17 / 64	00:03:17 / 53	01:21:38 / 155	00:01:07 / 98	00:50:02 / 135	<b>02:32:21</b>	00:30:59
102	160	MALKAMAKI JUHA		FIN GT RAT	84M30/64	M / 99	00:18:31 / 195	00:03:04 / 125	01:19:08 / 98	00:01:30 / 97	00:50:12 / 142	<b>02:32:25</b>	00:31:04
103	270	ŚWIERCZEWSKI PIOTR		POL	74M40/15	M / 100	00:15:41 / 42	00:03:48 / 50	01:19:43 / 109	00:01:40 / 79	00:51:36 / 181	<b>02:32:28</b>	00:31:06
104	522	PECYNA MACIEJ		POL KLUCZBORSKA GRUPA BIEGOWA	94M20/17	M / 101	00:18:27 / 186	00:03:35 / 144	01:19:47 / 110	00:00:55 / 102	00:49:51 / 131	<b>02:32:35</b>	00:31:13
105	12	GORLOWSKI EMIL		POL	79M30/65	M / 102	00:19:04 / 223	00:03:14 / 167	01:20:12 / 124	00:00:49 / 113	00:49:18 / 123	<b>02:32:37</b>	00:31:15
106	541	BYCH MACIEJ		POL TRIDEA-GTO OŁAWA	75M40/16	M / 103	00:16:01 / 51	00:03:12 / 45	01:19:49 / 113	00:01:47 / 78	00:52:20 / 208	<b>02:33:09</b>	00:31:47
107	164	SABAT PIOTR		POL MONACOR	83M30/66	M / 104	00:18:51 / 210	00:05:03 / 240	01:17:58 / 73	00:01:36 / 118	00:49:44 / 128	<b>02:33:12</b>	00:31:50
108	501	BUBULA KRYSZEK		POL TRIATHLON STRZELIN	93M20/18	M / 105	00:16:55 / 87	00:03:28 / 77	01:21:33 / 151	00:00:44 / 100	00:50:35 / 153	<b>02:33:15</b>	00:31:53
109	468	KRÓL MACIEJ		POL	95M20/19	M / 106	00:18:40 / 202	00:03:41 / 169	01:18:37 / 91	00:01:02 / 96	00:51:19 / 177	<b>02:33:19</b>	00:31:57
110	470	SZTUR ROBERT		POL TRIATHLON MIETKÓW TEAM	89M20/20	M / 107	00:18:07 / 161	00:02:31 / 89	01:17:07 / 61	00:01:37 / 68	00:54:00 / 254	<b>02:33:22</b>	00:32:00
111	277	SKRZYŃKOWSKI PIOTR		POL	77M40/17	M / 108	00:17:48 / 146	00:03:06 / 104	01:23:14 / 186	00:02:15 / 156	00:47:02 / 66	<b>02:33:25</b>	00:32:03
112	185	MACIUSZEK ŁUKASZ		POL BBL OPOLE	86M30/67	M / 109	00:18:26 / 185	00:04:09 / 181	01:19:41 / 108	00:01:12 / 117	00:50:07 / 140	<b>02:33:35</b>	00:32:14 Poli/7
113	556	BURDA RAFAŁ		POL GEO-PLAN	88M20/21	M / 110	00:16:51 / 83	00:03:59 / 101	01:21:15 / 143	00:01:01 / 109	00:50:35 / 152	<b>02:33:41</b>	00:32:19
114	275	BARTOSZEWSKI GRZEGORZ		POL LITWIN TRIATHLON TEAM	76M40/18	M / 111	00:16:44 / 79	00:03:53 / 88	01:19:35 / 106	00:01:03 / 85	00:52:33 / 215	<b>02:33:48</b>	00:32:26
115	15	SURMAŃSKI JACEK		POL PANORAMA FIRM	80M30/68	M / 112	00:17:46 / 143	00:03:33 / 115	01:19:19 / 102	00:01:07 / 89	00:52:04 / 202	<b>02:33:49</b>	00:32:27
116	119	KOCENDA WOJCIECH		POL	85M30/69	M / 113	00:21:50 / 383	00:03:59 / 327	01:23:54 / 202	00:00:50 / 229	00:43:17 / 31	<b>02:33:50</b>	00:32:28
117	72	HADRYŚ TOMASZ		POL TRIATHLON MIETKÓW TEAM	87M30/70	M / 114	00:21:15 / 350	00:04:11 / 319	01:24:26 / 217	00:01:01 / 234	00:42:57 / 28	<b>02:33:50</b>	00:32:28
118	386	SUCHORZ KRZYSZTOF		POL GDYŃSKI TRIATHLON	69M40/19	M / 115	00:19:08 / 228	00:03:56 / 201	01:21:44 / 159	00:01:20 / 155	00:47:48 / 87	<b>02:33:56</b>	00:32:34
119	193	GRAJEK KRZYSZTOF		POL GVT	80M30/71	M / 116	00:18:24 / 183	00:04:10 / 180	01:19:49 / 112	00:01:00 / 116	00:50:52 / 165	<b>02:34:15</b>	00:32:54
120	288	JESION IRENEUSZ		POL	69M40/20	M / 117	00:17:39 / 131	00:03:59 / 127	01:21:04 / 139	00:01:20 / 128	00:50:24 / 145	<b>02:34:26</b>	00:33:04
121	47	SAWCZUK GRZEGORZ		POL	80M30/72	M / 118	00:17:52 / 152	00:03:53 / 132	01:19:58 / 118	00:01:14 / 107	00:51:30 / 179	<b>02:34:27</b>	00:33:05
122	404	SZCZYRBA TOMASZ		POL	70M40/21	M / 119	00:14:30 / 22	00:03:10 / 23	01:18:19 / 78	00:01:01 / 48	00:57:32 / 345	<b>02:34:32</b>	00:33:10 Poli/8
123	317	HAWRYLEWICZ PAWEŁ		POL	77M40/22	M / 120	00:19:22 / 247	00:03:22 / 187	01:20:49 / 133	00:01:04 / 132	00:50:01 / 134	<b>02:34:38</b>	00:33:16
124	457	KACZOR MICHAŁ		POL KLUCZBORSKA GRUPA BIEGOWA	89M20/22	M / 121	00:16:17 / 65	00:03:59 / 72	01:21:45 / 158	00:00:46 / 105	00:51:55 / 198	<b>02:34:42</b>	00:33:20
125	89	TOMASZEWSKI MATEUSZ		POL BERNARD	80M30/73	M / 122	00:16:52 / 85	00:03:40 / 86	01:24:23 / 213	00:01:36 / 157	00:48:13 / 95	<b>02:34:44</b>	00:33:22
126	85	KSIĄŻEK ŁUKASZ		POL BIEGAJ-ZAPOBIEGAJ	82M30/74	M / 123	00:21:27 / 360	00:05:02 / 357	01:19:24 / 104	00:01:17 / 165	00:47:46 / 86	<b>02:34:56</b>	00:33:34
127	206	GAD GRZEGORZ		POL LITWIN TRIATHLON TEAM	82M30/75	M / 124	00:17:31 / 121	00:02:59 / 84	01:24:37 / 222	00:01:26 / 158	00:48:25 / 102	<b>02:34:58</b>	00:33:36
128	411	ROMANOW MARCIN		POL KWP W OLSZTYNIE	77M40/23	M / 125	00:17:33 / 123	00:03:20 / 103	01:20:02 / 121	00:01:01 / 94	00:53:03 / 227	<b>02:34:59</b>	00:33:37 Poli/9IPA/4

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
129	399	SZELIŃSKI ADAM		POL OPP SZCZECIN		M / 126	00:17:48 / 148	00:03:59 / 134	01:21:22 / 145	00:01:19 / 131	00:50:38 / 155	<b>02:35:06</b>	00:33:44 Poli/10IPA/5
130	355	BUDKOWSKI TOMASZ		POL GT RAT		M / 127	00:16:46 / 82	00:04:03 / 99	01:24:43 / 224	00:01:26 / 162	00:48:12 / 96	<b>02:35:10</b>	00:33:49
131	99	SALAMONOWICZ PRZEMYSŁAW		POL LITWIN TRIATHLON TEAM		M / 128	00:15:14 / 31	00:03:04 / 27	01:25:51 / 257	00:01:05 / 137	00:50:08 / 137	<b>02:35:22</b>	00:34:00
132	61	DURMAJ BARTEK		POL		M / 129	00:17:43 / 138	00:03:51 / 123	01:24:04 / 207	00:01:27 / 164	00:48:28 / 104	<b>02:35:33</b>	00:34:12
133	477	RUSIN JAKUB		POL MATELSKA-RUSIN		M / 130	00:18:29 / 190	00:03:51 / 168	01:25:44 / 254	00:01:15 / 198	00:46:46 / 63	<b>02:36:05</b>	00:34:43
134	503	LEWANDOWSKI MACIEJ		POL KLUCZBORSKA GRUPA BIEGOWA		M / 131	00:20:10 / 292	00:03:03 / 208	01:24:48 / 228	00:01:12 / 197	00:47:09 / 69	<b>02:36:22</b>	00:35:00
135	545	FONROBERT DOMINIK		POL GT RAT		M / 132	00:17:22 / 112	00:03:33 / 106	01:23:25 / 192	00:01:37 / 149	00:50:25 / 146	<b>02:36:22</b>	00:35:00
136	518	SZEWCZYK MICHAŁ		POL CYKLOFAN OPOLE		M / 133	00:20:08 / 288	00:03:54 / 248	01:23:34 / 195	00:01:33 / 195	00:47:19 / 74	<b>02:36:28</b>	00:35:06
137	173	WIŚNIEWSKI KRZYSZTOF		POL		M / 134	00:19:52 / 272	00:04:54 / 284	01:19:54 / 115	00:01:21 / 152	00:50:31 / 149	<b>02:36:32</b>	00:35:10
138	339	SZCZĘSNY FILIP		POL TRI SZUKALICE		M / 135	00:18:58 / 217	00:04:57 / 242	01:22:29 / 173	00:01:43 / 179	00:48:38 / 106	<b>02:36:45</b>	00:35:23
139	82	KASPRZYK MARCIN		POL BIEGAJ-ZAPOBIEGAJ		M / 136	00:17:32 / 122	00:03:41 / 111	01:20:54 / 135	00:01:08 / 111	00:53:33 / 242	<b>02:36:48</b>	00:35:26
140	92	JASICZEK RADOSŁAW		POL		M / 137	00:18:17 / 174	00:03:54 / 154	01:24:51 / 231	00:01:07 / 181	00:48:50 / 112	<b>02:36:59</b>	00:35:37
141	259	UHEREK MICHAŁ		POL		M / 138	00:17:11 / 102	00:03:48 / 108	01:23:22 / 190	00:01:00 / 141	00:51:39 / 184	<b>02:37:00</b>	00:35:38
142	385	GĘBARZEWSKI ROBERT		POL		M / 139	00:17:36 / 128	00:04:34 / 153	01:24:45 / 227	00:01:17 / 184	00:48:48 / 111	<b>02:37:00</b>	00:35:38
143	28	ANDRZEJCZAK ADAM		POL		M / 140	00:17:11 / 101	00:03:48 / 107	01:23:22 / 189	00:01:00 / 140	00:51:49 / 195	<b>02:37:10</b>	00:35:48
144	299	RECZUCH TOMASZ		POL		M / 141	00:16:57 / 89	00:04:27 / 120	01:26:25 / 274	00:01:45 / 203	00:47:44 / 85	<b>02:37:18</b>	00:35:56
145	396	SIEMIANOWSKI SŁAWOMIR		POL UKS TRS SUSZ		M / 142	00:16:05 / 54	00:03:49 / 60	01:23:39 / 196	00:01:41 / 136	00:52:09 / 204	<b>02:37:23</b>	00:36:02 Poli/11
146	454	KALINOWSKI GRZEGORZ		POL GVT		M / 143	00:20:16 / 299	00:04:18 / 275	01:20:08 / 123	00:01:20 / 153	00:51:29 / 178	<b>02:37:31</b>	00:36:09
147	152	SZYL PAWEŁ		POL TRIDEA		M / 144	00:16:35 / 72	00:03:56 / 85	01:21:35 / 152	00:01:45 / 127	00:53:45 / 248	<b>02:37:36</b>	00:36:14
148	292	KULA DAMIAN		POL		M / 145	00:16:07 / 56	00:02:46 / 41	01:25:41 / 251	00:00:54 / 144	00:52:08 / 203	<b>02:37:36</b>	00:36:14
149	481	HOTAŁA ANNA		POL TRIATHLON MIETKÓW TEAM		K / 4	00:18:05 / 160	00:03:39 / 131	01:21:29 / 147	00:02:11 / 143	00:52:20 / 207	<b>02:37:44</b>	00:36:22
150	345	GOMULEC TOMASZ		POL TACTICA TEAM		M / 146	00:17:17 / 106	00:04:45 / 143	01:19:53 / 114	00:01:34 / 120	00:54:16 / 262	<b>02:37:45</b>	00:36:23
151	150	KUKIELKA SŁAWEK		POL		M / 147	00:17:55 / 155	00:04:18 / 158	01:19:59 / 119	00:01:55 / 129	00:53:39 / 245	<b>02:37:46</b>	00:36:24
152	578	CHOJNACKA MAŁGORZATA		POL BRAK		K / 5	00:17:29 / 118	00:03:47 / 113	01:25:34 / 248	00:01:17 / 180	00:49:42 / 127	<b>02:37:49</b>	00:36:28
153	223	MLYNNIK KRZYSZTOF		POL TRI FINE		M / 148	00:19:07 / 227	00:03:31 / 182	01:22:12 / 167	00:01:14 / 154	00:51:57 / 199	<b>02:38:01</b>	00:36:39 Poli/12
154	560	POLAK KRZYSZTOF		POL POLICJA		M / 149	00:20:33 / 312	00:03:40 / 260	01:13:39 / 25	00:00:57 / 63	00:59:14 / 388	<b>02:38:03</b>	00:36:41 Poli/13
155	157	LUPA MARCIN		POL GVT		M / 150	00:18:15 / 170	00:03:36 / 137	01:21:54 / 162	00:01:13 / 133	00:53:06 / 231	<b>02:38:04</b>	00:36:42
156	439	BAGIŃSKI PAWEŁ		POL BIERUTOWSKA GRUPA BIEGOWA		M / 151	00:18:51 / 208	00:04:37 / 222	01:16:57 / 59	00:02:16 / 101	00:55:26 / 294	<b>02:38:07</b>	00:36:45
157	540	NAWRACAJ AGATA		POL		K / 6	00:19:42 / 262	00:03:20 / 200	01:25:46 / 255	00:00:57 / 209	00:48:42 / 110	<b>02:38:27</b>	00:37:05
158	591	ŚCIGAŁA WALDEMAR		POL		M / 152	00:17:28 / 115	00:04:20 / 136	01:22:46 / 180	00:02:01 / 160	00:52:02 / 201	<b>02:38:37</b>	00:37:15
159	17	KOGUT BARTŁOMIEJ		POL		M / 153	00:17:48 / 147	00:03:36 / 119	01:20:04 / 122	00:01:17 / 103	00:56:06 / 314	<b>02:38:51</b>	00:37:29
160	167	BOROWIK MARCIN		POL ZĄBKOWICKA GRUPA BIEGOWA		M / 154	00:18:14 / 167	00:04:44 / 195	01:22:29 / 175	00:02:12 / 174	00:51:18 / 176	<b>02:38:57</b>	00:37:35
				FRANKENSTEIN									
161	46	GÓRSKI ŁUKASZ		POL		M / 155	00:18:21 / 180	00:03:55 / 163	01:22:28 / 174	00:01:17 / 151	00:53:04 / 230	<b>02:39:05</b>	00:37:43

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
162	410	GRESZTA PIOTR		POL TRIATHLON MIETKÓW TEAM	75M40/35	M / 156	00:18:53 / 212	00:04:09 / 199	01:24:49 / 229	00:01:21 / 196	00:50:05 / 136	<b>02:39:17</b>	00:37:55
163	179	MUSIAŁ MATEUSZ		POL OLEŚNICKA GRUPA TRIATHLONOWA	86M30/90	M / 157	00:20:14 / 297	00:04:01 / 262	01:27:45 / 305	00:00:51 / 266	00:46:28 / 57	<b>02:39:19</b>	00:37:57
164	11	SALAŁA ROMAN		POL BIKE TEAM TEMMPO WAŁBRZYCH	78M30/91	M / 158	00:19:01 / 219	00:04:07 / 204	01:26:16 / 268	00:01:17 / 232	00:48:40 / 107	<b>02:39:21</b>	00:37:59
165	350	OWSIANNIK GRZEGORZ		POL WYBIERZ	76M40/36	M / 159	00:19:39 / 260	00:05:06 / 283	01:16:29 / 56	00:01:53 / 110	00:56:14 / 317	<b>02:39:21</b>	00:37:59
166	329	WIŚNIEWSKI PIOTR		POL GVT	72M40/37	M / 160	00:18:12 / 164	00:04:30 / 186	01:24:10 / 209	00:01:10 / 178	00:51:40 / 189	<b>02:39:42</b>	00:38:20
167	303	KORZEŃ ARTUR		POL ATMA	76M40/38	M / 161	00:20:37 / 316	00:04:48 / 316	01:28:55 / 326	00:01:30 / 331	00:43:59 / 37	<b>02:39:49</b>	00:38:27
168	21	SZCZUROWSKI WALDEMAR		POL MTS DRUŻYNA SZPIKU KGHM	81M30/92	M / 162	00:20:43 / 323	00:04:16 / 294	01:23:57 / 203	00:01:08 / 216	00:49:48 / 130	<b>02:39:52</b>	00:38:30
169	198	JELONEK ŁUKASZ		POL WROCŁAW	83M30/93	M / 163	00:17:49 / 150	00:04:36 / 175	01:24:24 / 215	00:01:58 / 189	00:51:11 / 171	<b>02:39:58</b>	00:38:37
170	347	BOMBAŁA NORBERT		POL HAKUNA MATATA :)	74M40/39	M / 164	00:18:43 / 204	00:04:24 / 203	01:22:20 / 172	00:01:34 / 163	00:53:03 / 228	<b>02:40:04</b>	00:38:42
171	113	SOBAN DAMIAN		POL GVT	81M30/94	M / 165	00:26:03 / 512	00:03:57 / 490	01:17:22 / 65	00:01:38 / 192	00:51:07 / 170	<b>02:40:07</b>	00:38:45
172	139	OLAWIŃSKI KAROL		POL TRIATHLON MIETKÓW TEAM	79M30/95	M / 166	00:19:48 / 268	00:03:40 / 220	01:20:45 / 131	00:01:07 / 139	00:54:55 / 277	<b>02:40:15</b>	00:38:53
173	597	SIERADZKI RAFAŁ		POL TRIATHLON CLUB WROCŁAW	75M40/40	M / 167	00:19:47 / 265	00:03:59 / 234	01:18:29 / 87	00:01:04 / 114	00:57:07 / 334	<b>02:40:26</b>	00:39:04
174	26	BERNATOWICZ WALDEMAR		POL TRIATHLON MIETKÓW TEAM	79M30/96	M / 168	00:21:06 / 345	00:04:02 / 302	01:23:18 / 187	00:01:24 / 213	00:50:42 / 156	<b>02:40:32</b>	00:39:10
175	101	CHOLAŚT PATRYK		POL GT RAT	78M30/97	M / 169	00:20:35 / 314	00:03:04 / 229	01:25:18 / 239	00:00:51 / 211	00:50:47 / 160	<b>02:40:35</b>	00:39:13
176	126	KAWECKI SŁAWOMIR		POL MOTIV HOME TEAM	81M30/98	M / 170	00:23:10 / 457	00:04:03 / 391	01:20:39 / 130	00:01:13 / 193	00:51:31 / 180	<b>02:40:36</b>	00:39:14
177	108	JANUSZKO KRZYSZTOF		POL	82M30/99	M / 171	00:17:03 / 94	00:03:24 / 81	01:25:46 / 256	00:01:07 / 167	00:53:19 / 236	<b>02:40:39</b>	00:39:17
178	131	SZYMCZAK ŁUKASZ		POL RUNNING TEAM MILICZ	85M30/100	M / 172	00:23:09 / 455	00:04:16 / 398	01:23:20 / 188	00:01:12 / 248	00:48:54 / 115	<b>02:40:51</b>	00:39:29
179	215	KORPECKI KRZYSZTOF		POL K&W	82M30/101	M / 173	00:20:10 / 291	00:04:53 / 297	01:21:35 / 153	00:01:15 / 176	00:53:02 / 225	<b>02:40:55</b>	00:39:33 Poli/14
180	391	ŁOZIŃSKI WOJCIECH		POL K&W	77M40/41	M / 174	00:21:22 / 355	00:04:47 / 341	01:20:31 / 128	00:01:16 / 177	00:52:59 / 223	<b>02:40:55</b>	00:39:33 Poli/15
181	353	PAPIERSKI TOMASZ		POL BRAK	74M40/42	M / 175	00:19:49 / 269	00:04:19 / 255	01:25:21 / 243	00:01:06 / 230	00:50:22 / 143	<b>02:40:57</b>	00:39:36
182	248	STACHOWSKI ARKADIUSZ		POL	79M30/102	M / 176	00:18:55 / 214	00:04:02 / 193	01:26:08 / 265	00:01:26 / 228	00:50:27 / 148	<b>02:40:58</b>	00:39:36
183	246	MUSIAŁ GRZEGORZ		POL WOLBROM TEAM	86M30/103	M / 177	00:19:23 / 251	00:04:32 / 241	01:20:33 / 129	00:01:31 / 150	00:54:59 / 281	<b>02:40:58</b>	00:39:36
184	320	POSZELĘŻNY DARIUSZ		POL	74M40/43	M / 178	00:22:49 / 435	00:04:31 / 395	01:22:48 / 181	00:02:00 / 256	00:48:52 / 114	<b>02:41:00</b>	00:39:39
185	573	SZYRNER BARBARA		POL CSGT GŁOGÓW	85K30/3	K / 7	00:15:37 / 40	00:03:14 / 39	01:26:41 / 283	00:01:03 / 159	00:54:34 / 271	<b>02:41:09</b>	00:39:48 Poli/16IPA/6
186	413	MICHALAK ADRIAN		POL FRED&WALOY	76M40/44	M / 179	00:19:18 / 243	00:05:13 / 272	01:23:07 / 183	00:01:52 / 202	00:51:40 / 187	<b>02:41:10</b>	00:39:48
187	581	KOŁODZIEJ MARIUSZ		POL TRIATHLON MIETKÓW TEAM	77M40/45	M / 180	00:18:14 / 168	00:03:59 / 159	01:22:18 / 169	00:01:06 / 147	00:55:37 / 300	<b>02:41:14</b>	00:39:52
188	63	KUBICZEK GRZEGORZ		POL	85M30/104	M / 181	00:23:10 / 456	00:03:13 / 349	01:22:56 / 182	00:01:01 / 224	00:50:54 / 166	<b>02:41:14</b>	00:39:52
189	354	KUBIAK PRZEMYSŁAW		POL PRO-RUN WROCŁAW	72M40/46	M / 182	00:20:29 / 308	00:04:57 / 318	01:26:17 / 269	00:01:39 / 276	00:47:56 / 92	<b>02:41:18</b>	00:39:56
190	529	MASŁOWSKI JACEK		POL NO LIMITS	88M20/27	M / 183	00:17:42 / 135	00:04:17 / 141	01:27:04 / 291	00:00:35 / 205	00:51:48 / 194	<b>02:41:26</b>	00:40:04
191	171	ORŁOWSKI KAMIL		POL	85M30/105	M / 184	00:18:47 / 205	00:03:34 / 170	01:21:38 / 156	00:01:19 / 138	00:56:09 / 315	<b>02:41:27</b>	00:40:05
192	140	LUCZYS FILIP		POL GT RAT	81M30/106	M / 185	00:20:55 / 337	00:03:15 / 257	01:22:16 / 168	00:00:59 / 168	00:54:02 / 255	<b>02:41:27</b>	00:40:06
193	509	BAIZAN ERIC		ESP TRIBELEN	88M20/28	M / 186	00:17:18 / 107	00:02:47 / 65	01:21:56 / 163	00:00:45 / 104	00:58:45 / 375	<b>02:41:31</b>	00:40:09
194	55	DEUTSCHMAN PIOTR		POL GT RAT	78M30/107	M / 187	00:18:18 / 175	00:03:57 / 162	01:21:08 / 140	00:01:49 / 135	00:56:20 / 320	<b>02:41:32</b>	00:40:10
195	309	FIEDOROW SZYMON		POL	73M40/47	M / 188	00:18:23 / 182	00:04:01 / 174	01:26:32 / 277	00:01:32 / 227	00:51:06 / 169	<b>02:41:34</b>	00:40:12 Poli/17IPA/7

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
196	519	WOLSKA KARINA		POLLITWIN TRIATHLON TEAM		89K20/4 K / 8	00:20:43 / 322	00:03:56 / 281	01:24:26 / 218	00:00:59 / 215	00:51:37 / 182	<b>02:41:41</b>	00:40:20 Poli/18
197	527	ŻMIJEWSKI TOMASZ		POL		88M20/29 M / 189	00:17:57 / 157	00:03:50 / 135	01:27:29 / 299	00:01:11 / 225	00:51:17 / 175	<b>02:41:44</b>	00:40:23
198	475	GLÓWKA PAWEŁ		POL TRIATHLON MIETKÓW TEAM		91M20/30 M / 190	00:20:41 / 321	00:04:12 / 290	01:23:56 / 204	00:01:20 / 219	00:51:39 / 186	<b>02:41:48</b>	00:40:26
199	561	ROGAŁA ZBIGNIEW		POL		90M20/31 M / 191	00:16:14 / 61	00:03:41 / 61	01:20:29 / 125	00:01:12 / 88	01:00:21 / 411	<b>02:41:57</b>	00:40:35
200	499	NOWAK GRZEGORZ		POL TRIATHLON MIETKÓW TEAM		64M50/6 M / 192	00:17:07 / 98	00:04:02 / 109	01:26:26 / 275	00:01:21 / 191	00:53:02 / 226	<b>02:41:58</b>	00:40:36
201	203	MAZUR PIOTR		POL		85M30/108 M / 193	00:19:13 / 236	00:03:41 / 191	01:25:32 / 247	00:01:13 / 206	00:52:25 / 211	<b>02:42:04</b>	00:40:42 Poli/19IPA/8
202	311	ANDREJÓW MARIUSZ		POL GVT		70M40/48 M / 194	00:23:58 / 480	00:04:01 / 414	01:18:38 / 92	00:02:58 / 204	00:52:46 / 218	<b>02:42:21</b>	00:40:59
203	111	DRZYZGIEWICZ MICHAŁ		POL		81M30/109 M / 195	00:18:38 / 201	00:04:07 / 188	01:21:32 / 149	00:01:20 / 146	00:57:02 / 333	<b>02:42:39</b>	00:41:17
204	515	WIŚNIEWSKI KRZYSZTOF		POL		89M20/32 M / 196	00:20:17 / 301	00:04:56 / 303	01:24:22 / 212	00:01:18 / 233	00:51:47 / 193	<b>02:42:40</b>	00:41:18 Poli/20IPA/9
205	452	MAKOWICZ JÓZEF		POL SAINT-GOBAIN SQUAD		56M60+/1 M / 197	00:20:40 / 319	00:05:48 / 356	01:23:48 / 199	00:02:03 / 260	00:50:25 / 147	<b>02:42:44</b>	00:41:22
206	262	SAKOWSKI SEBASTIAN		POL LITWIN TRIATHLON TEAM		79M30/110 M / 198	00:22:18 / 406	00:06:11 / 435	01:18:06 / 76	00:01:40 / 185	00:54:35 / 272	<b>02:42:50</b>	00:41:28
207	239	KABAŁA MIKOŁAJ		POL		82M30/111 M / 199	00:16:29 / 69	00:04:21 / 100	01:25:42 / 252	00:01:06 / 173	00:55:25 / 292	<b>02:43:03</b>	00:41:41 Poli/21
208	349	BURAKOWSKI MARIUSZ		POL DTR BIEGA		74M40/49 M / 200	00:22:44 / 430	00:05:52 / 440	01:25:35 / 249	00:01:38 / 330	00:47:17 / 73	<b>02:43:06</b>	00:41:44
209	279	OSIATYCKI GRZEGORZ		POL NTT TRIADA NAMYSŁÓW		71M40/50 M / 201	00:20:15 / 298	00:05:43 / 331	01:28:33 / 320	00:01:45 / 335	00:47:02 / 67	<b>02:43:18</b>	00:41:56
210	283	KACPRZYK MARIUSZ		POL BIEGAJ W JEDLINIE		75M40/51 M / 202	00:20:18 / 302	00:04:16 / 276	01:24:23 / 214	00:01:08 / 218	00:53:21 / 237	<b>02:43:26</b>	00:42:05
211	135	OSTROWSKI ŁUKASZ		POL		83M30/112 M / 203	00:21:56 / 387	00:04:17 / 343	01:26:52 / 287	00:01:19 / 302	00:49:09 / 121	<b>02:43:33</b>	00:42:11
212	392	MAJGIER MARCIN		POL LEWIN BIEGA - WOLF		75M40/52 M / 204	00:24:02 / 481	00:04:37 / 441	01:19:19 / 101	00:02:21 / 223	00:53:17 / 234	<b>02:43:36</b>	00:42:14
213	538	RUTKOWSKI ARTUR		POL GB WROCLAWSKIE MORSY		67M50/7 M / 205	00:19:36 / 258	00:04:56 / 273	01:25:57 / 262	00:00:44 / 239	00:52:24 / 210	<b>02:43:37</b>	00:42:15
214	370	BOGUCKI OSKAR		POL ŻARY		74M40/53 M / 206	00:15:35 / 39	00:04:03 / 54	01:29:51 / 347	00:01:31 / 236	00:52:40 / 217	<b>02:43:40</b>	00:42:18
215	90	JASIÓWKA BARTŁOMIEJ		POL		81M30/113 M / 207	00:21:33 / 365	00:03:58 / 321	01:27:56 / 309	00:00:57 / 304	00:49:22 / 125	<b>02:43:46</b>	00:42:24
216	268	ADAMEK PAWEŁ		POL #SOBASTEAM		88M20/33 M / 208	00:19:22 / 248	00:04:00 / 214	01:29:32 / 339	00:02:02 / 315	00:49:04 / 120	<b>02:44:00</b>	00:42:38
217	273	WANKIEWICZ KRZYSZTOF		POL NIEZRZESZONY		74M40/54 M / 209	00:18:28 / 189	00:04:44 / 206	01:24:49 / 230	00:01:40 / 208	00:54:22 / 267	<b>02:44:03</b>	00:42:41
218	426	KLIMCZAK MARCIN		POL TRIATHLON MIETKÓW TEAM		75M40/55 M / 210	00:19:48 / 266	00:06:37 / 352	01:20:57 / 136	00:02:01 / 200	00:54:57 / 278	<b>02:44:20</b>	00:42:58 Poli/22
219	226	SADŁO TOMASZ		POL KOLEGIUM SĘDZIÓW ZABRZE		81M30/114 M / 211	00:21:47 / 379	00:04:45 / 361	01:26:29 / 276	00:00:38 / 283	00:50:50 / 164	<b>02:44:29</b>	00:43:07
220	428	KAPŁOWSKI JERZY		POL		74M40/56 M / 212	00:19:58 / 276	00:05:26 / 315	01:22:18 / 170	00:02:16 / 214	00:54:33 / 270	<b>02:44:31</b>	00:43:09
221	117	MATYLA ROMAN		POL TRIATHLON MIETKÓW TEAM		86M30/115 M / 213	00:19:26 / 252	00:04:00 / 219	01:24:43 / 223	00:01:15 / 201	00:55:11 / 287	<b>02:44:35</b>	00:43:13
222	394	BLACHOWIAK MARIUSZ		POL AMBIT RACING TEAM/MARATON LESZNO		72M40/57 M / 214	00:25:45 / 507	00:04:54 / 498	01:20:46 / 132	00:01:33 / 269	00:51:41 / 190	<b>02:44:39</b>	00:43:17
223	48	SIPURZYŃSKI MARCIN		POL TRIATHLON MIETKÓW TEAM		81M30/116 M / 215	00:22:52 / 440	00:03:50 / 369	01:19:04 / 96	00:01:42 / 169	00:57:13 / 336	<b>02:44:41</b>	00:43:19
224	276	SZYMONEK MIROSLAW		POL TRIDEA		59M50/8 M / 216	00:21:14 / 349	00:04:04 / 306	01:21:00 / 138	00:01:27 / 175	00:56:58 / 329	<b>02:44:43</b>	00:43:22
225	480	KOZŁOWSKI ADRIAN		POL TRIATHLON MIETKÓW TEAM		90M20/34 M / 217	00:24:06 / 483	00:03:55 / 417	01:23:41 / 197	00:01:11 / 268	00:51:51 / 196	<b>02:44:44</b>	00:43:22
226	508	WOJTUŃ TOMASZ		POL KLUCZBORSKA GRUPA BIEGOWA		95M20/35 M / 218	00:18:04 / 159	00:05:15 / 210	01:27:14 / 293	00:01:45 / 259	00:52:27 / 213	<b>02:44:45</b>	00:43:23
227	39	KIBLER JAN		POL GT RAT		83M30/117 M / 219	00:17:44 / 139	00:03:55 / 128	01:26:23 / 271	00:01:17 / 199	00:55:29 / 295	<b>02:44:48</b>	00:43:26
228	207	BUCKI PRZEMYSŁAW		POL		81M30/118 M / 220	00:18:34 / 197	00:04:28 / 198	01:27:10 / 292	00:01:23 / 244	00:53:17 / 235	<b>02:44:52</b>	00:43:30
229	217	NIKIEL MARCIN		POL NIEZRZESZONY		78M30/119 M / 221	00:19:34 / 257	00:04:45 / 264	01:26:22 / 270	00:01:17 / 249	00:52:56 / 222	<b>02:44:54</b>	00:43:32 Poli/23

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
230	352	LIS RAFAŁ		POL TRIATHLON CLUB WROCLAW	74M40/58	M / 222	00:21:35 / 368	00:05:07 / 370	01:22:38 / 179	00:01:17 / 231	00:54:19 / 265	<b>02:44:56</b>	00:43:34
231	324	MARCINKOWSKI PRZEMYSŁAW		POL GVT	73M40/59	M / 223	00:24:43 / 493	00:03:40 / 431	01:21:43 / 157	00:01:10 / 240	00:53:42 / 246	<b>02:44:58</b>	00:43:37
232	361	BARAN JAROSŁAW		POL	74M40/60	M / 224	00:20:12 / 294	00:03:13 / 217	01:23:59 / 206	00:00:47 / 183	00:56:49 / 324	<b>02:45:00</b>	00:43:38
233	464	FAJFER GRZEGORZ		POLLITWIN TRIATHLON TEAM	65M50/9	M / 225	00:16:10 / 57	00:04:23 / 87	01:24:34 / 220	00:02:31 / 172	00:57:26 / 342	<b>02:45:04</b>	00:43:42
234	528	BARYŁA MARZANNA		POL TRIATHLON STRZELIN	82K30/4	K / 9	00:20:10 / 289	00:04:21 / 271	01:28:07 / 318	00:02:29 / 319	00:49:57 / 133	<b>02:45:04</b>	00:43:42
235	402	DZIUBA DARIUSZ		POL WDECH WYDECH	77M40/61	M / 226	00:17:03 / 95	00:04:49 / 138	01:25:12 / 237	00:01:32 / 188	00:56:49 / 323	<b>02:45:25</b>	00:44:03
236	79	PUSTÓŁ MACIEJ		POL	79M30/120	M / 227	00:19:12 / 235	00:06:18 / 320	01:23:11 / 185	00:01:38 / 222	00:55:07 / 285	<b>02:45:26</b>	00:44:05
237	165	SOBIERSKI WOJCIECH		POL HAKUNA MATATA :)	78M30/121	M / 228	00:23:37 / 470	00:04:47 / 432	01:21:50 / 161	00:01:04 / 242	00:54:15 / 261	<b>02:45:33</b>	00:44:11
238	105	ŁAŹNIOWSKI DAWID		POL KKZK	87M30/122	M / 229	00:22:25 / 419	00:04:13 / 367	01:22:32 / 176	00:01:18 / 226	00:55:07 / 284	<b>02:45:35</b>	00:44:13
239	302	KULCZYCKI KRYSZTIAN		POL TRIATHLON CLUB WROCLAW	73M40/62	M / 230	00:22:15 / 403	00:05:34 / 407	01:23:57 / 205	00:01:48 / 280	00:52:01 / 200	<b>02:45:35</b>	00:44:13
240	551	ROGAŁA TOMASZ		POL	63M50/10	M / 231	00:21:53 / 384	00:04:46 / 368	01:24:25 / 216	00:01:31 / 263	00:53:01 / 224	<b>02:45:36</b>	00:44:14
241	544	KOPROWSKI KAJETAN		POL	90M20/36	M / 232	00:20:08 / 287	00:04:17 / 269	01:17:17 / 63	00:05:15 / 161	00:58:47 / 377	<b>02:45:44</b>	00:44:22
242	532	KULBA MAREK		POL KB SOBÓTKA	91M20/37	M / 233	00:24:11 / 487	00:04:44 / 459	01:26:40 / 282	00:01:10 / 339	00:48:59 / 117	<b>02:45:44</b>	00:44:22
243	287	KITKOWSKI ARKADIUSZ		POL SUPERSNOW	76M40/63	M / 234	00:19:40 / 261	00:04:02 / 231	01:21:49 / 160	00:01:43 / 166	00:58:30 / 370	<b>02:45:44</b>	00:44:23
244	412	PAROBCZY PIOTR		POL	76M40/64	M / 235	00:19:10 / 232	00:04:47 / 246	01:27:43 / 302	00:01:41 / 275	00:52:26 / 212	<b>02:45:47</b>	00:44:25
245	175	JĘDRZEJEWSKI JAKUB		POL BOSCH	87M30/123	M / 236	00:20:10 / 290	00:04:13 / 267	01:24:06 / 208	00:01:40 / 220	00:55:41 / 303	<b>02:45:50</b>	00:44:28
246	431	WIŚNIEWSKI TOMASZ		POL GVT	88M20/38	M / 237	00:14:08 / 15	00:04:44 / 40	01:25:55 / 261	00:02:47 / 170	00:58:29 / 369	<b>02:46:03</b>	00:44:41
247	397	PALMOWSKI MACIEJ		POL #NAZWA?	70M40/65	M / 238	00:16:44 / 77	00:04:04 / 97	01:23:52 / 201	00:01:14 / 148	01:00:10 / 408	<b>02:46:04</b>	00:44:42 Pol/24
248	360	CAROTENUTO ERMINIO		ITA	76M40/66	M / 239	00:21:50 / 382	00:04:42 / 362	01:26:56 / 290	00:00:56 / 303	00:51:45 / 192	<b>02:46:09</b>	00:44:47
249	510	SZPOCIŃSKA SYLWIA		POL GT RAT	84K30/5	K / 10	00:15:04 / 28	00:03:42 / 38	01:32:08 / 392	00:01:10 / 254	00:54:08 / 258	<b>02:46:12</b>	00:44:50 Pol/25
250	285	RADKO KRYSZTIAN		POL GVT	76M40/67	M / 240	00:18:27 / 187	00:04:39 / 202	01:18:39 / 93	00:01:58 / 124	01:02:30 / 445	<b>02:46:13</b>	00:44:51
251	344	LACH SEBASTIAN		POL GZ LZS GRODKÓW	76M40/68	M / 241	00:19:47 / 264	00:04:06 / 239	01:25:44 / 253	00:02:23 / 251	00:54:16 / 263	<b>02:46:16</b>	00:44:54
252	502	SOKOŁOWSKI GRZEGORZ		POL POLARIS	88M20/39	M / 242	00:19:16 / 240	00:04:32 / 235	01:25:27 / 245	00:01:40 / 235	00:55:24 / 291	<b>02:46:19</b>	00:44:57
253	192	KOSICKI BARTŁOMIEJ		POL	83M30/124	M / 243	00:21:21 / 354	00:04:40 / 335	01:24:16 / 210	00:01:00 / 241	00:55:03 / 282	<b>02:46:20</b>	00:44:58
254	256	TUREK ŁUKASZ		POL MATERIA ŁUKASZ TUREK	84M30/125	M / 244	00:21:41 / 374	00:04:07 / 326	01:19:54 / 116	00:01:52 / 171	00:58:46 / 376	<b>02:46:20</b>	00:44:58
255	30	LEWANDOWSKI MAREK		POL LEWIN BIEGA - WOLF	82M30/126	M / 245	00:19:14 / 237	00:04:38 / 237	01:23:51 / 200	00:00:52 / 187	00:58:01 / 358	<b>02:46:36</b>	00:45:14
256	531	GLÓWKA DARIUSZ		POL NO LIMITS	91M20/40	M / 246	00:21:10 / 347	00:04:41 / 329	01:26:55 / 289	00:00:52 / 282	00:53:13 / 232	<b>02:46:51</b>	00:45:29
257	234	KOŁPACZYŃSKI ADAM		POLLITWIN TRIATHLON TEAM	80M30/127	M / 247	00:19:09 / 230	00:05:02 / 258	01:24:17 / 211	00:01:37 / 217	00:56:53 / 328	<b>02:46:58</b>	00:45:36
258	327	JACKOWICZ RAFAŁ		POL TRIATHLON MIETKÓW TEAM	75M40/69	M / 248	00:21:05 / 343	00:05:22 / 355	01:25:30 / 246	00:01:33 / 278	00:53:29 / 241	<b>02:46:59</b>	00:45:37
259	315	KLEMENTOWSKI JAN		POL KLEMENS TEAM	76M40/70	M / 249	00:16:41 / 76	00:05:22 / 145	01:24:54 / 234	00:01:53 / 190	00:58:14 / 365	<b>02:47:04</b>	00:45:42
260	297	BIZIEL MICHAŁ		POL TRIATHLON MIETKÓW TEAM	74M40/71	M / 250	00:18:51 / 209	00:04:25 / 209	01:31:54 / 387	00:01:39 / 340	00:50:23 / 144	<b>02:47:12</b>	00:45:50
261	334	SIKORSKI WOJCIECH		POL BRAK	77M40/72	M / 251	00:19:02 / 220	00:04:24 / 218	01:33:48 / 421	00:02:11 / 367	00:47:48 / 88	<b>02:47:13</b>	00:45:51
262	491	NAWRAT KRYSZTIAN		POL BRAK	61M50/11	M / 252	00:18:14 / 166	00:04:43 / 194	01:29:24 / 336	00:01:14 / 281	00:53:38 / 244	<b>02:47:13</b>	00:45:51
263	102	MURZYN PIOTR		POL TRIATHLON MIETKÓW TEAM	80M30/128	M / 253	00:18:33 / 196	00:03:36 / 150	01:32:20 / 396	00:01:06 / 327	00:51:40 / 188	<b>02:47:15</b>	00:45:53



Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
264	253	STEFANOWICZ ADAM		POL AKTYWNA SZKOŁA ŻYCIA KRAKÓW	78M30/129	M / 254	00:19:09 / 229	00:04:48 / 244	01:29:29 / 338	00:01:57 / 324	00:51:55 / 197	<b>02:47:18</b>	00:45:56
265	301	OSTROWSKI WALDEMAR		POL TRIATHLON CLUB WROCLAW	73M40/73	M / 255	00:19:48 / 267	00:05:05 / 291	01:26:25 / 273	00:01:40 / 270	00:54:27 / 268	<b>02:47:25</b>	00:46:03
266	20	SZCZUROWSKI MARIUSZ		POL MILO3	84M30/130	M / 256	00:23:03 / 450	00:04:08 / 389	01:26:09 / 266	00:01:05 / 305	00:53:13 / 233	<b>02:47:38</b>	00:46:16
267	57	KUCIAPÍŃSKI RADEK		POL PODGÓRZYN	83M30/131	M / 257	00:20:20 / 303	00:05:06 / 317	01:21:18 / 144	00:01:26 / 182	00:59:36 / 395	<b>02:47:46</b>	00:46:24
268	230	BLACHURA ŁUKASZ		POL KALENDARZTRIATHLONOWY.COM	81M30/132	M / 258	00:17:00 / 93	00:03:54 / 105	01:29:12 / 330	00:01:15 / 243	00:56:25 / 322	<b>02:47:46</b>	00:46:24
269	486	CZECHOWSKA-MADEJ KATARZYNA		POL MIŁEK TRIATHLON TEAM	81K30/6	K / 11	00:17:33 / 124	00:03:47 / 116	01:31:30 / 379	00:01:11 / 294	00:53:49 / 249	<b>02:47:50</b>	00:46:28
270	330	ZIEMNIAK ROBERT		POL WELDA TEAM	74M40/74	M / 259	00:16:31 / 71	00:05:22 / 139	01:28:39 / 322	00:01:38 / 257	00:55:41 / 304	<b>02:47:51</b>	00:46:29
271	357	CHYB MARCIN		POL	73M40/75	M / 260	00:21:47 / 378	00:04:29 / 345	01:27:59 / 312	00:01:22 / 328	00:52:18 / 206	<b>02:47:55</b>	00:46:33
272	323	ADAMSKI TOMASZ		POL TO PAKA TRIATHLON TEAM	71M40/76	M / 261	00:21:11 / 348	00:04:08 / 308	01:26:13 / 267	00:01:20 / 267	00:55:04 / 283	<b>02:47:56</b>	00:46:35
273	49	LECH MARCIN		POL NOA	83M30/133	M / 262	00:20:25 / 306	00:03:47 / 259	01:26:33 / 278	00:02:03 / 264	00:55:29 / 296	<b>02:48:17</b>	00:46:56
274	382	SIERADZAN GRZEGORZ		POL OLEŚNICKA GRUPA TRIATHLONOWA	77M40/77	M / 263	00:20:08 / 284	00:04:39 / 286	01:26:49 / 286	00:01:28 / 272	00:55:14 / 288	<b>02:48:18</b>	00:46:56
275	600	MACIEJEWSKI MARCIN		POL TRIATHLON MIETKÓW TEAM	90M20/41	M / 264	00:22:04 / 396	00:06:16 / 426	01:24:34 / 221	00:01:50 / 310	00:53:34 / 243	<b>02:48:18</b>	00:46:56
276	492	KRAUZE TOMASZ ADAM		POL PRO-RUN WROCLAW	67M50/12	M / 265	00:21:23 / 357	00:06:01 / 397	01:25:17 / 238	00:01:35 / 296	00:54:03 / 256	<b>02:48:19</b>	00:46:57
277	546	MICIAK KRZYSZTOF		POL ALLE JAZDA	67M50/13	M / 266	00:21:25 / 359	00:05:42 / 385	01:26:45 / 284	00:03:45 / 343	00:50:48 / 162	<b>02:48:25</b>	00:47:03
278	88	RĄCZKOWSKI DANIEL		POL	85M30/134	M / 267	00:20:57 / 338	00:04:10 / 300	01:28:01 / 314	00:01:14 / 300	00:54:07 / 257	<b>02:48:29</b>	00:47:07
279	604	WILK PIOTR		POL NSPORT TEAM	73M40/78	M / 268	00:21:58 / 388	00:05:40 / 403	01:26:05 / 263	00:00:56 / 308	00:53:50 / 250	<b>02:48:29</b>	00:47:07
280	567	PANAS IWONA		POL KMP SOPOT / SGO GDAŃSK	84K30/7	K / 12	00:17:21 / 110	00:04:21 / 130	01:27:26 / 298	00:01:53 / 237	00:57:44 / 351	<b>02:48:45</b>	00:47:23 <i>Poli/26</i>
281	154	WIERZBICKI KRZYSZTOF		POL MIZIONKI4EVA	80M30/135	M / 269	00:17:57 / 156	00:04:10 / 149	01:25:54 / 260	00:01:46 / 210	00:59:00 / 383	<b>02:48:47</b>	00:47:25
282	255	STACH ŁUKASZ		POL NOKIA	86M30/136	M / 270	00:17:43 / 137	00:04:24 / 148	01:31:01 / 371	00:00:42 / 288	00:54:58 / 279	<b>02:48:48</b>	00:47:26
283	247	KARGOL PAWEŁ		POL OLEŚNICKA GRUPA TRIATHLONOWA	78M30/137	M / 271	00:21:19 / 351	00:04:02 / 310	01:27:58 / 311	00:01:28 / 311	00:54:08 / 259	<b>02:48:55</b>	00:47:33
284	84	PIEGDOŃ PIOTR		POL LITWIN TRIATHLON TEAM	81M30/138	M / 272	00:16:06 / 55	00:04:40 / 95	01:21:25 / 146	00:01:20 / 122	01:05:31 / 472	<b>02:49:02</b>	00:47:40
285	516	KALUŻA MICHAŁ		POL	96M20/42	M / 273	00:18:54 / 213	00:04:28 / 213	01:28:02 / 315	00:01:25 / 265	00:56:24 / 321	<b>02:49:13</b>	00:47:51
286	191	PYZIO PIOTR		POL JPKP MARCINKOWICE	83M30/139	M / 274	00:22:49 / 436	00:04:23 / 390	01:25:00 / 235	00:01:21 / 279	00:55:41 / 305	<b>02:49:14</b>	00:47:52
287	547	CIEŚLAK MATEUSZ		POL BRT WROCLAW	88M20/43	M / 275	00:18:14 / 169	00:04:27 / 183	01:30:03 / 353	00:02:07 / 314	00:54:28 / 269	<b>02:49:19</b>	00:47:57
288	183	SALMANOWICZ MARCIN		POL	82M30/140	M / 276	00:17:27 / 113	00:05:15 / 184	01:25:12 / 236	00:01:47 / 207	00:59:48 / 401	<b>02:49:29</b>	00:48:07
289	342	KWIATKOWSKI SŁAWOMIR		POL KLUCZBORSKA GRUPA BIEGOWA	69M40/79	M / 277	00:19:54 / 274	00:04:16 / 256	01:25:52 / 259	00:02:13 / 258	00:57:20 / 340	<b>02:49:35</b>	00:48:13
290	388	GAŚIOROWSKI JACEK		POL DRUŻYNA SZPIKU	70M40/80	M / 278	00:21:42 / 375	00:07:27 / 465	01:23:23 / 191	00:02:44 / 323	00:54:20 / 266	<b>02:49:36</b>	00:48:14
291	368	ZGARDA JACEK		POL TRIATHLON MIETKÓW TEAM	77M40/81	M / 279	00:19:02 / 221	00:04:33 / 223	01:30:43 / 366	00:01:16 / 326	00:54:09 / 260	<b>02:49:43</b>	00:48:21
292	45	ROŚLICKI JAROSŁAW		POL EUROPA UBEZPIECZENIA	80M30/141	M / 280	00:20:08 / 285	00:03:12 / 211	01:29:32 / 340	00:01:07 / 293	00:55:47 / 307	<b>02:49:46</b>	00:48:25
293	44	TACIAK ROBERT		POL WTT / NOKIA	85M30/142	M / 281	00:21:47 / 377	00:04:44 / 360	01:20:57 / 137	00:00:55 / 186	01:01:31 / 432	<b>02:49:54</b>	00:48:32
294	387	DAWIDZIAK JAROSŁAW		POL AMBIT RACING TEAM/MARATON LESZNO	71M40/82	M / 282	00:22:42 / 427	00:05:44 / 433	01:21:30 / 148	00:03:04 / 271	00:57:03 / 332	<b>02:50:03</b>	00:48:41
295	70	CIEŚLIK BARTOSZ		POL TRIATHLON MIETKÓW TEAM	83M30/143	M / 283	00:19:07 / 226	00:04:59 / 251	01:29:23 / 335	00:01:42 / 320	00:54:59 / 280	<b>02:50:10</b>	00:48:48
296	570	PLAWIAK ANNA		POL GT RAT	83K30/8	K / 13	00:18:59 / 218	00:04:36 / 226	01:34:19 / 434	00:01:46 / 368	00:50:33 / 151	<b>02:50:13</b>	00:48:51
297	356	GRANICZNY KRZYSZTOF		POL	70M40/83	M / 284	00:19:59 / 278	00:03:38 / 227	01:25:19 / 240	00:03:03 / 250	00:58:23 / 366	<b>02:50:22</b>	00:49:00

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
298	36	WLOSKIEWICZ DAMIAN		POL		80M30/144 M / 285	00:19:05 / 224	00:04:33 / 228	01:24:44 / 225	00:01:27 / 212	01:00:35 / 416	<b>02:50:24</b>	00:49:02
299	307	KUROWSKI ADAM		POL LITWIN TRIATHLON TEAM		74M40/84 M / 286	00:20:17 / 300	00:03:46 / 249	01:29:45 / 342	00:01:12 / 317	00:55:25 / 293	<b>02:50:25</b>	00:49:04
300	446	JANKOWICZ AGNIESZKA		POL TEMMPO WAŁBRZYCH		81K30/9 K / 14	00:17:31 / 119	00:05:17 / 189	01:30:57 / 368	00:01:20 / 318	00:55:22 / 290	<b>02:50:27</b>	00:49:05
301	305	BORKOWSKI MARIUSZ		POL		75M40/85 M / 287	00:19:12 / 234	00:04:55 / 253	01:31:59 / 389	00:01:43 / 345	00:52:47 / 219	<b>02:50:36</b>	00:49:14
302	195	TWARDY PAWEŁ		POL GT RAT		84M30/145 M / 288	00:23:46 / 475	00:05:05 / 453	01:23:41 / 198	00:01:23 / 290	00:56:52 / 327	<b>02:50:47</b>	00:49:25
303	308	SMOLEŃ TOMASZ		POL TRIATHLON MIETKÓW TEAM		73M40/86 M / 289	00:20:13 / 296	00:04:34 / 285	01:27:15 / 295	00:01:05 / 273	00:57:50 / 354	<b>02:50:57</b>	00:49:35
304	348	CHMIELEWSKI GRZEGORZ		POL BRAK		77M40/87 M / 290	00:16:59 / 92	00:05:06 / 146	01:27:45 / 304	00:02:06 / 247	00:59:01 / 384	<b>02:50:57</b>	00:49:35
305	211	ENGEL KRZYSZTOF JAKUB		POL		86M30/146 M / 291	00:21:30 / 363	00:05:03 / 364	01:23:31 / 194	00:01:46 / 246	00:59:14 / 389	<b>02:51:04</b>	00:49:42
306	374	BŁACH MAREK		POL OLEŚNICKA GRUPA TRIATHLONOWA		77M40/88 M / 292	00:18:24 / 184	00:03:50 / 160	01:28:43 / 323	00:01:06 / 252	00:59:02 / 385	<b>02:51:05</b>	00:49:43
307	208	WOJTOWICZ ERNEST		POL TRIATHLON MIETKÓW TEAM		80M30/147 M / 293	00:19:33 / 256	00:04:34 / 254	01:26:37 / 280	00:02:28 / 274	00:58:01 / 359	<b>02:51:13</b>	00:49:51
308	420	BARCZYK ANDRZEJ		POL WOLBROM TEAM		72M40/89 M / 294	00:23:29 / 461	00:05:52 / 470	01:29:54 / 348	00:02:11 / 390	00:49:54 / 132	<b>02:51:20</b>	00:49:58
309	489	ŁOWICKA MAGDALENA		POL PRO-RUN WROCŁAW		85K30/10 K / 15	00:17:34 / 125	00:04:12 / 133	01:40:27 / 491	00:01:01 / 416	00:48:25 / 103	<b>02:51:39</b>	00:50:17
310	358	BYLICA TOMASZ		POL PER PEDES OHIO		74M40/90 M / 295	00:20:13 / 295	00:06:02 / 344	01:25:52 / 258	00:01:50 / 292	00:57:50 / 355	<b>02:51:47</b>	00:50:25
311	512	KĘDZIORA ALEKSANDRA		POL GT RAT		78K30/11 K / 16	00:18:29 / 193	00:03:47 / 165	01:30:27 / 361	00:01:40 / 301	00:57:27 / 343	<b>02:51:50</b>	00:50:29
312	295	TULIE KRZYSZTOF		POL GÓRAL POLICE		71M40/91 M / 296	00:19:19 / 244	00:05:06 / 268	01:28:25 / 319	00:01:53 / 309	00:57:08 / 335	<b>02:51:51</b>	00:50:29 <i>Pol/27</i>
313	542	JĘĆ JACEK		POL		92M20/44 M / 297	00:23:37 / 469	00:04:21 / 411	01:25:23 / 244	00:00:59 / 297	00:57:33 / 346	<b>02:51:53</b>	00:50:32
314	123	PONTUS ROBERT		POL CAŁA OLEŚNICA BIEGA		85M30/148 M / 298	00:20:38 / 317	00:08:24 / 462	01:31:00 / 370	00:03:00 / 413	00:49:03 / 119	<b>02:52:05</b>	00:50:44
315	433	KOPACZ MIROSLAW		POL		55M60+/2 M / 299	00:20:01 / 280	00:05:59 / 333	01:31:52 / 386	00:01:23 / 362	00:52:55 / 221	<b>02:52:10</b>	00:50:48
316	42	BERGER DENIS		FRA		79M30/149 M / 300	00:18:29 / 192	00:04:23 / 190	01:31:20 / 378	00:01:04 / 322	00:57:16 / 338	<b>02:52:32</b>	00:51:10
317	333	FILIPCZAK DARIUSZ		POL GMINA STRZELCE OPOLSKIE		68M40/92 M / 301	00:22:19 / 407	00:06:28 / 449	01:29:47 / 344	00:02:17 / 381	00:51:42 / 191	<b>02:52:33</b>	00:51:11
318	81	MINKINA MACIEJ		POL		87M30/150 M / 302	00:22:06 / 398	00:04:54 / 383	01:26:35 / 279	00:01:22 / 316	00:57:43 / 349	<b>02:52:40</b>	00:51:18
319	415	SKÓRA TOMASZ		POL		73M40/93 M / 303	00:26:34 / 518	00:05:46 / 509	01:27:54 / 307	00:01:30 / 394	00:51:00 / 167	<b>02:52:44</b>	00:51:23
320	25	KŁOS JAN		POL STUDIO MACIEJ BYCH - GTO		81M30/151 M / 304	00:30:20 / 533	00:04:07 / 526	01:27:36 / 301	00:02:04 / 427	00:48:42 / 109	<b>02:52:49</b>	00:51:27
321	103	CHMIEL ŁUKASZ		POL		81M30/152 M / 305	00:20:30 / 309	00:05:57 / 354	01:28:45 / 324	00:01:26 / 338	00:56:13 / 316	<b>02:52:51</b>	00:51:29
322	94	HOJNOR PIOTR		POL		78M30/153 M / 306	00:23:29 / 462	00:04:49 / 424	01:28:36 / 321	00:01:22 / 350	00:54:35 / 274	<b>02:52:51</b>	00:51:30
323	416	GŁĘBOCKI ADAM		POL		73M40/94 M / 307	00:23:08 / 452	00:05:38 / 447	01:26:06 / 264	00:01:10 / 332	00:56:50 / 325	<b>02:52:52</b>	00:51:30
324	51	PUCHALSKI PRZEMYSŁAW		POL		82M30/154 M / 308	00:20:08 / 286	00:05:31 / 324	01:26:48 / 285	00:01:53 / 298	00:58:33 / 371	<b>02:52:53</b>	00:51:32
325	293	WOJTKOWICZ TOMASZ		POL GT RAT		76M40/95 M / 309	00:18:17 / 173	00:03:52 / 151	01:28:51 / 325	00:01:03 / 253	01:01:14 / 426	<b>02:53:17</b>	00:51:55
326	365	GRABLEWSKI GRZEGORZ		POL TEAM-LUKS ŻÓRAWINA-WROCŁAW		75M40/96 M / 310	00:25:15 / 500	00:06:19 / 503	01:35:45 / 448	00:02:05 / 469	00:44:00 / 38	<b>02:53:24</b>	00:52:02
327	143	PIĄTKOWSKI MARCIN		POL		83M30/155 M / 311	00:19:16 / 241	00:05:57 / 304	01:25:36 / 250	00:01:32 / 262	01:01:21 / 428	<b>02:53:42</b>	00:52:20
328	476	LICHACZ ANIA		POL		81K30/12 K / 17	00:22:24 / 417	00:04:46 / 388	01:29:37 / 341	00:01:26 / 349	00:55:35 / 298	<b>02:53:48</b>	00:52:26
329	310	SUSZKO BARTŁOMIEJ		POL		74M40/97 M / 312	00:21:41 / 373	00:05:14 / 377	01:33:33 / 417	00:01:49 / 399	00:51:37 / 183	<b>02:53:54</b>	00:52:33
330	304	FIGAS SEBASTIAN		POL LITWIN TRIATHLON TEAM		76M40/98 M / 313	00:21:22 / 356	00:05:30 / 375	01:29:59 / 352	00:01:17 / 348	00:55:52 / 308	<b>02:54:00</b>	00:52:38
331	487	WALCZAK PAULINA		POL GT RAT		88K20/5 K / 18	00:20:22 / 304	00:04:35 / 293	01:33:09 / 406	00:01:07 / 361	00:54:50 / 276	<b>02:54:03</b>	00:52:41

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
332	383	TADAJ RAFAL		POL		75M40/99 M / 314	00:19:38 / 259	00:04:55 / 274	01:27:14 / 294	00:02:04 / 289	01:00:13 / 409	<b>02:54:04</b>	00:52:42
333	613	GRZEGORZAK MICHAŁ		POL		91M20/45 M / 315	00:25:40 / 506	00:06:06 / 504	01:37:54 / 470	00:00:38 / 481	00:43:46 / 34	<b>02:54:04</b>	00:52:42
334	210	GRZELAK ARKADIUSZ		POL		86M30/156 M / 316	00:15:24 / 34	00:05:05 / 83	01:31:49 / 385	00:01:24 / 285	01:00:31 / 414	<b>02:54:13</b>	00:52:51
335	80	LEWANDOWSKI WOJCIECH		POL GRUPA BIEGOWA ODRA		84M30/157 M / 317	00:22:21 / 412	00:06:32 / 456	01:32:02 / 390	00:02:17 / 415	00:51:05 / 168	<b>02:54:17</b>	00:52:55
336	235	KOTYLA KAMIL		POL		86M30/158 M / 318	00:17:53 / 154	00:05:20 / 207	01:33:28 / 415	00:02:06 / 356	00:55:31 / 297	<b>02:54:18</b>	00:52:56
337	588	PUCHALSKI PIOTR		POL PZU SPORT TEAM		73M40/100 M / 319	00:22:50 / 437	00:06:50 / 482	01:31:42 / 384	00:02:09 / 420	00:50:48 / 161	<b>02:54:19</b>	00:52:58
338	473	SZTEBLICH MAGDALENA		POL AT TEAM		82K30/13 K / 19	00:22:36 / 422	00:03:48 / 350	01:33:26 / 413	00:01:06 / 385	00:53:27 / 240	<b>02:54:23</b>	00:53:02
339	371	KRASOWSKI MAREK		POL ŻARY		73M40/101 M / 320	00:17:44 / 140	00:04:28 / 156	01:27:21 / 297	00:01:32 / 238	01:03:21 / 453	<b>02:54:26</b>	00:53:04
340	403	SZYPORTA WALDEMAR		POL ACTIVRUN NAMYSŁÓW		72M40/102 M / 321	00:23:35 / 467	00:06:32 / 494	01:32:18 / 395	00:01:54 / 430	00:50:08 / 138	<b>02:54:27</b>	00:53:05 Poli/28
341	550	ENGEL WALDEMAR		POL		61M50/14 M / 322	00:22:21 / 413	00:04:55 / 393	01:26:37 / 281	00:00:54 / 313	00:59:52 / 403	<b>02:54:39</b>	00:53:17
342	159	OWCZAREK JACEK		POL OLEŚNICKA GRUPA TRIATHLONOWA		84M30/159 M / 323	00:26:57 / 522	00:04:27 / 500	01:29:01 / 328	00:01:11 / 393	00:53:04 / 229	<b>02:54:40</b>	00:53:18
343	534	JARECKI PRZEMYSŁAW		POL RUNNING TEAM MILICZ		91M20/46 M / 324	00:22:26 / 420	00:03:55 / 347	01:24:45 / 226	00:01:13 / 261	01:02:22 / 443	<b>02:54:41</b>	00:53:20 Poli/29
344	343	MICHALIK GRZEGORZ		POL ZMORSOWANI CZĘSTOCHOWA		75M40/103 M / 325	00:25:11 / 499	00:05:39 / 499	01:30:26 / 360	00:01:16 / 405	00:52:16 / 205	<b>02:54:48</b>	00:53:26
345	266	TOKARZ JACEK		POL TEST PRZED SUSZEM		85M30/160 M / 326	00:17:05 / 97	00:05:07 / 157	01:34:26 / 436	00:02:01 / 353	00:56:15 / 318	<b>02:54:54</b>	00:53:33
346	359	ŚWIDERSKI BARTOSZ		POL BSS WROCLAW		76M40/104 M / 327	00:19:50 / 271	00:05:32 / 312	01:30:13 / 357	00:01:44 / 342	00:57:41 / 348	<b>02:55:00</b>	00:53:39
347	147	MICHALAK JAKUB		POL		79M30/161 M / 328	00:20:31 / 310	00:05:37 / 340	01:28:08 / 317	00:01:26 / 329	00:59:24 / 392	<b>02:55:06</b>	00:53:44
348	479	KARYŚ ZBIGNIEW		POL START ŚCINAWA		65M50/15 M / 329	00:23:52 / 478	00:05:44 / 477	01:30:16 / 359	00:02:26 / 401	00:52:54 / 220	<b>02:55:12</b>	00:53:51
349	574	GOLEMIEC KAZIMIERZ		POL KERMİ POLSKA		65M50/16 M / 330	00:22:00 / 392	00:04:50 / 373	01:28:00 / 313	00:01:25 / 334	00:59:09 / 386	<b>02:55:24</b>	00:54:02
350	252	OGIŃSKI ARTUR		POL -		86M30/162 M / 331	00:20:43 / 324	00:07:15 / 412	01:32:48 / 403	00:01:16 / 396	00:53:27 / 238	<b>02:55:29</b>	00:54:07
351	130	GOLAK ŁUKASZ		POL GOGGLE PRO ACTIVE EYEWEAR		83M30/163 M / 332	00:22:48 / 434	00:06:06 / 458	01:22:37 / 177	00:02:35 / 295	01:01:24 / 429	<b>02:55:30</b>	00:54:08
352	98	KULIK PAWEŁ		POL GVT		82M30/164 M / 333	00:21:30 / 364	00:04:59 / 358	01:30:37 / 364	00:01:28 / 352	00:56:59 / 330	<b>02:55:33</b>	00:54:11
353	316	CISŁO KRZYSZTOF		POL ARDENTCODE		81M30/165 M / 334	00:18:38 / 200	00:05:21 / 247	01:27:52 / 306	00:01:57 / 287	01:01:49 / 436	<b>02:55:37</b>	00:54:15
354	300	WILKIN MIROSLAW		POL TRIATHLON MIETKÓW TEAM		71M40/105 M / 335	00:23:02 / 448	00:03:46 / 372	01:31:35 / 382	00:02:29 / 382	00:54:45 / 275	<b>02:55:37</b>	00:54:15
355	31	JOCHYMEK MAREK		POL		86M30/166 M / 336	00:25:29 / 503	00:04:28 / 489	01:25:21 / 242	00:01:37 / 341	00:58:55 / 380	<b>02:55:50</b>	00:54:28
356	463	MAZUR-MANDELA MAGDALENA		POL		81K30/14 K / 20	00:24:59 / 497	00:04:14 / 466	01:29:22 / 334	00:01:26 / 374	00:56:05 / 313	<b>02:56:06</b>	00:54:44
357	337	HEŁMECKI DAREK		POL PRO-RUN WROCLAW		71M40/106 M / 337	00:21:33 / 366	00:05:17 / 374	01:29:48 / 346	00:01:25 / 346	00:58:04 / 361	<b>02:56:07</b>	00:54:45
358	569	LIPIŃSKI JACEK		POL GIT_ELITA		88M20/47 M / 338	00:18:56 / 215	00:04:06 / 197	01:29:46 / 343	00:01:08 / 291	01:02:13 / 442	<b>02:56:09</b>	00:54:48
359	381	STEFANIAK MARCIN		POL		75M40/107 M / 339	00:22:39 / 425	00:06:13 / 455	01:29:58 / 351	00:02:04 / 384	00:55:19 / 289	<b>02:56:13</b>	00:54:51
360	483	OGIELSKI KONRAD		POL		92M20/48 M / 340	00:24:24 / 491	00:04:30 / 457	01:23:30 / 193	00:01:18 / 284	01:02:32 / 446	<b>02:56:14</b>	00:54:52
361	2	KUREK MACIEJ		POL		81M30/167 M / 341	00:20:32 / 311	00:04:47 / 309	01:24:32 / 219	00:01:47 / 245	01:04:45 / 466	<b>02:56:23</b>	00:55:01
362	284	SUCHY PRZEMEK		POL PISKORZÓWEK RUNNING CREW		77M40/108 M / 342	00:22:17 / 405	00:06:26 / 442	01:27:55 / 308	00:02:43 / 364	00:57:02 / 331	<b>02:56:23</b>	00:55:01
363	585	KWIATKOWSKA-MIZERA PATRYCJA		POL TRIATHLON MIETKÓW TEAM		75K40/2 K / 21	00:23:39 / 472	00:06:03 / 483	01:29:21 / 333	00:01:24 / 378	00:55:59 / 311	<b>02:56:26</b>	00:55:04
364	149	PTAK MARCIN		POL		81M30/168 M / 343	00:22:22 / 415	00:04:12 / 365	01:39:08 / 476	00:00:57 / 451	00:50:08 / 139	<b>02:56:47</b>	00:55:25
365	592	GREHL PAWEŁ		POL GVT		79M30/169 M / 344	00:33:06 / 536	00:03:43 / 532	01:23:10 / 184	00:01:15 / 388	00:55:42 / 306	<b>02:56:56</b>	00:55:34

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
366	263	FURGOL MICHAŁ		POLLITWIN TRIATHLON TEAM		78M30/170 M / 345	00:18:19 / 177	00:04:04 / 173	01:29:58 / 350	00:01:03 / 277	01:03:41 / 459	<b>02:57:05</b>	00:55:43
367	138	RAKOWSKI LUKASZ		POL PCC SQUAD		81M30/171 M / 346	00:26:01 / 511	00:06:16 / 507	01:31:32 / 381	00:02:06 / 441	00:51:16 / 173	<b>02:57:11</b>	00:55:49
368	409	TEOFILSKI DANIEL		POLLITWIN TRIATHLON TEAM		77M40/109 M / 347	00:24:03 / 482	00:05:35 / 480	01:30:35 / 363	00:01:55 / 397	00:55:08 / 286	<b>02:57:16</b>	00:55:54
369	282	ŚLĘCZKOWSKI JACEK		POL STRZEGOMSKA DWUNASTKA		75M40/110 M / 348	00:21:24 / 358	00:05:09 / 363	01:33:01 / 404	00:01:53 / 392	00:55:54 / 309	<b>02:57:21</b>	00:55:59
370	504	PALUCH MAREK		POL		92M20/49 M / 349	00:25:01 / 498	00:04:42 / 484	01:32:26 / 398	00:01:06 / 417	00:54:18 / 264	<b>02:57:33</b>	00:56:11
371	274	SKROUBA PIOTR		POL		77M40/111 M / 350	00:21:37 / 369	00:03:13 / 289	01:33:15 / 409	00:01:19 / 366	00:58:09 / 364	<b>02:57:33</b>	00:56:11
372	563	ŁUDZIŃSKI MIROŚLAW		POLLITWIN TRIATHLON TEAM		60M50/17 M / 351	00:19:23 / 250	00:05:26 / 288	01:32:26 / 399	00:01:41 / 359	00:58:37 / 373	<b>02:57:33</b>	00:56:11
373	375	ZAMOJSKI SEBASTIAN		POL		70M40/112 M / 352	00:23:30 / 463	00:06:06 / 478	01:27:32 / 300	00:02:12 / 363	00:58:30 / 368	<b>02:57:50</b>	00:56:28
374	598	STARUCH MARIUSZ		POL		78M30/172 M / 353	00:22:51 / 438	00:05:02 / 410	01:29:01 / 327	00:01:47 / 354	00:59:10 / 387	<b>02:57:51</b>	00:56:29
375	577	ŻABIŃSKA KATARZYNA		POL		74K40/3 K / 22	00:20:45 / 325	00:03:59 / 282	01:29:16 / 332	00:01:11 / 321	01:02:42 / 448	<b>02:57:53</b>	00:56:31
376	384	RÓŻYCKI LUKASZ		POL		75M40/113 M / 354	00:19:09 / 231	00:04:57 / 252	01:30:30 / 362	00:01:27 / 333	01:01:57 / 438	<b>02:58:00</b>	00:56:38
377	86	SIKORA WIKTOR		POL TRIATHLON CLUB WROCLAW		79M30/173 M / 355	00:18:49 / 206	00:04:51 / 230	01:35:00 / 442	00:01:21 / 373	00:58:04 / 362	<b>02:58:05</b>	00:56:43
378	427	LISIK MARIUSZ		POL		74M40/114 M / 356	00:23:38 / 471	00:04:44 / 429	01:26:24 / 272	00:01:51 / 337	01:01:28 / 431	<b>02:58:05</b>	00:56:43 Pol/30
379	213	SROKA SYLWESTER		POLLAFARGEHOLCIM TEAM		80M30/174 M / 357	00:25:25 / 501	00:04:13 / 479	01:27:44 / 303	00:01:46 / 360	00:58:59 / 381	<b>02:58:07</b>	00:56:45
380	34	PIETRZYK MARCIN		POL ZDYSZANI PIESZYCE		79M30/175 M / 358	00:20:33 / 313	00:04:28 / 296	01:30:03 / 354	00:01:24 / 336	01:01:39 / 434	<b>02:58:07</b>	00:56:45
381	389	STAJER MARIUSZ		POL AMBIT RACING TEAM/MARATON LESZNO		71M40/115 M / 359	00:19:06 / 225	00:05:23 / 270	01:33:59 / 426	00:02:40 / 386	00:57:13 / 337	<b>02:58:21</b>	00:56:59
382	156	PRUSAK PIOTR		POL GT RAT		83M30/176 M / 360	00:17:21 / 111	00:04:40 / 142	01:31:02 / 372	00:01:18 / 299	01:04:12 / 463	<b>02:58:33</b>	00:57:11
383	58	SAJEWICZ PIOTR		POL TURBINA BAŁAKOWO		86M30/177 M / 361	00:23:08 / 453	00:06:05 / 467	01:27:58 / 310	00:02:11 / 365	00:59:15 / 390	<b>02:58:37</b>	00:57:16
384	442	SKUDLARSKI KAMIL		POL PRO-RUN WROCLAW		61M50/18 M / 362	00:21:30 / 362	00:04:55 / 353	01:36:41 / 463	00:03:00 / 443	00:52:34 / 216	<b>02:58:40</b>	00:57:18
385	421	PIECHNA KRZYSZTOF		POL RZEBIARSKA TEAM		76M40/116 M / 363	00:19:26 / 253	00:05:22 / 287	01:31:31 / 380	00:01:29 / 344	01:00:55 / 420	<b>02:58:43</b>	00:57:21
386	163	SZOŁUCHA SŁAWOMIR		POL STOWARZYSZENIE EKOLOGICZNE 'NATURA'		80M30/178 M / 364	00:21:02 / 342	00:06:58 / 416	01:29:15 / 331	00:03:03 / 376	00:58:36 / 372	<b>02:58:54</b>	00:57:32
387	484	OMIELJANIUK KONRAD		POL		96M20/50 M / 365	00:20:49 / 328	00:05:34 / 348	01:28:04 / 316	00:03:37 / 347	01:00:54 / 419	<b>02:58:58</b>	00:57:37
388	505	CIACIURA-JARNO MAGDALENA		POL TRIATHLON MIETKÓW TEAM		83K30/15 K / 23	00:20:55 / 336	00:04:26 / 311	01:34:13 / 432	00:01:35 / 387	00:58:04 / 360	<b>02:59:13</b>	00:57:51
389	517	ŚWIATŁOŃ MAŁGORZATA		POL CZARNI ROKITKI		89K20/6 K / 24	00:20:49 / 327	00:04:14 / 298	01:32:34 / 400	00:00:49 / 351	01:00:56 / 421	<b>02:59:22</b>	00:58:00
390	373	POLEWSKI WOJCIECH		POL ZAGŁĘBIE WAŁBRZYCH		72M40/117 M / 366	00:22:28 / 421	00:06:02 / 436	01:31:41 / 383	00:02:27 / 406	00:56:52 / 326	<b>02:59:30</b>	00:58:08
391	419	KOTAS ROMAN		POL		76M40/118 M / 367	00:22:09 / 399	00:04:59 / 386	01:34:44 / 439	00:01:44 / 422	00:55:55 / 310	<b>02:59:31</b>	00:58:09
392	77	SZYNDLAREWICZ PAWEŁ		POL		82M30/179 M / 368	00:20:51 / 333	00:05:00 / 328	01:27:19 / 296	00:01:37 / 312	01:04:46 / 467	<b>02:59:33</b>	00:58:11
393	511	WOOD SCOTT		USANONE		66M50/19 M / 369	00:18:35 / 198	00:04:46 / 212	01:26:52 / 288	00:01:52 / 255	01:07:34 / 488	<b>02:59:39</b>	00:58:17
394	418	WÓJCIK PIOTR		POL		74M40/119 M / 370	00:23:13 / 458	00:05:35 / 451	01:29:24 / 337	00:01:46 / 372	00:59:58 / 406	<b>02:59:56</b>	00:58:34
395	405	TUROWSKI KRZYSZTOF		POL OKSIKO ADVENTURE TEAM		77M40/120 M / 371	00:19:50 / 270	00:05:17 / 301	01:30:49 / 367	00:02:46 / 355	01:01:14 / 425	<b>02:59:56</b>	00:58:34
396	145	RYDZANICZ ANDRZEJ		POL		84M30/180 M / 372	00:22:20 / 410	00:04:24 / 371	01:35:49 / 449	00:01:56 / 433	00:55:36 / 299	<b>03:00:05</b>	00:58:43
397	124	PIĄTKOWSKI TOMASZ		POL KB FAURECIA WAŁBRZYCH_STOOR		79M30/181 M / 373	00:22:55 / 445	00:06:13 / 464	01:31:59 / 388	00:01:35 / 408	00:57:33 / 347	<b>03:00:15</b>	00:58:53
398	422	JAZY JACEK		POL		74M40/121 M / 374	00:21:59 / 389	00:05:33 / 401	01:31:02 / 373	00:02:15 / 380	00:59:31 / 394	<b>03:00:20</b>	00:58:58
399	23	LOMBARSKI ŁUKASZ		POL RUNNING TEAM MILICZ		82M30/182 M / 375	00:20:46 / 326	00:04:46 / 322	01:35:59 / 450	00:01:30 / 411	00:57:28 / 344	<b>03:00:29</b>	00:59:07

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
400	236	HAŁADA ŁUKASZ		POL HAŁA WINNERS	83M30/183	M / 376	00:17:15 / 104	00:05:27 / 185	01:30:16 / 358	00:01:39 / 307	01:06:37 / 479	03:01:14	00:59:52
401	602	MATUSZEK GRZEGORZ		POL -	76M40/122	M / 377	00:17:47 / 144	00:04:30 / 166	01:32:03 / 391	00:01:13 / 325	01:05:45 / 473	03:01:18	00:59:56 Pol/31
402	313	CZERNIAWSKI PIOTR		POL	76M40/123	M / 378	00:22:43 / 428	00:04:22 / 384	01:32:10 / 394	00:00:59 / 375	01:01:25 / 430	03:01:39	01:00:18
403	267	MARCINEK ANDRZEJ		POL 50UPAT	58M50/20	M / 379	00:22:54 / 444	00:04:15 / 387	01:35:29 / 445	00:01:46 / 431	00:57:19 / 339	03:01:43	01:00:22
404	548	MASLERZ ŁUKASZ		POL	93M20/51	M / 380	00:20:11 / 293	00:04:25 / 279	01:39:24 / 480	00:02:17 / 447	00:55:38 / 302	03:01:55	01:00:33
405	530	MASŁOWSKI MICHAŁ		POL NO LIMITS	91M20/52	M / 381	00:19:58 / 277	00:04:39 / 280	01:37:11 / 467	00:00:50 / 407	00:59:19 / 391	03:01:57	01:00:35
406	461	PACHOLAK ANDRZEJ		POL	63M50/21	M / 382	00:21:50 / 381	00:07:02 / 454	01:29:47 / 345	00:03:38 / 400	00:59:52 / 402	03:02:09	01:00:47
407	459	RATAJCZAK MAREK		POL TRIATHLON CLUB WROCLAW	66M50/22	M / 383	00:21:00 / 341	00:08:15 / 468	01:31:05 / 374	00:03:09 / 419	00:58:43 / 374	03:02:12	01:00:50
408	52	SKORUPSKI SZYMON		POL KURACJUSZE TEAM	87M30/184	M / 384	00:23:08 / 454	00:05:12 / 427	01:32:08 / 393	00:02:02 / 403	00:59:56 / 405	03:02:26	01:01:04
409	53	TOMICKI KRZYSZTOF		POL MCKB	84M30/185	M / 385	00:16:26 / 66	00:06:06 / 178	01:36:19 / 456	00:03:59 / 409	00:59:40 / 396	03:02:30	01:01:08
410	590	DUDEK KRZYSZTOF		POL STRZEGOMSKA DWUNASTKA	74M40/124	M / 386	00:22:47 / 431	00:05:41 / 434	01:31:11 / 376	00:01:43 / 389	01:01:15 / 427	03:02:37	01:01:15
411	482	SROKA JOANNA		POL TRIATHLON MIETKÓW TEAM	82K30/16	K / 25	00:20:58 / 339	00:03:57 / 292	01:33:29 / 416	00:01:32 / 371	01:02:48 / 449	03:02:44	01:01:22
412	362	SEMPIK ROBERT		POL PRO-RUN WROCLAW	73M40/125	M / 387	00:20:25 / 307	00:05:41 / 339	01:33:10 / 407	00:01:37 / 383	01:02:01 / 439	03:02:54	01:01:33
413	37	MASŁOWIEC BARTOSZ		POL RADIO WROCLAW	80M30/186	M / 388	00:21:19 / 352	00:05:59 / 394	01:36:07 / 452	00:01:43 / 436	00:58:07 / 363	03:03:15	01:01:53
414	186	MAŚLUSZCZAK MICHAŁ		POL AMELINIUM RACING	82M30/187	M / 389	00:22:53 / 441	00:06:11 / 463	01:33:13 / 408	00:02:34 / 434	00:58:24 / 367	03:03:15	01:01:53
415	35	KOŚCIELNY WOJCIECH		POL NOGI MNIE BOLA...	78M30/188	M / 390	00:22:41 / 426	00:06:16 / 461	01:36:29 / 459	00:01:47 / 453	00:56:19 / 319	03:03:32	01:02:10
416	400	POSACKI ZBIGNIEW		POL WOŁÓW BIEGA	77M40/126	M / 391	00:27:21 / 525	00:06:47 / 524	01:34:26 / 435	00:01:30 / 477	00:53:43 / 247	03:03:47	01:02:25
417	326	MOMOT TOMASZ		POL	75M40/127	M / 392	00:22:16 / 404	00:05:48 / 421	01:32:22 / 397	00:02:29 / 410	01:01:08 / 423	03:04:03	01:02:41
418	437	BAJEWSKI MAREK		POL GVT	66M50/23	M / 393	00:25:55 / 509	00:05:29 / 501	01:32:36 / 402	00:02:19 / 449	00:57:45 / 350	03:04:04	01:02:42
419	280	MIŚKIEWICZ JACEK		POL	72M40/128	M / 394	00:19:53 / 273	00:04:29 / 266	01:33:42 / 418	00:02:14 / 377	01:03:47 / 460	03:04:05	01:02:43
420	161	JANKOWSKI JANUSZ		POL FIGHT LIKE A BRAVE	86M30/189	M / 395	00:25:33 / 505	00:04:41 / 495	01:39:13 / 478	00:00:53 / 482	00:54:00 / 253	03:04:20	01:02:58
421	466	ŚWIĘTEK-OZDOBA SYLWIA		POLLITWIN TRIATHLON TEAM	77K40/4	K / 26	00:26:25 / 516	00:05:36 / 505	01:31:15 / 377	00:01:46 / 435	00:59:26 / 393	03:04:28	01:03:06
422	306	RODAK TOMASZ		POL TRIATHLON MIETKÓW TEAM	76M40/129	M / 396	00:22:43 / 429	00:06:12 / 460	01:33:29 / 414	00:01:49 / 429	01:00:24 / 413	03:04:37	01:03:15
423	605	MARCINEK SZYMON		POL	93M20/53	M / 397	00:34:53 / 541	00:04:09 / 538	01:30:36 / 365	00:01:07 / 487	00:53:55 / 252	03:04:40	01:03:18
424	606	KURZYDŁO ADAM		POL	66M50/24	M / 398	00:21:59 / 390	00:06:04 / 419	01:30:13 / 356	00:01:38 / 370	01:04:51 / 468	03:04:45	01:03:24
425	495	MLAK KAZIMIERZ		POL WIELKA SOWA	58M50/25	M / 399	00:23:22 / 460	00:07:15 / 497	01:38:08 / 472	00:01:26 / 480	00:54:35 / 273	03:04:46	01:03:24
426	474	GROMKO ANDRZEJ		POL RUNNING TEAM MILICZ	57M60+/3	M / 400	00:21:19 / 353	00:05:06 / 351	01:38:05 / 471	00:02:47 / 454	00:57:50 / 353	03:05:07	01:03:45
427	395	GRABOWY STANISŁAW		POL RODZINA GRABOWYCH	74M40/130	M / 401	00:18:51 / 207	00:07:15 / 338	01:34:44 / 441	00:02:42 / 421	01:01:38 / 433	03:05:10	01:03:48
428	417	DŁUGOSZ DOMINIK		POL	75M40/131	M / 402	00:27:13 / 523	00:05:21 / 511	01:33:50 / 422	00:01:33 / 461	00:57:22 / 341	03:05:19	01:03:58
429	595	POLAŃSKI ZBIGNIEW		POL PIK IZBICKO	60M50/26	M / 403	00:21:53 / 385	00:06:40 / 438	01:33:58 / 425	00:03:10 / 440	00:59:44 / 399	03:05:25	01:04:04
430	332	BANAŚ TOMASZ		POL	71M40/132	M / 404	00:23:35 / 466	00:05:53 / 474	01:36:01 / 451	00:02:23 / 459	00:57:57 / 356	03:05:49	01:04:27
431	526	POLOWY ROBERT		POL	89M20/54	M / 405	00:22:11 / 401	00:05:31 / 405	01:36:08 / 453	00:02:26 / 446	00:59:46 / 400	03:06:02	01:04:40
432	133	MAĆKOWSKI MACIEJ		POL NIEZRZESZONY	84M30/190	M / 406	00:21:27 / 361	00:05:28 / 378	01:34:44 / 440	00:01:29 / 414	01:03:19 / 452	03:06:27	01:05:05
433	460	RUDZIO PIOTR		POL	94M20/55	M / 407	00:22:01 / 394	00:07:51 / 487	01:33:15 / 410	00:03:00 / 444	01:00:20 / 410	03:06:27	01:05:05

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
434	571	MROCZEK ŁUKASZ		POL		88M20/56 M / 408	00:23:35 / 468	00:05:14 / 452	01:29:56 / 349	00:01:07 / 369	01:06:58 / 483	<b>03:06:50</b>	01:05:28
435	576	MOTYKA KRZYSZTOF		POL		88M20/57 M / 409	00:15:55 / 48	00:06:20 / 161	01:38:13 / 473	00:02:34 / 412	01:04:05 / 462	<b>03:07:07</b>	01:05:45
436	231	WINDAK MICHAŁ		POL		84M30/191 M / 410	00:22:47 / 432	00:05:29 / 422	01:42:46 / 503	00:02:37 / 499	00:53:54 / 251	<b>03:07:33</b>	01:06:11
437	372	JASTROWICZ JACEK		POL ŻARY		70M40/133 M / 411	00:26:05 / 513	00:13:57 / 540	01:21:33 / 150	00:23:03 / 532	00:43:05 / 30	<b>03:07:43</b>	01:06:21
438	472	TROJAN STANISŁAW		POL WKB PIAST WROCLAW		58M50/27 M / 412	00:19:02 / 222	00:05:58 / 295	01:34:18 / 433	00:02:08 / 391	01:06:17 / 477	<b>03:07:43</b>	01:06:21
439	238	KOŚCIELNIAK MARCIN		POL KLUB SPORTOWY KASZTELANKA		85M30/192 M / 413	00:22:21 / 411	00:05:30 / 408	01:37:13 / 468	00:01:37 / 452	01:01:09 / 424	<b>03:07:50</b>	01:06:28 Pol/32
440	596	ADAMCZYK KONRAD		POL 3M RUNNING TEAM		88M20/58 M / 414	00:18:19 / 178	00:05:26 / 233	01:36:42 / 464	00:01:56 / 402	01:05:30 / 471	<b>03:07:53</b>	01:06:31
441	336	SIDOR ADAM		POL		72M40/134 M / 415	00:22:11 / 400	00:05:27 / 404	01:34:01 / 427	00:02:21 / 426	01:03:55 / 461	<b>03:07:55</b>	01:06:33
442	269	POCIECHA KAROLINA		POL APEROL TEAM		82K30/17 K / 27	00:34:06 / 538	00:04:20 / 535	01:24:53 / 232	00:01:50 / 437	01:03:12 / 451	<b>03:08:21</b>	01:06:59
443	554	ZIELIŃSKA-DAWIDZIAK MAGDALENA		POL AMBIT RACING TEAM/MARATON LESZNO		71K40/5 K / 28	00:25:58 / 510	00:04:37 / 496	01:40:21 / 490	00:02:00 / 495	00:55:37 / 301	<b>03:08:33</b>	01:07:12
444	586	RABSZTYN ANDRZEJ		POL TRIATHLON MIETKÓW TEAM		78M30/193 M / 416	00:34:06 / 539	00:04:20 / 536	01:24:53 / 233	00:01:50 / 438	01:03:39 / 458	<b>03:08:48</b>	01:07:26
445	449	TOKARSKA ELŻBIETA		POL		79K30/18 K / 29	00:23:56 / 479	00:04:48 / 444	01:37:41 / 469	00:01:50 / 462	01:00:39 / 417	<b>03:08:54</b>	01:07:32
446	314	RUDYK SEBASTIAN		POL TRIATHLON CLUB WROCLAW		75M40/135 M / 417	00:19:29 / 254	00:04:49 / 263	01:33:20 / 412	00:01:17 / 358	01:10:00 / 500	<b>03:08:55</b>	01:07:33
447	557	HARBUL NATALIA		POL PARKOUR WROCLAW		89K20/7 K / 30	00:20:51 / 332	00:05:39 / 359	01:39:38 / 482	00:01:11 / 455	01:01:42 / 435	<b>03:09:01</b>	01:07:39
448	289	GROŃSKI ROBERT		POL HAKUNA MATATA :)		76M40/136 M / 418	00:21:09 / 346	00:08:40 / 486	01:30:11 / 355	00:05:39 / 439	01:03:27 / 454	<b>03:09:06</b>	01:07:44
449	593	KOWALIK GRZEGORZ		POL RUNOWO RANGERS		67M50/28 M / 419	00:21:43 / 376	00:05:13 / 379	01:40:50 / 492	00:02:24 / 479	00:59:00 / 382	<b>03:09:10</b>	01:07:48
450	438	SKRZYŃKOWSKA JOANNA		POL		78K30/19 K / 31	00:26:34 / 519	00:06:39 / 518	01:41:06 / 494	00:02:30 / 514	00:52:29 / 214	<b>03:09:18</b>	01:07:56
451	286	TULIŃSKI MARCIN		POL AQUA FIT OSIR ŚRODA ŚLĄSKA		76M40/137 M / 420	00:25:26 / 502	00:06:43 / 506	01:35:41 / 447	00:02:42 / 484	00:58:51 / 378	<b>03:09:23</b>	01:08:01
452	553	KOZIKOWSKI DAMIAN		POL		92M20/59 M / 421	00:20:36 / 315	00:04:43 / 307	01:36:28 / 458	00:02:25 / 428	01:05:15 / 470	<b>03:09:27</b>	01:08:05
453	471	SMOLEŃ DAGMARA		POL TRIATHLON MIETKÓW TEAM		76K40/6 K / 32	00:21:54 / 386	00:04:22 / 346	01:33:06 / 405	00:01:25 / 379	01:08:43 / 494	<b>03:09:30</b>	01:08:09
454	187	DOREŃDA GRZEGORZ		POL		79M30/194 M / 422	00:20:55 / 335	00:05:59 / 376	01:33:18 / 411	00:02:19 / 404	01:07:18 / 485	<b>03:09:49</b>	01:08:27
455	601	BERA EMILIAN		POL		85M30/195 M / 423	00:20:40 / 318	00:07:08 / 406	01:34:03 / 428	00:01:58 / 425	01:06:17 / 478	<b>03:10:06</b>	01:08:44
456	351	PRZYGODZKI BŁAŻEJ		POL		75M40/138 M / 424	00:24:24 / 492	00:04:07 / 437	01:36:32 / 461	00:01:30 / 450	01:03:37 / 457	<b>03:10:10</b>	01:08:48
457	435	KLUCZYŃSKI TOMASZ		POL GVT		65M50/29 M / 425	00:23:18 / 459	00:06:27 / 485	01:29:10 / 329	00:04:32 / 418	01:06:43 / 481	<b>03:10:10</b>	01:08:48
458	74	KORZENIOWSKI MATEUSZ		POL NIEZRZESZONY		78M30/196 M / 426	00:30:12 / 532	00:06:02 / 530	01:35:11 / 443	00:01:07 / 491	00:57:57 / 357	<b>03:10:29</b>	01:09:07
459	200	CHODORSKI ŁUKASZ		POL HAŁA WINNERS		86M30/197 M / 427	00:19:20 / 245	00:04:37 / 245	01:42:33 / 500	00:04:04 / 485	00:59:59 / 407	<b>03:10:33</b>	01:09:11
460	328	SZUSZKIEWICZ TOMASZ		POL BRAK		74M40/139 M / 428	00:22:21 / 414	00:07:09 / 475	01:34:09 / 430	00:02:23 / 442	01:04:40 / 465	<b>03:10:42</b>	01:09:20
461	462	MALEC ANETA		POL		87K30/20 K / 33	00:24:08 / 484	00:04:39 / 450	01:49:34 / 528	00:00:53 / 521	00:51:38 / 185	<b>03:10:52</b>	01:09:30
462	455	NORKOWSKI GRZEGORZ		POL DOLNOŚLĄZAK		62M50/30 M / 429	00:26:44 / 520	00:05:54 / 512	01:35:40 / 446	00:01:42 / 475	01:00:53 / 418	<b>03:10:53</b>	01:09:32
463	209	GRADOWSKI ŁUKASZ		POL KLUB SZCZYPIOR		78M30/198 M / 430	00:22:51 / 439	00:05:28 / 425	01:33:56 / 424	00:01:25 / 424	01:07:19 / 487	<b>03:10:59</b>	01:09:37
464	318	BOROWIEC ROBERT		POL OKSIKO ADVENTURE TEAM		73M40/140 M / 431	00:21:06 / 344	00:06:22 / 399	01:34:09 / 429	00:02:50 / 432	01:06:48 / 482	<b>03:11:15</b>	01:09:53
465	257	PIETRZAK KAROL		POL -		84M30/199 M / 432	00:22:24 / 418	00:04:11 / 366	01:25:21 / 241	00:01:48 / 286	01:17:33 / 528	<b>03:11:17</b>	01:09:55
466	615	KOWAL KAZIMIERZ		POL RAGABA MEBLE		49M60+/4 M / 433	00:26:33 / 517	00:06:05 / 513	01:33:48 / 420	00:02:14 / 466	01:03:07 / 450	<b>03:11:47</b>	01:10:26
467	13	KRAŚNIEWSKI DANIEL		POL		84M30/200 M / 434	00:18:28 / 188	00:03:58 / 176	01:30:59 / 369	00:01:11 / 306	01:17:28 / 527	<b>03:12:04</b>	01:10:42

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
468	568	JĘDRUCH KASIA		POL KMP ŚWINOUJŚCIE	86K30/21	K / 34	00:24:46 / 494	00:04:00 / 448	01:38:24 / 474	00:01:23 / 464	01:03:36 / 456	<b>03:12:09</b>	01:10:47 Poli/33
469	441	GORCZYCA JOANNA		POL AT TEAM	83K30/22	K / 35	00:21:59 / 391	00:04:13 / 342	01:31:10 / 375	00:01:27 / 357	01:13:54 / 516	<b>03:12:43</b>	01:11:21
470	3	KOMEJKO DARIUSZ		POL	78M30/201	M / 435	00:23:42 / 473	00:05:41 / 472	01:44:29 / 513	00:01:35 / 504	00:57:47 / 352	<b>03:13:14</b>	01:11:52
471	199	PAWŁOWSKI KRZYSZTOF		POL	84M30/202	M / 436	00:19:11 / 233	00:06:04 / 305	01:34:43 / 438	00:01:46 / 395	01:11:40 / 506	<b>03:13:24</b>	01:12:02
472	536	JARZĘBOWSKI JAROSŁAW		POL	89M20/60	M / 437	00:24:22 / 490	00:05:45 / 493	01:39:45 / 484	00:00:58 / 488	01:02:39 / 447	<b>03:13:29</b>	01:12:07
473	448	DZIURKOWSKA DOROTA		POL TRIATHLON MIETKÓW TEAM	85K30/23	K / 36	00:21:39 / 371	00:04:17 / 330	01:39:40 / 483	00:02:00 / 457	01:05:54 / 475	<b>03:13:30</b>	01:12:08
474	100	OTOLIŃSKI TOMASZ		POL FLY OR DIE	87M30/203	M / 438	00:34:48 / 540	00:03:45 / 537	01:32:34 / 401	00:01:39 / 493	01:00:57 / 422	<b>03:13:43</b>	01:12:21
475	583	KULIŚ JAROSŁAW		POL THROW NEW RUNTEAMEXCEPTION()	91M20/61	M / 439	00:23:46 / 474	00:06:06 / 488	01:40:00 / 487	00:03:37 / 498	01:00:22 / 412	<b>03:13:51</b>	01:12:29
476	120	ŻYŁAK MIROSLAW		POL	86M30/204	M / 440	00:22:02 / 395	00:04:56 / 382	01:41:12 / 496	00:00:57 / 467	01:05:04 / 469	<b>03:14:11</b>	01:12:50
477	506	TOBIASZ ZBIGNIEW		POL	56M60+5	M / 441	00:26:50 / 521	00:06:02 / 516	01:55:25 / 534	00:02:00 / 535	00:44:03 / 39	<b>03:14:20</b>	01:12:58
478	176	KARG TOMASZ		POL	79M30/205	M / 442	00:18:18 / 176	00:06:18 / 278	01:34:39 / 437	00:02:53 / 398	01:12:23 / 513	<b>03:14:31</b>	01:13:10
479	363	PERZ ANDRZEJ		POL JUVENIA WROCŁAW	76M40/141	M / 443	00:15:13 / 30	00:05:01 / 71	01:49:13 / 526	00:01:00 / 483	01:04:38 / 464	<b>03:15:05</b>	01:13:43 Poli/34
480	398	DZIMIRA PAWEŁ		POL ORLEN RUNNING TEAM	77M40/142	M / 444	00:28:59 / 530	00:07:47 / 531	01:36:51 / 465	00:02:25 / 510	00:59:41 / 397	<b>03:15:43</b>	01:14:21
481	43	GAŁWA KRYSZTIAN		POL	84M30/206	M / 445	00:23:03 / 451	00:03:55 / 381	01:41:12 / 495	00:01:04 / 468	01:06:40 / 480	<b>03:15:54</b>	01:14:32
482	228	KALEMBKIEWICZ PIOTR		POL MIROTRANS WROCŁAW	78M30/207	M / 446	00:27:54 / 527	00:06:04 / 522	01:40:09 / 488	00:03:10 / 517	00:58:54 / 379	<b>03:16:11</b>	01:14:49
483	38	MIECZKOWSKI ANDRZEJ		POL	82M30/208	M / 447	00:22:36 / 423	00:06:55 / 476	01:36:14 / 455	00:02:12 / 460	01:08:15 / 491	<b>03:16:12</b>	01:14:50
484	73	NOWAK BARTŁOMIEJ		POL TRIATHLON MIETKÓW TEAM	83M30/209	M / 448	00:23:51 / 477	00:04:13 / 420	01:36:33 / 462	00:01:40 / 448	01:10:01 / 501	<b>03:16:18</b>	01:14:57
485	78	FRAŃCZEK MARCIN		POL TRIATHLON MIETKÓW TEAM	80M30/210	M / 449	00:20:53 / 334	00:04:54 / 325	01:42:43 / 502	00:01:10 / 472	01:07:18 / 486	<b>03:16:58</b>	01:15:36
486	494	ROGUSKI KRZYSZTOF		POL ACTIVE TEAM	67M50/31	M / 450	00:23:32 / 464	00:05:50 / 471	01:36:08 / 454	00:02:17 / 458	01:09:42 / 499	<b>03:17:29</b>	01:16:07
487	204	MIKOŁAJCZYK PIOTR		POL	81M30/211	M / 451	00:22:23 / 416	00:04:51 / 392	01:41:29 / 497	00:01:18 / 476	01:07:35 / 489	<b>03:17:36</b>	01:16:14
488	220	GLUCH GRZEGORZ		POL	80M30/212	M / 452	00:29:19 / 531	00:04:57 / 525	01:39:02 / 475	00:02:06 / 503	01:02:26 / 444	<b>03:17:50</b>	01:16:28
489	587	MIŚ BOGUSŁAW		POL NIEZRZESZONY	65M50/32	M / 453	00:27:41 / 526	00:05:08 / 515	01:40:20 / 489	00:02:48 / 509	01:02:12 / 440	<b>03:18:09</b>	01:16:47
490	514	SZYMAŃSKI MARCIN		POL KWP BYDGOSZCZ/IIPA BYDGOSZCZ	88M20/62	M / 454	00:22:05 / 397	00:05:32 / 402	01:50:09 / 531	00:00:59 / 520	00:59:43 / 398	<b>03:18:28</b>	01:17:06 Poli/35
491	260	ENGEL MIŁOSZ		POL HAŁA WINNERS	85M30/213	M / 455	00:19:16 / 242	00:06:47 / 337	01:44:54 / 515	00:04:15 / 502	01:03:34 / 455	<b>03:18:46</b>	01:17:24
492	142	GRZYBOWICZ ŁUKASZ		POL	81M30/214	M / 456	00:28:52 / 529	00:06:34 / 529	01:39:50 / 486	00:01:34 / 515	01:02:12 / 441	<b>03:19:02</b>	01:17:41
493	169	BEDNAWSKI DOMINIK		POL	81M30/215	M / 457	00:17:42 / 136	00:06:08 / 236	01:40:55 / 493	00:02:42 / 456	01:12:04 / 509	<b>03:19:31</b>	01:18:09
494	8	POCIECHA WOJTEK		POL APEROL TEAM	80M30/216	M / 458	00:24:09 / 486	00:03:44 / 409	01:39:20 / 479	00:01:25 / 465	01:11:27 / 505	<b>03:20:05</b>	01:18:43
495	122	ŚLĘZAK TOMASZ		POL	87M30/217	M / 459	00:20:51 / 331	00:07:26 / 423	01:39:47 / 485	00:01:55 / 473	01:10:17 / 503	<b>03:20:16</b>	01:18:54
496	170	KUKLIŃSKI WOJCIECH		POL WYBIEGANI POLKOWICE	86M30/218	M / 460	00:21:37 / 370	00:05:46 / 396	01:44:35 / 514	00:00:55 / 494	01:07:59 / 490	<b>03:20:52</b>	01:19:30
497	141	CEDRO DAMIAN		POL BOSE NOGI MALINKA OPOLE	78M30/219	M / 461	00:23:33 / 465	00:04:50 / 430	01:45:10 / 516	00:01:57 / 505	01:05:51 / 474	<b>03:21:21</b>	01:20:00
498	112	SMUTEK PRZEMYSŁAW		POL	84M30/220	M / 462	00:24:49 / 495	00:09:56 / 527	01:36:29 / 460	00:01:57 / 496	01:08:31 / 493	<b>03:21:42</b>	01:20:20
499	182	BOCHYŃSKI ADAM		POL SKŁADBUD TEAM	83M30/221	M / 463	00:23:00 / 447	00:09:22 / 510	01:43:11 / 506	00:04:18 / 522	01:01:54 / 437	<b>03:21:45</b>	01:20:23
500	291	ŚWIĄTEK KRZYSZTOF		POL	73M40/143	M / 464	00:20:04 / 282	00:07:27 / 400	01:39:12 / 477	00:02:48 / 470	01:12:14 / 510	<b>03:21:45</b>	01:20:24
501	513	KRÓL-PIDANTY MARZENA		POL STRZEGOMSKA DWUNASTKA	75K40/7	K / 37	00:26:11 / 514	00:06:29 / 514	01:47:07 / 522	00:01:47 / 526	01:00:33 / 415	<b>03:22:07</b>	01:20:45

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
502	549	MRÓZ DARIUSZ		POL		62M50/33 M / 465	00:24:19 / 489	00:05:42 / 491	01:33:44 / 419	00:02:31 / 445	01:16:02 / 523	<b>03:22:18</b>	01:20:56
503	393	ZWOLIŃSKI PRZEMYSŁAW		POL RUNNERSTRIP		72M40/144 M / 466	00:25:51 / 508	00:07:23 / 519	01:33:54 / 423	00:02:57 / 478	01:12:17 / 511	<b>03:22:22</b>	01:21:00
504	335	SZULICKI TOMASZ		POL TRIATHLON MIETKÓW TEAM		72M40/145 M / 467	00:28:25 / 528	00:05:08 / 520	01:35:12 / 444	00:02:19 / 489	01:11:44 / 507	<b>03:22:48</b>	01:21:26
505	543	LESZCZYŃSKI WACŁAW		POL		63M50/34 M / 468	00:24:09 / 485	00:05:10 / 469	01:43:55 / 509	00:03:54 / 516	01:05:55 / 476	<b>03:23:03</b>	01:21:41
506	500	KRZYŻANOWSKI MAREK		POL		63M50/35 M / 469	00:22:13 / 402	00:05:46 / 415	01:39:28 / 481	00:02:32 / 474	01:13:14 / 514	<b>03:23:13</b>	01:21:51
507	281	NAZARY PIOTR		POL NIEZRZESZONY		77M40/146 M / 470	00:25:30 / 504	00:08:30 / 523	01:46:09 / 520	00:03:18 / 528	00:59:55 / 404	<b>03:23:22</b>	01:22:01
508	107	POŁĄCZARZ ADAM		POL TRI 4 FIVE		81M30/222 M / 471	00:22:57 / 446	00:05:02 / 413	01:43:33 / 508	00:01:03 / 492	01:11:19 / 504	<b>03:23:54</b>	01:22:32
509	64	WIŚNIEWSKI PIOTR		POL		84M30/223 M / 472	00:24:14 / 488	00:04:32 / 446	01:44:00 / 510	00:01:09 / 500	01:10:08 / 502	<b>03:24:03</b>	01:22:41
510	202	RZESZUTEK PIOTR		POL		83M30/224 M / 473	00:21:49 / 380	00:05:08 / 380	01:42:33 / 501	00:01:12 / 486	01:13:56 / 517	<b>03:24:38</b>	01:23:16
511	249	SZUMILAS MARIUSZ		POL		78M30/225 M / 474	00:22:01 / 393	00:06:00 / 418	01:44:29 / 512	00:03:19 / 508	01:09:18 / 497	<b>03:25:07</b>	01:23:46
512	331	WOJCIECHOWSKI PAWEŁ		POL		75M40/147 M / 475	00:22:53 / 442	00:06:33 / 473	01:46:57 / 521	00:02:06 / 518	01:07:13 / 484	<b>03:25:42</b>	01:24:20
513	121	PIASECKI PAWEŁ		POL BRAK		79M30/226 M / 476	00:20:23 / 305	00:04:59 / 314	01:45:44 / 519	00:01:06 / 490	01:14:05 / 518	<b>03:26:17</b>	01:24:56
514	535	GRABOWSKI TOMASZ		POL RUN FORREST RUN		62M50/36 M / 477	00:20:50 / 330	00:04:46 / 323	01:42:51 / 504	00:01:06 / 471	01:17:03 / 524	<b>03:26:36</b>	01:25:14
515	555	RÓŻACKA MARTA		POL PUMA GYM		92K20/8 K / 38	00:31:13 / 534	00:04:03 / 528	01:43:34 / 507	00:01:24 / 523	01:08:16 / 492	<b>03:28:30</b>	01:27:09
516	136	MICHAŁAK ILDAR		POL RIO GRAPPLING OŁAWA		79M30/227 M / 478	00:20:41 / 320	00:04:23 / 299	01:49:39 / 529	00:01:39 / 511	01:12:19 / 512	<b>03:28:41</b>	01:27:19
517	69	ŁYSUNIEC MARCIN		POL		82M30/228 M / 479	00:32:39 / 535	00:04:12 / 533	01:36:24 / 457	00:02:20 / 506	01:13:32 / 515	<b>03:29:07</b>	01:27:46
518	432	JERZYCKI JACEK		POL		67M50/37 M / 480	00:21:33 / 367	00:07:12 / 445	01:44:21 / 511	00:02:35 / 507	01:14:52 / 521	<b>03:30:33</b>	01:29:11
519	589	*****				75M40/148 M / 481	00:36:33 / 542	00:05:58 / 541	01:34:10 / 431	00:01:55 / 519	01:12:03 / 508	<b>03:30:39</b>	01:29:17
520	450	TOKARSKA MAGDALENA		POL		77K40/8 K / 39	00:22:19 / 408	00:06:24 / 443	01:50:57 / 532	00:02:18 / 527	01:08:58 / 495	<b>03:30:56</b>	01:29:34
521	278	KLIMEK WOJCIECH		POL		74M40/149 M / 482	00:22:36 / 424	00:10:35 / 517	02:00:06 / 537	00:02:00 / 536	00:55:59 / 312	<b>03:31:16</b>	01:29:54
522	376	FAST MICHAŁ		POL		75M40/150 M / 483	00:20:01 / 281	00:06:00 / 334	01:45:21 / 517	00:02:52 / 501	01:17:15 / 525	<b>03:31:29</b>	01:30:07
523	201	FAST GRZEGORZ		POL		80M30/229 M / 484	00:18:29 / 191	00:05:15 / 232	01:47:13 / 523	00:02:27 / 497	01:21:11 / 531	<b>03:34:35</b>	01:33:13
524	212	CHUDZIK WOJCIECH		POL HUDY PO TRZYKROĆ POWIADAM CI		78M30/230 M / 485	00:23:02 / 449	00:05:19 / 428	01:50:03 / 530	00:01:53 / 524	01:14:21 / 519	<b>03:34:38</b>	01:33:16
525	364	CAPY THIERRY		FRA		71M40/151 M / 486	00:22:19 / 409	00:06:15 / 439	01:45:24 / 518	00:02:35 / 512	01:18:16 / 529	<b>03:34:49</b>	01:33:27
526	229	ADAMSKI KONRAD		POL WATERBORNE WROCŁAW		84M30/231 M / 487	00:17:37 / 129	00:06:37 / 261	01:49:25 / 527	00:03:04 / 513	01:19:18 / 530	<b>03:36:01</b>	01:34:39
527	194	FERENC STANISŁAW		POL WSSK		84M30/232 M / 488	00:22:53 / 443	00:07:13 / 492	01:54:54 / 533	00:02:31 / 533	01:09:40 / 498	<b>03:37:11</b>	01:35:49
528	453	OLSZOWY MACIEJ		POL		89M20/63 M / 489	00:24:54 / 496	00:04:46 / 481	01:56:48 / 536	00:01:30 / 534	01:09:15 / 496	<b>03:37:13</b>	01:35:51
529	408	JAZDZYK ROMAN		POL LITWIN TRIATHLON TEAM		75M40/152 M / 490	00:23:48 / 476	00:07:37 / 502	01:47:24 / 524	00:02:14 / 525	01:17:25 / 526	<b>03:38:28</b>	01:37:06
530	380	BRODA JAROSŁAW		POL		73M40/153 M / 491	00:27:19 / 524	00:06:31 / 521	01:48:01 / 525	00:02:02 / 530	01:14:45 / 520	<b>03:38:38</b>	01:37:17
531	465	SZCZĘŚNIAK JÓZEF		POL		43M60+/6 M / 492	00:33:55 / 537	00:05:23 / 539	01:42:13 / 499	00:02:44 / 531	01:15:52 / 522	<b>03:40:07</b>	01:38:45
	32	WCISŁO GRZEGORZ		POL PRO-RUN WROCŁAW		82	00:19:21 / 246					<b>DNF</b>	
	50	GRZEGORCZYK RADOŚLAW		POL TRIATHLON MIETKÓW TEAM		81	00:26:22 / 515	00:05:58 / 508	01:42:00 / 498	-1:-1:-4 / 516		<b>DNF</b>	
	110	BILIŃSKI LESŁAW		POL TRIATHLON MIETKÓW TEAM		82	00:20:07 / 283	00:04:28 / 277	01:36:58 / 466	00:02:07 / 423		<b>DNF</b>	
	196	MARCINIAK MICHAŁ		POL UKS CITYZEN/_BE3		83	00:16:28 / 67	00:03:05 / 52	-1:-2:-5 / 32			<b>DNF</b>	



Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
218		ŻURAD ŁUKASZ		POLLITWIN TRIATHLON TEAM		86	00:18:30 / 194	00:03:11 / 129	01:17:40 / 69	00:09:46 / 194		DNF	
264		CIKOTO KRZYSZTOF		POL		79						DNF	
325		DĄBROWSKI MARIUSZ		POL NIEZRZESZONY		70						DNF	
429		CHOMIK RAFAŁ		POL T2 TRIATHLON TEAM		77	00:15:55 / 49	00:02:37 / 32				DNF	
445		MROCKOWSKI KAROL		POL TRI_ZIPTII		90	00:15:33 / 38	00:03:11 / 36				DNF	
507		MAĆKOWSKA JOANNA		POL NIEZRZESZONA		86	00:17:28 / 114	00:05:57 / 216	01:43:03 / 505	00:01:49 / 463		DNF	
552		ZWOLIŃSKA MAGDALENA		POL RUNNERSTRIP		75	00:20:49 / 329	00:04:33 / 313	01:56:05 / 535	00:02:25 / 529		DNF	
558		JANISZEWSKI WOJCIECH		POL		88	00:16:38 / 74					DNF	
580		JADWISZCZAK MARIAN		POL -		47						DNF	
582		NOWAK MARIAN		POL BRAK		61	00:21:39 / 372	00:04:22 / 336	01:22:37 / 178	00:01:40 / 221		DNF	
106		SZOPIAN MARCIN		POL		83						DNS	
146		ŚWIERK SEWERYN		POL NATURALNIE JANOWICE		79						DNS	
197		GRACZYK PIOTR		POL		83						DNS	
290		LAUNER TOMASZ		POL RUN TOLA RUN		72						DNS	
430		KOLINKA PAWEŁ		POL NIEZRZESZONY		65						DNS	
458		WNĘK KASIA		POL KLUCZBORSKA GRUPA BIEGOWA		92						DNS	
496		SZAŁACIŃSKA MARTA		POL		81						DNS	
579		JASKUŁA KATARZYNA		POL TRIATHLON MIETKÓW TEAM		79						DNS	
584		MASŁOWSKI MICHAŁ		POL		75						DNS	
612		TOMASZEWSKA JOANNA		POL KB HARCOWNIK JELCZ-LASKOWICE		83						DNS	

Zgłoszonych:	737	Odebrało nr.:	541	Wystartowało:	545	Ukończyło:	531
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