

printed: 25.03.2018 15:02:10

City:	Uraz k.Wroclawia	Distance:	5+ 20 + 5 km	Organizer:	Platforma Sportów
Date:	20.03.2018				

CUD MINI (5-20-5)

Msc Rank	Nr Bib	Nazwisko i imię Name	Miasto City	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Bieg 10 km Run 10 km	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg 5 km Run 5 km	Wynik Time	Strata Diff.
1	455	NAWRACAJ MICHAŁ	JAWOR		POLAJAN IRON TEAM JAWOR	86	MJSt/1 M / 1	00:20:28 / 2	00:47:46 / 22	00:00:57 / 4	00:19:51 / 6	00:04:55 / 2	01:29:02	00:00:00
2	401	KRAWCZYK KACPER	BELCHATÓW		POLRAJSPORT ACTIVE	98	MJun/1 M / 2	00:20:38 / 3	00:47:36 / 25	00:01:07 / 3	00:20:47 / 22	00:01:03 / 6	01:30:08	00:01:05
3	435	CIECIERA PAWEŁ	JELEŃ GÓRA		POLQUEST TEAM	81	MMSM/1 M / 3	00:20:55 / 4	00:47:20 / 28	00:01:15 / 2	00:21:14 / 33	00:00:38 / 7	01:30:44	00:01:41
4	457	PAWŁOWSKI GRZEGORZ	GŁOGÓW		POLKGHM ZG. POLKOWICE-SIEROSZOWICE	81	MMSM/2 M / 4	00:20:59 / 5	00:49:32 / 9	00:01:06 / 6	00:20:46 / 21	00:01:25 / 5	01:32:23	00:03:20
5	414	KOBUSIŃSKI ADRIAN	BRZEG DOLNY		POLFITSTYLE TEAM	87	MJSt/2 M / 5	00:22:44 / 12	00:45:29 / 51	00:01:17 / 1	00:23:36 / 35	00:01:42 / 19	01:33:06	00:04:03
6	473	ZIĘBA DAMIAN	WROCLAW		POL	87	MJSt/3 M / 6	00:21:15 / 6	00:49:59 / 24	00:01:12 / 8	00:21:18 / 27	00:01:28 / 8	01:33:44	00:04:41
7	405	ROSKOSZ BARTOSZ	MIŁOSZYCE		POLJELCZ TRIATHLON PROJECT	89	MJSt/4 M / 7	00:20:27 / 1	00:52:08 / 23	00:01:23 / 12	00:20:24 / 48	00:02:36 / 4	01:34:22	00:05:19
8	245	KUZYŃNIN ADAM	PROSZKOWICE		POLMPOL BIKE TEAM	74	MMSM/3 M / 8	00:21:49 / 7	00:52:46 / 70	00:01:12 / 14	00:20:16 / 26	00:00:00 / 3	01:36:03	00:07:00
9	400	ELGUEA JULEN	WROCLAW		POLNIGHT RUNNERS WROCLAW/MODECO MTB TEAM	87	MJSt/5 M / 9	00:23:55 / 17	00:50:38 / 48	00:01:31 / 10	00:21:51 / 61	00:10:22 / 12	01:37:55	00:08:52
10	475	KACZMAREK ADAM	POZNAN		POLPARKRUN	70	MSen/1 M / 10	00:24:27 / 19	00:49:53 / 84	00:01:14 / 7	00:23:46 / 31	00:00:08 / 21	01:39:20	00:10:17
11	494	KUROPKA KACPER	BRALIN		POLUKS SPORT BRALIN	00	MJun/2 M / 11	00:24:28 / 21	00:49:15 / 73	00:01:34 / 5	00:24:22 / 69	00:00:00 / 26	01:39:39	00:10:36
12	483	WŁODARCZYK KRZYSZTOF	MIŁOSZYCE		POL	81	MMSM/4 M / 12	00:21:39 / 10	00:55:09 / 7	00:01:15 / 21	00:21:49 / 34	00:00:00 / 11	01:39:52	00:10:49
13	510	MAZGAJ BARTŁOMIEJ	ALEKSANDRÓW ŁÓDZKI		POLCELIRONMAN	86	MJSt/6 M / 13	00:24:37 / 27	00:50:36 / 44	00:01:13 / 9	00:23:49 / 28	00:00:00 / 22	01:40:15	00:11:12
14	474	ZENER MATEUSZ	LUBIN		POLZG RUN	89	MJSt/7 M / 14	00:23:30 / 18	00:52:44 / 16	00:01:10 / 13	00:23:25 / 23	00:00:23 / 18	01:40:49	00:11:46
15	439	MARCINIAK MARIUSZ	PIASKI		POLMARWIN PIASKI	75	MMSM/5 M / 15	00:23:23 / 16	00:54:11 / 19	00:01:18 / 19	00:22:13 / 37	00:00:20 / 13	01:41:05	00:12:02
16	525	CHERNOBRIUENKO SERGEY	WROCLAW		RUSGT RAT	87	MJSt/8 M / 16	00:23:35 / 20	00:54:03 / 13	00:01:01 / 18	00:22:36 / 11	00:00:00 / 14	01:41:15	00:12:12
17	530	KLIMCZAK MARCIN	WROCLAW		POLTMTEAM	75	MMSM/6 M / 17	00:24:19 / 24	00:51:57 / 35	00:01:14 / 11	00:23:58 / 30	00:02:21 / 24	01:41:28	00:12:25
18	492	STĘPŃIAK MARCIN	WSCHOWA		POLZG POLKOWICE-SIEROSZOWICE	89	MJSt/9 M / 18	00:24:20 / 22	00:53:33 / 61	00:01:20 / 17	00:23:39 / 40	00:02:38 / 20	01:42:52	00:13:49
19	506	KUŚMIERCZYK RAFAŁ	JAWOR		POLKUŚMIERCZYKI	87	MJSt/10 M / 19	00:24:27 / 26	00:53:26 / 40	00:01:18 / 15	00:23:52 / 38	00:00:06 / 23	01:43:03	00:14:00
20	522	WRZESZCZ MARIUSZ	PIOTROWICE		POLTMTEAM	91	MJSt/11 M / 20	00:21:28 / 9	00:58:27 / 2	00:00:47 / 35	00:23:02 / 1	00:00:00 / 15	01:43:44	00:14:41
21	490	BURYŁO KRZYSZTOF	OBORNIKI ŚLĄSKIE		POLOBORYGENI	92	MJSt/12 M / 21	00:21:28 / 11	01:00:48 / 1	00:01:00 / 43	00:21:45 / 10	00:00:00 / 9	01:45:01	00:15:58
22	509	BUKŁAHA KAMIL	WROCLAW		POLBRAK	91	MJSt/13 M / 22	00:21:03 / 8	01:00:23 / 11	00:01:48 / 41	00:21:47 / 80	00:02:29 / 10	01:45:01	00:15:58
23	460	PIŁAT MICHAŁ	BOLESŁAWIEC		POL	78	MMSM/7 M / 23	00:22:41 / 13	00:57:36 / 29	00:01:13 / 29	00:24:55 / 29	00:37:44 / 32	01:46:25	00:17:22
24	524	CYBULSKI BARTŁOMIEJ	KĘDZIERZYN-KOZŁE		POLWELLFIT	79	MMSM/8 M / 24	00:24:35 / 23	00:55:45 / 59	00:01:33 / 26	00:25:03 / 65	00:00:15 / 34	01:46:56	00:17:53
25	461	SYNOWIEC DOMINIK	JAWOR		POLAJAN IRON TEAM JAWOR	88	MJSt/14 M / 25	00:25:07 / 36	00:53:29 / 30	00:01:07 / 16	00:27:21 / 20	00:00:10 / 54	01:47:04	00:18:01

Msc Rank	Nr Bib	Nazwisko i imię Name	Miasto City	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Bieg 10 km Run 10 km	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg 5 km Run 5 km	Wynik Time	Strata Diff.
26	531	LEŚNIAK KAROLINA	WROCLAW		POLTMTEAM	83	KSM/1 K / 1	00:23:52 / 25	01:00:07 / 4	00:00:56 / 39	00:24:01 / 4	00:01:50 / 25	01:48:56	00:19:54
27	485	CISŁO KRZYSZTOF	BRZEG DOLNY		POLARDENTCODE	81	MSM/9 M / 26	00:25:29 / 45	00:57:42 / 21	00:01:10 / 31	00:24:57 / 25	00:01:52 / 33	01:49:18	00:20:16
28	449	TOMASZEWSKI MARCIN	JELCZ-LASKOWICE		POLJELCZ TRIATHLON PROJECT	82	MSM/10 M / 27	00:26:12 / 46	00:55:35 / 63	00:01:25 / 25	00:26:13 / 54	00:00:07 / 48	01:49:25	00:20:22
29	507	CHYB MARCIN	WALBRZYCH		POLINFOBIURO BIS - VELO MAROC	73	MSen/2 M / 28	00:25:13 / 39	01:00:01 / 17	00:01:03 / 37	00:23:09 / 17	00:04:13 / 16	01:49:26	00:20:23
30	471	JESION IRENEUSZ	LUBIN		POL	69	MSen/3 M / 29	00:25:00 / 29	00:57:46 / 62	00:01:32 / 32	00:25:11 / 63	00:06:31 / 35	01:49:29	00:20:26
31	512	ŚMIETANA MARCIN	WROCLAW		POLTMTEAM	75	MSM/11 M / 30	00:25:46 / 53	00:57:52 / 3	00:01:02 / 33	00:24:53 / 13	00:00:00 / 29	01:49:33	00:20:30
32	434	SALMANOWICZ MARCIN	ŚRODA ŚLĄSKA		POL	82	MSM/12 M / 31	00:28:03 / 65	00:55:29 / 98	00:01:28 / 24	00:25:28 / 56	00:02:25 / 36	01:50:28	00:21:25
33	477	KONIAK JAKUB	JAWOR		POLAJAN IRON TEAM JAWOR	78	MSM/13 M / 32	00:26:52 / 42	00:56:42 /	00:01:56 / 28	00:25:30 / 87	00:00:51 / 37	01:51:00	00:21:57
104														
34	423	KIŃCZYK DANIEL	OŁAWA		POLKIN-SPAW	84	MJSt/15 M / 33	00:26:56 / 51	00:56:39 / 91	00:01:40 / 27	00:27:52 / 75	00:03:19 / 58	01:53:07	00:24:04
35	425	ŚLUSARCZYK TOMASZ	CZAPLE		POLLZS CZAPLE	79	MSM/14 M / 34	00:27:20 / 55	00:58:45 / 97	00:01:28 / 36	00:25:49 / 57	00:01:54 / 41	01:53:22	00:24:19
36	479	LUPA MARCIN	WROCLAW		POLGVT	80	MSM/15 M / 35	00:25:39 / 44	01:01:14 / 38	00:01:04 / 49	00:25:33 / 16	00:08:28 / 38	01:53:30	00:24:27
37	407	KULIŚ JAROSŁAW	RADOMSKO		POLTHROW NEW RUNTEAMEXCEPTION()	91	MJSt/16 M / 36	00:27:02 / 56	00:58:26 / 81	00:01:32 / 34	00:26:50 / 64	00:00:06 / 52	01:53:50	00:24:47
38	529	GŁÓWKA PAWEŁ	ŻARY		POLEUROPA UBEZPIECZENIA / TMTEAM	91	MJSt/17 M / 37	00:26:06 / 40	01:01:02 / 83	00:01:55 / 46	00:24:54 / 85	00:00:06 / 30	01:53:57	00:24:54
39	463	HAJTKO PIOTR	WOŁÓW		POLWOŁÓW BIEGA	86	MJSt/18 M / 38	00:26:42 / 54	01:01:02 / 68	00:00:59 / 45	00:25:48 / 7	00:00:00 / 39	01:54:31	00:25:28
40	523	HACHOŁ TOMASZ	WROCLAW		POL	82	MSM/16 M / 39	00:25:37 / 49	01:02:35 / 8	00:00:59 / 51	00:25:55 / 9	00:30:16 / 43	01:55:06	00:26:04
41	431	FORBERGER SŁAWOMIR	TRZEBNICA		POLSZERSZENIE TRZEBNICA GRUPA MOVISTAR	81	MSM/17 M / 40	00:25:28 / 32	01:03:33 / 74	00:01:33 / 52	00:24:34 / 66	00:04:19 / 27	01:55:08	00:26:05
42	488	RYCERZ ZBYSZKO	BRZEG DOLNY		POLFITSTYLE TEAM	76	MSM/18 M / 41	00:28:42 / 82					01:55:09	00:26:06
43	468	POŁOM TOMASZ	OŁAWA		POOŁAWSKA GRUPA BIEGOWA	87	MJSt/19 M / 42	00:24:36 / 33	01:04:44 / 6	00:00:55 / 59	00:24:54 / 3	00:02:12 / 31	01:55:09	00:26:06
44	489	KIŃCZYK SŁAWOMIR	OŁAWA		POLKIN-SPAW	88	MJSt/20 M / 43	00:28:22 / 66	00:57:37 /	00:02:03 / 30	00:28:03 / 95	00:07:49 / 60	01:56:05	00:27:02
100														
45	454	SOWA ANDRZEJ	CHORZÓW		POLBRAK	72	MSen/4 M / 44	00:25:12 / 31	01:00:51 / 53	00:01:23 / 44	00:29:09 / 49	00:00:45 / 70	01:56:35	00:27:32
46	442	TOMASZEWSKA JOANNA	CHWAŁOWICE		POLJELCZ TRIATHLON PROJECT	83	KSM/2 K / 2	00:25:17 / 34	01:05:56 / 47	00:00:59 / 62	00:24:45 / 8	00:00:13 / 28	01:56:57	00:27:55
47	412	KOŁODZIEJ MARIUSZ	LEGNICA		POLTMTEAM	77	MSM/19 M / 45	00:26:54 / 60	01:01:08 / 39	00:01:19 / 47	00:27:39 / 39		01:57:00	00:27:57
48	416	PALUSZKIEWICZ ŁUKASZ	ŻNIN		POL	90	MJSt/21 M / 46	00:24:56 / 28	01:05:07 / 60	00:01:04 / 60	00:25:56 / 18	00:04:42 / 44	01:57:03	00:28:00
49	417	BIAŁECKI JAKUB	WROCLAW		POL	86	MJSt/22 M / 47	00:22:34 / 14	01:09:41 / 18	00:01:26 / 73	00:23:23 / 55	00:04:43 / 17	01:57:04	00:28:01
50	526	BEDNARCZYK PAWEŁ	WROCLAW		POLDECATHLON BIELANY	94	MJSt/23 M / 48	00:27:47 / 50	01:00:11 /	00:01:21 / 40	00:28:47 / 45	00:00:06 / 64	01:58:06	00:29:03
108														
51	465	TRYLAŃSKA EWELINA	PABIANICE		POL	77	KSM/3 K / 3	00:27:00 / 59	01:04:13 / 72	00:01:03 / 57	00:26:00 / 15	00:00:06 / 45	01:58:16	00:29:14
52	430	NOWAK PIOTR	SADKÓW		POLELEKTROTIM	75	MSM/20 M / 49	00:26:05 / 37	01:02:32 / 96	00:03:12 / 50	00:26:33 /	00:00:00 / 49	01:58:22	00:29:19
111														
53	424	HAŁDRZYŃSKI RAFAŁ	LEGNICA		POLSRT	79	MSM/21 M / 50	00:27:26 / 61	01:00:03 / 78	00:02:00 / 38	00:29:24 / 93	00:01:00 / 73	01:58:53	00:29:50
54	420	GROCHAŁA WOJCIECH	GRĘBOCICE		POLZG POLKOWICE-SIEROSZOWICE	82	MSM/22 M / 51	00:23:19 / 15	00:55:23 / 50	00:01:24 / 23	00:38:56 / 52	00:01:28 /	01:59:02	00:29:59

Msc Rank	Nr Bib	Nazwisko i imię Name	Miasto City	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Bieg 10 km Run 10 km	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg 5 km Run 5 km	Wynik Time	Strata Diff.
113														
55	504	SEKRETA ANNA	PRZEWORSK		POL	97K	Jun/1 K / 4	00:27:04 / 67	01:03:59 / 14	00:01:03 / 55	00:27:00 / 14	00:00:06 / 53	01:59:06	00:30:03
56	421	GNIADO MARIUSZ	TRZEBNICA		POLSZERSZENIE TRZEBNICA GRUPA MOVISTAR NOWY DWÓR	72M	Sen/5 M / 52	00:25:41 / 35	01:06:07 / 77	00:01:58 / 64	00:25:50 / 91	00:07:15 / 42	01:59:36	00:30:33
57	448	KOLENDA MIREK	KŁODAWA		POLKS KŁODAWA	72M	Sen/6 M / 53	00:25:36 / 30	01:04:05 / 94	00:01:49 / 56	00:28:21 / 81	00:15:22 / 62	01:59:51	00:30:48
58	493	DANIŁOW PAWEŁ	WROCLAW		POLDP SYNERGIA	73M	Sen/7 M / 54	00:30:01 / 89	00:54:56 / 64	00:02:12 / 20	00:33:26 /	00:00:00 / 94	02:00:35	00:31:32
100														
59	472	SZYMCZAK TOMASZ	WYSOKA		POL	87M	JSt/24 M / 55	00:25:47 / 38	01:07:33 / 75	00:01:38 / 68	00:26:06 / 74	00:10:52 / 46	02:01:04	00:32:01
60	481	FOLARON RAFAŁ	MŁOSZYCE		POL	88M	JSt/25 M / 56	00:26:11 / 48	01:04:24 / 57	00:01:31 / 58	00:29:05 / 60	00:02:43 / 68	02:01:11	00:32:09
61	496	KŁOS JAN	CHOJNÓW		POL	81M	SMI/23 M / 57	00:27:00 / 63	01:06:25 / 37	00:01:21 / 65	00:26:39 / 42	00:05:42 / 50	02:01:25	00:32:22
62	505	GŁOWACKA CARMEN	POZNAŃ		POLLEWA WOLNA	94K	Jst/1 K / 5	00:29:52 / 88	01:00:23 / 65	00:01:34 / 42	00:29:44 / 68	00:00:07 / 75	02:01:33	00:32:30
63	520	DYBA MAGDALENA	JELEŃ GÓRA		POLLOS BIEGANEROS	85K	Jst/2 K / 6	00:26:12 / 52	01:07:41 / 41	00:01:01 / 70	00:26:43 / 12	00:00:06 / 51	02:01:37	00:32:34
64	519	RATTO WILLIAM	WROCLAW		ITA TRÓJKĄT BIEGA	86M	JSt/26 M / 58	00:28:08 / 71	01:06:43 / 52	00:01:21 / 66	00:27:30 / 43	00:00:00 / 55	02:03:42	00:34:39
65	500	GRYCMAN MAGDALENA	TRZCINICA		POLSPARTA ULTRA TEAM	79K	SMI/4 K / 7	00:24:58 / 41	01:12:39 / 5	00:00:54 / 82	00:26:10 / 2	00:08:28 / 47	02:04:41	00:35:38
66	499	GRYCMAN ŁUKASZ	TRZCINICA		POLSPARTA ULTRA TEAM	78M	SMI/24 M / 59	00:25:56 / 47	01:11:38 / 36	00:01:19 / 77	00:25:49 / 41	00:10:41 / 40	02:04:42	00:35:39
67	476	KWOLEK JAROSŁAW	BOLESŁAWIEC		POL	64M	Sen/8 M / 60	00:29:05 / 75	01:01:12 / 79	00:01:57 / 48	00:32:57 / 88	00:08:44 / 92	02:05:11	00:36:08
68	462	ZIÓŁKOWSKI ARKADIUSZ	WROCLAW		POL	74M	SMI/25 M / 61	00:26:49 / 64	01:10:18 / 20	00:01:10 / 74	00:27:35 / 24	00:11:28 / 56	02:05:52	00:36:49
69	527	KOLENDA SEBASTIAN	WROCLAW		POLDECATHLON BIELANY	92M	JSt/27 M / 62	00:28:03 / 72	01:07:39 / 42	00:01:22 / 69	00:28:54 / 44	00:02:37 / 66	02:05:58	00:36:55
70	444	MARCINEK ANDRZEJ	ŚRODA ŚLĄSKA		POL50UPAT	58M	Sen/9 M / 63	00:28:12 / 68	01:07:29 / 86	00:02:00 / 67	00:28:33 / 94	00:06:44 / 63	02:06:14	00:37:11
71	528	WIĄCZEK TOMASZ	WROCLAW		POLTMTEAM	78M	SMI/26 M / 64	00:28:16 / 58	01:07:43 /	00:02:40 / 71	00:28:08 /	00:01:18 / 61	02:06:47	00:37:44
110														
72	408	NOWAK DANIEL	WROCLAW		POL	76M	SMI/27 M / 65	00:30:06 / 86	01:03:43 / 92	00:01:38 / 54	00:33:30 / 73	00:00:06 / 95	02:08:57	00:39:54
73	446	HALICKI ROBERT	PUSTAKÓW ŻURAWSKI		POL	78M	SMI/28 M / 66	00:32:01 /	01:03:43 / 58	00:01:55 / 53	00:32:46 / 84	00:00:36 / 91	02:10:25	00:41:22
105														
74	491	STAŚKIEWICZ MARTYNA	GNIEZNO		POLT-RUN.PL	97K	Jun/2 K / 8	00:27:29 / 69	01:13:36 / 15	00:01:48 / 84	00:27:53 / 79	00:00:00 / 59	02:10:46	00:41:43
75	484	WESOŁOWSKA MONIKA	KŁODZKO		POL	89K	Jst/3 K / 9	00:29:23 / 84	01:11:52 / 56	00:01:23 / 78	00:29:07 / 50	00:14:55 / 69	02:11:45	00:42:42
76	409	POLIWODA TOMASZ	WYSOKA		POLPOLIWODA TEAM	79M	SMI/29 M / 67	00:28:40 / 73					02:12:09	00:43:06
77	426	WŁODARCZYK GRZEGORZ	WIELGRZYMKI		POL	79M	SMI/30 M / 68	00:26:52 / 43	01:13:22 /	00:01:34 / 83	00:30:26 / 67	00:00:00 / 78	02:12:14	00:43:11
103														
78	503	LIPIARZ PIOTR	OLEŚNICA		POL	94M	JSt/28 M / 69	00:26:51 / 62	01:16:24 / 27	00:00:57 / 92	00:29:21 / 5	00:00:00 / 71	02:13:33	00:44:30
79	452	WARĘDA DARIUSZ	BRZEG DOLNY		POLSYSTEMYKLUCZA.PL	69M	Sen/10 M / 70	00:29:46 / 77	01:10:27 / 99	00:02:27 / 76	00:31:01 /	00:00:00 / 82	02:13:41	00:44:38
107														
80	513	SZYLIŃSKI MAREK	BOGATYNIA		POLTWARDZIELE TEAM BOGATYNIA	75M	SMI/31 M / 71	00:27:53 / 70	01:16:05 / 34	00:01:23 / 91	00:28:52 / 51	00:16:24 / 65	02:14:13	00:45:11
81	464	SEHN MAREK	WROCLAW		POL	69M	Sen/11 M / 72	00:33:32 /	01:08:03 /	00:03:54 / 72	00:30:31 /	00:02:00 / 79	02:16:00	00:46:57
102														
113														

Msc Rank	Nr Bib	Nazwisko i imię Name	Miasto City	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Bieg 10 km Run 10 km	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg 5 km Run 5 km	Wynik Time	Strata Diff.
82	440	PABIJAŃCZYK DAMIAN	WROCLAW		POLHEAVY LIFT	84M	JSt/29 M / 73	00:29:13 / 74	01:14:24 / 88	00:01:35 / 87	00:31:12 / 71	00:00:00 / 83	02:16:24	00:47:21
83	447	SREBRNY MIROSŁAW	ROGOŹ		POL	68M	Sen/12 M / 74	00:31:11 / 101	01:10:24 / 33	00:01:05 / 75	00:35:05 / 19	00:01:17 / 101	02:17:45	00:48:42
84	443	NOWACZYK KRZYSZTOF	WROCLAW		POL	84M	JSt/30 M / 75	00:29:37 / 80	01:13:54 / 87	00:02:12 / 86	00:32:08 / 99	00:00:11 / 88	02:17:51	00:48:48
85	453	CIEŹKOWSKA - SZYMAŃSKA KATARZYNA	WROCLAW		POLVEGE RUNNERS	81K	SMI/5 K / 10	00:32:47 / 112	01:13:45 / 112	00:01:51 / 85	00:29:46 / 83	00:07:09 / 76	02:18:09	00:49:06
86	508	GONERA KRZYSZTOF	KAMIENIEC WROCLAWSKI		POLRAWLPLUG SA	73M	Sen/13 M / 76	00:29:11 / 81	01:17:41 / 46	00:01:43 / 95	00:29:41 / 77	00:04:33 / 74	02:18:16	00:49:13
87	429	WYSOCZAŃSKA JOANNA	ŚRODA ŚLĄSKA		POL	79K	SMI/6 K / 11	00:35:53 / 114	01:05:43 / 107	00:01:58 / 61	00:35:17 / 92	00:05:09 / 103	02:18:51	00:49:48
88	415	KAMIŃSKA-SIKORSKA KALINA	WROCLAW		POLEUROPA UBEZPIECZANIA	75K	SMI/7 K / 12	00:29:53 / 90	01:17:20 / 45	00:01:15 / 94	00:30:47 / 32	00:00:39 / 80	02:19:15	00:50:12
89	451	JANCZAK ANGELIKA	LEGNICA		POL	73K	Sen/1 K / 13	00:30:24 / 109	01:14:51 / 109	00:02:30 / 89	00:31:54 / 108	00:00:00 / 86	02:19:39	00:50:36
90	469	WITKOWSKI MICHAŁ	WROCLAW		POLCYCUCHY LAMPKI	84M	JSt/31 M / 77	00:31:49 / 103	01:16:43 / 54	00:02:10 / 93	00:29:01 / 97	00:01:16 / 67	02:19:43	00:50:40
91	498	STOLARZEWSKA MARIA	WROCLAW		POLVEGE RUNNERS	80K	SMI/8 K / 14	00:29:19 / 78	01:19:56 / 82	00:01:29 / 99	00:29:24 / 58	00:00:27 / 72	02:20:08	00:51:05
92	419	BISKUP PRZEMYSŁAW	OBORNIKI ŚLĄSKIE		POLCHYBA DAM RADĘ:)	79M	SMI/32 M / 78	00:30:55 / 101	01:14:39 / 90	00:02:15 / 88	00:33:00 / 101	00:07:23 / 93	02:20:49	00:51:46
93	516	KITA TOMASZ	OLEŚNICA		POLOLEŚNICKA GRUPA TRIATHLONOWA	74M	SMI/33 M / 79	00:34:34 / 116	01:12:06 / 116	00:01:55 / 79	00:32:41 / 86	00:00:11 / 90	02:21:16	00:52:13
94	515	KARP DARIUSZ	BIAŁY KOŚCIÓŁ		POLKARP SPORT TEAM	73M	Sen/14 M / 80	00:28:39 / 100	01:20:26 / 26	00:01:25 / 100	00:31:17 / 53	00:00:44 / 84	02:21:47	00:52:44
95	501	PISARCZYK ŁUKASZ	DOBROSZYCE		POLOLEŚNICKA GRUPA TRIATHLONOWA	79M	SMI/34 M / 81	00:33:35 / 108	01:12:38 / 71	00:01:23 / 81	00:34:20 / 47	00:00:00 / 98	02:21:56	00:52:53
96	436	WAŚ JAREK	KŁODZKO		POLMONOPOLLAND WAŚ SPORT	61M	Sen/15 M / 82	00:38:00 / 116	01:06:04 / 115	00:03:01 / 63	00:35:31 / 110	00:01:01 / 104	02:22:36	00:53:33
97	497	KOZUBAL JOANNA	WROCLAW		POLZAKOCHAJ SIĘ W BIEGANIU/ NOA	74K	SMI/9 K / 15	00:30:07 / 92	01:22:28 / 43	00:01:35 / 106	00:29:59 / 70	00:11:28 / 77	02:24:09	00:55:06
98	459	JASIŃSKA-WARMUŁA SYLWIA	DOBROSZYCE		POLTMTEAM	74K	SMI/10 K / 16	00:31:11 / 99	01:18:32 / 49	00:01:22 / 96	00:33:35 / 46	00:00:12 / 97	02:24:40	00:55:37
99	521	HACHOŁ JUSTYNA	WROCLAW		POL	81K	SMI/11 K / 17	00:29:49 / 103	01:20:48 / 85	00:02:10 / 103	00:32:11 / 98	00:08:53 / 89	02:24:58	00:55:55
100	482	KUTYCKA-KUREK ELŻBIETA	WROCLAW		POLCHOJRAK TEAM WROCLAW	83K	SMI/12 K / 18	00:30:33 / 101	01:20:40 / 76	00:02:15 / 101	00:31:53 / 102	00:00:12 / 85	02:25:21	00:56:18
101	502	ROLEK JAROSŁAW	WROCLAW		POL	78M	SMI/35 M / 83	00:35:45 / 113	01:12:14 / 106	00:01:57 / 80	00:36:39 / 89	00:00:07 / 106	02:26:35	00:57:32
102	456	JĘDRZEJOWSKA ANNA	OLAWA		POLOŁAWSKA GRUPA BIEGOWA	84K	Jst/4 K / 19	00:29:56 / 112	01:24:32 / 80	00:01:49 / 112	00:30:50 / 82	00:00:00 / 81	02:27:07	00:58:04

Msc Rank	Nr Bib	Nazwisko i imię Name	Miasto City	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Bieg 10 km Run 10 km	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg 5 km Run 5 km	Wynik Time	Strata Diff.
103	517	KRZEMIŃSKI KAMIL	ALEKSANDRÓW		POL	86	MJSt/32 M / 84	00:31:25 / 100	01:16:04 / 55	00:01:41 / 90	00:37:59 / 76	00:00:06 / 111	02:27:09	00:58:06
104	511	GŁĄBICA ADAM	KAMIENIEC WROCLAWSKI		POLPRO-RUN WROCLAW	64	MSen/16 M / 85	00:32:10 / 95	01:21:38 / 111	00:02:25 / 105	00:31:59 / 106	00:09:14 / 87	02:28:12	00:59:09
105	450	RUSIN MAŁGORZATA	WROCLAW		POL	80	KSMI/13 K / 20	00:33:41 / 111	01:18:48 / 32	00:01:45 / 97	00:35:10 / 78	00:00:00 / 102	02:29:24	01:00:21
106	445	ZAUCHA MARTA	KŁODZKO		POLMONOPOLLAND WAŚ SPORT	82	KSMI/14 K / 21	00:30:49 / 91	01:23:11 / 93	00:02:08 / 108	00:34:27 / 96	00:02:20 / 99	02:30:35	01:01:32
107	467	MAŃDZIAK KAROLINA	TYNIEC MAŁY		POL	79	KSMI/15 K / 22	00:32:44 / 106	01:22:49 / 89	00:01:57 / 107	00:33:33 / 90	00:00:27 / 96	02:31:03	01:02:00
108	437	BAL TOMASZ	KĄTY WROCLAWSKIE		POL	81	MSMI/36 M / 86	00:31:31 / 83	01:20:45 / 114	00:03:24 / 102	00:37:32 / 112	00:02:50 / 108	02:33:12	01:04:09
109	403	SŁABY PIOTR	WROCLAW		POLPORT URAZ	63	MSen/17 M / 87	00:32:50 / 107	01:23:52 / 95	00:01:31 / 110	00:37:33 / 59	00:00:00 / 109	02:35:46	01:06:43
110	495	KONARSKA EDYTA	OŁAWA		POL	74	KSMI/16 K / 23	00:34:45 / 115	01:21:13 / 69	00:02:21 / 104	00:38:00 / 105	00:00:00 / 112	02:36:19	01:07:16
111	427	BEDNAREK DARIUSZ	LUBIN		POL	73	MSen/18 M / 88	00:35:22 / 96	01:19:48 / 117	00:05:47 / 98	00:36:02 / 114	00:02:42 / 105	02:36:59	01:07:56
112	480	BUCHWALD MICHAŁ	WROCLAW		POLUKSS / EACTIVE	93	MJSt/33 M / 89	00:34:42 / 110	01:23:14 / 101	00:01:31 / 109	00:37:34 / 62	00:00:07 / 110	02:37:01	01:07:58
113	402	POLAŃSKA DOROTA	WROCLAW		POLTMTEAM	68	KSen/2 K / 24	00:33:55 / 109	01:24:06 / 66	00:02:18 / 111	00:41:20 / 104	00:00:00 / 114	02:41:39	01:12:36
114	432	KRZYZANOWSKI MAREK	WROCLAW		POL	63	MSen/19 M / 90	00:35:39 / 112	01:28:46 / 105	00:02:17 / 113	00:37:29 / 103	00:00:15 / 107	02:44:11	01:15:08
115	514	SZYLINSKA KATARZYNA	BOGATYNIA		POLWARDZIELE TEAM BOGATYNIA	78	KSMI/17 K / 25	00:32:55 / 104	01:46:52 / 102	00:01:37 / 114	00:34:54 / 72	00:00:06 / 100	02:56:18	01:27:15
	410	MITROSZ ANDRZEJ	WROCLAW		POLPRO-RUN WROCLAW		56						DNF	
	466	MANDZIAK MARCIN	TYNIEC MAŁY		POL		76	00:42:01 / 117	02:28:22 / 12	00:01:18 / 115			DNF	
	433	ZYGMUNT MAŁGORZATA	WROCLAW		POLZYGI&PRZEMOC&KSIĄŻE PODKARPACIA		81						DNS	
	487	DRELAJ MAJA	BRALIN		POLUKS SPORT BRALIN		99						DNS	
	533	ANTOSIAK TOMASZ	ZŁOTORYJA		POLTMTEAM		81	00:26:27 / 57	00:55:19 / 31	00:08:51 / 22	00:-2:-3 / 115	00:03:24 / 1	DNS	
	5250	BIHUN NATALIA	KOBIERZYCE		POLGT RAT		87						DNS	

Zgłoszonych:	161	Odebrało nr.:	120	Wystartowało:	118	Ukończyło:	115
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