



City:	Mietków	Distance:	950m+45km+10,5km
Date:	08.06.2019	Organizer:	Platforma Sportów Wytrzymałościowych, Fundacja Pro Sport Pro Life

1/4 IM

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
1	568	WILKOWIECKI Robert		POL GVT BMC	94	M / 1	00:12:21 / 2	00:02:07 / 1	01:07:10 / 3	00:00:32 / 1	00:37:03 / 2	01:59:13	00:00:00
2	505	TOCHOWICZ Kasper		POL TRIWISE	95	M / 2	00:14:36 / 7	00:02:24 / 3	01:06:26 / 2	00:00:38 / 2	00:37:41 / 5	02:01:45	00:02:31
3	754	CHMURA Maciej		POL GVT BMC	86	M / 3	00:12:21 / 1	00:02:15 / 2	01:09:21 / 6	00:00:44 / 3	00:38:15 / 9	02:02:56	00:03:43
4	443	RAJCA Michał		POL GVT BMC	90	M / 4	00:15:52 / 29	00:02:37 / 21	01:10:03 / 9	00:00:48 / 7	00:36:55 / 1	02:06:14	00:07:00
5	642	JAKIMIUK Daniel		POL TWISTER TEAM/ NATURAL EPO	93	M / 5	00:16:25 / 47	00:02:26 / 27	01:09:23 / 7	00:00:42 / 5	00:37:46 / 6	02:06:42	00:07:28
6	302	KULESZA Jakub		POL TRIATHLON CLUB	80	M / 6	00:14:52 / 10	00:02:38 / 5	01:10:32 / 10	00:00:41 / 4	00:39:18 / 11	02:08:00	00:08:47
7	686	KOWALCZYK Marek		POL REPREZENTACJA POLSKIEJ POLICJI	78	M / 7	00:15:32 / 20	00:02:43 / 15	01:11:07 / 14	00:01:01 / 11	00:39:42 / 12	02:10:04	00:10:51
8	2	PACHOLAK Marcin		POL LUFT TRI TEAM	88	M / 8	00:15:28 / 19	00:02:57 / 19	01:10:47 / 11	00:00:50 / 9	00:40:13 / 17	02:10:14	00:11:00
9	498	OLSZEWSKI Aleksander		POL GT RAT	86	M / 9	00:15:16 / 16	00:02:37 / 9	01:10:50 / 12	00:00:54 / 8	00:40:47 / 22	02:10:23	00:11:09
10	158	BIRECKI Jakub		POL GT KONA	87	M / 10	00:16:32 / 52	00:02:28 / 30	01:10:54 / 13	00:00:57 / 13	00:41:01 / 23	02:11:52	00:12:38
11	333	STAJNIAK Bartłomiej		POL TRIADA NAMYSŁÓW	91	M / 11	00:15:07 / 12	00:02:45 / 8	01:16:26 / 58	00:00:42 / 28	00:37:14 / 3	02:12:13	00:13:00
12	648	WOJCIK Jurek		POL TRIWISE	84	M / 12	00:16:08 / 37	00:03:01 / 34	01:08:55 / 4	00:01:01 / 6	00:44:25 / 78	02:13:29	00:14:16
13	24	LEWANDOWSKI Maciej		POL #DASHRADE TEAM	89	M / 13	00:16:16 / 42	00:02:34 / 26	01:13:38 / 29	00:00:55 / 19	00:40:46 / 20	02:14:08	00:14:55
14	611	RABENDA Marcin		POL OLAWA ZŁOTORYJA	75	M / 14	00:17:42 / 106	00:03:00 / 73	01:14:11 / 35	00:00:53 / 37	00:38:32 / 10	02:14:18	00:15:05
15	747	KOTFICA Paulina		POL GVT BMC	86	K / 1	00:14:41 / 8	00:02:27 / 4	01:12:10 / 20	00:00:52 / 10	00:44:20 / 74	02:14:30	00:15:16
16	476	KOBUSIŃSKI Adrian		POL FITSTYLE TEAM	87	M / 15	00:18:06 / 132	00:03:03 / 99	01:09:18 / 5	00:01:37 / 15	00:42:51 / 47	02:14:54	00:15:40
17	645	MUSIAŁ Dawid		POL HAGER SPORT TEAM	84	M / 16	00:16:33 / 54	00:03:02 / 45	01:12:58 / 25	00:00:53 / 20	00:41:37 / 28	02:15:02	00:15:48
18	570	MARKIEWICZ Marcin		POL ŻELAZNA ŚWIDNICA	72	M / 17	00:15:14 / 15	00:02:40 / 10	01:11:54 / 18	00:00:59 / 12	00:44:18 / 73	02:15:04	00:15:51
19	655	CEBERAK Bartosz		POL REPREZENTACJA KGP	88	M / 18	00:14:25 / 5	00:03:10 / 6	01:19:08 / 100	00:01:17 / 52	00:37:19 / 4	02:15:19	00:16:05
20	662	MANIAK Adam		POL JELCZ TRIATHLON PROJECT	79	M / 19	00:17:33 / 99	00:02:47 / 63	01:14:01 / 31	00:01:05 / 33	00:40:19 / 18	02:15:45	00:16:31
21	525	KRUPA Adam		POL	79	M / 20	00:16:10 / 38	00:03:05 / 38	01:13:23 / 28	00:01:08 / 22	00:42:23 / 43	02:16:08	00:16:55
22	487	MESSYASZ Krzysztof		POL KP PSP OŁAWA	81	M / 21	00:17:27 / 95	00:02:35 / 58	01:12:42 / 21	00:00:50 / 21	00:42:38 / 45	02:16:12	00:16:58
23	225	KRÓL Maciej		POL TRIWISE TRIATHLON TEAM	95	M / 22	00:15:46 / 26	00:03:15 / 31	01:12:55 / 22	00:00:46 / 17	00:43:46 / 62	02:16:28	00:17:14
24	10	JEDOWSKI Maciej		POL ENDURE TEAM	81	M / 23	00:15:59 / 32	00:03:11 / 35	01:11:34 / 16	00:01:15 / 14	00:44:43 / 88	02:16:42	00:17:28
25	297	ŁUKASZEWICZ Dawid		POL #NARTYOK.PL	87	M / 24	00:15:41 / 24	00:03:52 / 44	01:14:10 / 34	00:01:15 / 27	00:41:45 / 29	02:16:43	00:17:29
26	468	MROCZKOWSKI Karol		POL #DASHRADE TMTEAM	90	M / 25	00:14:45 / 9	00:03:11 / 11	01:15:35 / 48	00:01:05 / 26	00:42:09 / 38	02:16:45	00:17:31
27	458	KENDRA Pavlo		POL TMTEAM	91	M / 26	00:18:43 / 171	00:03:24 / 148	01:13:51 / 30	00:00:41 / 43	00:41:25 / 26	02:18:04	00:18:50

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
28	641	CHROBOT Mariusz		POL TRIMP - TRIATHLON IMPULSE	79	M / 27	00:19:05 / 194	00:02:44 / 137	01:11:50 / 17	00:00:56 / 25	00:43:33 / 58	02:18:07	00:18:53
29	34	WALKOWIAK Dariusz		POL ENERGIAPORT.PL	81	M / 28	00:17:18 / 87	00:03:33 / 77	01:12:07 / 19	00:01:07 / 23	00:44:13 / 68	02:18:18	00:19:04
30	560	SABAT Piotr		POL CKKTRENING.PL	83	M / 29	00:16:40 / 59	00:03:29 / 59	01:16:02 / 55	00:01:36 / 49	00:40:46 / 21	02:18:33	00:19:19
31	685	DOLEŻEK Krystian		POL KWP SZCZECIN	79	M / 30	00:16:04 / 33	00:03:00 / 33	01:14:56 / 41	00:01:12 / 29	00:43:43 / 61	02:18:55	00:19:42
32	683	SZUL Daniel		POL REPREZENTACJA KOMENDY GŁÓWNEJ POLICJI	82	M / 31	00:17:20 / 91	00:03:16 / 71	01:14:28 / 36	00:00:58 / 39	00:42:55 / 48	02:18:57	00:19:44
33	760	BORCZYK Janisz		POL OLIMPIUS		M / 32	00:15:26 / 18	00:02:34 / 12	01:14:02 / 32	00:01:20 / 18	00:45:40 / 106	02:19:01	00:19:48
34	70	SUCHECKI Łukasz		POL	91	M / 33	00:18:13 / 142	00:02:54 / 97	01:16:23 / 57	00:00:54 / 58	00:40:42 / 19	02:19:06	00:19:53
35	737	ŚMIGIELSKI Michał		POL TEAM PAPRY	85	M / 34	00:16:32 / 51	00:02:39 / 36	01:17:03 / 65	00:00:47 / 45	00:42:16 / 40	02:19:16	00:20:03
36	180	WOŁODKO Grzegorz		POL	77	M / 35	00:17:44 / 107	00:03:20 / 92	01:09:28 / 8	00:02:08 / 16	00:46:51 / 140	02:19:30	00:20:17
37	60	STODÓŁKA Szymon		POL LENIWIEC	86	M / 36	00:17:59 / 122	00:02:46 / 75	01:12:56 / 24	00:01:39 / 30	00:44:12 / 67	02:19:32	00:20:18
38	102	CHERNOBRIVENKO Sergey		POL GT RAT	87	M / 37	00:17:53 / 111	00:03:20 / 103	01:16:00 / 54	00:00:44 / 51	00:42:00 / 34	02:19:56	00:20:43
39	256	ŚRODA Michał		POL TMTEAM	85	M / 38	00:18:37 / 166	00:02:43 / 111	01:15:38 / 49	00:01:13 / 55	00:42:05 / 35	02:20:16	00:21:02
40	354	STWORA Dawid		POL POLICJA BIELSKO-BIAŁA	77	M / 39	00:18:26 / 157	00:02:36 / 89	01:18:52 / 95	00:00:37 / 73	00:39:58 / 13	02:20:28	00:21:15
41	235	PYKA Marek		POL CHOP ZE ŻELAZA TRI TEAM	77	M / 40	00:16:56 / 73	00:03:03 / 54	01:16:14 / 56	00:00:56 / 46	00:43:29 / 56	02:20:37	00:21:24
42	620	FOLGA Marek		POL TEAM KARASŃ	75	M / 41	00:16:06 / 35	00:03:54 / 56	01:16:59 / 64	00:01:21 / 56	00:42:20 / 42	02:20:39	00:21:25
43	453	WRZESZCZ Mariusz		POL	91	M / 42	00:16:47 / 63	00:02:39 / 41	01:15:31 / 47	00:00:45 / 35	00:44:59 / 92	02:20:40	00:21:26
44	730	CHOROLEWSKI Paweł		POL TRI DZIK	90	M / 43	00:15:32 / 21	00:02:43 / 16	01:16:40 / 62	00:00:47 / 36	00:45:07 / 94	02:20:49	00:21:35
45	512	GRYCMAN Łukasz		POL SPARTA ULTRA TEAM	78	M / 44	00:16:51 / 69	00:03:32 / 67	01:15:17 / 45	00:00:52 / 42	00:44:33 / 82	02:21:04	00:21:50
46	606	BIALEK Tomasz		POL TRIMP / GT RAT	84	M / 45	00:17:03 / 77	00:03:15 / 61	01:13:12 / 27	00:00:50 / 24	00:46:50 / 139	02:21:09	00:21:56
47	748	BOHATER Piotr		POL REPREZENTACJA KGP	78	M / 46	00:15:57 / 31	00:02:48 / 25	01:16:36 / 60	00:00:54 / 40	00:44:58 / 91	02:21:13	00:21:59
48	597	SAM Verheyden		POL TMTEAM	85	M / 47	00:16:06 / 34	00:02:38 / 23	01:18:58 / 98	00:00:56 / 59	00:42:43 / 46	02:21:20	00:22:07
49	79	MACIUSZEK Łukasz		POL	86	M / 48	00:17:56 / 116	00:02:58 / 81	01:18:07 / 78	00:01:07 / 66	00:41:13 / 25	02:21:20	00:22:07
50	729	KRAWCZYK Bernard		POL TRINERGY	77	M / 49	00:16:50 / 68	00:03:12 / 57	01:14:02 / 33	00:01:37 / 34	00:45:48 / 112	02:21:29	00:22:15
51	519	KARCH Tomasz		POL ŻELAZNA ŚWIDNICA	82	M / 50	00:15:38 / 23	00:02:38 / 17	01:20:13 / 132	00:01:11 / 64	00:41:56 / 31	02:21:35	00:22:22
52	348	KNURA Karol		POL	90	M / 51	00:16:56 / 72	00:02:55 / 51	01:17:17 / 68	00:01:16 / 57	00:43:26 / 53	02:21:49	00:22:36
53	346	RADECKI Maciej		POL GVT	82	M / 52	00:18:28 / 159	00:03:26 / 141	01:14:39 / 39	00:01:07 / 48	00:44:22 / 76	02:22:02	00:22:48
54	612	GRASZA Dariusz		POL GT RAT	75	M / 53	00:17:14 / 84	00:04:02 / 107	01:18:18 / 84	00:01:44 / 83	00:41:05 / 24	02:22:22	00:23:09
55	67	ŚWIERCZEWSKI Piotr		POL	74	M / 54	00:15:37 / 22	00:03:33 / 37	01:14:56 / 40	00:01:14 / 31	00:47:21 / 152	02:22:41	00:23:27
56	404	ZAŁUBSKI Jacek		POL JELCZ TRIATHLON PROJECT	85	M / 55	00:18:53 / 182	00:03:16 / 152	01:17:43 / 75	00:01:01 / 76	00:41:58 / 32	02:22:51	00:23:37
57	414	KURCZYCKI Michał		POL WANIEWSKI COACHING	79	M / 56	00:16:44 / 62	00:02:54 / 48	01:15:18 / 46	00:00:58 / 38	00:47:04 / 144	02:22:57	00:23:43
58	733	MAERTENS Martin		GER	92	M / 57	00:20:39 / 309	00:03:54 / 281	01:13:04 / 26	00:01:05 / 60	00:44:16 / 69	02:22:57	00:23:44
59	669	WILINSKI Lukasz		POL	82	M / 58	00:17:07 / 79	00:02:52 / 55	01:16:45 / 63	00:01:18 / 53	00:45:14 / 97	02:23:15	00:24:01
60	134	NOWOSIELSKI Andrzej		POL KONITEX ANDRZEJ NOWOSIELSKI SP.JW	70	M / 59	00:18:07 / 133	00:02:47 / 82	01:15:13 / 44	00:01:09 / 47	00:46:03 / 116	02:23:18	00:24:05

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
61	557	STRUK Maciej		POL AĘ TRI CLUB		79M40/19 M / 60	00:19:06 / 196	00:03:46 / 186	01:14:57 / 42	00:01:00 / 62	00:44:31 / 81	02:23:19	00:24:06
62	441	LEŚKO Paweł		POL SPORTS FREAKS POLAND		85M30/28 M / 61	00:17:55 / 113	00:03:29 / 114	01:12:56 / 23	00:01:06 / 32	00:48:03 / 170	02:23:28	00:24:15
63	145	STACH Łukasz		POL		86M30/29 M / 62	00:15:48 / 27	00:02:38 / 20	01:21:57 / 167	00:01:07 / 85	00:42:17 / 41	02:23:47	00:24:33
64	108	KUZYNIN Adam		POL EMPOL BIKE TEAM		74M40/20 M / 63	00:17:36 / 102	00:03:29 / 94	01:19:35 / 107	00:01:06 / 89	00:42:10 / 37	02:23:55	00:24:42
65	199	KOCENDA Wojciech		POL PRO-RUN WROCLAW		85M30/30 M / 64	00:19:02 / 190	00:03:02 / 145	01:20:49 / 141	00:00:55 / 119	00:40:11 / 15	02:23:59	00:24:45
66	558	MAŁECKI Mateusz		POL 111.KEGEL.PL		82M30/31 M / 65	00:22:02 / 416	00:03:52 / 358	01:15:05 / 43	00:01:11 / 93	00:41:54 / 30	02:24:03	00:24:50
67	559	MACIEJEWSKI Karol		POL GT RAT		82M30/32 M / 66	00:18:03 / 127	00:03:01 / 91	01:14:36 / 38	00:01:21 / 44	00:47:03 / 145	02:24:03	00:24:50
68	731	JANUSZ Izabela		POL		94K20/1 K / 2	00:16:19 / 45	00:02:58 / 39	01:17:36 / 74	00:00:59 / 50	00:46:14 / 122	02:24:06	00:24:52
69	218	WACHOWSKI Łukasz		POL SHOOTING DRILL ACADEMY		83M30/33 M / 67	00:19:21 / 214	00:03:03 / 169	01:16:38 / 61	00:01:24 / 72	00:44:07 / 64	02:24:32	00:25:19
70	507	ŚLIWA Krzysztof		POL NIEGRZECZNE MTB		81M30/34 M / 68	00:17:17 / 86	00:03:16 / 70	01:18:33 / 89	00:01:11 / 69	00:44:23 / 77	02:24:40	00:25:26
71	675	TRZUPEK Michał		POL KPP CZLUCHÓW		82M30/35 M / 69	00:20:48 / 319	00:03:05 / 234	01:20:05 / 126	00:00:54 / 137	00:40:12 / 16	02:25:04	00:25:51
72	120	JUSZCZYŃSKI Robert		POL PAN		96M20/14 M / 70	00:15:41 / 25	00:03:12 / 28	01:19:30 / 106	00:01:07 / 63	00:45:44 / 108	02:25:13	00:26:00
73	403	JASICZEK Radek		POL GLKS ŻELAZNA ŚWIDNICA		79M40/21 M / 71	00:17:10 / 83	00:03:12 / 66	01:18:51 / 94	00:01:02 / 68	00:45:03 / 93	02:25:17	00:26:04
74	217	MARTYNOWSKI Łukasz		POL		82M30/36 M / 72	00:17:01 / 74	00:03:21 / 65	01:18:57 / 97	00:01:33 / 75	00:44:38 / 83	02:25:29	00:26:16
75	534	HAJNOS-MAŁECKA Maria		POL SLOWMOTION 111.KEGEL.PL		84K30/2 K / 3	00:17:03 / 76	00:03:10 / 60	01:20:02 / 122	00:01:12 / 84	00:44:07 / 65	02:25:34	00:26:20
76	260	KARPIEWSKI Łukasz		POL LAB. KROTOSZYN		88M30/37 M / 73	00:18:17 / 147	00:00:9 / 14	01:27:30 / 301	00:02:06 / 183	00:37:55 / 7	02:25:38	00:26:25
77	226	SŁOMCZYŃSKI Bartosz		POL GT KONA		78M40/22 M / 74	00:18:16 / 144	00:02:52 / 98	01:17:47 / 76	00:01:16 / 67	00:45:30 / 102	02:25:40	00:26:27
78	407	ZAWADZKI Tomasz		POL		84M30/38 M / 75	00:18:51 / 175	00:04:02 / 188	01:17:04 / 66	00:01:15 / 82	00:44:41 / 84	02:25:53	00:26:39
79	283	WOJCIESZKO Piotr		POL GVT		81M30/39 M / 76	00:18:26 / 156	00:03:05 / 122	01:20:14 / 134	00:01:10 / 104	00:43:26 / 54	02:26:21	00:27:07
80	365	JACHIMIAK Michał		POL		00M18/1 M / 77	00:18:18 / 149	00:02:57 / 106	01:19:48 / 115	00:01:46 / 101	00:43:36 / 59	02:26:25	00:27:11
81	161	DZIEMBOWSKI Łukasz		POL TMTEAM		84M30/40 M / 78	00:18:52 / 178	00:03:26 / 165	01:17:25 / 70	00:00:53 / 74	00:46:12 / 120	02:26:47	00:27:33
82	529	BORAL Hubert		POL WWW.EXPRESSION.PL WWW.POL-PAPIER.PL		82M30/41 M / 79	00:19:15 / 205	00:03:24 / 179	01:17:26 / 71	00:00:55 / 80	00:45:56 / 114	02:26:55	00:27:42
83	640	JANISZEWSKI Wojciech		POL TRIWISE		88M30/42 M / 80	00:16:12 / 39	00:03:35 / 50	01:23:01 / 193	00:01:07 / 120	00:43:01 / 50	02:26:56	00:27:42
84	538	WENDLAND Paweł		POL		80M30/43 M / 81	00:21:32 / 383	00:03:46 / 332	01:18:29 / 86	00:01:21 / 142	00:41:59 / 33	02:27:07	00:27:53
85	262	HADRYŚ Tomasz		POL TMTEAM		87M30/44 M / 82	00:18:25 / 154	00:03:24 / 138	01:22:06 / 172	00:01:06 / 141	00:42:07 / 36	02:27:07	00:27:54
86	31	DUDA Dorian		POL GT RAT		92M20/15 M / 83	00:19:08 / 198	00:03:13 / 168	01:18:10 / 80	00:01:06 / 86	00:45:33 / 105	02:27:09	00:27:56
87	122	ANDRZEJCZAK Adam		POL 3M TRIATHLON TEAM		85M30/45 M / 84	00:17:18 / 88	00:04:22 / 127	01:20:07 / 130	00:01:03 / 102	00:44:21 / 75	02:27:10	00:27:57
88	636	GRYSZLEWICZ Paweł		POL GVT		87M30/46 M / 85	00:17:58 / 119	00:03:01 / 85	01:17:50 / 77	00:01:12 / 65	00:47:18 / 149	02:27:19	00:28:06
89	644	ZADKA Paweł		POL OLEŚNICKA GRUPA TRIATHLONOWA		86M30/47 M / 86	00:18:15 / 143	00:03:29 / 131	01:19:11 / 103	00:01:17 / 94	00:45:16 / 99	02:27:28	00:28:14
90	530	SLIWA Maciej		POL FGPE TEAM		83M30/48 M / 87	00:17:42 / 105	00:03:20 / 88	01:18:50 / 93	00:01:55 / 90	00:45:45 / 110	02:27:31	00:28:18
91	660	KOCZAJEWSKI Seweryn		POL		76M40/23 M / 88	00:16:17 / 43	00:03:12 / 43	01:21:21 / 154	00:01:03 / 91	00:45:43 / 107	02:27:36	00:28:23
92	37	OLENDER Grzegorz		POL		78M40/24 M / 89	00:17:25 / 93	00:04:08 / 125	01:19:53 / 118	00:00:53 / 97	00:45:18 / 100	02:27:36	00:28:23
93	66	KUBICZEK Grzegorz		POL		85M30/49 M / 90	00:20:54 / 328	00:03:22 / 259	01:19:45 / 114	00:01:08 / 145	00:42:33 / 44	02:27:41	00:28:27

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.	
94	749	KOSICKI Radosław		POL		M / 91	00:17:04 / 78	00:03:16 / 62	01:19:36 / 108	00:01:01 / 79	00:46:47 / 138	02:27:43	00:28:30	
95	279	KUBIAK Przemysław		POL PRO-RUN WROCLAW		72M40/25	M / 92	00:20:10 / 270	00:03:47 / 238	01:18:12 / 81	00:01:21 / 113	00:44:30 / 80	02:28:00	00:28:46
96	688	CUPA Ireneusz		POL KWP BYDGOSZCZ		73M40/26	M / 93	00:18:34 / 164	00:03:42 / 162	01:16:35 / 59	00:01:32 / 71	00:47:42 / 157	02:28:05	00:28:51
97	482	KONCZAK Waldek		POL VALDISPORT		82M30/50	M / 94	00:14:52 / 11	00:03:15 / 13	01:19:48 / 116	00:00:47 / 61	00:49:28 / 223	02:28:10	00:28:56
98	665	WIŚNIEWSKI Krzysztof		POL KSP REPREZENTACJA KGP		89M30/51	M / 95	00:17:25 / 92	00:04:16 / 128	01:22:14 / 176	00:01:14 / 144	00:43:03 / 51	02:28:12	00:28:58
99	212	BORKOWSKI Paweł		POL KOLARZ POLANICA		87M30/52	M / 96	00:20:13 / 274	00:02:25 / 178	01:20:05 / 128	00:01:13 / 121	00:44:17 / 71	02:28:13	00:28:59
100	182	MATEUSIAK Tomasz		POL		79M40/27	M / 97	00:20:13 / 275	00:04:25 / 288	01:18:43 / 92	00:01:16 / 132	00:43:37 / 60	02:28:14	00:29:01
101	325	LICHACZ Miłosz		POL		83M30/53	M / 98	00:17:53 / 112	00:03:12 / 93	01:18:56 / 96	00:01:38 / 87	00:46:37 / 133	02:28:16	00:29:02
102	450	SZCZĘŚNY Filip		POL GVT		75M40/28	M / 99	00:19:39 / 231	00:03:44 / 209	01:18:08 / 79	00:01:20 / 103	00:45:31 / 103	02:28:21	00:29:08
103	387	KLAPUCH Michał		POL		80M30/54	M / 100	00:17:59 / 120	00:03:31 / 121	01:20:03 / 123	00:01:23 / 105	00:45:33 / 104	02:28:29	00:29:15
104	309	HCAVATIK Jan		CZE RACING OLESNA		85M30/55	M / 101	00:24:50 / 533	00:06:02 / 552	01:14:31 / 37	00:01:44 / 170	00:41:30 / 27	02:28:37	00:29:23
105	438	SURMAŃSKI Jacek		POL PANORAMA FIRM TRI TEAM		80M30/56	M / 102	00:18:51 / 176	00:03:21 / 155	01:17:11 / 67	00:01:31 / 77	00:47:48 / 163	02:28:42	00:29:28
106	166	SEREDYŃSKI Przemysław		POL SZKROBASY		82M30/57	M / 103	00:17:33 / 97	00:03:11 / 74	01:19:23 / 104	00:00:50 / 78	00:48:05 / 171	02:29:01	00:29:47
107	668	KORPECKI Krzysztof		POL		82M30/58	M / 104	00:19:46 / 242	00:03:04 / 185	01:19:30 / 105	00:00:55 / 108	00:45:49 / 113	02:29:04	00:29:50
108	298	LIPUTA Grzesiek		POL BACKRUNNERS WROCLAW		89M30/59	M / 105	00:20:37 / 302	00:04:36 / 322	01:18:30 / 87	00:02:33 / 157	00:43:05 / 52	02:29:20	00:30:06
109	27	PAPIERSKI Tomasz		POL		74M40/29	M / 106	00:18:58 / 189	00:03:39 / 177	01:20:28 / 137	00:01:06 / 125	00:45:15 / 98	02:29:25	00:30:12
110	650	KIELAR Mirosław		POL GVT		78M40/30	M / 107	00:17:33 / 98	00:03:18 / 78	01:19:44 / 112	00:01:07 / 88	00:47:46 / 161	02:29:28	00:30:14
111	509	ADAMIAK Jakub		POL LITWIN TRIATHLON TEAM		88M30/60	M / 108	00:17:20 / 89	00:03:33 / 79	01:21:40 / 159	00:00:51 / 110	00:46:08 / 119	02:29:31	00:30:17
112	572	MARKOWSKI Wojciech		POL MARCUS TEAM		83M30/61	M / 109	00:25:08 / 547	00:03:51 / 500	01:15:54 / 51	00:01:07 / 152	00:43:32 / 57	02:29:32	00:30:18
113	269	JANUSZKO Krzysztof		POL GLKS ŻELAZNA ŚWIDNICA		82M30/62	M / 110	00:16:49 / 66	00:03:04 / 52	01:23:01 / 192	00:01:38 / 128	00:45:08 / 95	02:29:39	00:30:26
114	164	FUTOMA Rafał		POL FUTEREK TEAM		79M40/31	M / 111	00:17:36 / 101	00:03:27 / 90	01:21:13 / 151	00:00:54 / 107	00:46:33 / 130	02:29:42	00:30:29
115	329	HALSKA Ania		POL ENDURE TEAM		84K30/3	K / 4	00:17:29 / 96	00:03:46 / 105	01:22:05 / 171	00:01:13 / 129	00:45:11 / 96	02:29:44	00:30:30
116	659	FIEDOROW Szymon		POL		73M40/32	M / 112	00:18:18 / 146	00:03:29 / 133	01:19:49 / 117	00:01:49 / 111	00:46:24 / 127	02:29:48	00:30:35
117	35	GRZEGORCZYK Patryk		POL		83M30/63	M / 113	00:18:55 / 184	00:03:20 / 161	01:20:35 / 140	00:00:56 / 118	00:46:04 / 117	02:29:49	00:30:36
118	363	ŚWIĘCICKI Daniel		POL		79M40/33	M / 114	00:18:11 / 138	00:04:57 / 197	01:23:17 / 201	00:01:12 / 180	00:42:15 / 39	02:29:51	00:30:38
119	104	SKOREK Magda		POL		84K30/4	K / 5	00:18:27 / 158	00:02:53 / 112	01:21:16 / 153	00:00:50 / 112	00:46:39 / 135	02:30:05	00:30:52
120	357	KONDRACKI Łukasz		POL		83M30/64	M / 115	00:16:14 / 40	00:03:22 / 47	01:21:23 / 155	00:01:23 / 99	00:47:45 / 160	02:30:07	00:30:53
121	591	KOWAL Boris		FRA		86M30/65	M / 116	00:16:29 / 49	00:03:29 / 53	01:19:45 / 113	00:01:23 / 81	00:49:19 / 215	02:30:24	00:31:11
122	480	FOJTAR Zbigniew		POL EL TORO LOCO		72M40/34	M / 117	00:16:38 / 58	00:04:39 / 109	01:18:28 / 85	00:02:19 / 92	00:48:28 / 185	02:30:32	00:31:18
123	277	BIRECKI Michał		POL GT KONA		94M20/16	M / 118	00:17:59 / 121	00:03:01 / 86	01:15:58 / 53	00:01:11 / 54	00:52:24 / 314	02:30:33	00:31:20
124	682	SZELIŃSKI Adam		POL KGP		72M40/35	M / 119	00:18:41 / 169	00:02:52 / 124	01:21:05 / 146	00:01:29 / 123	00:46:29 / 129	02:30:36	00:31:22
125	201	BIELAWSKI Damian		POL RAGABA MEBLE TEAM		80M30/66	M / 120	00:17:10 / 82	00:03:45 / 83	01:19:59 / 120	00:01:20 / 95	00:48:26 / 184	02:30:39	00:31:25
126	29	GLÓD Mateusz		POL		79M40/36	M / 121	00:19:34 / 227	00:03:50 / 211	01:19:40 / 110	00:02:56 / 151	00:44:42 / 86	02:30:42	00:31:28
127	755	ANTOSIEK Tomasz		POL TMTEAM			M / 122	00:20:06 / 267	00:03:34 / 223	01:20:31 / 139	00:00:58 / 143	00:45:45 / 111	02:30:53	00:31:39

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
128	434	KORZEŃ Artur		POL JELCZ TRIATHLON PROJECT	76M40/37	M / 123	00:19:35 / 228	00:03:46 / 208	01:23:10 / 197	00:01:25 / 189	00:42:58 / 49	02:30:53	00:31:40
129	147	TROKA Paweł		POL KPP CZŁUCHÓW	86M30/67	M / 124	00:15:07 / 13	00:02:33 / 7	01:28:12 / 326	00:00:42 / 163	00:44:26 / 79	02:30:59	00:31:46
130	595	LEŚNIAK Karolina		POL TMTEAM	83K30/5	K / 6	00:19:02 / 191	00:02:56 / 142	01:21:45 / 163	00:01:15 / 140	00:46:04 / 118	02:31:02	00:31:49
131	427	NOLBERT Adam		POL	70M40/38	M / 125	00:17:45 / 108	00:04:03 / 135	01:23:09 / 196	00:01:28 / 161	00:44:43 / 87	02:31:08	00:31:54
132	511	HARTMAN Patrycjusz		POL	82M30/68	M / 126	00:20:37 / 300	00:03:14 / 228	01:19:37 / 109	00:01:25 / 138	00:46:19 / 125	02:31:12	00:31:58
133	518	WYDMUCH Marek		POL	62M50/1	M / 127	00:17:08 / 81	00:03:38 / 76	01:20:28 / 138	00:01:32 / 100	00:48:39 / 189	02:31:25	00:32:11
134	417	ŁĄŻNIEWSKI Dawid		POL KUDOWIANKA CYKLON PROAL TEAM	87M30/69	M / 128	00:20:39 / 306	00:03:40 / 262	01:19:07 / 99	00:02:11 / 148	00:45:56 / 115	02:31:32	00:32:19
135	281	SZCZUROWSKI Mariusz		POL MIŁO3 BYTOM ODRZAŃSKI	84M30/70	M / 129	00:19:41 / 238	00:03:39 / 205	01:20:03 / 124	00:01:31 / 139	00:46:58 / 143	02:31:51	00:32:38
136	584	GŁÓWKA Paweł		POL TMTEAM	91M20/17	M / 130	00:20:46 / 317	00:03:05 / 230	01:20:13 / 133	00:01:13 / 146	00:46:40 / 136	02:31:57	00:32:43
137	45	MAREK Rafał		POL KT ŻYWIEC, SPPP BIELSKO-BIAŁA	92M20/18	M / 131	00:22:18 / 427	00:04:15 / 392	01:20:07 / 129	00:01:06 / 186	00:44:12 / 66	02:31:58	00:32:44
138	94	BOROWIK Marcin		POL	79M40/39	M / 132	00:20:03 / 263	00:03:51 / 236	01:19:42 / 111	00:01:09 / 136	00:47:16 / 147	02:32:00	00:32:47
139	278	GRYGIEL Leszek		POL PRO-RUN WROCŁAW	69M50/2	M / 133	00:21:02 / 346	00:03:37 / 290	01:18:42 / 91	00:01:21 / 135	00:47:21 / 151	02:32:02	00:32:49
140	501	PROMIRSKI Norbert		POL RH SWIM WROCŁAW	71M40/40	M / 134	00:21:23 / 371	00:03:07 / 278	01:22:49 / 190	00:00:54 / 193	00:43:51 / 63	02:32:04	00:32:50
141	129	PIĄTKOWSKI Marcin		POL GIRA SIĘ KRĘCI	83M30/71	M / 135	00:18:29 / 160	00:03:37 / 147	01:20:18 / 135	00:01:55 / 126	00:47:49 / 164	02:32:07	00:32:54
142	392	FONROBERT Dominik		POL GT RAT	77M40/41	M / 136	00:20:12 / 273	00:03:41 / 235	01:18:17 / 83	00:01:13 / 109	00:49:11 / 209	02:32:34	00:33:20
143	138	BARAN Jarosław		POL TRIACTIV RIDLEY	74M40/42	M / 137	00:19:18 / 209	00:03:08 / 171	01:21:06 / 148	00:01:02 / 131	00:48:10 / 174	02:32:44	00:33:30
144	495	WIŚNIEWSKI Piotr		POL GVT	72M40/43	M / 138	00:16:47 / 65	00:03:50 / 72	01:21:54 / 166	00:01:14 / 117	00:49:10 / 208	02:32:54	00:33:41
145	1	SIPURZYŃSKI Marcin		POL TMTEAM	81M30/72	M / 139	00:19:08 / 199	00:03:42 / 184	01:18:12 / 82	00:01:14 / 96	00:50:50 / 264	02:33:05	00:33:51
146	68	KRZESAJ Mariusz		POL MULTIFIT	85M30/73	M / 140	00:18:45 / 172	00:03:28 / 156	01:21:01 / 143	00:01:28 / 134	00:48:24 / 181	02:33:05	00:33:52
147	478	KAUCKA Alicja		POL	88K30/6	K / 7	00:18:43 / 170	00:03:31 / 160	01:22:37 / 185	00:01:07 / 150	00:47:09 / 146	02:33:07	00:33:53
148	676	ŁOZIŃSKI Wojciech		POL	77M40/44	M / 141	00:19:33 / 226	00:04:16 / 227	01:18:34 / 90	00:01:16 / 115	00:49:29 / 225	02:33:08	00:33:54
149	647	CHYLARECKI Robert		POL GVT	69M50/3	M / 142	00:19:19 / 210	00:03:15 / 174	01:20:21 / 136	00:01:10 / 122	00:49:38 / 232	02:33:42	00:34:28
150	670	KLIMCZAK Marcin		POL TMTEAM	75M40/45	M / 143	00:22:43 / 449	00:03:19 / 373	01:17:27 / 72	00:01:04 / 130	00:49:31 / 226	02:34:04	00:34:50
151	516	ZALEWSKI Igor		POL TRIATHLON CLUB WROCŁAW		M / 144	00:20:30 / 295	00:03:52 / 267	01:23:36 / 208	00:01:26 / 216	00:44:41 / 85	02:34:05	00:34:52
152	259	SZCZEPANIK Robert		POL	73M40/46	M / 145	00:21:22 / 370	00:05:33 / 405	01:27:41 / 304	00:01:51 / 339	00:37:59 / 8	02:34:26	00:35:12
153	332	DURMAJ Bartek		POL LITWIN TRIATHLON TEAM	84M30/74	M / 146	00:18:33 / 162	00:03:11 / 130	01:23:34 / 207	00:01:58 / 173	00:47:21 / 150	02:34:36	00:35:23
154	193	GORLOWSKI Emil		POL ŻELAZNA ŚWIDNICA	79M40/47	M / 147	00:20:19 / 282	00:03:05 / 212	01:19:10 / 101	00:00:31 / 106	00:51:38 / 288	02:34:42	00:35:29
155	452	RECZUCH Tomek		POL	76M40/48	M / 148	00:16:54 / 70	00:03:59 / 80	01:24:10 / 214	00:01:43 / 165	00:48:13 / 176	02:34:59	00:35:46
156	287	LASSOTA Artur		POL	69M50/4	M / 149	00:18:39 / 168	00:03:34 / 157	01:19:11 / 102	00:02:18 / 116	00:51:20 / 282	02:35:02	00:35:48
157	163	TACIAK Robert		POL WTT	85M30/75	M / 150	00:22:17 / 425	00:04:00 / 380	01:15:57 / 52	00:01:24 / 114	00:51:38 / 287	02:35:16	00:36:02
158	586	MASŁOWSKI Michał		POL TMTEAM	75M40/49	M / 151	00:17:46 / 109	00:03:50 / 126	01:25:09 / 237	00:01:19 / 192	00:47:23 / 153	02:35:26	00:36:12
159	384	KUBICKI Tomasz		POL KUBISIA TEAM OLEŚNICA ,OLEŚNICKA GRUPA TRIATHLONOWA	69M50/5	M / 152	00:18:24 / 151	00:03:46 / 153	01:22:52 / 191	00:01:15 / 158	00:49:16 / 212	02:35:32	00:36:19
160	143	CUBER Piotr		POL CTS/KSP	78M40/50	M / 153	00:21:02 / 347	00:03:38 / 291	01:24:52 / 229	00:01:48 / 250	00:44:17 / 70	02:35:37	00:36:23

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.	
161	46	IDZIKOWSKI Maciej		POL		90M20/19	M / 154	00:17:37 / 103	00:03:43 / 110	01:21:59 / 168	00:01:20 / 133	00:50:59 / 272	02:35:37	00:36:23
162	364	ŚWIĘCICKI Piotr		POL		80M30/76	M / 155	00:22:23 / 430	00:03:46 / 375	01:22:48 / 189	00:01:16 / 225	00:45:28 / 101	02:35:41	00:36:28
163	383	LACH Sebastian		POL UKS ZNICZ TRIATHLON		76M40/51	M / 156	00:20:19 / 281	00:03:55 / 258	01:21:41 / 160	00:01:54 / 187	00:47:53 / 166	02:35:41	00:36:28
164	581	TARNOWSKI Adrian		POL COLLINS AEROSPACE		94M20/20	M / 157	00:18:57 / 187	00:04:29 / 215	01:27:28 / 299	00:01:33 / 270	00:43:29 / 55	02:35:55	00:36:42
165	469	ŻURKOWSKI Daniel		POL GT RAT		88M30/77	M / 158	00:20:11 / 271	00:03:40 / 231	01:21:32 / 156	00:01:13 / 164	00:49:22 / 220	02:35:58	00:36:44
166	288	LIS Rafał		POL TRIATHLON CLUB WROCLAW		74M40/52	M / 159	00:19:54 / 254	00:04:13 / 249	01:21:05 / 147	00:01:51 / 168	00:48:58 / 199	02:36:01	00:36:47
167	204	NASKRĘTSKI Andrzej		POL		79M40/53	M / 160	00:18:34 / 165	00:03:44 / 166	01:24:20 / 217	00:01:08 / 184	00:48:21 / 179	02:36:06	00:36:53
168	318	NOWAKOWSKI Jakub		POL SWIMMINGLAB		93M20/21	M / 161	00:15:09 / 14	00:03:45 / 29	01:24:32 / 222	00:01:52 / 147	00:50:52 / 269	02:36:09	00:36:55
169	728	BANASIK Wojciech		POL		87M30/78	M / 162	00:18:02 / 126	00:04:01 / 144	01:22:29 / 183	00:01:24 / 149	00:50:16 / 250	02:36:12	00:36:58
170	528	BORAL Piotr		POL		81M30/79	M / 163	00:17:56 / 118	00:03:33 / 119	01:23:31 / 204	00:01:14 / 156	00:49:59 / 242	02:36:12	00:36:59
171	289	KWINTA Sławomir		POL GT RAT		77M40/54	M / 164	00:19:24 / 218	00:03:37 / 193	01:23:30 / 202	00:00:59 / 178	00:48:45 / 191	02:36:15	00:37:02
172	436	KOTRA Jacek		POL WATACHA		81M30/80	M / 165	00:17:41 / 104	00:03:50 / 123	01:24:31 / 221	00:01:29 / 179	00:48:47 / 194	02:36:18	00:37:05
173	306	LEWICKI Łukasz		POL JELCZ TRIATHLON PROJECT		79M40/55	M / 166	00:20:50 / 326	00:03:57 / 292	01:23:02 / 194	00:01:38 / 217	00:46:55 / 141	02:36:21	00:37:07
174	123	ŁESEJKO Mateusz		POL		79M40/56	M / 167	00:18:58 / 188	00:04:06 / 196	01:21:14 / 152	00:01:52 / 154	00:50:16 / 249	02:36:26	00:37:12
175	738	MICHALSKI Jakub		POL		94M20/22	M / 168	00:18:55 / 183	00:04:33 / 216	01:22:12 / 175	00:01:27 / 169	00:49:42 / 234	02:36:49	00:37:35
176	91	PIETRZYK Piotr		POL TRIFAMILY		84M30/81	M / 169	00:19:45 / 241	00:02:24 / 150	01:25:10 / 238	00:01:00 / 195	00:48:31 / 187	02:36:50	00:37:36
177	114	GÓRSKI Łukasz		POL		82M30/82	M / 170	00:18:22 / 150	00:03:26 / 134	01:25:09 / 236	00:00:57 / 188	00:49:03 / 202	02:36:56	00:37:43
178	605	KRUPINSKI Jakub		POL TMTEAM / EDI-TEAM		84M30/83	M / 171	00:19:49 / 244	00:03:43 / 220	01:27:47 / 311	00:01:21 / 275	00:44:18 / 72	02:36:57	00:37:44
179	744	RADKO Krystian		POL GVT		76M40/57	M / 172	00:17:55 / 115	00:03:29 / 115	01:17:33 / 73	00:01:25 / 70	00:56:41 / 448	02:37:02	00:37:49
180	300	WORONOWICZ Konrad		POL MORSY OŚNO LUBUSKIE		91M20/23	M / 173	00:18:56 / 185	00:03:10 / 146	01:24:22 / 218	00:00:57 / 176	00:49:38 / 231	02:37:02	00:37:49
181	23	RABSKI Tomek		POL		88M30/84	M / 174	00:19:39 / 233	00:04:32 / 253	01:25:19 / 241	00:01:13 / 237	00:46:23 / 126	02:37:06	00:37:52
182	419	LEWANDOWSKI Wojciech		POL TMTEAM		84M30/85	M / 175	00:19:22 / 216	00:03:46 / 198	01:25:25 / 245	00:02:25 / 243	00:46:12 / 121	02:37:10	00:37:56
183	62	SUCHY Przemek		POL TMT		77M40/58	M / 176	00:20:55 / 329	00:04:35 / 340	01:22:00 / 170	00:01:20 / 202	00:48:24 / 180	02:37:13	00:38:00
184	496	ORŁOWSKI Kamil		POL PIK		85M30/86	M / 177	00:20:16 / 276	00:03:43 / 239	01:22:21 / 182	00:01:27 / 185	00:49:37 / 230	02:37:23	00:38:09
185	112	ŚCIGAŁA Waldemar		POL		74M40/59	M / 178	00:16:23 / 46	00:04:43 / 95	01:25:51 / 254	00:01:16 / 194	00:49:12 / 210	02:37:24	00:38:11
186	494	JAWORSKI Piotr		POL		86M30/87	M / 179	00:19:18 / 207	00:04:33 / 229	01:24:10 / 215	00:01:07 / 210	00:48:26 / 183	02:37:33	00:38:20
187	546	BOGUCKI Oskar		POL ŻARY TRIATHLON TEAM		74M40/60	M / 180	00:16:15 / 41	00:03:09 / 40	01:28:43 / 339	00:01:21 / 219	00:48:07 / 173	02:37:35	00:38:21
188	95	KSIĘŻAREK Łukasz		POL		81M30/88	M / 181	00:20:58 / 332	00:04:21 / 331	01:22:00 / 169	00:01:03 / 196	00:49:23 / 221	02:37:44	00:38:30
189	292	KITKOWSKI Arkadiusz		POL SUPERSNOW		76M40/61	M / 182	00:21:11 / 358	00:03:25 / 284	01:21:44 / 162	00:01:03 / 175	00:50:26 / 254	02:37:48	00:38:35
190	149	NOWAK Adam		POL		85M30/89	M / 183	00:18:03 / 128	00:03:07 / 101	01:25:18 / 240	00:00:59 / 177	00:50:31 / 258	02:37:58	00:38:44
191	48	PACUŁA Paweł		POL TEAMKARAS		78M40/62	M / 184	00:18:11 / 137	00:03:32 / 129	01:22:18 / 179	00:02:12 / 155	00:51:47 / 292	02:38:00	00:38:46
192	740	STERMACH Irek		POL		61M50/6	M / 185	00:20:16 / 277	00:03:58 / 257	01:24:00 / 213	00:01:49 / 223	00:48:00 / 169	02:38:02	00:38:49
193	261	ŚREDZIŃSKI Łukasz		POL GT RAT		79M40/63	M / 186	00:16:37 / 57	00:03:09 / 49	01:27:11 / 289	00:01:51 / 201	00:49:18 / 214	02:38:05	00:38:52
194	610	GRESZTA Piotr		POL TMTEAM		75M40/64	M / 187	00:19:22 / 215	00:03:52 / 201	01:24:44 / 224	00:01:09 / 208	00:49:01 / 201	02:38:08	00:38:54

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
195	672	CZECHOWSKI Paweł		POL IPA WROCLAW	79M40/65	M / 188	00:18:04 / 129	00:04:09 / 158	01:26:30 / 275	00:01:11 / 221	00:48:17 / 177	02:38:10	00:38:57
196	531	HOLYST Andrzej		POL AKTYWNA NOWA RUDA	81M30/90	M / 189	00:20:43 / 314	00:04:15 / 305	01:23:15 / 198	00:01:00 / 212	00:49:04 / 203	02:38:17	00:39:03
197	465	KUROWSKI Adam		POL LTT	74M40/66	M / 190	00:19:57 / 256	00:04:17 / 256	01:24:54 / 231	00:01:33 / 236	00:47:43 / 158	02:38:24	00:39:10
198	28	MICHALAK Wojtek		POL	83M30/91	M / 191	00:19:40 / 234	00:03:14 / 189	01:23:44 / 211	00:01:04 / 182	00:50:47 / 263	02:38:28	00:39:15
199	632	PAPROCKI Przemek		POL DECATHLON BIELANY WROCLAWSKIE	86M30/92	M / 192	00:23:55 / 499	00:03:22 / 427	01:19:57 / 119	00:01:38 / 203	00:49:48 / 240	02:38:39	00:39:26
200	121	ROMAŃCZYK Jarosław		POL HURAGAN	77M40/67	M / 193	00:19:13 / 203	00:04:00 / 200	01:26:11 / 268	00:01:30 / 240	00:47:46 / 162	02:38:39	00:39:26
201	444	PIETYSZUK Dariusz		POL PIETYSZUK EXTREME TEAM	77M40/68	M / 194	00:21:19 / 364	00:04:35 / 361	01:23:32 / 206	00:01:23 / 239	00:47:53 / 167	02:38:41	00:39:27
202	370	WŁODARCZYK Wiktor		POL JAS-KÓŁKA	94M20/24	M / 195	00:20:32 / 297	00:04:40 / 320	01:22:21 / 181	00:01:42 / 213	00:49:33 / 227	02:38:47	00:39:33
203	13	OTTENBREIT Adrian		POL TEAMKARAŚ	87M30/93	M / 196	00:18:02 / 124	00:03:50 / 139	01:21:03 / 145	00:01:13 / 124	00:54:40 / 387	02:38:47	00:39:33
204	175	KUROWSKI Wojciech		POL TRIACTIV RIDLEY	80M30/94	M / 197	00:19:51 / 250	00:04:31 / 266	01:20:09 / 131	00:01:37 / 153	00:52:50 / 331	02:38:57	00:39:44
205	736	MICHALIK Konrad		POL KSR NOWY TOMYŚL	85M30/95	M / 198	00:19:27 / 222	00:04:29 / 237	01:20:05 / 125	00:02:17 / 159	00:52:47 / 330	02:39:05	00:39:51
206	232	ZATOŃ Cezary		POL TRIACTIV RIDLEY	81M30/96	M / 199	00:24:51 / 534	00:03:31 / 482	01:21:02 / 144	00:00:58 / 226	00:48:46 / 193	02:39:08	00:39:54
207	248	CIKOTO Krzysztof		POL	79M40/69	M / 200	00:18:57 / 186	00:04:51 / 226	01:26:09 / 267	00:01:52 / 260	00:47:24 / 154	02:39:13	00:40:00
208	336	DZIUBA Dariusz		POL NO NAME	77M40/70	M / 201	00:17:07 / 80	00:04:05 / 102	01:25:54 / 258	00:01:28 / 199	00:50:45 / 261	02:39:18	00:40:05
209	391	SEMPIK Robert		POL PRO-RUN WROCLAW	73M40/71	M / 202	00:19:58 / 258	00:04:26 / 270	01:24:57 / 233	00:01:26 / 238	00:48:35 / 188	02:39:21	00:40:08
210	432	NOWAK Adam		POL TAB2	76M40/72	M / 203	00:19:05 / 195	00:03:40 / 181	01:25:38 / 250	00:02:17 / 235	00:48:48 / 195	02:39:28	00:40:14
211	504	POSZELEZNY Dariusz		POL JTENDO	74M40/73	M / 204	00:21:08 / 352	00:03:45 / 297	01:23:54 / 212	00:02:17 / 244	00:48:29 / 186	02:39:33	00:40:19
212	545	MINKINA Maciej		POL	87M30/97	M / 205	00:19:40 / 235	00:03:45 / 213	01:22:36 / 184	00:01:17 / 174	00:52:25 / 315	02:39:43	00:40:29
213	520	NOWICKI Kacper		POL	96M20/25	M / 206	00:26:42 / 579	00:03:45 / 542	01:17:20 / 69	00:01:07 / 204	00:50:51 / 266	02:39:45	00:40:31
214	502	MŁYNARCZUK Marcin		POL	83M30/98	M / 207	00:21:01 / 343	00:04:56 / 366	01:21:33 / 157	00:01:18 / 200	00:51:01 / 274	02:39:48	00:40:35
215	751	KULIŚ Jakub		POL RAFAKO TRITEAM	90M20/26	M / 208	00:17:54 / 114	00:04:15 / 151	01:25:55 / 257	00:01:02 / 207	00:50:44 / 260	02:39:50	00:40:37
216	677	PANAS Iwona		POL CHEŁMSKA GRUPA TRIATHLONOWA	84K30/7	K / 8	00:16:49 / 67	00:03:40 / 69	01:27:43 / 306	00:01:05 / 214	00:50:35 / 259	02:39:51	00:40:37
217	753	MATYLA Roman		POL TMTEAM	86M30/99	M / 209	00:19:53 / 253	00:03:10 / 194	01:24:52 / 230	00:01:01 / 205	00:50:55 / 271	02:39:51	00:40:38
218	315	GALARA Grzegorz		POL	86M30/100	M / 210	00:20:30 / 296	00:05:18 / 354	01:27:47 / 309	00:01:32 / 312	00:44:52 / 90	02:39:59	00:40:45
219	216	BORUCKI Witold		POL JELCZ TRIATHLON PROJECT	80M30/101	M / 211	00:21:44 / 395	00:03:29 / 321	01:26:59 / 283	00:01:14 / 283	00:46:36 / 132	02:40:01	00:40:48
220	371	POLEWSKI Wojciech		POL ZAGŁĘBIE WAŁBRZYCH	72M40/74	M / 212	00:19:18 / 208	00:04:25 / 225	01:24:28 / 219	00:01:13 / 215	00:50:47 / 262	02:40:10	00:40:57
221	594	JASKUŁA Katarzyna		POL TMTEAM	79K40/1	K / 9	00:21:05 / 350	00:03:48 / 298	01:23:32 / 205	00:01:57 / 228	00:49:50 / 241	02:40:11	00:40:57
222	271	SKÓRA Tomasz		POL LITWIN TRIATHLON TEAM	73M40/75	M / 213	00:21:54 / 404	00:03:46 / 349	01:27:27 / 298	00:01:20 / 301	00:45:44 / 109	02:40:11	00:40:57
223	42	ZDRZAŁKA Tomasz		POL	81M30/102	M / 214	00:19:55 / 255	00:04:28 / 269	01:18:31 / 88	00:01:33 / 127	00:55:51 / 425	02:40:18	00:41:04
224	111	HALKO Daniel		POL W ĆWIERCI Z ŻELAZA	90M20/27	M / 215	00:21:20 / 367	00:03:10 / 276	01:26:29 / 274	00:01:17 / 266	00:48:05 / 172	02:40:20	00:41:07
225	600	PLAWIAK Anna		POL GT RAT	83K30/8	K / 10	00:20:44 / 315	00:04:20 / 311	01:28:04 / 320	00:01:08 / 298	00:46:18 / 124	02:40:33	00:41:20
226	388	STADNICKI Łukasz		POL	87M30/103	M / 216	00:19:26 / 219	00:04:36 / 243	01:26:31 / 276	00:02:50 / 282	00:47:26 / 155	02:40:49	00:41:35
227	44	WILGUCKI Marek		POL	89M30/104	M / 217	00:20:34 / 299	00:03:07 / 224	01:25:41 / 251	00:01:08 / 231	00:50:26 / 253	02:40:55	00:41:41
228	649	BETLEJ Hubert		POL DECATHLON BIELANY WROCLAWSKIE	82M30/105	M / 218	00:22:20 / 428	00:03:38 / 367	01:20:05 / 127	00:01:13 / 172	00:53:40 / 356	02:40:55	00:41:41

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rowing Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
229	585	ŚMIETANA Marcin		POL TMTEAM		75M40/76 M / 219	00:16:18 / 44	00:03:18 / 46	01:30:23 / 388	00:01:38 / 254	00:49:21 / 219	02:40:58	00:41:44
230	741	MINTA Paweł		POL		89M30/106 M / 220	00:20:59 / 338	00:03:27 / 274	01:21:43 / 161	00:01:05 / 171	00:53:54 / 364	02:41:08	00:41:54
231	661	SIERADZAN Grzegorz		POL OLEŚNICKA GRUPA TRIATHLONOWA		77M40/77 M / 221	00:20:50 / 325	00:03:59 / 294	01:23:40 / 209	00:01:37 / 224	00:51:05 / 277	02:41:10	00:41:57
232	39	LEWANDOWSKI Marek		POL LEWIN BIEGA		82M30/107 M / 222	00:21:37 / 387	00:04:25 / 371	01:21:12 / 150	00:01:14 / 198	00:52:44 / 327	02:41:11	00:41:57
233	233	KIELBASA Paweł		POL GT RAT		78M40/78 M / 223	00:23:25 / 473	00:03:36 / 412	01:21:10 / 149	00:01:41 / 220	00:51:37 / 286	02:41:29	00:42:15
234	651	NESTOROWICZ Konrad		POL		75M40/79 M / 224	00:18:53 / 180	00:04:25 / 204	01:21:46 / 164	00:01:44 / 166	00:54:42 / 389	02:41:29	00:42:16
235	408	MACIEJEWSKI Marcin		POL TMTEAM		90M20/28 M / 225	00:20:50 / 324	00:04:44 / 342	01:22:19 / 180	00:01:34 / 218	00:52:15 / 304	02:41:42	00:42:28
236	116	WIECZOREK Katarzyna		POL		89K30/9 K / 11	00:18:25 / 153	00:03:20 / 132	01:27:12 / 290	00:02:21 / 247	00:50:28 / 255	02:41:46	00:42:32
237	746	KARGOL Paweł		POL OLEŚNICKA GRUPA TRIATHLONOWA		78M40/80 M / 226	00:21:19 / 366	00:03:52 / 319	01:22:47 / 187	00:01:14 / 211	00:52:43 / 326	02:41:54	00:42:41
238	228	PODGÓRSKI Tomasz		POL		79M40/81 M / 227	00:20:09 / 268	00:05:07 / 328	01:27:17 / 293	00:02:52 / 318	00:46:47 / 137	02:42:12	00:42:58
239	265	ZAPAŁA Łukasz		POL		82M30/108 M / 228	00:20:06 / 266	00:04:13 / 263	01:22:15 / 177	00:01:53 / 197	00:53:47 / 362	02:42:14	00:43:00
240	382	WIŚNIEWSKI Filip		POL		88M30/109 M / 229	00:21:17 / 363	00:04:04 / 334	01:26:37 / 279	00:01:29 / 284	00:48:52 / 198	02:42:18	00:43:05
241	273	SROKA Michał		POL TMTEAM		80M30/110 M / 230	00:16:06 / 36	00:04:18 / 68	01:24:49 / 226	00:01:11 / 160	00:55:55 / 428	02:42:19	00:43:05
242	377	MLAK Kazimierz		POL WIELKA SOWA		58M60/1 M / 231	00:23:26 / 474	00:04:11 / 446	01:25:06 / 235	00:01:25 / 296	00:48:12 / 175	02:42:20	00:43:06
243	571	STANEK Marek		POL		82M30/111 M / 232	00:19:44 / 240	00:04:21 / 247	01:25:46 / 252	00:01:28 / 248	00:51:06 / 278	02:42:25	00:43:12
244	506	ZAMOJSKI Sebastian		POL		70M40/82 M / 233	00:23:52 / 497	00:05:31 / 513	01:22:45 / 186	00:01:45 / 289	00:48:41 / 190	02:42:34	00:43:21
245	237	KAMIŃSKI Grzegorz		POL KB SOBÓTKA		84M30/112 M / 234	00:20:49 / 320	00:05:05 / 362	01:24:56 / 232	00:01:31 / 267	00:50:18 / 251	02:42:39	00:43:25
246	234	POSACKI Zbigniew		POL WOŁÓW BIEGA		77M40/83 M / 235	00:22:50 / 453	00:04:39 / 437	01:27:08 / 288	00:01:25 / 328	00:46:38 / 134	02:42:40	00:43:27
247	317	JELONEK Piotr		POL		76M40/84 M / 236	00:19:20 / 211	00:04:55 / 260	01:24:18 / 216	00:01:53 / 229	00:52:16 / 306	02:42:42	00:43:29
248	742	MARKOWSKI Dariusz		POL LITWIN TRIATHLON TEAM		59M60/2 M / 237	00:21:22 / 368	00:03:13 / 283	01:25:17 / 239	00:01:14 / 245	00:51:44 / 290	02:42:50	00:43:36
249	635	BEDNARCZYK Paweł		POL DECATHLON BIELANY WROCŁAWSKIE		94M20/29 M / 238	00:14:32 / 6	00:04:08 / 22	01:31:11 / 395	00:01:33 / 251	00:51:32 / 284	02:42:56	00:43:42
250	264	MIELCAREK Dawid		POL		93M20/30 M / 239	00:20:42 / 311	00:03:22 / 245	01:27:48 / 312	00:01:30 / 281	00:49:43 / 236	02:43:04	00:43:51
251	168	SIWIASZCZYK Arkadiusz		POL GT RAT		83M30/113 M / 240	00:25:33 / 559	00:04:00 / 520	01:25:58 / 259	00:01:07 / 342	00:46:27 / 128	02:43:05	00:43:51
252	575	MARCZYŃSKI Maciej		POL		69M50/7 M / 241	00:16:32 / 53	00:04:54 / 118	01:27:00 / 284	00:01:31 / 222	00:53:09 / 340	02:43:06	00:43:52
253	162	KOŁODZIEJ Mariusz		POL TMTEAM		77M40/85 M / 242	00:19:09 / 201	00:03:26 / 175	01:24:47 / 225	00:01:46 / 209	00:54:00 / 369	02:43:07	00:43:54
254	734	POLAK Krzysztof		POL KLUB KOLARSKI SOKÓŁ STALOWA WOLA		58M60/3 M / 243	00:21:11 / 359	00:04:12 / 337	01:15:46 / 50	00:01:13 / 98	01:00:53 / 539	02:43:15	00:44:01
255	150	SIKORSKI Wojciech		POL		77M40/86 M / 244	00:20:49 / 323	00:04:01 / 295	01:31:28 / 404	00:02:09 / 370	00:44:50 / 89	02:43:17	00:44:04
256	681	PALKA Jacek		POL KWP KRAKÓW		79M40/87 M / 245	00:21:28 / 378	00:03:32 / 307	01:24:42 / 223	00:01:13 / 242	00:52:26 / 316	02:43:21	00:44:07
257	603	NOWAK Grzegorz		POL TMTEAM		64M50/8 M / 246	00:18:09 / 135	00:03:53 / 143	01:27:53 / 315	00:01:37 / 253	00:51:49 / 293	02:43:21	00:44:07
258	58	WITKA Tomasz		POL		85M30/114 M / 247	00:23:11 / 467	00:04:40 / 454	01:24:49 / 227	00:02:52 / 320	00:47:55 / 168	02:43:26	00:44:13
259	274	ŚWIĄTEK Piotr		POL IRONSAINT		76M40/88 M / 248	00:25:00 / 541	00:03:04 / 470	01:21:50 / 165	00:01:21 / 246	00:52:17 / 307	02:43:31	00:44:18
260	637	SIERADZKI Rafał		POL TRIATHLON CLUB WROCŁW		75M40/89 M / 249	00:18:50 / 174	00:04:24 / 202	01:22:17 / 178	00:01:22 / 167	00:56:54 / 458	02:43:47	00:44:34
261	165	AUGUSTYN Adam		POL		80M30/115 M / 250	00:20:22 / 284	00:03:57 / 264	01:29:43 / 368	00:00:55 / 308	00:48:51 / 197	02:43:48	00:44:34
262	176	WARMUŁA Piotr		POL TMTEAM		74M40/90 M / 251	00:18:10 / 136	00:03:12 / 113	01:25:00 / 234	00:01:42 / 191	00:55:50 / 424	02:43:54	00:44:40

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
263	32	STANISZEWSKI Jacek		POL		81M30/116 M / 252	00:20:33 / 298	00:04:34 / 314	01:29:17 / 351	00:02:00 / 337	00:47:34 / 156	02:43:57	00:44:43
264	471	SZYWALSKI Alan		POL MULTIFIT		88M30/117 M / 253	00:25:19 / 552	00:03:43 / 503	01:26:49 / 282	00:01:09 / 345	00:46:58 / 142	02:43:57	00:44:44
265	543	RĘDZIO Piotr		POL		94M20/31 M / 254	00:21:00 / 340	00:04:59 / 368	01:25:24 / 243	00:01:37 / 277	00:51:00 / 273	02:43:59	00:44:46
266	96	GAŁEK Anna		POL		82K30/10 K / 12	00:20:48 / 318	00:04:11 / 306	01:28:27 / 335	00:01:08 / 303	00:49:28 / 224	02:44:02	00:44:48
267	56	MICIAK Krzysztof		POL GVT		67M50/9 M / 255	00:21:44 / 397	00:04:09 / 359	01:26:33 / 277	00:02:57 / 316	00:48:45 / 192	02:44:08	00:44:55
268	667	SZPOCIŃSKA Sylwia		POL GT RAT		84K30/11 K / 13	00:17:20 / 90	00:03:47 / 96	01:29:12 / 348	00:01:20 / 257	00:52:31 / 318	02:44:09	00:44:55
269	587	WIECZOREK Rafał		POL WTT/TIETOTRIATHLONTEAM		85M30/118 M / 256	00:20:39 / 308	00:03:23 / 242	01:24:51 / 228	00:01:36 / 230	00:53:44 / 359	02:44:13	00:44:59
270	52	ŚWIDERSKI Piotr		POL		76M40/91 M / 257	00:20:25 / 286	00:03:46 / 252	01:31:54 / 409	00:00:57 / 346	00:47:18 / 148	02:44:19	00:45:06
271	326	KALUŻA Michał		POL		96M20/32 M / 258	00:21:01 / 344	00:03:56 / 302	01:27:54 / 317	00:01:15 / 295	00:50:15 / 248	02:44:20	00:45:07
272	533	CZADO Artur		POL BOLERO TEAM		91M20/33 M / 259	00:18:48 / 173	00:03:48 / 176	01:29:20 / 354	00:01:04 / 276	00:51:32 / 285	02:44:32	00:45:18
273	457	GOLEMIEC Kazimierz		POL KERMI POLSKA		65M50/10 M / 260	00:20:23 / 285	00:03:40 / 244	01:23:17 / 199	00:01:46 / 206	00:55:27 / 409	02:44:33	00:45:19
274	356	BACZYŃSKI Marcin		POL 3M RUNNING TEAM		79M40/92 M / 261	00:18:53 / 179	00:04:27 / 206	01:27:17 / 292	00:01:31 / 263	00:52:34 / 320	02:44:41	00:45:28
275	307	DOMAGAŁA Marcin		POL		79M40/93 M / 262	00:24:44 / 530	00:04:56 / 523	01:23:31 / 203	00:02:13 / 317	00:49:21 / 217	02:44:44	00:45:31
276	599	RYŚ Jerzy		POL OPP KATOWICE		87M30/119 M / 263	00:19:15 / 206	00:04:37 / 233	01:25:22 / 242	00:01:26 / 233	00:54:14 / 375	02:44:53	00:45:39
277	250	SALAŁA Roman		POL BIKE TEAM TEMPO WAŁBRZYCH		78M40/94 M / 264	00:20:30 / 294	00:04:37 / 313	01:27:37 / 303	00:01:11 / 291	00:51:03 / 276	02:44:58	00:45:45
278	358	JĘDRZEJCZYK Natalia		POL TRIWAWA		85K30/12 K / 14	00:18:25 / 152	00:04:34 / 192	01:27:42 / 305	00:01:58 / 274	00:52:22 / 311	02:45:01	00:45:47
279	548	MEDYK Damian		POL		88M30/120 M / 265	00:21:24 / 373	00:04:29 / 357	01:31:13 / 398	00:01:41 / 376	00:46:18 / 123	02:45:05	00:45:51
280	646	ANDREJÓW Mariusz		POL GVT		70M40/95 M / 266	00:27:51 / 593	00:03:54 / 565	01:20:01 / 121	00:03:16 / 310	00:50:10 / 245	02:45:12	00:45:58
281	626	JABŁOŃSKI Paweł		POL KUDOWIANKA RUN		77M40/96 M / 267	00:23:50 / 494	00:04:11 / 465	01:26:03 / 261	00:02:12 / 335	00:48:58 / 200	02:45:14	00:46:00
282	22	CHMIELUK Grzegorz		POL		90M20/34 M / 268	00:16:40 / 60	00:04:21 / 87	01:33:01 / 424	00:01:42 / 323	00:49:35 / 229	02:45:19	00:46:05
283	119	KRAŚNIEWSKI Daniel		POL GVT		84M30/121 M / 269	00:16:57 / 71	00:04:13 / 100	01:25:25 / 246	00:01:02 / 181	00:58:01 / 483	02:45:37	00:46:24
284	53	BARANOWSKI Krzysztof		POL		85M30/122 M / 270	00:19:27 / 220	00:05:47 / 324	01:25:51 / 253	00:02:13 / 278	00:52:34 / 322	02:45:52	00:46:38
285	115	KALISKI Piotr		POL		74M40/97 M / 271	00:18:19 / 148	00:03:50 / 149	01:27:47 / 310	00:00:59 / 241	00:55:07 / 403	02:46:01	00:46:48
286	63	DUDEK Krzysztof		POL STRZEGOMSKA DWUNASTKA		74M40/98 M / 272	00:25:39 / 562	00:03:48 / 518	01:26:20 / 272	00:01:51 / 360	00:48:25 / 182	02:46:02	00:46:49
287	327	LINDNER Marek		POL		80M30/123 M / 273	00:20:59 / 337	00:04:49 / 352	01:26:16 / 270	00:01:40 / 288	00:52:25 / 313	02:46:08	00:46:54
288	601	BIZIEL Michał		POL TMTEAM		74M40/99 M / 274	00:19:03 / 192	00:03:26 / 172	01:28:16 / 331	00:01:38 / 268	00:53:46 / 360	02:46:09	00:46:55
289	448	KOCHANOWSKI Rafał		POL TRANS EKSPERT		76M40/100 M / 275	00:22:02 / 415	00:03:58 / 369	01:28:47 / 341	00:01:20 / 330	00:50:03 / 244	02:46:09	00:46:56
290	752	LAJTNER Mirosław		POL TRI TIMME		85M30/124 M / 276	00:20:37 / 305	00:04:38 / 327	01:29:39 / 365	00:00:51 / 325	00:50:30 / 257	02:46:15	00:47:01
291	12	MACIANTOWICZ Wojciech		POL		76M40/101 M / 277	00:19:50 / 248	00:04:44 / 282	01:27:17 / 295	00:02:12 / 294	00:52:15 / 302	02:46:17	00:47:04
292	583	ZGARDA Jacek		POL TMTEAM		77M40/102 M / 278	00:18:02 / 125	00:03:12 / 104	01:28:52 / 343	00:01:34 / 258	00:54:40 / 388	02:46:20	00:47:06
293	618	ADAMCZYK Grzegorz		POL STS BIEGATON MIKOŁÓW		74M40/103 M / 279	00:23:32 / 478	00:04:04 / 445	01:28:24 / 333	00:01:28 / 357	00:49:09 / 207	02:46:37	00:47:23
294	184	ŚWIECKI Szymon		POL		85M30/125 M / 280	00:22:24 / 431	00:05:30 / 460	01:25:28 / 247	00:01:54 / 314	00:51:22 / 283	02:46:38	00:47:24
295	293	JĘDRZEJEWSKI Jakub		POL BOSCH		87M30/126 M / 281	00:22:42 / 448	00:04:03 / 396	01:27:05 / 286	00:01:46 / 321	00:51:14 / 280	02:46:49	00:47:35
296	343	BORKOWSKI Mariusz		POL		75M40/104 M / 282	00:20:17 / 279	00:04:36 / 296	01:30:23 / 389	00:01:51 / 349	00:49:43 / 237	02:46:50	00:47:36

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
297	393	KWOLEK Jaroslaw		POL		64M50/11 M / 283	00:20:39 / 307	00:03:28 / 248	01:28:14 / 327	00:01:09 / 285	00:53:21 / 346	02:46:50	00:47:37
298	513	MALINOWSKI Piotr		POL STACHOWSCY.EU		91M20/35 M / 284	00:24:31 / 523	00:04:33 / 505	01:26:05 / 264	00:01:17 / 338	00:50:29 / 256	02:46:55	00:47:42
299	592	STRĄCALA Paweł		POL STROXWARE		90M20/36 M / 285	00:19:29 / 225	00:04:22 / 232	01:26:05 / 263	00:01:23 / 249	00:55:36 / 416	02:46:55	00:47:42
300	551	RÓŻYCKI Łukasz		POL		75M40/105 M / 286	00:18:04 / 130	00:04:13 / 164	01:27:43 / 307	00:01:54 / 261	00:55:03 / 400	02:46:57	00:47:43
301	579	ENGEL Krzysztof		POL		86M30/127 M / 287	00:24:30 / 521	00:04:51 / 512	01:20:51 / 142	00:01:14 / 252	00:55:31 / 412	02:46:57	00:47:44
302	85	OTOLIŃSKI Tomasz		POL TWOJA STARA		87M30/128 M / 288	00:19:07 / 197	00:04:16 / 210	01:30:02 / 377	00:01:30 / 307	00:52:10 / 301	02:47:05	00:47:51
303	132	KLEMENTOWSKI Jan		POL KLEMENS TEAM		76M40/106 M / 289	00:18:26 / 155	00:05:08 / 221	01:25:51 / 255	00:01:15 / 234	00:56:27 / 439	02:47:06	00:47:52
304	220	MILANOWSKI Krzysztof		POL		89M30/129 M / 290	00:19:14 / 204	00:06:55 / 377	01:27:34 / 302	00:02:25 / 331	00:51:02 / 275	02:47:10	00:47:56
305	320	BIELAWSKI Robert		POL KANCELARIA BIELAWSKI		71M40/107 M / 291	00:21:27 / 374	00:03:49 / 326	01:26:44 / 280	00:01:39 / 287	00:53:40 / 355	02:47:18	00:48:04
306	381	KALITA Katarzyna		POL ŻELAZNA ŚWIDNICA		89K30/13 K / 15	00:21:00 / 339	00:03:25 / 272	01:27:51 / 314	00:01:04 / 280	00:54:17 / 377	02:47:36	00:48:23
307	173	WALECZEK Sławomir		POL		76M40/108 M / 292	00:24:09 / 505	00:06:13 / 540	01:25:37 / 249	00:02:42 / 373	00:49:03 / 204	02:47:44	00:48:30
308	615	MATYSIK Konrad		POL		84M30/130 M / 293	00:24:11 / 509	00:05:44 / 527	01:23:17 / 200	00:01:31 / 306	00:53:08 / 339	02:47:51	00:48:37
309	386	KŁODNICKI Kacper		POL OGT		94M20/37 M / 294	00:19:35 / 229	00:04:38 / 254	01:33:14 / 428	00:01:16 / 375	00:49:15 / 211	02:47:58	00:48:44
310	195	SZUBERT Wojciech		POL		78M40/109 M / 295	00:19:41 / 237	00:04:18 / 240	01:29:13 / 349	00:01:27 / 305	00:53:22 / 348	02:48:00	00:48:47
311	359	KUCZYŃSKA Kinga		POL KS KOZIOŁEK KĘDZIERZYN-KOŹLE		93K20/2 K / 16	00:23:54 / 498	00:03:37 / 438	01:26:04 / 262	00:00:59 / 304	00:53:29 / 349	02:48:03	00:48:50
312	598	AUGUSTYNOWICZ Andrzej		POL GRUPA TECHNICZNA		77M40/110 M / 296	00:22:51 / 454	00:05:01 / 455	01:23:43 / 210	00:01:43 / 279	00:54:55 / 397	02:48:13	00:48:59
313	552	OSZMIĄNCZUK Marcin		POL ŻARY TRIATHOL TEAM		75M40/111 M / 297	00:17:34 / 100	00:04:38 / 154	01:27:04 / 287	00:01:21 / 232	00:57:40 / 480	02:48:17	00:49:03
314	156	DESZYŃSKI Damian		POL		78M40/112 M / 298	00:23:49 / 493	00:03:54 / 449	01:29:38 / 363	00:01:37 / 379	00:49:20 / 218	02:48:18	00:49:04
315	89	WANKIEWICZ Krzysztof		POL WANKIEWICZ KRZYSZTOF		74M40/113 M / 299	00:19:21 / 213	00:03:56 / 203	01:27:03 / 285	00:01:19 / 256	00:56:41 / 450	02:48:20	00:49:06
316	447	OLIWIAK Maciej		POL EDC TRI		83M30/131 M / 300	00:20:49 / 322	00:04:34 / 336	01:25:23 / 244	00:01:27 / 265	00:56:11 / 432	02:48:24	00:49:10
317	431	STEFANIAK Marcin		POL WKURW TEAM		75M40/114 M / 301	00:21:50 / 402	00:05:05 / 404	01:28:47 / 340	00:01:54 / 359	00:50:52 / 268	02:48:27	00:49:14
318	526	CYWKA Tomek		POL ZĄBKOWICKA GRUPA BIEGOWA		75M40/115 M / 302	00:22:01 / 411	00:07:02 / 504	01:24:30 / 220	00:01:34 / 311	00:53:21 / 345	02:48:28	00:49:14
FRANKENSTEIN													
319	631	KANDEFER Robert		POL		72M40/116 M / 303	00:20:26 / 288	00:04:45 / 318	01:29:21 / 355	00:01:44 / 336	00:52:19 / 309	02:48:35	00:49:21
320	74	WIŚNIEWSKI Tomasz		POL GVT		88M30/132 M / 304	00:15:16 / 17	00:03:28 / 24	01:34:58 / 464	00:01:46 / 319	00:53:08 / 337	02:48:35	00:49:22
321	477	SZELERSKI Piotrek		POL OLEŚNICKA GRUPA TRIATHLONOWA		88M30/133 M / 305	00:22:37 / 441	00:04:17 / 403	01:32:08 / 410	00:01:22 / 403	00:48:18 / 178	02:48:41	00:49:28
322	422	WALIGÓRA Paweł		POL		93M20/38 M / 306	00:21:10 / 357	00:04:38 / 355	01:34:19 / 450	00:02:03 / 433	00:46:33 / 131	02:48:43	00:49:30
323	117	WIĘCKOWSKI Wiktor		POL		87M30/134 M / 307	00:18:08 / 134	00:04:46 / 190	01:27:21 / 297	00:01:54 / 264	00:56:39 / 446	02:48:48	00:49:34
324	172	KĘDZIA Michał		POL MAJKEL		79M40/117 M / 308	00:19:49 / 245	00:05:27 / 329	01:27:20 / 296	00:01:46 / 299	00:54:33 / 382	02:48:55	00:49:41
325	291	OSTROWSKI Waldemar		POL TRIATHLON CLUB WROCŁAW		73M40/118 M / 309	00:22:08 / 417	00:04:51 / 408	01:27:15 / 291	00:02:00 / 334	00:52:46 / 329	02:48:59	00:49:46
326	188	FELKA Dariusz		POL		89M30/135 M / 310	00:19:44 / 239	00:04:29 / 255	01:26:01 / 260	00:01:24 / 255	00:57:32 / 477	02:49:10	00:49:56
327	214	DREWNICKI Sebastian		POL		83M30/136 M / 311	00:25:13 / 548	00:04:38 / 525	01:30:07 / 380	00:01:22 / 416	00:47:51 / 165	02:49:10	00:49:57
328	625	ŚWIEBODA Marek		POL GVT		81M30/137 M / 312	00:23:37 / 485	00:04:08 / 450	01:28:55 / 344	00:01:24 / 363	00:51:07 / 279	02:49:11	00:49:57
329	243	PRZYBYŁO Piotr		POL GT RAT		84M30/138 M / 313	00:20:29 / 293	00:04:33 / 310	01:26:08 / 265	00:01:29 / 273	00:56:43 / 453	02:49:21	00:50:08

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
330	347	BOMBALA Norbert		POL HAKUNA MATATA	74M40/119	M / 314	00:19:59 / 259	00:05:39 / 345	01:26:26 / 273	00:01:59 / 293	00:55:26 / 408	02:49:28	00:50:15
331	503	IWAN Rafał		POL FITWHEELS.EU / BIKESTACJA.PL	81M30/139	M / 315	00:22:40 / 446	00:04:31 / 422	01:21:36 / 158	00:01:35 / 227	00:59:20 / 508	02:49:41	00:50:28
332	491	HAŁADA Łukasz		POL	83M30/140	M / 316	00:17:02 / 75	00:04:24 / 117	01:29:15 / 350	00:01:18 / 262	00:57:53 / 481	02:49:51	00:50:37
333	743	KOSZUT Marek		POL	87M30/141	M / 317	00:21:09 / 354	00:03:58 / 312	01:29:34 / 361	00:01:48 / 340	00:53:30 / 350	02:49:58	00:50:45
334	105	JANICKI Andrzej		POL LITWIN TRIATHLON TEAM	80M30/142	M / 318	00:21:41 / 391	00:04:33 / 379	01:31:40 / 405	00:01:44 / 390	00:50:21 / 252	02:49:59	00:50:45
335	275	GAŚSIOROWSKI Jacek		POL	70M40/120	M / 319	00:22:51 / 455	00:04:10 / 414	01:30:44 / 392	00:01:29 / 384	00:50:50 / 265	02:50:04	00:50:50
336	535	GŁOGOWSKI Mirek		POL	60M50/12	M / 320	00:24:22 / 516	00:04:52 / 507	01:29:32 / 360	00:02:07 / 412	00:49:24 / 222	02:50:16	00:51:03
337	26	KACZOROWSKI Marcin		POL JANOSPORT TEAM LEGNICA	73M40/121	M / 321	00:22:26 / 435	00:03:29 / 364	01:34:34 / 456	00:02:12 / 444	00:47:43 / 159	02:50:24	00:51:10
338	286	RUTKOWSKI Artur		POL	67M50/13	M / 322	00:20:20 / 283	00:06:07 / 386	01:26:09 / 266	00:03:55 / 341	00:53:57 / 366	02:50:27	00:51:13
339	522	ZAWODNIK ANONIMOWY		POL MSPORT	61M50/14	M / 323	00:26:39 / 578	00:04:28 / 555	01:22:09 / 174	00:01:13 / 302	00:56:12 / 435	02:50:41	00:51:27
340	671	PLÓCINICZAK Dominik		POL TKKF TRIATHLON DĄBROWA GÓRNICZA	76M40/122	M / 324	00:21:11 / 360	00:04:28 / 347	01:29:28 / 358	00:02:02 / 350	00:53:34 / 351	02:50:43	00:51:30
341	30	BŁAŻOWSKI Grzegorz		POL	77M40/123	M / 325	00:21:19 / 365	00:04:29 / 353	01:28:00 / 319	00:01:29 / 315	00:55:34 / 413	02:50:50	00:51:37
342	679	SZYPORTA Waldemar		POL ACTIVRUN NAMYSŁÓW	72M40/124	M / 326	00:24:24 / 517	00:04:11 / 489	01:29:20 / 353	00:02:05 / 396	00:50:54 / 270	02:50:53	00:51:40
343	140	SOBKOWIAK Filip		POL	79M40/125	M / 327	00:19:27 / 223	00:05:01 / 275	01:35:25 / 476	00:00:50 / 408	00:50:13 / 246	02:50:55	00:51:42
344	136	FIJAŁKOWSKI Tomasz		POL GMINA STRZELCE OPOLSKIE	80M30/143	M / 328	00:23:43 / 488	00:04:11 / 459	01:29:31 / 359	00:01:22 / 377	00:52:15 / 303	02:51:02	00:51:48
345	4	SAKOWSKI Sebastian		POL LTT	79M40/126	M / 329	00:23:48 / 492	00:06:17 / 532	01:22:07 / 173	00:03:34 / 326	00:55:49 / 423	02:51:34	00:52:21
346	539	FELKEL Mateusz		POL MSPORTTEAM	98M20/39	M / 330	00:22:21 / 429	00:05:08 / 436	01:27:54 / 316	00:01:49 / 351	00:54:26 / 379	02:51:38	00:52:24
347	152	BATOR Rafał		POL	84M30/144	M / 331	00:22:27 / 436	00:05:40 / 471	01:29:57 / 374	00:01:33 / 389	00:52:01 / 298	02:51:38	00:52:25
348	544	CZERNAWSKI Piotr		POL	76M40/127	M / 332	00:21:45 / 396	00:03:57 / 350	01:29:28 / 357	00:00:52 / 327	00:55:38 / 418	02:51:40	00:52:26
349	616	WALEŃSKA Ewa		POL NOA	76K40/2	K / 17	00:24:59 / 539	00:03:46 / 493	01:32:26 / 416	00:01:29 / 443	00:49:04 / 205	02:51:44	00:52:30
350	82	BREWSKA Wanda		POL GT RAT	83K30/14	K / 18	00:24:37 / 525	00:04:05 / 491	01:28:38 / 338	00:01:45 / 382	00:52:39 / 324	02:51:44	00:52:31
351	523	SOBAŃSKI Wojciech		POL PCC SQUAD	80M30/145	M / 333	00:24:11 / 510	00:03:18 / 435	01:27:28 / 300	00:02:09 / 348	00:54:43 / 390	02:51:48	00:52:35
352	282	SOCHA Michał		POL LITWIN TRIATHLON TEAM	82M30/146	M / 334	00:23:46 / 490	00:03:22 / 418	01:30:03 / 379	00:01:01 / 366	00:53:47 / 363	02:51:59	00:52:45
353	445	MACIEJEWSKI Maciej		POL	81M30/147	M / 335	00:23:47 / 491	00:05:02 / 494	01:31:42 / 406	00:01:46 / 438	00:49:45 / 238	02:52:01	00:52:48
354	492	POCIECHA Patryk		POL	84M30/148	M / 336	00:23:50 / 495	00:03:21 / 421	01:26:19 / 271	00:02:14 / 324	00:56:31 / 441	02:52:15	00:53:01
355	109	PRZĄDO Łukasz		POL DELOITTE ADVENTURE TEAM	91M20/40	M / 337	00:21:41 / 390	00:03:45 / 339	01:30:01 / 376	00:01:20 / 343	00:55:35 / 414	02:52:21	00:53:07
356	467	LANKAUF Jacek		POL GT RAT	84M30/149	M / 338	00:20:59 / 336	00:04:57 / 365	01:29:39 / 366	00:01:59 / 358	00:54:50 / 393	02:52:23	00:53:10
357	210	GRANICZNY Krzysztof		POL	70M40/128	M / 339	00:20:51 / 327	00:03:33 / 271	01:27:49 / 313	00:02:00 / 297	00:58:12 / 488	02:52:25	00:53:11
358	36	KRAUZE Tomasz		POL PRO-RUN WROCLAW	67M50/15	M / 340	00:22:49 / 452	00:05:01 / 453	01:30:17 / 384	00:02:22 / 405	00:51:57 / 295	02:52:26	00:53:12
359	118	KULIŚ Jarosław		POL THROWNEWRUNTEAMEXCEPTION	91M20/41	M / 341	00:24:24 / 518	00:04:25 / 495	01:28:36 / 337	00:01:46 / 383	00:53:21 / 347	02:52:32	00:53:18
360	687	NOWICKI Bartosz		POL OPP BYDGOSZCZ	88M30/150	M / 342	00:18:38 / 167	00:03:38 / 163	01:28:11 / 323	00:02:07 / 272	01:00:06 / 524	02:52:40	00:53:27
361	254	KOWALCZYK Tomasz		POL GT KONA	69M50/16	M / 343	00:21:30 / 382	00:03:55 / 338	01:31:22 / 401	00:01:53 / 372	00:54:13 / 374	02:52:52	00:53:39
362	619	HACHOL Tomasz		POL	82M30/151	M / 344	00:19:50 / 249	00:05:05 / 300	01:30:00 / 375	00:01:11 / 329	00:56:49 / 456	02:52:55	00:53:41
363	113	KŁOS Jan		POL	81M30/152	M / 345	00:28:31 / 597	00:04:40 / 593	01:25:28 / 248	00:01:43 / 401	00:52:37 / 323	02:52:59	00:53:46

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
364	270	ŁAZORCZYK Łukasz		POL		97M20/42 M / 346	00:16:40 / 61	00:05:12 / 140	01:33:29 / 434	00:02:02 / 355	00:55:40 / 419	02:53:03	00:53:50
365	608	DANIŁÓW Paweł		POL DP SYNERGIA		73M40/129 M / 347	00:20:56 / 330	00:04:34 / 341	01:26:11 / 269	00:02:14 / 290	00:59:10 / 505	02:53:04	00:53:51
366	398	KUBIS Piotr		POL GVT		69M50/17 M / 348	00:21:47 / 399	00:03:34 / 335	01:30:16 / 383	00:02:31 / 364	00:54:59 / 398	02:53:07	00:53:53
367	330	ZAWODNIK ANONIMOWY		POL		90M20/43 M / 349	00:19:52 / 251	00:03:46 / 222	01:32:20 / 413	00:01:25 / 356	00:55:46 / 422	02:53:09	00:53:56
368	245	WITKO-BŁASZCZYK Sebastian		POL		81M30/153 M / 350	00:21:48 / 401	00:05:41 / 434	01:31:25 / 403	00:01:45 / 407	00:52:31 / 319	02:53:09	00:53:56
369	227	GRADOWSKI Łukasz		POL PG INWESTYCJE		78M40/130 M / 351	00:20:40 / 310	00:04:08 / 293	01:28:05 / 321	00:02:15 / 313	00:58:02 / 485	02:53:10	00:53:56
370	230	SMĘTEK Michał		POL ZIAJA TEAM		73M40/131 M / 352	00:22:28 / 438	00:05:10 / 447	01:28:26 / 334	00:01:15 / 353	00:55:55 / 427	02:53:14	00:54:00
371	55	MIECZKOWSKI Andrzej		POL		82M30/154 M / 353	00:21:23 / 372	00:04:31 / 363	01:28:11 / 322	00:02:06 / 332	00:57:08 / 465	02:53:19	00:54:05
372	155	ŻYMOŁKA Piotr		POL GAZELE MOSZNA		88M30/155 M / 354	00:25:00 / 542	00:04:58 / 528	01:29:52 / 372	00:01:52 / 424	00:51:43 / 289	02:53:24	00:54:11
373	449	SIKORA Wiktor		POL TRIATHLON CLUB WROCŁAW		79M40/132 M / 355	00:18:06 / 131	00:04:37 / 180	01:34:19 / 451	00:01:17 / 367	00:55:10 / 404	02:53:29	00:54:15
374	435	KATA Wiesław		POL		71M40/133 M / 356	00:25:01 / 543	00:05:06 / 534	01:32:23 / 414	00:02:11 / 467	00:49:20 / 216	02:54:00	00:54:46
375	338	GRZEBIELUCHA Jan		GBR		81M30/156 M / 357	00:22:08 / 418	00:05:25 / 440	01:28:16 / 329	00:01:13 / 347	00:56:59 / 464	02:54:01	00:54:47
376	174	SIDOR Adam		POL		72M40/134 M / 358	00:23:05 / 463	00:04:51 / 461	01:28:23 / 332	00:02:23 / 374	00:55:27 / 410	02:54:09	00:54:55
377	485	CZARNECKI Sylwester		POL		75M40/135 M / 359	00:20:05 / 264	00:04:56 / 309	01:33:43 / 438	00:02:36 / 417	00:52:50 / 332	02:54:10	00:54:56
378	524	KOSEK Aleksandra		POL		78K40/3 K / 19	00:22:27 / 437	00:03:43 / 378	01:33:54 / 441	00:01:23 / 422	00:52:44 / 328	02:54:11	00:54:57
379	257	STEPIEN David		POL WILHELMSHAVEN		91M20/44 M / 360	00:25:52 / 568	00:05:20 / 557	01:29:08 / 347	00:01:38 / 431	00:52:18 / 308	02:54:16	00:55:03
380	335	ZIÓLKOWSKI Arkadiusz		POL TMTEAM		74M40/136 M / 361	00:21:46 / 398	00:04:33 / 382	01:34:10 / 447	00:01:55 / 439	00:52:00 / 296	02:54:24	00:55:10
381	241	PAWLUK Tomasz		POL		76M40/137 M / 362	00:25:44 / 564	00:05:59 / 562	01:28:15 / 328	00:01:28 / 420	00:53:02 / 335	02:54:27	00:55:14
382	627	MICHAŁEK Joanna		POL TRIACTIV RIDLEY		90K20/3 K / 20	00:19:26 / 221	00:05:05 / 279	01:28:49 / 342	00:01:41 / 309	00:59:31 / 514	02:54:32	00:55:18
383	310	WILKIN Mirek		POL TMTEAM		71M40/138 M / 363	00:23:57 / 501	00:04:11 / 473	01:31:11 / 397	00:02:15 / 423	00:53:17 / 342	02:54:51	00:55:37
384	205	MROCZEK Łukasz		POL		88M30/157 M / 364	00:20:11 / 272	00:04:21 / 280	01:32:14 / 412	00:01:24 / 365	00:56:42 / 451	02:54:52	00:55:38
385	389	WACH Marcin		POL		81M30/158 M / 365	00:21:04 / 349	00:06:49 / 456	01:34:13 / 449	00:03:08 / 473	00:49:40 / 233	02:54:53	00:55:40
386	328	WASILUK Marek		POL		72M40/139 M / 366	00:19:47 / 243	00:04:31 / 261	01:27:17 / 294	00:02:02 / 286	01:01:17 / 545	02:54:54	00:55:40
387	135	JERZAK Piotr		POL		88M30/159 M / 367	00:21:42 / 394	00:04:58 / 393	01:22:48 / 188	00:02:19 / 259	01:03:13 / 560	02:55:00	00:55:46
388	684	JEŻAK Karolina		POL KSP WARSZAWA KRP WARSZAWA III		89K30/15 K / 21	00:20:28 / 290	00:04:46 / 323	01:34:34 / 457	00:02:21 / 432	00:52:53 / 333	02:55:01	00:55:47
389	87	PLUTA Adam		POL KROTOSZYŃSKA GRUPA BIEGOWA		88M30/160 M / 368	00:21:36 / 385	00:05:30 / 416	01:36:53 / 492	00:01:18 / 475	00:49:47 / 239	02:55:04	00:55:51
390	643	HAWRYLUK Marek		POL PWR/K13		77M40/140 M / 369	00:25:18 / 551	00:04:49 / 533	01:28:11 / 325	00:02:35 / 411	00:54:16 / 376	02:55:08	00:55:54
391	514	DOMINAS Filip		POL		90M20/45 M / 370	00:26:47 / 582	00:03:55 / 547	01:29:53 / 373	00:01:37 / 434	00:52:58 / 334	02:55:09	00:55:56
392	745	KOSICKI Bartłomiej		POL		83M30/161 M / 371	00:20:58 / 333	00:04:22 / 333	01:35:02 / 468	00:01:21 / 425	00:53:36 / 352	02:55:19	00:56:05
393	486	SIERADZKI Marcin		POL		87M30/162 M / 372	00:20:29 / 291	00:05:24 / 360	01:33:03 / 425	00:02:52 / 427	00:53:38 / 353	02:55:25	00:56:12
394	222	KORZYSTKO Piotr		POL OLAWS		80M30/163 M / 373	00:22:25 / 432	00:05:45 / 475	01:30:22 / 387	00:02:56 / 421	00:53:59 / 368	02:55:27	00:56:13
395	604	JURKIEWICZ Tomasz		POL 3M TRIATHLON TEAM		82M30/164 M / 374	00:20:45 / 316	00:04:14 / 308	01:32:53 / 421	00:01:40 / 387	00:55:57 / 430	02:55:29	00:56:15
396	739	SIKORA Rafał		POL OGT		87M30/165 M / 375	00:22:43 / 450	00:04:30 / 423	01:27:58 / 318	00:01:43 / 344	00:58:40 / 496	02:55:34	00:56:20
397	654	PRENTKI Jarosław		POL NSZZP KWP POZNAŃ		68M50/18 M / 376	00:18:11 / 139	00:04:34 / 182	01:29:51 / 371	00:01:25 / 292	01:01:34 / 549	02:55:35	00:56:21

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
398	290	RUDYK Sebastian		POL TRIATHLON CLUB WROCLAW	75M40/141	M / 377	00:21:54 / 405	00:04:33 / 387	01:25:53 / 256	00:02:07 / 300	01:01:10 / 544	02:55:37	00:56:24
399	146	LICHACZ Ania		POL ROK	81K30/16	K / 22	00:22:41 / 447	00:04:19 / 411	01:29:47 / 369	00:01:47 / 371	00:57:10 / 466	02:55:43	00:56:30
400	221	WROTNY Bartosz		POL	93M20/46	M / 378	00:21:29 / 381	00:06:28 / 462	01:37:14 / 495	00:01:52 / 483	00:48:50 / 196	02:55:53	00:56:39
401	213	MASŁOWSKI Jacek		POL JACEK MASŁOWSKI	88M30/166	M / 379	00:18:33 / 161	00:04:39 / 199	01:38:30 / 514	00:00:57 / 442	00:53:17 / 341	02:55:55	00:56:41
402	362	WOLODKO Andrzej		POL	80M30/167	M / 380	00:18:12 / 140	00:03:36 / 136	01:34:51 / 460	00:01:48 / 369	00:57:32 / 476	02:55:58	00:56:45
403	272	SKÓRA Katarzyna		POL LITWIN TRIATHLON TEAM	75K40/4	K / 23	00:18:33 / 163	00:04:31 / 195	01:36:48 / 489	00:02:02 / 428	00:54:06 / 371	02:56:00	00:56:46
404	247	NIKITENKO Oleksandr		POL	87M30/168	M / 381	00:21:43 / 392	00:04:46 / 388	01:31:22 / 402	00:01:31 / 385	00:56:41 / 447	02:56:02	00:56:48
405	242	WASILEWSKI Maciej		POL	84M30/169	M / 382	00:22:15 / 421	00:06:15 / 485	01:30:13 / 382	00:02:40 / 418	00:54:46 / 391	02:56:09	00:56:55
406	666	BIELAWSKA Justyna		POL RAGABA MEBLE TEAM	80K30/17	K / 24	00:20:09 / 269	00:04:30 / 289	01:34:58 / 465	00:01:41 / 415	00:54:53 / 396	02:56:11	00:56:57
407	368	PERŁAKOWSKI Karol		POL	84M30/170	M / 383	00:20:58 / 335	00:04:47 / 351	01:34:54 / 463	00:01:35 / 435	00:53:58 / 367	02:56:11	00:56:58
408	680	JĘDRUCH Katarzyna		POL KMP ŚWINOUJŚCIE	86K30/18	K / 25	00:22:38 / 442	00:03:24 / 372	01:35:56 / 483	00:01:13 / 449	00:53:06 / 336	02:56:17	00:57:03
409	238	KRÓL Lech		POL KS KROTOSZ KROTOSZYN	81M30/171	M / 384	00:24:07 / 504	00:05:45 / 526	01:29:42 / 367	00:01:28 / 413	00:55:17 / 405	02:56:19	00:57:05
410	470	HARTEL Piotr		POL	71M40/142	M / 385	00:23:36 / 483	00:04:27 / 469	01:26:36 / 278	00:01:32 / 333	01:00:12 / 528	02:56:22	00:57:09
411	757	KĘDZIA Piotr		POL RAFAKO TRITEAM	73M40/143	M / 386	00:23:40 / 486	00:05:57 / 522	01:28:11 / 324	00:02:05 / 395	00:56:38 / 445	02:56:31	00:57:18
412	580	JAROSZ Artur		POL	79M40/144	M / 387	00:21:53 / 403	00:05:06 / 409	01:31:01 / 394	00:01:40 / 391	00:56:54 / 459	02:56:34	00:57:20
413	732	BERNADOWSKI Bartosz		POL	81M30/172	M / 388	00:16:47 / 64	00:04:29 / 108	01:32:49 / 419	00:01:33 / 322	01:00:57 / 541	02:56:34	00:57:21
414	360	LACH Rafał		POL KS KOZIOŁEK KĘDZIERZYN-KOŹLE	85M30/173	M / 389	00:19:59 / 261	00:04:31 / 277	01:26:46 / 281	00:01:10 / 269	01:04:10 / 569	02:56:36	00:57:22
415	106	ORŁOWSKI Tadeusz		POL EXBAKE TEAM	72M40/145	M / 390	00:19:23 / 217	00:05:13 / 285	01:31:20 / 400	00:01:45 / 361	00:59:05 / 502	02:56:46	00:57:32
416	657	KNAPIK Paweł		POL NTONBIKE	86M30/174	M / 391	00:19:53 / 252	00:04:08 / 241	01:34:09 / 445	00:02:14 / 402	00:56:29 / 440	02:56:52	00:57:38
417	515	MRÓZ Stefan		POL	92M20/47	M / 392	00:27:17 / 588	00:04:56 / 576	01:29:48 / 370	00:02:56 / 471	00:52:09 / 299	02:57:05	00:57:52
418	639	CHMIEL Łukasz		POL	81M30/175	M / 393	00:21:01 / 342	00:05:49 / 399	01:33:08 / 426	00:01:46 / 426	00:55:23 / 407	02:57:06	00:57:53
419	252	LENKOWSKA Adrianna		POL RANO	94K20/4	K / 26	00:22:58 / 459	00:04:08 / 415	01:34:06 / 444	00:01:27 / 441	00:54:34 / 384	02:57:13	00:57:59
420	337	KOŁODZIEJCZYK Grzegorz		POL BIELAWSKA AKADEMIA BIEGANIA	84M30/176	M / 394	00:24:47 / 531	00:04:48 / 521	01:30:22 / 386	00:02:00 / 430	00:55:17 / 406	02:57:14	00:58:01
421	577	ZABORNIAK Marcin		POL LITWIN TRIATHLON TEAM	87M30/177	M / 395	00:17:25 / 94	00:04:05 / 120	01:33:15 / 429	00:02:35 / 354	01:00:17 / 531	02:57:37	00:58:24
422	481	GOMOLA Mateusz		POL DAFT TRI	81M30/178	M / 396	00:23:37 / 484	00:04:08 / 451	01:34:35 / 458	00:01:50 / 461	00:53:39 / 354	02:57:48	00:58:35
423	550	DANIELKIEWICZ Jarek		POL	75M40/146	M / 397	00:26:58 / 584	00:04:53 / 569	01:28:57 / 345	00:01:27 / 436	00:55:46 / 421	02:58:00	00:58:47
424	394	BESZLEJ Maciej		POL	84M30/179	M / 398	00:21:47 / 400	00:04:19 / 374	01:38:56 / 522	00:02:09 / 486	00:50:52 / 267	02:58:03	00:58:49
425	588	MALIK Kuba		POL	89M30/180	M / 399	00:21:09 / 356	00:03:58 / 315	01:33:41 / 437	00:01:21 / 397	00:57:59 / 482	02:58:08	00:58:54
426	461	POŚPIESZNY Mateusz		POL	88M30/181	M / 400	00:18:00 / 123	00:04:51 / 187	01:36:09 / 485	00:00:52 / 394	00:58:16 / 490	02:58:08	00:58:55
427	133	MASŁOWIEC Bartosz		POL GT RAT	80M30/182	M / 401	00:21:27 / 376	00:04:52 / 384	01:32:25 / 415	00:01:28 / 399	00:58:01 / 484	02:58:13	00:58:59
428	80	TOKARSKI Joachim		POL KUDOWSCY MIŁOŚNICY BIRGANIA	78M40/147	M / 402	00:25:15 / 549	00:05:07 / 541	01:32:41 / 418	00:01:12 / 463	00:54:07 / 372	02:58:22	00:59:08
429	373	GRACZYK Kamil		POL	85M30/183	M / 403	00:20:16 / 278	00:05:23 / 348	01:35:29 / 478	00:02:21 / 452	00:55:05 / 401	02:58:34	00:59:21
430	426	PUCHALSKI Przemysław		POL	82M30/184	M / 404	00:19:49 / 246	00:05:49 / 346	01:30:02 / 378	00:02:20 / 362	01:00:43 / 536	02:58:43	00:59:29
431	664	KARPIENIA Ewa		POL CKS ORKA SZCZECIN	69K50/1	K / 27	00:21:10 / 355	00:03:58 / 316	01:33:44 / 439	00:01:35 / 404	00:58:27 / 492	02:58:53	00:59:40

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
432	17	GORSKI Wojciech		POL	72M40/148	M / 405	00:24:15 / 511	00:04:54 / 506	01:31:47 / 407	00:02:34 / 453	00:55:37 / 417	02:59:07	00:59:53
433	561	MARKOWSKI Maciej		POL	66M50/19	M / 406	00:16:33 / 56	00:05:51 / 170	01:36:14 / 486	00:02:07 / 410	00:58:31 / 495	02:59:16	01:00:02
434	609	WIŚNIEWSKA Marlena		POL KUŹNIA TRIATHLONU	79K40/5	K / 28	00:24:17 / 514	00:04:18 / 488	01:33:30 / 436	00:01:41 / 457	00:55:35 / 415	02:59:20	01:00:07
435	339	TOMICKI Krzysztof		POL	84M30/185	M / 407	00:16:33 / 55	00:06:13 / 183	01:44:02 / 559	00:03:06 / 520	00:49:34 / 228	02:59:27	01:00:14
436	3	BENDZA Wojciech		POL 3M TRIATHLON	77M40/149	M / 408	00:20:37 / 304	00:04:59 / 343	01:34:20 / 454	00:02:00 / 429	00:57:36 / 478	02:59:31	01:00:18
437	542	ZAJONC Dominik		POL	82M30/186	M / 409	00:21:07 / 351	00:05:11 / 381	01:31:11 / 396	00:01:31 / 380	01:00:33 / 532	02:59:33	01:00:19
438	437	KĘDZIERSKI Tomasz		POL SPORT FREAKS	81M30/187	M / 410	00:19:35 / 230	00:03:53 / 217	01:38:08 / 507	00:01:29 / 447	00:56:52 / 457	02:59:57	01:00:43
439	249	SZYMURA Przemysław		POL	82M30/188	M / 411	00:24:59 / 537	00:04:27 / 515	01:29:17 / 352	00:02:03 / 409	00:59:27 / 513	03:00:12	01:00:59
440	630	SOWA Krystyna		POL KUŹNIA TRIATHLONU	82K30/19	K / 29	00:22:53 / 458	00:07:08 / 529	01:28:59 / 346	00:01:36 / 406	00:59:38 / 517	03:00:13	01:01:00
441	151	JANKOWSKI Janusz		POL FIGHT LIKE A BRAVE	86M30/189	M / 412	00:27:39 / 592	00:04:13 / 570	01:35:04 / 469	00:01:13 / 499	00:52:09 / 300	03:00:18	01:01:04
442	107	MAREK Robert		POL P-TECH TEAM	74M40/150	M / 413	00:22:11 / 419	00:05:11 / 430	01:39:36 / 529	00:01:44 / 508	00:51:46 / 291	03:00:28	01:01:14
443	472	MOGA Piotr		POL SPARTA ULTRA TEAM	83M30/190	M / 414	00:19:04 / 193	00:05:16 / 265	01:35:17 / 473	00:01:46 / 419	00:59:11 / 504	03:00:33	01:01:19
444	215	JAKUBOWSKI Dawid		POL	89M30/191	M / 415	00:21:23 / 369	00:05:45 / 417	01:34:20 / 453	00:02:13 / 455	00:56:56 / 460	03:00:37	01:01:23
445	378	SMUGA Daniel		POL	82M30/192	M / 416	00:24:59 / 540	00:04:00 / 499	01:38:19 / 512	00:01:37 / 513	00:52:01 / 297	03:00:56	01:01:42
446	285	SZYMANEK Roman		POL	69M50/20	M / 417	00:22:02 / 413	00:00:12 / 159	01:39:39 / 530	00:03:03 / 470	00:56:01 / 431	03:00:56	01:01:42
447	633	KOLENDA Sebastian		POL DECATHLON BIELANY WROCŁAWSKIE	92M20/48	M / 418	00:25:05 / 545	00:03:55 / 502	01:32:53 / 422	00:01:29 / 451	00:57:39 / 479	03:01:00	01:01:46
448	499	NOWACKI Piotr		POL	83M30/193	M / 419	00:23:06 / 464	00:05:10 / 479	01:35:19 / 474	00:00:57 / 466	00:56:34 / 443	03:01:06	01:01:52
449	415	OSTROWSKI Paweł		POL OSTRY TEAM/POLMERUN	78M40/151	M / 420	00:15:51 / 28	00:03:37 / 42	01:39:17 / 528	00:02:23 / 414	00:59:59 / 523	03:01:07	01:01:53
450	569	KOTAS Roman		POL	76M40/152	M / 421	00:23:15 / 469	00:04:47 / 467	01:37:47 / 504	00:02:00 / 494	00:53:20 / 344	03:01:09	01:01:55
451	231	MĄDRZAK Sławek		POL ZIAJA TEAM	74M40/153	M / 422	00:23:34 / 480	00:04:26 / 464	01:30:30 / 390	00:01:42 / 398	01:01:05 / 542	03:01:17	01:02:03
452	440	WÓJCIK Sławek		POL SPORT FREAKS POLAND	82M30/194	M / 423	00:23:10 / 466	00:05:18 / 484	01:39:12 / 525	00:01:38 / 516	00:52:15 / 305	03:01:33	01:02:19
453	280	STANKIEWICZ Paweł		POL	90M20/49	M / 424	00:20:24 / 287	00:04:34 / 304	01:37:33 / 500	00:01:43 / 462	00:57:24 / 474	03:01:38	01:02:25
454	267	BERBELICKI Adam		POL POMOLOGIA PRÓSZKÓW	80M30/195	M / 425	00:22:16 / 422	00:05:05 / 429	01:37:38 / 502	00:02:11 / 485	00:54:34 / 383	03:01:44	01:02:31
455	103	HYPIAK Joanna		POL TRIACTIV RIDLEY	85K30/20	K / 30	00:28:14 / 596	00:04:00 / 577	01:35:15 / 472	00:01:11 / 507	00:53:18 / 343	03:01:58	01:02:44
456	451	GLEBOCKI Adam		POL #GLEBOCKITEAM	73M40/154	M / 426	00:21:28 / 379	00:05:16 / 395	01:29:36 / 362	00:02:34 / 378	01:03:08 / 558	03:02:02	01:02:48
457	493	ŚLUSARCZYK Kasper		POL	89M30/196	M / 427	00:23:55 / 500	00:04:12 / 472	01:38:19 / 511	00:01:38 / 497	00:54:01 / 370	03:02:05	01:02:51
458	353	GRUSZECKI Arkadiusz		POL	76M40/155	M / 428	00:25:01 / 544	00:05:14 / 537	01:30:12 / 381	00:02:04 / 440	00:59:36 / 516	03:02:07	01:02:53
459	540	JAZY Jacek		POL	74M40/156	M / 429	00:23:35 / 481	00:05:23 / 498	01:33:17 / 431	00:02:45 / 472	00:57:10 / 467	03:02:09	01:02:56
460	564	GRUSZKA Grzegorz		POL	89M30/197	M / 430	00:21:03 / 348	00:04:56 / 370	01:35:22 / 475	00:01:30 / 446	00:59:19 / 510	03:02:10	01:02:57
461	263	KARYŚ Zbigniew		POL START ŚCINAWA	65M50/21	M / 431	00:25:57 / 569	00:05:13 / 556	01:34:21 / 455	00:02:21 / 495	00:54:36 / 385	03:02:28	01:03:14
462	16	KUPIEC Maciej		POL	81M30/198	M / 432	00:25:41 / 563	00:05:48 / 559	01:34:19 / 452	00:02:58 / 509	00:53:43 / 358	03:02:29	01:03:15
463	9	ROMAN Krzysztof		POL KUDOWIANKA RUN	59M60/4	M / 433	00:24:10 / 507	00:04:05 / 477	01:38:48 / 519	00:01:48 / 511	00:53:46 / 361	03:02:37	01:03:24
464	352	JACHIMIĄK Wojciech		POL ITS CYCLING CIRCUS...	67M50/22	M / 434	00:31:47 / 613	00:05:50 / 611	01:28:27 / 336	00:02:09 / 501	00:54:30 / 380	03:02:42	01:03:29
465	73	SMOLARA Krzysztof		POL HASTE TEAM	76M40/157	M / 435	00:27:17 / 589	00:05:27 / 586	01:38:22 / 513	00:02:12 / 543	00:49:43 / 235	03:03:01	01:03:47






Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
466	574	OWCZAREK Zbigniew		POL	83M30/199	M / 436	00:20:05 / 265	00:04:32 / 286	01:37:16 / 497	00:02:07 / 458	00:59:08 / 503	03:03:08	01:03:54
467	624	ZIĘTEK Seweryn		POL	80M30/200	M / 437	00:26:13 / 573	00:04:29 / 548	01:34:59 / 466	00:01:47 / 491	00:55:42 / 420	03:03:10	01:03:57
468	576	KUŹMICKI Michał		POL TMTEAM	83M30/201	M / 438	00:19:59 / 260	00:05:17 / 330	01:32:32 / 417	00:01:39 / 386	01:03:45 / 565	03:03:11	01:03:58
469	429	FRYZIEL Norbert		POL	74M40/158	M / 439	00:28:44 / 600	00:06:03 / 600	01:29:24 / 356	00:02:05 / 478	00:56:58 / 462	03:03:14	01:04:00
470	197	KOMARENKO Oleksandr		POL SZOP PRACZ	87M30/202	M / 440	00:26:30 / 576	00:05:41 / 575	01:34:10 / 446	00:02:13 / 505	00:54:51 / 395	03:03:24	01:04:11
471	399	CISEK Bartosz		POL	83M30/203	M / 441	00:17:49 / 110	00:06:37 / 273	01:32:58 / 423	00:02:16 / 392	01:03:48 / 566	03:03:28	01:04:14
472	344	ŁYGA Paweł		POL	77M40/159	M / 442	00:18:53 / 181	00:05:16 / 250	01:31:13 / 399	00:01:52 / 352	01:06:19 / 582	03:03:33	01:04:19
473	455	HALICKI Robert		POL TMTEAM	78M40/160	M / 443	00:22:40 / 445	00:04:09 / 398	01:33:30 / 435	00:02:22 / 445	01:00:54 / 540	03:03:35	01:04:21
474	563	DOMAGAŁA Agnieszka		POL ZĄBKOWICKA GRUPA BIEGOWA	84K30/21	K / 31	00:21:40 / 389	00:06:12 / 457	01:39:48 / 532	00:02:53 / 525	00:53:08 / 338	03:03:41	01:04:27
FRANKENSTEIN													
475	397	LIGAS Dariusz		POL	77M40/161	M / 444	00:28:07 / 595	00:04:28 / 584	01:32:51 / 420	00:01:47 / 487	00:56:41 / 449	03:03:53	01:04:40
476	475	DZIAK Artur		POL SPORT FREAKS	81M30/204	M / 445	00:22:26 / 434	00:04:44 / 420	01:35:02 / 467	00:02:08 / 464	00:59:36 / 515	03:03:56	01:04:42
477	424	JAŚKOWIEC Mateusz		POL LEWIN BIEGA	86M30/205	M / 446	00:30:27 / 609	00:04:19 / 599	01:35:37 / 481	00:01:19 / 531	00:52:21 / 310	03:04:02	01:04:49
478	159	GROŃSKI Robert		POL WROCLAW MARATHON TEAM	76M40/162	M / 447	00:22:52 / 456	00:06:29 / 511	01:36:49 / 490	00:03:16 / 517	00:54:37 / 386	03:04:02	01:04:49
479	428	LATKOWSKI Mariusz		POL SPORTS FREAKS	82M30/206	M / 448	00:33:17 / 617	00:05:47 / 613	01:23:07 / 195	00:01:55 / 460	01:00:09 / 526	03:04:15	01:05:01
480	268	ZBROJA Krzysztof		POL	90M20/50	M / 449	00:20:42 / 312	00:06:57 / 448	01:30:18 / 385	00:02:21 / 400	01:04:02 / 568	03:04:20	01:05:07
481	439	ZAWOJAK Kamil		POL	94M20/51	M / 450	00:21:00 / 345	00:04:49 / 356	01:46:46 / 577	00:01:50 / 551	00:50:02 / 243	03:04:27	01:05:13
482	196	JANISZEWSKI Mirosław		POL DSSE	72M40/163	M / 451	00:24:09 / 506	00:05:11 / 510	01:36:52 / 491	00:02:04 / 503	00:56:12 / 433	03:04:28	01:05:14
483	203	ANTAS Marcin		POL HEROLYNX.COM	82M30/207	M / 452	00:22:02 / 414	00:06:32 / 486	01:39:00 / 523	00:01:36 / 515	00:55:30 / 411	03:04:39	01:05:26
484	308	TKACZYSZYŃ Karolina		POL	96K20/5	K / 32	00:24:11 / 508	00:03:51 / 468	01:38:40 / 517	00:01:54 / 506	00:56:12 / 434	03:04:47	01:05:34
485	171	NAZARY Piotr		POL OBORYGENI	77M40/164	M / 453	00:24:20 / 515	00:06:21 / 546	01:35:09 / 471	00:02:16 / 498	00:56:42 / 452	03:04:48	01:05:34
486	5	KINAL Grzegorz		POL SPORT FREAKS POLAND	81M30/208	M / 454	00:21:56 / 408	00:04:49 / 397	01:34:11 / 448	00:02:09 / 448	01:02:04 / 553	03:05:09	01:05:55
487	589	RYBICKI Jakub		POL UNLIMITED TRIATHLON TEAM	86M30/209	M / 455	00:22:18 / 426	00:04:42 / 410	01:37:48 / 505	00:02:12 / 482	00:58:12 / 489	03:05:11	01:05:58
488	541	POLAŃSKI Zbigniew		POL PIK	60M50/23	M / 456	00:23:51 / 496	00:06:13 / 531	01:35:27 / 477	00:02:40 / 500	00:57:10 / 468	03:05:21	01:06:07
489	276	DUCZKOWSKI Rafał		POL GRZYBIANY TEAM	77M40/165	M / 457	00:26:08 / 572	00:05:27 / 560	01:37:36 / 501	00:02:04 / 530	00:54:08 / 373	03:05:23	01:06:09
490	582	MIELNICKI Wojciech		POL TRIMMISSION	78M40/166	M / 458	00:18:17 / 145	00:05:04 / 207	01:42:50 / 554	00:03:18 / 519	00:55:56 / 429	03:05:24	01:06:11
491	8	LEWCZAK Dariusz		POL MARCUS TEAM	62M50/24	M / 459	00:25:26 / 555	00:05:12 / 545	01:33:28 / 433	00:01:31 / 477	00:59:50 / 521	03:05:27	01:06:14
492	167	MAJCHRZAK Łukasz		POL	87M30/210	M / 460	00:24:37 / 526	00:04:17 / 497	01:33:44 / 440	00:01:47 / 465	01:01:08 / 543	03:05:33	01:06:20
493	312	ZASADNI Ireneusz		POL	86M30/211	M / 461	00:26:29 / 575	00:05:14 / 563	01:40:56 / 540	00:01:15 / 549	00:51:56 / 294	03:05:50	01:06:36
494	474	BECMER Dariusz		POL WKS ŚLĄSK - SEKCJA BNO	71M40/167	M / 462	00:26:30 / 577	00:08:00 / 595	01:36:59 / 494	00:02:11 / 547	00:52:27 / 317	03:06:06	01:06:52
495	124	TROJAN Stanisław		POL WKB PIAST WROCLAW	58M60/5	M / 463	00:20:58 / 334	00:06:36 / 442	01:37:23 / 499	00:01:30 / 479	00:59:45 / 519	03:06:11	01:06:58
496	510	DOBROCHOWSKA Ilona		POL STRZEGOMSKA DWUNASTKA	79K40/6	K / 33	00:23:04 / 461	00:04:32 / 444	01:39:09 / 524	00:02:09 / 512	00:57:24 / 473	03:06:17	01:07:04
497	170	SIENKIEWICZ Arkadiusz		POL	74M40/168	M / 464	00:22:40 / 444	00:06:03 / 492	01:40:05 / 534	00:01:22 / 522	00:56:18 / 436	03:06:28	01:07:14
498	202	CEDRO Damian		POL	78M40/169	M / 465	00:23:30 / 476	00:04:50 / 481	01:41:16 / 543	00:02:12 / 533	00:54:48 / 392	03:06:36	01:07:22

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
499	562	SALATKA Tomasz		POL		75M40/170 M / 466	00:21:33 / 384	00:05:36 / 419	01:30:36 / 391	00:01:47 / 388	01:07:15 / 586	03:06:46	01:07:32
500	65	ŚLĘCZKOWSKI Jacek		POL TEMMPO WALBRZYCH		75M40/171 M / 467	00:22:43 / 451	00:04:50 / 439	01:34:04 / 443	00:02:00 / 454	01:03:11 / 559	03:06:48	01:07:34
501	131	WIŚNIEWSKI Paweł		POL WKS ŚLĄSK WROCLAW		85M30/212 M / 468	00:29:05 / 604	00:05:47 / 602	01:34:52 / 462	00:04:24 / 550	00:52:41 / 325	03:06:49	01:07:36
502	758	WOSKOWSKA Magdalena		POL RAFAKO TRITEAM		80K30/22 K / 34	00:19:39 / 232	00:04:25 / 246	01:45:35 / 571	00:02:09 / 534	00:55:07 / 402	03:06:55	01:07:41
503	311	MRÓZ Marcin		POL		78M40/172 M / 469	00:24:16 / 513	00:06:29 / 549	01:38:18 / 510	00:01:00 / 521	00:56:57 / 461	03:06:59	01:07:45
504	75	ROGOZIŃSKA Beata		POL		80K30/23 K / 35	00:28:49 / 601	00:04:22 / 592	01:33:16 / 430	00:02:24 / 510	00:58:09 / 486	03:06:59	01:07:46
505	240	PIASECKI Paweł		POL		79M40/173 M / 470	00:20:19 / 280	00:04:39 / 303	01:35:33 / 480	00:01:44 / 437	01:04:45 / 571	03:07:00	01:07:46
506	54	GAŁKIEWICZ Irena		POL LITWIN TRIATHLON TEAM		74K40/7 K / 36	00:23:17 / 471	00:04:05 / 431	01:37:15 / 496	00:02:21 / 481	01:00:08 / 525	03:07:05	01:07:52
507	613	GRESZTA Katarzyna		POL TMTEAM		74K40/8 K / 37	00:25:07 / 546	00:05:21 / 543	01:42:03 / 549	00:00:49 / 544	00:53:54 / 365	03:07:14	01:08:00
508	43	JASTROWICZ Jacek		POL TRIATHLON TEAM ŻARY		70M40/174 M / 471	00:20:29 / 292	00:05:50 / 383	01:38:08 / 508	00:02:39 / 484	01:00:09 / 527	03:07:15	01:08:01
509	532	SZNURA Maciej		POL		71M40/175 M / 472	00:20:49 / 321	00:05:53 / 394	01:40:16 / 535	00:03:13 / 523	00:57:15 / 471	03:07:25	01:08:12
510	64	SZYMAŃSKA Brygida		POL STRZEGOMSKA DWUNASTKA		90K20/6 K / 38	00:23:03 / 460	00:05:22 / 483	01:48:36 / 591	00:01:32 / 568	00:49:17 / 213	03:07:50	01:08:36
511	98	ŚWITOŃ Krzysztof		POL 22KBPG		96M20/52 M / 473	00:36:26 / 619	00:05:13 / 618	01:34:44 / 459	00:02:24 / 570	00:49:05 / 206	03:07:52	01:08:38
512	49	KACZMAREK Andrzej		POL		71M40/176 M / 474	00:23:28 / 475	00:04:48 / 478	01:33:25 / 432	00:01:33 / 450	01:04:47 / 573	03:08:00	01:08:47
513	425	RÓŻYCKA Joanna		POL NIEZRZESZONA		76K40/9 K / 39	00:22:29 / 439	00:04:47 / 425	01:37:46 / 503	00:02:46 / 493	01:00:14 / 530	03:08:01	01:08:48
514	656	MAJCHRZAK Magdalena		POL		88K30/24 K / 40	00:23:42 / 487	00:05:11 / 496	01:33:10 / 427	00:01:38 / 456	01:04:29 / 570	03:08:10	01:08:56
515	322	GIBAŁA Paweł		POL		90M20/53 M / 475	00:22:16 / 424	00:06:44 / 501	01:44:59 / 564	00:02:04 / 560	00:52:22 / 312	03:08:25	01:09:11
516	178	KOPEĆ Arkadiusz		POL TWOJA STARA		84M30/213 M / 476	00:21:08 / 353	00:05:44 / 401	01:38:49 / 520	00:01:50 / 492	01:01:20 / 547	03:08:51	01:09:37
517	84	KOSTKA Filip		POL TWOJA STARA		90M20/54 M / 477	00:20:43 / 313	00:06:11 / 402	01:38:54 / 521	00:02:25 / 502	01:00:41 / 534	03:08:53	01:09:40
518	416	KIROŃSKI Tomasz		POL GVT		63M50/25 M / 478	00:21:56 / 409	00:05:29 / 433	01:29:37 / 364	00:02:43 / 393	01:09:09 / 592	03:08:54	01:09:40
519	304	SOKOŁOWSKI Grzegorz		POL POLARIS		88M30/214 M / 479	00:20:03 / 262	00:04:20 / 268	01:41:55 / 546	00:02:09 / 504	01:00:42 / 535	03:09:08	01:09:55
520	142	GAJOWY Michał		POL		80M30/215 M / 480	00:21:55 / 406	00:06:07 / 466	01:41:57 / 547	00:02:54 / 537	00:56:31 / 442	03:09:24	01:10:10
521	299	KĘSY-KOWALSKA Hanna		POL SZCZAWNORUN		67K50/2 K / 41	00:22:40 / 443	00:04:17 / 406	01:41:26 / 545	00:02:29 / 527	00:58:41 / 497	03:09:33	01:10:19
522	759	KARAŚ Michał		POL		96M20/55 M / 481	00:19:57 / 257	00:04:40 / 287	01:38:14 / 509	00:01:14 / 459	01:05:35 / 578	03:09:40	01:10:26
523	527	KRZYMIŃSKI Rafał		POL KAYLO TEAM		74M40/177 M / 482	00:23:16 / 470	00:04:41 / 463	01:48:00 / 588	00:02:41 / 569	00:51:18 / 281	03:09:55	01:10:42
524	556	DUDEK Mariusz		POL		89M30/216 M / 483	00:21:38 / 388	00:04:54 / 390	01:48:20 / 590	00:02:42 / 566	00:52:34 / 321	03:10:07	01:10:54
525	251	ZAWODNIK ANONIMOWY		POL FASTTEAM		79K40/10 K / 42	00:22:32 / 440	00:04:00 / 391	01:37:58 / 506	00:02:02 / 480	01:03:37 / 563	03:10:09	01:10:55
526	678	WYRODA Damian		POL KPP MŁAWA		88M30/217 M / 484	00:21:12 / 361	00:05:46 / 407	01:36:17 / 487	00:01:58 / 474	01:05:02 / 575	03:10:15	01:11:01
527	153	KONARSKI Robert		POL		82M30/218 M / 485	00:22:17 / 423	00:05:37 / 458	01:36:02 / 484	00:00:57 / 469	01:05:28 / 577	03:10:20	01:11:07
528	92	MASŁOWSKI Michał		POL NO LIMITS		91M20/56 M / 486	00:21:27 / 377	00:05:01 / 389	01:43:24 / 557	00:01:19 / 529	00:59:19 / 507	03:10:30	01:11:17
529	367	PERŁAKOWSKI Tadeusz		POL MTS DRUŻYNA SZPIKU KGHM		56M60/6 M / 487	00:28:44 / 599	00:05:33 / 594	01:42:03 / 548	00:04:14 / 575	00:50:15 / 247	03:10:48	01:11:34
530	284	SIKOŃ Katarzyna		POL PRO-RUN WROCLAW		77K40/11 K / 43	00:24:57 / 536	00:04:28 / 516	01:45:00 / 565	00:01:50 / 561	00:55:00 / 399	03:11:15	01:12:01
531	401	SZKWAREK Dominik		POL		82M30/219 M / 488	00:27:22 / 590	00:04:33 / 572	01:37:17 / 498	00:01:33 / 526	01:00:38 / 533	03:11:22	01:12:09
532	454	SZEWCAK Adam		POL		69M50/26 M / 489	00:20:56 / 331	00:05:56 / 400	01:37:00 / 493	00:05:14 / 514	01:02:53 / 557	03:11:59	01:12:46

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
533	303	WASIELEWSKI Mateusz		POL OSOBA PRYWATNA	92M20/57	M / 490	00:24:05 / 502	00:06:47 / 551	01:41:01 / 541	00:03:03 / 557	00:57:12 / 469	03:12:07	01:12:54
534	342	MOTYKA Krzysztof		POL SUCHA PANY	88M30/220	M / 491	00:17:14 / 85	00:05:16 / 173	01:46:59 / 579	00:03:35 / 540	00:59:04 / 501	03:12:07	01:12:54
535	411	HACHOŁ Grażyna		POL	57K50/3	K / 44	00:12:45 / 4	00:09:34 / 167	02:06:21 / 615	00:04:06 / 608	00:40:05 / 14	03:12:51	01:13:37
536	190	MACIASZEK Piotr		POL	87M30/221	M / 492	00:24:33 / 524	00:04:05 / 490	01:35:52 / 482	00:01:05 / 476	01:07:29 / 588	03:13:04	01:13:51
537	229	JEDLIŃSKA Katarzyna		POL DSSE	80K30/25	K / 45	00:24:29 / 520	00:04:57 / 517	01:42:47 / 553	00:02:40 / 556	00:58:47 / 499	03:13:39	01:14:26
538	59	JARZĄBEK Krzysztof		POL	74M40/178	M / 493	00:27:28 / 591	00:05:21 / 588	01:36:24 / 488	00:03:43 / 538	01:00:46 / 538	03:13:41	01:14:28
539	20	ADACH Dariusz		POL ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN	76M40/179	M / 494	00:30:05 / 608	00:05:50 / 605	01:35:33 / 479	00:01:42 / 542	01:00:43 / 537	03:13:52	01:14:39
540	334	BOLISĘGA Paweł		POL	97M20/58	M / 495	00:21:55 / 407	00:05:21 / 424	01:45:11 / 568	00:02:09 / 553	00:59:20 / 509	03:13:56	01:14:42
541	400	KACZANIUK Jeremiasz		POL	95M20/59	M / 496	00:21:13 / 362	00:06:04 / 426	01:44:58 / 563	00:02:20 / 552	00:59:22 / 511	03:13:56	01:14:43
542	189	SKUBISZ Krzysiek rychu		POL ZAGO CREW	92M20/60	M / 497	00:24:31 / 522	00:08:23 / 590	01:38:38 / 516	00:05:19 / 565	00:57:13 / 470	03:14:04	01:14:50
543	614	KUPCZYK Tomasz		POL COLLINS AEROSPACE	77M40/180	M / 498	00:21:43 / 393	00:05:36 / 428	01:45:03 / 567	00:04:22 / 563	00:57:24 / 472	03:14:07	01:14:54
544	294	PIASECKI Aleksander		POL	89M30/222	M / 499	00:22:13 / 420	00:04:47 / 413	01:46:38 / 576	00:01:11 / 554	00:59:25 / 512	03:14:14	01:15:01
545	500	PODSIADLO Jan		POL TRIATHLON DĄBROWA GÓRNICZA	77M40/181	M / 500	00:19:40 / 236	00:05:17 / 301	01:40:32 / 536	00:01:50 / 489	01:07:00 / 584	03:14:19	01:15:05
546	573	BIELECKI Kuba		POL	91M20/61	M / 501	00:19:29 / 224	00:04:40 / 251	01:41:21 / 544	00:01:43 / 488	01:07:28 / 587	03:14:40	01:15:26
547	181	KOMARNICKI Łukasz		POL PRO-RUN WROCLAW	89M30/223	M / 502	00:21:37 / 386	00:04:48 / 385	01:44:30 / 561	00:02:11 / 541	01:01:50 / 551	03:14:56	01:15:42
548	466	HRYDCZUK Wiesław		POL	64M50/27	M / 503	00:26:01 / 570	00:06:52 / 589	01:43:14 / 556	00:04:43 / 579	00:54:50 / 394	03:15:40	01:16:26
549	385	GLUCH Grzegorz		POL	80M30/224	M / 504	00:32:38 / 615	00:05:06 / 612	01:40:49 / 538	00:01:15 / 572	00:55:53 / 426	03:15:41	01:16:28
550	219	SZYDŁO Agata		POL GT RAT	69K50/4	K / 46	00:21:00 / 341	00:04:15 / 325	01:42:46 / 552	00:02:13 / 524	01:05:37 / 579	03:15:51	01:16:37
551	206	WITA Maciej		POL LAB	81M30/225	M / 505	00:27:06 / 586	00:05:14 / 579	01:42:53 / 555	00:01:33 / 564	00:59:17 / 506	03:16:03	01:16:49
552	355	TRAJDOS Przemysław		POL	81M30/226	M / 506	00:23:24 / 472	00:06:48 / 536	01:47:14 / 582	00:01:40 / 571	00:56:58 / 463	03:16:04	01:16:50
553	497	HEJBER Grzegorz		POL	77M40/182	M / 507	00:23:44 / 489	00:07:11 / 553	01:39:14 / 526	00:03:26 / 546	01:02:47 / 555	03:16:21	01:17:08
554	366	BARANOWSKI Maciej		POL	92M20/62	M / 508	00:23:35 / 482	00:05:41 / 508	01:45:03 / 566	00:00:58 / 559	01:01:55 / 552	03:17:11	01:17:58
555	78	KUŁYK Łukasz		POL	93M20/63	M / 509	00:24:38 / 527	00:07:07 / 566	01:47:04 / 580	00:02:16 / 581	00:56:23 / 437	03:17:28	01:18:14
556	375	GRABAREK Konrad		POL	75M40/183	M / 510	00:24:43 / 529	00:05:36 / 539	01:41:14 / 542	00:01:27 / 539	01:04:57 / 574	03:17:57	01:18:43
557	517	KADŁUBOWSKI Piotr		POL KOTWICA BRZEG / AUTOGAZEXPERT RUNNERS TEAM	77M40/184	M / 511	00:25:00 / 538	00:06:45 / 564	01:49:21 / 592	00:02:34 / 589	00:54:21 / 378	03:18:00	01:18:47
558	137	KOSIOROWSKI Adam		POL	73M40/185	M / 512	00:23:08 / 465	00:07:39 / 550	01:34:52 / 461	00:03:47 / 518	01:08:36 / 589	03:18:02	01:18:49
559	484	KOSENDIAK Władysław		POL SPORT FREAKS POLAND	80M30/227	M / 513	00:25:15 / 550	00:05:22 / 544	01:31:48 / 408	00:02:18 / 468	01:13:29 / 599	03:18:11	01:18:57
560	209	GAŁWA Krystian		POL	84M30/228	M / 514	00:23:32 / 477	00:04:37 / 474	01:42:16 / 550	00:01:19 / 532	01:06:40 / 583	03:18:23	01:19:10
561	169	FAST Michał		POL FASTTEAM	75M40/186	M / 515	00:20:37 / 301	00:04:34 / 317	01:40:47 / 537	00:01:59 / 496	01:10:38 / 594	03:18:34	01:19:21
562	483	MIERZWIAK Marek		POL RADOSNA STREET	77M40/187	M / 516	00:25:37 / 560	00:04:40 / 538	01:39:51 / 533	00:02:18 / 536	01:06:10 / 581	03:18:36	01:19:22
563	258	ZGAGACZ Paweł		POL	70M40/188	M / 517	00:26:54 / 583	00:08:40 / 603	01:43:31 / 558	00:01:41 / 578	00:58:11 / 487	03:18:56	01:19:43
564	61	ZAPAŚNIK Marcin		POL	78M40/189	M / 518	00:26:21 / 574	00:05:47 / 574	01:38:45 / 518	00:02:50 / 548	01:05:48 / 580	03:19:31	01:20:18
565	6	ZAWODNIK ANONIMOWY		POL	85M30/229	M / 519	00:19:50 / 247	00:05:05 / 299	01:39:43 / 531	00:02:44 / 490	01:12:23 / 598	03:19:44	01:20:31

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
566	179	ZAWODNIK ANONIMOWY		POL		83M30/230 M / 520	00:22:01 / 412	00:05:49 / 452	01:40:55 / 539	00:02:23 / 528	01:08:40 / 590	03:19:48	01:20:34
567	565	PLISZKA Mateusz		POL		92M20/64 M / 521	00:25:27 / 554	00:05:54 / 558	01:52:08 / 599	00:02:51 / 598	00:53:42 / 357	03:20:02	01:20:48
568	578	JAKUBOWSKI Andrzej		POL PRO-RUN WROCLAW		59M60/7 M / 522	00:26:43 / 580	00:05:46 / 582	01:38:34 / 515	00:03:56 / 558	01:05:04 / 576	03:20:03	01:20:50
569	345	ŻÓŁTOWSKI Krzysztof		POL -		56M60/8 M / 523	00:31:32 / 612	00:05:25 / 609	01:45:14 / 570	00:01:16 / 588	00:56:48 / 454	03:20:14	01:21:01
570	21	MIELNIK Krzysztof		POL DIEHL CONTROLS		87M30/231 M / 524	00:28:36 / 598	00:05:54 / 596	01:47:06 / 581	00:02:23 / 590	00:56:34 / 444	03:20:33	01:21:19
571	756	LASKOWSKA Aneta		POL TIM SPORT GÓRSKI		70K40/12 K / 47	00:25:32 / 557	00:04:31 / 530	01:47:54 / 587	00:03:04 / 580	01:00:12 / 529	03:21:13	01:21:59
572	473	GRUZ Robert		POL		87M30/232 M / 525	00:21:57 / 410	00:07:23 / 509	01:46:32 / 575	00:01:58 / 567	01:03:29 / 561	03:21:19	01:22:05
573	390	KRÓL-PIDANTY Marzena		POL I-SPORT		75K40/13 K / 48	00:27:15 / 587	00:05:32 / 587	01:50:29 / 596	00:02:15 / 596	00:56:25 / 438	03:21:56	01:22:42
574	11	GORCZYCA Jakub		POL NOKIA		91M20/65 M / 526	00:41:29 / 622	00:06:40 / 620	01:33:56 / 442	00:02:33 / 594	00:57:26 / 475	03:22:03	01:22:50
575	88	POSYNIAK Piotr		POL		74M40/190 M / 527	00:25:47 / 565	00:06:54 / 585	01:47:19 / 583	00:02:40 / 583	00:59:38 / 518	03:22:17	01:23:03
576	71	WNEK Łukasz		POL		93M20/66 M / 528	00:24:27 / 519	00:07:08 / 561	01:49:52 / 593	00:02:57 / 591	00:58:28 / 494	03:22:52	01:23:38
577	127	SKOCZEK Michał		POL		87M30/233 M / 529	00:23:04 / 462	00:05:07 / 476	01:53:34 / 603	00:01:31 / 585	00:59:48 / 520	03:23:04	01:23:51
578	198	CHICIŃSKA Monika		POL		73K40/14 K / 49	00:29:14 / 605	00:05:28 / 598	01:52:38 / 601	00:01:14 / 599	00:54:32 / 381	03:23:05	01:23:52
579	130	FILIPOWSKI Michał		POL		87M30/234 M / 530	00:23:14 / 468	00:05:06 / 480	01:53:35 / 602	00:01:26 / 587	00:59:57 / 522	03:23:17	01:24:04
580	331	ŁUKAWSKI Krzysztof		POL		92M20/67 M / 531	00:24:49 / 532	00:05:22 / 535	01:39:16 / 527	00:02:25 / 535	01:11:34 / 595	03:23:25	01:24:12
581	200	DUCZEMIŃSKI Dariusz		POL NOA		77M40/191 M / 532	00:29:51 / 607	00:06:46 / 608	01:47:43 / 585	00:01:20 / 597	00:58:27 / 493	03:24:07	01:24:53
582	319	WITA Radosław		POL		79M40/192 M / 533	00:27:53 / 594	00:06:43 / 597	01:44:03 / 560	00:01:58 / 577	01:03:35 / 562	03:24:12	01:24:58
583	508	CHODORSKI Łukasz		POL		86M30/235 M / 534	00:21:29 / 380	00:06:05 / 441	01:53:44 / 604	00:02:00 / 586	01:01:20 / 546	03:24:37	01:25:24
584	621	OLEŃSKA Anna		POL		78K40/15 K / 50	00:25:48 / 566	00:06:14 / 573	01:48:18 / 589	00:02:23 / 584	01:02:51 / 556	03:25:33	01:26:20
585	555	KULINA Maciej		POL NIGHT RUNNERS WROCLAW		93M20/68 M / 535	00:25:29 / 556	00:07:01 / 583	01:55:55 / 607	00:02:13 / 604	00:56:48 / 455	03:27:26	01:28:12
586	490	ŻUBER Anna		POL TMT		76K40/16 K / 51	00:24:41 / 528	00:07:45 / 581	01:52:12 / 600	00:04:52 / 601	00:58:47 / 498	03:28:16	01:29:03
587	160	TONDER Marek		POL MAWER		62M50/28 M / 536	00:20:37 / 303	00:05:01 / 344	01:47:35 / 584	00:01:37 / 555	01:13:40 / 600	03:28:29	01:29:16
588	72	SWOBODA Piotr		POL		89M30/236 M / 537	00:30:29 / 610	00:05:40 / 607	01:45:49 / 572	00:02:37 / 593	01:03:55 / 567	03:28:30	01:29:16
589	634	ŁOKACZ Michał		POL DECATHLON BIELANY WROCLAWSKIE		95M20/69 M / 538	00:34:11 / 618	00:05:07 / 614	01:35:06 / 470	00:01:52 / 562	01:12:18 / 597	03:28:34	01:29:20
590	750	KALEMBLIEWICZ Piotr		POL MIROTRANS		79M40/193 M / 539	00:32:47 / 616	00:07:26 / 615	01:45:13 / 569	00:05:13 / 605	00:58:21 / 491	03:29:00	01:29:46
591	418	KOSIARSKI Bartosz		POL		79M40/194 M / 540	00:20:28 / 289	00:07:06 / 443	01:51:11 / 598	00:01:47 / 574	01:08:43 / 591	03:29:14	01:30:01
592	191	GOLENIEWSKI Tomasz		POL		73M40/195 M / 541	00:22:24 / 433	00:05:00 / 432	01:53:59 / 605	00:03:09 / 592	01:04:46 / 572	03:29:18	01:30:04
593	412	OSTOLSKA Sylwia		POL		74K40/17 K / 52	00:22:52 / 457	00:06:47 / 524	01:50:35 / 597	00:01:58 / 582	01:07:08 / 585	03:29:20	01:30:07
594	14	REMLEIN Piotr		POL		91M20/70 M / 542	00:25:24 / 553	00:06:29 / 571	01:57:03 / 609	00:02:14 / 606	00:59:00 / 500	03:30:09	01:30:56
595	69	STARMACH Michał		POL		88M30/237 M / 543	00:25:31 / 558	00:06:18 / 568	01:46:10 / 574	00:02:37 / 576	01:12:08 / 596	03:32:44	01:33:30
596	83	JANISŁAWSKI Maciej		POL TM TEAM		91M20/71 M / 544	00:24:54 / 535	00:04:34 / 519	01:57:52 / 611	00:02:46 / 603	01:03:42 / 564	03:33:48	01:34:34
597	208	GAJ-JURCZYK Renata		POL LEWIN BIEGA		73K40/18 K / 53	00:31:18 / 611	00:10:07 / 617	01:49:58 / 595	00:02:42 / 609	01:01:42 / 550	03:35:47	01:36:33
598	186	KOBYŁKA Patryk		POL		92M20/72 M / 545	00:43:21 / 624	00:05:43 / 621	01:46:53 / 578	00:01:42 / 614	01:02:28 / 554	03:40:07	01:40:53
599	239	WOŹNIAK Maciej		POL		69M50/29 M / 546	00:29:02 / 603	00:06:50 / 604	01:46:07 / 573	00:02:59 / 595	01:16:08 / 604	03:41:06	01:41:52

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
600	211	KARP Dariusz		POL KARP SPORT TEAM	73	M / 547	00:32:09 / 614	00:08:17 / 616	01:58:26 / 612	00:03:10 / 616	01:01:23 / 548	03:43:24	01:44:11
601	536	ADAMCZYK Michał		POL	85	M / 548	00:26:05 / 571	00:06:53 / 591	01:55:49 / 606	00:02:30 / 607	01:16:47 / 605	03:48:04	01:48:50
602	157	POLĄCARZ Adam		POL TRI4FIVE	81	M / 549	00:26:47 / 581	00:05:31 / 578	01:59:40 / 613	00:02:33 / 610	01:14:39 / 601	03:49:10	01:49:56
603	409	BIALOWAŚ Igor		POL	76	M / 550	00:25:48 / 567	00:09:00 / 601	01:57:03 / 608	00:03:18 / 611	01:15:46 / 602	03:50:55	01:51:42
604	305	VALIUCKO-KACZMAREK Veslava		POL	83	K / 54	00:26:58 / 585	00:05:25 / 580	02:08:18 / 616	00:02:11 / 617	01:09:53 / 593	03:52:45	01:53:31
605	236	JEDLIŃSKI Jacek		POL DSSE	75	M / 551	00:23:34 / 479	00:05:51 / 514	02:08:37 / 617	00:01:46 / 615	01:16:00 / 603	03:55:48	01:56:34
606	207	MASŁOWSKI Tadeusz		POL NO LIMITS	60	M / 552	00:29:02 / 602	00:08:16 / 610	01:57:22 / 610	00:02:12 / 613	01:28:42 / 606	04:05:34	02:06:21
	7	GRUNDYS Paweł		POL GVT	81		00:19:09 / 200	00:04:17 / 214	02:02:06 / 614	00:04:18 / 602		DNF	
	19	PÓLGRABIA Dawid		POL	78							DNF	
	25	MIŚ Piotr		POL	90							DNF	
	50	TARNOWSKI Robert		POL AGRESJA	91		00:18:13 / 141					DNF	
	86	SUSZCZEWICZ Dariusz		POL	89		00:24:05 / 503	00:04:28 / 487	01:04:47 / 1	00:03:06 / 41		DNF	
	110	PIETRZAK Błażej		POL GVT	81		00:15:54 / 30	00:03:09 / 32	02:25:23 / 620	00:05:13 / 618		DNF	
	128	PIĄTKOWSKI Tomasz		POL GIRA SIĘ KRĘCI	79							DNF	
	194	KRZYWDA Dominik		POL	95		00:37:31 / 620					DNF	
	255	SYGULA Piotr		POL	88		00:38:18 / 621	00:05:02 / 619	01:44:45 / 562	00:01:17 / 600		DNF	
	296	MAŁOTA Damian		POL LABORATORIUM SPORTU/KS BLOKERSI KK	86		00:19:11 / 202	00:03:43 / 191	01:28:15 / 330	00:01:21 / 271		DNF	
	301	BEREŻNICKI Michał		POL ELENBI	84		00:44:15 / 625	00:05:51 / 622				DNF	
	313	JAGOSZ Jakub		POL	90							DNF	
	340	NIEWIADOMSKI Marcin		POL ALKOTURYŚCI	91		00:41:31 / 623					DNF	
	372	RECZUCH Adam		POL 7 KONTYNETÓW	74							DNF	
	376	DEREZIŃSKI Adam		POL	88		00:18:52 / 177	00:04:39 / 219				DNF	
	396	PIDANTY Grzegorz		POL STRZEGOM ZHR	74							DNF	
	402	PRISACARIU Laurentiu		POL	89		00:29:44 / 606	00:06:16 / 606	02:20:41 / 619	00:02:13 / 620		DNF	
	420	OWCZAREK Mirosław		POL	58		00:24:15 / 512	00:06:43 / 554	01:47:47 / 586	00:01:24 / 573		DNF	
	462	PODGÓRSKI Tomasz		POL KIEDYŚ WYGRAM	80		00:21:27 / 375	00:04:43 / 376	01:30:44 / 393	00:01:32 / 368		DNF	
	479	IWANOWSKI Jacek		POL TRIA- TEAM BRUCHKOEDEL	86		00:19:20 / 212	00:04:09 / 218	01:49:56 / 594	00:39:37 / 619		DNF	
	547	KRASOWSKI Marek		POL ZARY TRIATHLON TEAM	73		00:17:56 / 117	00:03:29 / 116	01:32:09 / 411	00:05:30 / 381		DNF	
	566	WALOTEK Marcin		POL	85		00:25:38 / 561	00:06:08 / 567	01:11:19 / 15	00:03:20 / 162		DNF	
	602	ZAWODNIK ANONIMOWY		POL JEKA TEAM	64		00:16:26 / 48	00:04:32 / 84	01:42:44 / 551			DNF	
	628	ŁUSIAK Mariusz		POL WAY2CHAMP	84		00:16:29 / 50	00:03:51 / 64	01:27:45 / 308	00:25:29 / 545		DNF	
	638	SZCZUCKI Miłosz		POL EDI TEAM	98		00:12:25 / 3	00:05:57 / 18	02:12:28 / 618	00:05:24 / 612		DNF	
	2217	ZAWODNIK Do uzup		POL								DNF	
	349	RABSZTYN Andrzej		POL TMTEAM	78							DNS	

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
	369	KRAWCZYK Mateusz		POL MARCUS TEAM		89						DNS	
	607	KARGOL Paweł		POL OLEŚNICKA GRUPA TRIATHLONOWA		78						DNS	
	629	MICHAŁEK Grzegorz		POL TRIACTIV RIDLEY		85						DNS	
	652	STOPA Paweł		POL		89						DNS	
	10852	ZALEWSKI Igor		POL TRIATHLON CLUB WROCŁAW		93						DNS	

Zgłoszonych:	887	Odebrało nr.:	636	Wystartowało:	632	Ukończyło:	606
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