



City:	Mietków	Distance:	950m+45km+10,5km
Date:	08.06.2019	Organizer:	Platforma Sportów Wytrzymałościowych, Fundacja Pro Sport Pro Life

1/4 IM

KOBIETY (WOMEN)

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
1	747	KOTFICA Paulina		POL GVT BMC	86K30/1	K / 1	00:14:41 / 2	00:02:27 / 1	01:12:10 / 1	00:00:52 / 1	00:44:20 / 3	02:14:30	00:15:16
2	731	JANUSZ Izabela		POL	94K20/1	K / 2	00:16:19 / 3	00:02:58 / 2	01:17:36 / 2	00:00:59 / 2	00:46:14 / 6	02:24:06	00:24:52
3	534	HAJNOS-MAŁECKA Maria		POL SLOWMOTION 111.KEGEL.PL	84K30/2	K / 3	00:17:03 / 5	00:03:10 / 3	01:20:02 / 3	00:01:12 / 3	00:44:07 / 2	02:25:34	00:26:20
4	329	HALSKA Ania		POL ENDURE TEAM	84K30/3	K / 4	00:17:29 / 7	00:03:46 / 6	01:22:05 / 6	00:01:13 / 5	00:45:11 / 4	02:29:44	00:30:30
5	104	SKOREK Magda		POL	84K30/4	K / 5	00:18:27 / 10	00:02:53 / 7	01:21:16 / 4	00:00:50 / 4	00:46:39 / 8	02:30:05	00:30:52
6	595	LEŚNIAK Karolina		POL TMTEAM	83K30/5	K / 6	00:19:02 / 13	00:02:56 / 9	01:21:45 / 5	00:01:15 / 6	00:46:04 / 5	02:31:02	00:31:49
7	478	KAUCKA Alicja		POL	88K30/6	K / 7	00:18:43 / 12	00:03:31 / 10	01:22:37 / 7	00:01:07 / 7	00:47:09 / 9	02:33:07	00:33:53
8	677	PANAS Iwona		POL CHEŁMSKA GRUPA TRIATHLONOWA	84K30/7	K / 8	00:16:49 / 4	00:03:40 / 4	01:27:43 / 12	00:01:05 / 8	00:50:35 / 15	02:39:51	00:40:37
9	594	JASKUŁA Katarzyna		POL TMTEAM	79K40/1	K / 9	00:21:05 / 22	00:03:48 / 18	01:23:32 / 8	00:01:57 / 9	00:49:50 / 13	02:40:11	00:40:57
10	600	PŁAWIAK Anna		POL GT RAT	83K30/8	K / 10	00:20:44 / 18	00:04:20 / 20	01:28:04 / 14	00:01:08 / 14	00:46:18 / 7	02:40:33	00:41:20
11	116	WIECZOREK Katarzyna		POL	89K30/9	K / 11	00:18:25 / 9	00:03:20 / 8	01:27:12 / 10	00:02:21 / 10	00:50:28 / 14	02:41:46	00:42:32
12	96	GAŁEK Anna		POL	82K30/10	K / 12	00:20:48 / 19	00:04:11 / 19	01:28:27 / 15	00:01:08 / 15	00:49:28 / 12	02:44:02	00:44:48
13	667	SZPOCIŃSKA Sylwia		POL GT RAT	84K30/11	K / 13	00:17:20 / 6	00:03:47 / 5	01:29:12 / 19	00:01:20 / 11	00:52:31 / 17	02:44:09	00:44:55
14	358	JĘDRZEJCZYK Natalia		POL TRIWAWA	85K30/12	K / 14	00:18:25 / 8	00:04:34 / 12	01:27:42 / 11	00:01:58 / 12	00:52:22 / 16	02:45:01	00:45:47
15	381	KALITA Katarzyna		POL ŻELAZNA ŚWIDNICA	89K30/13	K / 15	00:21:00 / 20	00:03:25 / 15	01:27:51 / 13	00:01:04 / 13	00:54:17 / 27	02:47:36	00:48:23
16	359	KUCZYŃSKA Kinga		POL KS KOZIOŁEK KĘDZIERZYN-KOŹLE	93K20/2	K / 16	00:23:54 / 38	00:03:37 / 32	01:26:04 / 9	00:00:59 / 16	00:53:29 / 24	02:48:03	00:48:50
17	616	WALEŃSKA Ewa		POL NOA	76K40/2	K / 17	00:24:59 / 45	00:03:46 / 39	01:32:26 / 21	00:01:29 / 27	00:49:04 / 10	02:51:44	00:52:30
18	82	BREWSKA Wanda		POL GT RAT	83K30/14	K / 18	00:24:37 / 42	00:04:05 / 38	01:28:38 / 16	00:01:45 / 19	00:52:39 / 18	02:51:44	00:52:31
19	524	KOSEK Aleksandra		POL	78K40/3	K / 19	00:22:27 / 25	00:03:43 / 25	01:33:54 / 26	00:01:23 / 23	00:52:44 / 19	02:54:11	00:54:57
20	627	MICHAŁEK Joanna		POL TRIACTIV RIDLEY	90K20/3	K / 20	00:19:26 / 14	00:05:05 / 16	01:28:49 / 17	00:01:41 / 17	00:59:31 / 43	02:54:32	00:55:18
21	684	JEŹAK Karolina		POL KSP WARSZAWA KRP WARSZAWA III	89K30/15	K / 21	00:20:28 / 17	00:04:46 / 22	01:34:34 / 28	00:02:21 / 25	00:52:53 / 20	02:55:01	00:55:47
22	146	LICHACZ Ania		POL ROK	81K30/16	K / 22	00:22:41 / 30	00:04:19 / 28	01:29:47 / 20	00:01:47 / 18	00:57:10 / 36	02:55:43	00:56:30
23	272	SKÓRA Katarzyna		POL LITWIN TRIATHLON TEAM	75K40/4	K / 23	00:18:33 / 11	00:04:31 / 13	01:36:48 / 32	00:02:02 / 24	00:54:06 / 26	02:56:00	00:56:46
24	666	BIELAWSKA Justyna		POL RAGABA MEBLE TEAM	80K30/17	K / 24	00:20:09 / 16	00:04:30 / 17	01:34:58 / 29	00:01:41 / 22	00:54:53 / 30	02:56:11	00:56:57
25	680	JĘDRUCH Katarzyna		POL KMP ŚWINOUJŚCIE	86K30/18	K / 25	00:22:38 / 28	00:03:24 / 24	01:35:56 / 31	00:01:13 / 28	00:53:06 / 21	02:56:17	00:57:03
26	252	LENKOWSKA Adrianna		POL RANO	94K20/4	K / 26	00:22:58 / 33	00:04:08 / 29	01:34:06 / 27	00:01:27 / 26	00:54:34 / 29	02:57:13	00:57:59
27	664	KARPIENIA Ewa		POL CKS ORKA SZCZECIN	69K50/1	K / 27	00:21:10 / 23	00:03:58 / 21	01:33:44 / 25	00:01:35 / 20	00:58:27 / 39	02:58:53	00:59:40

KOBIETY (WOMEN)

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
28	609	WIŚNIEWSKA Marlena		POL KUŹNIA TRIATHLONU	79K40/5	K / 28	00:24:17 / 40	00:04:18 / 37	01:33:30 / 24	00:01:41 / 30	00:55:35 / 33	02:59:20	01:00:07
29	630	SOWA Krystyna		POL KUŹNIA TRIATHLONU	82K30/19	K / 29	00:22:53 / 32	00:07:08 / 44	01:28:59 / 18	00:01:36 / 21	00:59:38 / 44	03:00:13	01:01:00
30	103	HYPIAK Joanna		POL TRIACTIV RIDLEY	85K30/20	K / 30	00:28:14 / 51	00:04:00 / 48	01:35:15 / 30	00:01:11 / 35	00:53:18 / 23	03:01:58	01:02:44
31	563	DOMAGAŁA Agnieszka		POL ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN	84K30/21	K / 31	00:21:40 / 24	00:06:12 / 34	01:39:48 / 38	00:02:53 / 39	00:53:08 / 22	03:03:41	01:04:27
32	308	TKACZYSZYN Karolina		POL	96K20/5	K / 32	00:24:11 / 39	00:03:51 / 35	01:38:40 / 36	00:01:54 / 34	00:56:12 / 34	03:04:47	01:05:34
33	510	DOBROCHOWSKA Ilona		POL STRZEGOMSKA DWUNASTKA	79K40/6	K / 33	00:23:04 / 35	00:04:32 / 33	01:39:09 / 37	00:02:09 / 37	00:57:24 / 37	03:06:17	01:07:04
34	758	WOSKOWSKA Magdalena		POL RAFAKO TRITEAM	80K30/22	K / 34	00:19:39 / 15	00:04:25 / 14	01:45:35 / 44	00:02:09 / 41	00:55:07 / 32	03:06:55	01:07:41
35	75	ROGOZIŃSKA Beata		POL	80K30/23	K / 35	00:28:49 / 52	00:04:22 / 52	01:33:16 / 23	00:02:24 / 36	00:58:09 / 38	03:06:59	01:07:46
36	54	GAŁKIEWICZ Irena		POL LITWIN TRIATHLON TEAM	74K40/7	K / 36	00:23:17 / 36	00:04:05 / 31	01:37:15 / 33	00:02:21 / 32	01:00:08 / 45	03:07:05	01:07:52
37	613	GRESZTA Katarzyna		POL TMTEAM	74K40/8	K / 37	00:25:07 / 46	00:05:21 / 46	01:42:03 / 40	00:00:49 / 42	00:53:54 / 25	03:07:14	01:08:00
38	64	SZYMAŃSKA Brygida		POL STRZEGOMSKA DWUNASTKA	90K20/6	K / 38	00:23:03 / 34	00:05:22 / 36	01:48:36 / 47	00:01:32 / 45	00:49:17 / 11	03:07:50	01:08:36
39	425	RÓŻYCKA Joanna		POL NIEZRZESZONA	76K40/9	K / 39	00:22:29 / 26	00:04:47 / 30	01:37:46 / 34	00:02:46 / 33	01:00:14 / 47	03:08:01	01:08:48
40	656	MAJCHRZAK Magdalena		POL	88K30/24	K / 40	00:23:42 / 37	00:05:11 / 40	01:33:10 / 22	00:01:38 / 29	01:04:29 / 51	03:08:10	01:08:56
41	299	KĘSY-KOWALSKA Hanna		POL SZCZAWNORUN	67K50/2	K / 41	00:22:40 / 29	00:04:17 / 27	01:41:26 / 39	00:02:29 / 40	00:58:41 / 40	03:09:33	01:10:19
42	251	ZAWODNIK ANONIMOWY		POL FASTTEAM	79K40/10	K / 42	00:22:32 / 27	00:04:00 / 26	01:37:58 / 35	00:02:02 / 31	01:03:37 / 50	03:10:09	01:10:55
43	284	SIKOŃ Katarzyna		POL PRO-RUN WROCLAW	77K40/11	K / 43	00:24:57 / 44	00:04:28 / 41	01:45:00 / 43	00:01:50 / 44	00:55:00 / 31	03:11:15	01:12:01
44	411	HACHOŁ Grażyna		POL	57K50/3	K / 44	00:12:45 / 1	00:09:34 / 11	02:06:21 / 53	00:04:06 / 52	00:40:05 / 1	03:12:51	01:13:37
45	229	JEDLIŃSKA Katarzyna		POL DSSE	80K30/25	K / 45	00:24:29 / 41	00:04:57 / 42	01:42:47 / 42	00:02:40 / 43	00:58:47 / 42	03:13:39	01:14:26
46	219	SZYDŁO Agata		POL GT RAT	69K50/4	K / 46	00:21:00 / 21	00:04:15 / 23	01:42:46 / 41	00:02:13 / 38	01:05:37 / 52	03:15:51	01:16:37
47	756	LASKOWSKA Aneta		POL TIM SPORT GÓRSKI	70K40/12	K / 47	00:25:32 / 47	00:04:31 / 45	01:47:54 / 45	00:03:04 / 46	01:00:12 / 46	03:21:13	01:21:59
48	390	KRÓL-PIDANTY Marzena		POL I-SPORT	75K40/13	K / 48	00:27:15 / 50	00:05:32 / 51	01:50:29 / 49	00:02:15 / 49	00:56:25 / 35	03:21:56	01:22:42
49	198	CHICIŃSKA Monika		POL	73K40/14	K / 49	00:29:14 / 53	00:05:28 / 53	01:52:38 / 52	00:01:14 / 50	00:54:32 / 28	03:23:05	01:23:52
50	621	OLEŃSKA Anna		POL	78K40/15	K / 50	00:25:48 / 48	00:06:14 / 47	01:48:18 / 46	00:02:23 / 48	01:02:51 / 49	03:25:33	01:26:20
51	490	ŻUBER Anna		POL TMT	76K40/16	K / 51	00:24:41 / 43	00:07:45 / 50	01:52:12 / 51	00:04:52 / 51	00:58:47 / 41	03:28:16	01:29:03
52	412	OSTOLSKA Sylwia		POL	74K40/17	K / 52	00:22:52 / 31	00:06:47 / 43	01:50:35 / 50	00:01:58 / 47	01:07:08 / 53	03:29:20	01:30:07
53	208	GAJ-JURCZYK Renata		POL LEWIN BIEGA	73K40/18	K / 53	00:31:18 / 54	00:10:07 / 54	01:49:58 / 48	00:02:42 / 53	01:01:42 / 48	03:35:47	01:36:33
54	305	VALIUCKO-KACZMAREK Veslava		POL	83K30/26	K / 54	00:26:58 / 49	00:05:25 / 49	02:08:18 / 54	00:02:11 / 54	01:09:53 / 54	03:52:45	01:53:31

Zgłoszonych:	886	Odebrało nr.:	635	Wystartowało:	631	Ukończyło:	604
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