

# Ślęzański Festiwal Biegowy 2019

## WYNIKI ZAWODÓW

**Organizator:** KB Sobotka

**Termin:** 28.09.2019

**Miejsce:** Sobótka

**Dystans:** 80 km

| Miejsce<br>Rank              | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat | Drużyna<br>Team                    | R-k<br>YoB | W kategorii<br>in Age | Sex   | Czas<br>Time | Netto    | [min/km] |
|------------------------------|-----------|-------------------------|---------------------|-------------|------------------------------------|------------|-----------------------|-------|--------------|----------|----------|
| <b>ULTRA 80km - M20 [4]</b>  |           |                         |                     |             |                                    |            |                       |       |              |          |          |
| 1                            | 31        | WIERZBICKI Hubert       | PASIKUROWICE        |             | POL CROSSFIT DOGFIELD              | 92         | M20/1                 | (M)3  | 08:26:06     | 08:26:02 | 06.19    |
| 2                            | 11        | GANDZIAROWSKI Marek     | SOBÓTKA             |             | POL WATAHA SOBÓTKA                 | 91         | M20/2                 | (M)11 | 09:22:42     | 09:22:40 | 07.02    |
| 3                            | 12        | MAKSYM Piotr            | SOBÓTKA             |             | POL                                | 92         | M20/3                 | (M)18 | 10:11:38     | 10:11:32 | 07.38    |
| 4                            | 68        | ORUBA Dawid             | WIRY                |             | POL                                | 95         | M20/4                 | (M)35 | 11:44:13     | 11:44:07 | 08.48    |
| <b>ULTRA 80km - M30 [20]</b> |           |                         |                     |             |                                    |            |                       |       |              |          |          |
| 1                            | 40        | DURKOWSKI Marcin        | OBORNiki ŚLĄSKIE    |             | POL OBORYGENI                      | 85         | M30/1                 | (M)1  | 07:57:48     | 07:57:45 | 05.58    |
| 2                            | 14        | KOGUT Stanisław         | ŚWIDNICA            |             | POL BIEGOWA ŚWIDNICA               | 81         | M30/2                 | (M)4  | 08:31:13     | 08:31:07 | 06.23    |
| 3                            | 57        | ŁABUZ Sylwester         | DZIERŻONIÓW         |             | POL SOWIODZIKI                     | 85         | M30/3                 | (M)6  | 08:54:14     | 08:54:10 | 06.40    |
| 4                            | 62        | FELKIEL Tomasz          | WROCLAW             |             | POL                                | 87         | M30/4                 | (M)8  | 09:15:41     | 09:15:35 | 06.56    |
| 5                            | 35        | BUGA Piotr              | WROCLAW             |             | POL NOKIA                          | 80         | M30/5                 | (M)9  | 09:18:59     | 09:18:49 | 06.59    |
| 6                            | 559       | CZOSNOWSKI Tomasz       | GLIWICE             |             | POL                                | 80         | M30/6                 | (M)12 | 09:45:25     | 09:45:22 | 07.19    |
| 7                            | 34        | MIKUŚ Marcin            | WROCLAW             |             | POL                                | 81         | M30/7                 | (M)13 | 09:47:00     | 09:46:56 | 07.20    |
| 8                            | 36        | GAJEWSKI Michał         | SKARŻYSKO-KAMIENNA  |             | POL AKADEMIA INNOWACJI SPOŁECZNYCH | 80         | M30/8                 | (M)14 | 09:48:52     | 09:48:44 | 07.21    |
| 9                            | 32        | KIELAR Adam             | WROCLAW             |             | POL BIOFEMINA.PL                   | 82         | M30/9                 | (M)16 | 09:52:53     | 09:52:47 | 07.24    |
| 10                           | 15        | SZEMIEL Maciej          | WROCLAW             |             | POL                                | 84         | M30/10                | (M)22 | 10:18:38     | 10:18:36 | 07.43    |
| 11                           | 16        | OSTROWSKI Łukasz        | BORÓW               |             | POL                                | 83         | M30/11                | (M)23 | 10:35:00     | 10:34:54 | 07.56    |
| 12                           | 13        | BOCHNAK Paweł           | WROCLAW             |             | POL                                | 88         | M30/12                | (M)24 | 10:44:58     | 10:44:47 | 08.03    |
| 13                           | 44        | BYZIA Piotr             | WROCLAW             |             | POL                                | 82         | M30/13                | (M)27 | 10:56:23     | 10:56:15 | 08.12    |
| 14                           | 8         | LIS Paweł               | BRZEG DOLNY         |             | POL PCC ULTRA RUNNERS              | 87         | M30/14                | (M)29 | 11:06:33     | 11:06:29 | 08.19    |
| 15                           | 64        | WIERZBOWY Przemek       | WROCLAW             |             | POL KOKO DŻAMBO I DO PRZODU        | 87         | M30/15                | (M)32 | 11:19:49     | 11:19:45 | 08.29    |
| 16                           | 10        | KULCZEWSKI Łukasz       | WROCLAW             |             | POL KB VAMOS AMIGOS WROCLAW        | 80         | M30/16                | (M)33 | 11:25:23     | 11:25:19 | 08.33    |
| 17                           | 18        | KMET Michał             | MYJAVA              |             | SVK MYJAVA/SLOVAKIA                | 83         | M30/17                | (M)37 | 12:20:09     | 12:20:00 | 09.15    |
| 18                           | 56        | RÓŻANOWSKI Szymon       | WROCLAW             |             | POL                                | 86         | M30/18                | (M)38 | 12:21:26     | 12:21:14 | 09.15    |
| 19                           | 63        | KUROWSKI Wojciech       | WROCLAW             |             | POL TRIACTIV RIDLEY                | 80         | M30/19                | (M)47 | 13:39:40     | 13:39:33 | 10.14    |
| 20                           | 551       | HOMENDA Przemysław      | MARCINOWICE         |             | POL DEFAULT CLUB                   | 80         | M30/20                | (M)48 | 13:49:35     | 13:49:22 | 10.22    |
| <b>ULTRA 80km - M40 [19]</b> |           |                         |                     |             |                                    |            |                       |       |              |          |          |
| 1                            | 1         | KOT Rafał               | SZCZYTNO            |             | POL MUAY RUNNING TEAM              | 79         | M40/1                 | (M)2  | 08:17:10     | 08:17:09 | 06.12    |
| 2                            | 3         | PUCHAŁA Radosław        | SOBÓTKA             |             | POL KB SOBÓTKA                     | 79         | M40/2                 | (M)5  | 08:34:33     | 08:34:31 | 06.25    |
| 3                            | 42        | BARCZYK Mariusz         | OLKUSZ              |             | POL OLKUSZBIEGA                    | 76         | M40/3                 | (M)7  | 09:06:04     | 09:06:03 | 06.49    |
| 4                            | 65        | GARNEK Piotr            | WROCLAW             |             | POL VEGE RUNNERS                   | 79         | M40/4                 | (M)10 | 09:20:23     | 09:20:18 | 07.00    |
| 5                            | 9         | KALUŻNY Wojciech        | ŚWIDNICA            |             | POL BIEGOWA ŚWIDNICA               | 77         | M40/5                 | (M)15 | 09:51:35     | 09:51:23 | 07.23    |
| 6                            | 33        | MAZUREK Artur           | CZARNY BÓR          |             | POL BUD-PASZ KAZIMIERCZAK          | 70         | M40/6                 | (M)17 | 09:53:46     | 09:53:41 | 07.25    |
| 7                            | 548       | BĘŚ Marcin              | JORDANÓW ŚLĄSKI     |             | POL SIŁA OGRA                      | 76         | M40/7                 | (M)19 | 10:13:23     | 10:13:19 | 07.39    |
| 8                            | 50        | FOLCIK Ziemowit         | WROCLAW             |             | POL NIGHT RUNNERS WROCLAW          | 77         | M40/8                 | (M)20 | 10:13:25     | 10:13:20 | 07.40    |
| 9                            | 55        | JACKOWICZ Rafał         | SOBÓTKA             |             | POL AKTYWNI ŚLĘŻANIE               | 75         | M40/9                 | (M)21 | 10:15:31     | 10:15:27 | 07.41    |
| 10                           | 37        | SZCZOT Andrzej          | WROCLAW             |             | POL KB SOBÓTKA                     | 76         | M40/10                | (M)25 | 10:46:47     | 10:46:47 | 08.05    |
| 11                           | 60        | SZWEDOWSKI Dominik      | SOBÓTKA             |             | POL KB SOBÓTKA                     | 78         | M40/11                | (M)26 | 10:55:44     | 10:55:40 | 08.11    |
| 12                           | 66        | BARAN Jarosław          | WROCLAW             |             | POL TRIACTIV RIDLEY                | 74         | M40/12                | (M)28 | 10:57:14     | 10:57:08 | 08.12    |
| 13                           | 28        | POROWSKI Wałdek         | WARSZAWA            |             | POL BIEGAJĄCY LASEK                | 76         | M40/13                | (M)30 | 11:08:11     | 11:08:07 | 08.21    |
| 14                           | 5         | KOCIUMBAS Bartosz       | SOBÓTKA             |             | POL KB SOBÓTKA                     | 72         | M40/14                | (M)31 | 11:19:35     | 11:19:30 | 08.29    |
| 15                           | 51        | KOSMAŁSKI Rafał         | WROCLAW             |             | POL                                | 73         | M40/15                | (M)34 | 11:39:37     | 11:39:26 | 08.44    |
| 16                           | 552       | PAŚ Tomasz              | WROCLAW             |             | POL PASIOL TEAM WROCLAW            | 75         | M40/16                | (M)40 | 12:41:34     | 12:41:28 | 09.31    |
| 17                           | 47        | LUBIENIECKI Teodor      | SOBÓTKA             |             | POL KB SOBÓTKA                     | 70         | M40/17                | (M)45 | 13:39:35     | 13:39:25 | 10.14    |
| 18                           | 20        | MIELNIK Krzysztof       | LIPNO               |             | POL                                | 72         | M40/18                | (M)46 | 13:39:35     | 13:39:27 | 10.14    |
| <b>ULTRA 80km - M50 [6]</b>  |           |                         |                     |             |                                    |            |                       |       |              |          |          |
| 1                            | 38        | RAK Zdzisław            | ROGÓW SOBÓCKI       |             | POL VITA I ANIMAL                  | 66         | M50/1                 | (M)36 | 12:08:37     | 12:08:32 | 09.06    |

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat                                                                       | Drużyna<br>Team           | R-k<br>YoB | W kategorii<br>in Age | Sex   | Czas<br>Time | Netto    | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-----------------------------------------------------------------------------------|---------------------------|------------|-----------------------|-------|--------------|----------|----------|
| 2               | 39        | OLBRYŚ Stanisław-adam   | NASIELSK            |  | POL KB LEGIONOWO          | 67         | M50/2                 | (M)39 | 12:39:32     | 12:39:27 | 09.29    |
| 3               | 41        | KRUK Wacław             | ŚWIDNICA            |  | POL KB SOBÓTKA            | 67         | M50/3                 | (M)41 | 12:43:46     | 12:43:36 | 09.32    |
| 4               | 45        | ZAGROBELNY Radosław     | WROCŁAW             |  | POL MONKO COFFEE          | 64         | M50/4                 | (M)42 | 12:44:48     | 12:44:46 | 09.33    |
| 5               | 58        | FURTAK Krzysztof        | LUBIN               |  | POL KTOŚ MUSI BYĆ OSTATNI | 62         | M50/5                 | (M)43 | 12:56:44     | 12:56:44 | 09.42    |
| 6               | 59        | MARCINOWSKI Arek        | WARSZAWA            |  | POL FUNDACJA PALAC STRUGA | 69         | M50/6                 | (M)44 | 13:18:30     | 13:18:19 | 09.58    |

## ULTRA 80km - K30 [1]

|   |    |                   |       |                                                                                   |                |    |       |      |          |          |       |
|---|----|-------------------|-------|-----------------------------------------------------------------------------------|----------------|----|-------|------|----------|----------|-------|
| 1 | 25 | ROZNEJSKA Dagmara | REKÓW |  | POL KB SOBÓTKA | 85 | K30/1 | (K)4 | 11:24:54 | 11:24:53 | 08.33 |
|---|----|-------------------|-------|-----------------------------------------------------------------------------------|----------------|----|-------|------|----------|----------|-------|

## ULTRA 80km - K40 [6]

|   |     |                             |                  |                                                                                   |                  |    |       |      |          |          |       |
|---|-----|-----------------------------|------------------|-----------------------------------------------------------------------------------|------------------|----|-------|------|----------|----------|-------|
| 1 | 48  | KURPIEWSKA Anna             | WROCŁAW          |  | POL GT RAT       | 77 | K40/1 | (K)1 | 09:21:03 | 09:20:59 | 07.00 |
| 2 | 549 | GÓRNIAK-ANTKOWIAK Agnieszka | OBORNIKI ŚLĄSKIE |  | POL OBORYGENI    | 78 | K40/2 | (K)2 | 09:32:12 | 09:32:08 | 07.09 |
| 3 | 550 | NOWACKA Marlena             | PIASKI WLKP      |  | POL JAN-MAR.PL   | 76 | K40/3 | (K)3 | 09:41:28 | 09:41:26 | 07.16 |
| 4 | 29  | PIASECKA Jadwiga            | SOBÓTKA          |  | POL KORFF TEAM   | 72 | K40/4 | (K)5 | 12:24:52 | 12:24:42 | 09.18 |
| 5 | 30  | KOZIOL Katarzyna            | SOBÓTKA          |  | POL KORFF TEAM   | 74 | K40/5 | (K)6 | 12:24:52 | 12:24:46 | 09.18 |
| 6 | 61  | KOWALCZYK Ewelina           | LUBOŃ            |  | POL LUCKY LUZERS | 76 | K40/6 | (K)7 | 13:00:40 | 13:00:31 | 09.45 |

## Górski Maraton 42 km - M20 [12]

|    |     |                       |             |                                                                                     |                                                 |    |        |       |          |          |       |
|----|-----|-----------------------|-------------|-------------------------------------------------------------------------------------|-------------------------------------------------|----|--------|-------|----------|----------|-------|
| 1  | 114 | DUDA Karol            | PIESZYCE    |    | POL BLACK HAT ULTRA TEAM                        | 90 | M20/1  | (M)5  | 04:00:34 | 04:00:27 | 05.43 |
| 2  | 95  | MAŁEK Tomasz          | GOSTYŃ      |    | POL                                             | 91 | M20/2  | (M)10 | 04:28:24 | 04:28:19 | 06.23 |
| 3  | 133 | POCHROŃ Marcin        | MOKRSKO     |    | POL                                             | 92 | M20/3  | (M)11 | 04:44:21 | 04:44:02 | 06.45 |
| 4  | 91  | LEJA Wojciech         | ŚLĘZA       |    | POL DA STYGMATYK                                | 92 | M20/4  | (M)18 | 05:00:12 | 05:00:03 | 07.08 |
| 5  | 71  | KLIMCZAK Jacek        | ŻERKÓW      |    | POL FIZJOTERAPIA DLA CIEBIE I RODZINY<br>ŻERKÓW | 90 | M20/5  | (M)30 | 05:15:27 | 05:15:13 | 07.30 |
| 6  | 143 | DOBRAKOWSKI Krzysztof | CZĘSTOCHOWA |    | POL MONAR                                       | 92 | M20/6  | (M)34 | 05:21:39 | 05:21:24 | 07.39 |
| 7  | 553 | ZIMPOCH Paweł         | SOBÓTKA     |    | POL WATAHA SOBÓTKA                              | 91 | M20/7  | (M)35 | 05:25:41 | 05:25:07 | 07.44 |
| 8  | 146 | SZCZUREK Paweł        | BRZEG       |  | POL SRC TEAM                                    | 91 | M20/8  | (M)41 | 05:47:12 | 05:46:57 | 08.15 |
| 9  | 74  | KABAŁA Bartosz        | GOSTYŃ      |  | POL                                             | 95 | M20/9  | (M)54 | 06:26:17 | 06:25:34 | 09.10 |
| 10 | 145 | KARCZMIT Daniel       | NYSA        |  | POL                                             | 90 | M20/10 | (M)56 | 06:30:52 | 06:30:09 | 09.17 |
| 11 | 70  | HETMAŃSKI Jakub       | SOŚNIE      |  | POL                                             | 97 | M20/11 | (M)64 | 06:58:27 | 06:57:43 | 09.56 |

## Górski Maraton 42 km - M30 [30]

|    |     |                         |                  |                                                                                     |                                       |    |        |       |          |          |       |
|----|-----|-------------------------|------------------|-------------------------------------------------------------------------------------|---------------------------------------|----|--------|-------|----------|----------|-------|
| 1  | 557 | SZCZESNIEWSKI Miłosz    | DĄBCZE           |  | POL SALCO GARMIN TEAM                 | 89 | M30/1  | (M)1  | 03:27:27 | 03:27:25 | 04.56 |
| 2  | 124 | BOROWCZYK Sebastian     | POZNAŃ           |  | POL KB DĘBIEC                         | 88 | M30/2  | (M)2  | 03:42:48 | 03:42:47 | 05.18 |
| 3  | 152 | SOBAS Jacek             | KĘDZIERZYN-KOŹLE |  | POL AKADEMIABIEGANIA.COM / #SOBASTEAM | 85 | M30/3  | (M)3  | 03:51:29 | 03:51:28 | 05.30 |
| 4  | 86  | KULBICKI Piotr          | WROCŁAW          |  | POL GT RAT                            | 81 | M30/4  | (M)6  | 04:10:35 | 04:10:30 | 05.57 |
| 5  | 117 | WICHLACZ Paweł          | SZRENIAWA        |  | POL KB MANIAC POZNAŃ                  | 83 | M30/5  | (M)7  | 04:12:20 | 04:12:05 | 06.00 |
| 6  | 142 | OLKIS Rafał             | WROCŁAW          |  | POL RMT TEAM   RATEMYTRAIL.COM        | 81 | M30/6  | (M)8  | 04:25:17 | 04:25:10 | 06.18 |
| 7  | 558 | SIEKIERKA Tomasz        | SKOKOWA          |  | POL                                   | 86 | M30/7  | (M)12 | 04:44:31 | 04:44:23 | 06.46 |
| 8  | 46  | KLINIK Paweł            | RACIBÓRZ         |  | POL KLUB BIEGAM BO LUBIĘ RACIBÓRZ     | 82 | M30/8  | (M)15 | 04:46:41 | 04:46:15 | 06.48 |
| 9  | 116 | HOLYST Andrzej          | NOWA RUDA        |  | POL GT RAT                            | 81 | M30/9  | (M)16 | 04:49:40 | 04:49:32 | 06.53 |
| 10 | 140 | RODRIGUEZ ESTEVEZ Jesus | WROCŁAW          |  | POL GT RAT                            | 84 | M30/10 | (M)17 | 04:53:22 | 04:53:20 | 06.59 |
| 11 | 128 | SUSZ Marian             | SOBÓTKA          |  | POL GRZMOTOMOCNI SOBÓTKA              | 80 | M30/11 | (M)20 | 05:01:33 | 05:00:58 | 07.09 |
| 12 | 118 | DREAS Michał            | POZNAŃ           |  | POL KS STK                            | 83 | M30/12 | (M)24 | 05:06:00 | 05:05:56 | 07.17 |
| 13 | 120 | IWASZCZYSZYN Tomasz     | WROCŁAW          |  | POL RATEMYTRAIL.COM                   | 88 | M30/13 | (M)25 | 05:07:10 | 05:07:02 | 07.18 |
| 14 | 111 | GAJLUSZ Dawid           | OLEŚNICA         |  | POL BIEGIEM PO MARZENIA TEAM          | 85 | M30/14 | (M)28 | 05:13:00 | 05:12:50 | 07.26 |
| 15 | 81  | SPYCHAŁA Michał         | WRONKI           |  | POL                                   | 81 | M30/15 | (M)31 | 05:16:03 | 05:15:32 | 07.30 |
| 16 | 148 | PARWA Michał            | DZIEKANOWICE     |  | POL BIEGIEM NA ROWER                  | 85 | M30/16 | (M)33 | 05:20:52 | 05:20:46 | 07.38 |
| 17 | 102 | WÓJCIK Jerzy            | UJÓW             |  | POL                                   | 81 | M30/17 | (M)39 | 05:45:29 | 05:45:11 | 08.13 |
| 18 | 149 | PIĄTEK Rafał            | KRAKÓW           |  | POL BIEGIEM NA ROWER                  | 83 | M30/18 | (M)42 | 05:47:59 | 05:47:51 | 08.16 |
| 19 | 555 | ZAJĄCZKOWSKI Michał     | WROCŁAW          |  | POL GRUPA BIEGOWA KS BROCHÓW          | 89 | M30/19 | (M)43 | 05:47:59 | 05:47:17 | 08.16 |
| 20 | 97  | WYBRANIEC Michał        | WAŁBRZYCH        |  | POL                                   | 85 | M30/20 | (M)44 | 05:49:54 | 05:49:28 | 08.19 |
| 21 | 115 | TYCZYŃSKI Przemysław    | MIŁOSZYCE        |  | POL                                   | 89 | M30/21 | (M)45 | 05:54:11 | 05:53:43 | 08.25 |
| 22 | 108 | DZIERLA Marcin          | ŻERKÓW           |  | POL hardcore RUNNER                   | 82 | M30/22 | (M)47 | 05:58:46 | 05:58:28 | 08.32 |
| 23 | 100 | SOBAŃSKI Bartosz        | POZNAŃ           |  | POL                                   | 87 | M30/23 | (M)48 | 05:59:07 | 05:58:58 | 08.32 |
| 24 | 150 | ROSKOWSKI Marcin        | WROCŁAW          |  | POL                                   | 84 | M30/24 | (M)52 | 06:18:12 | 06:17:19 | 08.59 |
| 25 | 78  | MIKRUT Paweł            | WROCŁAW          |  | POL                                   | 82 | M30/25 | (M)55 | 06:29:32 | 06:28:58 | 09.15 |
| 26 | 135 | TENDAJ Marek            | JELENIA GÓRA     |  | POL                                   | 82 | M30/26 | (M)58 | 06:38:14 | 06:38:02 | 09.28 |
| 27 | 119 | JAWOREK Grzegorz        | WROCŁAW          |  | POL BBM                               | 86 | M30/27 | (M)59 | 06:39:36 | 06:38:58 | 09.29 |
| 28 | 83  | WZIĘTEK Adam            | WRONKI           |  | POL WRONKI                            | 83 | M30/28 | (M)60 | 06:49:28 | 06:48:56 | 09.44 |

| Miejsce<br>Rank                           | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat                                                                         | Drużyna<br>Team                                    | R-k<br>YoB | W kategorii<br>in Age | Sex   | Czas<br>Time | Netto    | [min/km] |
|-------------------------------------------|-----------|-------------------------|---------------------|-------------------------------------------------------------------------------------|----------------------------------------------------|------------|-----------------------|-------|--------------|----------|----------|
| 29                                        | 82        | GÓRNY Dawid             | WRONKI              |    | POL                                                | 84         | M30/29                | (M)61 | 06:49:28     | 06:49:00 | 09.44    |
| 30                                        | 79        | STOLARSKI Jacek         | OLSZTYN             |    | POL R11/11                                         | 81         | M30/30                | (M)65 | 06:59:41     | 06:59:08 | 09.58    |
| <b>Górski Maraton 42 km - M40 [17]</b>    |           |                         |                     |                                                                                     |                                                    |            |                       |       |              |          |          |
| 1                                         | 4         | KUPCZAK Mariusz         | ROGÓW SOBÓTKI       |    | POL KB SOBÓTKA                                     | 76         | M40/1                 | (M)4  | 03:52:05     | 03:52:03 | 05.31    |
| 2                                         | 144       | ŻYŁA Piotr              | SKOKOWA             |    | POL MAAGNUS TEAM SKOKOWA                           | 77         | M40/2                 | (M)13 | 04:45:18     | 04:45:16 | 06.47    |
| 3                                         | 554       | MAJEWSKI Piotr          | KARCZYN             |    | POL KB SOBÓTKA                                     | 75         | M40/3                 | (M)14 | 04:46:36     | 04:46:34 | 06.49    |
| 4                                         | 99        | OLAŃSKI Krzysztof       | WROCŁAW             |    | POL RONDO KLECINA                                  | 73         | M40/4                 | (M)19 | 05:00:53     | 05:00:27 | 07.09    |
| 5                                         | 139       | SCHWITALLA Adrian       | SIECHNICE           |    | POL MKS SIECHNICE                                  | 78         | M40/5                 | (M)21 | 05:01:40     | 05:01:09 | 07.10    |
| 6                                         | 121       | CIRKO Arkadiusz         | LUBIN               |    | POL KGHM ZG RUN                                    | 75         | M40/6                 | (M)23 | 05:04:57     | 05:04:52 | 07.15    |
| 7                                         | 107       | KRZYŻANOWSKI Marcin     | WYSOKA              |    | POL                                                | 78         | M40/7                 | (M)26 | 05:11:39     | 05:11:11 | 07.24    |
| 8                                         | 104       | KARPOWICZ Rafał         | WROCŁAW             |    | POL                                                | 76         | M40/8                 | (M)29 | 05:14:09     | 05:13:59 | 07.28    |
| 9                                         | 69        | PIETRZYK Tomasz         | ŚWIDNICA            |    | POL                                                | 79         | M40/9                 | (M)32 | 05:17:51     | 05:17:25 | 07.33    |
| 10                                        | 141       | PŁOCH Sebastian         | WROCŁAW             |    | POL                                                | 73         | M40/10                | (M)37 | 05:29:59     | 05:29:35 | 07.50    |
| 11                                        | 109       | PRZERWA Andrzej         | DZIERŻONIÓW         |    | POL KOCHAM IZE, MAJE I BORYSIAKA SUPER<br>CHŁOPAKA | 76         | M40/11                | (M)38 | 05:39:41     | 05:38:46 | 08.03    |
| 12                                        | 85        | TRYK Sebastian          | WROCŁAW             |    | POL PRO-RUN WROCŁAW                                | 71         | M40/12                | (M)46 | 05:58:27     | 05:57:56 | 08.31    |
| 13                                        | 127       | FRĄSKI Łukasz           | NOWY TOMYŚL         |    | POL NKB CHYŻY/DRUŻYNA JEZUSA                       | 76         | M40/13                | (M)49 | 05:59:11     | 05:58:54 | 08.32    |
| 14                                        | 137       | JARECKI Paweł           | SŁUP GM. MĘCINKA    |    | POL                                                | 77         | M40/14                | (M)53 | 06:19:01     | 06:18:12 | 09.00    |
| 15                                        | 77        | CHARUK Grzegorz         | WOŁÓW               |    | POL                                                | 79         | M40/15                | (M)57 | 06:30:54     | 06:30:14 | 09.17    |
| 16                                        | 80        | WILANOWSKI Tomasz       | WROCŁAW             |    | POL                                                | 70         | M40/16                | (M)63 | 06:50:46     | 06:43:57 | 09.37    |
| <b>Górski Maraton 42 km - M50 [10]</b>    |           |                         |                     |                                                                                     |                                                    |            |                       |       |              |          |          |
| 1                                         | 132       | GARDENER Jacek          | WARSZAWA            |    | POL JACEKBIEGA RUNNING TEAM                        | 66         | M50/1                 | (M)9  | 04:25:37     | 04:25:35 | 06.19    |
| 2                                         | 84        | KOWALSKI Grzegorz       | PIASECZNO           |    | POL PMCG PIASECZNO                                 | 67         | M50/2                 | (M)22 | 05:02:57     | 05:02:51 | 07.12    |
| 3                                         | 560       | BORDYCH Jacek           | KOŻUCHÓW            |    | POL BOREL MARATHON TEAM                            | 69         | M50/3                 | (M)36 | 05:27:43     | 05:27:37 | 07.48    |
| 4                                         | 134       | KOWALEWSKI Robert       | WROCŁAW             |    | POL                                                | 69         | M50/4                 | (M)40 | 05:46:59     | 05:46:14 | 08.14    |
| 5                                         | 125       | BRZOSTOWSKI Sławomir    | OBORNIKI ŚLĄSKIE    |    | POL                                                | 68         | M50/5                 | (M)50 | 06:13:35     | 06:12:47 | 08.52    |
| 6                                         | 129       | BOCZULA Krzysztof       | BIELAWA             |    | POL WKB PIAST WROCŁAW                              | 62         | M50/6                 | (M)51 | 06:14:38     | 06:13:57 | 08.54    |
| 7                                         | 110       | SIDORUK Dariusz         | ŚWIDNICA            |  | POL                                                | 67         | M50/7                 | (M)62 | 06:50:44     | 06:49:48 | 09.45    |
| 8                                         | 112       | KURZAJCZYK Mariusz      | KOŚCIELNA WIEŚ      |  | POL KLUB BIEGACZA SUPERMARATOŃCZYK                 | 65         | M50/8                 | (M)66 | 07:00:51     | 07:00:18 | 10.00    |
| <b>Górski Maraton 42 km - M60 [2]</b>     |           |                         |                     |                                                                                     |                                                    |            |                       |       |              |          |          |
| 1                                         | 75        | NOWAK Paweł             | KALISZ              |  | POL KLUB BIEGACZA SUPERMARATOŃCZYK                 | 59         | M60/1                 | (M)27 | 05:12:38     | 05:12:34 | 07.26    |
| <b>Górski Maraton 42 km - K30 [5]</b>     |           |                         |                     |                                                                                     |                                                    |            |                       |       |              |          |          |
| 1                                         | 105       | KALUŻA Magdalena        | WROCŁAW             |  | POL KUNA SELFCLUB                                  | 82         | K30/1                 | (K)2  | 05:02:46     | 05:01:59 | 07.11    |
| 2                                         | 94        | MASALSKA-PAWLAK Agata   | RADWANICE           |  | POL CHATA BIEGACZA K34 ZAKOPANE                    | 81         | K30/2                 | (K)3  | 05:16:06     | 05:15:56 | 07.31    |
| 3                                         | 24        | WOSKOWSKA Magdalena     | RACIBÓRZ            |  | POL KLUB BIEGAM BO LUBIĘ RACIBÓRZ                  | 80         | K30/3                 | (K)6  | 06:31:31     | 06:31:05 | 09.18    |
| 4                                         | 89        | KOPACKA Edyta           | WROCŁAW             |  | POL ADRIAN DANILEWICZ GROUP                        | 85         | K30/4                 | (K)8  | 06:33:50     | 06:33:19 | 09.21    |
| <b>Górski Maraton 42 km - K40 [6]</b>     |           |                         |                     |                                                                                     |                                                    |            |                       |       |              |          |          |
| 1                                         | 556       | MOCZULSKA Małgorzata    | ŻARÓW               |  | POL KARKONOSZ RUNNING TEAM                         | 76         | K40/1                 | (K)1  | 04:44:15     | 04:44:09 | 06.45    |
| 2                                         | 122       | SKRĘTEK Monika          | JELENIA GÓRA        |  | POL BIEGAMDLAZDROWIA.PL                            | 72         | K40/2                 | (K)4  | 05:40:16     | 05:39:41 | 08.05    |
| 3                                         | 130       | BUCZEK Gabriela         | SWIERKI             |  | POL UKS LUDWIKOWICE                                | 73         | K40/3                 | (K)5  | 06:13:49     | 06:13:45 | 08.53    |
| 4                                         | 101       | JANUS - BURAK Elżbieta  | ŚRODA ŚLĄSKA        |  | POL                                                | 79         | K40/4                 | (K)7  | 06:32:29     | 06:32:01 | 09.20    |
| 5                                         | 98        | KRUK Katarzyna          | SOBÓTKA             |  | POL BRAK                                           | 73         | K40/5                 | (K)9  | 06:38:49     | 06:38:23 | 09.29    |
| <b>Górski Maraton 42 km - K50 [1]</b>     |           |                         |                     |                                                                                     |                                                    |            |                       |       |              |          |          |
| 1                                         | 87        | MUCHA Katarzyna         | WROCŁAW             |  | POL FITNESS ACADEMY                                | 66         | K50/1                 | (K)10 | 06:56:46     | 06:56:14 | 09.54    |
| <b>Półmaraton Górski 21 km - M20 [22]</b> |           |                         |                     |                                                                                     |                                                    |            |                       |       |              |          |          |
| 1                                         | 267       | DURCZYŃSKI Wojciech     | DŁUGOŁĘKA           |  | POL GUENTHER POLSKA                                | 91         | M20/1                 | (M)13 | 02:08:19     | 02:08:14 | 06.06    |
| 2                                         | 273       | SZNUROWSKI Mariusz      | SOBÓTKA             |  | POL AMATOR                                         | 93         | M20/2                 | (M)18 | 02:12:47     | 02:12:31 | 06.18    |
| 3                                         | 314       | KINAL Karol             | ŚRODA ŚLĄSKA        |  | POL                                                | 94         | M20/3                 | (M)22 | 02:13:41     | 02:13:37 | 06.21    |
| 4                                         | 272       | LAGNER Sebastian        | SOBÓTKA             |  | POL KB SOBÓTKA                                     | 92         | M20/4                 | (M)28 | 02:18:38     | 02:18:23 | 06.35    |
| 5                                         | 214       | SZKOŁA Dariusz          | MILIN               |  | POL KORFF TEAM                                     | 93         | M20/5                 | (M)29 | 02:19:30     | 02:18:41 | 06.36    |
| 6                                         | 21        | MARIŃCZYK Damian        | WAŁBRZYCH           |  | POL SUDECKIE WYCIECZKI BIEGOWE                     | 93         | M20/6                 | (M)30 | 02:21:14     | 02:21:12 | 06.43    |
| 7                                         | 298       | MIKOŁAJCZAK Tomasz      | LESZNO              |  | POL POŁĄCZENI PASJĄ                                | 92         | M20/7                 | (M)39 | 02:27:33     | 02:27:25 | 07.01    |
| 8                                         | 177       | DOBIJA Jacek            | ZIELONA GÓRA        |  | POL                                                | 92         | M20/8                 | (M)44 | 02:28:46     | 02:28:22 | 07.03    |
| 9                                         | 361       | KMIECIK Paweł           | POZNAŃ              |  | POL                                                | 90         | M20/9                 | (M)56 | 02:34:47     | 02:34:31 | 07.21    |
| 10                                        | 241       | KOZYRSKI Mariusz        | SOBÓTKA             |  | POL PŁUCA ZLEPIONE KRZEMIONKĄ                      | 90         | M20/10                | (M)59 | 02:35:44     | 02:35:19 | 07.23    |

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat                                                                       | Drużyna<br>Team          | R-k<br>YoB | W kategorii<br>in Age | Sex    | Czas<br>Time | Netto    | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-----------------------------------------------------------------------------------|--------------------------|------------|-----------------------|--------|--------------|----------|----------|
| 11              | 410       | CIEŚLA Piotr            | BIELANY WROCŁAWSKIE |  | POL ...                  | 98         | M20/11                | (M)72  | 02:40:28     | 02:40:10 | 07.37    |
| 12              | 303       | KONIECZNY Cyprian       | LESZNO              |  | POL SPINKO LESZNO        | 90         | M20/12                | (M)73  | 02:40:39     | 02:40:23 | 07.38    |
| 13              | 220       | BACHIŃSKI Wojciech      | ROGÓW SOBÓCKI       |  | POL PRĘDKIE STOPY ŻÓŁWIA | 93         | M20/13                | (M)81  | 02:47:19     | 02:47:04 | 07.57    |
| 14              | 181       | PRZYBYŁA Sebastian      | WOLSZTYN            |  | POL                      | 90         | M20/14                | (M)84  | 02:49:11     | 02:48:30 | 08.01    |
| 15              | 296       | GARUS Rafał             | SZCZECIN            |  | POL                      | 91         | M20/15                | (M)86  | 02:49:23     | 02:49:01 | 08.02    |
| 16              | 312       | JAŚKOWIEC Michał        | PRUDNIK             |  | POL                      | 94         | M20/16                | (M)96  | 02:51:19     | 02:50:46 | 08.07    |
| 17              | 284       | ŚWIERCZYŃSKI Radosław   | ŁÓDŹ                |  | POL BIEGIEM PO PIWO      | 92         | M20/17                | (M)112 | 02:57:42     | 02:57:31 | 08.27    |
| 18              | 158       | MOSSUR Kacper           | RADOMSKO            |  | POL                      | 95         | M20/18                | (M)127 | 03:05:28     | 03:04:52 | 08.48    |
| 19              | 183       | KOLBUC Rafał            | WROCŁAW             |  | POL                      | 91         | M20/19                | (M)141 | 03:11:36     | 03:11:27 | 09.07    |
| 20              | 252       | WCISŁO Ariel            | ZĄBKOWICE ŚLĄSKIE   |  | POL                      | 91         | M20/20                | (M)149 | 03:23:01     | 03:22:18 | 09.38    |
| 21              | 382       | GIERLIK Jakub           | MIEJSKA GÓRKA       |  | POL TEAM ROADBIKE        | 92         | M20/21                | (M)166 | 03:37:29     | 03:36:42 | 10.19    |
| 22              | 400       | CIOŁEK Waldemar         | CZAJKÓW             |  | POL ...                  | 96         | M20/22                | (M)173 | 03:48:30     | 03:47:48 | 10.50    |

## Półmaraton Górski 21 km - M30 [94]

|    |     |                     |                  |                                                                                     |                                       |    |        |       |          |          |       |
|----|-----|---------------------|------------------|-------------------------------------------------------------------------------------|---------------------------------------|----|--------|-------|----------|----------|-------|
| 1  | 2   | BRYDL Pavel         | TRUTNOV          |    | CZE MUAY RUNNING TEAM                 | 80 | M30/1  | (M)1  | 01:47:39 | 01:47:39 | 05.07 |
| 2  | 19  | GLAPIAK Damian      | BUCZ             |    | POL ADRENALINA TEAM                   | 80 | M30/2  | (M)2  | 01:48:04 | 01:48:03 | 05.08 |
| 3  | 184 | NORBERT Michał      | ŚWIDNICA         |    | POL                                   | 88 | M30/3  | (M)3  | 01:52:44 | 01:52:40 | 05.21 |
| 4  | 306 | UZNAŃSKI Piotr      | KRAKÓW           |    | POL PAMTRANS / EUROCLEAR RUNNING TEAM | 86 | M30/4  | (M)5  | 01:54:22 | 01:54:19 | 05.26 |
| 5  | 209 | WOJŚLAW Bartłomiej  | MARCINOWICE      |    | POL GLKS MARCINOWICE                  | 84 | M30/5  | (M)6  | 01:56:38 | 01:56:38 | 05.33 |
| 6  | 196 | SOBCZAK Daniel      | OPOLE            |    | POL KB SOBÓTKA                        | 87 | M30/6  | (M)7  | 01:58:28 | 01:58:28 | 05.38 |
| 7  | 294 | DEMSKI Paweł        | SKÓRZEWO         |    | POL PRZEDWOJEWSKI MOUNTAIN TEAM       | 82 | M30/7  | (M)10 | 02:03:45 | 02:03:44 | 05.53 |
| 8  | 156 | NIEPALA Jacek       | OBORNIKI ŚLĄSKIE |    | POL OBORYGENI                         | 85 | M30/8  | (M)12 | 02:07:03 | 02:06:59 | 06.02 |
| 9  | 380 | ŻWIRSKI Marcin      | ZŁOTOGŁOWICE     |    | POL                                   | 89 | M30/9  | (M)14 | 02:09:08 | 02:08:36 | 06.07 |
| 10 | 210 | ZATOŃ Cezary        | WROCŁAW          |    | POL TRIACTIV RIDLEY                   | 81 | M30/10 | (M)15 | 02:09:23 | 02:09:21 | 06.09 |
| 11 | 323 | LULIS Dawid         | WROCŁAW          |   | POL                                   | 88 | M30/11 | (M)16 | 02:09:53 | 02:09:49 | 06.10 |
| 12 | 364 | KINAL Arkadiusz     | ŚRODA ŚLĄSKA     |  | POL                                   | 86 | M30/12 | (M)19 | 02:12:52 | 02:12:46 | 06.19 |
| 13 | 409 | MOLIK Jakub         | POZNAŃ           |  | POL STR POZNAŃ                        | 89 | M30/13 | (M)20 | 02:12:57 | 02:12:56 | 06.19 |
| 14 | 337 | ADLER Łukasz        | WILKOWICE        |  | POL LESZ NO LIMITS RUNNERS            | 86 | M30/14 | (M)23 | 02:15:36 | 02:15:28 | 06.27 |
| 15 | 309 | PRELICH Tomasz      | KRAKÓW           |  | POL DABEX-BOLT                        | 81 | M30/15 | (M)24 | 02:15:39 | 02:15:09 | 06.26 |
| 16 | 385 | SANKOWSKI Paweł     | WROCŁAW          |  | POL PLACKI TEAM                       | 85 | M30/16 | (M)26 | 02:16:23 | 02:16:14 | 06.29 |
| 17 | 301 | ANUSZ Adam          | IMBRAMOWICE      |  | POL ŻARÓW BIEGA                       | 85 | M30/17 | (M)27 | 02:18:18 | 02:18:12 | 06.34 |
| 18 | 176 | DRESZER Paweł       | WROCŁAW          |  | POL                                   | 85 | M30/18 | (M)33 | 02:24:22 | 02:24:19 | 06.52 |
| 19 | 563 | JANUSZKO Krzysztof  | ŚWIDNICA         |  | POL ŻELAZNA ŚWIDNICA                  | 82 | M30/19 | (M)34 | 02:24:31 | 02:24:24 | 06.52 |
| 20 | 342 | WITKA Patryk        | NOWA RUDA        |  | POL AKTYWNA NOWA RUDA                 | 83 | M30/20 | (M)36 | 02:24:56 | 02:24:50 | 06.53 |
| 21 | 278 | ŁĘŻNIAK Aleksander  | SOBÓTKA          |  | POL KB SOBÓTKA   MONK SANDALS TEAM    | 89 | M30/21 | (M)37 | 02:26:30 | 02:26:28 | 06.58 |
| 22 | 225 | SOLTYSIAK Robert    | WTÓREK           |  | POL                                   | 81 | M30/22 | (M)38 | 02:27:16 | 02:26:59 | 06.59 |
| 23 | 564 | KRZESZOWSKI Marcin  | STRZEGOM         |  | POL STS                               | 80 | M30/23 | (M)45 | 02:29:15 | 02:29:09 | 07.06 |
| 24 | 6   | BRZEWOWSKI Jacek    | WROCŁAW          |  | POL VEGE RUNNERS                      | 83 | M30/24 | (M)48 | 02:30:30 | 02:30:19 | 07.09 |
| 25 | 162 | BRODA Dominik       | WROCŁAW          |  | POL POSITIVE VIBRATION                | 86 | M30/25 | (M)49 | 02:30:38 | 02:29:58 | 07.08 |
| 26 | 384 | MAZURKIEWICZ Jerzy  | WROCŁAW          |  | POL NIGHT RUNNERS WROCŁAW             | 86 | M30/26 | (M)51 | 02:31:16 | 02:31:12 | 07.12 |
| 27 | 153 | CHELCHOWSKI Norbert | SOCHACZEW        |  | POL                                   | 84 | M30/27 | (M)53 | 02:32:11 | 02:31:36 | 07.13 |
| 28 | 287 | ZIMNY Tomasz        | BRZEG DOLNY      |  | POL                                   | 80 | M30/28 | (M)55 | 02:33:38 | 02:33:32 | 07.18 |
| 29 | 201 | BOBERSKI Piotr      | WROCŁAW          |  | POL NDB                               | 84 | M30/29 | (M)57 | 02:35:04 | 02:34:56 | 07.22 |
| 30 | 262 | NOWAK Tomasz        | WROCŁAW          |  | POL                                   | 89 | M30/30 | (M)58 | 02:35:11 | 02:34:55 | 07.22 |
| 31 | 297 | SKARŻYŃSKI Piotr    | WROCŁAW          |  | POL                                   | 83 | M30/31 | (M)60 | 02:36:25 | 02:36:08 | 07.26 |
| 32 | 299 | KĘPSKI Marian       | WILKÓW WIELKI    |  | POL                                   | 86 | M30/32 | (M)61 | 02:36:32 | 02:36:22 | 07.26 |
| 33 | 164 | SOBAŃSKI Wojciech   | TĄPADŁA          |  | POL PCC SQUAD                         | 80 | M30/33 | (M)62 | 02:36:40 | 02:36:23 | 07.26 |
| 34 | 389 | KLUKOWSKI Kamil     | WROCŁAW          |  | POL BUDDHA AKBAR                      | 80 | M30/34 | (M)63 | 02:37:12 | 02:36:48 | 07.28 |
| 35 | 367 | OLEJNICZAK Piotr    | LESZNO           |  | POL                                   | 80 | M30/35 | (M)64 | 02:38:31 | 02:38:08 | 07.31 |
| 36 | 295 | RAKOWSKI Łukasz     | BRZEG DOLNY      |  | POL PCC ULTRA RUNNERS                 | 81 | M30/36 | (M)66 | 02:38:59 | 02:38:47 | 07.33 |
| 37 | 166 | KRUPIANIK Tomasz    | WROCŁAW          |  | POL                                   | 83 | M30/37 | (M)68 | 02:39:24 | 02:38:57 | 07.34 |
| 38 | 372 | GAŁECKI Robert      | KIELCZÓW         |  | POL                                   | 87 | M30/38 | (M)69 | 02:39:24 | 02:39:19 | 07.35 |
| 39 | 381 | OKUNIEWICZ Wojciech | STRZEGOM         |  | POL STRZEGOMSKA DWUNASTKA             | 82 | M30/39 | (M)70 | 02:39:24 | 02:38:51 | 07.33 |
| 40 | 27  | ZAKRZEWSKI Grzegorz | ŚRODA ŚLĄSKA     |  | POL                                   | 86 | M30/40 | (M)71 | 02:39:45 | 02:39:40 | 07.36 |
| 41 | 399 | ZAŁUSTOWICZ Maciej  | WROCŁAW          |  | POL BIEGIEM PO MARZENIA TEAM          | 81 | M30/41 | (M)76 | 02:43:54 | 02:43:47 | 07.47 |
| 42 | 397 | KORZENIOWSKI Paweł  | DZIERŻONIÓW      |  | POL KB SOBÓTKA                        | 84 | M30/42 | (M)77 | 02:44:16 | 02:43:44 | 07.47 |
| 43 | 154 | KRUKOWSKI Jakub     | LUBOŃ            |  | POL                                   | 82 | M30/43 | (M)78 | 02:45:19 | 02:44:54 | 07.51 |
| 44 | 371 | CHUDAŃSKI Maciej    | BYDGOSZCZ        |  | POL                                   | 84 | M30/44 | (M)80 | 02:47:05 | 02:46:19 | 07.55 |



| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat | Drużyna<br>Team                    | R-k<br>YoB | W kategorii<br>in Age | Sex    | Czas<br>Time | Netto    | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-------------|------------------------------------|------------|-----------------------|--------|--------------|----------|----------|
| 45              | 180       | NOWAK Patryk            | WROCLAW             |             | POL                                | 88         | M30/45                | (M)82  | 02:47:35     | 02:47:15 | 07.57    |
| 46              | 207       | ZATOŃ Adrian            | WROCLAW             |             | POL WABCO RUNNERS                  | 80         | M30/46                | (M)88  | 02:49:52     | 02:49:39 | 08.04    |
| 47              | 343       | KAPICA Szymon           | POZNAŃ              |             | POL CKF TEAM &#128571&#128170      | 82         | M30/47                | (M)89  | 02:50:01     | 02:49:43 | 08.04    |
| 48              | 401       | JALOWIECKI Krzysztof    | ŻÓRAWINA            |             | POL MONAR MILEJOWICE               | 81         | M30/48                | (M)90  | 02:50:09     | 02:50:04 | 08.05    |
| 49              | 570       | NAUROCH Krzysztof       | KĘPNO               |             | POL                                | 88         | M30/49                | (M)93  | 02:50:57     | 02:50:50 | 08.08    |
| 50              | 22        | BIELAWSKI Damian        |                     |             | POL KOOLTRIATHLON                  | 80         | M30/50                | (M)94  | 02:51:06     | 02:50:49 | 08.08    |
| 51              | 328       | GROBLICKI Radosław      | WROCLAW             |             | POL MARSZOWICKIE KOLIBRY           | 86         | M30/51                | (M)98  | 02:51:58     | 02:51:32 | 08.10    |
| 52              | 394       | BIRONT Krzysztof        | DZIERŻONIÓW         |             | POL ...                            | 80         | M30/52                | (M)99  | 02:52:08     | 02:51:28 | 08.09    |
| 53              | 344       | ANDREJCZUK Marek        | WROCLAW             |             | POL                                | 87         | M30/53                | (M)102 | 02:52:55     | 02:52:15 | 08.12    |
| 54              | 404       | GABRYŚ Adam             | KRZYŻOWICE          |             | POL SLAVIC WARRIORS                | 86         | M30/54                | (M)106 | 02:56:15     | 02:55:53 | 08.22    |
| 55              | 392       | ULLMANN Sebastian       | RYBNIK              |             | POL SLAVIC WARRIORS                | 89         | M30/55                | (M)107 | 02:56:17     | 02:55:59 | 08.22    |
| 56              | 379       | LAZAROWICZ Krzysztof    | PACZKÓW             |             | POL ...                            | 86         | M30/56                | (M)108 | 02:56:31     | 02:51:42 | 08.10    |
| 57              | 568       | KUCZYŃSKI Michał        | WROCLAW             |             | POL FRONTREAR                      | 87         | M30/57                | (M)114 | 02:58:41     | 02:58:25 | 08.29    |
| 58              | 322       | DWORZYŃSKI Patryk       | ŚWIDNICA            |             | POL                                | 86         | M30/58                | (M)116 | 02:59:52     | 02:59:39 | 08.33    |
| 59              | 216       | ODZIMKOWSKI Marcin      | MROWINY             |             | POL                                | 82         | M30/59                | (M)121 | 03:01:59     | 03:00:58 | 08.37    |
| 60              | 305       | LISOWSKI Michał         | SOBÓTKA             |             | POL SIŁA OGRA                      | 84         | M30/60                | (M)123 | 03:02:44     | 03:00:31 | 08.35    |
| 61              | 202       | HAJDAMOWICZ Tomasz      | SOBÓTKA             |             | POL EERLE - POLSKA ODZIEŻ SPORTOWA | 83         | M30/61                | (M)126 | 03:04:16     | 03:03:54 | 08.45    |
| 62              | 363       | KARAŃNIEWICZ Sebastian  | WROCLAW             |             | POL                                | 81         | M30/62                | (M)129 | 03:06:34     | 03:06:30 | 08.52    |
| 63              | 165       | BARCIK Przemysław       | DOBROSZYCE          |             | POL                                | 80         | M30/63                | (M)130 | 03:06:38     | 03:06:19 | 08.52    |
| 64              | 331       | SAJEWICZ Grzegorz       | WROCLAW             |             | POL BLACK SABBATH                  | 83         | M30/64                | (M)131 | 03:07:00     | 03:06:33 | 08.53    |
| 65              | 290       | ZAREBA Jacek            | WROCLAW             |             | POL #SOBASTEAM                     | 84         | M30/65                | (M)132 | 03:07:45     | 03:07:14 | 08.54    |
| 66              | 388       | ŁOPIAN Wojciech         | SOBÓTKA             |             | POL KB SOBÓTKA                     | 83         | M30/66                | (M)133 | 03:07:57     | 03:07:34 | 08.55    |
| 67              | 197       | FLAKA Paweł             | BURKATÓW            |             | POL                                | 80         | M30/67                | (M)138 | 03:10:44     | 03:10:31 | 09.04    |
| 68              | 281       | PIASECKI Mariusz        | KIELCZÓW            |             | POL                                | 80         | M30/68                | (M)139 | 03:10:46     | 03:10:11 | 09.03    |
| 69              | 403       | SZCZESNIEWSKI Krystian  | ŻÓRAWINA            |             | POL MONAR MILEJOWICE               | 80         | M30/69                | (M)140 | 03:11:26     | 03:11:19 | 09.06    |
| 70              | 378       | WALCZUK Paweł           | WROCLAW             |             | POL WROCLAWSKI KLUB WYSOKOGÓRSKI   | 82         | M30/70                | (M)144 | 03:15:28     | 03:14:50 | 09.16    |
| 71              | 268       | KONDOLEWICZ Zbigniew    | WROCLAW             |             | POL                                | 85         | M30/71                | (M)146 | 03:21:04     | 03:14:36 | 09.16    |
| 72              | 289       | KARKULOWSKI Wojciech    | WROCLAW             |             | POL                                | 82         | M30/72                | (M)147 | 03:21:48     | 03:20:22 | 09.32    |
| 73              | 413       | KALKKA Marcin           | RAWICZ              |             | POL                                | 84         | M30/73                | (M)150 | 03:23:20     | 03:22:46 | 09.39    |
| 74              | 224       | ZAKRAWACZ Łukasz        | SOBÓTKA             |             | POL                                | 82         | M30/74                | (M)153 | 03:24:46     | 03:23:56 | 09.42    |
| 75              | 161       | JAKÓBCZYK Piotr         | WROCLAW             |             | POL BIEGNĘ DLA ULI                 | 82         | M30/75                | (M)154 | 03:26:05     | 03:25:25 | 09.46    |
| 76              | 198       | OKOŃSKI Tomasz          | SULISTROWICE        |             | POL KB SOBÓTKA                     | 88         | M30/76                | (M)156 | 03:26:19     | 03:26:07 | 09.48    |
| 77              | 204       | CHAMOT Marcin           | KAMIENNA GÓRA       |             | POL WABCO RUNNERS                  | 82         | M30/77                | (M)158 | 03:29:12     | 03:28:23 | 09.55    |
| 78              | 369       | KOKOSZKIEWICZ Jarosław  | LEGNICA             |             | POL GRZYBIANY TEAM                 | 84         | M30/78                | (M)159 | 03:30:05     | 03:29:37 | 09.58    |
| 79              | 406       | SKORUPSKI Szymon        | STRZELIN/WROCLAW    |             | POL KURACJUSZE                     | 87         | M30/79                | (M)160 | 03:30:40     | 03:30:07 | 10.00    |
| 80              | 393       | SAJEWICZ Piotr          | WROCLAW             |             | POL TURBINA BALAKOWO               | 86         | M30/80                | (M)161 | 03:30:41     | 03:30:08 | 10.00    |
| 81              | 315       | WIKTOROWICZ Tomasz      | WROCLAW             |             | POL DAMY RADE!                     | 81         | M30/81                | (M)164 | 03:35:30     | 03:34:40 | 10.13    |
| 82              | 567       | LECH Lesław             | SOBÓTKA             |             | POL                                | 80         | M30/82                | (M)165 | 03:35:42     | 03:35:19 | 10.15    |
| 83              | 17        | DUDKIEWICZ Bogumił      | ŻÓRAWINA            |             | POL MONAR MILEJOWICE               | 86         | M30/83                | (M)168 | 03:42:03     | 03:41:55 | 10.34    |
| 84              | 402       | ZAJĄC Krystian          | ŻÓRAWINA            |             | POL MONAR MILEJOWICE               | 88         | M30/84                | (M)169 | 03:42:05     | 03:41:57 | 10.34    |
| 85              | 193       | JURKIEWICZ Dominik      | WROCLAW             |             | POL                                | 85         | M30/85                | (M)177 | 04:04:30     | 04:00:05 | 11.25    |
| 86              | 213       | WYSOCKI Marek           | BRZEG               |             | POL # AKTYWNY TATUŚ                | 81         | M30/86                | (M)182 | 04:13:51     | 04:13:01 | 12.02    |
| 87              | 228       | SKROBEK Marcin          | WROCLAW             |             | POL                                | 84         | M30/87                | (M)183 | 04:14:57     | 04:14:08 | 12.06    |
| 88              | 562       | KOWALCZYK Mariusz       | STRZELIN            |             | POL                                | 84         | M30/88                | (M)184 | 04:21:20     | 04:20:35 | 12.24    |
| 89              | 336       | KORTAS Sławomir         | WROCLAW             |             | POL DESTYLATOR                     | 82         | M30/89                | (M)185 | 04:41:40     | 04:40:53 | 13.22    |

## Półmaraton Górski 21 km - M40 [61]

|    |     |                      |          |  |                          |    |        |       |          |          |       |
|----|-----|----------------------|----------|--|--------------------------|----|--------|-------|----------|----------|-------|
| 1  | 285 | KITA Michał          | WROCLAW  |  | POL PĘDZĄCY W MIEJSCU    | 75 | M40/1  | (M)4  | 01:52:46 | 01:52:45 | 05.22 |
| 2  | 320 | MOCZEK Tomasz        | GŁOGÓW   |  | POL CROSS STRACENÓW TEAM | 78 | M40/2  | (M)8  | 01:59:23 | 01:59:20 | 05.40 |
| 3  | 275 | NOSKI Mariusz        | BIELAWA  |  | POL                      | 78 | M40/3  | (M)9  | 01:59:50 | 01:59:47 | 05.42 |
| 4  | 351 | FRANASZCZUK Wojciech | SOBÓTKA  |  | POL KB SOBÓTKA           | 76 | M40/4  | (M)11 | 02:06:33 | 02:06:29 | 06.01 |
| 5  | 308 | KANIA Tomasz         | WROCLAW  |  | POL #SOBASTEAM           | 79 | M40/5  | (M)17 | 02:10:20 | 02:10:18 | 06.12 |
| 6  | 288 | RINK Jan             | BOLKÓW   |  | POL                      | 79 | M40/6  | (M)25 | 02:16:10 | 02:15:59 | 06.28 |
| 7  | 157 | KRÓLIKOWSKI Edward   | PLEWISKA |  | POL KB MANIAC POZNAŃ     | 70 | M40/7  | (M)31 | 02:21:29 | 02:21:27 | 06.44 |
| 8  | 261 | KOJS Łukasz          | SOBÓTKA  |  | POL KB SOBÓTKA           | 76 | M40/8  | (M)32 | 02:23:27 | 02:23:03 | 06.48 |
| 9  | 408 | BASIŃSKI Michał      | WROCLAW  |  | POL ...                  | 75 | M40/9  | (M)35 | 02:24:37 | 02:24:19 | 06.52 |
| 10 | 565 | KŁOSOWSKI Piotr      | STRZEGOM |  | POL STS                  | 71 | M40/10 | (M)41 | 02:27:50 | 02:27:46 | 07.02 |
| 11 | 292 | WIERNY Krzysztof     | WROCLAW  |  | POL HALLELU JAH          | 77 | M40/11 | (M)42 | 02:27:53 | 02:27:41 | 07.01 |

| <i>Miejsce<br/>Rank</i> | <i>Nr<br/>Bib</i> | <i>Nazwisko i imię<br/>Name</i> | <i>Miejscowość<br/>City</i> | <i>Kraj<br/>Nat</i>                                                                 | <i>Drużyna<br/>Team</i>            | <i>R-k<br/>YoB</i> | <i>W kategorii<br/>in Age</i> | <i>Sex</i> | <i>Czas<br/>Time</i> | <i>Netto</i> | <i>[min/km]</i> |
|-------------------------|-------------------|---------------------------------|-----------------------------|-------------------------------------------------------------------------------------|------------------------------------|--------------------|-------------------------------|------------|----------------------|--------------|-----------------|
| 12                      | 383               | PATEREK Bogusław                | ŻAGAŃ                       |    | POL CZARNA HORDA                   | 78                 | M40/12                        | (M)43      | 02:28:14             | 02:28:05     | 07.03           |
| 13                      | 185               | POLONIS Andrzej                 | POZNAŃ                      |    | POL                                | 71                 | M40/13                        | (M)46      | 02:29:47             | 02:29:42     | 07.07           |
| 14                      | 291               | BURZEC Tomasz                   | WROCLAW                     |    | POL                                | 79                 | M40/14                        | (M)50      | 02:30:48             | 02:30:44     | 07.10           |
| 15                      | 302               | VISENTIN Eric                   | WROCLAW                     |    | FRA NOA                            | 77                 | M40/15                        | (M)52      | 02:31:45             | 02:31:35     | 07.13           |
| 16                      | 226               | ŁĘCKI Mariusz                   | WTÓREK                      |    | POL MARIUSZ ŁĘCKI                  | 79                 | M40/16                        | (M)54      | 02:33:17             | 02:33:03     | 07.17           |
| 17                      | 375               | WYSOCKI Rafał                   | SOBÓTKA                     |    | POL KB SOBÓTKA                     | 77                 | M40/17                        | (M)65      | 02:38:38             | 02:38:17     | 07.32           |
| 18                      | 188               | MENES Marcin                    | LESZNO                      |    | POL KLUB MATYLDY LESZNO            | 77                 | M40/18                        | (M)67      | 02:39:00             | 02:38:39     | 07.33           |
| 19                      | 346               | FRANEK Sebastian                | LUBOŃ                       |    | POL WLKP MOUNTAINS ULTRA           | 77                 | M40/19                        | (M)74      | 02:41:20             | 02:41:11     | 07.40           |
| 20                      | 368               | NĘDZA Mikołaj                   | KAKOLEWO                    |    | POL ...                            | 78                 | M40/20                        | (M)79      | 02:46:33             | 02:46:13     | 07.54           |
| 21                      | 330               | BOROWICZ Filip                  | OSTRÓW WIELKOPOLSKI         |    | POL KS MARATON OSTRÓW WIELKOPOLSKI | 77                 | M40/21                        | (M)83      | 02:48:22             | 02:48:04     | 08.00           |
| 22                      | 324               | STACHOWIAK Wiesław              | WROCLAW                     |    | POL NIGHT RUNNERS WROCLAW          | 76                 | M40/22                        | (M)91      | 02:50:14             | 02:50:05     | 08.05           |
| 23                      | 293               | ZIEMKIEWICZ Jarek               | LUBIN                       |    | POL 2 KROKI DO METY                | 76                 | M40/23                        | (M)92      | 02:50:42             | 02:50:29     | 08.07           |
| 24                      | 362               | SOLIŃSKI Andrzej                | SOBÓTKA                     |    | POL                                | 77                 | M40/24                        | (M)95      | 02:51:12             | 02:49:32     | 08.04           |
| 25                      | 215               | BEDNARCZYK Paweł                | BABKI                       |    | POL                                | 75                 | M40/25                        | (M)97      | 02:51:19             | 02:50:37     | 08.07           |
| 26                      | 338               | SZYRNER Szymon                  | ZDUNY                       |    | POL KS KROTOSZ KROTOSZYN           | 74                 | M40/26                        | (M)100     | 02:52:34             | 02:52:15     | 08.12           |
| 27                      | 194               | KŁODOWSKI Michał                | WROCLAW                     |    | POL QL0CK0W4 SKL4D4NK4             | 79                 | M40/27                        | (M)101     | 02:52:49             | 02:52:34     | 08.13           |
| 28                      | 245               | MIELNIKOWSKI Piotr              | SOBÓTKA                     |    | POL                                | 74                 | M40/28                        | (M)104     | 02:54:34             | 02:54:08     | 08.17           |
| 29                      | 283               | STEFANOWSKI Marcin              | ŻARÓW                       |    | POL ŻARÓW BIEGA                    | 72                 | M40/29                        | (M)109     | 02:56:34             | 02:56:26     | 08.24           |
| 30                      | 200               | PREISS Grzegorz                 | WROCLAW                     |    | POL MUAY RUNNING TEAM              | 76                 | M40/30                        | (M)110     | 02:56:47             | 02:56:34     | 08.24           |
| 31                      | 247               | DŁUŻNIEWSKI Tomasz              | BIELANY WROCLAWSKIE         |    | POL                                | 76                 | M40/31                        | (M)111     | 02:56:55             | 02:56:20     | 08.23           |
| 32                      | 350               | GOLDMAN Łukasz                  | ZDUŃSKA WOLA                |    | POL BBL ZDUŃSKA WOLA               | 78                 | M40/32                        | (M)113     | 02:58:33             | 02:58:02     | 08.28           |
| 33                      | 277               | DĘBEK Piotrek                   | ŚWIDNICA                    |    | POL ŚWIDNICKA GRUPA BIEGOWA        | 77                 | M40/33                        | (M)115     | 02:59:31             | 02:58:47     | 08.30           |
| 34                      | 218               | JASKÓLSKI Dariusz               | KROSNO ODRZAŃSKIE           |    | POL BOREL MARATHON TEAM            | 70                 | M40/34                        | (M)117     | 02:59:54             | 02:59:48     | 08.33           |
| 35                      | 276               | KANIA Jacek                     | WROCLAW                     |    | POL WYBIERZ                        | 78                 | M40/35                        | (M)118     | 03:00:19             | 03:00:02     | 08.34           |
| 36                      | 238               | PASZKIEWICZ Kamil               | WROCLAW                     |  | POL                                | 73                 | M40/36                        | (M)119     | 03:00:41             | 03:00:10     | 08.34           |
| 37                      | 223               | GWARDZIK Piotr                  | WROCLAW                     |  | POL #SOBASTEAM                     | 79                 | M40/37                        | (M)120     | 03:01:21             | 03:00:49     | 08.36           |
| 38                      | 174               | SYGIEL Andrzej                  | ŚRODA ŚLĄSKA                |  | POL                                | 79                 | M40/38                        | (M)124     | 03:02:49             | 03:02:21     | 08.41           |
| 39                      | 250               | SZAŁAJKO Damian                 | WROCLAW                     |  | POL                                | 74                 | M40/39                        | (M)125     | 03:03:26             | 03:02:53     | 08.42           |
| 40                      | 569               | HOLAK Tomasz                    | OLEŚNICA ŚLĄSKA             |  | POL DABEX-BOLT                     | 74                 | M40/40                        | (M)134     | 03:08:12             | 03:07:37     | 08.56           |
| 41                      | 357               | ZAPOTOCZNY Przemysław           | GLIWICE                     |  | POL                                | 75                 | M40/41                        | (M)135     | 03:08:18             | 03:07:39     | 08.56           |
| 42                      | 355               | KARWOWSKI Maciej                | WARSZAWA                    |  | POL                                | 78                 | M40/42                        | (M)136     | 03:08:32             | 03:07:55     | 08.56           |
| 43                      | 248               | PRZEBIERAŁA Grzegorz            | WROCLAW                     |  | POL PRZEBIEG                       | 72                 | M40/43                        | (M)137     | 03:10:38             | 03:10:20     | 09.03           |
| 44                      | 160               | MAŃCZAK Bartłomiej              | ŚWIDNICA                    |  | POL ŚWIDNICKA GRUPA BIEGOWA        | 79                 | M40/44                        | (M)142     | 03:11:42             | 03:11:25     | 09.06           |
| 45                      | 173               | MORAWSKI Marcin                 | OBORNIKI ŚLĄSKIE            |  | POL RANGER SURVIVAL CLUB           | 73                 | M40/45                        | (M)143     | 03:14:23             | 03:13:41     | 09.13           |
| 46                      | 340               | PALUCH Mariusz                  | DZIUPLINA                   |  | POL ZADYSZKA                       | 76                 | M40/46                        | (M)145     | 03:16:06             | 03:15:17     | 09.17           |
| 47                      | 313               | SŁOWIŃSKI Maurycy               | WROCLAW                     |  | POL                                | 79                 | M40/47                        | (M)148     | 03:22:35             | 03:21:34     | 09.35           |
| 48                      | 189               | STARŻYK Andrzej                 | WROCLAW                     |  | POL                                | 76                 | M40/48                        | (M)151     | 03:23:43             | 03:23:26     | 09.41           |
| 49                      | 168               | RYCZYŃSKI Jacek                 | OLEŚNICA                    |  | POL REWITAL PROJEKT TEAM           | 74                 | M40/49                        | (M)152     | 03:24:36             | 03:24:02     | 09.42           |
| 50                      | 258               | STASZCZUK Jarosław              | BRZEG                       |  | POL WATAHA-ŁĄCZY NAS BIEGANIE      | 71                 | M40/50                        | (M)155     | 03:26:18             | 03:26:02     | 09.48           |
| 51                      | 195               | BĘBAS Paweł                     | WROCLAW                     |  | POL                                | 79                 | M40/51                        | (M)157     | 03:26:22             | 03:25:35     | 09.47           |
| 52                      | 391               | PAPRZYCKI Maciej                | WROCLAW                     |  | POL PRO-RUN WROCLAW                | 79                 | M40/52                        | (M)162     | 03:31:59             | 03:31:30     | 10.04           |
| 53                      | 270               | CZUCHWICKI Marek                | WROCLAW                     |  | POL                                | 76                 | M40/53                        | (M)163     | 03:35:30             | 03:34:45     | 10.13           |
| 54                      | 208               | ŻYGADŁO Paweł                   | NASŁAWICE                   |  | POL KB SOBÓTKA                     | 79                 | M40/54                        | (M)170     | 03:43:20             | 03:42:38     | 10.36           |
| 55                      | 341               | PRZYBYŁAK Michał                | POZNAŃ                      |  | POL                                | 77                 | M40/55                        | (M)172     | 03:47:47             | 03:47:35     | 10.50           |
| 56                      | 175               | RESPONDEK Dariusz               | WROCLAW                     |  | POL                                | 74                 | M40/56                        | (M)174     | 03:49:58             | 03:49:30     | 10.55           |
| 57                      | 242               | KUCZA Daniel                    | ŚWIDNICA                    |  | POL KORFF TEAM                     | 77                 | M40/57                        | (M)175     | 03:50:15             | 03:49:27     | 10.55           |
| 58                      | 365               | POCHYLSKI Dominik               | LUBOŃ                       |  | POL LUBOŃSKI KLUB BIEGACZA         | 72                 | M40/58                        | (M)176     | 04:02:54             | 04:02:41     | 11.33           |
| 59                      | 240               | KOWALCZYK Owidiusz              | WROCLAW                     |  | POL YOGA&ART                       | 77                 | M40/59                        | (M)179     | 04:08:37             | 04:07:32     | 11.47           |
| 60                      | 179               | STACHAŃCZYK Wojciech            | WROCLAW                     |  | POL MATNER RUNNING TEAM            | 75                 | M40/60                        | (M)181     | 04:13:26             | 04:13:14     | 12.03           |

## Półmaraton Górski 21 km - M50 [11]

|   |     |                     |                  |                                                                                     |                                        |    |       |        |          |          |       |
|---|-----|---------------------|------------------|-------------------------------------------------------------------------------------|----------------------------------------|----|-------|--------|----------|----------|-------|
| 1 | 155 | PATALON Marek       | MARCINOWICE      |  | POL GLKS MARCINOWICE                   | 67 | M50/1 | (M)21  | 02:13:10 | 02:13:08 | 06.20 |
| 2 | 318 | FIEBIG Stefan       | PONIEC           |  | POL WWW.FIEBIG.PL                      | 68 | M50/2 | (M)40  | 02:27:37 | 02:27:27 | 07.01 |
| 3 | 96  | TYCZKOWSKI Mariusz  | WROCLAW          |  | POL                                    | 67 | M50/3 | (M)47  | 02:29:56 | 02:29:52 | 07.08 |
| 4 | 347 | LITWIN Jan          | WROCLAW          |  | POL LITWIN TRIATHLON TEAM              | 61 | M50/4 | (M)75  | 02:43:31 | 02:43:06 | 07.46 |
| 5 | 358 | GOLA Henryk         | SZKLARSKA PORĘBA |  | POL                                    | 65 | M50/5 | (M)85  | 02:49:22 | 02:49:02 | 08.02 |
| 6 | 529 | KUBIAK Dariusz      | LEGNICA          |  | POL KLUB KARATE KYOKUSHIN LEGNICA KKKL | 61 | M50/6 | (M)87  | 02:49:29 | 02:49:17 | 08.03 |
| 7 | 405 | KOWALEWSKI Grzegorz | KRZEP TÓW        |  | POL                                    | 69 | M50/7 | (M)103 | 02:54:04 | 02:53:52 | 08.16 |

| <i>Miejsce<br/>Rank</i> | <i>Nr<br/>Bib</i> | <i>Nazwisko i imię<br/>Name</i> | <i>Miejscowość<br/>City</i> | <i>Kraj<br/>Nat</i>                                                               | <i>Drużyna<br/>Team</i> | <i>R-k<br/>YoB</i> | <i>W kategorii<br/>in Age</i> | <i>Sex</i> | <i>Czas<br/>Time</i> | <i>Netto</i> | <i>[min/km]</i> |
|-------------------------|-------------------|---------------------------------|-----------------------------|-----------------------------------------------------------------------------------|-------------------------|--------------------|-------------------------------|------------|----------------------|--------------|-----------------|
| 8                       | 244               | SKUDLARSKI Kamil                | WROCLAW                     |  | POL PRO-RUN WROCLAW     | 61                 | M50/8                         | (M)105     | <b>02:55:36</b>      | 02:55:02     | 08.20           |
| 9                       | 237               | GUSIN Paweł                     | WROCLAW                     |  | POL ADS/CFT             | 64                 | M50/9                         | (M)122     | <b>03:02:23</b>      | 03:02:04     | 08.40           |
| 10                      | 321               | SKRZYNIARZ Jarek                | WROCLAW                     |  | POL CZEREŚNIOWA MANASLU | 65                 | M50/10                        | (M)128     | <b>03:06:19</b>      | 03:05:47     | 08.50           |
| 11                      | 360               | SOBIŃSKI Waldemar               | JELENIA GÓRA                |  | POL BIEGAMDLAZDROWIA.PL | 61                 | M50/11                        | (M)171     | <b>03:45:00</b>      | 03:44:26     | 10.41           |

### Półmaraton Górski 21 km - M60 [4]

|   |     |                      |             |                                                                                   |                             |    |       |        |                 |          |       |
|---|-----|----------------------|-------------|-----------------------------------------------------------------------------------|-----------------------------|----|-------|--------|-----------------|----------|-------|
| 1 | 234 | GOMULKIEWICZ Marian  | OBORNIKI SL |  | POL NSAS KOŃSKI DWOR        | 57 | M60/1 | (M)167 | <b>03:41:40</b> | 03:40:46 | 10.30 |
| 2 | 192 | SPYCHAŁA Stanisław   | WRONKI      |  | POL                         | 54 | M60/2 | (M)178 | <b>04:04:36</b> | 04:04:05 | 11.37 |
| 3 | 178 | ZIÓŁKOWSKI Krzysztof | WROCLAW     |  | POL ZAKOCHAJ SIĘ W BIEGANIU | 53 | M60/3 | (M)180 | <b>04:10:49</b> | 04:10:21 | 11.55 |

### Półmaraton Górski 21 km - K20 [13]

|    |     |                      |                  |                                                                                   |                       |    |        |       |                 |          |       |
|----|-----|----------------------|------------------|-----------------------------------------------------------------------------------|-----------------------|----|--------|-------|-----------------|----------|-------|
| 1  | 345 | OBSTÓJ Karolina      | KIELCZÓW         |  | POL MUAY RUNNING TEAM | 90 | K20/1  | (K)1  | <b>02:11:00</b> | 02:10:58 | 06.14 |
| 2  | 373 | WITEK Karolina       | JAROCIN          |  | POL                   | 91 | K20/2  | (K)2  | <b>02:18:14</b> | 02:18:12 | 06.34 |
| 3  | 307 | MAMALA Justyna       | KRAKÓW           |  | POL                   | 91 | K20/3  | (K)3  | <b>02:18:32</b> | 02:18:30 | 06.35 |
| 4  | 190 | TROJNAR Klaudia      | SOBÓTKA          |  | POL WATAHA SOBÓTKA    | 95 | K20/4  | (K)15 | <b>02:52:02</b> | 02:51:25 | 08.09 |
| 5  | 317 | FIEBIG Natalia       | LESZNO           |  | POL WWW.FIEBIG.PL     | 92 | K20/5  | (K)16 | <b>02:55:42</b> | 02:55:28 | 08.21 |
| 6  | 356 | ŚLĘZAK Ewelina       | WIDAWA           |  | POL BBL ZDUŃSKA WOLA  | 90 | K20/6  | (K)17 | <b>02:58:32</b> | 02:58:05 | 08.28 |
| 7  | 211 | KURIATA Paulina      | SOBÓTKA          |  | POL WATAHA SOBÓTKA    | 91 | K20/7  | (K)22 | <b>03:03:16</b> | 03:02:30 | 08.41 |
| 8  | 249 | SIWEK Jagoda         | PRZYGÓRZE        |  | POL NOKIA             | 94 | K20/8  | (K)24 | <b>03:05:18</b> | 03:04:36 | 08.47 |
| 9  | 300 | TABISZEWSKA Angelika | KĄTY WROCLAWSKIE |  | POL                   | 90 | K20/9  | (K)29 | <b>03:15:41</b> | 03:15:08 | 09.17 |
| 10 | 348 | WOLSKA Dominika      | NOWA WIEŚ        |  | POL                   | 94 | K20/10 | (K)37 | <b>03:26:06</b> | 03:25:46 | 09.47 |
| 11 | 387 | TOŚKO Agnieszka      | POBIEDNA         |  | POL MONAR POBIEDNA    | 91 | K20/11 | (K)48 | <b>04:02:15</b> | 04:02:06 | 11.31 |
| 12 | 396 | RACZYŃSKA Klaudia    | BOGATYNIA        |  | POL MONAR             | 90 | K20/12 | (K)49 | <b>04:02:16</b> | 04:02:06 | 11.31 |
| 13 | 386 | FURMANTOWICZ Dajana  | POBIEDNA         |  | POL MONAR POBIEDNA    | 96 | K20/13 | (K)50 | <b>04:02:17</b> | 04:02:08 | 11.31 |

### Półmaraton Górski 21 km - K30 [21]

|    |     |                       |                 |                                                                                     |                             |    |        |       |                 |          |       |
|----|-----|-----------------------|-----------------|-------------------------------------------------------------------------------------|-----------------------------|----|--------|-------|-----------------|----------|-------|
| 1  | 339 | MISTAK Jolanta        | OLAWA           |  | POL OLAWSKA GRUPA BIEGOWA   | 83 | K30/1  | (K)4  | <b>02:18:41</b> | 02:18:29 | 06.35 |
| 2  | 326 | LULIS Anna            | WROCLAW         |  | POL                         | 80 | K30/2  | (K)5  | <b>02:29:48</b> | 02:29:42 | 07.07 |
| 3  | 374 | PŁAWIAK Anna          | WROCLAW         |  | POL GT RAT                  | 83 | K30/3  | (K)6  | <b>02:39:12</b> | 02:39:05 | 07.34 |
| 4  | 131 | ŁĘCKA Agnieszka       | GOLUB-DOBRYŃ    |  | POL JACEKBIEGA RUNNING TEAM | 89 | K30/4  | (K)7  | <b>02:39:29</b> | 02:39:24 | 07.35 |
| 5  | 254 | TARNOGÓRSKA Justyna   | ŻŁOBIZNA        |  | POL                         | 85 | K30/5  | (K)9  | <b>02:40:40</b> | 02:40:11 | 07.37 |
| 6  | 182 | BAGIŃSKA Anna         | SOBÓTKA         |  | POL KB SOBÓTKA              | 89 | K30/6  | (K)10 | <b>02:40:57</b> | 02:40:33 | 07.38 |
| 7  | 370 | MILLER Marta          | WROCLAW         |  | POL                         | 88 | K30/7  | (K)12 | <b>02:42:57</b> | 02:42:46 | 07.45 |
| 8  | 159 | KULAKOWSKA Małgorzata | ŚWIDNICA        |  | POL ŚWIDNICKA GRUPA BIEGOWA | 82 | K30/8  | (K)13 | <b>02:48:34</b> | 02:48:18 | 08.00 |
| 9  | 265 | BOMBA Alina           | WROCLAW         |  | POL                         | 87 | K30/9  | (K)18 | <b>02:59:19</b> | 02:58:51 | 08.31 |
| 10 | 264 | MILITOWSKA Marzena    | KALISZ          |  | POL                         | 87 | K30/10 | (K)25 | <b>03:08:21</b> | 03:08:13 | 08.57 |
| 11 | 219 | ŻUROWSKA-SOPALA Iwona | ŚWIDNICA POLSKA |  | POL                         | 87 | K30/11 | (K)26 | <b>03:08:46</b> | 03:08:03 | 08.57 |
| 12 | 349 | ROZKOSZ Ewa           | WROCLAW         |  | POL #SOBASTEAM              | 80 | K30/12 | (K)27 | <b>03:10:05</b> | 03:09:39 | 09.01 |
| 13 | 253 | PAWLUK Anna           | BRZEG           |  | POL                         | 86 | K30/13 | (K)28 | <b>03:10:18</b> | 03:09:53 | 09.02 |
| 14 | 329 | SZYMAŃSKA Jolanta     | MOSTY           |  | POL                         | 82 | K30/14 | (K)30 | <b>03:16:16</b> | 03:15:52 | 09.19 |
| 15 | 172 | GIEMZA Ewelina        | WARSZAWA        |  | POL MIODOWICE               | 80 | K30/15 | (K)31 | <b>03:16:20</b> | 03:15:40 | 09.19 |
| 16 | 23  | PASŁAWSKA Olga        | WROCLAW         |  | POL                         | 83 | K30/16 | (K)32 | <b>03:21:46</b> | 03:21:21 | 09.35 |
| 17 | 191 | TYLKA Małgorzata      | LEGNICA         |  | POL                         | 87 | K30/17 | (K)35 | <b>03:23:34</b> | 03:23:19 | 09.40 |
| 18 | 230 | STRZELCZYK Paulina    | ŚMIGIEL         |  | POL NESSI LESZNO            | 85 | K30/18 | (K)40 | <b>03:32:28</b> | 03:31:49 | 10.05 |
| 19 | 187 | JURKIEWICZ Paulina    | WROCLAW         |  | POL                         | 85 | K30/19 | (K)51 | <b>04:04:29</b> | 04:00:05 | 11.25 |
| 20 | 561 | SABOŁ MUSZYŃSKA Kasia | STRZELIN        |  | POL                         | 86 | K30/20 | (K)54 | <b>04:21:16</b> | 04:20:36 | 12.24 |

### Półmaraton Górski 21 km - K40 [18]

|    |     |                           |             |                                                                                     |                                              |    |        |       |                 |          |       |
|----|-----|---------------------------|-------------|-------------------------------------------------------------------------------------|----------------------------------------------|----|--------|-------|-----------------|----------|-------|
| 1  | 325 | WYGLĄDACZ Alicja          | SZCZECIN    |  | POL ...                                      | 75 | K40/1  | (K)11 | <b>02:41:40</b> | 02:41:30 | 07.41 |
| 2  | 310 | GNIADK Gosia              | KRAKÓW      |  | POL DABEX-BOLT                               | 74 | K40/2  | (K)14 | <b>02:49:53</b> | 02:49:19 | 08.03 |
| 3  | 171 | SIENNICA Joanna           | ŚWIDNICA    |  | POL ŚWIDNICKA GRUPA BIEGOWA                  | 78 | K40/3  | (K)19 | <b>02:59:46</b> | 02:59:31 | 08.32 |
| 4  | 163 | ZŁOTNICKA Olga            | ŚWIDNICA    |  | POL ŚWIDNICKA GRUPA BIEGOWA                  | 78 | K40/4  | (K)20 | <b>02:59:47</b> | 02:59:35 | 08.33 |
| 5  | 412 | ZDANOWICZ Elżbieta        | WROCLAW     |  | POL VEGE RUNNERS                             | 74 | K40/5  | (K)21 | <b>03:00:04</b> | 02:59:56 | 08.34 |
| 6  | 259 | FURGAŁ Dorota             | OLEŚNICA    |  | POL ELITERUNNERSCLUB.PL                      | 77 | K40/6  | (K)23 | <b>03:05:10</b> | 03:04:51 | 08.48 |
| 7  | 335 | PRIGAN Anna               | WROCLAW     |  | POL                                          | 78 | K40/7  | (K)36 | <b>03:24:33</b> | 03:24:21 | 09.43 |
| 8  | 352 | GLINA-KRAWCZYK Małgorzata | STARCZÓW    |  | POL ŻĄBKOWICKA GRUPA BIEGOWA<br>FRANKENSTEIN | 74 | K40/8  | (K)38 | <b>03:30:39</b> | 03:30:14 | 10.00 |
| 9  | 229 | GIDASZEWSKA Jolanta       | LESZNO      |  | POL NESSI LESZNO                             | 77 | K40/9  | (K)39 | <b>03:32:26</b> | 03:31:48 | 10.05 |
| 10 | 263 | ANTKOWIAK Katarzyna       | KALISZ      |  | POL SUPERMARATON KALISZ                      | 78 | K40/10 | (K)41 | <b>03:42:34</b> | 03:42:26 | 10.35 |
| 11 | 231 | GOMULKIEWICZ Dorota       | OBORNIKI SL |  | POL NSAS KOŃSKI DWOR                         | 72 | K40/11 | (K)42 | <b>03:43:10</b> | 03:42:19 | 10.35 |

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name      | Miejscowość<br>City | Kraj<br>Nat                                                                       | Drużyna<br>Team                              | R-k<br>YoB | W kategorii<br>in Age | Sex   | Czas<br>Time | Netto    | [min/km] |
|-----------------|-----------|------------------------------|---------------------|-----------------------------------------------------------------------------------|----------------------------------------------|------------|-----------------------|-------|--------------|----------|----------|
| 12              | 359       | ZAPOTOCZNA Renata            | GLIWICE             |  | POL                                          | 74         | K40/12                | (K)43 | 03:43:34     | 03:42:55 | 10.36    |
| 13              | 257       | DĄBROWSKA Ewa                | WROCŁAW             |  | POL                                          | 72         | K40/13                | (K)44 | 03:44:09     | 03:43:51 | 10.39    |
| 14              | 236       | RĘBECKA Violetta             | JELENIA GÓRA        |  | POL BIEGAMDLAZDROWIA.PL                      | 73         | K40/14                | (K)45 | 03:44:59     | 03:44:24 | 10.41    |
| 15              | 243       | WERNECKA-KUCZA Agata         | ŚWIDNICA            |  | POL KORFF TEAM                               | 77         | K40/15                | (K)46 | 03:50:14     | 03:49:30 | 10.55    |
| 16              | 332       | ŁUSIAK Ewa                   | ŁÓDŹ                |  | POL                                          | 79         | K40/16                | (K)47 | 03:57:06     | 03:56:17 | 11.15    |
| 17              | 239       | DUDEK Marzena                | GLIWICE             |  | POL YOGA&ART                                 | 76         | K40/17                | (K)52 | 04:08:35     | 04:07:26 | 11.46    |
| 18              | 334       | KARBOWNIK-URBAŃSKA Katarzyna | NIEDŹWIEDZICA       |  | POL KATARZYNA KARBOWNIK-URBAŃSKA SOWIEŻ TEAM | 73         | K40/18                | (K)53 | 04:16:21     | 04:15:50 | 12.10    |

### Półmaraton Górski 21 km - K50 [3]

|   |     |                   |             |                                                                                   |                   |    |       |       |          |          |       |
|---|-----|-------------------|-------------|-----------------------------------------------------------------------------------|-------------------|----|-------|-------|----------|----------|-------|
| 1 | 255 | CZEKAŁSKA Mariola | BRZEG       |  | POL KOTWICA BRZEG | 68 | K50/1 | (K)8  | 02:40:39 | 02:40:14 | 07.37 |
| 2 | 205 | CHAŁUPCZAK Lila   | WROCŁAW     |  | POL               | 69 | K50/2 | (K)33 | 03:21:54 | 03:21:13 | 09.34 |
| 3 | 319 | MUCHA Alina       | MIROSLAWICE |  | POL KORFF TEAM    | 68 | K50/3 | (K)34 | 03:22:28 | 03:21:41 | 09.36 |

### Bieg 10,2 km - M20 [25]

|    |     |                      |                  |                                                                                     |                          |    |        |       |          |          |       |
|----|-----|----------------------|------------------|-------------------------------------------------------------------------------------|--------------------------|----|--------|-------|----------|----------|-------|
| 1  | 525 | WRZESZCZ Mariusz     | SOBÓTKA          |    | POL TMTEAM               | 91 | M20/1  | (M)2  | 00:52:43 | 00:52:40 | 05.09 |
| 2  | 431 | KOWALSKI Konrad      | WROCŁAW          |    | POL TRENUJZNA.MI.PL      | 90 | M20/2  | (M)3  | 00:52:52 | 00:52:50 | 05.10 |
| 3  | 463 | PIENIAŻEK Patryk     | KŁOBUCZYN        |    | POL KGHM ZG RUN          | 91 | M20/3  | (M)5  | 00:54:18 | 00:54:18 | 05.19 |
| 4  | 509 | KRĘŻEL Kuba          | WROCŁAW          |    | POL SOBCZYKTEAM          | 01 | M20/4  | (M)9  | 00:58:23 | 00:58:20 | 05.43 |
| 5  | 421 | CIEPLY Maciej        | WROCŁAW          |    | POL                      | 90 | M20/5  | (M)18 | 01:02:22 | 01:02:19 | 06.06 |
| 6  | 447 | HAJDAMOWICZ Adam     | SOBÓTKA          |    | POL                      | 96 | M20/6  | (M)26 | 01:08:51 | 01:08:38 | 06.43 |
| 7  | 572 | ŁAGOCKI Marcel       | WIRY             |    | POL ENDURO TEAM WIRY     | 90 | M20/7  | (M)27 | 01:09:26 | 01:09:20 | 06.47 |
| 8  | 544 | KUPIS Rafał          | MILICZ           |    | POL MONAR                | 95 | M20/8  | (M)29 | 01:10:01 | 01:09:48 | 06.50 |
| 9  | 534 | HERBA Damian         | WROCŁAW          |    | POL MONAR WROCŁAW        | 98 | M20/9  | (M)35 | 01:12:18 | 01:12:13 | 07.04 |
| 10 | 542 | PILNY Karol          | GRACZE           |    | POL MONAR GRACZE         | 97 | M20/10 | (M)39 | 01:13:11 | 01:13:03 | 07.09 |
| 11 | 472 | ŚNIEGOWSKI Sebastian | KAMIENIEC        |    | POL                      | 90 | M20/11 | (M)40 | 01:13:17 | 01:13:04 | 07.09 |
| 12 | 451 | WILK Maciej          | WROCŁAW          |    | POL                      | 90 | M20/12 | (M)42 | 01:13:53 | 01:08:25 | 06.42 |
| 13 | 522 | JASIŃSKI Maciej      | KCYNIA           |   | POL                      | 91 | M20/13 | (M)43 | 01:13:55 | 01:13:34 | 07.12 |
| 14 | 538 | GÓRKA Patryk         | GRACZE           |  | POL MONAR GRACZE         | 90 | M20/14 | (M)46 | 01:16:16 | 01:16:08 | 07.27 |
| 15 | 461 | ŚWIDURSKI Piotr      | WROCŁAW          |  | POL                      | 94 | M20/15 | (M)49 | 01:17:00 | 01:16:17 | 07.28 |
| 16 | 580 | GOLA Łukasz          | SZKLARSKA PORĘBA |  | POL                      | 96 | M20/16 | (M)51 | 01:17:22 | 01:17:05 | 07.33 |
| 17 | 446 | KOTOWICZ Łukasz      | KĘDZIERZYN-KOŹLE |  | POL                      | 91 | M20/17 | (M)53 | 01:19:09 | 01:18:46 | 07.43 |
| 18 | 543 | FRIEDEK Daniel       | KĘDZIERZYN KOŹLE |  | POL MONAR                | 96 | M20/18 | (M)54 | 01:20:03 | 01:19:51 | 07.49 |
| 19 | 539 | STANIAK Bartosz      | GRACZE           |  | POL MONAR GRACZE         | 92 | M20/19 | (M)62 | 01:23:54 | 01:23:44 | 08.12 |
| 20 | 441 | PLATO Adam           | WROCŁAW          |  | POL PRĘDKIE STOPY ŻÓŁWIA | 93 | M20/20 | (M)64 | 01:25:45 | 01:25:12 | 08.21 |
| 21 | 476 | NAWARA Paweł         | WROCŁAW          |  | POL HELENA, MAM ZAWAŁ    | 91 | M20/21 | (M)75 | 01:31:59 | 01:31:07 | 08.56 |
| 22 | 499 | BIELECKI Artur       | WILCZKOWICE      |  | POL METIB TEAM           | 92 | M20/22 | (M)78 | 01:32:54 | 01:32:10 | 09.02 |
| 23 | 531 | CERANOWSKI Radosław  | WROCŁAW          |  | POL                      | 91 | M20/23 | (M)83 | 01:40:03 | 01:39:21 | 09.44 |
| 24 | 535 | POGODA Kamil         | WROCŁAW          |  | POL MONAR WROCŁAW        | 97 | M20/24 | (M)87 | 01:44:09 | 01:44:03 | 10.12 |
| 25 | 501 | SZAŁUCKI Dariusz     | GDYNIA           |  | POL                      | 90 | M20/25 | (M)90 | 02:39:39 | 02:39:01 | 15.35 |

### Bieg 10,2 km - M30 [28]

|    |     |                      |             |                                                                                     |                                   |    |        |       |          |          |       |
|----|-----|----------------------|-------------|-------------------------------------------------------------------------------------|-----------------------------------|----|--------|-------|----------|----------|-------|
| 1  | 442 | BUJAŁA Michał        | JAWOR       |  | POL DABEX-BOLT                    | 87 | M30/1  | (M)1  | 00:50:43 | 00:50:43 | 04.58 |
| 2  | 438 | KASPRZYK Piotr       | MARCINOWICE |  | POL GLKS MARCINOWICE              | 82 | M30/2  | (M)6  | 00:55:28 | 00:55:26 | 05.26 |
| 3  | 415 | NOWACKI Dawid        | WROCŁAW     |  | POL VEGE RUNNERS                  | 86 | M30/3  | (M)8  | 00:57:15 | 00:57:13 | 05.36 |
| 4  | 479 | HNATIUK Michał       | WAŁBRZYCH   |  | POL NIGHT RUNNERS / RATE MY TRAIL | 89 | M30/4  | (M)12 | 00:59:08 | 00:59:08 | 05.47 |
| 5  | 436 | MAJEWSKI Maciej      | SWIDNICA    |  | POL WWW.REHA-FIT.COM.PL           | 80 | M30/5  | (M)15 | 00:59:42 | 00:59:33 | 05.50 |
| 6  | 53  | MŁODOŻENIEC Mirosław | SOBÓTKA     |  | POL REMBERTÓW TEAM                | 80 | M30/6  | (M)17 | 01:01:56 | 01:01:54 | 06.04 |
| 7  | 575 | DEC Jacek            | WROCŁAW     |  | POL                               | 87 | M30/7  | (M)19 | 01:03:08 | 01:03:07 | 06.11 |
| 8  | 478 | KUCHARSKI Robert     | WROCŁAW     |  | POL RUNNING ACADEMY               | 80 | M30/8  | (M)20 | 01:04:47 | 01:04:30 | 06.19 |
| 9  | 489 | JADACH Grzegorz      | WROCŁAW     |  | POL URTICA TEAM                   | 82 | M30/9  | (M)21 | 01:06:06 | 01:06:05 | 06.28 |
| 10 | 488 | GRYS Paweł           | WROCŁAW     |  | POL BIEGIEM PO MARZENIA TEAM      | 88 | M30/10 | (M)22 | 01:06:57 | 01:06:40 | 06.32 |
| 11 | 515 | CEPIELIK Wojciech    | PUSTELNIK   |  | POL AKTYWNA GMINA MARCISZÓW       | 84 | M30/11 | (M)23 | 01:07:39 | 01:07:34 | 06.37 |
| 12 | 485 | SIKORA Adam          | ŻELOWICE    |  | POL                               | 81 | M30/12 | (M)24 | 01:08:30 | 01:06:43 | 06.32 |
| 13 | 439 | ŁĘCKI Mariusz        | SMOLEC      |  | POL                               | 87 | M30/13 | (M)34 | 01:12:16 | 01:12:01 | 07.03 |
| 14 | 467 | MAZIAREK Michał      | NIEMODLIN   |  | POL MOTYLA.NOGA.RUNNERS           | 82 | M30/14 | (M)38 | 01:13:09 | 01:12:49 | 07.08 |
| 15 | 505 | RADECKI Adam         | STRZEGOM    |  | POL                               | 81 | M30/15 | (M)55 | 01:20:27 | 01:20:08 | 07.51 |
| 16 | 414 | JADOWSKI Bartłomiej  | PRZEMIŁÓW   |  | POL                               | 88 | M30/16 | (M)59 | 01:23:25 | 01:23:00 | 08.08 |
| 17 | 494 | OTOLIŃSKI Tomasz     | WROCŁAW     |  | POL FLY OR DIE                    | 87 | M30/17 | (M)60 | 01:23:28 | 01:22:55 | 08.07 |
| 18 | 454 | ŻMOJDZIAN Przemysław | CHWAŁKÓW    |  | POL KB SOBÓTKA                    | 82 | M30/18 | (M)65 | 01:26:13 | 01:25:44 | 08.24 |



| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat                                                                       | Drużyna<br>Team     | R-k<br>YoB | W kategorii<br>in Age | Sex   | Czas<br>Time | Netto    | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-----------------------------------------------------------------------------------|---------------------|------------|-----------------------|-------|--------------|----------|----------|
| 19              | 540       | BRAOR Jakub             | GRACZE              |  | POL MONAR GRACZE    | 85         | M30/19                | (M)67 | 01:27:01     | 01:26:51 | 08.30    |
| 20              | 545       | BULAWA Robert           | MILÓWKA             |  | POL MONAR           | 86         | M30/20                | (M)68 | 01:27:05     | 01:26:53 | 08.31    |
| 21              | 530       | ORDECHA Łukasz          | SULISTROWICE        |  | POL KB SOBÓTKA      | 81         | M30/21                | (M)69 | 01:28:46     | 01:27:58 | 08.37    |
| 22              | 435       | KUBLIK Filip            | WROCŁAW             |  | POL                 | 88         | M30/22                | (M)71 | 01:29:33     | 01:28:50 | 08.42    |
| 23              | 450       | KUBIAK Bartłomiej       | WROCŁAW             |  | POL                 | 88         | M30/23                | (M)74 | 01:30:03     | 01:24:13 | 08.15    |
| 24              | 260       | SIWICKI Damian          | CZESTOCHOWA         |  | POL BBL CZĘSTOCHOWA | 80         | M30/24                | (M)80 | 01:35:03     | 01:30:34 | 08.52    |
| 25              | 186       | GRUDNIEWSKI Jakub       | WROCŁAW             |  | POL                 | 85         | M30/25                | (M)84 | 01:42:15     | 01:41:37 | 09.57    |
| 26              | 444       | GRZYBOWSKI Łukasz       | WROCŁAW             |  | POL                 | 81         | M30/26                | (M)86 | 01:43:34     | 01:43:12 | 10.07    |
| 27              | 541       | MACIEJCZAK Roman        | GRACZE              |  | POL MONAR GRACZE    | 84         | M30/27                | (M)88 | 01:53:00     | 01:52:50 | 11.03    |
| 28              | 477       | MIEDZIŃSKI Artur        | WROCŁAW             |  | POL                 | 85         | M30/28                | (M)91 | 03:28:52     | 03:28:34 | 20.26    |

## Bieg 10,2 km - M40 [25]

|    |     |                       |                     |                                                                                     |                                |    |        |       |          |          |       |
|----|-----|-----------------------|---------------------|-------------------------------------------------------------------------------------|--------------------------------|----|--------|-------|----------|----------|-------|
| 1  | 576 | LERYNOWICZ Jacek      | ZGORZELEC           |    | POL EDI TEAM                   | 77 | M40/1  | (M)4  | 00:54:12 | 00:53:59 | 05.17 |
| 2  | 518 | BEDNARZ Krzysztof     | BRZEG               |    | POL SRC TEAM                   | 76 | M40/2  | (M)10 | 00:58:37 | 00:58:37 | 05.44 |
| 3  | 426 | MARTOWSKI Maciej      | WROCŁAW             |    | POL EUROPA UBEZPIECZENIA       | 76 | M40/3  | (M)13 | 00:59:15 | 00:59:12 | 05.48 |
| 4  | 503 | OSKULSKI Robert       | KOWARY              |    | POL SMS KOWARY, KOWARY BIEGAJA | 73 | M40/4  | (M)14 | 00:59:25 | 00:59:17 | 05.48 |
| 5  | 470 | MAZIAREK Marcin       | OPOLE               |    | POL MOTYLA.NOGA.RUNNERS        | 75 | M40/5  | (M)25 | 01:08:51 | 01:08:31 | 06.43 |
| 6  | 495 | FARION Marcin         | STRZEGOM            |    | POL THE FARIONS                | 72 | M40/6  | (M)28 | 01:09:41 | 01:09:18 | 06.47 |
| 7  | 513 | LEŚNIEWSKI Łukasz     | SADY                |    | POL KORFF TEAM                 | 77 | M40/7  | (M)32 | 01:11:29 | 01:10:58 | 06.57 |
| 8  | 93  | KUBIK Norbert         | ŚWIDNICA            |    | POL GTŻ                        | 75 | M40/8  | (M)33 | 01:11:35 | 01:10:56 | 06.57 |
| 9  | 430 | HETMAŃSKI Filip       |                     |    | POL                            | 78 | M40/9  | (M)36 | 01:12:54 | 01:07:11 | 06.35 |
| 10 | 493 | BANAŚ Tomasz          | BIELANY WROCŁAWSKIE |    | POL                            | 71 | M40/10 | (M)37 | 01:13:03 | 01:13:00 | 07.09 |
| 11 | 452 | LEWIŃSKI Filip        | OBORNIKI ŚLĄSKIE    |    | POL                            | 77 | M40/11 | (M)44 | 01:14:31 | 01:14:09 | 07.16 |
| 12 | 455 | SAMOLAK Maciek        | WAŁBRZYCH           |    | POL PREDATORS WAŁBRZYCH        | 78 | M40/12 | (M)47 | 01:16:17 | 01:15:37 | 07.24 |
| 13 | 520 | SIKORA Jacek          | ŻELOWICE            |   | POL                            | 74 | M40/13 | (M)48 | 01:16:53 | 01:14:49 | 07.20 |
| 14 | 475 | GOŁUCH Arkadiusz      | ŁAGIEWNIKI          |  | POL STRZEGOMSKA DWUNASTKA      | 75 | M40/14 | (M)57 | 01:22:18 | 01:21:43 | 08.00 |
| 15 | 464 | IWANOWSKI Wojciech    | OPOLE               |  | POL OPOLE G.R.U                | 79 | M40/15 | (M)58 | 01:22:53 | 01:22:28 | 08.05 |
| 16 | 490 | ZIEMAK Maciej         | KOTOWOICE           |  | POL                            | 77 | M40/16 | (M)61 | 01:23:54 | 01:23:03 | 08.08 |
| 17 | 468 | GIEMZA Jarosław       | WARSZAWA            |  | POL MIODOWICE                  | 76 | M40/17 | (M)63 | 01:24:17 | 01:23:37 | 08.11 |
| 18 | 500 | GRUSZKO Marcin        | WROCŁAW             |  | POL                            | 74 | M40/18 | (M)66 | 01:26:36 | 01:26:17 | 08.27 |
| 19 | 537 | WRÓBEL Tomasz         | ŚWIDNICA            |  | POL                            | 79 | M40/19 | (M)70 | 01:29:17 | 01:29:00 | 08.43 |
| 20 | 546 | KOSIOROWSKI Adam      | JELENIA GÓRA        |  | POL KOOLTRIATHLON              | 73 | M40/20 | (M)72 | 01:29:46 | 01:29:11 | 08.44 |
| 21 | 492 | ŁEBEK Tomasz          | RADWANICE           |  | POL                            | 75 | M40/21 | (M)73 | 01:29:48 | 01:29:16 | 08.45 |
| 22 | 532 | DWORAKOWSKI Artur     | WROCŁAW             |  | POL MONAR WROCŁAW              | 70 | M40/22 | (M)76 | 01:32:04 | 01:31:55 | 09.00 |
| 23 | 487 | MOSZUMAŃSKI Patryk    | WROCŁAW             |  | POL OGB                        | 75 | M40/23 | (M)79 | 01:33:33 | 01:26:56 | 08.31 |
| 24 | 440 | STARCZYŃSKI Arkadiusz | NADOLICE WIELKIE    |  | POL                            | 76 | M40/24 | (M)81 | 01:37:21 | 01:37:05 | 09.31 |
| 25 | 481 | PIELUSZYŃSKI Jacek    | SOBÓTKA             |  | POL KB SOBÓTKA                 | 70 | M40/25 | (M)82 | 01:38:45 | 01:38:04 | 09.36 |

## Bieg 10,2 km - M50 [8]

|   |     |                    |                      |                                                                                     |                                |    |       |       |          |          |       |
|---|-----|--------------------|----------------------|-------------------------------------------------------------------------------------|--------------------------------|----|-------|-------|----------|----------|-------|
| 1 | 304 | SIKORA Michał      | ŻELOWICE             |  | POL                            | 69 | M50/1 | (M)7  | 00:55:34 | 00:55:31 | 05.26 |
| 2 | 395 | MŁODOŻENIEC Jacek  | WARSZAWA             |  | POL REMBERTÓW TEAM             | 68 | M50/2 | (M)30 | 01:10:01 | 01:09:57 | 06.51 |
| 3 | 449 | GAWROŃSKI Ireneusz | CZECHOWICE-DZIEDZICE |  | POL AMATOR                     | 60 | M50/3 | (M)31 | 01:10:12 | 01:09:51 | 06.50 |
| 4 | 527 | CHAŁUPCZAK Cezary  | WROCŁAW              |  | POL                            | 69 | M50/4 | (M)41 | 01:13:30 | 01:13:22 | 07.11 |
| 5 | 496 | TARKA Wojciech     | WROCŁAW              |  | POL KS WT                      | 67 | M50/5 | (M)45 | 01:14:40 | 01:14:16 | 07.16 |
| 6 | 443 | PACYNIA Grzegorz   | KĄTY WROCŁAWSKIE     |  | POL KP TEAM                    | 65 | M50/6 | (M)56 | 01:22:15 | 01:21:59 | 08.02 |
| 7 | 474 | WIĄCEK Marek       | WROCŁAW              |  | POL TEAM LUKS ŻÓRAWINA-WROCŁAW | 62 | M50/7 | (M)77 | 01:32:28 | 01:31:45 | 08.59 |
| 8 | 411 | LESZCZYŃSKI Wacław | ŚWIEBODZICE          |  | POL                            | 63 | M50/8 | (M)89 | 01:53:10 | 01:52:26 | 11.01 |

## Bieg 10,2 km - M60 [5]

|   |     |                      |             |                                                                                     |                     |    |       |       |          |          |       |
|---|-----|----------------------|-------------|-------------------------------------------------------------------------------------|---------------------|----|-------|-------|----------|----------|-------|
| 1 | 517 | SITEK Tadeusz        | MARCISZÓW   |  | POL                 | 56 | M60/1 | (M)11 | 00:58:40 | 00:58:35 | 05.44 |
| 2 | 507 | FERENC Janusz        | LUDWIKOWICE |  | POL UKS LUDWIKOWICE | 54 | M60/2 | (M)16 | 00:59:51 | 00:59:47 | 05.51 |
| 3 | 577 | KARCZ Ryszard        | WROCŁAW     |  | POL                 | 52 | M60/3 | (M)50 | 01:17:06 | 01:16:36 | 07.30 |
| 4 | 512 | GÓRALSKI Andrzej     | ŚWIDNICA    |  | POL BRAK            | 53 | M60/4 | (M)52 | 01:18:47 | 01:18:04 | 07.39 |
| 5 | 445 | GRZYBOWSKI Władysław | LUBIN       |  | POL                 | 50 | M60/5 | (M)85 | 01:43:32 | 01:43:09 | 10.06 |

## Bieg 10,2 km - K20 [11]

|   |     |                         |         |                                                                                     |                          |    |       |       |          |          |       |
|---|-----|-------------------------|---------|-------------------------------------------------------------------------------------|--------------------------|----|-------|-------|----------|----------|-------|
| 1 | 574 | BOGUSZ Żanetta          | ŁOMŻA   |  | POL BESTIE OCR LEGIONOWO | 92 | K20/1 | (K)1  | 01:00:19 | 01:00:19 | 05.54 |
| 2 | 483 | PIELUSZYŃSKA Małgorzata | SOBÓTKA |  | POL KB SOBÓTKA           | 01 | K20/2 | (K)3  | 01:13:30 | 01:12:55 | 07.08 |
| 3 | 573 | LECH Daniela            | SOBÓTKA |  | POL                      | 91 | K20/3 | (K)9  | 01:23:09 | 01:22:47 | 08.06 |
| 4 | 465 | SKRAJNA Magdalena       | SOBÓTKA |  | POL WATAHA SOBÓTKA       | 90 | K20/4 | (K)10 | 01:24:23 | 01:23:44 | 08.12 |

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat                                                                       | Drużyna<br>Team              | R-k<br>YoB | W kategorii<br>in Age | Sex   | Czas<br>Time | Netto    | [min/km] |
|-----------------|-----------|-------------------------|---------------------|-----------------------------------------------------------------------------------|------------------------------|------------|-----------------------|-------|--------------|----------|----------|
| 5               | 508       | ŚWIDURSKA Aleksandra    | WROCLAW             |  | POL                          | 01         | K20/5                 | (K)17 | 01:30:39     | 01:29:53 | 08.48    |
| 6               | 510       | KOŃSKA Miriam           | WROCLAW             |  | POL                          | 93         | K20/6                 | (K)18 | 01:30:46     | 01:30:14 | 08.50    |
| 7               | 511       | KOŃSKA Justyna          | WROCLAW             |  | POL                          | 98         | K20/7                 | (K)21 | 01:32:40     | 01:32:04 | 09.01    |
| 8               | 471       | ZAJĄCZKOWSKA Monika     | WROCLAW             |  | POL GRUPA BIEGOWA KS BROCHÓW | 90         | K20/8                 | (K)22 | 01:33:17     | 01:32:45 | 09.05    |
| 9               | 528       | LUCZAK Magdalena        | POBIEDNA            |  | POL MONAR POBIEDNA           | 94         | K20/9                 | (K)23 | 01:33:33     | 01:33:25 | 09.09    |
| 10              | 533       | BUDREWICZ Dominika      | WROCLAW             |  | POL MONAR WROCLAW            | 00         | K20/10                | (K)32 | 01:36:42     | 01:36:40 | 09.28    |
| 11              | 456       | DEMKÓW Małgorzata       | SOBÓTKA             |  | POL KB SOBÓTKA               | 98         | K20/11                | (K)35 | 01:38:45     | 01:37:56 | 09.36    |

### Bieg 10,2 km - K30 [20]

|    |     |                               |           |                                                                                     |                                    |    |        |       |          |          |       |
|----|-----|-------------------------------|-----------|-------------------------------------------------------------------------------------|------------------------------------|----|--------|-------|----------|----------|-------|
| 1  | 428 | OSMOLAK Agnieszka             | WROCLAW   |    | POL PRO-RUN WROCLAW                | 88 | K30/1  | (K)2  | 01:11:55 | 01:11:33 | 07.00 |
| 2  | 504 | FARION Marzena                | STRZEGOM  |    | POL THE FARIONS                    | 81 | K30/2  | (K)5  | 01:20:29 | 01:20:09 | 07.51 |
| 3  | 466 | MAZIAREK Adela                | NIEMODLIN |    | POL MOTYLA.NOGA.RUNNERS            | 82 | K30/3  | (K)6  | 01:20:43 | 01:20:25 | 07.53 |
| 4  | 497 | NORBERT Anna                  | ŚWIDNICA  |    | POL                                | 88 | K30/4  | (K)7  | 01:21:21 | 01:20:40 | 07.54 |
| 5  | 459 | MAZZARA Dominika              | WROCLAW   |    | POL AXIOM RUNNING TEAM             | 85 | K30/5  | (K)13 | 01:29:55 | 01:29:17 | 08.45 |
| 6  | 418 | KALUŻNY Alina                 | ŚWIDNICA  |    | POL                                | 80 | K30/6  | (K)15 | 01:30:15 | 01:29:48 | 08.48 |
| 7  | 420 | JEDLIŃSKA Katarzyna           | ŚWIDNICA  |    | POL                                | 80 | K30/7  | (K)16 | 01:30:16 | 01:29:50 | 08.48 |
| 8  | 498 | ŻMUDA Agnieszka               | POZNAŃ    |    | POL CKF TEAM &#128571&#128170      | 85 | K30/8  | (K)19 | 01:31:38 | 01:31:21 | 08.57 |
| 9  | 524 | JAGODZIŃSKA Lucja             | SOBÓTKA   |    | POL KB SOBÓTKA                     | 84 | K30/9  | (K)24 | 01:33:39 | 01:32:53 | 09.06 |
| 10 | 448 | BŁAŻEWICZ Milena              | WROCLAW   |    | POL                                | 89 | K30/10 | (K)26 | 01:34:09 | 01:33:53 | 09.12 |
| 11 | 469 | DURAŁ Paulina                 | WROCLAW   |    | POL GRUPA BIEGOWA KS BROCHÓW       | 85 | K30/11 | (K)28 | 01:35:05 | 01:34:35 | 09.16 |
| 12 | 423 | HAJDAMOWICZ Gabriela          | SOBÓTKA   |    | POL EERLE - POLSKA ODZIEŻ SPORTOWA | 83 | K30/12 | (K)31 | 01:36:19 | 01:36:04 | 09.25 |
| 13 | 434 | NOWICKA Anna                  | WROCLAW   |    | POL                                | 86 | K30/13 | (K)33 | 01:36:54 | 01:36:24 | 09.27 |
| 14 | 480 | OGRODNIK Anna                 | WROCLAW   |    | POL RUNNING ACADEMY                | 83 | K30/14 | (K)36 | 01:39:02 | 01:38:45 | 09.40 |
| 15 | 571 | PIETRZAK - POROWSKA Agnieszka | LASEK     |    | POL                                | 83 | K30/15 | (K)37 | 01:39:03 | 01:38:11 | 09.37 |
| 16 | 482 | PIELUSZYŃSKA Agnieszka        | SOBÓTKA   |   | POL KB SOBÓTKA                     | 80 | K30/16 | (K)38 | 01:39:17 | 01:38:36 | 09.40 |
| 17 | 506 | TOMAN Wioleta                 | SOBÓTKA   |  | POL KB SOBÓTKA                     | 83 | K30/17 | (K)41 | 01:44:00 | 01:43:15 | 10.07 |
| 18 | 484 | NOWAK-KASPRZAK Anna           | WROCLAW   |  | POL                                | 85 | K30/18 | (K)43 | 01:54:12 | 01:53:23 | 11.07 |
| 19 | 271 | ROSZAK Romana                 | WROCLAW   |  | POL                                | 86 | K30/19 | (K)44 | 01:57:45 | 01:57:05 | 11.28 |
| 20 | 432 | WYSOCKA Anna                  | BRZEG     |  | POL MAMUSIA BLIZNIAKÓW             | 87 | K30/20 | (K)45 | 05:01:54 | 05:01:54 | 29.35 |

### Bieg 10,2 km - K40 [10]

|    |     |                           |                   |                                                                                     |                         |    |        |       |          |          |       |
|----|-----|---------------------------|-------------------|-------------------------------------------------------------------------------------|-------------------------|----|--------|-------|----------|----------|-------|
| 1  | 502 | MARTOWSKA Barbara         | WROCLAW           |  | POL                     | 78 | K40/1  | (K)8  | 01:22:36 | 01:22:10 | 08.03 |
| 2  | 429 | STARCZYŃSKA Aneta maria   | NADOLICE WIELKIE  |  | POL DLA DAFA            | 77 | K40/2  | (K)11 | 01:29:00 | 01:28:45 | 08.42 |
| 3  | 462 | KOSIOROWSKA Urszula       | JELENIA GÓRA      |  | POL                     | 75 | K40/3  | (K)12 | 01:29:45 | 01:29:11 | 08.44 |
| 4  | 491 | SOBIESKA Katarzyna        | LEGNICA           |  | POL ŁĄCZKA TEAM LEGNICA | 70 | K40/4  | (K)14 | 01:29:56 | 01:29:11 | 08.44 |
| 5  | 433 | WIETRZYŃSKA Agnieszka     | BRZEG             |  | POL                     | 73 | K40/5  | (K)20 | 01:32:28 | 01:31:38 | 08.59 |
| 6  | 425 | ZGRZYWA Anna              | KOTOWICE          |  | POL                     | 76 | K40/6  | (K)25 | 01:34:08 | 01:33:17 | 09.08 |
| 7  | 547 | MIKUTANIEC Patrycja       | MARKI             |  | POL                     | 77 | K40/7  | (K)27 | 01:34:55 | 01:34:14 | 09.14 |
| 8  | 453 | DŁUGASZEK Katarzyna       | SOBÓTKA           |  | POL                     | 79 | K40/8  | (K)30 | 01:36:16 | 01:35:25 | 09.21 |
| 9  | 526 | GADACZ Katarzyna          | STARE BOGACZOWICE |  | POL KUHNTEAM            | 79 | K40/9  | (K)34 | 01:37:56 | 01:37:19 | 09.32 |
| 10 | 460 | WOŹNIAK-MACIEJEWSKA Edyta | ŻAGAŃ             |  | POL                     | 75 | K40/10 | (K)39 | 01:40:24 | 01:39:58 | 09.48 |

### Bieg 10,2 km - K50 [2]

|   |     |                       |          |                                                                                     |                 |    |       |       |          |          |       |
|---|-----|-----------------------|----------|-------------------------------------------------------------------------------------|-----------------|----|-------|-------|----------|----------|-------|
| 1 | 579 | JARUGA Anna           | WOLÓW    |  | POL WOLÓW BIEGA | 68 | K50/1 | (K)29 | 01:35:16 | 01:34:35 | 09.16 |
| 2 | 417 | SENATORSKA Małgorzata | WARSZAWA |  | POL             | 69 | K50/2 | (K)42 | 01:45:36 | 01:44:57 | 10.17 |

### Bieg 10,2 km - K60 [2]

|   |     |                  |                  |                                                                                     |     |    |       |       |          |          |       |
|---|-----|------------------|------------------|-------------------------------------------------------------------------------------|-----|----|-------|-------|----------|----------|-------|
| 1 | 578 | ŚWIERK Krystyna  | JANOWICE WIELKIE |  | POL | 57 | K60/1 | (K)4  | 01:18:05 | 01:17:51 | 07.37 |
| 2 | 486 | SZYLIKIN Eulalia | WAŁBRZYCH        |  | POL | 59 | K60/2 | (K)40 | 01:41:30 | 01:41:01 | 09.54 |