

39. Bieg Soczewka z BOP

WYNIKI ZAWODÓW

Organizator: Płockie Towarzystwo Krzewienia Kultury Fizycznej w Płocku,

Termin: 28.09.2019

Miejsce: Soczewka

Dystans: 11,6 km

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] | |
|--------------------------------|--------|------------------------|------------------|----------|------------------------------|---------|--------------------|--------|-----------|----------|----|
| Bieg 11,6 km - K50 [3] | | | | | | | | | | | |
| 1 | 17 | SZPERNAL Beata | PŁOCK | | POL | 64 | K50/1 | (K)22 | 01:03:56 | 05.30 | OK |
| 2 | 27 | AKIMOW Anna | PŁOCK | | POL TKKF PŁOCK | 67 | K50/2 | (K)25 | 01:05:11 | 05.37 | OK |
| 3 | 84 | KRAJEWSKA Elżbieta | PŁOCK | | POL | 62 | K50/3 | (K)29 | 01:07:21 | 05.48 | OK |
| Bieg 11,6 km - K40 [16] | | | | | | | | | | | |
| 1 | 2 | PACHNIEWSKA Agnieszka | PŁOCK | | POL WIĘCKOWSKI TEAM | 75 | K40/1 | (K)4 | 00:52:08 | 04.29 | OK |
| 2 | 57 | JAROSZEWSKA Monika | PŁOCK | | POL TKKF PŁOCK | 74 | K40/2 | (K)13 | 00:57:53 | 04.59 | OK |
| 3 | 113 | TARKA Marta | PŁOCK | | POL ACTIVE RUNNERS PŁOCK | 77 | K40/3 | (K)16 | 01:00:30 | 05.12 | OK |
| 4 | 121 | MARKOWSKA Oktawia | MALBORK | | POL KS STASZEWSKY | 79 | K40/4 | (K)17 | 01:00:54 | 05.15 | OK |
| 5 | 92 | TYMIŃSKA Beata | BRWILNO | | POL ORLEN RUNNING TEAM | 70 | K40/5 | (K)18 | 01:00:58 | 05.15 | OK |
| 6 | 3 | DOMOSŁAWSKA Daria | PŁOCK | | POL | 77 | K40/6 | (K)19 | 01:02:33 | 05.23 | OK |
| 7 | 82 | WĘGLEWSKA Anna | ŁĄCK | | POL BIEGAM Z MĘŻEM | 75 | K40/7 | (K)20 | 01:02:51 | 05.25 | OK |
| 8 | 117 | KOSSOWSKA - TOĆ Beata | KUTNO | | POL KUTNO BIEGA | 73 | K40/8 | (K)21 | 01:03:21 | 05.27 | OK |
| 9 | 129 | GRABOWSKA Edyta | NOWE GULCZEWO | | POL | 71 | K40/9 | (K)23 | 01:05:07 | 05.36 | OK |
| Bieg 11,6 km - K30 [17] | | | | | | | | | | | |
| 1 | 1 | BUDEK Agnieszka | PŁOCK | | POL BIEGAJ Z DYMKIEM | 87 | K30/1 | (K)1 | 00:45:32 | 03.55 | OK |
| 2 | 43 | SEBASTIANOWICZ Zuzanna | PŁOCK | | POL WIĘCKOWSKI TEAM | 86 | K30/2 | (K)2 | 00:48:25 | 04.10 | OK |
| 3 | 6 | GIŻYŃSKA Karolina | PŁOCK | | POL TKKF PŁOCK | 81 | K30/3 | (K)3 | 00:51:19 | 04.25 | OK |
| 4 | 10 | KUCZMARSKA Marta | PŁOCK | | POL TKKF PŁOCK | 86 | K30/4 | (K)5 | 00:52:52 | 04.33 | OK |
| 5 | 125 | TERESZKIEWICZ Joanna | WARSZAWA | | POL | 87 | K30/5 | (K)6 | 00:54:22 | 04.41 | OK |
| 6 | 16 | DASZKIEWICZ Małgorzata | PŁOCK | | POL ADRENALINE RUSH POLAND | 88 | K30/6 | (K)8 | 00:55:24 | 04.46 | OK |
| 7 | 93 | REK Ewa | PŁOCK | | POL BIEGAJ Z DYMKIEM | 89 | K30/7 | (K)9 | 00:55:46 | 04.48 | OK |
| 8 | 44 | STANISZEWSKA Magdalena | BIELSK | | POL | 86 | K30/8 | (K)11 | 00:56:42 | 04.53 | OK |
| 9 | 100 | FIGATOWSKA Agata | NOWY DUNINÓW | | POL | 80 | K30/9 | (K)12 | 00:57:21 | 04.56 | OK |
| Bieg 11,6 km - K20 [3] | | | | | | | | | | | |
| 1 | 20 | MILEWSKA Martyna | BODZANÓW | | POL SOKÓŁ BODZANÓW | 93 | K20/1 | (K)7 | 00:55:12 | 04.45 | OK |
| 2 | 86 | BIGORAJSKA Aleksandra | NOWE | | POL BIEGAJ Z DYMKIEM | 96 | K20/2 | (K)10 | 00:56:31 | 04.52 | OK |
| 3 | 95 | SARAN Weronika | PŁOCK | | POL BIEGAJ Z DYMKIEM | 90 | K20/3 | (K)26 | 01:05:17 | 05.37 | OK |
| Bieg 11,6 km - M70 [5] | | | | | | | | | | | |
| 1 | 19 | PANKOWSKI Zbigniew | PŁOCK | | POL | 49 | M70/1 | (M)75 | 00:56:58 | 04.54 | OK |
| 2 | 40 | BORKOWSKI Jan | PŁOCK | | POL | 47 | M70/2 | (M)102 | 01:01:41 | 05.19 | OK |
| 3 | 99 | ZALEWSKI Józef | PŁOCK | | POL TKKF WIŚLANIE SŁUPNO | 47 | M70/3 | (M)114 | 01:02:20 | 05.22 | OK |
| 4 | 179 | SOWIŃSKI Edmund | PŁOCK | | POL TKKF PŁOCK | 42 | M70/4 | (M)117 | 01:03:01 | 05.25 | OK |
| 5 | 164 | NOWAKOWSKI Czesław | WARSZAWA | | POL KLUB BIEGACZA GOCH | 47 | M70/5 | (M)125 | 01:10:20 | 06.03 | OK |
| Bieg 11,6 km - M60 [6] | | | | | | | | | | | |
| 1 | 70 | PETRYKOWSKI Roman | PŁOCK | | POL BIEGAMPŁOCK TEAM | 59 | M60/1 | (M)48 | 00:53:45 | 04.38 | OK |
| 2 | 159 | BONIEWSKI Lech | GLINOJECK | | POL SP GLINOJECK | 58 | M60/2 | (M)65 | 00:55:33 | 04.47 | OK |
| 3 | 114 | STAŃCZAK Edmund | PŁOCK | | POL PŁOCK BIEGA NO AGE LIMIT | 53 | M60/3 | (M)72 | 00:56:27 | 04.51 | OK |
| 4 | 18 | MAKOWSKI Bogdan | PŁOCK | | POL PŁOCK BIEGA NO AGE LIMIT | 57 | M60/4 | (M)78 | 00:57:42 | 04.58 | OK |
| 5 | 59 | MACZYŃSKI Czesław | PŁOCK | | POL MCBIKE | 52 | M60/5 | (M)83 | 00:58:08 | 05.00 | OK |
| 6 | 47 | PIEKUT Stefan | PŁOCK | | POL TKKF PŁOCK | 53 | M60/6 | (M)112 | 01:02:16 | 05.22 | OK |
| Bieg 11,6 km - M50 [17] | | | | | | | | | | | |
| 1 | 5 | MALINOWSKI Piotr | PŁOCK | | POL MTP WZGÓRZE TUMSKIE | 68 | M50/1 | (M)11 | 00:45:10 | 03.53 | OK |
| 2 | 28 | WIĘCKOWSKI Wojciech | NOWE MISZEWO | | POL WIĘCKOWSKI TEAM | 61 | M50/2 | (M)14 | 00:46:41 | 04.01 | OK |
| 3 | 176 | KIEŁBASA Dariusz | GĄBIN | | POL GĄBIN BIEGA | 69 | M50/3 | (M)19 | 00:47:30 | 04.05 | OK |
| 4 | 88 | RYBICKI Robert | BODZANÓW | | POL SOKÓŁ BODZANÓW | 68 | M50/4 | (M)28 | 00:49:09 | 04.13 | OK |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | [min/km] | |
|--------------|--------|----------------------|------------------|----------|------------------------------|---------|--------------------|-------|-----------|----------|----|
| 5 | 32 | ULEWICZ Arnold | PŁOCK | | POL WIĘCKOWSKI TEAM | 69 | M50/5 | (M)31 | 00:50:18 | 04.19 | OK |
| 6 | 74 | ŁOMNICKI Dariusz | PŁOCK | | POL PŁOCK BIEGA NO AGE LIMIT | 64 | M50/6 | (M)32 | 00:50:26 | 04.20 | OK |
| 7 | 91 | TYMIŃSKI Dariusz | BRWILNO | | POL PTT DELTA | 68 | M50/7 | (M)39 | 00:51:58 | 04.28 | OK |
| 8 | 14 | ANDRZEJCZYK Ryszard | PŁOCK | | POL | 64 | M50/8 | (M)45 | 00:53:35 | 04.37 | OK |
| 9 | 81 | MARTYNOWSKI Witold | ROGOZINO | | POL SOKÓŁ BODZANÓW | 69 | M50/9 | (M)50 | 00:53:57 | 04.39 | OK |

Bieg 11,6 km - M40 [46]

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|---|-----|----------------------|-----------|--|---|----|-------|-------|---------------------|------------------|---------------|
| 1 | 31 | KAMIŃSKI Artur | PŁOCK | | POL PŁOCK BIEGA NO AGE LIMIT | 79 | M40/1 | (M)3 | 00:40:19 | 03.28 | OK |
| 2 | 4 | GIŻYŃSKI Przemysław | PŁOCK | | POL TKKF PŁOCK | 79 | M40/2 | (M)4 | 00:40:45 | 03.30 | OK |
| 3 | 30 | STAŃCZAK Marcin | GRABINA | | POL TKKF PŁOCK | 79 | M40/3 | (M)9 | 00:43:22 | 03.44 | OK |
| 4 | 76 | DOBZYŃSKI Przemysław | GOSTYNIN | | POL KLUB SPORTOWY SZUKAM_SPONSORA_TEAM | 78 | M40/4 | (M)13 | 00:46:30 | 04.00 | OK |
| 5 | 71 | WOJTYCKI Grzegorz | PŁOCK | | POL BIEGAMPŁOCK TEAM | 71 | M40/5 | (M)18 | 00:47:29 | 04.05 | OK |
| 6 | 23 | CYPARSKI Marcin | PŁOCK | | POL ACTIVE RUNNERS PŁOCK | 79 | M40/6 | (M)22 | 00:47:55 | 04.07 | OK |
| 7 | 13 | RZEPECKI Dominik | PŁOCK | | POL | 78 | M40/7 | (M)24 | 00:48:04 | 04.08 | OK |
| 8 | 25 | KARASZEWSKI Marek | PŁOCK | | POL ACTIVE RUNNERS PŁOCK | 78 | M40/8 | (M)30 | 00:49:13 | 04.14 | OK |
| 9 | 160 | KRUPA Grzegorz | WŁOCŁAWEK | | POL ANWILTEAM | 77 | M40/9 | (M)33 | 00:50:28 | 04.20 | OK |

Bieg 11,6 km - M30 [48]

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|---|-----|------------------------|--------------|--|------------------------------|----|-------|-------|----------|-------|----|
| 1 | 21 | ZYCH Marek | BRUDZEŃ DUŻY | | POL TKKF PŁOCK | 88 | M30/1 | (M)5 | 00:41:09 | 03.32 | OK |
| 2 | 56 | CHĘTKA Krzysztof | ROGOZINO | | POL BIEGAJ Z DYMKIEM | 87 | M30/2 | (M)6 | 00:41:32 | 03.34 | OK |
| 3 | 63 | DYMEK Sebastian | PŁOCK | | POL BIEGAJ Z DYMKIEM | 82 | M30/3 | (M)7 | 00:42:07 | 03.37 | OK |
| 4 | 45 | KREFT Piotr | PŁOCK | | POL PGSPORT.PL | 89 | M30/4 | (M)8 | 00:42:53 | 03.41 | OK |
| 5 | 33 | WROŃSKI Tomasz | PŁOCK | | POL | 81 | M30/5 | (M)12 | 00:45:53 | 03.57 | OK |
| 6 | 37 | KORDULASIŃSKI Jarosław | PŁOCK | | POL PŁOCK BIEGA NO AGE LIMIT | 87 | M30/6 | (M)16 | 00:47:14 | 04.04 | OK |
| 7 | 39 | MACHAŁA Emil | BUDY | | POL GAŁBIN BIEGA | 88 | M30/7 | (M)17 | 00:47:27 | 04.05 | OK |
| 8 | 144 | WOLIŃSKI Marek | STAROŻREBY | | POL | 89 | M30/8 | (M)20 | 00:47:43 | 04.06 | OK |
| 9 | 60 | RYDZYŃSKI Adam | PŁOCK | | POL | 80 | M30/9 | (M)23 | 00:48:00 | 04.07 | OK |

Bieg 11,6 km - M20 [10]

| | | | | | | | | | | | |
|---|-----|--------------------|--------|--|----------------------------|----|-------|-------|---------------------|------------------|---------------|
| 1 | 46 | OBARA Przemysław | PŁOCK | | POL ACTIVE RUNNERS PŁOCK | 95 | M20/1 | (M)1 | 00:39:54 | 03.26 | OK |
| 2 | 58 | MILEWSKI Dominik | PŁOCK | | POL GAŁBIN BIEGA | 98 | M20/2 | (M)2 | 00:40:04 | 03.27 | OK |
| 3 | 38 | MACHAŁA Sebastian | BUDY | | POL GAŁBIN BIEGA | 92 | M20/3 | (M)10 | 00:44:12 | 03.48 | OK |
| 4 | 35 | GOSZCZYŃSKI Kamil | PŁOCK | | POL ACTIVE RUNNERS PŁOCK | 99 | M20/4 | (M)15 | 00:46:59 | 04.02 | OK |
| 5 | 392 | KAMIŃSKI Tomasz | GAŁBIN | | POL GAŁBIN BIEGA | 92 | M20/5 | (M)21 | 00:47:49 | 04.06 | OK |
| 6 | 62 | POGLUD Mateusz | PŁOCK | | POL MTP WZGÓRZE TUMSKIE | 90 | M20/6 | (M)26 | 00:48:50 | 04.12 | OK |
| 7 | 170 | BIENIAS Konrad | PŁOCK | | POL ACTIVE RUNNERS PŁOCK | 90 | M20/7 | (M)27 | 00:48:51 | 04.12 | OK |
| 8 | 24 | ADAMSKI Przemysław | PŁOCK | | POL ACTIVE RUNNERS PŁOCK | 95 | M20/8 | (M)55 | 00:54:22 | 04.41 | OK |
| 9 | 138 | LEWANDOWSKI Dawid | PŁOCK | | POL BORYSZEWSKA DREAM TEAM | 90 | M20/9 | (M)77 | 00:57:24 | 04.56 | OK |