

7. Carrefour Bieg Trzech Wzgórz – wyniki wspólne dla obu serii, bez korekty godziny startu.

| Miejsce | numer | nazwisko | imie | miasto | klub | skrotw | czas | start | startn | meta |
|---------|-------|---------------|-----------|-------------------------|------------------------------|--------|----------|-------------|-------------|-------------|
| 1 | 129 | GRABOWSKI | KAROL | CZĘSTOCHOWA | | M30 | 00:33:49 | 11:29:31,83 | 11:29:31,83 | 12:03:21,37 |
| 2 | 145 | ANTCZAK | ROBERT | RACIBRZ | VICTORIA RACIBÓRZ | M40 | 00:35:25 | 11:29:27,36 | 11:29:27,36 | 12:04:53,12 |
| 3 | 50 | KRASULAK | DANIEL | WROCLAW | CARREFOUR BOREK | M40 | 00:36:20 | 11:33:35,14 | 11:33:35,14 | 12:09:55,79 |
| 4 | 17 | NIEPOKÓJ | PATRYK | WROCLAW | | M40 | 00:36:29 | 10:45:52,88 | 10:45:52,88 | 11:22:22,47 |
| 5 | 16 | CZARNOTA | DARIUSZ | WYSOKA (GM. KOBIERZYCE) | | M30 | 00:36:32 | 11:49:44,94 | 11:49:44,94 | 12:26:17,74 |
| 6 | 147 | ŚLĘZAK | SYLWIA | CZĘSTOCHOWA | CKS BUDOWLANI CZĘSTOCHOWA | K20 | 00:36:41 | 11:30:31,44 | 11:30:31,44 | 12:07:12,53 |
| 7 | 96 | WIELGUS | ARKADIUSZ | OBORNIKI SŁĄSKIE | KS.ROŚCISŁAWICE | M20 | 00:36:50 | 10:38:59,80 | 10:38:59,80 | 11:15:50,14 |
| 8 | 3 | MAKOWIECKI | DAMIAN | LUBSKO | WŚCIEKŁE DZIKI | M20 | 00:36:56 | 11:30:27,33 | 11:30:27,33 | 12:07:24,01 |
| 9 | 30 | STREICH | TOMASZ | WROCLAW | | M20 | 00:36:57 | 11:31:33,73 | 11:31:33,73 | 12:08:30,88 |
| 10 | 5363 | LEŚNIAK | JAKUB | SZKARADOWO | | M30 | 00:37:00 | 11:41:55,71 | 11:41:55,71 | 12:18:56,55 |
| 11 | 155 | DĄBROWSKI | ANDRZEJ | WROCLAW | 140MINUT.PL | M30 | 00:37:49 | 11:31:24,68 | 11:31:24,68 | 12:09:14,63 |
| 12 | 149 | OSKULSKI | ROBERT | KOWARY | SMS KOWARY, KOWARY BIEGAJA | M40 | 00:37:58 | 11:29:36,22 | 11:29:36,22 | 12:07:35,18 |
| 13 | 146 | KOŁODZIEJCZYK | JAROSŁAW | CZĘSTOCHOWA | ZABIEGANI CZĘSTOCHOWA | M50 | 00:37:59 | 11:30:35,96 | 11:30:35,96 | 12:08:35,93 |
| 14 | 5380 | OWCZAREK | ANDRZEJ | TRZEBNICA - KSIĘGINICE | DTR BIEGA / MARIO TEAM | M30 | 00:38:04 | 11:29:47,55 | 11:29:47,55 | 12:07:52,40 |
| 15 | 154 | HUTYRA | MARCIN | WROCLAW | 140MINUT.PL | M40 | 00:38:05 | 11:31:17,40 | 11:31:17,40 | 12:09:22,53 |
| 16 | 5323 | WIKTORSKI | MIESZKO | WROCLAW | CARREFOUR BOREK | | 00:38:05 | 11:33:31,08 | 11:33:31,08 | 12:11:36,98 |
| 17 | 5387 | Kuriata | Robert | WIERUSZÓW | MKS SIECHNICE | M50 | 00:38:29 | 11:29:54,34 | 11:29:54,34 | 12:08:23,61 |
| 18 | 85 | BUBLIS | GRZEGORZ | WROCLAW | KAMIENNOGÓRSKA GRUPA BIEGOWA | M30 | 00:38:33 | 11:49:49,75 | 11:49:49,75 | 12:28:23,39 |

7. Carrefour Bieg Trzech Wzgórz – wyniki wspólne dla obu serii, bez korekty godziny startu.

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|----|------|---------------|------------|------------------|--------------------------------------|-----|----------|-------------|-------------|-------------|
| 19 | 5329 | TERENIUK | PRZEMYSŁAW | TRZEBNICA | DTR BIEGA / MARIO TEAM | M30 | 00:38:46 | 11:30:02,47 | 11:30:02,47 | 12:08:48,76 |
| 20 | 5 | ANDRZEJEWSKI | DROGOSZ | LUBIN | RUNATTACK | M30 | 00:39:08 | 11:32:15,77 | 11:32:15,77 | 12:11:24,24 |
| 21 | 127 | KACZMARCZYK | PRZEMYSŁAW | ROLANTOWICE | 140MINUT.PL | M20 | 00:39:10 | 11:33:18,40 | 11:33:18,40 | 12:12:28,46 |
| 22 | 113 | PRZYBYŚLAWSKI | KAMIL | WROCŁAW | 140MINUT.PL | M30 | 00:39:12 | 11:31:20,89 | 11:31:20,89 | 12:10:33,15 |
| 23 | 42 | FRANCZAK | MARIUSZ | KSIĘGINICE | DTR BIEGA / MARIO TEAM | M40 | 00:39:19 | 11:29:43,78 | 11:29:43,78 | 12:09:03,66 |
| 24 | 78 | CZERW | ANNA | TRZEBNICA | DTR BIEGA / MARIO TEAM | K30 | 00:39:22 | 11:29:40,59 | 11:29:40,59 | 12:09:03,49 |
| 25 | 67 | CHODOROWSKI | KRZYSZTOF | WROCŁAW | PRZEDWOJEWSKI TEAM | M30 | 00:39:25 | 11:13:53,01 | 11:13:53,01 | 11:53:18,81 |
| 26 | 5324 | FIELEK | PIOTR | WROCŁAW | ZAKOCHAJ SIĘ W BIEGANIU | M40 | 00:39:46 | 11:31:42,49 | 11:31:42,49 | 12:11:29,24 |
| 27 | 10 | MIERZWA | MICHAŁ | PRUSICE | ELITARNI MMA TEAM | M30 | 00:39:48 | 11:30:40,23 | 11:30:40,23 | 12:10:28,82 |
| 28 | 118 | POŚLUSZNY | MARIUSZ | GŁOSKA | AKB ESEMAS | M40 | 00:39:57 | 11:14:30,27 | 11:14:30,27 | 11:54:27,51 |
| 29 | 75 | PYTEL | PIOTR | GLUCHOŁAZY | WKK WIERUSZÓW WIŚNIEWSKI MTB TEAM | M20 | 00:40:07 | 11:32:20,80 | 11:32:20,80 | 12:12:28,25 |
| 30 | 22 | IZDEBSKI | PRZEMYSŁAW | WROCŁAW | | M30 | 00:40:33 | 11:31:54,23 | 11:31:54,23 | 12:12:28,00 |
| 31 | 177 | GRZEGOREK | GRZEGORZ | KĄTY WROCŁAWSKIE | KLUB BIEGACZA KĄTY WROCŁAWSKIE | M50 | 00:40:51 | 11:32:44,22 | 11:32:44,22 | 12:13:35,53 |
| 32 | 73 | ŻAK | PIOTR | | | | 00:40:57 | 10:05:24,53 | 10:05:24,53 | 10:46:21,55 |
| 33 | 61 | LITKA | KRZYSZTOF | WROCŁAW | PZU SPORT TEAM | M40 | 00:41:15 | 11:36:16,74 | 11:36:16,74 | 12:17:32,38 |
| 34 | 175 | SWATOWSKI | TOMASZ | KĄTY WROCŁAWSKIE | KLUB BIEGACZA KĄTY WROCŁAWSKIE | M30 | 00:41:16 | 11:32:36,66 | 11:32:36,66 | 12:13:53,48 |
| 35 | 8 | ZĄBEK | ŁUKASZ | WROCŁAW | 140MINUT.PL | M40 | 00:41:17 | 10:22:58,13 | 10:22:58,13 | 11:04:15,65 |
| 36 | 5364 | SZCZEPAŃSKI | GRZEGORZ | WAŁBRZYCH | MAD RUNNERS | M30 | 00:41:40 | 11:30:08,99 | 11:30:08,99 | 12:11:49,27 |
| 37 | 101 | GRAF | REMIGIUSZ | LESZNO | TURBO RUN LESZNO | M50 | 00:41:44 | 11:30:55,70 | 11:30:55,70 | 12:12:40,24 |

7. Carrefour Bieg Trzech Wzgórz – wyniki wspólne dla obu serii, bez korekty godziny startu.

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|----|------|-------------|-----------|------------|------------------------------------|-----|----------|-------------|-------------|-------------|
| 38 | 126 | KURZAWSKI | MICHAŁ | WROCŁAW | SZYBKI KURZ | M30 | 00:41:48 | 11:32:24,36 | 11:32:24,36 | 12:14:13,01 |
| 39 | 81 | WIECZOREK | EWELINA | TRZEBNICA | DTR BIEGA / MARIO TEAM | K30 | 00:41:55 | 11:29:58,62 | 11:29:58,62 | 12:11:53,93 |
| 40 | 79 | CZERW | KONRAD | TRZEBNICA | DTR BIEGA / MARIO TEAM | M40 | 00:41:57 | 11:30:23,75 | 11:30:23,75 | 12:12:21,09 |
| 41 | 107 | NOWAKOWSKI | MAREK | GÓRA | | M40 | 00:42:23 | 10:03:36,27 | 10:03:36,27 | 10:45:59,47 |
| 42 | 49 | PODWÓRNY | JAN | WROCŁAW | CARREFOUR BOREK | M50 | 00:42:34 | 11:33:26,03 | 11:33:26,03 | 12:16:00,48 |
| 43 | 168 | CISŁO | KRZYSZTOF | WYSOKA | 140MINUT.PL | M40 | 00:42:37 | 11:31:50,39 | 11:31:50,39 | 12:14:27,90 |
| 44 | 5347 | LUBAŃSKI | MATEUSZ | DŁUGOŁĘKA | | M30 | 00:42:37 | 11:32:06,86 | 11:32:06,86 | 12:14:44,52 |
| 45 | 164 | KIŃCZYK | TOMASZ | OLAWA | BIEGAJ OLAWO | M40 | 00:42:37 | 10:02:11,99 | 10:02:11,99 | 10:44:49,18 |
| 46 | 1 | GAŚIOROWSKI | KRZYSZTOF | WROCŁAW | OIRP WROCŁAW / MAŁAPANEW OZIMEK | M30 | 00:42:43 | 11:32:27,66 | 11:32:27,66 | 12:15:10,89 |
| 47 | 76 | LATAŁA | ERYK | SKOROSZYCE | ATHLETICS NYSA | M40 | 00:42:46 | 11:31:46,69 | 11:31:46,69 | 12:14:33,49 |
| 48 | 137 | JAZ | ZYGMUNT | WROCŁAW | | M60 | 00:43:12 | 11:33:05,55 | 11:33:05,55 | 12:16:18,07 |
| 49 | 51 | ZYBURA | JAKUB | WROCŁAW | CARREFOUR BOREK | M30 | 00:43:28 | 11:33:15,02 | 11:33:15,02 | 12:16:43,58 |
| 50 | 48 | KOLAWA | PIOTR | WROCŁAW | CARREFOUR BOREK | M40 | 00:43:30 | 11:33:11,81 | 11:33:11,81 | 12:16:42,25 |
| 51 | 90 | AUGUSTYNIAK | JAKUB | ŚLĘZA | | M30 | 00:43:35 | 09:56:17,73 | 09:56:17,73 | 10:39:52,89 |
| 52 | 83 | PAWLAK | DANIEL | KŁODZKO | LKS ISKRA JASZKOWA | M40 | 00:43:56 | 09:57:06,10 | 09:57:06,10 | 10:41:02,14 |
| 53 | 86 | ADAMCZEWSKI | SEBASTIAN | WROCŁAW | KLUB TENISOWY KORTY LESZNO | M30 | 00:43:56 | 10:05:19,29 | 10:05:19,29 | 10:49:15,73 |
| 54 | 80 | RASZKA | KRZYSZTOF | MILICZ | RUNNING TEAM MILICZ | M40 | 00:44:06 | 11:30:13,23 | 11:30:13,23 | 12:14:20,11 |
| 55 | 59 | ADAMIAK | IGOR | ŻMIGRÓD | | M30 | 00:44:14 | 10:10:25,71 | 10:10:25,71 | 10:54:40,33 |
| 56 | 132 | ROPA | ŁUKASZ | KROŚNICE | SSW TEAM KROŚNICE | M20 | 00:44:35 | 10:03:50,71 | 10:03:50,71 | 10:48:26,12 |

7. Carrefour Bieg Trzech Wzgórz – wyniki wspólne dla obu serii, bez korekty godziny startu.

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|----|------|---------------|------------|---------------------|------------------------------------|-----|----------|-------------|-------------|-------------|
| 57 | 23 | SUPKOWSKI | MICHAŁ | BIELANY WROCŁAWSKIE | | M30 | 00:44:35 | 09:56:59,22 | 09:56:59,22 | 10:41:35,13 |
| 58 | 5343 | ADAMOWICZ | MACIEJ | WROCŁAW | CAMPUS DOMASŁAWICE TEAM | M30 | 00:45:13 | 10:01:07,88 | 10:01:07,88 | 10:46:21,41 |
| 59 | 5395 | Kucharski | Jakub | | | M20 | 00:45:15 | 11:53:10,01 | 11:53:10,01 | 12:38:25,38 |
| 60 | 92 | SIERPOWSKI | KRZYSZTOF | RAWICZ | | M30 | 00:45:27 | 11:32:01,75 | 11:32:01,75 | 12:17:29,38 |
| 61 | 5378 | WENCEL | DANIEL | MIEJSKA GÓRKA | ZA SZYBCY ZA WŚCIEKLI KADETT DRIFT | M20 | 00:45:37 | 11:31:13,77 | 11:31:13,77 | 12:16:51,66 |
| 62 | 5354 | GÓROWSKA | KATARZYNA | WROCŁAW | | K40 | 00:45:53 | 09:59:36,83 | 09:59:36,83 | 10:45:30,22 |
| 63 | 140 | DWORNICZAK | MACIEJ | KSIĘGINICE | CARREFOUR FUTURA TEAM | M40 | 00:45:54 | 10:03:10,23 | 10:03:10,23 | 10:49:04,93 |
| 64 | 55 | SZKLARZ | MICHAŁ | WIERZBNA | WIERZBIANKA WIERZBNA | M20 | 00:45:55 | 10:02:02,22 | 10:02:02,22 | 10:47:58,14 |
| 65 | 5318 | SZCZEPAŃSKI | SŁAWOMIR | WROCŁAW | GALVARINO WROCŁAW | M40 | 00:46:03 | 10:02:59,06 | 10:02:59,06 | 10:49:02,61 |
| 66 | 163 | ZAJAC-SOBCZAK | MARTA | TRZEBNICA | DĄBROWSKI TEAM | K30 | 00:46:08 | 11:31:57,90 | 11:31:57,90 | 12:18:06,59 |
| 67 | 105 | SZCZYGIELSKI | BARTŁOMIEJ | WROCŁAW | AMATOR | M40 | 00:46:14 | 11:30:49,22 | 11:30:49,22 | 12:17:03,79 |
| 68 | 5394 | Janicki | Zbigniew | | | M30 | 00:46:25 | 11:52:53,62 | 11:52:53,62 | 12:39:19,54 |
| 69 | 5366 | KACPRZAK | GRZEGORZ | GRYFÓW ŚLĄSKI | GKS GRYF | M20 | 00:46:29 | 10:01:53,12 | 10:01:53,12 | 10:48:22,57 |
| 70 | 91 | IWAN | KAJA | BOLESŁAWIEC | | K30 | 00:46:35 | 11:31:05,91 | 11:31:05,91 | 12:17:40,98 |
| 71 | 138 | SULMA | AGNIESZKA | WROCŁAW | WKBPIASTWROCŁAW | K40 | 00:46:38 | 09:59:40,91 | 09:59:40,91 | 10:46:19,09 |
| 72 | 27 | MIELCZAREK | TOMASZ | WROCŁAW | | M40 | 00:46:43 | 11:36:25,92 | 11:36:25,92 | 12:23:09,81 |
| 73 | 19 | TROJANOWSKI | KAMIL | MILICZ | | M30 | 00:46:48 | 10:06:02,56 | 10:06:02,56 | 10:52:50,76 |
| 74 | 166 | WYDRO | PIOTR | WROCŁAW | KB VAMOS AMIGOS WROCŁAW | M40 | 00:47:19 | 09:58:37,93 | 09:58:37,93 | 10:45:57,06 |
| 75 | 116 | WESOŁOWSKI | MACIEJ | WROCŁAW | | M50 | 00:47:30 | 09:58:46,01 | 09:58:46,01 | 10:46:16,72 |

7. Carrefour Bieg Trzech Wzgórz – wyniki wspólne dla obu serii, bez korekty godziny startu.

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|----|------|---------------|------------|---------------------|----------------------|-----|----------|-------------|-------------|-------------|
| 76 | 162 | FRĄCOWIAK | KRZYSZTOF | WROCLAW | ILE JESZCZE DO METY? | M40 | 00:47:39 | 11:15:07,02 | 11:15:07,02 | 12:02:46,91 |
| 77 | 93 | SOWINSKI | MARIUSZ | KĄTY WROCLAWSKIE | GNIECHOWICE | M40 | 00:47:59 | 10:04:15,82 | 10:04:15,82 | 10:52:15,50 |
| 78 | 135 | PIOTROWSKA | ALEKSANDRA | MILICZ | SSW TEAM KROŚNICE | K20 | 00:48:02 | 10:03:47,34 | 10:03:47,34 | 10:51:49,87 |
| 79 | 5361 | WALCZAK | TOMASZ | WROCLAW | | M40 | 00:48:02 | 09:57:28,85 | 09:57:28,85 | 10:45:31,72 |
| 80 | 11 | ŁANDWIJT | MARCIN | KONSTANTYNÓW ŁÓDZKI | EVERRUN | M40 | 00:48:03 | 10:04:23,33 | 10:04:23,33 | 10:52:27,26 |
| 81 | 150 | PACKI | MICHAŁ | WIELUŃ | WIELUŃ BIEGA | M30 | 00:48:08 | 09:58:41,29 | 09:58:41,29 | 10:46:49,35 |
| 82 | 151 | KOSCIELNIAK | PIOTR | WROCLAW | | M30 | 00:48:38 | 09:56:13,53 | 09:56:13,53 | 10:44:51,81 |
| 83 | 157 | LEWIŃSKI | JAN | WROCLAW | PODATKI TO KRADZIEŻ | M40 | 00:48:41 | 10:05:46,43 | 10:05:46,43 | 10:54:27,70 |
| 84 | 68 | BARYSKI | MACIEJ | WROCLAW | | M30 | 00:48:43 | 10:09:22,26 | 10:09:22,26 | 10:58:06,11 |
| 85 | 167 | RAPCZYŃSKI | DANIEL | ŚWIEBODZICE | KS REKIN ŚWIEBODZICE | M30 | 00:48:55 | 09:59:50,16 | 09:59:50,16 | 10:48:46,05 |
| 86 | 7 | KOZAK | BARTOSZ | DŁUGOŁĘKA | KOZAKI | M40 | 00:49:10 | 11:54:26,85 | 11:54:26,85 | 12:43:37,31 |
| 87 | 4 | BIELAK | PIOTR | WROCLAW | | M30 | 00:49:35 | 10:25:38,20 | 10:25:38,20 | 11:15:13,25 |
| 88 | 5388 | SZKUDLARSKI | TOMASZ | WROCLAW | BIEGAJ Z MAŃKIEM | M40 | 00:49:40 | 09:57:39,76 | 09:57:39,76 | 10:47:19,91 |
| 89 | 176 | KRUK | PAWEL | WROCLAW | | M30 | 00:49:47 | 09:57:59,65 | 09:57:59,65 | 10:47:47,36 |
| 90 | 69 | ARKUSZYŃSKI | JAKUB | WROCLAW | TIME4RUNNING | M30 | 00:49:51 | 10:02:16,94 | 10:02:16,94 | 10:52:08,70 |
| 91 | 5349 | KLESZCZ | TOMEK | WROCLAW | KLESZCZE TRZY | M30 | 00:49:52 | 09:57:53,54 | 09:57:53,54 | 10:47:46,36 |
| 92 | 120 | WOJCIECHOWSKI | KAMIL | GÓRA | | M40 | 00:49:59 | 10:03:32,45 | 10:03:32,45 | 10:53:31,89 |
| 93 | 5362 | SOWIŃSKI | ROBERT | BORÓW | GVT | M40 | 00:50:00 | 09:58:51,81 | 09:58:51,81 | 10:48:51,86 |
| 94 | 29 | ŁUSZCZ | JANUSZ | WROCLAW | | M50 | 00:50:20 | 10:18:07,70 | 10:18:07,70 | 11:08:28,39 |

7. Carrefour Bieg Trzech Wzgórz – wyniki wspólne dla obu serii, bez korekty godziny startu.

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|-----|------|------------|------------|-------------|--------------------------------|-----|----------|-------------|-------------|-------------|
| 95 | 32 | NIEĆ | BARTŁOMIEJ | WROCLAW | | M40 | 00:50:34 | 09:55:59,75 | 09:55:59,75 | 10:46:33,76 |
| 96 | 53 | BABULA | PRZEMYSŁAW | WROCLAW | CARREFOUR BOREK | M40 | 00:50:41 | 10:00:39,11 | 10:00:39,11 | 10:51:20,49 |
| 97 | 88 | PIESZAK | MARCIN | WROCLAW | CAMPUS DOMASŁAWICE TEAM | M30 | 00:50:42 | 10:01:00,91 | 10:01:00,91 | 10:51:43,90 |
| 98 | 5374 | CHORYŁEK | JAN | BOLESŁAWIEC | TENIS POD SOSNAM-OSIECZÓW TEAM | M20 | 00:50:45 | 11:44:12,00 | 11:44:12,00 | 12:34:57,07 |
| 99 | 5335 | KURZAJ | ARKADIUSZ | DZIERŻONIÓW | HATA SPORT TEAM | M40 | 00:50:53 | 09:57:14,54 | 09:57:14,54 | 10:48:07,56 |
| 100 | 159 | WIKAR | KRZYSZTOF | WROCLAW | | M40 | 00:50:57 | 10:00:56,45 | 10:00:56,45 | 10:51:54,00 |
| 101 | 21 | PASCHKE | MARCIN | WYSOKA | | M30 | 00:50:57 | 09:59:04,19 | 09:59:04,19 | 10:50:01,82 |
| 102 | 5317 | TRZASKACZ | DOROTA | TRZEBNICA | DTR BIEGA / MARIO TEAM | K40 | 00:50:59 | 11:30:18,38 | 11:30:18,38 | 12:21:17,93 |
| 103 | 5379 | HOŁOWNIA | RYSZARD | WROCLAW | DREAM TEAM | M60 | 00:51:02 | 10:05:14,95 | 10:05:14,95 | 10:56:17,29 |
| 104 | 130 | KAMZOL | MARCIN | ODOLANÓW | | M30 | 00:51:12 | 10:05:00,12 | 10:05:00,12 | 10:56:12,44 |
| 105 | 109 | SEMICZEK | ADAM | KIELCZÓW | POWSTAŃCY Z KANAPY | M40 | 00:51:12 | 10:01:23,15 | 10:01:23,15 | 10:52:35,95 |
| 106 | 104 | RATAJCZAK | MATEUSZ | RAWICZ | KILOMETRY POMOCY | M20 | 00:51:13 | 11:30:43,47 | 11:30:43,47 | 12:21:57,05 |
| 107 | 62 | KUCZKOWSKA | MARTA | WROCLAW | WATAHA | K20 | 00:51:14 | 11:05:44,87 | 11:05:44,87 | 11:56:59,01 |
| 108 | 54 | BRODZIAK | AGNIESZKA | WROCLAW | CARREFOUR BOREK | K30 | 00:51:17 | 11:23:19,43 | 11:23:19,43 | 12:14:36,61 |
| 109 | 5337 | BARAN | BOGDAN | WROCLAW | PRO-RUN | M60 | 00:51:50 | 10:04:05,73 | 10:04:05,73 | 10:55:56,13 |
| 110 | 133 | KISIECKI | MARCIN | WROCLAW | GRAFSTAR | M40 | 00:52:10 | 09:59:19,79 | 09:59:19,79 | 10:51:30,22 |
| 111 | 161 | RAPCZYŃSKA | NATALIA | ŚWIEBODZICE | | K30 | 00:52:19 | 10:00:02,99 | 10:00:02,99 | 10:52:22,89 |
| 112 | 82 | KOWALCZYK | MICHAŁ | WROCLAW | | M30 | 00:52:22 | 10:04:53,68 | 10:04:53,68 | 10:57:15,71 |
| 113 | 34 | ŁUSIEWICZ | LUCJAN | WROCLAW | | M40 | 00:52:30 | 09:57:18,63 | 09:57:18,63 | 10:49:49,58 |

7. Carrefour Bieg Trzech Wzgórz – wyniki wspólne dla obu serii, bez korekty godziny startu.

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| 114 | 180 | PIOTROWICZ | KRZYSZTOF | | CARREFOUR BOREK | M50 | 00:52:45 | 09:59:15,79 | 09:59:15,79 | 10:52:01,58 |
| 115 | 5371 | KOLENKIEWICZ | MARCIN | WROCLAW | X-RUN | M40 | 00:52:45 | 09:58:05,47 | 09:58:05,47 | 10:50:50,63 |
| 116 | 5340 | KRUK | MICHAŁ | WROCLAW | DOCHODZIMY W 1,59 :) | M30 | 00:52:57 | 09:56:07,15 | 09:56:07,15 | 10:49:04,75 |
| 117 | 156 | MAJER | AGNIESZKA | KAMIENNA GÓRA | | K30 | 00:53:22 | 10:01:31,66 | 10:01:31,66 | 10:54:54,38 |
| 118 | 170 | GIEROŃ | KONRAD | WROCLAW | SAMEKONIE | M30 | 00:53:29 | 10:01:11,15 | 10:01:11,15 | 10:54:40,89 |
| 119 | 84 | RYMUT | SZYMON | WROCLAW | | M30 | 00:53:35 | 10:04:57,12 | 10:04:57,12 | 10:58:32,67 |
| 120 | 31 | NIERZEWSKI | MICHAŁ | WROCLAW | CARREFOUR BOREK | M40 | 00:53:37 | 10:03:13,75 | 10:03:13,75 | 10:56:51,34 |
| 121 | 52 | ZIĘTEK | KRZYSZTOF | OSTRÓW WIELKOPOLSKI | ADIDAS RUNNERS WARSAW | M40 | 00:53:42 | 10:00:11,81 | 10:00:11,81 | 10:53:54,02 |
| 122 | 103 | RZEŹNIK | PAULINA | WIERUSZÓW | | K20 | 00:53:43 | 10:00:52,68 | 10:00:52,68 | 10:54:36,18 |
| 123 | 5439 | Głębocki | Grzegorz | | | M30 | 00:53:48 | 10:00:47,73 | 10:00:47,73 | 10:54:36,59 |
| 124 | 9 | RESPONDEK | DARIUSZ | WROCLAW | | M40 | 00:54:01 | 11:18:58,65 | 11:18:58,65 | 12:12:59,95 |
| 125 | 98 | BRANDT | ARLETA | BOLESŁAWIEC | | K30 | 00:54:01 | 11:31:01,15 | 11:31:01,15 | 12:25:02,64 |
| 126 | 5357 | SKOWRONSKI | BOGUSŁAW | WROCLAW | | M50 | 00:54:08 | 09:55:39,84 | 09:55:39,84 | 10:49:48,37 |
| 127 | 5342 | GRUDZIEN-JURKOWSKA | MAŁGORZATA | ZABKOWICE SL. | | K30 | 00:54:10 | 10:04:20,29 | 10:04:20,29 | 10:58:31,08 |
| 128 | 165 | FRYDECKI | SLAWOMIR | ŹRÓDŁA | AKB ESEMAS | M60 | 00:54:16 | 09:56:35,84 | 09:56:35,84 | 10:50:52,08 |
| 129 | 20 | MICHALIK | ANNA | WROCLAW | WYBIERZ | K40 | 00:54:27 | 09:59:12,32 | 09:59:12,32 | 10:53:39,50 |
| 130 | 106 | OGONOWSKI | MICHAŁ | JELCZ-LASKOWICE | MEDYK ŁOMŻA | M40 | 00:54:35 | 10:09:38,33 | 10:09:38,33 | 11:04:14,02 |
| 131 | 64 | BRYCKA | ANNA | SADKÓW | SPORTOWY UMYSŁ | K30 | 00:54:44 | 10:00:42,39 | 10:00:42,39 | 10:55:26,69 |
| 132 | 123 | KOŁODZIEJ | MATEUSZ | WIELUŃ | DIABEŁ WIDORADZKI | M20 | 00:54:48 | 10:00:32,09 | 10:00:32,09 | 10:55:20,19 |

7. Carrefour Bieg Trzech Wzgórz – wyniki wspólne dla obu serii, bez korekty godziny startu.

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| 133 | 125 | MALESZKA | KINGA | WROCLAW | GRUPA BIEGOWA MELO-SMIACZ | K30 | 00:54:53 | 10:05:53,54 | 10:05:53,54 | 11:00:46,59 |
| 134 | 95 | WOLNY | RAFAL | WROCLAW | GALVARINO WROCLAW | M30 | 00:54:55 | 10:03:04,05 | 10:03:04,05 | 10:57:59,29 |
| 135 | 158 | KUTYCKA-KUREK | ELZBIETA | WROCLAW | CHOJRAK TEAM WROCLAW | K30 | 00:54:59 | 09:58:10,56 | 09:58:10,56 | 10:53:09,65 |
| 136 | 5386 | BANAŚ | SZYMON | ZMIGRÓD | PINGWINKI | M20 | 00:55:01 | 09:59:08,32 | 09:59:08,32 | 10:54:10,11 |
| 137 | 179 | KUREK | TOMASZ | WROCLAW | CHOJRAK TEAM WROCLAW | M40 | 00:55:03 | 09:58:15,26 | 09:58:15,26 | 10:53:18,58 |
| 138 | 33 | POKORNY | TOMASZ | WROCLAW | ZAKOCHAJ SIĘ W BIEGANIU | M40 | 00:55:11 | 10:01:41,47 | 10:01:41,47 | 10:56:53,06 |
| 139 | 70 | BARTYZEL | ARKADIUSZ | WILCZYCE | WKSM JETRIDERS | M30 | 00:55:13 | 10:05:10,29 | 10:05:10,29 | 11:00:23,78 |
| 140 | 5389 | PRZEBIERAŁA | PAWEŁ | WROCLAW | | M30 | 00:55:15 | 11:01:52,11 | 11:01:52,11 | 11:57:07,64 |
| 141 | 5348 | POGODA | FILIP | KIELCZÓW | | M30 | 00:55:17 | 10:39:47,65 | 10:39:47,65 | 11:35:04,74 |
| 142 | 174 | GARNCZAREK | MARCIN | SIECHNICE | | M30 | 00:55:19 | 10:01:57,50 | 10:01:57,50 | 10:57:17,49 |
| 143 | 108 | MAJZELES | ESTERA | WROCLAW | | K20 | 00:55:35 | 10:02:08,06 | 10:02:08,06 | 10:57:43,79 |
| 144 | 115 | WESOŁOWSKA | URSZULA | WROCLAW | | K50 | 00:55:47 | 09:58:33,83 | 09:58:33,83 | 10:54:21,05 |
| 145 | 89 | SKRZYPCZYK | ARTUR | WROCLAW | POZYCZKIPRYWATNE.ORG | M30 | 00:56:26 | 10:05:33,76 | 10:05:33,76 | 11:01:59,84 |
| 146 | 134 | POWAŁA | JANUSZ | LUBIN | JIL | M60 | 00:56:28 | 10:00:07,04 | 10:00:07,04 | 10:56:35,91 |
| 147 | 114 | POSŁUSZNA | ANNA | GŁOSKA | AKB ESEMAS | K40 | 00:56:49 | 09:56:39,67 | 09:56:39,67 | 10:53:29,06 |
| 148 | 5382 | FRYDECKA | ELZBIETA | ŻRÓDŁA | AKB ESEMAS | K50 | 00:56:56 | 09:56:30,83 | 09:56:30,83 | 10:53:27,28 |
| 149 | 142 | JAMRÓZ | MARIOLA | WROCLAW | CARREFOUR FUTURA TEAM | K40 | 00:56:58 | 10:02:48,27 | 10:02:48,27 | 10:59:47,11 |
| 150 | 160 | GASIEWSKA | LIDIA | WROCLAW | AKTYWNA NOWA RUDA | K30 | 00:57:02 | 09:56:45,02 | 09:56:45,02 | 10:53:47,61 |
| 151 | 38 | RUTKOWSKI | MIKOŁAJ | WROCLAW | | M20 | 00:57:08 | 10:01:28,37 | 10:01:28,37 | 10:58:36,87 |

7. Carrefour Bieg Trzech Wzgórz – wyniki wspólne dla obu serii, bez korekty godziny startu.

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| 152 | 71 | FLORCZAK | ZDZISŁAW | | | M60 | 00:57:21 | 10:04:10,33 | 10:04:10,33 | 11:01:31,99 |
| 153 | 6 | KOZAK | EWA | DLUGOLEKA | KOZAKI | K40 | 00:57:24 | 10:44:13,05 | 10:44:13,05 | 11:41:37,52 |
| 154 | 77 | ŁAPIŃSKI | MACIEJ | WROCLAW | | M30 | 00:57:25 | 09:57:48,66 | 09:57:48,66 | 10:55:14,50 |
| 155 | 5381 | MITROSZ | ANDRZEJ | WROCLAW | BRAT ALBERT TEAM | M60 | 00:57:32 | 10:03:55,59 | 10:03:55,59 | 11:01:27,86 |
| 156 | 26 | MICHALSKI | GRZEGORZ | WROCLAW | CAFFEDELMONDO.PL | M40 | 00:57:46 | 10:04:13,16 | 10:04:13,16 | 11:01:59,91 |
| 157 | 5384 | ROMPAŁA | NORBERT | WROCLAW | | M30 | 00:57:55 | 09:58:28,39 | 09:58:28,39 | 10:56:23,65 |
| 158 | 5385 | BARAN | LESZEK | | | | 00:57:58 | 10:04:40,52 | 10:04:40,52 | 11:02:38,78 |
| 159 | 5383 | ROMPAŁA | PAULA | WROCLAW | | K30 | 00:58:01 | 09:58:23,44 | 09:58:23,44 | 10:56:24,69 |
| 160 | 102 | GRĘBOWIEC | PATRYCJA | KĄTY WROCLAWSKIE | BRAK | K30 | 00:58:03 | 09:59:44,82 | 09:59:44,82 | 10:57:48,73 |
| 161 | 12 | FLANK | PAWEŁ | SIECHNICE | ZABIEGANE DZIARY | M40 | 00:58:43 | 10:03:28,27 | 10:03:28,27 | 11:02:12,19 |
| 162 | 40 | NAZARKIEWICZ | KAMIL | WROCLAW | CARREFOUR BOREK | M30 | 00:58:45 | 10:02:52,23 | 10:02:52,23 | 11:01:37,83 |
| 163 | 25 | JABŁOŃSKI | ARTUR | WROCLAW | WKSM JETRIDERS | M40 | 00:59:33 | 10:05:06,17 | 10:05:06,17 | 11:04:39,86 |
| 164 | 5330 | JARLACZYK | MICHAŁ | WROCLAW | | M30 | 00:59:49 | 10:05:29,90 | 10:05:29,90 | 11:05:19,57 |
| 165 | 44 | WIELICZKO | DAGMARA | WROCLAW | CARREFOUR BOREK | K30 | 00:59:50 | 10:02:24,56 | 10:02:24,56 | 11:02:15,47 |
| 166 | 45 | WIELICZKO | RAFAŁ | WROCLAW | CARREFOUR BOREK | M30 | 00:59:54 | 10:02:20,98 | 10:02:20,98 | 11:02:15,86 |
| 167 | 172 | HUTNIK | WOJCIECH | WYSOKA | APTENEO RUNNING TEAM | M30 | 01:00:12 | 09:57:33,25 | 09:57:33,25 | 10:57:46,10 |
| 168 | 169 | LUBAŃSKA | ALICJA | BUKOWICE | | K50 | 01:01:12 | 10:03:40,33 | 10:03:40,33 | 11:04:52,82 |
| 169 | 143 | NAZAREWSKA | KAMILA | WROCLAW | 4WSK | K40 | 01:01:25 | 10:04:32,49 | 10:04:32,49 | 11:05:57,63 |
| 170 | 56 | MARSZAŁEK | FILIP | WROCLAW | SIZZURP | M20 | 01:01:41 | 11:23:24,93 | 11:23:24,93 | 12:25:06,75 |

7. Carrefour Bieg Trzech Wzgórz – wyniki wspólne dla obu serii, bez korekty godziny startu.

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| 171 | 24 | SUPKOWSKA | KATARZYNA | BIELANY WROCŁAWSKIE | | K30 | 01:01:45 | 09:56:53,49 | 09:56:53,49 | 10:58:38,75 |
| 172 | 152 | GALKIEWICZ | IRENA | WROCŁAW | LITWIN SPORTS | K40 | 01:02:56 | 10:04:49,93 | 10:04:49,93 | 11:07:46,29 |
| 173 | 97 | TRELA | MAGDALENA | SMOLEC | GONIĘ STAREGO | K30 | 01:03:15 | 10:53:53,87 | 10:53:53,87 | 11:57:09,33 |
| 174 | 117 | SKORACKA | ANNA | ŚMIGIEL | RUN VEGAN! | K20 | 01:03:26 | 10:05:39,56 | 10:05:39,56 | 11:09:05,89 |
| 175 | 121 | ZIĘBA | WOJCIECH | WROCŁAW | | M40 | 01:03:38 | 09:50:30,03 | 09:50:30,03 | 10:54:08,95 |
| 176 | 99 | KUREK | DANIEL | WROCŁAW | | M40 | 01:03:43 | 10:05:03,60 | 10:05:03,60 | 11:08:46,75 |
| 177 | 47 | SIKORSKA | BENIGNA | WROCŁAW | CARREFOUR BOREK | K40 | 01:04:11 | 10:02:39,25 | 10:02:39,25 | 11:06:51,04 |
| 178 | 111 | KRZYMIŃSKA-SOLKA | EWA | KIEŁCZÓW | | K40 | 01:04:14 | 10:01:19,60 | 10:01:19,60 | 11:05:34,16 |
| 179 | 110 | SEMICZEK | LIDIA | KIEŁCZÓW | POWSTAŃCY Z KANAPY | K40 | 01:04:19 | 10:01:15,08 | 10:01:15,08 | 11:05:34,80 |
| 180 | 171 | SKOWRON | TOMASZ | TRZEBNICA | SSW TEAM KROŚNICE | M40 | 01:04:20 | 10:03:44,10 | 10:03:44,10 | 11:08:04,10 |
| 181 | 2 | KOIS | ROBERT | WROCŁAW | | M40 | 01:04:49 | 09:57:44,22 | 09:57:44,22 | 11:02:34,01 |
| 182 | 119 | KOŁODZIEJ | ZENON | WIELUŃ | DIABEŁ WIDORADZKI | M50 | 01:04:50 | 10:00:35,57 | 10:00:35,57 | 11:05:25,70 |
| 183 | 15 | MANIAK | GRZEGORZ | WROCŁAW | | M30 | 01:05:06 | 09:59:23,48 | 09:59:23,48 | 11:04:29,96 |
| 184 | 46 | LAŃCZAK | ROBERT | WROCŁAW | CARREFOUR BOREK | M20 | 01:05:09 | 10:02:28,29 | 10:02:28,29 | 11:07:37,51 |
| 185 | 148 | SZYDELKO | DAWID | WROCŁAW | | M30 | 01:05:48 | 09:59:31,61 | 09:59:31,61 | 11:05:19,94 |
| 186 | 122 | GLOMBIK | TOMASZ | KIEŁCZÓW | | M30 | 01:05:55 | 10:39:42,52 | 10:39:42,52 | 11:45:38,14 |
| 187 | 72 | WANAT | WACŁAW | | | M70 | 01:06:46 | 10:03:59,92 | 10:03:59,92 | 11:10:46,16 |
| 188 | 43 | NIERZEWSKA | PATRYCJA | WROCŁAW | CARREFOUR BOREK | K20 | 01:07:23 | 10:02:32,13 | 10:02:32,13 | 11:09:55,96 |
| 189 | 124 | SOBIERALSKA | MAGDALENA | WROCŁAW | | K30 | 01:08:35 | 10:05:43,52 | 10:05:43,52 | 11:14:18,75 |

7. Carrefour Bieg Trzech Wzgórz – wyniki wspólne dla obu serii, bez korekty godziny startu.

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| 190 | 41 | SONDEJ | EDYTA | WROCLAW | CARREFOUR BOREK | K40 | 01:08:35 | 10:02:35,46 | 10:02:35,46 | 11:11:10,94 |
| 191 | 66 | ONYSKO | VIKTORIA | WROCLAW | | K30 | 01:08:42 | 10:01:48,95 | 10:01:48,95 | 11:10:31,80 |
| 192 | 37 | JAKIMIUK | DOROTA | WROCLAW | WROCLAW MARATHON TEAM | K30 | 01:08:51 | 10:21:56,34 | 10:21:56,34 | 11:30:48,27 |
| 193 | 14 | KOZŁOWSKI | PAWEŁ | LUBIN | PINK WOLVES | M20 | 01:09:29 | 09:49:38,39 | 09:49:38,39 | 10:59:08,31 |
| 194 | 35 | KLECZ | SŁAWOMIR | WROCLAW | GUGU&LORD | M50 | 01:09:38 | 10:03:24,07 | 10:03:24,07 | 11:13:02,14 |
| 195 | 36 | KLECZ | AGNIESZKA | ŁANY | | K30 | 01:09:45 | 10:03:17,66 | 10:03:17,66 | 11:13:02,76 |
| 196 | 13 | KUBERO | HONORATA | LUBIN | PINK WOLVES | K40 | 01:10:16 | 09:49:32,88 | 09:49:32,88 | 10:59:48,97 |
| 197 | 100 | SZUSZCZYŃSKA | AGNIESZKA | MIRKÓW | | K50 | 01:11:01 | 10:04:44,51 | 10:04:44,51 | 11:15:46,09 |
| 198 | 131 | URBAŃSKA-KRAWCZYK | IZABELA | KAMIENIEC WROCLAWSKI | ZAKOCHAJ SIĘ W BIEGANIU | K60 | 01:21:46 | 10:04:26,05 | 10:04:26,05 | 11:26:12,46 |
| 199 | 153 | SZYDEŁKO | MAŁGORZATA | WROCLAW | | K30 | 01:23:38 | 09:59:27,25 | 09:59:27,25 | 11:23:05,66 |
| 1 | 58 | DORNIAK | JAROSŁAW | WROCLAW | PZU SPORT TEAM | M40 | 11:02:50 | | | 11:02:50,88 |
| 2 | 5404 | Kobos | Radosław | | | M30 | 99:99:99 | 11:32:11,81 | 11:32:11,81 | 99:99:99,99 |
| 3 | 39 | SKIBIŃSKA | MAŁGORZATA | WROCLAW | | K30 | 99:99:99 | | | 99:99:99,99 |